

Prova 15
08.03.2025

Masc., 200m Livres

Absolutos
Resultados

Rec Nacional Absoluto	1:47.97	Miguel Duarte Nascimento	SLB	Coimbra	2019
Rec Regional Absoluto	1:47.97	Miguel Duarte Nascimento	SLB	Coimbra	2019
Rec Regional Sen	1:47.97	Miguel Duarte Nascimento	SLB	Coimbra	2019
Rec Regional Jun A	1:49.98	Tiago Andr� Ven�ncio	CNS	Budapest (HUN)	2007
Rec Regional Jun B	1:53.79	Tiago Andre Venancio	CNS	Lisboa	2004
Rec Regional Juv A	1:55.57	Andre Filipe Farinha	SLB	Torre Vieja (ESP)	2012
Rec Regional Juv B	1:57.31	Bernardo Jorge Simoes	CNCVG	Funchal	2019

TAC - Masc Juv B: 2:15.90; Juv A: 2:11.94; Jun B: 2:09.36; Jun A: 2:08.08; Sen 19: 2:06.93; Sen 20+: 2:05.66

Pontos: AQUA 2025

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m
-------	-----------------	-----	-------	----------	-------------	-----	------	------

Juvenis B

1.	Antonio Carimbo Godinho <i>Campe�o Regional Juvenis B</i>	10	Fisica Torres Vedras	2:03.75	2:05.17	541	1:01.14	1:04.03
2.	Joao Baixinho Roxo	10	Uni�o Piedense	2:05.14	2:06.05	529	1:01.94	1:04.11
3.	Martim Marino Brilha	10	Os Belenenses	2:10.39	2:07.24	515	1:01.06	1:06.18
4.	Goncalo Tapadas Marques	10	Colegio Int Monte Maior	2:11.58	2:08.80	496	1:01.68	1:07.12
5.	Manuel Maria Santos	10	Colegio Int Monte Maior	2:15.03	2:11.21	469	1:04.74	1:06.47
6.	Andre Huang	10	Geslours	2:13.70	2:13.49	446	1:04.21	1:09.28
7.	Guilherme Costa Alves	10	Sporting	2:19.68	2:15.09	430	1:04.82	1:10.27
8.	Afonso Manuel Gomes <i>FTL (Fora Tempo Limite)</i>	10	Sporting	2:14.21	2:16.34	418	1:06.34	1:10.00
9.	Joao Alves Mendes <i>FTL (Fora Tempo Limite)</i>	10	Benfica	2:37.71	2:27.59	330	1:09.11	1:18.48

Juvenis A

1.	Tomas Augusto Reis <i>Campe�o Regional Juvenis A</i>	09	Os Belenenses	2:02.10	2:02.17	581	1:00.19	1:01.98
2.	Xavier Rosa Madeira	09	Laranjeiro	2:01.23	2:03.27	566	1:00.28	1:02.99
3.	Paulo Junio Fernandes	09	Alg�s	2:04.83	2:04.06	555	1:00.55	1:03.51
4.	Martim Chambel Pinto	09	Colegio Int Monte Maior	2:07.76	2:04.49	550	1:00.28	1:04.21
5.	Jesus Alberto Mejias	09	Os Belenenses	2:09.53	2:06.66	522	1:00.17	1:06.49
6.	Bernardo Afonso Guedelha	09	Benfica	2:03.49	2:07.13	516	1:02.29	1:04.84
	Vasco Alexandre Martins	09	Colegio Int Monte Maior	2:08.89	2:07.13	516	1:01.31	1:05.82
8.	Andre Raposo Pinheiro	09	Sporting	2:06.93	2:08.28	502	1:00.76	1:07.52
9.	Pedro Guedes Caldas	09	Benfica	2:07.23	2:09.06	493	1:00.88	1:08.18
10.	Dinis Guerreiro Monteiro	09	Os Belenenses	2:09.23	2:10.87	473	1:03.09	1:07.78
11.	Afonso Miguel Amaro <i>FTL (Fora Tempo Limite)</i>	09	Os Belenenses	2:08.62	2:12.23	458	1:03.42	1:08.81
12.	Tiago Rafael Ferreira <i>FTL (Fora Tempo Limite)</i>	09	Sporting	2:10.76	2:13.01	450	1:03.22	1:09.79
13.	Afonso Santos Carromeu <i>FTL (Fora Tempo Limite)</i>	09	Naval Setubalense	2:12.89	2:13.87	442	1:03.69	1:10.18
14.	Duarte Afonso Leite <i>FTL (Fora Tempo Limite)</i>	09	Laranjeiro	2:14.82	2:14.86	432	1:05.73	1:09.13

