

Prova 1
03.05.2025 - 15:15

Femin., 400m Estilos

Infantis
Resultados

Rec Regional Inf A	5:07.22	Susana Patricia Miguel	POR	Santarem	2003
Rec Regional Inf B	5:15.68	Susana Patricia Miguel	POR	Rio Maior	2002
Rec Regional Absoluto	4:36.19	Victoria Kaminskaya	POR	Copenhagen (DEN)	2017
Rec Nacional Inf A	5:05.68	Filiipa Vilas Ruivo	POR	Leiria	2010
Rec Nacional Inf B	5:15.68	Susana Patricia Miguel	POR	Rio Maior	2002
Rec Nacional Absoluto	4:36.19	Victoria Kaminskaya	POR	Copenhagen (DEN)	2017

Mínimo Participação Inf B: 7:11.71; Inf A: 7:00.01

Pontos: AQUA 2024

Pos.	Nadador	Ano	Clube	Tempo	Pts
Infantis B					
1.	Teresa Vale Carvalho	13	Sporting	5:41.03	437
	50m: 35.53	150m: 2:00.69	43.70	250m: 3:34.41	51.37
	100m: 1:16.99	200m: 2:43.04	42.35	300m: 4:25.48	51.07
				350m: 5:04.00	38.52
				400m: 5:41.03	37.03
2.	Ines Miguel Bastos	13	Sporting	5:49.08	408
	50m: 40.55	150m: 2:09.48	42.29	250m: 3:42.83	50.69
	100m: 1:27.19	200m: 2:52.14	42.66	300m: 4:33.70	50.87
				350m: 5:12.03	38.33
				400m: 5:49.08	37.05
3.	Ines Martins Silva	13	Sporting	5:54.46	389
	50m: 38.36	150m: 2:06.98	44.59	250m: 3:41.61	50.73
	100m: 1:22.39	200m: 2:50.88	43.90	300m: 4:32.77	51.16
				350m: 5:14.64	41.87
				400m: 5:54.46	39.82
4.	Joana Ferreira Espada	13	AONDA - Azeitão	6:01.86	366
	50m: 38.70	150m: 2:11.90	46.51	250m: 3:51.40	52.77
	100m: 1:25.39	200m: 2:58.63	46.73	300m: 4:45.76	54.36
				350m: 5:24.51	38.75
				400m: 6:01.86	37.35
5.	Maria Freitas Teives	13	Sporting	6:02.48	364
	50m: 38.13	150m: 2:09.11	46.73	250m: 3:46.96	52.90
	100m: 1:22.38	200m: 2:54.06	44.95	300m: 4:40.75	53.79
				350m: 5:23.23	42.48
				400m: 6:02.48	39.25
6.	Sofia Mao de Ferro	13	Sporting	6:04.01	359
	50m: 40.33	150m: 2:14.39	45.73	250m: 3:51.34	52.68
	100m: 1:28.66	200m: 2:58.66	44.27	300m: 4:44.74	53.40
				350m: 5:25.37	40.63
				400m: 6:04.01	38.64
7.	Mariana Vale Serrao	13	Palmela Desporto	6:08.13	348
	50m: 40.18	150m: 2:19.63	50.35	250m: 3:55.99	48.62
	100m: 1:29.28	200m: 3:07.37	47.74	300m: 4:46.31	50.32
				350m: 5:28.20	41.89
				400m: 6:08.13	39.93
8.	Constanca Marques Jeronimo	13	Sporting	6:09.00	345
	50m: 38.50	150m: 2:13.50	47.05	250m: 3:53.13	54.20
	100m: 1:26.45	200m: 2:58.93	45.43	300m: 4:47.11	53.98
				350m: 5:29.27	42.16
				400m: 6:09.00	39.73
9.	Eveline Sergiu Spac	13	Palmela Desporto	6:09.84	343
	50m: 38.44	150m: 2:12.85	47.57	250m: 3:54.09	56.40
	100m: 1:25.28	200m: 2:57.69	44.84	300m: 4:50.01	55.92
				350m: 5:29.50	39.49
				400m: 6:09.84	40.34
10.	Matilde Cravo Barreiros	13	Palmela Desporto	6:18.27	320
	50m: 40.83	150m: 2:19.55	47.31	250m: 3:59.52	53.94
	100m: 1:32.24	200m: 3:05.58	46.03	300m: 4:53.34	53.82
				350m: 5:36.96	43.62
				400m: 6:18.27	41.31
11.	Clara Damasceno Reis	13	Sporting	6:20.76	314
	50m: 44.46	150m: 2:23.32	46.76	250m: 4:01.71	51.33
	100m: 1:36.56	200m: 3:10.38	47.06	300m: 4:53.65	51.94
				350m: 5:37.70	44.05
				400m: 6:20.76	43.06
12.	Marta Nogueira Esteves	13	Geslours	6:23.64	307
	50m: 41.24	150m: 2:17.08	45.94	250m: 3:57.18	54.86
	100m: 1:31.14	200m: 3:02.32	45.24	300m: 4:52.96	55.78
				350m: 5:38.16	45.20
				400m: 6:23.64	45.48
13.	Beatriz Cruz Figueiredo	13	Fisica Torres Vedras	6:25.56	302
	50m: 44.43	150m: 2:24.51	47.16	250m: 4:05.01	53.09
	100m: 1:37.35	200m: 3:11.92	47.41	300m: 4:58.77	53.76
				350m: 5:42.24	43.47
				400m: 6:25.56	43.32
14.	Beatriz Simao Brito	13	Geslours	6:26.68	300
	50m: 44.62	150m: 2:27.29	46.25	250m: 4:09.80	57.11
	100m: 1:41.04	200m: 3:12.69	45.40	300m: 5:07.47	57.67
				350m: 5:47.17	39.70
				400m: 6:26.68	39.51
15.	Matilde Sofia Castanheira	13	Geslours	6:27.03	299
	50m: 43.42	150m: 2:27.04	48.16	250m: 4:08.03	53.81
	100m: 1:38.88	200m: 3:14.22	47.18	300m: 5:02.26	54.23
				350m: 5:46.77	44.51
				400m: 6:27.03	40.26
16.	Catarina Sousa Barreto	13	Geslours	6:27.25	298
	50m: 44.23	150m: 2:28.83	49.11	250m: 4:10.61	53.70
	100m: 1:39.72	200m: 3:16.91	48.08	300m: 5:03.84	53.23
				350m: 5:47.33	43.49
				400m: 6:27.25	39.92
17.	Madalena Marques Martins	13	União Piedense	6:27.86	297
	50m: 42.42	150m: 2:22.10	48.33	250m: 4:07.57	58.57
	100m: 1:33.77	200m: 3:09.00	46.90	300m: 5:06.69	59.12
				350m: 5:47.67	40.98
				400m: 6:27.86	40.19

