

1 - 1ª Jornada

27.05.2023 - 14:45

Prova 1

Femin., 400m Estilos

Infantis

27.05.2023 - 14:45

Resultados

Rec Regional Inf A	5:07.22	Susana Patricia Miguel	POR	Santarem	2003
Rec Regional Inf B	5:15.68	Susana Patricia Miguel	POR	Rio Maior	2002
Rec Regional Absoluto	4:36.19	Victoria Kaminskaya	POR	Copenhagen (DEN)	2017
Rec Nacional Inf A	5:05.68	Filiipa Vilas Ruivo	POR	Leiria	2010
Rec Nacional Inf B	5:15.68	Susana Patricia Miguel	POR	Rio Maior	2002
Rec Nacional Absoluto	4:36.19	Victoria Kaminskaya	POR	Copenhagen (DEN)	2017

Mínimo Participação Inf B: 7:11.71; Inf A: 7:00.01

Pontos: FINA 2022

Pos.	Nadador	Ano	Clube	Tempo	Pts
<b>Infantis B</b>					
1.	Ana Filipa Serra	11	CPCD - Póvoa Sta Iria	<b>5:47.76</b>	412
	50m: 39.39 39.39	150m: 2:08.27 43.11	250m: 3:39.96 49.53	350m: 5:10.86 40.68	
	100m: 1:25.16 45.77	200m: 2:50.43 42.16	300m: 4:30.18 50.22	400m: 5:47.76 36.90	
2.	Margarida Santos Moura	11	Sporting	<b>5:49.03</b>	408
	50m: 36.54 36.54	150m: 2:03.56 45.95	250m: 3:38.93 49.02	350m: 5:10.41 39.73	
	100m: 1:17.61 41.07	200m: 2:49.91 46.35	300m: 4:30.68 51.75	400m: 5:49.03 38.62	
3.	Ana Mao de Ferro	11	Sporting	<b>5:59.29</b>	374
	50m: 39.21 39.21	150m: 2:10.03 44.87	250m: 3:46.22 51.88	350m: 5:20.09 40.93	
	100m: 1:25.16 45.95	200m: 2:54.34 44.31	300m: 4:39.16 52.94	400m: 5:59.29 39.20	
4.	Margarida Almeida Ferreira	11	Sporting	<b>6:05.19</b>	356
	50m: 37.58 37.58	150m: 2:09.20 46.75	250m: 3:49.30 55.52	350m: 5:25.16 39.01	
	100m: 1:22.45 44.87	200m: 2:53.78 44.58	300m: 4:46.15 56.85	400m: 6:05.19 40.03	
5.	Madalena Ferreira Baldo	11	Colegio Int Monte Maior	<b>6:05.45</b>	355
	50m: 40.61 40.61	150m: 2:16.22 45.36	250m: 3:52.26 51.20	350m: 5:25.72 41.33	
	100m: 1:30.86 50.25	200m: 3:01.06 44.84	300m: 4:44.39 52.13	400m: 6:05.45 39.73	
6.	Maria Rendeiro Correia	11	Alges	<b>6:07.58</b>	349
	50m: 39.03 39.03	150m: 2:12.71 48.33	250m: 3:52.11 53.05	350m: 5:27.27 41.59	
	100m: 1:24.38 45.35	200m: 2:59.06 46.35	300m: 4:45.68 53.57	400m: 6:07.58 40.31	
7.	Leonor Coelho Silva	11	Vikings	<b>6:15.33</b>	328
	50m: 41.19 41.19	150m: 2:16.30 45.73	250m: 3:56.85 55.90	350m: 5:36.43 41.95	
	100m: 1:30.57 49.38	200m: 3:00.95 44.65	300m: 4:54.48 57.63	400m: 6:15.33 38.90	
8.	Ines Freitas Abrantes	11	Colegio Int Monte Maior	<b>6:15.90</b>	326
	50m: 41.70 41.70	150m: 2:17.21 48.20	250m: 3:58.04 54.60	350m: 5:35.30 42.27	
	100m: 1:29.01 47.31	200m: 3:03.44 46.23	300m: 4:53.03 54.99	400m: 6:15.90 40.60	
9.	Sara Silva Campos	11	Laranjeiro	<b>6:21.13</b>	313
	50m: 41.17 41.17	150m: 2:22.52 50.53	250m: 4:04.89 54.40	350m: 5:41.21 42.41	
	100m: 1:31.99 50.82	200m: 3:10.49 47.97	300m: 4:58.80 53.91	400m: 6:21.13 39.92	
10.	Ines Silva Paiva	11	Colegio Int Monte Maior	<b>6:23.04</b>	308
	50m: 42.35 42.35	150m: 2:20.70 47.55	250m: 4:00.48 52.63	350m: 5:40.40 46.75	
	100m: 1:33.15 50.80	200m: 3:07.85 47.15	300m: 4:53.65 53.17	400m: 6:23.04 42.64	
11.	Francisca Meneses Goncalves	11	Geslours	<b>6:27.10</b>	299
	50m: 44.14 44.14	150m: 2:24.32 47.66	250m: 4:06.42 53.56	350m: 5:45.59 44.36	
	100m: 1:36.66 52.52	200m: 3:12.86 48.54	300m: 5:01.23 54.81	400m: 6:27.10 41.51	
12.	Madalena Correia Gomes	11	Colegio Int Monte Maior	<b>6:28.54</b>	295
	50m: 43.44 43.44	150m: 2:23.03 48.49	250m: 4:06.00 56.62	350m: 5:47.75 44.48	
	100m: 1:34.54 51.10	200m: 3:09.38 46.35	300m: 5:03.27 57.27	400m: 6:28.54 40.79	
13.	Leticia Coelho Silva	11	Vikings	<b>6:42.53</b>	266
	50m: 44.21 44.21	150m: 2:32.11 53.28	250m: 4:20.39 56.77	350m: 6:00.66 42.67	
	100m: 1:38.83 54.62	200m: 3:23.62 51.51	300m: 5:17.99 57.60	400m: 6:42.53 41.87	
14.	Carolina Melo Camejo	11	Sporting	<b>6:48.60</b>	254
	50m: 40.73 40.73	150m: 2:25.35 50.76	250m: 4:15.38 1:02.48	350m: 6:02.85 44.78	
	100m: 1:34.59 53.86	200m: 3:12.90 47.55	300m: 5:18.07 1:02.69	400m: 6:48.60 45.75	
15.	Madalena Carreiro Rodrigues	11	Benfica	<b>6:50.69</b>	250
	50m: 50.92 50.92	150m: 2:40.96 49.43	250m: 4:27.02 57.24	350m: 6:07.92 43.42	
	100m: 1:51.53 1:00.61	200m: 3:29.78 48.82	300m: 5:24.50 57.48	400m: 6:50.69 42.77	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 1, Femin., 400m Estilos, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
16.	Ines Duarte Mendes	11	Colegio Int Monte Maior	<b>6:50.78</b>	250
	50m: 50.36 50.36 150m: 2:34.08 50.58 250m: 4:22.73 1:00.12 350m: 6:08.13 46.55				
	100m: 1:43.50 53.14 200m: 3:22.61 48.53 300m: 5:21.58 58.85 400m: 6:50.78 42.65				
17.	Maria Fatima Pagani	11	Bombeiros dos Estoris	<b>6:53.75</b>	245
	50m: 47.95 47.95 150m: 2:39.52 52.17 250m: 4:27.19 1:00.18 350m: 6:11.32 46.79				
	100m: 1:47.35 59.40 200m: 3:27.01 47.49 300m: 5:24.53 57.34 400m: 6:53.75 42.43				
DSQ	Diana Gomes Nunes	11	Colegio Int Monte Maior		
	<i>E-M14 - No percurso de mariposa, efect. movimento de pernada de braços durante o percurso (SW 8.3)</i>				
DSQ	Eva Alves Santos	11	Colegio Int Monte Maior		
	<i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>				
DSQ	Catarina Ribeiro Fernandez	11	Geslours		
	<i>E-B50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de braços (SW 7.6)</i>				
DSQ	Leonor Areias Martins	11	Geslours		
	<i>E-B30 - No percurso de braços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>				
DSQ	Matilde Bento Pereira	11	Geslours		
	<i>G21 - Iniciou o percurso num estilo diferente ao referenciado para a prova</i>				

Infantis A

1.	Rita Braga Gomes	10	Sporting	<b>5:37.95</b>	449
	50m: 36.56 36.56 150m: 2:03.86 44.79 250m: 3:33.90 45.65 350m: 4:59.60 38.73				
	100m: 1:19.07 42.51 200m: 2:48.25 44.39 300m: 4:20.87 46.97 400m: 5:37.95 38.35				
2.	Beatriz Costa Diniz	10	Sporting	<b>5:47.19</b>	414
	50m: 37.82 37.82 150m: 2:07.12 45.06 250m: 3:38.60 47.63 350m: 5:07.61 40.43				
	100m: 1:22.06 44.24 200m: 2:50.97 43.85 300m: 4:27.18 48.58 400m: 5:47.19 39.58				
3.	Carolina Escrevente Guerra	10	Alges	<b>5:53.00</b>	394
	50m: 38.48 38.48 150m: 2:07.53 42.93 250m: 3:41.28 51.40 350m: 5:14.80 40.99				
	100m: 1:24.60 46.12 200m: 2:49.88 42.35 300m: 4:33.81 52.53 400m: 5:53.00 38.20				
4.	Joana Alexandra Silva	10	CPCD - Póvoa Sta Iria	<b>5:53.10</b>	394
	50m: 36.17 36.17 150m: 2:06.23 45.44 250m: 3:41.89 51.72 350m: 5:14.15 39.67				
	100m: 1:20.79 44.62 200m: 2:50.17 43.94 300m: 4:34.48 52.59 400m: 5:53.10 38.95				
5.	Alicia Del Rio Bernat	10	Alges	<b>5:53.40</b>	393
	50m: 37.61 37.61 150m: 2:11.35 50.00 250m: 3:46.82 48.77 350m: 5:15.49 39.50				
	100m: 1:21.35 43.74 200m: 2:58.05 46.70 300m: 4:35.99 49.17 400m: 5:53.40 37.91				
6.	Maria Madalena Fernandes	10	Alges	<b>5:54.26</b>	390
	50m: 36.68 36.68 150m: 2:05.60 47.14 250m: 3:42.14 51.27 350m: 5:15.13 40.40				
	100m: 1:18.46 41.78 200m: 2:50.87 45.27 300m: 4:34.73 52.59 400m: 5:54.26 39.13				
7.	Luana Raquel Monteiro	10	Palmela Desporto	<b>5:56.97</b>	381
	50m: 39.57 39.57 150m: 2:11.41 46.39 250m: 3:45.87 50.08 350m: 5:17.50 40.75				
	100m: 1:25.02 45.45 200m: 2:55.79 44.38 300m: 4:36.75 50.88 400m: 5:56.97 39.47				
8.	Maria Rita Filipe	10	Geslours	<b>5:57.81</b>	379
	50m: 41.48 41.48 150m: 2:11.82 41.73 250m: 3:45.06 51.33 350m: 5:17.37 40.22				
	100m: 1:30.09 48.61 200m: 2:53.73 41.91 300m: 4:37.15 52.09 400m: 5:57.81 40.44				
9.	Victoria Sales Proenca	10	Benfica	<b>5:58.09</b>	378
	50m: 38.89 38.89 150m: 2:10.64 46.05 250m: 3:47.05 51.00 350m: 5:18.83 40.07				
	100m: 1:24.59 45.70 200m: 2:56.05 45.41 300m: 4:38.76 51.71 400m: 5:58.09 39.26				
10.	Luisa Anjos Frischknecht	10	Naval Setubalense	<b>5:59.95</b>	372
	50m: 40.34 40.34 150m: 2:10.04 44.94 250m: 3:46.33 51.21 350m: 5:19.42 42.12				
	100m: 1:25.10 44.76 200m: 2:55.12 45.08 300m: 4:37.30 50.97 400m: 5:59.95 40.53				
11.	Gabriela Parreira	10	Sporting	<b>6:03.50</b>	361
	50m: 36.97 36.97 150m: 2:05.88 46.55 250m: 3:46.85 54.03 350m: 5:23.35 42.44				
	100m: 1:19.33 42.36 200m: 2:52.82 46.94 300m: 4:40.91 54.06 400m: 6:03.50 40.15				
12.	Estela Couto Ribeiro	10	Sporting	<b>6:06.97</b>	351
	50m: 39.50 39.50 150m: 2:13.64 47.82 250m: 3:54.29 53.19 350m: 5:27.59 40.35				
	100m: 1:25.82 46.32 200m: 3:01.10 47.46 300m: 4:47.24 52.95 400m: 6:06.97 39.38				

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Prova 1, Femin., 400m Estilos, Infantis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
13.	Beatriz Paiva Branco	10	Laranjeiro	<b>6:07.15</b>	350
	50m: 42.31 42.31 150m: 2:18.30 45.60 250m: 3:54.88 51.37 350m: 5:27.61 40.72 100m: 1:32.70 50.39 200m: 3:03.51 45.21 300m: 4:46.89 52.01 400m: 6:07.15 39.54				
14.	Rita Canas Brito	10	Naval Setubalense	<b>6:07.85</b>	348
	50m: 40.48 40.48 150m: 2:16.81 48.46 250m: 3:52.82 50.06 350m: 5:26.73 43.58 100m: 1:28.35 47.87 200m: 3:02.76 45.95 300m: 4:43.15 50.33 400m: 6:07.85 41.12				
15.	Maria Barafusta Afonso	10	Naval Setubalense	<b>6:15.70</b>	327
	50m: 44.62 44.62 150m: 2:18.59 44.92 250m: 3:56.97 55.60 350m: 5:35.64 42.50 100m: 1:33.67 49.05 200m: 3:01.37 42.78 300m: 4:53.14 56.17 400m: 6:15.70 40.06				
16.	Rita Rocha Ferreira	10	Benfica	<b>6:17.41</b>	322
	50m: 38.99 38.99 150m: 2:12.12 48.46 250m: 3:53.19 52.32 350m: 5:33.49 45.16 100m: 1:23.66 44.67 200m: 3:00.87 48.75 300m: 4:48.33 55.14 400m: 6:17.41 43.92				
17.	Beatriz Nunes Leao	10	Laranjeiro	<b>6:20.92</b>	314
	50m: 41.53 41.53 150m: 2:17.93 46.02 250m: 3:59.17 55.46 350m: 5:39.04 43.13 100m: 1:31.91 50.38 200m: 3:03.71 45.78 300m: 4:55.91 56.74 400m: 6:20.92 41.88				
18.	Francisca Maria Esteves	10	Colégio Vasco da Gama	<b>6:33.03</b>	285
	50m: 48.19 48.19 150m: 2:34.37 49.47 250m: 4:13.57 50.85 350m: 5:50.78 45.13 100m: 1:44.90 56.71 200m: 3:22.72 48.35 300m: 5:05.65 52.08 400m: 6:33.03 42.25				
19.	Alicia Tais Ferreira	10	Geslours	<b>6:40.87</b>	269
	50m: 43.61 43.61 150m: 2:27.79 50.09 250m: 4:11.61 54.84 350m: 5:54.46 47.09 100m: 1:37.70 54.09 200m: 3:16.77 48.98 300m: 5:07.37 55.76 400m: 6:40.87 46.41				
20.	Nuria Cristina Pires	10	Vikings	<b>6:42.23</b>	266
	50m: 42.18 42.18 150m: 2:26.58 50.52 250m: 4:16.22 59.79 350m: 6:00.37 42.10 100m: 1:36.06 53.88 200m: 3:16.43 49.85 300m: 5:18.27 1:02.05 400m: 6:42.23 41.86				
21.	Maria Francisca Moreira <i>Fora Minimo Acesso</i>	10	Bombeiros dos Estoris	<b>7:04.56</b>	226
	50m: 44.09 44.09 150m: 2:39.49 52.92 250m: 4:29.45 59.61 350m: 6:18.10 47.57 100m: 1:46.57 1:02.48 200m: 3:29.84 50.35 300m: 5:30.53 1:01.08 400m: 7:04.56 46.46				
DSQ	Catarina Nobre Pardelha <i>E-M50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de mariposa(SW 8.4)</i>	10	Colegio Int Monte Maior		
DSQ	Maria Ines Fryxell <i>E-M50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de mariposa(SW 8.4)</i>	10	AONDA - Azeitão		
DSQ	Maria Duarte Carvalho <i>E-C50 - Perdeu a posição dorsal na chegada do percurso de costas (SW 6.5)</i>	10	Benfica		
DSQ	Ana Nabais Mendes <i>E-B50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de braços (SW 7.6)</i>	10	Laranjeiro		
DSQ	Isabella Caterina Mejias <i>E-B30 - No percurso de braços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>	10	Vikings		

