

Prova 11
23.10.2022 - 11:44

Femin., 200m Livres

Absolutos
Resultados

Rec Regional Sen	1:58.62	Diana Margarida Duraes	POR	Copenhagen (DEN)	2017
Rec Regional Jun A	1:59.62	Leticia Maia Andre	POR	Felgueiras	2018
Rec Regional Jun B	2:02.12	Leticia Maia Andre	POR	Porto	2017
Rec Regional Juv A	2:03.93	Maria Ferreira Moura	POR	Tomar	2018
Rec Regional Juv B	2:06.53	Ana Claudia Santos	POR	Mealhada	2004
Rec Regional Absoluto	1:58.62	Diana Margarida Duraes	POR	Copenhagen (DEN)	2017
Rec Nacional Absoluto	1:58.62	Diana Margarida Duraes	POR	Copenhagen (DEN)	2017

Pontos: FINA 2021

Lugar	Nome do Nadador	Ano	Clube	Tempo Final	Pts	50m	100m	150m	200m
Juvenis B									
1.	Beatriz Silva Jordão	09	VKGS	2:19.41	497	33.35	1:07.13	1:42.74	2:19.41
2.	Matilde Lopes Fialho	09	PDEM	2:23.04	460	33.29	1:08.69	1:45.95	2:23.04
3.	Joana Sofia Fernandes	09	CNN	2:24.19	449	33.72	1:10.79	1:47.00	2:24.19
4.	Sofia Monteiro Uva	09	SAD	2:26.46	428	33.44	1:10.02	1:48.90	2:26.46
5.	Carolina Marques Madeira	09	CNN	2:26.87	425	33.60	1:11.28	1:50.32	2:26.87
6.	Constanca Lopes Cruz	09	ADRCIMM	2:27.03	423	34.25	1:11.69	1:50.26	2:27.03
7.	Ines Maria Lanca	09	SFUAP	2:30.40	395	35.66	1:14.20	1:53.03	2:30.40
8.	Beatriz Ribeiro Lima	09	GESL	2:32.82	377	35.42	1:13.77	1:53.47	2:32.82
9.	Lara Castanheira Carlos	09	CIRL	2:32.91	376	34.58	1:13.88	1:53.93	2:32.91
10.	Maria Luisa Dinis	09	SAD	2:36.88	348	35.74	1:15.25	1:56.46	2:36.88
11.	Margarida Maia Lopes	09	GESL	2:37.18	346	35.79	1:15.37	1:56.74	2:37.18
12.	Alice Lucas Pedro	09	SAD	2:37.56	344	36.62	1:17.11	1:58.89	2:37.56
13.	Margarida Marques Mercedes	09	VKGS	2:38.79	336	36.88	1:17.30	1:58.91	2:38.79
14.	Rita Sequeira Barros	09	SAD	2:40.01	328	37.20	1:17.89	1:59.74	2:40.01
15.	Daniela Pina Rodrigues	09	GESL	2:40.17	327	36.73	1:17.59	1:59.62	2:40.17
16.	Ana Kostenko	09	CNS	2:42.14	315	37.67	1:19.09	2:01.29	2:42.14
17.	Joana Isabel Venceslau	09	PDEM	2:47.75	285	36.94	1:19.92	2:06.47	2:47.75

