

Prova 11

15.11.2025 - 9:00

Femin., 200m Livres

Absolutos

Resultados

Rec Regional Abs	1:58.62	Diana Margarida Duraes	SLB	Copenhagen (DEN)	2017
Rec Nacional Abs	1:55.91	Francisca Soares Martins	FOCA	Felgueiras	2025
Rec Nacional Sen	1:55.91	Francisca Soares Martins	FOCA	Felgueiras	2025
Rec Nacional Jun 18	1:59.25	Francisca Soares Martins	FOCA	Felgueiras	2021
Rec Nacional Jun 17	1:59.62	Leticia Maia Andre	SLB	Felgueiras	2018
Rec Nacional Juv A	2:01.12	Francisca Soares Martins	FOCA	Felgueiras	2019
Rec Nacional Juv B	2:03.90	Maria Ferreira Moura	SCP	Algés	2019

Mínimo Participação Juv B: 2:34.35; Juv A: 2:28.42; Jun 17: 2:24.10; Jun 18: 2:21.27; 19: 2:18.50; 20 +: 2:17.12

Pontos: AQUA 2025

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	50m	100m	150m	200m
Juvenis B										
1.	Margarida Almeida Ferreira	11	SCP	2:13.88	2:12.24	580	31.67	33.44	33.72	33.41
2.	Katie Louise Buckley	11	SAD	2:17.53	2:18.06	510	31.71	34.81	35.92	35.62
3.	Lara Nobre Semiao	11	FS	2:19.52	2:19.68	492	32.14	36.17	36.63	34.74
4.	Carmo Rosa Madeira	11	CIRL	2:19.23	2:20.03	488	31.63	35.40	37.02	35.98
5.	Ana Mao de Ferro	11	SCP	2:20.62	2:21.26	476	32.39	35.42	36.77	36.68
6.	Madalena Correia Gomes	11	ADRCIMM	2:22.90	2:22.22	466	32.88	34.99	37.35	37.00
7.	Natalia Landa Paredes	11	FS	2:24.23	2:26.86	423	33.37	36.30	38.52	38.67
8.	Cloe Sempere	11	SFUAP	2:29.40	2:27.21	420	33.12	37.07	38.89	38.13
9.	Raquel Silva Delgadinho	11	PDEM	2:25.24	2:27.38	419	33.27	37.60	38.68	37.83
10.	Madalena Maia Ferreira	11	SAD	2:35.46	2:29.86	398	33.90	37.97	38.95	39.04
11.	Catarina Ribeiro Fernandez	11	GESL	2:33.83	2:31.86	383	34.51	38.62	39.89	38.84
12.	Rita Ribeiro Pereira	11	SLB	2:33.41	2:32.08	381	33.17	38.90	40.75	39.26

Juvenis A

1.	Victoria Sales Proenca	10	SLB	2:14.03	2:14.27	554	31.12	33.80	34.60	34.75
2.	Carolina Sofia Martins	10	PDEM	2:17.10	2:16.75	524	30.95	34.35	35.82	35.63
3.	Beatriz Paiva Branco	10	CIRL	2:16.44	2:19.79	491	31.92	35.10	36.74	36.03
4.	Alice Fernandes Rodrigues	10	GESL	2:23.40	2:21.17	477	31.61	35.51	37.42	36.63
5.	Mariana Varela Costa	10	SCP	2:23.10	2:21.88	469	32.42	35.26	36.82	37.38
6.	Maria Francisca Moreira	10	AHBE	2:23.29	2:23.74	451	32.05	35.86	38.11	37.72
7.	Madalena Pereira Arede	10	SCP	2:25.78	2:24.38	445	32.82	36.85	37.94	36.77
8.	Bruna Sofia Simoes	10	SCP	2:19.42	2:26.25	429	32.15	36.12	38.28	39.70
9.	Monica Bexiga Brehm	10	COL	2:29.35	2:30.67	392	33.11	38.41	40.35	38.80

