

Prova 10
15.11.15 - 12:42

Masc., 800m Livres

Infantis A
Resultados

Rec Regional	8:42.19	Pedro Fontoura Oliveira	CFB	Reboleira	2004
Rec Regional Absoluto	7:55.24	Pedro Miguel Pinotes	SCP	Porto	2014
Rec Nacional	8:38.30	Andre Vilas Ruivo	DNMG	Campo Maior	2014
Rec Nacional Absoluto	7:55.24	Pedro Miguel Pinotes	SCP	Porto	2014

Mínimo Acesso : 11:15.51

Pontos: FINA 2015

Pos.	Nadador	Ano	Clube	Tempo	Pts
1.	Tomas Penha Monteiro	02	Alges	9:49.01	426
	50m: 33.81 33.81	250m: 2:59.09	36.74	450m: 5:27.93	37.20
	100m: 1:09.55 35.74	300m: 3:35.74	36.65	500m: 6:05.24	37.31
	150m: 1:45.85 36.30	350m: 4:13.20	37.46	550m: 6:42.92	37.68
	200m: 2:22.35 36.50	400m: 4:50.73	37.53	600m: 7:20.38	37.46
				750m: 8:00.00	38.07
				800m: 9:49.01	35.03
2.	Martim Rebelo Malfeito	02	Sporting	9:53.07	417
	50m: 34.23 34.23	250m: 3:00.90	37.09	450m: 5:29.82	37.33
	100m: 1:10.16 35.93	300m: 3:37.91	37.01	500m: 6:07.68	37.86
	150m: 1:46.93 36.77	350m: 4:15.28	37.37	550m: 6:46.08	38.40
	200m: 2:23.81 36.88	400m: 4:52.49	37.21	600m: 7:24.57	38.49
				750m: 8:00.00	38.15
				800m: 9:53.07	37.79
					38.07
					34.49
3.	Diogo Santos Costa	02	Colégio Monte Maior	9:57.27	409
	50m: 34.78 34.78	250m: 3:02.14	37.37	450m: 5:30.42	37.24
	100m: 1:10.90 36.12	300m: 3:39.19	37.05	500m: 6:07.43	37.01
	150m: 1:47.88 36.98	350m: 4:16.67	37.48	550m: 6:44.76	37.33
	200m: 2:24.77 36.89	400m: 4:53.18	36.51	600m: 7:22.51	37.75
				750m: 8:00.00	38.51
				800m: 9:57.27	37.96
					39.78
					38.51
4.	Vicente Oliveira Gomes	02	Sporting	9:59.59	404
	50m: 34.82 34.82	250m: 3:04.46	37.62	450m: 5:36.91	38.07
	100m: 1:11.87 37.05	300m: 3:42.36	37.90	500m: 6:15.53	38.62
	150m: 1:49.54 37.67	350m: 4:20.62	38.26	550m: 6:53.41	37.88
	200m: 2:26.84 37.30	400m: 4:58.84	38.22	600m: 7:31.32	37.91
				750m: 8:00.00	38.05
				800m: 9:59.59	38.36
					37.05
					34.81
5.	Rafael Moreira Oliveira	02	Belenenses	9:59.69	404
	50m: 35.31 35.31	250m: 3:02.43	36.71	450m: 5:30.67	37.61
	100m: 1:12.07 36.76	300m: 3:39.33	36.90	500m: 6:08.80	38.13
	150m: 1:48.40 36.33	350m: 4:15.90	36.57	550m: 6:47.37	38.57
	200m: 2:25.72 37.32	400m: 4:53.06	37.16	600m: 7:26.67	39.30
				750m: 8:00.00	39.31
				800m: 9:59.69	38.24
					39.02
					36.45
6.	Francisco Alves Souza	02	Geslours	9:59.97	403
	50m: 34.99 34.99	250m: 3:04.92	37.98	450m: 5:36.86	37.48
	100m: 1:12.27 37.28	300m: 3:42.94	38.02	500m: 6:15.25	38.39