Resultados online: anlisboa.info/live

Prova 1, Femin., 400m Estilos, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
18.	Madalena D'Eca Bispo	13	Fisica Torres Vedras	6:31.55	289
	50m: 44.29 44.29	150m: 2:29.85 51.58	250m: 4:11.06 51.55	350m: 5:47.99 43.66	
	100m: 1:38.27 53.98	200m: 3:19.51 49.66	300m: 5:04.33 53.27	400m: 6:31.55 43.56	
19.	Beatriz Salvador Pocinho	13	Geslours	6:35.26	281
	50m: 42.09 42.09	150m: 2:23.59 50.80	250m: 4:10.65 56.69	350m: 5:51.17 44.07	
	100m: 1:32.79 50.70	200m: 3:13.96 50.37	300m: 5:07.10 56.45	400m: 6:35.26 44.09	
20.	Maria Ines Correia	13	Geslours	6:40.78	269
	50m: 42.82 42.82	150m: 2:28.60 52.85	250m: 4:13.85 53.30	350m: 5:55.68 46.23	
	100m: 1:35.75 52.93	200m: 3:20.55 51.95	300m: 5:09.45 55.60	400m: 6:40.78 45.10	
21.	Carolina Sao Bras	13	Geslours	6:46.88	257
	50m: 45.51 45.51	150m: 2:30.96 50.09	250m: 4:17.63 57.56	350m: 6:03.37 46.28	
	100m: 1:40.87 55.36	200m: 3:20.07 49.11	300m: 5:17.09 59.46	400m: 6:46.88 43.51	
22.	Maria Joana Carvalho	13	Geslours	6:54.21	244
	50m: 44.58 44.58	150m: 2:32.42 50.18	250m: 4:22.45 58.49	350m: 6:07.93 45.63	
	100m: 1:42.24 57.66	200m: 3:23.96 51.54	300m: 5:22.30 59.85	400m: 6:54.21 46.28	
23.	Laura Tomas Santos	13	Geslours	7:00.35	233
	50m: 46.48 46.48	150m: 2:36.74 50.62	250m: 4:26.70 58.66	350m: 6:14.20 47.67	
	100m: 1:46.12 59.64	200m: 3:28.04 51.30	300m: 5:26.53 59.83	400m: 7:00.35 46.15	
DSQ	Maria Paco Amaro	13	Benfica		
	<i>E-C4 - Movimento de viragem não contínuo, com acentuado deslize em posição ventral, antes da viragem aos 150 metros (sr 6.4)</i>				
DSQ	Carolina Sales Lima	13	Geslours		
	<i>E-B20 - Tocou com uma só mão na parede testa na chegada do percurso de bruços (sr 7.6 / 9.4)</i>				

