

Prova 10
02.07.2026 - 17:44

Femin., 800m Livres

Absolutos
Resultados

Rec Nacional Absoluto	8:29.33	Diana Margarida Duraes	POR	Tarragona (ESP)	2018
Rec Nacional Sen	8:29.33	Diana Margarida Duraes	POR	Tarragona (ESP)	2018
Rec Nacional Jun 18	8:38.40	Tamila Hryhorivna Holub	SCB		2017
Rec Nacional Jun 17	8:36.21	Tamila Hryhorivna Holub	SCB	Coimbra	2016
Rec Nacional Juv A	8:45.53	Tamila Hryhorivna Holub	SCB	Coimbra	2015
Rec Nacional Juv B	8:50.68	Tamila Hryhorivna Holub	SCB	Oeiras	2014

TAC Juv B: 11:13.87; Juv A: 10:47.96; Jun 17: 10:29.08; Jun 18: 10:16.75; 19: 10:04.66; 20 +: 9:58.61

Pontos: AQUA 2026

Pos.	Nadador	Ano	Clube	T.Inscr.	Tempo	Pts
Juvenis						
1.	Maria Rendeiro Correia <i>Campeão Regional Juvenis B</i>	11	Sport Alges e Dafundo	10:11.14	10:02.69	518
	100m: 1:10.95 1:10.95	300m: 3:43.06 1:16.36	500m: 6:15.06 1:15.71	700m: 8:47.85 1:16.34		
	200m: 2:26.70 1:15.75	400m: 4:59.35 1:16.29	600m: 7:31.51 1:16.45	800m: 10:02.69 1:14.84		
2.	Carmo Rosa Madeira	11	Clube de Instrucao e Recreio do Laranjeir	10:24.33	10:03.26	516
	100m: 1:11.80 1:11.80	300m: 3:43.60 1:16.04	500m: 6:14.92 1:15.59	700m: 8:48.46 1:17.27		
	200m: 2:27.56 1:15.76	400m: 4:59.33 1:15.73	600m: 7:31.19 1:16.27	800m: 10:03.26 1:14.80		
3.	Ana Filipa Serra	11	ADRCCI Monte Maior	9:54.17	10:16.97	483
	100m: 1:11.36 1:11.36	300m: 3:42.62 1:15.80	500m: 6:16.70 1:17.76	700m: 8:58.30 1:20.68		
	200m: 2:26.82 1:15.46	400m: 4:58.94 1:16.32	600m: 7:37.62 1:20.92	800m: 10:16.97 1:18.67		
4.	Laura Aguiar Bergamo	11	Sport Alges e Dafundo	10:21.78	10:22.88	469
	100m: 1:13.59 1:13.59	300m: 3:46.36 1:16.02	500m: 6:25.12 1:19.94	700m: 9:04.86 1:20.05		
	200m: 2:30.34 1:16.75	400m: 5:05.18 1:18.82	600m: 7:44.81 1:19.69	800m: 10:22.88 1:18.02		

Juniores

1.	Joana Pontes Prior <i>Campeão Regional Juniores</i>	08	Clube de Instrucao e Recreio do Laranjeir	10:01.67	10:12.87	492
	100m: 1:13.26 1:13.26	300m: 3:46.85 1:17.01	500m: 6:20.65 1:17.25	700m: 8:55.54 1:17.65		
	200m: 2:29.84 1:16.58	400m: 5:03.40 1:16.55	600m: 7:37.89 1:17.24	800m: 10:12.87 1:17.33		

Absolutos

1.	Maria Ornelas Armas <i>Campeão Regional Seniores</i>	98	ADRCCI Monte Maior	9:18.46	9:46.28	563
	100m: 1:08.30 1:08.30	300m: 3:34.68 1:13.60	500m: 6:02.55 1:14.08	700m: 8:32.19 1:14.75		
	200m: 2:21.08 1:12.78	400m: 4:48.47 1:13.79	600m: 7:17.44 1:14.89	800m: 9:46.28 1:14.09		
2.	Marta Lima Pimentel	04	ADRCCI Monte Maior	9:40.47	9:51.92	547
	100m: 1:09.74 1:09.74	300m: 3:38.21 1:14.54	500m: 6:07.85 1:14.83	700m: 8:38.11 1:15.15		
	200m: 2:23.67 1:13.93	400m: 4:53.02 1:14.81	600m: 7:22.96 1:15.11	800m: 9:51.92 1:13.81		
3.	Joana Pontes Prior	08	Clube de Instrucao e Recreio do Laranjeir	10:01.67	10:12.87	492
	100m: 1:13.26 1:13.26	300m: 3:46.85 1:17.01	500m: 6:20.65 1:17.25	700m: 8:55.54 1:17.65		
	200m: 2:29.84 1:16.58	400m: 5:03.40 1:16.55	600m: 7:37.89 1:17.24	800m: 10:12.87 1:17.33		