

Prova 9

Masc., 1500m Livres

Absolutos

02.07.2026 - 17:07

Resultados

Rec Nacional Absoluto	15:15.12	Guilherme Filipe Pina	SCP	Coimbra	2017
Rec Nacional Sen	15:15.12	Guilherme Filipe Pina	SCP	Coimbra	2017
Rec Nacional Jun 18	15:23.46	Guilherme Filipe Pina	POR	Hodmezovasarhely (HUN)	2016
Rec Nacional Jun 17	15:42.78	Rui Silva Pereira	POR	Samorin (SVK)	2025
Rec Nacional Juv A	15:45.55	Gustavo Manuel Santa	POR	Tampere (FIN)	2009
Rec Nacional Juv B	16:11.75	Rui Silva Pereira	POR	Coimbra	2023

TAC Juv B: 19:29.36; Juv A: 18:44.38; Jun 17: 18:11.63; Jun 18: 17:50.23; 19: 17:29.24; 20 +: 17:18.75

Pontos: AQUA 2026

Pos.	Nadador			Ano	Clube				T.Inscr.		Tempo		Pts
Juvenis													
1.	Bernardo Goncalves Paulo			11	Soc.Filarmónica União A. Piedense				16:51.25		17:08.63		606
	Campeão Regional Juvenis B												
	100m:	1:05.08	1:05.08	500m:	5:41.98	1:09.17	900m:	10:19.06	1:09.21	1300m:	14:54.13	1:08.41	
	200m:	2:13.77	1:08.69	600m:	6:51.24	1:09.26	1000m:	11:28.67	1:09.61	1400m:	16:02.89	1:08.76	
	300m:	3:23.08	1:09.31	700m:	8:00.74	1:09.50	1100m:	12:36.98	1:08.31	1500m:	17:08.63	1:05.74	
	400m:	4:32.81	1:09.73	800m:	9:09.85	1:09.11	1200m:	13:45.72	1:08.74				
2.	Guilherme Valente Pereira			10	ADRCCI Monte Maior				16:58.11		17:22.61		582
	100m:	1:06.74	1:06.74	500m:	5:43.75	1:09.34	900m:	10:21.37	1:09.99	1300m:	15:04.30	1:10.86	
	200m:	2:16.66	1:09.92	600m:	6:52.59	1:08.84	1000m:	11:32.21	1:10.84	1400m:	16:15.39	1:11.09	
	300m:	3:25.64	1:08.98	700m:	8:02.29	1:09.70	1100m:	12:42.67	1:10.46	1500m:	17:22.61	1:07.22	
	400m:	4:34.41	1:08.77	800m:	9:11.38	1:09.09	1200m:	13:53.44	1:10.77				
3.	Ryan Lukas Desousa			11	Atlético Clube de Sintra				17:45.81		17:46.79		543
	100m:	1:04.56	1:04.56	500m:	5:49.73	1:11.39	900m:	10:38.05	1:12.53	1300m:	15:27.61	1:12.40	
	200m:	2:15.56	1:11.00	600m:	7:01.40	1:11.67	1000m:	11:50.72	1:12.67	1400m:	16:38.29	1:10.68	
	300m:	3:26.89	1:11.33	700m:	8:13.42	1:12.02	1100m:	13:03.02	1:12.30	1500m:	17:46.79	1:08.50	
	400m:	4:38.34	1:11.45	800m:	9:25.52	1:12.10	1200m:	14:15.21	1:12.19				

