

Event 5 Men, 400m Freestyle Absolutos/All Results Prelim  
14.02.2026 - 11:33

World Record	3:39.96	MAERTENS Lukas	GER	Stockholm (SWE)	2025
European Record	3:39.96	MAERTENS Lukas	GER	Stockholm (SWE)	2025
Meeting Record	3:53.88	BERNEK Peter	HUN	Lisboa	2017
Portuguese Nat Record	3:50.56	LOPES Jose Paulo	POR	Barcelona (ESP)	2021

Meeting Access Time 17+y: 4:26.00; 15-16y: 4:49.00

Points: AQUA 2025

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	RT	Pts
1.	QUIJADA ROLDAN Carlos	01	Real Canoe N.C.	4:01.45		757 A
	50m: 28.19 28.19	150m: 1:29.40 30.65	250m: 2:30.82 30.66	350m: 3:32.09 30.46		30.46
	100m: 58.75 30.56	200m: 2:00.16 30.76	300m: 3:01.63 30.81	400m: 4:01.45 29.36		29.36
2.	DAVIES Morgan	08	Swim Wales	4:01.85		753 A
	50m: 28.12 28.12	150m: 1:29.50 30.82	250m: 2:30.77 30.77	350m: 3:32.50 30.85		30.85
	100m: 58.68 30.56	200m: 2:00.00 30.50	300m: 3:01.65 30.88	400m: 4:01.85 29.35		29.35
3.	RIBEIRO Gustavo Carvalhais	03	Benfica	4:04.18		732 A
	50m: 28.36 28.36	150m: 1:30.61 31.44	250m: 2:33.62 31.19	350m: 3:34.88 30.44		30.44
	100m: 59.17 30.81	200m: 2:02.43 31.82	300m: 3:04.44 30.82	400m: 4:04.18 29.30		29.30
4.	KRISTOF Matias	09	Mount Kelly Swimming	4:04.43		729 A
	50m: 27.41 27.41	150m: 1:29.56 31.60	250m: 2:32.60 31.52	350m: 3:34.94 31.18		31.18
	100m: 57.96 30.55	200m: 2:01.08 31.52	300m: 3:03.76 31.16	400m: 4:04.43 29.49		29.49
5.	FOMIN Yury	06	Alges	4:04.78		726 A
	50m: 28.53 28.53	150m: 1:30.68 31.26	250m: 2:34.09 31.65	350m: 3:35.35 30.15		30.15
	100m: 59.42 30.89	200m: 2:02.44 31.76	300m: 3:05.20 31.11	400m: 4:04.78 29.43		29.43
6.	KEINAN Rom	08	Israel	4:04.88		725 A
	50m: 28.37 28.37	150m: 1:29.81 30.85	250m: 2:32.47 31.59	350m: 3:34.76 30.54		30.54
	100m: 58.96 30.59	200m: 2:00.88 31.07	300m: 3:04.22 31.75	400m: 4:04.88 30.12		30.12
7.	PETIT Antoine	08	As Monaco Natation	4:05.61		719 A
	50m: 28.56 28.56	150m: 1:31.02 31.30	250m: 2:33.80 31.19	350m: 3:35.86 30.69		30.69
	100m: 59.72 31.16	200m: 2:02.61 31.59	300m: 3:05.17 31.37	400m: 4:05.61 29.75		29.75
8.	GARCIA SANTOS Hugo	07	Real Canoe N.C.	4:06.74		709 A
	50m: 29.08 29.08	150m: 1:32.12 31.78	250m: 2:35.37 31.14	350m: 3:36.91 30.44		30.44
	100m: 1:00.34 31.26	200m: 2:04.23 32.11	300m: 3:06.47 31.10	400m: 4:06.74 29.83		29.83
