

## 1 - 1ª Jornada

03.05.2025 - 15:15

### Prova 1

### Femin., 400m Estilos

### Infantis

03.05.2025 - 15:15

Resultados

|                       |         |                        |     |                  |      |
|-----------------------|---------|------------------------|-----|------------------|------|
| Rec Regional Inf A    | 5:07.22 | Susana Patricia Miguel | POR | Santarem         | 2003 |
| Rec Regional Inf B    | 5:15.68 | Susana Patricia Miguel | POR | Rio Maior        | 2002 |
| Rec Regional Absoluto | 4:36.19 | Victoria Kaminskaya    | POR | Copenhagen (DEN) | 2017 |
| Rec Nacional Inf A    | 5:05.68 | Filiipa Vilas Ruivo    | POR | Leiria           | 2010 |
| Rec Nacional Inf B    | 5:15.68 | Susana Patricia Miguel | POR | Rio Maior        | 2002 |
| Rec Nacional Absoluto | 4:36.19 | Victoria Kaminskaya    | POR | Copenhagen (DEN) | 2017 |

Mínimo Participação Inf B: 7:11.71; Inf A: 7:00.01

Pontos: AQUA 2024

| Pos.       | Nadador                    | Ano                 | Clube                | Tempo               | Pts |
|------------|----------------------------|---------------------|----------------------|---------------------|-----|
| Infantis B |                            |                     |                      |                     |     |
| 1.         | Teresa Vale Carvalho       | 13                  | Sporting             | <b>5:41.03</b>      | 437 |
|            | 50m: 35.53 35.53           | 150m: 2:00.69 43.70 | 250m: 3:34.41 51.37  | 350m: 5:04.00 38.52 |     |
|            | 100m: 1:16.99 41.46        | 200m: 2:43.04 42.35 | 300m: 4:25.48 51.07  | 400m: 5:41.03 37.03 |     |
| 2.         | Ines Miguel Bastos         | 13                  | Sporting             | <b>5:49.08</b>      | 408 |
|            | 50m: 40.55 40.55           | 150m: 2:09.48 42.29 | 250m: 3:42.83 50.69  | 350m: 5:12.03 38.33 |     |
|            | 100m: 1:27.19 46.64        | 200m: 2:52.14 42.66 | 300m: 4:33.70 50.87  | 400m: 5:49.08 37.05 |     |
| 3.         | Ines Martins Silva         | 13                  | Sporting             | <b>5:54.46</b>      | 389 |
|            | 50m: 38.36 38.36           | 150m: 2:06.98 44.59 | 250m: 3:41.61 50.73  | 350m: 5:14.64 41.87 |     |
|            | 100m: 1:22.39 44.03        | 200m: 2:50.88 43.90 | 300m: 4:32.77 51.16  | 400m: 5:54.46 39.82 |     |
| 4.         | Joana Ferreira Espada      | 13                  | AONDA - Azeitão      | <b>6:01.86</b>      | 366 |
|            | 50m: 38.70 38.70           | 150m: 2:11.90 46.51 | 250m: 3:51.40 52.77  | 350m: 5:24.51 38.75 |     |
|            | 100m: 1:25.39 46.69        | 200m: 2:58.63 46.73 | 300m: 4:45.76 54.36  | 400m: 6:01.86 37.35 |     |
| 5.         | Maria Freitas Teives       | 13                  | Sporting             | <b>6:02.48</b>      | 364 |
|            | 50m: 38.13 38.13           | 150m: 2:09.11 46.73 | 250m: 3:46.96 52.90  | 350m: 5:23.23 42.48 |     |
|            | 100m: 1:22.38 44.25        | 200m: 2:54.06 44.95 | 300m: 4:40.75 53.79  | 400m: 6:02.48 39.25 |     |
| 6.         | Sofia Mao de Ferro         | 13                  | Sporting             | <b>6:04.01</b>      | 359 |
|            | 50m: 40.33 40.33           | 150m: 2:14.39 45.73 | 250m: 3:51.34 52.68  | 350m: 5:25.37 40.63 |     |
|            | 100m: 1:28.66 48.33        | 200m: 2:58.66 44.27 | 300m: 4:44.74 53.40  | 400m: 6:04.01 38.64 |     |
| 7.         | Mariana Vale Serrao        | 13                  | Palmela Desporto     | <b>6:08.13</b>      | 348 |
|            | 50m: 40.18 40.18           | 150m: 2:19.63 50.35 | 250m: 3:55.99 48.62  | 350m: 5:28.20 41.89 |     |
|            | 100m: 1:29.28 49.10        | 200m: 3:07.37 47.74 | 300m: 4:46.31 50.32  | 400m: 6:08.13 39.93 |     |
| 8.         | Constanca Marques Jeronimo | 13                  | Sporting             | <b>6:09.00</b>      | 345 |
|            | 50m: 38.50 38.50           | 150m: 2:13.50 47.05 | 250m: 3:53.13 54.20  | 350m: 5:29.27 42.16 |     |
|            | 100m: 1:26.45 47.95        | 200m: 2:58.93 45.43 | 300m: 4:47.11 53.98  | 400m: 6:09.00 39.73 |     |
| 9.         | Eveline Sergiu Spac        | 13                  | Palmela Desporto     | <b>6:09.84</b>      | 343 |
|            | 50m: 38.44 38.44           | 150m: 2:12.85 47.57 | 250m: 3:54.09 56.40  | 350m: 5:29.50 39.49 |     |
|            | 100m: 1:25.28 46.84        | 200m: 2:57.69 44.84 | 300m: 4:50.01 55.92  | 400m: 6:09.84 40.34 |     |
| 10.        | Matilde Cravo Barreiros    | 13                  | Palmela Desporto     | <b>6:18.27</b>      | 320 |
|            | 50m: 40.83 40.83           | 150m: 2:19.55 47.31 | 250m: 3:59.52 53.94  | 350m: 5:36.96 43.62 |     |
|            | 100m: 1:32.24 51.41        | 200m: 3:05.58 46.03 | 300m: 4:53.34 53.82  | 400m: 6:18.27 41.31 |     |
| 11.        | Clara Damasceno Reis       | 13                  | Sporting             | <b>6:20.76</b>      | 314 |
|            | 50m: 44.46 44.46           | 150m: 2:23.32 46.76 | 250m: 4:01.71 51.33  | 350m: 5:37.70 44.05 |     |
|            | 100m: 1:36.56 52.10        | 200m: 3:10.38 47.06 | 300m: 4:53.65 51.94  | 400m: 6:20.76 43.06 |     |
| 12.        | Marta Nogueira Esteves     | 13                  | Geslours             | <b>6:23.64</b>      | 307 |
|            | 50m: 41.24 41.24           | 150m: 2:17.08 45.94 | 250m: 3:57.18 54.86  | 350m: 5:38.16 45.20 |     |
|            | 100m: 1:31.14 49.90        | 200m: 3:02.32 45.24 | 300m: 4:52.96 55.78  | 400m: 6:23.64 45.48 |     |
| 13.        | Beatriz Cruz Figueiredo    | 13                  | Fisica Torres Vedras | <b>6:25.56</b>      | 302 |
|            | 50m: 44.43 44.43           | 150m: 2:24.51 47.16 | 250m: 4:05.01 53.09  | 350m: 5:42.24 43.47 |     |
|            | 100m: 1:37.35 52.92        | 200m: 3:11.92 47.41 | 300m: 4:58.77 53.76  | 400m: 6:25.56 43.32 |     |
| 14.        | Beatriz Simao Brito        | 13                  | Geslours             | <b>6:26.68</b>      | 300 |
|            | 50m: 44.62 44.62           | 150m: 2:27.29 46.25 | 250m: 4:09.80 57.11  | 350m: 5:47.17 39.70 |     |
|            | 100m: 1:41.04 56.42        | 200m: 3:12.69 45.40 | 300m: 5:07.47 57.67  | 400m: 6:26.68 39.51 |     |
| 15.        | Matilde Sofia Castanheira  | 13                  | Geslours             | <b>6:27.03</b>      | 299 |
|            | 50m: 43.42 43.42           | 150m: 2:27.04 48.16 | 250m: 4:08.03 53.81  | 350m: 5:46.77 44.51 |     |
|            | 100m: 1:38.88 55.46        | 200m: 3:14.22 47.18 | 300m: 5:02.26 54.23  | 400m: 6:27.03 40.26 |     |
| 16.        | Catarina Sousa Barreto     | 13                  | Geslours             | <b>6:27.25</b>      | 298 |
|            | 50m: 44.23 44.23           | 150m: 2:28.83 49.11 | 250m: 4:10.61 53.70  | 350m: 5:47.33 43.49 |     |
|            | 100m: 1:39.72 55.49        | 200m: 3:16.91 48.08 | 300m: 5:03.84 53.23  | 400m: 6:27.25 39.92 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 1, Femin., 400m Estilos, Infantis B

| Pos. | Nadador                                                                                                                      | Ano                 | Clube                | Tempo               | Pts |
|------|------------------------------------------------------------------------------------------------------------------------------|---------------------|----------------------|---------------------|-----|
| 17.  | Madalena Marques Martins                                                                                                     | 13                  | União Piedense       | <b>6:27.86</b>      | 297 |
|      | 50m: 42.42 42.42                                                                                                             | 150m: 2:22.10 48.33 | 250m: 4:07.57 58.57  | 350m: 5:47.67 40.98 |     |
|      | 100m: 1:33.77 51.35                                                                                                          | 200m: 3:09.00 46.90 | 300m: 5:06.69 59.12  | 400m: 6:27.86 40.19 |     |
| 18.  | Madalena D'Eca Bispo                                                                                                         | 13                  | Física Torres Vedras | <b>6:31.55</b>      | 289 |
|      | 50m: 44.29 44.29                                                                                                             | 150m: 2:29.85 51.58 | 250m: 4:11.06 51.55  | 350m: 5:47.99 43.66 |     |
|      | 100m: 1:38.27 53.98                                                                                                          | 200m: 3:19.51 49.66 | 300m: 5:04.33 53.27  | 400m: 6:31.55 43.56 |     |
| 19.  | Beatriz Salvador Pocinho                                                                                                     | 13                  | Geslours             | <b>6:35.26</b>      | 281 |
|      | 50m: 42.09 42.09                                                                                                             | 150m: 2:23.59 50.80 | 250m: 4:10.65 56.69  | 350m: 5:51.17 44.07 |     |
|      | 100m: 1:32.79 50.70                                                                                                          | 200m: 3:13.96 50.37 | 300m: 5:07.10 56.45  | 400m: 6:35.26 44.09 |     |
| 20.  | Maria Ines Correia                                                                                                           | 13                  | Geslours             | <b>6:40.78</b>      | 269 |
|      | 50m: 42.82 42.82                                                                                                             | 150m: 2:28.60 52.85 | 250m: 4:13.85 53.30  | 350m: 5:55.68 46.23 |     |
|      | 100m: 1:35.75 52.93                                                                                                          | 200m: 3:20.55 51.95 | 300m: 5:09.45 55.60  | 400m: 6:40.78 45.10 |     |
| 21.  | Carolina Sao Bras                                                                                                            | 13                  | Geslours             | <b>6:46.88</b>      | 257 |
|      | 50m: 45.51 45.51                                                                                                             | 150m: 2:30.96 50.09 | 250m: 4:17.63 57.56  | 350m: 6:03.37 46.28 |     |
|      | 100m: 1:40.87 55.36                                                                                                          | 200m: 3:20.07 49.11 | 300m: 5:17.09 59.46  | 400m: 6:46.88 43.51 |     |
| 22.  | Maria Joana Carvalho                                                                                                         | 13                  | Geslours             | <b>6:54.21</b>      | 244 |
|      | 50m: 44.58 44.58                                                                                                             | 150m: 2:32.42 50.18 | 250m: 4:22.45 58.49  | 350m: 6:07.93 45.63 |     |
|      | 100m: 1:42.24 57.66                                                                                                          | 200m: 3:23.96 51.54 | 300m: 5:22.30 59.85  | 400m: 6:54.21 46.28 |     |
| 23.  | Laura Tomas Santos                                                                                                           | 13                  | Geslours             | <b>7:00.35</b>      | 233 |
|      | 50m: 46.48 46.48                                                                                                             | 150m: 2:36.74 50.62 | 250m: 4:26.70 58.66  | 350m: 6:14.20 47.67 |     |
|      | 100m: 1:46.12 59.64                                                                                                          | 200m: 3:28.04 51.30 | 300m: 5:26.53 59.83  | 400m: 7:00.35 46.15 |     |
| DSQ  | Maria Paco Amaro                                                                                                             | 13                  | Benfica              |                     |     |
|      | E-C4 - Movimento de viragem não contínuo, com acentuado deslize em posição ventral, antes da viragem aos 150 metros (sr 6.4) |                     |                      |                     |     |
| DSQ  | Carolina Sales Lima                                                                                                          | 13                  | Geslours             |                     |     |
|      | E-B20 - Tocou com uma só mão na parede testa na chegada do percurso de bruços (sr 7.6 / 9.4)                                 |                     |                      |                     |     |

Infantis A

|     |                          |                     |                         |                     |     |
|-----|--------------------------|---------------------|-------------------------|---------------------|-----|
| 1.  | Maria Ines Nunes         | 12                  | Sporting                | <b>5:22.73</b>      | 516 |
|     | 50m: 33.75 33.75         | 150m: 1:53.40 39.80 | 250m: 3:21.82 48.91     | 350m: 4:47.11 35.64 |     |
|     | 100m: 1:13.60 39.85      | 200m: 2:32.91 39.51 | 300m: 4:11.47 49.65     | 400m: 5:22.73 35.62 |     |
| 2.  | Maria Ines Monjardino    | 12                  | Colegio Int Monte Maior | <b>5:33.75</b>      | 467 |
|     | 50m: 35.59 35.59         | 150m: 1:58.60 40.83 | 250m: 3:27.81 48.82     | 350m: 4:55.91 38.03 |     |
|     | 100m: 1:17.77 42.18      | 200m: 2:38.99 40.39 | 300m: 4:17.88 50.07     | 400m: 5:33.75 37.84 |     |
| 3.  | Sofia Dias Ferreira      | 12                  | Palmela Desporto        | <b>5:47.21</b>      | 414 |
|     | 50m: 36.41 36.41         | 150m: 2:04.68 44.28 | 250m: 3:40.42 51.47     | 350m: 5:11.29 38.10 |     |
|     | 100m: 1:20.40 43.99      | 200m: 2:48.95 44.27 | 300m: 4:33.19 52.77     | 400m: 5:47.21 35.92 |     |
| 4.  | Marta Almeida Lopes      | 12                  | Benfica                 | <b>5:47.46</b>      | 413 |
|     | 50m: 38.85 38.85         | 150m: 2:08.78 44.42 | 250m: 3:41.80 49.69     | 350m: 5:09.96 38.03 |     |
|     | 100m: 1:24.36 45.51      | 200m: 2:52.11 43.33 | 300m: 4:31.93 50.13     | 400m: 5:47.46 37.50 |     |
| 5.  | Carlota Velada Pereira   | 12                  | Sporting                | <b>5:47.66</b>      | 413 |
|     | 50m: 36.45 36.45         | 150m: 2:03.93 44.70 | 250m: 3:38.47 50.71     | 350m: 5:09.35 40.01 |     |
|     | 100m: 1:19.23 42.78      | 200m: 2:47.76 43.83 | 300m: 4:29.34 50.87     | 400m: 5:47.66 38.31 |     |
| 6.  | Isabella Andrea Carvalho | 12                  | Colegio Int Monte Maior | <b>5:50.70</b>      | 402 |
|     | 50m: 36.68 36.68         | 150m: 2:07.25 44.10 | 250m: 3:40.87 51.28     | 350m: 5:12.38 39.85 |     |
|     | 100m: 1:23.15 46.47      | 200m: 2:49.59 42.34 | 300m: 4:32.53 51.66     | 400m: 5:50.70 38.32 |     |
| 7.  | Maria Ines Antunes       | 12                  | Benfica                 | <b>5:52.18</b>      | 397 |
|     | 50m: 40.10 40.10         | 150m: 2:11.05 44.44 | 250m: 3:44.58 49.87     | 350m: 5:13.82 38.86 |     |
|     | 100m: 1:26.61 46.51      | 200m: 2:54.71 43.66 | 300m: 4:34.96 50.38     | 400m: 5:52.18 38.36 |     |
| 8.  | Matilde Pires Guerra     | 12                  | Colegio Int Monte Maior | <b>5:54.77</b>      | 388 |
|     | 50m: 38.59 38.59         | 150m: 2:09.36 44.92 | 250m: 3:45.34 52.11     | 350m: 5:16.32 39.61 |     |
|     | 100m: 1:24.44 45.85      | 200m: 2:53.23 43.87 | 300m: 4:36.71 51.37     | 400m: 5:54.77 38.45 |     |
| 9.  | Telma Filipa Magalhaes   | 12                  | Física Torres Vedras    | <b>5:56.15</b>      | 384 |
|     | 50m: 37.25 37.25         | 150m: 2:04.88 44.05 | 250m: 3:41.56 52.26     | 350m: 5:15.79 41.26 |     |
|     | 100m: 1:20.83 43.58      | 200m: 2:49.30 44.42 | 300m: 4:34.53 52.97     | 400m: 5:56.15 40.36 |     |
| 10. | Maria Chenrim Raimundo   | 12                  | Sporting                | <b>5:57.49</b>      | 380 |
|     | 50m: 40.58 40.58         | 150m: 2:13.09 45.36 | 250m: 3:45.96 48.88     | 350m: 5:17.61 41.56 |     |
|     | 100m: 1:27.73 47.15      | 200m: 2:57.08 43.99 | 300m: 4:36.05 50.09     | 400m: 5:57.49 39.88 |     |
| 11. | Jade Duarte Bexigas      | 12                  | Geslours                | <b>5:58.38</b>      | 377 |
|     | 50m: 41.66 41.66         | 150m: 2:17.57 45.07 | 250m: 3:51.16 50.16     | 350m: 5:20.09 39.75 |     |
|     | 100m: 1:32.50 50.84      | 200m: 3:01.00 43.43 | 300m: 4:40.34 49.18     | 400m: 5:58.38 38.29 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 1, Femin., 400m Estilos, Infantis A

| Pos. | Nadador                    | Ano                 | Clube                     | Tempo               | Pts |
|------|----------------------------|---------------------|---------------------------|---------------------|-----|
| 12.  | Ines Alexandra Mariano     | 12                  | Colegio Int Monte Maior   | <b>6:03.72</b>      | 360 |
|      | 50m: 38.14 38.14           | 150m: 2:10.09 47.81 | 250m: 3:46.83 48.96       | 350m: 5:21.16 43.72 |     |
|      | 100m: 1:22.28 44.14        | 200m: 2:57.87 47.78 | 300m: 4:37.44 50.61       | 400m: 6:03.72 42.56 |     |
| 13.  | Matilde Figueiredo Mourato | 12                  | Sporting                  | <b>6:08.14</b>      | 347 |
|      | 50m: 40.41 40.41           | 150m: 2:15.84 47.87 | 250m: 3:50.18 47.71       | 350m: 5:26.87 44.59 |     |
|      | 100m: 1:27.97 47.56        | 200m: 3:02.47 46.63 | 300m: 4:42.28 52.10       | 400m: 6:08.14 41.27 |     |
| 14.  | Rita Maria Rosa            | 12                  | Alges                     | <b>6:09.43</b>      | 344 |
|      | 50m: 40.11 40.11           | 150m: 2:13.72 47.12 | 250m: 3:52.58 53.61       | 350m: 5:29.17 42.02 |     |
|      | 100m: 1:26.60 46.49        | 200m: 2:58.97 45.25 | 300m: 4:47.15 54.57       | 400m: 6:09.43 40.26 |     |
| 15.  | Rita Alexandra Ribeiro     | 12                  | Alges                     | <b>6:11.85</b>      | 337 |
|      | 50m: 39.99 39.99           | 150m: 2:16.02 45.85 | 250m: 3:52.53 49.99       | 350m: 5:28.11 44.12 |     |
|      | 100m: 1:30.17 50.18        | 200m: 3:02.54 46.52 | 300m: 4:43.99 51.46       | 400m: 6:11.85 43.74 |     |
| 16.  | Margarida Afonso Barata    | 12                  | Colegio Int Monte Maior   | <b>6:14.10</b>      | 331 |
|      | 50m: 39.09 39.09           | 150m: 2:10.02 46.20 | 250m: 3:52.02 56.61       | 350m: 5:32.56 41.08 |     |
|      | 100m: 1:23.82 44.73        | 200m: 2:55.41 45.39 | 300m: 4:51.48 59.46       | 400m: 6:14.10 41.54 |     |
| 17.  | Alice Mendes Veloso        | 12                  | União Piedense            | <b>6:14.27</b>      | 331 |
|      | 50m: 41.32 41.32           | 150m: 2:17.91 47.14 | 250m: 3:57.06 52.27       | 350m: 5:32.77 43.24 |     |
|      | 100m: 1:30.77 49.45        | 200m: 3:04.79 46.88 | 300m: 4:49.53 52.47       | 400m: 6:14.27 41.50 |     |
| 18.  | Yara Alexandra Carreira    | 12                  | Sporting                  | <b>6:23.19</b>      | 308 |
|      | 50m: 37.94 37.94           | 150m: 2:16.94 50.27 | 250m: 4:00.68 55.02       | 350m: 5:38.78 42.55 |     |
|      | 100m: 1:26.67 48.73        | 200m: 3:05.66 48.72 | 300m: 4:56.23 55.55       | 400m: 6:23.19 44.41 |     |
| 19.  | Margarida Pires Correia    | 12                  | Geslours                  | <b>6:32.93</b>      | 286 |
|      | 50m: 46.07 46.07           | 150m: 2:26.39 47.39 | 250m: 4:11.89 58.13       | 350m: 5:53.22 42.30 |     |
|      | 100m: 1:39.00 52.93        | 200m: 3:13.76 47.37 | 300m: 5:10.92 59.03       | 400m: 6:32.93 39.71 |     |
| 20.  | Margarida dos Correia      | 12                  | Alges                     | <b>6:37.57</b>      | 276 |
|      | 50m: 43.86 43.86           | 150m: 2:29.88 53.65 | 250m: 4:17.00 54.40       | 350m: 5:55.19 43.01 |     |
|      | 100m: 1:36.23 52.37        | 200m: 3:22.60 52.72 | 300m: 5:12.18 55.18       | 400m: 6:37.57 42.38 |     |
| 21.  | Ines Moreira Pedro         | 12                  | Benfica                   | <b>6:46.89</b>      | 257 |
|      | 50m: 43.55 43.55           | 150m: 2:33.13 49.53 | 250m: 4:19.52 59.25       | 350m: 6:04.26 43.95 |     |
|      | 100m: 1:43.60 1:00.05      | 200m: 3:20.27 47.14 | 300m: 5:20.31 1:00.79     | 400m: 6:46.89 42.63 |     |
| 22.  | Maria Mateus Cabrita       | 12                  | CPCD Povoia de Santa Iria | <b>6:59.26</b>      | 235 |
|      | 50m: 42.58 42.58           | 150m: 2:26.42 51.24 | 250m: 4:21.88 1:04.03     | 350m: 6:13.32 47.32 |     |
|      | 100m: 1:35.18 52.60        | 200m: 3:17.85 51.43 | 300m: 5:26.00 1:04.12     | 400m: 6:59.26 45.94 |     |

## Infantis

|    |                          |                     |                         |                     |     |
|----|--------------------------|---------------------|-------------------------|---------------------|-----|
| 1. | Maria Ines Nunes         | 12                  | Sporting                | <b>5:22.73</b>      | 516 |
|    | 50m: 33.75 33.75         | 150m: 1:53.40 39.80 | 250m: 3:21.82 48.91     | 350m: 4:47.11 35.64 |     |
|    | 100m: 1:13.60 39.85      | 200m: 2:32.91 39.51 | 300m: 4:11.47 49.65     | 400m: 5:22.73 35.62 |     |
| 2. | Maria Ines Monjardino    | 12                  | Colegio Int Monte Maior | <b>5:33.75</b>      | 467 |
|    | 50m: 35.59 35.59         | 150m: 1:58.60 40.83 | 250m: 3:27.81 48.82     | 350m: 4:55.91 38.03 |     |
|    | 100m: 1:17.77 42.18      | 200m: 2:38.99 40.39 | 300m: 4:17.88 50.07     | 400m: 5:33.75 37.84 |     |
| 3. | Teresa Vale Carvalho     | 13                  | Sporting                | <b>5:41.03</b>      | 437 |
|    | 50m: 35.53 35.53         | 150m: 2:00.69 43.70 | 250m: 3:34.41 51.37     | 350m: 5:04.00 38.52 |     |
|    | 100m: 1:16.99 41.46      | 200m: 2:43.04 42.35 | 300m: 4:25.48 51.07     | 400m: 5:41.03 37.03 |     |
| 4. | Sofia Dias Ferreira      | 12                  | Palmela Desporto        | <b>5:47.21</b>      | 414 |
|    | 50m: 36.41 36.41         | 150m: 2:04.68 44.28 | 250m: 3:40.42 51.47     | 350m: 5:11.29 38.10 |     |
|    | 100m: 1:20.40 43.99      | 200m: 2:48.95 44.27 | 300m: 4:33.19 52.77     | 400m: 5:47.21 35.92 |     |
| 5. | Marta Almeida Lopes      | 12                  | Benfica                 | <b>5:47.46</b>      | 413 |
|    | 50m: 38.85 38.85         | 150m: 2:08.78 44.42 | 250m: 3:41.80 49.69     | 350m: 5:09.96 38.03 |     |
|    | 100m: 1:24.36 45.51      | 200m: 2:52.11 43.33 | 300m: 4:31.93 50.13     | 400m: 5:47.46 37.50 |     |
| 6. | Carlota Velada Pereira   | 12                  | Sporting                | <b>5:47.66</b>      | 413 |
|    | 50m: 36.45 36.45         | 150m: 2:03.93 44.70 | 250m: 3:38.47 50.71     | 350m: 5:09.35 40.01 |     |
|    | 100m: 1:19.23 42.78      | 200m: 2:47.76 43.83 | 300m: 4:29.34 50.87     | 400m: 5:47.66 38.31 |     |
| 7. | Ines Miguel Bastos       | 13                  | Sporting                | <b>5:49.08</b>      | 408 |
|    | 50m: 40.55 40.55         | 150m: 2:09.48 42.29 | 250m: 3:42.83 50.69     | 350m: 5:12.03 38.33 |     |
|    | 100m: 1:27.19 46.64      | 200m: 2:52.14 42.66 | 300m: 4:33.70 50.87     | 400m: 5:49.08 37.05 |     |
| 8. | Isabella Andrea Carvalho | 12                  | Colegio Int Monte Maior | <b>5:50.70</b>      | 402 |
|    | 50m: 36.68 36.68         | 150m: 2:07.25 44.10 | 250m: 3:40.87 51.28     | 350m: 5:12.38 39.85 |     |
|    | 100m: 1:23.15 46.47      | 200m: 2:49.59 42.34 | 300m: 4:32.53 51.66     | 400m: 5:50.70 38.32 |     |
| 9. | Maria Ines Antunes       | 12                  | Benfica                 | <b>5:52.18</b>      | 397 |
|    | 50m: 40.10 40.10         | 150m: 2:11.05 44.44 | 250m: 3:44.58 49.87     | 350m: 5:13.82 38.86 |     |
|    | 100m: 1:26.61 46.51      | 200m: 2:54.71 43.66 | 300m: 4:34.96 50.38     | 400m: 5:52.18 38.36 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 1, Femin., 400m Estilos, Infantis

| Pos. | Nadador                    | Ano                 | Clube                   | Tempo               | Pts |
|------|----------------------------|---------------------|-------------------------|---------------------|-----|
| 10.  | Ines Martins Silva         | 13                  | Sporting                | <b>5:54.46</b>      | 389 |
|      | 50m: 38.36 38.36           | 150m: 2:06.98 44.59 | 250m: 3:41.61 50.73     | 350m: 5:14.64 41.87 |     |
|      | 100m: 1:22.39 44.03        | 200m: 2:50.88 43.90 | 300m: 4:32.77 51.16     | 400m: 5:54.46 39.82 |     |
| 11.  | Matilde Pires Guerra       | 12                  | Colegio Int Monte Maior | <b>5:54.77</b>      | 388 |
|      | 50m: 38.59 38.59           | 150m: 2:09.36 44.92 | 250m: 3:45.34 52.11     | 350m: 5:16.32 39.61 |     |
|      | 100m: 1:24.44 45.85        | 200m: 2:53.23 43.87 | 300m: 4:36.71 51.37     | 400m: 5:54.77 38.45 |     |
| 12.  | Telma Filipa Magalhaes     | 12                  | Fisica Torres Vedras    | <b>5:56.15</b>      | 384 |
|      | 50m: 37.25 37.25           | 150m: 2:04.88 44.05 | 250m: 3:41.56 52.26     | 350m: 5:15.79 41.26 |     |
|      | 100m: 1:20.83 43.58        | 200m: 2:49.30 44.42 | 300m: 4:34.53 52.97     | 400m: 5:56.15 40.36 |     |
| 13.  | Maria Chenrim Raimundo     | 12                  | Sporting                | <b>5:57.49</b>      | 380 |
|      | 50m: 40.58 40.58           | 150m: 2:13.09 45.36 | 250m: 3:45.96 48.88     | 350m: 5:17.61 41.56 |     |
|      | 100m: 1:27.73 47.15        | 200m: 2:57.08 43.99 | 300m: 4:36.05 50.09     | 400m: 5:57.49 39.88 |     |
| 14.  | Jade Duarte Bexigas        | 12                  | Geslours                | <b>5:58.38</b>      | 377 |
|      | 50m: 41.66 41.66           | 150m: 2:17.57 45.07 | 250m: 3:51.16 50.16     | 350m: 5:20.09 39.75 |     |
|      | 100m: 1:32.50 50.84        | 200m: 3:01.00 43.43 | 300m: 4:40.34 49.18     | 400m: 5:58.38 38.29 |     |
| 15.  | Joana Ferreira Espada      | 13                  | AONDA - Azeitão         | <b>6:01.86</b>      | 366 |
|      | 50m: 38.70 38.70           | 150m: 2:11.90 46.51 | 250m: 3:51.40 52.77     | 350m: 5:24.51 38.75 |     |
|      | 100m: 1:25.39 46.69        | 200m: 2:58.63 46.73 | 300m: 4:45.76 54.36     | 400m: 6:01.86 37.35 |     |
| 16.  | Maria Freitas Teives       | 13                  | Sporting                | <b>6:02.48</b>      | 364 |
|      | 50m: 38.13 38.13           | 150m: 2:09.11 46.73 | 250m: 3:46.96 52.90     | 350m: 5:23.23 42.48 |     |
|      | 100m: 1:22.38 44.25        | 200m: 2:54.06 44.95 | 300m: 4:40.75 53.79     | 400m: 6:02.48 39.25 |     |
| 17.  | Ines Alexandra Mariano     | 12                  | Colegio Int Monte Maior | <b>6:03.72</b>      | 360 |
|      | 50m: 38.14 38.14           | 150m: 2:10.09 47.81 | 250m: 3:46.83 48.96     | 350m: 5:21.16 43.72 |     |
|      | 100m: 1:22.28 44.14        | 200m: 2:57.87 47.78 | 300m: 4:37.44 50.61     | 400m: 6:03.72 42.56 |     |
| 18.  | Sofia Mao de Ferro         | 13                  | Sporting                | <b>6:04.01</b>      | 359 |
|      | 50m: 40.33 40.33           | 150m: 2:14.39 45.73 | 250m: 3:51.34 52.68     | 350m: 5:25.37 40.63 |     |
|      | 100m: 1:28.66 48.33        | 200m: 2:58.66 44.27 | 300m: 4:44.74 53.40     | 400m: 6:04.01 38.64 |     |
| 19.  | Mariana Vale Serrao        | 13                  | Palmela Desporto        | <b>6:08.13</b>      | 348 |
|      | 50m: 40.18 40.18           | 150m: 2:19.63 50.35 | 250m: 3:55.99 48.62     | 350m: 5:28.20 41.89 |     |
|      | 100m: 1:29.28 49.10        | 200m: 3:07.37 47.74 | 300m: 4:46.31 50.32     | 400m: 6:08.13 39.93 |     |
| 20.  | Matilde Figueiredo Mourato | 12                  | Sporting                | <b>6:08.14</b>      | 347 |
|      | 50m: 40.41 40.41           | 150m: 2:15.84 47.87 | 250m: 3:50.18 47.71     | 350m: 5:26.87 44.59 |     |
|      | 100m: 1:27.97 47.56        | 200m: 3:02.47 46.63 | 300m: 4:42.28 52.10     | 400m: 6:08.14 41.27 |     |
| 21.  | Constanca Marques Jeronimo | 13                  | Sporting                | <b>6:09.00</b>      | 345 |
|      | 50m: 38.50 38.50           | 150m: 2:13.50 47.05 | 250m: 3:53.13 54.20     | 350m: 5:29.27 42.16 |     |
|      | 100m: 1:26.45 47.95        | 200m: 2:58.93 45.43 | 300m: 4:47.11 53.98     | 400m: 6:09.00 39.73 |     |
| 22.  | Rita Maria Rosa            | 12                  | Alges                   | <b>6:09.43</b>      | 344 |
|      | 50m: 40.11 40.11           | 150m: 2:13.72 47.12 | 250m: 3:52.58 53.61     | 350m: 5:29.17 42.02 |     |
|      | 100m: 1:26.60 46.49        | 200m: 2:58.97 45.25 | 300m: 4:47.15 54.57     | 400m: 6:09.43 40.26 |     |
| 23.  | Eveline Sergiu Spac        | 13                  | Palmela Desporto        | <b>6:09.84</b>      | 343 |
|      | 50m: 38.44 38.44           | 150m: 2:12.85 47.57 | 250m: 3:54.09 56.40     | 350m: 5:29.50 39.49 |     |
|      | 100m: 1:25.28 46.84        | 200m: 2:57.69 44.84 | 300m: 4:50.01 55.92     | 400m: 6:09.84 40.34 |     |
| 24.  | Rita Alexandra Ribeiro     | 12                  | Alges                   | <b>6:11.85</b>      | 337 |
|      | 50m: 39.99 39.99           | 150m: 2:16.02 45.85 | 250m: 3:52.53 49.99     | 350m: 5:28.11 44.12 |     |
|      | 100m: 1:30.17 50.18        | 200m: 3:02.54 46.52 | 300m: 4:43.99 51.46     | 400m: 6:11.85 43.74 |     |
| 25.  | Margarida Afonso Barata    | 12                  | Colegio Int Monte Maior | <b>6:14.10</b>      | 331 |
|      | 50m: 39.09 39.09           | 150m: 2:10.02 46.20 | 250m: 3:52.02 56.61     | 350m: 5:32.56 41.08 |     |
|      | 100m: 1:23.82 44.73        | 200m: 2:55.41 45.39 | 300m: 4:51.48 59.46     | 400m: 6:14.10 41.54 |     |
| 26.  | Alice Mendes Veloso        | 12                  | União Piedense          | <b>6:14.27</b>      | 331 |
|      | 50m: 41.32 41.32           | 150m: 2:17.91 47.14 | 250m: 3:57.06 52.27     | 350m: 5:32.77 43.24 |     |
|      | 100m: 1:30.77 49.45        | 200m: 3:04.79 46.88 | 300m: 4:49.53 52.47     | 400m: 6:14.27 41.50 |     |
| 27.  | Matilde Cravo Barreiros    | 13                  | Palmela Desporto        | <b>6:18.27</b>      | 320 |
|      | 50m: 40.83 40.83           | 150m: 2:19.55 47.31 | 250m: 3:59.52 53.94     | 350m: 5:36.96 43.62 |     |
|      | 100m: 1:32.24 51.41        | 200m: 3:05.58 46.03 | 300m: 4:53.34 53.82     | 400m: 6:18.27 41.31 |     |
| 28.  | Clara Damasceno Reis       | 13                  | Sporting                | <b>6:20.76</b>      | 314 |
|      | 50m: 44.46 44.46           | 150m: 2:23.32 46.76 | 250m: 4:01.71 51.33     | 350m: 5:37.70 44.05 |     |
|      | 100m: 1:36.56 52.10        | 200m: 3:10.38 47.06 | 300m: 4:53.65 51.94     | 400m: 6:20.76 43.06 |     |
| 29.  | Yara Alexandra Carreira    | 12                  | Sporting                | <b>6:23.19</b>      | 308 |
|      | 50m: 37.94 37.94           | 150m: 2:16.94 50.27 | 250m: 4:00.68 55.02     | 350m: 5:38.78 42.55 |     |
|      | 100m: 1:26.67 48.73        | 200m: 3:05.66 48.72 | 300m: 4:56.23 55.55     | 400m: 6:23.19 44.41 |     |
| 30.  | Marta Nogueira Esteves     | 13                  | Geslours                | <b>6:23.64</b>      | 307 |
|      | 50m: 41.24 41.24           | 150m: 2:17.08 45.94 | 250m: 3:57.18 54.86     | 350m: 5:38.16 45.20 |     |
|      | 100m: 1:31.14 49.90        | 200m: 3:02.32 45.24 | 300m: 4:52.96 55.78     | 400m: 6:23.64 45.48 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

**Prova 1, Femin., 400m Estilos, Infantis**

| Pos. | Nadador                                                                                                                             | Ano                 | Clube                    | Tempo               | Pts |
|------|-------------------------------------------------------------------------------------------------------------------------------------|---------------------|--------------------------|---------------------|-----|
| 31.  | Beatriz Cruz Figueiredo                                                                                                             | 13                  | Fisica Torres Vedras     | <b>6:25.56</b>      | 302 |
|      | 50m: 44.43 44.43                                                                                                                    | 150m: 2:24.51 47.16 | 250m: 4:05.01 53.09      | 350m: 5:42.24 43.47 |     |
|      | 100m: 1:37.35 52.92                                                                                                                 | 200m: 3:11.92 47.41 | 300m: 4:58.77 53.76      | 400m: 6:25.56 43.32 |     |
| 32.  | Beatriz Simao Brito                                                                                                                 | 13                  | Geslours                 | <b>6:26.68</b>      | 300 |
|      | 50m: 44.62 44.62                                                                                                                    | 150m: 2:27.29 46.25 | 250m: 4:09.80 57.11      | 350m: 5:47.17 39.70 |     |
|      | 100m: 1:41.04 56.42                                                                                                                 | 200m: 3:12.69 45.40 | 300m: 5:07.47 57.67      | 400m: 6:26.68 39.51 |     |
| 33.  | Matilde Sofia Castanheira                                                                                                           | 13                  | Geslours                 | <b>6:27.03</b>      | 299 |
|      | 50m: 43.42 43.42                                                                                                                    | 150m: 2:27.04 48.16 | 250m: 4:08.03 53.81      | 350m: 5:46.77 44.51 |     |
|      | 100m: 1:38.88 55.46                                                                                                                 | 200m: 3:14.22 47.18 | 300m: 5:02.26 54.23      | 400m: 6:27.03 40.26 |     |
| 34.  | Catarina Sousa Barreto                                                                                                              | 13                  | Geslours                 | <b>6:27.25</b>      | 298 |
|      | 50m: 44.23 44.23                                                                                                                    | 150m: 2:28.83 49.11 | 250m: 4:10.61 53.70      | 350m: 5:47.33 43.49 |     |
|      | 100m: 1:39.72 55.49                                                                                                                 | 200m: 3:16.91 48.08 | 300m: 5:03.84 53.23      | 400m: 6:27.25 39.92 |     |
| 35.  | Madalena Marques Martins                                                                                                            | 13                  | União Piedense           | <b>6:27.86</b>      | 297 |
|      | 50m: 42.42 42.42                                                                                                                    | 150m: 2:22.10 48.33 | 250m: 4:07.57 58.57      | 350m: 5:47.67 40.98 |     |
|      | 100m: 1:33.77 51.35                                                                                                                 | 200m: 3:09.00 46.90 | 300m: 5:06.69 59.12      | 400m: 6:27.86 40.19 |     |
| 36.  | Madalena D'Eca Bispo                                                                                                                | 13                  | Fisica Torres Vedras     | <b>6:31.55</b>      | 289 |
|      | 50m: 44.29 44.29                                                                                                                    | 150m: 2:29.85 51.58 | 250m: 4:11.06 51.55      | 350m: 5:47.99 43.66 |     |
|      | 100m: 1:38.27 53.98                                                                                                                 | 200m: 3:19.51 49.66 | 300m: 5:04.33 53.27      | 400m: 6:31.55 43.56 |     |
| 37.  | Margarida Pires Correia                                                                                                             | 12                  | Geslours                 | <b>6:32.93</b>      | 286 |
|      | 50m: 46.07 46.07                                                                                                                    | 150m: 2:26.39 47.39 | 250m: 4:11.89 58.13      | 350m: 5:53.22 42.30 |     |
|      | 100m: 1:39.00 52.93                                                                                                                 | 200m: 3:13.76 47.37 | 300m: 5:10.92 59.03      | 400m: 6:32.93 39.71 |     |
| 38.  | Beatriz Salvador Pocinho                                                                                                            | 13                  | Geslours                 | <b>6:35.26</b>      | 281 |
|      | 50m: 42.09 42.09                                                                                                                    | 150m: 2:23.59 50.80 | 250m: 4:10.65 56.69      | 350m: 5:51.17 44.07 |     |
|      | 100m: 1:32.79 50.70                                                                                                                 | 200m: 3:13.96 50.37 | 300m: 5:07.10 56.45      | 400m: 6:35.26 44.09 |     |
| 39.  | Margarida dos Correia                                                                                                               | 12                  | Alges                    | <b>6:37.57</b>      | 276 |
|      | 50m: 43.86 43.86                                                                                                                    | 150m: 2:29.88 53.65 | 250m: 4:17.00 54.40      | 350m: 5:55.19 43.01 |     |
|      | 100m: 1:36.23 52.37                                                                                                                 | 200m: 3:22.60 52.72 | 300m: 5:12.18 55.18      | 400m: 6:37.57 42.38 |     |
| 40.  | Maria Ines Correia                                                                                                                  | 13                  | Geslours                 | <b>6:40.78</b>      | 269 |
|      | 50m: 42.82 42.82                                                                                                                    | 150m: 2:28.60 52.85 | 250m: 4:13.85 53.30      | 350m: 5:55.68 46.23 |     |
|      | 100m: 1:35.75 52.93                                                                                                                 | 200m: 3:20.55 51.95 | 300m: 5:09.45 55.60      | 400m: 6:40.78 45.10 |     |
| 41.  | Carolina Sao Bras                                                                                                                   | 13                  | Geslours                 | <b>6:46.88</b>      | 257 |
|      | 50m: 45.51 45.51                                                                                                                    | 150m: 2:30.96 50.09 | 250m: 4:17.63 57.56      | 350m: 6:03.37 46.28 |     |
|      | 100m: 1:40.87 55.36                                                                                                                 | 200m: 3:20.07 49.11 | 300m: 5:17.09 59.46      | 400m: 6:46.88 43.51 |     |
| 42.  | Ines Moreira Pedro                                                                                                                  | 12                  | Benfica                  | <b>6:46.89</b>      | 257 |
|      | 50m: 43.55 43.55                                                                                                                    | 150m: 2:33.13 49.53 | 250m: 4:19.52 59.25      | 350m: 6:04.26 43.95 |     |
|      | 100m: 1:43.60 1:00.05                                                                                                               | 200m: 3:20.27 47.14 | 300m: 5:20.31 1:00.79    | 400m: 6:46.89 42.63 |     |
| 43.  | Maria Joana Carvalho                                                                                                                | 13                  | Geslours                 | <b>6:54.21</b>      | 244 |
|      | 50m: 44.58 44.58                                                                                                                    | 150m: 2:32.42 50.18 | 250m: 4:22.45 58.49      | 350m: 6:07.93 45.63 |     |
|      | 100m: 1:42.24 57.66                                                                                                                 | 200m: 3:23.96 51.54 | 300m: 5:22.30 59.85      | 400m: 6:54.21 46.28 |     |
| 44.  | Maria Mateus Cabrita                                                                                                                | 12                  | CPCD Povia de Santa Iria | <b>6:59.26</b>      | 235 |
|      | 50m: 42.58 42.58                                                                                                                    | 150m: 2:26.42 51.24 | 250m: 4:21.88 1:04.03    | 350m: 6:13.32 47.32 |     |
|      | 100m: 1:35.18 52.60                                                                                                                 | 200m: 3:17.85 51.43 | 300m: 5:26.00 1:04.12    | 400m: 6:59.26 45.94 |     |
| 45.  | Laura Tomas Santos                                                                                                                  | 13                  | Geslours                 | <b>7:00.35</b>      | 233 |
|      | 50m: 46.48 46.48                                                                                                                    | 150m: 2:36.74 50.62 | 250m: 4:26.70 58.66      | 350m: 6:14.20 47.67 |     |
|      | 100m: 1:46.12 59.64                                                                                                                 | 200m: 3:28.04 51.30 | 300m: 5:26.53 59.83      | 400m: 7:00.35 46.15 |     |
| DSQ  | Maria Paco Amaro                                                                                                                    | 13                  | Benfica                  |                     |     |
|      | <i>E-C4 - Movimento de viragem não contínuo, com acentuado deslize em posição ventral, antes da viragem aos 150 metros (sr 6.4)</i> |                     |                          |                     |     |
| DSQ  | Carolina Sales Lima                                                                                                                 | 13                  | Geslours                 |                     |     |
|      | <i>E-B20 - Tocou com uma só mão na parede testa na chegada do percurso de bruços (sr 7.6 / 9.4)</i>                                 |                     |                          |                     |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 2  
03.05.2025 - 16:00

Masc., 400m Estilos

Infantis  
Resultados

|                       |         |                         |     |                       |      |
|-----------------------|---------|-------------------------|-----|-----------------------|------|
| Rec Regional Inf A    | 4:47.72 | Joao Alexandre Vital    | POR | Sto Antº Cavaleiros   | 2012 |
| Rec Regional Inf B    | 5:02.78 | Pedro Fontoura Oliveira | POR | Odivelas              | 2003 |
| Rec Regional Absoluto | 4:06.93 | Joao Alexandre Vital    | POR | Hangzhou (CHN)        | 2018 |
| Rec Nacional Inf A    | 4:40.32 | Tomas Miguel Freitas    | POR | Funchal               | 2004 |
| Rec Nacional Inf B    | 4:49.65 | Andre Vilas Ruivo       | POR | S. António Cavaleiros | 2013 |
| Rec Nacional Absoluto | 4:05.87 | Gabriel Jose Lopes      | POR | Leiria                | 2022 |

Mínimo Participação Inf B: 6:56.99; Inf A: 6:37.13

Pontos: AQUA 2024

| Pos.       | Nadador                     | Ano                 | Clube                    | Tempo               | Pts |
|------------|-----------------------------|---------------------|--------------------------|---------------------|-----|
| Infantis B |                             |                     |                          |                     |     |
| 1.         | Guilherme Pereira Sousa     | 12                  | Fisica Torres Vedras     | <b>5:30.42</b>      | 358 |
|            | 50m: 34.17 34.17            | 150m: 2:00.31 44.80 | 250m: 3:28.76 46.49      | 350m: 4:53.48 38.09 |     |
|            | 100m: 1:15.51 41.34         | 200m: 2:42.27 41.96 | 300m: 4:15.39 46.63      | 400m: 5:30.42 36.94 |     |
| 2.         | Vasco Messias Pires         | 12                  | Sporting                 | <b>5:37.41</b>      | 337 |
|            | 50m: 35.44 35.44            | 150m: 2:03.11 45.48 | 250m: 3:34.33 46.17      | 350m: 4:59.79 37.39 |     |
|            | 100m: 1:17.63 42.19         | 200m: 2:48.16 45.05 | 300m: 4:22.40 48.07      | 400m: 5:37.41 37.62 |     |
| 3.         | Rafael Alexandre Figueiredo | 12                  | União Piedense           | <b>5:39.91</b>      | 329 |
|            | 50m: 36.29 36.29            | 150m: 2:05.24 45.98 | 250m: 3:37.49 47.98      | 350m: 5:04.09 38.17 |     |
|            | 100m: 1:19.26 42.97         | 200m: 2:49.51 44.27 | 300m: 4:25.92 48.43      | 400m: 5:39.91 35.82 |     |
| 4.         | Pedro Pontes Prior          | 12                  | Laranjeiro               | <b>5:48.70</b>      | 305 |
|            | 50m: 35.34 35.34            | 150m: 2:05.49 47.74 | 250m: 3:39.26 48.99      | 350m: 5:10.08 40.96 |     |
|            | 100m: 1:17.75 42.41         | 200m: 2:50.27 44.78 | 300m: 4:29.12 49.86      | 400m: 5:48.70 38.62 |     |
| 5.         | Diego Miguel Mota           | 12                  | Geslours                 | <b>5:53.60</b>      | 292 |
|            | 50m: 38.88 38.88            | 150m: 2:09.88 45.20 | 250m: 3:45.65 50.70      | 350m: 5:16.01 39.42 |     |
|            | 100m: 1:24.68 45.80         | 200m: 2:54.95 45.07 | 300m: 4:36.59 50.94      | 400m: 5:53.60 37.59 |     |
| 6.         | Goncalo Maria Francisco     | 12                  | Sporting                 | <b>6:00.75</b>      | 275 |
|            | 50m: 36.57 36.57            | 150m: 2:05.83 46.94 | 250m: 3:46.34 53.26      | 350m: 5:21.08 40.30 |     |
|            | 100m: 1:18.89 42.32         | 200m: 2:53.08 47.25 | 300m: 4:40.78 54.44      | 400m: 6:00.75 39.67 |     |
| 7.         | Dinis Costa Faria           | 12                  | Nacional de Natação      | <b>6:02.49</b>      | 271 |
|            | 50m: 41.52 41.52            | 150m: 2:15.94 45.76 | 250m: 3:51.06 51.46      | 350m: 5:23.17 39.75 |     |
|            | 100m: 1:30.18 48.66         | 200m: 2:59.60 43.66 | 300m: 4:43.42 52.36      | 400m: 6:02.49 39.32 |     |
| 8.         | David Budu                  | 12                  | Palmela Desporto         | <b>6:02.76</b>      | 271 |
|            | 50m: 41.05 41.05            | 150m: 2:16.71 45.25 | 250m: 3:51.49 50.98      | 350m: 5:23.04 40.64 |     |
|            | 100m: 1:31.46 50.41         | 200m: 3:00.51 43.80 | 300m: 4:42.40 50.91      | 400m: 6:02.76 39.72 |     |
| 9.         | Afonso Miguel Ramos         | 12                  | Fisica Torres Vedras     | <b>6:09.06</b>      | 257 |
|            | 50m: 37.57 37.57            | 150m: 2:09.70 47.20 | 250m: 3:50.08 54.02      | 350m: 5:28.22 43.10 |     |
|            | 100m: 1:22.50 44.93         | 200m: 2:56.06 46.36 | 300m: 4:45.12 55.04      | 400m: 6:09.06 40.84 |     |
| 10.        | Tomas Caldeira Marques      | 12                  | AONDA - Azeitão          | <b>6:09.17</b>      | 257 |
|            | 50m: 42.19 42.19            | 150m: 2:18.81 46.27 | 250m: 3:56.92 52.66      | 350m: 5:30.05 39.92 |     |
|            | 100m: 1:32.54 50.35         | 200m: 3:04.26 45.45 | 300m: 4:50.13 53.21      | 400m: 6:09.17 39.12 |     |
| 11.        | Miguel Almeida Pereira      | 12                  | AONDA - Azeitão          | <b>6:09.35</b>      | 256 |
|            | 50m: 43.10 43.10            | 150m: 2:18.75 46.27 | 250m: 3:58.45 54.48      | 350m: 5:31.88 40.64 |     |
|            | 100m: 1:32.48 49.38         | 200m: 3:03.97 45.22 | 300m: 4:51.24 52.79      | 400m: 6:09.35 37.47 |     |
| 12.        | Joao Leitao Duarte          | 12                  | Geslours                 | <b>6:11.31</b>      | 252 |
|            | 50m: 41.15 41.15            | 150m: 2:19.72 46.45 | 250m: 3:56.24 49.58      | 350m: 5:29.63 42.57 |     |
|            | 100m: 1:33.27 52.12         | 200m: 3:06.66 46.94 | 300m: 4:47.06 50.82      | 400m: 6:11.31 41.68 |     |
| 13.        | Gustavo Henriques Lourenco  | 12                  | CPCD Povoá de Santa Iria | <b>6:12.31</b>      | 250 |
|            | 50m: 39.29 39.29            | 150m: 2:15.17 47.82 | 250m: 3:53.25 53.29      | 350m: 5:33.24 43.25 |     |
|            | 100m: 1:27.35 48.06         | 200m: 2:59.96 44.79 | 300m: 4:49.99 56.74      | 400m: 6:12.31 39.07 |     |
| 14.        | Afonso Andre Correia        | 12                  | Benfica                  | <b>6:14.30</b>      | 246 |
|            | 50m: 40.60 40.60            | 150m: 2:15.51 48.14 | 250m: 3:56.76 55.50      | 350m: 5:33.53 41.81 |     |
|            | 100m: 1:27.37 46.77         | 200m: 3:01.26 45.75 | 300m: 4:51.72 54.96      | 400m: 6:14.30 40.77 |     |
| 15.        | Kirill Tkachenko            | 12                  | Sporting                 | <b>6:20.44</b>      | 235 |
|            | 50m: 42.32 42.32            | 150m: 2:20.66 47.20 | 250m: 4:04.16 56.55      | 350m: 5:41.69 40.92 |     |
|            | 100m: 1:33.46 51.14         | 200m: 3:07.61 46.95 | 300m: 5:00.77 56.61      | 400m: 6:20.44 38.75 |     |
| 16.        | Miguel Farias Passana       | 12                  | Geslours                 | <b>6:21.10</b>      | 233 |
|            | 50m: 38.55 38.55            | 150m: 2:15.28 50.04 | 250m: 3:57.85 54.79      | 350m: 5:37.56 44.54 |     |
|            | 100m: 1:25.24 46.69         | 200m: 3:03.06 47.78 | 300m: 4:53.02 55.17      | 400m: 6:21.10 43.54 |     |
| 17.        | Manuel Joao Fonseca         | 12                  | Colegio Int Monte Maior  | <b>6:22.26</b>      | 231 |
|            | 50m: 42.80 42.80            | 150m: 2:25.37 48.77 | 250m: 4:06.95 54.44      | 350m: 5:42.72 41.56 |     |
|            | 100m: 1:36.60 53.80         | 200m: 3:12.51 47.14 | 300m: 5:01.16 54.21      | 400m: 6:22.26 39.54 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

**Prova 2, Masc., 400m Estilos, Infantis B**

| Pos. | Nadador                                                                                                      | Ano | Clube                   | Tempo          | Pts |
|------|--------------------------------------------------------------------------------------------------------------|-----|-------------------------|----------------|-----|
| 18.  | Miguel Cruz Simoes                                                                                           | 12  | Alges                   | <b>6:22.80</b> | 230 |
|      | 50m: 40.63 40.63 150m: 2:20.50 51.11 250m: 4:02.98 53.81 350m: 5:41.30 43.91                                 |     |                         |                |     |
|      | 100m: 1:29.39 48.76 200m: 3:09.17 48.67 300m: 4:57.39 54.41 400m: 6:22.80 41.50                              |     |                         |                |     |
| 19.  | Francisco Carrapico Alexandrino                                                                              | 12  | Alges                   | <b>6:28.42</b> | 220 |
|      | 50m: 41.60 41.60 150m: 2:21.28 50.55 250m: 4:05.13 55.25 350m: 5:46.98 44.46                                 |     |                         |                |     |
|      | 100m: 1:30.73 49.13 200m: 3:09.88 48.60 300m: 5:02.52 57.39 400m: 6:28.42 41.44                              |     |                         |                |     |
| 20.  | Martim Silva Ferreira                                                                                        | 12  | Geslours                | <b>6:36.09</b> | 208 |
|      | 50m: 45.63 45.63 150m: 2:34.66 52.42 250m: 4:18.88 54.86 350m: 5:57.77 43.53                                 |     |                         |                |     |
|      | 100m: 1:42.24 56.61 200m: 3:24.02 49.36 300m: 5:14.24 55.36 400m: 6:36.09 38.32                              |     |                         |                |     |
| 21.  | Alvaro Fernandes Rodrigues                                                                                   | 12  | Geslours                | <b>6:49.31</b> | 188 |
|      | 50m: 49.20 49.20 150m: 2:39.42 52.17 250m: 4:23.97 53.99 350m: 6:05.57 45.98                                 |     |                         |                |     |
|      | 100m: 1:47.25 58.05 200m: 3:29.98 50.56 300m: 5:19.59 55.62 400m: 6:49.31 43.74                              |     |                         |                |     |
| DSQ  | Afonso Guerreiro Santos                                                                                      | 12  | Colegio Int Monte Maior |                |     |
|      | <i>E-B2 - Efetuou m ltiplas pernadas de golfinho ap s a viragem aos 250 metros (sr 7.1)</i>                  |     |                         |                |     |
| DSQ  | Leon Konrad Dynkiewicz                                                                                       | 12  | Alges                   |                |     |
|      | <i>E-B19 - Toque n o simult neo das m os na parede testa na viragem aos 250 metros (sr 7.6)</i>              |     |                         |                |     |
| DSQ  | Goncalo Nunes Costa                                                                                          | 12  | Geslours                |                |     |
|      | <i>E-C5 - Na viragem aos 175 metros perdeu a posi  o dorsal na sa da da parede testa (sr 6.4)</i>            |     |                         |                |     |
| DSQ  | Tiago Esteves Rodrigues                                                                                      | 12  | Geslours                |                |     |
|      | <i>E-B21 - Toque n o simult neo das m os na parede testa na chegada do percurso de bru os (sr 7.6 / 9.4)</i> |     |                         |                |     |

**Infantis A**

|     |                                                                                 |    |                         |                |     |
|-----|---------------------------------------------------------------------------------|----|-------------------------|----------------|-----|
| 1.  | Bernardo Goncalves Paulo                                                        | 11 | Un o Piedense           | <b>5:04.80</b> | 457 |
|     | 50m: 31.78 31.78 150m: 1:49.00 39.36 250m: 3:12.29 44.84 350m: 4:32.64 33.88    |    |                         |                |     |
|     | 100m: 1:09.64 37.86 200m: 2:27.45 38.45 300m: 3:58.76 46.47 400m: 5:04.80 32.16 |    |                         |                |     |
| 2.  | Simao Pascoal Fernandes                                                         | 11 | Colegio Int Monte Maior | <b>5:15.17</b> | 413 |
|     | 50m: 34.07 34.07 150m: 1:55.71 41.60 250m: 3:21.51 44.30 350m: 4:41.31 34.82    |    |                         |                |     |
|     | 100m: 1:14.11 40.04 200m: 2:37.21 41.50 300m: 4:06.49 44.98 400m: 5:15.17 33.86 |    |                         |                |     |
| 3.  | Duarte Ribeiro Lima                                                             | 11 | Geslours                | <b>5:20.02</b> | 395 |
|     | 50m: 33.64 33.64 150m: 1:54.95 41.28 250m: 3:20.48 45.25 350m: 4:45.32 39.49    |    |                         |                |     |
|     | 100m: 1:13.67 40.03 200m: 2:35.23 40.28 300m: 4:05.83 45.35 400m: 5:20.02 34.70 |    |                         |                |     |
| 4.  | Keyser Jossib Ribeiro                                                           | 11 | Alges                   | <b>5:20.61</b> | 392 |
|     | 50m: 30.24 30.24 150m: 1:49.75 43.48 250m: 3:18.00 47.05 350m: 4:45.11 39.08    |    |                         |                |     |
|     | 100m: 1:06.27 36.03 200m: 2:30.95 41.20 300m: 4:06.03 48.03 400m: 5:20.61 35.50 |    |                         |                |     |
| 5.  | Mingxi Guan                                                                     | 11 | Alges                   | <b>5:25.85</b> | 374 |
|     | 50m: 33.62 33.62 150m: 1:56.81 43.74 250m: 3:22.88 44.46 350m: 4:48.39 39.60    |    |                         |                |     |
|     | 100m: 1:13.07 39.45 200m: 2:38.42 41.61 300m: 4:08.79 45.91 400m: 5:25.85 37.46 |    |                         |                |     |
| 6.  | David Pacheco Castanheira                                                       | 11 | Geslours                | <b>5:26.33</b> | 372 |
|     | 50m: 34.89 34.89 150m: 2:00.08 42.69 250m: 3:25.62 44.45 350m: 4:48.79 38.22    |    |                         |                |     |
|     | 100m: 1:17.39 42.50 200m: 2:41.17 41.09 300m: 4:10.57 44.95 400m: 5:26.33 37.54 |    |                         |                |     |
| 7.  | Matias Malheiro Mata                                                            | 11 | Sporting                | <b>5:27.64</b> | 368 |
|     | 50m: 37.06 37.06 150m: 2:00.90 41.17 250m: 3:28.67 47.33 350m: 4:52.61 36.98    |    |                         |                |     |
|     | 100m: 1:19.73 42.67 200m: 2:41.34 40.44 300m: 4:15.63 46.96 400m: 5:27.64 35.03 |    |                         |                |     |
| 8.  | Ryan Lukas Desousa                                                              | 11 | Alges                   | <b>5:28.53</b> | 365 |
|     | 50m: 33.17 33.17 150m: 1:53.00 39.73 250m: 3:24.18 50.70 350m: 4:52.57 38.47    |    |                         |                |     |
|     | 100m: 1:13.27 40.10 200m: 2:33.48 40.48 300m: 4:14.10 49.92 400m: 5:28.53 35.96 |    |                         |                |     |
| 9.  | Tiago Pinheiro Carranca                                                         | 11 | Colegio Int Monte Maior | <b>5:30.76</b> | 357 |
|     | 50m: 36.78 36.78 150m: 2:03.59 40.69 250m: 3:32.31 48.70 350m: 4:56.19 34.94    |    |                         |                |     |
|     | 100m: 1:22.90 46.12 200m: 2:43.61 40.02 300m: 4:21.25 48.94 400m: 5:30.76 34.57 |    |                         |                |     |
| 10. | Simao Verissimo Aires                                                           | 11 | Laranjeiro              | <b>5:31.15</b> | 356 |
|     | 50m: 36.06 36.06 150m: 1:59.15 39.68 250m: 3:29.91 50.66 350m: 4:56.29 35.49    |    |                         |                |     |
|     | 100m: 1:19.47 43.41 200m: 2:39.25 40.10 300m: 4:20.80 50.89 400m: 5:31.15 34.86 |    |                         |                |     |
| 11. | Joao Marcelino Rodrigues                                                        | 11 | Sporting                | <b>5:33.14</b> | 350 |
|     | 50m: 37.67 37.67 150m: 2:04.79 42.87 250m: 3:33.32 47.27 350m: 4:57.58 36.61    |    |                         |                |     |
|     | 100m: 1:21.92 44.25 200m: 2:46.05 41.26 300m: 4:20.97 47.65 400m: 5:33.14 35.56 |    |                         |                |     |
| 12. | Francisco Lalanda Correia                                                       | 11 | Fisica Torres Vedras    | <b>5:36.83</b> | 338 |
|     | 50m: 33.75 33.75 150m: 1:56.39 43.73 250m: 3:31.03 51.66 350m: 5:00.56 37.12    |    |                         |                |     |
|     | 100m: 1:12.66 38.91 200m: 2:39.37 42.98 300m: 4:23.44 52.41 400m: 5:36.83 36.27 |    |                         |                |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 2, Masc., 400m Estilos, Infantis A

| Pos. | Nadador                   | Ano                 | Clube                    | Tempo               | Pts |
|------|---------------------------|---------------------|--------------------------|---------------------|-----|
| 13.  | Tomas Ferreira Batista    | 11                  | CPCD Povia de Santa Iria | <b>5:38.46</b>      | 333 |
|      | 50m: 34.99 34.99          | 150m: 2:00.22 44.70 | 250m: 3:32.06 48.42      | 350m: 5:00.37 38.65 |     |
|      | 100m: 1:15.52 40.53       | 200m: 2:43.64 43.42 | 300m: 4:21.72 49.66      | 400m: 5:38.46 38.09 |     |
| 14.  | Fabio Martim Couraceiro   | 11                  | AONDA - Azeitão          | <b>5:42.64</b>      | 321 |
|      | 50m: 36.28 36.28          | 150m: 2:02.78 43.04 | 250m: 3:35.86 51.44      | 350m: 5:06.08 38.84 |     |
|      | 100m: 1:19.74 43.46       | 200m: 2:44.42 41.64 | 300m: 4:27.24 51.38      | 400m: 5:42.64 36.56 |     |
| 15.  | Tiago Botelho Silva       | 11                  | Geslours                 | <b>5:43.63</b>      | 319 |
|      | 50m: 37.83 37.83          | 150m: 2:06.29 44.23 | 250m: 3:37.01 47.78      | 350m: 5:05.06 40.17 |     |
|      | 100m: 1:22.06 44.23       | 200m: 2:49.23 42.94 | 300m: 4:24.89 47.88      | 400m: 5:43.63 38.57 |     |
| 16.  | Thomas James Barnett      | 11                  | Nacional de Natação      | <b>5:44.76</b>      | 315 |
|      | 50m: 39.00 39.00          | 150m: 2:09.65 45.90 | 250m: 3:41.45 47.78      | 350m: 5:07.64 38.07 |     |
|      | 100m: 1:23.75 44.75       | 200m: 2:53.67 44.02 | 300m: 4:29.57 48.12      | 400m: 5:44.76 37.12 |     |
| 17.  | Tomas Rodrigues Morais    | 11                  | Colegio Int Monte Maior  | <b>5:45.14</b>      | 314 |
|      | 50m: 37.29 37.29          | 150m: 2:06.59 45.37 | 250m: 3:38.51 47.23      | 350m: 5:06.66 39.38 |     |
|      | 100m: 1:21.22 43.93       | 200m: 2:51.28 44.69 | 300m: 4:27.28 48.77      | 400m: 5:45.14 38.48 |     |
| 18.  | Francisco Pimentel Coelho | 11                  | Benfica                  | <b>5:45.51</b>      | 313 |
|      | 50m: 39.43 39.43          | 150m: 2:09.09 45.01 | 250m: 3:40.24 48.79      | 350m: 5:09.74 39.05 |     |
|      | 100m: 1:24.08 44.65       | 200m: 2:51.45 42.36 | 300m: 4:30.69 50.45      | 400m: 5:45.51 35.77 |     |
| 19.  | Vicente Guerreiro Velez   | 11                  | Fisica Torres Vedras     | <b>5:47.54</b>      | 308 |
|      | 50m: 36.70 36.70          | 150m: 2:05.53 45.23 | 250m: 3:39.44 50.35      | 350m: 5:10.36 39.30 |     |
|      | 100m: 1:20.30 43.60       | 200m: 2:49.09 43.56 | 300m: 4:31.06 51.62      | 400m: 5:47.54 37.18 |     |
| 20.  | Duarte Lopo Pereira       | 11                  | AONDA - Azeitão          | <b>5:47.64</b>      | 308 |
|      | 50m: 37.67 37.67          | 150m: 2:06.00 42.91 | 250m: 3:38.70 51.61      | 350m: 5:10.50 38.55 |     |
|      | 100m: 1:23.09 45.42       | 200m: 2:47.09 41.09 | 300m: 4:31.95 53.25      | 400m: 5:47.64 37.14 |     |
| 21.  | Duarte Oliveira Pinto     | 11                  | Geslours                 | <b>5:51.47</b>      | 298 |
|      | 50m: 37.57 37.57          | 150m: 2:08.47 44.67 | 250m: 3:42.94 50.67      | 350m: 5:14.02 39.00 |     |
|      | 100m: 1:23.80 46.23       | 200m: 2:52.27 43.80 | 300m: 4:35.02 52.08      | 400m: 5:51.47 37.45 |     |
| 22.  | Antonio Santos Mota       | 11                  | Benfica                  | <b>5:53.15</b>      | 293 |
|      | 50m: 39.34 39.34          | 150m: 2:10.28 44.06 | 250m: 3:45.78 52.28      | 350m: 5:17.57 39.13 |     |
|      | 100m: 1:26.22 46.88       | 200m: 2:53.50 43.22 | 300m: 4:38.44 52.66      | 400m: 5:53.15 35.58 |     |
| 23.  | Carlos Henrique Dias      | 11                  | Fisica Torres Vedras     | <b>5:57.40</b>      | 283 |
|      | 50m: 37.95 37.95          | 150m: 2:09.69 45.13 | 250m: 3:45.64 50.23      | 350m: 5:18.52 40.69 |     |
|      | 100m: 1:24.56 46.61       | 200m: 2:55.41 45.72 | 300m: 4:37.83 52.19      | 400m: 5:57.40 38.88 |     |
| 24.  | Henrique Jose Chainho     | 11                  | Palmela Desporto         | <b>6:01.16</b>      | 274 |
|      | 50m: 37.86 37.86          | 150m: 2:10.74 46.43 | 250m: 3:50.39 53.93      | 350m: 5:24.54 39.13 |     |
|      | 100m: 1:24.31 46.45       | 200m: 2:56.46 45.72 | 300m: 4:45.41 55.02      | 400m: 6:01.16 36.62 |     |
| 25.  | Tiago Guedes Caldas       | 11                  | Benfica                  | <b>6:03.01</b>      | 270 |
|      | 50m: 41.48 41.48          | 150m: 2:15.42 44.21 | 250m: 3:51.11 51.70      | 350m: 5:23.43 40.48 |     |
|      | 100m: 1:31.21 49.73       | 200m: 2:59.41 43.99 | 300m: 4:42.95 51.84      | 400m: 6:03.01 39.58 |     |
| 26.  | Rodrigo Santiago Almeida  | 11                  | CPCD Povia de Santa Iria | <b>6:09.77</b>      | 256 |
|      | 50m: 36.86 36.86          | 150m: 2:15.54 44.87 | 250m: 3:51.93 52.13      | 350m: 5:28.75 42.38 |     |
|      | 100m: 1:30.67 53.81       | 200m: 2:59.80 44.26 | 300m: 4:46.37 54.44      | 400m: 6:09.77 41.02 |     |
| 27.  | Joao Pedro Santos         | 11                  | Alges                    | <b>6:10.14</b>      | 255 |
|      | 50m: 39.47 39.47          | 150m: 2:13.78 47.68 | 250m: 3:54.78 54.63      | 350m: 5:33.44 42.45 |     |
|      | 100m: 1:26.10 46.63       | 200m: 3:00.15 46.37 | 300m: 4:50.99 56.21      | 400m: 6:10.14 36.70 |     |
| 28.  | Luis Eugenio Poitout      | 11                  | Colegio Int Monte Maior  | <b>6:10.70</b>      | 254 |
|      | 50m: 40.48 40.48          | 150m: 2:16.00 46.09 | 250m: 3:52.23 52.03      | 350m: 5:27.20 43.21 |     |
|      | 100m: 1:29.91 49.43       | 200m: 3:00.20 44.20 | 300m: 4:43.99 51.76      | 400m: 6:10.70 43.50 |     |
| 29.  | Joao Santos Ferro         | 11                  | Amadora                  | <b>6:14.83</b>      | 245 |
|      | 50m: 37.28 37.28          | 150m: 2:08.27 45.79 | 250m: 3:50.13 57.20      | 350m: 5:31.94 42.69 |     |
|      | 100m: 1:22.48 45.20       | 200m: 2:52.93 44.66 | 300m: 4:49.25 59.12      | 400m: 6:14.83 42.89 |     |
| 30.  | Antonio Melo Pereira      | 11                  | Benfica                  | <b>6:22.58</b>      | 231 |
|      | 50m: 46.39 46.39          | 150m: 2:29.03 50.93 | 250m: 4:05.77 49.14      | 350m: 5:40.21 44.51 |     |
|      | 100m: 1:38.10 51.71       | 200m: 3:16.63 47.60 | 300m: 4:55.70 49.93      | 400m: 6:22.58 42.37 |     |
| 31.  | Daniel Hutsul Pateiro     | 11                  | Geslours                 | <b>6:22.94</b>      | 230 |
|      | 50m: 42.33 42.33          | 150m: 2:22.74 47.54 | 250m: 4:05.25 56.62      | 350m: 5:44.60 42.49 |     |
|      | 100m: 1:35.20 52.87       | 200m: 3:08.63 45.89 | 300m: 5:02.11 56.86      | 400m: 6:22.94 38.34 |     |
| 32.  | Vicente Brazuna Moreira   | 11                  | Geslours                 | <b>6:28.09</b>      | 221 |
|      | 50m: 40.69 40.69          | 150m: 2:17.57 48.14 | 250m: 4:01.75 55.35      | 350m: 5:44.51 45.23 |     |
|      | 100m: 1:29.43 48.74       | 200m: 3:06.40 48.83 | 300m: 4:59.28 57.53      | 400m: 6:28.09 43.58 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 2, Masc., 400m Estilos

