

Prova 16  
15.06.2025 - 17:29

Femin., 100m Livres

Master (Abs)  
Resultados

|                 |          |                          |         |                  |      |
|-----------------|----------|--------------------------|---------|------------------|------|
| RN Esc A(25-29) | 58.88    | Adriana Daniela Castro   | LSC     | Caldas da Rainha | 2024 |
| RN Esc B(30-34) | 58.49    | Ana Paula Grilo          | UDCA    | Funchal          | 2003 |
| RN Esc C(35-39) | 59.37    | Ana Paula Grilo          | UDCA    | Desenzano (ITA)  | 2004 |
| RN Esc D(40-44) | 1:00.63  | Susana Clara Gomes       | CNF     | Mealhada         | 2019 |
| RN Esc E(45-49) | 1:02.58  | Susana Clara Gomes       | CNF     | Funchal          | 2023 |
| RN Esc F(50-54) | 1:07.17  | Carla Santa Barbara      | FCP     | Torres Novas     | 2025 |
| RN Esc G(55-59) | 1:09.88  | Isabel Baptista Ferreira | ADRCIMM | Albufeira        | 2022 |
| RN Esc H(60-64) | 1:15.96  | Elena Alarcon Gamonal    | LAGAC   | Sines            | 2023 |
| RN Esc I(65-69) | 1:21.75  | Ana Maria Ferreira       | SAD     | Alges            | 2015 |
| RN Esc J(70-74) | 1:27.74  | Ana Maria Ferreira       | SAD     | Caldas da Rainha | 2023 |
| RN Esc K(75-79) | 1:36.29  | Luisa Bessone Basto      | SAD     | Alg s            | 2019 |
| RN Esc L(80-84) | 1:45.25  | Luisa Bessone Basto      | SAD     | Torres Novas     | 2025 |
| RN Esc M(85-89) | 59:00.00 | start                    |         |                  | 1800 |

| Lugar | Nome do Nadador | Ano | Clube | Tempo Final | Pts Mas/Pts | 50m | 100m |
|-------|-----------------|-----|-------|-------------|-------------|-----|------|
|-------|-----------------|-----|-------|-------------|-------------|-----|------|

Master A (25-29)

|    |                         |    |                   |                |        |       |       |
|----|-------------------------|----|-------------------|----------------|--------|-------|-------|
| 1. | Agnese Patricija Ozola  | 98 | Pimpoes/Cimai     | <b>1:03.27</b> | 639.00 | 30.49 | 32.78 |
| 2. | Raquel Fernandes Santos | 98 | Masters de Almada | <b>1:17.26</b> | 347.00 | 36.62 | 40.64 |

Master B (30-34)

|    |                           |    |                         |                |        |       |       |
|----|---------------------------|----|-------------------------|----------------|--------|-------|-------|
| 1. | Soraia Guerra Rolim       | 95 | Laranjeiro              | <b>1:03.57</b> | 639.00 | 30.50 | 33.07 |
| 2. | Ines Filipa Costa         | 94 | Fisica Torres Vedras    | <b>1:06.88</b> | 547.00 | 31.52 | 35.36 |
| 3. | Mariana Amendoeira Duarte | 95 | Lisboa PoolSharks       | <b>1:13.83</b> | 406.00 | 36.27 | 37.56 |
| 4. | Laura Bicho Silva         | 93 | Gin sio Clube Portugu s | <b>1:18.22</b> | 345.00 | 36.38 | 41.84 |

Master C (35-39)

|    |                       |    |                      |                |        |       |         |
|----|-----------------------|----|----------------------|----------------|--------|-------|---------|
| 1. | Diana Cristina Nunes  | 86 | Tavira NC            | <b>1:33.36</b> | 209.00 | 43.72 | 49.64   |
| 2. | Bruna Paulo Costa     | 88 | Estoris              | <b>1:49.04</b> | 127.00 | 50.95 | 58.09   |
| 3. | Angela Raquel Caetano | 90 | Fisica Torres Vedras | <b>1:59.68</b> | 96.00  | 53.62 | 1:06.06 |

