

Prova 36  
10.07.2021 - 11:54

Femin., 800m Livres

Juvenis  
Resultados

Rec Regional Juv A	9:03.83	Ana Cláudia Correia Santos	POR	Jamor	2005
Rec Regional Juv B	9:06.60	Ana Cláudia Correia Santos	POR	Lisboa	2004
Rec Regional Absoluto	8:29.33	Diana Margarida Duraes	POR	Tarragona (ESP)	2018
Rec Nacional Absoluto	8:29.33	Diana Margarida Duraes	POR	Tarragona (ESP)	2018

Pontos: FINA 2021

Pos.	Nadador	Ano	Clube	Tempo	Pts
<b>Juvenis B</b>					
1.	Catarina Andrade Franco	07	Gesloures	<b>10:21.96</b>	473
	100m: 1:10.45 1:10.45	300m: 3:44.82 1:18.29	500m: 6:22.96 1:19.73	700m: 9:05.29 1:20.91	
	200m: 2:26.53 1:16.08	400m: 5:03.23 1:18.41	600m: 7:44.38 1:21.42	800m: 10:21.96 1:16.67	
2.	Sara Sofia Alves	07	Naval Setubalense	<b>10:22.06</b>	473
	100m: 1:11.09 1:11.09	300m: 3:49.29 1:20.05	500m: 6:27.39 1:18.66	700m: 9:05.71 1:18.94	
	200m: 2:29.24 1:18.15	400m: 5:08.73 1:19.44	600m: 7:46.77 1:19.38	800m: 10:22.06 1:16.35	
3.	Leonor Carreiro Rodrigues	07	Benfica	<b>10:23.03</b>	471
	100m: 1:12.96 1:12.96	300m: 3:51.58 1:19.50	500m: 6:28.43 1:17.46	700m: 9:06.26 1:18.57	
	200m: 2:32.08 1:19.12	400m: 5:10.97 1:19.39	600m: 7:47.69 1:19.26	800m: 10:23.03 1:16.77	
4.	Leonor Castanho Santos	07	Sporting	<b>10:32.64</b>	449
	100m: 1:13.11 1:13.11	300m: 3:51.84 1:19.49	500m: 6:28.13 1:16.79	700m: 9:10.19 1:21.40	
	200m: 2:32.35 1:19.24	400m: 5:11.34 1:19.50	600m: 7:48.79 1:20.66	800m: 10:32.64 1:22.45	
5.	Marta Nascimento Ribeiro	07	Natação e Triatlo de Lisboa	<b>10:42.99</b>	428
	100m: 1:13.73 1:13.73	300m: 3:56.67 1:21.87	500m: 6:39.93 1:21.94	700m: 9:23.77 1:22.01	
	200m: 2:34.80 1:21.07	400m: 5:17.99 1:21.32	600m: 8:01.76 1:21.83	800m: 10:42.99 1:19.22	

**Juvenis A**

1.	Maria Esteves Valente	06	Benfica	<b>9:58.40</b>	531
	100m: 1:12.87 1:12.87	300m: 3:44.72 1:15.82	500m: 6:15.45 1:15.02	700m: 8:45.92 1:15.18	
	200m: 2:28.90 1:16.03	400m: 5:00.43 1:15.71	600m: 7:30.74 1:15.29	800m: 9:58.40 1:12.48	
2.	Matilde Nunes Lopes	06	Benfica	<b>9:59.34</b>	529
	100m: 1:11.82 1:11.82	300m: 3:45.74 1:16.99	500m: 6:16.25 1:14.14	700m: 8:46.87 1:15.42	
	200m: 2:28.75 1:16.93	400m: 5:02.11 1:16.37	600m: 7:31.45 1:15.20	800m: 9:59.34 1:12.47	
3.	Carolina Parreira	06	Sporting	<b>10:19.66</b>	478
	100m: 1:12.44 1:12.44	300m: 3:45.66 1:17.04	500m: 6:21.51 1:17.93	700m: 9:01.69 1:20.39	
	200m: 2:28.62 1:16.18	400m: 5:03.58 1:17.92	600m: 7:41.30 1:19.79	800m: 10:19.66 1:17.97	
4.	Ines Correia Teixeira	06	Amadora	<b>10:21.63</b>	474
	100m: 1:14.17 1:14.17	300m: 3:50.50 1:17.62	500m: 6:25.59 1:17.89	700m: 9:05.09 1:19.26	
	200m: 2:32.88 1:18.71	400m: 5:07.70 1:17.20	600m: 7:45.83 1:20.24	800m: 10:21.63 1:16.54	
5.	Erica Candeias Mendes	06	Gesloures	<b>10:38.99</b>	436
	100m: 1:12.58 1:12.58	300m: 3:52.41 1:20.15	500m: 6:34.33 1:21.49	700m: 9:19.09 1:22.50	
	200m: 2:32.26 1:19.68	400m: 5:12.84 1:20.43	600m: 7:56.59 1:22.26	800m: 10:38.99 1:19.90	
6.	Catarina Coutinho Lima	06	Benfica	<b>10:42.32</b>	429
	100m: 1:14.75 1:14.75	300m: 3:56.66 1:21.38	500m: 6:40.11 1:22.13	700m: 9:23.01 1:21.44	
	200m: 2:35.28 1:20.53	400m: 5:17.98 1:21.32	600m: 8:01.57 1:21.46	800m: 10:42.32 1:19.31	
7.	Iris Castro Campos	06	Amadora	<b>10:44.32</b>	425
	100m: 1:14.74 1:14.74	300m: 3:56.53 1:21.55	500m: 6:38.80 1:21.64	700m: 9:23.70 1:22.72	
	200m: 2:34.98 1:20.24	400m: 5:17.16 1:20.63	600m: 8:00.98 1:22.18	800m: 10:44.32 1:20.62	
8.	Ines Gaspar Silva	06	Gesloures	<b>10:57.95</b>	400
	100m: 1:13.93 1:13.93	300m: 3:59.97 1:24.24	500m: 6:48.80 1:24.78	700m: 9:37.63 1:24.03	
	200m: 2:35.73 1:21.80	400m: 5:24.02 1:24.05	600m: 8:13.60 1:24.80	800m: 10:57.95 1:20.32	

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