Juniores

1.	Tomas Augusto Reis			09	Clube Futebol Os Belenenses				18:11.64		17:09.57		604
	Campeão Regional Juniores												
	100m:	1:01.42	1:01.42	500m:	5:36.38	1:09.52	900m:	10:12.89	1:09.37	1300m:	14:51.35	1:09.79	
	200m:	2:09.50	1:08.08	600m:	6:45.31	1:08.93	1000m:	11:22.37	1:09.48	1400m:	16:01.63	1:10.28	
	300m:	3:17.84	1:08.34	700m:	7:54.53	1:09.22	1100m:	12:32.09	1:09.72	1500m:	17:09.57	1:07.94	
	400m:	4:26.86	1:09.02	800m:	9:03.52	1:08.99	1200m:	13:41.56	1:09.47				
2.	Rafael Lin Moniz			09	Palmela Desporto, E.M.				16:42.96		17:19.37		587
	100m:	1:04.61	1:04.61	500m:	5:39.00	1:08.76	900m:	10:18.32	1:10.75	1300m:	14:58.01	1:10.54	
	200m:	2:12.91	1:08.30	600m:	6:48.14	1:09.14	1000m:	11:28.70	1:10.38	1400m:	16:09.32	1:11.31	
	300m:	3:21.56	1:08.65	700m:	7:57.50	1:09.36	1100m:	12:38.01	1:09.31	1500m:	17:19.37	1:10.05	
	400m:	4:30.24	1:08.68	800m:	9:07.57	1:10.07	1200m:	13:47.47	1:09.46				
3.	Vasco Frischknecht Oliveira			08	Sport Lisboa e Benfica				16:53.75		17:22.98		581
	100m:	1:04.53	1:04.53	500m:	5:45.12	1:10.87	900m:	10:28.00	1:10.79	1300m:	15:08.64	1:10.76	
	200m:	2:14.20	1:09.67	600m:	6:55.61	1:10.49	1000m:	11:38.44	1:10.44	1400m:	16:17.11	1:08.47	
	300m:	3:24.12	1:09.92	700m:	8:06.53	1:10.92	1100m:	12:47.44	1:09.00	1500m:	17:22.98	1:05.87	
	400m:	4:34.25	1:10.13	800m:	9:17.21	1:10.68	1200m:	13:57.88	1:10.44				
4.	Afonso Santos Carromeu			09	Clube Naval Setubalense				17:33.77		17:53.25		533
	100m:	1:05.27	1:05.27	500m:	5:46.52	1:11.45	900m:	10:37.89	1:13.26	1300m:	15:29.45	1:12.72	
	200m:	2:15.38	1:10.11	600m:	6:58.70	1:12.18	1000m:	11:51.13	1:13.24	1400m:	16:41.95	1:12.50	
	300m:	3:25.25	1:09.87	700m:	8:11.11	1:12.41	1100m:	13:04.15	1:13.02	1500m:	17:53.25	1:11.30	
	400m:	4:35.07	1:09.82	800m:	9:24.63	1:13.52	1200m:	14:16.73	1:12.58				

Absolutos

1.	Rodrigo Onofre Matos			06	ADRCCI Monte Maior			16:34.62			16:53.06		634
	Campeão Regional Seniores												
	100m:	1:03.92	1:03.92	500m:	5:36.69	1:08.61	900m:	10:08.41	1:08.84	1300m:	14:38.91	1:07.89	
	200m:	2:11.37	1:07.45	600m:	6:43.91	1:07.22	1000m:	11:16.50	1:08.09	1400m:	15:46.67	1:07.76	
	300m:	3:19.74	1:08.37	700m:	7:51.72	1:07.81	1100m:	12:23.43	1:06.93	1500m:	16:53.06	1:06.39	
	400m:	4:28.08	1:08.34	800m:	8:59.57	1:07.85	1200m:	13:31.02	1:07.59				

