

Prova 19
7.2.16 - 16:30

Masc., 1500m Livres

Absolutos/All
Resultados

Rec Mundial / World Record	14:31.02	SUN Yang	CHN	London (GBR)	2012
Rec Europeu / European Record	14:39.67	PALTRINIERI Gregorio	ITA	Kazan (RUS)	2015
Rec Meeting / Meeting Record	15:52.34	VIDAL Damien Cattin	FRA	JAMOR	2010
Rec Nacional / Port.Nat Record	15:16.22	COSTA Fernando Eurico	FPN	Bangkok (THA)	2007

Tempo Acesso Meeting / Meeting Access Time Jun&Sen: 18:10.00; Inf&Juv: 18:10.00

Pontos: FINA 2016

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	TReac	Pts
1.	COUTINHO Alexandre Valdagua <i>Recorde Meeting / Meeting Record</i>	97	Cantanhedense	15:49.30		772
	50m: 29.85 29.85 450m: 4:42.54 31.69 850m: 8:56.21 31.65 1250m: 13:11.49 31.95					
	100m: 1:01.19 31.34 500m: 5:14.19 31.65 900m: 9:27.91 31.70 1300m: 13:43.96 32.47					
	150m: 1:32.55 31.36 550m: 5:45.87 31.68 950m: 9:59.69 31.78 1350m: 14:15.82 31.86					
	200m: 2:04.02 31.47 600m: 6:17.65 31.78 1000m: 10:31.61 31.92 1400m: 14:48.29 32.47					
	250m: 2:35.80 31.78 650m: 6:49.15 31.50 1050m: 11:03.46 31.85 1450m: 15:19.84 31.55					
	300m: 3:07.49 31.69 700m: 7:21.16 32.01 1100m: 11:35.44 31.98 1500m: 15:49.30 29.46					
	350m: 3:39.12 31.63 750m: 7:52.93 31.77 1150m: 12:07.49 32.05					
	400m: 4:10.85 31.73 800m: 8:24.56 31.63 1200m: 12:39.54 32.05					
2.	BONANCA Mario Andre	90	Sporting	16:05.92	+0.72	733
	50m: 30.32 30.32 450m: 4:44.87 31.87 850m: 9:05.90 32.93 1250m: 13:27.05 32.18					
	100m: 1:02.53 32.21 500m: 5:16.93 32.06 900m: 9:38.64 32.74 1300m: 13:59.36 32.31					
	150m: 1:34.09 31.56 550m: 5:49.40 32.47 950m: 10:11.38 32.74 1350m: 14:31.63 32.27					
	200m: 2:05.67 31.58 600m: 6:21.82 32.42 1000m: 10:44.20 32.82 1400m: 15:04.03 32.40					
	250m: 2:37.37 31.70 650m: 6:54.51 32.69 1050m: 11:16.91 32.71 1450m: 15:35.92 31.89					
	300m: 3:09.15 31.78 700m: 7:27.14 32.63 1100m: 11:49.69 32.78 1500m: 16:05.92 30.00					
	350m: 3:41.14 31.99 750m: 8:00.22 33.08 1150m: 12:22.14 32.45					
	400m: 4:13.00 31.86 800m: 8:32.97 32.75 1200m: 12:54.87 32.73					
3.	DIAS Guilherme Pereira	97	Sporting	16:08.73	+0.65	726
	50m: 30.25 30.25 450m: 4:52.46 32.67 850m: 9:13.25 32.41 1250m: 13:31.14 32.18					
	100m: 1:02.90 32.65 500m: 5:25.30 32.84 900m: 9:45.73 32.48 1300m: 14:03.40 32.26					
	150m: 1:35.74 32.84 550m: 5:57.91 32.61 950m: 10:17.96 32.23 1350m: 14:35.02 31.62					
	200m: 2:08.44 32.70 600m: 6:30.80 32.89 1000m: 10:50.32 32.36 1400m: 15:07.04 32.02					