Infantis A

1.	Maria Ines Nunes	12	Sporting	5:22.73	516
	50m: 33.75 33.75	150m: 1:53.40 39.80	250m: 3:21.82 48.91	350m: 4:47.11 35.64	
	100m: 1:13.60 39.85	200m: 2:32.91 39.51	300m: 4:11.47 49.65	400m: 5:22.73 35.62	
2.	Maria Ines Monjardino	12	Colegio Int Monte Maior	5:33.75	467
	50m: 35.59 35.59	150m: 1:58.60 40.83	250m: 3:27.81 48.82	350m: 4:55.91 38.03	
	100m: 1:17.77 42.18	200m: 2:38.99 40.39	300m: 4:17.88 50.07	400m: 5:33.75 37.84	
3.	Sofia Dias Ferreira	12	Palmela Desporto	5:47.21	414
	50m: 36.41 36.41	150m: 2:04.68 44.28	250m: 3:40.42 51.47	350m: 5:11.29 38.10	
	100m: 1:20.40 43.99	200m: 2:48.95 44.27	300m: 4:33.19 52.77	400m: 5:47.21 35.92	
4.	Marta Almeida Lopes	12	Benfica	5:47.46	413
	50m: 38.85 38.85	150m: 2:08.78 44.42	250m: 3:41.80 49.69	350m: 5:09.96 38.03	
	100m: 1:24.36 45.51	200m: 2:52.11 43.33	300m: 4:31.93 50.13	400m: 5:47.46 37.50	
5.	Carlota Velada Pereira	12	Sporting	5:47.66	413
	50m: 36.45 36.45	150m: 2:03.93 44.70	250m: 3:38.47 50.71	350m: 5:09.35 40.01	
	100m: 1:19.23 42.78	200m: 2:47.76 43.83	300m: 4:29.34 50.87	400m: 5:47.66 38.31	
6.	Isabella Andrea Carvalho	12	Colegio Int Monte Maior	5:50.70	402
	50m: 36.68 36.68	150m: 2:07.25 44.10	250m: 3:40.87 51.28	350m: 5:12.38 39.85	
	100m: 1:23.15 46.47	200m: 2:49.59 42.34	300m: 4:32.53 51.66	400m: 5:50.70 38.32	
7.	Maria Ines Antunes	12	Benfica	5:52.18	397
	50m: 40.10 40.10	150m: 2:11.05 44.44	250m: 3:44.58 49.87	350m: 5:13.82 38.86	
	100m: 1:26.61 46.51	200m: 2:54.71 43.66	300m: 4:34.96 50.38	400m: 5:52.18 38.36	
8.	Matilde Pires Guerra	12	Colegio Int Monte Maior	5:54.77	388
	50m: 38.59 38.59	150m: 2:09.36 44.92	250m: 3:45.34 52.11	350m: 5:16.32 39.61	
	100m: 1:24.44 45.85	200m: 2:53.23 43.87	300m: 4:36.71 51.37	400m: 5:54.77 38.45	
9.	Telma Filipa Magalhaes	12	Fisica Torres Vedras	5:56.15	384
	50m: 37.25 37.25	150m: 2:04.88 44.05	250m: 3:41.56 52.26	350m: 5:15.79 41.26	
	100m: 1:20.83 43.58	200m: 2:49.30 44.42	300m: 4:34.53 52.97	400m: 5:56.15 40.36	
10.	Maria Chenrim Raimundo	12	Sporting	5:57.49	380
	50m: 40.58 40.58	150m: 2:13.09 45.36	250m: 3:45.96 48.88	350m: 5:17.61 41.56	
	100m: 1:27.73 47.15	200m: 2:57.08 43.99	300m: 4:36.05 50.09	400m: 5:57.49 39.88	
11.	Jade Duarte Bexigas	12	Geslours	5:58.38	377
	50m: 41.66 41.66	150m: 2:17.57 45.07	250m: 3:51.16 50.16	350m: 5:20.09 39.75	
	100m: 1:32.50 50.84	200m: 3:01.00 43.43	300m: 4:40.34 49.18	400m: 5:58.38 38.29	
12.	Ines Alexandra Mariano	12	Colegio Int Monte Maior	6:03.72	360
	50m: 38.14 38.14	150m: 2:10.09 47.81	250m: 3:46.83 48.96	350m: 5:21.16 43.72	
	100m: 1:22.28 44.14	200m: 2:57.87 47.78	300m: 4:37.44 50.61	400m: 6:03.72 42.56	

