

Prova 2
03.05.2025 - 16:00

Masc., 400m Estilos

Infantis
Resultados

Rec Regional Inf A	4:47.72	Joao Alexandre Vital	POR	Sto Antº Cavaleiros	2012
Rec Regional Inf B	5:02.78	Pedro Fontoura Oliveira	POR	Odivelas	2003
Rec Regional Absoluto	4:06.93	Joao Alexandre Vital	POR	Hangzhou (CHN)	2018
Rec Nacional Inf A	4:40.32	Tomas Miguel Freitas	POR	Funchal	2004
Rec Nacional Inf B	4:49.65	Andre Vilas Ruivo	POR	S. António Cavaleiros	2013
Rec Nacional Absoluto	4:05.87	Gabriel Jose Lopes	POR	Leiria	2022

Mínimo Participação Inf B: 6:56.99; Inf A: 6:37.13

Pontos: AQUA 2024

Pos.	Nadador	Ano	Clube	Tempo	Pts
Infantis B					
1.	Guilherme Pereira Sousa	12	Fisica Torres Vedras	5:30.42	358
	50m: 34.17 34.17	150m: 2:00.31 44.80	250m: 3:28.76 46.49	350m: 4:53.48 38.09	
	100m: 1:15.51 41.34	200m: 2:42.27 41.96	300m: 4:15.39 46.63	400m: 5:30.42 36.94	
2.	Vasco Messias Pires	12	Sporting	5:37.41	337
	50m: 35.44 35.44	150m: 2:03.11 45.48	250m: 3:34.33 46.17	350m: 4:59.79 37.39	
	100m: 1:17.63 42.19	200m: 2:48.16 45.05	300m: 4:22.40 48.07	400m: 5:37.41 37.62	
3.	Rafael Alexandre Figueiredo	12	União Piedense	5:39.91	329
	50m: 36.29 36.29	150m: 2:05.24 45.98	250m: 3:37.49 47.98	350m: 5:04.09 38.17	
	100m: 1:19.26 42.97	200m: 2:49.51 44.27	300m: 4:25.92 48.43	400m: 5:39.91 35.82	
4.	Pedro Pontes Prior	12	Laranjeiro	5:48.70	305
	50m: 35.34 35.34	150m: 2:05.49 47.74	250m: 3:39.26 48.99	350m: 5:10.08 40.96	
	100m: 1:17.75 42.41	200m: 2:50.27 44.78	300m: 4:29.12 49.86	400m: 5:48.70 38.62	
5.	Diego Miguel Mota	12	Geslours	5:53.60	292
	50m: 38.88 38.88	150m: 2:09.88 45.20	250m: 3:45.65 50.70	350m: 5:16.01 39.42	
	100m: 1:24.68 45.80	200m: 2:54.95 45.07	300m: 4:36.59 50.94	400m: 5:53.60 37.59	
6.	Goncalo Maria Francisco	12	Sporting	6:00.75	275
	50m: 36.57 36.57	150m: 2:05.83 46.94	250m: 3:46.34 53.26	350m: 5:21.08 40.30	
	100m: 1:18.89 42.32	200m: 2:53.08 47.25	300m: 4:40.78 54.44	400m: 6:00.75 39.67	
7.	Dinis Costa Faria	12	Nacional de Natação	6:02.49	271
	50m: 41.52 41.52	150m: 2:15.94 45.76	250m: 3:51.06 51.46	350m: 5:23.17 39.75	
	100m: 1:30.18 48.66	200m: 2:59.60 43.66	300m: 4:43.42 52.36	400m: 6:02.49 39.32	
8.	David Budu	12	Palmela Desporto	6:02.76	271
	50m: 41.05 41.05	150m: 2:16.71 45.25	250m: 3:51.49 50.98	350m: 5:23.04 40.64	
	100m: 1:31.46 50.41	200m: 3:00.51 43.80	300m: 4:42.40 50.91	400m: 6:02.76 39.72	
9.	Afonso Miguel Ramos	12	Fisica Torres Vedras	6:09.06	257
	50m: 37.57 37.57	150m: 2:09.70 47.20	250m: 3:50.08 54.02	350m: 5:28.22 43.10	
	100m: 1:22.50 44.93	200m: 2:56.06 46.36	300m: 4:45.12 55.04	400m: 6:09.06 40.84	
10.	Tomas Caldeira Marques	12	AONDA - Azeitão	6:09.17	257
	50m: 42.19 42.19	150m: 2:18.81 46.27	250m: 3:56.92 52.66	350m: 5:30.05 39.92	
	100m: 1:32.54 50.35	200m: 3:04.26 45.45	300m: 4:50.13 53.21	400m: 6:09.17 39.12	
11.	Miguel Almeida Pereira	12	AONDA - Azeitão	6:09.35	256
	50m: 43.10 43.10	150m: 2:18.75 46.27	250m: 3:58.45 54.48	350m: 5:31.88 40.64	
	100m: 1:32.48 49.38	200m: 3:03.97 45.22	300m: 4:51.24 52.79	400m: 6:09.35 37.47	
12.	Joao Leitao Duarte	12	Geslours	6:11.31	252
	50m: 41.15 41.15	150m: 2:19.72 46.45	250m: 3:56.24 49.58	350m: 5:29.63 42.57	
	100m: 1:33.27 52.12	200m: 3:06.66 46.94	300m: 4:47.06 50.82	400m: 6:11.31 41.68	
13.	Gustavo Henriques Lourenco	12	CPCD Povoá de Santa Iria	6:12.31	250
	50m: 39.29 39.29	150m: 2:15.17 47.82	250m: 3:53.25 53.29	350m: 5:33.24 43.25	
	100m: 1:27.35 48.06	200m: 2:59.96 44.79	300m: 4:49.99 56.74	400m: 6:12.31 39.07	
14.	Afonso Andre Correia	12	Benfica	6:14.30	246
	50m: 40.60 40.60	150m: 2:15.51 48.14	250m: 3:56.76 55.50	350m: 5:33.53 41.81	
	100m: 1:27.37 46.77	200m: 3:01.26 45.75	300m: 4:51.72 54.96	400m: 6:14.30 40.77	
15.	Kirill Tkachenko	12	Sporting	6:20.44	235
	50m: 42.32 42.32	150m: 2:20.66 47.20	250m: 4:04.16 56.55	350m: 5:41.69 40.92	
	100m: 1:33.46 51.14	200m: 3:07.61 46.95	300m: 5:00.77 56.61	400m: 6:20.44 38.75	
16.	Miguel Farias Passana	12	Geslours	6:21.10	233
	50m: 38.55 38.55	150m: 2:15.28 50.04	250m: 3:57.85 54.79	350m: 5:37.56 44.54	
	100m: 1:25.24 46.69	200m: 3:03.06 47.78	300m: 4:53.02 55.17	400m: 6:21.10 43.54	
17.	Manuel Joao Fonseca	12	Colegio Int Monte Maior	6:22.26	231
	50m: 42.80 42.80	150m: 2:25.37 48.77	250m: 4:06.95 54.44	350m: 5:42.72 41.56	
	100m: 1:36.60 53.80	200m: 3:12.51 47.14	300m: 5:01.16 54.21	400m: 6:22.26 39.54	