	150m: 1:49.80 37.53	350m: 4:20.98	38.04	550m: 6:53.29	38.04
	200m: 2:26.94 37.14	400m: 4:59.38	38.40	600m: 7:31.92	38.63
				750m: 8:00.00	38.74
				800m: 9:59.97	38.22
					37.25
					34.74
7.	Rodrigo Neves Pacheco	02	Colégio Monte Maior	10:00.14	403
	50m: 36.47 36.47	250m: 3:09.97	38.62	450m: 5:41.60	37.25
	100m: 1:14.61 38.14	300m: 3:48.41	38.44	500m: 6:18.80	37.20
	150m: 1:52.93 38.32	350m: 4:26.89	38.48	550m: 6:55.98	37.18
	200m: 2:31.35 38.42	400m: 5:04.35	37.46	600m: 7:33.33	37.35
				750m: 8:00.00	37.29
				800m: 10:00.14	36.93
					35.35
8.	Bernardo Safara Inverno	02	Sporting	10:06.93	389
	50m: 35.27 35.27	250m: 3:07.79	38.49	450m: 5:40.93	37.87
	100m: 1:13.21 37.94	300m: 3:46.03	38.24	500m: 6:19.25	38.32
	150m: 1:51.16 37.95	350m: 4:24.76	38.73	550m: 6:57.54	38.29
	200m: 2:29.30 38.14	400m: 5:03.06	38.30	600m: 7:35.74	38.20
				750m: 8:00.00	38.29
				800m: 10:06.93	35.45
9.	Francisco Padilla Correia	02	Geslours	10:07.20	389
	50m: 36.94 36.94	250m: 3:10.87	38.85	450m: 5:44.39	38.09
	100m: 1:15.27 38.33	300m: 3:49.28	38.41	500m: 6:22.64	38.25
	150m: 1:53.39 38.12	350m: 4:28.08	38.80	550m: 7:00.25	37.61
	200m: 2:32.02 38.63	400m: 5:06.30	38.22	600m: 7:39.06	38.81
				750m: 8:00.00	38.72
				800m: 10:07.20	37.88
					38.13
					34.41
10.	Diogo Nuno Valente	02	Sporting	10:10.55	383
	50m: 36.38 36.38	250m: 3:09.04	38.25	450m: 5:42.06	37.97
	100m: 1:14.69 38.31	300m: 3:47.23	38.19	500m: 6:20.37	38.31
	150m: 1:52.59 37.90	350m: 4:25.63	38.40	550m: 6:59.24	38.87
	200m: 2:30.79 38.20	400m: 5:04.09	38.46	600m: 7:38.30	39.06
				750m: 8:00.00	38.64
				800m: 10:10.55	39.12
					38.61
					35.88
11.	Rodrigo Rosa Fernandes	02	CPCD Póvoa Sta Iria	10:20.76	364
	50m: 35.79 35.79	250m: 3:10.31	38.94	450m: 5:47.97	39.48
	100m: 1:13.63 37.84	300m: 3:49.54	39.23	500m: 6:27.33	39.36
	150m: 1:52.19 38.56	350m: 4:28.95	39.41	550m: 7:07.04	39.71
	200m: 2:31.37 39.18	400m: 5:08.49	39.54	600m: 7:46.49	39.45
				750m: 8:00.00	39.62
				800m: 10:20.76	39.70
					38.92
					36.03
12.	Pedro Cidraes Garcia	02	Estoris	10:21.76	362
	50m: 37.04 37.04	250m: 3:14.02	40.20	450m: 5:52.35	39.01
	100m: 1:15.43 38.39	300m: 3:53.87	39.85	500m: 6:32.01	39.66
	150m: 1:54.56 39.13	350m: 4:33.53	39.66	550m: 7:11.59	39.58
	200m: 2:33.82 39.26	400m: 5:13.34	39.81	600m: 7:50.53	38.94
				750m: 8:00.00	38.23
				800m: 10:21.76	35.86

