

Prova 28 Femin., 4 x 200m Livres Absolutos
Startlist
18.11.2023 - 18:28

| | | | | | |
|------------------------|---------|--------------------------------------|------|------------|------|
| Rec Nacional Abs Open | 8:08.99 | Sport Alges e Dafundo | SAD | Algés | 2018 |
| Rec Nacional Abs Juv | 8:48.75 | Assoc Desp Cult Rec Bairro dos Anjos | ADBA | Tomar | 2018 |
| Rec Nacional Abs Juv B | 8:52.76 | Sport Alges e Dafundo | SAD | Algés | 2011 |
| Rec Nacional Sen | 8:09.45 | Sport Alges e Dafundo | SAD | Porto | 2017 |
| Rec Nacional Jun | 8:24.59 | Futebol Clube do Porto | FCP | Felgueiras | 2018 |
| Rec Nacional Juv A | 8:48.75 | Assoc Desp Cult Rec Bairro dos Anjos | ADBA | Tomar | 2018 |
| Rec Nacional Juv | 8:48.75 | Assoc Desp Cult Rec Bairro dos Anjos | ADBA | Tomar | 2018 |
| Rec Nacional Juv B | 8:52.76 | Sport Alges e Dafundo | SAD | Algés | 2011 |

TAC Juv B: 10:29.94; Juv A: 10:11.60; Jun: 9:53.67; Sen: 9:42.49

| Pista | | Categ. | NºLic. | Clube | Obs. | Tempo Inscr. |
|----------------------------|--------------------|--------|--------|-----------------------|------|--------------|
| Série 1 de 2, 18:28 | | | | | | |
| 3 | Salesianos Abs | Abs | | Salesianos | EXH | 10:13.50 |
| 4 | Vasco da Gama Abs | Abs | | Colégio Vasco da Gama | EXH | 9:39.91 |
| 5 | Algés Juv A | Juv A | | Algés | | 9:46.10 |
| Série 2 de 2, 18:39 | | | | | | |
| 1 | Vikings Abs | Abs | | Vikings | EXH | 9:45.00 |
| 2 | Palmela Jun | Jun | | Palmela Desporto | | 9:23.93 |
| 3 | Benfica Sen | Sen | | Benfica | | 9:13.72 |
| 4 | Belenenses Sen | Sen | | Belenenses | | 9:05.65 |
| 5 | Benfica Jun | Jun | | Benfica | | 9:06.81 |
| 6 | Gesloures Jun | Jun | | Gesloures | | 9:21.78 |
| 7 | União Piedense Abs | Abs | | Uniao Piedense | EXH | 9:35.00 |