Resultados online: anlisboa.info/live

Prova 2, Masc., 400m Estilos, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
18.	Miguel Cruz Simoes	12	Alges	6:22.80	230
	50m: 40.63 40.63 150m: 2:20.50 51.11 250m: 4:02.98 53.81 350m: 5:41.30 43.91				
	100m: 1:29.39 48.76 200m: 3:09.17 48.67 300m: 4:57.39 54.41 400m: 6:22.80 41.50				
19.	Francisco Carrapico Alexandrino	12	Alges	6:28.42	220
	50m: 41.60 41.60 150m: 2:21.28 50.55 250m: 4:05.13 55.25 350m: 5:46.98 44.46				
	100m: 1:30.73 49.13 200m: 3:09.88 48.60 300m: 5:02.52 57.39 400m: 6:28.42 41.44				
20.	Martim Silva Ferreira	12	Geslours	6:36.09	208
	50m: 45.63 45.63 150m: 2:34.66 52.42 250m: 4:18.88 54.86 350m: 5:57.77 43.53				
	100m: 1:42.24 56.61 200m: 3:24.02 49.36 300m: 5:14.24 55.36 400m: 6:36.09 38.32				
21.	Alvaro Fernandes Rodrigues	12	Geslours	6:49.31	188
	50m: 49.20 49.20 150m: 2:39.42 52.17 250m: 4:23.97 53.99 350m: 6:05.57 45.98				
	100m: 1:47.25 58.05 200m: 3:29.98 50.56 300m: 5:19.59 55.62 400m: 6:49.31 43.74				
DSQ	Afonso Guerreiro Santos	12	Colegio Int Monte Maior		
	<i>E-B2 - Efetuou múltiplas pernadas de golfinho após a viragem aos 250 metros (sr 7.1)</i>				
DSQ	Leon Konrad Dynkiewicz	12	Alges		
	<i>E-B19 - Toque não simultâneo das mãos na parede testa na viragem aos 250 metros (sr 7.6)</i>				
DSQ	Goncalo Nunes Costa	12	Geslours		
	<i>E-C5 - Na viragem aos 175 metros perdeu a posição dorsal na saída da parede testa (sr 6.4)</i>				
DSQ	Tiago Esteves Rodrigues	12	Geslours		
	<i>E-B21 - Toque não simultâneo das mãos na parede testa na chegada do percurso de bruços (sr 7.6 / 9.4)</i>				

