

Prova 15
 24.11.2018 - 10:08

Femin., 200m Costas

 Absolutos
 Resultados

Rec Regional Abs	2:09.12	Rita Barros Frischknecht	SAD	Porto	2017
Rec Regional Sen	2:09.12	Rita Barros Frischknecht	SAD	Porto	2017
Rec Regional Jun 2	2:12.52	Rita Barros Frischknecht	SAD	Porto	2014
Rec Regional Jun 1	2:12.80	Petra Quintela Chaves	SAD	Algés	1994
Rec Regional Juv A	2:16.30	Petra Quintela Chaves	SAD		1993
Rec Regional Juv B	2:19.15	Susana Patricia Miguel	SFUAP	Alhandra	2004
Rec Nacional Abs	2:09.12	Rita Barros Frischknecht	SAD	Porto	2017
Rec Nacional Sen	2:09.12	Rita Barros Frischknecht	SAD	Porto	2017
Rec Nacional Jun 2	2:12.52	Rita Barros Frischknecht	SAD	Porto	2014
Rec Nacional Jun 1	2:12.80	Petra Quintela Chaves	SAD	Algés	1994
Rec Nacional Juv A	2:14.11	Camila Rodrigues Rebelo	ALN	Condeixa	2018
Rec Nacional Juv B	2:17.86	Catia Raquel Martinheira	LDC	Sines	2008

TAC Juv B: 2:50.69; Juv A: 2:45.95; Jun 1: 2:41.31; Jun 2: 2:39.74; Sen: 2:38.95

Pontos: FINA 2018

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	50m	100m	150m	200m
Juvenis B										
1.	Mafalda Santos Costa	05	ADRCIMM	2:39.01	2:35.02	454	37.42	39.04	39.48	39.08
2.	Soraia Maria Salgado	05	AEFDTV	2:32.98	2:35.05	454	34.63	39.34	41.70	39.38
3.	Maria Correia Ricardo	05	CNS	2:40.79	2:39.50	417	38.48	40.22	40.81	39.99
4.	Francisca Otao Tribuna	05	SLB	2:47.97	2:40.68	408	38.45	40.79	41.14	40.30
5.	Rafaela Diogo Martins	05	CNS	2:43.44	2:41.50	402	37.20	40.78	42.29	41.23
6.	Rita Ferreira Gomes	05	SAD	2:44.60	2:41.93	399	37.31	41.40	42.17	41.05
7.	Marta Sofia Carvalho	05	ADRCIMM	2:40.55	2:43.81	385	37.29	41.47	44.13	40.92
8.	Simone Filipe Monteiro	05	GESL	2:46.63	2:44.10	383	38.82	40.75	42.24	42.29
9.	Beatriz Frota Carvalho	05	SLB	2:46.79	2:44.94	377	38.75	41.62	42.46	42.11
10.	Madalena Carrapico Alexandrino	05	SAD	2:42.55	2:45.84	371	39.78	42.17	42.14	41.75
11.	Neuza Velho Magalhaes	05	SLB	2:50.69	2:46.33	368	39.30	42.38	42.47	42.18
12.	Marta Atalaya Rebelo	05	SAD	2:50.52	2:46.38	368	40.76	41.79	42.32	41.51
13.	Mariana Reis Ferreira	05	AONDA	2:49.57	2:49.83	346	39.57	42.82	44.66	42.78
14.	Mariana Maiato Paulino	05	CNCVG	2:50.69	2:52.17	332	39.50	43.07	45.29	44.31
	<i>Fora Tempo Acesso</i>									
15.	Carolina Tavares Ferraz	05	SAD	2:50.69	2:53.97	321	41.81	45.23	43.96	42.97
	<i>Fora Tempo Acesso</i>									
16.	Filipa Raposo Silva	05	SCP	2:46.43	2:56.17	309	39.21	44.64	46.83	45.49
	<i>Fora Tempo Acesso</i>									
17.	Catarina Martins Ferreira	05	AONDA	2:50.69	2:57.03	305	40.46	43.99	46.71	45.87
	<i>Fora Tempo Acesso</i>									