Fora Tempo Acesso

Juniores

1.	Carolina Marques Madeira	09	CNN	2:12.22	2:11.53	589	30.84	32.99	33.66	34.04
<i>Campeã Regional</i>										
2.	Marcia Guerreiro Castilho	09	CIRL	2:13.83	2:13.38	565	30.83	33.61	34.68	34.26
3.	Sofia Monteiro Uva	09	SAD	2:12.51	2:13.62	562	30.74	34.20	34.83	33.85
4.	Teresa Oliveira Santos	08	SAD	2:12.81	2:14.77	548	30.90	33.72	34.82	35.33
5.	Beatriz Silva Jordao	09	CFB	2:15.39	2:17.25	519	32.42	33.96	35.01	35.86
6.	Maria Luisa Dinis	09	SAD	2:16.74	2:18.52	505	31.48	34.68	35.92	36.44
7.	Marta Matos Laranjeira	08	AEFDTV	2:16.19	2:20.69	482	31.65	35.02	36.54	37.48
	Raquel Sofia Bras	09	CFB	2:16.56	2:20.69	482	32.03	35.72	36.53	36.41
9.	Constanca Lopes Cruz	09	ADRCIMM	2:21.74	2:23.03	458	33.26	36.06	37.18	36.53

Seniores

1.	Rita Barros Frischknecht	98	SLB	1:59.84	2:00.94	758	27.65	30.37	31.44	31.48
<i>Campeã Regional</i>										
2.	Maria Ornelas Armas	98	ADRCIMM	2:09.34	2:06.56	662	30.12	31.41	32.56	32.47
3.	Mariana Marques Mercedes	03	GESL	2:10.76	2:09.75	614	29.40	32.02	33.86	34.47
4.	Bruna Martins Riesenberger	97	CIRL	2:09.05	2:10.04	610	30.12	32.65	33.52	33.75
5.	Leonor Carvalho Oliveira	07	CNS	2:10.96	2:10.37	605	29.27	31.93	34.03	35.14

Resultados online: anlisboa.pt/live

Prova 11, Femin., 200m Livres, Seniores

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	50m	100m	150m	200m
6.	Emily Siebrecht	97	ADRCIMM	2:17.12	2:10.88	598	31.07	33.21	33.50	33.10
7.	Ana Rita Matos	02	CFB	2:11.28	2:12.94	571	31.20	33.43	34.28	34.03
8.	Iris Pereira Carrao	05	PDEM	2:09.80	2:13.67	562	30.50	33.06	34.37	35.74
9.	Beatriz Paulo Ranito	99	GESL	2:11.95	2:15.88	535	30.83	34.17	35.68	35.20
10.	Marta Lima Pimentel	04	ADRCIMM	2:15.79	2:17.39	517	32.25	34.78	35.41	34.95
<i>Fora Tempo Acesso</i>										

Absolutos

1.	Rita Barros Frischknecht	98	SLB	1:59.84	2:00.94	758	27.65	30.37	31.44	31.48
<i>Campeã Regional</i>										
2.	Maria Ornelas Armas	98	ADRCIMM	2:09.34	2:06.56	662	30.12	31.41	32.56	32.47
3.	Mariana Marques Mercedes	03	GESL	2:10.76	2:09.75	614	29.40	32.02	33.86	34.47
4.	Bruna Martins Riesenberger	97	CIRL	2:09.05	2:10.04	610	30.12	32.65	33.52	33.75
5.	Leonor Carvalho Oliveira	07	CNS	2:10.96	2:10.37	605	29.27	31.93	34.03	35.14
6.	Emily Siebrecht	97	ADRCIMM	2:17.12	2:10.88	598	31.07	33.21	33.50	33.10
7.	Carolina Marques Madeira	09	CNN	2:12.22	2:11.53	589	30.84	32.99	33.66	34.04
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10.	Marcia Guerreiro Castilho	09	CIRL	2:13.83	2:13.38	565	30.83	33.61	34.68	34.26
11.	Sofia Monteiro Uva	09	SAD	2:12.51	2:13.62	562	30.74	34.20	34.83	33.85
12.	Iris Pereira Carrao	05	PDEM	2:09.80	2:13.67	562	30.50	33.06	34.37	35.74
13.	Victoria Sales Proenca	10	SLB	2:14.03	2:14.27	554	31.12	33.80	34.60	34.75
14.	Teresa Oliveira Santos	08	SAD	2:12.81	2:14.77	548	30.90	33.72	34.82	35.33
15.	Beatriz Paulo Ranito	99	GESL	2:11.95	2:15.88	535	30.83	34.17	35.68	35.20
16.	Carolina Sofia Martins	10	PDEM	2:17.10	2:16.75	524	30.95	34.35	35.82	35.63
17.	Beatriz Silva Jordao	09	CFB	2:15.39	2:17.25	519	32.42	33.96	35.01	35.86
18.	Marta Lima Pimentel	04	ADRCIMM	2:15.79	2:17.39	517	32.25	34.78	35.41	34.95
<i>Fora Tempo Acesso</i>										
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