Prova 15, Masc., 200m Livres

Juniores

1.	Duarte Ramos Nunes	07	Benfica	1:56.50	1:59.42	623	58.08	1:01.34
	<i>Campe�o Regional Juniores</i>							
2.	Vasco Frischknecht Oliveira	08	Benfica	2:00.41	2:00.99	599	57.05	1:03.94
3.	Afonso Gago Garcia	08	Benfica	1:57.82	2:01.60	590	59.81	1:01.79
4.	Jose Guilherme Lopes	07	CPCD - P�voa Sta Iria	2:03.58	2:04.96	543	1:00.87	1:04.09
5.	Afonso Mendonca Ornelas	08	Geslours	2:02.96	2:05.08	542	1:01.32	1:03.76
6.	Joao Filipe Prazeres	08	Geslours	2:05.89	2:05.10	542	1:00.27	1:04.83
7.	Pedro Caiada Rodrigues	08	Benfica	2:00.27	2:05.78	533	59.82	1:05.96
8.	Alexandre Frederico Braz	08	Alg�s	2:04.70	2:08.48	500	1:01.96	1:06.52
9.	Miguel Braga Gomes	07	Alg�s	2:00.99	2:09.49	488	59.87	1:09.62
	<i>FTL (Fora Tempo Limite)</i>							
10.	Tomas Martim Moreno	08	Despertarecorde	2:12.89	2:12.46	456	1:02.96	1:09.50
	<i>FTL (Fora Tempo Limite)</i>							
11.	Francisco Manuel Bexiga	08	Os Belenenses	2:16.77	2:14.60	435	1:05.08	1:09.52
	<i>FTL (Fora Tempo Limite)</i>							

Seniores

1.	Gabriel Carvalho Ferrao	05	Benfica	1:52.57	1:54.67	703	57.01	57.66
	<i>Campe�o Regional Seniores</i>							
2.	Tomas Maia Januario	06	Benfica	1:51.87	1:55.70	685	56.29	59.41
3.	Diogo Santos Costa	02	Benfica	1:51.96	1:56.26	675	55.87	1:00.39
4.	Bernardo Victorino Almeida	04	Benfica	1:51.47	1:56.37	673	56.84	59.53
5.	Bernardo Jorge Simoes	04	Os Belenenses	1:53.69	1:57.75	650	56.30	1:01.45
6.	Joao Almeida Gomes	06	Nacional de Nata��o	2:00.16	2:00.87	600	58.65	1:02.22
7.	Henrique Gomes Silva	02	Benfica	1:59.17	2:01.38	593	58.64	1:02.74
8.	Pedro Crispim Jorge	06	Un�o Piedense	1:59.26	2:01.86	586	59.39	1:02.47
9.	Andre Henriques Marques	05	Benfica	2:00.61	2:01.90	585	58.04	1:03.86
10.	Luis Pedro Figueiredo	06	Geslours	2:02.05	2:02.37	579	58.55	1:03.82
11.	Andre Correia Alves	06	Benfica	2:01.23	2:03.54	562	1:00.22	1:03.32
12.	Andre Azevedo Baraona	04	Palmela Desporto	2:02.23	2:03.55	562	1:00.26	1:03.29
13.	David Alexandre Fernandes	06	Nacional de Nata��o	2:03.23	2:04.17	554	59.90	1:04.27
14.	Rodrigo Beja Lopes	03	Palmela Desporto	1:59.19	2:05.26	539	1:00.18	1:05.08
15.	Goncalo Moraes Gordo	02	Colegio Int Monte Maior	1:59.85	2:05.28	539	1:00.10	1:05.18
16.	Rodrigo Onofre Matos	06	Os Belenenses	2:07.21	2:05.36	538	1:00.27	1:05.09
17.	Rafael Rodrigues Jacinto	02	Os Belenenses	2:01.74	2:06.22	527	1:00.74	1:05.48
	<i>FTL (Fora Tempo Limite)</i>							
18.	Diogo Morgado Figueira	06	CPCD - P�voa Sta Iria	2:04.61	2:06.64	522	1:00.61	1:06.03
19.	Tiago Correia Neves	97	Os Belenenses	2:10.05	2:13.40	447	1:03.54	1:09.86
	<i>FTL (Fora Tempo Limite)</i>							
20.	Rodrigo Martins Bras	05	Os Belenenses	2:05.63	2:16.84	414	1:04.94	1:11.90
	<i>FTL (Fora Tempo Limite)</i>							

