

Prova 1

Masc., 400m Estilos

Absolutos/All

08.02.2020 - 17:00

Resultados

Rec Mundial / World Record	4:03.84	PHELPS Michael	USA	Beijing (CHN)	2008
Rec Europeu / European Record	4:06.16	CSEH Laszlo	HUN	Beijing (CHN)	2008
Rec Meeting / Meeting Record	4:21.13	SANTOS Alexis Manacas	POR	Lisboa	2019
Rec Nacional / Port.Nat Record	4:15.84	SANTOS Alexis Manacas	POR	Rio de Janeiro (BRA)	2016

Meeting Access Time Jun&Sen: 5:04.00; Juv: 5:04.00

Pontos: FINA 2020

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	TReac	Pts
1.	VITAL Joao Alexandre	98	Sporting	4:24.52		783
	50m: 28.62 28.62	150m: 1:34.82 34.41	250m: 2:46.14 37.86	350m: 3:54.57 30.99		
	100m: 1:00.41 31.79	200m: 2:08.28 33.46	300m: 3:23.58 37.44	400m: 4:24.52 29.95		
2.	RAMOS Bruno Miguel	97	Belenses	4:28.92		745
	50m: 28.50 28.50	150m: 1:36.39 35.56	250m: 2:49.13 38.07	350m: 3:59.22 31.72		
	100m: 1:00.83 32.33	200m: 2:11.06 34.67	300m: 3:27.50 38.37	400m: 4:28.92 29.70		
3.	CONDE Alvaro Lopez	92	Louletano / Loule Concelho	4:34.95		697
	50m: 28.67 28.67	150m: 1:39.30 37.18	250m: 2:53.01 37.60	350m: 4:03.96 32.65		
	100m: 1:02.12 33.45	200m: 2:15.41 36.11	300m: 3:31.31 38.30	400m: 4:34.95 30.99		
4.	CATALAO Daniel Nogueira	00	Benfica	4:40.21		658
	50m: 28.96 28.96	150m: 1:40.46 37.75	250m: 2:54.74 37.72	350m: 4:06.55 32.68		
	100m: 1:02.71 33.75	200m: 2:17.02 36.56	300m: 3:33.87 39.13	400m: 4:40.21 33.66		
5.	PENHALE Ben	03	England South West	4:42.28		644
	50m: 29.12 29.12	150m: 1:40.26 36.73	250m: 2:58.11 40.92	350m: 4:11.59 32.91		
	100m: 1:03.53 34.41	200m: 2:17.19 36.93	300m: 3:38.68 40.57	400m: 4:42.28 30.69		
6.	SILVA Tomas Antonio	01	Seleccao da Madeira	4:42.55		642
	50m: 29.79 29.79	150m: 1:41.23 36.79	250m: 2:58.87 41.43	350m: 4:11.67 33.56		
	100m: 1:04.44 34.65	200m: 2:17.44 36.21	300m: 3:38.11 39.24	400m: 4:42.55 30.88		
7.	BARTLEY James	03	England South West	4:42.71		641
	50m: 28.95 28.95	150m: 1:38.58 36.43	250m: 2:55.71 41.37	350m: 4:10.18 32.75		
	100m: 1:02.15 33.20	200m: 2:14.34 35.76	300m: 3:37.43 41.72	400m: 4:42.71 32.53		
8.	CARNEIRO Joao Soares	03	Benfica	4:43.23		638
	50m: 29.32 29.32	150m: 1:41.09 38.16	250m: 2:58.84 40.11	350m: 4:11.88 32.97		
	100m: 1:02.93 33.61	200m: 2:18.73 37.64	300m: 3:38.91 40.07	400m: 4:43.23 31.35		
9.	SILVA Henrique Gomes	02	Estamos Juntos	4:47.90		607
	50m: 28.68 28.68	150m: 1:39.47 36.79	250m: 2:57.45 41.11	350m: 4:14.87 35.10		
	100m: 1:02.68 34.00	200m: 2:16.34 36.87	300m: 3:39.77 42.32	400m: 4:47.90 33.03		
