

1 - 1ª Sessão

16.06.2019 - 9:00

Prova 1

Masc., 400m Livres

Absolutos

16.06.2019 - 9:00

Lista inscritos

Rec Regional Juv A	4:04.23	Andre Filipe Farinha	SLB	Torrevieja (ESP)	2012
Rec Regional Juv B	4:09.11	Andre Filipe Farinha	SLB	Povoa de Varzim	2011
Rec Regional Inf A	4:15.99	Pedro Fontoura Oliveira	CFB		2004
Rec Regional Inf B	4:28.42	Pedro Fontoura Oliveira	CFB	Lisboa, Restelo	2003
Rec Regional Absoluto	3:51.89	Miguel Duarte Nascimento	SLB	Glasgow (GBR)	2018
Rec Nacional Absoluto	3:51.89	Miguel Duarte Nascimento	SLB	Glasgow (GBR)	2018

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis B									
1	Joao Almeida Gomes	06	Inf B	132828	CNN	4:46.96 S	30.03.2019	Pinhal Novo (POR)	4:52.69
2	Andre Correia Alves	06	Inf B	131173	SFUAP	4:55.28 S	09.03.2019	Setubal (POR)	5:01.18
3	Pedro Goncalves Bonniz	06	Inf B	202696	GESL	5:00.10 S	24.02.2019	Loures (POR)	5:06.10
4	Jose Diogo Fonseca	06	Inf B	205104	GESL	5:00.16 S	09.03.2019	Setubal (POR)	5:06.16
5	Pedro Crispim Jorge	06	Inf B	148340	SFUAP	5:01.55 S	09.03.2019	Setubal (POR)	5:07.58
6	Tiago Almeida Correia	06	Inf B	139280	CNMJ	5:02.23 S	09.03.2019	Setubal (POR)	5:08.27
7	Rodrigo Figueiredo Pissarra	06	Inf B	201328	CPCD	5:03.94 S	09.03.2019	Setubal (POR)	5:10.01
8	Rodrigo Piteira Maio	06	Inf B	200482	CFB	5:04.86 S	09.03.2019	Setubal (POR)	5:10.95
9	Diogo Morgado Figueira	06	Inf B	203863	CPCD	5:13.73 S	09.03.2019	Setubal (POR)	5:20.00
10	Afonso Silva Carvalho	06	Inf B	207782	ADRCIMM	5:38.08 S	09.03.2019	Setubal (POR)	5:44.84
11	Andre Monteiro Caetano	06	Inf B	207211	MODV	5:49.28 S	16.12.2018	Sto Antonio Cavaleiros (POR)	5:56.26
	Manuel Costa Simoes	06	Inf B	200874	CDCP	5:34.40 S	19.01.2019	Alapraia (POR)	5:41.08 RJC

Infantis A

1	Salvador Goya Pertoiro	05	Inf A	200474	SLB	4:32.34 S	30.03.2019	Pinhal Novo (POR)	4:37.78
2	Joao Seixedo Pinheiro	05	Inf A	205374	CNS	4:33.54 S	09.03.2019	Setubal (POR)	4:39.01
3	Andre Henriques Marques	05	Inf A	129665	SLB	4:39.37 S	24.02.2019	Loures (POR)	4:44.95
4	Manuel Pires Oliveira	05	Inf A	201480	PDEM	4:47.57 S	25.04.2019	Sines (POR)	4:53.32
5	Manuel Angelo Pereira	05	Inf A	151305	SCP	4:48.33 S	31.03.2019	Pinhal Novo (POR)	4:54.09
6	João Ferreira Rodrigues	05	Inf A	202709	CNA	4:53.07 S	09.03.2019	Setubal (POR)	4:58.93
7	Tiago Silva Bartolo	05	Inf A	205340	SAD	4:56.60 S	09.03.2019	Setubal (POR)	5:02.53
8	Diogo Rafael Dias	05	Inf A	202931	DRCN	4:56.73 S	16.12.2018	Sto Antonio Cavaleiros (POR)	5:02.66
9	Henrique Caetano Grilo	05	Inf A	132451	ADRCIMM	5:03.53 S	16.12.2018	Sto Antonio Cavaleiros (POR)	5:09.60

Juvenis B

1	Bernardo Jorge Simoes	04	Juv B	130250	CNCVG	4:14.17 L	07.04.2019	Coimbra (POR)	4:14.17
2	Andre Azevedo Baraona	04	Juv B	123965	CNMJ	4:23.63 S	19.01.2019	Alapraia (POR)	4:28.90
3	Joao Afonso Santos	04	Juv B	153371	SCP	4:27.98 S	15.12.2018	Tomar (POR)	4:33.34
4	Francisco Ribeiro Vieira	04	Juv B	130443	AEFDTV	4:31.09 S	19.01.2019	Alapraia (POR)	4:36.51
5	Alexandre Duarte Morais	04	Juv B	132645	PDEM	4:35.25 S	08.12.2018	S Antonio dos Cavaleiros (POR)	4:40.75
6	Pedro Forjaz Cirurgiao	04	Juv B	132564	SAD	4:42.34 L	17.03.2019	Vila Franca de Xira (POR)	4:42.34
7	Guilherme Lousada Carneiro	04	Juv B	132518	AHBE	4:55.52 L	16.06.2018	Vila Franca de Xira (POR)	4:55.52
8	Henrique Manuel Ribeiro	04	Juv B	133303	CDOM	5:00.00			5:00.00
9	Tiago Barroso Proenca	04	Juv B	129698	EULX	5:03.81 L	16.06.2018	Vila Franca de Xira (POR)	5:03.81

Juvenis A

1	Ricardo Martins Ferreira	03	Juv A	127307	AONDA	4:22.56 S	25.04.2019	Sines (POR)	4:27.81
2	Antonio Santos Pereira	03	Juv A	201690	AHBE	4:25.82 S	19.01.2019	Alapraia (POR)	4:31.13
3	Joao Luis Matos	03	Juv A	130239	CNCVG	4:29.62 S	01.07.2018	S. Antonio Cavaleiros (POR)	4:35.01
4	Joao Miguel Cascalheira	03	Juv A	201621	CNS	4:29.76 S	25.04.2019	Sines (POR)	4:35.15
5	Luis Carlos Correia	03	Juv A	207349	INDANL	4:33.81 S	24.11.2018	Alges (POR)	4:39.28
6	Rodrigo Beja Lopes	03	Juv A	132651	AONDA	4:34.57 S	19.01.2019	Alapraia (POR)	4:40.06
	Pedro Esteves Duarte	03	Juv A	132531	CDCP	4:20.08 S	15.12.2018	Tomar (POR)	4:25.28 RJC

Prova 2
16.06.2019 - 9:28
Femin., 200m Livres
Absolutos
Lista inscritos

Rec Regional Juv A	2:07.11	Ana Cláudia Correia Santos	SFUAP	Jamor	2005
Rec Regional Juv B	2:07.77	Maria Ferreira Moura	SCP	Funchal	2018
Rec Regional Inf A	2:10.86	Alexandra Couto Frazao	CNA	Oeiras	2015
Rec Regional Inf B	2:15.80	Beatriz Rodrigues Conde	SCP	Vila Franca de Xira	2010
Rec Regional Absoluto	2:01.48	Diana Margarida Duraes	SLB	Budapest (HUN)	2017
Rec Nacional Absoluto	2:01.48	Diana Margarida Duraes	SLB	Budapest (HUN)	2017

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis B									
1	Catarina Andrade Franco	07	Inf B	203865	GESL	2:21.78 S	31.03.2019	Pinhal Novo (POR)	2:24.61
2	Ana Madalena Simoes	07	Inf B	205228	GESL	2:28.42 S	31.03.2019	Pinhal Novo (POR)	2:31.38
3	Elena Del Bernat	07	Inf B	202964	SAD	2:31.19 S	10.03.2019	Setubal (POR)	2:34.21
4	Juliana Soromenho Santos	07	Inf B	200013	SLB	2:32.79 S	10.03.2019	Setubal (POR)	2:35.84
5	Catarina Mendes Rocha	07	Inf B	203868	GESL	2:33.73 S	31.03.2019	Pinhal Novo (POR)	2:36.80
6	Maria Carlotta Ferrari	07	Inf B	203867	GESL	2:34.25 S	20.10.2018	Estoril (POR)	2:37.33
7	Marta Nascimento Ribeiro,	07	Inf B	204145	CNATRIL	2:34.42 S	10.03.2019	Setubal (POR)	2:37.50
8	Leticia Rodrigues Magalhaes	07	Inf B	205089	PDEM	2:34.44 S	10.03.2019	Setubal (POR)	2:37.52
9	Maria Francisca Malfeito	07	Inf B	141513	SCP	2:35.14 S	29.03.2019	Pinhal Novo (POR)	2:38.24
10	Luisa Ponte Jorge	07	Inf B	204158	SFUAP	2:35.25 S	31.03.2019	Pinhal Novo (POR)	2:38.35
11	Ines Santos Silva	07	Inf B	203842	ADRCIMM	2:37.24 S	10.03.2019	Setubal (POR)	2:40.38
12	Leonor Carreiro Rodrigues	07	Inf B	205129	SLB	2:38.07 S	10.03.2019	Setubal (POR)	2:41.23
13	Maria Bandarra Matos	07	Inf B	205233	SCP	2:39.30 S	10.03.2019	Setubal (POR)	2:42.48
14	Leonor Castanho Santos	07	Inf B	150848	SCP	2:39.66 S	10.03.2019	Setubal (POR)	2:42.85
15	Rita Sacadura Almeida	07	Inf B	202961	SAD	2:42.36 S	10.03.2019	Setubal (POR)	2:45.60
16	Luana Ababii	07	Inf B	205635	CNA	2:47.88 S	25.04.2019	Sines (POR)	2:51.23
17	Daniela Pereira Silva	07	Inf B	202495	COL	2:49.14 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:52.52
18	Beatriz Heitor Cachaco	07	Inf B	205927	MODV	2:49.55 S	10.03.2019	Setubal (POR)	2:52.94
19	Ines Trindade Dionisio	07	Inf B	204565	CNN	2:50.45 S	20.10.2018	Estoril (POR)	2:53.85
20	Emma Aguiar Bergamo	07	Inf B	202965	SAD	2:50.86 S	20.10.2018	Estoril (POR)	2:54.27
21	Ines Gomes Carmo	07	Inf B	205127	SLB	2:53.15 S	08.03.2019	Setubal (POR)	2:56.61
22	Matilde Anjos Frischknecht	07	Inf B	202519	CNS	2:53.60 S	20.10.2018	Estoril (POR)	2:57.07
23	Margarida Santos Botelho	07	Inf B	202518	CNS	2:53.91 S	20.10.2018	Estoril (POR)	2:57.38
24	Ines Portela Pereira	07	Inf B	205035	GESL	2:56.81 S	20.10.2018	Estoril (POR)	3:00.34
25	Eva Sofia Ascenso	07	Inf B	204705	GESL	2:57.43 S	20.10.2018	Estoril (POR)	3:00.97
26	Leonor Carvalho Oliveira	07	Inf B	200901	DRCN	2:59.25 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:02.83
27	Daniela Sofia Silva	07	Inf B	201549	DRCN	3:00.78 S	20.10.2018	Estoril (POR)	3:04.39
28	Leonor Albuquerque Falcao	07	Inf B	203892	MODV	3:00.81 S	20.10.2018	Estoril (POR)	3:04.42
29	Leonor Peso Parente	07	Inf B	208092	PDEM	3:04.49 S	20.10.2018	Estoril (POR)	3:08.18
30	Rita Lima Batista	07	Inf B	202522	CNS	3:06.48 S	20.10.2018	Estoril (POR)	3:10.21
31	Mafalda Sa Bandeira	07	Inf B	202680	AEFDTV	3:07.58 S	20.10.2018	Estoril (POR)	3:11.33
32	Maria Fatima Medinas	07	Inf B	202864	CPCD	3:09.58 S	03.06.2018	Alapraia (POR)	3:13.37
33	Maria Duarte Marçalo	07	Inf B	204390	PDEM	3:09.97 S	20.10.2018	Estoril (POR)	3:13.76
34	Maria Leonor Varandas	07	Inf B	205929	MODV	3:10.07 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:13.87
35	Leonor Machado Severeino	07	Inf B	202677	AEFDTV	3:13.66 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:17.53
36	Clara Vieira Tojo	07	Inf B	205956	SLB	3:13.76 S	20.10.2018	Estoril (POR)	3:17.63
37	Ana Raquel Varajao	07	Inf B	203406	ADST	3:14.94 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:18.83
38	Beatriz Ferreira Perpétuo	07	Inf B	203881	PDEM	3:21.16 S	20.10.2018	Estoril (POR)	3:25.18
39	Beatriz de Matos Cachopo	07	Inf B	207184	CPCD	3:30.00			3:30.00
40	Mafalda Sousa Mira	07	Inf B	204566	CNN	3:30.00			3:30.00
41	Catarina DAzevedo Pinto	07	Inf B	204986	CNN	3:30.00			3:30.00
42	Maria Voronova	07	Inf B	202496	COL	3:30.00			3:30.00
43	Ines Sofia Pires	07	Inf B	202473	DRCN	3:30.00			3:30.00
44	Matilde Nunes Ribeiro	07	Inf B	205117	DRCN	3:30.00			3:30.00
45	Leonor Gino Canhao	07	Inf B	207817	SFUAP	3:30.00			3:30.00
	Rita Costa Goncalves	07	Inf B	202683	AEFDTV	3:00.39 S	20.10.2018	Estoril (POR)	3:03.99 WDR
	Leonor Bordalo Dias	07	Inf B	204710	MODV	3:07.40 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:11.14 WDR
	Ana Sofia Silva	07	Inf B	202909	PDEM	3:17.25 S	20.10.2018	Estoril (POR)	3:21.19 WDR

Infantis A

1	Maria Leonor Coelho	06	Inf A	132470	SLB	2:17.48 S	10.03.2019	Setubal (POR)	2:20.23
2	Francisca Santos Ferreira	06	Inf A	200402	SAD	2:18.67 S	10.03.2019	Setubal (POR)	2:21.44
3	Leonor Tavares Catalao	06	Inf A	202215	SCP	2:19.07 S	10.03.2019	Setubal (POR)	2:21.85
4	Maria Esteves Valente	06	Inf A	202954	SLB	2:19.38 S	10.03.2019	Setubal (POR)	2:22.16
5	Beatriz Mocego Niza	06	Inf A	148435	CNA	2:21.85 S	31.03.2019	Pinhal Novo (POR)	2:24.68
6	Beatriz Fernandes Gama	06	Inf A	151459	SCP	2:22.10 S	29.03.2019	Pinhal Novo (POR)	2:24.94
7	Marta Bailarote Santos	06	Inf A	201616	CNS	2:22.64 S	31.03.2019	Pinhal Novo (POR)	2:25.49
8	Rebeca Neves Antunes	06	Inf A	148284	CNCVG	2:22.65 S	24.02.2019	Loures (POR)	2:25.50

Prova 2, Femin., 200m Livres

9	Filipa Ferraz Domingos	06	Inf A	200878	SCP	2:23.25	S	31.03.2019	Pinhal Novo (POR)	2:26.11	
10	Marina Alexandra Oliveira	06	Inf A	200174	CNS	2:24.10	S	10.03.2019	Setubal (POR)	2:26.98	
11	Catarina Gomes Costa	06	Inf A	201543	EULX	2:26.65	S	10.03.2019	Setubal (POR)	2:29.58	
12	Marta Silva Santos	06	Inf A	200182	CNS	2:28.23	S	10.03.2019	Setubal (POR)	2:31.19	
13	Carolina Martins Camacho	06	Inf A	202646	SFUAP	2:28.27	S	31.03.2019	Pinhal Novo (POR)	2:31.23	
14	Leonor Santos Duro	06	Inf A	202520	CNS	2:31.37	L	16.06.2018	Vila Franca de Xira (POR)	2:31.37	
15	Madalena Correa Sa	06	Inf A	201548	GESL	2:29.58	S	10.03.2019	Setubal (POR)	2:32.57	
16	Leonor Viola Marques	06	Inf A	202339	CNCVG	2:31.23	S	10.03.2019	Setubal (POR)	2:34.25	
17	Maria Pinto Monteiro	06	Inf A	201397	SFUAP	2:31.27	S	31.03.2019	Pinhal Novo (POR)	2:34.29	
18	Mafalda Mourao Lopes	06	Inf A	202221	ADST	2:32.05	S	10.03.2019	Setubal (POR)	2:35.09	
19	Mariana Coelho Carvalho	06	Inf A	200172	CNS	2:32.12	S	20.10.2018	Estoril (POR)	2:35.16	
20	Clara Sofia Herminio	06	Inf A	202218	CDCP	2:33.66	S	10.03.2019	Setubal (POR)	2:36.73	
21	Beatriz Portugal Costa	06	Inf A	133278	SLB	2:37.22	L	07.07.2018	Setubal (POR)	2:37.22	
22	Margarida Barbara Marques	06	Inf A	200396	SAD	2:34.83	S	10.03.2019	Setubal (POR)	2:37.92	
23	Eva Kurnosa	06	Inf A	204628	CPCD	2:37.35	S	10.03.2019	Setubal (POR)	2:40.49	
24	Sofia Medeiros Pereira	06	Inf A	207512	CNMJ	2:38.75	S	10.03.2019	Setubal (POR)	2:41.92	
25	Catarina Pinto Reis	06	Inf A	200876	CDOM	2:39.11	S	23.02.2019	Peniche (POR)	2:42.29	
26	Mariana Ramos Zacarias	06	Inf A	200183	CNS	2:41.00	S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:44.22	
27	Mariana Ribeiro Roseiro	06	Inf A	200733	PDEM	2:41.66	S	20.10.2018	Estoril (POR)	2:44.89	
28	Sara Lagorsse Caldas	06	Inf A	153255	JFA	2:47.29	L	16.06.2018	Vila Franca de Xira (POR)	2:47.29	
29	Leonor Roque Mendes	06	Inf A	203844	ADRCIMM	2:45.71	S	24.02.2019	Loures (POR)	2:49.02	
30	Dumitrita Ghelinschi	06	Inf A	201496	CNMJ	2:50.84	S	04.05.2019	Estremoz (POR)	2:54.25	
31	Leonor Eduarda Baptista	06	Inf A	153384	SLB	2:54.54	L	16.06.2018	Vila Franca de Xira (POR)	2:54.54	
32	Joana Rita Semedo	06	Inf A	200728	ADST	2:51.15	S	19.01.2019	Castelo Branco (POR)	2:54.57	
33	Iris Castro Campos	06	Inf A	205634	CNA	2:55.67	S	20.10.2018	Estoril (POR)	2:59.18	
34	Leonor Jesus Mendes	06	Inf A	208654	FS	2:59.92	S	10.03.2019	Setubal (POR)	3:03.51	
35	Matilde Marins Pereira	06	Inf A	203573	CPCD	3:11.28	L	16.06.2018	Vila Franca de Xira (POR)	3:11.28	
36	Margarida Pires Oliveira	06	Inf A	200190	ADRCIMM	3:20.73	L	16.06.2018	Vila Franca de Xira (POR)	3:20.73	
37	Matilde Nunes Lopes	06	Inf A	201711	SLB	3:25.00				3:25.00	
38	Andria Bekauri	06	Inf A	200142	COL	3:25.00				3:25.00	
	Joana Soares Biltes	06	Inf A	202351	GESL	2:57.32	S	20.10.2018	Estoril (POR)	3:00.86	WDR
	Matilde Jesus Lima	06	Inf A	210316	GESL	3:25.00				3:25.00	WDR

