

Prova 7
5.3.16 - 9:30

Femin., 800m Livres

Infantis
Resultados

Rec Regional Inf B	9:49.25	Beatriz Rodrigues Conde	SCP	Tavira	2010
Rec Regional Inf A	9:27.51	Rafaela Gomes Azevedo	SAD	Algés	2015
Rec Regional Absoluto	8:45.91	Marta Andreia Lopes Ferreira	SCP	Riesa (GER)	2002
Rec Nacional Inf B	9:33.95	Filipa Vilas Ruivo	DNMG	Nazaré	2009
Rec Nacional Inf A	9:03.90	Alexandra Maria Silva	FCP	Porto	1980
Rec Nacional Absoluto	8:32.83	Tamila Hryhorivna Holub	SCB	Porto	2015

Mínimos de Participação Inf A: 11:34.22; Inf B: 11:59.47

Pontos: FINA 2015

Pos.	Nadador	Ano	Clube	Tempo	Pts
Infantis A					
1.	Joana Ribeiro Martins	03	Benfica	9:50.26	535
	100m: 1:08.46 1:08.46	300m: 3:35.88 1:13.96	500m: 6:06.43 1:15.30	700m: 8:37.25 1:15.45	
	200m: 2:21.92 1:13.46	400m: 4:51.13 1:15.25	600m: 7:21.80 1:15.37	800m: 9:50.26 1:13.01	
2.	Mariana Marques Mercedes	03	Olivais e Moscavide	10:01.58	505
	100m: 1:09.94 1:09.94	300m: 3:41.61 1:16.62	500m: 6:14.48 1:15.96	700m: 8:46.06 1:15.49	
	200m: 2:24.99 1:15.05	400m: 4:58.52 1:16.91	600m: 7:30.57 1:16.09	800m: 10:01.58 1:15.52	
3.	Beatriz Picanço Martins	03	Benfica	10:19.57	463
	100m: 1:12.44 1:12.44	300m: 3:49.54 1:18.92	500m: 6:27.77 1:19.08	700m: 9:05.65 1:18.71	
	200m: 2:30.62 1:18.18	400m: 5:08.69 1:19.15	600m: 7:46.94 1:19.17	800m: 10:19.57 1:13.92	
4.	Daniela Mascarenhas Henriques	03	Geslours	10:19.83	462
	100m: 1:11.75 1:11.75	300m: 3:48.27 1:18.70	500m: 6:27.66 1:19.84	700m: 9:06.21 1:19.32	
	200m: 2:29.57 1:17.82	400m: 5:07.82 1:19.55	600m: 7:46.89 1:19.23	800m: 10:19.83 1:13.62	
5.	Ema Jerónimo Conceição	03	Física Torres Vedras	10:23.21	455
	100m: 1:14.32 1:14.32	300m: 3:52.37 1:19.09	500m: 6:31.41 1:18.91	700m: 9:07.96 1:18.06	
	200m: 2:33.28 1:18.96	400m: 5:12.50 1:20.13	600m: 7:49.90 1:18.49	800m: 10:23.21 1:15.25	
6.	Maria Ines Ribeiro	03	Alges	10:43.99	412
	100m: 1:15.60 1:15.60	300m: 3:58.05 1:21.22	500m: 6:41.56 1:21.48	700m: 9:25.79 1:21.94	
	200m: 2:36.83 1:21.23	400m: 5:20.08 1:22.03	600m: 8:03.85 1:22.29	800m: 10:43.99 1:18.20	
7.	Beatriz Azevedo Isaías	03	Colégio Monte Maior	10:48.35	404
	100m: 1:15.32 1:15.32	300m: 3:54.76 1:19.41	500m: 6:39.39 1:22.78	700m: 9:26.77 1:23.26	
	200m: 2:35.35 1:20.03	400m: 5:16.61 1:21.85	600m: 8:03.51 1:24.12	800m: 10:48.35 1:21.58	
8.	Sophia Bras Taylor	03	Alges	10:51.09	399
	100m: 1:15.69 1:15.69	300m: 3:59.50 1:21.97	500m: 6:45.05 1:22.35	700m: 9:31.52 1:22.98	
	200m: 2:37.53 1:21.84	400m: 5:22.70 1:23.20	600m: 8:08.54 1:23.49	800m: 10:51.09 1:19.57	
9.	Barbara Silva Viegas	03	Sporting	10:58.41	385
	100m: 1:15.13 1:15.13	300m: 4:00.60 1:22.57	500m: 6:47.89 1:24.45	700m: 9:35.70 1:24.35	
	200m: 2:38.03 1:22.90	400m: 5:23.44 1:22.84	600m: 8:11.35 1:23.46	800m: 10:58.41 1:22.71	
10.	Margarida Sousa Gaspar	03	Colégio Monte Maior	11:13.90	359
	100m: 1:18.87 1:18.87	300m: 4:08.14 1:24.87	500m: 7:00.05 1:26.35	700m: 9:51.58 1:25.48	
	200m: 2:43.27 1:24.40	400m: 5:33.70 1:25.56	600m: 8:26.10 1:26.05	800m: 11:13.90 1:22.32	
11.	Madalena Rodrigues Tome	03	Bombeiros Estoris	11:50.19	307
	<i>FTL (Fora do Tempo Limite)</i>	300m: 4:19.30 1:31.42	500m: 7:23.71 1:32.41	700m: 10:25.24 1:30.26	
		400m: 5:51.30 1:32.00	600m: 8:54.98 1:31.27	800m: 11:50.19 1:24.95	