Prova 9, Masc., 1500m Livres, Absolutos

Pos.	Nadador	Ano	Clube	T.Inscr.	Tempo	Pts
2.	Tomas Augusto Reis	09	Clube Futebol Os Belenenses	18:11.64	17:09.57	604
	100m: 1:01.42 1:01.42	500m: 5:36.38 1:09.52	900m: 10:12.89 1:09.37	1300m: 14:51.35 1:09.79		
	200m: 2:09.50 1:08.08	600m: 6:45.31 1:08.93	1000m: 11:22.37 1:09.48	1400m: 16:01.63 1:10.28		
	300m: 3:17.84 1:08.34	700m: 7:54.53 1:09.22	1100m: 12:32.09 1:09.72	1500m: 17:09.57 1:07.94		
	400m: 4:26.86 1:09.02	800m: 9:03.52 1:08.99	1200m: 13:41.56 1:09.47			
3.	Rafael Lin Moniz	09	Palmela Desporto, E.M.	16:42.96	17:19.37	587
	100m: 1:04.61 1:04.61	500m: 5:39.00 1:08.76	900m: 10:18.32 1:10.75	1300m: 14:58.01 1:10.54		
	200m: 2:12.91 1:08.30	600m: 6:48.14 1:09.14	1000m: 11:28.70 1:10.38	1400m: 16:09.32 1:11.31		
	300m: 3:21.56 1:08.65	700m: 7:57.50 1:09.36	1100m: 12:38.01 1:09.31	1500m: 17:19.37 1:10.05		
	400m: 4:30.24 1:08.68	800m: 9:07.57 1:10.07	1200m: 13:47.47 1:09.46			
4.	Vasco Frischknecht Oliveira	08	Sport Lisboa e Benfica	16:53.75	17:22.98	581
	100m: 1:04.53 1:04.53	500m: 5:45.12 1:10.87	900m: 10:28.00 1:10.79	1300m: 15:08.64 1:10.76		
	200m: 2:14.20 1:09.67	600m: 6:55.61 1:10.49	1000m: 11:38.44 1:10.44	1400m: 16:17.11 1:08.47		
	300m: 3:24.12 1:09.92	700m: 8:06.53 1:10.92	1100m: 12:47.44 1:09.00	1500m: 17:22.98 1:05.87		
	400m: 4:34.25 1:10.13	800m: 9:17.21 1:10.68	1200m: 13:57.88 1:10.44			
5.	Andre Correia Alves FTL (Fora Tempo Limite)	06	Sport Lisboa e Benfica	17:12.24	17:25.53	577
	100m: 1:04.94 1:04.94	500m: 5:45.01 1:10.38	900m: 10:27.92 1:10.72	1300m: 15:09.70 1:10.12		
	200m: 2:14.57 1:09.63	600m: 6:55.55 1:10.54	1000m: 11:38.84 1:10.92	1400m: 16:18.89 1:09.19		
	300m: 3:24.48 1:09.91	700m: 8:06.45 1:10.90	1100m: 12:49.03 1:10.19	1500m: 17:25.53 1:06.64		
	400m: 4:34.63 1:10.15	800m: 9:17.20 1:10.75	1200m: 13:59.58 1:10.55			
6.	Afonso Santos Carromeu	09	Clube Naval Setubalense	17:33.77	17:53.25	533
	100m: 1:05.27 1:05.27	500m: 5:46.52 1:11.45	900m: 10:37.89 1:13.26	1300m: 15:29.45 1:12.72		
	200m: 2:15.38 1:10.11	600m: 6:58.70 1:12.18	1000m: 11:51.13 1:13.24	1400m: 16:41.95 1:12.50		
	300m: 3:25.25 1:09.87	700m: 8:11.11 1:12.41	1100m: 13:04.15 1:13.02	1500m: 17:53.25 1:11.30		
	400m: 4:35.07 1:09.82	800m: 9:24.63 1:13.52	1200m: 14:16.73 1:12.58			
7.	Afonso Reis Campanico FTL (Fora Tempo Limite)	07	Clube de Instrucao e Recreio do Laranjeir	17:43.95	17:54.58	531
	100m: 1:06.04 1:06.04	500m: 5:53.35 1:11.74	900m: 10:42.72 1:12.11	1300m: 15:31.67 1:12.23		
	200m: 2:17.25 1:11.21	600m: 7:05.76 1:12.41	1000m: 11:55.32 1:12.60	1400m: 16:43.45 1:11.78		
	300m: 3:29.55 1:12.30	700m: 8:18.13 1:12.37	1100m: 13:07.31 1:11.99	1500m: 17:54.58 1:11.13		
	400m: 4:41.61 1:12.06	800m: 9:30.61 1:12.48	1200m: 14:19.44 1:12.13			