

Prova 11  
15.11.15 - 16:00

Femin., 800m Livres

Infantis A  
Resultados

Rec Regional	9:27.51	Rafaela Gomes Azevedo	SAD	Algés	2015
Rec Regional Absoluto	8:45.91	Marta Andreia Lopes Ferreira	SCP	Riesa (GER)	2002
Rec Nacional	9:03.90	Alexandra Maria Silva	FCP	Porto	1980
Rec Nacional Absoluto	8:41.65	Angelica Maria Andre	LSC	Porto	2012

Mínimo Acesso : 11:43.05

Pontos: FINA 2015

Pos.	Nadador	Ano	Clube	Tempo	Pts
1.	Mariana Marques Mercedes	03	Olivais e Moscavide	<b>10:06.13</b>	494
	50m: 35.93 35.93	250m: 3:10.00 38.19	450m: 5:42.42 37.29	650m: 8:16.24 38.39	
	100m: 1:14.31 38.38	300m: 3:48.54 38.54	500m: 6:21.28 38.86	700m: 8:54.51 38.27	
	150m: 1:52.94 38.63	350m: 4:27.24 38.70	550m: 6:59.69 38.41	750m: 9:32.29 37.78	
	200m: 2:31.81 38.87	400m: 5:05.13 37.89	600m: 7:37.85 38.16	800m: 10:06.13 33.84	
2.	Sara Moura Cruz	03	Alges	<b>10:12.96</b>	478
	50m: 35.15 35.15	250m: 3:06.91 38.50	450m: 5:42.50 39.18	650m: 8:18.16 39.16	
	100m: 1:12.05 36.90	300m: 3:45.79 38.88	500m: 6:21.88 39.38	700m: 8:57.27 39.11	
	150m: 1:50.03 37.98	350m: 4:24.57 38.78	550m: 7:00.66 38.78	750m: 9:35.86 38.59	
	200m: 2:28.41 38.38	400m: 5:03.32 38.75	600m: 7:39.00 38.34	800m: 10:12.96 37.10	
3.	Daniela Mascarenhas Henriques	03	Geslours	<b>10:17.94</b>	466
	50m: 36.65 36.65	250m: 3:10.65 39.05	450m: 5:46.36 39.23	650m: 8:25.68 39.13	
	100m: 1:14.62 37.97	300m: 3:49.50 38.85	500m: 6:25.49 39.13	700m: 9:04.60 38.92	
	150m: 1:53.11 38.49	350m: 4:28.16 38.66	550m: 7:05.33 39.84	750m: 9:42.28 37.68	
	200m: 2:31.60 38.49	400m: 5:07.13 38.97	600m: 7:46.55 41.22	800m: 10:17.94 35.66	
4.	Ema Jerónimo Conceição	03	Fisica Torres Vedras	<b>10:19.20</b>	463
	50m: 37.46 37.46	250m: 3:15.57 39.64	450m: 5:52.37 39.31	650m: 8:27.49 38.88	
	100m: 1:16.60 39.14	300m: 3:55.03 39.46	500m: 6:30.96 38.59	700m: 9:05.67 38.18	
	150m: 1:56.18 39.58	350m: 4:34.24 39.21	550m: 7:09.85 38.89	750m: 9:43.11 37.44	
	200m: 2:35.93 39.75	400m: 5:13.06 38.82	600m: 7:48.61 38.76	800m: 10:19.20 36.09	
5.	Filipa Ramos Peixeira	03	Sporting	<b>10:20.94</b>	460
	50m: 36.19 36.19	250m: 3:13.75 39.62	450m: 5:51.47 38.91	650m: 8:26.60 38.54	
	100m: 1:14.85 38.66	300m: 3:53.73 39.98	500m: 6:30.39 38.92	700m: 9:05.34 38.74	
	150m: 1:54.23 39.38	350m: 4:32.94 39.21	550m: 7:09.15 38.76	750m: 9:43.70 38.36	
