

Prova 5  
14.11.15 - 17:33

Femin., 400m Estilos

Juvenis  
Lista inscritos

|                       |         |                        |       |          |      |
|-----------------------|---------|------------------------|-------|----------|------|
| Rec Regional Juv B    | 4:57.68 | Susana Patricia Miguel | SFUAP | Penafiel | 2004 |
| Rec Regional Juv A    | 4:51.85 | Ana Claudia Santos     | SFUAP | Setubal  | 2004 |
| Rec Regional Absoluto | 4:44.10 | Nadia Morais Vieira    | GESL  | Porto    | 2012 |
| Rec Nacional Juv B    | 4:57.68 | Susana Patricia Miguel | SFUAP | Penafiel | 2004 |
| Rec Nacional Juv A    | 4:51.85 | Ana Claudia Santos     | SFUAP | Setubal  | 2004 |
| Rec Nacional Absoluto | 4:39.03 | Victoria Kaminskaya    | PIMP  | Porto    | 2014 |

Mínimo Acesso Juv B: 6:22.72; Juv A: 6:11.99

Conversão tempo inscrição: Conversão linear por percentagem (2%)

| Ord. | Nome Nadador                 | Ano | Categ. | Lic.Nr | Clube   | Tempo     | Data     | Local                          | T.Conv. |
|------|------------------------------|-----|--------|--------|---------|-----------|----------|--------------------------------|---------|
| 1    | Carolina Rosa Marcelino      | 01  | Juv A  | 120448 | SAD     | 5:07.93 L | 24.7.15  | Coimbra (POR)                  | 5:01.77 |
| 2    | Raquel Antunes Tremoco       | 01  | Juv A  | 124023 | SCP     | 5:06.87 S | 12.12.14 | Leiria (POR)                   | 5:06.87 |
| 3    | Luisa Maria Machado          | 01  | Juv A  | 121850 | SFUAP   | 5:14.16 L | 24.7.15  | Coimbra (POR)                  | 5:07.87 |
| 4    | Filipa Serrano Rodrigues     | 01  | Juv A  | 112310 | SFUAP   | 5:09.34 S | 6.6.15   | Alges (POR)                    | 5:09.34 |
| 5    | Clara Gomes Pereira          | 02  | Juv B  | 124393 | SAD     | 5:19.09 L | 17.7.15  | Oeiras (POR)                   | 5:12.70 |
| 6    | Mariana Amaral Mendes        | 02  | Juv B  | 123959 | ADRCIMM | 5:20.22 L | 17.7.15  | Oeiras (POR)                   | 5:13.81 |
| 7    | Mariana Sobral Galacha       | 01  | Juv A  | 123591 | SCP     | 5:20.20 S | 22.2.15  | S Antonio dos Cavaleiros (POR) | 5:20.20 |
| 8    | Raquel Santos Sousa          | 01  | Juv A  | 118471 | CFB     | 5:22.55 S | 22.11.14 | Alapraia (POR)                 | 5:22.55 |
| 9    | Mafalda Rato Monteiro        | 01  | Juv A  | 121445 | CNS     | 5:30.67 L | 24.7.15  | Coimbra (POR)                  | 5:24.05 |
| 10   | Maria Margarida Belo         | 02  | Juv B  | 126587 | SCP     | 5:31.92 L | 26.6.15  | Vila Franca de Xira (POR)      | 5:25.28 |
| 11   | Rita Alexandra Vital         | 01  | Juv A  | 119608 | SAD     | 5:32.40 L | 24.7.15  | Coimbra (POR)                  | 5:25.75 |
| 12   | Mariana Delicado Correia     | 01  | Juv A  | 123599 | SCP     | 5:34.49 L | 14.3.15  | Vila Franca de Xira (POR)      | 5:27.80 |
| 13   | Rafaela Gomes Azevedo        | 02  | Juv B  | 122048 | SAD     | 5:28.05 S | 22.11.14 | Alapraia (POR)                 | 5:28.05 |