9.	BAMBOROUGH Jack	08	Swim Wales	4:07.50		703 A
	50m: 28.54 28.54	150m: 1:30.96 31.32	250m: 2:33.92 31.53	350m: 3:37.04 31.53		31.53
	100m: 59.64 31.10	200m: 2:02.39 31.43	300m: 3:05.51 31.59	400m: 4:07.50 30.46		30.46
10.	MARTIN BURGUILLO Marcos	02	Real Canoe N.C.	4:07.68		701 A
	50m: 28.54 28.54	150m: 1:30.95 31.37	250m: 2:33.45 31.23	350m: 3:37.50 31.76		31.76
	100m: 59.58 31.04	200m: 2:02.22 31.27	300m: 3:05.74 32.29	400m: 4:07.68 30.18		30.18
11.	GALANT-DRAYSEY Lucas	08	Mount Kelly Swimming	4:08.23		696 B
	50m: 27.96 27.96	150m: 1:30.66 31.82	250m: 2:34.30 31.80	350m: 3:37.28 31.38		31.38
	100m: 58.84 30.88	200m: 2:02.50 31.84	300m: 3:05.90 31.60	400m: 4:08.23 30.95		30.95
12.	SIMOES Bernardo Jorge	04	Os Belenenses	4:08.26		696 B
	50m: 28.68 28.68	150m: 1:31.64 31.85	250m: 2:35.45 31.63	350m: 3:37.81 31.08		31.08
	100m: 59.79 31.11	200m: 2:03.82 32.18	300m: 3:06.73 31.28	400m: 4:08.26 30.45		30.45
13.	THOMAS Reuben	09	Mount Kelly Swimming	4:08.61		693 B
	50m: 27.98 27.98	150m: 1:30.70 31.69	250m: 2:34.47 31.73	350m: 3:38.50 31.67		31.67
	100m: 59.01 31.03	200m: 2:02.74 32.04	300m: 3:06.83 32.36	400m: 4:08.61 30.11		30.11
14.	SASTRE RODRIGUEZ Joan	04	Real Canoe N.C.	4:09.67		684 B
	50m: 29.05 29.05	150m: 1:32.42 32.01	250m: 2:35.92 31.33	350m: 3:38.76 31.36		31.36
	100m: 1:00.41 31.36	200m: 2:04.59 32.17	300m: 3:07.40 31.48	400m: 4:09.67 30.91		30.91
15.	MIMOSO Renato Ferreira	10	Portugal	4:09.69		684 B
	50m: 28.65 28.65	150m: 1:30.93 31.37	250m: 2:34.73 31.72	350m: 3:38.90 32.31		32.31
	100m: 59.56 30.91	200m: 2:03.01 32.08	300m: 3:06.59 31.86	400m: 4:09.69 30.79		30.79
16.	GONI SAIZAR Enaitz	04	Euskal Selektzioa	4:10.09		681 B
	50m: 28.24 28.24	150m: 1:30.53 31.31	250m: 2:34.56 32.10	350m: 3:39.49 32.74		32.74
	100m: 59.22 30.98	200m: 2:02.46 31.93	300m: 3:06.75 32.19	400m: 4:10.09 30.60		30.60
17.	GIL VICENTE Lucas	08	Real Canoe N.C.	4:10.98		674 B
	50m: 27.78 27.78	150m: 1:30.64 31.93	250m: 2:35.10 32.05	350m: 3:40.06 32.31		32.31
	100m: 58.71 30.93	200m: 2:03.05 32.41	300m: 3:07.75 32.65	400m: 4:10.98 30.92		30.92
18.	TIGRE Pedro Bethlem	06	Sporting	4:11.14		672 B
	50m: 28.19 28.19	150m: 1:31.25 31.85	250m: 2:35.04 31.60	350m: 3:39.35 32.38		32.38
	100m: 59.40 31.21	200m: 2:03.44 32.19	300m: 3:06.97 31.93	400m: 4:11.14 31.79		31.79

