

III MEETING INTERNACIONAL MASTERS ESTORIL

COMPLEXO DESPORTIVO DA ALAPRAIA - 11 E 12 JANEIRO 2025

Prova 11	Femin., 100m Livres				Masters (Abs)
12.01.2025 - 20:38					Resultados
RN A(25-29)	58.88	Adriana Daniela Castro	LSC	Caldas da Rainha	28.01.2024
RN B(30-34)	58.49	Ana Paula Grilo	UDCA	Funchal	05.04.2003
RN C(35-39)	59.37	Ana Paula Grilo	UDCA	Desenzano (ITA)	25.01.2004
RN D(40-44)	1:00.63	Susana Clara Gomes	CNF	Mealhada	20.01.2019
RN E(45-49)	1:02.58	Susana Clara Gomes	CNF	Funchal	23.11.2023
RN F(50-54)	1:09.02	Isabel Baptista Ferreira	ADRCIMM	Algés	08.04.2017
RN G(55-59)	1:09.88	Isabel Baptista Ferreira	ADRCIMM	Albufeira	11.12.2022
RN H(60-64)	1:15.96	Elena Alarcon Gamonal	LAGAC	Sines	04.03.2023
RN I(65-69)	1:21.75	Ana Maria Ferreira	SAD	Alges	29.03.2015
RN J(70-74)	1:27.74	Ana Maria Ferreira	SAD	Caldas da Rainha	29.01.2023
RN K(75-79)	1:36.29	Luisa Bessone Basto	SAD	Algés	06.04.2019
RN L(80-84)	1:45.46	Luisa Bessone Basto	SAD	Benedita	01.12.2024
RN M(85-89)	59:00.00	start			
RN N(90-94)	59:00.00				
RN O(95-99)	59:00.00				

Pontos: DSV Masters 2024

Lugar	Ano		Tempo final	Pts	50m	100m
Master A (25-29)						
1.	97	Bruna Elisabete Paulino	1:12.32	467	34.42	37.90
2.	98	Joana Quinta Pinto	1:13.02	453	35.00	38.02
3.	98	Clara Alfaiate Parda	1:15.34	413	35.21	40.13
4.	96	Marlin Jhonetsy Rios	1:21.67	324	39.22	42.45
5.	97	Ana Sofia Araujo	1:35.50	202	46.39	49.11
Master B (30-34)						
1.	92	Alexandra Sofia Monteiro	1:07.67	612	32.47	35.20
2.	91	Ana Raquel Damasio	1:08.93	579	31.91	37.02
3.	95	Marta Filipa Vinagre	1:09.26	571	32.77	36.49
4.	94	Ines Filipa Costa	1:11.96	509	34.14	37.82
5.	92	Tiare Aguilár Bravo	1:14.54	458	33.88	40.66
6.	95	Mariana Amendoeira Duarte	1:14.85	452	36.07	38.78
7.	91	Aimee Elizabeth Millwood	1:16.75	419	35.65	41.10
8.	92	Ana Rita Lopes	1:19.47	378	38.14	41.33
9.	94	Gisela Felix Seixas	1:20.44	364	38.18	42.26
10.	93	Francisca Saraiva Martins	1:22.73	335	39.49	43.24
Master C (35-39)						
1.	90	Kirstin Lynn O'Leary	1:17.04	422	37.08	39.96
2.	86	Elisabete Botelho Franco	1:43.20	175	47.99	55.21
Master D (40-44)						
1.	85	Rita Loureiro Pinto	1:20.55	382	38.21	42.34
2.	83	Lilian Lehmann	1:20.71	380	36.58	44.13
3.	81	Sara Filipa Cortez	1:20.91	377	38.73	42.18
4.	84	Rita Vanessa Sousa	1:27.13	302	40.70	46.43
5.	81	Jocelyn Elizabeth Ferreira	1:30.10	273	41.94	48.16
6.	85	Monica Isabel Santos	1:41.82	189	45.60	56.22
Master E (45-49)						
1.	79	Ana Rita Garcia	1:16.39	475	36.33	40.06
2.	78	Helen Anne Lynes	1:22.15	382	38.55	43.60
3.	77	Susana Machete Vale	1:30.47	286	42.96	47.51
4.	80	Sara Teresa Carvalhinho	1:37.00	232	44.57	52.43
5.	76	Susana Margarida Ferreira	1:53.50	145	52.52	1:00.98



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Master F (50-54)

1.	Manuela Adams Perez	75	Lisboa PoolSharks	1:18.50	467	36.83	41.67
2.	Helena Isabel Ribeiro	74	Lagoa AC	1:28.71	323	42.16	46.55
3.	Susana Martins Alves	75	Bombeiros dos Estoris	1:32.00	290	43.84	48.16
4.	Sandra Filipa Caldeira	72	Grp Amigos da Natacao	1:33.49	276	44.54	48.95
5.	Carla Sofia Sequeira	75	Gesloures	1:47.12	183	52.15	54.97

Master G (55-59)

1.	Claudia Maria Silva	70	Palmela Desporto	1:21.36	458	39.43	41.93
2.	Patricia Reis Geraldès	68	Estoris	1:31.61	320	44.14	47.47
3.	Ana Cristina Matos	69	Alhandra SC	2:21.97	86	1:04.26	1:17.71
4.	Maria Helena Duarte	68	Estoris	2:38.04	62	1:05.49	1:32.55

Master H (60-64)

