

Event 19
12.02.2023 - 16:30

Women, 400m Medley

Absolutos/All Results

World Record	4:26.36	HOSSZU Katinka	HUN	Rio (BRA)	2016
European Record	4:26.36	HOSSZU Katinka	HUN	Rio (BRA)	2016
Meeting Record	4:45.16	KAMINSKAYA Victoria	POR	Lisboa	2018
Portuguese Nat Record	4:40.11	KAMINSKAYA Victoria	POR	Pontevedra (ESP)	2017

Meeting Access Time Jun&Sen: 5:38.00; Juv: 5:38.00

Points: FINA 2022

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	RT	Pts
1.	GOW Nula	05	Garioch ASC	4:57.67		716
	50m: 32.57 32.57	150m: 1:48.93 40.51	250m: 3:08.41 40.14	350m: 4:24.61 35.71		
	100m: 1:08.42 35.85	200m: 2:28.27 39.34	300m: 3:48.90 40.49	400m: 4:57.67 32.06		
2.	VIACAVA Giulia Jana	06	Ligue PACA	4:57.94		714
	50m: 31.91 31.91	150m: 1:46.76 38.39	250m: 3:07.98 44.13	350m: 4:26.78 34.25		
	100m: 1:08.37 36.46	200m: 2:23.85 37.09	300m: 3:52.53 44.55	400m: 4:57.94 31.16		
3.	DURAES Diana Margarida	96	Benfica	4:58.79		708
	50m: 32.29 32.29	150m: 1:47.82 39.24	250m: 3:08.51 43.06	350m: 4:26.37 33.97		
	100m: 1:08.58 36.29	200m: 2:25.45 37.63	300m: 3:52.40 43.89	400m: 4:58.79 32.42		
4.	CARDEAL Joana Nunes	02	Academico Viseu	5:01.15		691
	50m: 31.39 31.39	150m: 1:47.26 40.28	250m: 3:10.53 43.57	350m: 4:29.65 34.14		
	100m: 1:06.98 35.59	200m: 2:26.96 39.70	300m: 3:55.51 44.98	400m: 5:01.15 31.50		
5.	MESQUITA Francisca Salvador	02	Sporting	5:01.96		686
	50m: 31.30 31.30	150m: 1:47.21 40.10	250m: 3:10.33 42.95	350m: 4:28.32 34.70		
	100m: 1:07.11 35.81	200m: 2:27.38 40.17	300m: 3:53.62 43.29	400m: 5:01.96 33.64		
6.	MENDES Mariana Amaral	02	Sporting	5:05.99		659
	50m: 32.56 32.56	150m: 1:50.04 40.92	250m: 3:14.91 43.88	350m: 4:32.83 34.40		
	100m: 1:09.12 36.56	200m: 2:31.03 40.99	300m: 3:58.43 43.52	400m: 5:05.99 33.16		
7.	VEIGA Ana Filipa	01	Gafanha da Encarnacao	5:14.40		608
	50m: 32.43 32.43	150m: 1:53.38 43.13	250m: 3:19.42 43.22	350m: 4:39.35 36.42		
	100m: 1:10.25 37.82	200m: 2:36.20 42.82	300m: 4:02.93 43.51	400m: 5:14.40 35.05		
8.	PINTO Margarida Vieira	07	Portugal	5:14.46		607
	50m: 33.16 33.16	150m: 1:53.95 41.66	250m: 3:19.56 45.05	350m: 4:40.70 35.80		
	100m: 1:12.29 39.13	200m: 2:34.51 40.56	300m: 4:04.90 45.34	400m: 5:14.46 33.76		
9.	LOPES Matilde Nunes	06	Benfica	5:14.94		604
	50m: 33.92 33.92	150m: 1:54.82 42.44	250m: 3:22.03 46.06	350m: 4:41.73 34.43		
	100m: 1:12.38 38.46	200m: 2:35.97 41.15	300m: 4:07.30 45.27	400m: 5:14.94 33.21		
10.	ROSSI Elisabetta	07	Federazione Ticinese di Nuoto	5:18.78		583
	50m: 33.15 33.15	150m: 1:54.57 42.01	250m: 3:20.52 44.59	350m: 4:43.35 36.85		