Juvenis A

1.	Constanca Santos Ferreira	08	SAD	2:16.27	532	32.82	1:07.87	1:42.69	2:16.27
2.	Leonor Serrao Nascimento	08	SAD	2:19.31	498	32.92	1:08.52	1:44.51	2:19.31
3.	Raquel Santos Baiona	08	ADRCIMM	2:21.30	477	33.42	1:08.81	1:45.26	2:21.30
4.	Matilde Catroga Marques	08	ADRCIMM	2:22.46	465	33.29	1:09.54	1:46.47	2:22.46
5.	Ana Beatriz Pires	08	SFUAP	2:23.19	458	33.18	1:09.46	1:46.49	2:23.19
6.	Barbara Maria Neves	08	SAD	2:23.95	451	32.89	1:08.83	1:46.37	2:23.95
7.	Teresa Oliveira Santos	08	SAD	2:25.47	437	33.61	1:10.62	1:48.54	2:25.47
8.	Constanca Isabel Carvalho	08	SAD	2:26.05	432	34.60	1:11.91	1:49.68	2:26.05
9.	Marta Matos Laranjeira	08	VKGS	2:26.84	425	31.47	1:08.01	1:47.79	2:26.84
10.	Patricia Subtil Henriques	08	GESL	2:28.81	408	33.39	1:10.86	1:50.24	2:28.81
11.	Lis Fatima Melo	08	GESL	2:29.04	406	32.95	1:09.98	1:49.15	2:29.04
12.	Margarida Catroga Marques	08	ADRCIMM	2:29.48	403	34.09	1:11.73	1:50.87	2:29.48
13.	Yasmin Ruth Bexigas	08	GESL	2:30.92	391	33.64	1:11.75	1:52.51	2:30.92
14.	Carolina Duarte Namora	08	SFUAP	2:31.87	384	35.72	1:14.93	1:54.79	2:31.87
15.	Clarisse Teixeira Teles	08	CNS	2:32.24	381	34.35	1:12.63	1:52.28	2:32.24
16.	Joana Monteiro Caetano	08	GESL	2:32.44	380	35.89	1:15.17	1:54.96	2:32.44
17.	Beatriz Silva Gomes	08	GESL	2:34.61	364	34.60	1:13.39	1:54.65	2:34.61
	Mariana Vale Fernandes	08	SAD	2:34.61	364	35.34	1:14.22	1:55.04	2:34.61
19.	Rita Sofia Amaral	08	SAD	2:35.86	355	35.96	1:16.26	1:56.64	2:35.86
20.	Ines Isabel Sa	08	SAD	2:38.36	339	36.91	1:17.76	1:59.51	2:38.36
21.	Rita Gato Costa	08	DRCN	2:42.89	311	37.51	1:19.37	2:02.13	2:42.89
22.	Francisca Vasconcelos Farinha	08	CNLX	2:52.63	261	37.82	1:20.90		2:52.63

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Juniores

1. Leonor Peso Parente	07	PDEM	2:14.24	556	31.76	1:06.06	1:40.78	2:14.24
2. Maria Esteves Valente	06	SLB	2:14.84	549	31.42	1:05.60	1:40.43	2:14.84
3. Beatriz Heitor Cachaco	07	GESL	2:15.27	544	31.11	1:05.96	1:40.86	2:15.27
4. Luisa Ponte Jorge	07	SFUAP	2:16.00	535	32.21	1:06.50	1:41.15	2:16.00
5. Ines Correia Teixeira	06	CNA	2:18.25	509	31.69	1:06.21	1:42.13	2:18.25
6. Margarida Barbara Marques	06	SAD	2:18.32	508	32.60	1:07.28	1:42.50	2:18.32
7. Leonor Cavalho Oliveira	07	DRCN	2:18.91	502	31.75	1:05.81	1:41.81	2:18.91
8. Leticia Rodrigues Magalhaes	07	CNS	2:19.84	492	32.48	1:07.47	1:43.92	2:19.84
9. Margarida Santos Botelho	07	CNS	2:20.89	481	33.04	1:08.90	1:45.73	2:20.89
10. Elena Del Rio Bernat	07	SAD	2:21.14	478	33.11	1:09.17	1:45.51	2:21.14
11. Maria Pinto Monteiro	06	SFUAP	2:21.62	474	32.98	1:09.62	1:46.91	2:21.62
12. Catarina Alexandra Alves	07	GESL	2:22.79	462	33.59	1:10.49	1:47.86	2:22.79
13. Rita Borges Silva	06	GESL	2:23.13	459	33.04	1:09.39	1:46.39	2:23.13
14. Iris Castro Campos	06	CNA	2:26.38	429	33.87	1:10.74	1:48.81	2:26.38
15. Ines Azevedo Baraona	07	CNMJ	2:29.58	402	33.49	1:10.73	1:50.51	2:29.58
16. Matilde Aparicio Pereira	06	CNA	2:30.94	391	34.54	1:13.28	1:53.04	2:30.94
17. Marina Alexandra Oliveira	06	CNS	2:32.26	381	34.80	1:14.14	1:53.61	2:32.26
18. Brigida Valentina Mateus	07	PDEM	2:34.03	368	34.72	1:14.27	1:54.68	2:34.03
19. Mafalda Sousa Mira	07	CNN	2:40.40	326	37.24	1:17.99	1:59.45	2:40.40
20. Vitoria Maria Brandao	07	FS	2:41.33	320	35.59	1:16.09	1:59.06	2:41.33
DNS Maria Duarte Marcalo	07	PDEM						