Resultados online: anlisboa.info/live

Prova 1, Femin., 400m Estilos, Infantis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
13.	Matilde Figueiredo Mourato	12	Sporting	6:08.14	347
	50m: 40.41 40.41	150m: 2:15.84 47.87	250m: 3:50.18 47.71	350m: 5:26.87 44.59	
	100m: 1:27.97 47.56	200m: 3:02.47 46.63	300m: 4:42.28 52.10	400m: 6:08.14 41.27	
14.	Rita Maria Rosa	12	Alges	6:09.43	344
	50m: 40.11 40.11	150m: 2:13.72 47.12	250m: 3:52.58 53.61	350m: 5:29.17 42.02	
	100m: 1:26.60 46.49	200m: 2:58.97 45.25	300m: 4:47.15 54.57	400m: 6:09.43 40.26	
15.	Rita Alexandra Ribeiro	12	Alges	6:11.85	337
	50m: 39.99 39.99	150m: 2:16.02 45.85	250m: 3:52.53 49.99	350m: 5:28.11 44.12	
	100m: 1:30.17 50.18	200m: 3:02.54 46.52	300m: 4:43.99 51.46	400m: 6:11.85 43.74	
16.	Margarida Afonso Barata	12	Colegio Int Monte Maior	6:14.10	331
	50m: 39.09 39.09	150m: 2:10.02 46.20	250m: 3:52.02 56.61	350m: 5:32.56 41.08	
	100m: 1:23.82 44.73	200m: 2:55.41 45.39	300m: 4:51.48 59.46	400m: 6:14.10 41.54	
17.	Alice Mendes Veloso	12	União Piedense	6:14.27	331
	50m: 41.32 41.32	150m: 2:17.91 47.14	250m: 3:57.06 52.27	350m: 5:32.77 43.24	
	100m: 1:30.77 49.45	200m: 3:04.79 46.88	300m: 4:49.53 52.47	400m: 6:14.27 41.50	
18.	Yara Alexandra Carreira	12	Sporting	6:23.19	308
	50m: 37.94 37.94	150m: 2:16.94 50.27	250m: 4:00.68 55.02	350m: 5:38.78 42.55	
	100m: 1:26.67 48.73	200m: 3:05.66 48.72	300m: 4:56.23 55.55	400m: 6:23.19 44.41	
19.	Margarida Pires Correia	12	Geslours	6:32.93	286
	50m: 46.07 46.07	150m: 2:26.39 47.39	250m: 4:11.89 58.13	350m: 5:53.22 42.30	
	100m: 1:39.00 52.93	200m: 3:13.76 47.37	300m: 5:10.92 59.03	400m: 6:32.93 39.71	
20.	Margarida dos Correia	12	Alges	6:37.57	276
	50m: 43.86 43.86	150m: 2:29.88 53.65	250m: 4:17.00 54.40	350m: 5:55.19 43.01	
	100m: 1:36.23 52.37	200m: 3:22.60 52.72	300m: 5:12.18 55.18	400m: 6:37.57 42.38	
21.	Ines Moreira Pedro	12	Benfica	6:46.89	257
	50m: 43.55 43.55	150m: 2:33.13 49.53	250m: 4:19.52 59.25	350m: 6:04.26 43.95	
	100m: 1:43.60 1:00.05	200m: 3:20.27 47.14	300m: 5:20.31 1:00.79	400m: 6:46.89 42.63	
22.	Maria Mateus Cabrita	12	CPCD Povia de Santa Iria	6:59.26	235
	50m: 42.58 42.58	150m: 2:26.42 51.24	250m: 4:21.88 1:04.03	350m: 6:13.32 47.32	
	100m: 1:35.18 52.60	200m: 3:17.85 51.43	300m: 5:26.00 1:04.12	400m: 6:59.26 45.94	