	100m: 1:12.56 39.41	200m: 2:35.93 41.36	300m: 4:06.50 45.98	400m: 5:18.78 35.43		
11.	GANCI Alice	08	Federazione Ticinese di Nuoto	5:19.78		577
	50m: 34.58 34.58	150m: 1:54.57 41.40	250m: 3:20.92 46.27	350m: 4:44.16 36.67		
	100m: 1:13.17 38.59	200m: 2:34.65 40.08	300m: 4:07.49 46.57	400m: 5:19.78 35.62		
12.	LOPES Francisca Macedo	05	Vilacondense	5:22.17		565
	50m: 34.35 34.35	150m: 1:56.15 42.31	250m: 3:24.02 46.55	350m: 4:47.02 35.64		
	100m: 1:13.84 39.49	200m: 2:37.47 41.32	300m: 4:11.38 47.36	400m: 5:22.17 35.15		
13.	BODDIE Catherine	04	Garioch ASC	5:22.38		564
	50m: 32.70 32.70	150m: 1:53.50 42.44	250m: 3:21.86 47.24	350m: 4:45.63 37.20		
	100m: 1:11.06 38.36	200m: 2:34.62 41.12	300m: 4:08.43 46.57	400m: 5:22.38 36.75		
14.	SANTOS Rita Machita	07	Naval Setubalense	5:22.60		562
	50m: 33.77 33.77	150m: 1:57.22 44.25	250m: 3:24.49 44.05	350m: 4:46.98 37.80		
	100m: 1:12.97 39.20	200m: 2:40.44 43.22	300m: 4:09.18 44.69	400m: 5:22.60 35.62		
15.	MENABALLI Arianna	06	Federazione Ticinese di Nuoto	5:28.81		531
	50m: 33.58 33.58	150m: 1:57.47 44.76	250m: 3:27.01 46.79	350m: 4:52.06 37.34		
	100m: 1:12.71 39.13	200m: 2:40.22 42.75	300m: 4:14.72 47.71	400m: 5:28.81 36.75		
16.	RODRIGUES Leonor Carreiro	07	Benfica	5:29.99		525
	50m: 35.32 35.32	150m: 1:59.29 42.80	250m: 3:28.73 47.03	350m: 4:54.43 38.07		
	100m: 1:16.49 41.17	200m: 2:41.70 42.41	300m: 4:16.36 47.63	400m: 5:29.99 35.56		
17.	COULL Madison B	08	Buckie ASC	5:33.77		508
	50m: 32.67 32.67	150m: 1:54.89 43.82	250m: 3:26.08 48.19	350m: 4:55.57 39.49		
	100m: 1:11.07 38.40	200m: 2:37.89 43.00	300m: 4:16.08 50.00	400m: 5:33.77 38.20		

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Online results: anlisboa.pt/live

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Event 19, Women, 400m Medley, Absolutos/All

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	RT	Pts
18.	ALVES Catarina Alexandra	07	Geslours	5:34.65		504
	50m: 33.88 33.88	150m: 1:56.77 43.08	250m: 3:28.05 49.17	350m: 4:57.08		39.06
	100m: 1:13.69 39.81	200m: 2:38.88 42.11	300m: 4:18.02 49.97	400m: 5:34.65		37.57
19.	RAMOS Joana Barbas	06	Gafanha da Encarnacao	5:34.93		502
	50m: 35.63 35.63	150m: 2:02.02 43.84	250m: 3:33.24 49.43	350m: 4:59.29		36.78
	100m: 1:18.18 42.55	200m: 2:43.81 41.79	300m: 4:22.51 49.27	400m: 5:34.93		35.64
20.	GASPAR Beatriz Andre	06	Nautico Academico Coimbra	5:35.66		499
	50m: 35.73 35.73	150m: 2:03.62 45.13	250m: 3:34.39 46.06	350m: 4:59.75		38.44
	100m: 1:18.49 42.76	200m: 2:48.33 44.71	300m: 4:21.31 46.92	400m: 5:35.66		35.91