

Prova 1
10.05.2025 - 16:00

Femin., 400m Livres

Infantis & Juvenis
Resultados

Rec Meeting Juv A	4:43.80	Constanca Baptista Tomas	POR	Vila Franca de Xira	2024
Rec Meeting Juv B	4:48.16	Raquel Campos Cardoso	POR	Vila Franca de Xira	2023
Rec Meeting Inf A	4:56.09	Vera Franca Jesus	POR	Vila Franca de Xira	2024
Rec Meeting Inf B	5:14.69	Matilde Casimiro Bibi	POR	Vila Franca de Xira	2024
Rec Nacional Juv A	4:20.78	Tamila Hryhorivna Holub	POR	Porto	2014
Rec Nacional Juv B	4:26.20	Maria Francisca Cabral	FCP	Oeiras	2014
Rec Nacional Inf A	4:31.53	Alexandra Maria Silva	FPN	Skovde (SWE)	1980
Rec Nacional Inf B	4:43.70	Alexandra Maria Silva	FCP	Funchal	1979

TAC Inf B: 5:44.80; Inf A: 5:31.90; Juv B: 5:18.20; Juv A: 5:11.10

Pontos: AQUA 2025

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m	300m	400m
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Infantis B

1. Teresa Vale Carvalho <i>Rec Meeting</i>	13	SCP	5:16.84	5:06.36	453	1:12.15	1:19.02	1:18.65	1:16.54
50m: 1:12.15	150m: 2:31.17	250m: 3:49.82	350m: 5:06.36						
100m: 1:16.80	200m: 2:39.57	300m: 4:03.41	400m: 5:25.34						
2. Eva Maria Passos	13	SANALG	5:32.73	5:25.34	378	1:16.80	1:22.77	1:23.84	1:21.93
50m: 1:16.80	150m: 2:39.57	250m: 4:03.41	350m: 5:25.34						
100m: 1:16.22	200m: 2:39.74	300m: 4:04.56	400m: 5:25.95						
3. Madalena Marques Martins	13	SFUAP	5:10.65	5:25.95	376	1:16.22	1:23.52	1:24.82	1:21.39
50m: 1:16.22	150m: 2:39.74	250m: 4:04.56	350m: 5:25.95						
100m: 1:20.23	200m: 2:48.89	300m: 4:17.61	400m: 5:43.60						
4. Laura Conde Correia	13	CNTN	5:35.93	5:43.60	321	1:20.23	1:28.66	1:28.72	1:25.99
50m: 1:20.23	150m: 2:48.89	250m: 4:17.61	350m: 5:43.60						
100m: 1:20.23	200m: 2:48.89	300m: 4:17.61	400m: 5:43.60						
5. Emma Neves Almeida <i>FTL (Fora Tempo Limite)</i>	13	CNLGOS	5:50.83	5:53.48	295	1:21.74	1:32.58	1:32.06	1:27.10
50m: 1:21.74	150m: 2:54.32	250m: 4:26.38	350m: 5:53.48						
100m: 1:22.39	200m: 2:53.60	300m: 4:26.75	400m: 5:59.61						
6. Maria Joao Oliveira <i>FTL (Fora Tempo Limite)</i>	13	CNAL	5:42.00	5:59.61	280	1:22.39	1:31.21	1:33.15	1:32.86
50m: 1:22.39	150m: 2:53.60	250m: 4:26.75	350m: 5:59.61						
100m: 1:22.39	200m: 2:53.60	300m: 4:26.75	400m: 5:59.61						

Infantis A

1. Matilde Casimiro Bibi	12	BUZIOS	4:59.38	4:59.19	486	1:09.48	1:16.64	1:17.67	1:15.40
50m: 1:09.48	150m: 2:26.12	250m: 3:43.79	350m: 4:59.19						
100m: 1:09.48	200m: 2:26.12	300m: 3:43.79	400m: 4:59.19						
2. Bruna Filipa Borralho	12	SANALG	5:02.74	5:05.23	458	1:11.16	1:18.96	1:19.22	1:15.89
50m: 1:11.16	150m: 2:30.12	250m: 3:49.34	350m: 5:05.23						
100m: 1:11.16	200m: 2:30.12	300m: 3:49.34	400m: 5:05.23						
3. Rita Maria Loura	12	SANALG	4:56.95	5:05.56	457	1:10.77	1:18.84	1:19.43	1:16.52
50m: 1:10.77	150m: 2:29.61	250m: 3:49.04	350m: 5:05.56						
100m: 1:10.77	200m: 2:29.61	300m: 3:49.04	400m: 5:05.56						
4. Isabella Andrea Carvalho	12	ADRCIMM	5:08.76	5:14.37	419	1:13.26	1:21.71	1:21.32	1:18.08
50m: 1:13.26	150m: 2:34.97	250m: 3:56.29	350m: 5:14.37						
100m: 1:13.26	200m: 2:34.97	300m: 3:56.29	400m: 5:14.37						
5. Rita Gomes Valentim	12	CNTN	5:09.23	5:15.48	415	1:15.53	1:21.85	1:20.91	1:17.19
50m: 1:15.53	150m: 2:37.38	250m: 3:58.29	350m: 5:15.48						
100m: 1:15.53	200m: 2:37.38	300m: 3:58.29	400m: 5:15.48						
6. Carlota Velada Pereira	12	SCP	5:18.13	5:15.99	413	1:14.61	1:20.93	1:21.57	1:18.88
50m: 1:14.61	150m: 2:35.54	250m: 3:57.11	350m: 5:15.99						
100m: 1:14.61	200m: 2:35.54	300m: 3:57.11	400m: 5:15.99						