Juvenis A

1.	Susana Chanoca Narciso	04	CPCD	2:32.02	2:31.24	489	35.24	37.65	39.22	39.13
2.	Carolina Fale Costa	04	ADRCIMM	2:31.77	2:31.38	488	36.24	38.04	38.41	38.69
3.	Sofia Vilardeil Rodrigues	04	GESL	2:31.82	2:32.20	480	35.55	38.92	39.14	38.59
4.	Joana Maia Antunes	04	SLB	2:35.13	2:35.48	450	37.30	38.88	39.44	39.86
5.	Raquel Raposo Lopes	04	CDCP	2:31.31	2:37.65	432	37.17	39.29	40.76	40.43
6.	Aleksandra Bozanic Borcic	04	SAD	2:40.21	2:39.15	420	37.32	40.05	41.03	40.75
7.	Joana Marinho Coelho	04	SCP	2:44.62	2:39.32	419	37.55	39.85	41.14	40.78
8.	Maria Martins Camacho	04	SFUAP	2:36.25	2:39.42	418	36.98	40.33	41.12	40.99
9.	Daniela Alexandra Pedro	04	SCP	2:45.95	2:40.66	408	37.41	40.01	41.32	41.92
10.	Yonina Brancourt	04	GESL	2:33.79	2:40.80	407	35.61	39.78	42.50	42.91
11.	Beatriz Costa Melo	04	SAD	2:42.88	2:40.88	407	38.25	40.48	41.45	40.70
12.	Carolina Porem Henriques	04	SCP	2:45.95	2:41.26	404	37.19	40.54	42.70	40.83
13.	Diana Valadas Horta	04	CIRL	2:45.95	2:43.48	387	38.01	40.48	41.97	43.02
14.	Catarina Alexandra Marques	04	CNCVG	2:45.95	2:44.80	378	37.96	41.91	42.54	42.39

Prova 15, Femin., 200m Costas
Juniores

1. Francisca Salvador Mesquita	02	ADRCIMM	2:27.49	2:23.02	579	33.77	35.93	36.60	36.72
2. Ema Jeronimo Conceicao	03	AEFDTV	2:27.45	2:26.47	539	34.03	37.26	38.11	37.07
3. Maria Mousinho Esteves	02	CIRL	2:30.56	2:32.40	478	35.06	39.23	39.06	39.05
4. Andreia Wongsangnoi Alves	03	ADRCIMM	2:29.16	2:33.39	469	36.54	38.85	39.51	38.49
5. Rafaela Sofia Silva	03	SLB	2:36.48	2:34.33	461	35.80	39.19	40.04	39.30
6. Maria Ines Ribeiro	03	SAD	2:32.42	2:35.27	452	36.11	38.88	40.56	39.72
7. Catarina Guimaraes Moreira	03	SAD	2:34.22	2:37.86	430	37.83	39.70	40.19	40.14
8. Catarina Ines Correia <i>Fora Tempo Acesso</i>	03	CNS	2:40.15	2:42.82	392	38.63	41.34	41.92	40.93
9. Margarida Mota Silva <i>Fora Tempo Acesso</i>	03	PDEM	2:33.76	2:44.40	381	36.10	40.23	43.50	44.57
10. Matilde Pereira Carrao <i>Fora Tempo Acesso</i>	03	CIRL	2:41.31	2:44.90	378	38.75	40.76	42.65	42.74

Seniores

1. Catarina Martins Mestre	00	CNLX	2:16.29	2:16.59	665	31.48	33.83	35.85	35.43
2. Madalena Gomes Azevedo	99	SAD	2:38.95	2:18.60	636	33.09	35.40	35.56	34.55
3. Luana Correia Rodrigues	01	CFB	2:26.39	2:22.58	584	34.46	35.97	36.17	35.98
4. Mafalda Gomes Beleza	94	SCP	2:26.26	2:24.24	564	34.23	36.36	36.75	36.90
5. Luisa Maria Machado	01	SFUAP	2:30.64	2:25.21	553	34.43	36.63	37.14	37.01
6. Beatriz Elisabete Pereira	97	CDCP	2:31.19	2:26.55	538	32.74	35.91	38.41	39.49
7. Ana Raquel Ferreira	98	SLB	2:22.06	2:26.66	537	33.74	36.72	38.23	37.97
8. Margarida Messias Ribeiro	98	GESL	2:38.95	2:28.01	522	35.60	37.30	38.11	37.00
9. Mafalda Sofia Dias	01	PDEM	2:26.93	2:28.63	516	34.37	37.73	37.81	38.72
10. Margarida Sobral Pimenta	99	CFB	2:26.41	2:31.00	492	35.57	37.72	38.99	38.72
11. Sofia Alexandra Rolao	98	SLB	2:30.69	2:31.16	490	34.86	37.60	39.40	39.30
12. Maria Ornelas Armas	98	AEULCCD	2:27.10	2:31.36	488	35.27	37.97	38.98	39.14
13. Celeste Santos Ricardo	01	SFUAP	2:32.55	2:33.62	467	35.60	38.88	39.93	39.21
14. Soraia Guerra Rolim	95	CIRL	2:32.01	2:37.02	437	35.68	38.93	40.54	41.87
15. Olga Santos Lourenco <i>Fora Tempo Acesso</i>	01	CNCVG	2:38.45	2:40.86	407	37.90	40.56	41.30	41.10
16. Gabriela Silva Godinho <i>Fora Tempo Acesso</i>	00	CIRL	2:38.95	2:44.49	380	37.80	41.38	42.98	42.33