Infantis

1.	Rita Braga Gomes	10	Sporting	<b>5:37.95</b>	449
	50m: 36.56 36.56 150m: 2:03.86 44.79 250m: 3:33.90 45.65 350m: 4:59.60 38.73 100m: 1:19.07 42.51 200m: 2:48.25 44.39 300m: 4:20.87 46.97 400m: 5:37.95 38.35				
2.	Beatriz Costa Diniz	10	Sporting	<b>5:47.19</b>	414
	50m: 37.82 37.82 150m: 2:07.12 45.06 250m: 3:38.60 47.63 350m: 5:07.61 40.43 100m: 1:22.06 44.24 200m: 2:50.97 43.85 300m: 4:27.18 48.58 400m: 5:47.19 39.58				
3.	Ana Filipa Serra	11	CPCD - Póvoa Sta Iria	<b>5:47.76</b>	412
	50m: 39.39 39.39 150m: 2:08.27 43.11 250m: 3:39.96 49.53 350m: 5:10.86 40.68 100m: 1:25.16 45.77 200m: 2:50.43 42.16 300m: 4:30.18 50.22 400m: 5:47.76 36.90				
4.	Margarida Santos Moura	11	Sporting	<b>5:49.03</b>	408
	50m: 36.54 36.54 150m: 2:03.56 45.95 250m: 3:38.93 49.02 350m: 5:10.41 39.73 100m: 1:17.61 41.07 200m: 2:49.91 46.35 300m: 4:30.68 51.75 400m: 5:49.03 38.62				

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Prova 1, Femin., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
5.	Carolina Escrevente Guerra	10	Alges	<b>5:53.00</b>	394
	50m: 38.48 38.48	150m: 2:07.53 42.93	250m: 3:41.28 51.40	350m: 5:14.80 40.99	
	100m: 1:24.60 46.12	200m: 2:49.88 42.35	300m: 4:33.81 52.53	400m: 5:53.00 38.20	
6.	Joana Alexandra Silva	10	CPCD - Póvoa Sta Iria	<b>5:53.10</b>	394
	50m: 36.17 36.17	150m: 2:06.23 45.44	250m: 3:41.89 51.72	350m: 5:14.15 39.67	
	100m: 1:20.79 44.62	200m: 2:50.17 43.94	300m: 4:34.48 52.59	400m: 5:53.10 38.95	
7.	Alicia Del Rio Bernat	10	Alges	<b>5:53.40</b>	393
	50m: 37.61 37.61	150m: 2:11.35 50.00	250m: 3:46.82 48.77	350m: 5:15.49 39.50	
	100m: 1:21.35 43.74	200m: 2:58.05 46.70	300m: 4:35.99 49.17	400m: 5:53.40 37.91	
8.	Maria Madalena Fernandes	10	Alges	<b>5:54.26</b>	390
	50m: 36.68 36.68	150m: 2:05.60 47.14	250m: 3:42.14 51.27	350m: 5:15.13 40.40	
	100m: 1:18.46 41.78	200m: 2:50.87 45.27	300m: 4:34.73 52.59	400m: 5:54.26 39.13	
9.	Luana Raquel Monteiro	10	Palmela Desporto	<b>5:56.97</b>	381
	50m: 39.57 39.57	150m: 2:11.41 46.39	250m: 3:45.87 50.08	350m: 5:17.50 40.75	
	100m: 1:25.02 45.45	200m: 2:55.79 44.38	300m: 4:36.75 50.88	400m: 5:56.97 39.47	
10.	Maria Rita Filipe	10	Geslours	<b>5:57.81</b>	379
	50m: 41.48 41.48	150m: 2:11.82 41.73	250m: 3:45.06 51.33	350m: 5:17.37 40.22	
	100m: 1:30.09 48.61	200m: 2:53.73 41.91	300m: 4:37.15 52.09	400m: 5:57.81 40.44	
11.	Victoria Sales Proenca	10	Benfica	<b>5:58.09</b>	378
	50m: 38.89 38.89	150m: 2:10.64 46.05	250m: 3:47.05 51.00	350m: 5:18.83 40.07	
	100m: 1:24.59 45.70	200m: 2:56.05 45.41	300m: 4:38.76 51.71	400m: 5:58.09 39.26	
12.	Ana Mao de Ferro	11	Sporting	<b>5:59.29</b>	374
	50m: 39.21 39.21	150m: 2:10.03 44.87	250m: 3:46.22 51.88	350m: 5:20.09 40.93	
	100m: 1:25.16 45.95	200m: 2:54.34 44.31	300m: 4:39.16 52.94	400m: 5:59.29 39.20	
13.	Luisa Anjos Frischknecht	10	Naval Setubalense	<b>5:59.95</b>	372
	50m: 40.34 40.34	150m: 2:10.04 44.94	250m: 3:46.33 51.21	350m: 5:19.42 42.12	
	100m: 1:25.10 44.76	200m: 2:55.12 45.08	300m: 4:37.30 50.97	400m: 5:59.95 40.53	
14.	Gabriela Parreira	10	Sporting	<b>6:03.50</b>	361
	50m: 36.97 36.97	150m: 2:05.88 46.55	250m: 3:46.85 54.03	350m: 5:23.35 42.44	
	100m: 1:19.33 42.36	200m: 2:52.82 46.94	300m: 4:40.91 54.06	400m: 6:03.50 40.15	
15.	Margarida Almeida Ferreira	11	Sporting	<b>6:05.19</b>	356
	50m: 37.58 37.58	150m: 2:09.20 46.75	250m: 3:49.30 55.52	350m: 5:25.16 39.01	
	100m: 1:22.45 44.87	200m: 2:53.78 44.58	300m: 4:46.15 56.85	400m: 6:05.19 40.03	
16.	Madalena Ferreira Baldo	11	Colegio Int Monte Maior	<b>6:05.45</b>	355
	50m: 40.61 40.61	150m: 2:16.22 45.36	250m: 3:52.26 51.20	350m: 5:25.72 41.33	
	100m: 1:30.86 50.25	200m: 3:01.06 44.84	300m: 4:44.39 52.13	400m: 6:05.45 39.73	
17.	Estela Couto Ribeiro	10	Sporting	<b>6:06.97</b>	351
	50m: 39.50 39.50	150m: 2:13.64 47.82	250m: 3:54.29 53.19	350m: 5:27.59 40.35	
	100m: 1:25.82 46.32	200m: 3:01.10 47.46	300m: 4:47.24 52.95	400m: 6:06.97 39.38	
18.	Beatriz Paiva Branco	10	Laranjeiro	<b>6:07.15</b>	350
	50m: 42.31 42.31	150m: 2:18.30 45.60	250m: 3:54.88 51.37	350m: 5:27.61 40.72	
	100m: 1:32.70 50.39	200m: 3:03.51 45.21	300m: 4:46.89 52.01	400m: 6:07.15 39.54	
19.	Maria Rendeiro Correia	11	Alges	<b>6:07.58</b>	349
	50m: 39.03 39.03	150m: 2:12.71 48.33	250m: 3:52.11 53.05	350m: 5:27.27 41.59	
	100m: 1:24.38 45.35	200m: 2:59.06 46.35	300m: 4:45.68 53.57	400m: 6:07.58 40.31	
20.	Rita Canas Brito	10	Naval Setubalense	<b>6:07.85</b>	348
	50m: 40.48 40.48	150m: 2:16.81 48.46	250m: 3:52.82 50.06	350m: 5:26.73 43.58	
	100m: 1:28.35 47.87	200m: 3:02.76 45.95	300m: 4:43.15 50.33	400m: 6:07.85 41.12	
21.	Leonor Coelho Silva	11	Vikings	<b>6:15.33</b>	328
	50m: 41.19 41.19	150m: 2:16.30 45.73	250m: 3:56.85 55.90	350m: 5:36.43 41.95	
	100m: 1:30.57 49.38	200m: 3:00.95 44.65	300m: 4:54.48 57.63	400m: 6:15.33 38.90	
22.	Maria Barafusta Afonso	10	Naval Setubalense	<b>6:15.70</b>	327
	50m: 44.62 44.62	150m: 2:18.59 44.92	250m: 3:56.97 55.60	350m: 5:35.64 42.50	
	100m: 1:33.67 49.05	200m: 3:01.37 42.78	300m: 4:53.14 56.17	400m: 6:15.70 40.06	
23.	Ines Freitas Abrantes	11	Colegio Int Monte Maior	<b>6:15.90</b>	326
	50m: 41.70 41.70	150m: 2:17.21 48.20	250m: 3:58.04 54.60	350m: 5:35.30 42.27	
	100m: 1:29.01 47.31	200m: 3:03.44 46.23	300m: 4:53.03 54.99	400m: 6:15.90 40.60	
24.	Rita Rocha Ferreira	10	Benfica	<b>6:17.41</b>	322
	50m: 38.99 38.99	150m: 2:12.12 48.46	250m: 3:53.19 52.32	350m: 5:33.49 45.16	
	100m: 1:23.66 44.67	200m: 3:00.87 48.75	300m: 4:48.33 55.14	400m: 6:17.41 43.92	
25.	Beatriz Nunes Leao	10	Laranjeiro	<b>6:20.92</b>	314
	50m: 41.53 41.53	150m: 2:17.93 46.02	250m: 3:59.17 55.46	350m: 5:39.04 43.13	
	100m: 1:31.91 50.38	200m: 3:03.71 45.78	300m: 4:55.91 56.74	400m: 6:20.92 41.88	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 1, Femin., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
26.	Sara Silva Campos	11	Laranjeiro	<b>6:21.13</b>	313
	50m: 41.17 41.17 150m: 2:22.52 50.53 250m: 4:04.89 54.40 350m: 5:41.21 42.41			100m: 1:31.99 50.82 200m: 3:10.49 47.97 300m: 4:58.80 53.91 400m: 6:21.13 39.92	
27.	Ines Silva Paiva	11	Colegio Int Monte Maior	<b>6:23.04</b>	308
	50m: 42.35 42.35 150m: 2:20.70 47.55 250m: 4:00.48 52.63 350m: 5:40.40 46.75			100m: 1:33.15 50.80 200m: 3:07.85 47.15 300m: 4:53.65 53.17 400m: 6:23.04 42.64	
28.	Francisca Meneses Goncalves	11	Geslours	<b>6:27.10</b>	299
	50m: 44.14 44.14 150m: 2:24.32 47.66 250m: 4:06.42 53.56 350m: 5:45.59 44.36			100m: 1:36.66 52.52 200m: 3:12.86 48.54 300m: 5:01.23 54.81 400m: 6:27.10 41.51	
29.	Madalena Correia Gomes	11	Colegio Int Monte Maior	<b>6:28.54</b>	295
	50m: 43.44 43.44 150m: 2:23.03 48.49 250m: 4:06.00 56.62 350m: 5:47.75 44.48			100m: 1:34.54 51.10 200m: 3:09.38 46.35 300m: 5:03.27 57.27 400m: 6:28.54 40.79	
30.	Francisca Maria Esteves	10	Colégio Vasco da Gama	<b>6:33.03</b>	285
	50m: 48.19 48.19 150m: 2:34.37 49.47 250m: 4:13.57 50.85 350m: 5:50.78 45.13			100m: 1:44.90 56.71 200m: 3:22.72 48.35 300m: 5:05.65 52.08 400m: 6:33.03 42.25	
31.	Alicia Tais Ferreira	10	Geslours	<b>6:40.87</b>	269
	50m: 43.61 43.61 150m: 2:27.79 50.09 250m: 4:11.61 54.84 350m: 5:54.46 47.09			100m: 1:37.70 54.09 200m: 3:16.77 48.98 300m: 5:07.37 55.76 400m: 6:40.87 46.41	
32.	Nuria Cristina Pires	10	Vikings	<b>6:42.23</b>	266
	50m: 42.18 42.18 150m: 2:26.58 50.52 250m: 4:16.22 59.79 350m: 6:00.37 42.10			100m: 1:36.06 53.88 200m: 3:16.43 49.85 300m: 5:18.27 1:02.05 400m: 6:42.23 41.86	
33.	Leticia Coelho Silva	11	Vikings	<b>6:42.53</b>	266
	50m: 44.21 44.21 150m: 2:32.11 53.28 250m: 4:20.39 56.77 350m: 6:00.66 42.67			100m: 1:38.83 54.62 200m: 3:23.62 51.51 300m: 5:17.99 57.60 400m: 6:42.53 41.87	
34.	Carolina Melo Camejo	11	Sporting	<b>6:48.60</b>	254
	50m: 40.73 40.73 150m: 2:25.35 50.76 250m: 4:15.38 1:02.48 350m: 6:02.85 44.78			100m: 1:34.59 53.86 200m: 3:12.90 47.55 300m: 5:18.07 1:02.69 400m: 6:48.60 45.75	
35.	Madalena Carreiro Rodrigues	11	Benfica	<b>6:50.69</b>	250
	50m: 50.92 50.92 150m: 2:40.96 49.43 250m: 4:27.02 57.24 350m: 6:07.92 43.42			100m: 1:51.53 1:00.61 200m: 3:29.78 48.82 300m: 5:24.50 57.48 400m: 6:50.69 42.77	
36.	Ines Duarte Mendes	11	Colegio Int Monte Maior	<b>6:50.78</b>	250
	50m: 50.36 50.36 150m: 2:34.08 50.58 250m: 4:22.73 1:00.12 350m: 6:08.13 46.55			100m: 1:43.50 53.14 200m: 3:22.61 48.53 300m: 5:21.58 58.85 400m: 6:50.78 42.65	
37.	Maria Fatima Pagani	11	Bombeiros dos Estoris	<b>6:53.75</b>	245
	50m: 47.95 47.95 150m: 2:39.52 52.17 250m: 4:27.19 1:00.18 350m: 6:11.32 46.79			100m: 1:47.35 59.40 200m: 3:27.01 47.49 300m: 5:24.53 57.34 400m: 6:53.75 42.43	
38.	Maria Francisca Moreira <i>Fora Minimo Acesso</i>	10	Bombeiros dos Estoris	<b>7:04.56</b>	226
	50m: 44.09 44.09 150m: 2:39.49 52.92 250m: 4:29.45 59.61 350m: 6:18.10 47.57			100m: 1:46.57 1:02.48 200m: 3:29.84 50.35 300m: 5:30.53 1:01.08 400m: 7:04.56 46.46	
DSQ	Diana Gomes Nunes	11	Colegio Int Monte Maior		
	<i>E-M14 - No percurso de mariposa, efect. movimento de pernada de braços durante o percurso (SW 8.3)</i>				
DSQ	Catarina Nobre Pardelha	10	Colegio Int Monte Maior		
	<i>E-M50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de mariposa(SW 8.4)</i>				
DSQ	Eva Alves Santos	11	Colegio Int Monte Maior		
	<i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>				
DSQ	Maria Ines Fryxell	10	AONDA - Azeitão		
	<i>E-M50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de mariposa(SW 8.4)</i>				
DSQ	Maria Duarte Carvalho	10	Benfica		
	<i>E-C50 - Perdeu a posição dorsal na chegada do percurso de costas (SW 6.5)</i>				
DSQ	Catarina Ribeiro Fernandez	11	Geslours		
	<i>E-B50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de braços (SW 7.6)</i>				

