

Prova 29	Femin., 400m Livres				Absolutos	
27.2.16 - 17:57					Lista inscritos	
Rec Regional Juv B	4:29.25	Susana Patricia Miguel	SFUAP	Oeiras	2004	
Rec Regional Juv A	4:24.77	Ana Cláudia Correia Santos	SFUAP	Jamor	2005	
Rec Regional Jun 1	4:20.37	Marta Andreia Ferreira	SCP	Berlin (GER)	2002	
Rec Regional Jun 2	4:23.33	Marta Andreia Lopes Ferreira	SCP	Jamor	2003	
Rec Regional Sen	4:24.55	Francisca Gomes Azevedo	SAD	Oeiras	2015	
Rec Regional Absoluto	4:20.37	Marta Andreia Lopes Ferreira	SCP		2002	
Rec Nacional Absoluto	4:17.92	Tamila Hryhorivna Holub	FPN	Antwerpen (BEL)	2016	

TAC - Fem Juv B: 5:26.60; Juv A: 5:17.54; Jun 2: 5:05.66; Jun 1: 5:08.66; Sen: 5:04.15

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<b>Juvenis B</b>									
1	Alexandra Couto Frazao	02	Juv B	125426	INDANL	4:34.74 L	19.7.15	Oeiras (POR)	4:34.74
2	Mariana Amaral Mendes	02	Juv B	123959	ADRCIMM	4:37.83 S	6.12.15	Setubal (POR)	4:43.38
3	Clara Gomes Pereira	02	Juv B	124393	SAD	4:39.98 S	6.12.15	Setubal (POR)	4:45.58
4	Leonor Camacho Fernandes	02	Juv B	126576	SCP	4:41.98 S	29.3.15	Silves (POR)	4:47.62
5	Joana Filipa Varandas	02	Juv B	124305	EMDS	4:58.54 L	19.7.15	Oeiras (POR)	4:58.54
6	Catarina Trigo Ferreira	02	Juv B	124523	CNA	4:59.61 L	28.6.15	Vila Franca de Xira (POR)	4:59.61
7	Carolina Ganhao Ferro	02	Juv B	126267	GESL	5:00.93 S	6.12.15	Setubal (POR)	5:06.94
8	Catarina Pinho Estevez	02	Juv B	124325	CNS	5:04.52 S	22.11.15	Alges (POR)	5:10.61
9	Iolanda Sofia Clérigo	02	Juv B	126878	CNS	5:08.31 S	24.1.16	Setubal (POR)	5:14.47
10	Maria Leonor Pedro	02	Juv B	124425	CNN	5:15.25 S	8.3.15	Setubal (POR)	5:21.55
11	Patricia Alexandra Boto	02	Juv B	124329	ANSE	5:26.60			5:26.60

### Juvenis A

1	Filipa Serrano Rodrigues	01	Juv A	112310	SFUAP	4:29.67 S	6.12.15	Setubal (POR)	4:35.06
2	Luisa Maria Machado	01	Juv A	121850	SFUAP	4:36.60 L	25.7.15	Coimbra (POR)	4:36.60
3	Carolina Rosa Marcelino	01	Juv A	120448	SAD	4:34.81 S	6.12.15	Setubal (POR)	4:40.30
4	Tatiana Raquel Pombo	01	Juv A	121615	ANSE	4:37.49 S	10.1.16	Benedita (POR)	4:43.04
5	Rita Alexandra Vital	01	Juv A	119608	SAD	4:45.31 S	5.12.15	Setubal (POR)	4:51.01
6	Mariana Sobral Galacha	01	Juv A	123591	SCP	4:46.48 S	22.11.15	Alges (POR)	4:52.21
7	Ana Margarida Branco	01	Juv A	123593	SAD	4:48.77 S	6.12.15	Setubal (POR)	4:54.54
8	Celeste Santos Ricardo	01	Juv A	121325	ANAM	4:51.66 S	24.1.16	Setubal (POR)	4:57.49
9	Beatriz Seixas Goncalves	01	Juv A	122060	ADRCIMM	4:52.37 S	24.1.16	Setubal (POR)	4:58.21
10	Luana Correia Rodrigues	01	Juv A	121504	INDANL	4:53.64 S	22.11.15	Alges (POR)	4:59.51
11	Vera Serrano Santos	01	Juv A	120452	SAD	5:02.53 L	17.5.15	Vila Franca de Xira (POR)	5:02.53
12	Mafalda Sofia Dias	01	Juv A	121401	CNS	4:59.95 S	22.11.15	Alges (POR)	5:05.94
13	Joana Sales Amaral	01	Juv A	126303	MSMA	5:17.54			5:17.54
14	Concha Barreto Marreiros	01	Juv A	124333	SCP	5:17.54			5:17.54
	Barbara Francisco Ferreira	01	Juv A	125344	GESL	4:58.96 L	25.7.15	Coimbra (POR)	4:58.96 DNS