10.	ALVES Paulo Rodrigues	04	Seleccao da Madeira	4:49.52		597
	50m: 30.43 30.43	150m: 1:44.02 38.23	250m: 3:02.13 40.91	350m: 4:16.76 34.03		
	100m: 1:05.79 35.36	200m: 2:21.22 37.20	300m: 3:42.73 40.60	400m: 4:49.52 32.76		
11.	PINTO Pedro Miguel	02	Sporting	4:49.99		594
	50m: 30.01 30.01	150m: 1:44.06 39.16	250m: 3:04.47 41.51	350m: 4:18.15 32.51		
	100m: 1:04.90 34.89	200m: 2:22.96 38.90	300m: 3:45.64 41.17	400m: 4:49.99 31.84		
12.	LUZ Filipe Ferreira	98	Geslours	4:52.99		576
	50m: 30.03 30.03	150m: 1:42.20 37.57	250m: 3:02.58 43.99	350m: 4:20.11 34.25		
	100m: 1:04.63 34.60	200m: 2:18.59 36.39	300m: 3:45.86 43.28	400m: 4:52.99 32.88		
13.	GASPAR Miguel Caridade	99	Seleccao de Coimbra	4:55.10		564
	50m: 31.39 31.39	150m: 1:48.28 40.17	250m: 3:06.30 39.25	350m: 4:21.78 35.66		
	100m: 1:08.11 36.72	200m: 2:27.05 38.77	300m: 3:46.12 39.82	400m: 4:55.10 33.32		
14.	VARGAS Joao Manuel	00	Benfica	4:55.63		561
	50m: 31.38 31.38	150m: 1:47.21 38.75	250m: 3:07.38 42.05	350m: 4:22.42 33.78		
	100m: 1:08.46 37.08	200m: 2:25.33 38.12	300m: 3:48.64 41.26	400m: 4:55.63 33.21		
15.	DIOGO Dinis Miranda	04	Fundação Beatriz Santos	4:57.86		548
	50m: 30.16 30.16	150m: 1:41.29 35.00	250m: 3:07.49 43.29	350m: 4:25.57 33.26		
	100m: 1:06.29 36.13	200m: 2:24.20 42.91	300m: 3:52.31 44.82	400m: 4:57.86 32.29		
16.	TSYKAL Daniel	04	Alcobaca	4:57.90		548
	50m: 30.97 30.97	150m: 1:46.98 39.89	250m: 3:07.04 42.12	350m: 4:24.73 36.59		
	100m: 1:07.09 36.12	200m: 2:24.92 37.94	300m: 3:48.14 41.10	400m: 4:57.90 33.17		
17.	PIEDADE Sebastiao Limbert	00	Alges	4:59.11		541
	50m: 30.11 30.11	150m: 1:46.04 39.99	250m: 3:07.41 42.01	350m: 4:24.60 34.40		
	100m: 1:06.05 35.94	200m: 2:25.40 39.36	300m: 3:50.20 42.79	400m: 4:59.11 34.51		

Prova 1, Masc., 400m Estilos, Absolutos/All

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	TReac	Pts
18.	ALARD VEGAS Javier <i>(Fora Tempo Acesso / Out of Admission Time)</i>	03	Gredos San Diego	5:04.43		513
	50m: 31.22 31.22 150m: 1:44.88 38.69 250m: 3:08.29 43.94 350m: 4:28.89 36.02 100m: 1:06.19 34.97 200m: 2:24.35 39.47 300m: 3:52.87 44.58 400m: 5:04.43 35.54					
DSQ	BASTOS Lucas Pereira <i>E-C50 - Perdeu a posição dorsal na chegada do percurso de costas (SW 6.5)</i>	00	Seleccao de Coimbra	4:42.72		
	50m: 29.82 29.82 150m: 1:41.73 37.38 250m: 2:58.75 39.71 350m: 4:11.55 31.75 100m: 1:04.35 34.53 200m: 2:19.04 37.31 300m: 3:39.80 41.05 400m: 4:42.72 31.17					