Infantis A

1.	Bernardo Goncalves Paulo	11	União Piedense	5:04.80	457
	50m: 31.78 31.78 150m: 1:49.00 39.36 250m: 3:12.29 44.84 350m: 4:32.64 33.88				
	100m: 1:09.64 37.86 200m: 2:27.45 38.45 300m: 3:58.76 46.47 400m: 5:04.80 32.16				
2.	Simao Pascoal Fernandes	11	Colegio Int Monte Maior	5:15.17	413
	50m: 34.07 34.07 150m: 1:55.71 41.60 250m: 3:21.51 44.30 350m: 4:41.31 34.82				
	100m: 1:14.11 40.04 200m: 2:37.21 41.50 300m: 4:06.49 44.98 400m: 5:15.17 33.86				
3.	Duarte Ribeiro Lima	11	Geslours	5:20.02	395
	50m: 33.64 33.64 150m: 1:54.95 41.28 250m: 3:20.48 45.25 350m: 4:45.32 39.49				
	100m: 1:13.67 40.03 200m: 2:35.23 40.28 300m: 4:05.83 45.35 400m: 5:20.02 34.70				
4.	Keyser Jossib Ribeiro	11	Alges	5:20.61	392
	50m: 30.24 30.24 150m: 1:49.75 43.48 250m: 3:18.00 47.05 350m: 4:45.11 39.08				
	100m: 1:06.27 36.03 200m: 2:30.95 41.20 300m: 4:06.03 48.03 400m: 5:20.61 35.50				
5.	Mingxi Guan	11	Alges	5:25.85	374
	50m: 33.62 33.62 150m: 1:56.81 43.74 250m: 3:22.88 44.46 350m: 4:48.39 39.60				
	100m: 1:13.07 39.45 200m: 2:38.42 41.61 300m: 4:08.79 45.91 400m: 5:25.85 37.46				
6.	David Pacheco Castanheira	11	Geslours	5:26.33	372
	50m: 34.89 34.89 150m: 2:00.08 42.69 250m: 3:25.62 44.45 350m: 4:48.79 38.22				
	100m: 1:17.39 42.50 200m: 2:41.17 41.09 300m: 4:10.57 44.95 400m: 5:26.33 37.54				
7.	Matias Malheiro Mata	11	Sporting	5:27.64	368
	50m: 37.06 37.06 150m: 2:00.90 41.17 250m: 3:28.67 47.33 350m: 4:52.61 36.98				
	100m: 1:19.73 42.67 200m: 2:41.34 40.44 300m: 4:15.63 46.96 400m: 5:27.64 35.03				
8.	Ryan Lukas Desousa	11	Alges	5:28.53	365
	50m: 33.17 33.17 150m: 1:53.00 39.73 250m: 3:24.18 50.70 350m: 4:52.57 38.47				
	100m: 1:13.27 40.10 200m: 2:33.48 40.48 300m: 4:14.10 49.92 400m: 5:28.53 35.96				
9.	Tiago Pinheiro Carranca	11	Colegio Int Monte Maior	5:30.76	357
	50m: 36.78 36.78 150m: 2:03.59 40.69 250m: 3:32.31 48.70 350m: 4:56.19 34.94				
	100m: 1:22.90 46.12 200m: 2:43.61 40.02 300m: 4:21.25 48.94 400m: 5:30.76 34.57				
10.	Simao Verissimo Aires	11	Laranjeiro	5:31.15	356
	50m: 36.06 36.06 150m: 1:59.15 39.68 250m: 3:29.91 50.66 350m: 4:56.29 35.49				
	100m: 1:19.47 43.41 200m: 2:39.25 40.10 300m: 4:20.80 50.89 400m: 5:31.15 34.86				
11.	Joao Marcelino Rodrigues	11	Sporting	5:33.14	350
	50m: 37.67 37.67 150m: 2:04.79 42.87 250m: 3:33.32 47.27 350m: 4:57.58 36.61				
	100m: 1:21.92 44.25 200m: 2:46.05 41.26 300m: 4:20.97 47.65 400m: 5:33.14 35.56				
12.	Francisco Lalanda Correia	11	Fisica Torres Vedras	5:36.83	338
	50m: 33.75 33.75 150m: 1:56.39 43.73 250m: 3:31.03 51.66 350m: 5:00.56 37.12				
	100m: 1:12.66 38.91 200m: 2:39.37 42.98 300m: 4:23.44 52.41 400m: 5:36.83 36.27				