	250m: 2:41.28 32.84 650m: 7:03.09 32.29 1050m: 11:22.28 31.96 1450m: 15:38.17 31.13					
	300m: 3:14.16 32.88 700m: 7:35.61 32.52 1100m: 11:54.49 32.21 1500m: 16:08.73 30.56					
	350m: 3:46.86 32.70 750m: 8:08.19 32.58 1150m: 12:26.68 32.19					
	400m: 4:19.79 32.93 800m: 8:40.84 32.65 1200m: 12:58.96 32.28					
4.	LOPES Jose Paulo	00	Seleção Portugal	16:15.99	+0.76	710
	50m: 29.93 29.93 450m: 4:49.46 32.55 850m: 9:11.65 32.79 1250m: 13:34.07 32.87					
	100m: 1:02.65 32.72 500m: 5:22.40 32.94 900m: 9:44.29 32.64 1300m: 14:07.14 33.07					
	150m: 1:34.48 31.83 550m: 5:55.11 32.71 950m: 10:17.02 32.73 1350m: 14:39.95 32.81					
	200m: 2:06.91 32.43 600m: 6:27.79 32.68 1000m: 10:49.94 32.92 1400m: 15:12.63 32.68					
	250m: 2:39.10 32.19 650m: 7:00.60 32.81 1050m: 11:22.75 32.81 1450m: 15:45.04 32.41					
	300m: 3:11.85 32.75 700m: 7:33.46 32.86 1100m: 11:55.18 32.43 1500m: 16:15.99 30.95					
	350m: 3:44.22 32.37 750m: 8:06.29 32.83 1150m: 12:28.13 32.95					
	400m: 4:16.91 32.69 800m: 8:38.86 32.57 1200m: 13:01.20 33.07					
5.	CARVALHO Jose Paula	98	União Piedense	16:28.24	+0.62	684
	50m: 29.79 29.79 450m: 4:54.16 33.04 850m: 9:20.02 33.66 1250m: 13:47.11 33.45					
	100m: 1:01.87 32.08 500m: 5:27.28 33.12 900m: 9:53.16 33.14 1300m: 14:18.82 31.71					
	150m: 1:34.64 32.77 550m: 5:59.98 32.70 950m: 10:26.20 33.04 1350m: 14:51.11 32.29					
	200m: 2:07.86 33.22 600m: 6:33.41 33.43 1000m: 10:59.19 32.99 1400m: 15:23.80 32.69					
	250m: 2:41.26 33.40 650m: 7:06.78 33.37 1050m: 11:33.04 33.85 1450m: 15:56.24 32.44					
	300m: 3:14.49 33.23 700m: 7:40.42 33.64 1100m: 12:06.41 33.37 1500m: 16:28.24 32.00					
	350m: 3:47.81 33.32 750m: 8:13.32 32.90 1150m: 12:40.08 33.67					
	400m: 4:21.12 33.31 800m: 8:46.36 33.04 1200m: 13:13.66 33.58					
6.	MARQUES Diogo Manuel	98	Cantanhedense	16:31.57		677
	50m: 30.19 30.19 450m: 4:54.23 33.25 850m: 9:19.83 33.41 1250m: 13:47.62 33.81					
	100m: 1:02.39 32.20 500m: 5:27.24 33.01 900m: 9:53.07 33.24 1300m: 14:20.06 32.44					
	150m: 1:35.33 32.94 550m: 6:00.45 33.21 950m: 10:26.21 33.14 1350m: 14:53.04 32.98					
	200m: 2:08.03 32.70 600m: 6:33.48 33.03 1000m: 10:59.57 33.36 1400m: 15:26.54 33.50					
	250m: 2:41.60 33.57 650m: 7:06.58 33.10 1050m: 11:32.91 33.34 1450m: 15:59.71 33.17					
	300m: 3:14.72 33.12 700m: 7:39.90 33.32 1100m: 12:06.70 33.79 1500m: 16:31.57 31.86					
	350m: 3:48.04 33.32 750m: 8:13.03 33.13 1150m: 12:39.80 33.10					
	400m: 4:20.98 32.94 800m: 8:46.42 33.39 1200m: 13:13.81 34.01					

