

Torn. Nadador Completo Juvenis Fem
Femin., Juvenis B

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|--------------------------------|---------------------|---------------------|---------------------|---|
| 1. Margarida Ferreira Moura | 11 | Sporting | 2742 | 5 |
| 200 Est 2:24.43 597 | 100 Liv 59.86 591 | 100 Mar 1:04.69 540 | 100 Bru 1:17.68 517 | |
| 100 Cos 1:08.16 497 | | | | |
| 2. Margarida Almeida Ferreira | 11 | Sporting | 2521 | 5 |
| 100 Liv 1:00.92 561 | 200 Est 2:28.35 551 | 100 Mar 1:06.85 490 | 100 Cos 1:08.96 480 | |
| 100 Bru 1:22.04 439 | | | | |
| 3. Katie Louise Buckley | 11 | Alges | 2375 | 5 |
| 100 Liv 1:00.40 575 | 100 Cos 1:08.07 499 | 200 Est 2:34.45 488 | 100 Mar 1:08.01 465 | |
| 100 Bru 1:28.64 348 | | | | |
| 4. Ines Silva Paiva | 11 | ADRCC Monte Maior | 2323 | 5 |
| 100 Liv 1:01.63 542 | 200 Est 2:35.06 482 | 100 Cos 1:09.52 469 | 100 Mar 1:09.55 435 | |
| 100 Bru 1:24.97 395 | | | | |
| 5. Francisca Meneses Goncalves | 11 | Benfica | 2321 | 5 |
| 100 Liv 1:02.09 530 | 200 Est 2:32.71 505 | 100 Cos 1:09.63 466 | 100 Mar 1:10.84 411 | |
| 100 Bru 1:23.96 409 | | | | |
| 6. Ana Filipa Serra | 11 | ADRCC Monte Maior | 2284 | 5 |
| 200 Est 2:32.78 504 | 100 Liv 1:03.75 489 | 100 Bru 1:19.40 484 | 100 Cos 1:11.06 439 | |
| 100 Mar 1:13.55 368 | | | | |
| 7. Rafaela Marreiros Oliveira | 11 | Palmela Desporto | 2119 | 5 |
| 100 Liv 1:04.08 482 | 200 Est 2:38.09 455 | 100 Mar 1:10.76 413 | 100 Bru 1:24.22 405 | |
| 100 Cos 1:15.63 364 | | | | |
| 8. Madalena Ferreira Baldo | 11 | ADRCC Monte Maior | 2080 | 5 |
| 100 Liv 1:03.66 491 | 100 Bru 1:21.46 448 | 200 Est 2:40.72 433 | 100 Cos 1:14.75 377 | |
| 100 Mar 1:16.13 331 | | | | |
| 9. Varvara Hurynovich | 11 | Alges | 2072 | 5 |
| 200 Est 2:35.76 476 | 100 Liv 1:05.51 451 | 100 Bru 1:23.22 420 | 100 Mar 1:11.90 393 | |
| 100 Cos 1:17.99 332 | | | | |
| 10. Francisca Cunha Monteiro | 11 | Benfica | 1987 | 5 |
| 100 Liv 1:05.36 454 | 200 Est 2:38.74 449 | 100 Cos 1:14.65 378 | 100 Mar 1:14.57 353 | |
| 100 Bru 1:28.23 353 | | | | |
| 11. Matilde Bento Pereira | 11 | Benfica | 1981 | 5 |
| 100 Bru 1:17.93 512 | 200 Est 2:40.56 434 | 100 Liv 1:08.03 403 | 100 Cos 1:17.61 337 | |
| 100 Mar 1:19.12 295 | | | | |
| 12. Carmo Rosa Madeira | 11 | Laranjeiro | 1960 | 5 |
| 100 Liv 1:03.88 486 | 200 Est 2:45.10 399 | 100 Mar 1:12.24 388 | 100 Bru 1:27.48 362 | |
| 100 Cos 1:18.56 325 | | | | |
| Carolina Melo Camejo | 11 | Sporting | 1960 | 5 |
| 100 Liv 1:03.93 485 | 200 Est 2:41.05 430 | 100 Cos 1:13.27 400 | 100 Mar 1:16.50 327 | |
| 100 Bru 1:31.30 318 | | | | |
| 14. Maria Rita Rocha | 11 | Oriental de Lisboa | 1938 | 5 |
| 100 Bru 1:22.81 427 | 200 Est 2:42.50 419 | 100 Liv 1:08.24 399 | 100 Cos 1:15.30 369 | |
| 100 Mar 1:16.70 324 | | | | |
| 15. Ana Mao de Ferro | 11 | Sporting | 1813 | 5 |
| 100 Liv 1:06.57 430 | 100 Cos 1:11.69 427 | 200 Est 2:47.86 380 | 100 Bru 1:33.39 297 | |
| 100 Mar 1:20.60 279 | | | | |