Juvenis B

1	Sofia Antunes Sebastiao	05	Juv B	147121	CNA	2:15.57	S	16.12.2018	Tomar (POR)	2:18.28	
2	Joana Rocha Ferreira	05	Juv B	201560	SLB	2:18.80	S	16.12.2018	Tomar (POR)	2:21.57	
3	Mariana Marques Santos	05	Juv B	150757	GESL	2:21.68	L	16.03.2019	Vila Franca de Xira (POR)	2:21.68	
4	Carolina Fonseca Gomes	05	Juv B	202528	CDOM	2:19.10	S	23.02.2019	Peniche (POR)	2:21.88	
5	Margarida Domingues Nunes	05	Juv B	201398	EULX	2:19.60	S	25.11.2018	Alges (POR)	2:22.39	
6	Simone Filipe Monteiro	05	Juv B	203878	GESL	2:23.20	L	16.03.2019	Vila Franca de Xira (POR)	2:23.20	
7	Francisca Otao Tribuna	05	Juv B	132463	SLB	2:23.67	L	16.03.2019	Vila Franca de Xira (POR)	2:23.67	
8	Carmo Dias Vieira	05	Juv B	201319	EULX	2:23.68	L	16.03.2019	Vila Franca de Xira (POR)	2:23.68	
9	Rita Abibe Goncalves	05	Juv B	144730	GESL	2:25.25	L	16.03.2019	Vila Franca de Xira (POR)	2:25.25	
10	Maria Del Rio Bernat	05	Juv B	200403	SAD	2:25.46	L	16.03.2019	Vila Franca de Xira (POR)	2:25.46	
11	Luciana Rodrigues Moura	05	Juv B	129624	AONDA	2:25.87	L	16.03.2019	Vila Franca de Xira (POR)	2:25.87	
12	Filipa Raposo Silva	05	Juv B	153359	SCP	2:24.29	S	16.12.2018	Tomar (POR)	2:27.17	
13	Neuza Velho Magalhaes	05	Juv B	131096	SLB	2:27.26	L	09.02.2019	Lisboa (POR)	2:27.26	
14	Nicole Patriarca Franca	05	Juv B	153435	SCP	2:24.51	S	14.12.2018	Tomar (POR)	2:27.40	
15	Mariana Reis Ferreira	05	Juv B	200724	AONDA	2:27.48	L	07.07.2018	Setubal (POR)	2:27.48	
16	Luisa Morais Marques	05	Juv B	137863	AEFDTV	2:24.66	S	12.01.2019	Torres Novas (POR)	2:27.55	
17	Madalena Carrapico Alexandrino	05	Juv B	132560	SAD	2:24.88	S	16.12.2018	Tomar (POR)	2:27.77	
18	Sara Carreira Melo	05	Juv B	153366	GESL	2:25.25	S	25.11.2018	Alges (POR)	2:28.15	
19	Maria Correia Ricardo	05	Juv B	129496	CNS	2:29.67	L	16.03.2019	Vila Franca de Xira (POR)	2:29.67	
20	Sara Nunes Conceicao	05	Juv B	201393	SFUAP	2:26.75	S	25.11.2018	Alges (POR)	2:29.68	
21	Maria Antonia Ferraz	05	Juv B	128378	AHBE	2:26.98	S	25.04.2019	Sines (POR)	2:29.92	
22	Lara Moreira Lopo	05	Juv B	130424	EULX	2:30.80	L	16.03.2019	Vila Franca de Xira (POR)	2:30.80	
23	Mariana Andreia Silva	05	Juv B	141810	SCP	2:27.85	S	16.12.2018	Tomar (POR)	2:30.80	
24	Barbara Cunha Ventura	05	Juv B	132458	SLB	2:27.98	S	25.11.2018	Alges (POR)	2:30.94	
25	Beatriz Isabel Tavares	05	Juv B	200181	CNS	2:31.82	L	16.03.2019	Vila Franca de Xira (POR)	2:31.82	
26	Maria Sousa Caxaria	05	Juv B	148574	CNMJ	2:33.67	L	16.03.2019	Vila Franca de Xira (POR)	2:33.67	
27	Maria Ines Pinto	05	Juv B	132618	CPCD	2:31.03	S	24.11.2018	Alges (POR)	2:34.05	
28	Rafaela Diogo Martins	05	Juv B	132214	CNS	2:32.62	S	25.04.2019	Sines (POR)	2:35.67	
29	Maria Jacob Marta	05	Juv B	202334	AHBE	2:36.00	S	25.04.2019	Sines (POR)	2:39.12	
30	Carolina Alexandra Silva	05	Juv B	133296	DRCN	2:38.41	S	20.01.2019	Alapraia (POR)	2:41.57	
31	Catarina Martins Ferreira	05	Juv B	132506	AONDA	2:44.98	L	16.06.2018	Vila Franca de Xira (POR)	2:44.98	
32	Beatriz Barroso Silva	05	Juv B	133302	CDOM	2:43.55	S	25.11.2018	Alges (POR)	2:46.82	
33	Joana Matilde Inacio	05	Juv B	201035	DRCN	2:50.70	L	16.06.2018	Vila Franca de Xira (POR)	2:50.70	
34	Margarida Martins Pereira	05	Juv B	207244	CPCD	2:52.58	L	16.06.2018	Vila Franca de Xira (POR)	2:52.58	
35	Catarina Silva Tavares	05	Juv B	201696	DRCN	2:53.42	L	16.06.2018	Vila Franca de Xira (POR)	2:53.42	
36	Inês Azinheira Serra	05	Juv B	153113	PDEM	2:58.22	S	25.04.2019	Sines (POR)	3:01.78	
37	Clarisse Sousa Barradas	05	Juv B	207193	DRCN	3:05.00				3:05.00	

Prova 2, Femin., 200m Livres
Juvenis A

1	Anais Cloe Pereira	04	Juv A	147048	SCP	2:18.01	L	16.03.2019	Vila Franca de Xira (POR)	2:18.01	
2	Vera Figueiredo Narra	04	Juv A	131121	CNA	2:15.75	S	16.12.2018	Tomar (POR)	2:18.46	
3	Daniela Alexandra Pedro	04	Juv A	130864	SCP	2:20.44	L	09.02.2019	Lisboa (POR)	2:20.44	
4	Joana Marinho Coelho	04	Juv A	131514	SCP	2:21.46	L	09.02.2019	Lisboa (POR)	2:21.46	
5	Madalena Graca Geraldos	04	Juv A	131511	SCP	2:22.95	L	16.06.2018	Vila Franca de Xira (POR)	2:22.95	
6	Margarida Filipe Ferreira	04	Juv A	132347	CDCP	2:23.33	L	06.07.2018	Setubal (POR)	2:23.33	
7	Maria Martins Camacho	04	Juv A	130618	SFUAP	2:21.11	S	25.11.2018	Alges (POR)	2:23.93	
8	Mariana Fragoso Guterres	04	Juv A	200475	SLB	2:24.33	L	16.06.2018	Vila Franca de Xira (POR)	2:24.33	
9	Raquel Raposo Lopes	04	Juv A	153469	CDCP	2:21.87	S	25.04.2019	Sines (POR)	2:24.70	
10	Marta Pereira Domingos	04	Juv A	132529	SFUAP	2:26.44	S	20.01.2019	Alapraia (POR)	2:29.36	
11	Alice Castico Moreira	04	Juv A	123963	CNMJ	2:30.82	L	16.03.2019	Vila Franca de Xira (POR)	2:30.82	
12	Renata Campos Reis	04	Juv A	200422	GESL	2:28.59	S	17.02.2019	Sto Antonio dos Cavaleiros (POR)	2:31.56	
13	Luana Santos Freitas	04	Juv A	130470	CNA	2:35.47	L	16.06.2018	Vila Franca de Xira (POR)	2:35.47	
14	Carolina Anjos Frischknecht	04	Juv A	129489	CNS	2:38.64	L	17.03.2019	Vila Franca de Xira (POR)	2:38.64	
15	Maria Leonor Marques	04	Juv A	132523	CDOM	2:42.47	L	16.06.2018	Vila Franca de Xira (POR)	2:42.47	
16	Margarida Mendes Bras	04	Juv A	131030	CNMJ	2:42.67	L	16.06.2018	Vila Franca de Xira (POR)	2:42.67	
17	Carolina Sofia Miranda	04	Juv A	205338	CNMJ	3:01.77	L	16.06.2018	Vila Franca de Xira (POR)	3:01.77	
18	Raquel Correia	04	Juv A	205119	DRCN	3:01.79	L	16.06.2018	Vila Franca de Xira (POR)	3:01.79	
19	Bruna Sofia Silva	04	Juv A	207182	CPCD	3:02.45	L	16.06.2018	Vila Franca de Xira (POR)	3:02.45	
20	Joana Miguel Sousa	04	Juv A	130442	AHBE	3:03.00				3:03.00	
21	Alisa Bekauri	04	Juv A	128989	COL	3:03.00				3:03.00	
	Laura Moreno Goncalves	04	Juv A	207189	DRCN	2:57.63	S	20.01.2019	Alapraia (POR)	3:01.18	WDR

Prova 3
Masc., 200m Bruços
Absolutos

16.06.2019 - 10:28

Lista inscritos

Rec Regional Juv A	2:23.94	André Miguel Silva	PDEM	Coimbra	2007
Rec Regional Juv B	2:24.15	Andre Miguel Silva	PDEM	Loule	2006
Rec Regional Inf A	2:32.07	Joao Soares Carneiro	SLB	Loule	2017
Rec Regional Inf B	2:42.90	Joao Lourenco Rebelo	SAD	Loule	2017
Rec Regional Absoluto	2:13.34	Carlos Esteves Almeida	CNA	Pequim (CHN)	2008
Rec Nacional Absoluto	2:13.21	Carlos Esteves Almeida	FPN	Barcelona (ESP)	2013

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.	
Infantis B										
1	Afonso Silvestre Almeida	06	Inf B	148411	CNA	2:45.52	S	10.03.2019	Setubal (POR)	2:50.48
2	David Miguel Morais	06	Inf B	153428	SLB	2:56.02	S	31.03.2019	Pinhal Novo (POR)	3:01.30
3	Miguel Guilherme Sousa	06	Inf B	208095	SCP	3:05.17	S	10.03.2019	Setubal (POR)	3:10.72
4	Jose Diogo Fonseca	06	Inf B	205104	GESL	3:06.69	S	21.10.2018	Estoril (POR)	3:12.29
5	Tomas Nunes Roque	06	Inf B	132472	SLB	3:07.36	S	21.10.2018	Estoril (POR)	3:12.98
6	Pedro Crispim Jorge	06	Inf B	148340	SFUAP	3:07.82	S	21.10.2018	Estoril (POR)	3:13.45
7	Goncalo Alves Costa	06	Inf B	205905	CFB	3:10.37	S	10.03.2019	Setubal (POR)	3:16.08
8	Rodrigo Andrade Mesquita	06	Inf B	141949	SCP	3:12.45	S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:18.22
9	Tomas Leal Parelho	06	Inf B	139290	CNMJ	3:15.89	S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:21.76
10	Guilherme Santos Gavea	06	Inf B	153382	SLB	3:16.04	S	10.03.2019	Setubal (POR)	3:21.92
11	Goncalo Albino Ramos	06	Inf B	202513	CNS	3:19.91	S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:25.90
12	Tomas Maia Januario	06	Inf B	202694	GESL	3:21.78	S	21.10.2018	Estoril (POR)	3:27.83
13	Martim Frederico Paulino	06	Inf B	202524	CNS	3:32.99	S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:39.38
14	David Joao Ferreira	06	Inf B	203890	MODV	3:33.44	S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:39.84
15	Martim Daniel Torres	06	Inf B	207792	CNS	3:56.92	S	21.10.2018	Estoril (POR)	4:04.02
16	Afonso Silva Carvalho	06	Inf B	207782	ADRCIMM	4:05.00				4:05.00
17	Dinis Oliveira Clemente	06	Inf B	202770	ADRCIMM	4:05.00				4:05.00
18	Guilherme Fernandes Baptista	06	Inf B	153381	SLB	4:05.00				4:05.00
19	Rafael Filipe Lopes	06	Inf B	201700	GESL	4:05.00				4:05.00
20	Rafael Duarte Beato	06	Inf B	204757	MODV	4:05.00				4:05.00
21	Andre Monteiro Caetano	06	Inf B	207211	MODV	4:05.00				4:05.00
22	Martim Carvalho Fonseca	06	Inf B	205041	MODV	4:05.00				4:05.00
23	Daniel Cardoso Santos	06	Inf B	207359	MODV	4:05.00				4:05.00
24	Andre Correia Alves	06	Inf B	131173	SFUAP	4:05.00				4:05.00

Prova 3, Masc., 200m Bruços
Infantis A

1	Simao Lopes Oliveira	05	Inf A	200178	CNS	2:35.61 S	31.03.2019	Pinhal Novo (POR)	2:40.27
2	Gonçalo Duarte Carvalho	05	Inf A	132466	SLB	2:41.49 S	31.03.2019	Pinhal Novo (POR)	2:46.33
3	Tomas Ferreira Duro	05	Inf A	132663	ADRCIMM	2:43.32 S	21.10.2018	Estoril (POR)	2:48.22
4	Tomas Almeida Cordeiro	05	Inf A	125238	SAD	2:52.33 S	10.03.2019	Setubal (POR)	2:57.50
5	Tiago Rodrigues Pinto	05	Inf A	132514	SCP	2:52.91 S	17.02.2019	Sto Antonio dos Cavaleiros (POR)	2:58.09
6	Miguel Correia Anacleto	05	Inf A	151340	SCP	3:03.42 L	16.06.2018	Vila Franca de Xira (POR)	3:03.42
7	Jose Alves Monteiro	05	Inf A	200398	SAD	3:00.70 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:06.12
8	Miguel Dias Batista	05	Inf A	202934	CNA	3:01.45 S	25.04.2019	Sines (POR)	3:06.89
9	Pedro Dinis Casquinha	05	Inf A	208656	FS	3:03.24 S	10.03.2019	Setubal (POR)	3:08.73
10	Afonso Costa Albuquerque	05	Inf A	132515	CFB	3:03.46 S	10.03.2019	Setubal (POR)	3:08.96
11	Pedro Maria Amado	05	Inf A	148286	SAD	3:03.80 S	21.10.2018	Estoril (POR)	3:09.31
12	Henrique Caetano Grilo	05	Inf A	132451	ADRCIMM	3:08.55 S	21.10.2018	Estoril (POR)	3:14.20
13	Daniel Nemchynov	05	Inf A	204009	CPCD	3:09.40 S	10.03.2019	Setubal (POR)	3:15.08
14	Martim Jose Rodrigues	05	Inf A	200143	COL	3:11.58 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:17.32
15	Igor Fonseca Jesus	05	Inf A	200144	COL	3:17.36 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:23.28
16	Ivo Pinto Duarte	05	Inf A	153128	CFB	3:22.66 S	21.10.2018	Estoril (POR)	3:28.74
17	Rodrigo Filipe Valerio	05	Inf A	208391	CPCD	3:25.66 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:31.83
18	Simao Matos Mira	05	Inf A	202211	JFA	3:31.80 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:38.15
19	Andre Henriques Marques	05	Inf A	129665	SLB	3:40.00			3:40.00
20	Vasco Alves Morgado	05	Inf A	147123	SAD	3:40.00			3:40.00
21	Jose Manuel Sa	05	Inf A	203114	SCP	3:40.00			3:40.00