Prova 19, Masc., 1500m Livres, Absolutos/All

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	TReac	Pts
7.	FARINHA Andre Filipe	96	Benfica	16:44.01	+0.65	652
	50m: 30.69 30.69	450m: 4:59.86 34.01	850m: 9:31.85 34.09	1250m: 13:59.89 33.46		
	100m: 1:03.95 33.26	500m: 5:34.27 34.41	900m: 10:05.55 33.70	1300m: 14:33.33 33.44		
	150m: 1:37.00 33.05	550m: 6:08.77 34.50	950m: 10:38.62 33.07	1350m: 15:06.21 32.88		
	200m: 2:10.55 33.55	600m: 6:42.64 33.87	1000m: 11:11.97 33.35	1400m: 15:39.82 33.61		
	250m: 2:38.31 27.76	650m: 7:16.43 33.79	1050m: 11:45.74 33.77	1450m: 16:12.17 32.35		
	300m: 3:18.23 39.92	700m: 7:50.12 33.69	1100m: 12:19.42 33.68	1500m: 16:44.01 31.84		
	350m: 3:51.93 33.70	750m: 8:23.94 33.82	1150m: 12:52.47 33.05			
	400m: 4:25.85 33.92	800m: 8:57.76 33.82	1200m: 13:26.43 33.96			
8.	NUNES Diogo Barbosa	00	Seleção Portugal	16:44.97	+0.67	651
	50m: 29.80 29.80	450m: 4:53.58 33.64	850m: 9:25.89 33.96	1250m: 13:58.58 34.31		
	100m: 1:02.31 32.51	500m: 5:27.56 33.98	900m: 9:59.56 33.67	1300m: 14:32.88 34.30		
	150m: 1:35.14 32.83	550m: 6:01.36 33.80	950m: 10:33.96 34.40	1350m: 15:07.30 34.42		
	200m: 2:08.12 32.98	600m: 6:35.55 34.19	1000m: 11:07.88 33.92	1400m: 15:40.89 33.59		
	250m: 2:40.66 32.54	650m: 7:09.50 33.95	1050m: 11:42.22 34.34	1450m: 16:14.07 33.18		
	300m: 3:13.64 32.98	700m: 7:43.69 34.19	1100m: 12:15.99 33.77	1500m: 16:44.97 30.90		
	350m: 3:46.45 32.81	750m: 8:17.91 34.22	1150m: 12:50.10 34.11			
	400m: 4:19.94 33.49	800m: 8:51.93 34.02	1200m: 13:24.27 34.17			
9.	BATE Miguel Ribeiro	99	Alges	16:45.21		650
	50m: 30.05 30.05	450m: 4:57.23 33.94	850m: 9:25.68 33.36	1250m: 13:58.21 34.05		
	100m: 1:02.76 32.71	500m: 5:30.91 33.68	900m: 9:59.42 33.74	1300m: 14:32.44 34.23		
	150m: 1:35.95 33.19	550m: 6:04.48 33.57	950m: 10:33.43 34.01	1350m: 15:06.40 33.96		
	200m: 2:09.17 33.22	600m: 6:38.07 33.59	1000m: 11:07.56 34.13	1400m: 15:40.71 34.31		
	250m: 2:42.23 33.06	650m: 7:11.71 33.64	1050m: 11:41.52 33.96	1450m: 16:14.06 33.35		
	300m: 3:16.02 33.79	700m: 7:45.43 33.72	1100m: 12:15.77 34.25	1500m: 16:45.21 31.15		
	350m: 3:49.47 33.45	750m: 8:18.76 33.33	1150m: 12:49.70 33.93			
	400m: 4:23.29 33.82	800m: 8:52.32 33.56	1200m: 13:24.16 34.46			
10.	CAMPOS Tiago Filipe	99	Scalabiswim	16:55.34	+0.92	631
	50m: 30.31 30.31	450m: 5:02.69 34.46	850m: 9:35.58 33.19	1250m: 14:09.01 34.59		
	100m: 1:03.83 33.52	500m: 5:37.39 34.70	900m: 10:09.56 33.98	1300m: 14:43.43 34.42		
	150m: 1:37.35 33.52	550m: 6:12.29 34.90	950m: 10:43.71 34.15	1350m: 15:18.41 34.98		