Infantis B

1.	Leonor Alves Morganho	04	Alges	10:21.22	459
	100m: 1:14.59 1:14.59	300m: 3:51.12 1:18.87	500m: 6:29.05 1:18.50	700m: 9:05.68 1:18.70	
	200m: 2:32.25 1:17.66	400m: 5:10.55 1:19.43	600m: 7:46.98 1:17.93	800m: 10:21.22 1:15.54	
2.	Susana Chanoca Narciso	04	Grupo Desportivo Sesimbra	10:35.88	428
	100m: 1:15.97 1:15.97	300m: 3:58.02 1:21.28	500m: 6:38.77 1:20.15	700m: 9:19.39 1:19.78	
	200m: 2:36.74 1:20.77	400m: 5:18.62 1:20.60	600m: 7:59.61 1:20.84	800m: 10:35.88 1:16.49	
3.	Lidiana Correia Rodrigues	04	Individual	10:37.68	424
	100m: 1:15.99 1:15.99	300m: 3:57.80 1:20.97	500m: 6:39.25 1:21.18	700m: 9:19.91 1:19.95	
	200m: 2:36.83 1:20.84	400m: 5:18.07 1:20.27	600m: 7:59.96 1:20.71	800m: 10:37.68 1:17.77	
4.	Madalena da Graca Geraldés	04	Sporting	10:52.96	395
	100m: 1:15.30 1:15.30	300m: 4:00.28 1:22.56	500m: 6:47.09 1:23.39	700m: 9:33.20 1:23.17	
	200m: 2:37.72 1:22.42	400m: 5:23.70 1:23.42	600m: 8:10.03 1:22.94	800m: 10:52.96 1:19.76	
5.	Raquel Raposo Lopes	04	Nautica do Seixal	11:13.99	359
	100m: 1:17.50 1:17.50	300m: 4:08.29 1:26.07	500m: 6:59.87 1:26.16	700m: 9:50.75 1:24.92	
	200m: 2:42.22 1:24.72	400m: 5:33.71 1:25.42	600m: 8:25.83 1:25.96	800m: 11:13.99 1:23.24	

Prova 7, Femin., 800m Livres, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
6.	Ana Costa Goncalves	04	Sporting	11:42.49	317
	100m: 1:18.45 1:18.45	300m: 4:14.40 1:28.58	500m: 7:13.08 1:29.56	700m: 10:13.87 1:29.67	
	200m: 2:45.82 1:27.37	400m: 5:43.52 1:29.12	600m: 8:44.20 1:31.12	800m: 11:42.49 1:28.62	

