

Prova 16
08.03.2025

Femin., 200m Livres

Absolutos
Resultados

Rec Nacional Absoluto	1:58.55	Francisca Soares Martins	FOCA	Canet-En-Roussillon (FRA)	2023
Rec Regional Absoluto	2:01.48	Diana Margarida Duraes	SLB	Budapest (HUN)	2017
Rec Regional 18 +	2:01.48	Diana Margarida Duraes	SLB	Budapest (HUN)	2017
Rec Regional Jun 17	2:03.18	Ana Reis Sousa	SAD	Coimbra	2019
Rec Regional Jun 16	2:03.02	Leticia Maia Andre	SLB	Oeiras	2018
Rec Regional Juv A	2:06.08	Maria Ferreira Moura	SCP	Funchal	2019
Rec Regional Juv B	2:07.77	Maria Ferreira Moura	SCP	Funchal	2018

TAC - Fem Juv B: 2:32.99; Juv A: 2:28.53; Jun17-18: 2:24.18; Jun 16: 2:25.62; Sen 19: 2:22.89; Sen 20+: 2:21.46

Pontos: AQUA 2025

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m
Juvenis B								
1.	Margarida Almeida Ferreira <i>Campeão Regional Juvenis B</i>	11	Sporting	2:20.71	2:17.43	544	1:07.48	1:09.95
2.	Maria Rendeiro Correia	11	Algés	2:25.16	2:21.54	498	1:08.69	1:12.85
3.	Lara Nobre Semiao	11	Salesianos	2:27.57	2:22.37	489	1:09.47	1:12.90
4.	Carmo Rosa Madeira	11	Laranjeiro	2:28.41	2:22.70	486	1:08.62	1:14.08
5.	Ana Mao de Ferro	11	Sporting	2:26.16	2:23.49	478	1:09.62	1:13.87
6.	Francisca Cunha Monteiro	11	Benfica	2:24.94	2:23.98	473	1:09.35	1:14.63
7.	Francisca Meneses Goncalves	11	Benfica	2:22.07	2:24.81	465	1:09.20	1:15.61
8.	Maria Madalena Lucas	11	Nacional de Natação	2:27.39	2:26.69	447	1:11.30	1:15.39
9.	Rafaela Marreiros Oliveira	11	Palmela Desporto	2:26.67	2:27.93	436	1:10.02	1:17.91
10.	Madalena Correia Gomes	11	Colegio Int Monte Maior	2:32.08	2:28.31	433	1:10.10	1:18.21
11.	Raquel Silva Delgadinho	11	Palmela Desporto	2:28.14	2:28.69	430	1:11.24	1:17.45
12.	Alice Martins Paiva	11	Palmela Desporto	2:33.57	2:31.10	409	1:11.79	1:19.31
13.	Madalena Ferreira Baldo	11	Colegio Int Monte Maior	2:30.13	2:31.71	404	1:12.00	1:19.71
14.	Cloe Sempere	11	Despertarecorde	2:32.38	2:32.63	397	1:12.87	1:19.76
15.	Natalia Landa Paredes <i>FTL (Fora Tempo Limite)</i>	11	Salesianos	2:35.36	2:33.15	393	1:13.71	1:19.44

Juvenis A

1.	Beatriz Paiva Branco <i>Campeão Regional Juvenis A</i>	10	Laranjeiro	2:21.82	2:19.23	523	1:07.38	1:11.85
2.	Victoria Sales Proenca	10	Benfica	2:20.27	2:19.63	519	1:06.60	1:13.03
3.	Carolina Sofia Martins	10	Naval Setubalense	2:24.41	2:19.90	516	1:07.59	1:12.31
4.	Beatriz Costa Diniz	10	Sporting	2:22.76	2:23.04	483	1:09.09	1:13.95
5.	Maria Madalena Fernandes	10	Algés	2:24.22	2:23.27	480	1:09.74	1:13.53
6.	Bruna Sofia Simoes	10	Sporting	2:22.20	2:25.28	461	1:09.29	1:15.99
7.	Jessica Bernardino Lopes	10	Fisica Torres Vedras	2:24.16	2:25.50	458	1:08.50	1:17.00
8.	Maria Ines Fryxell	10	AONDA - Azeitão	2:24.01	2:26.49	449	1:09.60	1:16.89
9.	Madalena Pereira Arede <i>FTL (Fora Tempo Limite)</i>	10	Sporting	2:29.34	2:28.76	429	1:11.79	1:16.97
10.	Joana Alexandra Silva <i>FTL (Fora Tempo Limite)</i>	10	CPCD - Póvoa Sta Iria	2:21.22	2:31.01	410	1:09.59	1:21.42
11.	Mariana Varela Costa <i>FTL (Fora Tempo Limite)</i>	10	Sporting	2:25.96	2:31.94	403	1:12.37	1:19.57
12.	Monica Bexiga Brehm <i>FTL (Fora Tempo Limite)</i>	10	Oriental de Lisboa	2:32.33	2:33.23	392	1:11.77	1:21.46
DNS	Ana Nabais Mendes	10	Laranjeiro	2:19.88				

