

Prova 19
08.03.2025

Masc., 200m Costas

Absolutos
Resultados

Rec Nacional Absoluto	1:57.06	Francisco Rogerio Santos	SCP	Porto	2021
Rec Regional Absoluto	1:57.06	Francisco Rogerio Santos	SCP	Porto	2021
Rec Regional Sen	1:57.06	Francisco Rogerio Santos	SCP	Porto	2021
Rec Regional Jun A	2:03.55	Joao Alexandre Vital	SCP	Coimbra	2015
Rec Regional Jun B	2:03.93	Joao Alexandre Vital	ADRCIMM	Singapore	2015
Rec Regional Juv A	2:06.59	Joao Alexandre Vital	ADRCIMM	Netanya (ISR)	2014
Rec Regional Juv B	2:06.44	Joao Alexandre Vital	FPN	Utrecht (NED)	2013

TAC - Masc Juv B: 2:33.81; Juv A: 2:29.33; Jun B: 2:26.40; Jun A: 2:24.95; Sen 19: 2:23.66; Sen 20+: 2:22.22

Pontos: AQUA 2025

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m
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Juvenis B

1.	Joao Baixinho Roxo <i>Campe�o Regional Juvenis B</i>	10	Un�o Piedense	2:14.87	2:18.94	522	1:08.47	1:10.47
2.	Renato Ferreira Mimoso	10	Benfica	2:18.53	2:23.06	478	1:08.94	1:14.12
3.	Tomas Rodrigues Oliveira	10	Fisica Torres Vedras	2:23.48	2:25.96	450	1:09.67	1:16.29
4.	Afonso Velada Pereira	10	Sporting	2:31.75	2:31.04	406	1:13.55	1:17.49
5.	Diogo Rodrigues Sousa	10	Alg�s	2:24.83	2:31.12	406	1:13.55	1:17.57
6.	Henrique Matos Sebroza	10	Geslours	2:30.10	2:31.69	401	1:13.75	1:17.94
7.	Afonso Manuel Gomes <i>FTL (Fora Tempo Limite)</i>	10	Sporting	2:27.86	2:34.36	381	1:15.03	1:19.33

Juvenis A

1.	Diogo Didario Alfano <i>Campe�o Regional Juvenis A</i>	09	Fisica Torres Vedras	2:29.33	2:20.50	505	1:09.43	1:11.07
2.	Rui Melo Pereira	09	Benfica	2:20.41	2:24.05	469	1:10.12	1:13.93
3.	Bernardo Miguel Oliveira	09	Nacional de Nata��o	2:26.28	2:25.49	455	1:08.66	1:16.83
4.	Angelo Carvalho Interlandi	09	Alg�s	2:22.92	2:26.72	443	1:09.79	1:16.93
5.	Lourenco Marques Sebastiao <i>FTL (Fora Tempo Limite)</i>	09	Laranjeiro	2:27.95	2:30.37	412	1:12.16	1:18.21
6.	Guilherme Oliveira Rizzon <i>FTL (Fora Tempo Limite)</i>	09	Sporting	2:29.33	2:34.66	378	1:15.44	1:19.22

Juniores

1.	Lourenco Lopes Silva <i>Campe�o Regional Juniores</i>	07	Un�o Piedense	2:09.28	2:15.85	559	1:05.49	1:10.36
2.	Gabriel Martins Tusan	07	CPCD - P�voa Sta Iria	2:19.66	2:21.79	491	1:09.45	1:12.34
3.	Jose Pedro Salvadinho <i>FTL (Fora Tempo Limite)</i>	08	Nacional de Nata��o	2:30.15	2:35.22	374	1:15.25	1:19.97

DNS Afonso Bjork Freitas 07 Nacional de Nata  o 2:03.56

Seniores

1.	Diogo Santos Costa <i>Campe�o Regional Seniores</i>	02	Benfica	2:03.56	2:13.41	590	1:04.14	1:09.27
2.	Yury Fomin	06	Benfica	2:12.64	2:14.56	575	1:05.15	1:09.41
3.	Henrique Gomes Silva	02	Benfica	2:13.14	2:15.56	562	1:06.87	1:08.69
4.	Kaio Araujo Faftine	06	Sporting	2:10.14	2:18.07	532	1:06.83	1:11.24
5.	Ricardo Freitas Neto	06	Sporting	2:17.40	2:18.83	523	1:07.61	1:11.22
6.	Caio Chaby Lobo	05	Benfica	2:22.22	2:22.05	489	1:08.62	1:13.43

Prova 19, Masc., 200m Costas, Seniores

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m
7.	Miguel Duarte Cruz <i>FTL (Fora Tempo Limite)</i>	99	Os Belenenses	2:24.89	2:30.23	413	1:13.75	1:16.48
8.	Ricardo Andrade Belezas <i>FTL (Fora Tempo Limite)</i>	91	Os Belenenses	2:22.22	2:48.90	290	1:22.07	1:26.83

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9.	Gabriel Martins Tusan	07	CPCD - Póvoa Sta Iria	2:19.66	2:21.79	491	1:09.45	1:12.34
10.	Caio Chaby Lobo	05	Benfica	2:22.22	2:22.05	489	1:08.62	1:13.43
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DNS	Afonso Bjork Freitas	07	Nacional de Natação	2:03.56				