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 1, Femin., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
DSQ	Leonor Areias Martins <i>E-B30 - No percurso de bruços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>	11	Gesloures		
DSQ	Matilde Bento Pereira <i>G21 - Iniciou o percurso num estilo diferente ao referenciado para a prova</i>	11	Gesloures		
DSQ	Ana Nabais Mendes <i>E-B50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de bruços (SW 7.6)</i>	10	Laranjeiro		
DSQ	Isabella Caterina Mejias <i>E-B30 - No percurso de bruços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>	10	Vikings		

Prova 2

27.05.2023 - 15:30

Masc., 400m Estilos

Infantis  
Resultados

Rec Regional Inf A	4:47.72	Joao Alexandre Vital	POR	Sto Antº Cavaleiros	2012
Rec Regional Inf B	5:02.78	Pedro Fontoura Oliveira	POR	Odivelas	2003
Rec Regional Absoluto	4:06.93	Joao Alexandre Vital	POR	Hangzhou (CHN)	2018
Rec Nacional Inf A	4:40.32	Tomas Miguel Freitas	POR	Funchal	2004
Rec Nacional Inf B	4:49.65	Andre Vilas Ruivo	POR	S. António Cavaleiros	2013
Rec Nacional Absoluto	4:05.87	Gabriel Jose Lopes	POR	Leiria	2022

Mínimo Participação Inf B: 6:56.99; Inf A: 6:37.13

Pontos: FINA 2022

Pos.	Nadador	Ano	Clube	Tempo	Pts
<b>Infantis B</b>					
1.	Dinis Aresta Ribeiro	10	Sporting	<b>5:23.32</b>	383
	50m: 35.86 35.86 150m: 1:59.10 41.50 250m: 3:26.05 46.16 350m: 4:48.79 36.21			46.16 350m: 4:48.79 36.21	
	100m: 1:17.60 41.74 200m: 2:39.89 40.79 300m: 4:12.58 46.53 400m: 5:23.32 34.53			46.53 400m: 5:23.32 34.53	
2.	Martim Frederico Marques	10	CPCD - Póvoa Sta Iria	<b>5:23.89</b>	381
	50m: 32.62 32.62 150m: 1:55.96 43.80 250m: 3:25.47 47.26 350m: 4:48.62 36.96			47.26 350m: 4:48.62 36.96	
	100m: 1:12.16 39.54 200m: 2:38.21 42.25 300m: 4:11.66 46.19 400m: 5:23.89 35.27			46.19 400m: 5:23.89 35.27	
3.	Renato Ferreira Mimoso	10	Benfica	<b>5:27.41</b>	368
	50m: 35.69 35.69 150m: 1:57.41 40.78 250m: 3:27.18 48.87 350m: 4:51.93 35.88			48.87 350m: 4:51.93 35.88	
	100m: 1:16.63 40.94 200m: 2:38.31 40.90 300m: 4:16.05 48.87 400m: 5:27.41 35.48			48.87 400m: 5:27.41 35.48	
4.	Antonio Carimbo Godinho	10	Fisica Torres Vedras	<b>5:38.90</b>	332
	50m: 34.90 34.90 150m: 1:57.84 43.19 250m: 3:31.54 50.60 350m: 5:02.20 39.38			50.60 350m: 5:02.20 39.38	
	100m: 1:14.65 39.75 200m: 2:40.94 43.10 300m: 4:22.82 51.28 400m: 5:38.90 36.70			51.28 400m: 5:38.90 36.70	
5.	Afonso Manuel Gomes	10	Sporting	<b>5:40.04</b>	329
	50m: 35.93 35.93 150m: 2:01.76 42.97 250m: 3:33.67 49.70 350m: 5:03.44 40.23			49.70 350m: 5:03.44 40.23	
	100m: 1:18.79 42.86 200m: 2:43.97 42.21 300m: 4:23.21 49.54 400m: 5:40.04 36.60			49.54 400m: 5:40.04 36.60	
6.	Andre Huang	10	Gesloures	<b>5:41.10</b>	326
	50m: 37.06 37.06 150m: 2:04.73 43.32 250m: 3:35.01 47.88 350m: 5:03.57 38.40			47.88 350m: 5:03.57 38.40	
	100m: 1:21.41 44.35 200m: 2:47.13 42.40 300m: 4:25.17 50.16 400m: 5:41.10 37.53			50.16 400m: 5:41.10 37.53	
7.	Diogo Rodrigues Sousa	10	Alges	<b>5:44.03</b>	317
	50m: 37.29 37.29 150m: 2:05.46 44.62 250m: 3:38.06 48.46 350m: 5:06.32 39.17			48.46 350m: 5:06.32 39.17	
	100m: 1:20.84 43.55 200m: 2:49.60 44.14 300m: 4:27.15 49.09 400m: 5:44.03 37.71			49.09 400m: 5:44.03 37.71	
8.	Neil Merad	10	Benfica	<b>5:46.12</b>	312
	50m: 36.65 36.65 150m: 2:05.51 42.33 250m: 3:38.97 51.13 350m: 5:08.59 37.33			51.13 350m: 5:08.59 37.33	
	100m: 1:23.18 46.53 200m: 2:47.84 42.33 300m: 4:31.26 52.29 400m: 5:46.12 37.53			52.29 400m: 5:46.12 37.53	
9.	Tomas Rodrigues Oliveira	10	Fisica Torres Vedras	<b>5:46.65</b>	310
	50m: 35.12 35.12 150m: 2:01.06 43.94 250m: 3:38.13 53.89 350m: 5:10.50 39.05			53.89 350m: 5:10.50 39.05	
	100m: 1:17.12 42.00 200m: 2:44.24 43.18 300m: 4:31.45 53.32 400m: 5:46.65 36.15			53.32 400m: 5:46.65 36.15	
10.	Guilherme Valente Pereira	10	Colegio Int Monte Maior	<b>5:47.67</b>	308
	50m: 36.75 36.75 150m: 2:05.57 45.36 250m: 3:38.47 50.16 350m: 5:08.78 39.48			50.16 350m: 5:08.78 39.48	
	100m: 1:20.21 43.46 200m: 2:48.31 42.74 300m: 4:29.30 50.83 400m: 5:47.67 38.89			50.83 400m: 5:47.67 38.89	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 2, Masc., 400m Estilos, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
11.	Manuel Maria Santos	10	Colegio Int Monte Maior	<b>5:54.41</b>	290
	50m: 35.40 35.40	150m: 2:04.24 44.54	250m: 3:39.28 50.92	350m: 5:13.74 40.64	
	100m: 1:19.70 44.30	200m: 2:48.36 44.12	300m: 4:33.10 53.82	400m: 5:54.41 40.67	
	Martim Marino Brilha	10	Vikings	<b>5:54.41</b>	290
	50m: 41.40 41.40	150m: 2:13.67 43.91	250m: 3:46.62 49.07	350m: 5:17.10 40.73	
	100m: 1:29.76 48.36	200m: 2:57.55 43.88	300m: 4:36.37 49.75	400m: 5:54.41 37.31	
13.	Francisco Reis Pinto	10	Alges	<b>5:56.08</b>	286
	50m: 36.11 36.11	150m: 2:14.53 47.53	250m: 3:47.92 47.81	350m: 5:18.95 41.01	
	100m: 1:27.00 50.89	200m: 3:00.11 45.58	300m: 4:37.94 50.02	400m: 5:56.08 37.13	
14.	Rafael Carreiras Marques	10	Gesloures	<b>5:57.51</b>	283
	50m: 39.72 39.72	150m: 2:15.10 45.95	250m: 3:47.02 48.21	350m: 5:18.92 42.07	
	100m: 1:29.15 49.43	200m: 2:58.81 43.71	300m: 4:36.85 49.83	400m: 5:57.51 38.59	
15.	Diogo Alves Castro	10	Alges	<b>5:59.73</b>	278
	50m: 35.00 35.00	150m: 2:05.23 47.07	250m: 3:43.70 52.29	350m: 5:19.72 42.89	
	100m: 1:18.16 43.16	200m: 2:51.41 46.18	300m: 4:36.83 53.13	400m: 5:59.73 40.01	
16.	Tomas Ricardo Freire	10	Sporting	<b>6:00.13</b>	277
	50m: 37.80 37.80	150m: 2:07.32 44.19	250m: 3:45.37 54.40	350m: 5:21.10 40.33	
	100m: 1:23.13 45.33	200m: 2:50.97 43.65	300m: 4:40.77 55.40	400m: 6:00.13 39.03	
17.	Tiago Moreira Almeida	10	Salesianos	<b>6:02.40</b>	272
	50m: 39.12 39.12	150m: 2:10.70 43.70	250m: 3:48.23 53.73	350m: 5:24.78 41.55	
	100m: 1:27.00 47.88	200m: 2:54.50 43.80	300m: 4:43.23 55.00	400m: 6:02.40 37.62	
18.	Henrique Matos Sebrosa	10	Gesloures	<b>6:02.71</b>	271
	50m: 38.81 38.81	150m: 2:16.89 46.98	250m: 3:51.55 50.20	350m: 5:22.53 41.21	
	100m: 1:29.91 51.10	200m: 3:01.35 44.46	300m: 4:41.32 49.77	400m: 6:02.71 40.18	
19.	Afonso Velada Pereira	10	Sporting	<b>6:03.82</b>	268
	50m: 41.12 41.12	150m: 2:15.43 46.27	250m: 3:50.79 50.25	350m: 5:24.18 41.83	
	100m: 1:29.16 48.04	200m: 3:00.54 45.11	300m: 4:42.35 51.56	400m: 6:03.82 39.64	
20.	Martim Goncalves Lopes	10	Gesloures	<b>6:05.54</b>	265
	50m: 40.13 40.13	150m: 2:16.08 45.44	250m: 3:52.12 52.73	350m: 5:25.95 41.55	
	100m: 1:30.64 50.51	200m: 2:59.39 43.31	300m: 4:44.40 52.28	400m: 6:05.54 39.59	
21.	Guilherme Costa Alves	10	Benfica	<b>6:06.92</b>	262
	50m: 40.69 40.69	150m: 2:14.85 45.54	250m: 3:53.67 53.39	350m: 5:28.08 39.80	
	100m: 1:29.31 48.62	200m: 3:00.28 45.43	300m: 4:48.28 54.61	400m: 6:06.92 38.84	
22.	Miguel Belo Santos	10	Alges	<b>6:09.96</b>	255
	50m: 41.29 41.29	150m: 2:20.37 48.73	250m: 3:56.09 49.57	350m: 5:30.25 42.14	
	100m: 1:31.64 50.35	200m: 3:06.52 46.15	300m: 4:48.11 52.02	400m: 6:09.96 39.71	
23.	Tiago Neres Santo	10	Alges	<b>6:10.39</b>	254
	50m: 39.07 39.07	150m: 2:15.85 49.38	250m: 3:56.86 52.07	350m: 5:32.58 41.28	
	100m: 1:26.47 47.40	200m: 3:04.79 48.94	300m: 4:51.30 54.44	400m: 6:10.39 37.81	
24.	Afonso Daniel Carvalhas	10	AONDA - Azeitão	<b>6:19.76</b>	236
	50m: 39.03 39.03	150m: 2:17.80 50.74	250m: 4:01.78 54.23	350m: 5:38.67 42.64	
	100m: 1:27.06 48.03	200m: 3:07.55 49.75	300m: 4:56.03 54.25	400m: 6:19.76 41.09	
25.	Goncalo Soares Brito	10	Bombeiros dos Estoris	<b>6:25.30</b>	226
	50m: 38.98 38.98	150m: 2:19.44 46.32	250m: 4:03.22 58.02	350m: 5:43.49 42.90	
	100m: 1:33.12 54.14	200m: 3:05.20 45.76	300m: 5:00.59 57.37	400m: 6:25.30 41.81	
26.	Jose Luis Assuncao	10	Bombeiros dos Estoris	<b>6:26.44</b>	224
	50m: 41.12 41.12	150m: 2:20.08 49.41	250m: 4:04.36 57.97	350m: 5:45.63 42.26	
	100m: 1:30.67 49.55	200m: 3:06.39 46.31	300m: 5:03.37 59.01	400m: 6:26.44 40.81	
27.	Tomas Maria Horta	10	Gesloures	<b>6:30.63</b>	217
	50m: 44.99 44.99	150m: 2:26.78 48.39	250m: 4:10.12 56.28	350m: 5:49.61 42.12	
	100m: 1:38.39 53.40	200m: 3:13.84 47.06	300m: 5:07.49 57.37	400m: 6:30.63 41.02	
28.	Joao Alves Mendes	10	Benfica	<b>6:44.05</b>	196
	50m: 48.15 48.15	150m: 2:34.75 45.96	250m: 4:19.18 58.15	350m: 6:01.68 44.60	
	100m: 1:48.79 1:00.64	200m: 3:21.03 46.28	300m: 5:17.08 57.90	400m: 6:44.05 42.37	
29.	Cristiano Rafael Melnychuk	10	Colégio Vasco da Gama	<b>6:49.78</b>	188
	50m: 50.26 50.26	150m: 2:41.75 50.19	250m: 4:29.05 57.54	350m: 6:09.09 41.09	
	100m: 1:51.56 1:01.30	200m: 3:31.51 49.76	300m: 5:28.00 58.95	400m: 6:49.78 40.69	
DSQ	Henrique Rodrigues Carvalho	10	Colegio Int Monte Maior		
	<i>E-M50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de mariposa(SW 8.4)</i>				

