

Prova 14

Femin., 400m Estilos

Absolutos

08.03.2025 - 15:57

Startlist

Rec Nacional Absoluto	4:40.11	Victoria Kaminskaya	ESJB	Pontevedra (ESP)	2017
Rec Regional Absoluto	4:40.11	Victoria Kaminskaya	ESJB	Pontevedra (ESP)	2017
Rec Regional 18 +	4:40.11	Victoria Kaminskaya	ESJB	Pontevedra (ESP)	2017
Rec Regional Jun 17	4:55.04	Francisca Salvador Mesquita	ADRCIMM	Coimbra	2019
Rec Regional Jun 16	4:58.87	Susana Patricia Miguel	SFUAP	Palma de Mallorca (ESP)	2006
Rec Regional Juv A	5:01.32	Francisca Salvador Mesquita	ADRCIMM	Coimbra	2017
Rec Regional Juv B	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	2004

TAC - Fem Juv B: 6:05.67; Juv A: 5:55.02; Jun17-18: 5:44.62; Jun 16: 5:48.06; Sen 19: 5:41.54; Sen 20+: 5:38.13

Pista	Nadador	Ano	Categ.	N�Lic.	Clube	Tempo Inscr.
S�rie 1 de 3, 15:57						
1	Beatriz Ferreira Batista	09	Jun	205653	CPCD - P�voa Sta Iria	5:30.21
2	Leonor Carreiro Rodrigues	07	Jun	205129	Benfica	5:23.60
3	Carolina Pereira Viana	04	Sen	129199	Sporting	5:17.73
4	Matilde Nunes Lopes	06	Sen	201711	Benfica	5:07.85
5	Alice Jesus Morgado	04	Sen	131016	Sporting	5:14.18
6	Laura Maria Cruz	07	Jun	203984	Colegio Int Monte Maior	5:23.34
7	Leonor Peso Parente	07	Jun	208092	Palmela Desporto	5:25.86
8	Rita Braga Gomes	10	Juv A	213921	Alg�s	5:32.44

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2	Carolina Martins Camacho	06	Sen	202646	Benfica	5:41.54
3	Margarida Ferreira Moura	11	Juv B	214313	Sporting	5:40.37
4	Sara Sofia Alves	07	Jun	202517	Palmela Desporto	5:33.89
5	Carolina Escrevente Guerra	10	Juv A	212746	Alg�s	5:37.70
6	Varvara Hurynovich	11	Juv B	222740	Alg�s	5:41.29
7	Ana Filipa Serra	11	Juv B	211617	Colegio Int Monte Maior	5:42.89

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3	Ines Freitas Abrantes	11	Juv B	216508	Colegio Int Monte Maior	5:52.94
4	Rita Canas Brito	10	Juv A	210978	Naval Setubalense	5:43.61
5	Luisa Anjos Frischknecht	10	Juv A	210973	Naval Setubalense	5:45.22