

Prova 44  
 17.03.2024 - 18:21

Masc., 800m Livres

 Absolutos  
 Resultados

Rec Nacional Absoluto	7:52.68	Jose Paulo Lopes	SCB	Budapest (HUN)	2021
Rec Regional Absoluto	8:06.49	Guilherme Filipe Pina	SCP	Coimbra	2017
Rec Regional Sen	8:06.49	Guilherme Filipe Pina	SCP	Coimbra	2017
Rec Regional Jun 2	8:15.16	Filipe Miguel Santo	SLB	Funchal	2018
Rec Regional Jun 1	8:19.86	Joao Pedro Gil	ANAM	Coimbra	2014
Rec Regional Juv A	8:29.39	Diogo Santos Cardoso	ADRCIMM	Gyoer (HUN)	2017
Rec Regional Juv B	8:32.97	Rui Silva Pereira	ADRCIMM	Coimbra	2023

TAC - Masc Juv B: 10:11.78; Juv A: 9:53.96; Jun 1: 9:42.32; Jun 2: 9:36.55; Sen 19: 9:31.41; Sen 19+: 9:25.69

Pontos: FINA 2024

Pos.	Nadador	Ano	Clube	T.Inscr.	Tempo	Pts
<b>Juvenis B</b>						
1.	Martim Chambel Pinto <i>Campeão Regional Juvenis B</i>	09	ADRC Colegio Int Monte Maior	9:08.02	<b>9:12.44</b>	548
	100m: 1:04.93 1:04.93	300m: 3:26.22 1:10.69	500m: 5:47.40 1:09.89	700m: 8:05.24 1:08.51		
	200m: 2:15.53 1:10.60	400m: 4:37.51 1:11.29	600m: 6:56.73 1:09.33	800m: 9:12.44 1:07.20		
2.	Diogo Damasceno Reis	09	Sporting Clube de Portugal	9:55.26	<b>9:14.48</b>	542
	100m: 1:04.04 1:04.04	300m: 3:26.27 1:11.46	500m: 5:47.93 1:10.44	700m: 8:08.25 1:10.07		
	200m: 2:14.81 1:10.77	400m: 4:37.49 1:11.22	600m: 6:58.18 1:10.25	800m: 9:14.48 1:06.23		
3.	Martim Guerreiro Martins	09	Sporting Clube de Portugal	10:24.67	<b>9:18.88</b>	529
	100m: 1:06.86 1:06.86	300m: 3:28.81 1:11.17	500m: 5:50.33 1:10.81	700m: 8:11.59 1:10.67		
	200m: 2:17.64 1:10.78	400m: 4:39.52 1:10.71	600m: 7:00.92 1:10.59	800m: 9:18.88 1:07.29		
4.	Rafael Lin Moniz	09	Clube Naval Setubalense	9:19.09	<b>9:23.50</b>	516
	100m: 1:04.94 1:04.94	300m: 3:28.12 1:12.09	500m: 5:51.34 1:11.88	700m: 8:14.76 1:11.81		
	200m: 2:16.03 1:11.09	400m: 4:39.46 1:11.34	600m: 7:02.95 1:11.61	800m: 9:23.50 1:08.74		
5.	Guilherme Oliveira Rizzon	09	Sporting Clube de Portugal	10:11.78	<b>9:30.68</b>	497
	100m: 1:06.49 1:06.49	300m: 3:30.40 1:11.19	500m: 5:53.66 1:11.14	700m: 8:19.47 1:12.85		
	200m: 2:19.21 1:12.72	400m: 4:42.52 1:12.12	600m: 7:06.62 1:12.96	800m: 9:30.68 1:11.21		
6.	Vasco Alexandre Martins	09	ADRC Colegio Int Monte Maior	9:31.46	<b>9:37.20</b>	480
	100m: 1:09.53 1:09.53	300m: 3:37.10 1:12.98	500m: 6:01.85 1:12.02	700m: 8:26.32 1:12.48		
	200m: 2:24.12 1:14.59	400m: 4:49.83 1:12.73	600m: 7:13.84 1:11.99	800m: 9:37.20 1:10.88		
7.	Bernardo Afonso Guedelha	09	Sport Lisboa e Benfica	10:48.33	<b>10:00.09</b>	427
	100m: 1:09.09 1:09.09	300m: 3:41.79 1:16.49	500m: 6:15.22 1:16.16	700m: 8:46.57 1:15.09		
	200m: 2:25.30 1:16.21	400m: 4:59.06 1:17.27	600m: 7:31.48 1:16.26	800m: 10:00.09 1:13.52		
8.	Miguel Filipe Medronheira <i>FTL (Fora Tempo Limite)</i>	09	Palmela Desporto, E.M.	11:01.19	<b>10:18.10</b>	391
	100m: 1:10.47 1:10.47	300m: 3:46.34 1:18.48	500m: 6:22.96 1:18.67	700m: 9:01.34 1:19.32		
	200m: 2:27.86 1:17.39	400m: 5:04.29 1:17.95	600m: 7:42.02 1:19.06	800m: 10:18.10 1:16.76		
9.	Pedro Guedes Caldas <i>FTL (Fora Tempo Limite)</i>	09	Sport Lisboa e Benfica	9:46.82	<b>10:29.87</b>	369
	100m: 1:09.82 1:09.82	300m: 3:49.19 1:20.40	500m: 6:30.84 1:20.93	700m: 9:12.08 1:20.28		
	200m: 2:28.79 1:18.97	400m: 5:09.91 1:20.72	600m: 7:51.80 1:20.96	800m: 10:29.87 1:17.79		