Resultados online: anlisboa.pt/live

Prova 1, Femin., 400m Livres, Infantis A

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m	300m	400m
7.	Jade Duarte Bexigas	12	GESL	5:24.68	5:18.57	403	1:16.15	1:21.61	1:21.70	1:19.11
	50m:	150m:		250m:			350m:			
	100m: 1:16.15	200m: 2:37.76		300m: 3:59.46			400m: 5:18.57			
8.	Luna Francisco Pereira	12	SANDL	5:17.35	5:21.05	394	1:16.20	1:22.47	1:22.39	1:19.99
	50m:	150m:		250m:			350m:			
	100m: 1:16.20	200m: 2:38.67		300m: 4:01.06			400m: 5:21.05			
9.	Matilde Pires Guerra	12	ADRCIMM	5:07.84	5:21.42	392	1:13.24	1:23.09	1:23.42	1:21.67
	50m:	150m:		250m:			350m:			
	100m: 1:13.24	200m: 2:36.33		300m: 3:59.75			400m: 5:21.42			
10.	Ines Pinto Martins	12	PIMP	5:24.11	5:22.15	390	1:16.32	1:22.33	1:23.62	1:19.88
	50m:	150m:		250m:			350m:			
	100m: 1:16.32	200m: 2:38.65		300m: 4:02.27			400m: 5:22.15			
11.	Julia Pinto Pinheiro	12	PIMP	5:28.46	5:25.60	377	1:17.14	1:22.31	1:23.74	1:22.41
	50m:	150m:		250m:			350m:			
	100m: 1:17.14	200m: 2:39.45		300m: 4:03.19			400m: 5:25.60			
12.	Emiliana Arruda Saraiva FTL (Fora Tempo Limite)	12	SANDL	5:16.84	5:38.07	337	1:18.50	1:28.83	1:28.09	1:22.65
	50m:	150m:		250m:			350m:			
	100m: 1:18.50	200m: 2:47.33		300m: 4:15.42			400m: 5:38.07			
13.	Margarida Madeira Pires FTL (Fora Tempo Limite)	12	CNRM	5:34.00	5:50.33	303	1:22.27	1:29.65	1:29.43	1:28.98
	50m:	150m:		250m:			350m:			
	100m: 1:22.27	200m: 2:51.92		300m: 4:21.35			400m: 5:50.33			

Juvenis B

1.	Sofia Barroca Pereira	11	BUZIOS	4:47.47	4:48.33	544	1:06.01	1:14.15	1:15.53	1:12.64
	50m:	150m:		250m:			350m:			
	100m: 1:06.01	200m: 2:20.16		300m: 3:35.69			400m: 4:48.33			
2.	Francisca Moreira Feliciano	11	SANDL	4:58.80	4:55.47	505	1:09.25	1:15.59	1:16.69	1:13.94
	50m:	150m:		250m:			350m:			
	100m: 1:09.25	200m: 2:24.84		300m: 3:41.53			400m: 4:55.47			
3.	Ana Filipa Serra	11	ADRCIMM	5:00.38	4:55.90	503	1:11.30	1:15.74	1:16.48	1:12.38
	50m:	150m:		250m:			350m:			
	100m: 1:11.30	200m: 2:27.04		300m: 3:43.52			400m: 4:55.90			
4.	Francisca Cunha Monteiro	11	SLB	5:01.25	5:02.25	472	1:11.60	1:16.76	1:17.28	1:16.61
	50m:	150m:		250m:			350m:			
	100m: 1:11.60	200m: 2:28.36		300m: 3:45.64			400m: 5:02.25			
5.	Marta Gak Guerreiro	11	SANALG	5:06.25	5:02.96	468	1:12.34	1:17.94	1:17.68	1:15.00
	50m:	150m:		250m:			350m:			
	100m: 1:12.34	200m: 2:30.28		300m: 3:47.96			400m: 5:02.96			
6.	Carmo Rosa Madeira	11	CIRL	5:08.73	5:07.12	450	1:11.66	1:16.73	1:19.78	1:18.95
	50m:	150m:		250m:			350m:			
	100m: 1:11.66	200m: 2:28.39		300m: 3:48.17			400m: 5:07.12			
7.	Lara Nobre Semiao	11	FS	5:40.65	5:10.10	437	1:14.02	1:20.28	1:20.46	1:15.34
	50m:	150m:		250m:			350m:			
	100m: 1:14.02	200m: 2:34.30		300m: 3:54.76			400m: 5:10.10			
8.	Matilde Nogueira Lourenco	11	CCDSERTA	5:14.05	5:13.74	422	1:14.88	1:20.35	1:21.11	1:17.40
	50m:	150m:		250m:			350m:			
	100m: 1:14.88	200m: 2:35.23		300m: 3:56.34			400m: 5:13.74			
9.	Margarida Pinho Formigo	11	CNTN	5:11.36	5:13.75	422	1:15.44	1:20.22	1:21.06	1:17.03
	50m:	150m:		250m:			350m:			
	100m: 1:15.44	200m: 2:35.66		300m: 3:56.72			400m: 5:13.75			
10.	Ana Mao de Ferro	11	SCP	5:03.82	5:15.35	415	1:13.65	1:21.17	1:21.64	1:18.89
	50m:	150m:		250m:			350m:			
	100m: 1:13.65	200m: 2:34.82		300m: 3:56.46			400m: 5:15.35			
11.	Raquel Silva Delgadinho	11	PDEM	5:11.20	5:15.43	415	1:14.72	1:21.83	1:20.17	1:18.71
	50m:	150m:		250m:			350m:			
	100m: 1:14.72	200m: 2:36.55		300m: 3:56.72			400m: 5:15.43			

