

Event 19

Women, 400m Medley

Absolutos/All  
Results

15.02.2026 - 16:30

|                       |         |                     |     |                  |      |
|-----------------------|---------|---------------------|-----|------------------|------|
| World Record          | 4:23.65 | MCINTOSH Summer     | CAN | Victoria (CAN)   | 2025 |
| European Record       | 4:26.36 | HOSSZU Katinka      | HUN | Rio (BRA)        | 2016 |
| Meeting Record        | 4:45.16 | KAMINSKAYA Victoria | POR | Lisboa           | 2018 |
| Portuguese Nat Record | 4:40.11 | KAMINSKAYA Victoria | POR | Pontevedra (ESP) | 2017 |

Meeting Access Time 17+y: 5:38.00; 15-16y: 5:38.00

Points: AQUA 2025

| Pos. | Nadador / Swimmer   | A/Y | Clube / Team           | Tempo / Final   | RT   | Pts |
|------|---|-----|------------------------|---|--|-----|
| 1.   | CAVALCANTI Juliana<br>50m: 30.98 30.98<br>100m: 1:06.31 35.33         | 10  | Amateur Athletic Union | 4:54.56<br>150m: 1:44.08 37.77 250m: 3:03.69 42.76<br>200m: 2:20.93 36.85 300m: 3:46.38 42.69 | 350m: 4:20.80 34.42<br>400m: 4:54.56 33.76 | 723 |
| 2.   | HOLLINSKY Aviva<br>50m: 31.80 31.80<br>100m: 1:07.45 35.65            | 08  | Mount Kelly Swimming   | 4:57.72<br>150m: 1:45.94 38.49 250m: 3:07.46 44.32<br>200m: 2:23.14 37.20 300m: 3:51.31 43.85 | 350m: 4:25.27 33.96<br>400m: 4:57.72 32.45 | 700 |
| 3.   | MARSHALL Holly<br>50m: 32.67 32.67<br>100m: 1:09.00 36.33             | 06  | Swim Wales             | 5:01.32<br>150m: 1:47.10 38.10 250m: 3:08.24 44.12<br>200m: 2:24.12 37.02 300m: 3:52.77 44.53 | 350m: 4:28.02 35.25<br>400m: 5:01.32 33.30 | 675 |
| 4.   | DZIEDZIC Julia<br>50m: 32.77 32.77<br>100m: 1:10.62 37.85             | 10  | Swim Ireland           | 5:04.98<br>150m: 1:49.34 38.72 250m: 3:11.44 44.28<br>200m: 2:27.16 37.82 300m: 3:55.98 44.54 | 350m: 4:31.19 35.21<br>400m: 5:04.98 33.79 | 651 |
| 5.   | NIKANDROV Eliza<br>50m: 33.22 33.22<br>100m: 1:11.12 37.90            | 11  | As Monaco Natation     | 5:05.42<br>150m: 1:49.68 38.56 250m: 3:11.51 44.12<br>200m: 2:27.39 37.71 300m: 3:55.15 43.64 | 350m: 4:30.56 35.41<br>400m: 5:05.42 34.86 | 648 |
| 6.   | DE LA CALLE IBANEZ Isabel<br>50m: 33.44 33.44<br>100m: 1:12.63 39.19  | 09  | Real Canoe N.C.        | 5:07.15<br>150m: 1:54.95 42.32 250m: 3:17.63 41.48<br>200m: 2:36.15 41.20 300m: 3:59.48 41.85 | 350m: 4:34.17 34.69<br>400m: 5:07.15 32.98 | 637 |
| 7.   | MARTIN Summer<br>50m: 33.97 33.97<br>100m: 1:13.45 39.48              | 10  | Swim Wales             | 5:07.44<br>150m: 1:53.18 39.73 250m: 3:15.95 44.48<br>200m: 2:31.47 38.29 300m: 4:01.09 45.14 | 350m: 4:35.35 34.26<br>400m: 5:07.44 32.09 | 635 |
| 8.   | GIBSON Mari<br>50m: 31.66 31.66<br>100m: 1:08.65 36.99                | 08  | Swim Wales             | 5:09.13<br>150m: 1:51.93 43.28 250m: 3:15.34 41.35<br>200m: 2:33.99 42.06 300m: 3:57.01 41.67 | 350m: 4:34.13 37.12<br>400m: 5:09.13 35.00 | 625 |