Absolutos

1.	Gabriel Carvalho Ferrao	05	Benfica	1:52.57	1:54.67	703	57.01	57.66
2.	Tomas Maia Januario	06	Benfica	1:51.87	1:55.70	685	56.29	59.41
3.	Diogo Santos Costa	02	Benfica	1:51.96	1:56.26	675	55.87	1:00.39
4.	Bernardo Victorino Almeida	04	Benfica	1:51.47	1:56.37	673	56.84	59.53
5.	Bernardo Jorge Simoes	04	Os Belenenses	1:53.69	1:57.75	650	56.30	1:01.45
6.	Duarte Ramos Nunes	07	Benfica	1:56.50	1:59.42	623	58.08	1:01.34
7.	Joao Almeida Gomes	06	Nacional de Nata��o	2:00.16	2:00.87	600	58.65	1:02.22
8.	Vasco Frischknecht Oliveira	08	Benfica	2:00.41	2:00.99	599	57.05	1:03.94
9.	Henrique Gomes Silva	02	Benfica	1:59.17	2:01.38	593	58.64	1:02.74

Prova 15, Masc., 200m Livres, Absolutos

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m
10.	Afonso Gago Garcia	08	Benfica	1:57.82	2:01.60	590	59.81	1:01.79
11.	Pedro Crispim Jorge	06	União Piedense	1:59.26	2:01.86	586	59.39	1:02.47
12.	Andre Henriques Marques	05	Benfica	2:00.61	2:01.90	585	58.04	1:03.86
13.	Tomas Augusto Reis	09	Os Belenenses	2:02.10	2:02.17	581	1:00.19	1:01.98
14.	Luis Pedro Figueiredo	06	Geslours	2:02.05	2:02.37	579	58.55	1:03.82
15.	Xavier Rosa Madeira	09	Laranjeiro	2:01.23	2:03.27	566	1:00.28	1:02.99
16.	Andre Correia Alves	06	Benfica	2:01.23	2:03.54	562	1:00.22	1:03.32
17.	Andre Azevedo Baraona	04	Palmela Desporto	2:02.23	2:03.55	562	1:00.26	1:03.29
18.	Paulo Junio Fernandes	09	Alg�s	2:04.83	2:04.06	555	1:00.55	1:03.51
19.	David Alexandre Fernandes	06	Nacional de Nata��o	2:03.23	2:04.17	554	59.90	1:04.27
20.	Martim Chambel Pinto	09	Colegio Int Monte Maior	2:07.76	2:04.49	550	1:00.28	1:04.21
21.	Jose Guilherme Lopes	07	CPCD - P�voa Sta Iria	2:03.58	2:04.96	543	1:00.87	1:04.09
22.	Afonso Mendonca Ornelas	08	Geslours	2:02.96	2:05.08	542	1:01.32	1:03.76
23.	Joao Filipe Prazeres	08	Geslours	2:05.89	2:05.10	542	1:00.27	1:04.83
24.	Antonio Carimbo Godinho	10	Fisica Torres Vedras	2:03.75	2:05.17	541	1:01.14	1:04.03
25.	Rodrigo Beja Lopes	03	Palmela Desporto	1:59.19	2:05.26	539	1:00.18	1:05.08
26.	Goncalo Moraes Gordo	02	Colegio Int Monte Maior	1:59.85	2:05.28	539	1:00.10	1:05.18
27.	Rodrigo Onofre Matos	06	Os Belenenses	2:07.21	2:05.36	538	1:00.27	1:05.09
28.	Pedro Caiada Rodrigues	08	Benfica	2:00.27	2:05.78	533	59.82	1:05.96
29.	Joao Baixinho Roxo	10	União Piedense	2:05.14	2:06.05	529	1:01.94	1:04.11