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Event 5, Men, 400m Freestyle, Prelim, Absolutos/All

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	RT	Pts
19.	KISLIUK Daniel 50m: 28.05 28.05 100m: 59.09 31.04	09	Israel	150m: 1:31.09 32.00 200m: 2:03.41 32.32 250m: 2:35.77 32.36 300m: 3:07.97 32.20 350m: 3:40.31 32.14 400m: 4:11.27 30.96		671 B
20.	BELT Tom 50m: 28.00 28.00 100m: 59.41 31.41	08	Mount Kelly Swimming	150m: 1:31.82 32.41 200m: 2:04.81 32.99 250m: 2:36.66 31.85 300m: 3:09.47 32.81 350m: 3:41.61 32.14 400m: 4:11.75 30.14		667 B
21.	FAURE Esteban 50m: 28.79 28.79 100m: 59.79 31.00	08	As Monaco Natation	150m: 1:31.90 32.11 200m: 2:03.89 31.99 250m: 2:36.12 32.23 300m: 3:08.29 32.17 350m: 3:40.45 32.16 400m: 4:11.92 31.47		666
22.	TORRE Lucas 50m: 29.75 29.75 100m: 1:01.76 32.01	09	As Monaco Natation	150m: 1:33.33 31.57 200m: 2:05.44 32.11 250m: 2:37.24 31.80 300m: 3:09.25 32.01 350m: 3:41.69 32.44 400m: 4:12.98 31.29		658
23.	O'BRIEN Tadhg 50m: 28.97 28.97 100m: 1:00.31 31.34	09	Swim Ireland	150m: 1:32.81 32.50 200m: 2:04.99 32.18 250m: 2:37.31 32.32 300m: 3:09.62 32.31 350m: 3:41.69 32.07 400m: 4:13.80 32.11		651
24.	MC GRATH Dylan 50m: 28.46 28.46 100m: 1:00.44 31.98	10	Swim Ireland	150m: 1:33.38 32.94 200m: 2:06.16 32.78 250m: 2:38.79 32.63 300m: 3:12.11 33.32 350m: 3:44.09 31.98 400m: 4:14.97 30.88		643
25.	MONIZ Rafael Lin 50m: 28.63 28.63 100m: 59.68 31.05	09	Palmela Desporto	150m: 1:32.40 32.72 200m: 2:05.67 33.27 250m: 2:38.88 33.21 300m: 3:12.46 33.58 350m: 3:45.82 33.36 400m: 4:17.05 31.23		627
26.	PEARSE Harry 50m: 29.04 29.04 100m: 1:00.61 31.57	08	Mount Kelly Swimming	150m: 1:33.15 32.54 200m: 2:06.02 32.87 250m: 2:38.50 32.48 300m: 3:11.91 33.41 350m: 3:45.19 33.28 400m: 4:17.09 31.90		627
27.	SOARES Guilherme Costa 50m: 29.87 29.87 100m: 1:03.31 33.44	08	Vilacondense	150m: 1:35.62 32.31 200m: 2:08.10 32.48 250m: 2:40.70 32.60 300m: 3:13.71 33.01 350m: 3:45.93 32.22 400m: 4:17.60 31.67		623
28.	ZARAGOZA RODRIGO Adrian 50m: 28.70 28.70 100m: 59.98 31.28	08	Real Canoe N.C.	150m: 1:32.84 32.86 200m: 2:05.31 32.47 250m: 2:38.36 33.05 300m: 3:11.73 33.37 350m: 3:45.16 33.43 400m: 4:18.00 32.84		620
29.	PAULO Bernardo Goncalves 50m: 29.21 29.21 100m: 1:01.19 31.98	11	Portugal	150m: 1:34.51 33.32 200m: 2:07.83 33.32 250m: 2:41.09 33.26 300m: 3:14.77 33.68 350m: 3:47.89 33.12 400m: 4:18.91 31.02		614
30.	HOGH Frey Egholm 50m: 29.39 29.39 100m: 1:02.27 32.88	08	Sigma Swim	150m: 1:35.91 33.64 200m: 2:09.30 33.39 250m: 2:42.36 33.06 300m: 3:15.42 33.06 350m: 3:48.04 32.62 400m: 4:19.51 31.47		609
31.	LARANJO Filipe Manso 50m: 28.32 28.32 100m: 59.52 31.20	07	Braga	150m: 1:31.35 31.83 200m: 2:04.64 33.29 250m: 2:38.12 33.48 300m: 3:12.23 34.11 350m: 3:46.43 34.20 400m: 4:19.56 33.13		609
32.	MARQUES Joao Ferreira 50m: 29.17 29.17 100m: 1:01.73 32.56	06	Academica de Coimbra	150m: 1:34.39 32.66 200m: 2:07.55 33.16 250m: 2:41.43 33.88 300m: 3:14.93 33.50 350m: 3:48.28 33.35 400m: 4:20.01 31.73		606
33.	SANTOS Andre Ferreira 50m: 29.82 29.82 100m: 1:02.57 32.75	10	Academico Viseu	150m: 1:36.50 33.93 200m: 2:10.05 33.55 250m: 2:42.68 32.63 300m: 3:15.38 32.70 350m: 3:48.27 32.89 400m: 4:20.85 32.58		600
	MIRANDA Francisco Guilherme 50m: 29.19 29.19 100m: 1:01.42 32.23	08	Naval do Funchal	150m: 1:34.09 32.67 200m: 2:06.96 32.87 250m: 2:40.34 33.38 300m: 3:13.97 33.63 350m: 3:47.97 34.00 400m: 4:20.85 32.88		600
35.	AMADO Pedro Maria 50m: 29.83 29.83 100m: 1:02.58 32.75	05	Alges	150m: 1:35.76 33.18 200m: 2:09.53 33.77 250m: 2:42.75 33.22 300m: 3:16.37 33.62 350m: 3:49.55 33.18 400m: 4:21.06 31.51		599
	BULLA Noe 50m: 29.87 29.87 100m: 1:02.45 32.58	08	As Monaco Natation	150m: 1:35.68 33.23 200m: 2:09.41 33.73 250m: 2:42.75 33.34 300m: 3:16.79 34.04 350m: 3:49.66 32.87 400m: 4:21.06 31.40		599
37.	BALE Joseph 50m: 29.66 29.66 100m: 1:02.55 32.89	11	Mount Kelly Swimming	150m: 1:33.95 31.40 200m: 2:06.59 32.64 250m: 2:39.58 32.99 300m: 3:13.73 34.15 350m: 3:47.81 34.08 400m: 4:21.37 33.56		596
38.	SILVA Eduardo Pires 50m: 29.23 29.23 100m: 1:01.18 31.95	08	Vilacondense	150m: 1:34.22 33.04 200m: 2:07.52 33.30 250m: 2:41.36 33.84 300m: 3:15.05 33.69 350m: 3:49.08 34.03 400m: 4:21.60 32.52		595