Resultados online: anlisboa.info/live

Prova 2, Masc., 400m Estilos, Infantis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
13.	Tomas Ferreira Batista	11	CPCD Povia de Santa Iria	5:38.46	333
	50m: 34.99 34.99	150m: 2:00.22 44.70	250m: 3:32.06 48.42	350m: 5:00.37 38.65	
	100m: 1:15.52 40.53	200m: 2:43.64 43.42	300m: 4:21.72 49.66	400m: 5:38.46 38.09	
14.	Fabio Martim Couraceiro	11	AONDA - Azeitão	5:42.64	321
	50m: 36.28 36.28	150m: 2:02.78 43.04	250m: 3:35.86 51.44	350m: 5:06.08 38.84	
	100m: 1:19.74 43.46	200m: 2:44.42 41.64	300m: 4:27.24 51.38	400m: 5:42.64 36.56	
15.	Tiago Botelho Silva	11	Geslours	5:43.63	319
	50m: 37.83 37.83	150m: 2:06.29 44.23	250m: 3:37.01 47.78	350m: 5:05.06 40.17	
	100m: 1:22.06 44.23	200m: 2:49.23 42.94	300m: 4:24.89 47.88	400m: 5:43.63 38.57	
16.	Thomas James Barnett	11	Nacional de Natação	5:44.76	315
	50m: 39.00 39.00	150m: 2:09.65 45.90	250m: 3:41.45 47.78	350m: 5:07.64 38.07	
	100m: 1:23.75 44.75	200m: 2:53.67 44.02	300m: 4:29.57 48.12	400m: 5:44.76 37.12	
17.	Tomas Rodrigues Morais	11	Colegio Int Monte Maior	5:45.14	314
	50m: 37.29 37.29	150m: 2:06.59 45.37	250m: 3:38.51 47.23	350m: 5:06.66 39.38	
	100m: 1:21.22 43.93	200m: 2:51.28 44.69	300m: 4:27.28 48.77	400m: 5:45.14 38.48	
18.	Francisco Pimentel Coelho	11	Benfica	5:45.51	313
	50m: 39.43 39.43	150m: 2:09.09 45.01	250m: 3:40.24 48.79	350m: 5:09.74 39.05	
	100m: 1:24.08 44.65	200m: 2:51.45 42.36	300m: 4:30.69 50.45	400m: 5:45.51 35.77	
19.	Vicente Guerreiro Velez	11	Fisica Torres Vedras	5:47.54	308
	50m: 36.70 36.70	150m: 2:05.53 45.23	250m: 3:39.44 50.35	350m: 5:10.36 39.30	
	100m: 1:20.30 43.60	200m: 2:49.09 43.56	300m: 4:31.06 51.62	400m: 5:47.54 37.18	
20.	Duarte Lopo Pereira	11	AONDA - Azeitão	5:47.64	308
	50m: 37.67 37.67	150m: 2:06.00 42.91	250m: 3:38.70 51.61	350m: 5:10.50 38.55	
	100m: 1:23.09 45.42	200m: 2:47.09 41.09	300m: 4:31.95 53.25	400m: 5:47.64 37.14	
21.	Duarte Oliveira Pinto	11	Geslours	5:51.47	298
	50m: 37.57 37.57	150m: 2:08.47 44.67	250m: 3:42.94 50.67	350m: 5:14.02 39.00	
	100m: 1:23.80 46.23	200m: 2:52.27 43.80	300m: 4:35.02 52.08	400m: 5:51.47 37.45	
22.	Antonio Santos Mota	11	Benfica	5:53.15	293
	50m: 39.34 39.34	150m: 2:10.28 44.06	250m: 3:45.78 52.28	350m: 5:17.57 39.13	
	100m: 1:26.22 46.88	200m: 2:53.50 43.22	300m: 4:38.44 52.66	400m: 5:53.15 35.58	
23.	Carlos Henrique Dias	11	Fisica Torres Vedras	5:57.40	283
	50m: 37.95 37.95	150m: 2:09.69 45.13	250m: 3:45.64 50.23	350m: 5:18.52 40.69	
	100m: 1:24.56 46.61	200m: 2:55.41 45.72	300m: 4:37.83 52.19	400m: 5:57.40 38.88	
24.	Henrique Jose Chainho	11	Palmela Desporto	6:01.16	274
	50m: 37.86 37.86	150m: 2:10.74 46.43	250m: 3:50.39 53.93	350m: 5:24.54 39.13	
	100m: 1:24.31 46.45	200m: 2:56.46 45.72	300m: 4:45.41 55.02	400m: 6:01.16 36.62	
25.	Tiago Guedes Caldas	11	Benfica	6:03.01	270
	50m: 41.48 41.48	150m: 2:15.42 44.21	250m: 3:51.11 51.70	350m: 5:23.43 40.48	
	100m: 1:31.21 49.73	200m: 2:59.41 43.99	300m: 4:42.95 51.84	400m: 6:03.01 39.58	
26.	Rodrigo Santiago Almeida	11	CPCD Povia de Santa Iria	6:09.77	256
	50m: 36.86 36.86	150m: 2:15.54 44.87	250m: 3:51.93 52.13	350m: 5:28.75 42.38	
	100m: 1:30.67 53.81	200m: 2:59.80 44.26	300m: 4:46.37 54.44	400m: 6:09.77 41.02	
27.	Joao Pedro Santos	11	Alges	6:10.14	255
	50m: 39.47 39.47	150m: 2:13.78 47.68	250m: 3:54.78 54.63	350m: 5:33.44 42.45	
	100m: 1:26.10 46.63	200m: 3:00.15 46.37	300m: 4:50.99 56.21	400m: 6:10.14 36.70	
28.	Luis Eugenio Poitout	11	Colegio Int Monte Maior	6:10.70	254
	50m: 40.48 40.48	150m: 2:16.00 46.09	250m: 3:52.23 52.03	350m: 5:27.20 43.21	
	100m: 1:29.91 49.43	200m: 3:00.20 44.20	300m: 4:43.99 51.76	400m: 6:10.70 43.50	
29.	Joao Santos Ferro	11	Amadora	6:14.83	245
	50m: 37.28 37.28	150m: 2:08.27 45.79	250m: 3:50.13 57.20	350m: 5:31.94 42.69	
	100m: 1:22.48 45.20	200m: 2:52.93 44.66	300m: 4:49.25 59.12	400m: 6:14.83 42.89	
30.	Antonio Melo Pereira	11	Benfica	6:22.58	231
	50m: 46.39 46.39	150m: 2:29.03 50.93	250m: 4:05.77 49.14	350m: 5:40.21 44.51	
	100m: 1:38.10 51.71	200m: 3:16.63 47.60	300m: 4:55.70 49.93	400m: 6:22.58 42.37	
31.	Daniel Hutsul Pateiro	11	Geslours	6:22.94	230
	50m: 42.33 42.33	150m: 2:22.74 47.54	250m: 4:05.25 56.62	350m: 5:44.60 42.49	
	100m: 1:35.20 52.87	200m: 3:08.63 45.89	300m: 5:02.11 56.86	400m: 6:22.94 38.34	
32.	Vicente Brazuna Moreira	11	Geslours	6:28.09	221
	50m: 40.69 40.69	150m: 2:17.57 48.14	250m: 4:01.75 55.35	350m: 5:44.51 45.23	
	100m: 1:29.43 48.74	200m: 3:06.40 48.83	300m: 4:59.28 57.53	400m: 6:28.09 43.58	