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 2, Masc., 400m Estilos, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
DSQ	Goncalo Tapadas Marques <i>E-M35 - No percurso de mariposa, efectuou batimento alternado de pernas/pés após a viragem aos 50 metros. (SW 8.3)</i>	10	Colegio Int Monte Maior		
DSQ	Martim Alves Dias <i>E-B30 - No percurso de bruços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>	10	Naval Setubalense		
DSQ	Manuel Mendes Almeida <i>Durante o percurso de Mariposa o atleta não elevou os braços acima da superfície da água (S.W. 8.2)</i>	10	Sporting		
DSQ	Rodrigo Ferrao Dias <i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>	10	Sporting		

Infantis A

1.	Diogo Damasceno Reis	09	Sporting	<b>4:58.85</b>	485
	50m: 30.81 30.81	150m: 1:46.71 38.70	250m: 3:06.11 41.27	350m: 4:24.51 35.49	
	100m: 1:08.01 37.20	200m: 2:24.84 38.13	300m: 3:49.02 42.91	400m: 4:58.85 34.34	
2.	Xavier Jesus Valente	09	Colégio Vasco da Gama	<b>5:09.91</b>	434
	50m: 33.66 33.66	150m: 1:52.04 39.52	250m: 3:15.01 44.34	350m: 4:35.86 35.43	
	100m: 1:12.52 38.86	200m: 2:30.67 38.63	300m: 4:00.43 45.42	400m: 5:09.91 34.05	
3.	Paulo Junio Fernandes	09	Alges	<b>5:18.99</b>	398
	50m: 32.78 32.78	150m: 1:53.44 42.09	250m: 3:20.98 45.15	350m: 4:43.94 36.42	
	100m: 1:11.35 38.57	200m: 2:35.83 42.39	300m: 4:07.52 46.54	400m: 5:18.99 35.05	
4.	Francisco Nunes Roque	09	Benfica	<b>5:20.14</b>	394
	50m: 34.90 34.90	150m: 1:55.17 41.48	250m: 3:20.67 44.69	350m: 4:43.39 36.94	
	100m: 1:13.69 38.79	200m: 2:35.98 40.81	300m: 4:06.45 45.78	400m: 5:20.14 36.75	
5.	Martim Chambel Pinto	09	Colegio Int Monte Maior	<b>5:22.31</b>	386
	50m: 34.21 34.21	150m: 1:53.69 39.00	250m: 3:21.92 50.55	350m: 4:47.61 35.34	
	100m: 1:14.69 40.48	200m: 2:31.37 37.68	300m: 4:12.27 50.35	400m: 5:22.31 34.70	
6.	Jesus Alberto Mejias	09	Vikings	<b>5:22.36</b>	386
	50m: 30.32 30.32	150m: 1:50.31 43.28	250m: 3:21.63 47.46	350m: 4:47.58 38.29	
	100m: 1:07.03 36.71	200m: 2:34.17 43.86	300m: 4:09.29 47.66	400m: 5:22.36 34.78	
7.	Rafael Lin Moniz	09	Naval Setubalense	<b>5:23.05</b>	384
	50m: 33.99 33.99	150m: 1:54.85 41.37	250m: 3:23.37 48.43	350m: 4:48.50 37.14	
	100m: 1:13.48 39.49	200m: 2:34.94 40.09	300m: 4:11.36 47.99	400m: 5:23.05 34.55	
8.	Xavier Rosa Madeira	09	Laranjeiro	<b>5:26.85</b>	370
	50m: 32.51 32.51	150m: 1:55.13 43.07	250m: 3:23.92 46.84	350m: 4:50.81 37.71	
	100m: 1:12.06 39.55	200m: 2:37.08 41.95	300m: 4:13.10 49.18	400m: 5:26.85 36.04	
9.	David Emanuel Tome	09	Gesloures	<b>5:28.43</b>	365
	50m: 35.58 35.58	150m: 1:58.57 41.14	250m: 3:26.58 48.43	350m: 4:53.13 37.37	
	100m: 1:17.43 41.85	200m: 2:38.15 39.58	300m: 4:15.76 49.18	400m: 5:28.43 35.30	
10.	Hugo Pacheco Godinho	09	Sporting	<b>5:28.68</b>	364
	50m: 34.96 34.96	150m: 1:58.70 41.32	250m: 3:28.57 48.59	350m: 4:53.42 36.22	
	100m: 1:17.38 42.42	200m: 2:39.98 41.28	300m: 4:17.20 48.63	400m: 5:28.68 35.26	
11.	Miguel Bera Fonseca	09	Benfica	<b>5:30.04</b>	360
	50m: 33.87 33.87	150m: 1:58.01 44.58	250m: 3:28.04 47.10	350m: 4:53.29 37.95	
	100m: 1:13.43 39.56	200m: 2:40.94 42.93	300m: 4:15.34 47.30	400m: 5:30.04 36.75	
12.	Rodrigo Duarte Narigueta	09	Palmela Desporto	<b>5:31.27</b>	356
	50m: 33.69 33.69	150m: 1:56.51 42.27	250m: 3:27.16 48.92	350m: 4:54.37 37.46	
	100m: 1:14.24 40.55	200m: 2:38.24 41.73	300m: 4:16.91 49.75	400m: 5:31.27 36.90	
13.	Vasco Alexandre Martins	09	Colegio Int Monte Maior	<b>5:36.73</b>	339
	50m: 35.78 35.78	150m: 2:01.96 44.41	250m: 3:31.11 47.15	350m: 4:58.44 38.36	
	100m: 1:17.55 41.77	200m: 2:43.96 42.00	300m: 4:20.08 48.97	400m: 5:36.73 38.29	
14.	Daniel Alexandre Lourenco	09	Sporting	<b>5:37.87</b>	335
	50m: 33.61 33.61	150m: 1:56.57 43.51	250m: 3:28.59 49.80	350m: 4:59.60 39.28	
	100m: 1:13.06 39.45	200m: 2:38.79 42.22	300m: 4:20.32 51.73	400m: 5:37.87 38.27	
15.	Afonso Cunha Amaral	09	Alges	<b>5:39.62</b>	330
	50m: 33.62 33.62	150m: 1:58.93 43.85	250m: 3:33.28 49.28	350m: 5:02.98 39.06	
	100m: 1:15.08 41.46	200m: 2:44.00 45.07	300m: 4:23.92 50.64	400m: 5:39.62 36.64	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 2, Masc., 400m Estilos, Infantis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
16.	Rui Melo Pereira	09	Benfica	<b>5:40.82</b>	327
	50m: 35.92 35.92 150m: 2:04.05 44.81 250m: 3:34.31 48.97 350m: 5:04.69 40.20 100m: 1:19.24 43.32 200m: 2:45.34 41.29 300m: 4:24.49 50.18 400m: 5:40.82 36.13				
17.	Bernardo Afonso Guedelha	09	Benfica	<b>5:40.90</b>	326
	50m: 33.52 33.52 150m: 1:57.86 44.23 250m: 3:33.61 52.08 350m: 5:05.13 38.88 100m: 1:13.63 40.11 200m: 2:41.53 43.67 300m: 4:26.25 52.64 400m: 5:40.90 35.77				
18.	Miguel Ratinho Rocha	09	Naval Setubalense	<b>5:42.53</b>	322
	50m: 34.51 34.51 150m: 1:59.93 44.35 250m: 3:34.19 50.00 350m: 5:04.18 40.02 100m: 1:15.58 41.07 200m: 2:44.19 44.26 300m: 4:24.16 49.97 400m: 5:42.53 38.35				
19.	Rodrigo Arga Paiva	09	Geslourses	<b>5:42.79</b>	321
	50m: 36.37 36.37 150m: 2:04.15 43.06 250m: 3:35.58 49.33 350m: 5:05.13 39.27 100m: 1:21.09 44.72 200m: 2:46.25 42.10 300m: 4:25.86 50.28 400m: 5:42.79 37.66				
20.	Pedro Guedes Caldas	09	Benfica	<b>5:44.22</b>	317
	50m: 34.51 34.51 150m: 1:58.00 41.48 250m: 3:34.20 54.83 350m: 5:07.91 37.86 100m: 1:16.52 42.01 200m: 2:39.37 41.37 300m: 4:30.05 55.85 400m: 5:44.22 36.31				
21.	Miguel Filipe Medronheira	09	Palmela Desporto	<b>5:44.88</b>	315
	50m: 34.59 34.59 150m: 2:01.50 44.81 250m: 3:35.57 50.46 350m: 5:06.73 39.89 100m: 1:16.69 42.10 200m: 2:45.11 43.61 300m: 4:26.84 51.27 400m: 5:44.88 38.15				
22.	Andre Raposo Pinheiro	09	AONDA - Azeitão	<b>5:46.34</b>	311
	50m: 35.00 35.00 150m: 2:03.63 45.93 250m: 3:36.85 48.15 350m: 5:06.30 40.58 100m: 1:17.70 42.70 200m: 2:48.70 45.07 300m: 4:25.72 48.87 400m: 5:46.34 40.04				
23.	Francisco Gabriel Freitas	09	Geslourses	<b>5:49.50</b>	303
	50m: 36.63 36.63 150m: 2:09.13 45.37 250m: 3:42.33 48.19 350m: 5:12.52 40.31 100m: 1:23.76 47.13 200m: 2:54.14 45.01 300m: 4:32.21 49.88 400m: 5:49.50 36.98				
24.	Diogo Soares Marques	09	Alges	<b>5:49.53</b>	303
	50m: 37.36 37.36 150m: 2:07.23 45.62 250m: 3:40.22 48.80 350m: 5:10.22 40.85 100m: 1:21.61 44.25 200m: 2:51.42 44.19 300m: 4:29.37 49.15 400m: 5:49.53 39.31				
25.	Joao Pedro Sousa	09	Geslourses	<b>5:50.11</b>	301
	50m: 37.03 37.03 150m: 2:06.61 45.34 250m: 3:39.11 50.29 350m: 5:11.72 41.19 100m: 1:21.27 44.24 200m: 2:48.82 42.21 300m: 4:30.53 51.42 400m: 5:50.11 38.39				
26.	Martim Abalada Vilaca	09	AONDA - Azeitão	<b>5:52.17</b>	296
	50m: 35.75 35.75 150m: 2:08.67 47.44 250m: 3:42.83 48.82 350m: 5:13.73 40.66 100m: 1:21.23 45.48 200m: 2:54.01 45.34 300m: 4:33.07 50.24 400m: 5:52.17 38.44				
27.	Santiago Castanheira Martins	09	CPCD - Póvoa Sta Iria	<b>5:53.82</b>	292
	50m: 35.85 35.85 150m: 2:03.15 43.54 250m: 3:39.85 54.44 350m: 5:13.96 41.78 100m: 1:19.61 43.76 200m: 2:45.41 42.26 300m: 4:32.18 52.33 400m: 5:53.82 39.86				
28.	Duarte Afonso Leite	09	Laranjeiro	<b>5:55.52</b>	288
	50m: 38.03 38.03 150m: 2:11.65 44.36 250m: 3:46.82 52.98 350m: 5:16.43 37.62 100m: 1:27.29 49.26 200m: 2:53.84 42.19 300m: 4:38.81 51.99 400m: 5:55.52 39.09				
29.	Tomas Pires Oliveira	09	Colegio Int Monte Maior	<b>5:59.52</b>	278
	50m: 37.10 37.10 150m: 2:10.86 45.28 250m: 3:47.33 52.71 350m: 5:21.05 40.49 100m: 1:25.58 48.48 200m: 2:54.62 43.76 300m: 4:40.56 53.23 400m: 5:59.52 38.47				
30.	Bernardo Miguel Oliveira	09	Salesianos	<b>5:59.96</b>	277
	50m: 37.43 37.43 150m: 2:08.95 46.53 250m: 3:46.14 52.36 350m: 5:20.48 41.94 100m: 1:22.42 44.99 200m: 2:53.78 44.83 300m: 4:38.54 52.40 400m: 5:59.96 39.48				
31.	Gustavo Branco Silva	09	Geslourses	<b>6:00.90</b>	275
	50m: 37.51 37.51 150m: 2:10.62 45.03 250m: 3:47.25 52.04 350m: 5:22.58 40.67 100m: 1:25.59 48.08 200m: 2:55.21 44.59 300m: 4:41.91 54.66 400m: 6:00.90 38.32				
32.	Afonso Santos Carromeu	09	Naval Setubalense	<b>6:13.01</b>	249
	50m: 44.28 44.28 150m: 2:21.55 47.10 250m: 3:59.92 52.15 350m: 5:34.72 42.58 100m: 1:34.45 50.17 200m: 3:07.77 46.22 300m: 4:52.14 52.22 400m: 6:13.01 38.29				
DSQ	Francisco Sousa Lucas	09	Bombeiros dos Estoris		
	<i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>				
DSQ	Angelo Carvalho Interlandi	09	Alges		
	<i>E-B30 - No percurso de bruços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>				
DSQ	Ricardo Martins Brizado	09	Sporting		
	<i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>				

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 2, Masc., 400m Estilos, Infantis A

Pos. Nadador Ano Clube Tempo Pts  
 DSQ Martim Guerreiro Martins 09 Sporting  
*E-B35 - No percurso de bruços, efect. múltiplas pernadas de golfinho após a viragem aos 250 metros (SW 7.1)*