Seniores

1. Catarina Martins Mestre	00	CNLX	2:11.61	590	30.55	1:03.12	1:37.53	2:11.61
2. Sofia Alexandra Nunes	00	CIRL	2:12.27	581	29.56	1:02.85	1:36.82	2:12.27
3. Maria Teresa Fernandes	05	SAD	2:17.11	522	31.39	1:06.32	1:42.10	2:17.11
4. Catarina Costa Sequeira	98	CNLX	2:19.02	501	31.95	1:06.40	1:42.62	2:19.02
5. Maria Jardim Fidalgo	04	CNCVG	2:19.85	492	32.02	1:06.97	1:43.60	2:19.85
6. Maria Del Rio Bernat	05	SAD	2:21.15	478	32.74	1:08.80	1:45.27	2:21.15
7. Diana Valadas Horta	04	SFUAP	2:21.51	475	32.72	1:08.84	1:45.17	2:21.51
8. Ana Raquel Ferreira	98	CNLX	2:21.76	472	32.60	1:08.05	1:45.02	2:21.76
9. Margarida Peixoto Pelaio	98	CNLX	2:23.14	459	32.46	1:08.03	1:44.81	2:23.14
10. Catarina Trigo Ferreira	02	VKGS	2:23.22	458	33.08	1:09.32	1:46.55	2:23.22
11. Susana Pereira Veiga	00	CNCVG	2:27.22	422	33.88	1:10.40	1:48.68	2:27.22
12. Ines Figueira Santos	00	SFUAP	2:33.14	374	34.71	1:13.34	1:53.28	2:33.14
13. Sofia Antunes Sebastiao	05	CNA	2:35.93	355	33.29	1:11.75	1:53.72	2:35.93
14. Raquel Correia	04	DRCN	2:38.06	341	33.96	1:13.55	1:56.19	2:38.06
15. Daniela Patricia Larginho	05	CNCVG	2:43.62	307	36.58	1:17.86	2:00.85	2:43.62
16. Leonor Alexandra Medronheira	05	PDEM	2:48.56	281	37.44	1:20.08	2:04.61	2:48.56

Absolutos

1. Catarina Martins Mestre	00	CNLX	2:11.61	590	30.55	1:03.12	1:37.53	2:11.61
2. Sofia Alexandra Nunes	00	CIRL	2:12.27	581	29.56	1:02.85	1:36.82	2:12.27
3. Leonor Peso Parente	07	PDEM	2:14.24	556	31.76	1:06.06	1:40.78	2:14.24
4. Maria Esteves Valente	06	SLB	2:14.84	549	31.42	1:05.60	1:40.43	2:14.84
5. Beatriz Heitor Cachaco	07	GESL	2:15.27	544	31.11	1:05.96	1:40.86	2:15.27
6. Luisa Ponte Jorge	07	SFUAP	2:16.00	535	32.21	1:06.50	1:41.15	2:16.00
7. Constanca Santos Ferreira	08	SAD	2:16.27	532	32.82	1:07.87	1:42.69	2:16.27
8. Maria Teresa Fernandes	05	SAD	2:17.11	522	31.39	1:06.32	1:42.10	2:17.11
9. Ines Correia Teixeira	06	CNA	2:18.25	509	31.69	1:06.21	1:42.13	2:18.25
10. Margarida Barbara Marques	06	SAD	2:18.32	508	32.60	1:07.28	1:42.50	2:18.32
11. Leonor Cavalho Oliveira	07	DRCN	2:18.91	502	31.75	1:05.81	1:41.81	2:18.91
12. Catarina Costa Sequeira	98	CNLX	2:19.02	501	31.95	1:06.40	1:42.62	2:19.02
13. Leonor Serrao Nascimento	08	SAD	2:19.31	498	32.92	1:08.52	1:44.51	2:19.31
14. Beatriz Silva Jordão	09	VKGS	2:19.41	497	33.35	1:07.13	1:42.74	2:19.41
15. Leticia Rodrigues Magalhaes	07	CNS	2:19.84	492	32.48	1:07.47	1:43.92	2:19.84
16. Maria Jardim Fidalgo	04	CNCVG	2:19.85	492	32.02	1:06.97	1:43.60	2:19.85
17. Margarida Santos Botelho	07	CNS	2:20.89	481	33.04	1:08.90	1:45.73	2:20.89
18. Elena Del Rio Bernat	07	SAD	2:21.14	478	33.11	1:09.17	1:45.51	2:21.14
19. Maria Del Rio Bernat	05	SAD	2:21.15	478	32.74	1:08.80	1:45.27	2:21.15

