

IV MEETING MASTERS ESTORIL

COMPLEXO DESPORTIVO DA ALAPRAIA - 10 E 11 JANEIRO 2026

Prova 2	Femin., 100m Mariposa				Masters (Abs)
10.01.2026 - 20:28					Resultados
RN A(25-29)	1:04.69	Adriana Daniela Castro	LSC	Caldas da Rainha	27.01.2024
RN B(30-34)	1:03.89	Sara Francisco Cruz	ADBA	Caldas da Rainha	27.01.2024
RN C(35-39)	1:06.87	Susana Clara Gomes	CNF	Funchal	17.01.2015
RN D(40-44)	1:05.90	Susana Clara Gomes	CNF	Vila Franca de Xira	18.01.2020
RN E(45-49)	1:06.70	Susana Clara Gomes	CNF	Funchal	20.11.2023
RN F(50-54)	1:12.13	Gisela Barbosa Coutinho	CFP	Torres Novas	25.01.2025
RN G(55-59)	1:20.49	Isabel Baptista Ferreira	ADRCIMM	Caldas da Rainha	28.01.2023
RN H(60-64)	1:33.55	Eugenia Maria Cunha	AAC	Algés	25.06.2023
RN I(65-69)	1:45.49	Ana Maria Ferreira	SAD	Sines	05.03.2016
RN J(70-74)	1:52.86	Ana Maria Ferreira	SAD	Tomar	09.02.2020
RN K(75-79)	2:25.80	Luisa Bessone Basto	SAD	Évora	19.03.2023
RN L(80-84)	59:00.00	start			01.01.1800
RN M(85-89)	59:00.00	start			01.01.1800

Pontos: DSV Masters 2024

Lugar	Ano		Tempo final	Pts	50m	100m
Master A (25-29)						
1.	97	Bruna Elisabete Paulino Alcobaca	1:14.02	559	33.75	40.27
2.	01	Ana Barbara Alves Fisica Torres Vedras	1:15.57	525	35.73	39.84
3.	99	Filipa Carreira Alves Masters de Almada	1:18.86	462	35.33	43.53
4.	98	Raquel Fernandes Santos Masters de Almada	1:19.31	455	36.86	42.45
5.	98	Clara Alfaiate Pardal Grp Amigos da Natacao	1:22.68	401	37.10	45.58
Master B (30-34)						
1.	93	Sara Francisco Cruz Individual ANDL	1:07.02	815	31.45	35.57
2.	96	Ana Margarida Rodrigues Galitos / Bresimar	1:12.36	647	33.87	38.49
Master C (35-39)						
1.	90	Kirstin Lynn O'Leary Nacional de Nataçao	1:37.09	283	43.96	53.13
Master D (40-44)						
1.	83	Joana Margarida Gaspar Estoris	1:26.39	415	40.30	46.09
2.	85	Ines Franco Moreira Estoris	2:04.01	140	56.69	1:07.32
3.	86	Ana Cristina Rodeia Palmela Desporto	2:24.78	88	1:07.44	1:17.34
Master E (45-49)						
1.	77	Talia Den Dulk Estoris	1:29.60	400	42.39	47.21
2.	79	Ana Rita Garcia ACSintra	1:38.30	303	42.19	56.11
3.	81	Sara Filipa Cortez Masters de Almada	1:45.59	244	50.17	55.42
Master F (50-54)						
1.	72	Joana Isabel Arantes Clube Millennium BCP	1:21.01	581	36.46	44.55
2.	76	Juliana Sanches Elias Estoris	1:41.83	292	46.44	55.39
3.	76	Ana Claudia Gomes Académica de Coimbra	1:43.89	275	47.44	56.45
4.	73	Raquel Alexandra Feliz Académica de Coimbra	1:53.77	209	52.86	1:00.91
5.	72	Fernanda Maria Santinha Masters de Almada	2:08.41	146	1:01.96	1:06.45
Master G (55-59)						
1.	68	Marina Isabel Mendes Masters de Almada	1:52.40	250	53.01	59.39



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Master H (60-64)

1.	Helena Paula Carvalho	64	Sporting	1:52.16	322	53.01	59.15
2.	Ana Paula Goncalves	65	Masters de Almada	1:52.68	317	49.70	1:02.98
3.	Maria Goncalves Vasconcelos	64	Masters de Almada	2:02.70	245	54.86	1:07.84

Masters (Abs)

1.	Sara Francisco Cruz	93	Individual ANDL	1:07.02	815	31.45	35.57
2.	Ana Margarida Rodrigues	96	Galitos / Bresimar	1:12.36	647	33.87	38.49
3.	Bruna Elisabete Paulino	97	Alcobaca	1:14.02	559	33.75	40.27
4.	Ana Barbara Alves	01	Fisica Torres Vedras	1:15.57	525	35.73	39.84
5.	Filipa Carreira Alves	99	Masters de Almada	1:18.86	462	35.33	43.53
6.	Raquel Fernandes Santos	98	Masters de Almada	1:19.31	455	36.86	42.45
7.	Joana Isabel Arantes	72	Clube Millennium BCP	1:21.01	581	36.46	44.55
8.	Clara Alfaiate Pardal	98	Grp Amigos da Natacao	1:22.68	401	37.10	45.58
9.	Joana Margarida Gaspar	83	Estoris	1:26.39	415	40.30	46.09
10.	Talia Den Dulk	77	Estoris	1:29.60	400	42.39	47.21
11.	Kirstin Lynn O'Leary	90	Nacional de Natação	1:37.09	283	43.96	53.13
12.	Ana Rita Garcia	79	ACSintra	1:38.30	303	42.19	56.11
13.	Juliana Sanches Elias	76	Estoris	1:41.83	292	46.44	55.39
14.	Ana Claudia Gomes	76	Académica de Coimbra	1:43.89	275	47.44	56.45
15.	Sara Filipa Cortez	81	Masters de Almada	1:45.59	244	50.17	55.42
16.	Helena Paula Carvalho	64	Sporting	1:52.16	322	53.01	59.15
17.	Marina Isabel Mendes	68	Masters de Almada	1:52.40	250	53.01	59.39
18.	Ana Paula Goncalves	65	Masters de Almada	1:52.68	317	49.70	1:02.98
19.	Raquel Alexandra Feliz	73	Académica de Coimbra	1:53.77	209	52.86	1:00.91
20.	Maria Goncalves Vasconcelos	64	Masters de Almada	2:02.70	245	54.86	1:07.84
21.	Ines Franco Moreira	85	Estoris	2:04.01	140	56.69	1:07.32
22.	Fernanda Maria Santinha	72	Masters de Almada	2:08.41	146	1:01.96	1:06.45
23.	Ana Cristina Rodeia	86	Palmela Desporto	2:24.78	88	1:07.44	1:17.34