DNS Tiago Trindade Manuel 09 Palmela Desporto

Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
1.	Diogo Damasceno Reis	09	Sporting	<b>4:58.85</b>	485
	50m: 30.81 30.81	150m: 1:46.71 38.70	250m: 3:06.11 41.27	350m: 4:24.51 35.49	
	100m: 1:08.01 37.20	200m: 2:24.84 38.13	300m: 3:49.02 42.91	400m: 4:58.85 34.34	
2.	Xavier Jesus Valente	09	Colégio Vasco da Gama	<b>5:09.91</b>	434
	50m: 33.66 33.66	150m: 1:52.04 39.52	250m: 3:15.01 44.34	350m: 4:35.86 35.43	
	100m: 1:12.52 38.86	200m: 2:30.67 38.63	300m: 4:00.43 45.42	400m: 5:09.91 34.05	
3.	Paulo Junio Fernandes	09	Alges	<b>5:18.99</b>	398
	50m: 32.78 32.78	150m: 1:53.44 42.09	250m: 3:20.98 45.15	350m: 4:43.94 36.42	
	100m: 1:11.35 38.57	200m: 2:35.83 42.39	300m: 4:07.52 46.54	400m: 5:18.99 35.05	
4.	Francisco Nunes Roque	09	Benfica	<b>5:20.14</b>	394
	50m: 34.90 34.90	150m: 1:55.17 41.48	250m: 3:20.67 44.69	350m: 4:43.39 36.94	
	100m: 1:13.69 38.79	200m: 2:35.98 40.81	300m: 4:06.45 45.78	400m: 5:20.14 36.75	
5.	Martim Chambel Pinto	09	Colegio Int Monte Maior	<b>5:22.31</b>	386
	50m: 34.21 34.21	150m: 1:53.69 39.00	250m: 3:21.92 50.55	350m: 4:47.61 35.34	
	100m: 1:14.69 40.48	200m: 2:31.37 37.68	300m: 4:12.27 50.35	400m: 5:22.31 34.70	
6.	Jesus Alberto Mejias	09	Vikings	<b>5:22.36</b>	386
	50m: 30.32 30.32	150m: 1:50.31 43.28	250m: 3:21.63 47.46	350m: 4:47.58 38.29	
	100m: 1:07.03 36.71	200m: 2:34.17 43.86	300m: 4:09.29 47.66	400m: 5:22.36 34.78	
7.	Rafael Lin Moniz	09	Naval Setubalense	<b>5:23.05</b>	384
	50m: 33.99 33.99	150m: 1:54.85 41.37	250m: 3:23.37 48.43	350m: 4:48.50 37.14	
	100m: 1:13.48 39.49	200m: 2:34.94 40.09	300m: 4:11.36 47.99	400m: 5:23.05 34.55	
8.	Dinis Aresta Ribeiro	10	Sporting	<b>5:23.32</b>	383
	50m: 35.86 35.86	150m: 1:59.10 41.50	250m: 3:26.05 46.16	350m: 4:48.79 36.21	
	100m: 1:17.60 41.74	200m: 2:39.89 40.79	300m: 4:12.58 46.53	400m: 5:23.32 34.53	
9.	Martim Frederico Marques	10	CPCD - Póvoa Sta Iria	<b>5:23.89</b>	381
	50m: 32.62 32.62	150m: 1:55.96 43.80	250m: 3:25.47 47.26	350m: 4:48.62 36.96	
	100m: 1:12.16 39.54	200m: 2:38.21 42.25	300m: 4:11.66 46.19	400m: 5:23.89 35.27	
10.	Xavier Rosa Madeira	09	Laranjeiro	<b>5:26.85</b>	370
	50m: 32.51 32.51	150m: 1:55.13 43.07	250m: 3:23.92 46.84	350m: 4:50.81 37.71	
	100m: 1:12.06 39.55	200m: 2:37.08 41.95	300m: 4:13.10 49.18	400m: 5:26.85 36.04	
11.	Renato Ferreira Mimoso	10	Benfica	<b>5:27.41</b>	368
	50m: 35.69 35.69	150m: 1:57.41 40.78	250m: 3:27.18 48.87	350m: 4:51.93 35.88	
	100m: 1:16.63 40.94	200m: 2:38.31 40.90	300m: 4:16.05 48.87	400m: 5:27.41 35.48	
12.	David Emanuel Tome	09	Geslours	<b>5:28.43</b>	365
	50m: 35.58 35.58	150m: 1:58.57 41.14	250m: 3:26.58 48.43	350m: 4:53.13 37.37	
	100m: 1:17.43 41.85	200m: 2:38.15 39.58	300m: 4:15.76 49.18	400m: 5:28.43 35.30	
13.	Hugo Pacheco Godinho	09	Sporting	<b>5:28.68</b>	364
	50m: 34.96 34.96	150m: 1:58.70 41.32	250m: 3:28.57 48.59	350m: 4:53.42 36.22	
	100m: 1:17.38 42.42	200m: 2:39.98 41.28	300m: 4:17.20 48.63	400m: 5:28.68 35.26	
14.	Miguel Bera Fonseca	09	Benfica	<b>5:30.04</b>	360
	50m: 33.87 33.87	150m: 1:58.01 44.58	250m: 3:28.04 47.10	350m: 4:53.29 37.95	
	100m: 1:13.43 39.56	200m: 2:40.94 42.93	300m: 4:15.34 47.30	400m: 5:30.04 36.75	
15.	Rodrigo Duarte Narigueta	09	Palmela Desporto	<b>5:31.27</b>	356
	50m: 33.69 33.69	150m: 1:56.51 42.27	250m: 3:27.16 48.92	350m: 4:54.37 37.46	
	100m: 1:14.24 40.55	200m: 2:38.24 41.73	300m: 4:16.91 49.75	400m: 5:31.27 36.90	
16.	Vasco Alexandre Martins	09	Colegio Int Monte Maior	<b>5:36.73</b>	339
	50m: 35.78 35.78	150m: 2:01.96 44.41	250m: 3:31.11 47.15	350m: 4:58.44 38.36	
	100m: 1:17.55 41.77	200m: 2:43.96 42.00	300m: 4:20.08 48.97	400m: 5:36.73 38.29	
17.	Daniel Alexandre Lourenco	09	Sporting	<b>5:37.87</b>	335
	50m: 33.61 33.61	150m: 1:56.57 43.51	250m: 3:28.59 49.80	350m: 4:59.60 39.28	
	100m: 1:13.06 39.45	200m: 2:38.79 42.22	300m: 4:20.32 51.73	400m: 5:37.87 38.27	
18.	Antonio Carimbo Godinho	10	Fisica Torres Vedras	<b>5:38.90</b>	332
	50m: 34.90 34.90	150m: 1:57.84 43.19	250m: 3:31.54 50.60	350m: 5:02.20 39.38	
	100m: 1:14.65 39.75	200m: 2:40.94 43.10	300m: 4:22.82 51.28	400m: 5:38.90 36.70	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 2, Masc., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
19.	Afonso Cunha Amaral	09	Alges	<b>5:39.62</b>	330
	50m: 33.62 33.62	150m: 1:58.93 43.85	250m: 3:33.28 49.28	350m: 5:02.98 39.06	
	100m: 1:15.08 41.46	200m: 2:44.00 45.07	300m: 4:23.92 50.64	400m: 5:39.62 36.64	
20.	Afonso Manuel Gomes	10	Sporting	<b>5:40.04</b>	329
	50m: 35.93 35.93	150m: 2:01.76 42.97	250m: 3:33.67 49.70	350m: 5:03.44 40.23	
	100m: 1:18.79 42.86	200m: 2:43.97 42.21	300m: 4:23.21 49.54	400m: 5:40.04 36.60	
21.	Rui Melo Pereira	09	Benfica	<b>5:40.82</b>	327
	50m: 35.92 35.92	150m: 2:04.05 44.81	250m: 3:34.31 48.97	350m: 5:04.69 40.20	
	100m: 1:19.24 43.32	200m: 2:45.34 41.29	300m: 4:24.49 50.18	400m: 5:40.82 36.13	
22.	Bernardo Afonso Guedelha	09	Benfica	<b>5:40.90</b>	326
	50m: 33.52 33.52	150m: 1:57.86 44.23	250m: 3:33.61 52.08	350m: 5:05.13 38.88	
	100m: 1:13.63 40.11	200m: 2:41.53 43.67	300m: 4:26.25 52.64	400m: 5:40.90 35.77	
23.	Andre Huang	10	Geslours	<b>5:41.10</b>	326
	50m: 37.06 37.06	150m: 2:04.73 43.32	250m: 3:35.01 47.88	350m: 5:03.57 38.40	
	100m: 1:21.41 44.35	200m: 2:47.13 42.40	300m: 4:25.17 50.16	400m: 5:41.10 37.53	
24.	Miguel Ratinho Rocha	09	Naval Setubalense	<b>5:42.53</b>	322
	50m: 34.51 34.51	150m: 1:59.93 44.35	250m: 3:34.19 50.00	350m: 5:04.18 40.02	
	100m: 1:15.58 41.07	200m: 2:44.19 44.26	300m: 4:24.16 49.97	400m: 5:42.53 38.35	
25.	Rodrigo Arga Paiva	09	Geslours	<b>5:42.79</b>	321
	50m: 36.37 36.37	150m: 2:04.15 43.06	250m: 3:35.58 49.33	350m: 5:05.13 39.27	
	100m: 1:21.09 44.72	200m: 2:46.25 42.10	300m: 4:25.86 50.28	400m: 5:42.79 37.66	
26.	Diogo Rodrigues Sousa	10	Alges	<b>5:44.03</b>	317
	50m: 37.29 37.29	150m: 2:05.46 44.62	250m: 3:38.06 48.46	350m: 5:06.32 39.17	
	100m: 1:20.84 43.55	200m: 2:49.60 44.14	300m: 4:27.15 49.09	400m: 5:44.03 37.71	
27.	Pedro Guedes Caldas	09	Benfica	<b>5:44.22</b>	317
	50m: 34.51 34.51	150m: 1:58.00 41.48	250m: 3:34.20 54.83	350m: 5:07.91 37.86	
	100m: 1:16.52 42.01	200m: 2:39.37 41.37	300m: 4:30.05 55.85	400m: 5:44.22 36.31	
28.	Miguel Filipe Medronheira	09	Palmela Desporto	<b>5:44.88</b>	315
	50m: 34.59 34.59	150m: 2:01.50 44.81	250m: 3:35.57 50.46	350m: 5:06.73 39.89	
	100m: 1:16.69 42.10	200m: 2:45.11 43.61	300m: 4:26.84 51.27	400m: 5:44.88 38.15	
29.	Neil Merad	10	Benfica	<b>5:46.12</b>	312
	50m: 36.65 36.65	150m: 2:05.51 42.33	250m: 3:38.97 51.13	350m: 5:08.59 37.33	
	100m: 1:23.18 46.53	200m: 2:47.84 42.33	300m: 4:31.26 52.29	400m: 5:46.12 37.53	
30.	Andre Raposo Pinheiro	09	AONDA - Azeitão	<b>5:46.34</b>	311
	50m: 35.00 35.00	150m: 2:03.63 45.93	250m: 3:36.85 48.15	350m: 5:06.30 40.58	
	100m: 1:17.70 42.70	200m: 2:48.70 45.07	300m: 4:25.72 48.87	400m: 5:46.34 40.04	
31.	Tomas Rodrigues Oliveira	10	Fisica Torres Vedras	<b>5:46.65</b>	310
	50m: 35.12 35.12	150m: 2:01.06 43.94	250m: 3:38.13 53.89	350m: 5:10.50 39.05	
	100m: 1:17.12 42.00	200m: 2:44.24 43.18	300m: 4:31.45 53.32	400m: 5:46.65 36.15	
32.	Guilherme Valente Pereira	10	Colegio Int Monte Maior	<b>5:47.67</b>	308
	50m: 36.75 36.75	150m: 2:05.57 45.36	250m: 3:38.47 50.16	350m: 5:08.78 39.48	
	100m: 1:20.21 43.46	200m: 2:48.31 42.74	300m: 4:29.30 50.83	400m: 5:47.67 38.89	
33.	Francisco Gabriel Freitas	09	Geslours	<b>5:49.50</b>	303
	50m: 36.63 36.63	150m: 2:09.13 45.37	250m: 3:42.33 48.19	350m: 5:12.52 40.31	
	100m: 1:23.76 47.13	200m: 2:54.14 45.01	300m: 4:32.21 49.88	400m: 5:49.50 36.98	
34.	Diogo Soares Marques	09	Alges	<b>5:49.53</b>	303
	50m: 37.36 37.36	150m: 2:07.23 45.62	250m: 3:40.22 48.80	350m: 5:10.22 40.85	
	100m: 1:21.61 44.25	200m: 2:51.42 44.19	300m: 4:29.37 49.15	400m: 5:49.53 39.31	
35.	Joao Pedro Sousa	09	Geslours	<b>5:50.11</b>	301
	50m: 37.03 37.03	150m: 2:06.61 45.34	250m: 3:39.11 50.29	350m: 5:11.72 41.19	
	100m: 1:21.27 44.24	200m: 2:48.82 42.21	300m: 4:30.53 51.42	400m: 5:50.11 38.39	
36.	Martim Abalada Vilaca	09	AONDA - Azeitão	<b>5:52.17</b>	296
	50m: 35.75 35.75	150m: 2:08.67 47.44	250m: 3:42.83 48.82	350m: 5:13.73 40.66	
	100m: 1:21.23 45.48	200m: 2:54.01 45.34	300m: 4:33.07 50.24	400m: 5:52.17 38.44	
37.	Santiago Castanheira Martins	09	CPCD - Póvoa Sta Iria	<b>5:53.82</b>	292
	50m: 35.85 35.85	150m: 2:03.15 43.54	250m: 3:39.85 54.44	350m: 5:13.96 41.78	
	100m: 1:19.61 43.76	200m: 2:45.41 42.26	300m: 4:32.18 52.33	400m: 5:53.82 39.86	
38.	Manuel Maria Santos	10	Colegio Int Monte Maior	<b>5:54.41</b>	290
	50m: 35.40 35.40	150m: 2:04.24 44.54	250m: 3:39.28 50.92	350m: 5:13.74 40.64	
	100m: 1:19.70 44.30	200m: 2:48.36 44.12	300m: 4:33.10 53.82	400m: 5:54.41 40.67	
	Martim Marino Brilha	10	Vikings	<b>5:54.41</b>	290
	50m: 41.40 41.40	150m: 2:13.67 43.91	250m: 3:46.62 49.07	350m: 5:17.10 40.73	
	100m: 1:29.76 48.36	200m: 2:57.55 43.88	300m: 4:36.37 49.75	400m: 5:54.41 37.31	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 2, Masc., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
40.	Duarte Afonso Leite	09	Laranjeiro	<b>5:55.52</b>	288
	50m: 38.03 38.03	150m: 2:11.65 44.36	250m: 3:46.82 52.98	350m: 5:16.43 37.62	
	100m: 1:27.29 49.26	200m: 2:53.84 42.19	300m: 4:38.81 51.99	400m: 5:55.52 39.09	
41.	Francisco Reis Pinto	10	Alges	<b>5:56.08</b>	286
	50m: 36.11 36.11	150m: 2:14.53 47.53	250m: 3:47.92 47.81	350m: 5:18.95 41.01	
	100m: 1:27.00 50.89	200m: 3:00.11 45.58	300m: 4:37.94 50.02	400m: 5:56.08 37.13	
42.	Rafael Carreiras Marques	10	Gesloures	<b>5:57.51</b>	283
	50m: 39.72 39.72	150m: 2:15.10 45.95	250m: 3:47.02 48.21	350m: 5:18.92 42.07	
	100m: 1:29.15 49.43	200m: 2:58.81 43.71	300m: 4:36.85 49.83	400m: 5:57.51 38.59	
43.	Tomas Pires Oliveira	09	Colegio Int Monte Maior	<b>5:59.52</b>	278
	50m: 37.10 37.10	150m: 2:10.86 45.28	250m: 3:47.33 52.71	350m: 5:21.05 40.49	
	100m: 1:25.58 48.48	200m: 2:54.62 43.76	300m: 4:40.56 53.23	400m: 5:59.52 38.47	
44.	Diogo Alves Castro	10	Alges	<b>5:59.73</b>	278
	50m: 35.00 35.00	150m: 2:05.23 47.07	250m: 3:43.70 52.29	350m: 5:19.72 42.89	
	100m: 1:18.16 43.16	200m: 2:51.41 46.18	300m: 4:36.83 53.13	400m: 5:59.73 40.01	
45.	Bernardo Miguel Oliveira	09	Salesianos	<b>5:59.96</b>	277
	50m: 37.43 37.43	150m: 2:08.95 46.53	250m: 3:46.14 52.36	350m: 5:20.48 41.94	
	100m: 1:22.42 44.99	200m: 2:53.78 44.83	300m: 4:38.54 52.40	400m: 5:59.96 39.48	
46.	Tomas Ricardo Freire	10	Sporting	<b>6:00.13</b>	277
	50m: 37.80 37.80	150m: 2:07.32 44.19	250m: 3:45.37 54.40	350m: 5:21.10 40.33	
	100m: 1:23.13 45.33	200m: 2:50.97 43.65	300m: 4:40.77 55.40	400m: 6:00.13 39.03	
47.	Gustavo Branco Silva	09	Gesloures	<b>6:00.90</b>	275
	50m: 37.51 37.51	150m: 2:10.62 45.03	250m: 3:47.25 52.04	350m: 5:22.58 40.67	
	100m: 1:25.59 48.08	200m: 2:55.21 44.59	300m: 4:41.91 54.66	400m: 6:00.90 38.32	
48.	Tiago Moreira Almeida	10	Salesianos	<b>6:02.40</b>	272
	50m: 39.12 39.12	150m: 2:10.70 43.70	250m: 3:48.23 53.73	350m: 5:24.78 41.55	
	100m: 1:27.00 47.88	200m: 2:54.50 43.80	300m: 4:43.23 55.00	400m: 6:02.40 37.62	
49.	Henrique Matos Sebroza	10	Gesloures	<b>6:02.71</b>	271
	50m: 38.81 38.81	150m: 2:16.89 46.98	250m: 3:51.55 50.20	350m: 5:22.53 41.21	
	100m: 1:29.91 51.10	200m: 3:01.35 44.46	300m: 4:41.32 49.77	400m: 6:02.71 40.18	
50.	Afonso Velada Pereira	10	Sporting	<b>6:03.82</b>	268
	50m: 41.12 41.12	150m: 2:15.43 46.27	250m: 3:50.79 50.25	350m: 5:24.18 41.83	
	100m: 1:29.16 48.04	200m: 3:00.54 45.11	300m: 4:42.35 51.56	400m: 6:03.82 39.64	
51.	Martim Goncalves Lopes	10	Gesloures	<b>6:05.54</b>	265
	50m: 40.13 40.13	150m: 2:16.08 45.44	250m: 3:52.12 52.73	350m: 5:25.95 41.55	
	100m: 1:30.64 50.51	200m: 2:59.39 43.31	300m: 4:44.40 52.28	400m: 6:05.54 39.59	
52.	Guilherme Costa Alves	10	Benfica	<b>6:06.92</b>	262
	50m: 40.69 40.69	150m: 2:14.85 45.54	250m: 3:53.67 53.39	350m: 5:28.08 39.80	
	100m: 1:29.31 48.62	200m: 3:00.28 45.43	300m: 4:48.28 54.61	400m: 6:06.92 38.84	
53.	Miguel Belo Santos	10	Alges	<b>6:09.96</b>	255
	50m: 41.29 41.29	150m: 2:20.37 48.73	250m: 3:56.09 49.57	350m: 5:30.25 42.14	
	100m: 1:31.64 50.35	200m: 3:06.52 46.15	300m: 4:48.11 52.02	400m: 6:09.96 39.71	
54.	Tiago Neres Santo	10	Alges	<b>6:10.39</b>	254
	50m: 39.07 39.07	150m: 2:15.85 49.38	250m: 3:56.86 52.07	350m: 5:32.58 41.28	
	100m: 1:26.47 47.40	200m: 3:04.79 48.94	300m: 4:51.30 54.44	400m: 6:10.39 37.81	
55.	Afonso Santos Carromeu	09	Naval Setubalense	<b>6:13.01</b>	249
	50m: 44.28 44.28	150m: 2:21.55 47.10	250m: 3:59.92 52.15	350m: 5:34.72 42.58	
	100m: 1:34.45 50.17	200m: 3:07.77 46.22	300m: 4:52.14 52.22	400m: 6:13.01 38.29	
56.	Afonso Daniel Carvalhas	10	AONDA - Azeitão	<b>6:19.76</b>	236
	50m: 39.03 39.03	150m: 2:17.80 50.74	250m: 4:01.78 54.23	350m: 5:38.67 42.64	
	100m: 1:27.06 48.03	200m: 3:07.55 49.75	300m: 4:56.03 54.25	400m: 6:19.76 41.09	
57.	Goncalo Soares Brito	10	Bombeiros dos Estoris	<b>6:25.30</b>	226
	50m: 38.98 38.98	150m: 2:19.44 46.32	250m: 4:03.22 58.02	350m: 5:43.49 42.90	
	100m: 1:33.12 54.14	200m: 3:05.20 45.76	300m: 5:00.59 57.37	400m: 6:25.30 41.81	
58.	Jose Luis Assuncao	10	Bombeiros dos Estoris	<b>6:26.44</b>	224
	50m: 41.12 41.12	150m: 2:20.08 49.41	250m: 4:04.36 57.97	350m: 5:45.63 42.26	
	100m: 1:30.67 49.55	200m: 3:06.39 46.31	300m: 5:03.37 59.01	400m: 6:26.44 40.81	
59.	Tomas Maria Horta	10	Gesloures	<b>6:30.63</b>	217
	50m: 44.99 44.99	150m: 2:26.78 48.39	250m: 4:10.12 56.28	350m: 5:49.61 42.12	
	100m: 1:38.39 53.40	200m: 3:13.84 47.06	300m: 5:07.49 57.37	400m: 6:30.63 41.02	
60.	Joao Alves Mendes	10	Benfica	<b>6:44.05</b>	196
	50m: 48.15 48.15	150m: 2:34.75 45.96	250m: 4:19.18 58.15	350m: 6:01.68 44.60	
	100m: 1:48.79 1:00.64	200m: 3:21.03 46.28	300m: 5:17.08 57.90	400m: 6:44.05 42.37	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 2, Masc., 400m Estilos, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
61.	Cristiano Rafael Melnychuk	10	Colégio Vasco da Gama	<b>6:49.78</b>	188
	50m: 50.26 50.26 150m: 2:41.75 50.19 250m: 4:29.05 57.54 350m: 6:09.09 41.09				
	100m: 1:51.56 1:01.30 200m: 3:31.51 49.76 300m: 5:28.00 58.95 400m: 6:49.78 40.69				
DSQ	Henrique Rodrigues Carvalho	10	Colegio Int Monte Maior		
	<i>E-M50 - Toque não simultâneo das mãos na parede testa na chegada do percurso de mariposa(SW 8.4)</i>				
DSQ	Goncalo Tapadas Marques	10	Colegio Int Monte Maior		
	<i>E-M35 - No percurso de mariposa, efectuou batimento alternado de pernas/pés após a viragem aos 50 metros. (SW 8.3)</i>				
DSQ	Francisco Sousa Lucas	09	Bombeiros dos Estoris		
	<i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>				
DSQ	Angelo Carvalho Interlandi	09	Alges		
	<i>E-B30 - No percurso de bruços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>				
DSQ	Martim Alves Dias	10	Naval Setubalense		
	<i>E-B30 - No percurso de bruços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>				
DSQ	Manuel Mendes Almeida	10	Sporting		
	<i>Durante o percurso de Mariposa o atleta não elevou os braços acima da superfície da água (S.W. 8.2)</i>				
DSQ	Ricardo Martins Brizado	09	Sporting		
	<i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>				
DSQ	Rodrigo Ferrao Dias	10	Sporting		
	<i>E-C32 - Depois de perder a posição dorsal, não iniciou a viragem (aos 150m) imediatamente após o final da braçada.</i>				
DSQ	Martim Guerreiro Martins	09	Sporting		
	<i>E-B35 - No percurso de bruços, efect. múltiplas pernadas de golfinho após a viragem aos 250 metros (SW 7.1)</i>				
DNS	Tiago Trindade Manuel	09	Palmela Desporto		