Prova 11, Femin., 200m Livres, Absolutos

Lugar	Nome do Nadador	Ano	Clube	Tempo Final	Pts	50m	100m	150m	200m
20.	Raquel Santos Baiona	08	ADRCIMM	2:21.30	477	33.42	1:08.81	1:45.26	2:21.30
21.	Diana Valadas Horta	04	SFUAP	2:21.51	475	32.72	1:08.84	1:45.17	2:21.51
22.	Maria Pinto Monteiro	06	SFUAP	2:21.62	474	32.98	1:09.62	1:46.91	2:21.62
23.	Ana Raquel Ferreira	98	CNLX	2:21.76	472	32.60	1:08.05	1:45.02	2:21.76
24.	Matilde Catroga Marques	08	ADRCIMM	2:22.46	465	33.29	1:09.54	1:46.47	2:22.46
25.	Catarina Alexandra Alves	07	GESL	2:22.79	462	33.59	1:10.49	1:47.86	2:22.79
26.	Matilde Lopes Fialho	09	PDEM	2:23.04	460	33.29	1:08.69	1:45.95	2:23.04
27.	Rita Borges Silva	06	GESL	2:23.13	459	33.04	1:09.39	1:46.39	2:23.13
28.	Margarida Peixoto Pelaio	98	CNLX	2:23.14	459	32.46	1:08.03	1:44.81	2:23.14
29.	Ana Beatriz Pires	08	SFUAP	2:23.19	458	33.18	1:09.46	1:46.49	2:23.19
30.	Catarina Trigo Ferreira	02	VKGS	2:23.22	458	33.08	1:09.32	1:46.55	2:23.22
31.	Barbara Maria Neves	08	SAD	2:23.95	451	32.89	1:08.83	1:46.37	2:23.95
32.	Joana Sofia Fernandes	09	CNN	2:24.19	449	33.72	1:10.79	1:47.00	2:24.19
33.	Teresa Oliveira Santos	08	SAD	2:25.47	437	33.61	1:10.62	1:48.54	2:25.47
34.	Constanca Isabel Carvalho	08	SAD	2:26.05	432	34.60	1:11.91	1:49.68	2:26.05
35.	Iris Castro Campos	06	CNA	2:26.38	429	33.87	1:10.74	1:48.81	2:26.38
36.	Sofia Monteiro Uva	09	SAD	2:26.46	428	33.44	1:10.02	1:48.90	2:26.46
37.	Marta Matos Laranjeira	08	VKGS	2:26.84	425	31.47	1:08.01	1:47.79	2:26.84
38.	Carolina Marques Madeira	09	CNN	2:26.87	425	33.60	1:11.28	1:50.32	2:26.87
39.	Constanca Lopes Cruz	09	ADRCIMM	2:27.03	423	34.25	1:11.69	1:50.26	2:27.03
40.	Susana Pereira Veiga	00	CNCVG	2:27.22	422	33.88	1:10.40	1:48.68	2:27.22
41.	Patricia Subtil Henriques	08	GESL	2:28.81	408	33.39	1:10.86	1:50.24	2:28.81
42.	Lis Fatima Melo	08	GESL	2:29.04	406	32.95	1:09.98	1:49.15	2:29.04
43.	Margarida Catroga Marques	08	ADRCIMM	2:29.48	403	34.09	1:11.73	1:50.87	2:29.48
44.	Ines Azevedo Baraona	07	CNMJ	2:29.58	402	33.49	1:10.73	1:50.51	2:29.58
45.	Ines Maria Lanca	09	SFUAP	2:30.40	395	35.66	1:14.20	1:53.03	2:30.40
46.	Yasmin Ruth Bexigas	08	GESL	2:30.92	391	33.64	1:11.75	1:52.51	2:30.92