	200m: 2:11.64 34.29	600m: 6:47.19 34.90	1000m: 11:17.66 33.95	1400m: 15:51.55 33.14		
	250m: 2:46.25 34.61	650m: 7:21.24 34.05	1050m: 11:51.91 34.25	1450m: 16:25.63 34.08		
	300m: 3:20.21 33.96	700m: 7:55.64 34.40	1100m: 12:25.56 33.65	1500m: 16:55.34 29.71		
	350m: 3:54.10 33.89	750m: 8:28.77 33.13	1150m: 12:59.88 34.32			
	400m: 4:28.23 34.13	800m: 9:02.39 33.62	1200m: 13:34.42 34.54			
11.	REIS Leonardo Peralta	96	Benedita	16:57.16	+0.78	627
	50m: 30.42 30.42	450m: 5:02.70 34.10	850m: 9:35.76 34.00	1250m: 14:08.71 34.44		
	100m: 1:04.06 33.64	500m: 5:37.23 34.53	900m: 10:09.46 33.70	1300m: 14:43.19 34.48		
	150m: 1:37.74 33.68	550m: 6:11.30 34.07	950m: 10:43.59 34.13	1350m: 15:17.32 34.13		
	200m: 2:11.93 34.19	600m: 6:45.37 34.07	1000m: 11:17.61 34.02	1400m: 15:51.35 34.03		
	250m: 2:46.23 34.30	650m: 7:18.99 33.62	1050m: 11:51.75 34.14	1450m: 16:24.77 33.42		
	300m: 3:20.64 34.41	700m: 7:53.37 34.38	1100m: 12:25.90 34.15	1500m: 16:57.16 32.39		
	350m: 3:54.19 33.55	750m: 8:27.31 33.94	1150m: 12:59.84 33.94			
	400m: 4:28.60 34.41	800m: 9:01.76 34.45	1200m: 13:34.27 34.43			
12.	SANTOS Tiago Carlos	98	União Piedense	17:11.70	+0.76	601
	50m: 30.58 30.58	450m: 5:02.17 34.55	850m: 9:40.83 35.22	1250m: 14:19.96 34.68		
	100m: 1:03.79 33.21	500m: 5:36.40 34.23	900m: 10:15.74 34.91	1300m: 14:54.39 34.43		
	150m: 1:37.45 33.66	550m: 6:11.09 34.69	950m: 10:51.05 35.31	1350m: 15:29.31 34.92		
	200m: 2:11.30 33.85	600m: 6:45.44 34.35	1000m: 11:25.93 34.88	1400m: 16:03.84 34.53		
	250m: 2:45.35 34.05	650m: 7:20.11 34.67	1050m: 12:01.19 35.26	1450m: 16:38.31 34.47		
	300m: 3:19.19 33.84	700m: 7:54.90 34.79	1100m: 12:35.81 34.62	1500m: 17:11.70 33.39		
	350m: 3:53.62 34.43	750m: 8:30.50 35.60	1150m: 13:10.97 35.16			
	400m: 4:27.62 34.00	800m: 9:05.61 35.11	1200m: 13:45.28 34.31			
13.	SANTO Filipe Miguel	00	Seleção Portugal	17:17.35	+0.84	591
	50m: 31.21 31.21	450m: 5:04.78 34.51	850m: 9:40.16 34.86	1250m: 14:19.46 35.50		
	100m: 1:04.47 33.26	500m: 5:39.14 34.36	900m: 10:14.61 34.45	1300m: 14:54.94 35.48		
	150m: 1:38.57 34.10	550m: 6:13.40 34.26	950m: 10:49.60 34.99	1350m: 15:30.57 35.63		
	200m: 2:12.58 34.01	600m: 6:47.32 33.92	1000m: 11:24.19 34.59	1400m: 16:06.26 35.69		
	250m: 2:47.09 34.51	650m: 7:21.95 34.63	1050m: 11:59.18 34.99	1450m: 16:42.19 35.93		
	300m: 3:21.34 34.25	700m: 7:56.02 34.07	1100m: 12:33.86 34.68	1500m: 17:17.35 35.16		
	350m: 3:56.06 34.72	750m: 8:30.71 34.69	1150m: 13:08.98 35.12			
	400m: 4:30.27 34.21	800m: 9:05.30 34.59	1200m: 13:43.96 34.98			

