

Prova 9
10.05.2026 - 16:00

Masc., 400m Livres

Infantis & Juvenis
Resultados

Rec Meeting Juv A	4:18.00	Rafael Lin Moniz	POR	Vila Franca de Xira	2025
Rec Meeting Juv B	4:21.30	Diogo Damasceno Reis	POR	Vila Franca de Xira	2024
Rec Meeting Inf A	4:31.75	David Filipe Pacheco	POR	Vila Franca de Xira	2024
Rec Meeting Inf B	4:39.19	Rodolfo Junior Alecrim	POR	Vila Franca de Xira	2023
Rec Nacional Juv A	3:59.38	Gustavo Manuel Santa	POR	Tampere (FIN)	2009
Rec Nacional Juv B	4:06.22	Rui Filipe Costa	VSC	Coimbra	2006
Rec Nacional Inf A	4:15.99	Pedro Fontoura Oliveira	CFB	Badajoz (ESP)	2004
Rec Nacional Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Restelo	2003

TAC Inf B: 5:21.30; Inf A: 5:04.00; Juv B: 4:52.70; Juv A: 4:45.60

Pontos: AQUA 2026

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m	300m	400m
Infantis B										
1.	Duarte Ferreira Placido	13	SANALG	4:57.20	4:48.72	442	1:08.49	1:14.28	1:14.65	1:11.30
	50m:	150m:	250m:				350m:			
	100m: 1:08.49	200m: 2:22.77	300m: 3:37.42				400m: 4:48.72			
2.	Roman Sokolov	13	SLB	5:09.93	4:55.14	413	1:10.24	1:15.81	1:16.03	1:13.06
	50m:	150m:	250m:				350m:			
	100m: 1:10.24	200m: 2:26.05	300m: 3:42.08				400m: 4:55.14			
3.	Ricardo Filipe Martinho	13	SFUAP	5:02.77	4:55.36	413	1:10.38	1:16.45	1:16.08	1:12.45
	50m:	150m:	250m:				350m:			
	100m: 1:10.38	200m: 2:26.83	300m: 3:42.91				400m: 4:55.36			
4.	Mateus Henriques Jorge	13	ADRCIMM	5:17.82	4:56.35	408	1:09.85	1:16.71	1:16.43	1:13.36
	50m:	150m:	250m:				350m:			
	100m: 1:09.85	200m: 2:26.56	300m: 3:42.99				400m: 4:56.35			
5.	Afonso Duarte Fonseca	13	SCC	5:16.86	5:04.57	376	1:11.61	1:17.62	1:19.14	1:16.20
	50m:	150m:	250m:				350m:			
	100m: 1:11.61	200m: 2:29.23	300m: 3:48.37				400m: 5:04.57			
6.	Samuel Ferraria Domingues	13	CNN	5:20.74	5:04.91	375	1:12.09	1:18.07	1:18.79	1:15.96
	50m:	150m:	250m:				350m:			
	100m: 1:12.09	200m: 2:30.16	300m: 3:48.95				400m: 5:04.91			
7.	Gustavo Gomes Neves	13	SFUAP	5:15.30	5:04.93	375	1:11.03	1:18.38	1:18.84	1:16.68
	50m:	150m:	250m:				350m:			
	100m: 1:11.03	200m: 2:29.41	300m: 3:48.25				400m: 5:04.93			
8.	Nicolau Pargana Mendes	13	SFUAP	5:29.10	5:10.40	355	1:14.03	1:20.07	1:19.09	1:17.21
	50m:	150m:	250m:				350m:			
	100m: 1:14.03	200m: 2:34.10	300m: 3:53.19				400m: 5:10.40			
9.	Francisco Pinto Mascarenhas	13	FS	5:58.14	5:18.09	330	1:14.22	1:22.66	1:23.67	1:17.54
	50m:	150m:	250m:				350m:			
	100m: 1:14.22	200m: 2:36.88	300m: 4:00.55				400m: 5:18.09			
10.	Gustavo Costa Cabrita	13	SANRA	5:35.19	5:19.78	325	1:12.66	1:21.98	1:25.24	1:19.90
	50m:	150m:	250m:				350m:			
	100m: 1:12.66	200m: 2:34.64	300m: 3:59.88				400m: 5:19.78			
11.	Goncalo Cardoso Lima	13	SCC	5:21.07	5:19.88	325	1:11.68	1:21.96	1:24.30	1:21.94
	50m:	150m:	250m:				350m:			
	100m: 1:11.68	200m: 2:33.64	300m: 3:57.94				400m: 5:19.88			
12.	Pedro Antonio Marcelino <i>FTL (Fora Tempo Limite)</i>	13	CCDSERTA	5:51.69	5:36.62	279	1:18.00	1:27.24	1:27.81	1:23.57
	50m:	150m:	250m:				350m:			
	100m: 1:18.00	200m: 2:45.24	300m: 4:13.05				400m: 5:36.62			
13.	Rafael Jose Isidoro <i>FTL (Fora Tempo Limite)</i>	13	CNRM	6:01.82	5:37.63	276	1:19.43	1:26.31	1:25.40	1:26.49
	50m:	150m:	250m:				350m:			
	100m: 1:19.43	200m: 2:45.74	300m: 4:11.14				400m: 5:37.63			