**Juvenis A**

1.	Rui Silva Pereira <i>Campeão Regional Juvenis A</i>	08	ADRC Colegio Int Monte Maior	8:27.24	<b>8:42.35</b>	648
	100m: 1:02.16 1:02.16	300m: 3:14.74 1:06.31	500m: 5:26.56 1:05.87	700m: 7:38.40 1:06.38		
	200m: 2:08.43 1:06.27	400m: 4:20.69 1:05.95	600m: 6:32.02 1:05.46	800m: 8:42.35 1:03.95		
2.	Henrique Barros Domingos	08	Sporting Clube de Portugal	9:25.42	<b>9:35.40</b>	485
	100m: 1:06.89 1:06.89	300m: 3:34.62 1:14.00	500m: 6:00.97 1:12.16	700m: 8:26.76 1:13.40		
	200m: 2:20.62 1:13.73	400m: 4:48.81 1:14.19	600m: 7:13.36 1:12.39	800m: 9:35.40 1:08.64		
3.	Afonso Mendonca Ornelas	08	Geslours - Gestão Equip. E.M.	9:30.01	<b>9:41.47</b>	470
	100m: 1:06.52 1:06.52	300m: 3:34.86 1:13.84	500m: 6:03.68 1:14.48	700m: 8:31.65 1:13.83		
	200m: 2:21.02 1:14.50	400m: 4:49.20 1:14.34	600m: 7:17.82 1:14.14	800m: 9:41.47 1:09.82		
4.	Jose Pedro Salvadinho <i>FTL (Fora Tempo Limite)</i>	08	Clube Nacional de Nataçao	9:49.59	<b>10:09.17</b>	408
	100m: 1:11.89 1:11.89	300m: 3:44.56 1:17.64	500m: 6:19.48 1:17.39	700m: 8:53.58 1:17.11		
	200m: 2:26.92 1:15.03	400m: 5:02.09 1:17.53	600m: 7:36.47 1:16.99	800m: 10:09.17 1:15.59		