Prova 3

Femin., 400m Estilos

Juvenis

27.05.2023 - 17:20

Resultados

Rec Regional Juv A	4:51.85	Ana Claudia Santos	POR	Setubal	2004
Rec Regional Juv B	4:57.68	Susana Patricia Miguel	POR	Penafiel	2004
Rec Regional Absoluto	4:36.19	Victoria Kaminskaya	POR	Copenhagen (DEN)	2017
Rec Nacional Juv A	4:51.85	Ana Claudia Santos	POR	Setubal	2004
Rec Nacional Juv B	4:57.68	Susana Patricia Miguel	POR	Penafiel	2004
Rec Nacional Absoluto	4:36.19	Victoria Kaminskaya	POR	Copenhagen (DEN)	2017

Mínimo Participação Juv B: 6:20.01; Juv A: 6:05.46

Pontos: FINA 2022

Pos.	Nadador	Ano	Clube	Tempo	Pts
<b>Juvenis B</b>					
1.	Sofia Carlos Arede	09	Sporting	<b>5:29.28</b>	486
	50m: 34.08 34.08 150m: 1:55.52 41.57 250m: 3:24.25 47.43 350m: 4:51.26 38.40				
	100m: 1:13.95 39.87 200m: 2:36.82 41.30 300m: 4:12.86 48.61 400m: 5:29.28 38.02				
2.	Beatriz Silva Jordao	09	Vikings	<b>5:34.05</b>	465
	50m: 36.26 36.26 150m: 2:05.07 44.13 250m: 3:34.60 47.18 350m: 4:57.96 35.56				
	100m: 1:20.94 44.68 200m: 2:47.42 42.35 300m: 4:22.40 47.80 400m: 5:34.05 36.09				

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 3, Femin., 400m Estilos, Juvenis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
3.	Sofia Monteiro Uva	09	Alges	<b>5:35.09</b>	461
	50m: 34.77 34.77	150m: 2:00.16 44.05	250m: 3:29.81 47.84	350m: 4:57.47 38.67	
	100m: 1:16.11 41.34	200m: 2:41.97 41.81	300m: 4:18.80 48.99	400m: 5:35.09 37.62	
4.	Madalena Azevedo Messias	09	Sporting	<b>5:38.12</b>	449
	50m: 32.76 32.76	150m: 1:56.83 45.38	250m: 3:28.60 47.07	350m: 4:58.89 40.77	
	100m: 1:11.45 38.69	200m: 2:41.53 44.70	300m: 4:18.12 49.52	400m: 5:38.12 39.23	
5.	Beatriz Ferreira Batista	09	CPCD - Póvoa Sta Iria	<b>5:39.46</b>	443
	50m: 36.29 36.29	150m: 2:02.56 43.67	250m: 3:32.22 46.35	350m: 5:01.27 39.99	
	100m: 1:18.89 42.60	200m: 2:45.87 43.31	300m: 4:21.28 49.06	400m: 5:39.46 38.19	
6.	Maria Leonor Calcada	09	Sporting	<b>5:40.97</b>	437
	50m: 34.13 34.13	150m: 1:57.44 42.06	250m: 3:30.94 51.93	350m: 5:03.08 37.59	
	100m: 1:15.38 41.25	200m: 2:39.01 41.57	300m: 4:25.49 54.55	400m: 5:40.97 37.89	
7.	Beatriz Ribeiro Lima	09	Geslours	<b>5:57.47</b>	380
	50m: 39.26 39.26	150m: 2:09.21 43.70	250m: 3:47.88 53.84	350m: 5:19.46 38.38	
	100m: 1:25.51 46.25	200m: 2:54.04 44.83	300m: 4:41.08 53.20	400m: 5:57.47 38.01	
8.	Sara Cabaco Brasil	09	Fisica Torres Vedras	<b>5:59.55</b>	373
	50m: 38.51 38.51	150m: 2:14.95 49.01	250m: 3:51.73 47.75	350m: 5:21.76 40.51	
	100m: 1:25.94 47.43	200m: 3:03.98 49.03	300m: 4:41.25 49.52	400m: 5:59.55 37.79	
9.	Alice Lucas Pedro	09	Alges	<b>5:59.79</b>	372
	50m: 35.65 35.65	150m: 2:05.67 46.63	250m: 3:43.46 51.82	350m: 5:20.77 43.15	
	100m: 1:19.04 43.39	200m: 2:51.64 45.97	300m: 4:37.62 54.16	400m: 5:59.79 39.02	
10.	Ana Kostenko	09	Naval Setubalense	<b>6:09.83</b>	343
	50m: 40.70 40.70	150m: 2:14.15 45.56	250m: 3:53.76 55.14	350m: 5:30.11 41.98	
	100m: 1:28.59 47.89	200m: 2:58.62 44.47	300m: 4:48.13 54.37	400m: 6:09.83 39.72	
11.	Matilde Castro Teixeira	09	Sporting	<b>6:11.20</b>	339
	50m: 39.52 39.52	150m: 2:16.50 47.06	250m: 3:57.35 54.59	350m: 5:32.65 40.88	
	100m: 1:29.44 49.92	200m: 3:02.76 46.26	300m: 4:51.77 54.42	400m: 6:11.20 38.55	
12.	Ana Matilde Silva	09	Naval Setubalense	<b>6:15.94</b>	326
	50m: 40.31 40.31	150m: 2:16.92 47.53	250m: 3:55.73 53.42	350m: 5:33.36 42.86	
	100m: 1:29.39 49.08	200m: 3:02.31 45.39	300m: 4:50.50 54.77	400m: 6:15.94 42.58	
DSQ	Margarida Maia Lopes	09	Geslours		
	<i>E-M13 - No percurso de mariposa, efectuou batimento alternado de pernas/pés durante o percurso (SW 8.3)</i>				
DNS	Ines Maria Lanca	09	União Piedense		