Infantis

|                                 |                             |                |                              |                                |                |                                |                |                |     |                                |                |
|---------------------------------|-----------------------------|----------------|------------------------------|--------------------------------|----------------|--------------------------------|----------------|----------------|-----|--------------------------------|----------------|
| 1. Bernardo Goncalves Paulo     | 50m: 31.78<br>100m: 1:09.64 | 31.78<br>37.86 | 11 União Piedense            | 150m: 1:49.00<br>200m: 2:27.45 | 39.36<br>38.45 | 250m: 3:12.29<br>300m: 3:58.76 | 44.84<br>46.47 | <b>5:04.80</b> | 457 | 350m: 4:32.64<br>400m: 5:04.80 | 33.88<br>32.16 |
| 2. Simao Pascoal Fernandes      | 50m: 34.07<br>100m: 1:14.11 | 34.07<br>40.04 | 11 Colegio Int Monte Maior   | 150m: 1:55.71<br>200m: 2:37.21 | 41.60<br>41.50 | 250m: 3:21.51<br>300m: 4:06.49 | 44.30<br>44.98 | <b>5:15.17</b> | 413 | 350m: 4:41.31<br>400m: 5:15.17 | 34.82<br>33.86 |
| 3. Duarte Ribeiro Lima          | 50m: 33.64<br>100m: 1:13.67 | 33.64<br>40.03 | 11 Geslours                  | 150m: 1:54.95<br>200m: 2:35.23 | 41.28<br>40.28 | 250m: 3:20.48<br>300m: 4:05.83 | 45.25<br>45.35 | <b>5:20.02</b> | 395 | 350m: 4:45.32<br>400m: 5:20.02 | 39.49<br>34.70 |
| 4. Keyser Jossib Ribeiro        | 50m: 30.24<br>100m: 1:06.27 | 30.24<br>36.03 | 11 Alges                     | 150m: 1:49.75<br>200m: 2:30.95 | 43.48<br>41.20 | 250m: 3:18.00<br>300m: 4:06.03 | 47.05<br>48.03 | <b>5:20.61</b> | 392 | 350m: 4:45.11<br>400m: 5:20.61 | 39.08<br>35.50 |
| 5. Mingxi Guan                  | 50m: 33.62<br>100m: 1:13.07 | 33.62<br>39.45 | 11 Alges                     | 150m: 1:56.81<br>200m: 2:38.42 | 43.74<br>41.61 | 250m: 3:22.88<br>300m: 4:08.79 | 44.46<br>45.91 | <b>5:25.85</b> | 374 | 350m: 4:48.39<br>400m: 5:25.85 | 39.60<br>37.46 |
| 6. David Pacheco Castanheira    | 50m: 34.89<br>100m: 1:17.39 | 34.89<br>42.50 | 11 Geslours                  | 150m: 2:00.08<br>200m: 2:41.17 | 42.69<br>41.09 | 250m: 3:25.62<br>300m: 4:10.57 | 44.45<br>44.95 | <b>5:26.33</b> | 372 | 350m: 4:48.79<br>400m: 5:26.33 | 38.22<br>37.54 |
| 7. Matias Malheiro Mata         | 50m: 37.06<br>100m: 1:19.73 | 37.06<br>42.67 | 11 Sporting                  | 150m: 2:00.90<br>200m: 2:41.34 | 41.17<br>40.44 | 250m: 3:28.67<br>300m: 4:15.63 | 47.33<br>46.96 | <b>5:27.64</b> | 368 | 350m: 4:52.61<br>400m: 5:27.64 | 36.98<br>35.03 |
| 8. Ryan Lukas Desousa           | 50m: 33.17<br>100m: 1:13.27 | 33.17<br>40.10 | 11 Alges                     | 150m: 1:53.00<br>200m: 2:33.48 | 39.73<br>40.48 | 250m: 3:24.18<br>300m: 4:14.10 | 50.70<br>49.92 | <b>5:28.53</b> | 365 | 350m: 4:52.57<br>400m: 5:28.53 | 38.47<br>35.96 |
| 9. Guilherme Pereira Sousa      | 50m: 34.17<br>100m: 1:15.51 | 34.17<br>41.34 | 12 Fisica Torres Vedras      | 150m: 2:00.31<br>200m: 2:42.27 | 44.80<br>41.96 | 250m: 3:28.76<br>300m: 4:15.39 | 46.49<br>46.63 | <b>5:30.42</b> | 358 | 350m: 4:53.48<br>400m: 5:30.42 | 38.09<br>36.94 |
| 10. Tiago Pinheiro Carranca     | 50m: 36.78<br>100m: 1:22.90 | 36.78<br>46.12 | 11 Colegio Int Monte Maior   | 150m: 2:03.59<br>200m: 2:43.61 | 40.69<br>40.02 | 250m: 3:32.31<br>300m: 4:21.25 | 48.70<br>48.94 | <b>5:30.76</b> | 357 | 350m: 4:56.19<br>400m: 5:30.76 | 34.94<br>34.57 |
| 11. Simao Verissimo Aires       | 50m: 36.06<br>100m: 1:19.47 | 36.06<br>43.41 | 11 Laranjeiro                | 150m: 1:59.15<br>200m: 2:39.25 | 39.68<br>40.10 | 250m: 3:29.91<br>300m: 4:20.80 | 50.66<br>50.89 | <b>5:31.15</b> | 356 | 350m: 4:56.29<br>400m: 5:31.15 | 35.49<br>34.86 |
| 12. Joao Marcelino Rodrigues    | 50m: 37.67<br>100m: 1:21.92 | 37.67<br>44.25 | 11 Sporting                  | 150m: 2:04.79<br>200m: 2:46.05 | 42.87<br>41.26 | 250m: 3:33.32<br>300m: 4:20.97 | 47.27<br>47.65 | <b>5:33.14</b> | 350 | 350m: 4:57.58<br>400m: 5:33.14 | 36.61<br>35.56 |
| 13. Francisco Lalanda Correia   | 50m: 33.75<br>100m: 1:12.66 | 33.75<br>38.91 | 11 Fisica Torres Vedras      | 150m: 1:56.39<br>200m: 2:39.37 | 43.73<br>42.98 | 250m: 3:31.03<br>300m: 4:23.44 | 51.66<br>52.41 | <b>5:36.83</b> | 338 | 350m: 5:00.56<br>400m: 5:36.83 | 37.12<br>36.27 |
| 14. Vasco Messias Pires         | 50m: 35.44<br>100m: 1:17.63 | 35.44<br>42.19 | 12 Sporting                  | 150m: 2:03.11<br>200m: 2:48.16 | 45.48<br>45.05 | 250m: 3:34.33<br>300m: 4:22.40 | 46.17<br>48.07 | <b>5:37.41</b> | 337 | 350m: 4:59.79<br>400m: 5:37.41 | 37.39<br>37.62 |
| 15. Tomas Ferreira Batista      | 50m: 34.99<br>100m: 1:15.52 | 34.99<br>40.53 | 11 CPCD Povoia de Santa Iria | 150m: 2:00.22<br>200m: 2:43.64 | 44.70<br>43.42 | 250m: 3:32.06<br>300m: 4:21.72 | 48.42<br>49.66 | <b>5:38.46</b> | 333 | 350m: 5:00.37<br>400m: 5:38.46 | 38.65<br>38.09 |
| 16. Rafael Alexandre Figueiredo | 50m: 36.29<br>100m: 1:19.26 | 36.29<br>42.97 | 12 União Piedense            | 150m: 2:05.24<br>200m: 2:49.51 | 45.98<br>44.27 | 250m: 3:37.49<br>300m: 4:25.92 | 47.98<br>48.43 | <b>5:39.91</b> | 329 | 350m: 5:04.09<br>400m: 5:39.91 | 38.17<br>35.82 |
| 17. Fabio Martim Couraceiro     | 50m: 36.28<br>100m: 1:19.74 | 36.28<br>43.46 | 11 AONDA - Azeitão           | 150m: 2:02.78<br>200m: 2:44.42 | 43.04<br>41.64 | 250m: 3:35.86<br>300m: 4:27.24 | 51.44<br>51.38 | <b>5:42.64</b> | 321 | 350m: 5:06.08<br>400m: 5:42.64 | 38.84<br>36.56 |
| 18. Tiago Botelho Silva         | 50m: 37.83<br>100m: 1:22.06 | 37.83<br>44.23 | 11 Geslours                  | 150m: 2:06.29<br>200m: 2:49.23 | 44.23<br>42.94 | 250m: 3:37.01<br>300m: 4:24.89 | 47.78<br>47.88 | <b>5:43.63</b> | 319 | 350m: 5:05.06<br>400m: 5:43.63 | 40.17<br>38.57 |
| 19. Thomas James Barnett        | 50m: 39.00<br>100m: 1:23.75 | 39.00<br>44.75 | 11 Nacional de Natação       | 150m: 2:09.65<br>200m: 2:53.67 | 45.90<br>44.02 | 250m: 3:41.45<br>300m: 4:29.57 | 47.78<br>48.12 | <b>5:44.76</b> | 315 | 350m: 5:07.64<br>400m: 5:44.76 | 38.07<br>37.12 |
| 20. Tomas Rodrigues Morais      | 50m: 37.29<br>100m: 1:21.22 | 37.29<br>43.93 | 11 Colegio Int Monte Maior   | 150m: 2:06.59<br>200m: 2:51.28 | 45.37<br>44.69 | 250m: 3:38.51<br>300m: 4:27.28 | 47.23<br>48.77 | <b>5:45.14</b> | 314 | 350m: 5:06.66<br>400m: 5:45.14 | 39.38<br>38.48 |
| 21. Francisco Pimentel Coelho   | 50m: 39.43<br>100m: 1:24.08 | 39.43<br>44.65 | 11 Benfica                   | 150m: 2:09.09<br>200m: 2:51.45 | 45.01<br>42.36 | 250m: 3:40.24<br>300m: 4:30.69 | 48.79<br>50.45 | <b>5:45.51</b> | 313 | 350m: 5:09.74<br>400m: 5:45.51 | 39.05<br>35.77 |

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Prova 2, Masc., 400m Estilos, Infantis

| Pos. | Nadador                                                                         | Ano | Clube                    | Tempo          | Pts |
|------|---------------------------------------------------------------------------------|-----|--------------------------|----------------|-----|
| 22.  | Vicente Guerreiro Velez                                                         | 11  | Fisica Torres Vedras     | <b>5:47.54</b> | 308 |
|      | 50m: 36.70 36.70 150m: 2:05.53 45.23 250m: 3:39.44 50.35 350m: 5:10.36 39.30    |     |                          |                |     |
|      | 100m: 1:20.30 43.60 200m: 2:49.09 43.56 300m: 4:31.06 51.62 400m: 5:47.54 37.18 |     |                          |                |     |
| 23.  | Duarte Lopo Pereira                                                             | 11  | AONDA - Azeitão          | <b>5:47.64</b> | 308 |
|      | 50m: 37.67 37.67 150m: 2:06.00 42.91 250m: 3:38.70 51.61 350m: 5:10.50 38.55    |     |                          |                |     |
|      | 100m: 1:23.09 45.42 200m: 2:47.09 41.09 300m: 4:31.95 53.25 400m: 5:47.64 37.14 |     |                          |                |     |
| 24.  | Pedro Pontes Prior                                                              | 12  | Laranjeiro               | <b>5:48.70</b> | 305 |
|      | 50m: 35.34 35.34 150m: 2:05.49 47.74 250m: 3:39.26 48.99 350m: 5:10.08 40.96    |     |                          |                |     |
|      | 100m: 1:17.75 42.41 200m: 2:50.27 44.78 300m: 4:29.12 49.86 400m: 5:48.70 38.62 |     |                          |                |     |
| 25.  | Duarte Oliveira Pinto                                                           | 11  | Geslourses               | <b>5:51.47</b> | 298 |
|      | 50m: 37.57 37.57 150m: 2:08.47 44.67 250m: 3:42.94 50.67 350m: 5:14.02 39.00    |     |                          |                |     |
|      | 100m: 1:23.80 46.23 200m: 2:52.27 43.80 300m: 4:35.02 52.08 400m: 5:51.47 37.45 |     |                          |                |     |
| 26.  | Antonio Santos Mota                                                             | 11  | Benfica                  | <b>5:53.15</b> | 293 |
|      | 50m: 39.34 39.34 150m: 2:10.28 44.06 250m: 3:45.78 52.28 350m: 5:17.57 39.13    |     |                          |                |     |
|      | 100m: 1:26.22 46.88 200m: 2:53.50 43.22 300m: 4:38.44 52.66 400m: 5:53.15 35.58 |     |                          |                |     |
| 27.  | Diego Miguel Mota                                                               | 12  | Geslourses               | <b>5:53.60</b> | 292 |
|      | 50m: 38.88 38.88 150m: 2:09.88 45.20 250m: 3:45.65 50.70 350m: 5:16.01 39.42    |     |                          |                |     |
|      | 100m: 1:24.68 45.80 200m: 2:54.95 45.07 300m: 4:36.59 50.94 400m: 5:53.60 37.59 |     |                          |                |     |
| 28.  | Carlos Henrique Dias                                                            | 11  | Fisica Torres Vedras     | <b>5:57.40</b> | 283 |
|      | 50m: 37.95 37.95 150m: 2:09.69 45.13 250m: 3:45.64 50.23 350m: 5:18.52 40.69    |     |                          |                |     |
|      | 100m: 1:24.56 46.61 200m: 2:55.41 45.72 300m: 4:37.83 52.19 400m: 5:57.40 38.88 |     |                          |                |     |
| 29.  | Goncalo Maria Francisco                                                         | 12  | Sporting                 | <b>6:00.75</b> | 275 |
|      | 50m: 36.57 36.57 150m: 2:05.83 46.94 250m: 3:46.34 53.26 350m: 5:21.08 40.30    |     |                          |                |     |
|      | 100m: 1:18.89 42.32 200m: 2:53.08 47.25 300m: 4:40.78 54.44 400m: 6:00.75 39.67 |     |                          |                |     |
| 30.  | Henrique Jose Chainho                                                           | 11  | Palmela Desporto         | <b>6:01.16</b> | 274 |
|      | 50m: 37.86 37.86 150m: 2:10.74 46.43 250m: 3:50.39 53.93 350m: 5:24.54 39.13    |     |                          |                |     |
|      | 100m: 1:24.31 46.45 200m: 2:56.46 45.72 300m: 4:45.41 55.02 400m: 6:01.16 36.62 |     |                          |                |     |
| 31.  | Dinis Costa Faria                                                               | 12  | Nacional de Natação      | <b>6:02.49</b> | 271 |
|      | 50m: 41.52 41.52 150m: 2:15.94 45.76 250m: 3:51.06 51.46 350m: 5:23.17 39.75    |     |                          |                |     |
|      | 100m: 1:30.18 48.66 200m: 2:59.60 43.66 300m: 4:43.42 52.36 400m: 6:02.49 39.32 |     |                          |                |     |
| 32.  | David Budu                                                                      | 12  | Palmela Desporto         | <b>6:02.76</b> | 271 |
|      | 50m: 41.05 41.05 150m: 2:16.71 45.25 250m: 3:51.49 50.98 350m: 5:23.04 40.64    |     |                          |                |     |
|      | 100m: 1:31.46 50.41 200m: 3:00.51 43.80 300m: 4:42.40 50.91 400m: 6:02.76 39.72 |     |                          |                |     |
| 33.  | Tiago Guedes Caldas                                                             | 11  | Benfica                  | <b>6:03.01</b> | 270 |
|      | 50m: 41.48 41.48 150m: 2:15.42 44.21 250m: 3:51.11 51.70 350m: 5:23.43 40.48    |     |                          |                |     |
|      | 100m: 1:31.21 49.73 200m: 2:59.41 43.99 300m: 4:42.95 51.84 400m: 6:03.01 39.58 |     |                          |                |     |
| 34.  | Afonso Miguel Ramos                                                             | 12  | Fisica Torres Vedras     | <b>6:09.06</b> | 257 |
|      | 50m: 37.57 37.57 150m: 2:09.70 47.20 250m: 3:50.08 54.02 350m: 5:28.22 43.10    |     |                          |                |     |
|      | 100m: 1:22.50 44.93 200m: 2:56.06 46.36 300m: 4:45.12 55.04 400m: 6:09.06 40.84 |     |                          |                |     |
| 35.  | Tomas Caldeira Marques                                                          | 12  | AONDA - Azeitão          | <b>6:09.17</b> | 257 |
|      | 50m: 42.19 42.19 150m: 2:18.81 46.27 250m: 3:56.92 52.66 350m: 5:30.05 39.92    |     |                          |                |     |
|      | 100m: 1:32.54 50.35 200m: 3:04.26 45.45 300m: 4:50.13 53.21 400m: 6:09.17 39.12 |     |                          |                |     |
| 36.  | Miguel Almeida Pereira                                                          | 12  | AONDA - Azeitão          | <b>6:09.35</b> | 256 |
|      | 50m: 43.10 43.10 150m: 2:18.75 46.27 250m: 3:58.45 54.48 350m: 5:31.88 40.64    |     |                          |                |     |
|      | 100m: 1:32.48 49.38 200m: 3:03.97 45.22 300m: 4:51.24 52.79 400m: 6:09.35 37.47 |     |                          |                |     |
| 37.  | Rodrigo Santiago Almeida                                                        | 11  | CPCD Povia de Santa Iria | <b>6:09.77</b> | 256 |
|      | 50m: 36.86 36.86 150m: 2:15.54 44.87 250m: 3:51.93 52.13 350m: 5:28.75 42.38    |     |                          |                |     |
|      | 100m: 1:30.67 53.81 200m: 2:59.80 44.26 300m: 4:46.37 54.44 400m: 6:09.77 41.02 |     |                          |                |     |
| 38.  | Joao Pedro Santos                                                               | 11  | Alges                    | <b>6:10.14</b> | 255 |
|      | 50m: 39.47 39.47 150m: 2:13.78 47.68 250m: 3:54.78 54.63 350m: 5:33.44 42.45    |     |                          |                |     |
|      | 100m: 1:26.10 46.63 200m: 3:00.15 46.37 300m: 4:50.99 56.21 400m: 6:10.14 36.70 |     |                          |                |     |
| 39.  | Luis Eugenio Poitout                                                            | 11  | Colegio Int Monte Maior  | <b>6:10.70</b> | 254 |
|      | 50m: 40.48 40.48 150m: 2:16.00 46.09 250m: 3:52.23 52.03 350m: 5:27.20 43.21    |     |                          |                |     |
|      | 100m: 1:29.91 49.43 200m: 3:00.20 44.20 300m: 4:43.99 51.76 400m: 6:10.70 43.50 |     |                          |                |     |
| 40.  | Joao Leitao Duarte                                                              | 12  | Geslourses               | <b>6:11.31</b> | 252 |
|      | 50m: 41.15 41.15 150m: 2:19.72 46.45 250m: 3:56.24 49.58 350m: 5:29.63 42.57    |     |                          |                |     |
|      | 100m: 1:33.27 52.12 200m: 3:06.66 46.94 300m: 4:47.06 50.82 400m: 6:11.31 41.68 |     |                          |                |     |
| 41.  | Gustavo Henriques Lourenco                                                      | 12  | CPCD Povia de Santa Iria | <b>6:12.31</b> | 250 |
|      | 50m: 39.29 39.29 150m: 2:15.17 47.82 250m: 3:53.25 53.29 350m: 5:33.24 43.25    |     |                          |                |     |
|      | 100m: 1:27.35 48.06 200m: 2:59.96 44.79 300m: 4:49.99 56.74 400m: 6:12.31 39.07 |     |                          |                |     |
| 42.  | Afonso Andre Correia                                                            | 12  | Benfica                  | <b>6:14.30</b> | 246 |
|      | 50m: 40.60 40.60 150m: 2:15.51 48.14 250m: 3:56.76 55.50 350m: 5:33.53 41.81    |     |                          |                |     |
|      | 100m: 1:27.37 46.77 200m: 3:01.26 45.75 300m: 4:51.72 54.96 400m: 6:14.30 40.77 |     |                          |                |     |

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Prova 2, Masc., 400m Estilos, Infantis

| Pos. | Nadador                                                                                                      | Ano | Clube                   | Tempo          | Pts |
|------|--------------------------------------------------------------------------------------------------------------|-----|-------------------------|----------------|-----|
| 43.  | Joao Santos Ferro                                                                                            | 11  | Amadora                 | <b>6:14.83</b> | 245 |
|      | 50m: 37.28 37.28 150m: 2:08.27 45.79 250m: 3:50.13 57.20 350m: 5:31.94 42.69                                 |     |                         |                |     |
|      | 100m: 1:22.48 45.20 200m: 2:52.93 44.66 300m: 4:49.25 59.12 400m: 6:14.83 42.89                              |     |                         |                |     |
| 44.  | Kirill Tkachenko                                                                                             | 12  | Sporting                | <b>6:20.44</b> | 235 |
|      | 50m: 42.32 42.32 150m: 2:20.66 47.20 250m: 4:04.16 56.55 350m: 5:41.69 40.92                                 |     |                         |                |     |
|      | 100m: 1:33.46 51.14 200m: 3:07.61 46.95 300m: 5:00.77 56.61 400m: 6:20.44 38.75                              |     |                         |                |     |
| 45.  | Miguel Farias Passana                                                                                        | 12  | Geslours                | <b>6:21.10</b> | 233 |
|      | 50m: 38.55 38.55 150m: 2:15.28 50.04 250m: 3:57.85 54.79 350m: 5:37.56 44.54                                 |     |                         |                |     |
|      | 100m: 1:25.24 46.69 200m: 3:03.06 47.78 300m: 4:53.02 55.17 400m: 6:21.10 43.54                              |     |                         |                |     |
| 46.  | Manuel Joao Fonseca                                                                                          | 12  | Colegio Int Monte Maior | <b>6:22.26</b> | 231 |
|      | 50m: 42.80 42.80 150m: 2:25.37 48.77 250m: 4:06.95 54.44 350m: 5:42.72 41.56                                 |     |                         |                |     |
|      | 100m: 1:36.60 53.80 200m: 3:12.51 47.14 300m: 5:01.16 54.21 400m: 6:22.26 39.54                              |     |                         |                |     |
| 47.  | Antonio Melo Pereira                                                                                         | 11  | Benfica                 | <b>6:22.58</b> | 231 |
|      | 50m: 46.39 46.39 150m: 2:29.03 50.93 250m: 4:05.77 49.14 350m: 5:40.21 44.51                                 |     |                         |                |     |
|      | 100m: 1:38.10 51.71 200m: 3:16.63 47.60 300m: 4:55.70 49.93 400m: 6:22.58 42.37                              |     |                         |                |     |
| 48.  | Miguel Cruz Simoes                                                                                           | 12  | Alges                   | <b>6:22.80</b> | 230 |
|      | 50m: 40.63 40.63 150m: 2:20.50 51.11 250m: 4:02.98 53.81 350m: 5:41.30 43.91                                 |     |                         |                |     |
|      | 100m: 1:29.39 48.76 200m: 3:09.17 48.67 300m: 4:57.39 54.41 400m: 6:22.80 41.50                              |     |                         |                |     |
| 49.  | Daniel Hutsul Pateiro                                                                                        | 11  | Geslours                | <b>6:22.94</b> | 230 |
|      | 50m: 42.33 42.33 150m: 2:22.74 47.54 250m: 4:05.25 56.62 350m: 5:44.60 42.49                                 |     |                         |                |     |
|      | 100m: 1:35.20 52.87 200m: 3:08.63 45.89 300m: 5:02.11 56.86 400m: 6:22.94 38.34                              |     |                         |                |     |
| 50.  | Vicente Brazuna Moreira                                                                                      | 11  | Geslours                | <b>6:28.09</b> | 221 |
|      | 50m: 40.69 40.69 150m: 2:17.57 48.14 250m: 4:01.75 55.35 350m: 5:44.51 45.23                                 |     |                         |                |     |
|      | 100m: 1:29.43 48.74 200m: 3:06.40 48.83 300m: 4:59.28 57.53 400m: 6:28.09 43.58                              |     |                         |                |     |
| 51.  | Francisco Carrapico Alexandrino                                                                              | 12  | Alges                   | <b>6:28.42</b> | 220 |
|      | 50m: 41.60 41.60 150m: 2:21.28 50.55 250m: 4:05.13 55.25 350m: 5:46.98 44.46                                 |     |                         |                |     |
|      | 100m: 1:30.73 49.13 200m: 3:09.88 48.60 300m: 5:02.52 57.39 400m: 6:28.42 41.44                              |     |                         |                |     |
| 52.  | Martim Silva Ferreira                                                                                        | 12  | Geslours                | <b>6:36.09</b> | 208 |
|      | 50m: 45.63 45.63 150m: 2:34.66 52.42 250m: 4:18.88 54.86 350m: 5:57.77 43.53                                 |     |                         |                |     |
|      | 100m: 1:42.24 56.61 200m: 3:24.02 49.36 300m: 5:14.24 55.36 400m: 6:36.09 38.32                              |     |                         |                |     |
| 53.  | Alvaro Fernandes Rodrigues                                                                                   | 12  | Geslours                | <b>6:49.31</b> | 188 |
|      | 50m: 49.20 49.20 150m: 2:39.42 52.17 250m: 4:23.97 53.99 350m: 6:05.57 45.98                                 |     |                         |                |     |
|      | 100m: 1:47.25 58.05 200m: 3:29.98 50.56 300m: 5:19.59 55.62 400m: 6:49.31 43.74                              |     |                         |                |     |
| DSQ  | Afonso Guerreiro Santos                                                                                      | 12  | Colegio Int Monte Maior |                |     |
|      | <i>E-B2 - Efetuou múltiplas pernadas de golfinho após a viragem aos 250 metros (sr 7.1)</i>                  |     |                         |                |     |
| DSQ  | Leon Konrad Dynkiewicz                                                                                       | 12  | Alges                   |                |     |
|      | <i>E-B19 - Toque não simultâneo das mãos na parede testa na viragem aos 250 metros (sr 7.6)</i>              |     |                         |                |     |
| DSQ  | Goncalo Nunes Costa                                                                                          | 12  | Geslours                |                |     |
|      | <i>E-C5 - Na viragem aos 175 metros perdeu a posição dorsal na saída da parede testa (sr 6.4)</i>            |     |                         |                |     |
| DSQ  | Tiago Esteves Rodrigues                                                                                      | 12  | Geslours                |                |     |
|      | <i>E-B21 - Toque não simultâneo das mãos na parede testa na chegada do percurso de bruços (sr 7.6 / 9.4)</i> |     |                         |                |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 3  
03.05.2025 - 17:09

Femin., 400m Estilos

Juvenis  
Resultados

|                       |         |                        |     |                  |      |
|-----------------------|---------|------------------------|-----|------------------|------|
| Rec Regional Juv A    | 4:51.85 | Ana Claudia Santos     | POR | Setubal          | 2004 |
| Rec Regional Juv B    | 4:57.68 | Susana Patricia Miguel | POR | Penafiel         | 2004 |
| Rec Regional Absoluto | 4:36.19 | Victoria Kaminskaya    | POR | Copenhagen (DEN) | 2017 |
| Rec Nacional Juv A    | 4:51.85 | Ana Claudia Santos     | POR | Setubal          | 2004 |
| Rec Nacional Juv B    | 4:57.68 | Susana Patricia Miguel | POR | Penafiel         | 2004 |
| Rec Nacional Absoluto | 4:36.19 | Victoria Kaminskaya    | POR | Copenhagen (DEN) | 2017 |

Mínimo Participação Juv B: 6:20.01; Juv A: 6:05.46

Pontos: AQUA 2024

| Pos.             | Nadador                     | Ano                 | Clube                   | Tempo               | Pts |
|------------------|-----------------------------|---------------------|-------------------------|---------------------|-----|
| <b>Juvenis B</b> |                             |                     |                         |                     |     |
| 1.               | Margarida Ferreira Moura    | 11                  | Sporting                | <b>5:12.08</b>      | 571 |
|                  | 50m: 32.58 32.58            | 150m: 1:51.49 41.60 | 250m: 3:15.71 44.42     | 350m: 4:37.49 36.06 |     |
|                  | 100m: 1:09.89 37.31         | 200m: 2:31.29 39.80 | 300m: 4:01.43 45.72     | 400m: 5:12.08 34.59 |     |
| 2.               | Laura Aguiar Bergamo        | 11                  | Alges                   | <b>5:24.86</b>      | 506 |
|                  | 50m: 34.04 34.04            | 150m: 1:58.69 43.51 | 250m: 3:24.54 43.15     | 350m: 4:47.39 37.82 |     |
|                  | 100m: 1:15.18 41.14         | 200m: 2:41.39 42.70 | 300m: 4:09.57 45.03     | 400m: 5:24.86 37.47 |     |
| 3.               | Margarida Almeida Ferreira  | 11                  | Sporting                | <b>5:28.77</b>      | 488 |
|                  | 50m: 33.76 33.76            | 150m: 1:55.42 42.65 | 250m: 3:25.89 49.39     | 350m: 4:52.38 36.49 |     |
|                  | 100m: 1:12.77 39.01         | 200m: 2:36.50 41.08 | 300m: 4:15.89 50.00     | 400m: 5:28.77 36.39 |     |
| 4.               | Ana Filipa Serra            | 11                  | Colegio Int Monte Maior | <b>5:28.98</b>      | 487 |
|                  | 50m: 34.68 34.68            | 150m: 1:59.80 43.90 | 250m: 3:27.37 45.85     | 350m: 4:52.94 38.18 |     |
|                  | 100m: 1:15.90 41.22         | 200m: 2:41.52 41.72 | 300m: 4:14.76 47.39     | 400m: 5:28.98 36.04 |     |
| 5.               | Francisca Meneses Goncalves | 11                  | Benfica                 | <b>5:29.35</b>      | 485 |
|                  | 50m: 35.88 35.88            | 150m: 1:59.68 40.78 | 250m: 3:27.84 48.43     | 350m: 4:53.21 37.87 |     |
|                  | 100m: 1:18.90 43.02         | 200m: 2:39.41 39.73 | 300m: 4:15.34 47.50     | 400m: 5:29.35 36.14 |     |
| 6.               | Maria Rendeiro Correia      | 11                  | Alges                   | <b>5:32.32</b>      | 473 |
|                  | 50m: 34.07 34.07            | 150m: 1:56.70 43.17 | 250m: 3:25.19 47.01     | 350m: 4:53.06 39.72 |     |
|                  | 100m: 1:13.53 39.46         | 200m: 2:38.18 41.48 | 300m: 4:13.34 48.15     | 400m: 5:32.32 39.26 |     |
| 7.               | Varvara Hurynovich          | 11                  | Alges                   | <b>5:34.10</b>      | 465 |
|                  | 50m: 34.26 34.26            | 150m: 1:58.85 43.20 | 250m: 3:27.40 46.55     | 350m: 4:54.99 39.46 |     |
|                  | 100m: 1:15.65 41.39         | 200m: 2:40.85 42.00 | 300m: 4:15.53 48.13     | 400m: 5:34.10 39.11 |     |
| 8.               | Ines Freitas Abrantes       | 11                  | Colegio Int Monte Maior | <b>5:35.20</b>      | 460 |
|                  | 50m: 36.07 36.07            | 150m: 2:00.75 43.97 | 250m: 3:32.40 49.69     | 350m: 5:00.18 37.57 |     |
|                  | 100m: 1:16.78 40.71         | 200m: 2:42.71 41.96 | 300m: 4:22.61 50.21     | 400m: 5:35.20 35.02 |     |
| 9.               | Madalena Ferreira Baldo     | 11                  | Colegio Int Monte Maior | <b>5:36.03</b>      | 457 |
|                  | 50m: 36.05 36.05            | 150m: 2:02.25 41.95 | 250m: 3:30.65 47.36     | 350m: 4:58.38 38.46 |     |
|                  | 100m: 1:20.30 44.25         | 200m: 2:43.29 41.04 | 300m: 4:19.92 49.27     | 400m: 5:36.03 37.65 |     |
| 10.              | Francisca Cunha Monteiro    | 11                  | Benfica                 | <b>5:45.14</b>      | 422 |
|                  | 50m: 37.00 37.00            | 150m: 2:04.96 43.67 | 250m: 3:37.08 48.85     | 350m: 5:06.95 39.15 |     |
|                  | 100m: 1:21.29 44.29         | 200m: 2:48.23 43.27 | 300m: 4:27.80 50.72     | 400m: 5:45.14 38.19 |     |
| 11.              | Carolina Melo Camejo        | 11                  | Sporting                | <b>5:47.00</b>      | 415 |
|                  | 50m: 34.22 34.22            | 150m: 1:58.41 41.72 | 250m: 3:33.12 53.41     | 350m: 5:08.14 40.01 |     |
|                  | 100m: 1:16.69 42.47         | 200m: 2:39.71 41.30 | 300m: 4:28.13 55.01     | 400m: 5:47.00 38.86 |     |
| 12.              | Matilde Bento Pereira       | 11                  | Geslours                | <b>6:00.02</b>      | 372 |
|                  | 50m: 37.29 37.29            | 150m: 2:11.06 46.40 | 250m: 3:43.75 48.62     | 350m: 5:17.43 43.81 |     |
|                  | 100m: 1:24.66 47.37         | 200m: 2:55.13 44.07 | 300m: 4:33.62 49.87     | 400m: 6:00.02 42.59 |     |
| 13.              | Ana Mao de Ferro            | 11                  | Sporting                | <b>6:00.32</b>      | 371 |
|                  | 50m: 39.33 39.33            | 150m: 2:11.03 44.38 | 250m: 3:46.01 52.21     | 350m: 5:20.69 41.26 |     |
|                  | 100m: 1:26.65 47.32         | 200m: 2:53.80 42.77 | 300m: 4:39.43 53.42     | 400m: 6:00.32 39.63 |     |
| 14.              | Vitoria Alves Penedo        | 11                  | Palmela Desporto        | <b>6:01.96</b>      | 366 |
|                  | 50m: 39.83 39.83            | 150m: 2:16.08 47.69 | 250m: 3:47.69 46.60     | 350m: 5:21.48 45.09 |     |
|                  | 100m: 1:28.39 48.56         | 200m: 3:01.09 45.01 | 300m: 4:36.39 48.70     | 400m: 6:01.96 40.48 |     |
| 15.              | Raquel Silva Delgadinho     | 11                  | Palmela Desporto        | <b>6:04.88</b>      | 357 |
|                  | 50m: 37.54 37.54            | 150m: 2:10.40 45.86 | 250m: 3:49.63 54.43     | 350m: 5:27.08 41.23 |     |
|                  | 100m: 1:24.54 47.00         | 200m: 2:55.20 44.80 | 300m: 4:45.85 56.22     | 400m: 6:04.88 37.80 |     |
| 16.              | Catarina Ribeiro Fernandez  | 11                  | Geslours                | <b>6:10.34</b>      | 341 |
|                  | 50m: 38.71 38.71            | 150m: 2:15.93 46.48 | 250m: 3:54.02 53.55     | 350m: 5:31.25 41.57 |     |
|                  | 100m: 1:29.45 50.74         | 200m: 3:00.47 44.54 | 300m: 4:49.68 55.66     | 400m: 6:10.34 39.09 |     |
| 17.              | Rita Ribeiro Pereira        | 11                  | Geslours                | <b>6:19.40</b>      | 317 |
|                  | 50m: 40.46 40.46            | 150m: 2:16.49 46.63 | 250m: 3:57.41 56.20     | 350m: 5:38.31 43.27 |     |
|                  | 100m: 1:29.86 49.40         | 200m: 3:01.21 44.72 | 300m: 4:55.04 57.63     | 400m: 6:19.40 41.09 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 3, Femin., 400m Estilos, Juvenis B

| Pos. | Nadador             | Ano | Clube            | Tempo | Pts |
|------|---------------------|-----|------------------|-------|-----|
| DNS  | Alice Martins Paiva | 11  | Palmela Desporto |       |     |

Juvenis A

|     |                            |                     |                          |                     |     |
|-----|----------------------------|---------------------|--------------------------|---------------------|-----|
| 1.  | Rita Braga Gomes           | 10                  | Alges                    | 5:16.62             | 546 |
|     | 50m: 32.50 32.50           | 150m: 1:52.42 42.32 | 250m: 3:18.14 43.65      | 350m: 4:40.05 36.76 |     |
|     | 100m: 1:10.10 37.60        | 200m: 2:34.49 42.07 | 300m: 4:03.29 45.15      | 400m: 5:16.62 36.57 |     |
| 2.  | Rita Canas Brito           | 10                  | Naval Setubalense        | 5:20.89             | 525 |
|     | 50m: 34.29 34.29           | 150m: 1:57.09 42.28 | 250m: 3:20.76 43.87      | 350m: 4:44.37 39.64 |     |
|     | 100m: 1:14.81 40.52        | 200m: 2:36.89 39.80 | 300m: 4:04.73 43.97      | 400m: 5:20.89 36.52 |     |
| 3.  | Carolina Escrevente Guerra | 10                  | Alges                    | 5:23.75             | 511 |
|     | 50m: 33.74 33.74           | 150m: 1:53.56 40.02 | 250m: 3:19.56 46.17      | 350m: 4:47.02 38.19 |     |
|     | 100m: 1:13.54 39.80        | 200m: 2:33.39 39.83 | 300m: 4:08.83 49.27      | 400m: 5:23.75 36.73 |     |
| 4.  | Carolina Sofia Martins     | 10                  | Naval Setubalense        | 5:27.76             | 493 |
|     | 50m: 34.93 34.93           | 150m: 1:56.59 42.42 | 250m: 3:26.01 46.54      | 350m: 4:50.87 37.79 |     |
|     | 100m: 1:14.17 39.24        | 200m: 2:39.47 42.88 | 300m: 4:13.08 47.07      | 400m: 5:27.76 36.89 |     |
| 5.  | Jessica Bernardino Lopes   | 10                  | Fisica Torres Vedras     | 5:29.92             | 483 |
|     | 50m: 35.79 35.79           | 150m: 1:59.94 42.32 | 250m: 3:28.39 45.75      | 350m: 4:53.00 37.52 |     |
|     | 100m: 1:17.62 41.83        | 200m: 2:42.64 42.70 | 300m: 4:15.48 47.09      | 400m: 5:29.92 36.92 |     |
| 6.  | Beatriz Costa Diniz        | 10                  | Sporting                 | 5:31.42             | 476 |
|     | 50m: 34.37 34.37           | 150m: 1:58.45 44.23 | 250m: 3:27.92 46.28      | 350m: 4:53.57 38.56 |     |
|     | 100m: 1:14.22 39.85        | 200m: 2:41.64 43.19 | 300m: 4:15.01 47.09      | 400m: 5:31.42 37.85 |     |
| 7.  | Maria Madalena Fernandes   | 10                  | Alges                    | 5:33.23             | 469 |
|     | 50m: 33.88 33.88           | 150m: 1:57.21 45.40 | 250m: 3:29.88 48.48      | 350m: 4:56.30 37.73 |     |
|     | 100m: 1:11.81 37.93        | 200m: 2:41.40 44.19 | 300m: 4:18.57 48.69      | 400m: 5:33.23 36.93 |     |
| 8.  | Victoria Sales Proenca     | 10                  | Benfica                  | 5:35.40             | 460 |
|     | 50m: 35.26 35.26           | 150m: 2:00.22 43.30 | 250m: 3:31.97 49.01      | 350m: 4:58.87 36.89 |     |
|     | 100m: 1:16.92 41.66        | 200m: 2:42.96 42.74 | 300m: 4:21.98 50.01      | 400m: 5:35.40 36.53 |     |
| 9.  | Beatriz Paiva Branco       | 10                  | Laranjeiro               | 5:36.78             | 454 |
|     | 50m: 35.01 35.01           | 150m: 2:02.62 44.10 | 250m: 3:32.80 47.83      | 350m: 4:59.77 38.34 |     |
|     | 100m: 1:18.52 43.51        | 200m: 2:44.97 42.35 | 300m: 4:21.43 48.63      | 400m: 5:36.78 37.01 |     |
| 10. | Luisa Anjos Frischknecht   | 10                  | Naval Setubalense        | 5:37.60             | 451 |
|     | 50m: 35.83 35.83           | 150m: 2:00.92 44.12 | 250m: 3:31.60 47.53      | 350m: 4:59.69 40.07 |     |
|     | 100m: 1:16.80 40.97        | 200m: 2:44.07 43.15 | 300m: 4:19.62 48.02      | 400m: 5:37.60 37.91 |     |
| 11. | Joana Alexandra Silva      | 10                  | CPCD Povia de Santa Iria | 5:46.12             | 418 |
|     | 50m: 34.32 34.32           | 150m: 2:00.76 44.66 | 250m: 3:35.53 51.62      | 350m: 5:06.63 38.52 |     |
|     | 100m: 1:16.10 41.78        | 200m: 2:43.91 43.15 | 300m: 4:28.11 52.58      | 400m: 5:46.12 39.49 |     |
| 12. | Bruna Sofia Simoes         | 10                  | Sporting                 | 5:48.32             | 410 |
|     | 50m: 35.65 35.65           | 150m: 2:03.70 43.91 | 250m: 3:38.97 52.18      | 350m: 5:10.63 39.08 |     |
|     | 100m: 1:19.79 44.14        | 200m: 2:46.79 43.09 | 300m: 4:31.55 52.58      | 400m: 5:48.32 37.69 |     |
| 13. | Maria Rita Filipe          | 10                  | Geslours                 | 5:54.12             | 390 |
|     | 50m: 38.09 38.09           | 150m: 2:07.54 42.66 | 250m: 3:39.92 50.95      | 350m: 5:13.46 40.63 |     |
|     | 100m: 1:24.88 46.79        | 200m: 2:48.97 41.43 | 300m: 4:32.83 52.91      | 400m: 5:54.12 40.66 |     |
| 14. | Alice Fernandes Rodrigues  | 10                  | Geslours                 | 5:57.51             | 379 |
|     | 50m: 36.64 36.64           | 150m: 2:07.77 45.69 | 250m: 3:43.14 50.81      | 350m: 5:17.59 41.30 |     |
|     | 100m: 1:22.08 45.44        | 200m: 2:52.33 44.56 | 300m: 4:36.29 53.15      | 400m: 5:57.51 39.92 |     |

Juvenis

|    |                            |                     |                     |                     |     |
|----|----------------------------|---------------------|---------------------|---------------------|-----|
| 1. | Margarida Ferreira Moura   | 11                  | Sporting            | 5:12.08             | 571 |
|    | 50m: 32.58 32.58           | 150m: 1:51.49 41.60 | 250m: 3:15.71 44.42 | 350m: 4:37.49 36.06 |     |
|    | 100m: 1:09.89 37.31        | 200m: 2:31.29 39.80 | 300m: 4:01.43 45.72 | 400m: 5:12.08 34.59 |     |
| 2. | Rita Braga Gomes           | 10                  | Alges               | 5:16.62             | 546 |
|    | 50m: 32.50 32.50           | 150m: 1:52.42 42.32 | 250m: 3:18.14 43.65 | 350m: 4:40.05 36.76 |     |
|    | 100m: 1:10.10 37.60        | 200m: 2:34.49 42.07 | 300m: 4:03.29 45.15 | 400m: 5:16.62 36.57 |     |
| 3. | Rita Canas Brito           | 10                  | Naval Setubalense   | 5:20.89             | 525 |
|    | 50m: 34.29 34.29           | 150m: 1:57.09 42.28 | 250m: 3:20.76 43.87 | 350m: 4:44.37 39.64 |     |
|    | 100m: 1:14.81 40.52        | 200m: 2:36.89 39.80 | 300m: 4:04.73 43.97 | 400m: 5:20.89 36.52 |     |
| 4. | Carolina Escrevente Guerra | 10                  | Alges               | 5:23.75             | 511 |
|    | 50m: 33.74 33.74           | 150m: 1:53.56 40.02 | 250m: 3:19.56 46.17 | 350m: 4:47.02 38.19 |     |
|    | 100m: 1:13.54 39.80        | 200m: 2:33.39 39.83 | 300m: 4:08.83 49.27 | 400m: 5:23.75 36.73 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

**Prova 3, Femin., 400m Estilos, Juvenis**

| Pos. | Nadador                     | Ano                 | Clube                    | Tempo               | Pts |
|------|-----------------------------|---------------------|--------------------------|---------------------|-----|
| 5.   | Laura Aguiar Bergamo        | 11                  | Alges                    | <b>5:24.86</b>      | 506 |
|      | 50m: 34.04 34.04            | 150m: 1:58.69 43.51 | 250m: 3:24.54 43.15      | 350m: 4:47.39 37.82 |     |
|      | 100m: 1:15.18 41.14         | 200m: 2:41.39 42.70 | 300m: 4:09.57 45.03      | 400m: 5:24.86 37.47 |     |
| 6.   | Carolina Sofia Martins      | 10                  | Naval Setubalense        | <b>5:27.76</b>      | 493 |
|      | 50m: 34.93 34.93            | 150m: 1:56.59 42.42 | 250m: 3:26.01 46.54      | 350m: 4:50.87 37.79 |     |
|      | 100m: 1:14.17 39.24         | 200m: 2:39.47 42.88 | 300m: 4:13.08 47.07      | 400m: 5:27.76 36.89 |     |
| 7.   | Margarida Almeida Ferreira  | 11                  | Sporting                 | <b>5:28.77</b>      | 488 |
|      | 50m: 33.76 33.76            | 150m: 1:55.42 42.65 | 250m: 3:25.89 49.39      | 350m: 4:52.38 36.49 |     |
|      | 100m: 1:12.77 39.01         | 200m: 2:36.50 41.08 | 300m: 4:15.89 50.00      | 400m: 5:28.77 36.39 |     |
| 8.   | Ana Filipa Serra            | 11                  | Colegio Int Monte Maior  | <b>5:28.98</b>      | 487 |
|      | 50m: 34.68 34.68            | 150m: 1:59.80 43.90 | 250m: 3:27.37 45.85      | 350m: 4:52.94 38.18 |     |
|      | 100m: 1:15.90 41.22         | 200m: 2:41.52 41.72 | 300m: 4:14.76 47.39      | 400m: 5:28.98 36.04 |     |
| 9.   | Francisca Meneses Goncalves | 11                  | Benfica                  | <b>5:29.35</b>      | 485 |
|      | 50m: 35.88 35.88            | 150m: 1:59.68 40.78 | 250m: 3:27.84 48.43      | 350m: 4:53.21 37.87 |     |
|      | 100m: 1:18.90 43.02         | 200m: 2:39.41 39.73 | 300m: 4:15.34 47.50      | 400m: 5:29.35 36.14 |     |
| 10.  | Jessica Bernardino Lopes    | 10                  | Fisica Torres Vedras     | <b>5:29.92</b>      | 483 |
|      | 50m: 35.79 35.79            | 150m: 1:59.94 42.32 | 250m: 3:28.39 45.75      | 350m: 4:53.00 37.52 |     |
|      | 100m: 1:17.62 41.83         | 200m: 2:42.64 42.70 | 300m: 4:15.48 47.09      | 400m: 5:29.92 36.92 |     |
| 11.  | Beatriz Costa Diniz         | 10                  | Sporting                 | <b>5:31.42</b>      | 476 |
|      | 50m: 34.37 34.37            | 150m: 1:58.45 44.23 | 250m: 3:27.92 46.28      | 350m: 4:53.57 38.56 |     |
|      | 100m: 1:14.22 39.85         | 200m: 2:41.64 43.19 | 300m: 4:15.01 47.09      | 400m: 5:31.42 37.85 |     |
| 12.  | Maria Rendeiro Correia      | 11                  | Alges                    | <b>5:32.32</b>      | 473 |
|      | 50m: 34.07 34.07            | 150m: 1:56.70 43.17 | 250m: 3:25.19 47.01      | 350m: 4:53.06 39.72 |     |
|      | 100m: 1:13.53 39.46         | 200m: 2:38.18 41.48 | 300m: 4:13.34 48.15      | 400m: 5:32.32 39.26 |     |
| 13.  | Maria Madalena Fernandes    | 10                  | Alges                    | <b>5:33.23</b>      | 469 |
|      | 50m: 33.88 33.88            | 150m: 1:57.21 45.40 | 250m: 3:29.88 48.48      | 350m: 4:56.30 37.73 |     |
|      | 100m: 1:11.81 37.93         | 200m: 2:41.40 44.19 | 300m: 4:18.57 48.69      | 400m: 5:33.23 36.93 |     |
| 14.  | Varvara Hurynovich          | 11                  | Alges                    | <b>5:34.10</b>      | 465 |
|      | 50m: 34.26 34.26            | 150m: 1:58.85 43.20 | 250m: 3:27.40 46.55      | 350m: 4:54.99 39.46 |     |
|      | 100m: 1:15.65 41.39         | 200m: 2:40.85 42.00 | 300m: 4:15.53 48.13      | 400m: 5:34.10 39.11 |     |
| 15.  | Ines Freitas Abrantes       | 11                  | Colegio Int Monte Maior  | <b>5:35.20</b>      | 460 |
|      | 50m: 36.07 36.07            | 150m: 2:00.75 43.97 | 250m: 3:32.40 49.69      | 350m: 5:00.18 37.57 |     |
|      | 100m: 1:16.78 40.71         | 200m: 2:42.71 41.96 | 300m: 4:22.61 50.21      | 400m: 5:35.20 35.02 |     |
| 16.  | Victoria Sales Proenca      | 10                  | Benfica                  | <b>5:35.40</b>      | 460 |
|      | 50m: 35.26 35.26            | 150m: 2:00.22 43.30 | 250m: 3:31.97 49.01      | 350m: 4:58.87 36.89 |     |
|      | 100m: 1:16.92 41.66         | 200m: 2:42.96 42.74 | 300m: 4:21.98 50.01      | 400m: 5:35.40 36.53 |     |
| 17.  | Madalena Ferreira Baldo     | 11                  | Colegio Int Monte Maior  | <b>5:36.03</b>      | 457 |
|      | 50m: 36.05 36.05            | 150m: 2:02.25 41.95 | 250m: 3:30.65 47.36      | 350m: 4:58.38 38.46 |     |
|      | 100m: 1:20.30 44.25         | 200m: 2:43.29 41.04 | 300m: 4:19.92 49.27      | 400m: 5:36.03 37.65 |     |
| 18.  | Beatriz Paiva Branco        | 10                  | Laranjeiro               | <b>5:36.78</b>      | 454 |
|      | 50m: 35.01 35.01            | 150m: 2:02.62 44.10 | 250m: 3:32.80 47.83      | 350m: 4:59.77 38.34 |     |
|      | 100m: 1:18.52 43.51         | 200m: 2:44.97 42.35 | 300m: 4:21.43 48.63      | 400m: 5:36.78 37.01 |     |
| 19.  | Luisa Anjos Frischknecht    | 10                  | Naval Setubalense        | <b>5:37.60</b>      | 451 |
|      | 50m: 35.83 35.83            | 150m: 2:00.92 44.12 | 250m: 3:31.60 47.53      | 350m: 4:59.69 40.07 |     |
|      | 100m: 1:16.80 40.97         | 200m: 2:44.07 43.15 | 300m: 4:19.62 48.02      | 400m: 5:37.60 37.91 |     |
| 20.  | Francisca Cunha Monteiro    | 11                  | Benfica                  | <b>5:45.14</b>      | 422 |
|      | 50m: 37.00 37.00            | 150m: 2:04.96 43.67 | 250m: 3:37.08 48.85      | 350m: 5:06.95 39.15 |     |
|      | 100m: 1:21.29 44.29         | 200m: 2:48.23 43.27 | 300m: 4:27.80 50.72      | 400m: 5:45.14 38.19 |     |
| 21.  | Joana Alexandra Silva       | 10                  | CPCD Povia de Santa Iria | <b>5:46.12</b>      | 418 |
|      | 50m: 34.32 34.32            | 150m: 2:00.76 44.66 | 250m: 3:35.53 51.62      | 350m: 5:06.63 38.52 |     |
|      | 100m: 1:16.10 41.78         | 200m: 2:43.91 43.15 | 300m: 4:28.11 52.58      | 400m: 5:46.12 39.49 |     |
| 22.  | Carolina Melo Camejo        | 11                  | Sporting                 | <b>5:47.00</b>      | 415 |
|      | 50m: 34.22 34.22            | 150m: 1:58.41 41.72 | 250m: 3:33.12 53.41      | 350m: 5:08.14 40.01 |     |
|      | 100m: 1:16.69 42.47         | 200m: 2:39.71 41.30 | 300m: 4:28.13 55.01      | 400m: 5:47.00 38.86 |     |
| 23.  | Bruna Sofia Simoes          | 10                  | Sporting                 | <b>5:48.32</b>      | 410 |
|      | 50m: 35.65 35.65            | 150m: 2:03.70 43.91 | 250m: 3:38.97 52.18      | 350m: 5:10.63 39.08 |     |
|      | 100m: 1:19.79 44.14         | 200m: 2:46.79 43.09 | 300m: 4:31.55 52.58      | 400m: 5:48.32 37.69 |     |
| 24.  | Maria Rita Filipe           | 10                  | Geslours                 | <b>5:54.12</b>      | 390 |
|      | 50m: 38.09 38.09            | 150m: 2:07.54 42.66 | 250m: 3:39.92 50.95      | 350m: 5:13.46 40.63 |     |
|      | 100m: 1:24.88 46.79         | 200m: 2:48.97 41.43 | 300m: 4:32.83 52.91      | 400m: 5:54.12 40.66 |     |
| 25.  | Alice Fernandes Rodrigues   | 10                  | Geslours                 | <b>5:57.51</b>      | 379 |
|      | 50m: 36.64 36.64            | 150m: 2:07.77 45.69 | 250m: 3:43.14 50.81      | 350m: 5:17.59 41.30 |     |
|      | 100m: 1:22.08 45.44         | 200m: 2:52.33 44.56 | 300m: 4:36.29 53.15      | 400m: 5:57.51 39.92 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 3, Femin., 400m Estilos, Juvenis

| Pos. | Nadador                    | Ano                 | Clube               | Tempo               | Pts |
|------|----------------------------|---------------------|---------------------|---------------------|-----|
| 26.  | Matilde Bento Pereira      | 11                  | Geslours            | <b>6:00.02</b>      | 372 |
|      | 50m: 37.29 37.29           | 150m: 2:11.06 46.40 | 250m: 3:43.75 48.62 | 350m: 5:17.43 43.81 |     |
|      | 100m: 1:24.66 47.37        | 200m: 2:55.13 44.07 | 300m: 4:33.62 49.87 | 400m: 6:00.02 42.59 |     |
| 27.  | Ana Mao de Ferro           | 11                  | Sporting            | <b>6:00.32</b>      | 371 |
|      | 50m: 39.33 39.33           | 150m: 2:11.03 44.38 | 250m: 3:46.01 52.21 | 350m: 5:20.69 41.26 |     |
|      | 100m: 1:26.65 47.32        | 200m: 2:53.80 42.77 | 300m: 4:39.43 53.42 | 400m: 6:00.32 39.63 |     |
| 28.  | Vitoria Alves Penedo       | 11                  | Palmela Desporto    | <b>6:01.96</b>      | 366 |
|      | 50m: 39.83 39.83           | 150m: 2:16.08 47.69 | 250m: 3:47.69 46.60 | 350m: 5:21.48 45.09 |     |
|      | 100m: 1:28.39 48.56        | 200m: 3:01.09 45.01 | 300m: 4:36.39 48.70 | 400m: 6:01.96 40.48 |     |
| 29.  | Raquel Silva Delgadinho    | 11                  | Palmela Desporto    | <b>6:04.88</b>      | 357 |
|      | 50m: 37.54 37.54           | 150m: 2:10.40 45.86 | 250m: 3:49.63 54.43 | 350m: 5:27.08 41.23 |     |
|      | 100m: 1:24.54 47.00        | 200m: 2:55.20 44.80 | 300m: 4:45.85 56.22 | 400m: 6:04.88 37.80 |     |
| 30.  | Catarina Ribeiro Fernandez | 11                  | Geslours            | <b>6:10.34</b>      | 341 |
|      | 50m: 38.71 38.71           | 150m: 2:15.93 46.48 | 250m: 3:54.02 53.55 | 350m: 5:31.25 41.57 |     |
|      | 100m: 1:29.45 50.74        | 200m: 3:00.47 44.54 | 300m: 4:49.68 55.66 | 400m: 6:10.34 39.09 |     |
| 31.  | Rita Ribeiro Pereira       | 11                  | Geslours            | <b>6:19.40</b>      | 317 |
|      | 50m: 40.46 40.46           | 150m: 2:16.49 46.63 | 250m: 3:57.41 56.20 | 350m: 5:38.31 43.27 |     |
|      | 100m: 1:29.86 49.40        | 200m: 3:01.21 44.72 | 300m: 4:55.04 57.63 | 400m: 6:19.40 41.09 |     |
| DNS  | Alice Martins Paiva        | 11                  | Palmela Desporto    |                     |     |

Prova 4

Masc., 400m Estilos

Juvenis

03.05.2025 - 17:36

Resultados

|                       |         |                       |     |                |      |
|-----------------------|---------|-----------------------|-----|----------------|------|
| Rec Regional Juv A    | 4:25.04 | João Alexandre Vital  | POR | Tomar          | 2013 |
| Rec Regional Juv B    | 4:35.68 | João Alexandre Vital  | POR | Alapraia       | 2013 |
| Rec Regional Absoluto | 4:06.93 | Joao Alexandre Vital  | POR | Hangzhou (CHN) | 2018 |
| Rec Nacional Juv A    | 4:25.04 | Joao Alexandre Vital  | POR | Tomar          | 2013 |
| Rec Nacional Juv B    | 4:35.02 | Diogo Filipe Carvalho | POR | Braga          | 2003 |
| Rec Nacional Absoluto | 4:05.87 | Gabriel Jose Lopes    | POR | Leiria         | 2022 |

Mínimo Participação Juv B: 5:41.23; Juv A: 5:31.29

Pontos: AQUA 2024

| Pos. | Nadador                   | Ano                 | Clube                    | Tempo               | Pts |
|------|---------------------------|---------------------|--------------------------|---------------------|-----|
| 1.   | Diogo Rodrigues Sousa     | 10                  | Alges                    | <b>4:47.65</b>      | 543 |
|      | 50m: 30.31 30.31          | 150m: 1:42.37 38.02 | 250m: 3:01.33 41.67      | 350m: 4:15.86 32.88 |     |
|      | 100m: 1:04.35 34.04       | 200m: 2:19.66 37.29 | 300m: 3:42.98 41.65      | 400m: 4:47.65 31.79 |     |
| 2.   | Joao Baixinho Roxo        | 10                  | União Piedense           | <b>4:48.71</b>      | 537 |
|      | 50m: 30.04 30.04          | 150m: 1:40.59 35.74 | 250m: 2:59.16 43.74      | 350m: 4:16.98 33.42 |     |
|      | 100m: 1:04.85 34.81       | 200m: 2:15.42 34.83 | 300m: 3:43.56 44.40      | 400m: 4:48.71 31.73 |     |
| 3.   | Dinis Aresta Ribeiro      | 10                  | Sporting                 | <b>4:51.18</b>      | 524 |
|      | 50m: 30.79 30.79          | 150m: 1:43.79 37.36 | 250m: 3:03.12 42.67      | 350m: 4:19.15 33.36 |     |
|      | 100m: 1:06.43 35.64       | 200m: 2:20.45 36.66 | 300m: 3:45.79 42.67      | 400m: 4:51.18 32.03 |     |
| 4.   | Antonio Carimbo Godinho   | 10                  | Fisica Torres Vedras     | <b>4:56.91</b>      | 494 |
|      | 50m: 29.56 29.56          | 150m: 1:40.46 37.46 | 250m: 3:04.62 47.68      | 350m: 4:25.52 33.73 |     |
|      | 100m: 1:03.00 33.44       | 200m: 2:16.94 36.48 | 300m: 3:51.79 47.17      | 400m: 4:56.91 31.39 |     |
| 5.   | Tiago Neres Santo         | 10                  | Alges                    | <b>4:58.10</b>      | 488 |
|      | 50m: 30.38 30.38          | 150m: 1:45.13 39.56 | 250m: 3:08.47 44.80      | 350m: 4:26.60 33.60 |     |
|      | 100m: 1:05.57 35.19       | 200m: 2:23.67 38.54 | 300m: 3:53.00 44.53      | 400m: 4:58.10 31.50 |     |
| 6.   | Rodrigo Ferrao Dias       | 10                  | Sporting                 | <b>4:58.16</b>      | 488 |
|      | 50m: 30.88 30.88          | 150m: 1:47.92 41.29 | 250m: 3:10.23 42.49      | 350m: 4:25.81 32.93 |     |
|      | 100m: 1:06.63 35.75       | 200m: 2:27.74 39.82 | 300m: 3:52.88 42.65      | 400m: 4:58.16 32.35 |     |
| 7.   | Martim Frederico Marques  | 10                  | CPCD Povia de Santa Iria | <b>5:00.12</b>      | 478 |
|      | 50m: 30.37 30.37          | 150m: 1:46.50 40.40 | 250m: 3:07.95 42.22      | 350m: 4:26.15 34.82 |     |
|      | 100m: 1:06.10 35.73       | 200m: 2:25.73 39.23 | 300m: 3:51.33 43.38      | 400m: 5:00.12 33.97 |     |
| 8.   | Guilherme Valente Pereira | 10                  | Colegio Int Monte Maior  | <b>5:03.00</b>      | 465 |
|      | 50m: 31.90 31.90          | 150m: 1:47.39 38.95 | 250m: 3:09.61 43.41      | 350m: 4:28.51 34.91 |     |
|      | 100m: 1:08.44 36.54       | 200m: 2:26.20 38.81 | 300m: 3:53.60 43.99      | 400m: 5:03.00 34.49 |     |
| 9.   | Tomas Rodrigues Oliveira  | 10                  | Fisica Torres Vedras     | <b>5:03.28</b>      | 464 |
|      | 50m: 30.43 30.43          | 150m: 1:45.02 38.65 | 250m: 3:09.88 47.20      | 350m: 4:31.07 33.77 |     |
|      | 100m: 1:06.37 35.94       | 200m: 2:22.68 37.66 | 300m: 3:57.30 47.42      | 400m: 5:03.28 32.21 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

**Prova 4, Masc., 400m Estilos, Juvenis B**

| Pos. | Nadador                                                                                | Ano                 | Clube                    | Tempo               | Pts |
|------|----------------------------------------------------------------------------------------|---------------------|--------------------------|---------------------|-----|
| 10.  | Tomas O'Grady Freire                                                                   | 10                  | Sporting                 | <b>5:05.91</b>      | 452 |
|      | 50m: 31.98 31.98                                                                       | 150m: 1:48.71 39.16 | 250m: 3:11.60 42.88      | 350m: 4:31.53 35.31 |     |
|      | 100m: 1:09.55 37.57                                                                    | 200m: 2:28.72 40.01 | 300m: 3:56.22 44.62      | 400m: 5:05.91 34.38 |     |
| 11.  | Andre Huang                                                                            | 10                  | Geslours                 | <b>5:09.40</b>      | 437 |
|      | 50m: 30.21 30.21                                                                       | 150m: 1:46.99 40.31 | 250m: 3:09.85 44.00      | 350m: 4:31.60 36.21 |     |
|      | 100m: 1:06.68 36.47                                                                    | 200m: 2:25.85 38.86 | 300m: 3:55.39 45.54      | 400m: 5:09.40 37.80 |     |
| 12.  | Afonso Velada Pereira                                                                  | 10                  | Sporting                 | <b>5:12.78</b>      | 423 |
|      | 50m: 33.68 33.68                                                                       | 150m: 1:52.40 40.47 | 250m: 3:17.83 44.95      | 350m: 4:39.21 35.89 |     |
|      | 100m: 1:11.93 38.25                                                                    | 200m: 2:32.88 40.48 | 300m: 4:03.32 45.49      | 400m: 5:12.78 33.57 |     |
| 13.  | Rafael Carreiras Marques                                                               | 10                  | Geslours                 | <b>5:13.65</b>      | 419 |
|      | 50m: 32.58 32.58                                                                       | 150m: 1:52.57 39.57 | 250m: 3:15.60 44.38      | 350m: 4:38.16 37.14 |     |
|      | 100m: 1:13.00 40.42                                                                    | 200m: 2:31.22 38.65 | 300m: 4:01.02 45.42      | 400m: 5:13.65 35.49 |     |
| 14.  | Diogo Alves Castro                                                                     | 10                  | Alges                    | <b>5:18.02</b>      | 402 |
|      | 50m: 31.70 31.70                                                                       | 150m: 1:50.10 41.66 | 250m: 3:17.34 46.16      | 350m: 4:41.67 37.93 |     |
|      | 100m: 1:08.44 36.74                                                                    | 200m: 2:31.18 41.08 | 300m: 4:03.74 46.40      | 400m: 5:18.02 36.35 |     |
| 15.  | Henrique Matos Sebroza                                                                 | 10                  | Geslours                 | <b>5:18.42</b>      | 401 |
|      | 50m: 31.24 31.24                                                                       | 150m: 1:50.46 41.55 | 250m: 3:18.63 48.34      | 350m: 4:42.43 36.14 |     |
|      | 100m: 1:08.91 37.67                                                                    | 200m: 2:30.29 39.83 | 300m: 4:06.29 47.66      | 400m: 5:18.42 35.99 |     |
| 16.  | Afonso Manuel Gomes                                                                    | 10                  | Sporting                 | <b>5:21.50</b>      | 389 |
|      | 50m: 33.32 33.32                                                                       | 150m: 1:55.43 40.76 | 250m: 3:23.22 48.39      | 350m: 4:47.53 36.61 |     |
|      | 100m: 1:14.67 41.35                                                                    | 200m: 2:34.83 39.40 | 300m: 4:10.92 47.70      | 400m: 5:21.50 33.97 |     |
| 17.  | Guilherme Costa Alves                                                                  | 10                  | Sporting                 | <b>5:22.85</b>      | 384 |
|      | 50m: 34.12 34.12                                                                       | 150m: 1:55.62 41.25 | 250m: 3:23.15 47.97      | 350m: 4:48.04 36.94 |     |
|      | 100m: 1:14.37 40.25                                                                    | 200m: 2:35.18 39.56 | 300m: 4:11.10 47.95      | 400m: 5:22.85 34.81 |     |
| 18.  | Andrey Ponomarov                                                                       | 10                  | CPCD Povia de Santa Iria | <b>5:27.59</b>      | 368 |
|      | 50m: 32.15 32.15                                                                       | 150m: 1:52.67 42.41 | 250m: 3:22.77 48.54      | 350m: 4:50.70 38.04 |     |
|      | 100m: 1:10.26 38.11                                                                    | 200m: 2:34.23 41.56 | 300m: 4:12.66 49.89      | 400m: 5:27.59 36.89 |     |
| DSQ  | Salvador Miranda Grandela                                                              | 10                  | Alges                    |                     |     |
|      | <i>E-B18 - Tocou com uma só mão na parede testa na viragem aos 250 metros (sr 7.6)</i> |                     |                          |                     |     |
| DNS  | Renato Ferreira Mimoso                                                                 | 10                  | Benfica                  |                     |     |