Prova 44, Masc., 800m Livres

Juniores

1.	Joao Almeida Gomes <i>Campeão Regional Juniores</i>	06	Clube Nacional de Natação	8:54.79	<b>9:05.17</b>	570
	100m: 1:04.67 1:04.67	300m: 3:23.44 1:09.59	500m: 5:41.86 1:08.14	700m: 7:58.17 1:08.27		
	200m: 2:13.85 1:09.18	400m: 4:33.72 1:10.28	600m: 6:49.90 1:08.04	800m: 9:05.17 1:07.00		
2.	Rodrigo Onofre Matos	06	Clube Futebol Os Belenenses	9:03.09	<b>9:11.13</b>	552
	100m: 1:05.06 1:05.06	300m: 3:23.74 1:09.58	500m: 5:43.43 1:10.17	700m: 8:03.90 1:10.49		
	200m: 2:14.16 1:09.10	400m: 4:33.26 1:09.52	600m: 6:53.41 1:09.98	800m: 9:11.13 1:07.23		
3.	Arthur Santos Silva	06	Clube Futebol Os Belenenses	9:11.54	<b>9:28.40</b>	503
	100m: 1:04.75 1:04.75	300m: 3:24.73 1:10.26	500m: 5:49.33 1:13.17	700m: 8:16.38 1:13.49		
	200m: 2:14.47 1:09.72	400m: 4:36.16 1:11.43	600m: 7:02.89 1:13.56	800m: 9:28.40 1:12.02		
4.	David Alexandre Fernandes <i>FTL (Fora Tempo Limite)</i>	06	Clube Nacional de Natação	9:16.21	<b>9:40.24</b>	473
	100m: 1:06.64 1:06.64	300m: 3:34.06 1:13.76	500m: 6:01.71 1:14.28	700m: 8:29.35 1:13.39		
	200m: 2:20.30 1:13.66	400m: 4:47.43 1:13.37	600m: 7:15.96 1:14.25	800m: 9:40.24 1:10.89		

Seniores

1.	Pedro Maria Amado <i>Campeão Regional Seniores</i>	05	Sport Alges e Dafundo	9:31.41	<b>8:52.58</b>	611
	100m: 1:02.32 1:02.32	300m: 3:17.68 1:08.01	500m: 5:33.22 1:07.61	700m: 7:47.37 1:06.95		
	200m: 2:09.67 1:07.35	400m: 4:25.61 1:07.93	600m: 6:40.42 1:07.20	800m: 8:52.58 1:05.21		
2.	Tiago Barroso Proenca	04	Sporting Clube de Portugal	9:02.79	<b>9:05.50</b>	569
	100m: 1:03.55 1:03.55	300m: 3:19.50 1:08.60	500m: 5:39.21 1:09.77	700m: 7:58.94 1:09.98		
	200m: 2:10.90 1:07.35	400m: 4:29.44 1:09.94	600m: 6:48.96 1:09.75	800m: 9:05.50 1:06.56		
3.	Tiago Miguel Trombinhas	04	Clube Futebol Os Belenenses	9:00.23	<b>9:12.33</b>	548
	100m: 1:04.75 1:04.75	300m: 3:23.10 1:09.46	500m: 5:42.95 1:10.37	700m: 8:04.42 1:10.94		
	200m: 2:13.64 1:08.89	400m: 4:32.58 1:09.48	600m: 6:53.48 1:10.53	800m: 9:12.33 1:07.91		
4.	Goncalo Duarte Santos	00	Clube Oriental de Lisboa	8:52.60	<b>9:19.49</b>	527
	100m: 1:04.90 1:04.90	300m: 3:26.72 1:11.05	500m: 5:49.69 1:11.51	700m: 8:11.03 1:10.65		
	200m: 2:15.67 1:10.77	400m: 4:38.18 1:11.46	600m: 7:00.38 1:10.69	800m: 9:19.49 1:08.46		