| 9.   | KING Sophie<br>50m: 33.07 33.07<br>100m: 1:13.01 39.94                | 09  | Mount Kelly Swimming   | 5:10.22<br>150m: 1:54.40 41.39 250m: 3:15.91 41.06<br>200m: 2:34.85 40.45 300m: 3:58.73 42.82 | 350m: 4:35.35 36.62<br>400m: 5:10.22 34.87 | 618 |
| 10.  | WINSTANLEY Elin<br>50m: 32.42 32.42<br>100m: 1:09.27 36.85            | 09  | Swim Wales             | 5:10.78<br>150m: 1:50.13 40.86 250m: 3:14.18 45.00<br>200m: 2:29.18 39.05 300m: 4:00.52 46.34 | 350m: 4:36.67 36.15<br>400m: 5:10.78 34.11 | 615 |
| 11.  | YOUNG Evie<br>50m: 31.89 31.89<br>100m: 1:08.25 36.36                 | 08  | Mount Kelly Swimming   | 5:13.75<br>150m: 1:48.48 40.23 250m: 3:13.88 45.94<br>200m: 2:27.94 39.46 300m: 4:01.45 47.57 | 350m: 4:38.44 36.99<br>400m: 5:13.75 35.31 | 598 |
| 12.  | ALVES Catarina Alexandra<br>50m: 32.15 32.15<br>100m: 1:09.42 37.27   | 07  | Gesloures              | 5:17.55<br>150m: 1:51.35 41.93 250m: 3:18.69 45.84<br>200m: 2:32.85 41.50 300m: 4:05.26 46.57 | 350m: 4:41.72 36.46<br>400m: 5:17.55 35.83 | 577 |
| 13.  | KOSLOVA Valeria<br>50m: 33.95 33.95<br>100m: 1:13.48 39.53            | 11  | Portugal               | 5:20.63<br>150m: 1:56.01 42.53 250m: 3:21.97 44.99<br>200m: 2:36.98 40.97 300m: 4:06.36 44.39 | 350m: 4:44.42 38.06<br>400m: 5:20.63 36.21 | 560 |
| 14.  | AZEVEDO Constanca Lourenco<br>50m: 33.17 33.17<br>100m: 1:11.59 38.42 | 10  | Portugal               | 5:22.10<br>150m: 1:53.39 41.80 250m: 3:21.69 47.44<br>200m: 2:34.25 40.86 300m: 4:09.13 47.44 | 350m: 4:46.23 37.10<br>400m: 5:22.10 35.87 | 552 |
| 15.  | LOPES Matilde Nunes<br>50m: 32.69 32.69<br>100m: 1:10.03 37.34        | 06  | Benfica                | 5:24.82<br>150m: 1:51.62 41.59 250m: 3:19.82 46.08<br>200m: 2:33.74 42.12 300m: 4:07.38 47.56 | 350m: 4:45.97 38.59<br>400m: 5:24.82 38.85 | 539 |
| 16.  | BRAS Raquel Sofia<br>50m: 34.29 34.29<br>100m: 1:14.65 40.36          | 09  | Os Belenenses          | 5:31.63<br>150m: 1:59.32 44.67 250m: 3:28.76 46.08<br>200m: 2:42.68 43.36 300m: 4:15.75 46.99 | 350m: 4:54.27 38.52<br>400m: 5:31.63 37.36 | 506 |
| 17.  | ANDERSEN Ella Lindum<br>50m: 35.07 35.07<br>100m: 1:15.44 40.37       | 10  | Sigma Swim             | 5:37.51<br>150m: 2:01.22 45.78 250m: 3:31.50 45.99<br>200m: 2:45.51 44.29 300m: 4:18.03 46.53 | 350m: 4:58.28 40.25<br>400m: 5:37.51 39.23 | 480 |

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| Pos. | Nadador / Swimmer     | A/Y | Clube / Team | Tempo / Final | RT | Pts |
|------|-----------------------|-----|--------------|---------------|----|-----|
| DSQ  | LINDEROTH Silja Sofia | 11  | Sigma Swim   |               |    |     |

*E-B20 - Did not touch at finish of the breaststroke section with both hands separated (sr 7.6 / 9.4)*

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