**Juvenis A**

|     |                        |                     |                         |                     |     |
|-----|------------------------|---------------------|-------------------------|---------------------|-----|
| 1.  | Diogo Damasceno Reis   | 09                  | Sporting                | <b>4:37.00</b>      | 609 |
|     | 50m: 29.24 29.24       | 150m: 1:42.14 38.44 | 250m: 2:56.71 37.33     | 350m: 4:06.73 31.54 |     |
|     | 100m: 1:03.70 34.46    | 200m: 2:19.38 37.24 | 300m: 3:35.19 38.48     | 400m: 4:37.00 30.27 |     |
| 2.  | Diogo Didario Alfano   | 09                  | Fisica Torres Vedras    | <b>4:43.72</b>      | 566 |
|     | 50m: 29.67 29.67       | 150m: 1:39.54 35.26 | 250m: 2:57.94 43.51     | 350m: 4:13.12 32.27 |     |
|     | 100m: 1:04.28 34.61    | 200m: 2:14.43 34.89 | 300m: 3:40.85 42.91     | 400m: 4:43.72 30.60 |     |
| 3.  | Martim Chambel Pinto   | 09                  | Colegio Int Monte Maior | <b>4:44.03</b>      | 565 |
|     | 50m: 30.10 30.10       | 150m: 1:39.05 34.10 | 250m: 2:56.54 44.75     | 350m: 4:13.56 32.01 |     |
|     | 100m: 1:04.95 34.85    | 200m: 2:11.79 32.74 | 300m: 3:41.55 45.01     | 400m: 4:44.03 30.47 |     |
| 4.  | Rafael Lin Moniz       | 09                  | Naval Setubalense       | <b>4:45.05</b>      | 558 |
|     | 50m: 28.84 28.84       | 150m: 1:39.76 37.42 | 250m: 3:00.34 43.42     | 350m: 4:14.90 31.58 |     |
|     | 100m: 1:02.34 33.50    | 200m: 2:16.92 37.16 | 300m: 3:43.32 42.98     | 400m: 4:45.05 30.15 |     |
| 5.  | Paulo Junio Fernandes  | 09                  | Alges                   | <b>4:46.17</b>      | 552 |
|     | 50m: 28.86 28.86       | 150m: 1:42.76 38.66 | 250m: 3:00.98 40.96     | 350m: 4:15.46 32.96 |     |
|     | 100m: 1:04.10 35.24    | 200m: 2:20.02 37.26 | 300m: 3:42.50 41.52     | 400m: 4:46.17 30.71 |     |
| 6.  | Miguel Ratinho Rocha   | 09                  | Naval Setubalense       | <b>4:55.08</b>      | 503 |
|     | 50m: 29.87 29.87       | 150m: 1:43.50 39.40 | 250m: 3:03.94 42.21     | 350m: 4:21.73 35.78 |     |
|     | 100m: 1:04.10 34.23    | 200m: 2:21.73 38.23 | 300m: 3:45.95 42.01     | 400m: 4:55.08 33.35 |     |
| 7.  | Pedro Guedes Caldas    | 09                  | Benfica                 | <b>4:57.06</b>      | 493 |
|     | 50m: 30.56 30.56       | 150m: 1:41.92 36.88 | 250m: 3:02.97 45.10     | 350m: 4:23.57 34.75 |     |
|     | 100m: 1:05.04 34.48    | 200m: 2:17.87 35.95 | 300m: 3:48.82 45.85     | 400m: 4:57.06 33.49 |     |
| 8.  | Afonso Santos Carromeu | 09                  | Naval Setubalense       | <b>4:58.21</b>      | 488 |
|     | 50m: 31.26 31.26       | 150m: 1:46.03 38.77 | 250m: 3:07.49 43.37     | 350m: 4:26.00 34.56 |     |
|     | 100m: 1:07.26 36.00    | 200m: 2:24.12 38.09 | 300m: 3:51.44 43.95     | 400m: 4:58.21 32.21 |     |
| 9.  | Tiago Trindade Manuel  | 09                  | Palmela Desporto        | <b>5:00.76</b>      | 475 |
|     | 50m: 29.97 29.97       | 150m: 1:43.19 37.81 | 250m: 3:04.52 44.86     | 350m: 4:26.24 35.72 |     |
|     | 100m: 1:05.38 35.41    | 200m: 2:19.66 36.47 | 300m: 3:50.52 46.00     | 400m: 5:00.76 34.52 |     |
| 10. | Rui Melo Pereira       | 09                  | Benfica                 | <b>5:02.06</b>      | 469 |
|     | 50m: 29.83 29.83       | 150m: 1:44.69 38.28 | 250m: 3:06.44 44.74     | 350m: 4:27.43 35.83 |     |
|     | 100m: 1:06.41 36.58    | 200m: 2:21.70 37.01 | 300m: 3:51.60 45.16     | 400m: 5:02.06 34.63 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 4, Masc., 400m Estilos, Juvenis A

| Pos. | Nadador                                                                 | Ano | Clube                    | Tempo                                                                                                                                             | Pts |
|------|-------------------------------------------------------------------------|-----|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| 11.  | Xavier Rosa Madeira<br>50m: 30.46 30.46<br>100m: 1:06.65 36.19          | 09  | Laranjeiro               | 5:05.76<br>150m: 1:48.00 41.35<br>200m: 2:28.56 40.56<br>250m: 3:12.28 43.72<br>300m: 3:57.89 45.61<br>350m: 4:32.51 34.62<br>400m: 5:05.76 33.25 | 452 |
| 12.  | Francisco Gabriel Freitas<br>50m: 30.22 30.22<br>100m: 1:06.68 36.46    | 09  | Geslours                 | 5:07.94<br>150m: 1:47.81 41.13<br>200m: 2:29.13 41.32<br>250m: 3:12.09 42.96<br>300m: 3:56.29 44.20<br>350m: 4:32.79 36.50<br>400m: 5:07.94 35.15 | 443 |
| 13.  | Tiago Rafael Ferreira<br>50m: 30.27 30.27<br>100m: 1:05.46 35.19        | 09  | Sporting                 | 5:09.15<br>150m: 1:47.63 42.17<br>200m: 2:28.35 40.72<br>250m: 3:11.91 43.56<br>300m: 3:57.04 45.13<br>350m: 4:33.92 36.88<br>400m: 5:09.15 35.23 | 438 |
| 14.  | Vasco Alexandre Martins<br>50m: 31.04 31.04<br>100m: 1:07.38 36.34      | 09  | Colegio Int Monte Maior  | 5:09.58<br>150m: 1:48.23 40.85<br>200m: 2:28.20 39.97<br>250m: 3:11.96 43.76<br>300m: 3:58.26 46.30<br>350m: 4:34.31 36.05<br>400m: 5:09.58 35.27 | 436 |
| 15.  | Bernardo Afonso Guedelha<br>50m: 30.90 30.90<br>100m: 1:06.73 35.83     | 09  | Benfica                  | 5:09.75<br>150m: 1:45.47 38.74<br>200m: 2:25.84 40.37<br>250m: 3:13.49 47.65<br>300m: 4:00.77 47.28<br>350m: 4:36.35 35.58<br>400m: 5:09.75 33.40 | 435 |
| 16.  | Andre Raposo Pinheiro<br>50m: 29.81 29.81<br>100m: 1:05.78 35.97        | 09  | Sporting                 | 5:10.01<br>150m: 1:47.21 41.43<br>200m: 2:27.63 40.42<br>250m: 3:10.49 42.86<br>300m: 3:56.09 45.60<br>350m: 4:33.82 37.73<br>400m: 5:10.01 36.19 | 434 |
| 17.  | Diogo Soares Marques<br>50m: 32.78 32.78<br>100m: 1:11.31 38.53         | 09  | Alges                    | 5:11.17<br>150m: 1:51.64 40.33<br>200m: 2:30.61 38.97<br>250m: 3:14.46 43.85<br>300m: 3:59.09 44.63<br>350m: 4:35.73 36.64<br>400m: 5:11.17 35.44 | 429 |
| 18.  | Lourenco Marques Sebastiao<br>50m: 32.15 32.15<br>100m: 1:11.62 39.47   | 09  | Laranjeiro               | 5:16.17<br>150m: 1:50.14 38.52<br>200m: 2:27.66 37.52<br>250m: 3:14.07 46.41<br>300m: 4:00.97 46.90<br>350m: 4:39.31 38.34<br>400m: 5:16.17 36.86 | 409 |
| 19.  | David Emanuel Tome<br>50m: 30.74 30.74<br>100m: 1:08.21 37.47           | 09  | Geslours                 | 5:16.42<br>150m: 1:48.02 39.81<br>200m: 2:27.35 39.33<br>250m: 3:15.59 48.24<br>300m: 4:04.73 49.14<br>350m: 4:41.38 36.65<br>400m: 5:16.42 35.04 | 408 |
| 20.  | Duarte Afonso Leite<br>50m: 35.27 35.27<br>100m: 1:16.74 41.47          | 09  | Laranjeiro               | 5:21.87<br>150m: 2:00.03 43.29<br>200m: 2:40.93 40.90<br>250m: 3:24.48 43.55<br>300m: 4:09.40 44.92<br>350m: 4:46.93 37.53<br>400m: 5:21.87 34.94 | 388 |
| 21.  | Santiago Castanheira Martins<br>50m: 32.99 32.99<br>100m: 1:12.10 39.11 | 09  | CPCD Povia de Santa Iria | 5:27.53<br>150m: 1:54.23 42.13<br>200m: 2:34.60 40.37<br>250m: 3:24.77 50.17<br>300m: 4:13.88 49.11<br>350m: 4:52.23 38.35<br>400m: 5:27.53 35.30 | 368 |

Juvenis

|    |                                                                  |    |                         |                                                                                                                                                   |     |
|----|------------------------------------------------------------------|----|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| 1. | Diogo Damasceno Reis<br>50m: 29.24 29.24<br>100m: 1:03.70 34.46  | 09 | Sporting                | 4:37.00<br>150m: 1:42.14 38.44<br>200m: 2:19.38 37.24<br>250m: 2:56.71 37.33<br>300m: 3:35.19 38.48<br>350m: 4:06.73 31.54<br>400m: 4:37.00 30.27 | 609 |
| 2. | Diogo Didario Alfano<br>50m: 29.67 29.67<br>100m: 1:04.28 34.61  | 09 | Fisica Torres Vedras    | 4:43.72<br>150m: 1:39.54 35.26<br>200m: 2:14.43 34.89<br>250m: 2:57.94 43.51<br>300m: 3:40.85 42.91<br>350m: 4:13.12 32.27<br>400m: 4:43.72 30.60 | 566 |
| 3. | Martim Chambel Pinto<br>50m: 30.10 30.10<br>100m: 1:04.95 34.85  | 09 | Colegio Int Monte Maior | 4:44.03<br>150m: 1:39.05 34.10<br>200m: 2:11.79 32.74<br>250m: 2:56.54 44.75<br>300m: 3:41.55 45.01<br>350m: 4:13.56 32.01<br>400m: 4:44.03 30.47 | 565 |
| 4. | Rafael Lin Moniz<br>50m: 28.84 28.84<br>100m: 1:02.34 33.50      | 09 | Naval Setubalense       | 4:45.05<br>150m: 1:39.76 37.42<br>200m: 2:16.92 37.16<br>250m: 3:00.34 43.42<br>300m: 3:43.32 42.98<br>350m: 4:14.90 31.58<br>400m: 4:45.05 30.15 | 558 |
| 5. | Paulo Junio Fernandes<br>50m: 28.86 28.86<br>100m: 1:04.10 35.24 | 09 | Alges                   | 4:46.17<br>150m: 1:42.76 38.66<br>200m: 2:20.02 37.26<br>250m: 3:00.98 40.96<br>300m: 3:42.50 41.52<br>350m: 4:15.46 32.96<br>400m: 4:46.17 30.71 | 552 |
| 6. | Diogo Rodrigues Sousa<br>50m: 30.31 30.31<br>100m: 1:04.35 34.04 | 10 | Alges                   | 4:47.65<br>150m: 1:42.37 38.02<br>200m: 2:19.66 37.29<br>250m: 3:01.33 41.67<br>300m: 3:42.98 41.65<br>350m: 4:15.86 32.88<br>400m: 4:47.65 31.79 | 543 |
| 7. | Joao Baixinho Roxo<br>50m: 30.04 30.04<br>100m: 1:04.85 34.81    | 10 | União Piedense          | 4:48.71<br>150m: 1:40.59 35.74<br>200m: 2:15.42 34.83<br>250m: 2:59.16 43.74<br>300m: 3:43.56 44.40<br>350m: 4:16.98 33.42<br>400m: 4:48.71 31.73 | 537 |
| 8. | Dinis Aresta Ribeiro<br>50m: 30.79 30.79<br>100m: 1:06.43 35.64  | 10 | Sporting                | 4:51.18<br>150m: 1:43.79 37.36<br>200m: 2:20.45 36.66<br>250m: 3:03.12 42.67<br>300m: 3:45.79 42.67<br>350m: 4:19.15 33.36<br>400m: 4:51.18 32.03 | 524 |
| 9. | Miguel Ratinho Rocha<br>50m: 29.87 29.87<br>100m: 1:04.10 34.23  | 09 | Naval Setubalense       | 4:55.08<br>150m: 1:43.50 39.40<br>200m: 2:21.73 38.23<br>250m: 3:03.94 42.21<br>300m: 3:45.95 42.01<br>350m: 4:21.73 35.78<br>400m: 4:55.08 33.35 | 503 |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 4, Masc., 400m Estilos, Juvenis

| Pos. | Nadador                   | Ano                 | Clube                    | Tempo               | Pts |
|------|---------------------------|---------------------|--------------------------|---------------------|-----|
| 10.  | Antonio Carimbo Godinho   | 10                  | Fisica Torres Vedras     | <b>4:56.91</b>      | 494 |
|      | 50m: 29.56 29.56          | 150m: 1:40.46 37.46 | 250m: 3:04.62 47.68      | 350m: 4:25.52 33.73 |     |
|      | 100m: 1:03.00 33.44       | 200m: 2:16.94 36.48 | 300m: 3:51.79 47.17      | 400m: 4:56.91 31.39 |     |
| 11.  | Pedro Guedes Caldas       | 09                  | Benfica                  | <b>4:57.06</b>      | 493 |
|      | 50m: 30.56 30.56          | 150m: 1:41.92 36.88 | 250m: 3:02.97 45.10      | 350m: 4:23.57 34.75 |     |
|      | 100m: 1:05.04 34.48       | 200m: 2:17.87 35.95 | 300m: 3:48.82 45.85      | 400m: 4:57.06 33.49 |     |
| 12.  | Tiago Neres Santo         | 10                  | Alges                    | <b>4:58.10</b>      | 488 |
|      | 50m: 30.38 30.38          | 150m: 1:45.13 39.56 | 250m: 3:08.47 44.80      | 350m: 4:26.60 33.60 |     |
|      | 100m: 1:05.57 35.19       | 200m: 2:23.67 38.54 | 300m: 3:53.00 44.53      | 400m: 4:58.10 31.50 |     |
| 13.  | Rodrigo Ferrao Dias       | 10                  | Sporting                 | <b>4:58.16</b>      | 488 |
|      | 50m: 30.88 30.88          | 150m: 1:47.92 41.29 | 250m: 3:10.23 42.49      | 350m: 4:25.81 32.93 |     |
|      | 100m: 1:06.63 35.75       | 200m: 2:27.74 39.82 | 300m: 3:52.88 42.65      | 400m: 4:58.16 32.35 |     |
| 14.  | Afonso Santos Carromeu    | 09                  | Naval Setubalense        | <b>4:58.21</b>      | 488 |
|      | 50m: 31.26 31.26          | 150m: 1:46.03 38.77 | 250m: 3:07.49 43.37      | 350m: 4:26.00 34.56 |     |
|      | 100m: 1:07.26 36.00       | 200m: 2:24.12 38.09 | 300m: 3:51.44 43.95      | 400m: 4:58.21 32.21 |     |
| 15.  | Martim Frederico Marques  | 10                  | CPCD Povia de Santa Iria | <b>5:00.12</b>      | 478 |
|      | 50m: 30.37 30.37          | 150m: 1:46.50 40.40 | 250m: 3:07.95 42.22      | 350m: 4:26.15 34.82 |     |
|      | 100m: 1:06.10 35.73       | 200m: 2:25.73 39.23 | 300m: 3:51.33 43.38      | 400m: 5:00.12 33.97 |     |
| 16.  | Tiago Trindade Manuel     | 09                  | Palmela Desporto         | <b>5:00.76</b>      | 475 |
|      | 50m: 29.97 29.97          | 150m: 1:43.19 37.81 | 250m: 3:04.52 44.86      | 350m: 4:26.24 35.72 |     |
|      | 100m: 1:05.38 35.41       | 200m: 2:19.66 36.47 | 300m: 3:50.52 46.00      | 400m: 5:00.76 34.52 |     |
| 17.  | Rui Melo Pereira          | 09                  | Benfica                  | <b>5:02.06</b>      | 469 |
|      | 50m: 29.83 29.83          | 150m: 1:44.69 38.28 | 250m: 3:06.44 44.74      | 350m: 4:27.43 35.83 |     |
|      | 100m: 1:06.41 36.58       | 200m: 2:21.70 37.01 | 300m: 3:51.60 45.16      | 400m: 5:02.06 34.63 |     |
| 18.  | Guilherme Valente Pereira | 10                  | Colegio Int Monte Maior  | <b>5:03.00</b>      | 465 |
|      | 50m: 31.90 31.90          | 150m: 1:47.39 38.95 | 250m: 3:09.61 43.41      | 350m: 4:28.51 34.91 |     |
|      | 100m: 1:08.44 36.54       | 200m: 2:26.20 38.81 | 300m: 3:53.60 43.99      | 400m: 5:03.00 34.49 |     |
| 19.  | Tomas Rodrigues Oliveira  | 10                  | Fisica Torres Vedras     | <b>5:03.28</b>      | 464 |
|      | 50m: 30.43 30.43          | 150m: 1:45.02 38.65 | 250m: 3:09.88 47.20      | 350m: 4:31.07 33.77 |     |
|      | 100m: 1:06.37 35.94       | 200m: 2:22.68 37.66 | 300m: 3:57.30 47.42      | 400m: 5:03.28 32.21 |     |
| 20.  | Xavier Rosa Madeira       | 09                  | Laranjeiro               | <b>5:05.76</b>      | 452 |
|      | 50m: 30.46 30.46          | 150m: 1:48.00 41.35 | 250m: 3:12.28 43.72      | 350m: 4:32.51 34.62 |     |
|      | 100m: 1:06.65 36.19       | 200m: 2:28.56 40.56 | 300m: 3:57.89 45.61      | 400m: 5:05.76 33.25 |     |
| 21.  | Tomas O'Grady Freire      | 10                  | Sporting                 | <b>5:05.91</b>      | 452 |
|      | 50m: 31.98 31.98          | 150m: 1:48.71 39.16 | 250m: 3:11.60 42.88      | 350m: 4:31.53 35.31 |     |
|      | 100m: 1:09.55 37.57       | 200m: 2:28.72 40.01 | 300m: 3:56.22 44.62      | 400m: 5:05.91 34.38 |     |
| 22.  | Francisco Gabriel Freitas | 09                  | Geslours                 | <b>5:07.94</b>      | 443 |
|      | 50m: 30.22 30.22          | 150m: 1:47.81 41.13 | 250m: 3:12.09 42.96      | 350m: 4:32.79 36.50 |     |
|      | 100m: 1:06.68 36.46       | 200m: 2:29.13 41.32 | 300m: 3:56.29 44.20      | 400m: 5:07.94 35.15 |     |
| 23.  | Tiago Rafael Ferreira     | 09                  | Sporting                 | <b>5:09.15</b>      | 438 |
|      | 50m: 30.27 30.27          | 150m: 1:47.63 42.17 | 250m: 3:11.91 43.56      | 350m: 4:33.92 36.88 |     |
|      | 100m: 1:05.46 35.19       | 200m: 2:28.35 40.72 | 300m: 3:57.04 45.13      | 400m: 5:09.15 35.23 |     |
| 24.  | Andre Huang               | 10                  | Geslours                 | <b>5:09.40</b>      | 437 |
|      | 50m: 30.21 30.21          | 150m: 1:46.99 40.31 | 250m: 3:09.85 44.00      | 350m: 4:31.60 36.21 |     |
|      | 100m: 1:06.68 36.47       | 200m: 2:25.85 38.86 | 300m: 3:55.39 45.54      | 400m: 5:09.40 37.80 |     |
| 25.  | Vasco Alexandre Martins   | 09                  | Colegio Int Monte Maior  | <b>5:09.58</b>      | 436 |
|      | 50m: 31.04 31.04          | 150m: 1:48.23 40.85 | 250m: 3:11.96 43.76      | 350m: 4:34.31 36.05 |     |
|      | 100m: 1:07.38 36.34       | 200m: 2:28.20 39.97 | 300m: 3:58.26 46.30      | 400m: 5:09.58 35.27 |     |
| 26.  | Bernardo Afonso Guedelha  | 09                  | Benfica                  | <b>5:09.75</b>      | 435 |
|      | 50m: 30.90 30.90          | 150m: 1:45.47 38.74 | 250m: 3:13.49 47.65      | 350m: 4:36.35 35.58 |     |
|      | 100m: 1:06.73 35.83       | 200m: 2:25.84 40.37 | 300m: 4:00.77 47.28      | 400m: 5:09.75 33.40 |     |
| 27.  | Andre Raposo Pinheiro     | 09                  | Sporting                 | <b>5:10.01</b>      | 434 |
|      | 50m: 29.81 29.81          | 150m: 1:47.21 41.43 | 250m: 3:10.49 42.86      | 350m: 4:33.82 37.73 |     |
|      | 100m: 1:05.78 35.97       | 200m: 2:27.63 40.42 | 300m: 3:56.09 45.60      | 400m: 5:10.01 36.19 |     |
| 28.  | Diogo Soares Marques      | 09                  | Alges                    | <b>5:11.17</b>      | 429 |
|      | 50m: 32.78 32.78          | 150m: 1:51.64 40.33 | 250m: 3:14.46 43.85      | 350m: 4:35.73 36.64 |     |
|      | 100m: 1:11.31 38.53       | 200m: 2:30.61 38.97 | 300m: 3:59.09 44.63      | 400m: 5:11.17 35.44 |     |
| 29.  | Afonso Velada Pereira     | 10                  | Sporting                 | <b>5:12.78</b>      | 423 |
|      | 50m: 33.68 33.68          | 150m: 1:52.40 40.47 | 250m: 3:17.83 44.95      | 350m: 4:39.21 35.89 |     |
|      | 100m: 1:11.93 38.25       | 200m: 2:32.88 40.48 | 300m: 4:03.32 45.49      | 400m: 5:12.78 33.57 |     |
| 30.  | Rafael Carreiras Marques  | 10                  | Geslours                 | <b>5:13.65</b>      | 419 |
|      | 50m: 32.58 32.58          | 150m: 1:52.57 39.57 | 250m: 3:15.60 44.38      | 350m: 4:38.16 37.14 |     |
|      | 100m: 1:13.00 40.42       | 200m: 2:31.22 38.65 | 300m: 4:01.02 45.42      | 400m: 5:13.65 35.49 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 4, Masc., 400m Estilos, Juvenis

| Pos. | Nadador                                                                         | Ano                 | Clube                    | Tempo               |  |  |  | Pts |
|------|---------------------------------------------------------------------------------|---------------------|--------------------------|---------------------|--|--|--|-----|
| 31.  | Lourenco Marques Sebastiao                                                      | 09                  | Laranjeiro               | 5:16.17             |  |  |  | 409 |
|      | 50m: 32.15 32.15                                                                | 150m: 1:50.14 38.52 | 250m: 3:14.07 46.41      | 350m: 4:39.31 38.34 |  |  |  |     |
|      | 100m: 1:11.62 39.47                                                             | 200m: 2:27.66 37.52 | 300m: 4:00.97 46.90      | 400m: 5:16.17 36.86 |  |  |  |     |
| 32.  | David Emanuel Tome                                                              | 09                  | Geslours                 | 5:16.42             |  |  |  | 408 |
|      | 50m: 30.74 30.74                                                                | 150m: 1:48.02 39.81 | 250m: 3:15.59 48.24      | 350m: 4:41.38 36.65 |  |  |  |     |
|      | 100m: 1:08.21 37.47                                                             | 200m: 2:27.35 39.33 | 300m: 4:04.73 49.14      | 400m: 5:16.42 35.04 |  |  |  |     |
| 33.  | Diogo Alves Castro                                                              | 10                  | Alges                    | 5:18.02             |  |  |  | 402 |
|      | 50m: 31.70 31.70                                                                | 150m: 1:50.10 41.66 | 250m: 3:17.34 46.16      | 350m: 4:41.67 37.93 |  |  |  |     |
|      | 100m: 1:08.44 36.74                                                             | 200m: 2:31.18 41.08 | 300m: 4:03.74 46.40      | 400m: 5:18.02 36.35 |  |  |  |     |
| 34.  | Henrique Matos Sebroza                                                          | 10                  | Geslours                 | 5:18.42             |  |  |  | 401 |
|      | 50m: 31.24 31.24                                                                | 150m: 1:50.46 41.55 | 250m: 3:18.63 48.34      | 350m: 4:42.43 36.14 |  |  |  |     |
|      | 100m: 1:08.91 37.67                                                             | 200m: 2:30.29 39.83 | 300m: 4:06.29 47.66      | 400m: 5:18.42 35.99 |  |  |  |     |
| 35.  | Afonso Manuel Gomes                                                             | 10                  | Sporting                 | 5:21.50             |  |  |  | 389 |
|      | 50m: 33.32 33.32                                                                | 150m: 1:55.43 40.76 | 250m: 3:23.22 48.39      | 350m: 4:47.53 36.61 |  |  |  |     |
|      | 100m: 1:14.67 41.35                                                             | 200m: 2:34.83 39.40 | 300m: 4:10.92 47.70      | 400m: 5:21.50 33.97 |  |  |  |     |
| 36.  | Duarte Afonso Leite                                                             | 09                  | Laranjeiro               | 5:21.87             |  |  |  | 388 |
|      | 50m: 35.27 35.27                                                                | 150m: 2:00.03 43.29 | 250m: 3:24.48 43.55      | 350m: 4:46.93 37.53 |  |  |  |     |
|      | 100m: 1:16.74 41.47                                                             | 200m: 2:40.93 40.90 | 300m: 4:09.40 44.92      | 400m: 5:21.87 34.94 |  |  |  |     |
| 37.  | Guilherme Costa Alves                                                           | 10                  | Sporting                 | 5:22.85             |  |  |  | 384 |
|      | 50m: 34.12 34.12                                                                | 150m: 1:55.62 41.25 | 250m: 3:23.15 47.97      | 350m: 4:48.04 36.94 |  |  |  |     |
|      | 100m: 1:14.37 40.25                                                             | 200m: 2:35.18 39.56 | 300m: 4:11.10 47.95      | 400m: 5:22.85 34.81 |  |  |  |     |
| 38.  | Santiago Castanheira Martins                                                    | 09                  | CPCD Povia de Santa Iria | 5:27.53             |  |  |  | 368 |
|      | 50m: 32.99 32.99                                                                | 150m: 1:54.23 42.13 | 250m: 3:24.77 50.17      | 350m: 4:52.23 38.35 |  |  |  |     |
|      | 100m: 1:12.10 39.11                                                             | 200m: 2:34.60 40.37 | 300m: 4:13.88 49.11      | 400m: 5:27.53 35.30 |  |  |  |     |
| 39.  | Andrey Ponomarov                                                                | 10                  | CPCD Povia de Santa Iria | 5:27.59             |  |  |  | 368 |
|      | 50m: 32.15 32.15                                                                | 150m: 1:52.67 42.41 | 250m: 3:22.77 48.54      | 350m: 4:50.70 38.04 |  |  |  |     |
|      | 100m: 1:10.26 38.11                                                             | 200m: 2:34.23 41.56 | 300m: 4:12.66 49.89      | 400m: 5:27.59 36.89 |  |  |  |     |
| DSQ  | Salvador Miranda Grandela                                                       | 10                  | Alges                    |                     |  |  |  |     |
|      | E-B18 - Tocou com uma só mão na parede testa na viragem aos 250 metros (sr 7.6) |                     |                          |                     |  |  |  |     |
| DNS  | Renato Ferreira Mimoso                                                          | 10                  | Benfica                  |                     |  |  |  |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

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CÂMARA  
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parceiros



2 - 2ª Jornada - 1ª Sessão

04.05.2025 - 8:15

Prova 5 Masc., 1500m Livres Infantis Resultados

|                       |          |                         |     |                 |      |
|-----------------------|----------|-------------------------|-----|-----------------|------|
| Rec Regional Inf A    | 16:31.35 | Pedro Fontoura Oliveira | POR | Reboleira       | 2004 |
| Rec Regional Inf B    | 17:13.96 | Pedro Fontoura Oliveira | POR | Santarém        | 2003 |
| Rec Regional Absoluto | 15:00.35 | Filipe Miguel Santo     | POR | Alges           | 2018 |
| Rec Nacional Inf A    | 16:13.14 | Andre Vilas Ruivo       | POR | Campo Maior     | 2014 |
| Rec Nacional Inf B    | 17:11.29 | Andre Vilas Ruivo       | POR | Leiria          | 2013 |
| Rec Nacional Absoluto | 14:39.82 | Jose Paulo Lopes        | POR | Abu Dhabi (UAE) | 2021 |

Mínimo Participação Inf B: 24:07.45; Inf A: 22:58.53

Pontos: AQUA 2024

| Pos.       | Nadador                     | Ano                  | Clube                 | Tempo                 | Pts |
|------------|-----------------------------|----------------------|-----------------------|-----------------------|-----|
| Infantis B |                             |                      |                       |                       |     |
| 1.         | Rafael Alexandre Figueiredo | 12                   | União Piedense        | 19:29.85              | 379 |
|            | 50m: 34.96 34.96            | 450m: 5:48.68 39.90  | 850m: 11:01.83 38.56  | 1250m: 16:17.77 39.90 |     |
|            | 100m: 1:12.75 37.79         | 500m: 6:28.57 39.89  | 900m: 11:40.79 38.96  | 1300m: 16:57.34 39.57 |     |
|            | 150m: 1:51.31 38.56         | 550m: 7:07.34 38.77  | 950m: 12:20.57 39.78  | 1350m: 17:36.64 39.30 |     |
|            | 200m: 2:30.29 38.98         | 600m: 7:47.00 39.66  | 1000m: 12:59.53 38.96 | 1400m: 18:17.17 40.53 |     |
|            | 250m: 3:09.64 39.35         | 650m: 8:26.14 39.14  | 1050m: 13:39.18 39.65 | 1450m: 18:55.08 37.91 |     |
|            | 300m: 3:49.30 39.66         | 700m: 9:04.79 38.65  | 1100m: 14:19.26 40.08 | 1500m: 19:29.85 34.77 |     |
|            | 350m: 4:28.92 39.62         | 750m: 9:44.33 39.54  | 1150m: 14:58.31 39.05 |                       |     |
|            | 400m: 5:08.78 39.86         | 800m: 10:23.27 38.94 | 1200m: 15:37.87 39.56 |                       |     |
| 2.         | Vasco Messias Pires         | 12                   | Sporting              | 19:36.77              | 372 |
|            | 50m: 36.07 36.07            | 450m: 5:49.72 39.84  | 850m: 11:07.29 38.92  | 1250m: 16:24.00 39.82 |     |
|            | 100m: 1:13.88 37.81         | 500m: 6:29.55 39.83  | 900m: 11:46.41 39.12  | 1300m: 17:03.22 39.22 |     |
|            | 150m: 1:52.99 39.11         | 550m: 7:09.56 40.01  | 950m: 12:26.17 39.76  | 1350m: 17:43.31 40.09 |     |
|            | 200m: 2:32.72 39.73         | 600m: 7:49.12 39.56  | 1000m: 13:06.08 39.91 | 1400m: 18:22.31 39.00 |     |
|            | 250m: 3:11.69 39.87         | 650m: 8:28.88 39.76  | 1050m: 13:45.30 39.22 | 1450m: 18:59.42 37.11 |     |
|            | 300m: 3:51.18 39.49         | 700m: 9:09.20 40.32  | 1100m: 14:24.14 38.84 | 1500m: 19:36.77 37.35 |     |
|            | 350m: 4:30.73 39.55         | 750m: 9:49.12 39.92  | 1150m: 15:04.42 40.28 |                       |     |
|            | 400m: 5:09.88 39.15         | 800m: 10:28.37 39.25 | 1200m: 15:44.18 39.76 |                       |     |
| 3.         | Guilherme Pereira Sousa     | 12                   | Física Torres Vedras  | 20:13.50              | 339 |
|            | 50m: 36.76 36.76            | 450m: 6:00.31 40.14  | 850m: 11:28.12 41.10  | 1250m: 16:59.92 41.55 |     |
|            | 100m: 1:17.12 40.36         | 500m: 6:41.32 41.01  | 900m: 12:09.23 41.11  | 1300m: 17:41.18 41.26 |     |
|            | 150m: 1:57.68 40.56         | 550m: 7:22.07 40.75  | 950m: 12:50.36 41.13  | 1350m: 18:21.45 40.27 |     |
|            | 200m: 2:38.88 41.20         | 600m: 8:03.55 41.48  | 1000m: 13:31.92 41.56 | 1400m: 18:59.57 38.12 |     |
|            | 250m: 3:18.26 39.38         | 650m: 8:44.32 40.77  | 1050m: 14:13.05 41.13 | 1450m: 19:36.34 36.77 |     |
|            | 300m: 3:59.80 41.54         | 700m: 9:25.71 41.39  | 1100m: 14:54.17 41.12 | 1500m: 20:13.50 37.16 |     |
|            | 350m: 4:39.82 40.02         | 750m: 10:06.19 40.48 | 1150m: 15:34.81 40.64 |                       |     |
|            | 400m: 5:20.17 40.35         | 800m: 10:47.02 40.83 | 1200m: 16:18.37 43.56 |                       |     |
| 4.         | Dinis Costa Faria           | 12                   | Nacional de Natação   | 20:15.58              | 338 |
|            | 50m: 38.63 38.63            | 450m: 6:06.72 40.90  | 850m: 11:31.39 40.69  | 1250m: 16:56.24 40.43 |     |
|            | 100m: 1:19.09 40.46         | 500m: 6:47.01 40.29  | 900m: 12:12.24 40.85  | 1300m: 17:36.83 40.59 |     |
|            | 150m: 2:00.52 41.43         | 550m: 7:27.50 40.49  | 950m: 12:53.14 40.90  | 1350m: 18:16.93 40.10 |     |
|            | 200m: 2:41.93 41.41         | 600m: 8:08.04 40.54  | 1000m: 13:34.03 40.89 | 1400m: 18:56.95 40.02 |     |
|            | 250m: 3:22.89 40.96         | 650m: 8:48.52 40.48  | 1050m: 14:14.47 40.44 | 1450m: 19:37.32 40.37 |     |
|            | 300m: 4:04.03 41.14         | 700m: 9:29.38 40.86  | 1100m: 14:55.20 40.73 | 1500m: 20:15.58 38.26 |     |
|            | 350m: 4:44.67 40.64         | 750m: 10:09.97 40.59 | 1150m: 15:35.47 40.27 |                       |     |
|            | 400m: 5:25.82 41.15         | 800m: 10:50.70 40.73 | 1200m: 16:15.81 40.34 |                       |     |
| 5.         | Diego Miguel Mota           | 12                   | Geslours              | 20:16.21              | 337 |
|            | 50m: 36.39 36.39            | 450m: 5:59.94 41.68  | 850m: 11:28.81 41.47  | 1250m: 16:59.15 40.78 |     |
|            | 100m: 1:15.57 39.18         | 500m: 6:41.01 41.07  | 900m: 12:10.27 41.46  | 1300m: 17:40.15 41.00 |     |
|            | 150m: 1:55.53 39.96         | 550m: 7:21.98 40.97  | 950m: 12:51.81 41.54  | 1350m: 18:20.61 40.46 |     |
|            | 200m: 2:35.86 40.33         | 600m: 8:03.37 41.39  | 1000m: 13:33.21 41.40 | 1400m: 19:00.17 39.56 |     |
|            | 250m: 3:15.82 39.96         | 650m: 8:44.14 40.77  | 1050m: 14:14.73 41.52 | 1450m: 19:39.09 38.92 |     |
|            | 300m: 3:56.43 40.61         | 700m: 9:24.80 40.66  | 1100m: 14:55.86 41.13 | 1500m: 20:16.21 37.12 |     |
|            | 350m: 4:36.88 40.45         | 750m: 10:06.25 41.45 | 1150m: 15:37.16 41.30 |                       |     |
|            | 400m: 5:18.26 41.38         | 800m: 10:47.34 41.09 | 1200m: 16:18.37 41.21 |                       |     |
| 6.         | Tiago Esteves Rodrigues     | 12                   | Geslours              | 20:26.13              | 329 |
|            | 50m: 37.80 37.80            | 450m: 6:06.21 40.17  | 850m: 11:34.02 41.92  | 1250m: 17:01.27 41.58 |     |
|            | 100m: 1:19.20 41.40         | 500m: 6:47.29 41.08  | 900m: 12:14.05 40.03  | 1300m: 17:42.48 41.21 |     |
|            | 150m: 2:01.06 41.86         | 550m: 7:28.15 40.86  | 950m: 12:55.35 41.30  | 1350m: 18:23.76 41.28 |     |
|            | 200m: 2:42.89 41.83         | 600m: 8:08.94 40.79  | 1000m: 13:35.96 40.61 | 1400m: 19:05.22 41.46 |     |
|            | 250m: 3:23.48 40.59         | 650m: 8:49.99 41.05  | 1050m: 14:16.90 40.94 | 1450m: 19:46.42 41.20 |     |
|            | 300m: 4:04.11 40.63         | 700m: 9:30.83 40.84  | 1100m: 14:57.63 40.73 | 1500m: 20:26.13 39.71 |     |
|            | 350m: 4:44.97 40.86         | 750m: 10:11.71 40.88 | 1150m: 15:38.39 40.76 |                       |     |
|            | 400m: 5:26.04 41.07         | 800m: 10:52.10 40.39 | 1200m: 16:19.69 41.30 |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 5, Masc., 1500m Livres, Infantis B

| Pos. | Nadador                 | Ano                  | Clube                 | Tempo                 | Pts |
|------|-------------------------|----------------------|-----------------------|-----------------------|-----|
| 7.   | Tomas Caldeira Marques  | 12                   | AONDA - Azeitão       | 20:42.96              | 316 |
|      | 50m: 38.98 38.98        | 450m: 6:14.64 41.29  | 850m: 11:48.51 41.61  | 1250m: 17:23.09 41.35 |     |
|      | 100m: 1:21.36 42.38     | 500m: 6:57.11 42.47  | 900m: 12:30.84 42.33  | 1300m: 18:04.96 41.87 |     |
|      | 150m: 2:03.80 42.44     | 550m: 7:39.19 42.08  | 950m: 13:12.35 41.51  | 1350m: 18:44.76 39.80 |     |
|      | 200m: 2:46.82 43.02     | 600m: 8:21.08 41.89  | 1000m: 13:54.80 42.45 | 1400m: 19:25.28 40.52 |     |
|      | 250m: 3:28.63 41.81     | 650m: 9:02.99 41.91  | 1050m: 14:36.43 41.63 | 1450m: 20:07.76 42.48 |     |
|      | 300m: 4:10.15 41.52     | 700m: 9:44.06 41.07  | 1100m: 15:17.85 41.42 | 1500m: 20:42.96 35.20 |     |
|      | 350m: 4:51.44 41.29     | 750m: 10:25.61 41.55 | 1150m: 15:59.78 41.93 |                       |     |
|      | 400m: 5:33.35 41.91     | 800m: 11:06.90 41.29 | 1200m: 16:41.74 41.96 |                       |     |
| 8.   | Goncalo Nunes Costa     | 12                   | Geslours              | 20:44.57              | 315 |
|      | 50m: 38.06 38.06        | 450m: 6:06.23 41.51  | 850m: 11:39.74 41.86  | 1250m: 17:16.38 41.81 |     |
|      | 100m: 1:17.75 39.69     | 500m: 6:47.60 41.37  | 900m: 12:21.85 42.11  | 1300m: 17:58.59 42.21 |     |
|      | 150m: 1:58.30 40.55     | 550m: 7:28.76 41.16  | 950m: 13:03.88 42.03  | 1350m: 18:40.96 42.37 |     |
|      | 200m: 2:38.97 40.67     | 600m: 8:10.25 41.49  | 1000m: 13:46.45 42.57 | 1400m: 19:22.55 41.59 |     |
|      | 250m: 3:20.30 41.33     | 650m: 8:52.18 41.93  | 1050m: 14:28.72 42.27 | 1450m: 20:04.59 42.04 |     |
|      | 300m: 4:01.61 41.31     | 700m: 9:34.09 41.91  | 1100m: 15:11.00 42.28 | 1500m: 20:44.57 39.98 |     |
|      | 350m: 4:43.41 41.80     | 750m: 10:15.68 41.59 | 1150m: 15:53.40 42.40 |                       |     |
|      | 400m: 5:24.72 41.31     | 800m: 10:57.88 42.20 | 1200m: 16:34.57 41.17 |                       |     |
| 9.   | Pedro Pontes Prior      | 12                   | Laranjeiro            | 20:46.49              | 313 |
|      | 50m: 37.98 37.98        | 450m: 6:05.53 41.31  | 850m: 11:40.95 42.61  | 1250m: 17:38.15 42.04 |     |
|      | 100m: 1:18.69 40.71     | 500m: 6:46.84 41.31  | 900m: 12:23.26 42.31  | 1300m: 18:02.84 42.69 |     |
|      | 150m: 1:59.79 41.10     | 550m: 7:28.48 41.64  | 950m: 13:05.96 42.70  | 1350m: 18:44.91 42.07 |     |
|      | 200m: 2:40.24 40.45     | 600m: 8:09.89 41.41  | 1000m: 13:48.39 42.43 | 1400m: 19:26.62 41.71 |     |
|      | 250m: 3:20.87 40.63     | 650m: 8:52.25 42.36  | 1050m: 14:30.93 42.54 | 1450m: 20:08.06 41.44 |     |
|      | 300m: 4:01.92 41.05     | 700m: 9:33.36 41.11  | 1100m: 15:13.54 42.61 | 1500m: 20:46.49 38.43 |     |
|      | 350m: 4:42.78 40.86     | 750m: 10:15.77 42.41 | 1150m: 15:55.63 42.09 |                       |     |
|      | 400m: 5:24.22 41.44     | 800m: 10:58.34 42.57 | 1200m: 16:38.11 42.48 |                       |     |
| 10.  | Miguel Almeida Pereira  | 12                   | AONDA - Azeitão       | 21:07.13              | 298 |
|      | 50m: 40.19 40.19        | 450m: 6:24.93 43.71  | 850m: 12:02.51 42.10  | 1250m: 17:38.17 42.95 |     |
|      | 100m: 1:22.53 42.34     | 500m: 7:07.04 42.11  | 900m: 12:43.22 40.71  | 1300m: 18:20.91 42.74 |     |
|      | 150m: 2:04.90 42.37     | 550m: 7:50.22 43.18  | 950m: 13:25.15 41.93  | 1350m: 19:02.54 41.63 |     |
|      | 200m: 2:47.81 42.91     | 600m: 8:32.14 41.92  | 1000m: 14:06.93 41.78 | 1400m: 19:43.46 40.92 |     |
|      | 250m: 3:31.00 43.19     | 650m: 9:14.92 42.78  | 1050m: 14:48.05 41.12 | 1450m: 20:25.97 42.51 |     |
|      | 300m: 4:14.82 43.82     | 700m: 9:56.58 41.66  | 1100m: 15:30.83 42.78 | 1500m: 21:07.13 41.16 |     |
|      | 350m: 4:57.59 42.77     | 750m: 10:39.24 42.66 | 1150m: 16:12.86 42.03 |                       |     |
|      | 400m: 5:41.22 43.63     | 800m: 11:20.41 41.17 | 1200m: 16:55.22 42.36 |                       |     |
| 11.  | Kirill Tkachenko        | 12                   | Sporting              | 21:08.28              | 297 |
|      | 50m: 38.90 38.90        | 450m: 6:20.28 42.79  | 850m: 12:00.86 42.26  | 1250m: 17:41.21 42.44 |     |
|      | 100m: 1:20.16 41.26     | 500m: 7:02.86 42.58  | 900m: 12:43.65 42.79  | 1300m: 18:23.97 42.76 |     |
|      | 150m: 2:02.88 42.72     | 550m: 7:45.41 42.55  | 950m: 13:26.46 42.81  | 1350m: 19:06.38 42.41 |     |
|      | 200m: 2:45.66 42.78     | 600m: 8:27.61 42.20  | 1000m: 14:09.19 42.73 | 1400m: 19:48.88 42.50 |     |
|      | 250m: 3:28.63 42.97     | 650m: 9:10.35 42.74  | 1050m: 14:51.73 42.54 | 1450m: 20:30.63 41.75 |     |
|      | 300m: 4:11.77 43.14     | 700m: 9:53.06 42.71  | 1100m: 15:34.32 42.59 | 1500m: 21:08.28 37.65 |     |
|      | 350m: 4:54.89 43.12     | 750m: 10:35.93 42.87 | 1150m: 16:16.96 42.64 |                       |     |
|      | 400m: 5:37.49 42.60     | 800m: 11:18.60 42.67 | 1200m: 16:58.77 41.81 |                       |     |
| 12.  | David Budu              | 12                   | Palmela Desporto      | 21:26.14              | 285 |
|      | 50m: 37.03 37.03        | 450m: 6:14.93 42.48  | 850m: 12:00.13 44.10  | 1250m: 17:53.55 44.03 |     |
|      | 100m: 1:18.11 41.08     | 500m: 6:56.91 41.98  | 900m: 12:44.53 44.40  | 1300m: 18:38.10 44.55 |     |
|      | 150m: 1:59.99 41.88     | 550m: 7:39.63 42.72  | 950m: 13:28.20 43.67  | 1350m: 19:21.89 43.79 |     |
|      | 200m: 2:42.04 42.05     | 600m: 8:23.09 43.46  | 1000m: 14:12.59 44.39 | 1400m: 20:06.31 44.42 |     |
|      | 250m: 3:24.04 42.00     | 650m: 9:07.18 44.09  | 1050m: 14:56.80 44.21 | 1450m: 20:46.89 40.58 |     |
|      | 300m: 4:05.49 41.45     | 700m: 9:50.57 43.39  | 1100m: 15:40.74 43.94 | 1500m: 21:26.14 39.25 |     |
|      | 350m: 4:49.02 43.53     | 750m: 10:33.56 42.99 | 1150m: 16:25.29 44.55 |                       |     |
|      | 400m: 5:32.45 43.43     | 800m: 11:16.03 42.47 | 1200m: 17:09.52 44.23 |                       |     |
| 13.  | Goncalo Maria Francisco | 12                   | Sporting              | 21:37.65              | 277 |
|      | 50m: 38.34 38.34        | 450m: 6:21.81 43.24  | 850m: 12:09.71 43.66  | 1250m: 18:03.86 43.98 |     |
|      | 100m: 1:20.81 42.47     | 500m: 7:05.57 43.76  | 900m: 12:53.85 44.14  | 1300m: 18:48.84 44.98 |     |
|      | 150m: 2:02.94 42.13     | 550m: 7:49.09 43.52  | 950m: 13:38.40 44.55  | 1350m: 19:32.82 43.98 |     |
|      | 200m: 2:45.42 42.48     | 600m: 8:32.47 43.38  | 1000m: 14:22.28 43.88 | 1400m: 20:16.20 43.38 |     |
|      | 250m: 3:28.78 43.36     | 650m: 9:16.03 43.56  | 1050m: 15:06.31 44.03 | 1450m: 20:59.56 43.36 |     |
|      | 300m: 4:11.78 43.00     | 700m: 9:59.53 43.50  | 1100m: 15:50.84 44.53 | 1500m: 21:37.65 38.09 |     |
|      | 350m: 4:55.20 43.42     | 750m: 10:42.24 42.71 | 1150m: 16:35.46 44.62 |                       |     |
|      | 400m: 5:38.57 43.37     | 800m: 11:26.05 43.81 | 1200m: 17:19.88 44.42 |                       |     |
| 14.  | Afonso Miguel Ramos     | 12                   | Fisica Torres Vedras  | 21:40.05              | 276 |
|      | 50m: 38.34 38.34        | 450m: 6:16.69 43.15  | 850m: 12:06.46 44.36  | 1250m: 18:02.74 44.72 |     |
|      | 100m: 1:18.44 40.10     | 500m: 7:00.39 43.70  | 900m: 12:50.68 44.22  | 1300m: 18:48.20 45.46 |     |
|      | 150m: 1:59.90 41.46     | 550m: 7:43.85 43.46  | 950m: 13:35.20 44.52  | 1350m: 19:33.27 45.07 |     |
|      | 200m: 2:41.38 41.48     | 600m: 8:27.27 43.42  | 1000m: 14:19.57 44.37 | 1400m: 20:16.70 43.43 |     |
|      | 250m: 3:23.75 42.37     | 650m: 9:10.73 43.46  | 1050m: 15:04.33 44.76 | 1450m: 20:59.70 43.00 |     |
|      | 300m: 4:06.71 42.96     | 700m: 9:54.56 43.83  | 1100m: 15:48.35 44.02 | 1500m: 21:40.05 40.35 |     |
|      | 350m: 4:50.25 43.54     | 750m: 10:38.31 43.75 | 1150m: 16:33.35 45.00 |                       |     |
|      | 400m: 5:33.54 43.29     | 800m: 11:22.10 43.79 | 1200m: 17:18.02 44.67 |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 5, Masc., 1500m Livres, Infantis B

| Pos. | Nadador                         | Ano                  | Clube                    | Tempo                 | Pts |
|------|---------------------------------|----------------------|--------------------------|-----------------------|-----|
| 15.  | Manuel Joao Fonseca             | 12                   | Colegio Int Monte Maior  | 21:41.13              | 275 |
|      | 50m: 42.24 42.24                | 450m: 6:37.23 42.83  | 850m: 12:26.32 43.24     | 1250m: 18:13.58 42.32 |     |
|      | 100m: 1:26.33 44.09             | 500m: 7:21.33 44.10  | 900m: 13:10.81 44.49     | 1300m: 18:56.99 43.41 |     |
|      | 150m: 2:11.45 45.12             | 550m: 8:02.81 41.48  | 950m: 13:53.89 43.08     | 1350m: 19:38.77 41.78 |     |
|      | 200m: 2:56.49 45.04             | 600m: 8:47.41 44.60  | 1000m: 14:38.13 44.24    | 1400m: 20:22.24 43.47 |     |
|      | 250m: 3:41.44 44.95             | 650m: 9:32.04 44.63  | 1050m: 15:20.06 41.93    | 1450m: 21:04.53 42.29 |     |
|      | 300m: 4:26.05 44.61             | 700m: 10:14.18 42.14 | 1100m: 16:04.95 44.89    | 1500m: 21:41.13 36.60 |     |
|      | 350m: 5:10.44 44.39             | 750m: 10:58.49 44.31 | 1150m: 16:48.10 43.15    |                       |     |
|      | 400m: 5:54.40 43.96             | 800m: 11:43.08 44.59 | 1200m: 17:31.26 43.16    |                       |     |
| 16.  | Afonso Guerreiro Santos         | 12                   | Colegio Int Monte Maior  | 21:41.37              | 275 |
|      | 50m: 41.47 41.47                | 450m: 6:36.08 43.10  | 850m: 12:25.65 44.07     | 1250m: 18:13.56 43.88 |     |
|      | 100m: 1:25.88 44.41             | 500m: 7:19.59 43.51  | 900m: 13:08.49 42.84     | 1300m: 18:56.90 43.34 |     |
|      | 150m: 2:11.22 45.34             | 550m: 8:02.53 42.94  | 950m: 13:52.79 44.30     | 1350m: 19:37.75 40.85 |     |
|      | 200m: 2:55.74 44.52             | 600m: 8:45.96 43.43  | 1000m: 14:35.73 42.94    | 1400m: 20:22.06 44.31 |     |
|      | 250m: 3:40.69 44.95             | 650m: 9:30.23 44.27  | 1050m: 15:19.77 44.04    | 1450m: 21:03.94 41.88 |     |
|      | 300m: 4:25.74 45.05             | 700m: 10:14.05 43.82 | 1100m: 16:03.02 43.25    | 1500m: 21:41.37 37.43 |     |
|      | 350m: 5:09.40 43.66             | 750m: 10:57.79 43.74 | 1150m: 16:46.34 43.32    |                       |     |
|      | 400m: 5:52.98 43.58             | 800m: 11:41.58 43.79 | 1200m: 17:29.68 43.34    |                       |     |
| 17.  | Afonso Andre Correia            | 12                   | Benfica                  | 22:07.83              | 259 |
|      | 50m: 37.10 37.10                | 450m: 6:20.53 44.17  | 850m: 12:20.72 45.64     | 1250m: 18:24.26 44.73 |     |
|      | 100m: 1:17.37 40.27             | 500m: 7:04.64 44.11  | 900m: 13:05.19 44.47     | 1300m: 19:10.05 45.79 |     |
|      | 150m: 2:00.01 42.64             | 550m: 7:49.47 44.83  | 950m: 13:50.69 45.50     | 1350m: 19:55.75 45.70 |     |
|      | 200m: 2:43.17 43.16             | 600m: 8:34.17 44.70  | 1000m: 14:35.37 44.68    | 1400m: 20:40.95 45.20 |     |
|      | 250m: 3:26.39 43.22             | 650m: 9:18.96 44.79  | 1050m: 15:21.33 45.96    | 1450m: 21:26.29 45.34 |     |
|      | 300m: 4:10.46 44.07             | 700m: 10:03.72 44.76 | 1100m: 16:07.23 45.90    | 1500m: 22:07.83 41.54 |     |
|      | 350m: 4:53.77 43.31             | 750m: 10:49.69 45.97 | 1150m: 16:53.26 46.03    |                       |     |
|      | 400m: 5:36.36 42.59             | 800m: 11:35.08 45.39 | 1200m: 17:39.53 46.27    |                       |     |
| 18.  | Joao Leita Duarte               | 12                   | Geslours                 | 22:09.68              | 258 |
|      | 50m: 39.21 39.21                | 450m: 6:34.42 44.33  | 850m: 12:32.56 44.35     | 1250m: 18:29.52 43.72 |     |
|      | 100m: 1:22.21 43.00             | 500m: 7:19.46 45.04  | 900m: 13:17.21 44.65     | 1300m: 19:14.54 45.02 |     |
|      | 150m: 2:05.99 43.78             | 550m: 8:04.08 44.62  | 950m: 14:01.70 44.49     | 1350m: 19:59.11 44.57 |     |
|      | 200m: 2:50.83 44.84             | 600m: 8:49.21 45.13  | 1000m: 14:46.23 44.53    | 1400m: 20:43.67 44.56 |     |
|      | 250m: 3:36.05 45.22             | 650m: 9:34.18 44.97  | 1050m: 15:30.95 44.72    | 1450m: 21:27.35 43.68 |     |
|      | 300m: 4:20.87 44.82             | 700m: 10:18.92 44.74 | 1100m: 16:15.61 44.66    | 1500m: 22:09.68 42.33 |     |
|      | 350m: 5:05.72 44.85             | 750m: 11:03.76 44.84 | 1150m: 17:00.99 45.38    |                       |     |
|      | 400m: 5:50.09 44.37             | 800m: 11:48.21 44.45 | 1200m: 17:45.80 44.81    |                       |     |
| 19.  | Francisco Carrapico Alexandrino | 12                   | Alges                    | 22:11.32              | 257 |
|      | 50m: 40.14 40.14                | 450m: 6:33.36 44.58  | 850m: 12:28.73 44.69     | 1250m: 18:30.42 45.80 |     |
|      | 100m: 1:23.27 43.13             | 500m: 7:18.07 44.71  | 900m: 13:14.28 45.55     | 1300m: 19:15.59 45.17 |     |
|      | 150m: 2:07.74 44.47             | 550m: 8:01.98 43.91  | 950m: 13:59.31 45.03     | 1350m: 20:00.41 44.82 |     |
|      | 200m: 2:51.66 43.92             | 600m: 8:46.42 44.44  | 1000m: 14:44.30 44.99    | 1400m: 20:45.30 44.89 |     |
|      | 250m: 3:36.05 44.39             | 650m: 9:30.95 44.53  | 1050m: 15:29.10 44.80    | 1450m: 21:29.54 44.24 |     |
|      | 300m: 4:20.30 44.25             | 700m: 10:15.58 44.63 | 1100m: 16:14.53 45.43    | 1500m: 22:11.32 41.78 |     |
|      | 350m: 5:04.31 44.01             | 750m: 10:59.92 44.34 | 1150m: 16:59.58 45.05    |                       |     |
|      | 400m: 5:48.78 44.47             | 800m: 11:44.04 44.12 | 1200m: 17:44.62 45.04    |                       |     |
| 20.  | Gustavo Henriques Lourenco      | 12                   | CPCD Povia de Santa Iria | 22:13.36              | 256 |
|      | 50m: 39.30 39.30                | 450m: 6:36.24 44.54  | 850m: 12:38.44 45.07     | 1250m: 18:38.57 45.31 |     |
|      | 100m: 1:21.49 42.19             | 500m: 7:21.48 45.24  | 900m: 13:23.51 45.07     | 1300m: 19:22.28 43.71 |     |
|      | 150m: 2:05.98 44.49             | 550m: 8:05.75 44.27  | 950m: 14:08.64 45.13     | 1350m: 20:06.49 44.21 |     |
|      | 200m: 2:51.27 45.29             | 600m: 8:51.24 45.49  | 1000m: 14:54.14 45.50    | 1400m: 20:51.17 44.68 |     |
|      | 250m: 3:36.15 44.88             | 650m: 9:36.44 45.20  | 1050m: 15:40.28 46.14    | 1450m: 21:35.56 44.39 |     |
|      | 300m: 4:20.88 44.73             | 700m: 10:22.37 45.93 | 1100m: 16:25.64 45.36    | 1500m: 22:13.36 37.80 |     |
|      | 350m: 5:05.97 45.09             | 750m: 11:07.08 44.71 | 1150m: 17:08.92 43.28    |                       |     |
|      | 400m: 5:51.70 45.73             | 800m: 11:53.37 46.29 | 1200m: 17:53.26 44.34    |                       |     |
| 21.  | Martim Silva Ferreira           | 12                   | Geslours                 | 22:14.11              | 255 |
|      | 50m: 39.04 39.04                | 450m: 6:36.53 45.31  | 850m: 12:39.12 45.11     | 1250m: 18:39.52 45.54 |     |
|      | 100m: 1:21.67 42.63             | 500m: 7:22.30 45.77  | 900m: 13:25.02 45.90     | 1300m: 19:21.30 41.78 |     |
|      | 150m: 2:06.17 44.50             | 550m: 8:07.55 45.25  | 950m: 14:10.92 45.90     | 1350m: 20:06.76 45.46 |     |
|      | 200m: 2:50.97 44.80             | 600m: 8:53.26 45.71  | 1000m: 14:56.85 45.93    | 1400m: 20:52.74 45.98 |     |
|      | 250m: 3:36.21 45.24             | 650m: 9:38.09 44.83  | 1050m: 15:42.04 45.19    | 1450m: 21:37.37 44.63 |     |
|      | 300m: 4:21.14 44.93             | 700m: 10:24.57 46.48 | 1100m: 16:26.77 44.73    | 1500m: 22:14.11 36.74 |     |
|      | 350m: 5:05.28 44.14             | 750m: 11:07.87 43.30 | 1150m: 17:09.27 42.50    |                       |     |
|      | 400m: 5:51.22 45.94             | 800m: 11:54.01 46.14 | 1200m: 17:53.98 44.71    |                       |     |
| 22.  | Miguel Farias Passana           | 12                   | Geslours                 | 22:17.13              | 254 |
|      | 50m: 40.98 40.98                | 450m: 6:37.24 43.55  | 850m: 12:35.13 44.37     | 1250m: 18:33.69 45.28 |     |
|      | 100m: 1:26.20 45.22             | 500m: 7:21.61 44.37  | 900m: 13:19.72 44.59     | 1300m: 19:20.45 46.76 |     |
|      | 150m: 2:11.11 44.91             | 550m: 8:06.59 44.98  | 950m: 14:04.32 44.60     | 1350m: 20:05.64 45.19 |     |
|      | 200m: 2:55.76 44.65             | 600m: 8:52.21 45.62  | 1000m: 14:48.73 44.41    | 1400m: 20:51.25 45.61 |     |
|      | 250m: 3:40.46 44.70             | 650m: 9:37.11 44.90  | 1050m: 15:32.91 44.18    | 1450m: 21:34.78 43.53 |     |
|      | 300m: 4:25.54 45.08             | 700m: 10:21.63 44.52 | 1100m: 16:17.87 44.96    | 1500m: 22:17.13 42.35 |     |
|      | 350m: 5:09.72 44.18             | 750m: 11:06.58 44.95 | 1150m: 17:02.90 45.03    |                       |     |
|      | 400m: 5:53.69 43.97             | 800m: 11:50.76 44.18 | 1200m: 17:48.41 45.51    |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 5, Masc., 1500m Livres, Infantis B

| Pos. | Nadador                    | Ano                  | Clube                  | Tempo                 | Pts |
|------|----------------------------|----------------------|------------------------|-----------------------|-----|
| 23.  | Leon Konrad Dynkiewicz     | 12                   | Alges                  | <b>22:24.42</b>       | 249 |
|      | 50m: 38.55 38.55           | 450m: 6:32.43 45.37  | 850m: 12:37.85 45.59   | 1250m: 18:43.58 45.51 |     |
|      | 100m: 1:19.80 41.25        | 500m: 7:17.79 45.36  | 900m: 13:23.64 45.79   | 1300m: 19:29.02 45.44 |     |
|      | 150m: 2:03.52 43.72        | 550m: 8:03.45 45.66  | 950m: 14:09.62 45.98   | 1350m: 20:14.14 45.12 |     |
|      | 200m: 2:47.41 43.89        | 600m: 8:48.66 45.21  | 1000m: 14:55.50 45.88  | 1400m: 20:59.13 44.99 |     |
|      | 250m: 3:32.15 44.74        | 650m: 9:34.11 45.45  | 1050m: 15:40.84 45.34  | 1450m: 21:44.28 45.15 |     |
|      | 300m: 4:16.72 44.57        | 700m: 10:19.82 45.71 | 1100m: 16:26.61 45.77  | 1500m: 22:24.42 40.14 |     |
|      | 350m: 5:01.66 44.94        | 750m: 11:06.28 46.46 | 1150m: 17:12.27 45.66  |                       |     |
|      | 400m: 5:47.06 45.40        | 800m: 11:52.26 45.98 | 1200m: 17:58.07 45.80  |                       |     |
| 24.  | Alvaro Fernandes Rodrigues | 12                   | Geslours               | <b>23:42.93</b>       | 210 |
|      | 50m: 39.18 39.18           | 450m: 6:38.27 45.72  | 850m: 12:48.00 48.12   | 1250m: 19:22.92 51.74 |     |
|      | 100m: 1:22.88 43.70        | 500m: 7:23.00 44.73  | 900m: 13:36.55 48.55   | 1300m: 20:15.58 52.66 |     |
|      | 150m: 2:07.27 44.39        | 550m: 8:08.90 45.90  | 950m: 14:26.25 49.70   | 1350m: 21:08.36 52.78 |     |
|      | 200m: 2:52.05 44.78        | 600m: 8:54.73 45.83  | 1000m: 15:19.29 53.04  | 1400m: 22:00.03 51.67 |     |
|      | 250m: 3:36.20 44.15        | 650m: 9:39.75 45.02  | 1050m: 16:04.58 45.29  | 1450m: 22:51.21 51.18 |     |
|      | 300m: 4:21.44 45.24        | 700m: 10:26.27 46.52 | 1100m: 16:49.95 45.37  | 1500m: 23:42.93 51.72 |     |
|      | 350m: 5:06.62 45.18        | 750m: 11:11.27 45.00 | 1150m: 17:40.23 50.28  |                       |     |
|      | 400m: 5:52.55 45.93        | 800m: 11:59.88 48.61 | 1200m: 18:31.18 50.95  |                       |     |
| 25.  | Miguel Cruz Simoes         | 12                   | Alges                  | <b>23:50.72</b>       | 207 |
|      | 50m: 42.76 42.76           | 450m: 6:55.04 48.68  | 850m: 13:08.34 29.88   | 1250m: 19:56.60 48.46 |     |
|      | 100m: 1:24.56 41.80        | 500m: 7:42.00 46.96  | 900m: 14:15.59 1:07.25 | 1300m: 20:43.67 47.07 |     |
|      | 150m: 2:10.07 45.51        | 550m: 8:31.71 49.71  | 950m: 15:04.92 49.33   | 1350m: 21:31.38 47.71 |     |
|      | 200m: 2:56.01 45.94        | 600m: 9:21.57 49.86  | 1000m: 15:53.00 48.08  | 1400m: 22:18.53 47.15 |     |
|      | 250m: 3:42.73 46.72        | 650m: 10:10.84 49.27 | 1050m: 16:42.35 49.35  | 1450m: 23:05.17 46.64 |     |
|      | 300m: 4:29.79 47.06        | 700m: 11:00.37 49.53 | 1100m: 17:32.15 49.80  | 1500m: 23:50.72 45.55 |     |
|      | 350m: 5:17.86 48.07        | 750m: 11:50.42 50.05 | 1150m: 18:20.09 47.94  |                       |     |
|      | 400m: 6:06.36 48.50        | 800m: 12:38.46 48.04 | 1200m: 19:08.14 48.05  |                       |     |

