

Prova 21  
 24.11.2018 - 16:52

Masc., 400m Livres

 Absolutos  
 Lista inscritos

Rec Regional Abs	3:42.91	Miguel Duarte Nascimento	SLB	Porto	2017
Rec Regional Sen	3:42.91	Miguel Duarte Nascimento	SLB	Porto	2017
Rec Regional Jun 2	3:51.92	Joao Alexandre Vital	SCP	Porto	2015
Rec Regional Jun 1	3:57.19	Joao Alexandre Vital	ADRCIMM	Porto	2014
Rec Regional Juv A	3:59.31	Joao Carlos Santos	ANAM	Alg�s	2012
Rec Regional Juv B	4:03.22	Joao Pedro Gil	ANAM	Alg�s	2012
Rec Nacional Abs	3:42.91	Miguel Duarte Nascimento	SLB	Porto	2017
Rec Nacional Sen	3:42.91	Miguel Duarte Nascimento	SLB	Porto	2017
Rec Nacional Jun 2	3:50.52	Adriano Miguel Niz	CFV	Fafe	2004
Rec Nacional Jun 1	3:56.54	Rui Filipe Costa	VSC	Feigueiras	2007
Rec Nacional Juv A	3:59.31	Joao Carlos Santos	ANAM	Alg�s	2012
Rec Nacional Juv B	4:03.22	Joao Pedro Gil	ANAM	Alg�s	2012

TAC Juv B: 4:51.39; Juv A: 4:46.09; Jun 1: 4:35.62; Jun 2: 4:31.67; Sen: 4:26.43

Convers o tempo inscri o: Convers o linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<b>Juvenis B</b>									
1	Joao Afonso Santos	04	Juv B	153371	SCP	4:38.49 S	10.03.2018	Caldas da Rainha (POR)	4:38.49
2	Yann Chetelat Fock	04	Juv B	129699	AEULCCD	4:39.13 S	10.03.2018	Caldas da Rainha (POR)	4:39.13
3	Duarte Cadima Goncalves	04	Juv B	153295	CNMJ	4:40.18 S	01.07.2018	S. Antonio Cavaleiros (POR)	4:40.18
4	Antonio Lombardi Carvalho	04	Juv B	129886	CFB	4:41.26 S	06.05.2018	Alapraia (POR)	4:41.26
5	Guilherme Pinto Restolho	04	Juv B	200488	CPCD	4:51.31 L	16.06.2018	Vila Franca de Xira (POR)	4:45.48
6	Francisco Sousa Uva	04	Juv B	201477	SAD	4:47.39 S	31.05.2018	Alges (POR)	4:47.39
7	Pedro Forjaz Cirurgiao	04	Juv B	132564	SAD	4:53.79 L	05.07.2018	Setubal (POR)	4:47.91
8	Tomas Martins Mira	04	Juv B	132215	CNS	4:49.68 S	31.05.2018	Alges (POR)	4:49.68
9	Goncalo Gomes Augusto	04	Juv B	127270	CIRL	4:50.25 S	01.07.2018	S. Antonio Cavaleiros (POR)	4:50.25
10	Duarte Brito Justino	04	Juv B	130802	ADRCIMM	4:50.55 S	13.01.2018	Pinhal Novo (POR)	4:50.55
11	Afonso Leonel Barreto	04	Juv B	202862	CPCD	4:51.39 S			4:51.39
12	Miguel Filipe Anjo	04	Juv B	201394	CDCP	4:51.39 S			4:51.39
13	Afonso Romao Francisco	04	Juv B	204573	CDCP	4:51.39 S			4:51.39
14	Jaeden Michael Nunes	04	Juv B	202508	CFB	4:51.39 S			4:51.39
15	David Jorge Sequeira	04	Juv B	130234	CNCVG	4:51.39 S			4:51.39
16	Victor Bethlem Tigre	04	Juv B	208094	SCP	4:51.39			4:51.39
DNS	Joao Silva Angelino	04	Juv B	132832	PDEM	4:51.39 S			4:51.39

**Juvenis A**

1	Tomas Nogueira Gomes	03	Juv A	126626	SFUAP	4:25.45 S	19.11.2017	Alges (POR)	4:25.45
2	Pedro Esteves Duarte	03	Juv A	132531	CDCP	4:37.67 L	07.07.2018	Setubal (POR)	4:32.11
3	Diogo Miguel Duraes	03	Juv A	123448	CNMJ	4:37.18 S	27.10.2018	Ponte da Barca (POR)	4:37.18
4	Daniel Alexandre Ascenso	03	Juv A	131377	GESL	4:39.06 S	04.03.2018	Almada (POR)	4:39.06
5	Henrique Pinheiro Valente	03	Juv A	130237	CNCVG	4:47.76 L	24.02.2018	Vila Franca de Xira (POR)	4:42.00
6	Joao Matos Fidalgo	03	Juv A	128885	SLB	4:50.87 L	24.02.2018	Vila Franca de Xira (POR)	4:45.05
7	Luis Carlos Correia	03	Juv A	207349	ANAM	4:46.09			4:46.09
8	Jose Miguel Oliveira	03	Juv A	129493	CNS	4:46.09 S			4:46.09
9	Luis Maia Pegado	03	Juv A	131701	SCP	4:46.09 S			4:46.09
10	Goncalo Feliciano Santos	03	Juv A	202529	SCP	4:46.09 S			4:46.09
DNS	Francisco Teixeira Monteiro	03	Juv A	132527	CDCP	4:46.09 S			4:46.09