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Infantis A

1. Pedro Pontes Prior	12	CIRL	4:48.68	4:42.98	469	1:08.48	1:12.92	1:12.17	1:09.41
50m:	150m:	250m:	350m:						
100m: 1:08.48	200m: 2:21.40	300m: 3:33.57	400m: 4:42.98						
2. Tomas Goncalves Rodrigues	12	SCC	4:54.56	4:43.47	467	1:09.27	1:12.92	1:13.03	1:08.25
50m:	150m:	250m:	350m:						
100m: 1:09.27	200m: 2:22.19	300m: 3:35.22	400m: 4:43.47						
3. Afonso Manuel Fernandes	12	AAC	4:49.12	4:49.50	438	1:09.55	1:14.08	1:13.39	1:12.48
50m:	150m:	250m:	350m:						
100m: 1:09.55	200m: 2:23.63	300m: 3:37.02	400m: 4:49.50						
4. Vasco Silvestre Rocha	12	SANDL	4:59.57	4:51.36	430	1:08.43	1:14.43	1:15.41	1:13.09
50m:	150m:	250m:	350m:						
100m: 1:08.43	200m: 2:22.86	300m: 3:38.27	400m: 4:51.36						
5. Martim Rocha Silva	12	SFGP	5:04.09	4:53.10	422	1:12.50	1:14.53	1:14.28	1:11.79
50m:	150m:	250m:	350m:						
100m: 1:12.50	200m: 2:27.03	300m: 3:41.31	400m: 4:53.10						
6. Sebastian Pacheco	12	SANDL	4:55.75	4:55.69	411	1:09.89	1:15.49	1:16.66	1:13.65
50m:	150m:	250m:	350m:						
100m: 1:09.89	200m: 2:25.38	300m: 3:42.04	400m: 4:55.69						
7. Rafael Alexandre Figueiredo	12	SFUAP	4:56.71	4:55.84	411	1:09.36	1:15.97	1:16.02	1:14.49
50m:	150m:	250m:	350m:						
100m: 1:09.36	200m: 2:25.33	300m: 3:41.35	400m: 4:55.84						
8. Diogo Leote Pedrosa	12	ACRZA	5:02.24	4:56.62	407	1:10.55	1:15.61	1:16.12	1:14.34
50m:	150m:	250m:	350m:						
100m: 1:10.55	200m: 2:26.16	300m: 3:42.28	400m: 4:56.62						
9. Dinis Costa Faria <i>FTL (Fora Tempo Limite)</i>	12	CNN	5:07.65	5:11.91	350	1:13.10	1:18.19	1:20.44	1:20.18
50m:	150m:	250m:	350m:						
100m: 1:13.10	200m: 2:31.29	300m: 3:51.73	400m: 5:11.91						
10. Tiago Joaquim Fernandes <i>FTL (Fora Tempo Limite)</i>	12	SANALG	4:58.68	5:13.50	345	1:10.92	1:19.11	1:22.60	1:20.87
50m:	150m:	250m:	350m:						
100m: 1:10.92	200m: 2:30.03	300m: 3:52.63	400m: 5:13.50						
11. Duarte Oliveira Diniz <i>FTL (Fora Tempo Limite)</i>	12	CFB	5:23.09	5:13.67	344	1:12.24	1:19.48	1:22.60	1:19.35
50m:	150m:	250m:	350m:						
100m: 1:12.24	200m: 2:31.72	300m: 3:54.32	400m: 5:13.67						
12. Pedro Manuel Ahmad <i>FTL (Fora Tempo Limite)</i>	12	CFB	5:41.65	5:23.64	313	1:11.57	1:22.90	1:25.05	1:24.12
50m:	150m:	250m:	350m:						
100m: 1:11.57	200m: 2:34.47	300m: 3:59.52	400m: 5:23.64						
13. Leon Konrad Dynkiewicz <i>FTL (Fora Tempo Limite)</i>	12	SAD	5:49.33	5:30.90	293	1:13.59	1:23.57	1:27.48	1:26.26
50m:	150m:	250m:	350m:						
100m: 1:13.59	200m: 2:37.16	300m: 4:04.64	400m: 5:30.90						

