

Prova 32 Masc., 4 x 100m Livres Absolutos
19.11.2023 - 9:29 Resultados

| | | | | | |
|--------------------|---------|--------------------------------------|------|------------|------|
| Rec Nacional Abs | 3:12.81 | Sport Lisboa e Benfica | SLB | Leiria | 2022 |
| Rec Nacional Sen | 3:12.81 | Sport Lisboa e Benfica | SLB | Leiria | 2022 |
| Rec Nacional Jun | 3:28.98 | Sport Lisboa e Benfica | SLB | Felgueiras | 2018 |
| Rec Nacional Juv A | 3:34.94 | Clube Naval do Funchal | CNF | Funchal | 2014 |
| Rec Nacional Juv | 3:34.94 | Clube Naval do Funchal | CNF | Funchal | 2014 |
| Rec Nacional Juv B | 3:42.17 | Assoc Desp Cult Rec Bairro dos Anjos | ADBA | Leiria | 2019 |

TAC Juv B: 4:17.05; Juv A: 4:09.56; Jun: 4:02.24; Sen: 3:57.68

Pontos: FINA 2022

| Pos. | Ano | Clube | T.Inscr. | Tempo Final | Pts | | | |
|------------------|-----|----------------------------|----------|----------------|--------------------------|----|-------|---------|
| Juvenis B | | | | | | | | |
| 1. | | Benfica | 4:04.25 | 4:00.65 | 439 | | | |
| | | <i>Campeão Regional</i> | | | | | | |
| | 09 | Rui Melo Pereira | 29.12 | 1:01.41 | Miguel Bera Fonseca | 09 | 28.65 | 1:00.00 |
| | 09 | Bernardo Afonso Guedelha | 27.67 | 57.56 | Francisco Nunes Roque | 09 | 29.45 | 1:01.68 |
| 2. | | Palmela Desporto | 4:10.00 | 4:02.10 | 432 | | | |
| | 09 | Miguel Filipe Medronheira | 30.05 | 1:03.08 | Tiago Trindade Manuel | 09 | 28.66 | 1:00.06 |
| | 09 | Miguel Loucao Caxaria | 27.02 | 56.67 | Rodrigo Duarte Narigueta | 09 | 29.81 | 1:02.29 |
| 3. | | Belenenses | 4:19.85 | 4:09.14 | 396 | | | |
| | 09 | Dinis Guerreiro Monteiro | 29.94 | 1:03.56 | Joao Granja Mendes | 09 | 31.30 | 1:06.86 |
| | 09 | Afonso Miguel Amaro | 28.75 | 1:00.37 | Tomas Augusto Reis | 09 | 28.25 | 58.35 |
| 4. | | Algés | 4:10.00 | 4:09.86 | 393 | | | |
| | 09 | Angelo Carvalho Interlandi | 30.12 | 1:01.72 | Afonso Cunha Amaral | 09 | 29.31 | 1:02.54 |
| | 09 | Diogo Aiala Ribeiro | 32.75 | 1:08.66 | Paulo Junio Fernandes | 09 | 27.16 | 56.94 |
| 5. | | Naval Setubalense | 4:00.27 | 4:10.11 | 391 | | | |
| | 09 | Miguel Ratinho Rocha | 29.67 | 1:01.70 | Afonso Santos Carromeu | 09 | 33.58 | 1:09.45 |
| | 09 | Pedro Miguel Silva | 28.34 | 1:00.71 | Rafael Lin Moniz | 09 | 27.39 | 58.25 |
| 6. | | Geslours | 4:17.84 | 4:11.88 | 383 | | | |
| | 09 | David Emanuel Tome | 29.77 | 1:02.67 | Afonso Carvalho Fonseca | 09 | 29.71 | 1:03.16 |
| | 09 | Rodrigo Arga Paiva | 30.63 | 1:03.75 | Joao Pedro Sousa | 09 | 29.48 | 1:02.30 |

Juvenis A

| | | | | | | | | |
|----|----|-----------------------------|---------|----------------|------------------------------|----|-------|-------|
| 1. | | Benfica | 3:49.68 | 3:46.16 | 530 | | | |
| | | <i>Campeão Regional</i> | | | | | | |
| | 08 | Pedro Caiada Rodrigues | 26.70 | 56.52 | Afonso Gago Garcia | 08 | 26.14 | 55.04 |
| | 08 | Vasco Frischknecht Oliveira | 28.00 | 58.46 | Francisco Maria Santos | 08 | 26.71 | 56.14 |
| 2. | | Colegio Int Monte Maior | 4:20.00 | 3:54.89 | 473 | | | |
| | 08 | Tomas Miguel Trombinhas | 30.13 | 1:01.74 | Rui Silva Pereira | 08 | 26.96 | 56.69 |
| | 08 | Martim Rodrigues Santos | 26.94 | 57.91 | Ricardo Figueiredo Fernandes | 08 | 28.08 | 58.55 |