	200m: 2:34.13 39.90	400m: 5:12.56 39.62	600m: 7:48.06 38.91	800m: 10:20.94 37.24	
6.	Beatriz Picanço Martins	03	Benfica	<b>10:34.44</b>	431
	50m: 36.75 36.75	250m: 3:12.52 39.22	450m: 5:53.53 40.80	650m: 8:35.64 40.88	
	100m: 1:15.08 38.33	300m: 3:53.39 40.87	500m: 6:33.99 40.46	700m: 9:16.97 41.33	
	150m: 1:54.22 39.14	350m: 4:32.33 38.94	550m: 7:15.04 41.05	750m: 9:56.80 39.83	
	200m: 2:33.30 39.08	400m: 5:12.73 40.40	600m: 7:54.76 39.72	800m: 10:34.44 37.64	
7.	Catarina Guimaraes Moreira	03	Alges	<b>10:36.35</b>	427
	50m: 37.30 37.30	250m: 3:16.68 39.80	450m: 5:57.20 39.52	650m: 8:37.42 39.75	
	100m: 1:17.03 39.73	300m: 3:57.10 40.42	500m: 6:37.34 40.14	700m: 9:17.31 39.89	
	150m: 1:57.08 40.05	350m: 4:37.56 40.46	550m: 7:17.65 40.31	750m: 9:58.35 41.04	
	200m: 2:36.88 39.80	400m: 5:17.68 40.12	600m: 7:57.67 40.02	800m: 10:36.35 38.00	
8.	Margarida Mota Silva	03	C N Montijo	<b>10:47.95</b>	404
	50m: 35.46 35.46	250m: 3:14.73 40.41	450m: 6:00.40 41.34	650m: 8:45.26 40.55	
	100m: 1:14.17 38.71	300m: 3:56.35 41.62	500m: 6:41.12 40.72	700m: 9:26.93 41.67	
	150m: 1:54.16 39.99	350m: 4:37.79 41.44	550m: 7:22.69 41.57	750m: 10:08.05 41.12	
	200m: 2:34.32 40.16	400m: 5:19.06 41.27	600m: 8:04.71 42.02	800m: 10:47.95 39.90	
9.	Beatriz Azevedo Isaias	03	Colégio Monte Maior	<b>10:49.26</b>	402
	50m: 37.48 37.48	250m: 3:16.04 40.01	450m: 5:59.21 41.51	650m: 8:46.35 41.80	
	100m: 1:16.74 39.26	300m: 3:56.47 40.43	500m: 6:41.11 41.90	700m: 9:29.14 42.79	
	150m: 1:56.29 39.55	350m: 4:36.66 40.19	550m: 7:22.86 41.75	750m: 10:10.55 41.41	
	200m: 2:36.03 39.74	400m: 5:17.70 41.04	600m: 8:04.55 41.69	800m: 10:49.26 38.71	
10.	Leonor Maria Neves	03	Vialonga	<b>10:51.40</b>	398
	50m: 38.00 38.00	250m: 3:22.05 41.44	450m: 6:08.18 40.63	650m: 8:53.50 40.54	
	100m: 1:18.85 40.85	300m: 4:04.17 42.12	500m: 6:50.00 41.82	700m: 9:33.25 39.75	
	150m: 1:59.86 41.01	350m: 4:45.80 41.63	550m: 7:32.23 42.23	750m: 10:14.26 41.01	
	200m: 2:40.61 40.75	400m: 5:27.55 41.75	600m: 8:12.96 40.73	800m: 10:51.40 37.14	
11.	Barbara Silva Viegas	03	Sporting	<b>10:52.61</b>	396
	50m: 38.04 38.04	250m: 3:22.28 41.52	450m: 6:07.49 40.50	650m: 8:53.31 41.01	
	100m: 1:18.51 40.47	300m: 4:03.90 41.62	500m: 6:49.15 41.66	700m: 9:34.40 41.09	