Prova 19, Masc., 1500m Livres, Absolutos/All

Pos.	Nadador / Swimmer	A/Y	Clube / Team	Tempo / Final	TReac	Pts	
14.	PAULA Tiago Douwens	99	Sporting	17:25.39	+0.78	578	
	50m: 31.12 31.12	450m: 5:07.90	34.85	850m: 9:48.69	34.86	1250m: 14:30.82	35.76
	100m: 1:04.38 33.26	500m: 5:43.13	35.23	900m: 10:23.41	34.72	1300m: 15:06.31	35.49
	150m: 1:38.82 34.44	550m: 6:18.06	34.93	950m: 10:58.38	34.97	1350m: 15:41.97	35.66
	200m: 2:13.38 34.56	600m: 6:53.11	35.05	1000m: 11:33.89	35.51	1400m: 16:16.65	34.68
	250m: 2:47.98 34.60	650m: 7:28.10	34.99	1050m: 12:08.82	34.93	1450m: 16:51.49	34.84
	300m: 3:23.15 35.17	700m: 8:03.44	35.34	1100m: 12:44.16	35.34	1500m: 17:25.39	33.90
	350m: 3:58.25 35.10	750m: 8:38.57	35.13	1150m: 13:19.28	35.12		
	400m: 4:33.05 34.80	800m: 9:13.83	35.26	1200m: 13:55.06	35.78		
15.	CARDOSO Diogo Santos	01	Colégio Monte Maior	17:27.15	+0.82	575	
	50m: 31.32 31.32	450m: 5:13.11	35.29	850m: 9:55.59	35.22	1250m: 14:36.58	34.81
	100m: 1:06.17 34.85	500m: 5:48.43	35.32	900m: 10:31.08	35.49	1300m: 15:11.68	35.10
	150m: 1:40.84 34.67	550m: 6:23.62	35.19	950m: 11:06.13	35.05	1350m: 15:46.46	34.78
	200m: 2:16.42 35.58	600m: 6:59.17	35.55	1000m: 11:41.71	35.58	1400m: 16:21.26	34.80
	250m: 2:51.49 35.07	650m: 7:34.20	35.03	1050m: 12:16.76	35.05	1450m: 16:54.86	33.60
	300m: 3:27.24 35.75	700m: 8:09.63	35.43	1100m: 12:51.89	35.13	1500m: 17:27.15	32.29
	350m: 4:02.29 35.05	750m: 8:45.02	35.39	1150m: 13:26.75	34.86		
	400m: 4:37.82 35.53	800m: 9:20.37	35.35	1200m: 14:01.77	35.02		
16.	FREITAS Diogo Rodrigues	98	União Piedense	17:27.21	+0.84	575	
	50m: 30.71 30.71	450m: 5:06.66	35.41	850m: 9:49.37	35.38	1250m: 14:32.26	35.44
	100m: 1:04.46 33.75	500m: 5:41.76	35.10	900m: 10:24.31	34.94	1300m: 15:07.67	35.41
	150m: 1:38.40 33.94	550m: 6:17.21	35.45	950m: 10:59.86	35.55	1350m: 15:43.29	35.62
	200m: 2:12.62 34.22	600m: 6:52.40	35.19	1000m: 11:34.96	35.10	1400m: 16:18.69	35.40
	250m: 2:46.97 34.35	650m: 7:27.82	35.42	1050m: 12:10.43	35.47	1450m: 16:53.98	35.29
	300m: 3:21.63 34.66	700m: 8:03.47	35.65	1100m: 12:45.67	35.24	1500m: 17:27.21	33.23
	350m: 3:56.35 34.72	750m: 8:38.88	35.41	1150m: 13:21.06	35.39		
	400m: 4:31.25 34.90	800m: 9:13.99	35.11	1200m: 13:56.82	35.76		
17.	GOMES Sebastiao Mendes	00	Seleção Portugal	17:38.66	+0.87	556	
	50m: 30.45 30.45	450m: 5:07.73	34.76	850m: 9:48.51	36.26	1250m: 14:38.21	36.61
	100m: 1:04.36 33.91	500m: 5:42.28	34.55	900m: 10:23.66	35.15	1300m: 15:14.29	36.08
	150m: 1:39.32 34.96	550m: 6:17.65	35.37	950m: 10:59.94	36.28	1350m: 15:51.11	36.82