 Resultados online: anlisboa.info/live

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| 16. Carolina Pinto Fonseca | 11 | Fisica Torres Vedras | 1777 | 5 |
| 100 Liv 1:07.21 417 | 200 Est 2:46.55 389 | 100 Mar 1:14.43 355 | 100 Cos 1:19.27 316 | |
| 100 Bru 1:33.13 300 | | | | |
| 17. Raquel Silva Delgadinho | 11 | Palmela Desporto | 1728 | 5 |
| 100 Liv 1:08.02 403 | 200 Est 2:46.08 392 | 100 Cos 1:15.40 367 | 100 Bru 1:33.90 292 | |
| 100 Mar 1:21.06 274 | | | | |
| 18. Nicole Magali Graca | 11 | Gesloures | 1638 | 5 |
| 100 Liv 1:08.00 403 | 200 Est 2:55.50 332 | 100 Mar 1:16.49 327 | 100 Cos 1:20.28 304 | |
| 100 Bru 1:36.20 272 | | | | |
| 19. Cloe Sempere | 11 | União Piedense | 1397 | 5 |
| 100 Liv 1:05.97 441 | 100 Mar 1:15.49 340 | 100 Cos 1:19.32 315 | 100 Bru 1:33.04 301 | |
| 200 Est - | | | | |
| 20. Joana Raquel Dinis | 11 | ACSintra | 1139 | 5 |
| 100 Bru 1:34.59 286 | 200 Est 3:10.75 259 | 100 Liv 1:19.00 257 | 100 Cos 1:33.17 194 | |
| 100 Mar 1:40.68 143 | | | | |
| 21. Maria Fatima Pagani | 11 | Bombeiros dos Estoris | 931 | 3 |
| 100 Bru 1:27.87 357 | 100 Liv 1:11.24 350 | 100 Mar 1:26.76 224 | | |

Femin., Juvenis A

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|-----------------------------|---------------------|-----------------------|---------------------|---|
| 1. Rita Canas Brito | 10 | Naval Setubalense | 2773 | 5 |
| 200 Est 2:25.22 587 | 100 Bru 1:14.51 586 | 100 Liv 1:00.50 572 | 100 Mar 1:05.77 514 | |
| 100 Cos 1:07.42 514 | | | | |
| 2. Carolina Sofia Martins | 10 | Palmela Desporto | 2473 | 5 |
| 100 Liv 1:00.89 562 | 200 Est 2:30.66 526 | 100 Mar 1:07.27 481 | 100 Bru 1:20.88 458 | |
| 100 Cos 1:10.66 446 | | | | |
| 3. Marina Salles Mendonca | 10 | Sporting | 2392 | 5 |
| 100 Liv 1:02.41 521 | 200 Est 2:33.94 493 | 100 Bru 1:19.19 488 | 100 Cos 1:09.32 473 | |
| 100 Mar 1:10.54 417 | | | | |
| 4. Beatriz Costa Diniz | 10 | Sporting | 2199 | 5 |
| 200 Est 2:33.21 500 | 100 Liv 1:04.03 483 | 100 Mar 1:09.70 432 | 100 Bru 1:23.68 413 | |
| 100 Cos 1:15.14 371 | | | | |
| 5. Ana Nabais Mendes | 10 | Laranjeiro | 2135 | 5 |
| 100 Liv 1:04.13 481 | 200 Est 2:37.24 462 | 100 Cos 1:10.37 452 | 100 Bru 1:26.52 374 | |
| 100 Mar 1:13.64 366 | | | | |
| 6. Jessica Bernardino Lopes | 10 | Fisica Torres Vedras | 2075 | 5 |
| 200 Est 2:36.73 467 | 100 Bru 1:20.77 460 | 100 Liv 1:05.79 445 | 100 Cos 1:14.42 382 | |
| 100 Mar 1:16.91 321 | | | | |
| 7. Mariana Varela Costa | 10 | Sporting | 1907 | 5 |
| 100 Liv 1:07.19 418 | 200 Est 2:43.45 412 | 100 Cos 1:14.46 381 | 100 Bru 1:27.83 357 | |
| 100 Mar 1:15.54 339 | | | | |
| 8. Bruna Sofia Simoes | 10 | Sporting | 1905 | 5 |
| 100 Liv 1:04.97 462 | 100 Cos 1:13.08 403 | 200 Est 2:46.88 387 | 100 Bru 1:27.61 360 | |
| 100 Mar 1:19.34 293 | | | | |
| 9. Maria Francisca Moreira | 10 | Bombeiros dos Estoris | 1832 | 5 |
| 100 Cos 1:11.95 423 | 100 Liv 1:08.01 403 | 200 Est 2:48.68 374 | 100 Bru 1:31.36 318 | |
| 100 Mar 1:17.52 314 | | | | |
| 10. Beatriz Paiva Branco | 10 | Laranjeiro | 1830 | 5 |
| 200 Est 2:42.41 420 | 100 Liv 1:07.81 406 | 100 Bru 1:24.93 395 | 100 Cos 1:19.57 312 | |
| 100 Mar 1:18.93 297 | | | | |