Resultados online: anlisboa.info/live

Prova 2, Masc., 400m Estilos

Infantis

1. Bernardo Goncalves Paulo	50m: 31.78 100m: 1:09.64	31.78 37.86	11 União Piedense	150m: 1:49.00 200m: 2:27.45	39.36 38.45	250m: 3:12.29 300m: 3:58.76	44.84 46.47	5:04.80	457	350m: 4:32.64 400m: 5:04.80	33.88 32.16
2. Simao Pascoal Fernandes	50m: 34.07 100m: 1:14.11	34.07 40.04	11 Colegio Int Monte Maior	150m: 1:55.71 200m: 2:37.21	41.60 41.50	250m: 3:21.51 300m: 4:06.49	44.30 44.98	5:15.17	413	350m: 4:41.31 400m: 5:15.17	34.82 33.86
3. Duarte Ribeiro Lima	50m: 33.64 100m: 1:13.67	33.64 40.03	11 Geslours	150m: 1:54.95 200m: 2:35.23	41.28 40.28	250m: 3:20.48 300m: 4:05.83	45.25 45.35	5:20.02	395	350m: 4:45.32 400m: 5:20.02	39.49 34.70
4. Keyser Jossib Ribeiro	50m: 30.24 100m: 1:06.27	30.24 36.03	11 Alges	150m: 1:49.75 200m: 2:30.95	43.48 41.20	250m: 3:18.00 300m: 4:06.03	47.05 48.03	5:20.61	392	350m: 4:45.11 400m: 5:20.61	39.08 35.50
5. Mingxi Guan	50m: 33.62 100m: 1:13.07	33.62 39.45	11 Alges	150m: 1:56.81 200m: 2:38.42	43.74 41.61	250m: 3:22.88 300m: 4:08.79	44.46 45.91	5:25.85	374	350m: 4:48.39 400m: 5:25.85	39.60 37.46
6. David Pacheco Castanheira	50m: 34.89 100m: 1:17.39	34.89 42.50	11 Geslours	150m: 2:00.08 200m: 2:41.17	42.69 41.09	250m: 3:25.62 300m: 4:10.57	44.45 44.95	5:26.33	372	350m: 4:48.79 400m: 5:26.33	38.22 37.54
7. Matias Malheiro Mata	50m: 37.06 100m: 1:19.73	37.06 42.67	11 Sporting	150m: 2:00.90 200m: 2:41.34	41.17 40.44	250m: 3:28.67 300m: 4:15.63	47.33 46.96	5:27.64	368	350m: 4:52.61 400m: 5:27.64	36.98 35.03
8. Ryan Lukas Desousa	50m: 33.17 100m: 1:13.27	33.17 40.10	11 Alges	150m: 1:53.00 200m: 2:33.48	39.73 40.48	250m: 3:24.18 300m: 4:14.10	50.70 49.92	5:28.53	365	350m: 4:52.57 400m: 5:28.53	38.47 35.96
9. Guilherme Pereira Sousa	50m: 34.17 100m: 1:15.51	34.17 41.34	12 Fisica Torres Vedras	150m: 2:00.31 200m: 2:42.27	44.80 41.96	250m: 3:28.76 300m: 4:15.39	46.49 46.63	5:30.42	358	350m: 4:53.48 400m: 5:30.42	38.09 36.94
10. Tiago Pinheiro Carranca	50m: 36.78 100m: 1:22.90	36.78 46.12	11 Colegio Int Monte Maior	150m: 2:03.59 200m: 2:43.61	40.69 40.02	250m: 3:32.31 300m: 4:21.25	48.70 48.94	5:30.76	357	350m: 4:56.19 400m: 5:30.76	34.94 34.57
11. Simao Verissimo Aires	50m: 36.06 100m: 1:19.47	36.06 43.41	11 Laranjeiro	150m: 1:59.15 200m: 2:39.25	39.68 40.10	250m: 3:29.91 300m: 4:20.80	50.66 50.89	5:31.15	356	350m: 4:56.29 400m: 5:31.15	35.49 34.86
12. Joao Marcelino Rodrigues	50m: 37.67 100m: 1:21.92	37.67 44.25	11 Sporting	150m: 2:04.79 200m: 2:46.05	42.87 41.26	250m: 3:33.32 300m: 4:20.97	47.27 47.65	5:33.14	350	350m: 4:57.58 400m: 5:33.14	36.61 35.56
13. Francisco Lalanda Correia	50m: 33.75 100m: 1:12.66	33.75 38.91	11 Fisica Torres Vedras	150m: 1:56.39 200m: 2:39.37	43.73 42.98	250m: 3:31.03 300m: 4:23.44	51.66 52.41	5:36.83	338	350m: 5:00.56 400m: 5:36.83	37.12 36.27
14. Vasco Messias Pires	50m: 35.44 100m: 1:17.63	35.44 42.19	12 Sporting	150m: 2:03.11 200m: 2:48.16	45.48 45.05	250m: 3:34.33 300m: 4:22.40	46.17 48.07	5:37.41	337	350m: 4:59.79 400m: 5:37.41	37.39 37.62
15. Tomas Ferreira Batista	50m: 34.99 100m: 1:15.52	34.99 40.53	11 CPCD Povoia de Santa Iria	150m: 2:00.22 200m: 2:43.64	44.70 43.42	250m: 3:32.06 300m: 4:21.72	48.42 49.66	5:38.46	333	350m: 5:00.37 400m: 5:38.46	38.65 38.09
16. Rafael Alexandre Figueiredo	50m: 36.29 100m: 1:19.26	36.29 42.97	12 União Piedense	150m: 2:05.24 200m: 2:49.51	45.98 44.27	250m: 3:37.49 300m: 4:25.92	47.98 48.43	5:39.91	329	350m: 5:04.09 400m: 5:39.91	38.17 35.82
17. Fabio Martim Couraceiro	50m: 36.28 100m: 1:19.74	36.28 43.46	11 AONDA - Azeitão	150m: 2:02.78 200m: 2:44.42	43.04 41.64	250m: 3:35.86 300m: 4:27.24	51.44 51.38	5:42.64	321	350m: 5:06.08 400m: 5:42.64	38.84 36.56
18. Tiago Botelho Silva	50m: 37.83 100m: 1:22.06	37.83 44.23	11 Geslours	150m: 2:06.29 200m: 2:49.23	44.23 42.94	250m: 3:37.01 300m: 4:24.89	47.78 47.88	5:43.63	319	350m: 5:05.06 400m: 5:43.63	40.17 38.57
19. Thomas James Barnett	50m: 39.00 100m: 1:23.75	39.00 44.75	11 Nacional de Nataçao	150m: 2:09.65 200m: 2:53.67	45.90 44.02	250m: 3:41.45 300m: 4:29.57	47.78 48.12	5:44.76	315	350m: 5:07.64 400m: 5:44.76	38.07 37.12
20. Tomas Rodrigues Morais	50m: 37.29 100m: 1:21.22	37.29 43.93	11 Colegio Int Monte Maior	150m: 2:06.59 200m: 2:51.28	45.37 44.69	250m: 3:38.51 300m: 4:27.28	47.23 48.77	5:45.14	314	350m: 5:06.66 400m: 5:45.14	39.38 38.48
21. Francisco Pimentel Coelho	50m: 39.43 100m: 1:24.08	39.43 44.65	11 Benfica	150m: 2:09.09 200m: 2:51.45	45.01 42.36	250m: 3:40.24 300m: 4:30.69	48.79 50.45	5:45.51	313	350m: 5:09.74 400m: 5:45.51	39.05 35.77