	150m: 1:59.50 40.99	350m: 4:45.28 41.38	550m: 7:30.13 40.98	750m: 10:14.23 39.83	
	200m: 2:40.76 41.26	400m: 5:26.99 41.71	600m: 8:12.30 42.17	800m: 10:52.61 38.38	
12.	Beatriz Quintao Amantes	03	União Piedense	<b>10:54.27</b>	393
	50m: 38.92 38.92	250m: 3:24.00 41.37	450m: 6:09.22 40.95	650m: 8:55.02 41.13	
	100m: 1:20.00 41.08	300m: 4:05.23 41.23	500m: 6:50.63 41.41	700m: 9:35.09 40.07	
	150m: 2:01.51 41.51	350m: 4:46.38 41.15	550m: 7:32.33 41.70	750m: 10:16.33 41.24	
	200m: 2:42.63 41.12	400m: 5:28.27 41.89	600m: 8:13.89 41.56	800m: 10:54.27 37.94	

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Pos.	Nadador	Ano	Clube	Tempo	Pts
13.	Margarida Teixeira Moreira	03	Belenenses	<b>10:59.17</b>	384
	50m: 37.08 37.08	250m: 3:19.78 41.00	450m: 6:05.52 41.55	650m: 8:54.46 42.70	
	100m: 1:17.12 40.04	300m: 4:00.83 41.05	500m: 6:47.41 41.89	700m: 9:35.11 40.65	
	150m: 1:57.87 40.75	350m: 4:42.40 41.57	550m: 7:29.85 42.44	750m: 10:19.00 43.89	
	200m: 2:38.78 40.91	400m: 5:23.97 41.57	600m: 8:11.76 41.91	800m: 10:59.17 40.17	
14.	Claudia Beatriz Martins	03	Geslours	<b>11:04.55</b>	375
	50m: 38.80 38.80	250m: 3:25.95 42.00	450m: 6:12.89 41.96	650m: 9:02.29 43.11	
	100m: 1:20.77 41.97	300m: 4:07.50 41.55	500m: 6:54.90 42.01	700m: 9:44.58 42.29	
	150m: 2:02.20 41.43	350m: 4:48.98 41.48	550m: 7:36.71 41.81	750m: 10:25.79 41.21	
	200m: 2:43.95 41.75	400m: 5:30.93 41.95	600m: 8:19.18 42.47	800m: 11:04.55 38.76	
15.	Sophia Rose Taylor	03	Alges	<b>11:07.49</b>	370
	50m: 37.97 37.97	250m: 3:25.09 42.36	450m: 6:15.11 41.90	650m: 9:04.69 42.11	
	100m: 1:18.82 40.85	300m: 4:07.92 42.83	500m: 6:57.47 42.36	700m: 9:47.31 42.62	
	150m: 2:00.52 41.70	350m: 4:50.41 42.49	550m: 7:39.71 42.24	750m: 10:29.61 42.30	
	200m: 2:42.73 42.21	400m: 5:33.21 42.80	600m: 8:22.58 42.87	800m: 11:07.49 37.88	
16.	Mafalda Viegas Cruz	03	Sporting	<b>11:08.80</b>	368
	50m: 39.21 39.21	250m: 3:27.17 42.51	450m: 6:16.00 41.45	650m: 9:05.06 42.06	
	100m: 1:19.99 40.78	300m: 4:09.41 42.24	500m: 6:58.33 42.33	700m: 9:47.77 42.71	
	150m: 2:02.40 42.41	350m: 4:52.02 42.61	550m: 7:40.38 42.05	750m: 10:29.07 41.30	
	200m: 2:44.66 42.26	400m: 5:34.55 42.53	600m: 8:23.00 42.62	800m: 11:08.80 39.73	
17.	Beatriz Vaz Rebelo	03	Geslours	<b>11:15.16</b>	357
	50m: 37.40 37.40	250m: 3:24.94 42.83	450m: 6:16.05 43.25	650m: 9:08.60 43.09	