Juvenis B

1	Tiago Fanha Lopes	04	Juv B	129520	CNMJ	2:43.73 S	19.01.2019	Alapraia (POR)	2:48.64
2	Andre Azevedo Baraona	04	Juv B	123965	CNMJ	2:43.75 S	19.01.2019	Alapraia (POR)	2:48.66
3	Hugo Tomas Silva	04	Juv B	200491	AONDA	2:45.21 S	25.04.2019	Sines (POR)	2:50.16
4	Miguel Filipe Anjo	04	Juv B	201394	CDCP	2:51.14 L	10.02.2019	Lisboa (POR)	2:51.14
5	Miguel Madeira Silva	04	Juv B	132664	AONDA	2:47.61 S	25.04.2019	Sines (POR)	2:52.63
6	Tomas Pratas Neto	04	Juv B	132652	PDEM	2:52.52 S	19.01.2019	Alapraia (POR)	2:57.69
7	Diogo Miguel Monteiro	04	Juv B	147200	DRCN	2:52.95 S	25.11.2018	Alges (POR)	2:58.13
8	Mario Catalao Moura	04	Juv B	205377	CNS	2:56.13 S	19.01.2019	Alapraia (POR)	3:01.41
9	Afonso Leonel Barreto	04	Juv B	202862	CPCD	3:02.01 L	07.07.2018	Setubal (POR)	3:02.01
10	Goncalo Filipe Carrapito	04	Juv B	129666	SFUAP	3:05.39 L	16.06.2018	Vila Franca de Xira (POR)	3:05.39
11	Rodrigo Neves Fernandes	04	Juv B	150758	GESL	3:06.61 L	16.06.2018	Vila Franca de Xira (POR)	3:06.61
12	Miguel Alexandre Araujo	04	Juv B	131174	SFUAP	3:21.54 L	16.06.2018	Vila Franca de Xira (POR)	3:21.54
13	Henrique Antao Neves	04	Juv B	208965	CPCD	3:16.58 S	19.01.2019	Alapraia (POR)	3:22.47
14	Simao Martins Pereira	04	Juv B	202201	GESL	3:26.56 L	16.06.2018	Vila Franca de Xira (POR)	3:26.56
15	Luis Miguel Raposo	04	Juv B	201950	CPCD	3:30.00			3:30.00
16	Joao Pedro Faustino	04	Juv B	203986	CDCP	3:30.00			3:30.00
17	David Jorge Sequeira	04	Juv B	130234	CNCVG	3:30.00			3:30.00
18	Guilherme Machado Santos	04	Juv B	200202	SFUAP	3:30.00			3:30.00

Juvenis A

1	David Van Ossenbruggen	03	Juv A	126428	SFUAP	2:36.53 L	07.04.2019	Coimbra (POR)	2:36.53
2	Guilherme Matias Cristino	03	Juv A	132528	SFUAP	2:38.22 L	07.04.2019	Coimbra (POR)	2:38.22
3	Goncalo Feliciano Santos	03	Juv A	202529	SCP	2:42.91 S	17.02.2019	Sto Antonio dos Cavaleiros (POR)	2:47.79
4	Tiago Represas Loureiro	03	Juv A	208178	FS	2:54.55 S	19.01.2019	Alapraia (POR)	2:59.78
5	Goncalo Miguel Rodrigues	03	Juv A	126830	AHBE	2:54.75 S	19.01.2019	Alapraia (POR)	2:59.99
6	Alexandre Coelho Vieira	03	Juv A	131516	SCP	3:03.66 L	16.06.2018	Vila Franca de Xira (POR)	3:03.66
7	Tomas Graca Firme	03	Juv A	245445692	EULX	3:15.00			3:15.00

Prova 4
16.06.2019 - 11:16

Femin., 200m Mariposa

Absolutos
Lista inscritos

Rec Regional Juv A	2:15.56	Ana Rita Francisco	SFUAP	Geneve (SUI)	1995
Rec Regional Juv B	2:20.75	Susana Patricia Miguel	SFUAP	Genova (ITA)	2004
Rec Regional Inf A	2:23.14	Susana Patricia Miguel	SFUAP	Lisboa	2003
Rec Regional Inf B	2:30.76	Susana Patricia Miguel	SFUAP	Restelo	2002
Rec Regional Absoluto	2:12.29	Victoria Kaminskaya	ESJB	Pontevedra (ESP)	2017
Rec Nacional Absoluto	2:08.03	Ana Catarina Monteiro	CFV	Glasgow (GBR)	2018

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
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Infantis B

1	Catarina Andrade Franco	07	Inf B	203865	GESL	2:47.62 S	09.03.2019	Setubal (POR)	2:52.64
2	Maria Carlotta Ferrari	07	Inf B	203867	GESL	2:51.80 S	30.03.2019	Pinhal Novo (POR)	2:56.95
3	Maria Teresa Garcell	07	Inf B	200891	AEFDTV	3:09.42 S	09.03.2019	Setubal (POR)	3:15.10
4	Teresa Joao Pires	07	Inf B	202977	SAD	3:10.68 S	09.03.2019	Setubal (POR)	3:16.40
5	Sara Sofia Alves	07	Inf B	202517	CNS	3:12.51 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:18.28
6	Matilde Anjos Frischknecht	07	Inf B	202519	CNS	3:27.86 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:34.09
7	Rita Lima Batista	07	Inf B	202522	CNS	3:40.00			3:40.00
8	Margarida Santos Botelho	07	Inf B	202518	CNS	3:40.00			3:40.00
9	Matilde Nunes Ribeiro	07	Inf B	205117	DRCN	3:40.00			3:40.00

Infantis A

1	Catarina Lima Antunes	06	Inf A	151077	SCP	3:00.81 L	21.07.2018	S. Joao da Madeira (POR)	3:00.81
2	Mafalda Mourao Lopes	06	Inf A	202221	ADST	3:08.23 S	25.04.2019	Sines (POR)	3:13.87
3	Patricia Sofia Coelho	06	Inf A	201546	GESL	3:29.16 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:35.43

Juvenis B

1	Luciana Rodrigues Moura	05	Juv B	129624	AONDA	2:42.20 S	25.04.2019	Sines (POR)	2:47.06
2	Madalena Sampaio Torgal	05	Juv B	132521	AHBE	2:50.45 S	25.04.2019	Sines (POR)	2:55.56
	Neuza Velho Magalhaes	05	Juv B	131096	SLB	3:01.63 L	07.07.2018	Setubal (POR)	3:01.63 WDR

Juvenis A

1	Mariana Fragoso Guterres	04	Juv A	200475	SLB	2:42.01 L	29.07.2018	Oeiras (POR)	2:42.01
2	Ana Sofia Inacio	04	Juv A	202686	SCP	2:43.90 L	17.03.2019	Vila Franca de Xira (POR)	2:43.90
3	Andreia Velho Magalhaes	04	Juv A	131092	SLB	2:45.35 L	17.03.2019	Vila Franca de Xira (POR)	2:45.35
4	Leonor Esteves Santos	04	Juv A	130603	EULX	2:48.61 S	20.01.2019	Alapraia (POR)	2:53.66

Prova 5
16.06.2019 - 11:28

Masc., 200m Costas

Absolutos
Lista inscritos

Rec Regional Juv A	2:06.59	Joao Alexandre Vital	ADRCIMM	Netanya (ISR)	2014
Rec Regional Juv B	2:06.44	Joao Alexandre Vital	FPN	Utrecht (NED)	2013
Rec Regional Inf A	2:14.94	Joao Alexandre Vital	ADRCIMM	Rio Maior	2012
Rec Regional Inf B	2:24.13	Diogo Nuno Valente	SCP	Oeiras	2015
Rec Regional Absoluto	1:59.31	Francisco Rogerio Santos	SCP	Coimbra	2019
Rec Nacional Absoluto	1:58.83	Pedro Diogo Oliveira	FPN	Londres (GBR)	2012

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
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Infantis B

1	Pedro Goncalves Boniz	06	Inf B	202696	GESL	2:33.97 S	09.03.2019	Setubal (POR)	2:37.04
2	Antonio Coelho Vieira	06	Inf B	141506	SCP	2:34.78 S	09.03.2019	Setubal (POR)	2:37.87
3	Tomas Maia Januario	06	Inf B	202694	GESL	2:37.26 S	30.03.2019	Pinhal Novo (POR)	2:40.40
4	Manuel Faria Silvestre	06	Inf B	202906	SLB	2:37.73 S	30.03.2019	Pinhal Novo (POR)	2:40.88
5	Miguel Mera Herrero	06	Inf B	151461	SCP	2:39.12 S	30.03.2019	Pinhal Novo (POR)	2:42.30
6	Tomas Nunes Roque	06	Inf B	132472	SLB	2:39.85 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:43.04
7	Ricardo Freitas Neto	06	Inf B	141864	SCP	2:40.32 S	09.03.2019	Setubal (POR)	2:43.52
8	Martim Barata Antunes	06	Inf B	153385	SLB	2:45.08 S	09.03.2019	Setubal (POR)	2:48.38
9	Tiago Nunes Silva	06	Inf B	201949	CPCD	2:48.59 S	09.03.2019	Setubal (POR)	2:51.96
10	Goncalo Albino Ramos	06	Inf B	202513	CNS	2:49.16 S	09.03.2019	Setubal (POR)	2:52.54
11	Martim Frederico Paulino	06	Inf B	202524	CNS	2:50.58 S	09.03.2019	Setubal (POR)	2:53.99

Prova 5, Masc., 200m Costas

12	Rafael Filipe Lopes	06	Inf B	201700	GESL	2:51.93 S	09.03.2019	Setubal (POR)	2:55.36
13	Goncalo Alves Costa	06	Inf B	205905	CFB	2:54.15 S	09.03.2019	Setubal (POR)	2:57.63
14	Joao Almeida Gomes	06	Inf B	132828	CNN	2:55.06 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:58.56
15	Guilherme Santos Gavea	06	Inf B	153382	SLB	2:55.67 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:59.18
16	Guilherme Fernandes Baptista	06	Inf B	153381	SLB	2:58.40 S	20.10.2018	Estoril (POR)	3:01.96
17	Leandro Carvalho Semedo	06	Inf B	203874	GESL	2:58.80 S	20.10.2018	Estoril (POR)	3:02.37
18	Manuel Costa Simoes	06	Inf B	200874	CDCP	3:03.45 S	20.10.2018	Estoril (POR)	3:07.11
19	Martim Carvalho Fonseca	06	Inf B	205041	MODV	3:05.15 S	20.10.2018	Estoril (POR)	3:08.85
20	Tiago Ventura Chao	06	Inf B	202516	CNS	3:08.61 S	20.10.2018	Estoril (POR)	3:12.38
21	Martim Daniel Torres	06	Inf B	207792	CNS	3:15.32 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:19.22
22	Joao Miguel Moreira	06	Inf B	202968	SAD	3:17.48 S	20.10.2018	Estoril (POR)	3:21.43
23	Rodrigo Onofre Matos	06	Inf B	200159	GESL	3:18.10 S	20.10.2018	Estoril (POR)	3:22.06
24	Luis Pedro Figueiredo	06	Inf B	203875	GESL	3:25.00			3:25.00
25	Rodrigo Franco Palare	06	Inf B	203877	GESL	3:25.00			3:25.00
26	Simao Barros Morao	06	Inf B	202976	SAD	3:25.00			3:25.00
27	Andre Cunha Ribeiro	06	Inf B	205940	SAD	3:25.00			3:25.00
28	Pedro Bethlem Tigre	06	Inf B	208305	SCP	3:25.00			3:25.00

Infantis A

1	Joao Seixedo Pinheiro	05	Inf A	205374	CNS	2:22.77 S	09.03.2019	Setubal (POR)	2:25.62
2	Miguel Cordeiro Almeida	05	Inf A	200392	SAD	2:26.39 S	30.03.2019	Pinhal Novo (POR)	2:29.31
3	Gabriel Carvalho Ferrao	05	Inf A	132345	CDCP	2:26.73 S	09.03.2019	Setubal (POR)	2:29.66
4	Salvador Goya Perloiro	05	Inf A	200474	SLB	2:26.98 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:29.92
5	Martim Silva Cortes	05	Inf A	200486	AONDA	2:27.14 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:30.08
6	Afonso Lucio Costa	05	Inf A	202216	SCP	2:28.94 S	30.03.2019	Pinhal Novo (POR)	2:31.91
7	Pedro Mahua Alvarez	05	Inf A	208096	SCP	2:29.37 S	30.03.2019	Pinhal Novo (POR)	2:32.35
8	Francisc Gututui	05	Inf A	200907	SAD	2:31.21 S	30.03.2019	Pinhal Novo (POR)	2:34.23
9	Diogo Sousa Barbosa	05	Inf A	133332	SLB	2:31.97 S	09.03.2019	Setubal (POR)	2:35.00
10	Manuel Pires Oliveira	05	Inf A	201480	PDEM	2:33.60 S	30.03.2019	Pinhal Novo (POR)	2:36.67
11	Eduard Daniel Milanov	05	Inf A	202776	CNS	2:35.12 S	09.03.2019	Setubal (POR)	2:38.22
12	Filipe Simoes Freitas	05	Inf A	202349	SCP	2:35.58 S	20.12.2018	Luanda (ANG)	2:38.69
13	Diogo Rafael Dias	05	Inf A	202931	DRCN	2:40.70 S	20.10.2018	Estoril (POR)	2:43.91
14	Diogo Botelho Capricho	05	Inf A	142035	SCP	2:44.76 L	07.07.2018	Setubal (POR)	2:44.76
15	Simao Lopes Oliveira	05	Inf A	200178	CNS	2:42.19 S	25.04.2019	Sines (POR)	2:45.43
16	Raul Correia Pires	05	Inf A	131388	AONDA	2:51.41 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:54.83
17	Gonçalo Pereira Gracioso	05	Inf A	202124	AONDA	2:54.59 S	20.10.2018	Estoril (POR)	2:58.08
18	Miguel Palminha Serafim	05	Inf A	205339	CNMJ	2:54.64 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:58.13
19	Ivo Pinto Duarte	05	Inf A	153128	CFB	2:57.89 S	20.10.2018	Estoril (POR)	3:01.44
20	Vasco Santos Silva	05	Inf A	153388	SLB	2:58.86 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:02.43
21	Dinis Santos Almeida	05	Inf A	208651	FS	2:59.76 S	09.03.2019	Setubal (POR)	3:03.35
22	Joao Pedro Passarinho	05	Inf A	204711	MODV	3:05.00			3:05.00

Juvenis B

1	Miguel Costa Simoes	04	Juv B	132350	CDCP	2:17.70 S	20.01.2019	Alapraia (POR)	2:20.45
2	Guilherme Machado Santos	04	Juv B	200202	SFUAP	2:22.16 L	07.04.2019	Coimbra (POR)	2:22.16
3	Francisco Ribeiro Vieira	04	Juv B	130443	AEFDTV	2:21.81 S	12.01.2019	Torres Novas (POR)	2:24.64
4	Francisco Sousa Uva	04	Juv B	201477	SAD	2:29.32 L	16.03.2019	Vila Franca de Xira (POR)	2:29.32
5	Afonso Cipriano Pinto	04	Juv B	153352	SCP	2:26.61 S	17.02.2019	Sto Antonio dos Cavaleiros (POR)	2:29.54
6	Tomas Santos Luis	04	Juv B	153367	SCP	2:30.03 L	16.03.2019	Vila Franca de Xira (POR)	2:30.03
7	Goncalo Gomes Augusto	04	Juv B	127270	AONDA	2:28.35 S	20.01.2019	Alapraia (POR)	2:31.31
8	Afonso Romao Francisco	04	Juv B	204573	CDCP	2:28.55 S	25.04.2019	Sines (POR)	2:31.52
9	Tomas Pratas Neto	04	Juv B	132652	PDEM	2:28.94 S	25.04.2019	Sines (POR)	2:31.91
10	Goncalo Filipe Carrapito	04	Juv B	129666	SFUAP	2:30.04 S	20.01.2019	Alapraia (POR)	2:33.04
11	Goncalo Afonso Gouveia	04	Juv B	153360	SCP	2:34.60 L	07.07.2018	Setubal (POR)	2:34.60
12	Tomas Martins Mira	04	Juv B	132215	CNS	2:31.81 S	24.11.2018	Alges (POR)	2:34.84
13	Mario Catalao Moura	04	Juv B	205377	CNS	2:34.08 S	25.04.2019	Sines (POR)	2:37.16
14	Duarte Cadima Goncalves	04	Juv B	153295	CNMJ	2:37.91 S	20.01.2019	Alapraia (POR)	2:41.06
15	Rafael Caceres Lopes	04	Juv B	201395	SFUAP	2:41.31 L	16.06.2018	Vila Franca de Xira (POR)	2:41.31
16	Daniel Zorro Correia	04	Juv B	131065	PDEM	2:38.96 S	20.01.2019	Alapraia (POR)	2:42.13
17	Joao Silva Angelino	04	Juv B	132832	PDEM	2:40.75 S	20.01.2019	Alapraia (POR)	2:43.96
18	Miguel Alexandre Araujo	04	Juv B	131174	SFUAP	2:47.91 S	20.01.2019	Alapraia (POR)	2:51.26
19	Victor Bethlem Tigre	04	Juv B	208094	SCP	2:48.31 S	24.11.2018	Alges (POR)	2:51.67
20	Tomas Rebelo Dias	04	Juv B	148500	EULX	2:52.47 L	16.06.2018	Vila Franca de Xira (POR)	2:52.47
21	Guilherme Pinto Restolho	04	Juv B	200488	INDANL	2:55.00			2:55.00
22	Alexandre Duarte Morais	04	Juv B	132645	PDEM	2:55.00			2:55.00