Prova 10, Masc., 800m Livres, Infantis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
13.	Afonso Amaro Santos	02	Geslours	10:21.93	362
	50m: 37.57 37.57	250m: 3:12.00 38.93	450m: 5:48.66 39.25	650m: 8:25.59 39.41	
	100m: 1:15.93 38.36	300m: 3:51.38 39.38	500m: 6:27.40 38.74	700m: 9:04.65 39.06	
	150m: 1:54.49 38.56	350m: 4:30.47 39.09	550m: 7:06.41 39.01	750m: 9:44.30 39.65	
	200m: 2:33.07 38.58	400m: 5:09.41 38.94	600m: 7:46.18 39.77	800m: 10:21.93 37.63	
14.	Daniel Rodrigues Alves	02	Belenenses	10:22.39	361
	50m: 37.47 37.47	250m: 3:13.65 39.21	450m: 5:51.20 39.32	650m: 8:29.22 38.50	
	100m: 1:15.98 38.51	300m: 3:53.62 39.97	500m: 6:30.89 39.69	700m: 9:07.78 38.56	
	150m: 1:55.19 39.21	350m: 4:32.87 39.25	550m: 7:10.64 39.75	750m: 9:46.74 38.96	
	200m: 2:34.44 39.25	400m: 5:11.88 39.01	600m: 7:50.72 40.08	800m: 10:22.39 35.65	
15.	Pedro Miguel Pinto	02	Fisica Torres Vedras	10:22.83	360
	50m: 35.15 35.15	250m: 3:09.96 39.15	450m: 5:48.61 39.43	650m: 8:27.74 39.47	
	100m: 1:12.84 37.69	300m: 3:49.58 39.62	500m: 6:28.15 39.54	700m: 9:08.16 40.42	
	150m: 1:51.87 39.03	350m: 4:29.41 39.83	550m: 7:08.04 39.89	750m: 9:47.07 38.91	
	200m: 2:30.81 38.94	400m: 5:09.18 39.77	600m: 7:48.27 40.23	800m: 10:22.83 35.76	
16.	Ruy Manuel Domingos	02	Sporting	10:24.19	358
	50m: 35.91 35.91	250m: 3:10.34 38.88	450m: 5:47.39 39.21	650m: 8:26.41 39.57	
	100m: 1:13.89 37.98	300m: 3:49.27 38.93	500m: 6:26.96 39.57	700m: 9:06.45 40.04	
	150m: 1:52.58 38.69	350m: 4:28.51 39.24	550m: 7:06.85 39.89	750m: 9:46.51 40.06	
	200m: 2:31.46 38.88	400m: 5:08.18 39.67	600m: 7:46.84 39.99	800m: 10:24.19 37.68	
17.	Manuel Bernardo Castro	02	Sporting	10:25.36	356
	50m: 36.69 36.69	250m: 3:13.85 39.42	450m: 5:51.81 39.69	650m: 8:29.53 39.42	
	100m: 1:15.81 39.12	300m: 3:53.08 39.23	500m: 6:31.19 39.38	700m: 9:08.68 39.15	
	150m: 1:55.09 39.28	350m: 4:32.63 39.55	550m: 7:10.65 39.46	750m: 9:48.08 39.40	
	200m: 2:34.43 39.34	400m: 5:12.12 39.49	600m: 7:50.11 39.46	800m: 10:25.36 37.28	
18.	Rafael Rodrigues Jacinto	02	Belenenses	10:29.39	349
	50m: 38.05 38.05	250m: 3:12.96 39.16	450m: 5:52.97 40.32	650m: 8:34.04 40.49	
	100m: 1:16.70 38.65	300m: 3:52.61 39.65	500m: 6:33.18 40.21	700m: 9:14.69 40.65	
	150m: 1:55.79 39.09	350m: 4:32.66 40.05	550m: 7:13.59 40.41	750m: 9:53.06 38.37	
	200m: 2:33.80 38.01	400m: 5:12.65 39.99	600m: 7:53.55 39.96	800m: 10:29.39 36.33	
19.	Tiago Leite Barreiros	02	Alges	10:31.60	346
	50m: 36.75 36.75	250m: 3:13.33 38.90	450m: 5:52.07 39.68	650m: 8:32.92 40.76	
