

Prova 35
10.07.2021 - 11:10

Masc., 1500m Livres

Juvenis
Resultados

Rec Regional Juv A	15:52.62	Diogo Santos Cardoso	POR	Gyoer (HUN)	2017
Rec Regional Juv B	16:31.97	Pedro Fontoura Oliveira	POR	Lisboa	2005
Rec Regional Absoluto	15:15.12	Guilherme Filipe Pina	POR	Coimbra	2017
Rec Nacional Absoluto	15:15.12	Guilherme Filipe Pina	POR	Coimbra	2017

Pontos: FINA 2021

Pos.	Nadador	Ano	Clube	Tempo	Pts
Juvenis B					
1.	Tiago Almeida Correia	06	C N Montijo	18:35.90	475
	100m: 1:06.87 1:06.87	500m: 6:01.89 1:14.41	900m: 11:02.97 1:15.92	1300m: 16:08.60 1:16.95	
	200m: 2:19.61 1:12.74	600m: 7:16.79 1:14.90	1000m: 12:19.24 1:16.27	1400m: 17:23.43 1:14.83	
	300m: 3:33.60 1:13.99	700m: 8:32.16 1:15.37	1100m: 13:36.10 1:16.86	1500m: 18:35.90 1:12.47	
	400m: 4:47.48 1:13.88	800m: 9:47.05 1:14.89	1200m: 14:51.65 1:15.55		
2.	Manuel Costa Simoes	06	Individual ANL	18:46.01	462
	100m: 1:10.22 1:10.22	500m: 6:11.26 1:15.90	900m: 11:12.04 1:15.89	1300m: 16:16.49 1:16.27	
	200m: 2:24.89 1:14.67	600m: 7:25.85 1:14.59	1000m: 12:28.42 1:16.38	1400m: 17:32.68 1:16.19	
	300m: 3:40.04 1:15.15	700m: 8:41.17 1:15.32	1100m: 13:44.17 1:15.75	1500m: 18:46.01 1:13.33	
	400m: 4:55.36 1:15.32	800m: 9:56.15 1:14.98	1200m: 15:00.22 1:16.05		
3.	Tomas Nunes Roque	06	Benfica	18:59.97	446
	100m: 1:08.68 1:08.68	500m: 6:07.99 1:15.24	900m: 11:12.80 1:17.08	1300m: 16:26.18 1:19.07	
	200m: 2:23.25 1:14.57	600m: 7:23.27 1:15.28	1000m: 12:30.80 1:18.00	1400m: 17:44.60 1:18.42	
	300m: 3:38.15 1:14.90	700m: 8:39.20 1:15.93	1100m: 13:48.73 1:17.93	1500m: 18:59.97 1:15.37	
	400m: 4:52.75 1:14.60	800m: 9:55.72 1:16.52	1200m: 15:07.11 1:18.38		
4.	Tiago Ventura Chao	06	Naval Setubalense	19:21.31	421
	100m: 1:11.35 1:11.35	500m: 6:20.73 1:17.30	900m: 11:32.06 1:16.97	1300m: 16:47.85 1:18.49	
	200m: 2:27.78 1:16.43	600m: 7:38.23 1:17.50	1000m: 12:51.38 1:19.32	1400m: 18:06.74 1:18.89	
	300m: 3:44.86 1:17.08	700m: 8:58.37 1:20.14	1100m: 14:09.96 1:18.58	1500m: 19:21.31 1:14.57	
	400m: 5:03.43 1:18.57	800m: 10:15.09 1:16.72	1200m: 15:29.36 1:19.40		
5.	Jose Diogo Fonseca	06	Sporting	19:31.61	410
	100m: 1:10.21 1:10.21	500m: 6:21.32 1:18.41	900m: 11:37.45 1:19.57	1300m: 16:56.58 1:19.83	
	200m: 2:26.23 1:16.02	600m: 7:39.87 1:18.55	1000m: 12:57.35 1:19.90	1400m: 18:15.41 1:18.83	
	300m: 3:44.27 1:18.04	700m: 8:58.84 1:18.97	1100m: 14:17.01 1:19.66	1500m: 19:31.61 1:16.20	
	400m: 5:02.91 1:18.64	800m: 10:17.88 1:19.04	1200m: 15:36.75 1:19.74		

