

Prova 2 Femin., 800m Livres Absolutos
Resultados
10.07.2021 - 9:20

Rec Regional Sen	8:29.33	Diana Margarida Duraes	POR	Tarragona (ESP)	2018
Rec Regional Jun A	9:05.04	Marta Andreia Lopes Ferreira	POR	Lisboa	2003
Rec Regional Jun B	8:57.14	Marta Andreia Lopes Ferreira	POR		2002
Rec Regional Juv A	9:03.83	Ana Cláudia Correia Santos	POR	Jamor	2005
Rec Regional Juv B	9:06.60	Ana Cláudia Correia Santos	POR	Lisboa	2004
Rec Regional Absoluto	8:29.33	Diana Margarida Duraes	POR	Tarragona (ESP)	2018
Rec Nacional Absoluto	8:29.33	Diana Margarida Duraes	POR	Tarragona (ESP)	2018

Pontos: FINA 2021

Pos.	Nadador	Ano	Clube	Tempo	Pts			
Juniores B								
1.	Mafalda Santos Costa	05	Colegio Int Monte Maior	9:58.48	531			
	100m: 1:10.87	1:10.87	300m: 3:41.20	1:14.85	500m: 6:11.61	1:15.43	700m: 8:43.71	1:16.09
	200m: 2:26.35	1:15.48	400m: 4:56.18	1:14.98	600m: 7:27.62	1:16.01	800m: 9:58.48	1:14.77
2.	Joana Rocha Ferreira	05	Benfica	10:17.36	484			
	100m: 1:10.11	1:10.11	300m: 3:41.89	1:16.72	500m: 6:18.99	1:19.26	700m: 8:58.77	1:18.81
	200m: 2:25.17	1:15.06	400m: 4:59.73	1:17.84	600m: 7:39.96	1:20.97	800m: 10:17.36	1:18.59

Juniores A								
1.	Maria Jardim Fidalgo	04	Colegio Vasco da Gama	10:13.42	493			
	100m: 1:14.33	1:14.33	300m: 3:53.17	1:18.74	500m: 6:26.80	1:16.53	700m: 8:59.43	1:16.15
	200m: 2:34.43	1:20.10	400m: 5:10.27	1:17.10	600m: 7:43.28	1:16.48	800m: 10:13.42	1:13.99

Seniores								
1.	Maria Ornelas Armas	98	Vikings Sports Club	9:42.98	575			
	100m: 1:07.88	1:07.88	300m: 3:34.16	1:13.67	500m: 6:02.17	1:13.79	700m: 8:30.22	1:14.12
	200m: 2:20.49	1:12.61	400m: 4:48.38	1:14.22	600m: 7:16.10	1:13.93	800m: 9:42.98	1:12.76
2.	Ana Rita Matos	02	Belenenses	9:55.47	539			
	100m: 1:10.32	1:10.32	300m: 3:40.29	1:15.48	500m: 6:10.90	1:15.47	700m: 8:41.39	1:15.12
	200m: 2:24.81	1:14.49	400m: 4:55.43	1:15.14	600m: 7:26.27	1:15.37	800m: 9:55.47	1:14.08

Absolutos								
1.	Maria Ornelas Armas	98	Vikings Sports Club	9:42.98	575			
	100m: 1:07.88	1:07.88	300m: 3:34.16	1:13.67	500m: 6:02.17	1:13.79	700m: 8:30.22	1:14.12
	200m: 2:20.49	1:12.61	400m: 4:48.38	1:14.22	600m: 7:16.10	1:13.93	800m: 9:42.98	1:12.76
2.	Ana Rita Matos	02	Belenenses	9:55.47	539			
	100m: 1:10.32	1:10.32	300m: 3:40.29	1:15.48	500m: 6:10.90	1:15.47	700m: 8:41.39	1:15.12
	200m: 2:24.81	1:14.49	400m: 4:55.43	1:15.14	600m: 7:26.27	1:15.37	800m: 9:55.47	1:14.08
3.	Mafalda Santos Costa	05	Colegio Int Monte Maior	9:58.48	531			
	100m: 1:10.87	1:10.87	300m: 3:41.20	1:14.85	500m: 6:11.61	1:15.43	700m: 8:43.71	1:16.09
	200m: 2:26.35	1:15.48	400m: 4:56.18	1:14.98	600m: 7:27.62	1:16.01	800m: 9:58.48	1:14.77
4.	Maria Jardim Fidalgo	04	Colegio Vasco da Gama	10:13.42	493			
	100m: 1:14.33	1:14.33	300m: 3:53.17	1:18.74	500m: 6:26.80	1:16.53	700m: 8:59.43	1:16.15
	200m: 2:34.43	1:20.10	400m: 5:10.27	1:17.10	600m: 7:43.28	1:16.48	800m: 10:13.42	1:13.99
5.	Joana Rocha Ferreira	05	Benfica	10:17.36	484			
	100m: 1:10.11	1:10.11	300m: 3:41.89	1:16.72	500m: 6:18.99	1:19.26	700m: 8:58.77	1:18.81
	200m: 2:25.17	1:15.06	400m: 4:59.73	1:17.84	600m: 7:39.96	1:20.97	800m: 10:17.36	1:18.59