Resultados online: anlisboa.pt/live

Prova 1, Femin., 400m Livres, Juvenis B

Lugar	Nome do Nadador	Ano	Clube	T.Inscr.	Tempo Final	Pts	100m	200m	300m	400m
12.	Maria Madalena Lucas <i>FTL (Fora Tempo Limite)</i>	11	CNN	5:21.89	5:21.04	394	1:15.29	1:22.86	1:23.61	1:19.28
	50m: 100m: 1:15.29	150m: 200m: 2:38.15		250m: 300m: 4:01.76			350m: 400m: 5:21.04			

Juvenis A

1.	Leonor Sombreiro Martins	10	BUZIOS	4:45.56	4:45.88	558	1:06.45	1:13.02	1:14.53	1:11.88
	50m: 100m: 1:06.45	150m: 200m: 2:19.47		250m: 300m: 3:34.00			350m: 400m: 4:45.88			
2.	Victoria Sales Proenca	10	SLB	4:52.93	4:53.57	515	1:09.19	1:15.11	1:16.04	1:13.23
	50m: 100m: 1:09.19	150m: 200m: 2:24.30		250m: 300m: 3:40.34			350m: 400m: 4:53.57			
3.	Carolina Brito Santos	10	SANALG	4:49.76	4:54.17	512	1:09.63	1:14.35	1:15.91	1:14.28
	50m: 100m: 1:09.63	150m: 200m: 2:23.98		250m: 300m: 3:39.89			350m: 400m: 4:54.17			
4.	Bianca Balbino Mendes	10	SANDL	4:54.99	4:56.61	499	1:08.77	1:14.99	1:16.26	1:16.59
	50m: 100m: 1:08.77	150m: 200m: 2:23.76		250m: 300m: 3:40.02			350m: 400m: 4:56.61			
5.	Rita Braga Gomes	10	SAD	4:55.18	4:58.91	488	1:09.59	1:15.85	1:17.17	1:16.30
	50m: 100m: 1:09.59	150m: 200m: 2:25.44		250m: 300m: 3:42.61			350m: 400m: 4:58.91			
6.	Beatriz Paiva Branco	10	CIRL	4:52.04	5:00.75	479	1:08.85	1:16.08	1:17.67	1:18.15
	50m: 100m: 1:08.85	150m: 200m: 2:24.93		250m: 300m: 3:42.60			350m: 400m: 5:00.75			
7.	Maria Ines Fryxell	10	AONDA	5:05.80	5:04.80	460	1:10.68	1:16.84	1:18.41	1:18.87
	50m: 100m: 1:10.68	150m: 200m: 2:27.52		250m: 300m: 3:45.93			350m: 400m: 5:04.80			
8.	Maria Leonor Lopes <i>FTL (Fora Tempo Limite)</i>	10	CNTN	5:01.88	5:12.32	428	1:14.17	1:20.26	1:20.21	1:17.68
	50m: 100m: 1:14.17	150m: 200m: 2:34.43		250m: 300m: 3:54.64			350m: 400m: 5:12.32			
9.	Lara Paixao Silva <i>FTL (Fora Tempo Limite)</i>	10	CNRM	5:04.69	5:13.58	422	1:11.95	1:20.16	1:21.51	1:19.96
	50m: 100m: 1:11.95	150m: 200m: 2:32.11		250m: 300m: 3:53.62			350m: 400m: 5:13.58			

Resultados online: anlisboa.pt/live