

Prova 7
18.10.15 - 16:13

Femin., 400m Livres

Absolutos
Resultados

Rec Regional Inf B	4:42.86	Beatriz Rodrigues Conde	SCP	Alges	2010
Rec Regional Inf A	4:37.87	Inês Camacho Fernandes	SCP	Algés	2010
Rec Regional Juv B	4:23.08	Susana Patricia Miguel	SFUAP	Alhandra	2004
Rec Regional Juv A	4:18.39	Ana Cláudia Correia Santos	SFUAP	Cantanhede	2004
Rec Regional Jun 1	4:19.15	Ana Cláudia Correia Santos	SFUAP	Tomar	2005
Rec Regional Jun 2	4:18.90	Marta Andreia Ferreira	SCP	Riesa (GER)	2002
Rec Regional Sen	4:20.47	Sara Alexandra Madeira		Silves	2007
Rec Regional Absoluto	4:18.39	Ana Cláudia Correia Santos	SFUAP	Cantanhede	2004
Rec Nacional Absoluto	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	2009

Pontos: FINA 2015

Pos.	Nadador / Athlete	Ano/Y	Clube / Club	Final	Pts	100m	200m	300m	400m
1.	Rute Margarida Marques	94	CNA	4:44.02	562	1:07.83	1:12.53	1:11.94	1:11.72
2.	Mariana Amaral Mendes	02	ADRCIMM	4:45.09	556	1:10.28	1:12.76	1:12.14	1:09.91
3.	Mariana Silva Ramos	00	SCP	4:45.36	555	1:07.64	1:12.51	1:13.31	1:11.90
4.	Ana Pires Brito	99	ADRCIMM	4:50.08	528	1:09.20	1:13.88	1:12.43	1:14.57
5.	Beatriz Seixas Goncalves	01	ADRCIMM	4:56.68	493	1:10.07	1:14.27	1:16.29	1:16.05
6.	Mariana Sobral Galacha	01	SCP	4:58.39	485	1:11.33	1:15.65	1:15.56	1:15.85
7.	Tatiana Alexandre Cardoso	01	CNA	5:01.74	469	1:11.19	1:15.83	1:17.07	1:17.65
8.	Mariana Rodrigues Santos	00	GESL	5:04.75	455	1:14.13	1:19.43	1:16.52	1:14.67
9.	Carolina Barros Domingos	02	SCP	5:05.12	454	1:12.06	1:16.85	1:18.68	1:17.53
10.	Maria Mousinho Esteves	02	CNA	5:05.50	452	1:12.25	1:17.09	1:18.26	1:17.90
11.	Madalena Maria Ferreira	02	SCP	5:06.70	447	1:11.29	1:18.16	1:19.31	1:17.94
12.	Luana Correia Rodrigues	01	CNA	5:09.88	433	1:14.79	1:18.93	1:18.94	1:17.22
13.	Bruna Paulo Lourenco	01	SCP	5:11.76	425	1:14.92	1:18.05	1:19.32	1:19.47
14.	Filipa Ramos Peixeira	03	SCP	5:13.70	417	1:13.72	1:20.45	1:20.44	1:19.09
15.	Raquel Antunes Tremoco	01	SCP	5:13.78	417	1:13.55	1:19.14	1:20.72	1:20.37
16.	Margarida Rocha Rodrigues	01	SCP	5:19.58	395	1:17.29	1:20.52	1:20.57	1:21.20
17.	Carolina Morais Oliveira	02	CNA	5:20.13	393	1:16.54	1:21.06	1:21.29	1:21.24
18.	Beatriz Azevedo Isaias	03	ADRCIMM	5:24.60	377	1:17.31	1:22.17	1:23.15	1:21.97
19.	Rita Figueiredo Narra	01	CNA	5:31.94	352	1:19.11	1:26.77	1:24.01	1:22.05
20.	Teresa Lamego Neves	98	SCP	5:35.48	341	1:19.48	1:24.34	1:26.18	1:25.48
21.	Lidiana Correia Rodrigues	04	CNA	5:37.10	336	1:21.10	1:25.62	1:27.10	1:23.28
22.	Carolina Porem Henriques	04	CNA	5:45.20	313	1:23.56	1:29.39	1:27.21	1:25.04
23.	Vera Figueiredo Narra	04	CNA	5:45.25	313	1:23.70	1:29.02	1:26.57	1:25.96
24.	Madalena da Graca Gerales	04	SCP	5:46.95	308	1:20.54	1:29.22	1:30.57	1:26.62
25.	Matilde Calhau Silva	04	SCP	5:47.33	307	1:22.11	1:29.34	1:30.69	1:25.19
26.	Mariana Freitas Neto	02	SCP	5:50.31	300	1:18.93	1:30.25	1:31.04	1:30.09
27.	Rafaela Silva Santos	03	GESL	5:51.67	296	1:23.96	1:29.98	1:30.62	1:27.11
28.	Eunice Évora Almeida	94	CNA	6:04.92	265	1:26.54	1:34.00	1:32.34	1:32.04
29.	Sofia Vilardell Rodrigues	04	GESL	6:14.72	245	1:28.08	1:35.06	1:37.05	1:34.53
30.	Beatriz Marcelino Sequeira	03	CNA	6:20.58	233	1:30.82	1:36.10	1:37.32	1:36.34
DNS	Ana Carolina Gomes	97	SCP						
DNS	Barbara Vila Verde	02	SCP						