Infantis

1.	Joana Ribeiro Martins	03	Benfica	9:50.26	535
	100m: 1:08.46 1:08.46	300m: 3:35.88 1:13.96	500m: 6:06.43 1:15.30	700m: 8:37.25 1:15.45	
	200m: 2:21.92 1:13.46	400m: 4:51.13 1:15.25	600m: 7:21.80 1:15.37	800m: 9:50.26 1:13.01	
2.	Mariana Marques Mercedes	03	Olivais e Moscavide	10:01.58	505
	100m: 1:09.94 1:09.94	300m: 3:41.61 1:16.62	500m: 6:14.48 1:15.96	700m: 8:46.06 1:15.49	
	200m: 2:24.99 1:15.05	400m: 4:58.52 1:16.91	600m: 7:30.57 1:16.09	800m: 10:01.58 1:15.52	
3.	Beatriz Picanço Martins	03	Benfica	10:19.57	463
	100m: 1:12.44 1:12.44	300m: 3:49.54 1:18.92	500m: 6:27.77 1:19.08	700m: 9:05.65 1:18.71	
	200m: 2:30.62 1:18.18	400m: 5:08.69 1:19.15	600m: 7:46.94 1:19.17	800m: 10:19.57 1:13.92	
4.	Daniela Mascarenhas Henriques	03	Geslours	10:19.83	462
	100m: 1:11.75 1:11.75	300m: 3:48.27 1:18.70	500m: 6:27.66 1:19.84	700m: 9:06.21 1:19.32	
	200m: 2:29.57 1:17.82	400m: 5:07.82 1:19.55	600m: 7:46.89 1:19.23	800m: 10:19.83 1:13.62	
5.	Leonor Alves Morginho	04	Alges	10:21.22	459
	100m: 1:14.59 1:14.59	300m: 3:51.12 1:18.87	500m: 6:29.05 1:18.50	700m: 9:05.68 1:18.70	
	200m: 2:32.25 1:17.66	400m: 5:10.55 1:19.43	600m: 7:46.98 1:17.93	800m: 10:21.22 1:15.54	
6.	Ena Jerónimo Conceição	03	Fisica Torres Vedras	10:23.21	455
	100m: 1:14.32 1:14.32	300m: 3:52.37 1:19.09	500m: 6:31.41 1:18.91	700m: 9:07.96 1:18.06	
	200m: 2:33.28 1:18.96	400m: 5:12.50 1:20.13	600m: 7:49.90 1:18.49	800m: 10:23.21 1:15.25	
7.	Susana Chanoca Narciso	04	Grupo Desportivo Sesimbra	10:35.88	428
	100m: 1:15.97 1:15.97	300m: 3:58.02 1:21.28	500m: 6:38.77 1:20.15	700m: 9:19.39 1:19.78	
	200m: 2:36.74 1:20.77	400m: 5:18.62 1:20.60	600m: 7:59.61 1:20.84	800m: 10:35.88 1:16.49	
8.	Lidiana Correia Rodrigues	04	Individual	10:37.68	424
	100m: 1:15.99 1:15.99	300m: 3:57.80 1:20.97	500m: 6:39.25 1:21.18	700m: 9:19.91 1:19.95	
	200m: 2:36.83 1:20.84	400m: 5:18.07 1:20.27	600m: 7:59.96 1:20.71	800m: 10:37.68 1:17.77	
9.	Maria Ines Ribeiro	03	Alges	10:43.99	412
	100m: 1:15.60 1:15.60	300m: 3:58.05 1:21.22	500m: 6:41.56 1:21.48	700m: 9:25.79 1:21.94	
	200m: 2:36.83 1:21.23	400m: 5:20.08 1:22.03	600m: 8:03.85 1:22.29	800m: 10:43.99 1:18.20	
10.	Beatriz Azevedo Isaias	03	Colégio Monte Maior	10:48.35	404
	100m: 1:15.32 1:15.32	300m: 3:54.76 1:19.41	500m: 6:39.39 1:22.78	700m: 9:26.77 1:23.26	
	200m: 2:35.35 1:20.03	400m: 5:16.61 1:21.85	600m: 8:03.51 1:24.12	800m: 10:48.35 1:21.58	
11.	Sophia Bras Taylor	03	Alges	10:51.09	399
	100m: 1:15.69 1:15.69	300m: 3:59.50 1:21.97	500m: 6:45.05 1:22.35	700m: 9:31.52 1:22.98	
	200m: 2:37.53 1:21.84	400m: 5:22.70 1:23.20	600m: 8:08.54 1:23.49	800m: 10:51.09 1:19.57	
12.	Madalena da Graca Gerales	04	Sporting	10:52.96	395
	100m: 1:15.30 1:15.30	300m: 4:00.28 1:22.56	500m: 6:47.09 1:23.39	700m: 9:33.20 1:23.17	
	200m: 2:37.72 1:22.42	400m: 5:23.70 1:23.42	600m: 8:10.03 1:22.94	800m: 10:52.96 1:19.76	
13.	Barbara Silva Viegas	03	Sporting	10:58.41	385
	100m: 1:15.13 1:15.13	300m: 4:00.60 1:22.57	500m: 6:47.89 1:24.45	700m: 9:35.70 1:24.35	
	200m: 2:38.03 1:22.90	400m: 5:23.44 1:22.84	600m: 8:11.35 1:23.46	800m: 10:58.41 1:22.71	
14.	Margarida Sousa Gaspar	03	Colégio Monte Maior	11:13.90	359
	100m: 1:18.87 1:18.87	300m: 4:08.14 1:24.87	500m: 7:00.05 1:26.35	700m: 9:51.58 1:25.48	
	200m: 2:43.27 1:24.40	400m: 5:33.70 1:25.56	600m: 8:26.10 1:26.05	800m: 11:13.90 1:22.32	
15.	Raquel Raposo Lopes	04	Nautica do Seixal	11:13.99	359
	100m: 1:17.50 1:17.50	300m: 4:08.29 1:26.07	500m: 6:59.87 1:26.16	700m: 9:50.75 1:24.92	
	200m: 2:42.22 1:24.72	400m: 5:33.71 1:25.42	600m: 8:25.83 1:25.96	800m: 11:13.99 1:23.24	
16.	Ana Costa Goncalves	04	Sporting	11:42.49	317
	100m: 1:18.45 1:18.45	300m: 4:14.40 1:28.58	500m: 7:13.08 1:29.56	700m: 10:13.87 1:29.67	
	200m: 2:45.82 1:27.37	400m: 5:43.52 1:29.12	600m: 8:44.20 1:31.12	800m: 11:42.49 1:28.62	
17.	Madalena Rodrigues Tome <i>FTL (Fora do Tempo Limite)</i>	03	Bombeiros Estoris	11:50.19	307
	100m: 1:18.36 1:18.36	300m: 4:19.30 1:31.42	500m: 7:23.71 1:32.41	700m: 10:25.24 1:30.26	
	200m: 2:47.88 1:29.52	400m: 5:51.30 1:32.00	600m: 8:54.98 1:31.27	800m: 11:50.19 1:24.95	