Master D (40-44)

|    |                       |    |                       |                |        |       |       |
|----|-----------------------|----|-----------------------|----------------|--------|-------|-------|
| 1. | Mariana Sa Lucas      | 84 | Litoral Alentejano    | <b>1:05.21</b> | 679.00 | 31.46 | 33.75 |
| 2. | Ana Paris Leal        | 84 | Grp Amigos da Natacao | <b>1:11.66</b> | 507.00 | 34.85 | 36.81 |
| 3. | Sara Filipa Cortez    | 81 | Masters de Almada     | <b>1:18.70</b> | 386.00 | 37.22 | 41.48 |
| 4. | Tania Isabel Carreira | 85 | Ba-Leiria             | <b>1:19.46</b> | 375.00 | 37.23 | 42.23 |

Master E (45-49)

|    |                           |    |                    |                |        |       |         |
|----|---------------------------|----|--------------------|----------------|--------|-------|---------|
| 1. | Helen Anne Lynes          | 78 | Ba-Leiria          | <b>1:16.72</b> | 429.00 | 35.99 | 40.73   |
| 2. | Ana Rita Garcia           | 79 | ACSintra           | <b>1:17.15</b> | 427.00 | 36.20 | 40.95   |
| 3. | Juliana Sanches Elias     | 76 | Estoris            | <b>1:18.85</b> | 396.00 | 37.56 | 41.29   |
| 4. | Ana Maria Martins         | 79 | Sporting de Aveiro | <b>1:32.31</b> | 245.00 | 45.12 | 47.19   |
| 5. | Marisa Sofia Santos       | 80 | Aminata            | <b>1:36.37</b> | 214.00 | 47.03 | 49.34   |
| 6. | Sandrina Mota Ferreira    | 80 | Ba-Leiria          | <b>1:38.42</b> | 203.00 | 46.73 | 51.69   |
| 7. | Silvia Alexandra Lourenco | 78 | Naval de Peniche   | <b>1:56.66</b> | 122.00 | 55.64 | 1:01.02 |

Master G (55-59)

|    |                         |    |                    |                |        |       |         |
|----|-------------------------|----|--------------------|----------------|--------|-------|---------|
| 1. | Luisa Tamaki Yokochi    | 70 | Alg s              | <b>1:13.45</b> | 569.00 | 35.18 | 38.27   |
| 2. | Ana Paula Sequeira      | 68 | Sporting de Aveiro | <b>1:25.43</b> | 357.00 | 40.31 | 45.12   |
| 3. | Maria Manuela Ferreira  | 70 | Vit ria SC         | <b>1:26.06</b> | 346.00 | 41.62 | 44.44   |
| 4. | Marina Isabel Mendes    | 68 | Masters de Almada  | <b>1:30.00</b> | 305.00 | 42.90 | 47.10   |
| 5. | Violante Isabel Ribeiro | 67 | Alg s              | <b>1:54.11</b> | 144.00 | 53.32 | 1:00.79 |

Master H (60-64)

|    |                             |    |                   |                |        |       |       |
|----|-----------------------------|----|-------------------|----------------|--------|-------|-------|
| 1. | Maria Goncalves Vasconcelos | 64 | Masters de Almada | <b>1:37.51</b> | 269.00 | 45.69 | 51.82 |
|----|-----------------------------|----|-------------------|----------------|--------|-------|-------|

Resultados em [anlisboa.info/live](https://anlisboa.info/live)

Prova 16, Femin., 100m Livres

Master I (65-69)

|                        |    |       |                |        |         |         |
|------------------------|----|-------|----------------|--------|---------|---------|
| 1. Maria Lucia Barbosa | 59 | Algés | <b>2:17.50</b> | 109.00 | 1:01.51 | 1:15.99 |
|------------------------|----|-------|----------------|--------|---------|---------|

Master J (70-74)

|                       |    |         |                |        |       |       |
|-----------------------|----|---------|----------------|--------|-------|-------|
| 1. Luisa Maria Pintao | 54 | Estoris | <b>1:43.86</b> | 209.00 | 47.75 | 56.11 |
|-----------------------|----|---------|----------------|--------|-------|-------|