Infantis

1.	Maria Ines Nunes	12	Sporting	5:22.73	516
	50m: 33.75 33.75	150m: 1:53.40 39.80	250m: 3:21.82 48.91	350m: 4:47.11 35.64	
	100m: 1:13.60 39.85	200m: 2:32.91 39.51	300m: 4:11.47 49.65	400m: 5:22.73 35.62	
2.	Maria Ines Monjardino	12	Colegio Int Monte Maior	5:33.75	467
	50m: 35.59 35.59	150m: 1:58.60 40.83	250m: 3:27.81 48.82	350m: 4:55.91 38.03	
	100m: 1:17.77 42.18	200m: 2:38.99 40.39	300m: 4:17.88 50.07	400m: 5:33.75 37.84	
3.	Teresa Vale Carvalho	13	Sporting	5:41.03	437
	50m: 35.53 35.53	150m: 2:00.69 43.70	250m: 3:34.41 51.37	350m: 5:04.00 38.52	
	100m: 1:16.99 41.46	200m: 2:43.04 42.35	300m: 4:25.48 51.07	400m: 5:41.03 37.03	
4.	Sofia Dias Ferreira	12	Palmela Desporto	5:47.21	414
	50m: 36.41 36.41	150m: 2:04.68 44.28	250m: 3:40.42 51.47	350m: 5:11.29 38.10	
	100m: 1:20.40 43.99	200m: 2:48.95 44.27	300m: 4:33.19 52.77	400m: 5:47.21 35.92	
5.	Marta Almeida Lopes	12	Benfica	5:47.46	413
	50m: 38.85 38.85	150m: 2:08.78 44.42	250m: 3:41.80 49.69	350m: 5:09.96 38.03	
	100m: 1:24.36 45.51	200m: 2:52.11 43.33	300m: 4:31.93 50.13	400m: 5:47.46 37.50	
6.	Carlota Velada Pereira	12	Sporting	5:47.66	413
	50m: 36.45 36.45	150m: 2:03.93 44.70	250m: 3:38.47 50.71	350m: 5:09.35 40.01	
	100m: 1:19.23 42.78	200m: 2:47.76 43.83	300m: 4:29.34 50.87	400m: 5:47.66 38.31	
7.	Ines Miguel Bastos	13	Sporting	5:49.08	408
	50m: 40.55 40.55	150m: 2:09.48 42.29	250m: 3:42.83 50.69	350m: 5:12.03 38.33	
	100m: 1:27.19 46.64	200m: 2:52.14 42.66	300m: 4:33.70 50.87	400m: 5:49.08 37.05	
8.	Isabella Andrea Carvalho	12	Colegio Int Monte Maior	5:50.70	402
	50m: 36.68 36.68	150m: 2:07.25 44.10	250m: 3:40.87 51.28	350m: 5:12.38 39.85	
	100m: 1:23.15 46.47	200m: 2:49.59 42.34	300m: 4:32.53 51.66	400m: 5:50.70 38.32	
9.	Maria Ines Antunes	12	Benfica	5:52.18	397
	50m: 40.10 40.10	150m: 2:11.05 44.44	250m: 3:44.58 49.87	350m: 5:13.82 38.86	
	100m: 1:26.61 46.51	200m: 2:54.71 43.66	300m: 4:34.96 50.38	400m: 5:52.18 38.36	
10.	Ines Martins Silva	13	Sporting	5:54.46	389
	50m: 38.36 38.36	150m: 2:06.98 44.59	250m: 3:41.61 50.73	350m: 5:14.64 41.87	
	100m: 1:22.39 44.03	200m: 2:50.88 43.90	300m: 4:32.77 51.16	400m: 5:54.46 39.82	