 Resultados online: anlisboa.info/live

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|---------------------------|---------------------|--------------------------|---------------------|---|
| 11. Joana Alexandra Silva | 10 | CPCD Póvoa de Santa Iria | 1696 | 5 |
| 100 Liv 1:07.77 407 | 200 Est 2:48.15 378 | 100 Cos 1:16.26 355 | 100 Mar 1:20.07 285 | |
| 100 Bru 1:36.31 271 | | | | |

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| 12. Rita Braga Gomes | 10 | Alges | 1293 | 3 |
| 100 Mar 1:08.81 449 | 100 Liv 1:05.91 443 | 100 Bru 1:24.56 401 | | |

Femin., Juvenis

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|---------------------|---------------------|---------------------|---------------------|---|
| 1. Rita Canas Brito | 10 | Naval Setubalense | 2773 | 5 |
| 200 Est 2:25.22 587 | 100 Bru 1:14.51 586 | 100 Liv 1:00.50 572 | 100 Mar 1:05.77 514 | |
| 100 Cos 1:07.42 514 | | | | |

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|-----------------------------|-------------------|---------------------|---------------------|---|
| 2. Margarida Ferreira Moura | 11 | Sporting | 2742 | 5 |
| 200 Est 2:24.43 597 | 100 Liv 59.86 591 | 100 Mar 1:04.69 540 | 100 Bru 1:17.68 517 | |
| 100 Cos 1:08.16 497 | | | | |

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|-------------------------------|---------------------|---------------------|---------------------|---|
| 3. Margarida Almeida Ferreira | 11 | Sporting | 2521 | 5 |
| 100 Liv 1:00.92 561 | 200 Est 2:28.35 551 | 100 Mar 1:06.85 490 | 100 Cos 1:08.96 480 | |
| 100 Bru 1:22.04 439 | | | | |

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|---------------------------|---------------------|---------------------|---------------------|---|
| 4. Carolina Sofia Martins | 10 | Palmela Desporto | 2473 | 5 |
| 100 Liv 1:00.89 562 | 200 Est 2:30.66 526 | 100 Mar 1:07.27 481 | 100 Bru 1:20.88 458 | |
| 100 Cos 1:10.66 446 | | | | |

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|---------------------------|---------------------|---------------------|---------------------|---|
| 5. Marina Salles Mendonca | 10 | Sporting | 2392 | 5 |
| 100 Liv 1:02.41 521 | 200 Est 2:33.94 493 | 100 Bru 1:19.19 488 | 100 Cos 1:09.32 473 | |
| 100 Mar 1:10.54 417 | | | | |

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|-------------------------|---------------------|---------------------|---------------------|---|
| 6. Katie Louise Buckley | 11 | Alges | 2375 | 5 |
| 100 Liv 1:00.40 575 | 100 Cos 1:08.07 499 | 200 Est 2:34.45 488 | 100 Mar 1:08.01 465 | |
| 100 Bru 1:28.64 348 | | | | |

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| 7. Ines Silva Paiva | 11 | ADRCC Monte Maior | 2323 | 5 |
| 100 Liv 1:01.63 542 | 200 Est 2:35.06 482 | 100 Cos 1:09.52 469 | 100 Mar 1:09.55 435 | |
| 100 Bru 1:24.97 395 | | | | |