## Infantis A

|    |                          |                      |                         |                       |     |
|----|--------------------------|----------------------|-------------------------|-----------------------|-----|
| 1. | Bernardo Goncalves Paulo | 11                   | União Piedense          | <b>17:33.65</b>       | 519 |
|    | 50m: 32.06 32.06         | 450m: 5:15.02 35.37  | 850m: 9:59.79 35.40     | 1250m: 14:42.27 35.37 |     |
|    | 100m: 1:06.41 34.35      | 500m: 5:50.57 35.55  | 900m: 10:35.12 35.33    | 1300m: 15:17.34 35.07 |     |
|    | 150m: 1:41.59 35.18      | 550m: 6:26.47 35.90  | 950m: 11:10.18 35.06    | 1350m: 15:52.49 35.15 |     |
|    | 200m: 2:17.17 35.58      | 600m: 7:02.34 35.87  | 1000m: 11:45.57 35.39   | 1400m: 16:27.16 34.67 |     |
|    | 250m: 2:52.86 35.69      | 650m: 7:38.34 36.00  | 1050m: 12:21.05 35.48   | 1450m: 17:01.52 34.36 |     |
|    | 300m: 3:28.09 35.23      | 700m: 8:13.81 35.47  | 1100m: 12:56.48 35.43   | 1500m: 17:33.65 32.13 |     |
|    | 350m: 4:03.89 35.80      | 750m: 8:48.99 35.18  | 1150m: 13:31.74 35.26   |                       |     |
|    | 400m: 4:39.65 35.76      | 800m: 9:24.39 35.40  | 1200m: 14:06.90 35.16   |                       |     |
| 2. | Simao Pascoal Fernandes  | 11                   | Colegio Int Monte Maior | <b>18:48.83</b>       | 422 |
|    | 50m: 34.64 34.64         | 450m: 5:30.73 37.33  | 850m: 10:35.33 38.21    | 1250m: 15:41.45 38.68 |     |
|    | 100m: 1:10.07 35.43      | 500m: 6:08.67 37.94  | 900m: 11:11.85 36.52    | 1300m: 16:19.55 38.10 |     |
|    | 150m: 1:46.27 36.20      | 550m: 6:46.37 37.70  | 950m: 11:50.39 38.54    | 1350m: 16:57.71 38.16 |     |
|    | 200m: 2:23.62 37.35      | 600m: 7:24.35 37.98  | 1000m: 12:29.08 38.69   | 1400m: 17:35.42 37.71 |     |
|    | 250m: 3:01.00 37.38      | 650m: 8:02.60 38.25  | 1050m: 13:07.27 38.19   | 1450m: 18:12.61 37.19 |     |
|    | 300m: 3:38.26 37.26      | 700m: 8:40.69 38.09  | 1100m: 13:45.97 38.70   | 1500m: 18:48.83 36.22 |     |
|    | 350m: 4:15.29 37.03      | 750m: 9:19.08 38.39  | 1150m: 14:24.08 38.11   |                       |     |
|    | 400m: 4:53.40 38.11      | 800m: 9:57.12 38.04  | 1200m: 15:02.77 38.69   |                       |     |
| 3. | Matias Malheiro Mata     | 11                   | Sporting                | <b>18:56.32</b>       | 413 |
|    | 50m: 34.84 34.84         | 450m: 5:37.57 37.82  | 850m: 10:42.54 38.12    | 1250m: 15:47.13 38.25 |     |
|    | 100m: 1:11.52 36.68      | 500m: 6:16.11 38.54  | 900m: 11:20.07 37.53    | 1300m: 16:25.32 38.19 |     |
|    | 150m: 1:49.50 37.98      | 550m: 6:54.48 38.37  | 950m: 11:58.28 38.21    | 1350m: 17:03.68 38.36 |     |
|    | 200m: 2:27.15 37.65      | 600m: 7:32.54 38.06  | 1000m: 12:35.96 37.68   | 1400m: 17:41.93 38.25 |     |
|    | 250m: 3:05.63 38.48      | 650m: 8:10.58 38.04  | 1050m: 13:14.29 38.33   | 1450m: 18:20.28 38.35 |     |
|    | 300m: 3:43.63 38.00      | 700m: 8:48.65 38.07  | 1100m: 13:52.22 37.93   | 1500m: 18:56.32 36.04 |     |
|    | 350m: 4:21.60 37.97      | 750m: 9:26.53 37.88  | 1150m: 14:30.61 38.39   |                       |     |
|    | 400m: 4:59.75 38.15      | 800m: 10:04.42 37.89 | 1200m: 15:08.88 38.27   |                       |     |
| 4. | Joao Marcelino Rodrigues | 11                   | Sporting                | <b>18:59.42</b>       | 410 |
|    | 50m: 35.51 35.51         | 450m: 5:41.12 38.50  | 850m: 10:44.96 37.34    | 1250m: 15:49.87 38.81 |     |
|    | 100m: 1:13.05 37.54      | 500m: 6:19.45 38.33  | 900m: 11:23.23 38.27    | 1300m: 16:28.46 38.59 |     |
|    | 150m: 1:51.30 38.25      | 550m: 6:56.90 37.45  | 950m: 12:00.23 37.00    | 1350m: 17:06.68 38.22 |     |
|    | 200m: 2:28.91 37.61      | 600m: 7:36.07 39.17  | 1000m: 12:38.90 38.67   | 1400m: 17:45.00 38.32 |     |
|    | 250m: 3:07.78 38.87      | 650m: 8:13.63 37.56  | 1050m: 13:16.91 38.01   | 1450m: 18:23.18 38.18 |     |
|    | 300m: 3:46.13 38.35      | 700m: 8:52.24 38.61  | 1100m: 13:54.65 37.74   | 1500m: 18:59.42 36.24 |     |
|    | 350m: 4:24.53 38.40      | 750m: 9:29.68 37.44  | 1150m: 14:33.61 38.96   |                       |     |
|    | 400m: 5:02.62 38.09      | 800m: 10:07.62 37.94 | 1200m: 15:11.06 37.45   |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 5, Masc., 1500m Livres, Infantis A

| Pos. | Nadador                    | Ano                  | Clube                   | Tempo                 | Pts |
|------|----------------------------|----------------------|-------------------------|-----------------------|-----|
| 5.   | Tiago Pinheiro Carranca    | 11                   | Colegio Int Monte Maior | 19:05.36              | 404 |
|      | 50m: 36.51 36.51           | 450m: 5:44.83 39.03  | 850m: 10:54.59 37.86    | 1250m: 15:58.77 38.39 |     |
|      | 100m: 1:14.57 38.06        | 500m: 6:23.60 38.77  | 900m: 11:32.83 38.24    | 1300m: 16:37.74 38.97 |     |
|      | 150m: 1:52.99 38.42        | 550m: 7:02.58 38.98  | 950m: 12:10.03 37.20    | 1350m: 17:15.39 37.65 |     |
|      | 200m: 2:31.91 38.92        | 600m: 7:42.10 39.52  | 1000m: 12:47.09 37.06   | 1400m: 17:54.63 39.24 |     |
|      | 250m: 3:10.49 38.58        | 650m: 8:20.11 38.01  | 1050m: 13:25.15 38.06   | 1450m: 18:31.13 36.50 |     |
|      | 300m: 3:50.04 39.55        | 700m: 8:58.38 38.27  | 1100m: 14:04.17 39.02   | 1500m: 19:05.36 34.23 |     |
|      | 350m: 4:27.98 37.94        | 750m: 9:38.06 39.68  | 1150m: 14:41.94 37.77   |                       |     |
|      | 400m: 5:05.80 37.82        | 800m: 10:16.73 38.67 | 1200m: 15:20.38 38.44   |                       |     |
| 6.   | Simao Verissimo Aires      | 11                   | Laranjeiro              | 19:08.43              | 401 |
|      | 50m: 35.08 35.08           | 450m: 5:37.99 38.19  | 850m: 10:46.75 39.05    | 1250m: 15:57.19 39.10 |     |
|      | 100m: 1:11.72 36.64        | 500m: 6:15.72 37.73  | 900m: 11:25.17 38.42    | 1300m: 16:36.05 38.86 |     |
|      | 150m: 1:49.38 37.66        | 550m: 6:54.44 38.72  | 950m: 12:04.11 38.94    | 1350m: 17:14.41 38.36 |     |
|      | 200m: 2:27.82 38.44        | 600m: 7:33.56 39.12  | 1000m: 12:43.95 39.84   | 1400m: 17:52.80 38.39 |     |
|      | 250m: 3:05.66 37.84        | 650m: 8:12.43 38.87  | 1050m: 13:22.51 38.56   | 1450m: 18:31.21 38.41 |     |
|      | 300m: 3:43.54 37.88        | 700m: 8:50.89 38.46  | 1100m: 14:00.63 38.12   | 1500m: 19:08.43 37.22 |     |
|      | 350m: 4:21.54 38.00        | 750m: 9:29.72 38.83  | 1150m: 14:39.40 38.77   |                       |     |
|      | 400m: 4:59.80 38.26        | 800m: 10:07.70 37.98 | 1200m: 15:18.09 38.69   |                       |     |
| 7.   | Ryan Lukas Desousa         | 11                   | Alges                   | 19:15.94              | 393 |
|      | 50m: 34.40 34.40           | 450m: 5:39.57 38.78  | 850m: 10:50.66 39.29    | 1250m: 16:04.50 39.10 |     |
|      | 100m: 1:10.69 36.29        | 500m: 6:18.22 38.65  | 900m: 11:30.09 39.43    | 1300m: 16:43.08 38.58 |     |
|      | 150m: 1:47.88 37.19        | 550m: 6:57.15 38.93  | 950m: 12:09.21 39.12    | 1350m: 17:22.33 39.25 |     |
|      | 200m: 2:26.55 38.67        | 600m: 7:36.05 38.90  | 1000m: 12:48.86 39.65   | 1400m: 18:01.09 38.76 |     |
|      | 250m: 3:05.35 38.80        | 650m: 8:14.77 38.72  | 1050m: 13:27.89 39.03   | 1450m: 18:39.09 38.00 |     |
|      | 300m: 3:43.72 38.37        | 700m: 8:53.76 38.99  | 1100m: 14:07.21 39.32   | 1500m: 19:15.94 36.85 |     |
|      | 350m: 4:22.16 38.44        | 750m: 9:32.54 38.78  | 1150m: 14:46.49 39.28   |                       |     |
|      | 400m: 5:00.79 38.63        | 800m: 10:11.37 38.83 | 1200m: 15:25.40 38.91   |                       |     |
| 8.   | Francisco Lalandia Correia | 11                   | Fisica Torres Vedras    | 19:38.91              | 370 |
|      | 50m: 35.02 35.02           | 450m: 5:43.04 39.01  | 850m: 10:57.93 39.78    | 1250m: 16:18.93 40.54 |     |
|      | 100m: 1:12.34 37.32        | 500m: 6:22.08 39.04  | 900m: 11:37.99 40.06    | 1300m: 16:59.36 40.43 |     |
|      | 150m: 1:50.75 38.41        | 550m: 7:01.24 39.16  | 950m: 12:17.78 39.79    | 1350m: 17:40.78 41.42 |     |
|      | 200m: 2:29.09 38.34        | 600m: 7:40.07 38.83  | 1000m: 12:57.50 39.72   | 1400m: 18:21.62 40.84 |     |
|      | 250m: 3:07.80 38.71        | 650m: 8:19.56 39.49  | 1050m: 13:37.57 40.07   | 1450m: 19:00.99 39.37 |     |
|      | 300m: 3:46.24 38.44        | 700m: 8:59.30 39.74  | 1100m: 14:18.11 40.54   | 1500m: 19:38.91 37.92 |     |
|      | 350m: 4:25.11 38.87        | 750m: 9:38.24 38.94  | 1150m: 14:57.82 39.71   |                       |     |
|      | 400m: 5:04.03 38.92        | 800m: 10:18.15 39.91 | 1200m: 15:38.39 40.57   |                       |     |
| 9.   | Duarte Ribeiro Lima        | 11                   | Geslours                | 19:42.99              | 366 |
|      | 50m: 34.25 34.25           | 450m: 5:45.98 39.12  | 850m: 10:59.57 39.75    | 1250m: 16:22.52 40.27 |     |
|      | 100m: 1:11.50 37.25        | 500m: 6:24.82 38.84  | 900m: 11:39.18 39.61    | 1300m: 17:03.81 41.29 |     |
|      | 150m: 1:50.79 39.29        | 550m: 7:04.27 39.45  | 950m: 12:18.60 39.42    | 1350m: 17:45.07 41.26 |     |
|      | 200m: 2:29.78 38.99        | 600m: 7:43.60 39.33  | 1000m: 12:58.85 40.25   | 1400m: 18:24.95 39.88 |     |
|      | 250m: 3:08.75 38.97        | 650m: 8:22.76 39.16  | 1050m: 13:40.19 41.34   | 1450m: 19:06.48 41.53 |     |
|      | 300m: 3:47.87 39.12        | 700m: 9:01.34 38.58  | 1100m: 14:21.02 40.83   | 1500m: 19:42.99 36.51 |     |
|      | 350m: 4:28.48 40.61        | 750m: 9:40.31 38.97  | 1150m: 15:00.99 39.97   |                       |     |
|      | 400m: 5:06.86 38.38        | 800m: 10:19.82 39.51 | 1200m: 15:42.25 41.26   |                       |     |
| 10.  | David Pacheco Castanheira  | 11                   | Geslours                | 19:43.77              | 366 |
|      | 50m: 35.77 35.77           | 450m: 5:47.76 39.44  | 850m: 11:04.50 39.87    | 1250m: 16:24.62 40.22 |     |
|      | 100m: 1:14.23 38.46        | 500m: 6:27.34 39.58  | 900m: 11:43.69 39.19    | 1300m: 17:05.45 40.83 |     |
|      | 150m: 1:53.15 38.92        | 550m: 7:07.23 39.89  | 950m: 12:23.60 39.91    | 1350m: 17:47.05 41.60 |     |
|      | 200m: 2:31.85 38.70        | 600m: 7:46.68 39.45  | 1000m: 13:03.85 40.25   | 1400m: 18:26.72 39.67 |     |
|      | 250m: 3:10.94 39.09        | 650m: 8:26.17 39.49  | 1050m: 13:43.68 39.83   | 1450m: 19:05.90 39.18 |     |
|      | 300m: 3:50.11 39.17        | 700m: 9:05.52 39.35  | 1100m: 14:23.60 39.92   | 1500m: 19:43.77 37.87 |     |
|      | 350m: 4:29.15 39.04        | 750m: 9:44.94 39.42  | 1150m: 15:03.71 40.11   |                       |     |
|      | 400m: 5:08.32 39.17        | 800m: 10:24.63 39.69 | 1200m: 15:44.40 40.69   |                       |     |
| 11.  | Fabio Martim Couraceiro    | 11                   | AONDA - Azeitão         | 19:57.43              | 353 |
|      | 50m: 36.95 36.95           | 450m: 6:00.41 40.96  | 850m: 11:24.16 40.32    | 1250m: 16:45.45 39.82 |     |
|      | 100m: 1:16.26 39.31        | 500m: 6:40.24 39.83  | 900m: 12:04.43 40.27    | 1300m: 17:25.31 39.86 |     |
|      | 150m: 1:56.99 40.73        | 550m: 7:21.33 41.09  | 950m: 12:44.84 40.41    | 1350m: 18:05.11 39.80 |     |
|      | 200m: 2:37.18 40.19        | 600m: 8:02.24 40.91  | 1000m: 13:25.00 40.16   | 1400m: 18:44.03 38.92 |     |
|      | 250m: 3:17.98 40.80        | 650m: 8:42.74 40.50  | 1050m: 14:05.38 40.38   | 1450m: 19:21.99 37.96 |     |
|      | 300m: 3:58.82 40.84        | 700m: 9:22.92 40.18  | 1100m: 14:45.81 40.43   | 1500m: 19:57.43 35.44 |     |
|      | 350m: 4:39.51 40.69        | 750m: 10:03.90 40.98 | 1150m: 15:25.77 39.96   |                       |     |
|      | 400m: 5:19.45 39.94        | 800m: 10:43.84 39.94 | 1200m: 16:05.63 39.86   |                       |     |
| 12.  | Tiago Botelho Silva        | 11                   | Geslours                | 20:00.94              | 350 |
|      | 50m: 36.50 36.50           | 450m: 5:52.25 39.91  | 850m: 11:14.93 40.90    | 1250m: 16:39.75 40.51 |     |
|      | 100m: 1:15.04 38.54        | 500m: 6:31.95 39.70  | 900m: 11:55.26 40.33    | 1300m: 17:20.61 40.86 |     |
|      | 150m: 1:54.36 39.32        | 550m: 7:12.37 40.42  | 950m: 12:35.93 40.67    | 1350m: 18:01.57 40.96 |     |
|      | 200m: 2:33.79 39.43        | 600m: 7:52.62 40.25  | 1000m: 13:16.71 40.78   | 1400m: 18:42.68 41.11 |     |
|      | 250m: 3:13.47 39.68        | 650m: 8:32.87 40.25  | 1050m: 13:57.03 40.32   | 1450m: 19:22.64 39.96 |     |
|      | 300m: 3:53.00 39.53        | 700m: 9:13.26 40.39  | 1100m: 14:37.86 40.83   | 1500m: 20:00.94 38.30 |     |
|      | 350m: 4:32.56 39.56        | 750m: 9:53.92 40.66  | 1150m: 15:18.10 40.24   |                       |     |
|      | 400m: 5:12.34 39.78        | 800m: 10:34.03 40.11 | 1200m: 15:59.24 41.14   |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 5, Masc., 1500m Livres, Infantis A

| Pos. | Nadador                   | Ano                  | Clube                   | Tempo                 | Pts |
|------|---------------------------|----------------------|-------------------------|-----------------------|-----|
| 13.  | Tomas Rodrigues Morais    | 11                   | Colegio Int Monte Maior | 20:01.53              | 350 |
|      | 50m: 37.27 37.27          | 450m: 5:59.16 40.51  | 850m: 11:22.34 40.20    | 1250m: 16:44.48 39.97 |     |
|      | 100m: 1:17.00 39.73       | 500m: 6:39.93 40.77  | 900m: 12:02.18 39.84    | 1300m: 17:24.53 40.05 |     |
|      | 150m: 1:56.91 39.91       | 550m: 7:20.22 40.29  | 950m: 12:42.89 40.71    | 1350m: 18:04.47 39.94 |     |
|      | 200m: 2:37.23 40.32       | 600m: 7:59.70 39.48  | 1000m: 13:22.96 40.07   | 1400m: 18:44.89 40.42 |     |
|      | 250m: 3:17.92 40.69       | 650m: 8:40.52 40.82  | 1050m: 14:02.80 39.84   | 1450m: 19:24.22 39.33 |     |
|      | 300m: 3:57.60 39.68       | 700m: 9:20.74 40.22  | 1100m: 14:42.85 40.05   | 1500m: 20:01.53 37.31 |     |
|      | 350m: 4:37.87 40.27       | 750m: 10:01.34 40.60 | 1150m: 15:23.87 41.02   |                       |     |
|      | 400m: 5:18.65 40.78       | 800m: 10:42.14 40.80 | 1200m: 16:04.51 40.64   |                       |     |
| 14.  | Francisco Pimentel Coelho | 11                   | Benfica                 | 20:03.29              | 348 |
|      | 50m: 37.35 37.35          | 450m: 5:54.48 40.34  | 850m: 11:18.08 41.35    | 1250m: 16:43.45 41.26 |     |
|      | 100m: 1:15.56 38.21       | 500m: 6:34.36 39.88  | 900m: 11:59.00 40.92    | 1300m: 17:23.89 40.44 |     |
|      | 150m: 1:55.08 39.52       | 550m: 7:14.70 40.34  | 950m: 12:38.74 39.74    | 1350m: 18:04.36 40.47 |     |
|      | 200m: 2:34.78 39.70       | 600m: 7:55.18 40.48  | 1000m: 13:18.70 39.96   | 1400m: 18:45.00 40.64 |     |
|      | 250m: 3:14.75 39.97       | 650m: 8:35.03 39.85  | 1050m: 13:59.20 40.50   | 1450m: 19:24.64 39.64 |     |
|      | 300m: 3:54.35 39.60       | 700m: 9:15.59 40.56  | 1100m: 14:40.24 41.04   | 1500m: 20:03.29 38.65 |     |
|      | 350m: 4:34.32 39.97       | 750m: 9:56.08 40.49  | 1150m: 15:20.99 40.75   |                       |     |
|      | 400m: 5:14.14 39.82       | 800m: 10:36.73 40.65 | 1200m: 16:02.19 41.20   |                       |     |
| 15.  | Keyser Jossib Ribeiro     | 11                   | Alges                   | 20:03.30              | 348 |
|      | 50m: 35.20 35.20          | 450m: 5:47.66 39.89  | 850m: 11:12.79 41.66    | 1250m: 16:43.86 40.79 |     |
|      | 100m: 1:12.80 37.60       | 500m: 6:27.39 39.73  | 900m: 11:53.62 40.83    | 1300m: 17:25.17 41.31 |     |
|      | 150m: 1:51.31 38.51       | 550m: 7:06.91 39.52  | 950m: 12:34.65 41.03    | 1350m: 18:06.77 41.60 |     |
|      | 200m: 2:29.49 38.18       | 600m: 7:47.26 40.35  | 1000m: 13:16.83 42.18   | 1400m: 18:47.69 40.92 |     |
|      | 250m: 3:08.44 38.95       | 650m: 8:26.96 39.70  | 1050m: 13:57.83 41.00   | 1450m: 19:27.37 39.68 |     |
|      | 300m: 3:49.59 41.15       | 700m: 9:07.75 40.79  | 1100m: 14:39.26 41.43   | 1500m: 20:03.30 35.93 |     |
|      | 350m: 4:28.72 39.13       | 750m: 9:48.78 41.03  | 1150m: 15:21.71 42.45   |                       |     |
|      | 400m: 5:07.77 39.05       | 800m: 10:31.13 42.35 | 1200m: 16:03.07 41.36   |                       |     |
| 16.  | Thomas James Barnett      | 11                   | Nacional de Natação     | 20:09.87              | 342 |
|      | 50m: 37.01 37.01          | 450m: 5:59.62 40.29  | 850m: 11:23.25 40.81    | 1250m: 16:48.73 40.63 |     |
|      | 100m: 1:15.72 38.71       | 500m: 6:39.81 40.19  | 900m: 12:04.46 41.21    | 1300m: 17:29.67 40.94 |     |
|      | 150m: 1:55.70 39.98       | 550m: 7:20.06 40.25  | 950m: 12:46.18 41.72    | 1350m: 18:10.08 40.41 |     |
|      | 200m: 2:36.16 40.46       | 600m: 8:00.34 40.28  | 1000m: 13:26.72 40.54   | 1400m: 18:50.36 40.28 |     |
|      | 250m: 3:17.02 40.86       | 650m: 8:40.91 40.57  | 1050m: 14:06.93 40.21   | 1450m: 19:30.64 40.28 |     |
|      | 300m: 3:57.71 40.69       | 700m: 9:21.26 40.35  | 1100m: 14:47.23 40.30   | 1500m: 20:09.87 39.23 |     |
|      | 350m: 4:38.51 40.80       | 750m: 10:01.70 40.44 | 1150m: 15:27.47 40.24   |                       |     |
|      | 400m: 5:19.33 40.82       | 800m: 10:42.44 40.74 | 1200m: 16:08.10 40.63   |                       |     |
| 17.  | Henrique Jose Chainho     | 11                   | Palmela Desporto        | 20:12.04              | 341 |
|      | 50m: 37.46 37.46          | 450m: 6:04.26 41.19  | 850m: 11:29.56 41.05    | 1250m: 16:43.75 40.40 |     |
|      | 100m: 1:17.43 39.97       | 500m: 6:44.65 40.39  | 900m: 12:10.05 40.49    | 1300m: 17:34.37 40.62 |     |
|      | 150m: 1:58.33 40.90       | 550m: 7:25.02 40.37  | 950m: 12:50.56 40.51    | 1350m: 18:14.95 40.58 |     |
|      | 200m: 2:39.41 41.08       | 600m: 8:05.41 40.39  | 1000m: 13:31.13 40.57   | 1400m: 18:54.96 40.01 |     |
|      | 250m: 3:20.47 41.06       | 650m: 8:46.38 40.97  | 1050m: 14:11.43 40.30   | 1450m: 19:35.00 40.04 |     |
|      | 300m: 4:01.28 40.81       | 700m: 9:26.96 40.58  | 1100m: 14:51.95 40.52   | 1500m: 20:12.04 37.04 |     |
|      | 350m: 4:42.34 41.06       | 750m: 10:07.86 40.90 | 1150m: 15:32.34 40.39   |                       |     |
|      | 400m: 5:23.07 40.73       | 800m: 10:48.51 40.65 | 1200m: 16:13.35 41.01   |                       |     |
| 18.  | Mingxi Guan               | 11                   | Alges                   | 20:25.13              | 330 |
|      | 50m: 34.45 34.45          | 450m: 5:50.02 40.50  | 850m: 11:18.04 41.77    | 1250m: 16:55.86 43.09 |     |
|      | 100m: 1:12.33 37.88       | 500m: 6:29.74 39.72  | 900m: 12:00.37 42.33    | 1300m: 17:38.94 43.08 |     |
|      | 150m: 1:50.66 38.33       | 550m: 7:10.43 40.69  | 950m: 12:42.61 42.24    | 1350m: 18:22.01 43.07 |     |
|      | 200m: 2:29.30 38.64       | 600m: 7:51.78 41.35  | 1000m: 13:25.00 42.39   | 1400m: 19:04.95 42.94 |     |
|      | 250m: 3:09.07 39.77       | 650m: 8:33.00 41.22  | 1050m: 14:05.50 40.50   | 1450m: 19:46.13 41.18 |     |
|      | 300m: 3:48.89 39.82       | 700m: 9:13.78 40.78  | 1100m: 14:47.64 42.14   | 1500m: 20:25.13 39.00 |     |
|      | 350m: 4:29.26 40.37       | 750m: 9:54.94 41.16  | 1150m: 15:28.67 41.03   |                       |     |
|      | 400m: 5:09.52 40.26       | 800m: 10:36.27 41.33 | 1200m: 16:12.77 44.10   |                       |     |
| 19.  | Vicente Guerreiro Velez   | 11                   | Fisica Torres Vedras    | 20:27.72              | 328 |
|      | 50m: 37.04 37.04          | 450m: 6:03.21 40.76  | 850m: 11:33.37 41.68    | 1250m: 17:02.94 40.72 |     |
|      | 100m: 1:16.39 39.35       | 500m: 6:45.79 42.58  | 900m: 12:14.80 41.43    | 1300m: 17:45.37 42.43 |     |
|      | 150m: 1:56.75 40.36       | 550m: 7:26.55 40.76  | 950m: 12:55.51 40.71    | 1350m: 18:26.84 41.47 |     |
|      | 200m: 2:37.78 41.03       | 600m: 8:07.12 40.57  | 1000m: 13:37.18 41.67   | 1400m: 19:07.86 41.02 |     |
|      | 250m: 3:19.77 41.99       | 650m: 8:47.74 40.62  | 1050m: 14:17.87 40.69   | 1450m: 19:48.20 40.34 |     |
|      | 300m: 3:59.76 39.99       | 700m: 9:28.43 40.69  | 1100m: 14:58.09 40.22   | 1500m: 20:27.72 39.52 |     |
|      | 350m: 4:41.54 41.78       | 750m: 10:10.06 41.63 | 1150m: 15:39.84 41.75   |                       |     |
|      | 400m: 5:22.45 40.91       | 800m: 10:51.69 41.63 | 1200m: 16:22.22 42.38   |                       |     |
| 20.  | Daniel Hutsul Pateiro     | 11                   | Geslours                | 20:40.58              | 318 |
|      | 50m: 38.92 38.92          | 450m: 6:11.98 43.10  | 850m: 11:45.62 42.17    | 1250m: 17:17.45 40.69 |     |
|      | 100m: 1:19.66 40.74       | 500m: 6:53.20 41.22  | 900m: 12:26.73 41.11    | 1300m: 17:59.08 41.63 |     |
|      | 150m: 2:01.67 42.01       | 550m: 7:34.70 41.50  | 950m: 13:07.94 41.21    | 1350m: 18:40.67 41.59 |     |
|      | 200m: 2:43.34 41.67       | 600m: 8:17.87 43.17  | 1000m: 13:49.36 41.42   | 1400m: 19:22.52 41.85 |     |
|      | 250m: 3:23.91 40.57       | 650m: 8:58.84 40.97  | 1050m: 14:30.77 41.41   | 1450m: 20:03.35 40.83 |     |
|      | 300m: 4:06.47 42.56       | 700m: 9:40.73 41.89  | 1100m: 15:12.84 42.07   | 1500m: 20:40.58 37.23 |     |
|      | 350m: 4:47.98 41.51       | 750m: 10:22.38 41.65 | 1150m: 15:54.25 41.41   |                       |     |
|      | 400m: 5:28.88 40.90       | 800m: 11:03.45 41.07 | 1200m: 16:36.76 42.51   |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 5, Masc., 1500m Livres, Infantis A

| Pos. | Nadador                  | Ano                  | Clube                    | Tempo                 | Pts |
|------|--------------------------|----------------------|--------------------------|-----------------------|-----|
| 21.  | Duarte Oliveira Pinto    | 11                   | Geslours                 | 20:44.32              | 315 |
|      | 50m: 37.42 37.42         | 450m: 5:59.60 40.91  | 850m: 11:29.12 42.63     | 1250m: 17:12.15 43.91 |     |
|      | 100m: 1:17.15 39.73      | 500m: 6:39.82 40.22  | 900m: 12:10.57 41.45     | 1300m: 17:56.57 44.42 |     |
|      | 150m: 1:57.12 39.97      | 550m: 7:20.56 40.74  | 950m: 12:52.62 42.05     | 1350m: 18:40.12 43.55 |     |
|      | 200m: 2:37.31 40.19      | 600m: 8:00.54 39.98  | 1000m: 13:35.92 43.30    | 1400m: 19:22.74 42.62 |     |
|      | 250m: 3:17.63 40.32      | 650m: 8:41.95 41.41  | 1050m: 14:18.83 42.91    | 1450m: 20:05.51 42.77 |     |
|      | 300m: 3:57.86 40.23      | 700m: 9:23.26 41.31  | 1100m: 15:01.28 42.45    | 1500m: 20:44.32 38.81 |     |
|      | 350m: 4:37.33 39.47      | 750m: 10:04.53 41.27 | 1150m: 15:43.89 42.61    |                       |     |
|      | 400m: 5:18.69 41.36      | 800m: 10:46.49 41.96 | 1200m: 16:28.24 44.35    |                       |     |
| 22.  | Antonio Santos Mota      | 11                   | Benfica                  | 20:50.19              | 310 |
|      | 50m: 36.87 36.87         | 450m: 6:04.66 41.81  | 850m: 11:39.72 43.80     | 1250m: 17:21.79 42.82 |     |
|      | 100m: 1:16.13 39.26      | 500m: 6:46.33 41.67  | 900m: 12:21.98 42.26     | 1300m: 18:05.34 43.55 |     |
|      | 150m: 1:56.03 39.90      | 550m: 7:27.28 40.95  | 950m: 13:04.37 42.39     | 1350m: 18:47.10 41.76 |     |
|      | 200m: 2:36.68 40.65      | 600m: 8:07.89 40.61  | 1000m: 13:47.70 43.33    | 1400m: 19:30.22 43.12 |     |
|      | 250m: 3:17.46 40.78      | 650m: 8:49.50 41.61  | 1050m: 14:30.62 42.92    | 1450m: 20:11.60 41.38 |     |
|      | 300m: 3:58.94 41.48      | 700m: 9:31.39 41.89  | 1100m: 15:13.82 43.20    | 1500m: 20:50.19 38.59 |     |
|      | 350m: 4:40.92 41.98      | 750m: 10:13.13 41.74 | 1150m: 15:56.24 42.42    |                       |     |
|      | 400m: 5:22.85 41.93      | 800m: 10:55.92 42.79 | 1200m: 16:38.97 42.73    |                       |     |
| 23.  | Tomas Ferreira Batista   | 11                   | CPCD Povia de Santa Iria | 20:51.29              | 310 |
|      | 50m: 37.75 37.75         | 450m: 6:17.05 41.80  | 850m: 11:52.87 41.67     | 1250m: 17:30.20 41.76 |     |
|      | 100m: 1:19.06 41.31      | 500m: 6:58.84 41.79  | 900m: 12:34.60 41.73     | 1300m: 18:11.73 41.53 |     |
|      | 150m: 2:01.44 42.38      | 550m: 7:41.87 43.03  | 950m: 13:15.81 41.21     | 1350m: 18:53.94 42.21 |     |
|      | 200m: 2:44.50 43.06      | 600m: 8:24.42 42.55  | 1000m: 13:59.56 43.75    | 1400m: 19:34.42 40.48 |     |
|      | 250m: 3:26.99 42.49      | 650m: 9:06.14 41.72  | 1050m: 14:43.25 43.69    | 1450m: 20:14.46 40.04 |     |
|      | 300m: 4:10.63 43.64      | 700m: 9:47.06 40.92  | 1100m: 15:24.78 41.53    | 1500m: 20:51.29 36.83 |     |
|      | 350m: 4:54.20 43.57      | 750m: 10:28.85 41.79 | 1150m: 16:07.00 42.22    |                       |     |
|      | 400m: 5:35.25 41.05      | 800m: 11:11.20 42.35 | 1200m: 16:48.44 41.44    |                       |     |
| 24.  | Tiago Guedes Caldas      | 11                   | Benfica                  | 21:11.29              | 295 |
|      | 50m: 37.67 37.67         | 450m: 6:10.82 42.50  | 850m: 11:53.89 43.16     | 1250m: 17:39.17 43.92 |     |
|      | 100m: 1:16.86 39.19      | 500m: 6:53.39 42.57  | 900m: 12:36.46 42.57     | 1300m: 18:22.67 43.50 |     |
|      | 150m: 1:57.72 40.86      | 550m: 7:36.14 42.75  | 950m: 13:19.37 42.91     | 1350m: 19:05.89 43.22 |     |
|      | 200m: 2:39.12 41.40      | 600m: 8:18.45 42.31  | 1000m: 14:01.63 42.26    | 1400m: 19:48.49 42.60 |     |
|      | 250m: 3:20.72 41.60      | 650m: 9:01.37 42.92  | 1050m: 14:45.53 43.90    | 1450m: 20:31.16 42.67 |     |
|      | 300m: 4:02.90 42.18      | 700m: 9:44.22 42.85  | 1100m: 15:29.18 43.65    | 1500m: 21:11.29 40.13 |     |
|      | 350m: 4:45.62 42.72      | 750m: 10:27.44 43.22 | 1150m: 16:12.10 42.92    |                       |     |
|      | 400m: 5:28.32 42.70      | 800m: 11:10.73 43.29 | 1200m: 16:55.25 43.15    |                       |     |
| 25.  | Duarte Lopo Pereira      | 11                   | AONDA - Azeitão          | 21:24.03              | 286 |
|      | 50m: 38.08 38.08         | 450m: 6:21.94 43.76  | 850m: 12:10.75 43.49     | 1250m: 17:56.88 42.79 |     |
|      | 100m: 1:19.34 41.26      | 500m: 7:05.77 43.83  | 900m: 12:54.02 43.27     | 1300m: 18:39.49 42.61 |     |
|      | 150m: 2:01.64 42.30      | 550m: 7:49.72 43.95  | 950m: 13:37.56 43.54     | 1350m: 19:21.65 42.16 |     |
|      | 200m: 2:44.61 42.97      | 600m: 8:32.96 43.24  | 1000m: 14:20.82 43.26    | 1400m: 20:03.66 42.01 |     |
|      | 250m: 3:28.09 43.48      | 650m: 9:16.30 43.34  | 1050m: 15:04.70 43.88    | 1450m: 20:44.95 41.29 |     |
|      | 300m: 4:10.98 42.89      | 700m: 9:59.78 43.48  | 1100m: 15:48.19 43.49    | 1500m: 21:24.03 39.08 |     |
|      | 350m: 4:54.45 43.47      | 750m: 10:43.67 43.89 | 1150m: 16:31.49 43.30    |                       |     |
|      | 400m: 5:38.18 43.73      | 800m: 11:27.26 43.59 | 1200m: 17:14.09 42.60    |                       |     |
| 26.  | Rodrigo Santiago Almeida | 11                   | CPCD Povia de Santa Iria | 21:39.71              | 276 |
|      | 50m: 38.62 38.62         | 450m: 6:24.55 43.17  | 850m: 12:11.78 42.59     | 1250m: 18:05.02 44.20 |     |
|      | 100m: 1:19.86 41.24      | 500m: 7:08.20 43.65  | 900m: 12:55.49 43.71     | 1300m: 18:49.56 44.54 |     |
|      | 150m: 2:03.27 43.41      | 550m: 7:52.16 43.96  | 950m: 13:40.01 44.52     | 1350m: 19:33.35 43.79 |     |
|      | 200m: 2:46.80 43.53      | 600m: 8:35.37 43.21  | 1000m: 14:24.16 44.15    | 1400m: 20:18.09 44.74 |     |
|      | 250m: 3:30.25 43.45      | 650m: 9:19.68 44.31  | 1050m: 15:08.00 43.84    | 1450m: 21:01.26 43.17 |     |
|      | 300m: 4:14.34 44.09      | 700m: 10:03.46 43.78 | 1100m: 15:51.52 43.52    | 1500m: 21:39.71 38.45 |     |
|      | 350m: 4:57.94 43.60      | 750m: 10:47.36 43.90 | 1150m: 16:35.81 44.29    |                       |     |
|      | 400m: 5:41.38 43.44      | 800m: 11:29.19 41.83 | 1200m: 17:20.82 45.01    |                       |     |
| 27.  | Carlos Henrique Dias     | 11                   | Fisica Torres Vedras     | 22:03.48              | 262 |
|      | 50m: 39.46 39.46         | 450m: 6:35.07 45.70  | 850m: 12:32.43 45.20     | 1250m: 18:32.98 43.97 |     |
|      | 100m: 1:21.97 42.51      | 500m: 7:19.42 44.35  | 900m: 13:18.14 45.71     | 1300m: 19:17.82 44.84 |     |
|      | 150m: 2:05.85 43.88      | 550m: 8:04.86 45.44  | 950m: 14:02.59 44.45     | 1350m: 20:00.79 42.97 |     |
|      | 200m: 2:51.43 45.58      | 600m: 8:49.98 45.12  | 1000m: 14:48.20 45.61    | 1400m: 20:43.14 42.35 |     |
|      | 250m: 3:36.47 45.04      | 650m: 9:34.40 44.42  | 1050m: 15:32.45 44.25    | 1450m: 21:23.89 40.75 |     |
|      | 300m: 4:19.80 43.33      | 700m: 10:19.89 45.49 | 1100m: 16:18.87 46.42    | 1500m: 22:03.48 39.59 |     |
|      | 350m: 5:04.07 44.27      | 750m: 11:02.68 42.79 | 1150m: 17:03.96 45.09    |                       |     |
|      | 400m: 5:49.37 45.30      | 800m: 11:47.23 44.55 | 1200m: 17:49.01 45.05    |                       |     |
| 28.  | Joao Santos Ferro        | 11                   | Amadora                  | 22:10.72              | 257 |
|      | 50m: 39.92 39.92         | 450m: 6:34.59 45.59  | 850m: 12:33.22 44.33     | 1250m: 18:32.23 43.66 |     |
|      | 100m: 1:22.52 42.60      | 500m: 7:20.74 46.15  | 900m: 13:20.47 47.25     | 1300m: 19:16.32 44.09 |     |
|      | 150m: 2:06.35 43.83      | 550m: 8:04.89 44.15  | 950m: 14:06.19 45.72     | 1350m: 20:00.23 43.91 |     |
|      | 200m: 2:50.47 44.12      | 600m: 8:49.19 44.30  | 1000m: 14:49.47 43.28    | 1400m: 20:44.07 43.84 |     |
|      | 250m: 3:34.82 44.35      | 650m: 9:33.58 44.39  | 1050m: 15:33.98 44.51    | 1450m: 21:27.35 43.28 |     |
|      | 300m: 4:18.72 43.90      | 700m: 10:19.81 46.23 | 1100m: 16:19.29 45.31    | 1500m: 22:10.72 43.37 |     |
|      | 350m: 5:03.94 45.22      | 750m: 11:03.76 43.95 | 1150m: 17:05.23 45.94    |                       |     |
|      | 400m: 5:49.00 45.06      | 800m: 11:48.89 45.13 | 1200m: 17:48.57 43.34    |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis A

| Pos. | Nadador                                              | Ano                  | Clube                   | Tempo                 | Pts |
|------|------------------------------------------------------|----------------------|-------------------------|-----------------------|-----|
| 29.  | Joao Pedro Santos                                    | 11                   | Alges                   | <b>22:32.56</b>       | 245 |
|      | 50m: 40.03 40.03                                     | 450m: 6:45.95 46.11  | 850m: 12:53.65 45.55    | 1250m: 18:57.55 45.40 |     |
|      | 100m: 1:24.72 44.69                                  | 500m: 7:32.89 46.94  | 900m: 13:39.47 45.82    | 1300m: 19:42.99 45.44 |     |
|      | 150m: 2:10.22 45.50                                  | 550m: 8:18.77 45.88  | 950m: 14:24.90 45.43    | 1350m: 20:28.23 45.24 |     |
|      | 200m: 2:56.26 46.04                                  | 600m: 9:04.50 45.73  | 1000m: 15:10.60 45.70   | 1400m: 21:13.40 45.17 |     |
|      | 250m: 3:42.03 45.77                                  | 650m: 9:50.20 45.70  | 1050m: 15:55.58 44.98   | 1450m: 21:56.12 42.72 |     |
|      | 300m: 4:27.93 45.90                                  | 700m: 10:36.27 46.07 | 1100m: 16:41.38 45.80   | 1500m: 22:32.56 36.44 |     |
|      | 350m: 5:13.88 45.95                                  | 750m: 11:22.42 46.15 | 1150m: 17:26.40 45.02   |                       |     |
|      | 400m: 5:59.84 45.96                                  | 800m: 12:08.10 45.68 | 1200m: 18:12.15 45.75   |                       |     |
| 30.  | Luis Eugenio Poitout                                 | 11                   | Colegio Int Monte Maior | <b>22:32.93</b>       | 245 |
|      | 50m: 40.70 40.70                                     | 450m: 6:35.86 44.91  | 850m: 12:41.93 45.74    | 1250m: 18:49.67 45.64 |     |
|      | 100m: 1:23.82 43.12                                  | 500m: 7:21.41 45.55  | 900m: 13:27.40 45.47    | 1300m: 19:35.09 45.42 |     |
|      | 150m: 2:07.59 43.77                                  | 550m: 8:06.80 45.39  | 950m: 14:13.46 46.06    | 1350m: 20:20.94 45.85 |     |
|      | 200m: 2:51.89 44.30                                  | 600m: 8:52.72 45.92  | 1000m: 14:59.94 46.48   | 1400m: 21:07.47 46.53 |     |
|      | 250m: 3:35.97 44.08                                  | 650m: 9:38.98 46.26  | 1050m: 15:46.03 46.09   | 1450m: 21:51.47 44.00 |     |
|      | 300m: 4:20.73 44.76                                  | 700m: 10:24.95 45.97 | 1100m: 16:31.66 45.63   | 1500m: 22:32.93 41.46 |     |
|      | 350m: 5:05.94 45.21                                  | 750m: 11:10.57 45.62 | 1150m: 17:17.33 45.67   |                       |     |
|      | 400m: 5:50.95 45.01                                  | 800m: 11:56.19 45.62 | 1200m: 18:04.03 46.70   |                       |     |
| 31.  | Vicente Brazuna Moreira<br><i>Fora Minimo Acesso</i> | 11                   | Geslours                | <b>23:02.05</b>       | 230 |
|      | 50m: 41.60 41.60                                     | 450m: 6:41.62 46.85  | 850m: 12:47.87 46.83    | 1250m: 19:07.85 48.14 |     |
|      | 100m: 1:25.66 44.06                                  | 500m: 7:26.24 44.62  | 900m: 13:34.80 46.93    | 1300m: 19:55.31 47.46 |     |
|      | 150m: 2:10.28 44.62                                  | 550m: 8:11.73 45.49  | 950m: 14:23.17 48.37    | 1350m: 20:42.21 46.90 |     |
|      | 200m: 2:54.59 44.31                                  | 600m: 8:58.13 46.40  | 1000m: 15:09.82 46.65   | 1400m: 21:29.86 47.65 |     |
|      | 250m: 3:39.11 44.52                                  | 650m: 9:43.30 45.17  | 1050m: 15:57.24 47.42   | 1450m: 22:16.72 46.86 |     |
|      | 300m: 4:24.25 45.14                                  | 700m: 10:29.22 45.92 | 1100m: 16:44.53 47.29   | 1500m: 23:02.05 45.33 |     |
|      | 350m: 5:09.74 45.49                                  | 750m: 11:15.49 46.27 | 1150m: 17:31.20 46.67   |                       |     |
|      | 400m: 5:54.77 45.03                                  | 800m: 12:01.04 45.55 | 1200m: 18:19.71 48.51   |                       |     |
| 32.  | Antonio Melo Pereira<br><i>Fora Minimo Acesso</i>    | 11                   | Benfica                 | <b>23:36.51</b>       | 213 |
|      | 50m: 41.48 41.48                                     | 450m: 6:49.12 46.71  | 850m: 13:08.92 48.31    | 1250m: 19:37.72 49.39 |     |
|      | 100m: 1:26.03 44.55                                  | 500m: 7:35.93 46.81  | 900m: 13:56.74 47.82    | 1300m: 20:26.51 48.79 |     |
|      | 150m: 2:11.31 45.28                                  | 550m: 8:22.64 46.71  | 950m: 14:44.30 47.56    | 1350m: 21:14.80 48.29 |     |
|      | 200m: 2:57.67 46.36                                  | 600m: 9:09.44 46.80  | 1000m: 15:32.69 48.39   | 1400m: 22:03.05 48.25 |     |
|      | 250m: 3:44.13 46.46                                  | 650m: 9:56.85 47.41  | 1050m: 16:21.31 48.62   | 1450m: 22:51.10 48.05 |     |
|      | 300m: 4:29.40 45.27                                  | 700m: 10:44.51 47.66 | 1100m: 17:10.46 49.15   | 1500m: 23:36.51 45.41 |     |
|      | 350m: 5:15.64 46.24                                  | 750m: 11:32.66 48.15 | 1150m: 17:59.55 49.09   |                       |     |
|      | 400m: 6:02.41 46.77                                  | 800m: 12:20.61 47.95 | 1200m: 18:48.33 48.78   |                       |     |

Infantis

|    |                          |                      |                         |                       |     |
|----|--------------------------|----------------------|-------------------------|-----------------------|-----|
| 1. | Bernardo Goncalves Paulo | 11                   | União Piedense          | <b>17:33.65</b>       | 519 |
|    | 50m: 32.06 32.06         | 450m: 5:15.02 35.37  | 850m: 9:59.79 35.40     | 1250m: 14:42.27 35.37 |     |
|    | 100m: 1:06.41 34.35      | 500m: 5:50.57 35.55  | 900m: 10:35.12 35.33    | 1300m: 15:17.34 35.07 |     |
|    | 150m: 1:41.59 35.18      | 550m: 6:26.47 35.90  | 950m: 11:10.18 35.06    | 1350m: 15:52.49 35.15 |     |
|    | 200m: 2:17.17 35.58      | 600m: 7:02.34 35.87  | 1000m: 11:45.57 35.39   | 1400m: 16:27.16 34.67 |     |
|    | 250m: 2:52.86 35.69      | 650m: 7:38.34 36.00  | 1050m: 12:21.05 35.48   | 1450m: 17:01.52 34.36 |     |
|    | 300m: 3:28.09 35.23      | 700m: 8:13.81 35.47  | 1100m: 12:56.48 35.43   | 1500m: 17:33.65 32.13 |     |
|    | 350m: 4:03.89 35.80      | 750m: 8:48.99 35.18  | 1150m: 13:31.74 35.26   |                       |     |
|    | 400m: 4:39.65 35.76      | 800m: 9:24.39 35.40  | 1200m: 14:06.90 35.16   |                       |     |
| 2. | Simao Pascoal Fernandes  | 11                   | Colegio Int Monte Maior | <b>18:48.83</b>       | 422 |
|    | 50m: 34.64 34.64         | 450m: 5:30.73 37.33  | 850m: 10:35.33 38.21    | 1250m: 15:41.45 38.68 |     |
|    | 100m: 1:10.07 35.43      | 500m: 6:08.67 37.94  | 900m: 11:11.85 36.52    | 1300m: 16:19.55 38.10 |     |
|    | 150m: 1:46.27 36.20      | 550m: 6:46.37 37.70  | 950m: 11:50.39 38.54    | 1350m: 16:57.71 38.16 |     |
|    | 200m: 2:23.62 37.35      | 600m: 7:24.35 37.98  | 1000m: 12:29.08 38.69   | 1400m: 17:35.42 37.71 |     |
|    | 250m: 3:01.00 37.38      | 650m: 8:02.60 38.25  | 1050m: 13:07.27 38.19   | 1450m: 18:12.61 37.19 |     |
|    | 300m: 3:38.26 37.26      | 700m: 8:40.69 38.09  | 1100m: 13:45.97 38.70   | 1500m: 18:48.83 36.22 |     |
|    | 350m: 4:15.29 37.03      | 750m: 9:19.08 38.39  | 1150m: 14:24.08 38.11   |                       |     |
|    | 400m: 4:53.40 38.11      | 800m: 9:57.12 38.04  | 1200m: 15:02.77 38.69   |                       |     |
| 3. | Matias Malheiro Mata     | 11                   | Sporting                | <b>18:56.32</b>       | 413 |
|    | 50m: 34.84 34.84         | 450m: 5:37.57 37.82  | 850m: 10:42.54 38.12    | 1250m: 15:47.13 38.25 |     |
|    | 100m: 1:11.52 36.68      | 500m: 6:16.11 38.54  | 900m: 11:20.07 37.53    | 1300m: 16:25.32 38.19 |     |
|    | 150m: 1:49.50 37.98      | 550m: 6:54.48 38.37  | 950m: 11:58.28 38.21    | 1350m: 17:03.68 38.36 |     |
|    | 200m: 2:27.15 37.65      | 600m: 7:32.54 38.06  | 1000m: 12:35.96 37.68   | 1400m: 17:41.93 38.25 |     |
|    | 250m: 3:05.63 38.48      | 650m: 8:10.58 38.04  | 1050m: 13:14.29 38.33   | 1450m: 18:20.28 38.35 |     |
|    | 300m: 3:43.63 38.00      | 700m: 8:48.65 38.07  | 1100m: 13:52.22 37.93   | 1500m: 18:56.32 36.04 |     |
|    | 350m: 4:21.60 37.97      | 750m: 9:26.53 37.88  | 1150m: 14:30.61 38.39   |                       |     |
|    | 400m: 4:59.75 38.15      | 800m: 10:04.42 37.89 | 1200m: 15:08.88 38.27   |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 5, Masc., 1500m Livres, Infantis

| Pos. | Nadador                     | Ano                  | Clube                   | Tempo                 | Pts |
|------|-----------------------------|----------------------|-------------------------|-----------------------|-----|
| 4.   | Joao Marcelino Rodrigues    | 11                   | Sporting                | 18:59.42              | 410 |
|      | 50m: 35.51 35.51            | 450m: 5:41.12 38.50  | 850m: 10:44.96 37.34    | 1250m: 15:49.87 38.81 |     |
|      | 100m: 1:13.05 37.54         | 500m: 6:19.45 38.33  | 900m: 11:23.23 38.27    | 1300m: 16:28.46 38.59 |     |
|      | 150m: 1:51.30 38.25         | 550m: 6:56.90 37.45  | 950m: 12:00.23 37.00    | 1350m: 17:06.68 38.22 |     |
|      | 200m: 2:28.91 37.61         | 600m: 7:36.07 39.17  | 1000m: 12:38.90 38.67   | 1400m: 17:45.00 38.32 |     |
|      | 250m: 3:07.78 38.87         | 650m: 8:13.63 37.56  | 1050m: 13:16.91 38.01   | 1450m: 18:23.18 38.18 |     |
|      | 300m: 3:46.13 38.35         | 700m: 8:52.24 38.61  | 1100m: 13:54.65 37.74   | 1500m: 18:59.42 36.24 |     |
|      | 350m: 4:24.53 38.40         | 750m: 9:29.68 37.44  | 1150m: 14:33.61 38.96   |                       |     |
|      | 400m: 5:02.62 38.09         | 800m: 10:07.62 37.94 | 1200m: 15:11.06 37.45   |                       |     |
| 5.   | Tiago Pinheiro Carranca     | 11                   | Colegio Int Monte Maior | 19:05.36              | 404 |
|      | 50m: 36.51 36.51            | 450m: 5:44.83 39.03  | 850m: 10:54.59 37.86    | 1250m: 15:58.77 38.39 |     |
|      | 100m: 1:14.57 38.06         | 500m: 6:23.60 38.77  | 900m: 11:32.83 38.24    | 1300m: 16:37.74 38.97 |     |
|      | 150m: 1:52.99 38.42         | 550m: 7:02.58 38.98  | 950m: 12:10.03 37.20    | 1350m: 17:15.39 37.65 |     |
|      | 200m: 2:31.91 38.92         | 600m: 7:42.10 39.52  | 1000m: 12:47.09 37.06   | 1400m: 17:54.63 39.24 |     |
|      | 250m: 3:10.49 38.58         | 650m: 8:20.11 38.01  | 1050m: 13:25.15 38.06   | 1450m: 18:31.13 36.50 |     |
|      | 300m: 3:50.04 39.55         | 700m: 8:58.38 38.27  | 1100m: 14:04.17 39.02   | 1500m: 19:05.36 34.23 |     |
|      | 350m: 4:27.98 37.94         | 750m: 9:38.06 39.68  | 1150m: 14:41.94 37.77   |                       |     |
|      | 400m: 5:05.80 37.82         | 800m: 10:16.73 38.67 | 1200m: 15:20.38 38.44   |                       |     |
| 6.   | Simao Verissimo Aires       | 11                   | Laranjeiro              | 19:08.43              | 401 |
|      | 50m: 35.08 35.08            | 450m: 5:37.99 38.19  | 850m: 10:46.75 39.05    | 1250m: 15:57.19 39.10 |     |
|      | 100m: 1:11.72 36.64         | 500m: 6:15.72 37.73  | 900m: 11:25.17 38.42    | 1300m: 16:36.05 38.86 |     |
|      | 150m: 1:49.38 37.66         | 550m: 6:54.44 38.72  | 950m: 12:04.11 38.94    | 1350m: 17:14.41 38.36 |     |
|      | 200m: 2:27.82 38.44         | 600m: 7:33.56 39.12  | 1000m: 12:43.95 39.84   | 1400m: 17:52.80 38.39 |     |
|      | 250m: 3:05.66 37.84         | 650m: 8:12.43 38.87  | 1050m: 13:22.51 38.56   | 1450m: 18:31.21 38.41 |     |
|      | 300m: 3:43.54 37.88         | 700m: 8:50.89 38.46  | 1100m: 14:00.63 38.12   | 1500m: 19:08.43 37.22 |     |
|      | 350m: 4:21.54 38.00         | 750m: 9:29.72 38.83  | 1150m: 14:39.40 38.77   |                       |     |
|      | 400m: 4:59.80 38.26         | 800m: 10:07.70 37.98 | 1200m: 15:18.09 38.69   |                       |     |
| 7.   | Ryan Lukas Desousa          | 11                   | Alges                   | 19:15.94              | 393 |
|      | 50m: 34.40 34.40            | 450m: 5:39.57 38.78  | 850m: 10:50.66 39.29    | 1250m: 16:04.50 39.10 |     |
|      | 100m: 1:10.69 36.29         | 500m: 6:18.22 38.65  | 900m: 11:30.09 39.43    | 1300m: 16:43.08 38.58 |     |
|      | 150m: 1:47.88 37.19         | 550m: 6:57.15 38.93  | 950m: 12:09.21 39.12    | 1350m: 17:22.33 39.25 |     |
|      | 200m: 2:26.55 38.67         | 600m: 7:36.05 38.90  | 1000m: 12:48.86 39.65   | 1400m: 18:01.09 38.76 |     |
|      | 250m: 3:05.35 38.80         | 650m: 8:14.77 38.72  | 1050m: 13:27.89 39.03   | 1450m: 18:39.09 38.00 |     |
|      | 300m: 3:43.72 38.37         | 700m: 8:53.76 38.99  | 1100m: 14:07.21 39.32   | 1500m: 19:15.94 36.85 |     |
|      | 350m: 4:22.16 38.44         | 750m: 9:32.54 38.78  | 1150m: 14:46.49 39.28   |                       |     |
|      | 400m: 5:00.79 38.63         | 800m: 10:11.37 38.83 | 1200m: 15:25.40 38.91   |                       |     |
| 8.   | Rafael Alexandre Figueiredo | 12                   | União Piedense          | 19:29.85              | 379 |
|      | 50m: 34.96 34.96            | 450m: 5:48.68 39.90  | 850m: 11:01.83 38.56    | 1250m: 16:17.77 39.90 |     |
|      | 100m: 1:12.75 37.79         | 500m: 6:28.57 39.89  | 900m: 11:40.79 38.96    | 1300m: 16:57.34 39.57 |     |
|      | 150m: 1:51.31 38.56         | 550m: 7:07.34 38.77  | 950m: 12:20.57 39.78    | 1350m: 17:36.64 39.30 |     |
|      | 200m: 2:30.29 38.98         | 600m: 7:47.00 39.66  | 1000m: 12:59.53 38.96   | 1400m: 18:17.17 40.53 |     |
|      | 250m: 3:09.64 39.35         | 650m: 8:26.14 39.14  | 1050m: 13:39.18 39.65   | 1450m: 18:55.08 37.91 |     |
|      | 300m: 3:49.30 39.66         | 700m: 9:04.79 38.65  | 1100m: 14:19.26 40.08   | 1500m: 19:29.85 34.77 |     |
|      | 350m: 4:28.92 39.62         | 750m: 9:44.33 39.54  | 1150m: 14:58.31 39.05   |                       |     |
|      | 400m: 5:08.78 39.86         | 800m: 10:23.27 38.94 | 1200m: 15:37.87 39.56   |                       |     |
| 9.   | Vasco Messias Pires         | 12                   | Sporting                | 19:36.77              | 372 |
|      | 50m: 36.07 36.07            | 450m: 5:49.72 39.84  | 850m: 11:07.29 38.92    | 1250m: 16:24.00 39.82 |     |
|      | 100m: 1:13.88 37.81         | 500m: 6:29.55 39.83  | 900m: 11:46.41 39.12    | 1300m: 17:03.22 39.22 |     |
|      | 150m: 1:52.99 39.11         | 550m: 7:09.56 40.01  | 950m: 12:26.17 39.76    | 1350m: 17:43.31 40.09 |     |
|      | 200m: 2:32.72 39.73         | 600m: 7:49.12 39.56  | 1000m: 13:06.08 39.91   | 1400m: 18:22.31 39.00 |     |
|      | 250m: 3:11.69 38.97         | 650m: 8:28.88 39.76  | 1050m: 13:45.30 39.22   | 1450m: 18:59.42 37.11 |     |
|      | 300m: 3:51.18 39.49         | 700m: 9:09.20 40.32  | 1100m: 14:24.14 38.84   | 1500m: 19:36.77 37.35 |     |
|      | 350m: 4:30.73 39.55         | 750m: 9:49.12 39.92  | 1150m: 15:04.42 40.28   |                       |     |
|      | 400m: 5:09.88 39.15         | 800m: 10:28.37 39.25 | 1200m: 15:44.18 39.76   |                       |     |
| 10.  | Francisco Lalande Correia   | 11                   | Fisica Torres Vedras    | 19:38.91              | 370 |
|      | 50m: 35.02 35.02            | 450m: 5:43.04 39.01  | 850m: 10:57.93 39.78    | 1250m: 16:18.93 40.54 |     |
|      | 100m: 1:12.34 37.32         | 500m: 6:22.08 39.04  | 900m: 11:37.99 40.06    | 1300m: 16:59.36 40.43 |     |
|      | 150m: 1:50.75 38.41         | 550m: 7:01.24 39.16  | 950m: 12:17.78 39.79    | 1350m: 17:40.78 41.42 |     |
|      | 200m: 2:29.09 38.34         | 600m: 7:40.07 38.83  | 1000m: 12:57.50 39.72   | 1400m: 18:21.62 40.84 |     |
|      | 250m: 3:07.80 38.71         | 650m: 8:19.56 39.49  | 1050m: 13:37.57 40.07   | 1450m: 19:00.99 39.37 |     |
|      | 300m: 3:46.24 38.44         | 700m: 8:59.30 39.74  | 1100m: 14:18.11 40.54   | 1500m: 19:38.91 37.92 |     |
|      | 350m: 4:25.11 38.87         | 750m: 9:38.24 38.94  | 1150m: 14:57.82 39.71   |                       |     |
|      | 400m: 5:04.03 38.92         | 800m: 10:18.15 39.91 | 1200m: 15:38.39 40.57   |                       |     |
| 11.  | Duarte Ribeiro Lima         | 11                   | Geslours                | 19:42.99              | 366 |
|      | 50m: 34.25 34.25            | 450m: 5:45.98 39.12  | 850m: 10:59.57 39.75    | 1250m: 16:22.52 40.27 |     |
|      | 100m: 1:11.50 37.25         | 500m: 6:24.82 38.84  | 900m: 11:39.18 39.61    | 1300m: 17:03.81 41.29 |     |
|      | 150m: 1:50.79 39.29         | 550m: 7:04.27 39.45  | 950m: 12:18.60 39.42    | 1350m: 17:45.07 41.26 |     |
|      | 200m: 2:29.78 38.99         | 600m: 7:43.60 39.33  | 1000m: 12:58.85 40.25   | 1400m: 18:24.95 39.88 |     |
|      | 250m: 3:08.75 38.97         | 650m: 8:22.76 39.16  | 1050m: 13:40.19 41.34   | 1450m: 19:06.48 41.53 |     |
|      | 300m: 3:47.87 39.12         | 700m: 9:01.34 38.58  | 1100m: 14:21.02 40.83   | 1500m: 19:42.99 36.51 |     |
|      | 350m: 4:28.48 40.61         | 750m: 9:40.31 38.97  | 1150m: 15:00.99 39.97   |                       |     |
|      | 400m: 5:06.86 38.38         | 800m: 10:19.82 39.51 | 1200m: 15:42.25 41.26   |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 5, Masc., 1500m Livres, Infantis

| Pos. | Nadador                   | Ano                  | Clube                   | Tempo                 | Pts |
|------|---------------------------|----------------------|-------------------------|-----------------------|-----|
| 12.  | David Pacheco Castanheira | 11                   | Geslourses              | 19:43.77              | 366 |
|      | 50m: 35.77 35.77          | 450m: 5:47.76 39.44  | 850m: 11:04.50 39.87    | 1250m: 16:24.62 40.22 |     |
|      | 100m: 1:14.23 38.46       | 500m: 6:27.34 39.58  | 900m: 11:43.69 39.19    | 1300m: 17:05.45 40.83 |     |
|      | 150m: 1:53.15 38.92       | 550m: 7:07.23 39.89  | 950m: 12:23.60 39.91    | 1350m: 17:47.05 41.60 |     |
|      | 200m: 2:31.85 38.70       | 600m: 7:46.68 39.45  | 1000m: 13:03.85 40.25   | 1400m: 18:26.72 39.67 |     |
|      | 250m: 3:10.94 39.09       | 650m: 8:26.17 39.49  | 1050m: 13:43.68 39.83   | 1450m: 19:05.90 39.18 |     |
|      | 300m: 3:50.11 39.17       | 700m: 9:05.52 39.35  | 1100m: 14:23.60 39.92   | 1500m: 19:43.77 37.87 |     |
|      | 350m: 4:29.15 39.04       | 750m: 9:44.94 39.42  | 1150m: 15:03.71 40.11   |                       |     |
|      | 400m: 5:08.32 39.17       | 800m: 10:24.63 39.69 | 1200m: 15:44.40 40.69   |                       |     |
| 13.  | Fabio Martim Couraceiro   | 11                   | AONDA - Azeitão         | 19:57.43              | 353 |
|      | 50m: 36.95 36.95          | 450m: 6:00.41 40.96  | 850m: 11:24.16 40.32    | 1250m: 16:45.45 39.82 |     |
|      | 100m: 1:16.26 39.31       | 500m: 6:40.24 39.83  | 900m: 12:04.43 40.27    | 1300m: 17:25.31 39.86 |     |
|      | 150m: 1:56.99 40.73       | 550m: 7:21.33 41.09  | 950m: 12:44.84 40.41    | 1350m: 18:05.11 39.80 |     |
|      | 200m: 2:37.18 40.19       | 600m: 8:02.24 40.91  | 1000m: 13:25.00 40.16   | 1400m: 18:44.03 38.92 |     |
|      | 250m: 3:17.98 40.80       | 650m: 8:42.74 40.50  | 1050m: 14:05.38 40.38   | 1450m: 19:21.99 37.96 |     |
|      | 300m: 3:58.82 40.84       | 700m: 9:22.92 40.18  | 1100m: 14:45.81 40.43   | 1500m: 19:57.43 35.44 |     |
|      | 350m: 4:39.51 40.69       | 750m: 10:03.90 40.98 | 1150m: 15:25.77 39.96   |                       |     |
|      | 400m: 5:19.45 39.94       | 800m: 10:43.84 39.94 | 1200m: 16:05.63 39.86   |                       |     |
| 14.  | Tiago Botelho Silva       | 11                   | Geslourses              | 20:00.94              | 350 |
|      | 50m: 36.50 36.50          | 450m: 5:52.25 39.91  | 850m: 11:14.93 40.90    | 1250m: 16:39.75 40.51 |     |
|      | 100m: 1:15.04 38.54       | 500m: 6:31.95 39.70  | 900m: 11:55.26 40.33    | 1300m: 17:20.61 40.86 |     |
|      | 150m: 1:54.36 39.32       | 550m: 7:12.37 40.42  | 950m: 12:35.93 40.67    | 1350m: 18:01.57 40.96 |     |
|      | 200m: 2:33.79 39.43       | 600m: 7:52.62 40.25  | 1000m: 13:16.71 40.78   | 1400m: 18:42.68 41.11 |     |
|      | 250m: 3:13.47 39.68       | 650m: 8:32.87 40.25  | 1050m: 13:57.03 40.32   | 1450m: 19:22.64 39.96 |     |
|      | 300m: 3:53.00 39.53       | 700m: 9:13.26 40.39  | 1100m: 14:37.86 40.83   | 1500m: 20:00.94 38.30 |     |
|      | 350m: 4:32.56 39.56       | 750m: 9:53.92 40.66  | 1150m: 15:18.10 40.24   |                       |     |
|      | 400m: 5:12.34 39.78       | 800m: 10:34.03 40.11 | 1200m: 15:59.24 41.14   |                       |     |
| 15.  | Tomas Rodrigues Morais    | 11                   | Colegio Int Monte Maior | 20:01.53              | 350 |
|      | 50m: 37.27 37.27          | 450m: 5:59.16 40.51  | 850m: 11:22.34 40.20    | 1250m: 16:44.48 39.97 |     |
|      | 100m: 1:17.00 39.73       | 500m: 6:39.93 40.77  | 900m: 12:02.18 39.84    | 1300m: 17:24.53 40.05 |     |
|      | 150m: 1:56.91 39.91       | 550m: 7:20.22 40.29  | 950m: 12:42.89 40.71    | 1350m: 18:04.47 39.94 |     |
|      | 200m: 2:37.23 40.32       | 600m: 7:59.70 39.48  | 1000m: 13:22.96 40.07   | 1400m: 18:44.89 40.42 |     |
|      | 250m: 3:17.92 40.69       | 650m: 8:40.52 40.82  | 1050m: 14:02.80 39.84   | 1450m: 19:24.22 39.33 |     |
|      | 300m: 3:57.60 39.68       | 700m: 9:20.74 40.22  | 1100m: 14:42.85 40.05   | 1500m: 20:01.53 37.31 |     |
|      | 350m: 4:37.87 40.27       | 750m: 10:01.34 40.60 | 1150m: 15:23.87 41.02   |                       |     |
|      | 400m: 5:18.65 40.78       | 800m: 10:42.14 40.80 | 1200m: 16:04.51 40.64   |                       |     |
| 16.  | Francisco Pimentel Coelho | 11                   | Benfica                 | 20:03.29              | 348 |
|      | 50m: 37.35 37.35          | 450m: 5:54.48 40.34  | 850m: 11:18.08 41.35    | 1250m: 16:43.45 41.26 |     |
|      | 100m: 1:15.56 38.21       | 500m: 6:34.36 39.88  | 900m: 11:59.00 40.92    | 1300m: 17:23.89 40.44 |     |
|      | 150m: 1:55.08 39.52       | 550m: 7:14.70 40.34  | 950m: 12:38.74 39.74    | 1350m: 18:04.36 40.47 |     |
|      | 200m: 2:34.78 39.70       | 600m: 7:55.18 40.48  | 1000m: 13:18.70 39.96   | 1400m: 18:45.00 40.64 |     |
|      | 250m: 3:14.75 39.97       | 650m: 8:35.03 39.85  | 1050m: 13:59.20 40.50   | 1450m: 19:24.64 39.64 |     |
|      | 300m: 3:54.35 39.60       | 700m: 9:15.59 40.56  | 1100m: 14:40.24 41.04   | 1500m: 20:03.29 38.65 |     |
|      | 350m: 4:34.32 39.97       | 750m: 9:56.08 40.49  | 1150m: 15:20.99 40.75   |                       |     |
|      | 400m: 5:14.14 39.82       | 800m: 10:36.73 40.65 | 1200m: 16:02.19 41.20   |                       |     |
| 17.  | Keyser Jossib Ribeiro     | 11                   | Alges                   | 20:03.30              | 348 |
|      | 50m: 35.20 35.20          | 450m: 5:47.66 39.89  | 850m: 11:12.79 41.66    | 1250m: 16:43.86 40.79 |     |
|      | 100m: 1:12.80 37.60       | 500m: 6:27.39 39.73  | 900m: 11:53.62 40.83    | 1300m: 17:25.17 41.31 |     |
|      | 150m: 1:51.31 38.51       | 550m: 7:06.91 39.52  | 950m: 12:34.65 41.03    | 1350m: 18:06.77 41.60 |     |
|      | 200m: 2:29.49 38.18       | 600m: 7:47.26 40.35  | 1000m: 13:16.83 42.18   | 1400m: 18:47.69 40.92 |     |
|      | 250m: 3:08.44 38.95       | 650m: 8:26.96 39.70  | 1050m: 13:57.83 41.00   | 1450m: 19:27.37 39.68 |     |
|      | 300m: 3:49.59 41.15       | 700m: 9:07.75 40.79  | 1100m: 14:39.26 41.43   | 1500m: 20:03.30 35.93 |     |
|      | 350m: 4:28.72 39.13       | 750m: 9:48.78 41.03  | 1150m: 15:21.71 42.45   |                       |     |
|      | 400m: 5:07.77 39.05       | 800m: 10:31.13 42.35 | 1200m: 16:03.07 41.36   |                       |     |
| 18.  | Thomas James Barnett      | 11                   | Nacional de Natação     | 20:09.87              | 342 |
|      | 50m: 37.01 37.01          | 450m: 5:59.62 40.29  | 850m: 11:23.25 40.81    | 1250m: 16:48.73 40.63 |     |
|      | 100m: 1:15.72 38.71       | 500m: 6:39.81 40.19  | 900m: 12:04.46 41.21    | 1300m: 17:29.67 40.94 |     |
|      | 150m: 1:55.70 39.98       | 550m: 7:20.06 40.25  | 950m: 12:46.18 41.72    | 1350m: 18:10.08 40.41 |     |
|      | 200m: 2:36.16 40.46       | 600m: 8:00.34 40.28  | 1000m: 13:26.72 40.54   | 1400m: 18:50.36 40.28 |     |
|      | 250m: 3:17.02 40.86       | 650m: 8:40.91 40.57  | 1050m: 14:06.93 40.21   | 1450m: 19:30.64 40.28 |     |
|      | 300m: 3:57.71 40.69       | 700m: 9:21.26 40.35  | 1100m: 14:47.23 40.30   | 1500m: 20:09.87 39.23 |     |
|      | 350m: 4:38.51 40.80       | 750m: 10:01.70 40.44 | 1150m: 15:27.47 40.24   |                       |     |
|      | 400m: 5:19.33 40.82       | 800m: 10:42.44 40.74 | 1200m: 16:08.10 40.63   |                       |     |
| 19.  | Henrique Jose Chainho     | 11                   | Palmela Desporto        | 20:12.04              | 341 |
|      | 50m: 37.46 37.46          | 450m: 6:04.26 41.19  | 850m: 11:29.56 41.05    | 1250m: 16:53.75 40.40 |     |
|      | 100m: 1:17.43 39.97       | 500m: 6:44.65 40.39  | 900m: 12:10.05 40.49    | 1300m: 17:34.37 40.62 |     |
|      | 150m: 1:58.33 40.90       | 550m: 7:25.02 40.37  | 950m: 12:50.56 40.51    | 1350m: 18:14.95 40.58 |     |
|      | 200m: 2:39.41 41.08       | 600m: 8:05.41 40.39  | 1000m: 13:31.13 40.57   | 1400m: 18:54.96 40.01 |     |
|      | 250m: 3:20.47 41.06       | 650m: 8:46.38 40.97  | 1050m: 14:11.43 40.30   | 1450m: 19:35.00 40.04 |     |
|      | 300m: 4:01.28 40.81       | 700m: 9:26.96 40.58  | 1100m: 14:51.95 40.52   | 1500m: 20:12.04 37.04 |     |
|      | 350m: 4:42.34 41.06       | 750m: 10:07.86 40.90 | 1150m: 15:32.34 40.39   |                       |     |
|      | 400m: 5:23.07 40.73       | 800m: 10:48.51 40.65 | 1200m: 16:13.35 41.01   |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 5, Masc., 1500m Livres, Infantis

| Pos. | Nadador                 | Ano                  | Clube                 | Tempo                 | Pts |
|------|-------------------------|----------------------|-----------------------|-----------------------|-----|
| 20.  | Guilherme Pereira Sousa | 12                   | Fisica Torres Vedras  | 20:13.50              | 339 |
|      | 50m: 36.76 36.76        | 450m: 6:00.31 40.14  | 850m: 11:28.12 41.10  | 1250m: 16:59.92 41.55 |     |
|      | 100m: 1:17.12 40.36     | 500m: 6:41.32 41.01  | 900m: 12:09.23 41.11  | 1300m: 17:41.18 41.26 |     |
|      | 150m: 1:57.68 40.56     | 550m: 7:22.07 40.75  | 950m: 12:50.36 41.13  | 1350m: 18:21.45 40.27 |     |
|      | 200m: 2:38.88 41.20     | 600m: 8:03.55 41.48  | 1000m: 13:31.92 41.56 | 1400m: 18:59.57 38.12 |     |
|      | 250m: 3:18.26 39.38     | 650m: 8:44.32 40.77  | 1050m: 14:13.05 41.13 | 1450m: 19:36.34 36.77 |     |
|      | 300m: 3:59.80 41.54     | 700m: 9:25.71 41.39  | 1100m: 14:54.17 41.12 | 1500m: 20:13.50 37.16 |     |
|      | 350m: 4:39.82 40.02     | 750m: 10:06.19 40.48 | 1150m: 15:34.81 40.64 |                       |     |
|      | 400m: 5:20.17 40.35     | 800m: 10:47.02 40.83 | 1200m: 16:18.37 43.56 |                       |     |
| 21.  | Dinis Costa Faria       | 12                   | Nacional de Nataçao   | 20:15.58              | 338 |
|      | 50m: 38.63 38.63        | 450m: 6:06.72 40.90  | 850m: 11:31.39 40.69  | 1250m: 16:56.24 40.43 |     |
|      | 100m: 1:19.09 40.46     | 500m: 6:47.01 40.29  | 900m: 12:12.24 40.85  | 1300m: 17:36.83 40.59 |     |
|      | 150m: 2:00.52 41.43     | 550m: 7:27.50 40.49  | 950m: 12:53.14 40.90  | 1350m: 18:16.93 40.10 |     |
|      | 200m: 2:41.93 41.41     | 600m: 8:08.04 40.54  | 1000m: 13:34.03 40.89 | 1400m: 18:56.95 40.02 |     |
|      | 250m: 3:22.89 40.96     | 650m: 8:48.52 40.48  | 1050m: 14:14.47 40.44 | 1450m: 19:37.32 40.37 |     |
|      | 300m: 4:04.03 41.14     | 700m: 9:29.38 40.86  | 1100m: 14:55.20 40.73 | 1500m: 20:15.58 38.26 |     |
|      | 350m: 4:44.67 40.64     | 750m: 10:09.97 40.59 | 1150m: 15:35.47 40.27 |                       |     |
|      | 400m: 5:25.82 41.15     | 800m: 10:50.70 40.73 | 1200m: 16:15.81 40.34 |                       |     |
| 22.  | Diego Miguel Mota       | 12                   | Geslours              | 20:16.21              | 337 |
|      | 50m: 36.39 36.39        | 450m: 5:59.94 41.68  | 850m: 11:28.81 41.47  | 1250m: 16:55.15 40.78 |     |
|      | 100m: 1:15.57 39.18     | 500m: 6:41.01 41.07  | 900m: 12:10.27 41.46  | 1300m: 17:40.15 41.00 |     |
|      | 150m: 1:55.53 39.96     | 550m: 7:21.98 40.97  | 950m: 12:51.81 41.54  | 1350m: 18:20.61 40.46 |     |
|      | 200m: 2:35.86 40.33     | 600m: 8:03.37 41.39  | 1000m: 13:33.21 41.40 | 1400m: 19:00.17 39.56 |     |
|      | 250m: 3:15.82 39.96     | 650m: 8:44.14 40.77  | 1050m: 14:14.73 41.52 | 1450m: 19:39.09 38.92 |     |
|      | 300m: 3:56.43 40.61     | 700m: 9:24.80 40.66  | 1100m: 14:55.86 41.13 | 1500m: 20:16.21 37.12 |     |
|      | 350m: 4:36.88 40.45     | 750m: 10:06.25 41.45 | 1150m: 15:37.16 41.30 |                       |     |
|      | 400m: 5:18.26 41.38     | 800m: 10:47.34 41.09 | 1200m: 16:18.37 41.21 |                       |     |
| 23.  | Mingxi Guan             | 11                   | Alges                 | 20:25.13              | 330 |
|      | 50m: 34.45 34.45        | 450m: 5:50.02 40.50  | 850m: 11:18.04 41.77  | 1250m: 16:55.86 43.09 |     |
|      | 100m: 1:12.33 37.88     | 500m: 6:29.74 39.72  | 900m: 12:00.37 42.33  | 1300m: 17:38.94 43.08 |     |
|      | 150m: 1:50.66 38.33     | 550m: 7:10.43 40.69  | 950m: 12:42.61 42.24  | 1350m: 18:22.01 43.07 |     |
|      | 200m: 2:29.30 38.64     | 600m: 7:51.78 41.35  | 1000m: 13:25.00 42.39 | 1400m: 19:04.95 42.94 |     |
|      | 250m: 3:09.07 39.77     | 650m: 8:33.00 41.22  | 1050m: 14:05.50 40.50 | 1450m: 19:46.13 41.18 |     |
|      | 300m: 3:48.89 39.82     | 700m: 9:13.78 40.78  | 1100m: 14:47.64 42.14 | 1500m: 20:25.13 39.00 |     |
|      | 350m: 4:29.26 40.37     | 750m: 9:54.94 41.16  | 1150m: 15:28.67 41.03 |                       |     |
|      | 400m: 5:09.52 40.26     | 800m: 10:36.27 41.33 | 1200m: 16:12.77 44.10 |                       |     |
| 24.  | Tiago Esteves Rodrigues | 12                   | Geslours              | 20:26.13              | 329 |
|      | 50m: 37.80 37.80        | 450m: 6:06.21 40.17  | 850m: 11:34.02 41.92  | 1250m: 17:01.27 41.58 |     |
|      | 100m: 1:19.20 41.40     | 500m: 6:47.29 41.08  | 900m: 12:14.05 40.03  | 1300m: 17:42.48 41.21 |     |
|      | 150m: 2:01.06 41.86     | 550m: 7:28.15 40.86  | 950m: 12:55.35 41.30  | 1350m: 18:23.76 41.28 |     |
|      | 200m: 2:42.89 41.83     | 600m: 8:08.94 40.79  | 1000m: 13:35.96 40.61 | 1400m: 19:05.22 41.46 |     |
|      | 250m: 3:23.48 40.59     | 650m: 8:49.99 41.05  | 1050m: 14:16.90 40.94 | 1450m: 19:46.42 41.20 |     |
|      | 300m: 4:04.11 40.63     | 700m: 9:30.83 40.84  | 1100m: 14:57.63 40.73 | 1500m: 20:26.13 39.71 |     |
|      | 350m: 4:44.97 40.86     | 750m: 10:11.71 40.88 | 1150m: 15:38.39 40.76 |                       |     |
|      | 400m: 5:26.04 41.07     | 800m: 10:52.10 40.39 | 1200m: 16:19.69 41.30 |                       |     |
| 25.  | Vicente Guerreiro Velez | 11                   | Fisica Torres Vedras  | 20:27.72              | 328 |
|      | 50m: 37.04 37.04        | 450m: 6:03.21 40.76  | 850m: 11:33.37 41.68  | 1250m: 17:02.94 40.72 |     |
|      | 100m: 1:16.39 39.35     | 500m: 6:45.79 42.58  | 900m: 12:14.80 41.43  | 1300m: 17:45.37 42.43 |     |
|      | 150m: 1:56.75 40.36     | 550m: 7:26.55 40.76  | 950m: 12:55.51 40.71  | 1350m: 18:26.84 41.47 |     |
|      | 200m: 2:37.78 41.03     | 600m: 8:07.12 40.57  | 1000m: 13:37.18 41.67 | 1400m: 19:07.86 41.02 |     |
|      | 250m: 3:19.77 41.99     | 650m: 8:47.74 40.62  | 1050m: 14:17.87 40.69 | 1450m: 19:48.20 40.34 |     |
|      | 300m: 3:59.76 39.99     | 700m: 9:28.43 40.69  | 1100m: 14:58.09 40.22 | 1500m: 20:27.72 39.52 |     |
|      | 350m: 4:41.54 41.78     | 750m: 10:10.06 41.63 | 1150m: 15:39.84 41.75 |                       |     |
|      | 400m: 5:22.45 40.91     | 800m: 10:51.69 41.63 | 1200m: 16:22.22 42.38 |                       |     |
| 26.  | Daniel Hutsul Pateiro   | 11                   | Geslours              | 20:40.58              | 318 |
|      | 50m: 38.92 38.92        | 450m: 6:11.98 43.10  | 850m: 11:45.62 42.17  | 1250m: 17:17.45 40.69 |     |
|      | 100m: 1:19.66 40.74     | 500m: 6:53.20 41.22  | 900m: 12:26.73 41.11  | 1300m: 17:59.08 41.63 |     |
|      | 150m: 2:01.67 42.01     | 550m: 7:34.70 41.50  | 950m: 13:07.94 41.21  | 1350m: 18:40.67 41.59 |     |
|      | 200m: 2:43.34 41.67     | 600m: 8:17.87 43.17  | 1000m: 13:49.36 41.42 | 1400m: 19:22.52 41.85 |     |
|      | 250m: 3:23.91 40.57     | 650m: 8:58.84 40.97  | 1050m: 14:30.77 41.41 | 1450m: 20:03.35 40.83 |     |
|      | 300m: 4:06.47 42.56     | 700m: 9:40.73 41.89  | 1100m: 15:12.84 42.07 | 1500m: 20:40.58 37.23 |     |
|      | 350m: 4:47.98 41.51     | 750m: 10:22.38 41.65 | 1150m: 15:54.25 41.41 |                       |     |
|      | 400m: 5:28.88 40.90     | 800m: 11:03.45 41.07 | 1200m: 16:36.76 42.51 |                       |     |
| 27.  | Tomas Caldeira Marques  | 12                   | AONDA - Azeitão       | 20:42.96              | 316 |
|      | 50m: 38.98 38.98        | 450m: 6:14.64 41.29  | 850m: 11:48.51 41.61  | 1250m: 17:23.09 41.35 |     |
|      | 100m: 1:21.36 42.38     | 500m: 6:57.11 42.47  | 900m: 12:30.84 42.33  | 1300m: 18:04.96 41.87 |     |
|      | 150m: 2:03.80 42.44     | 550m: 7:39.19 42.08  | 950m: 13:12.35 41.51  | 1350m: 18:44.76 39.80 |     |
|      | 200m: 2:46.82 43.02     | 600m: 8:21.08 41.89  | 1000m: 13:54.80 42.45 | 1400m: 19:25.28 40.52 |     |
|      | 250m: 3:28.63 41.81     | 650m: 9:02.99 41.91  | 1050m: 14:36.43 41.63 | 1450m: 20:07.76 42.48 |     |
|      | 300m: 4:10.15 41.52     | 700m: 9:44.06 41.07  | 1100m: 15:17.85 41.42 | 1500m: 20:42.96 35.20 |     |
|      | 350m: 4:51.44 41.29     | 750m: 10:25.61 41.55 | 1150m: 15:59.78 41.93 |                       |     |
|      | 400m: 5:33.35 41.91     | 800m: 11:06.90 41.29 | 1200m: 16:41.74 41.96 |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 5, Masc., 1500m Livres, Infantis