Absolutos

1.	Rui Silva Pereira	08	ADRC Colegio Int Monte Maior	8:27.24	<b>8:42.35</b>	648
	100m: 1:02.16 1:02.16	300m: 3:14.74 1:06.31	500m: 5:26.56 1:05.87	700m: 7:38.40 1:06.38		
	200m: 2:08.43 1:06.27	400m: 4:20.69 1:05.95	600m: 6:32.02 1:05.46	800m: 8:42.35 1:03.95		
2.	Pedro Maria Amado	05	Sport Alges e Dafundo	9:31.41	<b>8:52.58</b>	611
	100m: 1:02.32 1:02.32	300m: 3:17.68 1:08.01	500m: 5:33.22 1:07.61	700m: 7:47.37 1:06.95		
	200m: 2:09.67 1:07.35	400m: 4:25.61 1:07.93	600m: 6:40.42 1:07.20	800m: 8:52.58 1:05.21		
3.	Joao Almeida Gomes	06	Clube Nacional de Natação	8:54.79	<b>9:05.17</b>	570
	100m: 1:04.67 1:04.67	300m: 3:23.44 1:09.59	500m: 5:41.86 1:08.14	700m: 7:58.17 1:08.27		
	200m: 2:13.85 1:09.18	400m: 4:33.72 1:10.28	600m: 6:49.90 1:08.04	800m: 9:05.17 1:07.00		
4.	Tiago Barroso Proenca	04	Sporting Clube de Portugal	9:02.79	<b>9:05.50</b>	569
	100m: 1:03.55 1:03.55	300m: 3:19.50 1:08.60	500m: 5:39.21 1:09.77	700m: 7:58.94 1:09.98		
	200m: 2:10.90 1:07.35	400m: 4:29.44 1:09.94	600m: 6:48.96 1:09.75	800m: 9:05.50 1:06.56		
5.	Rodrigo Onofre Matos	06	Clube Futebol Os Belenenses	9:03.09	<b>9:11.13</b>	552
	100m: 1:05.06 1:05.06	300m: 3:23.74 1:09.58	500m: 5:43.43 1:10.17	700m: 8:03.90 1:10.49		
	200m: 2:14.16 1:09.10	400m: 4:33.26 1:09.52	600m: 6:53.41 1:09.98	800m: 9:11.13 1:07.23		
6.	Tiago Miguel Trombinhas	04	Clube Futebol Os Belenenses	9:00.23	<b>9:12.33</b>	548
	100m: 1:04.75 1:04.75	300m: 3:23.10 1:09.46	500m: 5:42.95 1:10.37	700m: 8:04.42 1:10.94		
	200m: 2:13.64 1:08.89	400m: 4:32.58 1:09.48	600m: 6:53.48 1:10.53	800m: 9:12.33 1:07.91		
7.	Martim Chambel Pinto	09	ADRC Colegio Int Monte Maior	9:08.02	<b>9:12.44</b>	548
	100m: 1:04.93 1:04.93	300m: 3:26.22 1:10.69	500m: 5:47.40 1:09.89	700m: 8:05.24 1:08.51		
	200m: 2:15.53 1:10.60	400m: 4:37.51 1:11.29	600m: 6:56.73 1:09.33	800m: 9:12.44 1:07.20		
8.	Diogo Damasceno Reis	09	Sporting Clube de Portugal	9:55.26	<b>9:14.48</b>	542
	100m: 1:04.04 1:04.04	300m: 3:26.27 1:11.46	500m: 5:47.93 1:10.44	700m: 8:08.25 1:10.07		
	200m: 2:14.81 1:10.77	400m: 4:37.49 1:11.22	600m: 6:58.18 1:10.25	800m: 9:14.48 1:06.23		
9.	Martim Guerreiro Martins	09	Sporting Clube de Portugal	10:24.67	<b>9:18.88</b>	529
	100m: 1:06.86 1:06.86	300m: 3:28.81 1:11.17	500m: 5:50.33 1:10.81	700m: 8:11.59 1:10.67		
	200m: 2:17.64 1:10.78	400m: 4:39.52 1:10.71	600m: 7:00.92 1:10.59	800m: 9:18.88 1:07.29		