Prova 5, Masc., 200m Costas
Juvenis A

1	Antonio Santos Pereira	03	Juv A	201690	AHBE	2:11.40	S	09.12.2018	S Antonio dos Cavaleiros (POR)	2:14.02	
2	Pedro Henriques Correia	03	Juv A	125257	SLB	2:17.80	S	15.12.2018	Tomar (POR)	2:20.55	
3	Ricardo Martins Ferreira	03	Juv A	127307	AONDA	2:19.27	S	25.04.2019	Sines (POR)	2:22.05	
4	Jose Miguel Oliveira	03	Juv A	129493	CNS	2:20.39	S	15.12.2018	Tomar (POR)	2:23.19	
5	Gonçalo Nuno Raposo	03	Juv A	126880	AONDA	2:20.94	S	25.04.2019	Sines (POR)	2:23.75	
6	Bernardo Araujo Freire	03	Juv A	129532	SAD	2:21.39	S	15.12.2018	Tomar (POR)	2:24.21	
7	Pedro Pires Gomes	03	Juv A	129534	CFB	2:26.77	L	16.03.2019	Vila Franca de Xira (POR)	2:26.77	
8	Joao Maria Colaco	03	Juv A	131515	SCP	2:24.00	S	15.12.2018	Tomar (POR)	2:26.88	
9	Luis Maia Pegado	03	Juv A	131701	SCP	2:26.88	S	24.11.2018	Alges (POR)	2:29.81	
10	Diogo Miguel Duraes	03	Juv A	123448	CNMJ	2:28.26	S	20.01.2019	Alapraia (POR)	2:31.22	
11	Daniel Shumeika Zayika	03	Juv A	128884	SLB	2:29.34	S	20.01.2019	Alapraia (POR)	2:32.32	
12	Pedro Esteves Duarte	03	Juv A	132531	CDCP	2:31.66	S	12.01.2019	Torres Novas (POR)	2:34.69	
13	Pedro Miguel Matos	03	Juv A	130244	CNCVG	2:38.63	L	16.03.2019	Vila Franca de Xira (POR)	2:38.63	
14	Joao Matos Fidalgo	03	Juv A	128885	SLB	2:40.00				2:40.00	
15	Joao Miguel Cascalheira	03	Juv A	201621	CNS	2:40.00				2:40.00	
16	Tomas Graca Firme	03	Juv A	245445692	EULX	2:40.00				2:40.00	
17	Daniel Alexandre Ascenso	03	Juv A	131377	GESL	2:40.00				2:40.00	
	Tomas Nogueira Gomes	03	Juv A	126626	SFUAP	2:05.22	S	09.12.2018	S Antonio dos Cavaleiros (POR)	2:07.72	WDR

Prova 6

16.06.2019 - 12:14

Femin., 200m Estilos
**Absolutos
Lista inscritos**

Rec Regional Juv A	2:21.01	Raquel Gomes Pereira	SAD	Coimbra	2015
Rec Regional Juv B	2:23.78	Ines Camacho Fernandes	SCP	Trabzon (TUR)	2011
Rec Regional Inf A	2:28.56	Susana Patricia Miguel	CNA	Paris (FRA)	2003
Rec Regional Inf B	2:33.06	Ines Camacho Fernandes	SCP	S. Joao da Madeira	2009
Rec Regional Absoluto	2:13.87	Victoria Kaminskaya	ESJB	Pontevedra (ESP)	2017
Rec Nacional Absoluto	2:13.87	Victoria Kaminskaya	ESJB	Pontevedra (ESP)	2017

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.		
Infantis B											
1	Anastacia Tshesnovska	07	Inf B	142403	SCP	2:57.69	L	12.05.2019	Vila Franca de Xira (POR)	2:57.69	
2	Daniela Alexandra Santos	07	Inf B	141429	SCP	2:58.29	L	12.05.2019	Vila Franca de Xira (POR)	2:58.29	
3	Sara Viana Vicencio	07	Inf B	205029	SCP	2:55.12	S	30.03.2019	Pinhal Novo (POR)	2:58.62	
4	Magda Silva Pereira	07	Inf B	203893	GESL	2:56.43	S	09.03.2019	Setubal (POR)	2:59.95	
5	Catarina Mendes Rocha	07	Inf B	203868	GESL	2:56.79	S	30.03.2019	Pinhal Novo (POR)	3:00.32	
6	Ines Azevedo Baraona	07	Inf B	139292	CNMJ	2:58.31	S	09.03.2019	Setubal (POR)	3:01.87	
7	Luisa Ponte Jorge	07	Inf B	204158	SFUAP	3:05.52	L	12.05.2019	Vila Franca de Xira (POR)	3:05.52	
8	Leonor Carvalho Oliveira	07	Inf B	200901	DRCN	3:02.94	S	24.02.2019	Loures (POR)	3:06.59	
9	Ines Trindade Dionisio	07	Inf B	204565	CNN	3:06.36	S	09.03.2019	Setubal (POR)	3:10.08	
10	Daniela Sofia Silva	07	Inf B	201549	DRCN	3:08.23	S	17.11.2018	Estoril (POR)	3:11.99	
11	Margarida Valente Silva	07	Inf B	200896	AEFDTV	3:09.59	S	09.03.2019	Setubal (POR)	3:13.38	
12	Ines Portela Pereira	07	Inf B	205035	GESL	3:10.56	S	09.03.2019	Setubal (POR)	3:14.37	
13	Leonor Albuquerque Falcao	07	Inf B	203892	MODV	3:11.50	S	09.03.2019	Setubal (POR)	3:15.33	
14	Beatriz Reis Pinto	07	Inf B	205957	SLB	3:11.68	S	17.11.2018	Estoril (POR)	3:15.51	
15	Leonor Carreiro Rodrigues	07	Inf B	205129	SLB	3:11.70	S	17.11.2018	Estoril (POR)	3:15.53	
16	Ines Santos Barbosa	07	Inf B	208653	FS	3:15.70	S	09.03.2019	Setubal (POR)	3:19.61	
17	Marta Nascimento Ribeiro,	07	Inf B	204145	CNATRIL	3:16.15	S	21.10.2018	Estoril (POR)	3:20.07	
18	Maria Leonor Varandas	07	Inf B	205929	MODV	3:22.76	S	17.11.2018	Estoril (POR)	3:26.81	
19	Eva Sofia Ascenso	07	Inf B	204705	GESL	3:27.51	S	01.11.2018	Lisboa (POR)	3:31.66	
20	Ines Santos Silva	07	Inf B	203842	ADRCIMM	3:40.00				3:40.00	
21	Ines Gomes Carmo	07	Inf B	205127	SLB	3:40.00				3:40.00	
22	Alice Gomes Durao	07	Inf B	202907	SLB	3:40.00				3:40.00	
	Leonor Bordalo Dias	07	Inf B	204710	MODV	3:29.10	S	17.11.2018	Estoril (POR)	3:33.28	WDR

Infantis A

1	Rebeca Neves Antunes	06	Inf A	148284	CNCVG	2:36.80	L	12.05.2019	Vila Franca de Xira (POR)	2:36.80
2	Maria Leonor Coelho	06	Inf A	132470	SLB	2:35.29	S	30.03.2019	Pinhal Novo (POR)	2:38.39
3	Marta Bailarote Santos	06	Inf A	201616	CNS	2:37.36	S	30.03.2019	Pinhal Novo (POR)	2:40.50
4	Maria Esteves Valente	06	Inf A	202954	SLB	2:40.71	L	12.05.2019	Vila Franca de Xira (POR)	2:40.71
5	Rita Joao Serra	06	Inf A	200738	SLB	2:38.19	S	26.01.2019	Abrantes (POR)	2:41.35
6	Ines Correia Teixeira	06	Inf A	133334	CNA	2:40.55	S	30.03.2019	Pinhal Novo (POR)	2:43.76
7	Madalena Correa Sa	06	Inf A	201548	GESL	2:40.67	S	16.02.2019	Leiria (POR)	2:43.88
8	Marina Alexandra Oliveira	06	Inf A	200174	CNS	2:43.78	S	30.03.2019	Pinhal Novo (POR)	2:47.05

Prova 6, Femin., 200m Estilos

9	Erica Candeias Mendes	06	Inf A	147116	CNA	2:45.99	S	30.03.2019	Pinhal Novo (POR)	2:49.31	
10	Beatriz Portugal Costa	06	Inf A	133278	SLB	2:47.07	S	09.03.2019	Setubal (POR)	2:50.41	
11	Catarina Gomes Costa	06	Inf A	201543	EULX	2:47.09	S	30.03.2019	Pinhal Novo (POR)	2:50.43	
12	Ema Faria Matta	06	Inf A	202337	CNCVG	2:48.72	S	09.03.2019	Setubal (POR)	2:52.09	
13	Leonor Viola Marques	06	Inf A	202339	CNCVG	2:49.45	S	09.03.2019	Setubal (POR)	2:52.83	
14	Ines Machado Marques	06	Inf A	201032	CNCVG	2:49.48	S	30.03.2019	Pinhal Novo (POR)	2:52.87	
15	Mariana Ramos Zacarias	06	Inf A	200183	CNS	2:49.69	S	25.04.2019	Sines (POR)	2:53.08	
16	Maria Beatriz Costa	06	Inf A	204155	SCP	2:49.81	S	17.11.2018	Estoril (POR)	2:53.20	
17	Carolina Costa Diniz	06	Inf A	151038	SCP	2:51.18	S	09.03.2019	Setubal (POR)	2:54.60	
18	Catarina Coutinho Lima	06	Inf A	132460	SLB	2:55.13	L	12.05.2019	Vila Franca de Xira (POR)	2:55.13	
19	Leonor Roque Mendes	06	Inf A	203844	ADRCIMM	2:55.75	L	12.05.2019	Vila Franca de Xira (POR)	2:55.75	
20	Madalena Fragoso Guterres	06	Inf A	202908	SLB	2:52.62	S	09.03.2019	Setubal (POR)	2:56.07	
21	Leonor Eduarda Baptista	06	Inf A	153384	SLB	2:55.80	S	09.03.2019	Setubal (POR)	2:59.31	
22	Sofia Medeiros Pereira	06	Inf A	207512	CNMJ	3:01.26	S	04.05.2019	Estremoz (POR)	3:04.88	
23	Rita Rodrigues Antunes	06	Inf A	151370	SCP	3:04.99	L	16.06.2018	Vila Franca de Xira (POR)	3:04.99	
24	Joana Rita Semedo	06	Inf A	200728	ADST	3:01.79	S	25.04.2019	Sines (POR)	3:05.42	
25	Matilde Aparicio Pereira	06	Inf A	200477	CNA	3:02.39	S	17.11.2018	Estoril (POR)	3:06.03	
26	Daniela Dias Coutinho	06	Inf A	203870	GESL	3:06.84	L	16.06.2018	Vila Franca de Xira (POR)	3:06.84	
27	Carina Tymsoh	06	Inf A	206434	INDANL	3:20.00	L	16.06.2018	Vila Franca de Xira (POR)	3:20.00	
28	Margarida Pires Oliveira	06	Inf A	200190	ADRCIMM	3:33.63	S	21.10.2018	Estoril (POR)	3:37.90	
29	Catarina Pinto Reis	06	Inf A	200876	CDOM	3:38.00				3:38.00	
30	Patricia Sofia Coelho	06	Inf A	201546	GESL	3:38.00				3:38.00	
	Joana Soares Biltes	06	Inf A	202351	GESL	3:22.55	S	01.11.2018	Lisboa (POR)	3:26.60	WDR
	Matilde Jesus Lima	06	Inf A	210316	GESL	3:38.00				3:38.00	WDR

Juvenis B

1	Margarida Domingues Nunes	05	Juv B	201398	EULX	2:32.97	L	17.03.2019	Vila Franca de Xira (POR)	2:32.97	
2	Isadora Maia Andre	05	Juv B	132800	SLB	2:31.60	S	15.12.2018	Tomar (POR)	2:34.63	
3	Soraia Maria Salgado	05	Juv B	132513	AEFDTV	2:37.96	L	12.05.2019	Vila Franca de Xira (POR)	2:37.96	
4	Maria Correia Ricardo	05	Juv B	129496	CNS	2:39.79	L	17.03.2019	Vila Franca de Xira (POR)	2:39.79	
5	Carolina Fonseca Gomes	05	Juv B	202528	CDOM	2:37.71	S	15.12.2018	Tomar (POR)	2:40.86	
6	Joana Fernandes Gama	05	Juv B	153361	SCP	2:42.06	L	17.03.2019	Vila Franca de Xira (POR)	2:42.06	
7	Joana Rocha Ferreira	05	Juv B	201560	SLB	2:39.22	S	15.12.2018	Tomar (POR)	2:42.40	
8	Carmo Dias Vieira	05	Juv B	201319	EULX	2:39.57	S	25.11.2018	Alges (POR)	2:42.76	
9	Luisa Morais Marques	05	Juv B	137863	AEFDTV	2:41.96	S	15.12.2018	Tomar (POR)	2:45.19	
10	Rafaela Diogo Martins	05	Juv B	132214	CNS	2:45.02	S	25.11.2018	Alges (POR)	2:48.32	
11	Ana Belo Braga	05	Juv B	132505	AONDA	2:46.22	S	25.11.2018	Alges (POR)	2:49.54	
12	Rita Ferreira Gomes	05	Juv B	132565	SAD	2:49.88	L	17.03.2019	Vila Franca de Xira (POR)	2:49.88	
13	Mariana Reis Ferreira	05	Juv B	200724	AONDA	2:46.57	S	25.04.2019	Sines (POR)	2:49.90	
14	Catarina Maria Santos	05	Juv B	201337	CPCD	2:46.92	S	25.11.2018	Alges (POR)	2:50.25	
15	Maria Carolina Vargas	05	Juv B	132561	SLB	2:52.44	L	17.03.2019	Vila Franca de Xira (POR)	2:52.44	
16	Maria Sousa Caxaria	05	Juv B	148574	CNMJ	2:49.44	S	04.05.2019	Estremoz (POR)	2:52.82	
17	Lara Moreira Lopo	05	Juv B	130424	EULX	2:52.03	S	02.02.2019	Ponte de Sor (POR)	2:55.47	
18	Sara Nunes Conceicao	05	Juv B	201393	SFUAP	2:52.07	S	28.10.2018	Setubal (POR)	2:55.51	
19	Catarina Martins Ferreira	05	Juv B	132506	AONDA	2:56.63	L	17.03.2019	Vila Franca de Xira (POR)	2:56.63	
20	Beatriz Barroso Silva	05	Juv B	133302	CDOM	3:07.25	L	16.06.2018	Vila Franca de Xira (POR)	3:07.25	
21	Margarida Martins Pereira	05	Juv B	207244	CPCD	3:04.36	S	19.01.2019	Alapraia (POR)	3:08.04	
22	Matilde Aleixo Duarte	05	Juv B	202526	CNS	3:07.46	S	25.04.2019	Sines (POR)	3:11.20	

Juvenis A

1	Leonor Esteves Santos	04	Juv A	130603	EULX	2:29.62	L	04.04.2019	Coimbra (POR)	2:29.62	
2	Margarida Filipe Ferreira	04	Juv A	132347	CDCP	2:33.69	L	10.02.2019	Lisboa (POR)	2:33.69	
3	Carolina Porem Henriques	04	Juv A	129802	SCP	2:39.62	L	16.06.2018	Vila Franca de Xira (POR)	2:39.62	
4	Margarida Carvalho Barao	04	Juv A	130241	CNCVG	2:42.13	L	12.05.2019	Vila Franca de Xira (POR)	2:42.13	
5	Marta Pereira Domingos	04	Juv A	132529	SFUAP	2:42.60	L	17.03.2019	Vila Franca de Xira (POR)	2:42.60	
6	Maria Freire Alves	04	Juv A	132522	AHBE	2:42.93	L	17.03.2019	Vila Franca de Xira (POR)	2:42.93	
7	Beatriz Costa Melo	04	Juv A	132555	SAD	2:46.15	S	19.01.2019	Alapraia (POR)	2:49.47	
8	Alice Castico Moreira	04	Juv A	123963	CNMJ	2:46.17	S	19.01.2019	Alapraia (POR)	2:49.49	
9	Carolina Anjos Frischknecht	04	Juv A	129489	CNS	2:54.62	S	19.01.2019	Alapraia (POR)	2:58.11	
10	Raquel Correia	04	Juv A	205119	DRCN	3:11.88	S	19.01.2019	Alapraia (POR)	3:15.71	

2 - 2ª Sessão

16.06.2019 - 16:00

Prova 7

Femin., 400m Livres

Absolutos

16.06.2019 - 16:00

Lista inscritos

Rec Regional Juv A	4:24.77	Ana Cláudia Correia Santos	SFUAP	Jamor	2005
Rec Regional Juv B	4:29.25	Susana Patricia Miguel	SFUAP	Oeiras	2004
Rec Regional Inf A	4:34.74	Alexandra Couto Frazao	CNA	Oeiras	2015
Rec Regional Inf B	4:45.72	Beatriz Rodrigues Conde	SCP	Porto	2010
Rec Regional Absoluto	4:09.49	Diana Margarida Duraes	SLB	Tarragona (ESP)	2018
Rec Nacional Absoluto	4:09.49	Diana Margarida Duraes	SLB	Tarragona (ESP)	2018