**Juniores**

1	Diogo Santos Cardoso	01	Jun	122969	ADRCIMM	4:11.66 L	25.03.2018	Funchal (POR)	4:06.62
2	Tomas Penha Monteiro	02	Jun	132566	SAD	4:13.55 S	16.12.2017	Albufeira (POR)	4:13.55
3	Francisco Alves Souza	02	Jun	128881	GESL	4:14.48 S	16.12.2017	Albufeira (POR)	4:14.48
4	Diogo Santos Costa	02	Jun	126007	ADRCIMM	4:15.26 S	17.06.2018	Sto Ant. Cavaleiros (POR)	4:15.26
5	Rodrigo Almeida Cabrito	01	Jun	121510	CFB	4:16.67 S	01.07.2018	S. Antonio Cavaleiros (POR)	4:16.67
6	Pedro Miguel Pinto	02	Jun	129924	SCP	4:16.70 S	17.06.2018	Sto Ant. Cavaleiros (POR)	4:16.70
7	Bernardo Geada Brito	02	Jun	130621	SFUAP	4:17.76 S	16.12.2017	Albufeira (POR)	4:17.76
8	Goncalo Morais Gordo	02	Jun	126006	ADRCIMM	4:26.38 L	24.02.2018	Vila Franca de Xira (POR)	4:21.05
9	Miguel Monteiro Dinis	01	Jun	124394	SAD	4:21.65 S	01.07.2018	S. Antonio Cavaleiros (POR)	4:21.65
10	Joao Nogueira Mendes	02	Jun	128745	CIRL	4:23.98 S	04.03.2018	Quarteira (POR)	4:23.98
11	Ricardo Martins Bras	01	Jun	121508	CFB	4:32.74 L	07.07.2018	Setubal (POR)	4:27.28
12	Tomas Silvestre Almeida	01	Jun	126471	CNLX	4:31.67 S			4:31.67
13	Simao Castro Barreto	02	Jun	132474	AEULCCD	4:41.23 L	24.02.2018	Vila Franca de Xira (POR)	4:35.60
14	Pedro Machado Vieira	02	Jun	204156	SAD	4:35.62 S			4:35.62
DNS	Rafael Rodrigues Jacinto	02	Jun	129002	CFB	4:18.41 L	28.07.2018	Oeiras (POR)	4:13.24
WDR	Rafael Alcantara Aires	01	Jun	125130	SLB	4:07.93 S	14.04.2018	Feigueiras (POR)	4:07.93

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**Seniores**

1	Rafael Lourenco Gil	96	Sen	105234	SCP	3:58.53 L	25.03.2018	Funchal (POR)	3:53.75
2	Pedro Barata Neves	00	Sen	118137	CIRL	4:07.13 S	09.12.2017	Porto (POR)	4:07.13
3	Pedro Miguel Silva	94	Sen	100227	ADRCIMM	4:11.51 S	10.12.2017	Porto (POR)	4:11.51
4	Joao Miguel Cardoso	97	Sen	109124	GESL	4:12.00 S	02.12.2017	Leiria (POR)	4:12.00
5	Artiom Viatcheslavovitch Poliakov	93	Sen	11114	COL	4:17.44 L	24.02.2018	Vila Franca de Xira (POR)	4:12.29
6	Carlos Afonso Almeida	98	Sen	119275	SAD	4:14.20 S	19.11.2017	Alges (POR)	4:14.20
7	Sebastiao Limbert Piedade	00	Sen	120451	SAD	4:14.54 S	19.11.2017	Alges (POR)	4:14.54
8	Joao Andre Rodrigues	99	Sen	122968	GESL	4:15.14 S	19.11.2017	Alges (POR)	4:15.14
9	Joao Mota Correia	97	Sen	102308	SLB	4:20.39 L	07.07.2018	Setubal (POR)	4:15.18
10	Tiago Rafael Martins	97	Sen	111267	AEULCCD	4:22.41 S	19.11.2017	Alges (POR)	4:22.41
11	Carlos Miguel Pinto	97	Sen	107661	CNLX	4:30.46 L	24.02.2018	Vila Franca de Xira (POR)	4:25.05
12	Miguel Henriques Marques	00	Sen	120530	SLB	4:26.43 S			4:26.43
13	Rodrigo Antonio Rosa	96	Sen	105214	SLB	4:26.43 S			4:26.43
14	Joao Esteves Padrela	99	Sen	119137	CFB	4:26.43			4:26.43
15	Pedro Andre Santos	94	Sen	15732	SAD	4:26.43			4:26.43
16	Luis Maria Rosa	91	Sen	25532	CNLX	4:26.43 S			4:26.43
17	Filipe Nunes Magalhaes	98	Sen	110455	CNLX	4:26.43 S			4:26.43
18	Joao Costa Fonseca	00	Sen	125134	CNLX	4:26.43 S			4:26.43
DNS	Francisco Madruga Silva	98	Sen	129151	CNLX	4:26.43 S			4:26.43
WDR	Jose Paula Carvalho	98	Sen	111450	SLB	3:50.46 S	09.12.2017	Porto (POR)	3:50.46