

Prova 28 Femin., 4 x 200m Livres
18.11.2023 - 18:28 Absolutos
Resultados

Rec Nacional Abs Open	8:08.99	Sport Alges e Dafundo	SAD	Algés	2018
Rec Nacional Abs Juv	8:48.75	Assoc Desp Cult Rec Bairro dos Anjos	ADBA	Tomar	2018
Rec Nacional Abs Juv B	8:52.76	Sport Alges e Dafundo	SAD	Algés	2011
Rec Nacional Sen	8:09.45	Sport Alges e Dafundo	SAD	Porto	2017
Rec Nacional Jun	8:24.59	Futebol Clube do Porto	FCP	Felgueiras	2018
Rec Nacional Juv A	8:48.75	Assoc Desp Cult Rec Bairro dos Anjos	ADBA	Tomar	2018
Rec Nacional Juv	8:48.75	Assoc Desp Cult Rec Bairro dos Anjos	ADBA	Tomar	2018
Rec Nacional Juv B	8:52.76	Sport Alges e Dafundo	SAD	Algés	2011

TAC Juv B: 10:29.94; Juv A: 10:11.60; Jun: 9:53.67; Sen: 9:42.49

Pontos: FINA 2022

Pos.	Ano	Clube	T.Inscr.	Tempo Final	Pts			
Juvenis A								
1.		Algés	9:46.10	9:37.69	481			
		<i>Campeão Regional</i>						
		Alice Lucas Pedro	09	31.93	35.20	38.08	36.42	2:21.63
		Maria Luísa Dinis	09	33.14	37.65	39.68	38.52	2:28.99
		Rita Sequeira Barros	09	34.32	37.49	38.88	38.02	2:28.71
		Sofia Monteiro Uva	09	32.09	35.07	35.86	35.34	2:18.36

Juniiores

1.		Benfica	9:06.81	8:47.87	631			
		<i>Campeão Regional</i>						
		Catarina Maria Lopes	08	30.89	33.67	34.22	34.04	2:12.82
		Leonor Carreiro Rodrigues	07	29.90	34.15	34.66	34.44	2:13.15
		Catarina Andrade Franco	07	29.28	31.49	31.39	31.84	2:04.00
		Maria Carlotta Ferrari	07	30.06	34.28	36.86	36.70	2:17.90
2.		Geslourses	9:21.78	9:18.86	532			
		Patricia Subtil Henriques	08	31.83	35.86	37.01	36.50	2:21.20
		Catarina Alexandra Alves	07	32.76	36.42	36.81	35.66	2:21.65
		Lis Fatima Melo	08	30.95	35.60	37.30	38.06	2:21.91
		Beatriz Heitor Cachaco	07	29.98	34.29	35.18	34.65	2:14.10
3.		Palmela Desporto	9:23.93	9:48.92	454			
		Sara Sofia Alves	07	30.50	33.57	34.35	33.78	2:12.20
		Brigida Valentina Mateus	07	33.93	37.51	39.66	40.07	2:31.17
		Alice Duarte Barreto	08	34.73	39.01	41.84	42.19	2:37.77
		Ines Azevedo Baraona	07	32.28	36.75	39.55	39.20	2:27.78

Seniores

1.		Benfica	9:13.72	8:33.62	685			
		<i>Campeão Regional</i>						
		Madalena Correa Sa	06	30.69	33.32	34.24	34.13	2:12.38
		Matilde Nunes Lopes	06	29.27	32.57	33.20	33.36	2:08.40
		Ema Jeronimo Conceicao	03	28.29	31.07	31.64	30.65	2:01.65
		Leticia Maia Andre	02	29.86	33.77	34.16	33.40	2:11.19
2.		Belenenses	9:05.65	8:49.23	626			
		Luana Correia Rodrigues	01	30.06	32.63	33.49	33.56	2:09.74
		Maria Jardim Fidalgo	04	29.68	33.04	34.37	33.62	2:10.71
		Ana Rita Matos	02	30.16	33.69	34.78	35.07	2:13.70
		Lidiana Correia Rodrigues	04	30.65	33.99	35.33	35.11	2:15.08

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EXH	Vikings Abs	Vikings			9:45.00	8:54.38	608
	Beatriz Silva Jordao	09	31.98	34.92	36.50	36.71	2:20.11
	Margarida Sobral Pimenta	99	29.18	32.15	33.67	33.24	2:08.24
	Maria Ornelas Armas	98	30.50	33.66	34.23	33.85	2:12.24
	Mariana Marques Mercedes	03	29.70	33.21	35.09	35.79	2:13.79
EXH	União Piedense Abs	Uniao Piedense			9:35.00	8:58.73	593
	Luisa Ponte Jorge	07	31.14	34.26	35.10	34.88	2:15.38
	Catarina Welvitchia Sousa	00	29.91	33.00	34.44	35.56	2:12.91
	Iris Pereira Carrao	05	30.67	33.66	33.44	34.33	2:12.10
	Ana Beatriz Pires	08	30.55	34.27	36.42	37.10	2:18.34
EXH	Salesianos Abs	Salesianos			10:13.50	9:42.18	470
	Maria Leonor Rodrigues	07	30.92	35.52	36.39	35.78	2:18.61
	Sara Lagorssse Caldas	06	32.05	36.33	37.20	36.41	2:21.99
	Vitoria Maria Brandao	07	33.88	38.09	39.39	37.10	2:28.46
	Ines Santos Barbosa	07	35.13	40.14	39.92	37.93	2:33.12
EXH	Vasco da Gama Abs	Colégio Vasco da Gama			9:39.91	9:47.69	457
	Tatiana Alexandra Melnychuk	06	31.16	36.52	40.05	41.26	2:28.99
	Susana Pereira Veiga	00	32.12	35.66	37.05	37.03	2:21.86
	Daniela Patricia Larginho	05	33.82	38.05	39.07	37.37	2:28.31
	Marta Oliveira Ferreira	08	32.69	36.98	39.40	39.46	2:28.53