Resultados online: anlisboa.info/live

Prova 1, Femin., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
11.	Matilde Pires Guerra 50m: 38.59 38.59 100m: 1:24.44 45.85	12	Colegio Int Monte Maior 150m: 2:09.36 44.92 200m: 2:53.23 43.87	250m: 3:45.34 52.11 300m: 4:36.71 51.37	5:54.77 388 350m: 5:16.32 39.61 400m: 5:54.77 38.45
12.	Telma Filipa Magalhaes 50m: 37.25 37.25 100m: 1:20.83 43.58	12	Fisica Torres Vedras 150m: 2:04.88 44.05 200m: 2:49.30 44.42	250m: 3:41.56 52.26 300m: 4:34.53 52.97	5:56.15 384 350m: 5:15.79 41.26 400m: 5:56.15 40.36
13.	Maria Chenrim Raimundo 50m: 40.58 40.58 100m: 1:27.73 47.15	12	Sporting 150m: 2:13.09 45.36 200m: 2:57.08 43.99	250m: 3:45.96 48.88 300m: 4:36.05 50.09	5:57.49 380 350m: 5:17.61 41.56 400m: 5:57.49 39.88
14.	Jade Duarte Bexigas 50m: 41.66 41.66 100m: 1:32.50 50.84	12	Geslourses 150m: 2:17.57 45.07 200m: 3:01.00 43.43	250m: 3:51.16 50.16 300m: 4:40.34 49.18	5:58.38 377 350m: 5:20.09 39.75 400m: 5:58.38 38.29
15.	Joana Ferreira Espada 50m: 38.70 38.70 100m: 1:25.39 46.69	13	AONDA - Azeitão 150m: 2:11.90 46.51 200m: 2:58.63 46.73	250m: 3:51.40 52.77 300m: 4:45.76 54.36	6:01.86 366 350m: 5:24.51 38.75 400m: 6:01.86 37.35
16.	Maria Freitas Teives 50m: 38.13 38.13 100m: 1:22.38 44.25	13	Sporting 150m: 2:09.11 46.73 200m: 2:54.06 44.95	250m: 3:46.96 52.90 300m: 4:40.75 53.79	6:02.48 364 350m: 5:23.23 42.48 400m: 6:02.48 39.25
17.	Ines Alexandra Mariano 50m: 38.14 38.14 100m: 1:22.28 44.14	12	Colegio Int Monte Maior 150m: 2:10.09 47.81 200m: 2:57.87 47.78	250m: 3:46.83 48.96 300m: 4:37.44 50.61	6:03.72 360 350m: 5:21.16 43.72 400m: 6:03.72 42.56
18.	Sofia Mao de Ferro 50m: 40.33 40.33 100m: 1:28.66 48.33	13	Sporting 150m: 2:14.39 45.73 200m: 2:58.66 44.27	250m: 3:51.34 52.68 300m: 4:44.74 53.40	6:04.01 359 350m: 5:25.37 40.63 400m: 6:04.01 38.64
19.	Mariana Vale Serrao 50m: 40.18 40.18 100m: 1:29.28 49.10	13	Palmela Desporto 150m: 2:19.63 50.35 200m: 3:07.37 47.74	250m: 3:55.99 48.62 300m: 4:46.31 50.32	6:08.13 348 350m: 5:28.20 41.89 400m: 6:08.13 39.93
20.	Matilde Figueiredo Mourato 50m: 40.41 40.41 100m: 1:27.97 47.56	12	Sporting 150m: 2:15.84 47.87 200m: 3:02.47 46.63	250m: 3:50.18 47.71 300m: 4:42.28 52.10	6:08.14 347 350m: 5:26.87 44.59 400m: 6:08.14 41.27