Juvenis B

1. Bernardo Goncalves Paulo <i>Rec Meeting</i>	11	SFUAP	4:18.08	4:18.12	618	1:00.85	1:06.06	1:07.17	1:04.04
50m:	150m:	250m:	350m:						
100m: 1:00.85	200m: 2:06.91	300m: 3:14.08	400m: 4:18.12						
2. Hugo Ferreira Silva	11	AAC	4:19.87	4:22.97	585	1:02.07	1:06.54	1:08.33	1:06.03
50m:	150m:	250m:	350m:						
100m: 1:02.07	200m: 2:08.61	300m: 3:16.94	400m: 4:22.97						

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Prova 9, Masc., 400m Livres, Juvenis B

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m	300m	400m
3.	Tiago Filipe Pato 50m: 100m: 1:04.23	11	SAD	4:40.48	4:29.11 250m: 300m: 3:24.20	546	1:04.23	1:09.97 350m: 400m: 4:29.11	1:10.00	1:04.91
4.	Martim Duarte Roque 50m: 100m: 1:02.68	11	SANDL	4:29.83	4:29.31 250m: 300m: 3:21.90	544	1:02.68	1:09.24 350m: 400m: 4:29.31	1:09.98	1:07.41
5.	Daniel Fisticanu 50m: 100m: 1:04.99	11	SANALG	4:25.73	4:31.04 250m: 300m: 3:24.96	534	1:04.99	1:10.46 350m: 400m: 4:31.04	1:09.51	1:06.08
6.	Joao Agueda Mestre 50m: 100m: 1:04.34	11	SANALG	4:39.52	4:38.51 250m: 300m: 3:28.03	492	1:04.34	1:11.61 350m: 400m: 4:38.51	1:12.08	1:10.48
7.	Joao Marcelino Rodrigues 50m: 100m: 1:07.09	11	SCP	4:37.77	4:38.94 250m: 300m: 3:28.93	490	1:07.09	1:11.08 350m: 400m: 4:38.94	1:10.76	1:10.01
8.	Isaac Salavessa Horta 50m: 100m: 1:04.99	11	SANALG	4:35.98	4:39.69 250m: 300m: 3:28.46	486	1:04.99	1:11.26 350m: 400m: 4:39.69	1:12.21	1:11.23
9.	Simao Verissimo Aires 50m: 100m: 1:05.92	11	CIRL	4:52.02	4:43.60 250m: 300m: 3:33.02	466	1:05.92	1:13.34 350m: 400m: 4:43.60	1:13.76	1:10.58
10.	Goncalo Duarte Vigarrio 50m: 100m: 1:07.44	11	CNS	5:14.13	4:44.61 250m: 300m: 3:34.01	461	1:07.44	1:12.95 350m: 400m: 4:44.61	1:13.62	1:10.60
11.	Leonardo Fonseca Ferraz 50m: 100m: 1:08.05	11	AAC	4:50.55	4:45.41 250m: 300m: 3:34.94	457	1:08.05	1:13.02 350m: 400m: 4:45.41	1:13.87	1:10.47
12.	Francisco Lalanda Correia 50m: 100m: 1:07.49	11	AEFDTV	4:57.20	4:47.33 250m: 300m: 3:35.39	448	1:07.49	1:13.60 350m: 400m: 4:47.33	1:14.30	1:11.94
13.	Henrique Jose Chainho 50m: 100m: 1:07.57	11	PDEM	4:49.46	4:47.91 250m: 300m: 3:36.51	445	1:07.57	1:14.74 350m: 400m: 4:47.91	1:14.20	1:11.40
14.	Francisco Pimentel Coelho 50m: 100m: 1:07.41	11	SLB	4:44.25	4:47.92 250m: 300m: 3:36.09	445	1:07.41	1:14.26 350m: 400m: 4:47.92	1:14.42	1:11.83
15.	Martim Miguel Santos <i>FTL (Fora Tempo Limite)</i> 50m: 100m: 1:09.10	11	CNRM	4:53.16	4:53.65 250m: 300m: 3:40.60	420	1:09.10	1:15.76 350m: 400m: 4:53.65	1:15.74	1:13.05
16.	Heliodoro Joao Sombreiro <i>FTL (Fora Tempo Limite)</i> 50m: 100m: 1:09.44	11	BUZIOS	4:59.68	5:01.57 250m: 300m: 3:45.00	388	1:09.44	1:17.14 350m: 400m: 5:01.57	1:18.42	1:16.57

