Prova 4 — Femin., 100m Livres — Absolutos
13.11.2026 - 16:22 — Startlist

Rec Nacional Abs Open	54.28	Ema Jeronimo Conceicao	SAD	Algés	2026
Rec Nacional Abs Sen	54.28	Ema Jeronimo Conceicao	SAD	Algés	2026
Rec Nacional Abs Jun 18	55.57	Mariana Pacheco Cunha	CNCE	Leiria	2021
Rec Nacional Abs Jun 17	55.54	Carolina Miranda Fernandes	CGA	Leiria	2021
Rec Nacional Abs Juv A	56.72	Ana Reis Sousa	CNLA	Porto	2017
Rec Nacional Abs Juv B	56.18	Carolina Miranda Fernandes	CGA	Mealhada	2019

Mínimo Participação Juv B: 1:11.06; Juv A: 1:08.33; Jun 17: 1:06.34; Jun 18: 1:05.04; 19: 1:03.76; 20 +: 1:03.12

Pista	Nadador	Categ.	Clube	Obs.	Tempo Inscr.		
Série 1 de 7, 16:22							
3	Maiia Dmitrieva	Juv A	SCP		1:12.41	___:___.___	___:___.___
4	Matilde Lopes Cruz	Juv B	ADRCIMM		1:11.48	___:___.___	___:___.___
5	Maria Joao Mendes	Juv B	CFB		1:11.50	___:___.___	___:___.___
6	Ana Filipa Quaresma	Juv A	SCP		1:13.09	___:___.___	___:___.___
Série 2 de 7, 16:24							
1	Yara Alexandra Carreira	Juv B	SCP		1:09.28	___:___.___	___:___.___
2	Maria Duarte Carvalho	Jun 17	SLB		1:08.62	___:___.___	___:___.___
3	Maria Madalena Fernandes	Jun 17	SAD		1:08.29	___:___.___	___:___.___
4	Isabella Rosa Cruz	Juv B	CNS		1:08.23	___:___.___	___:___.___
5	Maria Oleneva	Jun 17	VS	EXH	1:08.23	___:___.___	___:___.___
6	Maria Andrade Calado	Juv B	CFB		1:08.33	___:___.___	___:___.___
7	Juliana Morgado Botelho	Juv B	CNATRIL		1:09.00	___:___.___	___:___.___
8	Joana Gato Costa	Juv A	SFUAP		1:10.43	___:___.___	___:___.___
Série 3 de 7, 16:26							
1	Maria Rita Filipe	Jun 17	SLB		1:06.90	___:___.___	___:___.___
2	Nicole Magali Graca	Juv A	GESL		1:06.17	___:___.___	___:___.___
3	Maria Francisca Moreira	Jun 17	AHBE		1:05.90	___:___.___	___:___.___
4	Raquel Silva Delgadinho	Juv A	PDEM		1:05.78	___:___.___	___:___.___
5	Rita Ribeiro Pereira	Juv A	SLB		1:05.88	___:___.___	___:___.___
6	Ana Luisa Vieira	Juv B	ACSINTRA		1:06.13	___:___.___	___:___.___
7	Sofia Espada Passechnikoff	Jun 17	CPCD		1:06.29	___:___.___	___:___.___
8	Ines Maria Verissimo	Jun 18	SAD		1:06.92	___:___.___	___:___.___
Série 4 de 7, 16:28							
1	Natalia Landa Paredes	Juv A	SAD		1:05.19	___:___.___	___:___.___
2	Carolina Pinto Fonseca	Juv A	AEFDTV		1:04.37	___:___.___	___:___.___
3	Joana Monteiro Caetano	Sen	GESL		1:04.28	___:___.___	___:___.___
4	Beatriz Paiva Branco	Jun 17	CIRL		1:03.88	___:___.___	___:___.___
5	Madalena Correia Gomes	Juv A	ADRCIMM		1:03.91	___:___.___	___:___.___
6	Alice Fernandes Rodrigues	Jun 17	GESL		1:04.33	___:___.___	___:___.___
7	Joana Alexandra Silva	Jun 17	CPCD		1:04.91	___:___.___	___:___.___
8	Jessica Bernardino Lopes	Jun 17	AEFDTV		1:05.41	___:___.___	___:___.___
Série 5 de 7, 16:30							
1	Francisca Cunha Monteiro	Juv A	SLB		1:03.69	___:___.___	___:___.___
2	Daniela Pina Rodrigues	Jun 18	GESL		1:02.77	___:___.___	___:___.___
3	Carmo Rosa Madeira	Juv A	CIRL		1:02.44	___:___.___	___:___.___
4	Beatriz Silva Jordao	Jun 18	CFB		1:02.14	___:___.___	___:___.___
5	Rafaela Marreiros Oliveira	Juv A	PDEM		1:02.38	___:___.___	___:___.___
6	Leonor Maria Gomes	Juv A	ADRCIMM		1:02.71	___:___.___	___:___.___
7	Maria Luisa Dinis	Jun 18	SAD		1:02.87	___:___.___	___:___.___
8	Maria Madeira Carvalho	Juv A	SAD		1:03.70	___:___.___	___:___.___

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Prova 4, Femin., 100m Livres

Série 6 de 7, 16:31

1	Victoria Sales Proenca	Jun 17	SLB	1:01.99	___:___.___	___:___.___
2	Madalena Rodrigues Tome	Sen	CFB	1:01.20	___:___.___	___:___.___
3	Luisa Ponte Jorge	Sen	PDEM	1:01.17	___:___.___	___:___.___
4	Soraia Maria Salgado	Sen	SLB	1:01.00	___:___.___	___:___.___
5	Carolina Marques Madeira	Jun 18	CNN	1:01.04	___:___.___	___:___.___
6	Matilde Lopes Fialho	Jun 18	PDEM	1:01.18	___:___.___	___:___.___
7	Erika Kvaal	Sen	CFB	1:01.20	___:___.___	___:___.___
8	Lara Nobre Semiao	Juv A	FS	1:02.12	___:___.___	___:___.___

Série 7 de 7, 16:33

1	Sofia Monteiro Uva	Jun 18	SAD	1:00.63	___:___.___	___:___.___
2	Rita Canas Brito	Jun 17	PDEM	1:00.50	___:___.___	___:___.___
3	Luana Correia Rodrigues	Sen	CFB	1:00.16	___:___.___	___:___.___
4	Maria Jardim Fidalgo	Sen	CFB	59.08	___:___.___	___:___.___
5	Maria Madalena Lucas	Juv A	CNN	59.92	___:___.___	___:___.___
6	Carolina Sofia Martins	Jun 17	PDEM	1:00.39	___:___.___	___:___.___
7	Marcia Guerreiro Castilho	Jun 18	CIRL	1:00.53	___:___.___	___:___.___
8	Francisca Meneses Goncalves	Juv A	SLB	1:00.94	___:___.___	___:___.___

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parceiros