47.	Matilde Aparicio Pereira	06	CNA	2:30.94	391	34.54	1:13.28	1:53.04	2:30.94
48.	Carolina Duarte Namora	08	SFUAP	2:31.87	384	35.72	1:14.93	1:54.79	2:31.87
49.	Clarisse Teixeira Teles	08	CNS	2:32.24	381	34.35	1:12.63	1:52.28	2:32.24
50.	Marina Alexandra Oliveira	06	CNS	2:32.26	381	34.80	1:14.14	1:53.61	2:32.26
51.	Joana Monteiro Caetano	08	GESL	2:32.44	380	35.89	1:15.17	1:54.96	2:32.44
52.	Beatriz Ribeiro Lima	09	GESL	2:32.82	377	35.42	1:13.77	1:53.47	2:32.82
53.	Lara Castanheira Carlos	09	CIRL	2:32.91	376	34.58	1:13.88	1:53.93	2:32.91
54.	Ines Figueira Santos	00	SFUAP	2:33.14	374	34.71	1:13.34	1:53.28	2:33.14
55.	Brigida Valentina Mateus	07	PDEM	2:34.03	368	34.72	1:14.27	1:54.68	2:34.03
56.	Beatriz Silva Gomes	08	GESL	2:34.61	364	34.60	1:13.39	1:54.65	2:34.61
	Mariana Vale Fernandes	08	SAD	2:34.61	364	35.34	1:14.22	1:55.04	2:34.61
58.	Rita Sofia Amaral	08	SAD	2:35.86	355	35.96	1:16.26	1:56.64	2:35.86
59.	Sofia Antunes Sebastiao	05	CNA	2:35.93	355	33.29	1:11.75	1:53.72	2:35.93
60.	Maria Luisa Dinis	09	SAD	2:36.88	348	35.74	1:15.25	1:56.46	2:36.88
61.	Margarida Maia Lopes	09	GESL	2:37.18	346	35.79	1:15.37	1:56.74	2:37.18
62.	Alice Lucas Pedro	09	SAD	2:37.56	344	36.62	1:17.11	1:58.89	2:37.56
63.	Raquel Correia	04	DRCN	2:38.06	341	33.96	1:13.55	1:56.19	2:38.06
64.	Ines Isabel Sa	08	SAD	2:38.36	339	36.91	1:17.76	1:59.51	2:38.36
65.	Margarida Marques Mercedes	09	VKGS	2:38.79	336	36.88	1:17.30	1:58.91	2:38.79
66.	Rita Sequeira Barros	09	SAD	2:40.01	328	37.20	1:17.89	1:59.74	2:40.01
67.	Daniela Pina Rodrigues	09	GESL	2:40.17	327	36.73	1:17.59	1:59.62	2:40.17
68.	Mafalda Sousa Mira	07	CNN	2:40.40	326	37.24	1:17.99	1:59.45	2:40.40
69.	Vitoria Maria Brandao	07	FS	2:41.33	320	35.59	1:16.09	1:59.06	2:41.33
70.	Ana Kostenko	09	CNS	2:42.14	315	37.67	1:19.09	2:01.29	2:42.14
71.	Rita Gato Costa	08	DRCN	2:42.89	311	37.51	1:19.37	2:02.13	2:42.89
72.	Daniela Patricia Larginho	05	CNCVG	2:43.62	307	36.58	1:17.86	2:00.85	2:43.62
73.	Joana Isabel Venceslau	09	PDEM	2:47.75	285	36.94	1:19.92	2:06.47	2:47.75
74.	Leonor Alexandra Medronheira	05	PDEM	2:48.56	281	37.44	1:20.08	2:04.61	2:48.56
75.	Francisca Vasconcelos Farinha	08	CNLX	2:52.63	261	37.82	1:20.90		2:52.63
DNS	Maria Duarte Marcalo	07	PDEM						