21.	Constanca Marques Jeronimo 50m: 38.50 38.50 100m: 1:26.45 47.95	13	Sporting 150m: 2:13.50 47.05 200m: 2:58.93 45.43	250m: 3:53.13 54.20 300m: 4:47.11 53.98	6:09.00 345 350m: 5:29.27 42.16 400m: 6:09.00 39.73
22.	Rita Maria Rosa 50m: 40.11 40.11 100m: 1:26.60 46.49	12	Alges 150m: 2:13.72 47.12 200m: 2:58.97 45.25	250m: 3:52.58 53.61 300m: 4:47.15 54.57	6:09.43 344 350m: 5:29.17 42.02 400m: 6:09.43 40.26
23.	Eveline Sergiu Spac 50m: 38.44 38.44 100m: 1:25.28 46.84	13	Palmela Desporto 150m: 2:12.85 47.57 200m: 2:57.69 44.84	250m: 3:54.09 56.40 300m: 4:50.01 55.92	6:09.84 343 350m: 5:29.50 39.49 400m: 6:09.84 40.34
24.	Rita Alexandra Ribeiro 50m: 39.99 39.99 100m: 1:30.17 50.18	12	Alges 150m: 2:16.02 45.85 200m: 3:02.54 46.52	250m: 3:52.53 49.99 300m: 4:43.99 51.46	6:11.85 337 350m: 5:28.11 44.12 400m: 6:11.85 43.74
25.	Margarida Afonso Barata 50m: 39.09 39.09 100m: 1:23.82 44.73	12	Colegio Int Monte Maior 150m: 2:10.02 46.20 200m: 2:55.41 45.39	250m: 3:52.02 56.61 300m: 4:51.48 59.46	6:14.10 331 350m: 5:32.56 41.08 400m: 6:14.10 41.54
26.	Alice Mendes Veloso 50m: 41.32 41.32 100m: 1:30.77 49.45	12	União Piedense 150m: 2:17.91 47.14 200m: 3:04.79 46.88	250m: 3:57.06 52.27 300m: 4:49.53 52.47	6:14.27 331 350m: 5:32.77 43.24 400m: 6:14.27 41.50
27.	Matilde Cravo Barreiros 50m: 40.83 40.83 100m: 1:32.24 51.41	13	Palmela Desporto 150m: 2:19.55 47.31 200m: 3:05.58 46.03	250m: 3:59.52 53.94 300m: 4:53.34 53.82	6:18.27 320 350m: 5:36.96 43.62 400m: 6:18.27 41.31
28.	Clara Damasceno Reis 50m: 44.46 44.46 100m: 1:36.56 52.10	13	Sporting 150m: 2:23.32 46.76 200m: 3:10.38 47.06	250m: 4:01.71 51.33 300m: 4:53.65 51.94	6:20.76 314 350m: 5:37.70 44.05 400m: 6:20.76 43.06
29.	Yara Alexandra Carreira 50m: 37.94 37.94 100m: 1:26.67 48.73	12	Sporting 150m: 2:16.94 50.27 200m: 3:05.66 48.72	250m: 4:00.68 55.02 300m: 4:56.23 55.55	6:23.19 308 350m: 5:38.78 42.55 400m: 6:23.19 44.41
30.	Marta Nogueira Esteves 50m: 41.24 41.24 100m: 1:31.14 49.90	13	Geslourses 150m: 2:17.08 45.94 200m: 3:02.32 45.24	250m: 3:57.18 54.86 300m: 4:52.96 55.78	6:23.64 307 350m: 5:38.16 45.20 400m: 6:23.64 45.48
31.	Beatriz Cruz Figueiredo 50m: 44.43 44.43 100m: 1:37.35 52.92	13	Fisica Torres Vedras 150m: 2:24.51 47.16 200m: 3:11.92 47.41	250m: 4:05.01 53.09 300m: 4:58.77 53.76	6:25.56 302 350m: 5:42.24 43.47 400m: 6:25.56 43.32