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis B									
1	Elena Del Bernat	07	Inf B	202964	SAD	5:11.71 S	10.03.2019	Setubal (POR)	5:17.94
2	Maria Teresa Garcell	07	Inf B	200891	AEFDTV	5:13.80 S	10.03.2019	Setubal (POR)	5:20.07
3	Leticia Rodrigues Magalhaes	07	Inf B	205089	PDEM	5:23.92 S	25.04.2019	Sines (POR)	5:30.39
4	Catarina Ferreira Rodrigues	07	Inf B	200708	CNA	5:28.14 S	31.03.2019	Pinhal Novo (POR)	5:34.70
5	Maria Leonor Rodrigues	07	Inf B	203917	AHBE	5:29.04 S	31.03.2019	Pinhal Novo (POR)	5:35.62
6	Ines Azevedo Baraona	07	Inf B	139292	CNMJ	5:34.84 S	10.03.2019	Setubal (POR)	5:41.53
7	Filipa Neves DAvo	07	Inf B	207347	ANAM	6:02.55 S	16.12.2018	Sto Antonio Cavaleiros (POR)	6:09.80
8	Leonor Carvalho Oliveira	07	Inf B	200901	DRCN	6:05.79 S	20.01.2019	Alapraia (POR)	6:13.10

Infantis A

1	Marta Bailarote Santos	06	Inf A	201616	CNS	5:09.12 S	25.04.2019	Sines (POR)	5:15.30
2	Luana Cardoso Magalhaes	06	Inf A	201688	AHBE	5:14.62 S	16.12.2018	Sto Antonio Cavaleiros (POR)	5:20.91
3	Ines Gaspar Silva	06	Inf A	204152	GESL	5:16.05 S	10.03.2019	Setubal (POR)	5:22.37
4	Carolina Martins Camacho	06	Inf A	202646	SFUAP	5:19.01 S	10.03.2019	Setubal (POR)	5:25.39
5	Mafalda Mourao Lopes	06	Inf A	202221	ADST	5:22.89 S	10.03.2019	Setubal (POR)	5:29.34
6	Rita Borges Silva	06	Inf A	200715	CNA	5:35.13 S	20.01.2019	Alapraia (POR)	5:41.83
7	Leonor Roque Mendes	06	Inf A	203844	ADRCIMM	5:39.70 S	24.02.2019	Loures (POR)	5:46.49
8	Margarida Pires Oliveira	06	Inf A	200190	ADRCIMM	5:50.00			5:50.00
9	Joana Rita Semedo	06	Inf A	200728	ADST	5:50.00			5:50.00
10	Matilde Nunes Lopes	06	Inf A	201711	SLB	5:50.00			5:50.00
	Clara Sofia Herminio	06	Inf A	202218	CDCP	5:23.43 S	10.03.2019	Setubal (POR)	5:29.89 RJC

Juvenis B

1	Margarida Domingues Nunes	05	Juv B	201398	EULX	4:57.53 L	17.03.2019	Vila Franca de Xira (POR)	4:57.53
2	Iris Pereira Carrao	05	Juv B	201392	CIRL	5:02.83 L	23.03.2019	Rio Maior (POR)	5:02.83
3	Carmo Dias Vieira	05	Juv B	201319	EULX	4:57.13 S	24.11.2018	Alges (POR)	5:03.07
4	Maria Del Rio Bernat	05	Juv B	200403	SAD	5:03.08 L	17.03.2019	Vila Franca de Xira (POR)	5:03.08
5	Luciana Rodrigues Moura	05	Juv B	129624	AONDA	4:59.23 S	16.12.2018	Tomar (POR)	5:05.21
6	Soraia Maria Salgado	05	Juv B	132513	AEFDTV	4:59.86 S	20.01.2019	Alapraia (POR)	5:05.85
7	Carolina Alexandra Silva	05	Juv B	133296	DRCN	5:28.78 S	20.01.2019	Alapraia (POR)	5:35.35
8	Maria Sousa Caxaria	05	Juv B	148574	CNMJ	5:43.16 L	05.07.2018	Setubal (POR)	5:43.16

Juvenis A

1	Anais Cloe Pereira	04	Juv A	147048	SCP	4:52.71 L	17.03.2019	Vila Franca de Xira (POR)	4:52.71
2	Daniela Alexandra Pedro	04	Juv A	130864	SCP	4:48.30 S	16.12.2018	Tomar (POR)	4:54.06
3	Mariana Fragoso Guterres	04	Juv A	200475	SLB	4:51.60 S	24.11.2018	Alges (POR)	4:57.43
4	Maria Martins Camacho	04	Juv A	130618	SFUAP	4:52.07 S	16.12.2018	Tomar (POR)	4:57.91
5	Margarida Carvalho Barao	04	Juv A	130241	CNCVG	4:59.88 L	17.03.2019	Vila Franca de Xira (POR)	4:59.88
6	Maria Jardim Fidalgo	04	Juv A	131429	CNCVG	4:54.64 S	20.01.2019	Alapraia (POR)	5:00.53
7	Carolina Anjos Frischknecht	04	Juv A	129489	CNS	5:18.30 L	17.03.2019	Vila Franca de Xira (POR)	5:18.30
8	Diana Valadas Horta	04	Juv A	201782	CIRL	5:13.28 S	20.01.2019	Alapraia (POR)	5:19.54
9	Maria Leonor Marques	04	Juv A	132523	CDOM	5:37.01 S	20.01.2019	Alapraia (POR)	5:43.75
	Raquel Raposo Lopes	04	Juv A	153469	CDCP	4:49.32 S	08.12.2018	S Antonio dos Cavaleiros (POR)	4:55.10 RJC

Prova 8
16.06.2019 - 16:30
Masc., 200m Livres
Absolutos
Lista inscritos

Rec Regional Juv A	1:55.57	Andre Filipe Farinha	SLB	Torreveija (ESP)	2012
Rec Regional Juv B	1:57.67	Diogo Gomes Sousa	CNCVG	Coimbra	2010
Rec Regional Inf A	2:02.48	Joao Pedro Gil	ANAM	Lisboa	2011
Rec Regional Inf B	2:06.18	Joao Magalhaes Nunes	CNA	Rio Maior	2012
Rec Regional Absoluto	1:47.97	Miguel Duarte Nascimento	SLB	Coimbra	2019
Rec Nacional Absoluto	1:47.97	Miguel Duarte Nascimento	SLB	Coimbra	2019

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis B									
1	Andre Correia Alves	06	Inf B	131173	SFUAP	2:14.65 S	30.03.2019	Pinhal Novo (POR)	2:17.34
2	Pedro Bethlem Tigre	06	Inf B	208305	SCP	2:16.72 S	09.03.2019	Setubal (POR)	2:19.45
3	Manuel Faria Silvestre	06	Inf B	202906	SLB	2:21.25 S	09.03.2019	Setubal (POR)	2:24.07
4	Joao Almeida Gomes	06	Inf B	132828	CNN	2:22.37 S	30.03.2019	Pinhal Novo (POR)	2:25.21
5	Pedro Crispim Jorge	06	Inf B	148340	SFUAP	2:22.68 S	30.03.2019	Pinhal Novo (POR)	2:25.53
6	Rodrigo Figueiredo Pissarra	06	Inf B	201328	CPCD	2:23.27 S	30.03.2019	Pinhal Novo (POR)	2:26.13
7	Tiago Almeida Correia	06	Inf B	139280	CNMJ	2:23.75 S	30.03.2019	Pinhal Novo (POR)	2:26.62
8	Afonso Silvestre Almeida	06	Inf B	148411	CNA	2:24.51 S	30.03.2019	Pinhal Novo (POR)	2:27.40
9	Martim Barata Antunes	06	Inf B	153385	SLB	2:29.80 S	08.03.2019	Setubal (POR)	2:32.79
10	Diogo Morgado Figueira	06	Inf B	203863	CPCD	2:31.50 S	21.10.2018	Estoril (POR)	2:34.53
11	Goncalo Albino Ramos	06	Inf B	202513	CNS	2:32.09 S	09.03.2019	Setubal (POR)	2:35.13
12	Tiago Nunes Silva	06	Inf B	201949	CPCD	2:35.21 S	09.03.2019	Setubal (POR)	2:38.31
13	Diogo Lopes Venceslau	06	Inf B	202915	PDEM	2:35.36 S	09.03.2019	Setubal (POR)	2:38.46
14	Luis Pedro Figueiredo	06	Inf B	203875	GESL	2:36.06 S	17.02.2019	Sto Antonio dos Cavaleiros (POR)	2:39.18
15	Ricardo Freitas Neto	06	Inf B	141864	SCP	2:36.78 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:39.91
16	Tiago Ventura Chao	06	Inf B	202516	CNS	2:37.01 S	24.02.2019	Loures (POR)	2:40.15
17	Diogo Valadas Horta	06	Inf B	204576	CIRL	2:39.63 S	09.03.2019	Setubal (POR)	2:42.82
18	Tiago Fernandes Loucao	06	Inf B	206926	CIRL	2:40.99 S	25.04.2019	Sines (POR)	2:44.21
19	Dinis Oliveira Clemente	06	Inf B	202770	ADRCIMM	2:41.53 S	21.10.2018	Estoril (POR)	2:44.76
20	Andre Cunha Ribeiro	06	Inf B	205940	SAD	2:41.69 S	24.02.2019	Loures (POR)	2:44.92
21	Tomas Leal Parelho	06	Inf B	139290	CNMJ	2:43.51 S	21.10.2018	Estoril (POR)	2:46.78
22	Rafael Duarte Beato	06	Inf B	204757	MODV	2:44.45 S	21.10.2018	Estoril (POR)	2:47.73
23	Martim Frederico Paulino	06	Inf B	202524	CNS	2:47.58 S	09.03.2019	Setubal (POR)	2:50.93
24	Simao Barros Morao	06	Inf B	202976	SAD	2:49.67 S	21.10.2018	Estoril (POR)	2:53.06
25	Vicente Correa Walker	06	Inf B	203921	AHBE	2:52.11 S	21.10.2018	Estoril (POR)	2:55.55
26	Rodrigo Onofre Matos	06	Inf B	200159	GESL	2:53.60 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:57.07
27	Leandro Carvalho Semedo	06	Inf B	203874	GESL	2:56.75 S	03.06.2018	Alapraia (POR)	3:00.28
28	Francisco Tente Pinto	06	Inf B	207517	GESL	3:00.17 S	03.06.2018	Alapraia (POR)	3:03.77
29	Martim Daniel Torres	06	Inf B	207792	CNS	3:01.78 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:05.41
30	Timothy Michael Fribergh	06	Inf B	203920	AHBE	3:05.40 S	21.10.2018	Estoril (POR)	3:09.10
31	Francisco Martim Franco	06	Inf B	203871	GESL	3:05.48 S	21.10.2018	Estoril (POR)	3:09.19
32	Joao Miguel Moreira	06	Inf B	202968	SAD	3:11.86 S	21.10.2018	Estoril (POR)	3:15.69
33	Pedro Miranda Martins	06	Inf B	208989	AHBE	3:20.00			3:20.00
34	Joao Pedro Pereira	06	Inf B	205893	AHBE	3:20.00			3:20.00
35	Hugo Monteiro Tomaz	06	Inf B	203872	GESL	3:20.00			3:20.00

Infantis A

1	Martim Silva Cortes	05	Inf A	200486	AONDA	2:08.44 S	09.03.2019	Setubal (POR)	2:11.00
2	Salvador Goya Perloiro	05	Inf A	200474	SLB	2:08.92 S	09.03.2019	Setubal (POR)	2:11.49
3	Tomas Ferreira Duro	05	Inf A	132663	ADRCIMM	2:11.29 S	09.03.2019	Setubal (POR)	2:13.91
4	Gabriel Carvalho Ferrao	05	Inf A	132345	CDPC	2:12.72 S	09.03.2019	Setubal (POR)	2:15.37
5	Filipe Simoes Freitas	05	Inf A	202349	SCP	2:12.75 S	09.03.2019	Setubal (POR)	2:15.40
6	Pedro Maria Amado	05	Inf A	148286	SAD	2:13.53 S	30.03.2019	Pinhal Novo (POR)	2:16.20
7	Gonçalo Duarte Carvalho	05	Inf A	132466	SLB	2:13.73 S	09.03.2019	Setubal (POR)	2:16.40
8	Diogo Sousa Barbosa	05	Inf A	133332	SLB	2:17.80 S	30.03.2019	Pinhal Novo (POR)	2:20.55
9	Rodrigo Martins Bras	05	Inf A	129806	CFB	2:18.00 S	09.03.2019	Setubal (POR)	2:20.76
10	Francisco Lourenco Vasconcelos	05	Inf A	201698	GESL	2:19.27 S	09.03.2019	Setubal (POR)	2:22.05
11	Diogo Rafael Dias	05	Inf A	202931	DRCN	2:22.88 L	07.07.2018	Setubal (POR)	2:22.88
12	Joel Michael Fribergh	05	Inf A	203916	AHBE	2:20.42 S	09.03.2019	Setubal (POR)	2:23.22
13	Simao Lopes Oliveira	05	Inf A	200178	CNS	2:21.59 S	25.04.2019	Sines (POR)	2:24.42
14	Francisc Gututui	05	Inf A	200907	SAD	2:23.45 S	09.03.2019	Setubal (POR)	2:26.31
15	Alfredo Cabrita Soudo	05	Inf A	148434	CFB	2:27.11 L	07.07.2018	Setubal (POR)	2:27.11
16	Tiago Romao Lourenco	05	Inf A	202926	PDEM	2:26.15 S	09.03.2019	Setubal (POR)	2:29.07
17	Daniel Munoz Lopes	05	Inf A	203869	GESL	2:27.85 S	09.03.2019	Setubal (POR)	2:30.80
18	Eduard Daniel Milanov	05	Inf A	202776	CNS	2:29.49 S	21.10.2018	Estoril (POR)	2:32.48
19	Miguel Jose Oliveira	05	Inf A	203918	AHBE	2:31.52 S	25.04.2019	Sines (POR)	2:34.55
20	Joao Pedro Passarinho	05	Inf A	204711	MODV	2:32.25 S	09.03.2019	Setubal (POR)	2:35.29

Prova 8, Masc., 200m Livres

21	Mateus Correa Walker	05	Inf A	202083	AHBE	2:32.38 S	25.04.2019	Sines (POR)	2:35.42
22	Vasco Santos Silva	05	Inf A	153388	SLB	2:35.69 L	17.06.2018	Vila Franca de Xira (POR)	2:35.69
23	Francisco Fino Motta	05	Inf A	202918	PDEM	2:34.56 S	09.03.2019	Setubal (POR)	2:37.65
24	Raul Correia Pires	05	Inf A	131388	AONDA	2:35.09 S	21.10.2018	Estoril (POR)	2:38.19
25	Jose Alves Monteiro	05	Inf A	200398	SAD	2:38.44 L	17.06.2018	Vila Franca de Xira (POR)	2:38.44
26	Daniel Nemchynov	05	Inf A	204009	CPCD	2:39.57 L	17.06.2018	Vila Franca de Xira (POR)	2:39.57
27	Dinis Santos Almeida	05	Inf A	208651	FS	2:38.23 S	09.03.2019	Setubal (POR)	2:41.39
28	Miguel Palminha Serafim	05	Inf A	205339	CNMJ	2:40.34 S	21.10.2018	Estoril (POR)	2:43.54
29	Vyacheslav Hliba	05	Inf A	203912	GESL	2:48.15 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:51.51
30	Rodrigo Filipe Valerio	05	Inf A	208391	CPCD	3:01.68 S	21.10.2018	Estoril (POR)	3:05.31
31	Henrique Rodrigues Sousa	05	Inf A	151517	CPCD	3:14.17 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:18.05
32	Yan Hliba	05	Inf A	203913	GESL	3:19.00			3:19.00
33	Simao Matos Mira	05	Inf A	202211	JFA	3:19.00			3:19.00
34	Pedro Mahua Alvarez	05	Inf A	208096	SCP	3:19.00			3:19.00