Juvenis A

1.	Constanca Santos Ferreira	08	Alges	<b>5:06.35</b>	603
	50m: 31.88 31.88	150m: 1:47.19 39.42	250m: 3:09.90 43.76	350m: 4:30.71 36.21	
	100m: 1:07.77 35.89	200m: 2:26.14 38.95	300m: 3:54.50 44.60	400m: 5:06.35 35.64	
2.	Matilde Catroga Marques	08	Colegio Int Monte Maior	<b>5:18.60</b>	536
	50m: 32.56 32.56	150m: 1:51.38 41.03	250m: 3:19.41 47.35	350m: 4:43.25 36.31	
	100m: 1:10.35 37.79	200m: 2:32.06 40.68	300m: 4:06.94 47.53	400m: 5:18.60 35.35	
3.	Leonor Serrao Nascimento	08	Alges	<b>5:22.04</b>	519
	50m: 34.16 34.16	150m: 1:55.65 42.13	250m: 3:21.53 44.74	350m: 4:44.48 37.61	
	100m: 1:13.52 39.36	200m: 2:36.79 41.14	300m: 4:06.87 45.34	400m: 5:22.04 37.56	
4.	Luisa Goncalves Rodrigues	08	Fisica Torres Vedras	<b>5:30.59</b>	480
	50m: 35.37 35.37	150m: 1:59.98 42.97	250m: 3:28.64 46.42	350m: 4:53.60 38.19	
	100m: 1:17.01 41.64	200m: 2:42.22 42.24	300m: 4:15.41 46.77	400m: 5:30.59 36.99	
5.	Constanca Isabel Carvalho	08	Alges	<b>5:32.83</b>	470
	50m: 34.89 34.89	150m: 1:59.39 43.68	250m: 3:29.08 46.95	350m: 4:55.66 38.73	
	100m: 1:15.71 40.82	200m: 2:42.13 42.74	300m: 4:16.93 47.85	400m: 5:32.83 37.17	
6.	Marta Oliveira Ferreira	08	Colégio Vasco da Gama	<b>5:36.41</b>	456
	50m: 37.87 37.87	150m: 2:04.41 42.60	250m: 3:32.66 47.10	350m: 4:58.53 39.64	
	100m: 1:21.81 43.94	200m: 2:45.56 41.15	300m: 4:18.89 46.23	400m: 5:36.41 37.88	
7.	Patricia Subtil Henriques	08	Geslours	<b>5:37.70</b>	450
	50m: 35.37 35.37	150m: 2:02.23 43.50	250m: 3:32.93 48.19	350m: 5:00.63 39.36	
	100m: 1:18.73 43.36	200m: 2:44.74 42.51	300m: 4:21.27 48.34	400m: 5:37.70 37.07	
8.	Teresa Bonita Oliveira	08	Naval Setubalense	<b>5:40.93</b>	438
	50m: 35.07 35.07	150m: 2:01.82 45.45	250m: 3:32.09 46.51	350m: 5:02.44 41.46	
	100m: 1:16.37 41.30	200m: 2:45.58 43.76	300m: 4:20.98 48.89	400m: 5:40.93 38.49	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 3, Femin., 400m Estilos, Juvenis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
9.	Joana Pontes Prior	08	Laranjeiro	<b>5:43.86</b>	427
	50m: 36.13 36.13	150m: 2:03.30 44.21	250m: 3:35.94 50.28	350m: 5:05.54 39.48	
	100m: 1:19.09 42.96	200m: 2:45.66 42.36	300m: 4:26.06 50.12	400m: 5:43.86 38.32	
10.	Marta Matos Laranjeira	08	Vikings	<b>5:44.40</b>	425
	50m: 36.19 36.19	150m: 2:06.52 47.41	250m: 3:39.78 48.70	350m: 5:07.69 39.28	
	100m: 1:19.11 42.92	200m: 2:51.08 44.56	300m: 4:28.41 48.63	400m: 5:44.40 36.71	
11.	Teresa Oliveira Santos	08	Alges	<b>5:44.52</b>	424
	50m: 35.49 35.49	150m: 2:00.91 44.45	250m: 3:39.81 54.82	350m: 5:09.93 37.16	
	100m: 1:16.46 40.97	200m: 2:44.99 44.08	300m: 4:32.77 52.96	400m: 5:44.52 34.59	
12.	Lis Fatima Melo	08	Gesloures	<b>5:47.23</b>	414
	50m: 37.14 37.14	150m: 2:03.72 42.54	250m: 3:38.42 53.90	350m: 5:09.72 38.62	
	100m: 1:21.18 44.04	200m: 2:44.52 40.80	300m: 4:31.10 52.68	400m: 5:47.23 37.51	
13.	Rita Sofia Amaral	08	Alges	<b>5:52.02</b>	398
	50m: 37.08 37.08	150m: 2:06.45 44.61	250m: 3:40.45 50.01	350m: 5:12.64 41.09	
	100m: 1:21.84 44.76	200m: 2:50.44 43.99	300m: 4:31.55 51.10	400m: 5:52.02 39.38	
14.	Joana Monteiro Caetano	08	Gesloures	<b>5:53.47</b>	393
	50m: 39.13 39.13	150m: 2:08.98 43.05	250m: 3:44.07 51.19	350m: 5:14.79 39.77	
	100m: 1:25.93 46.80	200m: 2:52.88 43.90	300m: 4:35.02 50.95	400m: 5:53.47 38.68	
15.	Clarisse Teixeira Teles	08	Naval Setubalense	<b>5:55.39</b>	386
	50m: 39.32 39.32	150m: 2:11.94 44.95	250m: 3:45.58 50.19	350m: 5:16.79 39.64	
	100m: 1:26.99 47.67	200m: 2:55.39 43.45	300m: 4:37.15 51.57	400m: 5:55.39 38.60	
DSQ	Ines Ferreira Franco	08	Vikings		
	<i>G1 - Efectuou falsa partida (SW 4.4)</i>				

Juvenis

1.	Constanca Santos Ferreira	08	Alges	<b>5:06.35</b>	603
	50m: 31.88 31.88	150m: 1:47.19 39.42	250m: 3:09.90 43.76	350m: 4:30.71 36.21	
	100m: 1:07.77 35.89	200m: 2:26.14 38.95	300m: 3:54.50 44.60	400m: 5:06.35 35.64	
2.	Matilde Catroga Marques	08	Colegio Int Monte Maior	<b>5:18.60</b>	536
	50m: 32.56 32.56	150m: 1:51.38 41.03	250m: 3:19.41 47.35	350m: 4:43.25 36.31	
	100m: 1:10.35 37.79	200m: 2:32.06 40.68	300m: 4:06.94 47.53	400m: 5:18.60 35.35	
3.	Leonor Serrao Nascimento	08	Alges	<b>5:22.04</b>	519
	50m: 34.16 34.16	150m: 1:55.65 42.13	250m: 3:21.53 44.74	350m: 4:44.48 37.61	
	100m: 1:13.52 39.36	200m: 2:36.79 41.14	300m: 4:06.87 45.34	400m: 5:22.04 37.56	
4.	Sofia Carlos Arede	09	Sporting	<b>5:29.28</b>	486
	50m: 34.08 34.08	150m: 1:55.52 41.57	250m: 3:24.25 47.43	350m: 4:51.26 38.40	
	100m: 1:13.95 39.87	200m: 2:36.82 41.30	300m: 4:12.86 48.61	400m: 5:29.28 38.02	
5.	Luisa Goncalves Rodrigues	08	Fisica Torres Vedras	<b>5:30.59</b>	480
	50m: 35.37 35.37	150m: 1:59.98 42.97	250m: 3:28.64 46.42	350m: 4:53.60 38.19	
	100m: 1:17.01 41.64	200m: 2:42.22 42.24	300m: 4:15.41 46.77	400m: 5:30.59 36.99	
6.	Constanca Isabel Carvalho	08	Alges	<b>5:32.83</b>	470
	50m: 34.89 34.89	150m: 1:59.39 43.68	250m: 3:29.08 46.95	350m: 4:55.66 38.73	
	100m: 1:15.71 40.82	200m: 2:42.13 42.74	300m: 4:16.93 47.85	400m: 5:32.83 37.17	
7.	Beatriz Silva Jordao	09	Vikings	<b>5:34.05</b>	465
	50m: 36.26 36.26	150m: 2:05.07 44.13	250m: 3:34.60 47.18	350m: 4:57.96 35.56	
	100m: 1:20.94 44.68	200m: 2:47.42 42.35	300m: 4:22.40 47.80	400m: 5:34.05 36.09	
8.	Sofia Monteiro Uva	09	Alges	<b>5:35.09</b>	461
	50m: 34.77 34.77	150m: 2:00.16 44.05	250m: 3:29.81 47.84	350m: 4:57.47 38.67	
	100m: 1:16.11 41.34	200m: 2:41.97 41.81	300m: 4:18.80 48.99	400m: 5:35.09 37.62	
9.	Marta Oliveira Ferreira	08	Colégio Vasco da Gama	<b>5:36.41</b>	456
	50m: 37.87 37.87	150m: 2:04.41 42.60	250m: 3:32.66 47.10	350m: 4:58.53 39.64	
	100m: 1:21.81 43.94	200m: 2:45.56 41.15	300m: 4:18.89 46.23	400m: 5:36.41 37.88	
10.	Patricia Subtil Henriques	08	Gesloures	<b>5:37.70</b>	450
	50m: 35.37 35.37	150m: 2:02.23 43.50	250m: 3:32.93 48.19	350m: 5:00.63 39.36	
	100m: 1:18.73 43.36	200m: 2:44.74 42.51	300m: 4:21.27 48.34	400m: 5:37.70 37.07	
11.	Madalena Azevedo Messias	09	Sporting	<b>5:38.12</b>	449
	50m: 32.76 32.76	150m: 1:56.83 45.38	250m: 3:28.60 47.07	350m: 4:58.89 40.77	
	100m: 1:11.45 38.69	200m: 2:41.53 44.70	300m: 4:18.12 49.52	400m: 5:38.12 39.23	
12.	Beatriz Ferreira Batista	09	CPCD - Póvoa Sta Iria	<b>5:39.46</b>	443
	50m: 36.29 36.29	150m: 2:02.56 43.67	250m: 3:32.22 46.35	350m: 5:01.27 39.99	
	100m: 1:18.89 42.60	200m: 2:45.87 43.31	300m: 4:21.28 49.06	400m: 5:39.46 38.19	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 3, Femin., 400m Estilos, Juvenis

Pos.	Nadador	Ano	Clube	Tempo	Pts
13.	Teresa Bonita Oliveira	08	Naval Setubalense	<b>5:40.93</b>	438
	50m: 35.07 35.07	150m: 2:01.82 45.45	250m: 3:32.09 46.51	350m: 5:02.44 41.46	
	100m: 1:16.37 41.30	200m: 2:45.58 43.76	300m: 4:20.98 48.89	400m: 5:40.93 38.49	
14.	Maria Leonor Calcada	09	Sporting	<b>5:40.97</b>	437
	50m: 34.13 34.13	150m: 1:57.44 42.06	250m: 3:30.94 51.93	350m: 5:03.08 37.59	
	100m: 1:15.38 41.25	200m: 2:39.01 41.57	300m: 4:25.49 54.55	400m: 5:40.97 37.89	
15.	Joana Pontes Prior	08	Laranjeiro	<b>5:43.86</b>	427
	50m: 36.13 36.13	150m: 2:03.30 44.21	250m: 3:35.94 50.28	350m: 5:05.54 39.48	
	100m: 1:19.09 42.96	200m: 2:45.66 42.36	300m: 4:26.06 50.12	400m: 5:43.86 38.32	
16.	Marta Matos Laranjeira	08	Vikings	<b>5:44.40</b>	425
	50m: 36.19 36.19	150m: 2:06.52 47.41	250m: 3:39.78 48.70	350m: 5:07.69 39.28	
	100m: 1:19.11 42.92	200m: 2:51.08 44.56	300m: 4:28.41 48.63	400m: 5:44.40 36.71	
17.	Teresa Oliveira Santos	08	Alges	<b>5:44.52</b>	424
	50m: 35.49 35.49	150m: 2:00.91 44.45	250m: 3:39.81 54.82	350m: 5:09.93 37.16	
	100m: 1:16.46 40.97	200m: 2:44.99 44.08	300m: 4:32.77 52.96	400m: 5:44.52 34.59	
18.	Lis Fatima Melo	08	Gesloures	<b>5:47.23</b>	414
	50m: 37.14 37.14	150m: 2:03.72 42.54	250m: 3:38.42 53.90	350m: 5:09.72 38.62	
	100m: 1:21.18 44.04	200m: 2:44.52 40.80	300m: 4:31.10 52.68	400m: 5:47.23 37.51	
19.	Rita Sofia Amaral	08	Alges	<b>5:52.02</b>	398
	50m: 37.08 37.08	150m: 2:06.45 44.61	250m: 3:40.45 50.01	350m: 5:12.64 41.09	
	100m: 1:21.84 44.76	200m: 2:50.44 43.99	300m: 4:31.55 51.10	400m: 5:52.02 39.38	
20.	Joana Monteiro Caetano	08	Gesloures	<b>5:53.47</b>	393
	50m: 39.13 39.13	150m: 2:08.98 43.05	250m: 3:44.07 51.19	350m: 5:14.79 39.77	
	100m: 1:25.93 46.80	200m: 2:52.88 43.90	300m: 4:35.02 50.95	400m: 5:53.47 38.68	
21.	Clarisse Teixeira Teles	08	Naval Setubalense	<b>5:55.39</b>	386
	50m: 39.32 39.32	150m: 2:11.94 44.95	250m: 3:45.58 50.19	350m: 5:16.79 39.64	
	100m: 1:26.99 47.67	200m: 2:55.39 43.45	300m: 4:37.15 51.57	400m: 5:55.39 38.60	
22.	Beatriz Ribeiro Lima	09	Gesloures	<b>5:57.47</b>	380
	50m: 39.26 39.26	150m: 2:09.21 43.70	250m: 3:47.88 53.84	350m: 5:19.46 38.38	
	100m: 1:25.51 46.25	200m: 2:54.04 44.83	300m: 4:41.08 53.20	400m: 5:57.47 38.01	
23.	Sara Cabaco Brasil	09	Fisica Torres Vedras	<b>5:59.55</b>	373
	50m: 38.51 38.51	150m: 2:14.95 49.01	250m: 3:51.73 47.75	350m: 5:21.76 40.51	
	100m: 1:25.94 47.43	200m: 3:03.98 49.03	300m: 4:41.25 49.52	400m: 5:59.55 37.79	
24.	Alice Lucas Pedro	09	Alges	<b>5:59.79</b>	372
	50m: 35.65 35.65	150m: 2:05.67 46.63	250m: 3:43.46 51.82	350m: 5:20.77 43.15	
	100m: 1:19.04 43.39	200m: 2:51.64 45.97	300m: 4:37.62 54.16	400m: 5:59.79 39.02	
25.	Ana Kostenko	09	Naval Setubalense	<b>6:09.83</b>	343
	50m: 40.70 40.70	150m: 2:14.15 45.56	250m: 3:53.76 55.14	350m: 5:30.11 41.98	
	100m: 1:28.59 47.89	200m: 2:58.62 44.47	300m: 4:48.13 54.37	400m: 6:09.83 39.72	
26.	Matilde Castro Teixeira	09	Sporting	<b>6:11.20</b>	339
	50m: 39.52 39.52	150m: 2:16.50 47.06	250m: 3:57.35 54.59	350m: 5:32.65 40.88	
	100m: 1:29.44 49.92	200m: 3:02.76 46.26	300m: 4:51.77 54.42	400m: 6:11.20 38.55	
27.	Ana Matilde Silva	09	Naval Setubalense	<b>6:15.94</b>	326
	50m: 40.31 40.31	150m: 2:16.92 47.53	250m: 3:55.73 53.42	350m: 5:33.36 42.86	
	100m: 1:29.39 49.08	200m: 3:02.31 45.39	300m: 4:50.50 54.77	400m: 6:15.94 42.58	
DSQ	Margarida Maia Lopes	09	Gesloures		
	<i>E-M13 - No percurso de mariposa, efectuou batimento alternado de pernas/pés durante o percurso (SW 8.3)</i>				
DSQ	Ines Ferreira Franco	08	Vikings		
	<i>G1 - Efectuou falsa partida (SW 4.4)</i>				
DNS	Ines Maria Lanca	09	União Piedense		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 4  
27.05.2023 - 17:47

Masc., 400m Estilos

Juvenis  
Resultados

Rec Regional Juv A	4:25.04	João Alexandre Vital	POR	Tomar	2013
Rec Regional Juv B	4:35.68	João Alexandre Vital	POR	Alapraia	2013
Rec Regional Absoluto	4:06.93	Joao Alexandre Vital	POR	Hangzhou (CHN)	2018
Rec Nacional Juv A	4:25.04	Joao Alexandre Vital	POR	Tomar	2013
Rec Nacional Juv B	4:35.02	Diogo Filipe Carvalho	POR	Braga	2003
Rec Nacional Absoluto	4:05.87	Gabriel Jose Lopes	POR	Leiria	2022

