Prova 2 — Femin., 400m Estilos — Absolutos
13.11.2026 - 15:36 — Startlist

Rec Nacional Abs Open	4:36.19	Victoria Kaminskaya	POR	Copenhagen (DEN)	2017
Rec Nacional Abs Sen	4:36.19	Victoria Kaminskaya	POR	Copenhagen (DEN)	2017
Rec Nacional Abs Jun 18	4:41.02	Victoria Kaminskaya	PIMP	Porto	2012
Rec Nacional Abs Jun 17	4:46.89	Ines Neto Rocha	CAP	Felgueiras	2018
Rec Nacional Abs Juv A	4:50.85	Diana Margarida Duraes	FOCA	Silves	2011
Rec Nacional Abs Juv B	4:51.85	Ana Claudia Santos	SFUAP	Setubal	2004

Mínimo Participação Juv B: 6:09.49; Juv A: 5:55.28; Jun 17: 5:44.93; Jun 18: 5:38.17; 19: 5:31.54; 20 +: 5:28.22

Pista	Nadador	Categ.	Clube	Obs.	Tempo Inscr.		
Série 1 de 4, 15:36							
1	Joana Sofia Fernandes	Jun 18	CNN		5:26.10	___:___.___	___:___.___
2	Margarida Almeida Ferreira	Juv A	SCP		5:24.81	___:___.___	___:___.___
3	Raquel Sofia Bras	Jun 18	CFB		5:11.78	___:___.___	___:___.___
4	Mariana Amaral Mendes	Sen	SCP		4:45.75	___:___.___	___:___.___
5	Maria Ines Nunes	Juv B	SCP		5:11.40	___:___.___	___:___.___
6	Margarida Ferreira Moura	Juv A	SCP		5:13.87	___:___.___	___:___.___
7	Luisa Anjos Frischknecht	Jun 17	CNS		5:25.64	___:___.___	___:___.___
8	Laura Aguiar Bergamo	Juv A	SAD		5:27.69	___:___.___	___:___.___
Série 2 de 4, 15:42							
1	Maria Chenrim Raimundo	Juv B	SCP		5:42.47	___:___.___	___:___.___
2	Jade Duarte Bexigas	Juv B	SCP		5:41.93	___:___.___	___:___.___
3	Maria Ines Monjardino	Juv B	ADRCIMM		5:35.31	___:___.___	___:___.___
4	Maria Ornelas Armas	Sen	ADRCIMM		5:28.23	___:___.___	___:___.___
5	Varvara Hurynovich	Juv A	SAD		5:28.45	___:___.___	___:___.___
6	Carlota Velada Pereira	Juv B	SCP		5:37.25	___:___.___	___:___.___
7	Alice Mendes Veloso	Juv B	SFUAP		5:42.07	___:___.___	___:___.___
8	Maria Ines Antunes	Juv B	SLB		5:44.49	___:___.___	___:___.___
Série 3 de 4, 15:49							
1	Carolina Melo Camejo	Juv A	SCP		5:55.29	___:___.___	___:___.___
2	Ana Mao de Ferro	Juv A	SCP		5:50.87	___:___.___	___:___.___
3	Ana Nabais Mendes	Jun 17	CIRL		5:44.94	___:___.___	___:___.___
4	Telma Filipa Magalhaes	Juv B	AEFDTV		5:44.56	___:___.___	___:___.___
5	Matilde Pires Guerra	Juv B	SCP		5:44.76	___:___.___	___:___.___
6	Sofia Dias Ferreira	Juv B	PDEM		5:49.87	___:___.___	___:___.___
7	Madalena Ferreira Baldo	Juv A	ADRCIMM		5:55.29	___:___.___	___:___.___
8	Margarida Afonso Barata	Juv B	ADRCIMM		6:06.01	___:___.___	___:___.___
Série 4 de 4, 15:56							
3	Isabella Andrea Carvalho	Juv B	ADRCIMM		6:25.00	___:___.___	___:___.___
4	Margarida Pires Correia	Juv B	GESL		6:22.83	___:___.___	___:___.___
5	Irina Farola Albino	Juv B	CNS		6:23.65	___:___.___	___:___.___
6	Matilde Figueiredo Mourato	Juv B	SCP		6:25.00	___:___.___	___:___.___

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