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|--------------------------------|---------------------|---------------------|---------------------|---|
| 8. Francisca Meneses Goncalves | 11 | Benfica | 2321 | 5 |
| 100 Liv 1:02.09 530 | 200 Est 2:32.71 505 | 100 Cos 1:09.63 466 | 100 Mar 1:10.84 411 | |
| 100 Bru 1:23.96 409 | | | | |

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| 9. Ana Filipa Serra | 11 | ADRCC Monte Maior | 2284 | 5 |
| 200 Est 2:32.78 504 | 100 Liv 1:03.75 489 | 100 Bru 1:19.40 484 | 100 Cos 1:11.06 439 | |
| 100 Mar 1:13.55 368 | | | | |

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|-------------------------|---------------------|---------------------|---------------------|---|
| 10. Beatriz Costa Diniz | 10 | Sporting | 2199 | 5 |
| 200 Est 2:33.21 500 | 100 Liv 1:04.03 483 | 100 Mar 1:09.70 432 | 100 Bru 1:23.68 413 | |
| 100 Cos 1:15.14 371 | | | | |

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|-----------------------|---------------------|---------------------|---------------------|---|
| 11. Ana Nabais Mendes | 10 | Laranjeiro | 2135 | 5 |
| 100 Liv 1:04.13 481 | 200 Est 2:37.24 462 | 100 Cos 1:10.37 452 | 100 Bru 1:26.52 374 | |
| 100 Mar 1:13.64 366 | | | | |

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|--------------------------------|---------------------|---------------------|---------------------|---|
| 12. Rafaela Marreiros Oliveira | 11 | Palmela Desporto | 2119 | 5 |
| 100 Liv 1:04.08 482 | 200 Est 2:38.09 455 | 100 Mar 1:10.76 413 | 100 Bru 1:24.22 405 | |
| 100 Cos 1:15.63 364 | | | | |

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|-----------------------------|---------------------|---------------------|---------------------|---|
| 13. Madalena Ferreira Baldo | 11 | ADRCC Monte Maior | 2080 | 5 |
| 100 Liv 1:03.66 491 | 100 Bru 1:21.46 448 | 200 Est 2:40.72 433 | 100 Cos 1:14.75 377 | |
| 100 Mar 1:16.13 331 | | | | |

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|------------------------------|---------------------|----------------------|---------------------|---|
| 14. Jessica Bernardino Lopes | 10 | Fisica Torres Vedras | 2075 | 5 |
| 200 Est 2:36.73 467 | 100 Bru 1:20.77 460 | 100 Liv 1:05.79 445 | 100 Cos 1:14.42 382 | |
| 100 Mar 1:16.91 321 | | | | |