Resultados online: anlisboa.info/live

Prova 1, Femin., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
32.	Beatriz Simao Brito	13	Geslours	6:26.68	300
	50m: 44.62 44.62	150m: 2:27.29 46.25	250m: 4:09.80 57.11	350m: 5:47.17 39.70	
	100m: 1:41.04 56.42	200m: 3:12.69 45.40	300m: 5:07.47 57.67	400m: 6:26.68 39.51	
33.	Matilde Sofia Castanheira	13	Geslours	6:27.03	299
	50m: 43.42 43.42	150m: 2:27.04 48.16	250m: 4:08.03 53.81	350m: 5:46.77 44.51	
	100m: 1:38.88 55.46	200m: 3:14.22 47.18	300m: 5:02.26 54.23	400m: 6:27.03 40.26	
34.	Catarina Sousa Barreto	13	Geslours	6:27.25	298
	50m: 44.23 44.23	150m: 2:28.83 49.11	250m: 4:10.61 53.70	350m: 5:47.33 43.49	
	100m: 1:39.72 55.49	200m: 3:16.91 48.08	300m: 5:03.84 53.23	400m: 6:27.25 39.92	
35.	Madalena Marques Martins	13	União Piedense	6:27.86	297
	50m: 42.42 42.42	150m: 2:22.10 48.33	250m: 4:07.57 58.57	350m: 5:47.67 40.98	
	100m: 1:33.77 51.35	200m: 3:09.00 46.90	300m: 5:06.69 59.12	400m: 6:27.86 40.19	
36.	Madalena D'Eca Bispo	13	Fisica Torres Vedras	6:31.55	289
	50m: 44.29 44.29	150m: 2:29.85 51.58	250m: 4:11.06 51.55	350m: 5:47.99 43.66	
	100m: 1:38.27 53.98	200m: 3:19.51 49.66	300m: 5:04.33 53.27	400m: 6:31.55 43.56	
37.	Margarida Pires Correia	12	Geslours	6:32.93	286
	50m: 46.07 46.07	150m: 2:26.39 47.39	250m: 4:11.89 58.13	350m: 5:53.22 42.30	
	100m: 1:39.00 52.93	200m: 3:13.76 47.37	300m: 5:10.92 59.03	400m: 6:32.93 39.71	
38.	Beatriz Salvador Pocinho	13	Geslours	6:35.26	281
	50m: 42.09 42.09	150m: 2:23.59 50.80	250m: 4:10.65 56.69	350m: 5:51.17 44.07	
	100m: 1:32.79 50.70	200m: 3:13.96 50.37	300m: 5:07.10 56.45	400m: 6:35.26 44.09	
39.	Margarida dos Correia	12	Alges	6:37.57	276
	50m: 43.86 43.86	150m: 2:29.88 53.65	250m: 4:17.00 54.40	350m: 5:55.19 43.01	
	100m: 1:36.23 52.37	200m: 3:22.60 52.72	300m: 5:12.18 55.18	400m: 6:37.57 42.38	
40.	Maria Ines Correia	13	Geslours	6:40.78	269
	50m: 42.82 42.82	150m: 2:28.60 52.85	250m: 4:13.85 53.30	350m: 5:55.68 46.23	
	100m: 1:35.75 52.93	200m: 3:20.55 51.95	300m: 5:09.45 55.60	400m: 6:40.78 45.10	
41.	Carolina Sao Bras	13	Geslours	6:46.88	257
	50m: 45.51 45.51	150m: 2:30.96 50.09	250m: 4:17.63 57.56	350m: 6:03.37 46.28	
	100m: 1:40.87 55.36	200m: 3:20.07 49.11	300m: 5:17.09 59.46	400m: 6:46.88 43.51	
42.	Ines Moreira Pedro	12	Benfica	6:46.89	257
	50m: 43.55 43.55	150m: 2:33.13 49.53	250m: 4:19.52 59.25	350m: 6:04.26 43.95	
	100m: 1:43.60 1:00.05	200m: 3:20.27 47.14	300m: 5:20.31 1:00.79	400m: 6:46.89 42.63	
43.	Maria Joana Carvalho	13	Geslours	6:54.21	244
	50m: 44.58 44.58	150m: 2:32.42 50.18	250m: 4:22.45 58.49	350m: 6:07.93 45.63	
	100m: 1:42.24 57.66	200m: 3:23.96 51.54	300m: 5:22.30 59.85	400m: 6:54.21 46.28	
44.	Maria Mateus Cabrita	12	CPCD Povia de Santa Iria	6:59.26	235
	50m: 42.58 42.58	150m: 2:26.42 51.24	250m: 4:21.88 1:04.03	350m: 6:13.32 47.32	
	100m: 1:35.18 52.60	200m: 3:17.85 51.43	300m: 5:26.00 1:04.12	400m: 6:59.26 45.94	
45.	Laura Tomas Santos	13	Geslours	7:00.35	233
	50m: 46.48 46.48	150m: 2:36.74 50.62	250m: 4:26.70 58.66	350m: 6:14.20 47.67	
	100m: 1:46.12 59.64	200m: 3:28.04 51.30	300m: 5:26.53 59.83	400m: 7:00.35 46.15	
DSQ	Maria Paco Amaro	13	Benfica		
	<i>E-C4 - Movimento de viragem não contínuo, com acentuado deslize em posição ventral, antes da viragem aos 150 metros (sr 6.4)</i>				
DSQ	Carolina Sales Lima	13	Geslours		
	<i>E-B20 - Tocou com uma só mão na parede testa na chegada do percurso de bruços (sr 7.6 / 9.4)</i>				

Resultados online: anlisboa.info/live