Absolutos

1. Catarina Martins Mestre <i>Campeã Regional</i>	00	CNLX	2:16.29	2:16.59	665	31.48	33.83	35.85	35.43
2. Madalena Gomes Azevedo	99	SAD	2:38.95	2:18.60	636	33.09	35.40	35.56	34.55
3. Luana Correia Rodrigues	01	CFB	2:26.39	2:22.58	584	34.46	35.97	36.17	35.98
4. Francisca Salvador Mesquita	02	ADRCIMM	2:27.49	2:23.02	579	33.77	35.93	36.60	36.72
5. Mafalda Gomes Beleza	94	SCP	2:26.26	2:24.24	564	34.23	36.36	36.75	36.90
6. Luisa Maria Machado	01	SFUAP	2:30.64	2:25.21	553	34.43	36.63	37.14	37.01
7. Ema Jeronimo Conceicao	03	AEFDTV	2:27.45	2:26.47	539	34.03	37.26	38.11	37.07
8. Beatriz Elisabete Pereira	97	CDCP	2:31.19	2:26.55	538	32.74	35.91	38.41	39.49
9. Ana Raquel Ferreira	98	SLB	2:22.06	2:26.66	537	33.74	36.72	38.23	37.97
10. Margarida Messias Ribeiro	98	GESL	2:38.95	2:28.01	522	35.60	37.30	38.11	37.00
11. Mafalda Sofia Dias	01	PDEM	2:26.93	2:28.63	516	34.37	37.73	37.81	38.72
12. Margarida Sobral Pimenta	99	CFB	2:26.41	2:31.00	492	35.57	37.72	38.99	38.72
13. Sofia Alexandra Rolao	98	SLB	2:30.69	2:31.16	490	34.86	37.60	39.40	39.30
14. Susana Chanoca Narciso	04	CPCD	2:32.02	2:31.24	489	35.24	37.65	39.22	39.13
15. Maria Ornelas Armas	98	AEULCCD	2:27.10	2:31.36	488	35.27	37.97	38.98	39.14
16. Carolina Fale Costa	04	ADRCIMM	2:31.77	2:31.38	488	36.24	38.04	38.41	38.69
17. Sofia Vilardeil Rodrigues	04	GESL	2:31.82	2:32.20	480	35.55	38.92	39.14	38.59
18. Maria Mousinho Esteves	02	CIRL	2:30.56	2:32.40	478	35.06	39.23	39.06	39.05
19. Andreia Wongsangnoi Alves	03	ADRCIMM	2:29.16	2:33.39	469	36.54	38.85	39.51	38.49
20. Celeste Santos Ricardo	01	SFUAP	2:32.55	2:33.62	467	35.60	38.88	39.93	39.21