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Prova 2, Masc., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
22.	Vicente Guerreiro Velez	11	Fisica Torres Vedras	5:47.54	308
	50m: 36.70 36.70	150m: 2:05.53 45.23	250m: 3:39.44 50.35	350m: 5:10.36 39.30	
	100m: 1:20.30 43.60	200m: 2:49.09 43.56	300m: 4:31.06 51.62	400m: 5:47.54 37.18	
23.	Duarte Lopo Pereira	11	AONDA - Azeitão	5:47.64	308
	50m: 37.67 37.67	150m: 2:06.00 42.91	250m: 3:38.70 51.61	350m: 5:10.50 38.55	
	100m: 1:23.09 45.42	200m: 2:47.09 41.09	300m: 4:31.95 53.25	400m: 5:47.64 37.14	
24.	Pedro Pontes Prior	12	Laranjeiro	5:48.70	305
	50m: 35.34 35.34	150m: 2:05.49 47.74	250m: 3:39.26 48.99	350m: 5:10.08 40.96	
	100m: 1:17.75 42.41	200m: 2:50.27 44.78	300m: 4:29.12 49.86	400m: 5:48.70 38.62	
25.	Duarte Oliveira Pinto	11	Geslourses	5:51.47	298
	50m: 37.57 37.57	150m: 2:08.47 44.67	250m: 3:42.94 50.67	350m: 5:14.02 39.00	
	100m: 1:23.80 46.23	200m: 2:52.27 43.80	300m: 4:35.02 52.08	400m: 5:51.47 37.45	
26.	Antonio Santos Mota	11	Benfica	5:53.15	293
	50m: 39.34 39.34	150m: 2:10.28 44.06	250m: 3:45.78 52.28	350m: 5:17.57 39.13	
	100m: 1:26.22 46.88	200m: 2:53.50 43.22	300m: 4:38.44 52.66	400m: 5:53.15 35.58	
27.	Diego Miguel Mota	12	Geslourses	5:53.60	292
	50m: 38.88 38.88	150m: 2:09.88 45.20	250m: 3:45.65 50.70	350m: 5:16.01 39.42	
	100m: 1:24.68 45.80	200m: 2:54.95 45.07	300m: 4:36.59 50.94	400m: 5:53.60 37.59	
28.	Carlos Henrique Dias	11	Fisica Torres Vedras	5:57.40	283
	50m: 37.95 37.95	150m: 2:09.69 45.13	250m: 3:45.64 50.23	350m: 5:18.52 40.69	
	100m: 1:24.56 46.61	200m: 2:55.41 45.72	300m: 4:37.83 52.19	400m: 5:57.40 38.88	
29.	Goncalo Maria Francisco	12	Sporting	6:00.75	275
	50m: 36.57 36.57	150m: 2:05.83 46.94	250m: 3:46.34 53.26	350m: 5:21.08 40.30	
	100m: 1:18.89 42.32	200m: 2:53.08 47.25	300m: 4:40.78 54.44	400m: 6:00.75 39.67	
30.	Henrique Jose Chainho	11	Palmela Desporto	6:01.16	274
	50m: 37.86 37.86	150m: 2:10.74 46.43	250m: 3:50.39 53.93	350m: 5:24.54 39.13	
	100m: 1:24.31 46.45	200m: 2:56.46 45.72	300m: 4:45.41 55.02	400m: 6:01.16 36.62	
31.	Dinis Costa Faria	12	Nacional de Natação	6:02.49	271
	50m: 41.52 41.52	150m: 2:15.94 45.76	250m: 3:51.06 51.46	350m: 5:23.17 39.75	
	100m: 1:30.18 48.66	200m: 2:59.60 43.66	300m: 4:43.42 52.36	400m: 6:02.49 39.32	
32.	David Budu	12	Palmela Desporto	6:02.76	271