| Pos. | Nadador                | Ano                  | Clube                    | Tempo                 | Pts |
|------|------------------------|----------------------|--------------------------|-----------------------|-----|
| 28.  | Duarte Oliveira Pinto  | 11                   | Geslours                 | 20:44.32              | 315 |
|      | 50m: 37.42 37.42       | 450m: 5:59.60 40.91  | 850m: 11:29.12 42.63     | 1250m: 17:12.15 43.91 |     |
|      | 100m: 1:17.15 39.73    | 500m: 6:39.82 40.22  | 900m: 12:10.57 41.45     | 1300m: 17:56.57 44.42 |     |
|      | 150m: 1:57.12 39.97    | 550m: 7:20.56 40.74  | 950m: 12:52.62 42.05     | 1350m: 18:40.12 43.55 |     |
|      | 200m: 2:37.31 40.19    | 600m: 8:00.54 39.98  | 1000m: 13:35.92 43.30    | 1400m: 19:22.74 42.62 |     |
|      | 250m: 3:17.63 40.32    | 650m: 8:41.95 41.41  | 1050m: 14:18.83 42.91    | 1450m: 20:05.51 42.77 |     |
|      | 300m: 3:57.86 40.23    | 700m: 9:23.26 41.31  | 1100m: 15:01.28 42.45    | 1500m: 20:44.32 38.81 |     |
|      | 350m: 4:37.33 39.47    | 750m: 10:04.53 41.27 | 1150m: 15:43.89 42.61    |                       |     |
|      | 400m: 5:18.69 41.36    | 800m: 10:46.49 41.96 | 1200m: 16:28.24 44.35    |                       |     |
| 29.  | Goncalo Nunes Costa    | 12                   | Geslours                 | 20:44.57              | 315 |
|      | 50m: 38.06 38.06       | 450m: 6:06.23 41.51  | 850m: 11:39.74 41.86     | 1250m: 17:16.38 41.81 |     |
|      | 100m: 1:17.75 39.69    | 500m: 6:47.60 41.37  | 900m: 12:21.85 42.11     | 1300m: 17:58.59 42.21 |     |
|      | 150m: 1:58.30 40.55    | 550m: 7:28.76 41.16  | 950m: 13:03.88 42.03     | 1350m: 18:40.96 42.37 |     |
|      | 200m: 2:38.97 40.67    | 600m: 8:10.25 41.49  | 1000m: 13:46.45 42.57    | 1400m: 19:22.55 41.59 |     |
|      | 250m: 3:20.30 41.33    | 650m: 8:52.18 41.93  | 1050m: 14:28.72 42.27    | 1450m: 20:04.59 42.04 |     |
|      | 300m: 4:01.61 41.31    | 700m: 9:34.09 41.91  | 1100m: 15:11.00 42.28    | 1500m: 20:44.57 39.98 |     |
|      | 350m: 4:43.41 41.80    | 750m: 10:15.68 41.59 | 1150m: 15:53.40 42.40    |                       |     |
|      | 400m: 5:24.72 41.31    | 800m: 10:57.88 42.20 | 1200m: 16:34.57 41.17    |                       |     |
| 30.  | Pedro Pontes Prior     | 12                   | Laranjeiro               | 20:46.49              | 313 |
|      | 50m: 37.98 37.98       | 450m: 6:05.53 41.31  | 850m: 11:40.95 42.61     | 1250m: 17:20.15 42.04 |     |
|      | 100m: 1:18.69 40.71    | 500m: 6:46.84 41.31  | 900m: 12:23.26 42.31     | 1300m: 18:02.84 42.69 |     |
|      | 150m: 1:59.79 41.10    | 550m: 7:28.48 41.64  | 950m: 13:05.96 42.70     | 1350m: 18:44.91 42.07 |     |
|      | 200m: 2:40.24 40.45    | 600m: 8:09.89 41.41  | 1000m: 13:48.39 42.43    | 1400m: 19:26.62 41.71 |     |
|      | 250m: 3:20.87 40.63    | 650m: 8:52.25 42.36  | 1050m: 14:30.93 42.54    | 1450m: 20:08.06 41.44 |     |
|      | 300m: 4:01.92 41.05    | 700m: 9:33.36 41.11  | 1100m: 15:13.54 42.61    | 1500m: 20:46.49 38.43 |     |
|      | 350m: 4:42.78 40.86    | 750m: 10:15.77 42.41 | 1150m: 15:55.63 42.09    |                       |     |
|      | 400m: 5:24.22 41.44    | 800m: 10:58.34 42.57 | 1200m: 16:38.11 42.48    |                       |     |
| 31.  | Antonio Santos Mota    | 11                   | Benfica                  | 20:50.19              | 310 |
|      | 50m: 36.87 36.87       | 450m: 6:04.66 41.81  | 850m: 11:39.72 43.80     | 1250m: 17:21.79 42.82 |     |
|      | 100m: 1:16.13 39.26    | 500m: 6:46.33 41.67  | 900m: 12:21.98 42.26     | 1300m: 18:05.34 43.55 |     |
|      | 150m: 1:56.03 39.90    | 550m: 7:27.28 40.95  | 950m: 13:04.37 42.39     | 1350m: 18:47.10 41.76 |     |
|      | 200m: 2:36.68 40.65    | 600m: 8:07.89 40.61  | 1000m: 13:47.70 43.33    | 1400m: 19:30.22 43.12 |     |
|      | 250m: 3:17.46 40.78    | 650m: 8:49.50 41.61  | 1050m: 14:30.62 42.92    | 1450m: 20:11.60 41.38 |     |
|      | 300m: 3:58.94 41.48    | 700m: 9:31.39 41.89  | 1100m: 15:13.82 43.20    | 1500m: 20:50.19 38.59 |     |
|      | 350m: 4:40.92 41.98    | 750m: 10:13.13 41.74 | 1150m: 15:56.24 42.42    |                       |     |
|      | 400m: 5:22.85 41.93    | 800m: 10:55.92 42.79 | 1200m: 16:38.97 42.73    |                       |     |
| 32.  | Tomas Ferreira Batista | 11                   | CPCD Povoá de Santa Iria | 20:51.29              | 310 |
|      | 50m: 37.75 37.75       | 450m: 6:17.05 41.80  | 850m: 11:52.87 41.67     | 1250m: 17:30.20 41.76 |     |
|      | 100m: 1:19.06 41.31    | 500m: 6:58.84 41.79  | 900m: 12:34.60 41.73     | 1300m: 18:11.73 41.53 |     |
|      | 150m: 2:01.44 42.38    | 550m: 7:41.87 43.03  | 950m: 13:15.81 41.21     | 1350m: 18:53.94 42.21 |     |
|      | 200m: 2:44.50 43.06    | 600m: 8:24.42 42.55  | 1000m: 13:59.56 43.75    | 1400m: 19:34.42 40.48 |     |
|      | 250m: 3:26.99 42.49    | 650m: 9:06.14 41.72  | 1050m: 14:43.25 43.69    | 1450m: 20:14.46 40.04 |     |
|      | 300m: 4:10.63 43.64    | 700m: 9:47.06 40.92  | 1100m: 15:24.78 41.53    | 1500m: 20:51.29 36.83 |     |
|      | 350m: 4:54.20 43.57    | 750m: 10:28.85 41.79 | 1150m: 16:07.00 42.22    |                       |     |
|      | 400m: 5:35.25 41.05    | 800m: 11:11.20 42.35 | 1200m: 16:48.44 41.44    |                       |     |
| 33.  | Miguel Almeida Pereira | 12                   | AONDA - Azeitão          | 21:07.13              | 298 |
|      | 50m: 40.19 40.19       | 450m: 6:24.93 43.71  | 850m: 12:02.51 42.10     | 1250m: 17:38.17 42.95 |     |
|      | 100m: 1:22.53 42.34    | 500m: 7:07.04 42.11  | 900m: 12:43.22 40.71     | 1300m: 18:20.91 42.74 |     |
|      | 150m: 2:04.90 42.37    | 550m: 7:50.22 43.18  | 950m: 13:25.15 41.93     | 1350m: 19:02.54 41.63 |     |
|      | 200m: 2:47.81 42.91    | 600m: 8:32.14 41.92  | 1000m: 14:06.93 41.78    | 1400m: 19:43.46 40.92 |     |
|      | 250m: 3:31.00 43.19    | 650m: 9:14.92 42.78  | 1050m: 14:48.05 41.12    | 1450m: 20:25.97 42.51 |     |
|      | 300m: 4:14.82 43.82    | 700m: 9:56.58 41.66  | 1100m: 15:30.83 42.78    | 1500m: 21:07.13 41.16 |     |
|      | 350m: 4:57.59 42.77    | 750m: 10:39.24 42.66 | 1150m: 16:12.86 42.03    |                       |     |
|      | 400m: 5:41.22 43.63    | 800m: 11:20.41 41.17 | 1200m: 16:55.22 42.36    |                       |     |
| 34.  | Kirill Tkachenko       | 12                   | Sporting                 | 21:08.28              | 297 |
|      | 50m: 38.90 38.90       | 450m: 6:20.28 42.79  | 850m: 12:00.86 42.26     | 1250m: 17:41.21 42.44 |     |
|      | 100m: 1:20.16 41.26    | 500m: 7:02.86 42.58  | 900m: 12:43.65 42.79     | 1300m: 18:23.97 42.76 |     |
|      | 150m: 2:02.88 42.72    | 550m: 7:45.41 42.55  | 950m: 13:26.46 42.81     | 1350m: 19:06.88 42.41 |     |
|      | 200m: 2:45.66 42.78    | 600m: 8:27.61 42.20  | 1000m: 14:09.19 42.73    | 1400m: 19:48.38 42.50 |     |
|      | 250m: 3:28.63 42.97    | 650m: 9:10.35 42.74  | 1050m: 14:51.73 42.54    | 1450m: 20:30.63 41.75 |     |
|      | 300m: 4:11.77 43.14    | 700m: 9:53.06 42.71  | 1100m: 15:34.32 42.59    | 1500m: 21:08.28 37.65 |     |
|      | 350m: 4:54.89 43.12    | 750m: 10:35.93 42.87 | 1150m: 16:16.96 42.64    |                       |     |
|      | 400m: 5:37.49 42.60    | 800m: 11:18.60 42.67 | 1200m: 16:58.77 41.81    |                       |     |
| 35.  | Tiago Guedes Caldas    | 11                   | Benfica                  | 21:11.29              | 295 |
|      | 50m: 37.67 37.67       | 450m: 6:10.82 42.50  | 850m: 11:53.89 43.16     | 1250m: 17:39.17 43.92 |     |
|      | 100m: 1:16.86 39.19    | 500m: 6:53.39 42.57  | 900m: 12:36.46 42.57     | 1300m: 18:22.67 43.50 |     |
|      | 150m: 1:57.72 40.86    | 550m: 7:36.14 42.75  | 950m: 13:19.37 42.91     | 1350m: 19:05.89 43.22 |     |
|      | 200m: 2:39.12 41.40    | 600m: 8:18.45 42.31  | 1000m: 14:01.63 42.26    | 1400m: 19:48.49 42.60 |     |
|      | 250m: 3:20.72 41.60    | 650m: 9:01.37 42.92  | 1050m: 14:45.53 43.90    | 1450m: 20:31.16 42.67 |     |
|      | 300m: 4:02.90 42.18    | 700m: 9:44.22 42.85  | 1100m: 15:29.18 43.65    | 1500m: 21:11.29 40.13 |     |
|      | 350m: 4:45.62 42.72    | 750m: 10:27.44 43.22 | 1150m: 16:12.10 42.92    |                       |     |
|      | 400m: 5:28.32 42.70    | 800m: 11:10.73 43.29 | 1200m: 16:55.25 43.15    |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 5, Masc., 1500m Livres, Infantis

| Pos. | Nadador                  | Ano                  | Clube                    | Tempo                 | Pts |
|------|--------------------------|----------------------|--------------------------|-----------------------|-----|
| 36.  | Duarte Lopo Pereira      | 11                   | AONDA - Azeitão          | 21:24.03              | 286 |
|      | 50m: 38.08 38.08         | 450m: 6:21.94 43.76  | 850m: 12:10.75 43.49     | 1250m: 17:56.88 42.79 |     |
|      | 100m: 1:19.34 41.26      | 500m: 7:05.77 43.83  | 900m: 12:54.02 43.27     | 1300m: 18:39.49 42.61 |     |
|      | 150m: 2:01.64 42.30      | 550m: 7:49.72 43.95  | 950m: 13:37.56 43.54     | 1350m: 19:21.65 42.16 |     |
|      | 200m: 2:44.61 42.97      | 600m: 8:32.96 43.24  | 1000m: 14:20.82 43.26    | 1400m: 20:03.66 42.01 |     |
|      | 250m: 3:28.09 43.48      | 650m: 9:16.30 43.34  | 1050m: 15:04.70 43.88    | 1450m: 20:44.95 41.29 |     |
|      | 300m: 4:10.98 42.89      | 700m: 9:59.78 43.48  | 1100m: 15:48.19 43.49    | 1500m: 21:24.03 39.08 |     |
|      | 350m: 4:54.45 43.47      | 750m: 10:43.67 43.89 | 1150m: 16:31.49 43.30    |                       |     |
|      | 400m: 5:38.18 43.73      | 800m: 11:27.26 43.59 | 1200m: 17:14.09 42.60    |                       |     |
| 37.  | David Budu               | 12                   | Palmela Desporto         | 21:26.14              | 285 |
|      | 50m: 37.03 37.03         | 450m: 6:14.93 42.48  | 850m: 12:00.13 44.10     | 1250m: 17:53.55 44.03 |     |
|      | 100m: 1:18.11 41.08      | 500m: 6:56.91 41.98  | 900m: 12:44.53 44.40     | 1300m: 18:38.10 44.55 |     |
|      | 150m: 1:59.99 41.88      | 550m: 7:39.63 42.72  | 950m: 13:28.20 43.67     | 1350m: 19:21.89 43.79 |     |
|      | 200m: 2:42.04 42.05      | 600m: 8:23.09 43.46  | 1000m: 14:12.59 44.39    | 1400m: 20:06.31 44.42 |     |
|      | 250m: 3:24.04 42.00      | 650m: 9:07.18 44.09  | 1050m: 14:56.80 44.21    | 1450m: 20:46.89 40.58 |     |
|      | 300m: 4:05.49 41.45      | 700m: 9:50.57 43.39  | 1100m: 15:40.74 43.94    | 1500m: 21:26.14 39.25 |     |
|      | 350m: 4:49.02 43.53      | 750m: 10:33.56 42.99 | 1150m: 16:25.29 44.55    |                       |     |
|      | 400m: 5:32.45 43.43      | 800m: 11:16.03 42.47 | 1200m: 17:09.52 44.23    |                       |     |
| 38.  | Goncalo Maria Francisco  | 12                   | Sporting                 | 21:37.65              | 277 |
|      | 50m: 38.34 38.34         | 450m: 6:21.81 43.24  | 850m: 12:09.71 43.66     | 1250m: 18:03.86 43.98 |     |
|      | 100m: 1:20.81 42.47      | 500m: 7:05.57 43.76  | 900m: 12:53.85 44.14     | 1300m: 18:48.84 44.98 |     |
|      | 150m: 2:02.94 42.13      | 550m: 7:49.09 43.52  | 950m: 13:38.40 44.55     | 1350m: 19:32.82 43.98 |     |
|      | 200m: 2:45.42 42.48      | 600m: 8:32.47 43.38  | 1000m: 14:22.28 43.88    | 1400m: 20:16.20 43.38 |     |
|      | 250m: 3:28.78 43.36      | 650m: 9:16.03 43.56  | 1050m: 15:06.31 44.03    | 1450m: 20:59.56 43.36 |     |
|      | 300m: 4:11.78 43.00      | 700m: 9:59.53 43.50  | 1100m: 15:50.84 44.53    | 1500m: 21:37.65 38.09 |     |
|      | 350m: 4:55.20 43.42      | 750m: 10:42.24 42.71 | 1150m: 16:35.46 44.62    |                       |     |
|      | 400m: 5:38.57 43.37      | 800m: 11:26.05 43.81 | 1200m: 17:19.88 44.42    |                       |     |
| 39.  | Rodrigo Santiago Almeida | 11                   | CPCD Povia de Santa Iria | 21:39.71              | 276 |
|      | 50m: 38.62 38.62         | 450m: 6:24.55 43.17  | 850m: 12:11.78 42.59     | 1250m: 18:05.02 44.20 |     |
|      | 100m: 1:19.86 41.24      | 500m: 7:08.20 43.65  | 900m: 12:55.49 43.71     | 1300m: 18:49.56 44.54 |     |
|      | 150m: 2:03.27 43.41      | 550m: 7:52.16 43.96  | 950m: 13:40.01 44.52     | 1350m: 19:33.35 43.79 |     |
|      | 200m: 2:46.80 43.53      | 600m: 8:35.37 43.21  | 1000m: 14:24.16 44.15    | 1400m: 20:18.09 44.74 |     |
|      | 250m: 3:30.25 43.45      | 650m: 9:19.68 44.31  | 1050m: 15:08.00 43.84    | 1450m: 21:01.26 43.17 |     |
|      | 300m: 4:14.34 44.09      | 700m: 10:03.46 43.78 | 1100m: 15:51.52 43.52    | 1500m: 21:39.71 38.45 |     |
|      | 350m: 4:57.94 43.60      | 750m: 10:47.36 43.90 | 1150m: 16:35.81 44.29    |                       |     |
|      | 400m: 5:41.38 43.44      | 800m: 11:29.19 41.83 | 1200m: 17:20.82 45.01    |                       |     |
| 40.  | Afonso Miguel Ramos      | 12                   | Fisica Torres Vedras     | 21:40.05              | 276 |
|      | 50m: 38.34 38.34         | 450m: 6:16.69 43.15  | 850m: 12:06.46 44.36     | 1250m: 18:02.74 44.72 |     |
|      | 100m: 1:18.44 40.10      | 500m: 7:00.39 43.70  | 900m: 12:50.68 44.22     | 1300m: 18:48.20 45.46 |     |
|      | 150m: 1:59.90 41.46      | 550m: 7:43.85 43.46  | 950m: 13:35.20 44.52     | 1350m: 19:33.27 45.07 |     |
|      | 200m: 2:41.38 41.48      | 600m: 8:27.27 43.42  | 1000m: 14:19.57 44.37    | 1400m: 20:16.70 43.43 |     |
|      | 250m: 3:23.75 42.37      | 650m: 9:10.73 43.46  | 1050m: 15:04.33 44.76    | 1450m: 20:59.70 43.00 |     |
|      | 300m: 4:06.71 42.96      | 700m: 9:54.56 43.83  | 1100m: 15:48.35 44.02    | 1500m: 21:40.05 40.35 |     |
|      | 350m: 4:50.25 43.54      | 750m: 10:38.31 43.75 | 1150m: 16:33.35 45.00    |                       |     |
|      | 400m: 5:33.54 43.29      | 800m: 11:22.10 43.79 | 1200m: 17:18.02 44.67    |                       |     |
| 41.  | Manuel Joao Fonseca      | 12                   | Colegio Int Monte Maior  | 21:41.13              | 275 |
|      | 50m: 42.24 42.24         | 450m: 6:37.23 42.83  | 850m: 12:26.32 43.24     | 1250m: 18:13.58 42.32 |     |
|      | 100m: 1:26.33 44.09      | 500m: 7:21.33 44.10  | 900m: 13:10.81 44.49     | 1300m: 18:56.99 43.41 |     |
|      | 150m: 2:11.45 45.12      | 550m: 8:02.81 41.48  | 950m: 13:53.89 43.08     | 1350m: 19:38.77 41.78 |     |
|      | 200m: 2:56.49 45.04      | 600m: 8:47.41 44.60  | 1000m: 14:38.13 44.24    | 1400m: 20:22.24 43.47 |     |
|      | 250m: 3:41.44 44.95      | 650m: 9:32.04 44.63  | 1050m: 15:20.06 41.93    | 1450m: 21:04.53 42.29 |     |
|      | 300m: 4:26.05 44.61      | 700m: 10:14.18 42.14 | 1100m: 16:04.95 44.89    | 1500m: 21:41.13 36.60 |     |
|      | 350m: 5:10.44 44.39      | 750m: 10:58.49 44.31 | 1150m: 16:48.10 43.15    |                       |     |
|      | 400m: 5:54.40 43.96      | 800m: 11:43.08 44.59 | 1200m: 17:31.26 43.16    |                       |     |
| 42.  | Afonso Guerreiro Santos  | 12                   | Colegio Int Monte Maior  | 21:41.37              | 275 |
|      | 50m: 41.47 41.47         | 450m: 6:36.08 43.10  | 850m: 12:25.65 44.07     | 1250m: 18:13.56 43.88 |     |
|      | 100m: 1:25.88 44.41      | 500m: 7:19.59 43.51  | 900m: 13:08.49 42.84     | 1300m: 18:56.90 43.34 |     |
|      | 150m: 2:11.22 45.34      | 550m: 8:02.53 42.94  | 950m: 13:52.79 44.30     | 1350m: 19:37.75 40.85 |     |
|      | 200m: 2:55.74 44.52      | 600m: 8:45.96 43.43  | 1000m: 14:35.73 42.94    | 1400m: 20:22.06 44.31 |     |
|      | 250m: 3:40.69 44.95      | 650m: 9:30.23 44.27  | 1050m: 15:19.77 44.04    | 1450m: 21:03.94 41.88 |     |
|      | 300m: 4:25.74 45.05      | 700m: 10:14.05 43.82 | 1100m: 16:03.02 43.25    | 1500m: 21:41.37 37.43 |     |
|      | 350m: 5:09.40 43.66      | 750m: 10:57.79 43.74 | 1150m: 16:46.34 43.32    |                       |     |
|      | 400m: 5:52.98 43.58      | 800m: 11:41.58 43.79 | 1200m: 17:29.68 43.34    |                       |     |
| 43.  | Carlos Henrique Dias     | 11                   | Fisica Torres Vedras     | 22:03.48              | 262 |
|      | 50m: 39.46 39.46         | 450m: 6:35.07 45.70  | 850m: 12:32.43 45.20     | 1250m: 18:32.98 43.97 |     |
|      | 100m: 1:21.97 42.51      | 500m: 7:19.42 44.35  | 900m: 13:18.14 45.71     | 1300m: 19:17.82 44.84 |     |
|      | 150m: 2:05.85 43.88      | 550m: 8:04.86 45.44  | 950m: 14:02.59 44.45     | 1350m: 20:00.79 42.97 |     |
|      | 200m: 2:51.43 45.58      | 600m: 8:49.98 45.12  | 1000m: 14:48.20 45.61    | 1400m: 20:43.14 42.35 |     |
|      | 250m: 3:36.47 45.04      | 650m: 9:34.40 44.42  | 1050m: 15:32.45 44.25    | 1450m: 21:23.89 40.75 |     |
|      | 300m: 4:19.80 43.33      | 700m: 10:19.89 45.49 | 1100m: 16:18.87 46.42    | 1500m: 22:03.48 39.59 |     |
|      | 350m: 5:04.07 44.27      | 750m: 11:02.68 42.79 | 1150m: 17:03.96 45.09    |                       |     |
|      | 400m: 5:49.37 45.30      | 800m: 11:47.23 44.55 | 1200m: 17:49.01 45.05    |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 5, Masc., 1500m Livres, Infantis

| Pos. | Nadador                         | Ano                  | Clube                     | Tempo                 | Pts |
|------|---------------------------------|----------------------|---------------------------|-----------------------|-----|
| 44.  | Afonso Andre Correia            | 12                   | Benfica                   | 22:07.83              | 259 |
|      | 50m: 37.10 37.10                | 450m: 6:20.53 44.17  | 850m: 12:20.72 45.64      | 1250m: 18:24.26 44.73 |     |
|      | 100m: 1:17.37 40.27             | 500m: 7:04.64 44.11  | 900m: 13:05.19 44.47      | 1300m: 19:10.05 45.79 |     |
|      | 150m: 2:00.01 42.64             | 550m: 7:49.47 44.83  | 950m: 13:50.69 45.50      | 1350m: 19:55.75 45.70 |     |
|      | 200m: 2:43.17 43.16             | 600m: 8:34.17 44.70  | 1000m: 14:35.37 44.68     | 1400m: 20:40.95 45.20 |     |
|      | 250m: 3:26.39 43.22             | 650m: 9:18.96 44.79  | 1050m: 15:21.33 45.96     | 1450m: 21:26.29 45.34 |     |
|      | 300m: 4:10.46 44.07             | 700m: 10:03.72 44.76 | 1100m: 16:07.23 45.90     | 1500m: 22:07.83 41.54 |     |
|      | 350m: 4:53.77 43.31             | 750m: 10:49.69 45.97 | 1150m: 16:53.26 46.03     |                       |     |
|      | 400m: 5:36.36 42.59             | 800m: 11:35.08 45.39 | 1200m: 17:39.53 46.27     |                       |     |
| 45.  | Joao Leitao Duarte              | 12                   | Geslours                  | 22:09.68              | 258 |
|      | 50m: 39.21 39.21                | 450m: 6:34.42 44.33  | 850m: 12:32.56 44.35      | 1250m: 18:32.52 43.72 |     |
|      | 100m: 1:22.21 43.00             | 500m: 7:19.46 45.04  | 900m: 13:17.21 44.65      | 1300m: 19:14.54 45.02 |     |
|      | 150m: 2:05.99 43.78             | 550m: 8:04.08 44.62  | 950m: 14:01.70 44.49      | 1350m: 19:59.11 44.57 |     |
|      | 200m: 2:50.83 44.84             | 600m: 8:49.21 45.13  | 1000m: 14:46.23 44.53     | 1400m: 20:43.67 44.56 |     |
|      | 250m: 3:36.05 45.22             | 650m: 9:34.18 44.97  | 1050m: 15:30.95 44.72     | 1450m: 21:27.35 43.68 |     |
|      | 300m: 4:20.87 44.82             | 700m: 10:18.92 44.74 | 1100m: 16:15.61 44.66     | 1500m: 22:09.68 42.33 |     |
|      | 350m: 5:05.72 44.85             | 750m: 11:03.76 44.84 | 1150m: 17:00.99 45.38     |                       |     |
|      | 400m: 5:50.09 44.37             | 800m: 11:48.21 44.45 | 1200m: 17:45.80 44.81     |                       |     |
| 46.  | Joao Santos Ferro               | 11                   | Amadora                   | 22:10.72              | 257 |
|      | 50m: 39.92 39.92                | 450m: 6:34.59 45.59  | 850m: 12:33.22 44.33      | 1250m: 18:32.23 43.66 |     |
|      | 100m: 1:22.52 42.60             | 500m: 7:20.74 46.15  | 900m: 13:20.47 47.25      | 1300m: 19:16.32 44.09 |     |
|      | 150m: 2:06.35 43.83             | 550m: 8:04.89 44.15  | 950m: 14:06.19 45.72      | 1350m: 20:00.23 43.91 |     |
|      | 200m: 2:50.47 44.12             | 600m: 8:49.19 44.30  | 1000m: 14:49.47 43.28     | 1400m: 20:44.07 43.84 |     |
|      | 250m: 3:34.82 44.35             | 650m: 9:33.58 44.39  | 1050m: 15:33.98 44.51     | 1450m: 21:27.35 43.28 |     |
|      | 300m: 4:18.72 43.90             | 700m: 10:19.81 46.23 | 1100m: 16:19.29 45.31     | 1500m: 22:10.72 43.37 |     |
|      | 350m: 5:03.94 45.22             | 750m: 11:03.76 43.95 | 1150m: 17:05.23 45.94     |                       |     |
|      | 400m: 5:49.00 45.06             | 800m: 11:48.89 45.13 | 1200m: 17:48.57 43.34     |                       |     |
| 47.  | Francisco Carrapico Alexandrino | 12                   | Alges                     | 22:11.32              | 257 |
|      | 50m: 40.14 40.14                | 450m: 6:33.36 44.58  | 850m: 12:28.73 44.69      | 1250m: 18:30.42 45.80 |     |
|      | 100m: 1:23.27 43.13             | 500m: 7:18.07 44.71  | 900m: 13:14.28 45.55      | 1300m: 19:15.59 45.17 |     |
|      | 150m: 2:07.74 44.47             | 550m: 8:01.98 43.91  | 950m: 13:59.31 45.03      | 1350m: 20:00.41 44.82 |     |
|      | 200m: 2:51.66 43.92             | 600m: 8:46.42 44.44  | 1000m: 14:44.30 44.99     | 1400m: 20:45.30 44.89 |     |
|      | 250m: 3:36.05 44.39             | 650m: 9:30.95 44.53  | 1050m: 15:29.10 44.80     | 1450m: 21:29.54 44.24 |     |
|      | 300m: 4:20.30 44.25             | 700m: 10:15.58 44.63 | 1100m: 16:14.53 45.43     | 1500m: 22:11.32 41.78 |     |
|      | 350m: 5:04.31 44.01             | 750m: 10:59.92 44.34 | 1150m: 16:59.58 45.05     |                       |     |
|      | 400m: 5:48.78 44.47             | 800m: 11:44.04 44.12 | 1200m: 17:44.62 45.04     |                       |     |
| 48.  | Gustavo Henriques Lourenco      | 12                   | CPCD Povoia de Santa Iria | 22:13.36              | 256 |
|      | 50m: 39.30 39.30                | 450m: 6:34.24 44.54  | 850m: 12:38.44 45.07      | 1250m: 18:30.57 45.31 |     |
|      | 100m: 1:21.49 42.19             | 500m: 7:21.48 45.24  | 900m: 13:23.51 45.07      | 1300m: 19:22.28 43.71 |     |
|      | 150m: 2:05.98 44.49             | 550m: 8:05.75 44.27  | 950m: 14:08.64 45.13      | 1350m: 20:06.49 44.21 |     |
|      | 200m: 2:51.27 45.29             | 600m: 8:51.24 45.49  | 1000m: 14:54.14 45.50     | 1400m: 20:51.17 44.68 |     |
|      | 250m: 3:36.15 44.88             | 650m: 9:36.44 45.20  | 1050m: 15:40.28 46.14     | 1450m: 21:35.56 44.39 |     |
|      | 300m: 4:20.88 44.73             | 700m: 10:22.37 45.93 | 1100m: 16:25.64 45.36     | 1500m: 22:13.36 37.80 |     |
|      | 350m: 5:05.97 45.09             | 750m: 11:07.08 44.71 | 1150m: 17:08.92 43.28     |                       |     |
|      | 400m: 5:51.70 45.73             | 800m: 11:53.37 46.29 | 1200m: 17:53.26 44.34     |                       |     |
| 49.  | Martim Silva Ferreira           | 12                   | Geslours                  | 22:14.11              | 255 |
|      | 50m: 39.04 39.04                | 450m: 6:36.53 45.31  | 850m: 12:39.12 45.11      | 1250m: 18:39.52 45.54 |     |
|      | 100m: 1:21.67 42.63             | 500m: 7:22.30 45.77  | 900m: 13:25.02 45.90      | 1300m: 19:21.30 41.78 |     |
|      | 150m: 2:06.17 44.50             | 550m: 8:07.55 45.25  | 950m: 14:10.92 45.90      | 1350m: 20:06.76 45.46 |     |
|      | 200m: 2:50.97 44.80             | 600m: 8:53.26 45.71  | 1000m: 14:56.85 45.93     | 1400m: 20:52.74 45.98 |     |
|      | 250m: 3:36.21 45.24             | 650m: 9:38.09 44.83  | 1050m: 15:42.04 45.19     | 1450m: 21:37.37 44.63 |     |
|      | 300m: 4:21.14 44.93             | 700m: 10:24.57 46.48 | 1100m: 16:26.77 44.73     | 1500m: 22:14.11 36.74 |     |
|      | 350m: 5:05.28 44.14             | 750m: 11:07.87 43.30 | 1150m: 17:09.27 42.50     |                       |     |
|      | 400m: 5:51.22 45.94             | 800m: 11:54.01 46.14 | 1200m: 17:53.98 44.71     |                       |     |
| 50.  | Miguel Farias Passana           | 12                   | Geslours                  | 22:17.13              | 254 |
|      | 50m: 40.98 40.98                | 450m: 6:37.24 43.55  | 850m: 12:35.13 44.37      | 1250m: 18:33.69 45.28 |     |
|      | 100m: 1:26.20 45.22             | 500m: 7:21.61 44.37  | 900m: 13:19.72 44.59      | 1300m: 19:20.45 46.76 |     |
|      | 150m: 2:11.11 44.91             | 550m: 8:06.59 44.98  | 950m: 14:04.32 44.60      | 1350m: 20:05.64 45.19 |     |
|      | 200m: 2:55.76 44.65             | 600m: 8:52.21 45.62  | 1000m: 14:48.73 44.41     | 1400m: 20:51.25 45.61 |     |
|      | 250m: 3:40.46 44.70             | 650m: 9:37.11 44.90  | 1050m: 15:32.91 44.18     | 1450m: 21:34.78 43.53 |     |
|      | 300m: 4:25.54 45.08             | 700m: 10:21.63 44.52 | 1100m: 16:17.87 44.96     | 1500m: 22:17.13 42.35 |     |
|      | 350m: 5:09.72 44.18             | 750m: 11:06.58 44.95 | 1150m: 17:02.90 45.03     |                       |     |
|      | 400m: 5:53.69 43.97             | 800m: 11:50.76 44.18 | 1200m: 17:48.41 45.51     |                       |     |
| 51.  | Leon Konrad Dynkiewicz          | 12                   | Alges                     | 22:24.42              | 249 |
|      | 50m: 38.55 38.55                | 450m: 6:32.43 45.37  | 850m: 12:37.85 45.59      | 1250m: 18:43.58 45.51 |     |
|      | 100m: 1:19.80 41.25             | 500m: 7:17.79 45.36  | 900m: 13:23.64 45.79      | 1300m: 19:29.02 45.44 |     |
|      | 150m: 2:03.52 43.72             | 550m: 8:03.45 45.66  | 950m: 14:09.62 45.98      | 1350m: 20:14.14 45.12 |     |
|      | 200m: 2:47.41 43.89             | 600m: 8:48.66 45.21  | 1000m: 14:55.50 45.88     | 1400m: 20:59.13 44.99 |     |
|      | 250m: 3:32.15 44.74             | 650m: 9:34.11 45.45  | 1050m: 15:40.84 45.34     | 1450m: 21:44.28 45.15 |     |
|      | 300m: 4:16.72 44.57             | 700m: 10:19.82 45.71 | 1100m: 16:26.61 45.77     | 1500m: 22:24.42 40.14 |     |
|      | 350m: 5:01.66 44.94             | 750m: 11:06.28 46.46 | 1150m: 17:12.27 45.66     |                       |     |
|      | 400m: 5:47.06 45.40             | 800m: 11:52.26 45.98 | 1200m: 17:58.07 45.80     |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis

| Pos. | Nadador                                              | Ano                  | Clube                   | Tempo                 | Pts |
|------|------------------------------------------------------|----------------------|-------------------------|-----------------------|-----|
| 52.  | Joao Pedro Santos                                    | 11                   | Alges                   | <b>22:32.56</b>       | 245 |
|      | 50m: 40.03 40.03                                     | 450m: 6:45.95 46.11  | 850m: 12:53.65 45.55    | 1250m: 18:57.55 45.40 |     |
|      | 100m: 1:24.72 44.69                                  | 500m: 7:32.89 46.94  | 900m: 13:39.47 45.82    | 1300m: 19:42.99 45.44 |     |
|      | 150m: 2:10.22 45.50                                  | 550m: 8:18.77 45.88  | 950m: 14:24.90 45.43    | 1350m: 20:28.23 45.24 |     |
|      | 200m: 2:56.26 46.04                                  | 600m: 9:04.50 45.73  | 1000m: 15:10.60 45.70   | 1400m: 21:13.40 45.17 |     |
|      | 250m: 3:42.03 45.77                                  | 650m: 9:50.20 45.70  | 1050m: 15:55.58 44.98   | 1450m: 21:56.12 42.72 |     |
|      | 300m: 4:27.93 45.90                                  | 700m: 10:36.27 46.07 | 1100m: 16:41.38 45.80   | 1500m: 22:32.56 36.44 |     |
|      | 350m: 5:13.88 45.95                                  | 750m: 11:22.42 46.15 | 1150m: 17:26.40 45.02   |                       |     |
|      | 400m: 5:59.84 45.96                                  | 800m: 12:08.10 45.68 | 1200m: 18:12.15 45.75   |                       |     |
| 53.  | Luis Eugenio Poitout                                 | 11                   | Colegio Int Monte Maior | <b>22:32.93</b>       | 245 |
|      | 50m: 40.70 40.70                                     | 450m: 6:35.86 44.91  | 850m: 12:41.93 45.74    | 1250m: 18:49.67 45.64 |     |
|      | 100m: 1:23.82 43.12                                  | 500m: 7:21.41 45.55  | 900m: 13:27.40 45.47    | 1300m: 19:35.09 45.42 |     |
|      | 150m: 2:07.59 43.77                                  | 550m: 8:06.80 45.39  | 950m: 14:13.46 46.06    | 1350m: 20:20.94 45.85 |     |
|      | 200m: 2:51.89 44.30                                  | 600m: 8:52.72 45.92  | 1000m: 14:59.94 46.48   | 1400m: 21:07.47 46.53 |     |
|      | 250m: 3:35.97 44.08                                  | 650m: 9:38.98 46.26  | 1050m: 15:46.03 46.09   | 1450m: 21:51.47 44.00 |     |
|      | 300m: 4:20.73 44.76                                  | 700m: 10:24.95 45.97 | 1100m: 16:31.66 45.63   | 1500m: 22:32.93 41.46 |     |
|      | 350m: 5:05.94 45.21                                  | 750m: 11:10.57 45.62 | 1150m: 17:17.33 45.67   |                       |     |
|      | 400m: 5:50.95 45.01                                  | 800m: 11:56.19 45.62 | 1200m: 18:04.03 46.70   |                       |     |
| 54.  | Vicente Brazuna Moreira<br><i>Fora Minimo Acesso</i> | 11                   | Geslours                | <b>23:02.05</b>       | 230 |
|      | 50m: 41.60 41.60                                     | 450m: 6:41.62 46.85  | 850m: 12:47.87 46.83    | 1250m: 19:07.85 48.14 |     |
|      | 100m: 1:25.66 44.06                                  | 500m: 7:26.24 44.62  | 900m: 13:34.80 46.93    | 1300m: 19:55.31 47.46 |     |
|      | 150m: 2:10.28 44.62                                  | 550m: 8:11.73 45.49  | 950m: 14:23.17 48.37    | 1350m: 20:42.21 46.90 |     |
|      | 200m: 2:54.59 44.31                                  | 600m: 8:58.13 46.40  | 1000m: 15:09.82 46.65   | 1400m: 21:29.86 47.65 |     |
|      | 250m: 3:39.11 44.52                                  | 650m: 9:43.30 45.17  | 1050m: 15:57.24 47.42   | 1450m: 22:16.72 46.86 |     |
|      | 300m: 4:24.25 45.14                                  | 700m: 10:29.22 45.92 | 1100m: 16:44.53 47.29   | 1500m: 23:02.05 45.33 |     |
|      | 350m: 5:09.74 45.49                                  | 750m: 11:15.49 46.27 | 1150m: 17:31.20 46.67   |                       |     |
|      | 400m: 5:54.77 45.03                                  | 800m: 12:01.04 45.55 | 1200m: 18:19.71 48.51   |                       |     |
| 55.  | Antonio Melo Pereira<br><i>Fora Minimo Acesso</i>    | 11                   | Benfica                 | <b>23:36.51</b>       | 213 |
|      | 50m: 41.48 41.48                                     | 450m: 6:49.12 46.71  | 850m: 13:08.92 48.31    | 1250m: 19:37.72 49.39 |     |
|      | 100m: 1:26.03 44.55                                  | 500m: 7:35.93 46.81  | 900m: 13:56.74 47.82    | 1300m: 20:26.51 48.79 |     |
|      | 150m: 2:11.31 45.28                                  | 550m: 8:22.64 46.71  | 950m: 14:44.30 47.56    | 1350m: 21:14.80 48.29 |     |
|      | 200m: 2:57.67 46.36                                  | 600m: 9:09.44 46.80  | 1000m: 15:32.69 48.39   | 1400m: 22:03.05 48.25 |     |
|      | 250m: 3:44.13 46.46                                  | 650m: 9:56.85 47.41  | 1050m: 16:21.31 48.62   | 1450m: 22:51.10 48.05 |     |
|      | 300m: 4:29.40 45.27                                  | 700m: 10:44.51 47.66 | 1100m: 17:10.46 49.15   | 1500m: 23:36.51 45.41 |     |
|      | 350m: 5:15.64 46.24                                  | 750m: 11:32.66 48.15 | 1150m: 17:59.55 49.09   |                       |     |
|      | 400m: 6:02.41 46.77                                  | 800m: 12:20.61 47.95 | 1200m: 18:48.33 48.78   |                       |     |
| 56.  | Alvaro Fernandes Rodrigues                           | 12                   | Geslours                | <b>23:42.93</b>       | 210 |
|      | 50m: 39.18 39.18                                     | 450m: 6:38.27 45.72  | 850m: 12:48.00 48.12    | 1250m: 19:22.92 51.74 |     |
|      | 100m: 1:22.88 43.70                                  | 500m: 7:23.00 44.73  | 900m: 13:36.55 48.55    | 1300m: 20:15.58 52.66 |     |
|      | 150m: 2:07.27 44.39                                  | 550m: 8:08.90 45.90  | 950m: 14:26.25 49.70    | 1350m: 21:08.36 52.78 |     |
|      | 200m: 2:52.05 44.78                                  | 600m: 8:54.73 45.83  | 1000m: 15:19.29 53.04   | 1400m: 22:00.03 51.67 |     |
|      | 250m: 3:36.20 44.15                                  | 650m: 9:39.75 45.02  | 1050m: 16:04.58 45.29   | 1450m: 22:51.21 51.18 |     |
|      | 300m: 4:21.44 45.24                                  | 700m: 10:26.27 46.52 | 1100m: 16:49.95 45.37   | 1500m: 23:42.93 51.72 |     |
|      | 350m: 5:06.62 45.18                                  | 750m: 11:11.27 45.00 | 1150m: 17:40.23 50.28   |                       |     |
|      | 400m: 5:52.55 45.93                                  | 800m: 11:59.88 48.61 | 1200m: 18:31.18 50.95   |                       |     |
| 57.  | Miguel Cruz Simoes                                   | 12                   | Alges                   | <b>23:50.72</b>       | 207 |
|      | 50m: 42.76 42.76                                     | 450m: 6:55.04 48.68  | 850m: 13:08.34 29.88    | 1250m: 19:56.60 48.46 |     |
|      | 100m: 1:24.56 41.80                                  | 500m: 7:42.00 46.96  | 900m: 14:15.59 1:07.25  | 1300m: 20:43.67 47.07 |     |
|      | 150m: 2:10.07 45.51                                  | 550m: 8:31.71 49.71  | 950m: 15:04.92 49.33    | 1350m: 21:31.38 47.71 |     |
|      | 200m: 2:56.01 45.94                                  | 600m: 9:21.57 49.86  | 1000m: 15:53.00 48.08   | 1400m: 22:18.53 47.15 |     |
|      | 250m: 3:42.73 46.72                                  | 650m: 10:10.84 49.27 | 1050m: 16:42.35 49.35   | 1450m: 23:05.17 46.64 |     |
|      | 300m: 4:29.79 47.06                                  | 700m: 11:00.37 49.53 | 1100m: 17:32.15 49.80   | 1500m: 23:50.72 45.55 |     |
|      | 350m: 5:17.86 48.07                                  | 750m: 11:50.42 50.05 | 1150m: 18:20.09 47.94   |                       |     |
|      | 400m: 6:06.36 48.50                                  | 800m: 12:38.46 48.04 | 1200m: 19:08.14 48.05   |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 6  
04.05.2025 - 11:33

Femin., 800m Livres

Infantis  
Resultados

|                       |         |                         |     |            |      |
|-----------------------|---------|-------------------------|-----|------------|------|
| Rec Regional Inf A    | 9:27.51 | Rafaela Gomes Azevedo   | POR | Algés      | 2015 |
| Rec Regional Inf B    | 9:49.25 | Beatriz Rodrigues Conde | POR | Tavira     | 2010 |
| Rec Regional Absoluto | 8:23.23 | Diana Margarida Duraes  | POR | Felgueiras | 2018 |
| Rec Nacional Inf A    | 9:03.90 | Alexandra Maria Silva   | POR | Porto      | 1980 |
| Rec Nacional Inf B    | 9:33.95 | Filipa Vilas Ruivo      | POR | Nazaré     | 2009 |
| Rec Nacional Absoluto | 8:23.23 | Diana Margarida Duraes  | POR | Felgueiras | 2018 |

Mínimo Participação Inf B: 12:52.38; Inf A: 12:15.60

Pontos: AQUA 2024

| Pos.       | Nadador                  | Ano           | Clube            | Tempo          | Pts   |
|------------|--------------------------|---------------|------------------|----------------|-------|
| Infantis B |                          |               |                  |                |       |
| 1.         | Teresa Vale Carvalho     | 13            | Sporting         | 10:22.20       | 451   |
|            | 50m: 36.06               | 250m: 3:12.77 | 39.26            | 450m: 5:50.37  | 39.95 |
|            | 100m: 1:14.74            | 300m: 3:51.60 | 38.83            | 500m: 6:29.99  | 39.62 |
|            | 150m: 1:54.07            | 350m: 4:31.16 | 39.56            | 550m: 7:08.89  | 38.90 |
|            | 200m: 2:33.51            | 400m: 5:10.42 | 39.26            | 600m: 7:48.24  | 39.35 |
|            |                          |               |                  | 800m: 10:22.20 | 37.13 |
| 2.         | Ines Miguel Bastos       | 13            | Sporting         | 10:43.49       | 408   |
|            | 50m: 37.14               | 250m: 3:17.98 | 40.76            | 450m: 6:01.63  | 41.32 |
|            | 100m: 1:16.49            | 300m: 3:58.51 | 40.53            | 500m: 6:42.27  | 40.64 |
|            | 150m: 1:56.73            | 350m: 4:39.53 | 41.02            | 550m: 7:22.80  | 40.53 |
|            | 200m: 2:37.22            | 400m: 5:20.31 | 40.78            | 600m: 8:04.00  | 41.20 |
|            |                          |               |                  | 800m: 10:43.49 | 38.77 |
| 3.         | Maria Freitas Teives     | 13            | Sporting         | 10:46.53       | 402   |
|            | 50m: 37.96               | 250m: 3:19.47 | 41.04            | 450m: 6:03.38  | 41.43 |
|            | 100m: 1:17.93            | 300m: 3:59.74 | 40.27            | 500m: 6:43.57  | 40.19 |
|            | 150m: 1:58.03            | 350m: 4:41.43 | 41.69            | 550m: 7:24.98  | 41.41 |
|            | 200m: 2:38.43            | 400m: 5:21.95 | 40.52            | 600m: 8:06.44  | 41.46 |
|            |                          |               |                  | 800m: 10:46.53 | 37.68 |
| 4.         | Sofia Mao de Ferro       | 13            | Sporting         | 10:47.30       | 401   |
|            | 50m: 39.04               | 250m: 3:22.62 | 40.82            | 450m: 6:07.49  | 40.88 |
|            | 100m: 1:19.69            | 300m: 4:03.93 | 41.31            | 500m: 6:48.45  | 40.96 |
|            | 150m: 2:00.81            | 350m: 4:45.29 | 41.36            | 550m: 7:29.07  | 40.62 |
|            | 200m: 2:41.80            | 400m: 5:26.61 | 41.32            | 600m: 8:09.39  | 40.32 |
|            |                          |               |                  | 800m: 10:47.30 | 37.62 |
| 5.         | Madalena Marques Martins | 13            | União Piedense   | 10:53.53       | 389   |
|            | 50m: 37.56               | 250m: 3:20.71 | 41.51            | 450m: 6:05.88  | 41.41 |
|            | 100m: 1:17.79            | 300m: 4:02.44 | 41.73            | 500m: 6:47.56  | 41.68 |
|            | 150m: 1:58.28            | 350m: 4:43.27 | 40.83            | 550m: 7:29.26  | 41.70 |
|            | 200m: 2:39.20            | 400m: 5:24.47 | 41.20            | 600m: 8:10.67  | 41.41 |
|            |                          |               |                  | 800m: 10:53.53 | 39.76 |
| 6.         | Ines Martins Silva       | 13            | Sporting         | 10:54.59       | 387   |
|            | 50m: 37.81               | 250m: 3:22.42 | 41.57            | 450m: 6:08.81  | 41.08 |
|            | 100m: 1:18.43            | 300m: 4:04.41 | 41.99            | 500m: 6:50.66  | 41.85 |
|            | 150m: 1:59.46            | 350m: 4:45.54 | 41.13            | 550m: 7:33.01  | 42.35 |
|            | 200m: 2:40.85            | 400m: 5:27.73 | 42.19            | 600m: 8:14.48  | 41.47 |
|            |                          |               |                  | 800m: 10:54.59 | 37.79 |
| 7.         | Mariana Vale Serrao      | 13            | Palmela Desporto | 10:56.21       | 385   |
|            | 50m: 38.72               | 250m: 3:23.84 | 41.53            | 450m: 6:10.32  | 41.81 |
|            | 100m: 1:19.51            | 300m: 4:05.40 | 41.56            | 500m: 6:51.24  | 40.92 |
|            | 150m: 2:01.00            | 350m: 4:47.16 | 41.76            | 550m: 7:32.64  | 41.40 |
|            | 200m: 2:42.31            | 400m: 5:28.51 | 41.35            | 600m: 8:13.82  | 41.18 |
|            |                          |               |                  | 800m: 10:56.21 | 38.66 |
| 8.         | Joana Ferreira Espada    | 13            | AONDA - Azeitão  | 10:57.80       | 382   |
|            | 50m: 35.68               | 250m: 3:18.56 | 41.48            | 450m: 6:06.99  | 42.72 |
|            | 100m: 1:14.76            | 300m: 3:59.93 | 41.37            | 500m: 6:49.74  | 42.75 |
|            | 150m: 1:55.90            | 350m: 4:42.10 | 42.17            | 550m: 7:31.65  | 41.91 |
|            | 200m: 2:37.08            | 400m: 5:24.27 | 42.17            | 600m: 8:13.77  | 42.12 |
|            |                          |               |                  | 800m: 10:57.80 | 38.57 |
| 9.         | Beatriz Simao Brito      | 13            | Geslours         | 10:58.49       | 381   |
|            | 50m: 38.32               | 250m: 3:25.45 | 42.52            | 450m: 6:13.53  | 41.75 |
|            | 100m: 1:18.82            | 300m: 4:07.50 | 42.05            | 500m: 6:55.53  | 42.00 |
|            | 150m: 2:00.48            | 350m: 4:49.39 | 41.89            | 550m: 7:36.79  | 41.26 |
|            | 200m: 2:42.93            | 400m: 5:31.78 | 42.39            | 600m: 8:18.73  | 41.94 |
|            |                          |               |                  | 800m: 10:58.49 | 36.52 |
| 10.        | Eveline Sergiu Spac      | 13            | Palmela Desporto | 11:08.27       | 364   |
|            | 50m: 35.69               | 250m: 3:24.83 | 42.41            | 450m: 6:14.22  | 43.99 |
|            | 100m: 1:16.72            | 300m: 4:07.26 | 42.43            | 500m: 6:57.03  | 42.81 |
|            | 150m: 1:59.75            | 350m: 4:49.66 | 42.40            | 550m: 7:39.86  | 42.83 |
|            | 200m: 2:42.42            | 400m: 5:30.23 | 40.57            | 600m: 8:22.26  | 42.40 |
|            |                          |               |                  | 800m: 11:08.27 | 38.70 |
| 11.        | Matilde Cravo Barreiros  | 13            | Palmela Desporto | 11:21.45       | 343   |
|            | 50m: 38.16               | 250m: 3:28.25 | 42.67            | 450m: 6:23.27  | 43.74 |
|            | 100m: 1:19.68            | 300m: 4:12.56 | 44.31            | 500m: 7:07.03  | 43.76 |
|            | 150m: 2:01.60            | 350m: 4:55.74 | 43.18            | 550m: 7:50.94  | 43.91 |
|            | 200m: 2:45.58            | 400m: 5:39.53 | 43.79            | 600m: 8:33.24  | 42.30 |
|            |                          |               |                  | 800m: 11:21.45 | 39.70 |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 6, Femin., 800m Livres, Infantis B

| Pos. | Nadador                    | Ano                 | Clube                | Tempo                | Pts |
|------|----------------------------|---------------------|----------------------|----------------------|-----|
| 12.  | Constanca Marques Jeronimo | 13                  | Sporting             | 11:21.71             | 343 |
|      | 50m: 36.75 36.75           | 250m: 3:27.10 43.17 | 450m: 6:19.24 42.63  | 650m: 9:13.42 44.31  |     |
|      | 100m: 1:19.32 42.57        | 300m: 4:10.70 43.60 | 500m: 7:02.25 43.01  | 700m: 9:57.44 44.02  |     |
|      | 150m: 2:01.51 42.19        | 350m: 4:53.66 42.96 | 550m: 7:45.72 43.47  | 750m: 10:39.76 42.32 |     |
|      | 200m: 2:43.93 42.42        | 400m: 5:36.61 42.95 | 600m: 8:29.11 43.39  | 800m: 11:21.71 41.95 |     |
| 13.  | Matilde Sofia Castanheira  | 13                  | Geslours             | 11:47.67             | 307 |
|      | 50m: 41.71 41.71           | 250m: 3:39.26 44.71 | 450m: 6:37.44 44.57  | 650m: 9:37.79 44.31  |     |
|      | 100m: 1:24.53 42.82        | 300m: 4:23.28 44.02 | 500m: 7:23.01 45.57  | 700m: 10:22.92 45.13 |     |
|      | 150m: 2:09.03 44.50        | 350m: 5:07.54 44.26 | 550m: 8:08.25 45.24  | 750m: 11:07.36 44.44 |     |
|      | 200m: 2:54.55 45.52        | 400m: 5:52.87 45.33 | 600m: 8:53.48 45.23  | 800m: 11:47.67 40.31 |     |
| 14.  | Madalena D'Eca Bispo       | 13                  | Fisica Torres Vedras | 11:52.73             | 300 |
|      | 50m: 40.51 40.51           | 250m: 3:36.42 44.80 | 450m: 6:34.99 44.56  | 650m: 9:37.46 45.69  |     |
|      | 100m: 1:23.88 43.37        | 300m: 4:20.92 44.50 | 500m: 7:20.02 45.03  | 700m: 10:23.02 45.56 |     |
|      | 150m: 2:07.65 43.77        | 350m: 5:05.56 44.64 | 550m: 8:06.18 46.16  | 750m: 11:08.65 45.63 |     |
|      | 200m: 2:51.62 43.97        | 400m: 5:50.43 44.87 | 600m: 8:51.77 45.59  | 800m: 11:52.73 44.08 |     |
| 15.  | Maria Paco Amaro           | 13                  | Benfica              | 11:55.37             | 297 |
|      | 50m: 38.63 38.63           | 250m: 3:37.23 45.59 | 450m: 6:38.30 45.31  | 650m: 9:41.37 45.95  |     |
|      | 100m: 1:21.44 42.81        | 300m: 4:22.31 45.08 | 500m: 7:23.98 45.68  | 700m: 10:26.85 45.48 |     |
|      | 150m: 2:06.23 44.79        | 350m: 5:07.89 45.58 | 550m: 8:09.41 45.43  | 750m: 11:12.01 45.16 |     |
|      | 200m: 2:51.64 45.41        | 400m: 5:52.99 45.10 | 600m: 8:55.42 46.01  | 800m: 11:55.37 43.36 |     |
| 16.  | Catarina Sousa Barreto     | 13                  | Geslours             | 11:56.97             | 295 |
|      | 50m: 41.00 41.00           | 250m: 3:39.59 45.22 | 450m: 6:42.23 45.57  | 650m: 9:46.25 45.40  |     |
|      | 100m: 1:24.64 43.64        | 300m: 4:25.34 45.75 | 500m: 7:28.57 46.34  | 700m: 10:31.72 45.47 |     |
|      | 150m: 2:09.78 45.14        | 350m: 5:10.92 45.58 | 550m: 8:15.04 46.47  | 750m: 11:16.20 44.48 |     |
|      | 200m: 2:54.37 44.59        | 400m: 5:56.66 45.74 | 600m: 9:00.85 45.81  | 800m: 11:56.97 40.77 |     |
| 17.  | Carolina Sao Bras          | 13                  | Geslours             | 12:03.90             | 286 |
|      | 50m: 41.78 41.78           | 250m: 3:38.08 44.42 | 450m: 6:41.84 46.84  | 650m: 9:47.96 46.32  |     |
|      | 100m: 1:25.07 43.29        | 300m: 4:24.12 46.04 | 500m: 7:28.06 46.22  | 700m: 10:33.92 45.96 |     |
|      | 150m: 2:09.06 43.99        | 350m: 5:09.85 45.73 | 550m: 8:15.05 46.99  | 750m: 11:19.59 45.67 |     |
|      | 200m: 2:53.66 44.60        | 400m: 5:55.00 45.15 | 600m: 9:01.64 46.59  | 800m: 12:03.90 44.31 |     |
| 18.  | Clara Damasceno Reis       | 13                  | Sporting             | 12:10.15             | 279 |
|      | 50m: 41.74 41.74           | 250m: 3:46.78 46.16 | 450m: 6:52.50 46.12  | 650m: 9:56.58 45.48  |     |
|      | 100m: 1:27.70 45.96        | 300m: 4:33.43 46.65 | 500m: 7:38.81 46.31  | 700m: 10:41.80 45.22 |     |
|      | 150m: 2:13.61 45.91        | 350m: 5:19.91 46.48 | 550m: 8:24.98 46.17  | 750m: 11:26.87 45.07 |     |
|      | 200m: 3:00.62 47.01        | 400m: 6:06.38 46.47 | 600m: 9:11.10 46.12  | 800m: 12:10.15 43.28 |     |
| 19.  | Maria Ines Correia         | 13                  | Geslours             | 12:12.79             | 276 |
|      | 50m: 42.06 42.06           | 250m: 3:42.63 44.92 | 450m: 6:48.18 46.66  | 650m: 9:55.77 47.39  |     |
|      | 100m: 1:26.50 44.44        | 300m: 4:28.77 46.14 | 500m: 7:34.76 46.58  | 700m: 10:42.66 46.89 |     |
|      | 150m: 2:11.84 45.34        | 350m: 5:15.57 46.80 | 550m: 8:21.31 46.55  | 750m: 11:29.55 46.89 |     |
|      | 200m: 2:57.71 45.87        | 400m: 6:01.52 45.95 | 600m: 9:08.38 47.07  | 800m: 12:12.79 43.24 |     |
| 20.  | Beatriz Cruz Figueiredo    | 13                  | Fisica Torres Vedras | 12:16.78             | 272 |
|      | 50m: 42.05 42.05           | 250m: 3:46.49 46.00 | 450m: 6:52.67 47.07  | 650m: 10:01.01 47.12 |     |
|      | 100m: 1:27.44 45.39        | 300m: 4:33.11 46.62 | 500m: 7:39.97 47.30  | 700m: 10:47.67 46.66 |     |
|      | 150m: 2:14.44 47.00        | 350m: 5:19.33 46.22 | 550m: 8:27.10 47.13  | 750m: 11:33.18 45.51 |     |
|      | 200m: 3:00.49 46.05        | 400m: 6:05.60 46.27 | 600m: 9:13.89 46.79  | 800m: 12:16.78 43.60 |     |
| 21.  | Beatriz Salvador Pocinho   | 13                  | Geslours             | 12:16.83             | 272 |
|      | 50m: 39.78 39.78           | 250m: 3:46.83 46.93 | 450m: 6:54.70 46.79  | 650m: 10:01.57 46.66 |     |
|      | 100m: 1:25.11 45.33        | 300m: 4:33.57 46.74 | 500m: 7:42.15 47.45  | 700m: 10:48.05 46.48 |     |
|      | 150m: 2:12.66 47.55        | 350m: 5:20.86 47.29 | 550m: 8:28.85 46.70  | 750m: 11:34.20 46.15 |     |
|      | 200m: 2:59.90 47.24        | 400m: 6:07.91 47.05 | 600m: 9:14.91 46.06  | 800m: 12:16.83 42.63 |     |
| 22.  | Carolina Sales Lima        | 13                  | Geslours             | 12:24.04             | 264 |
|      | 50m: 41.87 41.87           | 250m: 3:49.98 46.92 | 450m: 6:57.96 47.15  | 650m: 10:08.18 46.91 |     |
|      | 100m: 1:28.62 46.75        | 300m: 4:36.09 46.11 | 500m: 7:46.28 48.32  | 700m: 10:55.51 47.33 |     |
|      | 150m: 2:15.95 47.33        | 350m: 5:24.06 47.97 | 550m: 8:33.78 47.50  | 750m: 11:40.90 45.39 |     |
|      | 200m: 3:03.06 47.11        | 400m: 6:10.81 46.75 | 600m: 9:21.27 47.49  | 800m: 12:24.04 43.14 |     |
| 23.  | Marta Nogueira Esteves     | 13                  | Geslours             | 12:24.29             | 263 |
|      | 50m: 39.20 39.20           | 250m: 3:40.87 46.57 | 450m: 6:52.04 47.99  | 650m: 10:04.45 47.65 |     |
|      | 100m: 1:22.50 43.30        | 300m: 4:28.15 47.28 | 500m: 7:40.25 48.21  | 700m: 10:52.95 48.50 |     |
|      | 150m: 2:07.71 45.21        | 350m: 5:16.39 48.24 | 550m: 8:28.53 48.28  | 750m: 11:41.36 48.41 |     |
|      | 200m: 2:54.30 46.59        | 400m: 6:04.05 47.66 | 600m: 9:16.80 48.27  | 800m: 12:24.29 42.93 |     |
| 24.  | Laura Tomas Santos         | 13                  | Geslours             | 12:33.05             | 254 |
|      | 50m: 45.69 45.69           | 250m: 3:56.13 47.63 | 450m: 7:08.00 47.58  | 650m: 10:17.70 47.11 |     |
|      | 100m: 1:32.52 46.83        | 300m: 4:43.61 47.48 | 500m: 7:56.83 48.83  | 700m: 11:04.35 46.65 |     |
|      | 150m: 2:20.47 47.95        | 350m: 5:32.29 48.68 | 550m: 8:43.76 46.93  | 750m: 11:49.91 45.56 |     |
|      | 200m: 3:08.50 48.03        | 400m: 6:20.42 48.13 | 600m: 9:30.59 46.83  | 800m: 12:33.05 43.14 |     |
| 25.  | Maria Joana Carvalho       | 13                  | Geslours             | 12:34.60             | 253 |
|      | 50m: 41.21 41.21           | 250m: 3:47.08 47.05 | 450m: 6:59.18 47.71  | 650m: 10:12.43 48.79 |     |
|      | 100m: 1:25.96 44.75        | 300m: 4:34.83 47.75 | 500m: 7:47.90 48.72  | 700m: 11:00.88 48.45 |     |
|      | 150m: 2:12.53 46.57        | 350m: 5:23.10 48.27 | 550m: 8:35.85 47.95  | 750m: 11:48.85 47.97 |     |
|      | 200m: 3:00.03 47.50        | 400m: 6:11.47 48.37 | 600m: 9:23.64 47.79  | 800m: 12:34.60 45.75 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 6, Femin., 800m Livres