	100m: 1:15.32 38.57	300m: 3:52.41 39.08	500m: 6:31.70 39.63	700m: 9:12.03 39.11	
	150m: 1:54.58 39.26	350m: 4:31.92 39.51	550m: 7:11.84 40.14	750m: 9:52.75 40.72	
	200m: 2:34.43 39.85	400m: 5:12.39 40.47	600m: 7:52.16 40.32	800m: 10:31.60 38.85	
20.	Joao Nogueira Mendes	02	Clube Instrucao Laranjeiro	10:34.26	341
	50m: 37.29 37.29	250m: 3:16.12 40.05	450m: 5:57.03 40.42	650m: 8:37.10 40.01	
	100m: 1:16.39 39.10	300m: 3:56.32 40.20	500m: 6:37.05 40.02	700m: 9:16.95 39.85	
	150m: 1:56.12 39.73	350m: 4:36.44 40.12	550m: 7:17.18 40.13	750m: 9:56.77 39.82	
	200m: 2:36.07 39.95	400m: 5:16.61 40.17	600m: 7:57.09 39.91	800m: 10:34.26 37.49	
21.	Francisco Gomes Anjos	02	União Piedense	10:38.58	334
	50m: 36.69 36.69	250m: 3:17.52 40.50	450m: 6:01.75 41.49	650m: 8:42.74 39.21	
	100m: 1:16.13 39.44	300m: 3:58.44 40.92	500m: 6:42.47 40.72	700m: 9:22.13 39.39	
	150m: 1:56.60 40.47	350m: 4:39.64 41.20	550m: 7:23.07 40.60	750m: 10:02.35 40.22	
	200m: 2:37.02 40.42	400m: 5:20.26 40.62	600m: 8:03.53 40.46	800m: 10:38.58 36.23	
22.	Pedro Alves Martinho	02	Estoris	10:47.65	320
	50m: 35.72 35.72	250m: 3:13.01 39.89	450m: 5:57.99 41.51	650m: 8:46.10 42.95	
	100m: 1:14.40 38.68	300m: 3:53.84 40.83	500m: 6:39.77 41.78	700m: 9:28.00 41.90	
	150m: 1:53.28 38.88	350m: 4:34.44 40.60	550m: 7:21.90 42.13	750m: 10:09.56 41.56	
	200m: 2:33.12 39.84	400m: 5:16.48 42.04	600m: 8:03.15 41.25	800m: 10:47.65 38.09	
23.	Hugo Nunes Magalhaes	02	Alges	10:55.42	309
	50m: 37.98 37.98	250m: 3:19.97 40.64	450m: 6:03.60 40.83	650m: 8:51.01 42.25	
	100m: 1:18.52 40.54	300m: 4:00.51 40.54	500m: 6:44.61 41.01	700m: 9:32.61 41.60	
	150m: 1:58.73 40.21	350m: 4:41.61 41.10	550m: 7:26.76 42.15	750m: 10:14.36 41.75	
	200m: 2:39.33 40.60	400m: 5:22.77 41.16	600m: 8:08.76 42.00	800m: 10:55.42 41.06	
24.	Rafael Alves Costa	02	Sporting	10:58.04	305
	50m: 38.51 38.51	250m: 3:22.10 40.93	450m: 6:06.97 41.53	650m: 8:54.74 41.39	
	100m: 1:19.54 41.03	300m: 4:03.37 41.27	500m: 6:49.48 42.51	700m: 9:36.78 42.04	
	150m: 1:59.91 40.37	350m: 4:44.73 41.36	550m: 7:31.01 41.53	750m: 10:18.45 41.67	
	200m: 2:41.17 41.26	400m: 5:25.44 40.71	600m: 8:13.35 42.34	800m: 10:58.04 39.59	
25.	Diogo Garcez Mateus	02	Desporto Setúbal	10:59.23	304
	50m: 36.52 36.52	250m: 3:18.36 41.45	450m: 6:05.97 42.24	650m: 8:55.65 42.39	
	100m: 1:15.44 38.92	300m: 4:00.10 41.74	500m: 6:48.73 42.76	700m: 9:37.77 42.12	
	150m: 1:55.40 39.96	350m: 4:41.90 41.80	550m: 7:31.04 42.31	750m: 10:19.88 42.11	
	200m: 2:36.91 41.51	400m: 5:23.73 41.83	600m: 8:13.26 42.22	800m: 10:59.23 39.35	