Prova 44, Masc., 800m Livres, Absolutos

Pos.	Nadador	Ano	Clube	T.Inscr.	Tempo	Pts
10.	Goncalo Duarte Santos 100m: 1:04.90 1:04.90 200m: 2:15.67 1:10.77	00	Clube Oriental de Lisboa	8:52.60 1:11.51 700m: 8:11.03 1:10.65 1:10.69 800m: 9:19.49 1:08.46	<b>9:19.49</b>	527
11.	Rafael Lin Moniz 100m: 1:04.94 1:04.94 200m: 2:16.03 1:11.09	09	Clube Naval Setubalense	9:19.09 1:11.88 700m: 8:14.76 1:11.81 1:11.61 800m: 9:23.50 1:08.74	<b>9:23.50</b>	516
12.	Arthur Santos Silva 100m: 1:04.75 1:04.75 200m: 2:14.47 1:09.72	06	Clube Futebol Os Belenenses	9:11.54 1:13.17 700m: 8:16.38 1:13.49 1:13.56 800m: 9:28.40 1:12.02	<b>9:28.40</b>	503
13.	Guilherme Oliveira Rizzon 100m: 1:06.49 1:06.49 200m: 2:19.21 1:12.72	09	Sporting Clube de Portugal	10:11.78 1:11.14 700m: 8:19.47 1:12.85 1:12.96 800m: 9:30.68 1:11.21	<b>9:30.68</b>	497
14.	Henrique Barros Domingos 100m: 1:06.89 1:06.89 200m: 2:20.62 1:13.73	08	Sporting Clube de Portugal	9:25.42 1:12.16 700m: 8:26.76 1:13.40 1:12.39 800m: 9:35.40 1:08.64	<b>9:35.40</b>	485
15.	Vasco Alexandre Martins 100m: 1:09.53 1:09.53 200m: 2:24.12 1:14.59	09	ADRC Colegio Int Monte Maior	9:31.46 1:12.02 700m: 8:26.32 1:12.48 1:11.99 800m: 9:37.20 1:10.88	<b>9:37.20</b>	480
16.	David Alexandre Fernandes <i>FTL (Fora Tempo Limite)</i> 100m: 1:06.64 1:06.64 200m: 2:20.30 1:13.66	06	Clube Nacional de Natação	9:16.21 1:14.28 700m: 8:29.35 1:13.39 1:14.25 800m: 9:40.24 1:10.89	<b>9:40.24</b>	473
17.	Afonso Mendonca Ornelas 100m: 1:06.52 1:06.52 200m: 2:21.02 1:14.50	08	Geslours - Gestão Equip. E.M.	9:30.01 1:14.48 700m: 8:31.65 1:13.83 1:14.14 800m: 9:41.47 1:09.82	<b>9:41.47</b>	470
18.	Bernardo Afonso Guedelha 100m: 1:09.09 1:09.09 200m: 2:25.30 1:16.21	09	Sport Lisboa e Benfica	10:48.33 1:16.16 700m: 8:46.57 1:15.09 1:16.26 800m: 10:00.09 1:13.52	<b>10:00.09</b>	427
19.	Jose Pedro Salvadinho <i>FTL (Fora Tempo Limite)</i> 100m: 1:11.89 1:11.89 200m: 2:26.92 1:15.03	08	Clube Nacional de Natação	9:49.59 1:17.39 700m: 8:53.58 1:17.11 1:16.99 800m: 10:09.17 1:15.59	<b>10:09.17</b>	408
20.	Miguel Filipe Medronheira <i>FTL (Fora Tempo Limite)</i> 100m: 1:10.47 1:10.47 200m: 2:27.86 1:17.39	09	Palmela Desporto, E.M.	11:01.19 1:18.67 700m: 9:01.34 1:19.32 1:19.06 800m: 10:18.10 1:16.76	<b>10:18.10</b>	391
21.	Pedro Guedes Caldas <i>FTL (Fora Tempo Limite)</i> 100m: 1:09.82 1:09.82 200m: 2:28.79 1:18.97	09	Sport Lisboa e Benfica	9:46.82 1:20.93 700m: 9:12.08 1:20.28 1:20.96 800m: 10:29.87 1:17.79	<b>10:29.87</b>	369