### Infantis A

|                             |                            |                     |                      |
|-----------------------------|----------------------------|---------------------|----------------------|
| 1. Maria Ines Nunes         | 12 Sporting                | 9:41.70             | 552                  |
| 50m: 33.51 33.51            | 250m: 2:56.78 36.76        | 450m: 5:24.70 36.41 | 650m: 7:52.44 36.93  |
| 100m: 1:08.54 35.03         | 300m: 3:34.49 37.71        | 500m: 6:01.54 36.84 | 700m: 8:29.24 36.80  |
| 150m: 1:43.96 35.42         | 350m: 4:11.22 36.73        | 550m: 6:38.59 37.05 | 750m: 9:05.37 36.13  |
| 200m: 2:20.02 36.06         | 400m: 4:48.29 37.07        | 600m: 7:15.51 36.92 | 800m: 9:41.70 36.33  |
| 2. Maria Ines Monjardino    | 12 Colegio Int Monte Maior | 9:54.29             | 518                  |
| 50m: 33.70 33.70            | 250m: 2:58.97 37.01        | 450m: 5:29.27 38.25 | 650m: 8:01.35 38.17  |
| 100m: 1:08.76 35.06         | 300m: 3:36.18 37.21        | 500m: 6:06.40 37.13 | 700m: 8:39.94 38.59  |
| 150m: 1:45.07 36.31         | 350m: 4:13.73 37.55        | 550m: 6:44.35 37.95 | 750m: 9:18.46 38.52  |
| 200m: 2:21.96 36.89         | 400m: 4:51.02 37.29        | 600m: 7:23.18 38.83 | 800m: 9:54.29 35.83  |
| 3. Isabella Andrea Carvalho | 12 Colegio Int Monte Maior | 10:22.11            | 451                  |
| 50m: 35.98 35.98            | 250m: 3:09.64 39.20        | 450m: 5:47.77 39.35 | 650m: 8:26.63 39.32  |
| 100m: 1:13.30 37.32         | 300m: 3:48.98 39.34        | 500m: 6:27.10 39.33 | 700m: 9:06.18 39.55  |
| 150m: 1:51.54 38.24         | 350m: 4:28.78 39.80        | 550m: 7:07.20 40.10 | 750m: 9:45.74 39.56  |
| 200m: 2:30.44 38.90         | 400m: 5:08.42 39.64        | 600m: 7:47.31 40.11 | 800m: 10:22.11 36.37 |
| 4. Sofia Dias Ferreira      | 12 Palmela Desporto        | 10:25.63            | 444                  |
| 50m: 35.73 35.73            | 250m: 3:10.68 39.38        | 450m: 5:49.73 39.69 | 650m: 8:30.24 39.99  |
| 100m: 1:13.60 37.87         | 300m: 3:50.49 39.81        | 500m: 6:29.86 40.13 | 700m: 9:10.21 39.97  |
| 150m: 1:52.69 39.09         | 350m: 4:30.10 39.61        | 550m: 7:09.85 39.99 | 750m: 9:49.81 39.60  |
| 200m: 2:31.30 38.61         | 400m: 5:10.04 39.94        | 600m: 7:50.25 40.40 | 800m: 10:25.63 35.82 |
| 5. Maria Ines Antunes       | 12 Benfica                 | 10:25.71            | 444                  |
| 50m: 36.36 36.36            | 250m: 3:12.61 39.74        | 450m: 5:51.24 39.97 | 650m: 8:29.31 39.71  |
| 100m: 1:14.31 37.95         | 300m: 3:52.20 39.59        | 500m: 6:30.65 39.41 | 700m: 9:09.62 40.31  |
| 150m: 1:53.84 39.53         | 350m: 4:31.48 39.28        | 550m: 7:10.01 39.36 | 750m: 9:49.22 39.60  |
| 200m: 2:32.87 39.03         | 400m: 5:11.27 39.79        | 600m: 7:49.60 39.59 | 800m: 10:25.71 36.49 |
| 6. Marta Almeida Lopes      | 12 Benfica                 | 10:32.59            | 429                  |
| 50m: 35.98 35.98            | 250m: 3:11.85 39.60        | 450m: 5:51.10 39.97 | 650m: 8:32.91 40.65  |
| 100m: 1:14.40 38.42         | 300m: 3:51.39 39.54        | 500m: 6:31.23 40.13 | 700m: 9:12.94 40.03  |
| 150m: 1:53.11 38.71         | 350m: 4:30.75 39.36        | 550m: 7:12.26 41.03 | 750m: 9:53.41 40.47  |
| 200m: 2:32.25 39.14         | 400m: 5:11.13 40.38        | 600m: 7:52.26 40.00 | 800m: 10:32.59 39.18 |
| 7. Matilde Pires Guerra     | 12 Colegio Int Monte Maior | 10:35.10            | 424                  |
| 50m: 35.46 35.46            | 250m: 3:11.78 39.77        | 450m: 5:53.48 40.66 | 650m: 8:36.67 41.13  |
| 100m: 1:13.07 37.61         | 300m: 3:52.30 40.52        | 500m: 6:34.09 40.61 | 700m: 9:16.96 40.29  |
| 150m: 1:52.29 39.22         | 350m: 4:32.34 40.04        | 550m: 7:14.87 40.78 | 750m: 9:57.08 40.12  |
| 200m: 2:32.01 39.72         | 400m: 5:12.82 40.48        | 600m: 7:55.54 40.67 | 800m: 10:35.10 38.02 |
| 8. Carlota Velada Pereira   | 12 Sporting                | 10:37.65            | 419                  |
| 50m: 36.38 36.38            | 250m: 3:13.76 39.93        | 450m: 5:55.45 40.87 | 650m: 8:38.54 40.74  |
| 100m: 1:14.56 38.18         | 300m: 3:53.63 39.87        | 500m: 6:36.19 40.74 | 700m: 9:18.69 40.15  |
| 150m: 1:54.02 39.46         | 350m: 4:34.10 40.47        | 550m: 7:17.09 40.90 | 750m: 9:58.73 40.04  |
| 200m: 2:33.83 39.81         | 400m: 5:14.58 40.48        | 600m: 7:57.80 40.71 | 800m: 10:37.65 38.92 |
| 9. Jade Duarte Bexigas      | 12 Geslours                | 10:41.40            | 412                  |
| 50m: 36.87 36.87            | 250m: 3:15.75 40.45        | 450m: 5:59.56 41.40 | 650m: 8:41.22 39.95  |
| 100m: 1:16.03 39.16         | 300m: 3:56.19 40.44        | 500m: 6:40.33 40.77 | 700m: 9:22.35 41.13  |
| 150m: 1:55.65 39.62         | 350m: 4:36.84 40.65        | 550m: 7:20.95 40.62 | 750m: 10:02.51 40.16 |
| 200m: 2:35.30 39.65         | 400m: 5:18.16 41.32        | 600m: 8:01.27 40.32 | 800m: 10:41.40 38.89 |
| 10. Telma Filipa Magalhaes  | 12 Fisica Torres Vedras    | 10:46.68            | 402                  |
| 50m: 37.27 37.27            | 250m: 3:18.26 40.96        | 450m: 6:02.62 41.62 | 650m: 8:47.39 41.22  |
| 100m: 1:16.67 39.40         | 300m: 3:59.58 41.32        | 500m: 6:43.49 40.87 | 700m: 9:28.67 41.28  |
| 150m: 1:56.85 40.18         | 350m: 4:39.97 40.39        | 550m: 7:25.12 41.63 | 750m: 10:09.28 40.61 |
| 200m: 2:37.30 40.45         | 400m: 5:21.00 41.03        | 600m: 8:06.17 41.05 | 800m: 10:46.68 37.40 |
| 11. Margarida Afonso Barata | 12 Colegio Int Monte Maior | 10:56.94            | 383                  |
| 50m: 38.69 38.69            | 250m: 3:25.60 41.80        | 450m: 6:10.97 39.95 | 650m: 8:56.10 41.18  |
| 100m: 1:19.79 41.10         | 300m: 4:07.48 41.88        | 500m: 6:51.61 40.64 | 700m: 9:37.70 41.60  |
| 150m: 2:02.25 42.46         | 350m: 4:49.28 41.80        | 550m: 7:33.04 41.43 | 750m: 10:18.02 40.32 |
| 200m: 2:43.80 41.55         | 400m: 5:31.02 41.74        | 600m: 8:14.92 41.88 | 800m: 10:56.94 38.92 |
| 12. Maria Chenrim Raimundo  | 12 Sporting                | 11:00.77            | 377                  |
| 50m: 38.33 38.33            | 250m: 3:23.46 41.84        | 450m: 6:09.22 41.33 | 650m: 8:56.43 41.49  |
| 100m: 1:19.30 40.97         | 300m: 4:04.49 41.03        | 500m: 6:51.09 41.87 | 700m: 9:38.18 41.75  |
| 150m: 2:00.31 41.01         | 350m: 4:45.80 41.31        | 550m: 7:32.96 41.87 | 750m: 10:19.32 41.14 |
| 200m: 2:41.62 41.31         | 400m: 5:27.89 42.09        | 600m: 8:14.94 41.98 | 800m: 11:00.77 41.45 |
| 13. Rita Maria Rosa         | 12 Alges                   | 11:12.18            | 358                  |
| 50m: 39.59 39.59            | 250m: 3:28.19 42.92        | 450m: 6:19.40 42.81 | 650m: 9:10.12 42.19  |
| 100m: 1:20.76 41.17         | 300m: 4:10.88 42.69        | 500m: 7:02.23 42.83 | 700m: 9:52.23 42.11  |
| 150m: 2:03.53 42.77         | 350m: 4:53.85 42.97        | 550m: 7:45.16 42.93 | 750m: 10:34.22 41.99 |
| 200m: 2:45.27 41.74         | 400m: 5:36.59 42.74        | 600m: 8:27.93 42.77 | 800m: 11:12.18 37.96 |
| 14. Ines Alexandra Mariano  | 12 Colegio Int Monte Maior | 11:13.54            | 356                  |
| 50m: 39.67 39.67            | 250m: 3:25.65 42.02        | 450m: 6:15.30 42.36 | 650m: 9:06.75 43.34  |
| 100m: 1:20.22 40.55         | 300m: 4:07.48 41.83        | 500m: 6:57.76 42.46 | 700m: 9:50.21 43.46  |
| 150m: 2:02.19 41.97         | 350m: 4:49.89 42.41        | 550m: 7:40.38 42.62 | 750m: 10:32.58 42.37 |
| 200m: 2:43.63 41.44         | 400m: 5:32.94 43.05        | 600m: 8:23.41 43.03 | 800m: 11:13.54 40.96 |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 6, Femin., 800m Livres, Infantis A

| Pos. | Nadador                                    | Ano                 | Clube                    | Tempo                | Pts |
|------|--------------------------------------------|---------------------|--------------------------|----------------------|-----|
| 15.  | Ines Moreira Pedro                         | 12                  | Benfica                  | 11:21.49             | 343 |
|      | 50m: 37.15 37.15                           | 250m: 3:25.61 42.58 | 450m: 6:22.25 43.92      | 650m: 9:16.25 42.76  |     |
|      | 100m: 1:18.18 41.03                        | 300m: 4:09.49 43.88 | 500m: 7:05.91 43.66      | 700m: 9:58.80 42.55  |     |
|      | 150m: 2:00.71 42.53                        | 350m: 4:54.13 44.64 | 550m: 7:49.78 43.87      | 750m: 10:41.94 43.14 |     |
|      | 200m: 2:43.03 42.32                        | 400m: 5:38.33 44.20 | 600m: 8:33.49 43.71      | 800m: 11:21.49 39.55 |     |
| 16.  | Margarida Pires Correia                    | 12                  | Geslours                 | 11:22.89             | 341 |
|      | 50m: 39.64 39.64                           | 250m: 3:29.92 43.30 | 450m: 6:24.19 43.38      | 650m: 9:16.30 42.29  |     |
|      | 100m: 1:21.07 41.43                        | 300m: 4:13.67 43.75 | 500m: 7:07.31 43.12      | 700m: 9:59.39 43.09  |     |
|      | 150m: 2:03.77 42.70                        | 350m: 4:57.51 43.84 | 550m: 7:50.77 43.46      | 750m: 10:42.51 43.12 |     |
|      | 200m: 2:46.62 42.85                        | 400m: 5:40.81 43.30 | 600m: 8:34.01 43.24      | 800m: 11:22.89 40.38 |     |
| 17.  | Rita Alexandra Ribeiro                     | 12                  | Alges                    | 11:34.65             | 324 |
|      | 50m: 41.73 41.73                           | 250m: 3:38.06 44.31 | 450m: 6:33.57 43.68      | 650m: 9:28.56 43.45  |     |
|      | 100m: 1:24.96 43.23                        | 300m: 4:21.75 43.69 | 500m: 7:17.39 43.82      | 700m: 10:12.34 43.78 |     |
|      | 150m: 2:08.92 43.96                        | 350m: 5:05.64 43.89 | 550m: 8:01.32 43.93      | 750m: 10:55.47 43.13 |     |
|      | 200m: 2:53.75 44.83                        | 400m: 5:49.89 44.25 | 600m: 8:45.11 43.79      | 800m: 11:34.65 39.18 |     |
| 18.  | Alice Mendes Veloso                        | 12                  | União Piedense           | 11:35.92             | 322 |
|      | 50m: 40.02 40.02                           | 250m: 3:33.84 44.06 | 450m: 6:30.47 44.98      | 650m: 9:27.90 43.58  |     |
|      | 100m: 1:22.30 42.28                        | 300m: 4:17.86 44.02 | 500m: 7:14.61 44.14      | 700m: 10:12.47 44.57 |     |
|      | 150m: 2:06.02 43.72                        | 350m: 5:02.01 44.15 | 550m: 7:59.40 44.79      | 750m: 10:56.16 43.69 |     |
|      | 200m: 2:49.78 43.76                        | 400m: 5:45.49 43.48 | 600m: 8:44.32 44.92      | 800m: 11:35.92 39.76 |     |
| 19.  | Matilde Figueiredo Mourato                 | 12                  | Sporting                 | 11:45.54             | 309 |
|      | 50m: 40.46 40.46                           | 250m: 3:36.41 44.59 | 450m: 6:35.18 44.84      | 650m: 9:34.55 44.60  |     |
|      | 100m: 1:23.72 43.26                        | 300m: 4:21.06 44.65 | 500m: 7:20.26 45.08      | 700m: 10:18.94 44.39 |     |
|      | 150m: 2:07.63 43.91                        | 350m: 5:05.59 44.53 | 550m: 8:04.99 44.73      | 750m: 11:03.39 44.45 |     |
|      | 200m: 2:51.82 44.19                        | 400m: 5:50.34 44.75 | 600m: 8:49.95 44.96      | 800m: 11:45.54 42.15 |     |
| 20.  | Yara Alexandra Carreira                    | 12                  | Sporting                 | 12:06.84             | 283 |
|      | 50m: 40.20 40.20                           | 250m: 3:36.53 45.37 | 450m: 6:41.11 46.07      | 650m: 9:48.65 46.93  |     |
|      | 100m: 1:22.05 41.85                        | 300m: 4:22.86 46.33 | 500m: 7:28.40 47.29      | 700m: 10:35.62 46.97 |     |
|      | 150m: 2:05.83 43.78                        | 350m: 5:08.88 46.02 | 550m: 8:15.05 46.65      | 750m: 11:22.06 46.44 |     |
|      | 200m: 2:51.16 45.33                        | 400m: 5:55.04 46.16 | 600m: 9:01.72 46.67      | 800m: 12:06.84 44.78 |     |
| 21.  | Margarida dos Correia                      | 12                  | Alges                    | 12:14.10             | 275 |
|      | 50m: 38.93 38.93                           | 250m: 3:46.83 47.46 | 450m: 6:55.96 47.04      | 650m: 10:05.03 47.36 |     |
|      | 100m: 1:24.68 45.75                        | 300m: 4:33.99 47.16 | 500m: 7:43.12 47.16      | 700m: 10:52.03 47.00 |     |
|      | 150m: 2:11.44 46.76                        | 350m: 5:21.22 47.23 | 550m: 8:30.12 47.00      | 750m: 11:34.06 42.03 |     |
|      | 200m: 2:59.37 47.93                        | 400m: 6:08.92 47.70 | 600m: 9:17.67 47.55      | 800m: 12:14.10 40.04 |     |
| 22.  | Maria Mateus Cabrita<br>Fora Mínimo Acesso | 12                  | CPCD Povia de Santa Iria | 12:30.15             | 257 |
|      | 50m: 42.97 42.97                           | 250m: 3:45.98 46.15 | 450m: 6:55.71 47.17      | 650m: 10:08.03 48.43 |     |
|      | 100m: 1:27.03 44.06                        | 300m: 4:32.98 47.00 | 500m: 7:43.04 47.33      | 700m: 10:55.84 47.81 |     |
|      | 150m: 2:13.04 46.01                        | 350m: 5:20.88 47.90 | 550m: 8:31.22 48.18      | 750m: 11:44.80 48.96 |     |
|      | 200m: 2:59.83 46.79                        | 400m: 6:08.54 47.66 | 600m: 9:19.60 48.38      | 800m: 12:30.15 45.35 |     |

Infantis

|    |                          |                     |                         |                      |     |
|----|--------------------------|---------------------|-------------------------|----------------------|-----|
| 1. | Maria Ines Nunes         | 12                  | Sporting                | 9:41.70              | 552 |
|    | 50m: 33.51 33.51         | 250m: 2:56.78 36.76 | 450m: 5:24.70 36.41     | 650m: 7:52.44 36.93  |     |
|    | 100m: 1:08.54 35.03      | 300m: 3:34.49 37.71 | 500m: 6:01.54 36.84     | 700m: 8:29.24 36.80  |     |
|    | 150m: 1:43.96 35.42      | 350m: 4:11.22 36.73 | 550m: 6:38.59 37.05     | 750m: 9:05.37 36.13  |     |
|    | 200m: 2:20.02 36.06      | 400m: 4:48.29 37.07 | 600m: 7:15.51 36.92     | 800m: 9:41.70 36.33  |     |
| 2. | Maria Ines Monjardino    | 12                  | Colegio Int Monte Maior | 9:54.29              | 518 |
|    | 50m: 33.70 33.70         | 250m: 2:58.97 37.01 | 450m: 5:29.27 38.25     | 650m: 8:01.35 38.17  |     |
|    | 100m: 1:08.76 35.06      | 300m: 3:36.18 37.21 | 500m: 6:06.40 37.13     | 700m: 8:39.94 38.59  |     |
|    | 150m: 1:45.07 36.31      | 350m: 4:13.73 37.55 | 550m: 6:44.35 37.95     | 750m: 9:18.46 38.52  |     |
|    | 200m: 2:21.96 36.89      | 400m: 4:51.02 37.29 | 600m: 7:23.18 38.83     | 800m: 9:54.29 35.83  |     |
| 3. | Isabella Andrea Carvalho | 12                  | Colegio Int Monte Maior | 10:22.11             | 451 |
|    | 50m: 35.98 35.98         | 250m: 3:09.64 39.20 | 450m: 5:47.77 39.35     | 650m: 8:26.63 39.32  |     |
|    | 100m: 1:13.30 37.32      | 300m: 3:48.98 39.34 | 500m: 6:27.10 39.33     | 700m: 9:06.18 39.55  |     |
|    | 150m: 1:51.54 38.24      | 350m: 4:28.78 39.80 | 550m: 7:07.20 40.10     | 750m: 9:45.74 39.56  |     |
|    | 200m: 2:30.44 38.90      | 400m: 5:08.42 39.64 | 600m: 7:47.31 40.11     | 800m: 10:22.11 36.37 |     |
| 4. | Teresa Vale Carvalho     | 13                  | Sporting                | 10:22.20             | 451 |
|    | 50m: 36.06 36.06         | 250m: 3:12.77 39.26 | 450m: 5:50.37 39.95     | 650m: 8:27.51 39.27  |     |
|    | 100m: 1:14.74 38.68      | 300m: 3:51.60 38.83 | 500m: 6:29.99 39.62     | 700m: 9:06.51 39.00  |     |
|    | 150m: 1:54.07 39.33      | 350m: 4:31.16 39.56 | 550m: 7:08.89 38.90     | 750m: 9:45.07 38.56  |     |
|    | 200m: 2:33.51 39.44      | 400m: 5:10.42 39.26 | 600m: 7:48.24 39.35     | 800m: 10:22.20 37.13 |     |
| 5. | Sofia Dias Ferreira      | 12                  | Palmela Desporto        | 10:25.63             | 444 |
|    | 50m: 35.73 35.73         | 250m: 3:10.68 39.38 | 450m: 5:49.73 39.69     | 650m: 8:30.24 39.99  |     |
|    | 100m: 1:13.60 37.87      | 300m: 3:50.49 39.81 | 500m: 6:29.86 40.13     | 700m: 9:10.21 39.97  |     |
|    | 150m: 1:52.69 39.09      | 350m: 4:30.10 39.61 | 550m: 7:09.85 39.99     | 750m: 9:49.81 39.60  |     |
|    | 200m: 2:31.30 38.61      | 400m: 5:10.04 39.94 | 600m: 7:50.25 40.40     | 800m: 10:25.63 35.82 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 6, Femin., 800m Livres, Infantis

| Pos. | Nadador                  | Ano                 | Clube                   | Tempo                | Pts |
|------|--------------------------|---------------------|-------------------------|----------------------|-----|
| 6.   | Maria Ines Antunes       | 12                  | Benfica                 | 10:25.71             | 444 |
|      | 50m: 36.36 36.36         | 250m: 3:12.61 39.74 | 450m: 5:51.24 39.97     | 650m: 8:29.31 39.71  |     |
|      | 100m: 1:14.31 37.95      | 300m: 3:52.20 39.59 | 500m: 6:30.65 39.41     | 700m: 9:09.62 40.31  |     |
|      | 150m: 1:53.84 39.53      | 350m: 4:31.48 39.28 | 550m: 7:10.01 39.36     | 750m: 9:49.22 39.60  |     |
|      | 200m: 2:32.87 39.03      | 400m: 5:11.27 39.79 | 600m: 7:49.60 39.59     | 800m: 10:25.71 36.49 |     |
| 7.   | Marta Almeida Lopes      | 12                  | Benfica                 | 10:32.59             | 429 |
|      | 50m: 35.98 35.98         | 250m: 3:11.85 39.60 | 450m: 5:51.10 39.97     | 650m: 8:32.91 40.65  |     |
|      | 100m: 1:14.40 38.42      | 300m: 3:51.39 39.54 | 500m: 6:31.23 40.13     | 700m: 9:12.94 40.03  |     |
|      | 150m: 1:53.11 38.71      | 350m: 4:30.75 39.36 | 550m: 7:12.26 41.03     | 750m: 9:53.41 40.47  |     |
|      | 200m: 2:32.25 39.14      | 400m: 5:11.13 40.38 | 600m: 7:52.26 40.00     | 800m: 10:32.59 39.18 |     |
| 8.   | Matilde Pires Guerra     | 12                  | Colegio Int Monte Maior | 10:35.10             | 424 |
|      | 50m: 35.46 35.46         | 250m: 3:11.78 39.77 | 450m: 5:53.48 40.66     | 650m: 8:36.67 41.13  |     |
|      | 100m: 1:13.07 37.61      | 300m: 3:52.30 40.52 | 500m: 6:34.09 40.61     | 700m: 9:16.96 40.29  |     |
|      | 150m: 1:52.29 39.22      | 350m: 4:32.34 40.04 | 550m: 7:14.87 40.78     | 750m: 9:57.08 40.12  |     |
|      | 200m: 2:32.01 39.72      | 400m: 5:12.82 40.48 | 600m: 7:55.54 40.67     | 800m: 10:35.10 38.02 |     |
| 9.   | Carlota Velada Pereira   | 12                  | Sporting                | 10:37.65             | 419 |
|      | 50m: 36.38 36.38         | 250m: 3:13.76 39.93 | 450m: 5:55.45 40.87     | 650m: 8:38.54 40.74  |     |
|      | 100m: 1:14.56 38.18      | 300m: 3:53.63 39.87 | 500m: 6:36.19 40.74     | 700m: 9:18.69 40.15  |     |
|      | 150m: 1:54.02 39.46      | 350m: 4:34.10 40.47 | 550m: 7:17.09 40.90     | 750m: 9:58.73 40.04  |     |
|      | 200m: 2:33.83 39.81      | 400m: 5:14.58 40.48 | 600m: 7:57.80 40.71     | 800m: 10:37.65 38.92 |     |
| 10.  | Jade Duarte Bexigas      | 12                  | Geslours                | 10:41.40             | 412 |
|      | 50m: 36.87 36.87         | 250m: 3:15.75 40.45 | 450m: 5:59.56 41.40     | 650m: 8:41.22 39.95  |     |
|      | 100m: 1:16.03 39.16      | 300m: 3:56.19 40.44 | 500m: 6:40.33 40.77     | 700m: 9:22.35 41.13  |     |
|      | 150m: 1:55.65 39.62      | 350m: 4:36.84 40.65 | 550m: 7:20.95 40.62     | 750m: 10:02.51 40.16 |     |
|      | 200m: 2:35.30 39.65      | 400m: 5:18.16 41.32 | 600m: 8:01.27 40.32     | 800m: 10:41.40 38.89 |     |
| 11.  | Ines Miguel Bastos       | 13                  | Sporting                | 10:43.49             | 408 |
|      | 50m: 37.14 37.14         | 250m: 3:17.98 40.76 | 450m: 6:01.63 41.32     | 650m: 8:44.99 40.99  |     |
|      | 100m: 1:16.49 39.35      | 300m: 3:58.51 40.53 | 500m: 6:42.27 40.64     | 700m: 9:25.08 40.09  |     |
|      | 150m: 1:56.73 40.24      | 350m: 4:39.53 41.02 | 550m: 7:22.80 40.53     | 750m: 10:04.72 39.64 |     |
|      | 200m: 2:37.22 40.49      | 400m: 5:20.31 40.78 | 600m: 8:04.00 41.20     | 800m: 10:43.49 38.77 |     |
| 12.  | Maria Freitas Teives     | 13                  | Sporting                | 10:46.53             | 402 |
|      | 50m: 37.96 37.96         | 250m: 3:19.47 41.04 | 450m: 6:03.38 41.43     | 650m: 8:47.76 41.32  |     |
|      | 100m: 1:17.93 39.97      | 300m: 3:59.74 40.27 | 500m: 6:43.57 40.19     | 700m: 9:26.46 38.70  |     |
|      | 150m: 1:58.03 40.10      | 350m: 4:41.43 41.69 | 550m: 7:24.98 41.41     | 750m: 10:08.85 42.39 |     |
|      | 200m: 2:38.43 40.40      | 400m: 5:21.95 40.52 | 600m: 8:06.44 41.46     | 800m: 10:46.53 37.68 |     |
| 13.  | Telma Filipa Magalhaes   | 12                  | Fisica Torres Vedras    | 10:46.68             | 402 |
|      | 50m: 37.27 37.27         | 250m: 3:18.26 40.96 | 450m: 6:02.62 41.62     | 650m: 8:47.39 41.22  |     |
|      | 100m: 1:16.67 39.40      | 300m: 3:59.58 41.32 | 500m: 6:43.49 40.87     | 700m: 9:28.67 41.28  |     |
|      | 150m: 1:56.85 40.18      | 350m: 4:39.97 40.39 | 550m: 7:25.12 41.63     | 750m: 10:09.28 40.61 |     |
|      | 200m: 2:37.30 40.45      | 400m: 5:21.00 41.03 | 600m: 8:06.17 41.05     | 800m: 10:46.68 37.40 |     |
| 14.  | Sofia Mao de Ferro       | 13                  | Sporting                | 10:47.30             | 401 |
|      | 50m: 39.04 39.04         | 250m: 3:22.62 40.82 | 450m: 6:07.49 40.88     | 650m: 8:49.86 40.47  |     |
|      | 100m: 1:19.69 40.65      | 300m: 4:03.93 41.31 | 500m: 6:48.45 40.96     | 700m: 9:30.06 40.20  |     |
|      | 150m: 2:00.81 41.12      | 350m: 4:45.29 41.36 | 550m: 7:29.07 40.62     | 750m: 10:09.68 39.62 |     |
|      | 200m: 2:41.80 40.99      | 400m: 5:26.61 41.32 | 600m: 8:09.39 40.32     | 800m: 10:47.30 37.62 |     |
| 15.  | Madalena Marques Martins | 13                  | União Piedense          | 10:53.53             | 389 |
|      | 50m: 37.56 37.56         | 250m: 3:20.71 41.51 | 450m: 6:06.88 41.41     | 650m: 8:52.22 41.55  |     |
|      | 100m: 1:17.79 40.23      | 300m: 4:02.44 41.73 | 500m: 6:47.56 41.68     | 700m: 9:33.40 41.18  |     |
|      | 150m: 1:58.28 40.49      | 350m: 4:43.27 40.83 | 550m: 7:29.26 41.70     | 750m: 10:13.77 40.37 |     |
|      | 200m: 2:39.20 40.92      | 400m: 5:24.47 41.20 | 600m: 8:10.67 41.41     | 800m: 10:53.53 39.76 |     |
| 16.  | Ines Martins Silva       | 13                  | Sporting                | 10:54.59             | 387 |
|      | 50m: 37.81 37.81         | 250m: 3:22.42 41.57 | 450m: 6:08.81 41.08     | 650m: 8:55.69 41.21  |     |
|      | 100m: 1:18.43 40.62      | 300m: 4:04.41 41.99 | 500m: 6:50.66 41.85     | 700m: 9:36.92 41.23  |     |
|      | 150m: 1:59.46 41.03      | 350m: 4:45.54 41.13 | 550m: 7:33.01 42.35     | 750m: 10:16.80 39.88 |     |
|      | 200m: 2:40.85 41.39      | 400m: 5:27.73 42.19 | 600m: 8:14.48 41.47     | 800m: 10:54.59 37.79 |     |
| 17.  | Mariana Vale Serrao      | 13                  | Palmela Desporto        | 10:56.21             | 385 |
|      | 50m: 38.72 38.72         | 250m: 3:23.84 41.53 | 450m: 6:10.32 41.81     | 650m: 8:55.59 41.77  |     |
|      | 100m: 1:19.51 40.79      | 300m: 4:05.40 41.56 | 500m: 6:51.24 40.92     | 700m: 9:36.64 41.05  |     |
|      | 150m: 2:01.00 41.49      | 350m: 4:47.16 41.76 | 550m: 7:32.64 41.40     | 750m: 10:17.55 40.91 |     |
|      | 200m: 2:42.31 41.31      | 400m: 5:28.51 41.35 | 600m: 8:13.82 41.18     | 800m: 10:56.21 38.66 |     |
| 18.  | Margarida Afonso Barata  | 12                  | Colegio Int Monte Maior | 10:56.94             | 383 |
|      | 50m: 38.69 38.69         | 250m: 3:25.60 41.80 | 450m: 6:10.97 39.95     | 650m: 8:56.10 41.18  |     |
|      | 100m: 1:19.79 41.10      | 300m: 4:07.48 41.88 | 500m: 6:51.61 40.64     | 700m: 9:37.70 41.60  |     |
|      | 150m: 2:02.25 42.46      | 350m: 4:49.28 41.80 | 550m: 7:33.04 41.43     | 750m: 10:18.02 40.32 |     |
|      | 200m: 2:43.80 41.55      | 400m: 5:31.02 41.74 | 600m: 8:14.92 41.88     | 800m: 10:56.94 38.92 |     |
| 19.  | Joana Ferreira Espada    | 13                  | AONDA - Azeitão         | 10:57.80             | 382 |
|      | 50m: 35.68 35.68         | 250m: 3:18.56 41.48 | 450m: 6:06.99 42.72     | 650m: 8:55.97 42.20  |     |
|      | 100m: 1:14.76 39.08      | 300m: 3:59.93 41.37 | 500m: 6:49.74 42.75     | 700m: 9:37.40 41.43  |     |
|      | 150m: 1:55.90 41.14      | 350m: 4:42.10 42.17 | 550m: 7:31.65 41.91     | 750m: 10:19.23 41.83 |     |
|      | 200m: 2:37.08 41.18      | 400m: 5:24.27 42.17 | 600m: 8:13.77 42.12     | 800m: 10:57.80 38.57 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 6, Femin., 800m Livres, Infantis

| Pos. | Nadador                    | Ano                 | Clube                   | Tempo                | Pts |
|------|----------------------------|---------------------|-------------------------|----------------------|-----|
| 20.  | Beatriz Simao Brito        | 13                  | Geslours                | 10:58.49             | 381 |
|      | 50m: 38.32 38.32           | 250m: 3:25.45 42.52 | 450m: 6:13.53 41.75     | 650m: 8:59.50 40.77  |     |
|      | 100m: 1:18.82 40.50        | 300m: 4:07.50 42.05 | 500m: 6:55.53 42.00     | 700m: 9:41.41 41.91  |     |
|      | 150m: 2:00.48 41.66        | 350m: 4:49.39 41.89 | 550m: 7:36.79 41.26     | 750m: 10:21.97 40.56 |     |
|      | 200m: 2:42.93 42.45        | 400m: 5:31.78 42.39 | 600m: 8:18.73 41.94     | 800m: 10:58.49 36.52 |     |
| 21.  | Maria Chenrim Raimundo     | 12                  | Sporting                | 11:00.77             | 377 |
|      | 50m: 38.33 38.33           | 250m: 3:23.46 41.84 | 450m: 6:09.22 41.33     | 650m: 8:56.43 41.49  |     |
|      | 100m: 1:19.30 40.97        | 300m: 4:04.49 41.03 | 500m: 6:51.09 41.87     | 700m: 9:38.18 41.75  |     |
|      | 150m: 2:00.31 41.01        | 350m: 4:45.80 41.31 | 550m: 7:32.96 41.87     | 750m: 10:19.32 41.14 |     |
|      | 200m: 2:41.62 41.31        | 400m: 5:27.89 42.09 | 600m: 8:14.94 41.98     | 800m: 11:00.77 41.45 |     |
| 22.  | Eveline Sergiu Spac        | 13                  | Palmela Desporto        | 11:08.27             | 364 |
|      | 50m: 35.69 35.69           | 250m: 3:24.83 42.41 | 450m: 6:14.22 43.99     | 650m: 9:04.59 42.33  |     |
|      | 100m: 1:16.72 41.03        | 300m: 4:07.26 42.43 | 500m: 6:57.03 42.81     | 700m: 9:45.61 41.02  |     |
|      | 150m: 1:59.75 43.03        | 350m: 4:49.66 42.40 | 550m: 7:39.86 42.83     | 750m: 10:29.57 43.96 |     |
|      | 200m: 2:42.42 42.67        | 400m: 5:30.23 40.57 | 600m: 8:22.26 42.40     | 800m: 11:08.27 38.70 |     |
| 23.  | Rita Maria Rosa            | 12                  | Alges                   | 11:12.18             | 358 |
|      | 50m: 39.59 39.59           | 250m: 3:28.19 42.92 | 450m: 6:19.40 42.81     | 650m: 9:10.12 42.19  |     |
|      | 100m: 1:20.76 41.17        | 300m: 4:10.88 42.69 | 500m: 7:02.23 42.83     | 700m: 9:52.23 42.11  |     |
|      | 150m: 2:03.53 42.77        | 350m: 4:53.85 42.97 | 550m: 7:45.16 42.93     | 750m: 10:34.22 41.99 |     |
|      | 200m: 2:45.27 41.74        | 400m: 5:36.59 42.74 | 600m: 8:27.93 42.77     | 800m: 11:12.18 37.96 |     |
| 24.  | Ines Alexandra Mariano     | 12                  | Colegio Int Monte Maior | 11:13.54             | 356 |
|      | 50m: 39.67 39.67           | 250m: 3:25.65 42.02 | 450m: 6:15.30 42.36     | 650m: 9:06.75 43.34  |     |
|      | 100m: 1:20.22 40.55        | 300m: 4:07.48 41.83 | 500m: 6:57.76 42.46     | 700m: 9:50.21 43.46  |     |
|      | 150m: 2:02.19 41.97        | 350m: 4:49.89 42.41 | 550m: 7:40.38 42.62     | 750m: 10:32.58 42.37 |     |
|      | 200m: 2:43.63 41.44        | 400m: 5:32.94 43.05 | 600m: 8:23.41 43.03     | 800m: 11:13.54 40.96 |     |
| 25.  | Matilde Cravo Barreiros    | 13                  | Palmela Desporto        | 11:21.45             | 343 |
|      | 50m: 38.16 38.16           | 250m: 3:28.25 42.67 | 450m: 6:23.27 43.74     | 650m: 9:16.18 42.94  |     |
|      | 100m: 1:19.68 41.52        | 300m: 4:12.56 44.31 | 500m: 7:07.03 43.76     | 700m: 9:59.12 42.94  |     |
|      | 150m: 2:01.60 41.92        | 350m: 4:55.74 43.18 | 550m: 7:50.94 43.91     | 750m: 10:41.75 42.63 |     |
|      | 200m: 2:45.58 43.98        | 400m: 5:39.53 43.79 | 600m: 8:33.24 42.30     | 800m: 11:21.45 39.70 |     |
| 26.  | Ines Moreira Pedro         | 12                  | Benfica                 | 11:21.49             | 343 |
|      | 50m: 37.15 37.15           | 250m: 3:25.61 42.58 | 450m: 6:22.25 43.92     | 650m: 9:16.25 42.76  |     |
|      | 100m: 1:18.18 41.03        | 300m: 4:09.49 43.88 | 500m: 7:05.91 43.66     | 700m: 9:58.80 42.55  |     |
|      | 150m: 2:00.71 42.53        | 350m: 4:54.13 44.64 | 550m: 7:49.78 43.87     | 750m: 10:41.94 43.14 |     |
|      | 200m: 2:43.03 42.32        | 400m: 5:38.33 44.20 | 600m: 8:33.49 43.71     | 800m: 11:21.49 39.55 |     |
| 27.  | Constanca Marques Jeronimo | 13                  | Sporting                | 11:21.71             | 343 |
|      | 50m: 36.75 36.75           | 250m: 3:27.10 43.17 | 450m: 6:19.24 42.63     | 650m: 9:13.42 44.31  |     |
|      | 100m: 1:19.32 42.57        | 300m: 4:10.70 43.60 | 500m: 7:02.25 43.01     | 700m: 9:57.44 44.02  |     |
|      | 150m: 2:01.51 42.19        | 350m: 4:53.66 42.96 | 550m: 7:45.72 43.47     | 750m: 10:39.76 42.32 |     |
|      | 200m: 2:43.93 42.42        | 400m: 5:36.61 42.95 | 600m: 8:29.11 43.39     | 800m: 11:21.71 41.95 |     |
| 28.  | Margarida Pires Correia    | 12                  | Geslours                | 11:22.89             | 341 |
|      | 50m: 39.64 39.64           | 250m: 3:29.92 43.30 | 450m: 6:24.19 43.38     | 650m: 9:16.30 42.29  |     |
|      | 100m: 1:21.07 41.43        | 300m: 4:13.67 43.75 | 500m: 7:07.31 43.12     | 700m: 9:59.39 43.09  |     |
|      | 150m: 2:03.77 42.70        | 350m: 4:57.51 43.84 | 550m: 7:50.77 43.46     | 750m: 10:42.51 43.12 |     |
|      | 200m: 2:46.62 42.85        | 400m: 5:40.81 43.30 | 600m: 8:34.01 43.24     | 800m: 11:22.89 40.38 |     |
| 29.  | Rita Alexandra Ribeiro     | 12                  | Alges                   | 11:34.65             | 324 |
|      | 50m: 41.73 41.73           | 250m: 3:38.06 44.31 | 450m: 6:33.57 43.68     | 650m: 9:28.56 43.45  |     |
|      | 100m: 1:24.96 43.23        | 300m: 4:21.75 43.69 | 500m: 7:17.39 43.82     | 700m: 10:12.34 43.78 |     |
|      | 150m: 2:08.92 43.96        | 350m: 5:05.64 43.89 | 550m: 8:01.32 43.93     | 750m: 10:55.47 43.13 |     |
|      | 200m: 2:53.75 44.83        | 400m: 5:49.89 44.25 | 600m: 8:45.11 43.79     | 800m: 11:34.65 39.18 |     |
| 30.  | Alice Mendes Veloso        | 12                  | União Piedense          | 11:35.92             | 322 |
|      | 50m: 40.02 40.02           | 250m: 3:33.84 44.06 | 450m: 6:30.47 44.98     | 650m: 9:27.90 43.58  |     |
|      | 100m: 1:22.30 42.28        | 300m: 4:17.86 44.02 | 500m: 7:14.61 44.14     | 700m: 10:12.47 44.57 |     |
|      | 150m: 2:06.02 43.72        | 350m: 5:02.01 44.15 | 550m: 7:59.40 44.79     | 750m: 10:56.16 43.69 |     |
|      | 200m: 2:49.78 43.76        | 400m: 5:45.49 43.48 | 600m: 8:44.32 44.92     | 800m: 11:35.92 39.76 |     |
| 31.  | Matilde Figueiredo Mourato | 12                  | Sporting                | 11:45.54             | 309 |
|      | 50m: 40.46 40.46           | 250m: 3:36.41 44.59 | 450m: 6:35.18 44.84     | 650m: 9:34.55 44.60  |     |
|      | 100m: 1:23.72 43.26        | 300m: 4:21.06 44.65 | 500m: 7:20.26 45.08     | 700m: 10:18.94 44.39 |     |
|      | 150m: 2:07.63 43.91        | 350m: 5:05.59 44.53 | 550m: 8:04.99 44.73     | 750m: 11:03.39 44.45 |     |
|      | 200m: 2:51.82 44.19        | 400m: 5:50.34 44.75 | 600m: 8:49.95 44.96     | 800m: 11:45.54 42.15 |     |
| 32.  | Matilde Sofia Castanheira  | 13                  | Geslours                | 11:47.67             | 307 |
|      | 50m: 41.71 41.71           | 250m: 3:39.26 44.71 | 450m: 6:37.44 44.57     | 650m: 9:37.79 44.31  |     |
|      | 100m: 1:24.53 42.82        | 300m: 4:23.28 44.02 | 500m: 7:23.01 45.57     | 700m: 10:22.92 45.13 |     |
|      | 150m: 2:09.03 44.50        | 350m: 5:07.54 44.26 | 550m: 8:08.25 45.24     | 750m: 11:07.36 44.44 |     |
|      | 200m: 2:54.55 45.52        | 400m: 5:52.87 45.33 | 600m: 8:53.48 45.23     | 800m: 11:47.67 40.31 |     |
| 33.  | Madalena D'Eca Bispo       | 13                  | Fisica Torres Vedras    | 11:52.73             | 300 |
|      | 50m: 40.51 40.51           | 250m: 3:36.42 44.80 | 450m: 6:34.99 44.56     | 650m: 9:37.46 45.69  |     |
|      | 100m: 1:23.88 43.37        | 300m: 4:20.92 44.50 | 500m: 7:20.02 45.03     | 700m: 10:23.02 45.56 |     |
|      | 150m: 2:07.65 43.77        | 350m: 5:05.56 44.64 | 550m: 8:06.18 46.16     | 750m: 11:08.65 45.63 |     |
|      | 200m: 2:51.62 43.97        | 400m: 5:50.43 44.87 | 600m: 8:51.77 45.59     | 800m: 11:52.73 44.08 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 6, Femin., 800m Livres, Infantis

| Pos. | Nadador                                    | Ano                 | Clube                    | Tempo                | Pts |
|------|--------------------------------------------|---------------------|--------------------------|----------------------|-----|
| 34.  | Maria Paco Amaro                           | 13                  | Benfica                  | 11:55.37             | 297 |
|      | 50m: 38.63 38.63                           | 250m: 3:37.23 45.59 | 450m: 6:38.30 45.31      | 650m: 9:41.37 45.95  |     |
|      | 100m: 1:21.44 42.81                        | 300m: 4:22.31 45.08 | 500m: 7:23.98 45.68      | 700m: 10:26.85 45.48 |     |
|      | 150m: 2:06.23 44.79                        | 350m: 5:07.89 45.58 | 550m: 8:09.41 45.43      | 750m: 11:12.01 45.16 |     |
|      | 200m: 2:51.64 45.41                        | 400m: 5:52.99 45.10 | 600m: 8:55.42 46.01      | 800m: 11:55.37 43.36 |     |
| 35.  | Catarina Sousa Barreto                     | 13                  | Geslourses               | 11:56.97             | 295 |
|      | 50m: 41.00 41.00                           | 250m: 3:39.59 45.22 | 450m: 6:42.23 45.57      | 650m: 9:46.25 45.40  |     |
|      | 100m: 1:24.64 43.64                        | 300m: 4:25.34 45.75 | 500m: 7:28.57 46.34      | 700m: 10:31.72 45.47 |     |
|      | 150m: 2:09.78 45.14                        | 350m: 5:10.92 45.58 | 550m: 8:15.04 46.47      | 750m: 11:16.20 44.48 |     |
|      | 200m: 2:54.37 44.59                        | 400m: 5:56.66 45.74 | 600m: 9:00.85 45.81      | 800m: 11:56.97 40.77 |     |
| 36.  | Carolina Sao Bras                          | 13                  | Geslourses               | 12:03.90             | 286 |
|      | 50m: 41.78 41.78                           | 250m: 3:38.08 44.42 | 450m: 6:41.84 46.84      | 650m: 9:47.96 46.32  |     |
|      | 100m: 1:25.07 43.29                        | 300m: 4:24.12 46.04 | 500m: 7:28.06 46.22      | 700m: 10:33.92 45.96 |     |
|      | 150m: 2:09.06 43.99                        | 350m: 5:09.85 45.73 | 550m: 8:15.05 46.99      | 750m: 11:19.59 45.67 |     |
|      | 200m: 2:53.66 44.60                        | 400m: 5:55.00 45.15 | 600m: 9:01.64 46.59      | 800m: 12:03.90 44.31 |     |
| 37.  | Yara Alexandra Carreira                    | 12                  | Sporting                 | 12:06.84             | 283 |
|      | 50m: 40.20 40.20                           | 250m: 3:36.53 45.37 | 450m: 6:41.11 46.07      | 650m: 9:48.65 46.93  |     |
|      | 100m: 1:22.05 41.85                        | 300m: 4:22.86 46.33 | 500m: 7:28.40 47.29      | 700m: 10:35.62 46.97 |     |
|      | 150m: 2:05.83 43.78                        | 350m: 5:08.88 46.02 | 550m: 8:15.05 46.65      | 750m: 11:22.06 46.44 |     |
|      | 200m: 2:51.16 45.33                        | 400m: 5:55.04 46.16 | 600m: 9:01.72 46.67      | 800m: 12:06.84 44.78 |     |
| 38.  | Clara Damasceno Reis                       | 13                  | Sporting                 | 12:10.15             | 279 |
|      | 50m: 41.74 41.74                           | 250m: 3:46.78 46.16 | 450m: 6:52.50 46.12      | 650m: 9:56.58 45.48  |     |
|      | 100m: 1:27.70 45.96                        | 300m: 4:33.43 46.65 | 500m: 7:38.81 46.31      | 700m: 10:41.80 45.22 |     |
|      | 150m: 2:13.61 45.91                        | 350m: 5:19.91 46.48 | 550m: 8:24.98 46.17      | 750m: 11:26.87 45.07 |     |
|      | 200m: 3:00.62 47.01                        | 400m: 6:06.38 46.47 | 600m: 9:11.10 46.12      | 800m: 12:10.15 43.28 |     |
| 39.  | Maria Ines Correia                         | 13                  | Geslourses               | 12:12.79             | 276 |
|      | 50m: 42.06 42.06                           | 250m: 3:42.63 44.92 | 450m: 6:48.18 46.66      | 650m: 9:55.77 47.39  |     |
|      | 100m: 1:26.50 44.44                        | 300m: 4:28.77 46.14 | 500m: 7:34.76 46.58      | 700m: 10:42.66 46.89 |     |
|      | 150m: 2:11.84 45.34                        | 350m: 5:15.57 46.80 | 550m: 8:21.31 46.55      | 750m: 11:29.55 46.89 |     |
|      | 200m: 2:57.71 45.87                        | 400m: 6:01.52 45.95 | 600m: 9:08.38 47.07      | 800m: 12:12.79 43.24 |     |
| 40.  | Margarida dos Correia                      | 12                  | Alges                    | 12:14.10             | 275 |
|      | 50m: 38.93 38.93                           | 250m: 3:46.83 47.46 | 450m: 6:55.96 47.04      | 650m: 10:05.03 47.36 |     |
|      | 100m: 1:24.68 45.75                        | 300m: 4:33.99 47.16 | 500m: 7:43.12 47.16      | 700m: 10:52.03 47.00 |     |
|      | 150m: 2:11.44 46.76                        | 350m: 5:21.22 47.23 | 550m: 8:30.12 47.00      | 750m: 11:34.06 42.03 |     |
|      | 200m: 2:59.37 47.93                        | 400m: 6:08.92 47.70 | 600m: 9:17.67 47.55      | 800m: 12:14.10 40.04 |     |
| 41.  | Beatriz Cruz Figueiredo                    | 13                  | Fisica Torres Vedras     | 12:16.78             | 272 |
|      | 50m: 42.05 42.05                           | 250m: 3:46.49 46.00 | 450m: 6:52.67 47.07      | 650m: 10:01.01 47.12 |     |
|      | 100m: 1:27.44 45.39                        | 300m: 4:33.11 46.62 | 500m: 7:39.97 47.30      | 700m: 10:47.67 46.66 |     |
|      | 150m: 2:14.44 47.00                        | 350m: 5:19.33 46.22 | 550m: 8:27.10 47.13      | 750m: 11:33.18 45.51 |     |
|      | 200m: 3:00.49 46.05                        | 400m: 6:05.60 46.27 | 600m: 9:13.89 46.79      | 800m: 12:16.78 43.60 |     |
| 42.  | Beatriz Salvador Pocinho                   | 13                  | Geslourses               | 12:16.83             | 272 |
|      | 50m: 39.78 39.78                           | 250m: 3:46.83 46.93 | 450m: 6:54.70 46.79      | 650m: 10:01.57 46.66 |     |
|      | 100m: 1:25.11 45.33                        | 300m: 4:33.57 46.74 | 500m: 7:42.15 47.45      | 700m: 10:48.05 46.48 |     |
|      | 150m: 2:12.66 47.55                        | 350m: 5:20.86 47.29 | 550m: 8:28.85 46.70      | 750m: 11:34.20 46.15 |     |
|      | 200m: 2:59.90 47.24                        | 400m: 6:07.91 47.05 | 600m: 9:14.91 46.06      | 800m: 12:16.83 42.63 |     |
| 43.  | Carolina Sales Lima                        | 13                  | Geslourses               | 12:24.04             | 264 |
|      | 50m: 41.87 41.87                           | 250m: 3:49.98 46.92 | 450m: 6:57.96 47.15      | 650m: 10:08.18 46.91 |     |
|      | 100m: 1:28.62 46.75                        | 300m: 4:36.09 46.11 | 500m: 7:46.28 48.32      | 700m: 10:55.51 47.33 |     |
|      | 150m: 2:15.95 47.33                        | 350m: 5:24.06 47.97 | 550m: 8:33.78 47.50      | 750m: 11:40.90 45.39 |     |
|      | 200m: 3:03.06 47.11                        | 400m: 6:10.81 46.75 | 600m: 9:21.27 47.49      | 800m: 12:24.04 43.14 |     |
| 44.  | Marta Nogueira Esteves                     | 13                  | Geslourses               | 12:24.29             | 263 |
|      | 50m: 39.20 39.20                           | 250m: 3:40.87 46.57 | 450m: 6:52.04 47.99      | 650m: 10:04.45 47.65 |     |
|      | 100m: 1:22.50 43.30                        | 300m: 4:28.15 47.28 | 500m: 7:40.25 48.21      | 700m: 10:52.95 48.50 |     |
|      | 150m: 2:07.71 45.21                        | 350m: 5:16.39 48.24 | 550m: 8:28.53 48.28      | 750m: 11:41.36 48.41 |     |
|      | 200m: 2:54.30 46.59                        | 400m: 6:04.05 47.66 | 600m: 9:16.80 48.27      | 800m: 12:24.29 42.93 |     |
| 45.  | Maria Mateus Cabrita<br>Fora Minimo Acesso | 12                  | CPCD Povia de Santa Iria | 12:30.15             | 257 |
|      | 50m: 42.97 42.97                           | 250m: 3:45.98 46.15 | 450m: 6:55.71 47.17      | 650m: 10:08.03 48.43 |     |
|      | 100m: 1:27.03 44.06                        | 300m: 4:32.98 47.00 | 500m: 7:43.04 47.33      | 700m: 10:55.84 47.81 |     |
|      | 150m: 2:13.04 46.01                        | 350m: 5:20.88 47.90 | 550m: 8:31.22 48.18      | 750m: 11:44.80 48.96 |     |
|      | 200m: 2:59.83 46.79                        | 400m: 6:08.54 47.66 | 600m: 9:19.60 48.38      | 800m: 12:30.15 45.35 |     |
| 46.  | Laura Tomas Santos                         | 13                  | Geslourses               | 12:33.05             | 254 |
|      | 50m: 45.69 45.69                           | 250m: 3:56.13 47.63 | 450m: 7:08.00 47.58      | 650m: 10:17.70 47.11 |     |
|      | 100m: 1:32.52 46.83                        | 300m: 4:43.61 47.48 | 500m: 7:56.83 48.83      | 700m: 11:04.35 46.65 |     |
|      | 150m: 2:20.47 47.95                        | 350m: 5:32.29 48.68 | 550m: 8:43.76 46.93      | 750m: 11:49.91 45.56 |     |
|      | 200m: 3:08.50 48.03                        | 400m: 6:20.42 48.13 | 600m: 9:30.59 46.83      | 800m: 12:33.05 43.14 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 6, Femin., 800m Livres, Infantis

| Pos. | Nadador              | Ano                 | Clube               | Tempo                | Pts |
|------|----------------------|---------------------|---------------------|----------------------|-----|
| 47.  | Maria Joana Carvalho | 13                  | Geslours            | <b>12:34.60</b>      | 253 |
|      | 50m: 41.21 41.21     | 250m: 3:47.08 47.05 | 450m: 6:59.18 47.71 | 650m: 10:12.43 48.79 |     |
|      | 100m: 1:25.96 44.75  | 300m: 4:34.83 47.75 | 500m: 7:47.90 48.72 | 700m: 11:00.88 48.45 |     |
|      | 150m: 2:12.53 46.57  | 350m: 5:23.10 48.27 | 550m: 8:35.85 47.95 | 750m: 11:48.85 47.97 |     |
|      | 200m: 3:00.03 47.50  | 400m: 6:11.47 48.37 | 600m: 9:23.64 47.79 | 800m: 12:34.60 45.75 |     |

3 - 2ª Jornada - 2ª Sessão

04.05.2025 - 15:15

Prova 7

Masc., 1500m Livres

Juvenis

04.05.2025 - 15:15

Resultados

|                       |          |                      |     |                 |      |
|-----------------------|----------|----------------------|-----|-----------------|------|
| Rec Regional Juv A    | 16:01.32 | Diogo Santos Cardoso | POR | Guarda          | 2016 |
| Rec Regional Juv B    | 15:55.78 | Rui Silva Pereira    | POR | Tomar           | 2023 |
| Rec Regional Absoluto | 15:00.35 | Filipe Miguel Santo  | POR | Alges           | 2018 |
| Rec Nacional Juv A    | 15:36.31 | Rui Filipe Costa     | POR |                 | 2007 |
| Rec Nacional Juv B    | 16:09.71 | Luis Miguel Monteiro | POR | Felgueiras      | 1998 |
| Rec Nacional Absoluto | 14:39.82 | Jose Paulo Lopes     | POR | Abu Dhabi (UAE) | 2021 |

Mínimo Participação Juv B: 19:51.17; Juv A: 19:16.48

Pontos: AQUA 2024

| Pos.             | Nadador               | Ano                 | Clube                 | Tempo                 | Pts |
|------------------|-----------------------|---------------------|-----------------------|-----------------------|-----|
| <b>Juvenis B</b> |                       |                     |                       |                       |     |
| 1.               | Rodrigo Ferrao Dias   | 10                  | Sporting              | <b>16:59.26</b>       | 573 |
|                  | 50m: 32.44 32.44      | 450m: 5:02.57 33.90 | 850m: 9:36.91 34.40   | 1250m: 14:09.78 34.49 |     |
|                  | 100m: 1:05.67 33.23   | 500m: 5:36.88 34.31 | 900m: 10:11.22 34.31  | 1300m: 14:43.41 33.63 |     |
|                  | 150m: 1:39.15 33.48   | 550m: 6:10.85 33.97 | 950m: 10:44.90 33.68  | 1350m: 15:18.05 34.64 |     |
|                  | 200m: 2:12.78 33.63   | 600m: 6:44.72 33.87 | 1000m: 11:18.94 34.04 | 1400m: 15:52.81 34.76 |     |
|                  | 250m: 2:46.61 33.83   | 650m: 7:19.61 34.89 | 1050m: 11:52.88 33.94 | 1450m: 16:26.69 33.88 |     |
|                  | 300m: 3:20.35 33.74   | 700m: 7:53.64 34.03 | 1100m: 12:27.32 34.44 | 1500m: 16:59.26 32.57 |     |
|                  | 350m: 3:54.69 34.34   | 750m: 8:27.95 34.31 | 1150m: 13:01.11 33.79 |                       |     |
|                  | 400m: 4:28.67 33.98   | 800m: 9:02.51 34.56 | 1200m: 13:35.29 34.18 |                       |     |
| 2.               | Joao Baixinho Roxo    | 10                  | União Piedense        | <b>17:00.61</b>       | 571 |
|                  | 50m: 33.03 33.03      | 450m: 5:06.80 34.42 | 850m: 9:40.19 34.39   | 1250m: 14:14.18 34.48 |     |
|                  | 100m: 1:06.95 33.92   | 500m: 5:40.91 34.11 | 900m: 10:14.37 34.18  | 1300m: 14:48.48 34.30 |     |
|                  | 150m: 1:41.34 34.39   | 550m: 6:15.15 34.24 | 950m: 10:48.47 34.10  | 1350m: 15:22.29 33.81 |     |
|                  | 200m: 2:15.22 33.88   | 600m: 6:49.43 34.28 | 1000m: 11:22.54 34.07 | 1400m: 15:55.69 33.40 |     |
|                  | 250m: 2:49.46 34.24   | 650m: 7:23.44 34.01 | 1050m: 11:56.36 33.82 | 1450m: 16:28.77 33.08 |     |
|                  | 300m: 3:23.78 34.32   | 700m: 7:57.68 34.24 | 1100m: 12:30.63 34.27 | 1500m: 17:00.61 31.84 |     |
|                  | 350m: 3:58.17 34.39   | 750m: 8:31.93 34.25 | 1150m: 13:05.30 34.67 |                       |     |
|                  | 400m: 4:32.38 34.21   | 800m: 9:05.80 33.87 | 1200m: 13:39.70 34.40 |                       |     |
| 3.               | Diogo Rodrigues Sousa | 10                  | Alges                 | <b>17:05.28</b>       | 563 |
|                  | 50m: 32.53 32.53      | 450m: 5:07.07 34.51 | 850m: 9:41.97 34.79   | 1250m: 14:15.65 34.76 |     |
|                  | 100m: 1:06.05 33.52   | 500m: 5:41.42 34.35 | 900m: 10:15.75 33.78  | 1300m: 14:50.08 34.43 |     |
|                  | 150m: 1:40.09 34.04   | 550m: 6:16.02 34.60 | 950m: 10:49.62 33.87  | 1350m: 15:24.78 34.70 |     |
|                  | 200m: 2:14.39 34.30   | 600m: 6:50.87 34.85 | 1000m: 11:23.84 34.22 | 1400m: 15:59.70 34.92 |     |
|                  | 250m: 2:48.91 34.52   | 650m: 7:24.89 34.02 | 1050m: 11:58.20 34.36 | 1450m: 16:34.64 34.94 |     |
|                  | 300m: 3:23.50 34.59   | 700m: 7:58.94 34.05 | 1100m: 12:32.60 34.40 | 1500m: 17:05.28 30.64 |     |
|                  | 350m: 3:57.81 34.31   | 750m: 8:33.22 34.28 | 1150m: 13:06.86 34.26 |                       |     |
|                  | 400m: 4:32.56 34.75   | 800m: 9:07.18 33.96 | 1200m: 13:40.89 34.03 |                       |     |
| 4.               | Dinis Aresta Ribeiro  | 10                  | Sporting              | <b>17:10.28</b>       | 555 |
|                  | 50m: 32.85 32.85      | 450m: 5:06.91 34.09 | 850m: 9:41.06 34.04   | 1250m: 14:17.17 34.40 |     |
|                  | 100m: 1:06.62 33.77   | 500m: 5:41.35 34.44 | 900m: 10:15.45 34.39  | 1300m: 14:51.75 34.58 |     |
|                  | 150m: 1:40.79 34.17   | 550m: 6:15.52 34.17 | 950m: 10:50.05 34.60  | 1350m: 15:26.80 35.05 |     |
|                  | 200m: 2:15.21 34.42   | 600m: 6:49.81 34.29 | 1000m: 11:24.66 34.61 | 1400m: 16:01.83 35.03 |     |
|                  | 250m: 2:49.66 34.45   | 650m: 7:24.20 34.39 | 1050m: 11:59.34 34.68 | 1450m: 16:36.35 34.52 |     |
|                  | 300m: 3:24.07 34.41   | 700m: 7:58.59 34.39 | 1100m: 12:34.13 34.79 | 1500m: 17:10.28 33.93 |     |
|                  | 350m: 3:58.42 34.35   | 750m: 8:32.84 34.25 | 1150m: 13:08.67 34.54 |                       |     |
|                  | 400m: 4:32.82 34.40   | 800m: 9:07.02 34.18 | 1200m: 13:42.77 34.10 |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 7, Masc., 1500m Livres, Juvenis B

| Pos. | Nadador                   | Ano                  | Clube                    | Tempo                 | Pts |
|------|---------------------------|----------------------|--------------------------|-----------------------|-----|
| 5.   | Guilherme Valente Pereira | 10                   | Colegio Int Monte Maior  | 17:30.95              | 523 |
|      | 50m: 33.14 33.14          | 450m: 5:07.51 34.34  | 850m: 9:46.94 35.19      | 1250m: 14:33.91 36.18 |     |
|      | 100m: 1:07.04 33.90       | 500m: 5:42.01 34.50  | 900m: 10:22.44 35.50     | 1300m: 15:10.06 36.15 |     |
|      | 150m: 1:41.05 34.01       | 550m: 6:16.20 34.19  | 950m: 10:58.06 35.62     | 1350m: 15:45.80 35.74 |     |
|      | 200m: 2:15.76 34.71       | 600m: 6:50.84 34.64  | 1000m: 11:34.10 36.04    | 1400m: 16:21.42 35.62 |     |
|      | 250m: 2:49.98 34.22       | 650m: 7:25.62 34.78  | 1050m: 12:10.07 35.97    | 1450m: 16:56.83 35.41 |     |
|      | 300m: 3:24.46 34.48       | 700m: 8:00.65 35.03  | 1100m: 12:46.16 36.09    | 1500m: 17:30.95 34.12 |     |
|      | 350m: 3:58.76 34.30       | 750m: 8:36.50 35.85  | 1150m: 13:21.58 35.42    |                       |     |
|      | 400m: 4:33.17 34.41       | 800m: 9:11.75 35.25  | 1200m: 13:57.73 36.15    |                       |     |
| 6.   | Martim Frederico Marques  | 10                   | CPCD Povia de Santa Iria | 17:48.97              | 497 |
|      | 50m: 33.30 33.30          | 450m: 5:11.97 35.26  | 850m: 9:58.37 36.38      | 1250m: 14:49.72 36.91 |     |
|      | 100m: 1:07.00 33.70       | 500m: 5:47.32 35.35  | 900m: 10:34.83 36.46     | 1300m: 15:26.12 36.40 |     |
|      | 150m: 1:41.42 34.42       | 550m: 6:22.56 35.24  | 950m: 11:11.16 36.33     | 1350m: 16:02.80 36.68 |     |
|      | 200m: 2:16.29 34.87       | 600m: 6:58.16 35.60  | 1000m: 11:47.54 36.38    | 1400m: 16:39.39 36.59 |     |
|      | 250m: 2:51.19 34.90       | 650m: 7:33.50 35.34  | 1050m: 12:24.03 36.49    | 1450m: 17:15.33 35.94 |     |
|      | 300m: 3:25.86 34.67       | 700m: 8:09.24 35.74  | 1100m: 13:00.43 36.40    | 1500m: 17:48.97 33.64 |     |
|      | 350m: 4:01.20 35.34       | 750m: 8:45.49 36.25  | 1150m: 13:36.82 36.39    |                       |     |
|      | 400m: 4:36.71 35.51       | 800m: 9:21.99 36.50  | 1200m: 14:12.81 35.99    |                       |     |
| 7.   | Tomas Rodrigues Oliveira  | 10                   | Fisica Torres Vedras     | 17:53.06              | 491 |
|      | 50m: 32.15 32.15          | 450m: 5:15.22 36.22  | 850m: 10:06.01 36.79     | 1250m: 14:57.81 36.18 |     |
|      | 100m: 1:06.43 34.28       | 500m: 5:51.11 35.89  | 900m: 10:42.37 36.36     | 1300m: 15:33.15 35.34 |     |
|      | 150m: 1:40.99 34.56       | 550m: 6:27.48 36.37  | 950m: 11:18.85 36.48     | 1350m: 16:08.81 35.66 |     |
|      | 200m: 2:16.18 35.19       | 600m: 7:03.51 36.03  | 1000m: 11:55.50 36.65    | 1400m: 16:44.29 35.48 |     |
|      | 250m: 2:51.30 35.12       | 650m: 7:39.83 36.32  | 1050m: 12:32.30 36.80    | 1450m: 17:18.81 34.52 |     |
|      | 300m: 3:27.21 35.91       | 700m: 8:15.95 36.12  | 1100m: 13:08.76 36.46    | 1500m: 17:53.06 34.25 |     |
|      | 350m: 4:02.96 35.75       | 750m: 8:52.58 36.63  | 1150m: 13:44.94 36.18    |                       |     |
|      | 400m: 4:39.00 36.04       | 800m: 9:29.22 36.64  | 1200m: 14:21.63 36.69    |                       |     |
| 8.   | Antonio Carimbo Godinho   | 10                   | Fisica Torres Vedras     | 17:56.74              | 486 |
|      | 50m: 32.64 32.64          | 450m: 5:11.35 35.40  | 850m: 9:59.03 35.87      | 1250m: 14:54.39 37.63 |     |
|      | 100m: 1:06.61 33.97       | 500m: 5:46.97 35.62  | 900m: 10:36.14 37.11     | 1300m: 15:31.61 37.22 |     |
|      | 150m: 1:41.02 34.41       | 550m: 6:22.53 35.56  | 950m: 11:12.75 36.61     | 1350m: 16:08.93 37.32 |     |
|      | 200m: 2:15.40 34.38       | 600m: 6:58.02 35.49  | 1000m: 11:48.96 36.21    | 1400m: 16:46.63 37.70 |     |
|      | 250m: 2:50.31 34.91       | 650m: 7:34.37 36.35  | 1050m: 12:26.09 37.13    | 1450m: 17:23.29 36.66 |     |
|      | 300m: 3:25.34 35.03       | 700m: 8:10.11 35.74  | 1100m: 13:03.20 37.11    | 1500m: 17:56.74 33.45 |     |
|      | 350m: 4:00.61 35.27       | 750m: 8:46.37 36.26  | 1150m: 13:39.68 36.48    |                       |     |
|      | 400m: 4:35.95 35.34       | 800m: 9:23.16 36.79  | 1200m: 14:16.76 37.08    |                       |     |
| 9.   | Tiago Neres Santo         | 10                   | Alges                    | 17:57.42              | 485 |
|      | 50m: 34.77 34.77          | 450m: 5:17.61 35.56  | 850m: 10:03.55 35.92     | 1250m: 14:54.07 37.12 |     |
|      | 100m: 1:10.17 35.40       | 500m: 5:53.19 35.58  | 900m: 10:39.38 35.83     | 1300m: 15:31.03 36.96 |     |
|      | 150m: 1:45.59 35.42       | 550m: 6:29.18 35.99  | 950m: 11:15.15 35.77     | 1350m: 16:07.69 36.66 |     |
|      | 200m: 2:20.80 35.21       | 600m: 7:04.78 35.60  | 1000m: 11:51.48 36.33    | 1400m: 16:44.43 36.74 |     |
|      | 250m: 2:56.15 35.35       | 650m: 7:40.33 35.55  | 1050m: 12:27.83 36.35    | 1450m: 17:21.33 36.90 |     |
|      | 300m: 3:31.28 35.13       | 700m: 8:15.64 35.31  | 1100m: 13:03.72 35.89    | 1500m: 17:57.42 36.09 |     |
|      | 350m: 4:06.59 35.31       | 750m: 8:51.60 35.96  | 1150m: 13:40.14 36.42    |                       |     |
|      | 400m: 4:42.05 35.46       | 800m: 9:27.63 36.03  | 1200m: 14:16.95 36.81    |                       |     |
| 10.  | Tomas O'Grady Freire      | 10                   | Sporting                 | 17:59.93              | 482 |
|      | 50m: 33.79 33.79          | 450m: 5:16.55 36.22  | 850m: 10:05.60 36.22     | 1250m: 14:58.60 36.55 |     |
|      | 100m: 1:07.95 34.16       | 500m: 5:52.62 36.07  | 900m: 10:42.13 36.53     | 1300m: 15:35.38 36.78 |     |
|      | 150m: 1:42.72 34.77       | 550m: 6:28.92 36.30  | 950m: 11:18.75 36.62     | 1350m: 16:12.39 37.01 |     |
|      | 200m: 2:17.58 34.86       | 600m: 7:04.96 36.04  | 1000m: 11:55.54 36.79    | 1400m: 16:49.04 36.65 |     |
|      | 250m: 2:53.00 35.42       | 650m: 7:40.94 35.98  | 1050m: 12:31.60 36.06    | 1450m: 17:25.37 36.33 |     |
|      | 300m: 3:28.68 35.68       | 700m: 8:17.26 36.32  | 1100m: 13:08.42 36.82    | 1500m: 17:59.93 34.56 |     |
|      | 350m: 4:04.30 35.62       | 750m: 8:53.23 35.97  | 1150m: 13:45.23 36.81    |                       |     |
|      | 400m: 4:40.33 36.03       | 800m: 9:29.38 36.15  | 1200m: 14:22.05 36.82    |                       |     |
| 11.  | Diogo Alves Castro        | 10                   | Alges                    | 18:26.29              | 448 |
|      | 50m: 34.25 34.25          | 450m: 5:24.05 36.70  | 850m: 10:22.86 37.42     | 1250m: 15:21.72 37.17 |     |
|      | 100m: 1:09.06 34.81       | 500m: 6:01.33 37.28  | 900m: 11:00.81 37.95     | 1300m: 15:58.94 37.22 |     |
|      | 150m: 1:44.89 35.83       | 550m: 6:38.62 37.29  | 950m: 11:38.04 37.23     | 1350m: 16:36.48 37.54 |     |
|      | 200m: 2:20.87 35.98       | 600m: 7:15.78 37.16  | 1000m: 12:15.51 37.47    | 1400m: 17:13.31 36.83 |     |
|      | 250m: 2:57.74 36.87       | 650m: 7:52.91 37.13  | 1050m: 12:52.94 37.43    | 1450m: 17:50.10 36.79 |     |
|      | 300m: 3:34.38 36.64       | 700m: 8:30.42 37.51  | 1100m: 13:30.57 37.63    | 1500m: 18:26.29 36.19 |     |
|      | 350m: 4:10.30 35.92       | 750m: 9:07.95 37.53  | 1150m: 14:07.51 36.94    |                       |     |
|      | 400m: 4:47.35 37.05       | 800m: 9:45.44 37.49  | 1200m: 14:44.55 37.04    |                       |     |
| 12.  | Afonso Velada Pereira     | 10                   | Sporting                 | 18:41.72              | 430 |
|      | 50m: 36.74 36.74          | 450m: 5:39.11 37.80  | 850m: 10:44.71 38.27     | 1250m: 15:43.63 37.44 |     |
|      | 100m: 1:14.26 37.52       | 500m: 6:16.71 37.60  | 900m: 11:23.27 38.56     | 1300m: 16:19.30 35.67 |     |
|      | 150m: 1:51.93 37.67       | 550m: 6:54.60 37.89  | 950m: 12:01.70 38.43     | 1350m: 16:56.13 36.83 |     |
|      | 200m: 2:29.48 37.55       | 600m: 7:32.85 38.25  | 1000m: 12:40.03 38.33    | 1400m: 17:33.16 37.03 |     |
|      | 250m: 3:07.45 37.97       | 650m: 8:10.94 38.09  | 1050m: 13:15.64 35.61    | 1450m: 18:09.38 36.22 |     |
|      | 300m: 3:45.63 38.18       | 700m: 8:49.02 38.08  | 1100m: 13:52.31 36.67    | 1500m: 18:41.72 32.34 |     |
|      | 350m: 4:23.26 37.63       | 750m: 9:27.66 38.64  | 1150m: 14:28.62 36.31    |                       |     |
|      | 400m: 5:01.31 38.05       | 800m: 10:06.44 38.78 | 1200m: 15:06.19 37.57    |                       |     |