Master (Abs)

|                                 |    |                         |                |        |         |         |
|---------------------------------|----|-------------------------|----------------|--------|---------|---------|
| 1. Agnese Patricija Ozola       | 98 | Pimpoes/Cimai           | <b>1:03.27</b> | 639.00 | 30.49   | 32.78   |
| 2. Soraia Guerra Rolim          | 95 | Laranjeiro              | <b>1:03.57</b> | 639.00 | 30.50   | 33.07   |
| 3. Mariana Sa Lucas             | 84 | Litoral Alentejano      | <b>1:05.21</b> | 679.00 | 31.46   | 33.75   |
| 4. Ines Filipa Costa            | 94 | Fisica Torres Vedras    | <b>1:06.88</b> | 547.00 | 31.52   | 35.36   |
| 5. Ana Paris Leal               | 84 | Grp Amigos da Natacao   | <b>1:11.66</b> | 507.00 | 34.85   | 36.81   |
| 6. Luisa Tamaki Yokochi         | 70 | Algés                   | <b>1:13.45</b> | 569.00 | 35.18   | 38.27   |
| 7. Mariana Amendoeira Duarte    | 95 | Lisboa PoolSharks       | <b>1:13.83</b> | 406.00 | 36.27   | 37.56   |
| 8. Helen Anne Lynes             | 78 | Ba-Leiria               | <b>1:16.72</b> | 429.00 | 35.99   | 40.73   |
| 9. Ana Rita Garcia              | 79 | ACSintra                | <b>1:17.15</b> | 427.00 | 36.20   | 40.95   |
| 10. Raquel Fernandes Santos     | 98 | Masters de Almada       | <b>1:17.26</b> | 347.00 | 36.62   | 40.64   |
| 11. Laura Bicho Silva           | 93 | Ginásio Clube Português | <b>1:18.22</b> | 345.00 | 36.38   | 41.84   |
| 12. Sara Filipa Cortez          | 81 | Masters de Almada       | <b>1:18.70</b> | 386.00 | 37.22   | 41.48   |
| 13. Juliana Sanches Elias       | 76 | Estoris                 | <b>1:18.85</b> | 396.00 | 37.56   | 41.29   |
| 14. Tania Isabel Carreira       | 85 | Ba-Leiria               | <b>1:19.46</b> | 375.00 | 37.23   | 42.23   |
| 15. Ana Paula Sequeira          | 68 | Sporting de Aveiro      | <b>1:25.43</b> | 357.00 | 40.31   | 45.12   |
| 16. Maria Manuela Ferreira      | 70 | Vitória SC              | <b>1:26.06</b> | 346.00 | 41.62   | 44.44   |
| 17. Marina Isabel Mendes        | 68 | Masters de Almada       | <b>1:30.00</b> | 305.00 | 42.90   | 47.10   |
| 18. Ana Maria Martins           | 79 | Sporting de Aveiro      | <b>1:32.31</b> | 245.00 | 45.12   | 47.19   |
| 19. Diana Cristina Nunes        | 86 | Tavira NC               | <b>1:33.36</b> | 209.00 | 43.72   | 49.64   |
| 20. Marisa Sofia Santos         | 80 | Aminata                 | <b>1:36.37</b> | 214.00 | 47.03   | 49.34   |
| 21. Maria Goncalves Vasconcelos | 64 | Masters de Almada       | <b>1:37.51</b> | 269.00 | 45.69   | 51.82   |
| 22. Sandrina Mota Ferreira      | 80 | Ba-Leiria               | <b>1:38.42</b> | 203.00 | 46.73   | 51.69   |
| 23. Luisa Maria Pintao          | 54 | Estoris                 | <b>1:43.86</b> | 269.00 | 47.75   | 56.11   |
| 24. Bruna Paulo Costa           | 88 | Estoris                 | <b>1:49.04</b> | 127.00 | 50.95   | 58.09   |
| 25. Violante Isabel Ribeiro     | 67 | Algés                   | <b>1:54.11</b> | 144.00 | 53.32   | 1:00.79 |
| 26. Silvia Alexandra Lourenco   | 78 | Naval de Peniche        | <b>1:56.66</b> | 122.00 | 55.64   | 1:01.02 |
| 27. Angela Raquel Caetano       | 90 | Fisica Torres Vedras    | <b>1:59.68</b> | 96.00  | 53.62   | 1:06.06 |
| 28. Maria Lucia Barbosa         | 59 | Algés                   | <b>2:17.50</b> | 109.00 | 1:01.51 | 1:15.99 |