	100m: 1:18.12 40.72	300m: 4:07.27 42.33	500m: 6:59.13 43.08	700m: 9:51.75 43.15	
	150m: 1:59.82 41.70	350m: 4:50.09 42.82	550m: 7:42.63 43.50	750m: 10:34.96 43.21	
	200m: 2:42.11 42.29	400m: 5:32.80 42.71	600m: 8:25.51 42.88	800m: 11:15.16 40.20	
18.	Maria Ines Ribeiro	03	Alges	<b>11:17.81</b>	353
	50m: 38.12 38.12	250m: 3:25.55 42.26	450m: 6:16.38 42.91	650m: 9:09.28 43.30	
	100m: 1:19.43 41.31	300m: 4:07.89 42.34	500m: 6:59.37 42.99	700m: 9:53.10 43.82	
	150m: 2:01.00 41.57	350m: 4:50.34 42.45	550m: 7:42.71 43.34	750m: 10:36.67 43.57	
	200m: 2:43.29 42.29	400m: 5:33.47 43.13	600m: 8:25.98 43.27	800m: 11:17.81 41.14	
19.	Mariana Bança Ferreira	03	Naval Setubalense	<b>11:19.28</b>	351
	50m: 39.61 39.61	250m: 3:27.76 42.20	450m: 6:19.86 43.40	650m: 9:13.14 42.87	
	100m: 1:21.01 41.40	300m: 4:10.26 42.50	500m: 7:02.93 43.07	700m: 9:56.26 43.12	
	150m: 2:02.68 41.67	350m: 4:53.45 43.19	550m: 7:46.46 43.53	750m: 10:38.93 42.67	
	200m: 2:45.56 42.88	400m: 5:36.46 43.01	600m: 8:30.27 43.81	800m: 11:19.28 40.35	
20.	Margarida Sousa Gaspar	03	Colégio Monte Maior	<b>11:21.11</b>	348
	50m: 38.94 38.94	250m: 3:30.15 42.68	450m: 6:22.66 43.53	650m: 9:15.59 43.28	
	100m: 1:21.91 42.97	300m: 4:12.74 42.59	500m: 7:06.08 43.42	700m: 9:58.55 42.96	
	150m: 2:05.04 43.13	350m: 4:55.71 42.97	550m: 7:49.35 43.27	750m: 10:41.03 42.48	
	200m: 2:47.47 42.43	400m: 5:39.13 43.42	600m: 8:32.31 42.96	800m: 11:21.11 40.08	
21.	Madalena Rodrigues Tomé	03	Estoris	<b>11:23.33</b>	345
	50m: 40.07 40.07	250m: 3:35.19 44.13	450m: 6:29.04 42.85	650m: 9:19.77 42.89	
	100m: 1:24.05 43.98	300m: 4:17.56 42.37	500m: 7:11.83 42.79	700m: 10:02.16 42.39	
	150m: 2:08.56 44.51	350m: 5:01.90 44.34	550m: 7:55.23 43.40	750m: 10:44.08 41.92	
	200m: 2:51.06 42.50	400m: 5:46.19 44.29	600m: 8:36.88 41.65	800m: 11:23.33 39.25	
22.	Tatiana Valentim Oliveira	03	Fisica Torres Vedras	<b>11:24.39</b>	343
	50m: 42.31 42.31	250m: 3:37.21 43.38	450m: 6:29.98 43.25	650m: 9:19.90 42.75	
	100m: 1:26.65 44.34	300m: 4:20.47 43.26	500m: 7:12.33 42.35	700m: 10:02.58 42.68	
	150m: 2:10.70 44.05	350m: 5:03.62 43.15	550m: 7:55.11 42.78	750m: 10:44.59 42.01	
	200m: 2:53.83 43.13	400m: 5:46.73 43.11	600m: 8:37.15 42.04	800m: 11:24.39 39.80	
23.	Rafaela Sofia Silva	03	Benfica	<b>11:25.92</b>	341