| 14   | Tatiana Alexandre Cardoso    | 01  | Juv A  | 127355 | CNA     | 5:28.24 S | 8.11.15  | Vila Real St. Antonio (POR)    | 5:28.24 |
| 15   | Ines Rodrigues Ferreira      | 01  | Juv A  | 125193 | SLB     | 5:29.03 S | 6.6.15   | Alges (POR)                    | 5:29.03 |
| 16   | Ana Margarida Branco         | 01  | Juv A  | 123593 | SAD     | 5:29.67 S | 12.12.14 | Leiria (POR)                   | 5:29.67 |
| 17   | Leonor Camacho Fernandes     | 02  | Juv B  | 126576 | SCP     | 5:30.30 S | 22.11.14 | Alapraia (POR)                 | 5:30.30 |
| 18   | Mafalda Sofia Dias           | 01  | Juv A  | 121401 | CNS     | 5:32.28 S | 1.2.15   | Evora (POR)                    | 5:32.28 |
| 19   | Ana Rita Matos               | 02  | Juv B  | 127501 | GESL    | 5:40.43 L | 17.7.15  | Oeiras (POR)                   | 5:33.62 |
| 20   | Ana Cruz Antunes             | 01  | Juv A  | 121501 | SLB     | 5:40.32 S | 22.11.14 | Alapraia (POR)                 | 5:40.32 |
| 21   | Joana Filipa Varandas        | 02  | Juv B  | 124305 | EMDS    | 5:50.44 L | 26.6.15  | Vila Franca de Xira (POR)      | 5:43.43 |
| 22   | Natacha Sofia Silva          | 02  | Juv B  | 125594 | SLB     | 5:52.49 L | 26.6.15  | Vila Franca de Xira (POR)      | 5:45.44 |
| 23   | Margarida Cunha Barros       | 02  | Juv B  | 127076 | ANAM    | 5:53.65 L | 26.6.15  | Vila Franca de Xira (POR)      | 5:46.57 |
| 24   | Madalena Maria Ferreira      | 02  | Juv B  | 126572 | SCP     | 5:46.65 S | 22.11.14 | Alapraia (POR)                 | 5:46.65 |
| 25   | Mariana Pedro Pereira        | 02  | Juv B  | 126180 | GESL    | 5:50.16 S | 27.3.15  | Silves (POR)                   | 5:50.16 |
| 26   | Sara Rulin Loureiro          | 01  | Juv A  | 123345 | SLB     | 5:50.48 S | 22.11.14 | Alapraia (POR)                 | 5:50.48 |
| 27   | Ana Catarina Barata          | 02  | Juv B  | 126477 | SFUAP   | 5:50.90 S | 27.3.15  | Silves (POR)                   | 5:50.90 |
| 28   | Filipa Bile Grilo            | 01  | Juv A  | 121502 | SLB     | 5:51.04 S | 22.11.14 | Alapraia (POR)                 | 5:51.04 |
| 29   | Joana Mira Pereira           | 01  | Juv A  | 121237 | CNS     | 5:54.15 S | 22.11.14 | Alapraia (POR)                 | 5:54.15 |
| 30   | Sofia Isabel Lourenco        | 01  | Juv A  | 121063 | SAD     | 5:55.73 S | 22.11.14 | Alapraia (POR)                 | 5:55.73 |
| 31   | Celeste Santos Ricardo       | 01  | Juv A  | 121325 | ANAM    | 5:57.35 S | 22.11.14 | Alapraia (POR)                 | 5:57.35 |
| 32   | Filipa Inacio Cazeiro        | 02  | Juv B  | 121158 | CIRL    | 6:04.96 L | 26.6.15  | Vila Franca de Xira (POR)      | 5:57.66 |
| 33   | Carolina Barros Domingos     | 02  | Juv B  | 126585 | SCP     | 5:58.21 S | 22.2.15  | S Antonio dos Cavaleiros (POR) | 5:58.21 |
| 34   | Patricia Marques Bacelar     | 02  | Juv B  | 122035 | GDSE    | 6:02.19 S | 22.11.14 | Alapraia (POR)                 | 6:02.19 |
| 35   | Carolina Morais Oliveira     | 02  | Juv B  | 125132 | CNA     | 6:02.90 S | 21.6.15  | Lisboa (POR)                   | 6:02.90 |