Juvenis A

1.	David Filipe Pacheco 50m: 100m: 1:01.11	10	BUZIOS	4:21.94	4:20.03 250m: 300m: 3:15.86	605	1:01.11	1:06.71 350m: 400m: 4:20.03	1:08.04	1:04.17
2.	Dinis Aresta Ribeiro 50m: 100m: 1:01.55	10	SCP	4:21.79	4:20.30 250m: 300m: 3:15.58	603	1:01.55	1:06.45 350m: 400m: 4:20.30	1:07.58	1:04.72
3.	Diogo Rodrigues Sousa 50m: 100m: 1:02.05	10	SAD	4:22.40	4:21.55 250m: 300m: 3:16.97	594	1:02.05	1:07.95 350m: 400m: 4:21.55	1:06.97	1:04.58
4.	Guilherme Valente Pereira 50m: 100m: 1:03.33	10	ADRCIMM	4:23.98	4:25.51 250m: 300m: 3:15.63	568	1:03.33	1:05.23 350m: 400m: 4:25.51	1:07.07	1:09.88

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Prova 9, Masc., 400m Livres, Juvenis A

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m	300m	400m
5.	Rodrigo Ferrao Dias 50m: 100m: 1:03.04	10	SCP	4:22.24	4:27.24 250m: 300m: 3:18.66	557	1:03.04	1:06.83 350m: 400m: 4:27.24	1:08.79	1:08.58
6.	Rodrigo Cardoso Tomas 50m: 100m: 1:03.29	10	SANDL	4:26.83	4:30.21 250m: 300m: 3:21.15	539	1:03.29	1:08.19 350m: 400m: 4:30.21	1:09.67	1:09.06
7.	Martim Frederico Marques 50m: 100m: 1:03.25	10	SCP	4:32.34	4:30.87 250m: 300m: 3:21.73	535	1:03.25	1:08.72 350m: 400m: 4:30.87	1:09.76	1:09.14
8.	Tiago Frazao Barra 50m: 100m: 1:04.09	10	CNRM	4:31.46	4:31.56 250m: 300m: 3:23.70	531	1:04.09	1:09.35 350m: 400m: 4:31.56	1:10.26	1:07.86
9.	Goncalo Tapadas Marques 50m: 100m: 1:04.50	10	ADRCIMM	4:32.77	4:32.01 250m: 300m: 3:23.23	528	1:04.50	1:08.87 350m: 400m: 4:32.01	1:09.86	1:08.78
10.	Tiago Malhador Lulak 50m: 100m: 1:04.21	10	SANALG	4:29.58	4:35.99 250m: 300m: 3:24.87	506	1:04.21	1:10.05 350m: 400m: 4:35.99	1:10.61	1:11.12
11.	Tomas Rodrigues Oliveira 50m: 100m: 1:05.20	10	AEFDTV	4:38.57	4:36.11 250m: 300m: 3:27.95	505	1:05.20	1:11.14 350m: 400m: 4:36.11	1:11.61	1:08.16
12.	Guilherme Rodrigues Cabral 50m: 100m: 1:06.01	10	PIMP	4:35.62	4:36.80 250m: 300m: 3:27.59	501	1:06.01	1:10.17 350m: 400m: 4:36.80	1:11.41	1:09.21
13.	Martim Marino Brilha 50m: 100m: 1:04.78	10	CFB	4:34.93	4:38.85 250m: 300m: 3:27.11	490	1:04.78	1:10.04 350m: 400m: 4:38.85	1:12.29	1:11.74
14.	Santiago Nicolau Cabral 50m: 100m: 1:06.78	10	SANRA	4:42.64	4:44.02 250m: 300m: 3:33.68	464	1:06.78	1:13.43 350m: 400m: 4:44.02	1:13.47	1:10.34
15.	Tiago Romaneiro Janeirinho 50m: 100m: 1:06.71	10	AMINATA	4:42.64	4:44.43 250m: 300m: 3:34.34	462	1:06.71	1:13.42 350m: 400m: 4:44.43	1:14.21	1:10.09
16.	Antonio Antunes Jorge FTL (Fora Tempo Limite) 50m: 100m: 1:04.86	10	SANDL	4:24.03	4:49.93 250m: 300m: 3:34.31	436	1:04.86	1:13.53 350m: 400m: 4:49.93	1:15.92	1:15.62

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