	50m: 39.85 39.85	250m: 3:32.83 43.78	450m: 6:27.60 43.41	650m: 9:20.77 43.41	
	100m: 1:22.53 42.68	300m: 4:16.71 43.88	500m: 7:11.28 43.68	700m: 10:03.79 43.02	
	150m: 2:05.80 43.27	350m: 5:00.40 43.69	550m: 7:54.32 43.04	750m: 10:45.85 42.06	
	200m: 2:49.05 43.25	400m: 5:44.19 43.79	600m: 8:37.36 43.04	800m: 11:25.92 40.07	
24.	Catarina Inês Correia	03	Naval Setubalense	<b>11:28.34</b>	337
	50m: 41.90 41.90	250m: 3:40.04 44.98	450m: 6:34.41 43.28	650m: 9:26.27 42.42	
	100m: 1:25.87 43.97	300m: 4:24.21 44.17	500m: 7:17.79 43.38	700m: 10:08.37 42.10	
	150m: 2:10.17 44.30	350m: 5:07.46 43.25	550m: 8:00.94 43.15	750m: 10:49.98 41.61	
	200m: 2:55.06 44.89	400m: 5:51.13 43.67	600m: 8:43.85 42.91	800m: 11:28.34 38.36	
25.	Madalena Reis Cerdeira	03	Avançado EULx	<b>11:36.46</b>	326
	50m: 42.44 42.44	250m: 3:40.84 42.67	450m: 6:36.69 43.40	650m: 9:30.27 43.33	
	100m: 1:27.62 45.18	300m: 4:24.41 43.57	500m: 7:19.72 43.03	700m: 10:13.73 43.46	
	150m: 2:12.77 45.15	350m: 5:08.77 44.36	550m: 8:03.38 43.66	750m: 10:56.98 43.25	
	200m: 2:58.17 45.40	400m: 5:53.29 44.52	600m: 8:46.94 43.56	800m: 11:36.46 39.48	

Prova 11, Femin., 800m Livres, Infantis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
26.	Catarina Manita Rapaz <i>Fora Minimo Acesso</i>	03	Desportivo Sesimbra	<b>11:46.19</b>	312
	50m: 40.17 40.17	250m: 3:36.86	44.60	450m: 6:34.57	44.02
	100m: 1:24.26 44.09	300m: 4:21.31	44.45	500m: 7:18.35	43.78
	150m: 2:08.54 44.28	350m: 5:05.47	44.16	550m: 8:02.13	43.78
	200m: 2:52.26 43.72	400m: 5:50.55	45.08	600m: 8:46.80	44.67
				650m: 9:31.64	44.84
				700m: 10:18.43	46.79
				750m: 11:03.52	45.09
				800m: 11:46.19	42.67
27.	Raquel Pereira Pinto <i>Fora Minimo Acesso</i>	03	Naval Setubalense	<b>12:23.00</b>	268
	50m: 42.19 42.19	250m: 3:42.83	45.38	450m: 6:50.87	48.10
	100m: 1:27.00 44.81	300m: 4:28.69	45.86	500m: 7:38.64	47.77
	150m: 2:12.19 45.19	350m: 5:14.71	46.02	550m: 8:26.59	47.95
	200m: 2:57.45 45.26	400m: 6:02.77	48.06	600m: 9:15.30	48.71
				650m: 10:02.18	46.88
				700m: 10:50.21	48.03
				750m: 11:38.25	48.04
				800m: 12:23.00	44.75
28.	Beatriz Marcelino Sequeira <i>Fora Minimo Acesso</i>	03	Amadora	<b>12:38.05</b>	252
	50m: 44.66 44.66	250m: 3:56.19	48.59	450m: 7:08.65	47.45
	100m: 1:32.33 47.67	300m: 4:44.38	48.19	500m: 7:57.22	48.57