Prova 10, Masc., 800m Livres, Infantis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
26.	Henrique Chan Machado	02	Alges	11:02.99	299
	50m: 36.12 36.12	250m: 3:16.21 41.02	450m: 6:05.02 42.56	650m: 8:55.89 42.78	
	100m: 1:14.82 38.70	300m: 3:58.02 41.81	500m: 6:47.89 42.87	700m: 9:38.04 42.15	
	150m: 1:54.29 39.47	350m: 4:40.42 42.40	550m: 7:30.49 42.60	750m: 10:20.08 42.04	
	200m: 2:35.19 40.90	400m: 5:22.46 42.04	600m: 8:13.11 42.62	800m: 11:02.99 42.91	
27.	Claudio Bularu Freitas	02	CPCD Póvoa Sta Iria	11:10.01	289
	50m: 39.02 39.02	250m: 3:24.39 41.49	450m: 6:13.19 41.38	650m: 9:05.19 43.64	
	100m: 1:20.74 41.72	300m: 4:06.94 42.55	500m: 6:54.72 41.53	700m: 9:48.81 43.62	
	150m: 2:02.16 41.42	350m: 4:49.34 42.40	550m: 7:38.46 43.74	750m: 10:30.68 41.87	
	200m: 2:42.90 40.74	400m: 5:31.81 42.47	600m: 8:21.55 43.09	800m: 11:10.01 39.33	
28.	Diogo Rogado Guerreiro <i>Fora Minimo Acesso</i>	02	Desporto Setúbal	11:16.50	281
	50m: 37.47 37.47	250m: 3:25.04 42.47	450m: 6:17.20 43.38	650m: 9:12.31 43.79	
	100m: 1:17.89 40.42	300m: 4:07.61 42.57	500m: 7:00.35 43.15	700m: 9:56.10 43.79	
	150m: 1:59.76 41.87	350m: 4:50.79 43.18	550m: 7:44.34 43.99	750m: 10:38.16 42.06	
	200m: 2:42.57 42.81	400m: 5:33.82 43.03	600m: 8:28.52 44.18	800m: 11:16.50 38.34	
29.	Nuno Xavier Cardoso <i>Fora Minimo Acesso</i>	02	Palmela Desporto	11:25.94	270
	50m: 39.30 39.30	250m: 3:31.74 43.67	450m: 6:24.32 42.74	650m: 9:21.40 43.28	
	100m: 1:21.59 42.29	300m: 4:14.18 42.44	500m: 7:09.28 44.96	700m: 10:05.46 44.06	
	150m: 2:04.86 43.27	350m: 4:57.55 43.37	550m: 7:53.56 44.28	750m: 10:47.81 42.35	
	200m: 2:48.07 43.21	400m: 5:41.58 44.03	600m: 8:38.12 44.56	800m: 11:25.94 38.13	
30.	Rodrigo Lanz Dias <i>Fora Minimo Acesso</i>	02	Naval Setubalense	11:41.54	252
	50m: 40.29 40.29	250m: 3:39.87 44.06	450m: 6:38.93 44.30	650m: 9:36.25 45.66	
	100m: 1:25.17 44.88	300m: 4:25.19 45.32	500m: 7:21.37 42.44	700m: 10:19.62 43.37	
	150m: 2:10.58 45.41	350m: 5:09.37 44.18	550m: 8:06.27 44.90	750m: 11:02.81 43.19	
	200m: 2:55.81 45.23	400m: 5:54.63 45.26	600m: 8:50.59 44.32	800m: 11:41.54 38.73	
31.	Pedro Almeida Marques <i>Fora Minimo Acesso</i>	02	Naval Setubalense	12:03.48	230
	50m: 42.89 42.89	250m: 3:43.53 44.84	450m: 6:44.55 45.09	650m: 9:47.17 46.07	
	100m: 1:27.60 44.71	300m: 4:28.86 45.33	500m: 7:29.70 45.15	700m: 10:33.14 45.97	
	150m: 2:12.98 45.38	350m: 5:13.91 45.05	550m: 8:15.23 45.53	750m: 11:18.99 45.85	
	200m: 2:58.69 45.71	400m: 5:59.46 45.55	600m: 9:01.10 45.87	800m: 12:03.48 44.49	
32.	Rodrigo Gomes Gamito <i>Fora Minimo Acesso</i>	02	Palmela Desporto	12:11.74	222
	50m: 39.52 39.52	250m: 3:40.19 45.12	450m: 6:48.48 46.60	650m: 9:57.20 47.33	
	100m: 1:23.33 43.81	300m: 4:27.11 46.92	500m: 7:35.80 47.32	700m: 10:42.90 45.70	
	150m: 2:08.99 45.66	350m: 5:14.18 47.07	550m: 8:22.44 46.64	750m: 11:29.24 46.34	
	200m: 2:55.07 46.08	400m: 6:01.88 47.70	600m: 9:09.87 47.43	800m: 12:11.74 42.50	
33.	Pedro Miguel Silva <i>Fora Minimo Acesso</i>	02	Palmela Desporto	12:24.07	211
	50m: 38.67 38.67	250m: 3:40.58 45.14	450m: 6:46.32 47.95	650m: 10:03.16 49.48	
	100m: 1:22.13 43.46	300m: 4:26.44 45.86	500m: 7:34.43 48.11	700m: 10:50.77 47.61	
	150m: 2:08.61 46.48	350m: 5:11.68 45.24	550m: 8:23.67 49.24	750m: 11:38.95 48.18	
	200m: 2:55.44 46.83	400m: 5:58.37 46.69	600m: 9:13.68 50.01	800m: 12:24.07 45.12	
DNS	Bernardo Geada Brito	02	Naval Amorense		