### Juniores

1	Ines Figueira Santos	00	Jun	111277	SFUAP	4:36.38 L	25.7.15	Coimbra (POR)	4:36.38
2	Eva Guerreiro Carvalho	99	Jun	111392	SFUAP	4:31.24 S	10.1.16	Benedita (POR)	4:36.66
3	Mariana Silva Ramos	00	Jun	120720	SCP	4:35.74 S	7.11.15	Vila Real St. Antonio (POR)	4:41.25
4	Ana Pires Brito	99	Jun	117031	ADRCIMM	4:39.81 S	22.11.15	Alges (POR)	4:45.40
5	Maria Ana Monge	99	Jun	118400	SCP	4:40.26 S	22.11.15	Alges (POR)	4:45.86
6	Sofia Alexandra Nunes	00	Jun	112322	CIRL	4:40.87 S	25.4.15	Sines (POR)	4:46.48
7	Ana Oliveira Silva	99	Jun	111425	CFB	4:44.55 S	22.11.15	Alges (POR)	4:50.24
8	Ana Carolina Mira	00	Jun	118779	CNS	4:50.90 S	25.4.15	Sines (POR)	4:56.71
9	Rita Filipa Paulino	00	Jun	118462	CNS	4:58.94 L	14.3.15	Vila Franca de Xira (POR)	4:58.94
10	Gabriela Silva Godinho	00	Jun	118453	CIRL	5:05.18 L	14.3.15	Vila Franca de Xira (POR)	5:05.18
11	Joana Silva Ulpiano	00	Jun	119425	CIRL	5:00.27 S	22.11.15	Alges (POR)	5:06.27
12	Mariana Rodrigues Santos	00	Jun	128825	GESL	5:01.09 S	22.11.15	Alges (POR)	5:07.11
	Margarida Valente Orrico	00	Jun	118395	SFUAP	4:41.44 L	25.7.15	Coimbra (POR)	4:41.44 WDR

### Seniores

1	Carolina Madeira Santos	96	Sen	104254	ANAM	4:40.27 L	11.4.15	Oeiras (POR)	4:40.27
2	Ana Luisa Santo	95	Sen	117843	SLB	4:40.62 L	7.2.16	Oeiras (POR)	4:40.62
3	Marina Micaela Sequeira	98	Sen	112319	SFUAP	4:44.09 L	10.7.15	Setubal (POR)	4:44.09
4	Sofia Prates Silvestre	95	Sen	121320	ANAM	4:50.49 L	14.3.15	Vila Franca de Xira (POR)	4:50.49
5	Ana Sofia Filipe	95	Sen	26887	CNN	4:52.06 S	28.11.15	Caldas da Rainha (POR)	4:57.90
6	Bruna Martins Riesenberger	97	Sen	105541	CIRL	5:04.15			5:04.15

Resultados online em: [www.anlisboa.pt](http://www.anlisboa.pt) ou [goo.gl/4cMkha](http://goo.gl/4cMkha)