Juvenis B

1	Miguel Costa Simoes	04	Juv B	132350	CDCP	2:03.90 S	25.04.2019	Sines (POR)	2:06.37
2	Andre Azevedo Baraona	04	Juv B	123965	CNMJ	2:05.50 S	12.01.2019	Torres Novas (POR)	2:08.01
3	Afonso Figueiredo Frasquilho	04	Juv B	153353	SCP	2:08.17 L	16.03.2019	Vila Franca de Xira (POR)	2:08.17
4	Rafael Caceres Lopes	04	Juv B	201395	SFUAP	2:09.93 L	16.03.2019	Vila Franca de Xira (POR)	2:09.93
5	Francisco Ribeiro Vieira	04	Juv B	130443	AEFDTV	2:07.67 S	15.12.2018	Tomar (POR)	2:10.22
6	Afonso Romao Francisco	04	Juv B	204573	CDCP	2:11.26 L	10.02.2019	Lisboa (POR)	2:11.26
7	Victor Bethlem Tigre	04	Juv B	208094	SCP	2:11.07 S	17.02.2019	Sto Antonio dos Cavaleiros (POR)	2:13.69
8	Duarte Cadima Goncalves	04	Juv B	153295	CNMJ	2:14.16 L	16.03.2019	Vila Franca de Xira (POR)	2:14.16
9	Francisco Sousa Uva	04	Juv B	201477	SAD	2:12.22 S	14.12.2018	Tomar (POR)	2:14.86
10	Ruben Jose Salgueiro	04	Juv B	133507	SCP	2:12.55 S	23.06.2018	Leiria (POR)	2:15.20
11	Tomas Martins Mira	04	Juv B	132215	CNS	2:16.12 L	16.03.2019	Vila Franca de Xira (POR)	2:16.12
12	Guilherme Pinto Restolho	04	Juv B	200488	INDANL	2:18.03 L	17.06.2018	Vila Franca de Xira (POR)	2:18.03
13	Tiago Fanha Lopes	04	Juv B	129520	CNMJ	2:15.42 S	04.05.2019	Estremoz (POR)	2:18.12
14	Afonso Leonel Barreto	04	Juv B	202862	CPCD	2:15.79 S	25.11.2018	Alges (POR)	2:18.50
15	Tiago Barroso Proenca	04	Juv B	129698	EULX	2:16.24 S	24.11.2018	Alges (POR)	2:18.96
16	Tomas Rebelo Dias	04	Juv B	148500	EULX	2:16.33 S	25.11.2018	Alges (POR)	2:19.05
17	Goncalo Gomes Augusto	04	Juv B	127270	AONDA	2:18.04 S	25.11.2018	Alges (POR)	2:20.80
18	Miguel Filipe Anjo	04	Juv B	201394	CDCP	2:18.39 S	19.01.2019	Alapraia (POR)	2:21.15
19	Diogo Miguel Monteiro	04	Juv B	147200	DRCN	2:21.80 L	07.07.2018	Setubal (POR)	2:21.80
20	David Jorge Sequeira	04	Juv B	130234	CNCVG	2:20.18 S	25.11.2018	Alges (POR)	2:22.98
21	Luis Miguel Raposo	04	Juv B	201950	CPCD	2:26.58 L	07.07.2018	Setubal (POR)	2:26.58
22	Mario Catalao Moura	04	Juv B	205377	CNS	2:24.61 S	19.01.2019	Alapraia (POR)	2:27.50
23	Henrique Manuel Ribeiro	04	Juv B	133303	CDOM	2:27.70 L	07.07.2018	Setubal (POR)	2:27.70
24	Daniel Zorro Correia	04	Juv B	131065	PDEM	2:30.82 L	17.06.2018	Vila Franca de Xira (POR)	2:30.82
25	Miguel Alexandre Araujo	04	Juv B	131174	SFUAP	2:35.28 S	19.01.2019	Alapraia (POR)	2:38.38
26	Daniel Elias Duarte	04	Juv B	147198	CIRL	2:43.59 L	17.06.2018	Vila Franca de Xira (POR)	2:43.59
27	Rodrigo Rebelo Pereira	04	Juv B	208309	CIRL	2:42.27 S	25.04.2019	Sines (POR)	2:45.51
28	Miguel Madeira Silva	04	Juv B	132664	AONDA	2:50.00			2:50.00
29	Henrique Antao Neves	04	Juv B	208965	CPCD	2:50.00			2:50.00
30	Joao Pedro Faustino	04	Juv B	203986	CDCP	2:50.00			2:50.00
31	Joao Negreiros Guerreiro	04	Juv B	209459	CIRL	2:50.00			2:50.00

Juvenis A

1	Ricardo Martins Ferreira	03	Juv A	127307	AONDA	2:03.81 S	15.12.2018	Tomar (POR)	2:06.28
2	Pedro Esteves Duarte	03	Juv A	132531	CDCP	2:04.23 S	25.04.2019	Sines (POR)	2:06.71
3	Guilherme Matias Cristino	03	Juv A	132528	SFUAP	2:08.00 S	24.11.2018	Alges (POR)	2:10.56
4	Luis Carlos Correia	03	Juv A	207349	INDANL	2:08.46 S	25.11.2018	Alges (POR)	2:11.02
5	Daniel Shumeika Zayika	03	Juv A	128884	SLB	2:09.09 S	14.12.2018	Tomar (POR)	2:11.67
6	Joao Luis Matos	03	Juv A	130239	CNCVG	2:09.74 S	14.12.2018	Tomar (POR)	2:12.33
7	Joao Matos Fidalgo	03	Juv A	128885	SLB	2:13.04 S	19.01.2019	Alcobaca (POR)	2:15.70
8	David Van Ossenbruggen	03	Juv A	126428	SFUAP	2:15.90 L	16.03.2019	Vila Franca de Xira (POR)	2:15.90
9	Joao Pedro Rodrigues	03	Juv A	200156	CPCD	2:15.01 S	25.11.2018	Alges (POR)	2:17.71
10	Diogo Miguel Duraes	03	Juv A	123448	CNMJ	2:15.07 S	27.10.2018	Ponte da Barca (POR)	2:17.77
11	Pedro Miguel Matos	03	Juv A	130244	CNCVG	2:18.52 L	17.06.2018	Vila Franca de Xira (POR)	2:18.52
12	Guilherme Carmo Manz	03	Juv A	148571	CNCVG	2:18.59 L	17.06.2018	Vila Franca de Xira (POR)	2:18.59
13	Jose Miguel Oliveira	03	Juv A	129493	CNS	2:15.94 S	25.11.2018	Alges (POR)	2:18.65
14	Goncalo Miguel Rodrigues	03	Juv A	126830	AHBE	2:18.28 S	25.04.2019	Sines (POR)	2:21.04
15	Tiago Represas Loureiro	03	Juv A	208178	FS	2:26.98 L	16.03.2019	Vila Franca de Xira (POR)	2:26.98
16	Tomas Graca Firme	03	Juv A	245445692	EULX	2:30.00			2:30.00
	Tomas Nogueira Gomes	03	Juv A	126626	SFUAP	1:59.73 S	15.12.2018	Tomar (POR)	2:02.12 WDR

Prova 9

16.06.2019 - 17:17

Femin., 200m Bruços
Absolutos
Lista inscritos

Rec Regional Juv A	2:31.32	Diana Duarte Gomes	ABVE	Mulhouse (FRA)	2004
Rec Regional Juv B	2:36.98	Diana Duarte Gomes	CNA	Paris (FRA)	2003
Rec Regional Inf A	2:42.69	Clara Gomes Pereira	SAD	Oeiras	2015
Rec Regional Inf B	2:49.82	Clara Gomes Pereira	SAD	Loule	2014
Rec Regional Absoluto	2:27.19	Victoria Kaminskaya	SLB	Glasgow (GBR)	2018
Rec Nacional Absoluto	2:27.19	Victoria Kaminskaya	SLB	Glasgow (GBR)	2018

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
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Infantis B

1	Daniela Sofia Silva	07	Inf B	201549	DRCN	3:16.91 S	09.03.2019	Setubal (POR)	3:22.81
2	Ana Madalena Simoes	07	Inf B	205228	GESL	3:17.49 S	17.02.2019	Sto Antonio dos Cavaleiros (POR)	3:23.41
3	Ines Trindade Dionisio	07	Inf B	204565	CNN	3:19.82 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:25.81
4	Rita Machita Santos	07	Inf B	205379	CNS	3:20.48 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:26.49
5	Beatriz Heitor Cachaco	07	Inf B	205927	MODV	3:24.84 S	09.03.2019	Setubal (POR)	3:30.98
6	Juliana Soromenho Santos	07	Inf B	200013	SLB	3:25.50 S	09.03.2019	Setubal (POR)	3:31.66
7	Beatriz Reis Pinto	07	Inf B	205957	SLB	3:30.18 S	09.03.2019	Setubal (POR)	3:36.48
8	Alice Gomes Durao	07	Inf B	202907	SLB	3:31.06 S	09.03.2019	Setubal (POR)	3:37.39
9	Ines Freire Alves	07	Inf B	203915	AHBE	3:35.13 S	09.03.2019	Setubal (POR)	3:41.58
10	Marta Filipa Cruz	07	Inf B	208308	CIRL	3:36.32 S	25.04.2019	Sines (POR)	3:42.81
11	Leonor Gino Canhao	07	Inf B	207817	SFUAP	3:39.94 S	09.03.2019	Setubal (POR)	3:46.53
12	Catarina Alexandra Alves	07	Inf B	205924	GESL	3:40.03 S	20.10.2018	Estoril (POR)	3:46.63
13	Magda Silva Pereira	07	Inf B	203893	GESL	3:40.81 S	20.10.2018	Estoril (POR)	3:47.43
14	Clara Vieira Tojo	07	Inf B	205956	SLB	3:42.55 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:49.22
15	Leonor Peso Parente	07	Inf B	208092	PDEM	3:43.17 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:49.86
16	Lara Sofia Correia	07	Inf B	203863	CPCD	3:57.05 S	16.12.2018	Sto Antonio Cavaleiros (POR)	4:04.16
17	Mafalda Sousa Mira	07	Inf B	204566	CNN	4:03.46 S	16.12.2018	Sto Antonio Cavaleiros (POR)	4:10.76
18	Clara Franco Duarte	07	Inf B	209653	CPCD	4:10.12 S	16.12.2018	Sto Antonio Cavaleiros (POR)	4:17.62
19	Filipa Neves DAvo	07	Inf B	207347	ANAM	4:20.00			4:20.00
20	Maria Fatima Medinas	07	Inf B	202864	CPCD	4:20.00			4:20.00
21	Sara Sofia Alves	07	Inf B	202517	CNS	4:20.00			4:20.00
22	Mafalda Sa Bandeira	07	Inf B	202680	AEFDTV	4:20.00			4:20.00
23	Joana Gouveia Santos	07	Inf B	203873	GESL	4:20.00			4:20.00
24	Madalena Melo Costa	07	Inf B	209460	CIRL	4:20.00			4:20.00
25	Leonor Albuquerque Falcao	07	Inf B	203892	MODV	4:20.00			4:20.00
26	Maria Leonor Varandas	07	Inf B	205929	MODV	4:20.00			4:20.00
27	Sara Viana Vicencio	07	Inf B	205029	SCP	4:20.00			4:20.00

Infantis A

1	Rita Joao Serra	06	Inf A	200738	SLB	2:57.91 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:03.24
2	Maria Esteves Valente	06	Inf A	202954	SLB	3:03.73 S	30.03.2019	Pinhal Novo (POR)	3:09.24
3	Maria Leonor Coelho	06	Inf A	132470	SLB	3:11.62 L	07.07.2018	Setubal (POR)	3:11.62
4	Beatriz Portugal Costa	06	Inf A	133278	SLB	3:13.17 L	21.07.2018	S. Joao da Madeira (POR)	3:13.17
5	Mariana Ribeiro Roseiro	06	Inf A	200733	PDEM	3:08.56 S	25.04.2019	Sines (POR)	3:14.21
6	Leonor Santos Duro	06	Inf A	202520	CNS	3:16.84 L	17.06.2018	Vila Franca de Xira (POR)	3:16.84
7	Catarina Danae Duarte	06	Inf A	201687	AHBE	3:11.65 S	25.04.2019	Sines (POR)	3:17.40
8	Carolina Martins Camacho	06	Inf A	202646	SFUAP	3:12.08 S	09.03.2019	Setubal (POR)	3:17.84
9	Rita Rodrigues Antunes	06	Inf A	151370	SCP	3:12.54 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:18.31
10	Maria Coronel Andre	06	Inf A	201689	AHBE	3:18.85 S	09.03.2019	Setubal (POR)	3:24.81
11	Carina Tymsoh	06	Inf A	206434	INDANL	3:19.40 S	09.03.2019	Setubal (POR)	3:25.38
12	Catarina Coutinho Lima	06	Inf A	132460	SLB	3:27.31 L	07.07.2018	Setubal (POR)	3:27.31
13	Maria Pinto Monteiro	06	Inf A	201397	SFUAP	3:21.86 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:27.91
14	Marta Silva Santos	06	Inf A	200182	CNS	3:24.18 S	20.10.2018	Estoril (POR)	3:30.30
15	Daniela Dias Coutinho	06	Inf A	203870	GESL	3:25.17 S	17.02.2019	Sto Antonio dos Cavaleiros (POR)	3:31.32
16	Dumitrita Ghelinschi	06	Inf A	201496	CNMJ	3:34.39 S	20.10.2018	Estoril (POR)	3:40.82
17	Madalena Fragozo Guterres	06	Inf A	202908	SLB	3:35.96 S	20.10.2018	Estoril (POR)	3:42.43
18	Leonor Jesus Mendes	06	Inf A	208654	FS	3:46.11 S	09.03.2019	Setubal (POR)	3:52.89
19	Matilde Nunes Lopes	06	Inf A	201711	SLB	3:55.00			3:55.00
20	Filipa Ferraz Domingos	06	Inf A	200878	SCP	3:55.00			3:55.00
21	Mariana Neves Soares	06	Inf A	208176	ADST	4:11.80 S	25.04.2019	Sines (POR)	4:19.35
	Matilde Jesus Lima	06	Inf A	210316	GESL	3:55.00			3:55.00 WDR

Prova 9, Femin., 200m Bruços
Juvenis B

1	Maria Carolina Vargas	05	Juv B	132561	SLB	3:03.84 L	17.03.2019	Vila Franca de Xira (POR)	3:03.84
2	Catarina Maria Santos	05	Juv B	201337	CPCD	3:08.76 L	09.02.2019	Lisboa (POR)	3:08.76
3	Ana Belo Braga	05	Juv B	132505	AONDA	3:05.95 S	25.11.2018	Alges (POR)	3:11.52
4	Beatriz Barroso Silva	05	Juv B	133302	CDOM	3:14.21 L	09.02.2019	Lisboa (POR)	3:14.21
5	Carolina Fonseca Gomes	05	Juv B	202528	CDOM	3:14.22 L	17.06.2018	Vila Franca de Xira (POR)	3:14.22
6	Maria Ines Pinto	05	Juv B	132618	CPCD	3:13.24 S	16.06.2018	Mealhada (POR)	3:19.03
7	Matilde Aleixo Duarte	05	Juv B	202526	CNS	3:37.86 L	17.06.2018	Vila Franca de Xira (POR)	3:37.86
8	Isadora Maia Andre	05	Juv B	132800	SLB	3:40.00			3:40.00

Juvenis A

1	Leonor Esteves Santos	04	Juv A	130603	EULX	2:44.70 L	24.05.2019	Coimbra (POR)	2:44.70
2	Marta Pereira Domingos	04	Juv A	132529	SFUAP	2:49.55 L	28.07.2018	Oeiras (POR)	2:49.55
3	Vera Figueiredo Narra	04	Juv A	131121	CNA	3:06.29 L	07.07.2018	Setubal (POR)	3:06.29
4	Luana Santos Freitas	04	Juv A	130470	CNA	3:06.94 L	17.03.2019	Vila Franca de Xira (POR)	3:06.94
5	Joana Marinho Coelho	04	Juv A	131514	SCP	3:01.81 S	17.02.2019	Sto Antonio dos Cavaleiros (POR)	3:07.26
6	Raquel Correia	04	Juv A	205119	DRCN	3:34.67 L	17.06.2018	Vila Franca de Xira (POR)	3:34.67
7	Margarida Mendes Bras	04	Juv A	131030	CNMJ	3:40.63 L	17.06.2018	Vila Franca de Xira (POR)	3:40.63
8	Emily Monteiro Cunha	04	Juv A	298240807	SFUAP	3:42.00			3:42.00

Prova 10

16.06.2019 - 18:02

Masc., 200m Mariposa
Absolutos
Lista inscritos

Rec Regional Juv A	2:06.78	Joao Alexandre Vital	ADRCIMM	Oeiras	2014
Rec Regional Juv B	2:11.45	Tiago Maria Camoes	SFUAP	Oeiras	2016
Rec Regional Inf A	2:17.44	Alexandre Miguel Branco	SCP	Oeiras	2015
Rec Regional Inf B	2:23.48	André Santos	SFUAP		2001
Rec Regional Absoluto	1:57.09	Miguel Duarte Nascimento	SLB	Coimbra	2017
Rec Nacional Absoluto	1:56.17	Pedro Diogo Oliveira	FPN	Roma (ITA)	2009

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
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Infantis B

1	David Miguel Morais	06	Inf B	153428	SLB	2:43.25 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:48.14
2	Pedro Miguel Pimentel	06	Inf B	202695	GESL	2:46.32 S	31.03.2019	Pinhal Novo (POR)	2:51.31
3	Manuel Costa Simoes	06	Inf B	200874	CDCP	2:59.99 S	10.03.2019	Setubal (POR)	3:05.39
4	Tiago Ventura Chao	06	Inf B	202516	CNS	3:12.60 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:18.37
5	Rafael Duarte Beato	06	Inf B	204757	MODV	3:20.00			3:20.00
6	David Joao Ferreira	06	Inf B	203890	MODV	3:20.00			3:20.00
7	Daniel Cardoso Santos	06	Inf B	207359	MODV	3:20.00			3:20.00
8	Miguel Mera Herrero	06	Inf B	151461	SCP	3:20.00			3:20.00

