

Prova 1  
14.11.2025 - 15:30

Femin., 400m Estilos

Absolutos  
Startlist

|                     |         |                        |       |                  |      |
|---------------------|---------|------------------------|-------|------------------|------|
| Rec Regional Abs    | 4:36.19 | Victoria Kaminskaya    | ESJB  | Copenhagen (DEN) | 2017 |
| Rec Nacional Abs    | 4:36.19 | Victoria Kaminskaya    | POR   | Copenhagen (DEN) | 2017 |
| Rec Nacional Sen    | 4:36.19 | Victoria Kaminskaya    | POR   | Copenhagen (DEN) | 2017 |
| Rec Nacional Jun 18 | 4:41.02 | Victoria Kaminskaya    | PMP   | Porto            | 2012 |
| Rec Nacional Jun 17 | 4:46.89 | Ines Neto Rocha        | CAP   | Felgueiras       | 2018 |
| Rec Nacional Juv A  | 4:50.85 | Diana Margarida Duraes | FOCA  | Silves           | 2011 |
| Rec Nacional Juv B  | 4:51.85 | Ana Claudia Santos     | SFUAP | Setubal          | 2004 |

Mínimo Participação Juv B: 6:09.49; Juv A: 5:55.28; Jun 17: 5:44.93; Jun 18: 5:38.17; 19: 5:31.54; 20 +: 5:28.22

| Pista                      | Nadador                    | Categ. | Clube   | Obs. | Tempo   | Inscr. |         |         |
|----------------------------|----------------------------|--------|---------|------|---------|--------|---------|---------|
| <b>Série 1 de 4, 15:30</b> |                            |        |         |      |         |        |         |         |
| 1                          | Ana Filipa Serra           | Juv B  | ADRCIMM |      | 5:17.13 |        | :_:_.:_ | :_:_.:_ |
| 2                          | Marta Lima Pimentel        | Sen    | ADRCIMM |      | 5:15.58 |        | :_:_.:_ | :_:_.:_ |
| 3                          | Margarida Ferreira Moura   | Juv B  | SCP     |      | 5:12.08 |        | :_:_.:_ | :_:_.:_ |
| 4                          | Catarina Alexandra Alves   | Sen    | GESL    |      | 5:06.65 |        | :_:_.:_ | :_:_.:_ |
| 5                          | Raquel Sofia Bras          | Jun    | CFB     |      | 5:07.29 |        | :_:_.:_ | :_:_.:_ |
| 6                          | Matilde Lopes Fialho       | Jun    | PDEM    |      | 5:14.83 |        | :_:_.:_ | :_:_.:_ |
| 7                          | Rita Braga Gomes           | Juv A  | SAD     |      | 5:16.62 |        | :_:_.:_ | :_:_.:_ |
| 8                          | Rita Canas Brito           | Juv A  | CNS     |      | 5:20.89 |        | :_:_.:_ | :_:_.:_ |
| <b>Série 2 de 4, 15:36</b> |                            |        |         |      |         |        |         |         |
| 1                          | Beatriz Costa Diniz        | Juv A  | SCP     |      | 5:31.42 |        | :_:_.:_ | :_:_.:_ |
| 2                          | Margarida Almeida Ferreira | Juv B  | SCP     |      | 5:28.77 |        | :_:_.:_ | :_:_.:_ |
| 3                          | Beatriz Ferreira Batista   | Jun    | CPCD    |      | 5:25.25 |        | :_:_.:_ | :_:_.:_ |
| 4                          | Carolina Escrevente Guerra | Juv A  | SAD     |      | 5:23.75 |        | :_:_.:_ | :_:_.:_ |
| 5                          | Laura Aguiar Bergamo       | Juv B  | SAD     |      | 5:24.86 |        | :_:_.:_ | :_:_.:_ |
| 6                          | Carolina Sofia Martins     | Juv A  | PDEM    |      | 5:27.76 |        | :_:_.:_ | :_:_.:_ |
| 7                          | Sara Sofia Alves           | Sen    | PDEM    | DNS  | 5:28.94 |        | :_:_.:_ | :_:_.:_ |
| 8                          | Maria Rendeiro Correia     | Juv B  | SAD     |      | 5:32.32 |        | :_:_.:_ | :_:_.:_ |
| <b>Série 3 de 4, 15:42</b> |                            |        |         |      |         |        |         |         |
| 2                          | Francisca Cunha Monteiro   | Juv B  | SLB     |      | 5:45.14 |        | :_:_.:_ | :_:_.:_ |
| 3                          | Ines Freitas Abrantes      | Juv B  | ADRCIMM |      | 5:35.20 |        | :_:_.:_ | :_:_.:_ |
| 4                          | Varvara Hurynovich         | Juv B  | SAD     |      | 5:33.22 |        | :_:_.:_ | :_:_.:_ |
| 5                          | Luisa Anjos Frischknecht   | Juv A  | CNS     |      | 5:34.98 |        | :_:_.:_ | :_:_.:_ |
| 6                          | Maria Madalena Monteiro    | Jun    | CNTN    | EXH  | 5:35.73 |        | :_:_.:_ | :_:_.:_ |
| 7                          | Carolina Melo Camejo       | Juv B  | SCP     |      | 5:47.00 |        | :_:_.:_ | :_:_.:_ |
| <b>Série 4 de 4, 15:49</b> |                            |        |         |      |         |        |         |         |
| 3                          | Raquel Silva Delgadinho    | Juv B  | PDEM    |      | 6:04.88 |        | :_:_.:_ | :_:_.:_ |
| 4                          | Ana Mao de Ferro           | Juv B  | SCP     |      | 6:00.32 |        | :_:_.:_ | :_:_.:_ |
| 5                          | Vitoria Alves Penedo       | Juv B  | PDEM    |      | 6:01.96 |        | :_:_.:_ | :_:_.:_ |

Resultados online: [anlisboa.pt/live](https://anlisboa.pt/live)