

Prova 29 Masc., 4 x 200m Livres Absolutos
18.11.2023 - 18:50 Resultados

Rec Nacional Abs	7:10.67	Sporting Clube de Portugal	SCP	Felgueiras	2018
Rec Nacional Sen	7:10.67	Sporting Clube de Portugal	SCP	Felgueiras	2018
Rec Nacional Jun	7:35.58	Associação Naval Amorense	ANAM	Felgueiras	2013
Rec Nacional Juv A	7:49.50	Associação Naval Amorense		Algés	2012
Rec Nacional Juv	7:49.50	Associação Naval Amorense		Algés	2012
Rec Nacional Juv B	8:01.08	Assoc Desp Cult Rec Bairro dos Anjos	ADBA	Caldas da Rainha	2019

TAC Juv B: 9:19.60; Juv A: 9:03.30; Jun: 8:47.37; Sen: 8:37.44

Pontos: FINA 2022

Pos.	Ano	Clube	T.Inscr.	Tempo Final	Pts		
Juvenis B							
1.		Benfica	9:00.59	8:42.93	470		
		<i>Campeão Regional</i>					
	09	Pedro Guedes Caldas	29.47	33.76	36.04	35.25	2:14.52
	09	Bernardo Afonso Guedelha	29.15	32.35	33.00	31.57	2:06.07
	09	Miguel Bera Fonseca	29.76	33.51	34.17	34.29	2:11.73
	09	Francisco Nunes Roque	29.75	32.81	33.73	34.32	2:10.61
2.		Palmela Desporto	9:13.00	8:58.70	430		
	09	Miguel Filipe Medronheira	30.34	34.46	35.66	34.92	2:15.38
	09	Miguel Loucao Caxaria	28.47	32.28	33.58	33.12	2:07.45
	09	Tiago Trindade Manuel	30.99	35.71	37.46	36.58	2:20.74
	09	Rodrigo Duarte Narigueta	30.92	34.24	35.25	34.72	2:15.13
3.		Belenenses	9:25.47	9:01.26	424		
	09	Dinis Guerreiro Monteiro	31.14	34.46	36.84	36.67	2:19.11
	09	Afonso Miguel Amaro	30.11	33.62	35.09	35.16	2:13.98
	09	Joao Granja Mendes	31.32	35.82	37.38	37.34	2:21.86
	09	Tomas Augusto Reis	27.79	32.05	33.52	32.95	2:06.31
4.		Geslours	9:55.55	9:12.48	399		
	09	Joao Pedro Sousa	30.52	34.60	36.02	35.12	2:16.26
	09	David Emanuel Tome	30.52	36.42	36.85	37.35	2:21.14
	09	Francisco Gabriel Freitas	30.40	35.68	36.38	35.17	2:17.63
	09	Rodrigo Arga Paiva	30.94	35.40	35.91	35.20	2:17.45

Juvenis A

1.		Benfica	8:29.55	8:23.43	527		
		<i>Campeão Regional</i>					
	08	Vasco Frischknecht Oliveira	28.81	32.21	34.15	32.80	2:07.97
	08	Francisco Maria Santos	27.98	31.68	32.51	32.50	2:04.67
	08	Afonso Gago Garcia	27.22	30.88	30.46	30.89	1:59.45
	08	Rafael Ataíde Duarte	29.52	33.78	34.30	33.74	2:11.34

Juniores

1.		Benfica	7:52.85	7:54.20	631		
		<i>Campeão Regional</i>					
	06	Andre Correia Alves	27.37	30.16	31.22	31.58	2:00.33
	06	Tomas Nunes Roque	26.64	29.82	31.21	31.78	1:59.45
	06	Tomas Maia Januario	25.23	28.16	30.56	30.24	1:54.19
	07	Rafael Miguel Mimoso	27.25	30.44	31.23	31.31	2:00.23
2.		Belenenses	8:29.17	8:18.89	542		
	06	Arthur Santos Silva	27.87	30.87	31.68	32.17	2:02.59
	06	Rodrigo Piteira Maio	28.15	31.09	32.30	32.86	2:04.40
	06	Rodrigo Onofre Matos	28.06	31.80	33.54	33.31	2:06.71
	07	Antonio Ricardo Alves	29.32	31.23	32.22	32.42	2:05.19
3.		União Piedense	8:35.00	8:22.41	530		
	06	Manuel Costa Simoes	27.96	30.79	33.11	33.55	2:05.41
	06	Pedro Crispim Jorge	27.11	30.96	32.54	32.00	2:02.61
	07	Lourenço Lopes Silva	27.83	32.20	33.70	33.33	2:07.06
	06	Lucas Vilaca Casimiro	28.45	32.27	32.94	33.67	2:07.33

Prova 29, Masc., 4 x 200m Livres, Juniores

Pos.	Ano	Clube			T.Inscr.		Tempo Final	Pts
4.		Gesloures			8:40.37		8:44.01	467
	06	Luis Pedro Figueiredo	29.01	32.21	34.09	32.14	2:07.45	
	07	Diogo Miguel Martins	28.01	33.05	35.89	35.86	2:12.81	
	07	Tiago Dinis Ferreira	30.42	33.90	36.09	35.60	2:16.01	
	06	Rafael Filipe Lopes	28.10	31.36	34.08	34.20	2:07.74	

Seniores

1.		Benfica			7:49.51		7:44.21	673
		<i>Campeão Regional</i>						
	03	Joao Soares Carneiro	25.21	28.35	30.13	30.19	1:53.88	
	05	Gabriel Carvalho Ferrao	26.39	29.58	29.56	29.17	1:54.70	
	05	Andre Henriques Marques	26.89	30.19	30.78	30.51	1:58.37	
	05	Carlos Daniel Nunes	26.53	29.33	30.68	30.72	1:57.26	
2.		Uniao Piedense			8:20.00		7:57.97	616
	01	Tiago Maria Camoes	26.53	30.13	33.18	33.84	2:03.68	
	98	Jose Paula Carvalho	27.09	29.94	30.88	31.12	1:59.03	
	01	David Matias Cristino	26.38	30.34	30.82	30.45	1:57.99	
	04	Miguel Costa Simoes	26.52	30.29	30.71	29.75	1:57.27	
3.		Belenenses			7:43.99		7:59.19	611
	02	Rafael Rodrigues Jacinto	27.16	29.77	29.96	30.36	1:57.25	
	04	Bernardo Jorge Simoes	25.99	28.85	29.69	29.97	1:54.50	
	95	Afonso Mateus Ribeiro	28.48	31.29	32.45	32.68	2:04.90	
	04	Tiago Miguel Trombinhas	27.80	30.67	32.08	31.99	2:02.54	
EXH		Colégio Vasco da Gama			8:49.63		8:34.49	494
	09	Xavier Jesus Valente	27.77	30.39	32.22	32.63	2:03.01	
	07	Tomas Santos Braga	28.26	31.94	33.40	33.30	2:06.90	
	94	Diogo Correia Neves	29.98	34.90	36.73	36.93	2:18.54	
	05	Alfredo Cabrita Soudo	28.47	31.81	32.73	33.03	2:06.04	