

Prova 1

Femin., 400m Livres

Infantis

01.03.2025 - 9:30

Resultados

|                       |         |                          |      |                     |      |
|-----------------------|---------|--------------------------|------|---------------------|------|
| Rec Regional Inf A    | 4:34.76 | Alexandra Couto Frazao   | CNA  | Sto Antº Cavaleiros | 2015 |
| Rec Regional Inf B    | 4:42.86 | Beatriz Rodrigues Conde  | SCP  | Alges               | 2010 |
| Rec Regional Absoluto | 4:04.61 | Diana Margarida Duraes   | SLB  | Copenhagen (DEN)    | 2017 |
| Rec Nacional Inf A    | 4:25.30 | Alexandra Maria Silva    | FCP  | Porto               | 1980 |
| Rec Nacional Inf B    | 4:38.40 | Filipa Vilas Ruivo       | DNMG | Alcobaça            | 2009 |
| Rec Nacional Absoluto | 4:04.57 | Francisca Soares Martins | FOCA | Otopeni (ROU)       | 2023 |

Mínimos de Participação Inf A: 5:46.78; Inf B: 6:05.89

Pontos: AQUA 2024

| Lugar             | Nome do Nadador         | Ano | Clube    | Tempo Final    | Pts | 100m    | 200m    | 300m    | 400m    |
|-------------------|-------------------------|-----|----------|----------------|-----|---------|---------|---------|---------|
| <b>Infantis A</b> |                         |     |          |                |     |         |         |         |         |
| 1.                | Maria Ines Monjardino   | 12  | ADRCIMM  | <b>4:57.99</b> | 467 | 1:08.32 | 2:23.74 | 3:41.14 | 4:57.99 |
| 2.                | Matilde Pires Guerra    | 12  | ADRCIMM  | <b>5:02.48</b> | 447 | 1:10.06 | 2:26.58 | 3:45.70 | 5:02.48 |
| 3.                | Sofia Dias Ferreira     | 12  | PDEM     | <b>5:03.42</b> | 442 | 1:11.03 | 2:28.94 | 3:47.80 | 5:03.42 |
| 4.                | Marta Almeida Lopes     | 12  | SLB      | <b>5:14.97</b> | 396 | 1:12.82 | 2:33.26 | 3:54.33 | 5:14.97 |
| 5.                | Ana Luisa Vieira        | 12  | ACSINTRA | <b>5:16.75</b> | 389 | 1:15.37 | 2:36.18 | 3:57.48 | 5:16.75 |
| 6.                | Jade Duarte Bexigas     | 12  | GESL     | <b>5:18.87</b> | 381 | 1:15.22 | 2:36.05 | 3:57.58 | 5:18.87 |
| 7.                | Margarida Pires Correia | 12  | GESL     | <b>5:38.18</b> | 319 | 1:20.59 | 2:48.20 | 4:15.64 | 5:38.18 |

Infantis B

|    |                          |    |          |                |     |         |         |         |         |
|----|--------------------------|----|----------|----------------|-----|---------|---------|---------|---------|
| 1. | Madalena Marques Martins | 13 | SFUAP    | <b>5:13.70</b> | 400 | 1:13.09 | 2:33.17 | 3:54.10 | 5:13.70 |
| 2. | Teresa Vale Carvalho     | 13 | SCP      | <b>5:18.68</b> | 382 | 1:14.26 | 2:35.65 | 3:57.83 | 5:18.68 |
| 3. | Laurine Aurore Amorim    | 13 | ACSINTRA | <b>5:48.79</b> | 291 | 1:24.99 | 2:54.15 | 4:21.95 | 5:48.79 |
| 4. | Emma Sviderova Pascoal   | 13 | CFB      | <b>5:52.30</b> | 283 | 1:23.17 | 2:54.44 | 4:24.31 | 5:52.30 |
| 5. | Catarina Sousa Barreto   | 13 | GESL     | <b>5:58.05</b> | 269 | 1:23.98 | 2:54.40 | 4:28.20 | 5:58.05 |
| 6. | Ines Jeronimo Barros     | 13 | DRCN     | <b>5:59.04</b> | 267 | 1:23.74 | 2:55.56 | 4:28.47 | 5:59.04 |

Infantis

|     |                          |    |          |                |     |         |         |         |         |
|-----|--------------------------|----|----------|----------------|-----|---------|---------|---------|---------|
| 1.  | Maria Ines Monjardino    | 12 | ADRCIMM  | <b>4:57.99</b> | 467 | 1:08.32 | 2:23.74 | 3:41.14 | 4:57.99 |
| 2.  | Matilde Pires Guerra     | 12 | ADRCIMM  | <b>5:02.48</b> | 447 | 1:10.06 | 2:26.58 | 3:45.70 | 5:02.48 |
| 3.  | Sofia Dias Ferreira      | 12 | PDEM     | <b>5:03.42</b> | 442 | 1:11.03 | 2:28.94 | 3:47.80 | 5:03.42 |
| 4.  | Madalena Marques Martins | 13 | SFUAP    | <b>5:13.70</b> | 400 | 1:13.09 | 2:33.17 | 3:54.10 | 5:13.70 |
| 5.  | Marta Almeida Lopes      | 12 | SLB      | <b>5:14.97</b> | 396 | 1:12.82 | 2:33.26 | 3:54.33 | 5:14.97 |
| 6.  | Ana Luisa Vieira         | 12 | ACSINTRA | <b>5:16.75</b> | 389 | 1:15.37 | 2:36.18 | 3:57.48 | 5:16.75 |
| 7.  | Teresa Vale Carvalho     | 13 | SCP      | <b>5:18.68</b> | 382 | 1:14.26 | 2:35.65 | 3:57.83 | 5:18.68 |
| 8.  | Jade Duarte Bexigas      | 12 | GESL     | <b>5:18.87</b> | 381 | 1:15.22 | 2:36.05 | 3:57.58 | 5:18.87 |
| 9.  | Margarida Pires Correia  | 12 | GESL     | <b>5:38.18</b> | 319 | 1:20.59 | 2:48.20 | 4:15.64 | 5:38.18 |
| 10. | Laurine Aurore Amorim    | 13 | ACSINTRA | <b>5:48.79</b> | 291 | 1:24.99 | 2:54.15 | 4:21.95 | 5:48.79 |
| 11. | Emma Sviderova Pascoal   | 13 | CFB      | <b>5:52.30</b> | 283 | 1:23.17 | 2:54.44 | 4:24.31 | 5:52.30 |
| 12. | Catarina Sousa Barreto   | 13 | GESL     | <b>5:58.05</b> | 269 | 1:23.98 | 2:54.40 | 4:28.20 | 5:58.05 |
| 13. | Ines Jeronimo Barros     | 13 | DRCN     | <b>5:59.04</b> | 267 | 1:23.74 | 2:55.56 | 4:28.47 | 5:59.04 |

Resultados online: [rqrcode.com/anl-live](http://rqrcode.com/anl-live)

apoios  
institucionais



parceiros