	200m: 2:14.04 34.72	600m: 6:52.72	35.07	1000m: 11:36.21	36.27	1400m: 16:27.84	36.73
	250m: 2:48.78 34.74	650m: 7:27.43	34.71	1050m: 12:13.35	37.14	1450m: 17:04.00	36.16
	300m: 3:23.33 34.55	700m: 8:02.76	35.33	1100m: 12:49.65	36.30	1500m: 17:38.66	34.66
	350m: 3:58.30 34.97	750m: 8:38.13	35.37	1150m: 13:25.24	35.59		
	400m: 4:32.97 34.67	800m: 9:12.25	34.12	1200m: 14:01.60	36.36		
18.	CARDOSO Joao Miguel	97	Geslours	17:47.54	+0.87	543	
	50m: 30.72 30.72	450m: 5:06.82	35.70	850m: 9:54.17	36.65	1250m: 14:46.41	37.05
	100m: 1:03.66 32.94	500m: 5:42.11	35.29	900m: 10:30.23	36.06	1300m: 15:23.07	36.66
	150m: 1:37.59 33.93	550m: 6:17.55	35.44	950m: 11:06.50	36.27	1350m: 16:00.24	37.17
	200m: 2:11.93 34.34	600m: 6:53.05	35.50	1000m: 11:42.23	35.73	1400m: 16:36.80	36.56
	250m: 2:46.85 34.92	650m: 7:29.06	36.01	1050m: 12:18.77	36.54	1450m: 17:13.41	36.61
	300m: 3:21.45 34.60	700m: 8:05.06	36.00	1100m: 12:55.22	36.45	1500m: 17:47.54	34.13
	350m: 3:56.59 35.14	750m: 8:41.84	36.78	1150m: 13:32.62	37.40		
	400m: 4:31.12 34.53	800m: 9:17.52	35.68	1200m: 14:09.36	36.74		
19.	LECA Diogo Rosado	98	Colégio Monte Maior	17:52.28		535	
	50m: 30.79 30.79	450m: 5:10.84	35.56	850m: 10:03.09	36.39	1250m: 14:56.04	36.40
	100m: 1:04.78 33.99	500m: 5:47.13	36.29	900m: 10:40.21	37.12	1300m: 15:32.03	35.99
	150m: 1:39.11 34.33	550m: 6:23.14	36.01	950m: 11:17.26	37.05	1350m: 16:07.76	35.73
	200m: 2:14.14 35.03	600m: 6:59.85	36.71	1000m: 11:54.55	37.29	1400m: 16:43.86	36.10
	250m: 2:49.08 34.94	650m: 7:36.25	36.40	1050m: 12:30.49	35.94	1450m: 17:18.22	34.36
	300m: 3:24.64 35.56	700m: 8:13.26	37.01	1100m: 13:06.71	36.22	1500m: 17:52.28	34.06
	350m: 3:59.88 35.24	750m: 8:50.00	36.74	1150m: 13:43.02	36.31		
	400m: 4:35.28 35.40	800m: 9:26.70	36.70	1200m: 14:19.64	36.62		
20.	BRENES MOLINA CARLOS Javier (Fora Tempo Acesso / Out of Admission Time)	97	Aljarafé	18:39.53	+0.69	470	
	50m: 29.59 29.59	450m: 4:59.95	34.16	850m: 9:57.21	50.83	1250m: 15:26.61	39.20
	100m: 1:02.29 32.70	500m: 5:35.07	35.12	900m: 10:41.79	44.58	1300m: 16:06.89	40.28
	150m: 1:35.25 32.96	550m: 6:10.24	35.17	950m: 11:24.22	42.43	1350m: 16:46.04	39.15
	200m: 2:09.17 33.92	600m: 6:45.73	35.49	1000m: 12:06.14	41.92	1400m: 17:24.80	38.76
	250m: 2:42.68 33.51	650m: 7:20.76	35.03	1050m: 12:46.90	40.76	1450m: 18:01.94	37.14
	300m: 3:17.05 34.37	700m: 7:56.42	35.66	1100m: 13:27.96	41.06	1500m: 18:39.53	37.59
	350m: 3:51.06 34.01	750m: 8:31.58	35.16	1150m: 14:07.46	39.50		
	400m: 4:25.79 34.73	800m: 9:06.38	34.80	1200m: 14:47.41	39.95		