30.	Rafael Rodrigues Jacinto FTL (Fora Tempo Limite)	02	Os Belenenses	2:01.74	2:06.22	527	1:00.74	1:05.48
31.	Diogo Morgado Figueira	06	CPCD - P�voa Sta Iria	2:04.61	2:06.64	522	1:00.61	1:06.03
32.	Jesus Alberto Mejias	09	Os Belenenses	2:09.53	2:06.66	522	1:00.17	1:06.49
33.	Bernardo Afonso Guedelha	09	Benfica	2:03.49	2:07.13	516	1:02.29	1:04.84
	Vasco Alexandre Martins	09	Colegio Int Monte Maior	2:08.89	2:07.13	516	1:01.31	1:05.82
35.	Martim Marino Brilha	10	Os Belenenses	2:10.39	2:07.24	515	1:01.06	1:06.18
36.	Andre Raposo Pinheiro	09	Sporting	2:06.93	2:08.28	502	1:00.76	1:07.52
37.	Alexandre Frederico Braz	08	Alg�s	2:04.70	2:08.48	500	1:01.96	1:06.52
38.	Goncalo Tapadas Marques	10	Colegio Int Monte Maior	2:11.58	2:08.80	496	1:01.68	1:07.12
39.	Pedro Guedes Caldas	09	Benfica	2:07.23	2:09.06	493	1:00.88	1:08.18
40.	Miguel Braga Gomes FTL (Fora Tempo Limite)	07	Alg�s	2:00.99	2:09.49	488	59.87	1:09.62
41.	Dinis Guerreiro Monteiro	09	Os Belenenses	2:09.23	2:10.87	473	1:03.09	1:07.78
42.	Manuel Maria Santos	10	Colegio Int Monte Maior	2:15.03	2:11.21	469	1:04.74	1:06.47
43.	Afonso Miguel Amaro FTL (Fora Tempo Limite)	09	Os Belenenses	2:08.62	2:12.23	458	1:03.42	1:08.81
44.	Tomas Martim Moreno FTL (Fora Tempo Limite)	08	Despertarecorde	2:12.89	2:12.46	456	1:02.96	1:09.50
45.	Tiago Rafael Ferreira FTL (Fora Tempo Limite)	09	Sporting	2:10.76	2:13.01	450	1:03.22	1:09.79
46.	Tiago Correia Neves FTL (Fora Tempo Limite)	97	Os Belenenses	2:10.05	2:13.40	447	1:03.54	1:09.86
47.	Andre Huang	10	Geslours	2:13.70	2:13.49	446	1:04.21	1:09.28
48.	Afonso Santos Carromeu FTL (Fora Tempo Limite)	09	Naval Setubalense	2:12.89	2:13.87	442	1:03.69	1:10.18
49.	Francisco Manuel Bexiga FTL (Fora Tempo Limite)	08	Os Belenenses	2:16.77	2:14.60	435	1:05.08	1:09.52
50.	Duarte Afonso Leite FTL (Fora Tempo Limite)	09	Laranjeiro	2:14.82	2:14.86	432	1:05.73	1:09.13
51.	Guilherme Costa Alves	10	Sporting	2:19.68	2:15.09	430	1:04.82	1:10.27
52.	Afonso Manuel Gomes FTL (Fora Tempo Limite)	10	Sporting	2:14.21	2:16.34	418	1:06.34	1:10.00

Prova 15, Masc., 200m Livres, Absolutos

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m
53.	Rodrigo Martins Bras <i>FTL (Fora Tempo Limite)</i>	05	Os Belenenses	2:05.63	2:16.84	414	1:04.94	1:11.90
54.	Joao Alves Mendes <i>FTL (Fora Tempo Limite)</i>	10	Benfica	2:37.71	2:27.59	330	1:09.11	1:18.48