	150m: 2:19.93 47.60	350m: 5:31.85	47.47	550m: 8:45.61	48.39
	200m: 3:07.60 47.67	400m: 6:21.20	49.35	600m: 9:32.64	47.03
				650m: 10:20.42	47.78
				700m: 11:08.38	47.96
				750m: 11:54.15	45.77
				800m: 12:38.05	43.90
29.	Marta Dias Damaso <i>Fora Minimo Acesso</i>	03	Palmela Desporto	<b>12:39.49</b>	251
	50m: 41.35 41.35	250m: 3:50.59	48.04	450m: 7:04.24	49.07
	100m: 1:27.34 45.99	300m: 4:38.90	48.31	500m: 7:53.06	48.82
	150m: 2:14.58 47.24	350m: 5:27.12	48.22	550m: 8:41.62	48.56
	200m: 3:02.55 47.97	400m: 6:15.17	48.05	600m: 9:29.69	48.07
				650m: 10:17.38	47.69
				700m: 11:05.86	48.48
				750m: 11:54.14	48.28
				800m: 12:39.49	45.35
30.	Mariana Valente Fernandes <i>Fora Minimo Acesso</i>	03	Palmela Desporto	<b>12:42.09</b>	248
	50m: 42.45 42.45	250m: 3:50.66	48.12	450m: 7:05.16	48.42
	100m: 1:28.33 45.88	300m: 4:39.27	48.61	500m: 7:53.76	48.60
	150m: 2:15.45 47.12	350m: 5:27.61	48.34	550m: 8:43.10	49.34
	200m: 3:02.54 47.09	400m: 6:16.74	49.13	600m: 9:32.15	49.05
				650m: 10:20.85	48.70
				700m: 11:08.42	47.57
				750m: 11:56.20	47.78
				800m: 12:42.09	45.89
31.	Filipa Andre Teixeira <i>Fora Minimo Acesso</i>	03	Amadora	<b>13:52.49</b>	190
	50m: 44.62 44.62	250m: 4:13.52	53.11	450m: 7:45.90	53.05
	100m: 1:35.35 50.73	300m: 5:06.48	52.96	500m: 8:40.31	54.41
	150m: 2:27.72 52.37	350m: 5:58.85	52.37	550m: 9:33.69	53.38
	200m: 3:20.41 52.69	400m: 6:52.85	54.00	600m: 10:26.54	52.85
				650m: 11:18.44	51.90
				700m: 12:09.46	51.02
				750m: 13:02.18	52.72
				800m: 13:52.49	50.31
DSQ	Ana Margarida Soares	03	Naval Setubalense		
	<i>G27 - Não cumpriu a distância completa da prova. Desistiu aos 650 metros. (SW 10.2)</i>				
DSQ	Joana Ribeiro Martins	03	Benfica		
	<i>G27 - Não cumpriu a distância completa da prova. Desistiu aos 550 metros. (SW 10.2)</i>				
DNS	Barbara Sofia Amaral	03	Geslours		
EXH	Marta Vainauskaite <i>Fora Minimo Acesso</i>	03	Estoris	<b>11:58.66</b>	296
	50m: 43.64 43.64	250m: 3:44.52	45.12	450m: 6:47.27	45.55
	100m: 1:28.01 44.37	300m: 4:30.65	46.13	500m: 7:32.75	45.48
	150m: 2:13.06 45.05	350m: 5:16.70	46.05	550m: 8:18.05	45.30
	200m: 2:59.40 46.34	400m: 6:01.72	45.02	600m: 9:03.87	45.82
				650m: 9:48.51	44.64
				700m: 10:33.89	45.38
				750m: 11:17.67	43.78
				800m: 11:58.66	40.99