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REAL  
HOTELS  
GROUP



Event 5, Men, 400m Freestyle, Prelim, Absolutos/All

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	RT	Pts
39.	WILLIAMS Owen 50m: 29.54 29.54 100m: 1:02.46 32.92	09	Mount Kelly Swimming	4:22.23 150m: 1:35.62 33.16 250m: 2:42.16 33.15 350m: 3:49.30 33.70 200m: 2:09.01 33.39 300m: 3:15.60 33.44 400m: 4:22.23 32.93		591
40.	PADRE David Alberto 50m: 29.34 29.34 100m: 1:01.50 32.16	08	Angola	4:22.54 150m: 1:34.33 32.83 250m: 2:41.14 33.58 350m: 3:49.30 34.28 200m: 2:07.56 33.23 300m: 3:15.02 33.88 400m: 4:22.54 33.24		588
41.	LEFEUVRE Keoni 50m: 29.82 29.82 100m: 1:02.82 33.00	10	As Monaco Natation	4:22.91 150m: 1:35.90 33.08 250m: 2:42.67 33.35 350m: 3:50.07 33.38 200m: 2:09.32 33.42 300m: 3:16.69 34.02 400m: 4:22.91 32.84		586
42.	MATOS Rodrigo Onofre 50m: 29.63 29.63 100m: 1:02.09 32.46	06	Os Belenenses	4:23.04 150m: 1:35.72 33.63 250m: 2:42.75 33.79 350m: 3:50.39 34.29 200m: 2:08.96 33.24 300m: 3:16.10 33.35 400m: 4:23.04 32.65		585
43.	BELORGEY Robin 50m: 30.34 30.34 100m: 1:03.37 33.03	11	As Monaco Natation	4:23.86 150m: 1:36.42 33.05 250m: 2:43.25 33.24 350m: 3:50.35 33.34 200m: 2:10.01 33.59 300m: 3:17.01 33.76 400m: 4:23.86 33.51		580
	VELA ORTEGA Agustin 50m: 28.69 28.69 100m: 1:00.11 31.42	09	C.N. Criptana	4:23.86 150m: 1:33.34 33.23 250m: 2:41.47 34.57 350m: 3:50.69 34.65 200m: 2:06.90 33.56 300m: 3:16.04 34.57 400m: 4:23.86 33.17		580
45.	FERNANDES David Alexandre 50m: 29.94 29.94 100m: 1:03.25 33.31	06	Nacional de Natacao	4:24.08 150m: 1:37.37 34.12 250m: 2:44.49 33.13 350m: 3:51.29 33.18 200m: 2:11.36 33.99 300m: 3:18.11 33.62 400m: 4:24.08 32.79		578
46.	ABREU Sergio Gomes 50m: 28.91 28.91 100m: 1:00.92 32.01	96	Naval do Funchal	4:24.19 150m: 1:34.19 33.27 250m: 2:42.75 34.18 350m: 3:50.79 33.87 200m: 2:08.57 34.38 300m: 3:16.92 34.17 400m: 4:24.19 33.40		578
47.	DOYLE Cian 50m: 28.83 28.83 100m: 1:00.74 31.91	10	Swim Ireland	4:24.94 150m: 1:33.78 33.04 250m: 2:41.61 33.84 350m: 3:50.82 34.74 200m: 2:07.77 33.99 300m: 3:16.08 34.47 400m: 4:24.94 34.12		573