Juvenis A

1.	Andre Henriques Marques	05	Benfica	17:53.71	533
	100m: 1:06.43 1:06.43	500m: 6:00.44 1:14.21	900m: 10:52.11 1:12.98	1300m: 15:34.19 1:10.90	
	200m: 2:18.67 1:12.24	600m: 7:13.49 1:13.05	1000m: 12:04.14 1:12.03	1400m: 16:44.25 1:10.06	
	300m: 3:32.27 1:13.60	700m: 8:26.14 1:12.65	1100m: 13:13.30 1:09.16	1500m: 17:53.71 1:09.46	
	400m: 4:46.23 1:13.96	800m: 9:39.13 1:12.99	1200m: 14:23.29 1:09.99		
2.	Diogo Sousa Barbosa	05	Benfica	18:05.59	516
	100m: 1:05.60 1:05.60	500m: 6:00.16 1:14.05	900m: 10:51.97 1:13.00	1300m: 15:43.23 1:13.28	
	200m: 2:18.32 1:12.72	600m: 7:13.21 1:13.05	1000m: 12:04.68 1:12.71	1400m: 16:56.36 1:13.13	
	300m: 3:32.18 1:13.86	700m: 8:26.07 1:12.86	1100m: 13:17.00 1:12.32	1500m: 18:05.59 1:09.23	
	400m: 4:46.11 1:13.93	800m: 9:38.97 1:12.90	1200m: 14:29.95 1:12.95		
3.	Goncalo Duarte Carvalho	05	Benfica	18:48.81	459
	100m: 1:07.07 1:07.07	500m: 6:04.46 1:15.87	900m: 11:08.65 1:15.76	1300m: 16:15.73 1:16.42	
	200m: 2:20.11 1:13.04	600m: 7:20.74 1:16.28	1000m: 12:25.62 1:16.97	1400m: 17:32.74 1:17.01	
	300m: 3:34.11 1:14.00	700m: 8:36.78 1:16.04	1100m: 13:42.71 1:17.09	1500m: 18:48.81 1:16.07	
	400m: 4:48.59 1:14.48	800m: 9:52.89 1:16.11	1200m: 14:59.31 1:16.60		
4.	Joao Ferreira Rodrigues	05	Geslours	19:27.94	414
	100m: 1:09.34 1:09.34	500m: 6:19.77 1:19.00	900m: 11:37.58 1:19.62	1300m: 16:53.92 1:19.24	
	200m: 2:25.00 1:15.66	600m: 7:39.05 1:19.28	1000m: 12:57.31 1:19.73	1400m: 18:12.29 1:18.37	
	300m: 3:42.73 1:17.73	700m: 8:58.93 1:19.88	1100m: 14:16.71 1:19.40	1500m: 19:27.94 1:15.65	
	400m: 5:00.77 1:18.04	800m: 10:17.96 1:19.03	1200m: 15:34.68 1:17.97		
5.	Afonso Costa Albuquerque	05	Belenenses	20:38.40	347
	100m: 1:11.86 1:11.86	500m: 6:33.51 1:22.89	900m: 12:09.37 1:25.00	1300m: 17:51.29 1:25.46	
	200m: 2:29.48 1:17.62	600m: 7:57.44 1:23.93	1000m: 13:35.03 1:25.66	1400m: 19:15.40 1:24.11	
	300m: 3:48.83 1:19.35	700m: 9:20.42 1:22.98	1100m: 15:00.97 1:25.94	1500m: 20:38.40 1:23.00	
	400m: 5:10.62 1:21.79	800m: 10:44.37 1:23.95	1200m: 16:25.83 1:24.86		