	50m: 41.05 41.05	150m: 2:16.71 45.25	250m: 3:51.49 50.98	350m: 5:23.04 40.64	
	100m: 1:31.46 50.41	200m: 3:00.51 43.80	300m: 4:42.40 50.91	400m: 6:02.76 39.72	
33.	Tiago Guedes Caldas	11	Benfica	6:03.01	270
	50m: 41.48 41.48	150m: 2:15.42 44.21	250m: 3:51.11 51.70	350m: 5:23.43 40.48	
	100m: 1:31.21 49.73	200m: 2:59.41 43.99	300m: 4:42.95 51.84	400m: 6:03.01 39.58	
34.	Afonso Miguel Ramos	12	Fisica Torres Vedras	6:09.06	257
	50m: 37.57 37.57	150m: 2:09.70 47.20	250m: 3:50.08 54.02	350m: 5:28.22 43.10	
	100m: 1:22.50 44.93	200m: 2:56.06 46.36	300m: 4:45.12 55.04	400m: 6:09.06 40.84	
35.	Tomas Caldeira Marques	12	AONDA - Azeitão	6:09.17	257
	50m: 42.19 42.19	150m: 2:18.81 46.27	250m: 3:56.92 52.66	350m: 5:30.05 39.92	
	100m: 1:32.54 50.35	200m: 3:04.26 45.45	300m: 4:50.13 53.21	400m: 6:09.17 39.12	
36.	Miguel Almeida Pereira	12	AONDA - Azeitão	6:09.35	256
	50m: 43.10 43.10	150m: 2:18.75 46.27	250m: 3:58.45 54.48	350m: 5:31.88 40.64	
	100m: 1:32.48 49.38	200m: 3:03.97 45.22	300m: 4:51.24 52.79	400m: 6:09.35 37.47	
37.	Rodrigo Santiago Almeida	11	CPCD Povia de Santa Iria	6:09.77	256
	50m: 36.86 36.86	150m: 2:15.54 44.87	250m: 3:51.93 52.13	350m: 5:28.75 42.38	
	100m: 1:30.67 53.81	200m: 2:59.80 44.26	300m: 4:46.37 54.44	400m: 6:09.77 41.02	
38.	Joao Pedro Santos	11	Alges	6:10.14	255
	50m: 39.47 39.47	150m: 2:13.78 47.68	250m: 3:54.78 54.63	350m: 5:33.44 42.45	
	100m: 1:26.10 46.63	200m: 3:00.15 46.37	300m: 4:50.99 56.21	400m: 6:10.14 36.70	
39.	Luis Eugenio Poitout	11	Colegio Int Monte Maior	6:10.70	254
	50m: 40.48 40.48	150m: 2:16.00 46.09	250m: 3:52.23 52.03	350m: 5:27.20 43.21	
	100m: 1:29.91 49.43	200m: 3:00.20 44.20	300m: 4:43.99 51.76	400m: 6:10.70 43.50	
40.	Joao Leitao Duarte	12	Geslourses	6:11.31	252
	50m: 41.15 41.15	150m: 2:19.72 46.45	250m: 3:56.24 49.58	350m: 5:29.63 42.57	
	100m: 1:33.27 52.12	200m: 3:06.66 46.94	300m: 4:47.06 50.82	400m: 6:11.31 41.68	
41.	Gustavo Henriques Lourenco	12	CPCD Povia de Santa Iria	6:12.31	250
	50m: 39.29 39.29	150m: 2:15.17 47.82	250m: 3:53.25 53.29	350m: 5:33.24 43.25	
	100m: 1:27.35 48.06	200m: 2:59.96 44.79	300m: 4:49.99 56.74	400m: 6:12.31 39.07	
42.	Afonso Andre Correia	12	Benfica	6:14.30	246
	50m: 40.60 40.60	150m: 2:15.51 48.14	250m: 3:56.76 55.50	350m: 5:33.53 41.81	
	100m: 1:27.37 46.77	200m: 3:01.26 45.75	300m: 4:51.72 54.96	400m: 6:14.30 40.77	