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Juniores

1.	Li Tongguoer	08	Benfica	2:30.00	2:08.45	666	1:00.91	1:07.54
	<i>Campeão Regional Juniores</i>							
2.	Carlota Costa Boleixa	08	Benfica	2:10.45	2:11.81	617	1:02.42	1:09.39
3.	Ana Beatriz Pires	08	Benfica	2:13.18	2:13.46	594	1:04.96	1:08.50
4.	Leonor Carvalho Oliveira	07	Naval Setubalense	2:13.57	2:13.80	590	1:04.65	1:09.15
5.	Sofia Monteiro Uva	09	Algés	2:15.16	2:16.13	560	1:05.28	1:10.85
6.	Luisa Ponte Jorge	07	União Piedense	2:13.03	2:16.44	556	1:05.08	1:11.36
7.	Marcia Guerreiro Castilho	09	Laranjeiro	2:17.85	2:16.91	550	1:05.84	1:11.07
8.	Catarina Maria Lopes	08	Benfica	2:13.92	2:16.95	550	1:05.69	1:11.26
9.	Beatriz Alexandra Rolim	08	Palmela Desporto	2:18.80	2:17.16	547	1:06.78	1:10.38
10.	Beatriz Silva Jordao	09	Os Belenenses	2:18.21	2:18.16	536	1:06.93	1:11.23
11.	Matilde Lopes Fialho	09	Palmela Desporto	2:19.22	2:18.56	531	1:07.39	1:11.17
12.	Madalena Azevedo Messias	09	Sporting	2:18.88	2:19.91	516	1:08.32	1:11.59
13.	Alice Lucas Pedro	09	Algés	2:20.03	2:21.30	501	1:08.85	1:12.45
14.	Beatriz Heitor Cachaco	07	Geslours	2:19.04	2:21.73	496	1:07.95	1:13.78
15.	Margarida Santos Botelho	07	Naval Setubalense	2:17.71	2:22.54	488	1:06.87	1:15.67
16.	Maria Luisa Dinis	09	Algés	2:19.47	2:22.57	487	1:07.14	1:15.43
17.	Raquel Sofia Bras	09	Os Belenenses	2:25.77	2:22.82	485	1:08.49	1:14.33
18.	Ines Maria Lanca	09	Benfica	2:18.78	2:22.84	485	1:06.86	1:15.98
19.	Joana Melo Gaspar	09	Nacional de Natação	2:19.05	2:23.67	476	1:08.49	1:15.18

Seniores

1.	Ema Jeronimo Conceicao	03	Benfica	2:02.18	2:04.40	734	1:00.75	1:03.65
	<i>Campeão Regional Seniores</i>							
2.	Luana Correia Rodrigues	01	Os Belenenses	2:13.77	2:12.97	601	1:04.56	1:08.41
3.	Iris Pereira Carrao	05	União Piedense	2:12.39	2:13.22	597	1:05.40	1:07.82
4.	Maria Ornelas Armas	98	Colegio Int Monte Maior	2:11.92	2:13.99	587	1:05.17	1:08.82
5.	Ana Rita Matos	02	Os Belenenses	2:20.43	2:15.53	567	1:05.35	1:10.18
6.	Maria Madalena Bento	05	Algés	2:15.58	2:15.89	563	1:06.27	1:09.62
7.	Maria Lopes de Freitas	97	Benfica	2:10.95	2:16.07	561	1:05.27	1:10.80
8.	Bruna Martins Riesenberger	97	Laranjeiro	2:11.63	2:16.13	560	1:06.50	1:09.63
9.	Beatriz Paulo Ranito	99	Geslours	2:14.58	2:16.22	559	1:05.34	1:10.88
10.	Luana Cardoso Magalhaes	06	Algés	2:23.30	2:17.01	549	1:05.59	1:11.42
11.	Maria Jardim Fidalgo	04	Os Belenenses	2:11.36	2:18.78	528	1:05.66	1:13.12
12.	Mariana Marques Mercedes	03	Individual ANL	2:24.28	2:20.19	513	1:07.80	1:12.39

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18.	Luana Cardoso Magalhaes	06	Algés	2:23.30	2:17.01	549	1:05.59	1:11.42
19.	Beatriz Alexandra Rolim	08	Palmela Desporto	2:18.80	2:17.16	547	1:06.78	1:10.38

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35.	Carmo Rosa Madeira	11	Laranjeiro	2:28.41	2:22.70	486	1:08.62	1:14.08
36.	Raquel Sofia Bras	09	Os Belenenses	2:25.77	2:22.82	485	1:08.49	1:14.33
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47.	Maria Madalena Lucas	11	Nacional de Natação	2:27.39	2:26.69	447	1:11.30	1:15.39
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54.	Madalena Ferreira Baldo	11	Colegio Int Monte Maior	2:30.13	2:31.71	404	1:12.00	1:19.71
55.	Mariana Varela Costa FTL (Fora Tempo Limite)	10	Sporting	2:25.96	2:31.94	403	1:12.37	1:19.57
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