

Prova 27
11.07.2021 - 15:30

Femin., 400m Livres

Absolutos
Resultados

Rec Regional Sen	4:09.49	Diana Margarida Duraes	POR	Tarragona (ESP)	2018
Rec Regional Jun A	4:20.34	Ana Reis Sousa	POR	Oeiras	2019
Rec Regional Jun B	4:20.37	Marta Andreia Ferreira	POR	Berlin (GER)	2002
Rec Regional Juv A	4:24.77	Ana Cláudia Correia Santos	POR	Jamor	2005
Rec Regional Juv B	4:29.25	Susana Patricia Miguel	POR	Oeiras	2004
Rec Regional Absoluto	4:09.49	Diana Margarida Duraes	POR	Tarragona (ESP)	2018
Rec Nacional Absoluto	4:09.49	Diana Margarida Duraes	POR	Tarragona (ESP)	2018

Pontos: FINA 2021

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m	300m	400m
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Juniores B

1.	Mafalda Santos Costa	05	ADRCIMM	4:46.51	4:53.03	525	1:09.15	1:13.72	1:15.28	1:14.88
	DNS Joana Rocha Ferreira	05	SLB	4:49.83						

Juniores A

1.	Maria Ferreira Moura	04	SCP	4:29.59	4:33.08	649	1:05.86	1:09.15	1:09.22	1:08.85
2.	Maria Jardim Fidalgo	04	CNCVG	5:00.00	4:58.84	495	1:09.77	1:15.43	1:17.34	1:16.30

Seniores

1.	Ema Jeronimo Conceicao	03	AEFDTV	4:19.73	4:24.42	715	1:03.62	1:06.31	1:07.46	1:07.03
2.	Francisca Salvador Mesquita	02	ADRCIMM	4:37.51	4:38.40	612	1:06.81	1:10.06	1:11.25	1:10.28
3.	Maria Ornelas Armas	98	VKGS	4:41.03	4:47.13	558	1:06.99	1:12.53	1:13.44	1:14.17
4.	Tatiana Alexandre Cardoso	01	CNA	5:00.00	4:53.62	522	1:07.06	1:13.11	1:16.19	1:17.26
5.	Joana Filipa Varandas	02	CIRL	4:43.21	4:53.95	520	1:09.86	1:14.60	1:15.30	1:14.19
6.	Francisca Razina Oliveira	03	SFUAP	5:01.11	4:56.15	509	1:07.19	1:14.62	1:18.26	1:16.08
	DNS Mariana Marques Mercedes	03	VKGS	5:05.50						

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