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Prova 2, Masc., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
43.	Joao Santos Ferro	11	Amadora	6:14.83	245
	50m: 37.28 37.28 150m: 2:08.27 45.79 250m: 3:50.13 57.20 350m: 5:31.94 42.69				
	100m: 1:22.48 45.20 200m: 2:52.93 44.66 300m: 4:49.25 59.12 400m: 6:14.83 42.89				
44.	Kirill Tkachenko	12	Sporting	6:20.44	235
	50m: 42.32 42.32 150m: 2:20.66 47.20 250m: 4:04.16 56.55 350m: 5:41.69 40.92				
	100m: 1:33.46 51.14 200m: 3:07.61 46.95 300m: 5:00.77 56.61 400m: 6:20.44 38.75				
45.	Miguel Farias Passana	12	Geslours	6:21.10	233
	50m: 38.55 38.55 150m: 2:15.28 50.04 250m: 3:57.85 54.79 350m: 5:37.56 44.54				
	100m: 1:25.24 46.69 200m: 3:03.06 47.78 300m: 4:53.02 55.17 400m: 6:21.10 43.54				
46.	Manuel Joao Fonseca	12	Colegio Int Monte Maior	6:22.26	231
	50m: 42.80 42.80 150m: 2:25.37 48.77 250m: 4:06.95 54.44 350m: 5:42.72 41.56				
	100m: 1:36.60 53.80 200m: 3:12.51 47.14 300m: 5:01.16 54.21 400m: 6:22.26 39.54				
47.	Antonio Melo Pereira	11	Benfica	6:22.58	231
	50m: 46.39 46.39 150m: 2:29.03 50.93 250m: 4:05.77 49.14 350m: 5:40.21 44.51				
	100m: 1:38.10 51.71 200m: 3:16.63 47.60 300m: 4:55.70 49.93 400m: 6:22.58 42.37				
48.	Miguel Cruz Simoes	12	Alges	6:22.80	230
	50m: 40.63 40.63 150m: 2:20.50 51.11 250m: 4:02.98 53.81 350m: 5:41.30 43.91				
	100m: 1:29.39 48.76 200m: 3:09.17 48.67 300m: 4:57.39 54.41 400m: 6:22.80 41.50				
49.	Daniel Hutsul Pateiro	11	Geslours	6:22.94	230
	50m: 42.33 42.33 150m: 2:22.74 47.54 250m: 4:05.25 56.62 350m: 5:44.60 42.49				
	100m: 1:35.20 52.87 200m: 3:08.63 45.89 300m: 5:02.11 56.86 400m: 6:22.94 38.34				
50.	Vicente Brazuna Moreira	11	Geslours	6:28.09	221
	50m: 40.69 40.69 150m: 2:17.57 48.14 250m: 4:01.75 55.35 350m: 5:44.51 45.23				
	100m: 1:29.43 48.74 200m: 3:06.40 48.83 300m: 4:59.28 57.53 400m: 6:28.09 43.58				
51.	Francisco Carrapico Alexandrino	12	Alges	6:28.42	220
	50m: 41.60 41.60 150m: 2:21.28 50.55 250m: 4:05.13 55.25 350m: 5:46.98 44.46				
	100m: 1:30.73 49.13 200m: 3:09.88 48.60 300m: 5:02.52 57.39 400m: 6:28.42 41.44				
52.	Martim Silva Ferreira	12	Geslours	6:36.09	208
	50m: 45.63 45.63 150m: 2:34.66 52.42 250m: 4:18.88 54.86 350m: 5:57.77 43.53				
	100m: 1:42.24 56.61 200m: 3:24.02 49.36 300m: 5:14.24 55.36 400m: 6:36.09 38.32				
53.	Alvaro Fernandes Rodrigues	12	Geslours	6:49.31	188
	50m: 49.20 49.20 150m: 2:39.42 52.17 250m: 4:23.97 53.99 350m: 6:05.57 45.98				
	100m: 1:47.25 58.05 200m: 3:29.98 50.56 300m: 5:19.59 55.62 400m: 6:49.31 43.74				
DSQ	Afonso Guerreiro Santos	12	Colegio Int Monte Maior		
	<i>E-B2 - Efetuou múltiplas pernadas de golfinho após a viragem aos 250 metros (sr 7.1)</i>				
DSQ	Leon Konrad Dynkiewicz	12	Alges		
	<i>E-B19 - Toque não simultâneo das mãos na parede testa na viragem aos 250 metros (sr 7.6)</i>				
DSQ	Goncalo Nunes Costa	12	Geslours		
	<i>E-C5 - Na viragem aos 175 metros perdeu a posição dorsal na saída da parede testa (sr 6.4)</i>				
DSQ	Tiago Esteves Rodrigues	12	Geslours		
	<i>E-B21 - Toque não simultâneo das mãos na parede testa na chegada do percurso de bruços (sr 7.6 / 9.4)</i>				

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