48.	SOUSA Diogo Rodrigues 50m: 30.08 30.08 100m: 1:03.65 33.57	10	Alges	4:26.87 150m: 1:38.52 34.87 250m: 2:48.89 34.82 350m: 3:56.44 33.16 200m: 2:14.07 35.55 300m: 3:23.28 34.39 400m: 4:26.87 30.43		560
49.	PACHECO David Filipe 50m: 29.90 29.90 100m: 1:03.05 33.15	10	BUZIOS - Coruche	4:26.88 150m: 1:37.56 34.51 250m: 2:46.61 34.98 350m: 3:54.27 34.07 200m: 2:11.63 34.07 300m: 3:20.20 33.59 400m: 4:26.88 32.61		560
50.	ARAUJO Dinis Goncalves 50m: 29.69 29.69 100m: 1:02.53 32.84	10	Nautico Academico	4:27.21 150m: 1:36.58 34.05 250m: 2:43.85 33.44 350m: 3:53.22 34.79 200m: 2:10.41 33.83 300m: 3:18.43 34.58 400m: 4:27.21 33.99		558
51.	VELHINHO Miguel Lourenco (Fora Tempo Acesso / Out of Admission Time) 50m: 29.26 29.26 100m: 1:02.02 32.76	07	Lagoa AC	4:27.47 150m: 1:35.40 33.38 250m: 2:43.25 33.84 350m: 3:52.89 34.96 200m: 2:09.41 34.01 300m: 3:17.93 34.68 400m: 4:27.47 34.58		557
52.	STACHERA Dawid L (Fora Tempo Acesso / Out of Admission Time) 50m: 29.89 29.89 100m: 1:02.29 32.40	09	Swim Ireland	4:27.78 150m: 1:35.38 33.09 250m: 2:43.87 34.51 350m: 3:54.07 34.80 200m: 2:09.36 33.98 300m: 3:19.27 35.40 400m: 4:27.78 33.71		555
53.	SOUSA Guilherme Simoes (Fora Tempo Acesso / Out of Admission Time) 50m: 30.45 30.45 100m: 1:03.51 33.06	08	Academica de Coimbra	4:28.27 150m: 1:38.06 34.55 250m: 2:46.95 34.71 350m: 3:56.09 34.13 200m: 2:12.24 34.18 300m: 3:21.96 35.01 400m: 4:28.27 32.18		552
54.	MAGELINSKAS Juozas (Fora Tempo Acesso / Out of Admission Time) 50m: 29.11 29.11 100m: 1:02.14 33.03	07	Mount Kelly Swimming	4:29.74 150m: 1:36.47 34.33 250m: 2:45.88 34.99 350m: 3:55.98 34.69 200m: 2:10.89 34.42 300m: 3:21.29 35.41 400m: 4:29.74 33.76		543
55.	FISTICANU Daniel 50m: 29.95 29.95 100m: 1:03.33 33.38	11	RIA Aqua Tavira	4:29.87 150m: 1:36.61 33.28 250m: 2:46.07 34.72 350m: 3:56.07 34.56 200m: 2:11.35 34.74 300m: 3:21.51 35.44 400m: 4:29.87 33.80		542
56.	RETRE Goncalo Alexandre 50m: 30.00 30.00 100m: 1:03.29 33.29	10	Louletano / Loule Aqui e Agora	4:31.90 150m: 1:37.53 34.24 250m: 2:47.01 35.01 350m: 3:58.11 35.75 200m: 2:12.00 34.47 300m: 3:22.36 35.35 400m: 4:31.90 33.79		530

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Event 5, Men, 400m Freestyle, Prelim, Absolutos/All