Juniores

| | | | | | | | | |
|----|----|------------------------------|---------|----------------|-----------------------|----|-------|-------|
| 1. | | Benfica | 3:33.89 | 3:34.95 | 617 | | | |
| | | <i>Campeão Regional</i> | | | | | | |
| | 06 | David Miguel Morais | 25.77 | 54.09 | Tomas Nunes Roque | 06 | 25.89 | 54.44 |
| | 06 | Guilherme Fernandes Baptista | 24.98 | 53.07 | Pedro Goncalves Boniz | 06 | 25.27 | 53.35 |
| 2. | | Geslours | 3:49.88 | 3:45.03 | 538 | | | |
| | 06 | Luis Pedro Figueiredo | 26.65 | 55.13 | Rodrigo Franco Palare | 06 | 26.08 | 56.02 |
| | 07 | Diogo Miguel Martins | 27.46 | 57.63 | Rafael Filipe Lopes | 06 | 26.78 | 56.25 |
| 3. | | Belenenses | 3:50.89 | 3:48.59 | 513 | | | |
| | 06 | Arthur Santos Silva | 27.34 | 56.71 | Rodrigo Piteira Maio | 06 | 27.62 | 57.09 |
| | 07 | Antonio Ricardo Alves | 27.16 | 57.23 | Rodrigo Onofre Matos | 06 | 27.15 | 57.56 |

Prova 32, Masc., 4 x 100m Livres

Seniores

| | | | | | | | |
|-----|--|----|-----------------------|-------|----------------------------|----------------|---------|
| 1. | Benfica Sen <i>Campeão Regional</i> | | Benfica | | 3:26.81 | 3:30.51 | 657 |
| | Goncalo Duarte Carvalho | 05 | 26.07 | 54.20 | Andre Henriques Marques | 05 | 24.98 |
| | Diogo Santos Costa | 02 | 24.11 | 50.79 | Miguel Henriques Marques | 00 | 25.15 |
| | | | | | | | 52.45 |
| | | | | | | | 53.07 |
| 2. | Algés Sen | | Algés | | 3:30.00 | 3:32.91 | 635 |
| | Felipe Menegassi Maia | 04 | 24.39 | 55.58 | Vasco Alves Morgado | 05 | 25.80 |
| | Pedro Andre Santos | 94 | 24.77 | 51.79 | Juan Mendez Delgado | 01 | 24.42 |
| | | | | | | | 53.53 |
| | | | | | | | 52.01 |
| 3. | União Piedense Sen | | Uniao Piedense | | 3:45.00 | 3:37.41 | 596 |
| | Tiago Maria Camoes | 01 | 25.66 | 53.88 | Miguel Costa Simoes | 04 | 25.70 |
| | David Matias Cristino | 01 | 25.83 | 54.08 | Guilherme Matias Cristino | 03 | 26.09 |
| | | | | | | | 53.87 |
| | | | | | | | 55.58 |
| 4. | Belenenses Sen | | Belenenses | | 3:28.59 | 3:40.12 | 574 |
| | Rafael Rodrigues Jacinto | 02 | 25.80 | 53.49 | Afonso Mateus Ribeiro | 95 | 27.37 |
| | Bernardo Jorge Simoes | 04 | 25.30 | 53.10 | Rodrigo Martins Bras | 05 | 26.33 |
| | | | | | | | 57.39 |
| | | | | | | | 56.14 |
| 5. | Laranjeiro Sen | | Laranjeiro | | 3:46.14 | 3:43.82 | 546 |
| | Andre Filipe Magalhaes | 98 | 26.05 | 54.91 | Jose Tomas Simeao | 00 | 27.14 |
| | Daniel Filipe Cazeiro | 97 | 26.68 | 56.65 | Ricardo Nuno Estevens | 99 | 26.26 |
| | | | | | | | 57.22 |
| | | | | | | | 55.04 |
| EXH | Vikings Abs | | Vikings | | 3:50.00 | 3:44.56 | 541 |
| | Goncalo Duarte Santos | 00 | 26.30 | 55.12 | Miguel Alexandre Rodrigues | 98 | 27.15 |
| | Rafael Filipe Nunes | 96 | 28.81 | 58.84 | Jesus Alberto Mejias | 09 | 25.81 |
| | | | | | | | 57.06 |
| | | | | | | | 53.54 |
| EXH | Laranjeiro Abs | | Laranjeiro | | 3:47.50 | 3:49.43 | 507 |
| | Rodrigo Costa Teixeira | 99 | 26.56 | 55.77 | Luis Carlos Correia | 03 | 26.55 |
| | Xavier Rosa Madeira | 09 | 27.34 | 57.87 | Rafael Caceres Lopes | 04 | 28.06 |
| | | | | | | | 56.95 |
| | | | | | | | 58.84 |
| EXH | Vasco da Gama Abs | | Colégio Vasco da Gama | | 3:58.08 | 3:52.18 | 489 |
| | Xavier Jesus Valente | 09 | 27.49 | 57.31 | Diogo Correia Neves | 94 | 28.15 |
| | Tomas Santos Braga | 07 | 26.74 | 56.32 | Alfredo Cabrita Soudo | 05 | 27.07 |
| | | | | | | | 1:01.59 |
| | | | | | | | 56.96 |