Infantis A

1	Gabriel Carvalho Ferrao	05	Inf A	132345	CDCP	2:20.22 S	10.03.2019	Setubal (POR)	2:24.42
2	Tiago Rodrigues Pinto	05	Inf A	132514	SCP	2:28.86 S	31.03.2019	Pinhal Novo (POR)	2:33.32
3	Miguel Correia Anacleto	05	Inf A	151340	SCP	2:33.42 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:38.02
4	Afonso Lucio Costa	05	Inf A	202216	SCP	2:35.94 S	10.03.2019	Setubal (POR)	2:40.61
5	Gonçalo Pereira Gracioso	05	Inf A	202124	AONDA	2:51.43 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:56.57
6	Eduard Daniel Milanov	05	Inf A	202776	CNS	3:00.00			3:00.00
7	Joao Seixedo Pinheiro	05	Inf A	205374	CNS	3:00.00			3:00.00
8	Yan Hliba	05	Inf A	203913	GESL	3:00.00			3:00.00
9	Afonso Costa Albuquerque	05	Inf A	132515	CFB	3:10.99 L	17.06.2018	Vila Franca de Xira (POR)	3:10.99

Juvenis B

1	Rafael Caceres Lopes	04	Juv B	201395	SFUAP	2:29.68 L	17.03.2019	Vila Franca de Xira (POR)	2:29.68
2	Hugo Tomas Silva	04	Juv B	200491	AONDA	2:29.24 S	25.04.2019	Sines (POR)	2:33.71
3	Miguel Costa Simoes	04	Juv B	132350	CDCP	2:29.76 S	12.01.2019	Torres Novas (POR)	2:34.25
4	Guilherme Lousada Carneiro	04	Juv B	132518	AHBE	2:34.54 L	17.03.2019	Vila Franca de Xira (POR)	2:34.54
5	Tiago Barroso Proenca	04	Juv B	129698	EULX	2:43.75 L	07.07.2018	Setubal (POR)	2:43.75
6	Tomas Martins Mira	04	Juv B	132215	CNS	2:39.38 S	19.01.2019	Alapraia (POR)	2:44.16
7	Duarte Cadima Goncalves	04	Juv B	153295	CNMJ	2:45.00			2:45.00
8	Pedro Forjaz Cirurgiao	04	Juv B	132564	SAD	2:45.00			2:45.00

Prova 10, Masc., 200m Mariposa
Juvenis A

1 Henrique Pinheiro Valente	03	Juv A	130237	CNCVG	2:18.66 L	04.04.2019	Coimbra (POR)	2:18.66
2 Rodrigo Beja Lopes	03	Juv A	132651	AONDA	2:25.14 L	17.03.2019	Vila Franca de Xira (POR)	2:25.14
3 Antonio Santos Pereira	03	Juv A	201690	AHBE	2:23.94 S	25.04.2019	Sines (POR)	2:28.25
4 Joao Miguel Cascalheira	03	Juv A	201621	CNS	2:24.62 S	25.04.2019	Sines (POR)	2:28.95
5 Alexandre Coelho Vieira	03	Juv A	131516	SCP	2:29.05 L	09.02.2019	Lisboa (POR)	2:29.05
6 Luis Carlos Correia	03	Juv A	207349	INDANL	2:35.00			2:35.00

Prova 11

16.06.2019 - 18:16

Femin., 200m Costas
**Absolutos
Lista inscritos**

Rec Regional Juv A	2:20.26	Rafaela Gomes Azevedo	SAD	Geneva (SUI)	2017
Rec Regional Juv B	2:22.91	Rafaela Gomes Azevedo	SAD	Oeiras	2016
Rec Regional Inf A	2:23.57	Rafaela Gomes Azevedo	SAD	Genova (ITA)	2015
Rec Regional Inf B	2:33.21	Rafaela Gomes Azevedo	SAD	Loule	2014
Rec Regional Absoluto	2:15.03	Rita Barros Frischknecht	SAD	Oeiras	2019
Rec Nacional Absoluto	2:15.03	Rita Barros Frischknecht	SAD	Oeiras	2019

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis B									
1	Sara Sofia Alves	07	Inf B	202517	CNS	2:40.01 S	10.03.2019	Setubal (POR)	2:43.21
2	Leticia Rodrigues Magalhaes	07	Inf B	205089	PDEM	2:46.52 S	10.03.2019	Setubal (POR)	2:49.85
3	Juliana Soromenho Santos	07	Inf B	200013	SLB	2:50.06 S	31.03.2019	Pinhal Novo (POR)	2:53.46
4	Rita Sacadura Almeida	07	Inf B	202961	SAD	2:50.89 S	10.03.2019	Setubal (POR)	2:54.30
5	Daniela Alexandra Santos	07	Inf B	141429	SCP	2:51.04 S	10.03.2019	Setubal (POR)	2:54.46
6	Maria Francisca Malfeito	07	Inf B	141513	SCP	2:52.19 S	17.02.2019	Sto Antonio dos Cavaleiros (POR)	2:55.63
7	Anastacia Tshesnovska	07	Inf B	142403	SCP	2:52.60 S	17.02.2019	Sto Antonio dos Cavaleiros (POR)	2:56.05
8	Inês Iachimovschi	07	Inf B	201536	CNA	2:52.92 S	31.03.2019	Pinhal Novo (POR)	2:56.37
9	Maria Leonor Rodrigues	07	Inf B	203917	AHBE	2:53.07 S	31.03.2019	Pinhal Novo (POR)	2:56.53
10	Matilde Anjos Frischknecht	07	Inf B	202519	CNS	2:53.17 S	10.03.2019	Setubal (POR)	2:56.63
11	Leonor Castanho Santos	07	Inf B	150848	SCP	2:53.44 S	10.03.2019	Setubal (POR)	2:56.90
12	Ines Santos Silva	07	Inf B	203842	ADRCIMM	2:54.01 S	31.03.2019	Pinhal Novo (POR)	2:57.49
13	Leonor Carreiro Rodrigues	07	Inf B	205129	SLB	2:55.08 S	10.03.2019	Setubal (POR)	2:58.58
14	Luisa Ponte Jorge	07	Inf B	204158	SFUAP	2:56.53 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:00.06
15	Leonor Peso Parente	07	Inf B	208092	PDEM	2:58.72 S	10.03.2019	Setubal (POR)	3:02.29
16	Ines Gomes Carmo	07	Inf B	205127	SLB	3:00.14 S	10.03.2019	Setubal (POR)	3:03.74
17	Marta Nascimento Ribeiro,	07	Inf B	204145	CNATRIL	3:00.36 S	10.03.2019	Setubal (POR)	3:03.96
18	Rita Lima Batista	07	Inf B	202522	CNS	3:04.05 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:07.73
19	Rita Machita Santos	07	Inf B	205379	CNS	3:04.17 S	21.10.2018	Estoril (POR)	3:07.85
20	Beatriz Reis Pinto	07	Inf B	205957	SLB	3:04.55 S	10.03.2019	Setubal (POR)	3:08.24
21	Catarina Alexandra Alves	07	Inf B	205924	GESL	3:05.28 S	10.03.2019	Setubal (POR)	3:08.98
22	Joana Gouveia Santos	07	Inf B	203873	GESL	3:06.31 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:10.03
23	Margarida Santos Botelho	07	Inf B	202518	CNS	3:08.26 S	21.10.2018	Estoril (POR)	3:12.02
24	Teresa Joao Pires	07	Inf B	202977	SAD	3:08.62 S	21.10.2018	Estoril (POR)	3:12.39
25	Ines Azevedo Baraona	07	Inf B	139292	CNMJ	3:12.25 S	21.10.2018	Estoril (POR)	3:16.09
26	Ines Santos Barbosa	07	Inf B	208653	FS	3:13.07 S	10.03.2019	Setubal (POR)	3:16.93
27	Marta Filipa Cruz	07	Inf B	208308	CIRL	3:18.14 S	19.01.2019	Alcobaca (POR)	3:22.10
28	Ana Raquel Varajao	07	Inf B	203406	ADST	3:18.87 S	25.04.2019	Sines (POR)	3:22.84
29	Leonor Gino Canhao	07	Inf B	207817	SFUAP	3:21.87 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:25.90
30	Maria Duarte Marçalo	07	Inf B	204390	PDEM	3:23.59 S	21.10.2018	Estoril (POR)	3:27.66
31	Clara Vieira Tojo	07	Inf B	205956	SLB	3:23.95 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:28.02
32	Alice Gomes Durao	07	Inf B	202907	SLB	3:28.56 S	21.10.2018	Estoril (POR)	3:32.73
33	Leonor Machado Severeino	07	Inf B	202677	AEFDTV	3:34.98 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:39.28
34	Beatriz Ferreira Perpétuo	07	Inf B	203881	PDEM	3:35.12 S	21.10.2018	Estoril (POR)	3:39.42
35	Catarina DAzevedo Pinto	07	Inf B	204986	CNN	3:43.00			3:43.00
36	Ines Freire Alves	07	Inf B	203915	AHBE	3:45.00			3:45.00
37	Ines Sofia Pires	07	Inf B	202473	DRCN	3:45.00			3:45.00
38	Margarida Valente Silva	07	Inf B	200896	AEFDTV	3:45.00			3:45.00
39	Beatriz Heitor Cachaco	07	Inf B	205927	MODV	3:45.00			3:45.00
40	Maria Bandarra Matos	07	Inf B	205233	SCP	3:45.00			3:45.00
41	Emma Aguiar Bergamo	07	Inf B	202965	SAD	3:45.00			3:45.00
	Ana Sofia Silva	07	Inf B	202909	PDEM	3:25.32 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:29.42 WDR
	Rita Costa Goncalves	07	Inf B	202683	AEFDTV	3:26.71 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:30.84 WDR
	Leonor Bordalo Dias	07	Inf B	204710	MODV	3:45.00			3:45.00 WDR

Prova 11, Femin., 200m Costas
Infantis A

1	Luana Cardoso Magalhaes	06	Inf A	201688	AHBE	2:32.88 S	10.03.2019	Setubal (POR)	2:35.93
2	Leonor Tavares Catalao	06	Inf A	202215	SCP	2:35.34 S	31.03.2019	Pinhal Novo (POR)	2:38.44
3	Rita Joao Serra	06	Inf A	200738	SLB	2:37.87 S	10.03.2019	Setubal (POR)	2:41.02
4	Mariana Coelho Carvalho	06	Inf A	200172	CNS	2:41.09 S	31.03.2019	Pinhal Novo (POR)	2:44.31
5	Leonor Santos Duro	06	Inf A	202520	CNS	2:42.29 S	31.03.2019	Pinhal Novo (POR)	2:45.53
6	Marina Alexandra Oliveira	06	Inf A	200174	CNS	2:42.86 S	21.10.2018	Estoril (POR)	2:46.11
7	Leonor Eduarda Baptista	06	Inf A	153384	SLB	2:44.60 S	10.03.2019	Setubal (POR)	2:47.89
8	Ines Gaspar Silva	06	Inf A	204152	GESL	2:44.97 S	31.03.2019	Pinhal Novo (POR)	2:48.26
9	Maria Pinto Monteiro	06	Inf A	201397	SFUAP	2:45.62 S	31.03.2019	Pinhal Novo (POR)	2:48.93
10	Margarida Barbara Marques	06	Inf A	200396	SAD	2:45.87 S	10.03.2019	Setubal (POR)	2:49.18
11	Rita Martins Lopes	06	Inf A	203919	AHBE	2:45.91 S	31.03.2019	Pinhal Novo (POR)	2:49.22
12	Beatriz Fernandes Gama	06	Inf A	151459	SCP	2:49.51 L	07.07.2018	Setubal (POR)	2:49.51
13	Madalena Fragoso Guterres	06	Inf A	202908	SLB	2:46.27 S	10.03.2019	Setubal (POR)	2:49.59
14	Francisca Santos Ferreira	06	Inf A	200402	SAD	2:48.58 S	21.10.2018	Estoril (POR)	2:51.95
15	Catarina Coutinho Lima	06	Inf A	132460	SLB	2:48.74 S	10.03.2019	Setubal (POR)	2:52.11
16	Catarina Danae Duarte	06	Inf A	201687	AHBE	2:49.53 S	10.03.2019	Setubal (POR)	2:52.92
17	Carolina Costa Diniz	06	Inf A	151038	SCP	2:50.27 S	10.03.2019	Setubal (POR)	2:53.67
18	Maria Beatriz Costa	06	Inf A	204155	SCP	2:53.94 L	21.07.2018	S. Joao da Madeira (POR)	2:53.94
19	Marta Silva Santos	06	Inf A	200182	CNS	2:52.29 S	21.10.2018	Estoril (POR)	2:55.73
20	Eva Kurnosa	06	Inf A	204628	CPCD	2:52.43 S	10.03.2019	Setubal (POR)	2:55.87
21	Beatriz Mocego Niza	06	Inf A	148435	CNA	2:54.05 S	21.10.2018	Estoril (POR)	2:57.53
22	Dumitrita Ghelinschi	06	Inf A	201496	CNMJ	2:55.28 S	16.12.2018	Sto Antonio Cavaleiros (POR)	2:58.78
23	Clara Sofia Herminio	06	Inf A	202218	CDPC	2:55.33 S	10.03.2019	Setubal (POR)	2:58.83
24	Maria Coronel Andre	06	Inf A	201689	AHBE	2:55.86 S	25.04.2019	Sines (POR)	2:59.37
25	Ines Machado Marques	06	Inf A	201032	CNCVG	3:01.42 L	07.07.2018	Setubal (POR)	3:01.42
26	Mariana Ramos Zacarias	06	Inf A	200183	CNS	2:58.95 S	21.10.2018	Estoril (POR)	3:02.52
27	Ines Correia Teixeira	06	Inf A	133334	CNA	3:03.71 L	07.07.2018	Setubal (POR)	3:03.71
28	Sara Lagorsse Caldas	06	Inf A	153255	JFA	3:00.20 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:03.80
29	Sofia Medeiros Pereira	06	Inf A	207512	CNMJ	3:12.18 L	17.06.2018	Vila Franca de Xira (POR)	3:12.18
30	Carina Tymsoh	06	Inf A	206434	INDANL	3:11.79 S	21.10.2018	Estoril (POR)	3:15.62
31	Catarina Pinto Reis	06	Inf A	200876	CDOM	3:20.00			3:20.00
32	Rebeca Neves Antunes	06	Inf A	148284	CNCVG	3:20.00			3:20.00
33	Catarina Gomes Costa	06	Inf A	201543	EULX	3:20.00			3:20.00
34	Catarina Lima Antunes	06	Inf A	151077	SCP	3:20.00			3:20.00
	Joana Soares Biltes	06	Inf A	202351	GESL	3:04.54 S	16.12.2018	Sto Antonio Cavaleiros (POR)	3:08.23 WDR

Juvenis B

1	Soraia Maria Salgado	05	Juv B	132513	AEFDTV	2:32.32 L	10.02.2019	Lisboa (POR)	2:32.32
2	Sofia Antunes Sebastiao	05	Juv B	147121	CNA	2:30.66 S	16.12.2018	Tomar (POR)	2:33.67
3	Rita Ferreira Gomes	05	Juv B	132565	SAD	2:36.39 S	16.12.2018	Tomar (POR)	2:39.51
4	Barbara Cunha Ventura	05	Juv B	132458	SLB	2:37.38 S	19.01.2019	Alapraia (POR)	2:40.52
5	Iris Pereira Carrao	05	Juv B	201392	CIRL	2:37.82 S	25.04.2019	Sines (POR)	2:40.97
6	Maria Correia Ricardo	05	Juv B	129496	CNS	2:38.26 S	25.04.2019	Sines (POR)	2:41.42
7	Luisa Morais Marques	05	Juv B	137863	AEFDTV	2:39.14 S	19.01.2019	Alapraia (POR)	2:42.32
8	Rafaela Diogo Martins	05	Juv B	132214	CNS	2:39.95 S	25.04.2019	Sines (POR)	2:43.14
9	Francisca Otao Tribuna	05	Juv B	132463	SLB	2:40.68 S	24.11.2018	Alges (POR)	2:43.89
10	Mariana Andreia Silva	05	Juv B	141810	SCP	2:41.09 S	19.01.2019	Alapraia (POR)	2:44.31
11	Catarina Maria Santos	05	Juv B	201337	CPCD	2:43.85 S	19.01.2019	Alapraia (POR)	2:47.12
12	Neuza Velho Magalhaes	05	Juv B	131096	SLB	2:47.83 L	16.03.2019	Vila Franca de Xira (POR)	2:47.83
13	Ana Belo Braga	05	Juv B	132505	AONDA	2:45.15 S	25.04.2019	Sines (POR)	2:48.45
14	Madalena Carrapico Alexandrino	05	Juv B	132560	SAD	2:45.84 S	24.11.2018	Alges (POR)	2:49.15
15	Beatriz Isabel Tavares	05	Juv B	200181	CNS	2:50.69 L	07.07.2018	Setubal (POR)	2:50.69
16	Mariana Reis Ferreira	05	Juv B	200724	AONDA	2:51.86 L	16.03.2019	Vila Franca de Xira (POR)	2:51.86
17	Sara Nunes Conceicao	05	Juv B	201393	SFUAP	2:49.80 S	19.01.2019	Alcobaca (POR)	2:53.19
18	Mariana Maiato Paulino	05	Juv B	133001	CNCVG	2:52.17 S	24.11.2018	Alges (POR)	2:55.61
19	Nicole Patriarca Franca	05	Juv B	153435	SCP	2:52.72 S	19.01.2019	Alapraia (POR)	2:56.17
20	Catarina Martins Ferreira	05	Juv B	132506	AONDA	2:52.85 S	25.04.2019	Sines (POR)	2:56.30
21	Filipa Raposo Silva	05	Juv B	153359	SCP	2:53.49 S	19.01.2019	Alapraia (POR)	2:56.96
22	Lara Moreira Lopo	05	Juv B	130424	EULX	2:58.77 L	17.06.2018	Vila Franca de Xira (POR)	2:58.77
23	Inês Azinheira Serra	05	Juv B	153113	PDEM	3:02.54 S	25.04.2019	Sines (POR)	3:06.19
24	Clarisse Sousa Barradas	05	Juv B	207193	DRCN	3:14.90 S	19.01.2019	Alapraia (POR)	3:18.79
25	Leonor Branquinho Sousa	05	Juv B	204716	CPCD	3:21.56 S	19.01.2019	Alapraia (POR)	3:25.59
26	Carolina Alexandra Silva	05	Juv B	133296	DRCN	3:30.00			3:30.00
27	Catarina Silva Tavares	05	Juv B	201696	DRCN	3:30.00			3:30.00
28	Joana Matilde Inacio	05	Juv B	201035	DRCN	3:30.00			3:30.00
29	Joana Fernandes Gama	05	Juv B	153361	SCP	3:30.00			3:30.00