| 36   | Carolina Ganhao Ferro        | 02  | Juv B  | 126267 | GESL    | 6:03.59 S | 22.11.14 | Alapraia (POR)                 | 6:03.59 |
| 37   | Luana Correia Rodrigues      | 01  | Juv A  | 121504 | CNA     | 6:14.58 L | 12.4.15  | Oeiras (POR)                   | 6:07.08 |
| 38   | Mafalda Marques Pinto        | 02  | Juv B  | 125422 | SLB     | 6:11.19 S | 22.11.14 | Alapraia (POR)                 | 6:11.19 |
| 39   | Beatriz Seixas Goncalves     | 01  | Juv A  | 122060 | ADRCIMM | 6:11.99   |          |                                | 6:11.99 |
| 40   | Tatiana Raquel Pombo         | 01  | Juv A  | 121615 | ANSE    | 6:11.99   |          |                                | 6:11.99 |
| 41   | Maria Rodrigues Tome         | 01  | Juv A  | 121262 | CDOM    | 6:11.99   |          |                                | 6:11.99 |
| 42   | Adriana Nogueira Mascarenhas | 01  | Juv A  | 124319 | CNS     | 6:11.99   |          |                                | 6:11.99 |
| 43   | Liliana Simoes Romao         | 01  | Juv A  | 126179 | GESL    | 6:11.99   |          |                                | 6:11.99 |
| 44   | Bruna Paulo Lourenco         | 01  | Juv A  | 124955 | SCP     | 6:11.99   |          |                                | 6:11.99 |
| 45   | Catarina Pinho Estevez       | 02  | Juv B  | 124325 | CNS     | 6:14.62 S | 22.11.14 | Alapraia (POR)                 | 6:14.62 |
| 46   | Ana Raquel Graveto           | 02  | Juv B  | 129628 | SLB     | 6:17.08 S | 22.11.14 | Alapraia (POR)                 | 6:17.08 |
| 47   | Rita Costa Albuquerque       | 02  | Juv B  | 126828 | CDOM    | 6:19.05 S | 22.11.14 | Alapraia (POR)                 | 6:19.05 |
| 48   | Maria Mousinho Esteves       | 02  | Juv B  | 131944 | CNA     | 6:22.72   |          |                                | 6:22.72 |
| 49   | Alexandra Couto Frazao       | 02  | Juv B  | 125426 | CNA     | 6:22.72   |          |                                | 6:22.72 |
| 50   | Iolanda Sofia Clérigo        | 02  | Juv B  | 126878 | CNS     | 6:22.72   |          |                                | 6:22.72 |
| 51   | Daniela Ferreira Pinto       | 02  | Juv B  | 129225 | COL     | 6:22.72 S |          |                                | 6:22.72 |
| 52   | Lara Moutinho Silva          | 02  | Juv B  | 126286 | PDEM    | 6:22.72   |          |                                | 6:22.72 |
| 53   | Leticia Maia Andre           | 02  | Juv B  | 132801 | SFUAP   | 6:22.72   |          |                                | 6:22.72 |
| WDR  | Sara Alexandra Sousa         | 01  | Juv A  | 125345 | GESL    | 5:39.51 L | 12.4.15  | Oeiras (POR)                   | 5:32.72 |
| WDR  | Rita Figueiredo Narra        | 01  | Juv A  | 126465 | CNA     | 6:11.99 S |          |                                | 6:11.99 |
| WDR  | Sara Baptista Antunes        | 02  | Juv B  | 128754 | AEULCCD | 6:22.72   |          |                                | 6:22.72 |