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	RT	Pts
57.	NELSEN Zachary	10	Amateur Athletic Union	4:31.91		530
	50m: 28.83 28.83	150m: 1:36.67 34.28	250m: 2:46.77 35.00	350m: 3:57.11 35.00		
	100m: 1:02.39 33.56	200m: 2:11.77 35.10	300m: 3:22.11 35.34	400m: 4:31.91 34.80		
58.	KLINKBY Mads	10	Sigma Swim	4:32.27		528
	50m: 30.62 30.62	150m: 1:39.33 34.53	250m: 2:49.18 34.79	350m: 3:58.86 34.69		
	100m: 1:04.80 34.18	200m: 2:14.39 35.06	300m: 3:24.17 34.99	400m: 4:32.27 33.41		
59.	CARVALHO Pedro Cerejo	10	Vilacondense	4:32.59		526
	50m: 29.54 29.54	150m: 1:35.55 33.28	250m: 2:45.30 35.25	350m: 3:57.62 36.15		
	100m: 1:02.27 32.73	200m: 2:10.05 34.50	300m: 3:21.47 36.17	400m: 4:32.59 34.97		
60.	VEDDER Thomas	10	Amateur Athletic Union	4:33.02		523
	50m: 30.03 30.03	150m: 1:38.35 34.77	250m: 2:49.07 35.54	350m: 3:58.95 34.94		
	100m: 1:03.58 33.55	200m: 2:13.53 35.18	300m: 3:24.01 34.94	400m: 4:33.02 34.07		
61.	JESUS Vasco Franca (Fora Tempo Acesso / Out of Admission Time)	08	Naval do Funchal	4:33.49		521
	50m: 29.34 29.34	150m: 1:35.99 33.98	250m: 2:46.25 35.67	350m: 3:58.44 36.13		
	100m: 1:02.01 32.67	200m: 2:10.58 34.59	300m: 3:22.31 36.06	400m: 4:33.49 35.05		
62.	OLAS Tiago Joao	10	Academico Viseu	4:33.83		519
	50m: 30.48 30.48	150m: 1:37.95 34.28	250m: 2:48.34 35.53	350m: 3:59.25 35.22		
	100m: 1:03.67 33.19	200m: 2:12.81 34.86	300m: 3:24.03 35.69	400m: 4:33.83 34.58		
63.	MATIAS Rodrigo Miguel	10	Nautico Academico	4:34.66		514
	50m: 30.87 30.87	150m: 1:39.16 35.10	250m: 2:48.98 34.67	350m: 3:59.62 35.41		
	100m: 1:04.06 33.19	200m: 2:14.31 35.15	300m: 3:24.21 35.23	400m: 4:34.66 35.04		
64.	CABRAL Guilherme Rodrigues	10	Pimpoes/Cimai	4:35.73		508
	50m: 30.47 30.47	150m: 1:38.74 34.75	250m: 2:49.76 35.66	350m: 4:01.38 35.33		
	100m: 1:03.99 33.52	200m: 2:14.10 35.36	300m: 3:26.05 36.29	400m: 4:35.73 34.35		
65.	LULAK Tiago Malhador	10	Louletano / Loule Aqui e Agora	4:40.73		481
	50m: 30.27 30.27	150m: 1:39.50 34.99	250m: 2:52.26 36.68	350m: 4:05.50 36.48		
	100m: 1:04.51 34.24	200m: 2:15.58 36.08	300m: 3:29.02 36.76	400m: 4:40.73 35.23		
66.	RYDER Barnaby (Fora Tempo Acesso / Out of Admission Time)	07	Mount Kelly Swimming	4:40.74		481
	50m: 30.60 30.60	150m: 1:39.81 35.13	250m: 2:51.93 36.05	350m: 4:04.51 35.86		
	100m: 1:04.68 34.08	200m: 2:15.88 36.07	300m: 3:28.65 36.72	400m: 4:40.74 36.23		
67.	GEADA Lourenco Vicente	10	Torres Novas	4:47.77		447
	50m: 32.30 32.30	150m: 1:44.77 36.85	250m: 2:59.19 37.57	350m: 4:12.63 36.62		
	100m: 1:07.92 35.62	200m: 2:21.62 36.85	300m: 3:36.01 36.82	400m: 4:47.77 35.14		
68.	JANEIRINHO Tiago Romaneiro (Fora Tempo Acesso / Out of Admission Time)	10	Aminata	4:53.39		422
	50m: 31.70 31.70	150m: 1:43.46 36.55	250m: 2:59.84 38.64	350m: 4:16.19 38.19		
	100m: 1:06.91 35.21	200m: 2:21.20 37.74	300m: 3:38.00 38.16	400m: 4:53.39 37.20		

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