Prova 11, Femin., 200m Costas
Juvenis A

1	Raquel Raposo Lopes	04	Juv A	153469	CDCP	2:32.05 S	10.06.2018	Badajoz (ESP)	2:35.09
2	Maria Martins Camacho	04	Juv A	130618	SFUAP	2:38.22 S	12.01.2019	Torres Novas (POR)	2:41.38
3	Maria Freire Alves	04	Juv A	132522	AHBE	2:43.78 L	16.03.2019	Vila Franca de Xira (POR)	2:43.78
4	Beatriz Costa Melo	04	Juv A	132555	SAD	2:40.88 S	24.11.2018	Alges (POR)	2:44.09
5	Diana Valadas Horta	04	Juv A	201782	CIRL	2:43.48 S	24.11.2018	Alges (POR)	2:46.75
6	Margarida Filipe Ferreira	04	Juv A	132347	CDCP	2:43.98 S	19.01.2019	Alapraia (POR)	2:47.26
7	Catarina Alexandra Marques	04	Juv A	130232	CNCVG	2:44.63 S	19.01.2019	Alapraia (POR)	2:47.92
8	Joana Miguel Sousa	04	Juv A	130442	AHBE	2:46.15 S	25.04.2019	Sines (POR)	2:49.47
9	Alice Castico Moreira	04	Juv A	123963	CNMJ	2:48.18 S	19.01.2019	Alapraia (POR)	2:51.54
10	Bruna Sofia Silva	04	Juv A	207182	CPCD	3:07.72 S	19.01.2019	Alapraia (POR)	3:11.47
11	Carolina Sofia Miranda	04	Juv A	205338	CNMJ	3:28.43 L	17.06.2018	Vila Franca de Xira (POR)	3:28.43
12	Madalena Graca Geraldes	04	Juv A	131511	SCP	3:30.00			3:30.00
	Laura Moreno Goncalves	04	Juv A	207189	DRCN	3:30.00			3:30.00 WDR

Prova 12
Masc., 200m Estilos
Absolutos

16.06.2019 - 19:16

Lista inscritos

Rec Regional Juv A	2:08.11	Carlos Esteves Almeida	CNA	Jamor	2004
Rec Regional Juv B	2:11.18	Joao Alexandre Vital	ADRCIMM	Serravalle (SMR)	2013
Rec Regional Inf A	2:18.68	Diogo Leal Dantas	SCP	Loule	2014
Rec Regional Inf B	2:24.45	André Santos	SFUAP		2001
Rec Regional Absoluto	1:58.19	Alexis Manacas Santos	SCP	Coimbra	2019
Rec Nacional Absoluto	1:58.19	Alexis Manacas Santos	SCP	Coimbra	2019

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
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Infantis B

1	Tomas Nunes Roque	06	Inf B	132472	SLB	2:35.02 L	11.05.2019	Vila Franca de Xira (POR)	2:35.02
2	David Miguel Morais	06	Inf B	153428	SLB	2:35.74 L	11.05.2019	Vila Franca de Xira (POR)	2:35.74
3	Guilherme Fernandes Baptista	06	Inf B	153381	SLB	2:36.16 S	10.03.2019	Setubal (POR)	2:39.28
4	Diogo Morgado Figueira	06	Inf B	203863	CPCD	2:40.01 S	31.03.2019	Pinhal Novo (POR)	2:43.21
5	Antonio Coelho Vieira	06	Inf B	141506	SCP	2:42.84 S	10.03.2019	Setubal (POR)	2:46.09
6	Manuel Faria Silvestre	06	Inf B	202906	SLB	2:43.61 S	31.03.2019	Pinhal Novo (POR)	2:46.88
7	Tiago Almeida Correia	06	Inf B	139280	CNMJ	2:45.48 S	04.05.2019	Estremoz (POR)	2:48.79
8	Pedro Miguel Pimentel	06	Inf B	202695	GESL	2:45.61 S	10.03.2019	Setubal (POR)	2:48.92
9	Martim Barata Antunes	06	Inf B	153385	SLB	2:46.49 S	10.03.2019	Setubal (POR)	2:49.82
10	Tomas Leal Parelho	06	Inf B	139290	CNMJ	2:53.20 S	03.02.2019	Montemor-o-Novo (POR)	2:56.66
11	Rodrigo Andrade Mesquita	06	Inf B	141949	SCP	2:53.89 S	17.11.2018	Estoril (POR)	2:57.36
12	Rodrigo Figueiredo Pissarra	06	Inf B	201328	CPCD	2:54.10 S	17.11.2018	Estoril (POR)	2:57.58
13	Rodrigo Franco Palare	06	Inf B	203877	GESL	2:56.25 S	17.11.2018	Estoril (POR)	2:59.77
14	Leandro Carvalho Semedo	06	Inf B	203874	GESL	2:56.28 S	17.11.2018	Estoril (POR)	2:59.80
15	Guilherme Santos Gavea	06	Inf B	153382	SLB	2:57.43 S	02.06.2018	Alapraia (POR)	3:00.97
16	Martim Carvalho Fonseca	06	Inf B	205041	MODV	2:57.61 S	17.11.2018	Estoril (POR)	3:01.16
17	Luis Pedro Figueiredo	06	Inf B	203875	GESL	2:58.44 S	20.10.2018	Estoril (POR)	3:02.00
18	Diogo Lopes Venceslau	06	Inf B	202915	PDEM	3:01.52 S	10.03.2019	Setubal (POR)	3:05.15
19	Dinis Oliveira Clemente	06	Inf B	202770	ADRCIMM	3:05.12 S	17.11.2018	Estoril (POR)	3:08.82
20	Andre Monteiro Caetano	06	Inf B	207211	MODV	3:10.42 S	17.11.2018	Estoril (POR)	3:14.22
21	Timothy Michael Fribergh	06	Inf B	203920	AHBE	3:10.53 S	24.02.2019	Loures (POR)	3:14.34
22	Francisco Tente Pinto	06	Inf B	207517	GESL	3:10.78 S	01.11.2018	Lisboa (POR)	3:14.59
23	Tiago Fernandes Loucao	06	Inf B	206926	CIRL	3:11.50 S	25.04.2019	Sines (POR)	3:15.33
24	Afonso Silva Carvalho	06	Inf B	207782	ADRCIMM	3:11.83 S	24.02.2019	Loures (POR)	3:15.66
25	Diogo Valadas Horta	06	Inf B	204576	CIRL	3:12.93 S	24.02.2019	Loures (POR)	3:16.78
26	David Joao Ferreira	06	Inf B	203890	MODV	3:14.30 S	17.11.2018	Estoril (POR)	3:18.18
27	Vicente Correa Walker	06	Inf B	203921	AHBE	3:16.84 S	25.04.2019	Sines (POR)	3:20.77
28	Daniel Cardoso Santos	06	Inf B	207359	MODV	3:29.16 S	17.11.2018	Estoril (POR)	3:33.34
29	Hugo Monteiro Tomaz	06	Inf B	203872	GESL	3:35.06 S	01.07.2018	S. Antonio Cavaleiros (POR)	3:39.36
30	Francisco Martim Franco	06	Inf B	203871	GESL	3:45.00			3:45.00
31	Miguel Guilherme Sousa	06	Inf B	208095	SCP	3:45.00			3:45.00

Prova 12, Masc., 200m Estilos
Infantis A

1	Andre Henriques Marques	05	Inf A	129665	SLB	2:22.87	S	26.01.2019	Abrantes (POR)	2:25.72
2	Martim Silva Cortes	05	Inf A	200486	AONDA	2:27.91	L	11.05.2019	Vila Franca de Xira (POR)	2:27.91
3	Tomas Ferreira Duro	05	Inf A	132663	ADRCIMM	2:27.34	S	31.03.2019	Pinhal Novo (POR)	2:30.28
4	Gonçalo Duarte Carvalho	05	Inf A	132466	SLB	2:28.87	S	31.03.2019	Pinhal Novo (POR)	2:31.84
5	Joel Michael Fribergh	05	Inf A	203916	AHBE	2:34.72	S	31.03.2019	Pinhal Novo (POR)	2:37.81
6	Jose Manuel Sa	05	Inf A	203114	SCP	2:34.75	S	31.03.2019	Pinhal Novo (POR)	2:37.84
7	Manuel Angelo Pereira	05	Inf A	151305	SCP	2:38.03	L	11.05.2019	Vila Franca de Xira (POR)	2:38.03
8	Diogo Sousa Barbosa	05	Inf A	133332	SLB	2:38.26	L	11.05.2019	Vila Franca de Xira (POR)	2:38.26
9	Manuel Pires Oliveira	05	Inf A	201480	PDEM	2:38.30	L	11.05.2019	Vila Franca de Xira (POR)	2:38.30
10	Francisco Lourenco Vasconcelos	05	Inf A	201698	GESL	2:35.88	S	31.03.2019	Pinhal Novo (POR)	2:38.99
11	Vasco Alves Morgado	05	Inf A	147123	SAD	2:39.76	L	11.05.2019	Vila Franca de Xira (POR)	2:39.76
12	Tiago Silva Bartolo	05	Inf A	205340	SAD	2:36.78	S	10.03.2019	Setubal (POR)	2:39.91
13	Rodrigo Martins Bras	05	Inf A	129806	CFB	2:37.43	S	24.02.2019	Loures (POR)	2:40.57
14	Miguel Cordeiro Almeida	05	Inf A	200392	SAD	2:41.75	L	17.06.2018	Vila Franca de Xira (POR)	2:41.75
15	Tomas Almeida Cordeiro	05	Inf A	125238	SAD	2:38.83	S	17.11.2018	Estoril (POR)	2:42.00
16	Gonçalo Pereira Gracioso	05	Inf A	202124	AONDA	2:42.20	L	11.05.2019	Vila Franca de Xira (POR)	2:42.20
17	Diogo Botelho Capricho	05	Inf A	142035	SCP	2:39.06	S	10.03.2019	Setubal (POR)	2:42.24
18	Henrique Caetano Grilo	05	Inf A	132451	ADRCIMM	2:43.63	S	17.11.2018	Estoril (POR)	2:46.90
19	Alfredo Cabrita Soudo	05	Inf A	148434	CFB	2:44.63	S	17.11.2018	Estoril (POR)	2:47.92
20	Joao Pedro Passarinho	05	Inf A	204711	MODV	2:47.34	S	24.02.2019	Loures (POR)	2:50.68
21	Mateus Correa Walker	05	Inf A	202083	AHBE	2:49.56	S	10.03.2019	Setubal (POR)	2:52.95
22	Tiago Romao Lourenco	05	Inf A	202926	PDEM	2:49.61	S	10.03.2019	Setubal (POR)	2:53.00
23	Miguel Jose Oliveira	05	Inf A	203918	AHBE	2:49.74	S	10.03.2019	Setubal (POR)	2:53.13
24	Francisco Fino Motta	05	Inf A	202918	PDEM	2:52.18	S	24.02.2019	Loures (POR)	2:55.62
25	Daniel Munoz Lopes	05	Inf A	203869	GESL	2:53.04	S	01.11.2018	Lisboa (POR)	2:56.50
26	Raul Correia Pires	05	Inf A	131388	AONDA	2:55.54	S	20.10.2018	Estoril (POR)	2:59.05
27	Vasco Santos Silva	05	Inf A	153388	SLB	2:58.25	S	20.10.2018	Estoril (POR)	3:01.81
28	Vyacheslav Hliba	05	Inf A	203912	GESL	3:04.60	S	02.02.2019	Ponte de Sor (POR)	3:08.29
29	Gonçalo Pires Fialho	05	Inf A	133333	CNA	3:10.50	S	20.10.2018	Estoril (POR)	3:14.31

Juvenis B

1	Bernardo Jorge Simoes	04	Juv B	130250	CNCVG	2:13.74	L	11.05.2019	Vila Franca de Xira (POR)	2:13.74
2	Miguel Madeira Silva	04	Juv B	132664	AONDA	2:22.33	S	25.04.2019	Sines (POR)	2:25.17
3	Joao Afonso Santos	04	Juv B	153371	SCP	2:24.37	S	20.01.2019	Alapraia (POR)	2:27.25
4	Tiago Fanha Lopes	04	Juv B	129520	CNMJ	2:24.49	S	25.11.2018	Alges (POR)	2:27.38
5	Guilherme Machado Santos	04	Juv B	200202	SFUAP	2:24.70	S	16.12.2018	Tomar (POR)	2:27.59
6	Afonso Cipriano Pinto	04	Juv B	153352	SCP	2:25.03	S	25.11.2018	Alges (POR)	2:27.93
7	Goncalo Filipe Carrapito	04	Juv B	129666	SFUAP	2:27.45	S	16.12.2018	Tomar (POR)	2:30.39
8	Tomas Santos Luis	04	Juv B	153367	SCP	2:28.73	S	25.11.2018	Alges (POR)	2:31.70
9	Miguel Filipe Anjo	04	Juv B	201394	CDCP	2:31.87	L	11.05.2019	Vila Franca de Xira (POR)	2:31.87
10	Hugo Tomas Silva	04	Juv B	200491	AONDA	2:32.77	L	11.05.2019	Vila Franca de Xira (POR)	2:32.77
11	Goncalo Gomes Augusto	04	Juv B	127270	AONDA	2:33.36	S	20.01.2019	Alapraia (POR)	2:36.42
12	Diogo Miguel Monteiro	04	Juv B	147200	DRCN	2:34.64	S	20.01.2019	Alapraia (POR)	2:37.73
13	Afonso Romao Francisco	04	Juv B	204573	CDCP	2:36.82	S	28.10.2018	Setubal (POR)	2:39.95
14	Daniel Elias Duarte	04	Juv B	147198	CIRL	2:39.34	S	25.04.2019	Sines (POR)	2:42.52
15	Tomas Rebelo Dias	04	Juv B	148500	EULX	2:47.39	L	17.03.2019	Vila Franca de Xira (POR)	2:47.39
16	Joao Pedro Faustino	04	Juv B	203986	CDCP	2:50.00				2:50.00
17	Joao Negreiros Guerreiro	04	Juv B	209459	CIRL	2:50.00				2:50.00
18	Goncalo Afonso Gouveia	04	Juv B	153360	SCP	2:50.00				2:50.00

Juvenis A

1	Pedro Henriques Correia	03	Juv A	125257	SLB	2:22.54	L	09.02.2019	Lisboa (POR)	2:22.54
2	Joao Maria Colaco	03	Juv A	131515	SCP	2:22.27	S	20.01.2019	Alapraia (POR)	2:25.11
3	Guilherme Matias Cristino	03	Juv A	132528	SFUAP	2:22.30	S	25.11.2018	Alges (POR)	2:25.14
4	David Van Ossenbruggen	03	Juv A	126428	SFUAP	2:23.52	S	16.12.2018	Tomar (POR)	2:26.39
5	Diogo Miguel Duraes	03	Juv A	123448	CNMJ	2:24.98	S	16.12.2018	Tomar (POR)	2:27.88
6	Joao Matos Fidalgo	03	Juv A	128885	SLB	2:27.00	S	25.11.2018	Alges (POR)	2:29.94
7	Rodrigo Beja Lopes	03	Juv A	132651	AONDA	2:27.36	S	28.10.2018	Setubal (POR)	2:30.30
8	Dinis Viola Caroco	03	Juv A	131696	SCP	2:33.62	L	11.05.2019	Vila Franca de Xira (POR)	2:33.62
9	Goncalo Feliciano Santos	03	Juv A	202529	SCP	2:30.72	S	20.01.2019	Alapraia (POR)	2:33.73
10	Bernardo Araujo Freire	03	Juv A	129532	SAD	2:34.07	L	17.03.2019	Vila Franca de Xira (POR)	2:34.07
11	Jose Miguel Oliveira	03	Juv A	129493	CNS	2:31.31	S	25.11.2018	Alges (POR)	2:34.33
12	Gonçalo Nuno Raposo	03	Juv A	126880	AONDA	2:34.58	L	17.06.2018	Vila Franca de Xira (POR)	2:34.58
13	Tiago Represas Loureiro	03	Juv A	208178	FS	2:47.90	L	17.03.2019	Vila Franca de Xira (POR)	2:47.90
14	Luis Maia Pegado	03	Juv A	131701	SCP	2:50.00				2:50.00
	Tomas Nogueira Gomes	03	Juv A	126626	SFUAP	2:11.50	S	16.12.2018	Tomar (POR)	2:14.13 WDR