1.	Maria Madalena Caninas	63	Masters de Almada	1:34.79	370	45.61	49.18
2.	Maria Goncalves Vasconcelos	64	Masters de Almada	1:36.06	355	45.34	50.72

Master I (65-69)

1.	Ana Paula Almeida	58	Fluvial Portuense	1:49.13	275	50.49	58.64
2.	Ana Maria Caeiro	59	Grp Amigos da Natacao	1:51.96	254	53.40	58.56

Master J (70-74)

1.	Luisa Maria Pintao	54	Estoris	1:45.27	357	48.76	56.51
2.	Isaura Maria Martins	54	Bombeiros dos Estoris	2:11.57	182	1:03.41	1:08.16
3.	Maria Josefina Cruz	55	Ginásio Clube Português	2:11.88	181	1:00.17	1:11.71

Masters (Abs)

1.	Alexandra Sofia Monteiro	92	CNLeiria - VOID	1:07.67	612	32.47	35.20
2.	Ana Raquel Damasio	91	Despertarecorde	1:08.93	579	31.91	37.02
3.	Marta Filipa Vinagre	95	Lisboa PoolSharks	1:09.26	571	32.77	36.49
4.	Ines Filipa Costa	94	Fisica Torres Vedras	1:11.96	509	34.14	37.82
5.	Bruna Elisabete Paulino	97	Alcobaca	1:12.32	467	34.42	37.90
6.	Joana Quinta Pinto	98	Grp Amigos da Natacao	1:13.02	453	35.00	38.02
7.	Tiare Aguilar Bravo	92	Nacional de Nataçao	1:14.54	458	33.88	40.66
8.	Mariana Amendoeira Duarte	95	Lisboa PoolSharks	1:14.85	452	36.07	38.78
9.	Clara Alfaiate Pardal	98	Grp Amigos da Natacao	1:15.34	413	35.21	40.13
10.	Ana Rita Garcia	79	ACSintra	1:16.39	475	36.33	40.06
11.	Aimee Elizabeth Millwood	91	Nacional de Nataçao	1:16.75	419	35.65	41.10
12.	Kirstin Lynn O'Leary	90	Nacional de Nataçao	1:17.04	422	37.08	39.96
13.	Manuela Adams Perez	75	Lisboa PoolSharks	1:18.50	467	36.83	41.67
14.	Ana Rita Lopes	92	CPCD da Povia Sta Iria	1:19.47	378	38.14	41.33
15.	Gisela Felix Seixas	94	Sporting	1:20.44	364	38.18	42.26
16.	Rita Loureiro Pinto	85	Ginásio Clube Português	1:20.55	382	38.21	42.34
17.	Lilian Lehmann	83	Estoris	1:20.71	380	36.58	44.13
18.	Sara Filipa Cortez	81	Masters de Almada	1:20.91	377	38.73	42.18
19.	Claudia Maria Silva	70	Palmela Desporto	1:21.36	458	39.43	41.93
20.	Marlin Jhonetsy Rios	96	Masters de Almada	1:21.67	324	39.22	42.45
21.	Helen Anne Lynes	78	BA-Leiria	1:22.15	382	38.55	43.60
22.	Francisca Saraiva Martins	93	Bombeiros dos Estoris	1:22.73	335	39.49	43.24
23.	Rita Vanessa Sousa	84	Gesloures	1:27.13	302	40.70	46.43
24.	Helena Isabel Ribeiro	74	Lagoa AC	1:28.71	323	42.16	46.55
25.	Jocelyn Elizabeth Ferreira	81	Lagoa AC	1:30.10	273	41.94	48.16
26.	Susana Machete Vale	77	AONDA-Azeitão	1:30.47	286	42.96	47.51



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28.	Susana Martins Alves	75 Bombeiros dos Estoris	1:32.00	290	43.84	48.16
29.	Sandra Filipa Caldeira	72 Grp Amigos da Natacao	1:33.49	276	44.54	48.95
30.	Maria Madalena Caninas	63 Masters de Almada	1:34.79	370	45.61	49.18
31.	Ana Sofia Araujo	97 Grp Amigos da Natacao	1:35.50	202	46.39	49.11
32.	Maria Goncalves Vasconcelos	64 Masters de Almada	1:36.06	355	45.34	50.72
33.	Sara Teresa Carvalhinho	80 Algés	1:37.00	232	44.57	52.43
34.	Monica Isabel Santos	85 Penafiel	1:41.82	189	45.60	56.22
35.	Elisabete Botelho Franco	86 Gesloures	1:43.20	175	47.99	55.21
36.	Luisa Maria Pintao	54 Estoris	1:45.27	357	48.76	56.51
37.	Carla Sofia Sequeira	75 Gesloures	1:47.12	183	52.15	54.97
38.	Ana Paula Almeida	58 Fluvial Portuense	1:49.13	275	50.49	58.64
39.	Ana Maria Caeiro	59 Grp Amigos da Natacao	1:51.96	254	53.40	58.56
40.	Susana Margarida Ferreira	76 Alhandra SC	1:53.50	145	52.52	1:00.98
41.	Isaura Maria Martins	54 Bombeiros dos Estoris	2:11.57	182	1:03.41	1:08.16
42.	Maria Josefina Cruz	55 Ginásio Clube Português	2:11.88	181	1:00.17	1:11.71
43.	Ana Cristina Matos	69 Alhandra SC	2:21.97	86	1:04.26	1:17.71
44.	Maria Helena Duarte	68 Estoris	2:38.04	62	1:05.49	1:32.55