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|------------------------------|---------------------|--------------------------|---------------------|---|
| 15. Varvara Hurynovich | 11 | Alges | 2072 | 5 |
| 200 Est 2:35.76 476 | 100 Liv 1:05.51 451 | 100 Bru 1:23.22 420 | 100 Mar 1:11.90 393 | |
| 100 Cos 1:17.99 332 | | | | |
| 16. Francisca Cunha Monteiro | 11 | Benfica | 1987 | 5 |
| 100 Liv 1:05.36 454 | 200 Est 2:38.74 449 | 100 Cos 1:14.65 378 | 100 Mar 1:14.57 353 | |
| 100 Bru 1:28.23 353 | | | | |
| 17. Matilde Bento Pereira | 11 | Benfica | 1981 | 5 |
| 100 Bru 1:17.93 512 | 200 Est 2:40.56 434 | 100 Liv 1:08.03 403 | 100 Cos 1:17.61 337 | |
| 100 Mar 1:19.12 295 | | | | |
| 18. Carmo Rosa Madeira | 11 | Laranjeiro | 1960 | 5 |
| 100 Liv 1:03.88 486 | 200 Est 2:45.10 399 | 100 Mar 1:12.24 388 | 100 Bru 1:27.48 362 | |
| 100 Cos 1:18.56 325 | | | | |
| Carolina Melo Camejo | 11 | Sporting | 1960 | 5 |
| 100 Liv 1:03.93 485 | 200 Est 2:41.05 430 | 100 Cos 1:13.27 400 | 100 Mar 1:16.50 327 | |
| 100 Bru 1:31.30 318 | | | | |
| 20. Maria Rita Rocha | 11 | Oriental de Lisboa | 1938 | 5 |
| 100 Bru 1:22.81 427 | 200 Est 2:42.50 419 | 100 Liv 1:08.24 399 | 100 Cos 1:15.30 369 | |
| 100 Mar 1:16.70 324 | | | | |
| 21. Mariana Varela Costa | 10 | Sporting | 1907 | 5 |
| 100 Liv 1:07.19 418 | 200 Est 2:43.45 412 | 100 Cos 1:14.46 381 | 100 Bru 1:27.83 357 | |
| 100 Mar 1:15.54 339 | | | | |
| 22. Bruna Sofia Simoes | 10 | Sporting | 1905 | 5 |
| 100 Liv 1:04.97 462 | 100 Cos 1:13.08 403 | 200 Est 2:46.88 387 | 100 Bru 1:27.61 360 | |
| 100 Mar 1:19.34 293 | | | | |
| 23. Maria Francisca Moreira | 10 | Bombeiros dos Estoris | 1832 | 5 |
| 100 Cos 1:11.95 423 | 100 Liv 1:08.01 403 | 200 Est 2:48.68 374 | 100 Bru 1:31.36 318 | |
| 100 Mar 1:17.52 314 | | | | |
| 24. Beatriz Paiva Branco | 10 | Laranjeiro | 1830 | 5 |
| 200 Est 2:42.41 420 | 100 Liv 1:07.81 406 | 100 Bru 1:24.93 395 | 100 Cos 1:19.57 312 | |
| 100 Mar 1:18.93 297 | | | | |
| 25. Ana Mao de Ferro | 11 | Sporting | 1813 | 5 |
| 100 Liv 1:06.57 430 | 100 Cos 1:11.69 427 | 200 Est 2:47.86 380 | 100 Bru 1:33.39 297 | |
| 100 Mar 1:20.60 279 | | | | |
| 26. Carolina Pinto Fonseca | 11 | Fisica Torres Vedras | 1777 | 5 |
| 100 Liv 1:07.21 417 | 200 Est 2:46.55 389 | 100 Mar 1:14.43 355 | 100 Cos 1:19.27 316 | |
| 100 Bru 1:33.13 300 | | | | |
| 27. Raquel Silva Delgadinho | 11 | Palmela Desporto | 1728 | 5 |
| 100 Liv 1:08.02 403 | 200 Est 2:46.08 392 | 100 Cos 1:15.40 367 | 100 Bru 1:33.90 292 | |
| 100 Mar 1:21.06 274 | | | | |
| 28. Joana Alexandra Silva | 10 | CPCD Póvoa de Santa Iria | 1696 | 5 |
| 100 Liv 1:07.77 407 | 200 Est 2:48.15 378 | 100 Cos 1:16.26 355 | 100 Mar 1:20.07 285 | |
| 100 Bru 1:36.31 271 | | | | |
| 29. Nicole Magali Graca | 11 | Gesloures | 1638 | 5 |
| 100 Liv 1:08.00 403 | 200 Est 2:55.50 332 | 100 Mar 1:16.49 327 | 100 Cos 1:20.28 304 | |
| 100 Bru 1:36.20 272 | | | | |
| 30. Cloe Sempere | 11 | União Piedense | 1397 | 5 |
| 100 Liv 1:05.97 441 | 100 Mar 1:15.49 340 | 100 Cos 1:19.32 315 | 100 Bru 1:33.04 301 | |
| 200 Est - | | | | |
| 31. Joana Raquel Dinis | 11 | ACSintra | 1139 | 5 |
| 100 Bru 1:34.59 286 | 200 Est 3:10.75 259 | 100 Liv 1:19.00 257 | 100 Cos 1:33.17 194 | |
| 100 Mar 1:40.68 143 | | | | |

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| 32. Rita Braga Gomes | | | | | | 10 | Alges | | | | | 1293 | 3 |
| 100 Mar 1:08.81 449 | 100 Liv 1:05.91 443 | | | | | | 100 Bru 1:24.56 401 | | | | | | |
| 33. Maria Fatima Pagani | | | | | | 11 | Bombeiros dos Estoris | | | | | 931 | 3 |
| 100 Bru 1:27.87 357 | 100 Liv 1:11.24 350 | | | | | | 100 Mar 1:26.76 224 | | | | | | |

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