



FESTIVAL DE OUTUBRO DO SCP

Absolutos

18 Outubro 2015



Alvalade, Lisboa

Piscina Curta (25m)



Prova 8

18.10.15 - 16:46

Masc., 400m Livres

Absolutos

Resultados

Rec Regional Inf B	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	2003
Rec Regional Inf A	4:13.24	Pedro Fontoura Oliveira	CFB		2004
Rec Regional Juv B	4:03.22	Joao Pedro Gil	ANAM	Algés	2012
Rec Regional Juv A	3:59.31	Joao Carlos Santos	ANAM	Algés	2012
Rec Regional Jun 1	3:57.19	Joao Alexandre Vital	ADRCIMM	Porto	2014
Rec Regional Jun 2	3:53.11	Joao Pedro Gil	ANAM	Porto	2014
Rec Regional Sen	3:49.19	Ricardo Ferreira Cotovio	SCP	Porto	2012
Rec Regional Absoluto	3:49.19	Ricardo Ferreira Cotovio	SCP	Porto	2012
Rec Nacional Absoluto	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	2009

Pontos: FINA 2015

Pos.	Nadador / Athlete	Ano/Y	Clube / Club	Final	Pts	100m	200m	300m	400m
1.	Diogo Nogueira Rebelo	98	ADRCIMM	4:18.47	553	1:03.38	1:05.88	1:05.44	1:03.77
2.	Diogo Rosado Leca	98	ADRCIMM	4:18.80	551	1:02.04	1:05.96	1:06.78	1:04.02
3.	Andre Alexandre Santos	99	SCP	4:22.84	526	1:04.92	1:06.67	1:06.46	1:04.79
4.	Pedro Dordio Carreiro	97	GESL	4:25.87	508	1:04.12	1:07.09	1:07.06	1:07.60
5.	Tiago Cunha Costa	99	SCP	4:26.06	507	1:04.06	1:07.58	1:07.55	1:06.87
6.	Antonio Manuel Mendes	99	SCP	4:27.19	501	1:05.28	1:40.71		
7.	Tiago Rafael Martins	97	GESL	4:29.41	488	1:04.31	1:09.77	1:08.00	1:07.33
8.	Luis Filipe Fonseca	97	SCP	4:33.69	466	1:05.29	1:10.83	1:09.23	1:08.34
9.	Diogo Santos Cardoso	01	ADRCIMM	4:35.54	457	1:06.64	1:09.76	1:10.81	1:08.33
10.	Miguel Dordio Carreiro	97	GESL	4:37.16	449	1:06.57	1:10.53	1:11.00	1:09.06
11.	David Alexandre Silva	98	SCP	4:37.28	448	1:06.95	1:11.30	1:10.59	1:08.44
12.	Tiago Douwens Paula	99	SCP	4:37.86	445	1:07.00	1:10.42	1:10.50	1:09.94
13.	Afonso Guilherme Jesus	00	SCP	4:39.40	438	1:05.63	1:10.37	1:12.21	1:11.19
14.	Daniel Cipriano Pinto	00	SCP	4:41.71	427	1:07.83	1:11.28	1:12.27	1:10.33
15.	Jose Maria Pereira	01	SCP	4:41.88	426	1:07.62	1:11.58	1:11.86	1:10.82
16.	Nuno Rafael Silva	99	ADRCIMM	4:42.43	424	1:04.08	1:08.00	1:13.88	1:16.47
17.	David Alexandre Machado	01	ADRCIMM	4:48.48	398	1:06.16	1:12.92	1:14.15	1:15.25
18.	Duarte Silva Taleigo	03	CNA	4:53.76	377	1:09.42	1:14.94	1:16.28	1:13.12
19.	Martim Rebelo Malfeito	02	SCP	4:54.16	375	1:09.02	1:15.34	1:16.28	1:13.52
20.	Henrique Rasteiro Luis	01	ADRCIMM	4:56.35	367	1:08.38	1:16.56	1:17.60	1:13.81
21.	Bernardo Safara Inverno	02	SCP	5:00.50	352	1:12.43	1:14.41	1:15.50	1:18.16
22.	Francisco Alves Souza	02	GESL	5:00.95	350	1:11.34	1:15.52	1:16.59	1:17.50
23.	Gonçalo Silveirinha Caldeira	01	CNA	5:01.88	347	1:10.44	1:16.72	1:17.81	1:16.91
24.	Ricardo Andrade Belezas	91	CNA	5:04.18	339	1:09.79	1:16.25	1:19.11	1:19.03
25.	Francisco Padilla Correia	02	GESL	5:06.62	331	1:14.04	1:19.12	1:18.44	1:15.02
26.	Joao Silva Bernardo	02	ADRCIMM	5:06.75	331	1:13.09	1:19.54	1:18.26	1:15.86
27.	Afonso Amaro Santos	02	GESL	5:09.52	322	1:13.63	1:19.03	1:19.34	1:17.52
28.	Rafael Alves Costa	02	SCP	5:14.11	308	1:15.14	1:20.16	1:20.93	1:17.88
29.	Andre Dias Pinheiro	01	SCP	5:21.88	286	1:10.35	1:24.21	1:23.10	1:24.22
30.	Lucas Almeida Livramento	00	CNA	5:29.30	267	1:11.55	1:23.77	1:26.57	1:27.41
31.	Nicolae Iachimovschi	03	CNA	5:30.36	265	1:17.60	1:24.94	1:24.72	1:23.10
32.	Alexandre Coelho Vieira	03	SCP	5:33.26	258	1:20.41	1:25.74		
33.	Manuel Alvarenga Cabugueira	02	GESL	5:34.17	256	1:18.90	1:26.45	1:25.60	1:23.22
34.	Joao Maria Colaco	03	SCP	5:39.97	243	1:21.54	1:26.65	1:27.92	1:23.86
35.	Salvador Ataide Parente	03	GESL	5:41.99	239	1:21.78	1:28.81	1:27.69	1:23.71
36.	Joao Dias Quiterio	02	CNA	6:02.44	200	1:26.91	1:34.41	1:33.00	1:28.12
37.	Francisco Matos Mota	03	GESL	6:05.32	196	1:29.42	1:34.42	1:32.85	1:28.63
38.	Andre Santos Costa	03	CNA	6:15.48	180	1:27.70	1:36.97	1:37.00	1:33.81
DNS	Henrique Peralta Villaret	00	SCP						



ULTRASSIS



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