Prova 15, Femin., 200m Costas, Absolutos

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	50m	100m	150m	200m
21.	Rafaela Sofia Silva	03	SLB	2:36.48	2:34.33	461	35.80	39.19	40.04	39.30
22.	Mafalda Santos Costa	05	ADRCIMM	2:39.01	2:35.02	454	37.42	39.04	39.48	39.08
23.	Soraia Maria Salgado	05	AEFDTV	2:32.98	2:35.05	454	34.63	39.34	41.70	39.38
24.	Maria Ines Ribeiro	03	SAD	2:32.42	2:35.27	452	36.11	38.88	40.56	39.72
25.	Joana Maia Antunes	04	SLB	2:35.13	2:35.48	450	37.30	38.88	39.44	39.86
26.	Soraia Guerra Rolim	95	CIRL	2:32.01	2:37.02	437	35.68	38.93	40.54	41.87
27.	Raquel Raposo Lopes	04	CDCP	2:31.31	2:37.65	432	37.17	39.29	40.76	40.43
28.	Catarina Guimaraes Moreira	03	SAD	2:34.22	2:37.86	430	37.83	39.70	40.19	40.14
29.	Aleksandra Bozanic Borcic	04	SAD	2:40.21	2:39.15	420	37.32	40.05	41.03	40.75
30.	Joana Marinho Coelho	04	SCP	2:44.62	2:39.32	419	37.55	39.85	41.14	40.78
31.	Maria Martins Camacho	04	SFUAP	2:36.25	2:39.42	418	36.98	40.33	41.12	40.99
32.	Maria Correia Ricardo	05	CNS	2:40.79	2:39.50	417	38.48	40.22	40.81	39.99
33.	Daniela Alexandra Pedro	04	SCP	2:45.95	2:40.66	408	37.41	40.01	41.32	41.92
34.	Francisca Otao Tribuna	05	SLB	2:47.97	2:40.68	408	38.45	40.79	41.14	40.30
35.	Yonina Brancourt	04	GESL	2:33.79	2:40.80	407	35.61	39.78	42.50	42.91
36.	Olga Santos Lourenco <i>Fora Tempo Acesso</i>	01	CNCVG	2:38.45	2:40.86	407	37.90	40.56	41.30	41.10
37.	Beatriz Costa Melo	04	SAD	2:42.88	2:40.88	407	38.25	40.48	41.45	40.70
38.	Carolina Porem Henriques	04	SCP	2:45.95	2:41.26	404	37.19	40.54	42.70	40.83
39.	Rafaela Diogo Martins	05	CNS	2:43.44	2:41.50	402	37.20	40.78	42.29	41.23
40.	Rita Ferreira Gomes	05	SAD	2:44.60	2:41.93	399	37.31	41.40	42.17	41.05
41.	Catarina Ines Correia <i>Fora Tempo Acesso</i>	03	CNS	2:40.15	2:42.82	392	38.63	41.34	41.92	40.93
42.	Diana Valadas Horta	04	CIRL	2:45.95	2:43.48	387	38.01	40.48	41.97	43.02
43.	Marta Sofia Carvalho	05	ADRCIMM	2:40.55	2:43.81	385	37.29	41.47	44.13	40.92
44.	Simone Filipe Monteiro	05	GESL	2:46.63	2:44.10	383	38.82	40.75	42.24	42.29
45.	Margarida Mota Silva <i>Fora Tempo Acesso</i>	03	PDEM	2:33.76	2:44.40	381	36.10	40.23	43.50	44.57
46.	Gabriela Silva Godinho <i>Fora Tempo Acesso</i>	00	CIRL	2:38.95	2:44.49	380	37.80	41.38	42.98	42.33
47.	Catarina Alexandra Marques	04	CNCVG	2:45.95	2:44.80	378	37.96	41.91	42.54	42.39
48.	Matilde Pereira Carrao <i>Fora Tempo Acesso</i>	03	CIRL	2:41.31	2:44.90	378	38.75	40.76	42.65	42.74
49.	Beatriz Frota Carvalho	05	SLB	2:46.79	2:44.94	377	38.75	41.62	42.46	42.11
50.	Madalena Carrapico Alexandrino	05	SAD	2:42.55	2:45.84	371	39.78	42.17	42.14	41.75
51.	Neuza Velho Magalhaes	05	SLB	2:50.69	2:46.33	368	39.30	42.38	42.47	42.18
52.	Marta Atalaya Rebelo	05	SAD	2:50.52	2:46.38	368	40.76	41.79	42.32	41.51
53.	Mariana Reis Ferreira	05	AONDA	2:49.57	2:49.83	346	39.57	42.82	44.66	42.78
54.	Mariana Maiato Paulino <i>Fora Tempo Acesso</i>	05	CNCVG	2:50.69	2:52.17	332	39.50	43.07	45.29	44.31
55.	Carolina Tavares Ferraz <i>Fora Tempo Acesso</i>	05	SAD	2:50.69	2:53.97	321	41.81	45.23	43.96	42.97
56.	Filipa Raposo Silva <i>Fora Tempo Acesso</i>	05	SCP	2:46.43	2:56.17	309	39.21	44.64	46.83	45.49
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