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Prova 7, Masc., 1500m Livres, Juvenis B

| Pos. | Nadador                   | Ano                  | Clube                    | Tempo                 | Pts |
|------|---------------------------|----------------------|--------------------------|-----------------------|-----|
| 13.  | Afonso Manuel Gomes       | 10                   | Sporting                 | <b>18:43.21</b>       | 428 |
|      | 50m: 36.81 36.81          | 450m: 5:40.82 38.01  | 850m: 10:45.26 38.05     | 1250m: 15:45.48 37.53 |     |
|      | 100m: 1:14.62 37.81       | 500m: 6:19.32 38.50  | 900m: 11:23.69 38.43     | 1300m: 16:21.64 36.16 |     |
|      | 150m: 1:52.58 37.96       | 550m: 6:57.12 37.80  | 950m: 12:01.63 37.94     | 1350m: 16:58.64 37.00 |     |
|      | 200m: 2:30.46 37.88       | 600m: 7:34.63 37.51  | 1000m: 12:39.66 38.03    | 1400m: 17:35.47 36.83 |     |
|      | 250m: 3:08.67 38.21       | 650m: 8:12.79 38.16  | 1050m: 13:17.18 37.52    | 1450m: 18:10.72 35.25 |     |
|      | 300m: 3:46.83 38.16       | 700m: 8:50.56 37.77  | 1100m: 13:53.61 36.43    | 1500m: 18:43.21 32.49 |     |
|      | 350m: 4:24.74 37.91       | 750m: 9:28.80 38.24  | 1150m: 14:30.36 36.75    |                       |     |
|      | 400m: 5:02.81 38.07       | 800m: 10:07.21 38.41 | 1200m: 15:07.95 37.59    |                       |     |
| 14.  | Andrey Ponomarov          | 10                   | CPCD Povia de Santa Iria | <b>18:47.37</b>       | 423 |
|      | 50m: 35.66 35.66          | 450m: 5:32.53 37.71  | 850m: 10:38.17 38.38     | 1250m: 15:43.05 37.30 |     |
|      | 100m: 1:12.03 36.37       | 500m: 6:10.30 37.77  | 900m: 11:16.43 38.26     | 1300m: 16:20.69 37.64 |     |
|      | 150m: 1:48.58 36.55       | 550m: 6:47.99 37.69  | 950m: 11:54.60 38.17     | 1350m: 16:58.18 37.49 |     |
|      | 200m: 2:25.15 36.57       | 600m: 7:26.11 38.12  | 1000m: 12:32.85 38.25    | 1400m: 17:35.58 37.40 |     |
|      | 250m: 3:02.72 37.57       | 650m: 8:04.63 38.52  | 1050m: 13:11.33 38.48    | 1450m: 18:13.50 37.92 |     |
|      | 300m: 3:39.98 37.26       | 700m: 8:43.15 38.52  | 1100m: 13:49.46 38.13    | 1500m: 18:47.37 33.87 |     |
|      | 350m: 4:17.26 37.28       | 750m: 9:21.36 38.21  | 1150m: 14:27.65 38.19    |                       |     |
|      | 400m: 4:54.82 37.56       | 800m: 9:59.79 38.43  | 1200m: 15:05.75 38.10    |                       |     |
| 15.  | Andre Huang               | 10                   | Geslours                 | <b>18:53.33</b>       | 417 |
|      | 50m: 32.17 32.17          | 450m: 5:23.21 37.99  | 850m: 10:27.88 37.84     | 1250m: 15:40.33 39.56 |     |
|      | 100m: 1:06.89 34.72       | 500m: 6:00.46 37.25  | 900m: 11:06.83 38.95     | 1300m: 16:19.71 39.38 |     |
|      | 150m: 1:42.12 35.23       | 550m: 6:38.73 38.27  | 950m: 11:45.29 38.46     | 1350m: 16:58.95 39.24 |     |
|      | 200m: 2:18.12 36.00       | 600m: 7:17.17 38.44  | 1000m: 12:24.25 38.96    | 1400m: 17:37.34 38.39 |     |
|      | 250m: 2:54.37 36.25       | 650m: 7:55.22 38.05  | 1050m: 13:03.10 38.85    | 1450m: 18:15.83 38.49 |     |
|      | 300m: 3:30.51 36.14       | 700m: 8:33.74 38.52  | 1100m: 13:41.65 38.55    | 1500m: 18:53.33 37.50 |     |
|      | 350m: 4:07.28 36.77       | 750m: 9:12.69 38.95  | 1150m: 14:21.12 39.47    |                       |     |
|      | 400m: 4:45.22 37.94       | 800m: 9:50.04 37.35  | 1200m: 15:00.77 39.65    |                       |     |
| 16.  | Rafael Carreiras Marques  | 10                   | Geslours                 | <b>18:55.83</b>       | 414 |
|      | 50m: 34.29 34.29          | 450m: 5:33.30 37.40  | 850m: 10:38.47 38.17     | 1250m: 15:47.26 38.57 |     |
|      | 100m: 1:10.93 36.64       | 500m: 6:11.04 37.74  | 900m: 11:16.43 37.96     | 1300m: 16:25.67 38.41 |     |
|      | 150m: 1:48.76 37.83       | 550m: 6:48.78 37.74  | 950m: 11:54.91 38.48     | 1350m: 17:04.17 38.50 |     |
|      | 200m: 2:26.53 37.77       | 600m: 7:26.89 38.11  | 1000m: 12:33.31 38.40    | 1400m: 17:42.77 38.60 |     |
|      | 250m: 3:03.17 36.64       | 650m: 8:05.16 38.27  | 1050m: 13:13.37 40.06    | 1450m: 18:19.74 36.97 |     |
|      | 300m: 3:40.53 37.36       | 700m: 8:43.39 38.23  | 1100m: 13:51.33 37.96    | 1500m: 18:55.83 36.09 |     |
|      | 350m: 4:18.15 37.62       | 750m: 9:21.70 38.31  | 1150m: 14:29.36 38.03    |                       |     |
|      | 400m: 4:55.90 37.75       | 800m: 10:00.30 38.60 | 1200m: 15:08.69 39.33    |                       |     |
| 17.  | Salvador Miranda Grandela | 10                   | Alges                    | <b>18:57.13</b>       | 413 |
|      | 50m: 35.88 35.88          | 450m: 5:35.08 38.10  | 850m: 10:40.87 38.43     | 1250m: 15:48.56 38.09 |     |
|      | 100m: 1:12.66 36.78       | 500m: 6:12.99 37.91  | 900m: 11:19.25 38.38     | 1300m: 16:26.91 38.35 |     |
|      | 150m: 1:49.74 37.08       | 550m: 6:51.30 38.31  | 950m: 11:57.01 37.76     | 1350m: 17:05.36 38.45 |     |
|      | 200m: 2:26.83 37.09       | 600m: 7:29.16 37.86  | 1000m: 12:35.09 38.08    | 1400m: 17:43.42 38.06 |     |
|      | 250m: 3:03.86 37.03       | 650m: 8:07.55 38.39  | 1050m: 13:14.19 39.10    | 1450m: 18:20.94 37.52 |     |
|      | 300m: 3:41.17 37.31       | 700m: 8:45.53 37.98  | 1100m: 13:52.63 38.44    | 1500m: 18:57.13 36.19 |     |
|      | 350m: 4:19.23 38.06       | 750m: 9:24.29 38.76  | 1150m: 14:31.54 38.91    |                       |     |
|      | 400m: 4:56.98 37.75       | 800m: 10:02.44 38.15 | 1200m: 15:10.47 38.93    |                       |     |
| 18.  | Guilherme Costa Alves     | 10                   | Sporting                 | <b>18:59.40</b>       | 410 |
|      | 50m: 34.77 34.77          | 450m: 5:30.40 37.66  | 850m: 10:38.93 38.97     | 1250m: 15:49.50 38.90 |     |
|      | 100m: 1:09.09 34.32       | 500m: 6:08.45 38.05  | 900m: 11:17.67 38.74     | 1300m: 16:28.23 38.73 |     |
|      | 150m: 1:45.52 36.43       | 550m: 6:46.75 38.30  | 950m: 11:56.07 38.40     | 1350m: 17:06.95 38.72 |     |
|      | 200m: 2:22.71 37.19       | 600m: 7:24.78 38.03  | 1000m: 12:35.14 39.07    | 1400m: 17:45.17 38.22 |     |
|      | 250m: 2:59.93 37.22       | 650m: 8:03.70 38.92  | 1050m: 13:13.73 38.59    | 1450m: 18:23.36 38.19 |     |
|      | 300m: 3:37.59 37.66       | 700m: 8:42.28 38.58  | 1100m: 13:52.72 38.99    | 1500m: 18:59.40 36.04 |     |
|      | 350m: 4:15.25 37.66       | 750m: 9:21.06 38.78  | 1150m: 14:32.10 39.38    |                       |     |
|      | 400m: 4:52.74 37.49       | 800m: 9:59.96 38.90  | 1200m: 15:10.60 38.50    |                       |     |
| 19.  | Henrique Matos Sebroza    | 10                   | Geslours                 | <b>19:27.88</b>       | 381 |
|      | 50m: 36.15 36.15          | 450m: 5:45.46 38.91  | 850m: 10:58.72 39.15     | 1250m: 16:14.80 39.90 |     |
|      | 100m: 1:13.98 37.83       | 500m: 6:24.70 39.24  | 900m: 11:38.08 39.36     | 1300m: 16:54.32 39.52 |     |
|      | 150m: 1:51.97 37.99       | 550m: 7:03.51 38.81  | 950m: 12:17.91 39.83     | 1350m: 17:33.33 39.01 |     |
|      | 200m: 2:30.70 38.73       | 600m: 7:42.62 39.11  | 1000m: 12:56.93 39.02    | 1400m: 18:12.25 38.92 |     |
|      | 250m: 3:09.61 38.91       | 650m: 8:21.91 39.29  | 1050m: 13:36.37 39.44    | 1450m: 18:51.18 38.93 |     |
|      | 300m: 3:48.23 38.62       | 700m: 9:00.67 38.76  | 1100m: 14:15.80 39.43    | 1500m: 19:27.88 36.70 |     |
|      | 350m: 4:27.23 39.00       | 750m: 9:40.16 39.49  | 1150m: 14:55.58 39.78    |                       |     |
|      | 400m: 5:06.55 39.32       | 800m: 10:19.57 39.41 | 1200m: 15:34.90 39.32    |                       |     |

Juvenis A

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 7, Masc., 1500m Livres, Juvenis A

| Pos. | Nadador                 | Ano                 | Clube                   | Tempo                 | Pts        |
|------|-------------------------|---------------------|-------------------------|-----------------------|------------|
| 1.   | Diogo Damasceno Reis    | 09                  | Sporting                | <b>16:23.33</b>       | <b>638</b> |
|      | 50m: 30.53 30.53        | 450m: 4:52.45 33.06 | 850m: 9:16.09 32.87     | 1250m: 13:41.91 32.80 |            |
|      | 100m: 1:01.92 31.39     | 500m: 5:25.78 33.33 | 900m: 9:49.58 33.49     | 1300m: 14:14.67 32.76 |            |
|      | 150m: 1:34.50 32.58     | 550m: 5:58.53 32.75 | 950m: 10:23.06 33.48    | 1350m: 14:47.25 32.58 |            |
|      | 200m: 2:07.39 32.89     | 600m: 6:31.54 33.01 | 1000m: 10:56.63 33.57   | 1400m: 15:20.07 32.82 |            |
|      | 250m: 2:40.59 33.20     | 650m: 7:04.80 33.26 | 1050m: 11:30.22 33.59   | 1450m: 15:52.83 32.76 |            |
|      | 300m: 3:13.59 33.00     | 700m: 7:37.36 32.56 | 1100m: 12:03.30 33.08   | 1500m: 16:23.33 30.50 |            |
|      | 350m: 3:46.40 32.81     | 750m: 8:10.20 32.84 | 1150m: 12:36.29 32.99   |                       |            |
|      | 400m: 4:19.39 32.99     | 800m: 8:43.22 33.02 | 1200m: 13:09.11 32.82   |                       |            |
| 2.   | Martim Chambel Pinto    | 09                  | Colegio Int Monte Maior | <b>16:31.66</b>       | <b>622</b> |
|      | 50m: 30.47 30.47        | 450m: 4:53.76 33.55 | 850m: 9:21.57 33.44     | 1250m: 13:47.28 33.32 |            |
|      | 100m: 1:02.28 31.81     | 500m: 5:27.15 33.39 | 900m: 9:54.61 33.04     | 1300m: 14:20.34 33.06 |            |
|      | 150m: 1:34.95 32.67     | 550m: 6:00.75 33.60 | 950m: 10:27.95 33.34    | 1350m: 14:53.57 33.23 |            |
|      | 200m: 2:07.94 32.99     | 600m: 6:33.66 32.91 | 1000m: 11:01.29 33.34   | 1400m: 15:27.07 33.50 |            |
|      | 250m: 2:40.86 32.92     | 650m: 7:06.98 33.32 | 1050m: 11:34.08 32.79   | 1450m: 16:00.31 33.24 |            |
|      | 300m: 3:13.91 33.05     | 700m: 7:40.87 33.89 | 1100m: 12:07.44 33.36   | 1500m: 16:31.66 31.35 |            |
|      | 350m: 3:47.11 33.20     | 750m: 8:14.52 33.65 | 1150m: 12:40.41 32.97   |                       |            |
|      | 400m: 4:20.21 33.10     | 800m: 8:48.13 33.61 | 1200m: 13:13.96 33.55   |                       |            |
| 3.   | Paulo Junio Fernandes   | 09                  | Alges                   | <b>16:33.42</b>       | <b>619</b> |
|      | 50m: 31.72 31.72        | 450m: 4:54.95 33.49 | 850m: 9:21.90 33.61     | 1250m: 13:49.91 33.55 |            |
|      | 100m: 1:03.82 32.10     | 500m: 5:28.02 33.07 | 900m: 9:55.01 33.11     | 1300m: 14:23.60 33.69 |            |
|      | 150m: 1:36.42 32.60     | 550m: 6:01.53 33.51 | 950m: 10:28.61 33.60    | 1350m: 14:56.71 33.11 |            |
|      | 200m: 2:09.18 32.76     | 600m: 6:35.11 33.58 | 1000m: 11:02.47 33.86   | 1400m: 15:29.42 32.71 |            |
|      | 250m: 2:42.21 33.03     | 650m: 7:08.25 33.14 | 1050m: 11:35.79 33.32   | 1450m: 16:02.38 32.96 |            |
|      | 300m: 3:15.20 32.99     | 700m: 7:41.43 33.18 | 1100m: 12:09.11 33.32   | 1500m: 16:33.42 31.04 |            |
|      | 350m: 3:48.36 33.16     | 750m: 8:14.75 33.32 | 1150m: 12:42.87 33.76   |                       |            |
|      | 400m: 4:21.46 33.10     | 800m: 8:48.29 33.54 | 1200m: 13:16.36 33.49   |                       |            |
| 4.   | Rafael Lin Moniz        | 09                  | Naval Setubalense       | <b>16:36.86</b>       | <b>613</b> |
|      | 50m: 30.95 30.95        | 450m: 4:54.15 33.42 | 850m: 9:21.55 33.79     | 1250m: 13:49.15 33.65 |            |
|      | 100m: 1:02.66 31.71     | 500m: 5:27.47 33.32 | 900m: 9:54.92 33.37     | 1300m: 14:23.05 33.90 |            |
|      | 150m: 1:35.28 32.62     | 550m: 6:00.81 33.34 | 950m: 10:28.24 33.32    | 1350m: 14:56.86 33.81 |            |
|      | 200m: 2:08.31 33.03     | 600m: 6:34.07 33.26 | 1000m: 11:01.68 33.44   | 1400m: 15:30.32 33.46 |            |
|      | 250m: 2:41.26 32.95     | 650m: 7:07.32 33.25 | 1050m: 11:34.82 33.14   | 1450m: 16:04.05 33.73 |            |
|      | 300m: 3:14.36 33.10     | 700m: 7:40.70 33.38 | 1100m: 12:08.19 33.37   | 1500m: 16:36.86 32.81 |            |
|      | 350m: 3:47.51 33.15     | 750m: 8:14.27 33.57 | 1150m: 12:41.77 33.58   |                       |            |
|      | 400m: 4:20.73 33.22     | 800m: 8:47.76 33.49 | 1200m: 13:15.50 33.73   |                       |            |
| 5.   | Diogo Didario Alfano    | 09                  | Fisica Torres Vedras    | <b>17:05.14</b>       | <b>563</b> |
|      | 50m: 32.00 32.00        | 450m: 5:03.89 33.64 | 850m: 9:38.74 33.57     | 1250m: 14:16.40 34.45 |            |
|      | 100m: 1:05.67 33.67     | 500m: 5:38.14 34.25 | 900m: 10:13.80 35.06    | 1300m: 14:51.19 34.79 |            |
|      | 150m: 1:39.57 33.90     | 550m: 6:12.14 34.00 | 950m: 10:48.25 34.45    | 1350m: 15:23.73 32.54 |            |
|      | 200m: 2:14.09 34.52     | 600m: 6:46.32 34.18 | 1000m: 11:23.34 35.09   | 1400m: 16:00.93 37.20 |            |
|      | 250m: 2:48.09 34.00     | 650m: 7:20.85 34.53 | 1050m: 11:58.19 34.85   | 1450m: 16:34.65 33.72 |            |
|      | 300m: 3:22.05 33.96     | 700m: 7:55.37 34.52 | 1100m: 12:33.10 34.91   | 1500m: 17:05.14 30.49 |            |
|      | 350m: 3:56.37 34.32     | 750m: 8:30.06 34.69 | 1150m: 13:06.91 33.81   |                       |            |
|      | 400m: 4:30.25 33.88     | 800m: 9:05.17 35.11 | 1200m: 13:41.95 35.04   |                       |            |
| 6.   | Vasco Alexandre Martins | 09                  | Colegio Int Monte Maior | <b>17:24.97</b>       | <b>532</b> |
|      | 50m: 32.30 32.30        | 450m: 5:07.70 35.02 | 850m: 9:49.81 35.33     | 1250m: 14:32.74 35.55 |            |
|      | 100m: 1:05.52 33.22     | 500m: 5:42.69 34.99 | 900m: 10:25.29 35.48    | 1300m: 15:07.93 35.19 |            |
|      | 150m: 1:39.72 34.20     | 550m: 6:18.09 35.40 | 950m: 11:00.48 35.19    | 1350m: 15:42.76 34.83 |            |
|      | 200m: 2:14.61 34.89     | 600m: 6:53.36 35.27 | 1000m: 11:35.33 34.85   | 1400m: 16:17.54 34.78 |            |
|      | 250m: 2:48.98 34.37     | 650m: 7:28.78 35.42 | 1050m: 12:10.70 35.37   | 1450m: 16:52.02 34.48 |            |
|      | 300m: 3:23.53 34.55     | 700m: 8:04.02 35.24 | 1100m: 12:46.34 35.64   | 1500m: 17:24.97 32.95 |            |
|      | 350m: 3:57.77 34.24     | 750m: 8:39.18 35.16 | 1150m: 13:21.93 35.59   |                       |            |
|      | 400m: 4:32.68 34.91     | 800m: 9:14.48 35.30 | 1200m: 13:57.19 35.26   |                       |            |
| 7.   | Afonso Santos Carromeu  | 09                  | Naval Setubalense       | <b>17:25.36</b>       | <b>531</b> |
|      | 50m: 32.51 32.51        | 450m: 5:08.15 35.29 | 850m: 9:49.86 35.30     | 1250m: 14:32.86 35.44 |            |
|      | 100m: 1:05.75 33.24     | 500m: 5:43.20 35.05 | 900m: 10:25.78 35.92    | 1300m: 15:08.29 35.43 |            |
|      | 150m: 1:39.69 33.94     | 550m: 6:18.37 35.17 | 950m: 11:00.84 35.06    | 1350m: 15:43.27 34.98 |            |
|      | 200m: 2:14.40 34.71     | 600m: 6:53.73 35.36 | 1000m: 11:35.85 35.01   | 1400m: 16:18.16 34.89 |            |
|      | 250m: 2:48.87 34.47     | 650m: 7:28.91 35.18 | 1050m: 12:11.24 35.39   | 1450m: 16:53.01 34.85 |            |
|      | 300m: 3:23.66 34.79     | 700m: 8:03.95 35.04 | 1100m: 12:46.68 35.44   | 1500m: 17:25.36 32.35 |            |
|      | 350m: 3:57.95 34.29     | 750m: 8:39.10 35.15 | 1150m: 13:22.35 35.67   |                       |            |
|      | 400m: 4:32.86 34.91     | 800m: 9:14.56 35.46 | 1200m: 13:57.42 35.07   |                       |            |
| 8.   | Pedro Guedes Caldas     | 09                  | Benfica                 | <b>17:39.73</b>       | <b>510</b> |
|      | 50m: 32.48 32.48        | 450m: 5:11.47 35.49 | 850m: 9:55.37 35.45     | 1250m: 14:41.72 35.96 |            |
|      | 100m: 1:06.05 33.57     | 500m: 5:46.99 35.52 | 900m: 10:30.85 35.48    | 1300m: 15:17.78 36.06 |            |
|      | 150m: 1:40.47 34.42     | 550m: 6:22.69 35.70 | 950m: 11:06.55 35.70    | 1350m: 15:53.84 36.06 |            |
|      | 200m: 2:15.47 35.00     | 600m: 6:57.89 35.20 | 1000m: 11:42.53 35.98   | 1400m: 16:30.13 36.29 |            |
|      | 250m: 2:50.45 34.98     | 650m: 7:33.16 35.27 | 1050m: 12:18.08 35.55   | 1450m: 17:05.58 35.45 |            |
|      | 300m: 3:25.60 35.15     | 700m: 8:08.89 35.73 | 1100m: 12:53.89 35.81   | 1500m: 17:39.73 34.15 |            |
|      | 350m: 4:00.47 34.87     | 750m: 8:44.39 35.50 | 1150m: 13:29.39 35.50   |                       |            |
|      | 400m: 4:35.98 35.51     | 800m: 9:19.92 35.53 | 1200m: 14:05.76 36.37   |                       |            |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 7, Masc., 1500m Livres, Juvenis A

| Pos. | Nadador                   | Ano                 | Clube                 | Tempo                 | Pts |
|------|---------------------------|---------------------|-----------------------|-----------------------|-----|
| 9.   | Andre Raposo Pinheiro     | 09                  | Sporting              | 17:40.48              | 509 |
|      | 50m: 32.98 32.98          | 450m: 5:15.53 35.69 | 850m: 10:04.24 36.11  | 1250m: 14:48.77 35.70 |     |
|      | 100m: 1:07.90 34.92       | 500m: 5:51.53 36.00 | 900m: 10:39.85 35.61  | 1300m: 15:24.00 35.23 |     |
|      | 150m: 1:43.25 35.35       | 550m: 6:27.57 36.04 | 950m: 11:15.63 35.78  | 1350m: 15:58.55 34.55 |     |
|      | 200m: 2:18.50 35.25       | 600m: 7:03.47 35.90 | 1000m: 11:51.41 35.78 | 1400m: 16:33.60 35.05 |     |
|      | 250m: 2:53.81 35.31       | 650m: 7:39.59 36.12 | 1050m: 12:26.65 35.24 | 1450m: 17:07.40 33.80 |     |
|      | 300m: 3:29.18 35.37       | 700m: 8:15.76 36.17 | 1100m: 13:02.32 35.67 | 1500m: 17:40.48 33.08 |     |
|      | 350m: 4:04.26 35.08       | 750m: 8:51.60 35.84 | 1150m: 13:37.09 34.77 |                       |     |
|      | 400m: 4:39.84 35.58       | 800m: 9:28.13 36.53 | 1200m: 14:13.07 35.98 |                       |     |
| 10.  | Xavier Rosa Madeira       | 09                  | Laranjeiro            | 17:52.02              | 493 |
|      | 50m: 33.73 33.73          | 450m: 5:17.18 35.37 | 850m: 10:04.74 35.99  | 1250m: 14:53.14 35.96 |     |
|      | 100m: 1:08.41 34.68       | 500m: 5:52.51 35.33 | 900m: 10:40.95 36.21  | 1300m: 15:30.01 36.87 |     |
|      | 150m: 1:43.89 35.48       | 550m: 6:28.46 35.95 | 950m: 11:16.91 35.96  | 1350m: 16:06.22 36.21 |     |
|      | 200m: 2:19.80 35.91       | 600m: 7:04.89 36.43 | 1000m: 11:53.71 36.80 | 1400m: 16:41.94 35.72 |     |
|      | 250m: 2:54.98 35.18       | 650m: 7:40.69 35.80 | 1050m: 12:29.29 35.58 | 1450m: 17:18.24 36.30 |     |
|      | 300m: 3:30.31 35.33       | 700m: 8:16.40 35.71 | 1100m: 13:05.09 35.80 | 1500m: 17:52.02 33.78 |     |
|      | 350m: 4:05.84 35.53       | 750m: 8:52.58 36.18 | 1150m: 13:41.01 35.92 |                       |     |
|      | 400m: 4:41.81 35.97       | 800m: 9:28.75 36.17 | 1200m: 14:17.18 36.17 |                       |     |
| 11.  | Tiago Rafael Ferreira     | 09                  | Sporting              | 17:54.29              | 489 |
|      | 50m: 32.77 32.77          | 450m: 5:12.36 35.60 | 850m: 9:58.65 35.95   | 1250m: 14:51.76 36.97 |     |
|      | 100m: 1:06.53 33.76       | 500m: 5:47.86 35.50 | 900m: 10:35.15 36.50  | 1300m: 15:29.18 37.42 |     |
|      | 150m: 1:41.01 34.48       | 550m: 6:23.62 35.76 | 950m: 11:11.48 36.33  | 1350m: 16:06.24 37.06 |     |
|      | 200m: 2:16.01 35.00       | 600m: 6:59.38 35.76 | 1000m: 11:47.76 36.28 | 1400m: 16:43.54 37.30 |     |
|      | 250m: 2:50.95 34.94       | 650m: 7:34.85 35.47 | 1050m: 12:24.22 36.46 | 1450m: 17:19.86 36.32 |     |
|      | 300m: 3:26.36 35.41       | 700m: 8:10.65 35.80 | 1100m: 13:01.10 36.88 | 1500m: 17:54.29 34.43 |     |
|      | 350m: 4:01.48 35.12       | 750m: 8:46.49 35.84 | 1150m: 13:37.89 36.79 |                       |     |
|      | 400m: 4:36.76 35.28       | 800m: 9:22.70 36.21 | 1200m: 14:14.79 36.90 |                       |     |
| 12.  | Bernardo Afonso Guedelha  | 09                  | Benfica               | 17:56.67              | 486 |
|      | 50m: 33.22 33.22          | 450m: 5:14.45 36.14 | 850m: 10:03.76 36.51  | 1250m: 14:57.46 37.08 |     |
|      | 100m: 1:07.10 33.88       | 500m: 5:50.21 35.76 | 900m: 10:40.51 36.75  | 1300m: 15:33.40 35.94 |     |
|      | 150m: 1:41.30 34.20       | 550m: 6:25.99 35.78 | 950m: 11:17.04 36.53  | 1350m: 16:09.30 35.90 |     |
|      | 200m: 2:16.34 35.04       | 600m: 7:02.21 36.22 | 1000m: 11:54.23 37.19 | 1400m: 16:45.58 36.28 |     |
|      | 250m: 2:51.54 35.20       | 650m: 7:38.26 36.05 | 1050m: 12:30.75 36.52 | 1450m: 17:21.25 35.67 |     |
|      | 300m: 3:26.92 35.38       | 700m: 8:14.49 36.23 | 1100m: 13:07.29 36.54 | 1500m: 17:56.67 35.42 |     |
|      | 350m: 4:02.78 35.86       | 750m: 8:51.03 36.54 | 1150m: 13:43.86 36.57 |                       |     |
|      | 400m: 4:38.31 35.53       | 800m: 9:27.25 36.22 | 1200m: 14:20.38 36.52 |                       |     |
| 13.  | Francisco Gabriel Freitas | 09                  | Geslourses            | 18:09.45              | 469 |
|      | 50m: 32.51 32.51          | 450m: 5:20.97 36.31 | 850m: 10:15.19 36.47  | 1250m: 15:10.33 36.20 |     |
|      | 100m: 1:07.17 34.66       | 500m: 5:57.86 36.89 | 900m: 10:52.35 37.16  | 1300m: 15:46.74 36.41 |     |
|      | 150m: 1:42.52 35.35       | 550m: 6:34.61 36.75 | 950m: 11:29.47 37.12  | 1350m: 16:23.73 36.99 |     |
|      | 200m: 2:18.76 36.24       | 600m: 7:11.61 37.00 | 1000m: 12:07.20 37.73 | 1400m: 16:59.61 35.88 |     |
|      | 250m: 2:54.86 36.10       | 650m: 7:47.92 36.31 | 1050m: 12:44.47 37.27 | 1450m: 17:35.19 35.58 |     |
|      | 300m: 3:31.40 36.54       | 700m: 8:24.89 36.97 | 1100m: 13:21.08 36.61 | 1500m: 18:09.45 34.26 |     |
|      | 350m: 4:07.94 36.54       | 750m: 9:02.23 37.34 | 1150m: 13:57.80 36.72 |                       |     |
|      | 400m: 4:44.66 36.72       | 800m: 9:38.72 36.49 | 1200m: 14:34.13 36.33 |                       |     |
| 14.  | Miguel Ratinho Rocha      | 09                  | Naval Setubalense     | 18:13.53              | 464 |
|      | 50m: 32.81 32.81          | 450m: 5:23.37 36.67 | 850m: 10:18.92 37.42  | 1250m: 15:13.05 36.60 |     |
|      | 100m: 1:07.75 34.94       | 500m: 6:00.12 36.75 | 900m: 10:55.91 36.99  | 1300m: 15:50.15 37.10 |     |
|      | 150m: 1:43.70 35.95       | 550m: 6:37.00 36.88 | 950m: 11:32.79 36.88  | 1350m: 16:26.51 36.36 |     |
|      | 200m: 2:20.08 36.38       | 600m: 7:13.94 36.94 | 1000m: 12:09.63 36.84 | 1400m: 17:02.88 36.37 |     |
|      | 250m: 2:56.73 36.65       | 650m: 7:50.61 36.67 | 1050m: 12:46.44 36.81 | 1450m: 17:39.19 36.31 |     |
|      | 300m: 3:33.43 36.70       | 700m: 8:27.80 37.19 | 1100m: 13:23.46 37.02 | 1500m: 18:13.53 34.34 |     |
|      | 350m: 4:10.02 36.59       | 750m: 9:04.77 36.97 | 1150m: 13:59.73 36.27 |                       |     |
|      | 400m: 4:46.70 36.68       | 800m: 9:41.50 36.73 | 1200m: 14:36.45 36.72 |                       |     |
| 15.  | Tiago Trindade Manuel     | 09                  | Palmela Desporto      | 18:19.43              | 457 |
|      | 50m: 32.75 32.75          | 450m: 5:23.07 37.09 | 850m: 10:17.36 36.87  | 1250m: 15:15.56 37.39 |     |
|      | 100m: 1:07.61 34.86       | 500m: 6:00.22 37.15 | 900m: 10:54.50 37.14  | 1300m: 15:53.25 37.69 |     |
|      | 150m: 1:43.29 35.68       | 550m: 6:37.11 36.89 | 950m: 11:31.78 37.28  | 1350m: 16:30.81 37.56 |     |
|      | 200m: 2:19.45 36.16       | 600m: 7:14.03 36.92 | 1000m: 12:09.00 37.22 | 1400m: 17:07.93 37.12 |     |
|      | 250m: 2:56.17 36.72       | 650m: 7:50.93 36.90 | 1050m: 12:46.18 37.18 | 1450m: 17:44.24 36.31 |     |
|      | 300m: 3:32.50 36.33       | 700m: 8:27.38 36.45 | 1100m: 13:23.28 37.10 | 1500m: 18:19.43 35.19 |     |
|      | 350m: 4:09.24 36.74       | 750m: 9:03.80 36.42 | 1150m: 14:00.84 37.56 |                       |     |
|      | 400m: 4:45.98 36.74       | 800m: 9:40.49 36.69 | 1200m: 14:38.17 37.33 |                       |     |
| 16.  | Duarte Afonso Leite       | 09                  | Laranjeiro            | 18:27.03              | 447 |
|      | 50m: 36.19 36.19          | 450m: 5:28.24 36.57 | 850m: 10:27.15 37.71  | 1250m: 15:24.58 37.03 |     |
|      | 100m: 1:12.59 36.40       | 500m: 6:05.29 37.05 | 900m: 11:03.92 36.77  | 1300m: 16:01.25 36.67 |     |
|      | 150m: 1:49.20 36.61       | 550m: 6:41.93 36.64 | 950m: 11:41.11 37.19  | 1350m: 16:38.60 37.35 |     |
|      | 200m: 2:25.43 36.23       | 600m: 7:20.14 38.21 | 1000m: 12:18.73 37.62 | 1400m: 17:15.77 37.17 |     |
|      | 250m: 3:02.01 36.58       | 650m: 7:57.01 36.87 | 1050m: 12:56.45 37.72 | 1450m: 17:51.85 36.08 |     |
|      | 300m: 3:38.47 36.46       | 700m: 8:34.06 37.05 | 1100m: 13:32.81 36.36 | 1500m: 18:27.03 35.18 |     |
|      | 350m: 4:15.50 37.03       | 750m: 9:11.62 37.56 | 1150m: 14:09.73 36.92 |                       |     |
|      | 400m: 4:51.67 36.17       | 800m: 9:49.44 37.82 | 1200m: 14:47.55 37.82 |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 7, Masc., 1500m Livres, Juvenis A

| Pos. | Nadador                                                                      | Ano                  | Clube                    | Tempo                 | Pts |
|------|------------------------------------------------------------------------------|----------------------|--------------------------|-----------------------|-----|
| 17.  | David Emanuel Tome                                                           | 09                   | Geslours                 | <b>18:43.09</b>       | 428 |
|      | 50m: 35.14 35.14                                                             | 450m: 5:29.96 37.60  | 850m: 10:28.82 37.88     | 1250m: 15:32.99 38.71 |     |
|      | 100m: 1:11.50 36.36                                                          | 500m: 6:07.35 37.39  | 900m: 11:05.70 36.88     | 1300m: 16:11.45 38.46 |     |
|      | 150m: 1:47.93 36.43                                                          | 550m: 6:44.79 37.44  | 950m: 11:44.20 38.50     | 1350m: 16:49.35 37.90 |     |
|      | 200m: 2:24.75 36.82                                                          | 600m: 7:21.50 36.71  | 1000m: 12:21.69 37.49    | 1400m: 17:27.07 37.72 |     |
|      | 250m: 3:01.54 36.79                                                          | 650m: 7:59.10 37.60  | 1050m: 13:00.19 38.50    | 1450m: 18:05.35 38.28 |     |
|      | 300m: 3:38.38 36.84                                                          | 700m: 8:36.78 37.68  | 1100m: 13:38.28 38.09    | 1500m: 18:43.09 37.74 |     |
|      | 350m: 4:16.01 37.63                                                          | 750m: 9:13.75 36.97  | 1150m: 14:16.58 38.30    |                       |     |
|      | 400m: 4:52.36 36.35                                                          | 800m: 9:50.94 37.19  | 1200m: 14:54.28 37.70    |                       |     |
| 18.  | Rui Melo Pereira                                                             | 09                   | Benfica                  | <b>18:47.87</b>       | 423 |
|      | 50m: 35.64 35.64                                                             | 450m: 5:28.61 37.75  | 850m: 10:33.72 38.76     | 1250m: 15:41.93 36.80 |     |
|      | 100m: 1:11.70 36.06                                                          | 500m: 6:06.16 37.55  | 900m: 11:12.66 38.94     | 1300m: 16:19.94 38.01 |     |
|      | 150m: 1:47.34 35.64                                                          | 550m: 6:44.15 37.99  | 950m: 11:50.83 38.17     | 1350m: 16:58.45 38.51 |     |
|      | 200m: 2:23.42 36.08                                                          | 600m: 7:22.28 38.13  | 1000m: 12:29.63 38.80    | 1400m: 17:36.17 37.72 |     |
|      | 250m: 2:59.77 36.35                                                          | 650m: 8:00.26 37.98  | 1050m: 13:08.05 38.42    | 1450m: 18:13.35 37.18 |     |
|      | 300m: 3:36.65 36.88                                                          | 700m: 8:37.83 37.57  | 1100m: 13:46.87 38.82    | 1500m: 18:47.87 34.52 |     |
|      | 350m: 4:13.24 36.59                                                          | 750m: 9:16.69 38.86  | 1150m: 14:25.88 39.01    |                       |     |
|      | 400m: 4:50.86 37.62                                                          | 800m: 9:54.96 38.27  | 1200m: 15:05.13 39.25    |                       |     |
| 19.  | Lourenço Marques Sebastião                                                   | 09                   | Laranjeiro               | <b>19:05.99</b>       | 403 |
|      | 50m: 34.03 34.03                                                             | 450m: 5:33.33 38.40  | 850m: 10:42.47 38.72     | 1250m: 15:53.57 39.22 |     |
|      | 100m: 1:09.77 35.74                                                          | 500m: 6:12.11 38.78  | 900m: 11:21.24 38.77     | 1300m: 16:33.19 39.62 |     |
|      | 150m: 1:46.37 36.60                                                          | 550m: 6:49.91 37.80  | 950m: 12:00.03 38.79     | 1350m: 17:12.19 39.00 |     |
|      | 200m: 2:23.87 37.50                                                          | 600m: 7:28.66 38.75  | 1000m: 12:38.84 38.81    | 1400m: 17:50.01 37.82 |     |
|      | 250m: 3:01.98 38.11                                                          | 650m: 8:07.59 38.93  | 1050m: 13:17.37 38.53    | 1450m: 18:32.03 42.02 |     |
|      | 300m: 3:39.66 37.68                                                          | 700m: 8:46.29 38.70  | 1100m: 13:56.24 38.87    | 1500m: 19:05.99 33.96 |     |
|      | 350m: 4:16.95 37.29                                                          | 750m: 9:24.87 38.58  | 1150m: 14:35.16 38.92    |                       |     |
|      | 400m: 4:54.93 37.98                                                          | 800m: 10:03.75 38.88 | 1200m: 15:14.35 39.19    |                       |     |
| DSQ  | Diogo Soares Marques                                                         | 09                   | Alges                    |                       |     |
|      | G11 - Não tocou na parede testa na viragem aos 550 metros (sr 10.5)          |                      |                          |                       |     |
| DSQ  | Santiago Castanheira Martins                                                 | 09                   | CPCD Póvoa de Santa Iria |                       |     |
|      | G9 - Não cumpriu a distância completa da prova (sr 10.2), desistiu aos 1435m |                      |                          |                       |     |

Juvenis

|    |                       |                     |                         |                       |     |
|----|-----------------------|---------------------|-------------------------|-----------------------|-----|
| 1. | Diogo Damasceno Reis  | 09                  | Sporting                | <b>16:23.33</b>       | 638 |
|    | 50m: 30.53 30.53      | 450m: 4:52.45 33.06 | 850m: 9:16.09 32.87     | 1250m: 13:41.91 32.80 |     |
|    | 100m: 1:01.92 31.39   | 500m: 5:25.78 33.33 | 900m: 9:49.58 33.49     | 1300m: 14:14.67 32.76 |     |
|    | 150m: 1:34.50 32.58   | 550m: 5:58.53 32.75 | 950m: 10:23.06 33.48    | 1350m: 14:47.25 32.58 |     |
|    | 200m: 2:07.39 32.89   | 600m: 6:31.54 33.01 | 1000m: 10:56.63 33.57   | 1400m: 15:20.07 32.82 |     |
|    | 250m: 2:40.59 33.20   | 650m: 7:04.80 33.26 | 1050m: 11:30.22 33.59   | 1450m: 15:52.83 32.76 |     |
|    | 300m: 3:13.59 33.00   | 700m: 7:37.36 32.56 | 1100m: 12:03.30 33.08   | 1500m: 16:23.33 30.50 |     |
|    | 350m: 3:46.40 32.81   | 750m: 8:10.20 32.84 | 1150m: 12:36.29 32.99   |                       |     |
|    | 400m: 4:19.39 32.99   | 800m: 8:43.22 33.02 | 1200m: 13:09.11 32.82   |                       |     |
| 2. | Martim Chambel Pinto  | 09                  | Colegio Int Monte Maior | <b>16:31.66</b>       | 622 |
|    | 50m: 30.47 30.47      | 450m: 4:53.76 33.55 | 850m: 9:21.57 33.44     | 1250m: 13:47.28 33.32 |     |
|    | 100m: 1:02.28 31.81   | 500m: 5:27.15 33.39 | 900m: 9:54.61 33.04     | 1300m: 14:20.34 33.06 |     |
|    | 150m: 1:34.95 32.67   | 550m: 6:00.75 33.60 | 950m: 10:27.95 33.34    | 1350m: 14:53.57 33.23 |     |
|    | 200m: 2:07.94 32.99   | 600m: 6:33.66 32.91 | 1000m: 11:01.29 33.34   | 1400m: 15:27.07 33.50 |     |
|    | 250m: 2:40.86 32.92   | 650m: 7:06.98 33.32 | 1050m: 11:34.08 32.79   | 1450m: 16:00.31 33.24 |     |
|    | 300m: 3:13.91 33.05   | 700m: 7:40.87 33.89 | 1100m: 12:07.44 33.36   | 1500m: 16:31.66 31.35 |     |
|    | 350m: 3:47.11 33.20   | 750m: 8:14.52 33.65 | 1150m: 12:40.41 32.97   |                       |     |
|    | 400m: 4:20.21 33.10   | 800m: 8:48.13 33.61 | 1200m: 13:13.96 33.55   |                       |     |
| 3. | Paulo Junio Fernandes | 09                  | Alges                   | <b>16:33.42</b>       | 619 |
|    | 50m: 31.72 31.72      | 450m: 4:54.95 33.49 | 850m: 9:21.90 33.61     | 1250m: 13:49.91 33.55 |     |
|    | 100m: 1:03.82 32.10   | 500m: 5:28.02 33.07 | 900m: 9:55.01 33.11     | 1300m: 14:23.60 33.69 |     |
|    | 150m: 1:36.42 32.60   | 550m: 6:01.53 33.51 | 950m: 10:28.61 33.60    | 1350m: 14:56.71 33.11 |     |
|    | 200m: 2:09.18 32.76   | 600m: 6:35.11 33.58 | 1000m: 11:02.47 33.86   | 1400m: 15:29.42 32.71 |     |
|    | 250m: 2:42.21 33.03   | 650m: 7:08.25 33.14 | 1050m: 11:35.79 33.32   | 1450m: 16:02.38 32.96 |     |
|    | 300m: 3:15.20 32.99   | 700m: 7:41.43 33.18 | 1100m: 12:09.11 33.32   | 1500m: 16:33.42 31.04 |     |
|    | 350m: 3:48.36 33.16   | 750m: 8:14.75 33.32 | 1150m: 12:42.87 33.76   |                       |     |
|    | 400m: 4:21.46 33.10   | 800m: 8:48.29 33.54 | 1200m: 13:16.36 33.49   |                       |     |
| 4. | Rafael Lin Moniz      | 09                  | Naval Setubalense       | <b>16:36.86</b>       | 613 |
|    | 50m: 30.95 30.95      | 450m: 4:54.15 33.42 | 850m: 9:21.55 33.79     | 1250m: 13:49.15 33.65 |     |
|    | 100m: 1:02.66 31.71   | 500m: 5:27.47 33.32 | 900m: 9:54.92 33.37     | 1300m: 14:23.05 33.90 |     |
|    | 150m: 1:35.28 32.62   | 550m: 6:00.81 33.34 | 950m: 10:28.24 33.32    | 1350m: 14:56.86 33.81 |     |
|    | 200m: 2:08.31 33.03   | 600m: 6:34.07 33.26 | 1000m: 11:01.68 33.44   | 1400m: 15:30.32 33.46 |     |
|    | 250m: 2:41.26 32.95   | 650m: 7:07.32 33.25 | 1050m: 11:34.82 33.14   | 1450m: 16:04.05 33.73 |     |
|    | 300m: 3:14.36 33.10   | 700m: 7:40.70 33.38 | 1100m: 12:08.19 33.37   | 1500m: 16:36.86 32.81 |     |
|    | 350m: 3:47.51 33.15   | 750m: 8:14.27 33.57 | 1150m: 12:41.77 33.58   |                       |     |
|    | 400m: 4:20.73 33.22   | 800m: 8:47.76 33.49 | 1200m: 13:15.50 33.73   |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 7, Masc., 1500m Livres, Juvenis

| Pos. | Nadador                   | Ano                 | Clube                   | Tempo                 | Pts |
|------|---------------------------|---------------------|-------------------------|-----------------------|-----|
| 5.   | Rodrigo Ferrao Dias       | 10                  | Sporting                | 16:59.26              | 573 |
|      | 50m: 32.44 32.44          | 450m: 5:02.57 33.90 | 850m: 9:36.91 34.40     | 1250m: 14:09.78 34.49 |     |
|      | 100m: 1:05.67 33.23       | 500m: 5:36.88 34.31 | 900m: 10:11.22 34.31    | 1300m: 14:43.41 33.63 |     |
|      | 150m: 1:39.15 33.48       | 550m: 6:10.85 33.97 | 950m: 10:44.90 33.68    | 1350m: 15:18.05 34.64 |     |
|      | 200m: 2:12.78 33.63       | 600m: 6:44.72 33.87 | 1000m: 11:18.94 34.04   | 1400m: 15:52.81 34.76 |     |
|      | 250m: 2:46.61 33.83       | 650m: 7:19.61 34.89 | 1050m: 11:52.88 33.94   | 1450m: 16:26.69 33.88 |     |
|      | 300m: 3:20.35 33.74       | 700m: 7:53.64 34.03 | 1100m: 12:27.32 34.44   | 1500m: 16:59.26 32.57 |     |
|      | 350m: 3:54.69 34.34       | 750m: 8:27.95 34.31 | 1150m: 13:01.11 33.79   |                       |     |
|      | 400m: 4:28.67 33.98       | 800m: 9:02.51 34.56 | 1200m: 13:35.29 34.18   |                       |     |
| 6.   | Joao Baixinho Roxo        | 10                  | União Piedense          | 17:00.61              | 571 |
|      | 50m: 33.03 33.03          | 450m: 5:06.80 34.42 | 850m: 9:40.19 34.39     | 1250m: 14:14.18 34.48 |     |
|      | 100m: 1:06.95 33.92       | 500m: 5:40.91 34.11 | 900m: 10:14.37 34.18    | 1300m: 14:48.48 34.30 |     |
|      | 150m: 1:41.34 34.39       | 550m: 6:15.15 34.24 | 950m: 10:48.47 34.10    | 1350m: 15:22.29 33.81 |     |
|      | 200m: 2:15.22 33.88       | 600m: 6:49.43 34.28 | 1000m: 11:22.54 34.07   | 1400m: 15:55.69 33.40 |     |
|      | 250m: 2:49.46 34.24       | 650m: 7:23.44 34.01 | 1050m: 11:56.36 33.82   | 1450m: 16:28.77 33.08 |     |
|      | 300m: 3:23.78 34.32       | 700m: 7:57.68 34.24 | 1100m: 12:30.63 34.27   | 1500m: 17:00.61 31.84 |     |
|      | 350m: 3:58.17 34.39       | 750m: 8:31.93 34.25 | 1150m: 13:05.30 34.67   |                       |     |
|      | 400m: 4:32.38 34.21       | 800m: 9:05.80 33.87 | 1200m: 13:39.70 34.40   |                       |     |
| 7.   | Diogo Didario Alfano      | 09                  | Fisica Torres Vedras    | 17:05.14              | 563 |
|      | 50m: 32.00 32.00          | 450m: 5:03.89 33.64 | 850m: 9:38.74 33.57     | 1250m: 14:14.40 34.45 |     |
|      | 100m: 1:05.67 33.67       | 500m: 5:38.14 34.25 | 900m: 10:13.80 35.06    | 1300m: 14:51.19 34.79 |     |
|      | 150m: 1:39.57 33.90       | 550m: 6:12.14 34.00 | 950m: 10:48.25 34.45    | 1350m: 15:23.73 32.54 |     |
|      | 200m: 2:14.09 34.52       | 600m: 6:46.32 34.18 | 1000m: 11:23.34 35.09   | 1400m: 16:00.93 37.20 |     |
|      | 250m: 2:48.09 34.00       | 650m: 7:20.85 34.53 | 1050m: 11:58.19 34.85   | 1450m: 16:34.65 33.72 |     |
|      | 300m: 3:22.05 33.96       | 700m: 7:55.37 34.52 | 1100m: 12:33.10 34.91   | 1500m: 17:05.14 30.49 |     |
|      | 350m: 3:56.37 34.32       | 750m: 8:30.06 34.69 | 1150m: 13:06.91 33.81   |                       |     |
|      | 400m: 4:30.25 33.88       | 800m: 9:05.17 35.11 | 1200m: 13:41.95 35.04   |                       |     |
| 8.   | Diogo Rodrigues Sousa     | 10                  | Alges                   | 17:05.28              | 563 |
|      | 50m: 32.53 32.53          | 450m: 5:07.07 34.51 | 850m: 9:41.97 34.79     | 1250m: 14:15.65 34.76 |     |
|      | 100m: 1:06.05 33.52       | 500m: 5:41.42 34.35 | 900m: 10:15.75 33.78    | 1300m: 14:50.08 34.43 |     |
|      | 150m: 1:40.09 34.04       | 550m: 6:16.02 34.60 | 950m: 10:49.62 33.87    | 1350m: 15:24.78 34.70 |     |
|      | 200m: 2:14.39 34.30       | 600m: 6:50.87 34.85 | 1000m: 11:23.84 34.22   | 1400m: 15:59.70 34.92 |     |
|      | 250m: 2:48.91 34.52       | 650m: 7:24.89 34.02 | 1050m: 11:58.20 34.36   | 1450m: 16:34.64 34.94 |     |
|      | 300m: 3:23.50 34.59       | 700m: 7:58.94 34.05 | 1100m: 12:32.60 34.40   | 1500m: 17:05.28 30.64 |     |
|      | 350m: 3:57.81 34.31       | 750m: 8:33.22 34.28 | 1150m: 13:06.86 34.26   |                       |     |
|      | 400m: 4:32.56 34.75       | 800m: 9:07.18 33.96 | 1200m: 13:40.89 34.03   |                       |     |
| 9.   | Dinis Aresta Ribeiro      | 10                  | Sporting                | 17:10.28              | 555 |
|      | 50m: 32.85 32.85          | 450m: 5:06.91 34.09 | 850m: 9:41.06 34.04     | 1250m: 14:17.17 34.40 |     |
|      | 100m: 1:06.62 33.77       | 500m: 5:41.35 34.44 | 900m: 10:15.45 34.39    | 1300m: 14:51.75 34.58 |     |
|      | 150m: 1:40.79 34.17       | 550m: 6:15.52 34.17 | 950m: 10:50.05 34.60    | 1350m: 15:26.80 35.05 |     |
|      | 200m: 2:15.21 34.42       | 600m: 6:49.81 34.29 | 1000m: 11:24.66 34.61   | 1400m: 16:01.83 35.03 |     |
|      | 250m: 2:49.66 34.45       | 650m: 7:24.20 34.39 | 1050m: 11:59.34 34.68   | 1450m: 16:36.35 34.52 |     |
|      | 300m: 3:24.07 34.41       | 700m: 7:58.59 34.39 | 1100m: 12:34.13 34.79   | 1500m: 17:10.28 33.93 |     |
|      | 350m: 3:58.42 34.35       | 750m: 8:32.84 34.25 | 1150m: 13:08.67 34.54   |                       |     |
|      | 400m: 4:32.82 34.40       | 800m: 9:07.02 34.18 | 1200m: 13:42.77 34.10   |                       |     |
| 10.  | Vasco Alexandre Martins   | 09                  | Colegio Int Monte Maior | 17:24.97              | 532 |
|      | 50m: 32.30 32.30          | 450m: 5:07.70 35.02 | 850m: 9:49.81 35.33     | 1250m: 14:32.74 35.55 |     |
|      | 100m: 1:05.52 33.22       | 500m: 5:42.69 34.99 | 900m: 10:25.29 35.48    | 1300m: 15:07.93 35.19 |     |
|      | 150m: 1:39.72 34.20       | 550m: 6:18.09 35.40 | 950m: 11:00.48 35.19    | 1350m: 15:42.76 34.83 |     |
|      | 200m: 2:14.61 34.89       | 600m: 6:53.36 35.27 | 1000m: 11:35.33 34.85   | 1400m: 16:17.54 34.78 |     |
|      | 250m: 2:48.98 34.37       | 650m: 7:28.78 35.42 | 1050m: 12:10.70 35.37   | 1450m: 16:52.02 34.48 |     |
|      | 300m: 3:23.53 34.55       | 700m: 8:04.02 35.24 | 1100m: 12:46.34 35.64   | 1500m: 17:24.97 32.95 |     |
|      | 350m: 3:57.77 34.24       | 750m: 8:39.18 35.16 | 1150m: 13:21.93 35.59   |                       |     |
|      | 400m: 4:32.68 34.91       | 800m: 9:14.48 35.30 | 1200m: 13:57.19 35.26   |                       |     |
| 11.  | Afonso Santos Carromeu    | 09                  | Naval Setubalense       | 17:25.36              | 531 |
|      | 50m: 32.51 32.51          | 450m: 5:08.15 35.29 | 850m: 9:49.86 35.30     | 1250m: 14:32.86 35.44 |     |
|      | 100m: 1:05.75 33.24       | 500m: 5:43.20 35.05 | 900m: 10:25.78 35.92    | 1300m: 15:08.29 35.43 |     |
|      | 150m: 1:39.69 33.94       | 550m: 6:18.37 35.17 | 950m: 11:00.84 35.06    | 1350m: 15:43.27 34.98 |     |
|      | 200m: 2:14.40 34.71       | 600m: 6:53.73 35.36 | 1000m: 11:35.85 35.01   | 1400m: 16:18.16 34.89 |     |
|      | 250m: 2:48.87 34.47       | 650m: 7:28.91 35.18 | 1050m: 12:11.24 35.39   | 1450m: 16:53.01 34.85 |     |
|      | 300m: 3:23.66 34.79       | 700m: 8:03.95 35.04 | 1100m: 12:46.68 35.44   | 1500m: 17:25.36 32.35 |     |
|      | 350m: 3:57.95 34.29       | 750m: 8:39.10 35.15 | 1150m: 13:22.35 35.67   |                       |     |
|      | 400m: 4:32.86 34.91       | 800m: 9:14.56 35.46 | 1200m: 13:57.42 35.07   |                       |     |
| 12.  | Guilherme Valente Pereira | 10                  | Colegio Int Monte Maior | 17:30.95              | 523 |
|      | 50m: 33.14 33.14          | 450m: 5:07.51 34.34 | 850m: 9:46.94 35.19     | 1250m: 14:33.91 36.18 |     |
|      | 100m: 1:07.04 33.90       | 500m: 5:42.01 34.50 | 900m: 10:22.44 35.50    | 1300m: 15:10.06 36.15 |     |
|      | 150m: 1:41.05 34.01       | 550m: 6:16.20 34.19 | 950m: 10:58.06 35.62    | 1350m: 15:45.80 35.74 |     |
|      | 200m: 2:15.76 34.71       | 600m: 6:50.84 34.64 | 1000m: 11:34.10 36.04   | 1400m: 16:21.42 35.62 |     |
|      | 250m: 2:49.98 34.22       | 650m: 7:25.62 34.78 | 1050m: 12:10.07 35.97   | 1450m: 16:56.83 35.41 |     |
|      | 300m: 3:24.46 34.48       | 700m: 8:00.65 35.03 | 1100m: 12:46.16 36.09   | 1500m: 17:30.95 34.12 |     |
|      | 350m: 3:58.76 34.30       | 750m: 8:36.50 35.85 | 1150m: 13:21.58 35.42   |                       |     |
|      | 400m: 4:33.17 34.41       | 800m: 9:11.75 35.25 | 1200m: 13:57.73 36.15   |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 7, Masc., 1500m Livres, Juvenis

| Pos. | Nadador                  | Ano                 | Clube                    | Tempo                 | Pts |
|------|--------------------------|---------------------|--------------------------|-----------------------|-----|
| 13.  | Pedro Guedes Caldas      | 09                  | Benfica                  | 17:39.73              | 510 |
|      | 50m: 32.48 32.48         | 450m: 5:11.47 35.49 | 850m: 9:55.37 35.45      | 1250m: 14:41.72 35.96 |     |
|      | 100m: 1:06.05 33.57      | 500m: 5:46.99 35.52 | 900m: 10:30.85 35.48     | 1300m: 15:17.78 36.06 |     |
|      | 150m: 1:40.47 34.42      | 550m: 6:22.69 35.70 | 950m: 11:06.55 35.70     | 1350m: 15:53.84 36.06 |     |
|      | 200m: 2:15.47 35.00      | 600m: 6:57.89 35.20 | 1000m: 11:42.53 35.98    | 1400m: 16:30.13 36.29 |     |
|      | 250m: 2:50.45 34.98      | 650m: 7:33.16 35.27 | 1050m: 12:18.08 35.55    | 1450m: 17:05.58 35.45 |     |
|      | 300m: 3:25.60 35.15      | 700m: 8:08.89 35.73 | 1100m: 12:53.89 35.81    | 1500m: 17:39.73 34.15 |     |
|      | 350m: 4:00.47 34.87      | 750m: 8:44.39 35.50 | 1150m: 13:29.39 35.50    |                       |     |
|      | 400m: 4:35.98 35.51      | 800m: 9:19.92 35.53 | 1200m: 14:05.76 36.37    |                       |     |
| 14.  | Andre Raposo Pinheiro    | 09                  | Sporting                 | 17:40.48              | 509 |
|      | 50m: 32.98 32.98         | 450m: 5:15.53 35.69 | 850m: 10:04.24 36.11     | 1250m: 14:48.77 35.70 |     |
|      | 100m: 1:07.90 34.92      | 500m: 5:51.53 36.00 | 900m: 10:39.85 35.61     | 1300m: 15:24.00 35.23 |     |
|      | 150m: 1:43.25 35.35      | 550m: 6:27.57 36.04 | 950m: 11:15.63 35.78     | 1350m: 15:58.55 34.55 |     |
|      | 200m: 2:18.50 35.25      | 600m: 7:03.47 35.90 | 1000m: 11:51.41 35.78    | 1400m: 16:33.60 35.05 |     |
|      | 250m: 2:53.81 35.31      | 650m: 7:39.59 36.12 | 1050m: 12:26.65 35.24    | 1450m: 17:07.40 33.80 |     |
|      | 300m: 3:29.18 35.37      | 700m: 8:15.76 36.17 | 1100m: 13:02.32 35.67    | 1500m: 17:40.48 33.08 |     |
|      | 350m: 4:04.26 35.08      | 750m: 8:51.60 35.84 | 1150m: 13:37.09 34.77    |                       |     |
|      | 400m: 4:39.84 35.58      | 800m: 9:28.13 36.53 | 1200m: 14:13.07 35.98    |                       |     |
| 15.  | Martim Frederico Marques | 10                  | CPCD Povia de Santa Iria | 17:48.97              | 497 |
|      | 50m: 33.30 33.30         | 450m: 5:11.97 35.26 | 850m: 9:58.37 36.38      | 1250m: 14:48.72 36.91 |     |
|      | 100m: 1:07.00 33.70      | 500m: 5:47.32 35.35 | 900m: 10:34.83 36.46     | 1300m: 15:26.12 36.40 |     |
|      | 150m: 1:41.42 34.42      | 550m: 6:22.56 35.24 | 950m: 11:11.16 36.33     | 1350m: 16:02.80 36.68 |     |
|      | 200m: 2:16.29 34.87      | 600m: 6:58.16 35.60 | 1000m: 11:47.54 36.38    | 1400m: 16:39.39 36.59 |     |
|      | 250m: 2:51.19 34.90      | 650m: 7:33.50 35.34 | 1050m: 12:24.03 36.49    | 1450m: 17:15.33 35.94 |     |
|      | 300m: 3:25.86 34.67      | 700m: 8:09.24 35.74 | 1100m: 13:00.43 36.40    | 1500m: 17:48.97 33.64 |     |
|      | 350m: 4:01.20 35.34      | 750m: 8:45.49 36.25 | 1150m: 13:36.82 36.39    |                       |     |
|      | 400m: 4:36.71 35.51      | 800m: 9:21.99 36.50 | 1200m: 14:12.81 35.99    |                       |     |
| 16.  | Xavier Rosa Madeira      | 09                  | Laranjeiro               | 17:52.02              | 493 |
|      | 50m: 33.73 33.73         | 450m: 5:11.97 35.26 | 850m: 10:04.74 35.99     | 1250m: 14:53.14 35.96 |     |
|      | 100m: 1:08.41 34.68      | 500m: 5:52.51 35.33 | 900m: 10:40.95 36.21     | 1300m: 15:30.01 36.87 |     |
|      | 150m: 1:43.89 35.48      | 550m: 6:28.46 35.95 | 950m: 11:16.91 35.96     | 1350m: 16:06.22 36.21 |     |
|      | 200m: 2:19.80 35.91      | 600m: 7:04.89 36.43 | 1000m: 11:53.71 36.80    | 1400m: 16:41.94 35.72 |     |
|      | 250m: 2:54.98 35.18      | 650m: 7:40.69 35.80 | 1050m: 12:29.29 35.58    | 1450m: 17:18.24 36.30 |     |
|      | 300m: 3:30.31 35.33      | 700m: 8:16.40 35.71 | 1100m: 13:05.09 35.80    | 1500m: 17:52.02 33.78 |     |
|      | 350m: 4:05.84 35.53      | 750m: 8:52.58 36.18 | 1150m: 13:41.01 35.92    |                       |     |
|      | 400m: 4:41.81 35.97      | 800m: 9:28.75 36.17 | 1200m: 14:17.18 36.17    |                       |     |
| 17.  | Tomas Rodrigues Oliveira | 10                  | Fisica Torres Vedras     | 17:53.06              | 491 |
|      | 50m: 32.15 32.15         | 450m: 5:15.22 36.22 | 850m: 10:06.01 36.79     | 1250m: 14:57.81 36.18 |     |
|      | 100m: 1:06.43 34.28      | 500m: 5:51.11 35.89 | 900m: 10:42.37 36.36     | 1300m: 15:33.15 35.34 |     |
|      | 150m: 1:40.99 34.56      | 550m: 6:27.48 36.37 | 950m: 11:18.85 36.48     | 1350m: 16:08.81 35.66 |     |
|      | 200m: 2:16.18 35.19      | 600m: 7:03.51 36.03 | 1000m: 11:55.50 36.65    | 1400m: 16:44.29 35.48 |     |
|      | 250m: 2:51.30 35.12      | 650m: 7:39.83 36.32 | 1050m: 12:32.30 36.80    | 1450m: 17:18.81 34.52 |     |
|      | 300m: 3:27.21 35.91      | 700m: 8:15.95 36.12 | 1100m: 13:08.76 36.46    | 1500m: 17:53.06 34.25 |     |
|      | 350m: 4:02.96 35.75      | 750m: 8:52.58 36.63 | 1150m: 13:44.94 36.18    |                       |     |
|      | 400m: 4:39.00 36.04      | 800m: 9:29.22 36.64 | 1200m: 14:21.63 36.69    |                       |     |
| 18.  | Tiago Rafael Ferreira    | 09                  | Sporting                 | 17:54.29              | 489 |
|      | 50m: 32.77 32.77         | 450m: 5:12.36 35.60 | 850m: 9:58.65 35.95      | 1250m: 14:51.76 36.97 |     |
|      | 100m: 1:06.53 33.76      | 500m: 5:47.86 35.50 | 900m: 10:35.15 36.50     | 1300m: 15:29.18 37.42 |     |
|      | 150m: 1:41.01 34.48      | 550m: 6:23.62 35.76 | 950m: 11:11.48 36.33     | 1350m: 16:06.24 37.06 |     |
|      | 200m: 2:16.01 35.00      | 600m: 6:59.38 35.76 | 1000m: 11:47.76 36.28    | 1400m: 16:43.54 37.30 |     |
|      | 250m: 2:50.95 34.94      | 650m: 7:34.85 35.47 | 1050m: 12:24.22 36.46    | 1450m: 17:19.86 36.32 |     |
|      | 300m: 3:26.36 35.41      | 700m: 8:10.65 35.80 | 1100m: 13:01.10 36.88    | 1500m: 17:54.29 34.43 |     |
|      | 350m: 4:01.48 35.12      | 750m: 8:46.49 35.84 | 1150m: 13:37.89 36.79    |                       |     |
|      | 400m: 4:36.76 35.28      | 800m: 9:22.70 36.21 | 1200m: 14:14.79 36.90    |                       |     |
| 19.  | Bernardo Afonso Guedelha | 09                  | Benfica                  | 17:56.67              | 486 |
|      | 50m: 33.22 33.22         | 450m: 5:14.45 36.14 | 850m: 10:03.76 36.51     | 1250m: 14:57.46 37.08 |     |
|      | 100m: 1:07.10 33.88      | 500m: 5:50.21 35.76 | 900m: 10:40.51 36.75     | 1300m: 15:33.40 35.94 |     |
|      | 150m: 1:41.30 34.20      | 550m: 6:25.99 35.78 | 950m: 11:17.04 36.53     | 1350m: 16:09.30 35.90 |     |
|      | 200m: 2:16.34 35.04      | 600m: 7:02.21 36.22 | 1000m: 11:54.23 37.19    | 1400m: 16:45.58 36.28 |     |
|      | 250m: 2:51.54 35.20      | 650m: 7:38.26 36.05 | 1050m: 12:30.75 36.52    | 1450m: 17:21.25 35.67 |     |
|      | 300m: 3:26.92 35.38      | 700m: 8:14.49 36.23 | 1100m: 13:07.29 36.54    | 1500m: 17:56.67 35.42 |     |
|      | 350m: 4:02.78 35.86      | 750m: 8:51.03 36.54 | 1150m: 13:43.86 36.57    |                       |     |
|      | 400m: 4:38.31 35.53      | 800m: 9:27.25 36.22 | 1200m: 14:20.38 36.52    |                       |     |
| 20.  | Antonio Carimbo Godinho  | 10                  | Fisica Torres Vedras     | 17:56.74              | 486 |
|      | 50m: 32.64 32.64         | 450m: 5:11.35 35.40 | 850m: 9:59.03 35.87      | 1250m: 14:54.39 37.63 |     |
|      | 100m: 1:06.61 33.97      | 500m: 5:46.97 35.62 | 900m: 10:36.14 37.11     | 1300m: 15:31.61 37.22 |     |
|      | 150m: 1:41.02 34.41      | 550m: 6:22.53 35.56 | 950m: 11:12.75 36.61     | 1350m: 16:08.93 37.32 |     |
|      | 200m: 2:15.40 34.38      | 600m: 6:58.02 35.49 | 1000m: 11:48.96 36.21    | 1400m: 16:46.63 37.70 |     |
|      | 250m: 2:50.31 34.91      | 650m: 7:34.37 36.35 | 1050m: 12:26.09 37.13    | 1450m: 17:23.29 36.66 |     |
|      | 300m: 3:25.34 35.03      | 700m: 8:10.11 35.74 | 1100m: 13:03.20 37.11    | 1500m: 17:56.74 33.45 |     |
|      | 350m: 4:00.61 35.27      | 750m: 8:46.37 36.26 | 1150m: 13:39.68 36.48    |                       |     |
|      | 400m: 4:35.95 35.34      | 800m: 9:23.16 36.79 | 1200m: 14:16.76 37.08    |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 7, Masc., 1500m Livres, Juvenis

