Prova 10 — Femin., 200m Livres — Absolutos
14.11.2026 - 9:00 — Startlist

Rec Nacional Abs Open	1:55.91	Francisca Soares Martins	FOCA	Felgueiras	2025
Rec Nacional Abs Sen	1:55.91	Francisca Soares Martins	FOCA	Felgueiras	2025
Rec Nacional Abs Jun 18	1:59.25	Francisca Soares Martins	FOCA	Felgueiras	2021
Rec Nacional Abs Jun 17	1:59.62	Leticia Maia Andre	SLB	Felgueiras	2018
Rec Nacional Abs Juv A	2:01.12	Francisca Soares Martins	FOCA	Felgueiras	2019
Rec Nacional Abs Juv B	2:03.90	Maria Ferreira Moura	SCP	Algés	2019

Mínimo Participação Juv B: 2:34.35; Juv A: 2:28.42; Jun 17: 2:24.10; Jun 18: 2:21.27; 19: 2:18.50; 20 +: 2:17.12

Pista	Nadador	Categ.	Clube	Obs.	Tempo Inscr.		
Série 1 de 6, 9:00							
1	Isabella Rosa Cruz	Juv B	CNS		2:41.20	___:___.___	___:___.___
2	Juliana Morgado Botelho	Juv B	CNATRIL		2:35.44	___:___.___	___:___.___
3	Maiia Dmitrieva	Juv A	SCP		2:28.43	___:___.___	___:___.___
4	Maria Andrade Calado	Juv B	CFB		2:25.83	___:___.___	___:___.___
5	Catarina Ribeiro Fernandez	Juv A	GESL		2:28.28	___:___.___	___:___.___
6	Margarida Pires Correia	Juv B	GESL		2:30.59	___:___.___	___:___.___
7	Maria Casanova Rebelo	Juv B	CFB		2:35.89	___:___.___	___:___.___
Série 2 de 6, 9:03							
1	Rita Ribeiro Pereira	Juv A	SLB		2:25.28	___:___.___	___:___.___
2	Ana Luisa Vieira	Juv B	ACSINTRA		2:24.09	___:___.___	___:___.___
3	Maria Chenrim Raimundo	Juv B	SCP		2:23.24	___:___.___	___:___.___
4	Natalia Landa Paredes	Juv A	SAD		2:22.81	___:___.___	___:___.___
5	Leonor Maria Gomes	Juv A	ADRCIMM		2:23.03	___:___.___	___:___.___
6	Maria Francisca Moreira	Jun 17	AHBE		2:23.74	___:___.___	___:___.___
7	Raquel Silva Delgadinho	Juv A	PDEM		2:24.37	___:___.___	___:___.___
8	Maria Madeira Carvalho	Juv A	SAD		2:25.31	___:___.___	___:___.___
Série 3 de 6, 9:07							
1	Margarida Afonso Barata	Juv B	ADRCIMM		2:21.85	___:___.___	___:___.___
2	Madalena Correia Gomes	Juv A	ADRCIMM		2:20.53	___:___.___	___:___.___
3	Ana Mao de Ferro	Juv A	SCP		2:20.14	___:___.___	___:___.___
4	Beatriz Paiva Branco	Jun 17	CIRL		2:18.94	___:___.___	___:___.___
5	Marina Salles Mendonca	Jun 17	VS	EXH	2:19.08	___:___.___	___:___.___
6	Raquel Sofia Bras	Jun 18	CFB		2:20.40	___:___.___	___:___.___
7	Alice Fernandes Rodrigues	Jun 17	GESL		2:21.17	___:___.___	___:___.___
8	Matilde Pires Guerra	Juv B	SCP		2:21.98	___:___.___	___:___.___
Série 4 de 6, 9:10							
1	Lara Nobre Semiao	Juv A	FS		2:18.54	___:___.___	___:___.___
2	Erika Kvaal	Sen	CFB		2:17.13	___:___.___	___:___.___
3	Francisca Cunha Monteiro	Juv A	SLB		2:16.00	___:___.___	___:___.___
4	Beatriz Silva Jordao	Jun 18	CFB		2:15.76	___:___.___	___:___.___
5	Rita Canas Brito	Jun 17	PDEM		2:15.93	___:___.___	___:___.___
6	Ines Maria Lanca	Jun 18	SFUAP		2:17.03	___:___.___	___:___.___
7	Maria Luisa Dinis	Jun 18	SAD		2:18.52	___:___.___	___:___.___
8	Sara Sofia Alves	Sen	CNN		2:18.59	___:___.___	___:___.___
Série 5 de 6, 9:13							
1	Maria Madalena Lucas	Juv A	CNN		2:14.39	___:___.___	___:___.___
2	Victoria Sales Proenca	Jun 17	SLB		2:13.70	___:___.___	___:___.___
3	Marcia Guerreiro Castilho	Jun 18	CIRL		2:13.38	___:___.___	___:___.___
4	Leonor Castanho Santos	Sen	SCP		2:12.03	___:___.___	___:___.___
5	Francisca Meneses Goncalves	Juv A	SLB		2:13.20	___:___.___	___:___.___
6	Iris Pereira Carrao	Sen	PDEM		2:13.67	___:___.___	___:___.___
7	Carmo Rosa Madeira	Juv A	CIRL		2:14.28	___:___.___	___:___.___
8	Carolina Melo Camejo	Juv A	SCP		2:15.01	___:___.___	___:___.___

apoios institucionais
parceiros

Prova 10, Femin., 200m Livres

Série 6 de 6, 9:16

1	Sofia Monteiro Uva	Jun 18	SAD	2:10.93	___:___.___	___:___.___
2	Maria Ines Nunes	Juv B	SCP	2:08.75	___:___.___	___:___.___
3	Maria Jardim Fidalgo	Sen	CFB	2:07.76	___:___.___	___:___.___
4	Ema Jeronimo Conceicao	Sen	SAD	1:58.02	___:___.___	___:___.___
5	Rita Barros Frischknecht	Sen	SLB	1:59.11	___:___.___	___:___.___
6	Mariana Amaral Mendes	Sen	SCP	2:08.40	___:___.___	___:___.___
7	Luana Correia Rodrigues	Sen	CFB	2:08.80	___:___.___	___:___.___
8	Carolina Marques Madeira	Jun 18	CNN	2:11.53	___:___.___	___:___.___

apoios institucionais
parceiros