

Prova 16
19.10.2025 - 16:29

Femin., 200m Costas

Absolutos
Resultados

Rec Regional 18 +	2:09.12	Rita Barros Frischknecht	POR	Porto	2017
Rec Regional Jun 17	2:11.46	Rafaela Gomes Azevedo	POR	Felgueiras	2018
Rec Regional Juv A	2:12.80	Petra Quintela Chaves	POR	Algés	1994
Rec Regional Juv B	2:16.30	Petra Quintela Chaves	POR		1993
Rec Regional Absoluto	2:09.12	Rita Barros Frischknecht	POR	Porto	2017
Rec Nacional Absoluto	2:04.39	Camila Rodrigues Rebelo	POR	Otopeni (ROU)	2023

Pontos: AQUA 2025

Lugar	Nome do Nadador	Ano	Clube	Tempo Final	Pts	50m	100m	150m	200m
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Juvenis

1.	Maria Francisca Moreira	10	AHBE	2:38.16	415	36.48	1:16.16	1:57.15	2:38.16
2.	Luisa Anjos Frischknecht	10	CNS	2:40.33	399	37.02	1:17.12	1:59.43	2:40.33
3.	Raquel Silva Delgadinho	11	PDEM	2:45.51	362	38.77	1:20.13	2:03.52	2:45.51
4.	Vitoria Alves Penedo	11	PDEM	2:48.87	341	40.19	1:22.98	2:07.57	2:48.87

Juniores

1.	Li Tongguer	08	SAD	2:23.89	552	34.68	1:10.55	1:47.14	2:23.89
2.	Carolina Marques Madeira	09	CNN	2:26.98	517	35.64	1:13.23	1:50.38	2:26.98
3.	Rita Gato Costa	08	SFUAP	2:50.79	330	39.21	1:23.15	2:08.29	2:50.79

Seniores

1.	Leonor Peso Parente	07	PDEM	2:26.39	524	34.14	1:10.81	1:48.53	2:26.39
2.	Teresa Joao Pires	07	SAD	2:30.02	487	35.06	1:13.08	1:52.20	2:30.02
3.	Luisa Ponte Jorge	07	PDEM	2:36.48	429	35.94	1:15.39	1:56.43	2:36.48
4.	Inga Vitorino Carvalho	06	CPCD	2:50.45	332	39.34	1:22.86	2:07.12	2:50.45

Absolutos

1.	Li Tongguer	08	SAD	2:23.89	552	34.68	1:10.55	1:47.14	2:23.89
2.	Leonor Peso Parente	07	PDEM	2:26.39	524	34.14	1:10.81	1:48.53	2:26.39
3.	Carolina Marques Madeira	09	CNN	2:26.98	517	35.64	1:13.23	1:50.38	2:26.98
4.	Teresa Joao Pires	07	SAD	2:30.02	487	35.06	1:13.08	1:52.20	2:30.02
5.	Luisa Ponte Jorge	07	PDEM	2:36.48	429	35.94	1:15.39	1:56.43	2:36.48
6.	Maria Francisca Moreira	10	AHBE	2:38.16	415	36.48	1:16.16	1:57.15	2:38.16
7.	Luisa Anjos Frischknecht	10	CNS	2:40.33	399	37.02	1:17.12	1:59.43	2:40.33
8.	Raquel Silva Delgadinho	11	PDEM	2:45.51	362	38.77	1:20.13	2:03.52	2:45.51
9.	Vitoria Alves Penedo	11	PDEM	2:48.87	341	40.19	1:22.98	2:07.57	2:48.87
10.	Inga Vitorino Carvalho	06	CPCD	2:50.45	332	39.34	1:22.86	2:07.12	2:50.45
11.	Rita Gato Costa	08	SFUAP	2:50.79	330	39.21	1:23.15	2:08.29	2:50.79