| Pos. | Nadador                   | Ano                  | Clube                 | Tempo                 | Pts |
|------|---------------------------|----------------------|-----------------------|-----------------------|-----|
| 21.  | Tiago Neres Santo         | 10                   | Alges                 | 17:57.42              | 485 |
|      | 50m: 34.77 34.77          | 450m: 5:17.61 35.56  | 850m: 10:03.55 35.92  | 1250m: 14:54.07 37.12 |     |
|      | 100m: 1:10.17 35.40       | 500m: 5:53.19 35.58  | 900m: 10:39.38 35.83  | 1300m: 15:31.03 36.96 |     |
|      | 150m: 1:45.59 35.42       | 550m: 6:29.18 35.99  | 950m: 11:15.15 35.77  | 1350m: 16:07.69 36.66 |     |
|      | 200m: 2:20.80 35.21       | 600m: 7:04.78 35.60  | 1000m: 11:51.48 36.33 | 1400m: 16:44.43 36.74 |     |
|      | 250m: 2:56.15 35.35       | 650m: 7:40.33 35.55  | 1050m: 12:27.83 36.35 | 1450m: 17:21.33 36.90 |     |
|      | 300m: 3:31.28 35.13       | 700m: 8:15.64 35.31  | 1100m: 13:03.72 35.89 | 1500m: 17:57.42 36.09 |     |
|      | 350m: 4:06.59 35.31       | 750m: 8:51.60 35.96  | 1150m: 13:40.14 36.42 |                       |     |
|      | 400m: 4:42.05 35.46       | 800m: 9:27.63 36.03  | 1200m: 14:16.95 36.81 |                       |     |
| 22.  | Tomas O'Grady Freire      | 10                   | Sporting              | 17:59.93              | 482 |
|      | 50m: 33.79 33.79          | 450m: 5:16.55 36.22  | 850m: 10:05.60 36.22  | 1250m: 14:58.60 36.55 |     |
|      | 100m: 1:07.95 34.16       | 500m: 5:52.62 36.07  | 900m: 10:42.13 36.53  | 1300m: 15:35.38 36.78 |     |
|      | 150m: 1:42.72 34.77       | 550m: 6:28.92 36.30  | 950m: 11:18.75 36.62  | 1350m: 16:12.39 37.01 |     |
|      | 200m: 2:17.58 34.86       | 600m: 7:04.96 36.04  | 1000m: 11:55.54 36.79 | 1400m: 16:49.04 36.65 |     |
|      | 250m: 2:53.00 35.42       | 650m: 7:40.94 35.98  | 1050m: 12:31.60 36.06 | 1450m: 17:25.37 36.33 |     |
|      | 300m: 3:28.68 35.68       | 700m: 8:17.26 36.32  | 1100m: 13:08.42 36.82 | 1500m: 17:59.93 34.56 |     |
|      | 350m: 4:04.30 35.62       | 750m: 8:53.23 35.97  | 1150m: 13:45.23 36.81 |                       |     |
|      | 400m: 4:40.33 36.03       | 800m: 9:29.38 36.15  | 1200m: 14:22.05 36.82 |                       |     |
| 23.  | Francisco Gabriel Freitas | 09                   | Geslourses            | 18:09.45              | 469 |
|      | 50m: 32.51 32.51          | 450m: 5:20.97 36.31  | 850m: 10:15.19 36.47  | 1250m: 15:10.33 36.20 |     |
|      | 100m: 1:07.17 34.66       | 500m: 5:57.86 36.89  | 900m: 10:52.35 37.16  | 1300m: 15:46.74 36.41 |     |
|      | 150m: 1:42.52 35.35       | 550m: 6:34.61 36.75  | 950m: 11:29.47 37.12  | 1350m: 16:23.73 36.99 |     |
|      | 200m: 2:18.76 36.24       | 600m: 7:11.61 37.00  | 1000m: 12:07.20 37.73 | 1400m: 16:59.61 35.88 |     |
|      | 250m: 2:54.86 36.10       | 650m: 7:47.92 36.31  | 1050m: 12:44.47 37.27 | 1450m: 17:35.19 35.58 |     |
|      | 300m: 3:31.40 36.54       | 700m: 8:24.89 36.97  | 1100m: 13:21.08 36.61 | 1500m: 18:09.45 34.26 |     |
|      | 350m: 4:07.94 36.54       | 750m: 9:02.23 37.34  | 1150m: 13:57.80 36.72 |                       |     |
|      | 400m: 4:44.66 36.72       | 800m: 9:38.72 36.49  | 1200m: 14:34.13 36.33 |                       |     |
| 24.  | Miguel Ratinho Rocha      | 09                   | Naval Setubalense     | 18:13.53              | 464 |
|      | 50m: 32.81 32.81          | 450m: 5:23.37 36.67  | 850m: 10:18.92 37.42  | 1250m: 15:13.05 36.60 |     |
|      | 100m: 1:07.75 34.94       | 500m: 6:00.12 36.75  | 900m: 10:55.91 36.99  | 1300m: 15:50.15 37.10 |     |
|      | 150m: 1:43.70 35.95       | 550m: 6:37.00 36.88  | 950m: 11:32.79 36.88  | 1350m: 16:26.51 36.36 |     |
|      | 200m: 2:20.08 36.38       | 600m: 7:13.94 36.94  | 1000m: 12:09.63 36.84 | 1400m: 17:02.88 36.37 |     |
|      | 250m: 2:56.73 36.65       | 650m: 7:50.61 36.67  | 1050m: 12:46.44 36.81 | 1450m: 17:39.19 36.31 |     |
|      | 300m: 3:33.43 36.70       | 700m: 8:27.80 37.19  | 1100m: 13:23.46 37.02 | 1500m: 18:13.53 34.34 |     |
|      | 350m: 4:10.02 36.59       | 750m: 9:04.77 36.97  | 1150m: 13:59.73 36.27 |                       |     |
|      | 400m: 4:46.70 36.68       | 800m: 9:41.50 36.73  | 1200m: 14:36.45 36.72 |                       |     |
| 25.  | Tiago Trindade Manuel     | 09                   | Palmela Desporto      | 18:19.43              | 457 |
|      | 50m: 32.75 32.75          | 450m: 5:23.07 37.09  | 850m: 10:17.36 36.87  | 1250m: 15:15.56 37.39 |     |
|      | 100m: 1:07.61 34.86       | 500m: 6:00.22 37.15  | 900m: 10:54.50 37.14  | 1300m: 15:53.25 37.69 |     |
|      | 150m: 1:43.29 35.68       | 550m: 6:37.11 36.89  | 950m: 11:31.78 37.28  | 1350m: 16:30.81 37.56 |     |
|      | 200m: 2:19.45 36.16       | 600m: 7:14.03 36.92  | 1000m: 12:09.00 37.22 | 1400m: 17:07.93 37.12 |     |
|      | 250m: 2:56.17 36.72       | 650m: 7:50.93 36.90  | 1050m: 12:46.18 37.18 | 1450m: 17:44.24 36.31 |     |
|      | 300m: 3:32.50 36.33       | 700m: 8:27.38 36.45  | 1100m: 13:23.28 37.10 | 1500m: 18:19.43 35.19 |     |
|      | 350m: 4:09.24 36.74       | 750m: 9:03.80 36.42  | 1150m: 14:00.84 37.56 |                       |     |
|      | 400m: 4:45.98 36.74       | 800m: 9:40.49 36.69  | 1200m: 14:38.17 37.33 |                       |     |
| 26.  | Diogo Alves Castro        | 10                   | Alges                 | 18:26.29              | 448 |
|      | 50m: 34.25 34.25          | 450m: 5:24.05 36.70  | 850m: 10:22.86 37.42  | 1250m: 15:21.72 37.17 |     |
|      | 100m: 1:09.06 34.81       | 500m: 6:01.33 37.28  | 900m: 11:00.81 37.95  | 1300m: 15:58.94 37.22 |     |
|      | 150m: 1:44.89 35.83       | 550m: 6:38.62 37.29  | 950m: 11:38.04 37.23  | 1350m: 16:36.48 37.54 |     |
|      | 200m: 2:20.87 35.98       | 600m: 7:15.78 37.16  | 1000m: 12:15.51 37.47 | 1400m: 17:13.31 36.83 |     |
|      | 250m: 2:57.74 36.87       | 650m: 7:52.91 37.13  | 1050m: 12:52.94 37.43 | 1450m: 17:50.10 36.79 |     |
|      | 300m: 3:34.38 36.64       | 700m: 8:30.42 37.51  | 1100m: 13:30.57 37.63 | 1500m: 18:26.29 36.19 |     |
|      | 350m: 4:10.30 35.92       | 750m: 9:07.95 37.53  | 1150m: 14:07.51 36.94 |                       |     |
|      | 400m: 4:47.35 37.05       | 800m: 9:45.44 37.49  | 1200m: 14:44.55 37.04 |                       |     |
| 27.  | Duarte Afonso Leite       | 09                   | Laranjeiro            | 18:27.03              | 447 |
|      | 50m: 36.19 36.19          | 450m: 5:28.24 36.57  | 850m: 10:27.15 37.71  | 1250m: 15:24.58 37.03 |     |
|      | 100m: 1:12.59 36.40       | 500m: 6:05.29 37.05  | 900m: 11:03.92 36.77  | 1300m: 16:01.25 36.67 |     |
|      | 150m: 1:49.20 36.61       | 550m: 6:41.93 36.64  | 950m: 11:41.11 37.19  | 1350m: 16:38.60 37.35 |     |
|      | 200m: 2:25.43 36.23       | 600m: 7:20.14 38.21  | 1000m: 12:18.73 37.62 | 1400m: 17:15.77 37.17 |     |
|      | 250m: 3:02.01 36.58       | 650m: 7:57.01 36.87  | 1050m: 12:56.45 37.72 | 1450m: 17:51.85 36.08 |     |
|      | 300m: 3:38.47 36.46       | 700m: 8:34.06 37.05  | 1100m: 13:32.81 36.36 | 1500m: 18:27.03 35.18 |     |
|      | 350m: 4:15.50 37.03       | 750m: 9:11.62 37.56  | 1150m: 14:09.73 36.92 |                       |     |
|      | 400m: 4:51.67 36.17       | 800m: 9:49.44 37.82  | 1200m: 14:47.55 37.82 |                       |     |
| 28.  | Afonso Velada Pereira     | 10                   | Sporting              | 18:41.72              | 430 |
|      | 50m: 36.74 36.74          | 450m: 5:39.11 37.80  | 850m: 10:44.71 38.27  | 1250m: 15:43.63 37.44 |     |
|      | 100m: 1:14.26 37.52       | 500m: 6:16.71 37.60  | 900m: 11:23.27 38.56  | 1300m: 16:19.30 35.67 |     |
|      | 150m: 1:51.93 37.67       | 550m: 6:54.60 37.89  | 950m: 12:01.70 38.43  | 1350m: 16:56.13 36.83 |     |
|      | 200m: 2:29.48 37.55       | 600m: 7:32.85 38.25  | 1000m: 12:40.03 38.33 | 1400m: 17:33.16 37.03 |     |
|      | 250m: 3:07.45 37.97       | 650m: 8:10.94 38.09  | 1050m: 13:15.64 35.61 | 1450m: 18:09.38 36.22 |     |
|      | 300m: 3:45.63 38.18       | 700m: 8:49.02 38.08  | 1100m: 13:52.31 36.67 | 1500m: 18:41.72 32.34 |     |
|      | 350m: 4:23.26 37.63       | 750m: 9:27.66 38.64  | 1150m: 14:28.62 36.31 |                       |     |
|      | 400m: 5:01.31 38.05       | 800m: 10:06.44 38.78 | 1200m: 15:06.19 37.57 |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 7, Masc., 1500m Livres, Juvenis

| Pos. | Nadador                   | Ano                  | Clube                    | Tempo                 | Pts |
|------|---------------------------|----------------------|--------------------------|-----------------------|-----|
| 29.  | David Emanuel Tome        | 09                   | Geslours                 | 18:43.09              | 428 |
|      | 50m: 35.14 35.14          | 450m: 5:29.96 37.60  | 850m: 10:28.82 37.88     | 1250m: 15:32.99 38.71 |     |
|      | 100m: 1:11.50 36.36       | 500m: 6:07.35 37.39  | 900m: 11:05.70 36.88     | 1300m: 16:11.45 38.46 |     |
|      | 150m: 1:47.93 36.43       | 550m: 6:44.79 37.44  | 950m: 11:44.20 38.50     | 1350m: 16:49.35 37.90 |     |
|      | 200m: 2:24.75 36.82       | 600m: 7:21.50 36.71  | 1000m: 12:21.69 37.49    | 1400m: 17:27.07 37.72 |     |
|      | 250m: 3:01.54 36.79       | 650m: 7:59.10 37.60  | 1050m: 13:00.19 38.50    | 1450m: 18:05.35 38.28 |     |
|      | 300m: 3:38.38 36.84       | 700m: 8:36.78 37.68  | 1100m: 13:38.28 38.09    | 1500m: 18:43.09 37.74 |     |
|      | 350m: 4:16.01 37.63       | 750m: 9:13.75 36.97  | 1150m: 14:16.58 38.30    |                       |     |
|      | 400m: 4:52.36 36.35       | 800m: 9:50.94 37.19  | 1200m: 14:54.28 37.70    |                       |     |
| 30.  | Afonso Manuel Gomes       | 10                   | Sporting                 | 18:43.21              | 428 |
|      | 50m: 36.81 36.81          | 450m: 5:40.82 38.01  | 850m: 10:45.26 38.05     | 1250m: 15:45.48 37.53 |     |
|      | 100m: 1:14.62 37.81       | 500m: 6:19.32 38.50  | 900m: 11:23.69 38.43     | 1300m: 16:21.64 36.16 |     |
|      | 150m: 1:52.58 37.96       | 550m: 6:57.12 37.80  | 950m: 12:01.63 37.94     | 1350m: 16:58.64 37.00 |     |
|      | 200m: 2:30.46 37.88       | 600m: 7:34.63 37.51  | 1000m: 12:39.66 38.03    | 1400m: 17:35.47 36.83 |     |
|      | 250m: 3:08.67 38.21       | 650m: 8:12.79 38.16  | 1050m: 13:17.18 37.52    | 1450m: 18:10.72 35.25 |     |
|      | 300m: 3:46.83 38.16       | 700m: 8:50.56 37.77  | 1100m: 13:53.61 36.43    | 1500m: 18:43.21 32.49 |     |
|      | 350m: 4:24.74 37.91       | 750m: 9:28.80 38.24  | 1150m: 14:30.36 36.75    |                       |     |
|      | 400m: 5:02.81 38.07       | 800m: 10:07.21 38.41 | 1200m: 15:07.95 37.59    |                       |     |
| 31.  | Andrey Ponomarov          | 10                   | CPCD Povia de Santa Iria | 18:47.37              | 423 |
|      | 50m: 35.66 35.66          | 450m: 5:32.53 37.71  | 850m: 10:38.17 38.38     | 1250m: 15:43.05 37.30 |     |
|      | 100m: 1:12.03 36.37       | 500m: 6:10.30 37.77  | 900m: 11:16.43 38.26     | 1300m: 16:20.69 37.64 |     |
|      | 150m: 1:48.58 36.55       | 550m: 6:47.99 37.69  | 950m: 11:54.60 38.17     | 1350m: 16:58.18 37.49 |     |
|      | 200m: 2:25.15 36.57       | 600m: 7:26.11 38.12  | 1000m: 12:32.85 38.25    | 1400m: 17:35.58 37.40 |     |
|      | 250m: 3:02.72 37.57       | 650m: 8:04.63 38.52  | 1050m: 13:11.33 38.48    | 1450m: 18:13.50 37.92 |     |
|      | 300m: 3:39.98 37.26       | 700m: 8:43.15 38.52  | 1100m: 13:49.46 38.13    | 1500m: 18:47.37 33.87 |     |
|      | 350m: 4:17.26 37.28       | 750m: 9:21.36 38.21  | 1150m: 14:27.65 38.19    |                       |     |
|      | 400m: 4:54.82 37.56       | 800m: 9:59.79 38.43  | 1200m: 15:05.75 38.10    |                       |     |
| 32.  | Rui Melo Pereira          | 09                   | Benfica                  | 18:47.87              | 423 |
|      | 50m: 35.64 35.64          | 450m: 5:28.61 37.75  | 850m: 10:33.72 38.76     | 1250m: 15:41.93 36.80 |     |
|      | 100m: 1:11.70 36.06       | 500m: 6:06.16 37.55  | 900m: 11:12.66 38.94     | 1300m: 16:19.94 38.01 |     |
|      | 150m: 1:47.34 35.64       | 550m: 6:44.15 37.99  | 950m: 11:50.83 38.17     | 1350m: 16:58.45 38.51 |     |
|      | 200m: 2:23.42 36.08       | 600m: 7:22.28 38.13  | 1000m: 12:29.63 38.80    | 1400m: 17:36.17 37.72 |     |
|      | 250m: 2:59.77 36.35       | 650m: 8:00.26 37.98  | 1050m: 13:08.05 38.42    | 1450m: 18:13.35 37.18 |     |
|      | 300m: 3:36.65 36.88       | 700m: 8:37.83 37.57  | 1100m: 13:46.87 38.82    | 1500m: 18:47.87 34.52 |     |
|      | 350m: 4:13.24 36.59       | 750m: 9:16.69 38.86  | 1150m: 14:25.88 39.01    |                       |     |
|      | 400m: 4:50.86 37.62       | 800m: 9:54.96 38.27  | 1200m: 15:05.13 39.25    |                       |     |
| 33.  | Andre Huang               | 10                   | Geslours                 | 18:53.33              | 417 |
|      | 50m: 32.17 32.17          | 450m: 5:23.21 37.99  | 850m: 10:27.88 37.84     | 1250m: 15:40.33 39.56 |     |
|      | 100m: 1:06.89 34.72       | 500m: 6:00.46 37.25  | 900m: 11:06.83 38.95     | 1300m: 16:19.71 39.38 |     |
|      | 150m: 1:42.12 35.23       | 550m: 6:38.73 38.27  | 950m: 11:45.29 38.46     | 1350m: 16:58.95 39.24 |     |
|      | 200m: 2:18.12 36.00       | 600m: 7:17.17 38.44  | 1000m: 12:24.25 38.96    | 1400m: 17:37.34 38.39 |     |
|      | 250m: 2:54.37 36.25       | 650m: 7:55.22 38.05  | 1050m: 13:03.10 38.85    | 1450m: 18:15.83 38.49 |     |
|      | 300m: 3:30.51 36.14       | 700m: 8:33.74 38.52  | 1100m: 13:41.65 38.55    | 1500m: 18:53.33 37.50 |     |
|      | 350m: 4:07.28 36.77       | 750m: 9:12.69 38.95  | 1150m: 14:21.12 39.47    |                       |     |
|      | 400m: 4:45.22 37.94       | 800m: 9:50.04 37.35  | 1200m: 15:00.77 39.65    |                       |     |
| 34.  | Rafael Carreiras Marques  | 10                   | Geslours                 | 18:55.83              | 414 |
|      | 50m: 34.29 34.29          | 450m: 5:33.30 37.40  | 850m: 10:38.47 38.17     | 1250m: 15:47.26 38.57 |     |
|      | 100m: 1:10.93 36.64       | 500m: 6:11.04 37.74  | 900m: 11:16.43 37.96     | 1300m: 16:25.67 38.41 |     |
|      | 150m: 1:48.76 37.83       | 550m: 6:48.78 37.74  | 950m: 11:54.91 38.48     | 1350m: 17:04.17 38.50 |     |
|      | 200m: 2:26.53 37.77       | 600m: 7:26.89 38.11  | 1000m: 12:33.31 38.40    | 1400m: 17:42.77 38.60 |     |
|      | 250m: 3:03.17 36.64       | 650m: 8:05.16 38.27  | 1050m: 13:13.37 40.06    | 1450m: 18:19.74 36.97 |     |
|      | 300m: 3:40.53 37.36       | 700m: 8:43.39 38.23  | 1100m: 13:51.33 37.96    | 1500m: 18:55.83 36.09 |     |
|      | 350m: 4:18.15 37.62       | 750m: 9:21.70 38.31  | 1150m: 14:29.36 38.03    |                       |     |
|      | 400m: 4:55.90 37.75       | 800m: 10:00.30 38.60 | 1200m: 15:08.69 39.33    |                       |     |
| 35.  | Salvador Miranda Grandela | 10                   | Alges                    | 18:57.13              | 413 |
|      | 50m: 35.88 35.88          | 450m: 5:35.08 38.10  | 850m: 10:40.87 38.43     | 1250m: 15:48.56 38.09 |     |
|      | 100m: 1:12.66 36.78       | 500m: 6:12.99 37.91  | 900m: 11:19.25 38.38     | 1300m: 16:26.91 38.35 |     |
|      | 150m: 1:49.74 37.08       | 550m: 6:51.30 38.31  | 950m: 11:57.01 37.76     | 1350m: 17:05.36 38.45 |     |
|      | 200m: 2:26.83 37.09       | 600m: 7:29.16 37.86  | 1000m: 12:35.09 38.08    | 1400m: 17:43.42 38.06 |     |
|      | 250m: 3:03.86 37.03       | 650m: 8:07.55 38.39  | 1050m: 13:14.19 39.10    | 1450m: 18:20.94 37.52 |     |
|      | 300m: 3:41.17 37.31       | 700m: 8:45.53 37.98  | 1100m: 13:52.63 38.44    | 1500m: 18:57.13 36.19 |     |
|      | 350m: 4:19.23 38.06       | 750m: 9:24.29 38.76  | 1150m: 14:31.54 38.91    |                       |     |
|      | 400m: 4:56.98 37.75       | 800m: 10:02.44 38.15 | 1200m: 15:10.47 38.93    |                       |     |
| 36.  | Guilherme Costa Alves     | 10                   | Sporting                 | 18:59.40              | 410 |
|      | 50m: 34.77 34.77          | 450m: 5:30.40 37.66  | 850m: 10:38.93 38.97     | 1250m: 15:49.50 38.90 |     |
|      | 100m: 1:09.09 34.32       | 500m: 6:08.45 38.05  | 900m: 11:17.67 38.74     | 1300m: 16:28.23 38.73 |     |
|      | 150m: 1:45.52 36.43       | 550m: 6:46.75 38.30  | 950m: 11:56.07 38.40     | 1350m: 17:06.95 38.72 |     |
|      | 200m: 2:22.71 37.19       | 600m: 7:24.78 38.03  | 1000m: 12:35.14 39.07    | 1400m: 17:45.17 38.22 |     |
|      | 250m: 2:59.93 37.22       | 650m: 8:03.70 38.92  | 1050m: 13:13.73 38.59    | 1450m: 18:23.36 38.19 |     |
|      | 300m: 3:37.59 37.66       | 700m: 8:42.28 38.58  | 1100m: 13:52.72 38.99    | 1500m: 18:59.40 36.04 |     |
|      | 350m: 4:15.25 37.66       | 750m: 9:21.06 38.78  | 1150m: 14:32.10 39.38    |                       |     |
|      | 400m: 4:52.74 37.49       | 800m: 9:59.96 38.90  | 1200m: 15:10.60 38.50    |                       |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 7, Masc., 1500m Livres, Juvenis

| Pos. | Nadador                                                                      | Ano                  | Clube                    | Tempo                 | Pts        |
|------|------------------------------------------------------------------------------|----------------------|--------------------------|-----------------------|------------|
| 37.  | Lourenco Marques Sebastiao                                                   | 09                   | Laranjeiro               | <b>19:05.99</b>       | <b>403</b> |
|      | 50m: 34.03 34.03                                                             | 450m: 5:33.33 38.40  | 850m: 10:42.47 38.72     | 1250m: 15:53.57 39.22 |            |
|      | 100m: 1:09.77 35.74                                                          | 500m: 6:12.11 38.78  | 900m: 11:21.24 38.77     | 1300m: 16:33.19 39.62 |            |
|      | 150m: 1:46.37 36.60                                                          | 550m: 6:49.91 37.80  | 950m: 12:00.03 38.79     | 1350m: 17:12.19 39.00 |            |
|      | 200m: 2:23.87 37.50                                                          | 600m: 7:28.66 38.75  | 1000m: 12:38.84 38.81    | 1400m: 17:50.01 37.82 |            |
|      | 250m: 3:01.98 38.11                                                          | 650m: 8:07.59 38.93  | 1050m: 13:17.37 38.53    | 1450m: 18:32.03 42.02 |            |
|      | 300m: 3:39.66 37.68                                                          | 700m: 8:46.29 38.70  | 1100m: 13:56.24 38.87    | 1500m: 19:05.99 33.96 |            |
|      | 350m: 4:16.95 37.29                                                          | 750m: 9:24.87 38.58  | 1150m: 14:35.16 38.92    |                       |            |
|      | 400m: 4:54.93 37.98                                                          | 800m: 10:03.75 38.88 | 1200m: 15:14.35 39.19    |                       |            |
| 38.  | Henrique Matos Sebroza                                                       | 10                   | Geslours                 | <b>19:27.88</b>       | <b>381</b> |
|      | 50m: 36.15 36.15                                                             | 450m: 5:45.46 38.91  | 850m: 10:58.72 39.15     | 1250m: 16:14.80 39.90 |            |
|      | 100m: 1:13.98 37.83                                                          | 500m: 6:24.70 39.24  | 900m: 11:38.08 39.36     | 1300m: 16:54.32 39.52 |            |
|      | 150m: 1:51.97 37.99                                                          | 550m: 7:03.51 38.81  | 950m: 12:17.91 39.83     | 1350m: 17:33.33 39.01 |            |
|      | 200m: 2:30.70 38.73                                                          | 600m: 7:42.62 39.11  | 1000m: 12:56.93 39.02    | 1400m: 18:12.25 38.92 |            |
|      | 250m: 3:09.61 38.91                                                          | 650m: 8:21.91 39.29  | 1050m: 13:36.37 39.44    | 1450m: 18:51.18 38.93 |            |
|      | 300m: 3:48.23 38.62                                                          | 700m: 9:00.67 38.76  | 1100m: 14:15.80 39.43    | 1500m: 19:27.88 36.70 |            |
|      | 350m: 4:27.23 39.00                                                          | 750m: 9:40.16 39.49  | 1150m: 14:55.58 39.78    |                       |            |
|      | 400m: 5:06.55 39.32                                                          | 800m: 10:19.57 39.41 | 1200m: 15:34.90 39.32    |                       |            |
| DSQ  | Diogo Soares Marques                                                         | 09                   | Alges                    |                       |            |
|      | G11 - Não tocou na parede testa na viragem aos 550 metros (sr 10.5)          |                      |                          |                       |            |
| DSQ  | Santiago Castanheira Martins                                                 | 09                   | CPCD Povia de Santa Iria |                       |            |
|      | G9 - Não cumpriu a distância completa da prova (sr 10.2), desistiu aos 1435m |                      |                          |                       |            |

Prova 8

Femin., 800m Livres

Juvenis

04.05.2025 - 17:07

Resultados

|                       |         |                            |     |            |      |
|-----------------------|---------|----------------------------|-----|------------|------|
| Rec Regional Juv A    | 8:46.74 | Ana Cláudia Correia Santos | POR | Cantanhede | 2004 |
| Rec Regional Juv B    | 9:06.60 | Ana Cláudia Correia Santos | POR | Penafiel   | 2004 |
| Rec Regional Absoluto | 8:23.23 | Diana Margarida Duraes     | POR | Felgueiras | 2018 |
| Rec Nacional Juv A    | 8:46.74 | Ana Claudia Santos         | POR | Cantanhede | 2004 |
| Rec Nacional Juv B    | 9:00.27 | Alexandra Maria Silva      | POR |            | 1981 |
| Rec Nacional Absoluto | 8:23.23 | Diana Margarida Duraes     | POR | Felgueiras | 2018 |

Mínimo Participação Juv B: 11:13.47; Juv A: 10:50.86

Pontos: AQUA 2024

| Pos.      | Nadador                    | Ano                 | Clube                   | Tempo                | Pts        |
|-----------|----------------------------|---------------------|-------------------------|----------------------|------------|
| Juvenis B |                            |                     |                         |                      |            |
| 1.        | Margarida Ferreira Moura   | 11                  | Sporting                | <b>9:32.95</b>       | <b>578</b> |
|           | 50m: 34.62 34.62           | 250m: 2:59.23 36.39 | 450m: 5:23.30 35.99     | 650m: 7:46.08 35.64  |            |
|           | 100m: 1:10.11 35.49        | 300m: 3:35.05 35.82 | 500m: 5:59.18 35.88     | 700m: 8:21.77 35.69  |            |
|           | 150m: 1:46.52 36.41        | 350m: 4:11.15 36.10 | 550m: 6:34.79 35.61     | 750m: 8:57.59 35.82  |            |
|           | 200m: 2:22.84 36.32        | 400m: 4:47.31 36.16 | 600m: 7:10.44 35.65     | 800m: 9:32.95 35.36  |            |
| 2.        | Margarida Almeida Ferreira | 11                  | Sporting                | <b>9:44.41</b>       | <b>545</b> |
|           | 50m: 34.67 34.67           | 250m: 2:59.25 35.88 | 450m: 5:23.81 36.06     | 650m: 7:50.67 37.49  |            |
|           | 100m: 1:10.66 35.99        | 300m: 3:35.31 36.06 | 500m: 5:59.96 36.15     | 700m: 8:28.53 37.86  |            |
|           | 150m: 1:46.93 36.27        | 350m: 4:11.41 36.10 | 550m: 6:36.38 36.42     | 750m: 9:06.61 38.08  |            |
|           | 200m: 2:23.37 36.44        | 400m: 4:47.75 36.34 | 600m: 7:13.18 36.80     | 800m: 9:44.41 37.80  |            |
| 3.        | Ana Filipa Serra           | 11                  | Colegio Int Monte Maior | <b>9:59.62</b>       | <b>504</b> |
|           | 50m: 36.41 36.41           | 250m: 3:06.22 37.34 | 450m: 5:36.66 38.03     | 650m: 8:08.68 38.18  |            |
|           | 100m: 1:14.37 37.96        | 300m: 3:43.48 37.26 | 500m: 6:14.61 37.95     | 700m: 8:45.78 37.10  |            |
|           | 150m: 1:51.59 37.22        | 350m: 4:20.92 37.44 | 550m: 6:52.44 37.83     | 750m: 9:23.30 37.52  |            |
|           | 200m: 2:28.88 37.29        | 400m: 4:58.63 37.71 | 600m: 7:30.50 38.06     | 800m: 9:59.62 36.32  |            |
| 4.        | Maria Rendeiro Correia     | 11                  | Alges                   | <b>10:02.64</b>      | <b>497</b> |
|           | 50m: 36.56 36.56           | 250m: 3:09.42 38.58 | 450m: 5:41.50 37.75     | 650m: 8:11.72 37.04  |            |
|           | 100m: 1:14.03 37.47        | 300m: 3:47.64 38.22 | 500m: 6:19.37 37.87     | 700m: 8:49.20 37.48  |            |
|           | 150m: 1:52.36 38.33        | 350m: 4:25.99 38.35 | 550m: 6:56.96 37.59     | 750m: 9:26.77 37.57  |            |
|           | 200m: 2:30.84 38.48        | 400m: 5:03.75 37.76 | 600m: 7:34.68 37.72     | 800m: 10:02.64 35.87 |            |
| 5.        | Laura Aguiar Bergamo       | 11                  | Alges                   | <b>10:09.59</b>      | <b>480</b> |
|           | 50m: 36.90 36.90           | 250m: 3:11.23 38.12 | 450m: 5:45.52 38.84     | 650m: 8:17.65 38.29  |            |
|           | 100m: 1:15.28 38.38        | 300m: 3:49.47 38.24 | 500m: 6:23.41 37.89     | 700m: 8:56.07 38.42  |            |
|           | 150m: 1:53.89 38.61        | 350m: 4:27.94 38.47 | 550m: 7:01.37 37.96     | 750m: 9:33.36 37.29  |            |
|           | 200m: 2:33.11 39.22        | 400m: 5:06.68 38.74 | 600m: 7:39.36 37.99     | 800m: 10:09.59 36.23 |            |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 8, Femin., 800m Livres, Juvenis B

| Pos. | Nadador                                           | Ano                 | Clube                   | Tempo                | Pts |
|------|---------------------------------------------------|---------------------|-------------------------|----------------------|-----|
| 6.   | Francisca Meneses Goncalves                       | 11                  | Benfica                 | <b>10:13.42</b>      | 471 |
|      | 50m: 36.05 36.05                                  | 250m: 3:10.81 38.98 | 450m: 5:45.22 38.82     | 650m: 8:18.76 38.89  |     |
|      | 100m: 1:14.22 38.17                               | 300m: 3:49.57 38.76 | 500m: 6:23.48 38.26     | 700m: 8:57.75 38.99  |     |
|      | 150m: 1:52.95 38.73                               | 350m: 4:28.01 38.44 | 550m: 7:01.33 37.85     | 750m: 9:36.78 39.03  |     |
|      | 200m: 2:31.83 38.88                               | 400m: 5:06.40 38.39 | 600m: 7:39.87 38.54     | 800m: 10:13.42 36.64 |     |
| 7.   | Carolina Melo Camejo                              | 11                  | Sporting                | <b>10:14.64</b>      | 468 |
|      | 50m: 36.00 36.00                                  | 250m: 3:10.64 39.00 | 450m: 5:44.84 38.90     | 650m: 8:19.02 38.26  |     |
|      | 100m: 1:14.04 38.04                               | 300m: 3:48.97 38.33 | 500m: 6:23.73 38.89     | 700m: 8:58.44 39.42  |     |
|      | 150m: 1:53.12 39.08                               | 350m: 4:27.88 38.91 | 550m: 7:02.17 38.44     | 750m: 9:36.82 38.38  |     |
|      | 200m: 2:31.64 38.52                               | 400m: 5:05.94 38.06 | 600m: 7:40.76 38.59     | 800m: 10:14.64 37.82 |     |
| 8.   | Francisca Cunha Monteiro                          | 11                  | Benfica                 | <b>10:15.41</b>      | 466 |
|      | 50m: 36.76 36.76                                  | 250m: 3:09.76 38.67 | 450m: 5:43.76 38.73     | 650m: 8:19.72 38.98  |     |
|      | 100m: 1:14.90 38.14                               | 300m: 3:48.05 38.29 | 500m: 6:22.59 38.83     | 700m: 8:58.63 38.91  |     |
|      | 150m: 1:52.88 37.98                               | 350m: 4:26.76 38.71 | 550m: 7:01.35 38.76     | 750m: 9:37.44 38.81  |     |
|      | 200m: 2:31.09 38.21                               | 400m: 5:05.03 38.27 | 600m: 7:40.74 39.39     | 800m: 10:15.41 37.97 |     |
| 9.   | Ines Freitas Abrantes                             | 11                  | Colegio Int Monte Maior | <b>10:17.75</b>      | 461 |
|      | 50m: 37.19 37.19                                  | 250m: 3:11.00 38.53 | 450m: 5:44.85 38.69     | 650m: 8:21.34 39.26  |     |
|      | 100m: 1:15.32 38.13                               | 300m: 3:49.08 38.08 | 500m: 6:23.78 38.93     | 700m: 9:00.41 39.07  |     |
|      | 150m: 1:53.77 38.45                               | 350m: 4:27.48 38.40 | 550m: 7:02.43 38.65     | 750m: 9:39.75 39.34  |     |
|      | 200m: 2:32.47 38.70                               | 400m: 5:06.16 38.68 | 600m: 7:42.08 39.65     | 800m: 10:17.75 38.00 |     |
| 10.  | Madalena Ferreira Baldo                           | 11                  | Colegio Int Monte Maior | <b>10:25.20</b>      | 445 |
|      | 50m: 36.50 36.50                                  | 250m: 3:10.81 38.57 | 450m: 5:48.08 39.49     | 650m: 8:27.75 40.15  |     |
|      | 100m: 1:14.63 38.13                               | 300m: 3:49.78 38.97 | 500m: 6:27.91 39.83     | 700m: 9:07.20 39.45  |     |
|      | 150m: 1:53.53 38.90                               | 350m: 4:29.49 39.71 | 550m: 7:07.34 39.43     | 750m: 9:46.93 39.73  |     |
|      | 200m: 2:32.24 38.71                               | 400m: 5:08.59 39.10 | 600m: 7:47.60 40.26     | 800m: 10:25.20 38.27 |     |
| 11.  | Varvara Hurynovich                                | 11                  | Alges                   | <b>10:32.85</b>      | 429 |
|      | 50m: 36.89 36.89                                  | 250m: 3:11.97 39.20 | 450m: 5:50.27 39.96     | 650m: 8:32.37 40.83  |     |
|      | 100m: 1:15.18 38.29                               | 300m: 3:51.18 39.21 | 500m: 6:30.49 40.22     | 700m: 9:13.16 40.79  |     |
|      | 150m: 1:54.02 38.84                               | 350m: 4:30.68 39.50 | 550m: 7:10.79 40.30     | 750m: 9:53.57 40.41  |     |
|      | 200m: 2:32.77 38.75                               | 400m: 5:10.31 39.63 | 600m: 7:51.54 40.75     | 800m: 10:32.85 39.28 |     |
| 12.  | Ana Mao de Ferro                                  | 11                  | Sporting                | <b>10:39.00</b>      | 417 |
|      | 50m: 36.77 36.77                                  | 250m: 3:12.56 39.33 | 450m: 5:52.14 41.07     | 650m: 8:36.11 41.29  |     |
|      | 100m: 1:15.08 38.31                               | 300m: 3:51.89 39.33 | 500m: 6:32.94 40.80     | 700m: 9:17.62 41.51  |     |
|      | 150m: 1:53.87 38.79                               | 350m: 4:31.10 39.21 | 550m: 7:13.56 40.62     | 750m: 9:58.86 41.24  |     |
|      | 200m: 2:33.23 39.36                               | 400m: 5:11.07 39.97 | 600m: 7:54.82 41.26     | 800m: 10:39.00 40.14 |     |
| 13.  | Raquel Silva Delgadinho                           | 11                  | Palmela Desporto        | <b>10:44.70</b>      | 406 |
|      | 50m: 36.93 36.93                                  | 250m: 3:14.03 40.10 | 450m: 5:57.59 41.10     | 650m: 8:44.52 41.94  |     |
|      | 100m: 1:15.47 38.54                               | 300m: 3:54.07 40.04 | 500m: 6:39.38 41.79     | 700m: 9:26.36 41.84  |     |
|      | 150m: 1:54.50 39.03                               | 350m: 4:35.56 41.49 | 550m: 7:21.10 41.72     | 750m: 10:06.52 40.16 |     |
|      | 200m: 2:33.93 39.43                               | 400m: 5:16.49 40.93 | 600m: 8:02.58 41.48     | 800m: 10:44.70 38.18 |     |
| 14.  | Matilde Bento Pereira                             | 11                  | Geslours                | <b>10:46.50</b>      | 402 |
|      | 50m: 36.88 36.88                                  | 250m: 3:15.47 40.15 | 450m: 5:58.02 40.67     | 650m: 8:41.66 41.28  |     |
|      | 100m: 1:15.98 39.10                               | 300m: 3:55.68 40.21 | 500m: 6:38.62 40.60     | 700m: 9:23.23 41.57  |     |
|      | 150m: 1:55.47 39.49                               | 350m: 4:36.49 40.81 | 550m: 7:19.28 40.66     | 750m: 10:05.36 42.13 |     |
|      | 200m: 2:35.32 39.85                               | 400m: 5:17.35 40.86 | 600m: 8:00.38 41.10     | 800m: 10:46.50 41.14 |     |
| 15.  | Rita Ribeiro Pereira                              | 11                  | Geslours                | <b>11:12.86</b>      | 357 |
|      | 50m: 36.46 36.46                                  | 250m: 3:21.19 42.35 | 450m: 6:13.92 43.20     | 650m: 9:07.87 43.98  |     |
|      | 100m: 1:15.92 39.46                               | 300m: 4:04.01 42.82 | 500m: 6:57.31 43.39     | 700m: 9:51.35 43.48  |     |
|      | 150m: 1:57.12 41.20                               | 350m: 4:47.13 43.12 | 550m: 7:40.44 43.13     | 750m: 10:33.40 42.05 |     |
|      | 200m: 2:38.84 41.72                               | 400m: 5:30.72 43.59 | 600m: 8:23.89 43.45     | 800m: 11:12.86 39.46 |     |
| 16.  | Vitoria Alves Penedo<br><i>Fora Minimo Acesso</i> | 11                  | Palmela Desporto        | <b>11:49.60</b>      | 304 |
|      | 50m: 40.67 40.67                                  | 250m: 3:38.52 45.52 | 450m: 6:36.49 44.92     | 650m: 9:33.23 41.84  |     |
|      | 100m: 1:23.91 43.24                               | 300m: 4:22.56 44.04 | 500m: 7:21.69 45.20     | 700m: 10:23.67 50.44 |     |
|      | 150m: 2:07.68 43.77                               | 350m: 5:07.19 44.63 | 550m: 8:06.30 44.61     | 750m: 11:08.60 44.93 |     |
|      | 200m: 2:53.00 45.32                               | 400m: 5:51.57 44.38 | 600m: 8:51.39 45.09     | 800m: 11:49.60 41.00 |     |
| DNS  | Catarina Ribeiro Fernandez                        | 11                  | Geslours                |                      |     |

## Juvenis A

|    |                            |                     |                     |                     |     |
|----|----------------------------|---------------------|---------------------|---------------------|-----|
| 1. | Carolina Escrevente Guerra | 10                  | Alges               | <b>9:54.49</b>      | 517 |
|    | 50m: 35.52 35.52           | 250m: 3:03.43 37.67 | 450m: 5:33.42 37.40 | 650m: 8:03.71 38.02 |     |
|    | 100m: 1:11.99 36.47        | 300m: 3:41.49 38.06 | 500m: 6:10.70 37.28 | 700m: 8:41.15 37.44 |     |
|    | 150m: 1:48.72 36.73        | 350m: 4:18.81 37.32 | 550m: 6:48.29 37.59 | 750m: 9:19.03 37.88 |     |
|    | 200m: 2:25.76 37.04        | 400m: 4:56.02 37.21 | 600m: 7:25.69 37.40 | 800m: 9:54.49 35.46 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

Prova 8, Femin., 800m Livres, Juvenis A

| Pos. | Nadador                                                | Ano                 | Clube                    | Tempo                | Pts |
|------|--------------------------------------------------------|---------------------|--------------------------|----------------------|-----|
| 2.   | Rita Braga Gomes                                       | 10                  | Alges                    | 9:55.55              | 515 |
|      | 50m: 34.27 34.27                                       | 250m: 3:01.11 36.92 | 450m: 5:32.29 37.72      | 650m: 8:03.51 37.80  |     |
|      | 100m: 1:10.26 35.99                                    | 300m: 3:38.53 37.42 | 500m: 6:09.91 37.62      | 700m: 8:41.97 38.46  |     |
|      | 150m: 1:47.00 36.74                                    | 350m: 4:16.47 37.94 | 550m: 6:47.93 38.02      | 750m: 9:19.26 37.29  |     |
|      | 200m: 2:24.19 37.19                                    | 400m: 4:54.57 38.10 | 600m: 7:25.71 37.78      | 800m: 9:55.55 36.29  |     |
| 3.   | Victoria Sales Proenca                                 | 10                  | Benfica                  | 9:58.03              | 508 |
|      | 50m: 34.78 34.78                                       | 250m: 3:04.45 37.79 | 450m: 5:37.06 37.91      | 650m: 8:08.66 37.67  |     |
|      | 100m: 1:11.40 36.62                                    | 300m: 3:42.77 38.32 | 500m: 6:14.98 37.92      | 700m: 8:46.33 37.67  |     |
|      | 150m: 1:48.85 37.45                                    | 350m: 4:21.00 38.23 | 550m: 6:53.00 38.02      | 750m: 9:22.37 36.04  |     |
|      | 200m: 2:26.66 37.81                                    | 400m: 4:59.15 38.15 | 600m: 7:30.99 37.99      | 800m: 9:58.03 35.66  |     |
| 4.   | Maria Madalena Fernandes                               | 10                  | Alges                    | 10:03.27             | 495 |
|      | 50m: 35.67 35.67                                       | 250m: 3:03.04 37.69 | 450m: 5:34.00 37.98      | 650m: 8:08.27 38.56  |     |
|      | 100m: 1:11.59 35.92                                    | 300m: 3:40.65 37.61 | 500m: 6:12.52 38.52      | 700m: 8:47.00 38.73  |     |
|      | 150m: 1:47.99 36.40                                    | 350m: 4:18.19 37.54 | 550m: 6:51.19 38.67      | 750m: 9:25.44 38.44  |     |
|      | 200m: 2:25.35 37.36                                    | 400m: 4:56.02 37.83 | 600m: 7:29.71 38.52      | 800m: 10:03.27 37.83 |     |
| 5.   | Carolina Sofia Martins                                 | 10                  | Naval Setubalense        | 10:12.97             | 472 |
|      | 50m: 35.59 35.59                                       | 250m: 3:10.48 39.36 | 450m: 5:43.87 38.38      | 650m: 8:19.77 39.10  |     |
|      | 100m: 1:13.88 38.29                                    | 300m: 3:48.90 38.42 | 500m: 6:23.36 39.49      | 700m: 8:58.25 38.48  |     |
|      | 150m: 1:52.44 38.56                                    | 350m: 4:26.96 38.06 | 550m: 7:02.33 38.97      | 750m: 9:37.04 38.79  |     |
|      | 200m: 2:31.12 38.68                                    | 400m: 5:05.49 38.53 | 600m: 7:40.67 38.34      | 800m: 10:12.97 35.93 |     |
| 6.   | Beatriz Paiva Branco                                   | 10                  | Laranjeiro               | 10:14.44             | 469 |
|      | 50m: 36.06 36.06                                       | 250m: 3:08.45 38.40 | 450m: 5:43.94 39.14      | 650m: 8:20.04 38.94  |     |
|      | 100m: 1:13.02 36.96                                    | 300m: 3:47.27 38.82 | 500m: 6:23.23 39.29      | 700m: 8:58.71 38.67  |     |
|      | 150m: 1:51.27 38.25                                    | 350m: 4:25.67 38.40 | 550m: 7:02.43 39.20      | 750m: 9:37.26 38.55  |     |
|      | 200m: 2:30.05 38.78                                    | 400m: 5:04.80 39.13 | 600m: 7:41.10 38.67      | 800m: 10:14.44 37.18 |     |
| 7.   | Beatriz Costa Diniz                                    | 10                  | Sporting                 | 10:17.54             | 462 |
|      | 50m: 36.07 36.07                                       | 250m: 3:07.11 38.61 | 450m: 5:44.90 39.52      | 650m: 8:22.46 38.77  |     |
|      | 100m: 1:12.85 36.78                                    | 300m: 3:46.54 39.43 | 500m: 6:25.21 40.31      | 700m: 9:01.34 38.88  |     |
|      | 150m: 1:50.27 37.42                                    | 350m: 4:25.97 39.43 | 550m: 7:04.02 38.81      | 750m: 9:40.10 38.76  |     |
|      | 200m: 2:28.50 38.23                                    | 400m: 5:05.38 39.41 | 600m: 7:43.69 39.67      | 800m: 10:17.54 37.44 |     |
| 8.   | Rita Canas Brito                                       | 10                  | Naval Setubalense        | 10:18.13             | 460 |
|      | 50m: 37.86 37.86                                       | 250m: 3:14.80 39.37 | 450m: 5:51.01 39.05      | 650m: 8:26.78 38.12  |     |
|      | 100m: 1:16.61 38.75                                    | 300m: 3:53.84 39.04 | 500m: 6:30.42 39.41      | 700m: 9:05.30 38.52  |     |
|      | 150m: 1:55.96 39.35                                    | 350m: 4:32.91 39.07 | 550m: 7:09.32 38.90      | 750m: 9:42.58 37.28  |     |
|      | 200m: 2:35.43 39.47                                    | 400m: 5:11.96 39.05 | 600m: 7:48.66 39.34      | 800m: 10:18.13 35.55 |     |
| 9.   | Bruna Sofia Simoes                                     | 10                  | Sporting                 | 10:24.70             | 446 |
|      | 50m: 34.77 34.77                                       | 250m: 3:04.23 38.23 | 450m: 5:41.29 40.05      | 650m: 8:22.89 40.75  |     |
|      | 100m: 1:11.35 36.58                                    | 300m: 3:42.97 38.74 | 500m: 6:21.35 40.06      | 700m: 9:03.77 40.88  |     |
|      | 150m: 1:48.54 37.19                                    | 350m: 4:21.96 38.99 | 550m: 7:01.80 40.45      | 750m: 9:44.70 40.93  |     |
|      | 200m: 2:26.00 37.46                                    | 400m: 5:01.24 39.28 | 600m: 7:42.14 40.34      | 800m: 10:24.70 40.00 |     |
| 10.  | Jessica Bernardino Lopes                               | 10                  | Fisica Torres Vedras     | 10:27.65             | 440 |
|      | 50m: 35.94 35.94                                       | 250m: 3:10.47 39.35 | 450m: 5:48.68 39.82      | 650m: 8:29.78 40.43  |     |
|      | 100m: 1:13.45 37.51                                    | 300m: 3:49.92 39.45 | 500m: 6:28.63 39.95      | 700m: 9:10.09 40.31  |     |
|      | 150m: 1:52.09 38.64                                    | 350m: 4:29.33 39.41 | 550m: 7:08.97 40.34      | 750m: 9:50.13 40.04  |     |
|      | 200m: 2:31.12 39.03                                    | 400m: 5:08.86 39.53 | 600m: 7:49.35 40.38      | 800m: 10:27.65 37.52 |     |
| 11.  | Luisa Anjos Frischknecht                               | 10                  | Naval Setubalense        | 10:33.59             | 427 |
|      | 50m: 36.54 36.54                                       | 250m: 3:13.41 39.84 | 450m: 5:53.33 39.78      | 650m: 8:35.69 40.44  |     |
|      | 100m: 1:15.16 38.62                                    | 300m: 3:53.34 39.93 | 500m: 6:34.49 41.16      | 700m: 9:16.01 40.32  |     |
|      | 150m: 1:54.64 39.48                                    | 350m: 4:33.38 40.04 | 550m: 7:14.75 40.26      | 750m: 9:54.85 38.84  |     |
|      | 200m: 2:33.57 38.93                                    | 400m: 5:13.55 40.17 | 600m: 7:55.25 40.50      | 800m: 10:33.59 38.74 |     |
| 12.  | Joana Alexandra Silva                                  | 10                  | CPCD Povia de Santa Iria | 10:40.76             | 413 |
|      | 50m: 36.64 36.64                                       | 250m: 3:11.85 39.68 | 450m: 5:54.44 41.86      | 650m: 8:40.20 41.46  |     |
|      | 100m: 1:14.71 38.07                                    | 300m: 3:51.70 39.85 | 500m: 6:36.22 41.78      | 700m: 9:20.22 40.02  |     |
|      | 150m: 1:53.21 38.50                                    | 350m: 4:32.10 40.40 | 550m: 7:16.76 40.54      | 750m: 10:00.38 40.16 |     |
|      | 200m: 2:32.17 38.96                                    | 400m: 5:12.58 40.48 | 600m: 7:58.74 41.98      | 800m: 10:40.76 40.38 |     |
| 13.  | Alice Fernandes Rodrigues<br><i>Fora Minimo Acesso</i> | 10                  | Geslours                 | 10:51.68             | 393 |
|      | 50m: 36.42 36.42                                       | 250m: 3:13.55 40.46 | 450m: 5:57.40 41.49      | 650m: 8:44.73 42.34  |     |
|      | 100m: 1:14.37 37.95                                    | 300m: 3:53.97 40.42 | 500m: 6:39.00 41.60      | 700m: 9:27.36 42.63  |     |
|      | 150m: 1:53.48 39.11                                    | 350m: 4:34.52 40.55 | 550m: 7:20.64 41.64      | 750m: 10:09.90 42.54 |     |
|      | 200m: 2:33.09 39.61                                    | 400m: 5:15.91 41.39 | 600m: 8:02.39 41.75      | 800m: 10:51.68 41.78 |     |
| 14.  | Maria Rita Filipe<br><i>Fora Minimo Acesso</i>         | 10                  | Geslours                 | 11:03.24             | 372 |
|      | 50m: 36.66 36.66                                       | 250m: 3:16.52 40.73 | 450m: 6:05.25 42.33      | 650m: 8:56.39 43.29  |     |
|      | 100m: 1:15.33 38.67                                    | 300m: 3:58.51 41.99 | 500m: 6:47.93 42.68      | 700m: 9:39.73 43.34  |     |
|      | 150m: 1:55.18 39.85                                    | 350m: 4:40.39 41.88 | 550m: 7:30.24 42.31      | 750m: 10:22.95 43.22 |     |
|      | 200m: 2:35.79 40.61                                    | 400m: 5:22.92 42.53 | 600m: 8:13.10 42.86      | 800m: 11:03.24 40.29 |     |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 8, Femin., 800m Livres

### Juvenis

|                                 |                                                                                       |                            |                                                                                          |                                                                                          |          |     |                                                                                           |
|---------------------------------|---------------------------------------------------------------------------------------|----------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|----------|-----|-------------------------------------------------------------------------------------------|
| 1. Margarida Ferreira Moura     | 50m: 34.62 34.62<br>100m: 1:10.11 35.49<br>150m: 1:46.52 36.41<br>200m: 2:22.84 36.32 | 11 Sporting                | 250m: 2:59.23 36.39<br>300m: 3:35.05 35.82<br>350m: 4:11.15 36.10<br>400m: 4:47.31 36.16 | 450m: 5:23.30 35.99<br>500m: 5:59.18 35.88<br>550m: 6:34.79 35.61<br>600m: 7:10.44 35.65 | 9:32.95  | 578 | 650m: 7:46.08 35.64<br>700m: 8:21.77 35.69<br>750m: 8:57.59 35.82<br>800m: 9:32.95 35.36  |
| 2. Margarida Almeida Ferreira   | 50m: 34.67 34.67<br>100m: 1:10.66 35.99<br>150m: 1:46.93 36.27<br>200m: 2:23.37 36.44 | 11 Sporting                | 250m: 2:59.25 35.88<br>300m: 3:35.31 36.06<br>350m: 4:11.41 36.10<br>400m: 4:47.75 36.34 | 450m: 5:23.81 36.06<br>500m: 5:59.96 36.15<br>550m: 6:36.38 36.42<br>600m: 7:13.18 36.80 | 9:44.41  | 545 | 650m: 7:50.67 37.49<br>700m: 8:28.53 37.86<br>750m: 9:06.61 38.08<br>800m: 9:44.41 37.80  |
| 3. Carolina Escrevente Guerra   | 50m: 35.52 35.52<br>100m: 1:11.99 36.47<br>150m: 1:48.72 36.73<br>200m: 2:25.76 37.04 | 10 Alges                   | 250m: 3:03.43 37.67<br>300m: 3:41.49 38.06<br>350m: 4:18.81 37.32<br>400m: 4:56.02 37.21 | 450m: 5:33.42 37.40<br>500m: 6:10.70 37.28<br>550m: 6:48.29 37.59<br>600m: 7:25.69 37.40 | 9:54.49  | 517 | 650m: 8:03.71 38.02<br>700m: 8:41.15 37.44<br>750m: 9:19.03 37.88<br>800m: 9:54.49 35.46  |
| 4. Rita Braga Gomes             | 50m: 34.27 34.27<br>100m: 1:10.26 35.99<br>150m: 1:47.00 36.74<br>200m: 2:24.19 37.19 | 10 Alges                   | 250m: 3:01.11 36.92<br>300m: 3:38.53 37.42<br>350m: 4:16.47 37.94<br>400m: 4:54.57 38.10 | 450m: 5:32.29 37.72<br>500m: 6:09.91 37.62<br>550m: 6:47.93 38.02<br>600m: 7:25.71 37.78 | 9:55.55  | 515 | 650m: 8:03.51 37.80<br>700m: 8:41.97 38.46<br>750m: 9:19.26 37.29<br>800m: 9:55.55 36.29  |
| 5. Victoria Sales Proenca       | 50m: 34.78 34.78<br>100m: 1:11.40 36.62<br>150m: 1:48.85 37.45<br>200m: 2:26.66 37.81 | 10 Benfica                 | 250m: 3:04.45 37.79<br>300m: 3:42.77 38.32<br>350m: 4:21.00 38.23<br>400m: 4:59.15 38.15 | 450m: 5:37.06 37.91<br>500m: 6:14.98 37.92<br>550m: 6:53.00 38.02<br>600m: 7:30.99 37.99 | 9:58.03  | 508 | 650m: 8:08.66 37.67<br>700m: 8:46.33 37.67<br>750m: 9:22.37 36.04<br>800m: 9:58.03 35.66  |
| 6. Ana Filipa Serra             | 50m: 36.41 36.41<br>100m: 1:14.37 37.96<br>150m: 1:51.59 37.22<br>200m: 2:28.88 37.29 | 11 Colegio Int Monte Maior | 250m: 3:06.22 37.34<br>300m: 3:43.48 37.26<br>350m: 4:20.92 37.44<br>400m: 4:58.63 37.71 | 450m: 5:36.66 38.03<br>500m: 6:14.61 37.95<br>550m: 6:52.44 37.83<br>600m: 7:30.50 38.06 | 9:59.62  | 504 | 650m: 8:08.68 38.18<br>700m: 8:45.78 37.10<br>750m: 9:23.30 37.52<br>800m: 9:59.62 36.32  |
| 7. Maria Rendeiro Correia       | 50m: 36.56 36.56<br>100m: 1:14.03 37.47<br>150m: 1:52.36 38.33<br>200m: 2:30.84 38.48 | 11 Alges                   | 250m: 3:09.42 38.58<br>300m: 3:47.64 38.22<br>350m: 4:25.99 38.35<br>400m: 5:03.75 37.76 | 450m: 5:41.50 37.75<br>500m: 6:19.37 37.87<br>550m: 6:56.96 37.59<br>600m: 7:34.68 37.72 | 10:02.64 | 497 | 650m: 8:11.72 37.04<br>700m: 8:49.20 37.48<br>750m: 9:26.77 37.57<br>800m: 10:02.64 35.87 |
| 8. Maria Madalena Fernandes     | 50m: 35.67 35.67<br>100m: 1:11.59 35.92<br>150m: 1:47.99 36.40<br>200m: 2:25.35 37.36 | 10 Alges                   | 250m: 3:03.04 37.69<br>300m: 3:40.65 37.61<br>350m: 4:18.19 37.54<br>400m: 4:56.02 37.83 | 450m: 5:34.00 37.98<br>500m: 6:12.52 38.52<br>550m: 6:51.19 38.67<br>600m: 7:29.71 38.52 | 10:03.27 | 495 | 650m: 8:08.27 38.56<br>700m: 8:47.00 38.73<br>750m: 9:25.44 38.44<br>800m: 10:03.27 37.83 |
| 9. Laura Aguiar Bergamo         | 50m: 36.90 36.90<br>100m: 1:15.28 38.38<br>150m: 1:53.89 38.61<br>200m: 2:33.11 39.22 | 11 Alges                   | 250m: 3:11.23 38.12<br>300m: 3:49.47 38.24<br>350m: 4:27.94 38.47<br>400m: 5:06.68 38.74 | 450m: 5:45.52 38.84<br>500m: 6:23.41 37.89<br>550m: 7:01.37 37.96<br>600m: 7:39.36 37.99 | 10:09.59 | 480 | 650m: 8:17.65 38.29<br>700m: 8:56.07 38.42<br>750m: 9:33.36 37.29<br>800m: 10:09.59 36.23 |
| 10. Carolina Sofia Martins      | 50m: 35.59 35.59<br>100m: 1:13.88 38.29<br>150m: 1:52.44 38.56<br>200m: 2:31.12 38.68 | 10 Naval Setubalense       | 250m: 3:10.48 39.36<br>300m: 3:48.90 38.42<br>350m: 4:26.96 38.06<br>400m: 5:05.49 38.53 | 450m: 5:43.87 38.38<br>500m: 6:23.36 39.49<br>550m: 7:02.33 38.97<br>600m: 7:40.67 38.34 | 10:12.97 | 472 | 650m: 8:19.77 39.10<br>700m: 8:58.25 38.48<br>750m: 9:37.04 38.79<br>800m: 10:12.97 35.93 |
| 11. Francisca Meneses Goncalves | 50m: 36.05 36.05<br>100m: 1:14.22 38.17<br>150m: 1:52.95 38.73<br>200m: 2:31.83 38.88 | 11 Benfica                 | 250m: 3:10.81 38.98<br>300m: 3:49.57 38.76<br>350m: 4:28.01 38.44<br>400m: 5:06.40 38.39 | 450m: 5:45.22 38.82<br>500m: 6:23.48 38.26<br>550m: 7:01.33 37.85<br>600m: 7:39.87 38.54 | 10:13.42 | 471 | 650m: 8:18.76 38.89<br>700m: 8:57.75 38.99<br>750m: 9:36.78 39.03<br>800m: 10:13.42 36.64 |
| 12. Beatriz Paiva Branco        | 50m: 36.06 36.06<br>100m: 1:13.02 36.96<br>150m: 1:51.27 38.25<br>200m: 2:30.05 38.78 | 10 Laranjeiro              | 250m: 3:08.45 38.40<br>300m: 3:47.27 38.82<br>350m: 4:25.67 38.40<br>400m: 5:04.80 39.13 | 450m: 5:43.94 39.14<br>500m: 6:23.23 39.29<br>550m: 7:02.43 39.20<br>600m: 7:41.10 38.67 | 10:14.44 | 469 | 650m: 8:20.04 38.94<br>700m: 8:58.71 38.67<br>750m: 9:37.26 38.55<br>800m: 10:14.44 37.18 |
| 13. Carolina Melo Camejo        | 50m: 36.00 36.00<br>100m: 1:14.04 38.04<br>150m: 1:53.12 39.08<br>200m: 2:31.64 38.52 | 11 Sporting                | 250m: 3:10.64 39.00<br>300m: 3:48.97 38.33<br>350m: 4:27.88 38.91<br>400m: 5:05.94 38.06 | 450m: 5:44.84 38.90<br>500m: 6:23.73 38.89<br>550m: 7:02.17 38.44<br>600m: 7:40.76 38.59 | 10:14.64 | 468 | 650m: 8:19.02 38.26<br>700m: 8:58.44 39.42<br>750m: 9:36.82 38.38<br>800m: 10:14.64 37.82 |
| 14. Francisca Cunha Monteiro    | 50m: 36.76 36.76<br>100m: 1:14.90 38.14<br>150m: 1:52.88 37.98<br>200m: 2:31.09 38.21 | 11 Benfica                 | 250m: 3:09.76 38.67<br>300m: 3:48.05 38.29<br>350m: 4:26.76 38.71<br>400m: 5:05.03 38.27 | 450m: 5:43.76 38.73<br>500m: 6:22.59 38.83<br>550m: 7:01.35 38.76<br>600m: 7:40.74 39.39 | 10:15.41 | 466 | 650m: 8:19.72 38.98<br>700m: 8:58.63 38.91<br>750m: 9:37.44 38.81<br>800m: 10:15.41 37.97 |

Resultados online: [anlisboa.info/live](https://anlisboa.info/live)

## Prova 8, Femin., 800m Livres, Juvenis

| Pos. | Nadador                                                | Ano                 | Clube                    | Tempo                | Pts |
|------|--------------------------------------------------------|---------------------|--------------------------|----------------------|-----|
| 15.  | Beatriz Costa Diniz                                    | 10                  | Sporting                 | 10:17.54             | 462 |
|      | 50m: 36.07 36.07                                       | 250m: 3:07.11 38.61 | 450m: 5:44.90 39.52      | 650m: 8:22.46 38.77  |     |
|      | 100m: 1:12.85 36.78                                    | 300m: 3:46.54 39.43 | 500m: 6:25.21 40.31      | 700m: 9:01.34 38.88  |     |
|      | 150m: 1:50.27 37.42                                    | 350m: 4:25.97 39.43 | 550m: 7:04.02 38.81      | 750m: 9:40.10 38.76  |     |
|      | 200m: 2:28.50 38.23                                    | 400m: 5:05.38 39.41 | 600m: 7:43.69 39.67      | 800m: 10:17.54 37.44 |     |
| 16.  | Ines Freitas Abrantes                                  | 11                  | Colegio Int Monte Maior  | 10:17.75             | 461 |
|      | 50m: 37.19 37.19                                       | 250m: 3:11.00 38.53 | 450m: 5:44.85 38.69      | 650m: 8:21.34 39.26  |     |
|      | 100m: 1:15.32 38.13                                    | 300m: 3:49.08 38.08 | 500m: 6:23.78 38.93      | 700m: 9:00.41 39.07  |     |
|      | 150m: 1:53.77 38.45                                    | 350m: 4:27.48 38.40 | 550m: 7:02.43 38.65      | 750m: 9:39.75 39.34  |     |
|      | 200m: 2:32.47 38.70                                    | 400m: 5:06.16 38.68 | 600m: 7:42.08 39.65      | 800m: 10:17.75 38.00 |     |
| 17.  | Rita Canas Brito                                       | 10                  | Naval Setubalense        | 10:18.13             | 460 |
|      | 50m: 37.86 37.86                                       | 250m: 3:14.80 39.37 | 450m: 5:51.01 39.05      | 650m: 8:26.78 38.12  |     |
|      | 100m: 1:16.61 38.75                                    | 300m: 3:53.84 39.04 | 500m: 6:30.42 39.41      | 700m: 9:05.30 38.52  |     |
|      | 150m: 1:55.96 39.35                                    | 350m: 4:32.91 39.07 | 550m: 7:09.32 38.90      | 750m: 9:42.58 37.28  |     |
|      | 200m: 2:35.43 39.47                                    | 400m: 5:11.96 39.05 | 600m: 7:48.66 39.34      | 800m: 10:18.13 35.55 |     |
| 18.  | Bruna Sofia Simoes                                     | 10                  | Sporting                 | 10:24.70             | 446 |
|      | 50m: 34.77 34.77                                       | 250m: 3:04.23 38.23 | 450m: 5:41.29 40.05      | 650m: 8:22.89 40.75  |     |
|      | 100m: 1:11.35 36.58                                    | 300m: 3:42.97 38.74 | 500m: 6:21.35 40.06      | 700m: 9:03.77 40.88  |     |
|      | 150m: 1:48.54 37.19                                    | 350m: 4:21.96 38.99 | 550m: 7:01.80 40.45      | 750m: 9:44.70 40.93  |     |
|      | 200m: 2:26.00 37.46                                    | 400m: 5:01.24 39.28 | 600m: 7:42.14 40.34      | 800m: 10:24.70 40.00 |     |
| 19.  | Madalena Ferreira Baldo                                | 11                  | Colegio Int Monte Maior  | 10:25.20             | 445 |
|      | 50m: 36.50 36.50                                       | 250m: 3:10.81 38.57 | 450m: 5:48.08 39.49      | 650m: 8:27.75 40.15  |     |
|      | 100m: 1:14.63 38.13                                    | 300m: 3:49.78 38.97 | 500m: 6:27.91 39.83      | 700m: 9:07.20 39.45  |     |
|      | 150m: 1:53.53 38.90                                    | 350m: 4:29.49 39.71 | 550m: 7:07.34 39.43      | 750m: 9:46.93 39.73  |     |
|      | 200m: 2:32.24 38.71                                    | 400m: 5:08.59 39.10 | 600m: 7:47.60 40.26      | 800m: 10:25.20 38.27 |     |
| 20.  | Jessica Bernardino Lopes                               | 10                  | Fisica Torres Vedras     | 10:27.65             | 440 |
|      | 50m: 35.94 35.94                                       | 250m: 3:10.47 39.35 | 450m: 5:48.68 39.82      | 650m: 8:29.78 40.43  |     |
|      | 100m: 1:13.45 37.51                                    | 300m: 3:49.92 39.45 | 500m: 6:28.63 39.95      | 700m: 9:10.09 40.31  |     |
|      | 150m: 1:52.09 38.64                                    | 350m: 4:29.33 39.41 | 550m: 7:08.97 40.34      | 750m: 9:50.13 40.04  |     |
|      | 200m: 2:31.12 39.03                                    | 400m: 5:08.86 39.53 | 600m: 7:49.35 40.38      | 800m: 10:27.65 37.52 |     |
| 21.  | Varvara Hurynovich                                     | 11                  | Alges                    | 10:32.85             | 429 |
|      | 50m: 36.89 36.89                                       | 250m: 3:11.97 39.20 | 450m: 5:50.27 39.96      | 650m: 8:32.37 40.83  |     |
|      | 100m: 1:15.18 38.29                                    | 300m: 3:51.18 39.21 | 500m: 6:30.49 40.22      | 700m: 9:13.16 40.79  |     |
|      | 150m: 1:54.02 38.84                                    | 350m: 4:30.68 39.50 | 550m: 7:10.79 40.30      | 750m: 9:53.57 40.41  |     |
|      | 200m: 2:32.77 38.75                                    | 400m: 5:10.31 39.63 | 600m: 7:51.54 40.75      | 800m: 10:32.85 39.28 |     |
| 22.  | Luisa Anjos Frischknecht                               | 10                  | Naval Setubalense        | 10:33.59             | 427 |
|      | 50m: 36.54 36.54                                       | 250m: 3:13.41 39.84 | 450m: 5:53.33 39.78      | 650m: 8:35.69 40.44  |     |
|      | 100m: 1:15.16 38.62                                    | 300m: 3:53.34 39.93 | 500m: 6:34.49 41.16      | 700m: 9:16.01 40.32  |     |
|      | 150m: 1:54.64 39.48                                    | 350m: 4:33.38 40.04 | 550m: 7:14.75 40.26      | 750m: 9:54.85 38.84  |     |
|      | 200m: 2:33.57 38.93                                    | 400m: 5:13.55 40.17 | 600m: 7:55.25 40.50      | 800m: 10:33.59 38.74 |     |
| 23.  | Ana Mao de Ferro                                       | 11                  | Sporting                 | 10:39.00             | 417 |
|      | 50m: 36.77 36.77                                       | 250m: 3:12.56 39.33 | 450m: 5:52.14 41.07      | 650m: 8:36.11 41.29  |     |
|      | 100m: 1:15.08 38.31                                    | 300m: 3:51.89 39.33 | 500m: 6:32.94 40.80      | 700m: 9:17.62 41.51  |     |
|      | 150m: 1:53.87 38.79                                    | 350m: 4:31.10 39.21 | 550m: 7:13.56 40.62      | 750m: 9:58.86 41.24  |     |
|      | 200m: 2:33.23 39.36                                    | 400m: 5:11.07 39.97 | 600m: 7:54.82 41.26      | 800m: 10:39.00 40.14 |     |
| 24.  | Joana Alexandra Silva                                  | 10                  | CPCD Povia de Santa Iria | 10:40.76             | 413 |
|      | 50m: 36.64 36.64                                       | 250m: 3:11.85 39.68 | 450m: 5:54.44 41.86      | 650m: 8:40.20 41.46  |     |
|      | 100m: 1:14.71 38.07                                    | 300m: 3:51.70 39.85 | 500m: 6:36.22 41.78      | 700m: 9:20.22 40.02  |     |
|      | 150m: 1:53.21 38.50                                    | 350m: 4:32.10 40.40 | 550m: 7:16.76 40.54      | 750m: 10:00.38 40.16 |     |
|      | 200m: 2:32.17 38.96                                    | 400m: 5:12.58 40.48 | 600m: 7:58.74 41.98      | 800m: 10:40.76 40.38 |     |
| 25.  | Raquel Silva Delgadinho                                | 11                  | Palmela Desporto         | 10:44.70             | 406 |
|      | 50m: 36.93 36.93                                       | 250m: 3:14.03 40.10 | 450m: 5:57.59 41.10      | 650m: 8:44.52 41.94  |     |
|      | 100m: 1:15.47 38.54                                    | 300m: 3:54.07 40.04 | 500m: 6:39.38 41.79      | 700m: 9:26.36 41.84  |     |
|      | 150m: 1:54.50 39.03                                    | 350m: 4:35.56 41.49 | 550m: 7:21.10 41.72      | 750m: 10:06.52 40.16 |     |
|      | 200m: 2:33.93 39.43                                    | 400m: 5:16.49 40.93 | 600m: 8:02.58 41.48      | 800m: 10:44.70 38.18 |     |
| 26.  | Matilde Bento Pereira                                  | 11                  | Geslours                 | 10:46.50             | 402 |
|      | 50m: 36.88 36.88                                       | 250m: 3:15.47 40.15 | 450m: 5:58.02 40.67      | 650m: 8:41.66 41.28  |     |
|      | 100m: 1:15.98 39.10                                    | 300m: 3:55.68 40.21 | 500m: 6:38.62 40.60      | 700m: 9:23.23 41.57  |     |
|      | 150m: 1:55.47 39.49                                    | 350m: 4:36.49 40.81 | 550m: 7:19.28 40.66      | 750m: 10:05.36 42.13 |     |
|      | 200m: 2:35.32 39.85                                    | 400m: 5:17.35 40.86 | 600m: 8:00.38 41.10      | 800m: 10:46.50 41.14 |     |
| 27.  | Alice Fernandes Rodrigues<br><i>Fora Minimo Acesso</i> | 10                  | Geslours                 | 10:51.68             | 393 |
|      | 50m: 36.42 36.42                                       | 250m: 3:13.55 40.46 | 450m: 5:57.40 41.49      | 650m: 8:44.73 42.34  |     |
|      | 100m: 1:14.37 37.95                                    | 300m: 3:53.97 40.42 | 500m: 6:39.00 41.60      | 700m: 9:27.36 42.63  |     |
|      | 150m: 1:53.48 39.11                                    | 350m: 4:34.52 40.55 | 550m: 7:20.64 41.64      | 750m: 10:09.90 42.54 |     |
|      | 200m: 2:33.09 39.61                                    | 400m: 5:15.91 41.39 | 600m: 8:02.39 41.75      | 800m: 10:51.68 41.78 |     |

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Prova 8, Femin., 800m Livres, Juvenis

| Pos. | Nadador                                           | Ano                 | Clube               | Tempo                | Pts |
|------|---------------------------------------------------|---------------------|---------------------|----------------------|-----|
| 28.  | Maria Rita Filipe<br><i>Fora Minimo Acesso</i>    | 10                  | Geslours            | <b>11:03.24</b>      | 372 |
|      | 50m: 36.66 36.66                                  | 250m: 3:16.52 40.73 | 450m: 6:05.25 42.33 | 650m: 8:56.39 43.29  |     |
|      | 100m: 1:15.33 38.67                               | 300m: 3:58.51 41.99 | 500m: 6:47.93 42.68 | 700m: 9:39.73 43.34  |     |
|      | 150m: 1:55.18 39.85                               | 350m: 4:40.39 41.88 | 550m: 7:30.24 42.31 | 750m: 10:22.95 43.22 |     |
|      | 200m: 2:35.79 40.61                               | 400m: 5:22.92 42.53 | 600m: 8:13.10 42.86 | 800m: 11:03.24 40.29 |     |
| 29.  | Rita Ribeiro Pereira                              | 11                  | Geslours            | <b>11:12.86</b>      | 357 |
|      | 50m: 36.46 36.46                                  | 250m: 3:21.19 42.35 | 450m: 6:13.92 43.20 | 650m: 9:07.87 43.98  |     |
|      | 100m: 1:15.92 39.46                               | 300m: 4:04.01 42.82 | 500m: 6:57.31 43.39 | 700m: 9:51.35 43.48  |     |
|      | 150m: 1:57.12 41.20                               | 350m: 4:47.13 43.12 | 550m: 7:40.44 43.13 | 750m: 10:33.40 42.05 |     |
|      | 200m: 2:38.84 41.72                               | 400m: 5:30.72 43.59 | 600m: 8:23.89 43.45 | 800m: 11:12.86 39.46 |     |
| 30.  | Vitoria Alves Penedo<br><i>Fora Minimo Acesso</i> | 11                  | Palmela Desporto    | <b>11:49.60</b>      | 304 |
|      | 50m: 40.67 40.67                                  | 250m: 3:38.52 45.52 | 450m: 6:36.49 44.92 | 650m: 9:33.23 41.84  |     |
|      | 100m: 1:23.91 43.24                               | 300m: 4:22.56 44.04 | 500m: 7:21.69 45.20 | 700m: 10:23.67 50.44 |     |
|      | 150m: 2:07.68 43.77                               | 350m: 5:07.19 44.63 | 550m: 8:06.30 44.61 | 750m: 11:08.60 44.93 |     |
|      | 200m: 2:53.00 45.32                               | 400m: 5:51.57 44.38 | 600m: 8:51.39 45.09 | 800m: 11:49.60 41.00 |     |
| DNS  | Catarina Ribeiro Fernandez                        | 11                  | Geslours            |                      |     |

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