

Prova 21 Masc., 400m Livres Absolutos
18.11.2023 - 16:11 Startlist

| | | | | | |
|--------------------|---------|--------------------------|---------|-----------------|------|
| Rec Regional Abs | 3:42.91 | Miguel Duarte Nascimento | SLB | Porto | 2017 |
| Rec Regional Sen | 3:42.91 | Miguel Duarte Nascimento | SLB | Porto | 2017 |
| Rec Regional Jun 2 | 3:51.92 | Joao Alexandre Vital | SCP | Porto | 2015 |
| Rec Regional Jun 1 | 3:57.19 | Joao Alexandre Vital | ADRCIMM | Porto | 2014 |
| Rec Regional Juv A | 3:59.31 | Joao Carlos Santos | ANAM | Alg s | 2012 |
| Rec Regional Juv B | 4:01.42 | Rui Silva Pereira | ADRCIMM | Tomar | 2023 |
| Rec Nacional Abs | 3:42.57 | Jose Paulo Lopes | POR | Abu Dhabi (UAE) | 2021 |
| Rec Nacional Sen | 3:42.57 | Jose Paulo Lopes | POR | Abu Dhabi (UAE) | 2021 |
| Rec Nacional Jun 2 | 3:50.52 | Adriano Miguel Niz | CFV | Fafe | 2004 |
| Rec Nacional Jun 1 | 3:56.54 | Rui Filipe Costa | VSC | Felgueiras | 2007 |
| Rec Nacional Juv A | 3:58.82 | Diogo Matos Ribeiro | CUC | Mealhada | 2019 |
| Rec Nacional Juv B | 4:01.42 | Rui Silva Pereira | POR | Tomar | 2023 |

TAC Juv B: 4:43.83; Juv A: 4:35.56; Jun 1: 4:30.16; Jun 2: 4:27.48; Sen 1: 4:25.10; Sen +: 4:22.45

| Pista | Nadador | Categ. | Clube | Obs. | Tempo | Inscr. | | |
|----------------------------|-----------------------------|--------|---------|------|---------|--------|-------|-------|
| S rie 1 de 6, 16:11 | | | | | | | | |
| 3 | Guilherme Oliveira Rizzon | Juv B | SCP | | 5:01.00 | | _____ | _____ |
| 4 | Pedro Guedes Caldas | Juv B | SLB | | 4:54.85 | | _____ | _____ |
| 5 | Duarte Afonso Leite | Juv B | CIRL | | 4:59.28 | | _____ | _____ |
| S rie 2 de 6, 16:17 | | | | | | | | |
| 2 | Bernardo Afonso Guedelha | Juv B | SLB | | 4:52.01 | | _____ | _____ |
| 3 | Francisco Nunes Roque | Juv B | SLB | | 4:49.63 | | _____ | _____ |
| 4 | Vasco Frischknecht Oliveira | Juv A | SLB | | 4:41.46 | | _____ | _____ |
| 5 | Rafael Lin Moniz | Juv B | CNS | | 4:44.49 | | _____ | _____ |
| 6 | Paulo Junio Fernandes | Juv B | SAD | | 4:49.99 | | _____ | _____ |
| 7 | Vasco Alexandre Martins | Juv B | ADRCIMM | | 4:53.18 | | _____ | _____ |
| S rie 3 de 6, 16:23 | | | | | | | | |
| 1 | Martim Chambel Pinto | Juv B | ADRCIMM | | 4:35.58 | | _____ | _____ |
| 2 | Antonio Coelho Vieira | Jun | SCP | | 4:28.78 | | _____ | _____ |
| 3 | Diogo Damasceno Reis | Juv B | SCP | | 4:24.66 | | _____ | _____ |
| 4 | Arthur Santos Silva | Jun | CFB | | 4:23.82 | | _____ | _____ |
| 5 | Rodrigo Onofre Matos | Jun | CFB | | 4:24.20 | | _____ | _____ |
| 6 | David Alexandre Fernandes | Jun | CNN | | 4:25.93 | | _____ | _____ |
| 7 | Rafael Ataide Duarte | Juv A | SLB | | 4:32.91 | | _____ | _____ |
| 8 | Jose Pedro Salvadinho | Juv A | CNN | | 4:37.11 | | _____ | _____ |
| S rie 4 de 6, 16:28 | | | | | | | | |
| 1 | Jose Paula Carvalho | Sen | SFUAP | DNS | 4:23.16 | | _____ | _____ |
| 2 | Afonso Gago Garcia | Juv A | SLB | | 4:22.88 | | _____ | _____ |
| 3 | Ricardo Freitas Neto | Jun | SCP | | 4:21.31 | | _____ | _____ |
| 4 | Rafael Rodrigues Jacinto | Sen | CFB | | 4:20.29 | | _____ | _____ |
| 5 | Andre Correia Alves | Jun | SLB | | 4:21.09 | | _____ | _____ |
| 6 | Tiago Miguel Trombinhas | Sen | CFB | | 4:22.80 | | _____ | _____ |
| 7 | Tiago Ventura Chao | Jun | CNS | | 4:22.92 | | _____ | _____ |
| 8 | Daniel Casaca Carvalho | Jun | CNCVG | DNS | 4:23.67 | | _____ | _____ |
| S rie 5 de 6, 16:33 | | | | | | | | |
| 1 | Leonardo Conceicao Reis | Jun | SCP | | 4:19.92 | | _____ | _____ |
| 2 | Joao Almeida Gomes | Jun | CNN | | 4:15.54 | | _____ | _____ |
| 3 | Pedro Crispim Jorge | Jun | SFUAP | | 4:13.83 | | _____ | _____ |
| 4 | Tomas Nunes Roque | Jun | SLB | | 4:10.54 | | _____ | _____ |
| 5 | Tiago Barroso Proenca | Sen | SCP | | 4:13.03 | | _____ | _____ |
| 6 | Rafael Miguel Mimoso | Jun | SLB | | 4:15.14 | | _____ | _____ |
| 7 | Miguel Braga Gomes | Jun | SCP | | 4:18.59 | | _____ | _____ |
| 8 | Afonso Mateus Ribeiro | Sen | CFB | | 4:20.21 | | _____ | _____ |

Prova 21, Masc., 400m Livres

Série 6 de 6, 16:38

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|---|-------------------------|-----|-----|-----|---------|--------|--------|
| 1 | Duarte Ramos Nunes | Jun | CGA | EXH | 4:08.62 | _:._.: | _:._.: |
| 2 | Tomas Maia Januario | Jun | SLB | | 4:07.14 | _:._.: | _:._.: |
| 3 | Pedro Bethlem Tigre | Jun | SCP | | 4:04.29 | _:._.: | _:._.: |
| 4 | Nicolas Filip Montfort | Sen | SAD | | 3:59.51 | _:._.: | _:._.: |
| 5 | Bernardo Jorge Simoes | Sen | CFB | | 4:01.18 | _:._.: | _:._.: |
| 6 | Vasco Alves Morgado | Sen | SAD | | 4:07.13 | _:._.: | _:._.: |
| 7 | Gabriel Carvalho Ferrao | Sen | SLB | | 4:08.04 | _:._.: | _:._.: |
| 8 | Henrique Gomes Silva | Sen | SLB | | 4:10.44 | _:._.: | _:._.: |