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100m: 1:06.43 1:06.43	500m: 6:00.44 1:14.21	900m: 10:52.11 1:12.98	1300m: 15:34.19 1:10.90
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300m: 3:32.27 1:13.60	700m: 8:26.14 1:12.65	1100m: 13:13.30 1:09.16	1500m: 17:53.71 1:09.46
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2. Diogo Sousa Barbosa	05 Benfica	18:05.59	516
100m: 1:05.60 1:05.60	500m: 6:00.16 1:14.05	900m: 10:51.97 1:13.00	1300m: 15:43.23 1:13.28
200m: 2:18.32 1:12.72	600m: 7:13.21 1:13.05	1000m: 12:04.68 1:12.71	1400m: 16:56.36 1:13.13
300m: 3:32.18 1:13.86	700m: 8:26.07 1:12.86	1100m: 13:17.00 1:12.32	1500m: 18:05.59 1:09.23
400m: 4:46.11 1:13.93	800m: 9:38.97 1:12.90	1200m: 14:29.95 1:12.95	
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300m: 3:33.60 1:13.99	700m: 8:32.16 1:15.37	1100m: 13:36.10 1:16.86	1500m: 18:35.90 1:12.47
400m: 4:47.48 1:13.88	800m: 9:47.05 1:14.89	1200m: 14:51.65 1:15.55	
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100m: 1:10.22 1:10.22	500m: 6:11.26 1:15.90	900m: 11:12.04 1:15.89	1300m: 16:16.49 1:16.27
200m: 2:24.89 1:14.67	600m: 7:25.85 1:14.59	1000m: 12:28.42 1:16.38	1400m: 17:32.68 1:16.19
300m: 3:40.04 1:15.15	700m: 8:41.17 1:15.32	1100m: 13:44.17 1:15.75	1500m: 18:46.01 1:13.33
400m: 4:55.36 1:15.32	800m: 9:56.15 1:14.98	1200m: 15:00.22 1:16.05	
5. Goncalo Duarte Carvalho	05 Benfica	18:48.81	459
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200m: 2:20.11 1:13.04	600m: 7:20.74 1:16.28	1000m: 12:25.62 1:16.97	1400m: 17:32.74 1:17.01
300m: 3:34.11 1:14.00	700m: 8:36.78 1:16.04	1100m: 13:42.71 1:17.09	1500m: 18:48.81 1:16.07
400m: 4:48.59 1:14.48	800m: 9:52.89 1:16.11	1200m: 14:59.31 1:16.60	
6. Tomas Nunes Roque	06 Benfica	18:59.97	446
100m: 1:08.68 1:08.68	500m: 6:07.99 1:15.24	900m: 11:12.80 1:17.08	1300m: 16:26.18 1:19.07
200m: 2:23.25 1:14.57	600m: 7:23.27 1:15.28	1000m: 12:30.80 1:18.00	1400m: 17:44.60 1:18.42
300m: 3:38.15 1:14.90	700m: 8:39.20 1:15.93	1100m: 13:48.73 1:17.93	1500m: 18:59.97 1:15.37
400m: 4:52.75 1:14.60	800m: 9:55.72 1:16.52	1200m: 15:07.11 1:18.38	
7. Tiago Ventura Chao	06 Naval Setubalense	19:21.31	421
100m: 1:11.35 1:11.35	500m: 6:20.73 1:17.30	900m: 11:32.06 1:16.97	1300m: 16:47.85 1:18.49
200m: 2:27.78 1:16.43	600m: 7:38.23 1:17.50	1000m: 12:51.38 1:19.32	1400m: 18:06.74 1:18.89
300m: 3:44.86 1:17.08	700m: 8:58.37 1:20.14	1100m: 14:09.96 1:18.58	1500m: 19:21.31 1:14.57
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100m: 1:09.34 1:09.34	500m: 6:19.77 1:19.00	900m: 11:37.58 1:19.62	1300m: 16:53.92 1:19.24
200m: 2:25.00 1:15.66	600m: 7:39.05 1:19.28	1000m: 12:57.31 1:19.73	1400m: 18:12.29 1:18.37
300m: 3:42.73 1:17.73	700m: 8:58.93 1:19.88	1100m: 14:16.71 1:19.40	1500m: 19:27.94 1:15.65
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9. Jose Diogo Fonseca	06 Sporting	19:31.61	410
100m: 1:10.21 1:10.21	500m: 6:21.32 1:18.41	900m: 11:37.45 1:19.57	1300m: 16:56.58 1:19.83
200m: 2:26.23 1:16.02	600m: 7:39.87 1:18.55	1000m: 12:57.35 1:19.90	1400m: 18:15.41 1:18.83
300m: 3:44.27 1:18.04	700m: 8:58.84 1:18.97	1100m: 14:17.01 1:19.66	1500m: 19:31.61 1:16.20
400m: 5:02.91 1:18.64	800m: 10:17.88 1:19.04	1200m: 15:36.75 1:19.74	
10. Afonso Costa Albuquerque	05 Belenenses	20:38.40	347
100m: 1:11.86 1:11.86	500m: 6:33.51 1:22.89	900m: 12:09.37 1:25.00	1300m: 17:51.29 1:25.46
200m: 2:29.48 1:17.62	600m: 7:57.44 1:23.93	1000m: 13:35.03 1:25.66	1400m: 19:15.40 1:24.11
300m: 3:48.83 1:19.35	700m: 9:20.42 1:22.98	1100m: 15:00.97 1:25.94	1500m: 20:38.40 1:23.00
400m: 5:10.62 1:21.79	800m: 10:44.37 1:23.95	1200m: 16:25.83 1:24.86	