Mínimo Participação Juv B: 5:41.23; Juv A: 5:31.29

Pontos: FINA 2022

Pos.	Nadador	Ano	Clube	Tempo	Pts
<b>Juvenis B</b>					
1.	Pedro Saad Oliveira	08	Sporting	<b>4:57.87</b>	489
	50m: 31.24 31.24	150m: 1:44.14 36.95	250m: 3:05.01 44.28	350m: 4:24.42 34.16	
	100m: 1:07.19 35.95	200m: 2:20.73 36.59	300m: 3:50.26 45.25	400m: 4:57.87 33.45	
2.	David Jesus Morgado	08	Sporting	<b>5:00.37</b>	477
	50m: 31.66 31.66	150m: 1:48.89 39.59	250m: 3:09.61 41.68	350m: 4:26.45 34.66	
	100m: 1:09.30 37.12	200m: 2:27.93 39.04	300m: 3:51.79 42.18	400m: 5:00.37 33.92	
3.	Ricardo Figueiredo Fernandes	08	Colegio Int Monte Maior	<b>5:02.19</b>	469
	50m: 31.88 31.88	150m: 1:45.14 36.87	250m: 3:07.88 46.94	350m: 4:30.26 34.28	
	100m: 1:08.27 36.39	200m: 2:20.94 35.80	300m: 3:55.98 48.10	400m: 5:02.19 31.93	
4.	Pedro Caiada Rodrigues	08	Benfica	<b>5:02.67</b>	466
	50m: 31.66 31.66	150m: 1:46.84 38.30	250m: 3:09.78 45.04	350m: 4:29.68 34.30	
	100m: 1:08.54 36.88	200m: 2:24.74 37.90	300m: 3:55.38 45.60	400m: 5:02.67 32.99	
5.	Afonso Gago Garcia	08	Benfica	<b>5:03.53</b>	462
	50m: 31.91 31.91	150m: 1:49.65 39.99	250m: 3:11.86 44.99	350m: 4:31.86 34.59	
	100m: 1:09.66 37.75	200m: 2:26.87 37.22	300m: 3:57.27 45.41	400m: 5:03.53 31.67	
6.	Afonso Mendonca Ornelas	08	Gesloures	<b>5:04.44</b>	458
	50m: 31.49 31.49	150m: 1:50.24 41.47	250m: 3:14.18 44.59	350m: 4:32.85 35.27	
	100m: 1:08.77 37.28	200m: 2:29.59 39.35	300m: 3:57.58 43.40	400m: 5:04.44 31.59	
7.	Goncalo Jorge Lima	08	Sporting	<b>5:04.91</b>	456
	50m: 31.37 31.37	150m: 1:49.36 40.14	250m: 3:12.50 44.73	350m: 4:31.66 34.64	
	100m: 1:09.22 37.85	200m: 2:27.77 38.41	300m: 3:57.02 44.52	400m: 5:04.91 33.25	
8.	Francisco Rodrigues Vilar	08	Sporting	<b>5:10.00</b>	434
	50m: 31.87 31.87	150m: 1:47.72 38.72	250m: 3:11.30 45.84	350m: 4:33.96 36.79	
	100m: 1:09.00 37.13	200m: 2:25.46 37.74	300m: 3:57.17 45.87	400m: 5:10.00 36.04	
9.	Henrique Barros Domingos	08	Sporting	<b>5:10.18</b>	433
	50m: 31.23 31.23	150m: 1:47.46 38.80	250m: 3:10.82 45.08	350m: 4:34.73 36.92	
	100m: 1:08.66 37.43	200m: 2:25.74 38.28	300m: 3:57.81 46.99	400m: 5:10.18 35.45	
10.	Joao Filipe Prazeres	08	Gesloures	<b>5:24.99</b>	377
	50m: 34.41 34.41	150m: 2:00.01 43.44	250m: 3:28.88 48.22	350m: 4:52.13 36.23	
	100m: 1:16.57 42.16	200m: 2:40.66 40.65	300m: 4:15.90 47.02	400m: 5:24.99 32.86	
11.	David Filipe Boleo	08	Sporting	<b>5:31.05</b>	356
	50m: 34.84 34.84	150m: 2:02.96 45.99	250m: 3:31.12 45.07	350m: 4:54.61 38.18	
	100m: 1:16.97 42.13	200m: 2:46.05 43.09	300m: 4:16.43 45.31	400m: 5:31.05 36.44	
12.	Rodrigo Capitao Chora <i>Fora Minimo Acesso</i>	08	Naval Setubalense	<b>5:45.34</b>	314
	50m: 36.83 36.83	150m: 2:04.68 43.29	250m: 3:33.62 46.64	350m: 5:04.10 41.30	
	100m: 1:21.39 44.56	200m: 2:46.98 42.30	300m: 4:22.80 49.18	400m: 5:45.34 41.24	
13.	Tiago Filipe Esteves <i>Fora Minimo Acesso</i>	08	Naval Setubalense	<b>6:00.24</b>	276
	50m: 38.13 38.13	150m: 2:13.52 48.52	250m: 3:48.04 47.85	350m: 5:19.31 42.26	
	100m: 1:25.00 46.87	200m: 3:00.19 46.67	300m: 4:37.05 49.01	400m: 6:00.24 40.93	
DSQ	Afonso Oliveira Diniz	08	Benfica		
	<i>E-B51 - Tocou com uma só mão na parede testa na chegada do percurso de bruços (SW 7.6)</i>				
DSQ	Alexandre Frederico Braz	08	Sporting		
	<i>E-B30 - No percurso de bruços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>				

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 4, Masc., 400m Estilos, Juvenis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
DSQ	Mykhailo Kulyk <i>G1 - Efectuou falsa partida (SW 4.4)</i>	08	Sporting		

Juvenis A

1.	Rafael Miguel Mimoso	07	Benfica	<b>4:38.36</b>	600
	50m: 29.67 29.67 150m: 1:41.83 38.43 250m: 2:55.53 36.14 350m: 4:05.90 33.35				
	100m: 1:03.40 33.73 200m: 2:19.39 37.56 300m: 3:32.55 37.02 400m: 4:38.36 32.46				
2.	Axel Guedes Asmar	07	Sporting	<b>4:48.94</b>	536
	50m: 29.94 29.94 150m: 1:41.80 37.86 250m: 3:01.69 42.86 350m: 4:18.87 33.52				
	100m: 1:03.94 34.00 200m: 2:18.83 37.03 300m: 3:45.35 43.66 400m: 4:48.94 30.07				
3.	Joao Dinis Roque	07	Sporting	<b>4:49.60</b>	533
	50m: 30.29 30.29 150m: 1:43.23 38.34 250m: 3:01.45 40.28 350m: 4:17.60 34.24				
	100m: 1:04.89 34.60 200m: 2:21.17 37.94 300m: 3:43.36 41.91 400m: 4:49.60 32.00				
4.	Miguel Braga Gomes	07	Sporting	<b>4:53.96</b>	509
	50m: 30.96 30.96 150m: 1:44.13 37.73 250m: 3:03.04 42.34 350m: 4:20.71 34.39				
	100m: 1:06.40 35.44 200m: 2:20.70 36.57 300m: 3:46.32 43.28 400m: 4:53.96 33.25				
5.	Vicente Dias Maia	07	Alges	<b>4:56.24</b>	497
	50m: 31.12 31.12 150m: 1:44.40 36.89 250m: 3:04.79 43.46 350m: 4:23.14 35.20				
	100m: 1:07.51 36.39 200m: 2:21.33 36.93 300m: 3:47.94 43.15 400m: 4:56.24 33.10				
6.	Daniel Casaca Carvalho	07	Colégio Vasco da Gama	<b>4:59.31</b>	482
	50m: 29.94 29.94 150m: 1:44.33 39.42 250m: 3:06.72 44.00 350m: 4:25.80 34.09				
	100m: 1:04.91 34.97 200m: 2:22.72 38.39 300m: 3:51.71 44.99 400m: 4:59.31 33.51				
7.	Antonio Rego Arsenio	07	Alges	<b>5:04.52</b>	458
	50m: 31.21 31.21 150m: 1:46.69 37.88 250m: 3:08.21 43.20 350m: 4:28.49 35.79				
	100m: 1:08.81 37.60 200m: 2:25.01 38.32 300m: 3:52.70 44.49 400m: 5:04.52 36.03				
8.	Bruno Cesar Gouveia	07	Sporting	<b>5:12.82</b>	422
	50m: 30.23 30.23 150m: 1:48.33 42.37 250m: 3:15.16 46.02 350m: 4:38.19 36.38				
	100m: 1:05.96 35.73 200m: 2:29.14 40.81 300m: 4:01.81 46.65 400m: 5:12.82 34.63				
9.	Tomas Santos Braga	07	Colégio Vasco da Gama	<b>5:15.40</b>	412
	50m: 31.98 31.98 150m: 1:50.32 39.53 250m: 3:18.54 50.02 350m: 4:41.78 33.49				
	100m: 1:10.79 38.81 200m: 2:28.52 38.20 300m: 4:08.29 49.75 400m: 5:15.40 33.62				
10.	Tiago Dinis Ferreira	07	Geslours	<b>5:32.26</b>	352
	50m: 37.18 37.18 150m: 2:03.50 41.78 250m: 3:30.82 45.92 350m: 4:56.85 38.45				
	100m: 1:21.72 44.54 200m: 2:44.90 41.40 300m: 4:18.40 47.58 400m: 5:32.26 35.41				
DSQ	Michele Francesco Barberi	07	Sporting		
	<i>E-B30 - No percurso de braços, efect. toque não simultâneo das mãos na parede testa na viragem aos 300 metros (SW 7.6)</i>				
DSQ	Gabriel Martins Tusan	07	Sporting		
	<i>E-B30 - No percurso de braços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>				

Juvenis

1.	Rafael Miguel Mimoso	07	Benfica	<b>4:38.36</b>	600
	50m: 29.67 29.67 150m: 1:41.83 38.43 250m: 2:55.53 36.14 350m: 4:05.90 33.35				
	100m: 1:03.40 33.73 200m: 2:19.39 37.56 300m: 3:32.55 37.02 400m: 4:38.36 32.46				
2.	Axel Guedes Asmar	07	Sporting	<b>4:48.94</b>	536
	50m: 29.94 29.94 150m: 1:41.80 37.86 250m: 3:01.69 42.86 350m: 4:18.87 33.52				
	100m: 1:03.94 34.00 200m: 2:18.83 37.03 300m: 3:45.35 43.66 400m: 4:48.94 30.07				
3.	Joao Dinis Roque	07	Sporting	<b>4:49.60</b>	533
	50m: 30.29 30.29 150m: 1:43.23 38.34 250m: 3:01.45 40.28 350m: 4:17.60 34.24				
	100m: 1:04.89 34.60 200m: 2:21.17 37.94 300m: 3:43.36 41.91 400m: 4:49.60 32.00				
4.	Miguel Braga Gomes	07	Sporting	<b>4:53.96</b>	509
	50m: 30.96 30.96 150m: 1:44.13 37.73 250m: 3:03.04 42.34 350m: 4:20.71 34.39				
	100m: 1:06.40 35.44 200m: 2:20.70 36.57 300m: 3:46.32 43.28 400m: 4:53.96 33.25				
5.	Vicente Dias Maia	07	Alges	<b>4:56.24</b>	497
	50m: 31.12 31.12 150m: 1:44.40 36.89 250m: 3:04.79 43.46 350m: 4:23.14 35.20				
	100m: 1:07.51 36.39 200m: 2:21.33 36.93 300m: 3:47.94 43.15 400m: 4:56.24 33.10				

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 4, Masc., 400m Estilos, Juvenis

Pos.	Nadador	Ano	Clube	Tempo	Pts
6.	Pedro Saad Oliveira	08	Sporting	<b>4:57.87</b>	489
	50m: 31.24 31.24	150m: 1:44.14 36.95	250m: 3:05.01 44.28	350m: 4:24.42 34.16	
	100m: 1:07.19 35.95	200m: 2:20.73 36.59	300m: 3:50.26 45.25	400m: 4:57.87 33.45	
7.	Daniel Casaca Carvalho	07	Colégio Vasco da Gama	<b>4:59.31</b>	482
	50m: 29.94 29.94	150m: 1:44.33 39.42	250m: 3:06.72 44.00	350m: 4:25.80 34.09	
	100m: 1:04.91 34.97	200m: 2:22.72 38.39	300m: 3:51.71 44.99	400m: 4:59.31 33.51	
8.	David Jesus Morgado	08	Sporting	<b>5:00.37</b>	477
	50m: 32.18 32.18	150m: 1:48.89 39.59	250m: 3:09.61 41.68	350m: 4:26.45 34.66	
	100m: 1:09.30 37.12	200m: 2:27.93 39.04	300m: 3:51.79 42.18	400m: 5:00.37 33.92	
9.	Ricardo Figueiredo Fernandes	08	Colegio Int Monte Maior	<b>5:02.19</b>	469
	50m: 31.88 31.88	150m: 1:45.14 36.87	250m: 3:07.88 46.94	350m: 4:30.26 34.28	
	100m: 1:08.27 36.39	200m: 2:20.94 35.80	300m: 3:55.98 48.10	400m: 5:02.19 31.93	
10.	Pedro Caiada Rodrigues	08	Benfica	<b>5:02.67</b>	466
	50m: 31.66 31.66	150m: 1:46.84 38.30	250m: 3:09.78 45.04	350m: 4:29.68 34.30	
	100m: 1:08.54 36.88	200m: 2:24.74 37.90	300m: 3:55.38 45.60	400m: 5:02.67 32.99	
11.	Afonso Gago Garcia	08	Benfica	<b>5:03.53</b>	462
	50m: 31.91 31.91	150m: 1:49.65 39.99	250m: 3:11.86 44.99	350m: 4:31.86 34.59	
	100m: 1:09.66 37.75	200m: 2:26.87 37.22	300m: 3:57.27 45.41	400m: 5:03.53 31.67	
12.	Afonso Mendonca Ornelas	08	Gesloures	<b>5:04.44</b>	458
	50m: 31.49 31.49	150m: 1:50.24 41.47	250m: 3:14.18 44.59	350m: 4:32.85 35.27	
	100m: 1:08.77 37.28	200m: 2:29.59 39.35	300m: 3:57.58 43.40	400m: 5:04.44 31.59	
13.	Antonio Rego Arsenio	07	Alges	<b>5:04.52</b>	458
	50m: 31.21 31.21	150m: 1:46.69 37.88	250m: 3:08.21 43.20	350m: 4:28.49 35.79	
	100m: 1:08.81 37.60	200m: 2:25.01 38.32	300m: 3:52.70 44.49	400m: 5:04.52 36.03	
14.	Goncalo Jorge Lima	08	Sporting	<b>5:04.91</b>	456
	50m: 31.37 31.37	150m: 1:49.36 40.14	250m: 3:12.50 44.73	350m: 4:31.66 34.64	
	100m: 1:09.22 37.85	200m: 2:27.77 38.41	300m: 3:57.02 44.52	400m: 5:04.91 33.25	
15.	Francisco Rodrigues Vilar	08	Sporting	<b>5:10.00</b>	434
	50m: 31.87 31.87	150m: 1:47.72 38.72	250m: 3:11.30 45.84	350m: 4:33.96 36.79	
	100m: 1:09.00 37.13	200m: 2:25.46 37.74	300m: 3:57.17 45.87	400m: 5:10.00 36.04	
16.	Henrique Barros Domingos	08	Sporting	<b>5:10.18</b>	433
	50m: 31.23 31.23	150m: 1:47.46 38.80	250m: 3:10.82 45.08	350m: 4:34.73 36.92	
	100m: 1:08.66 37.43	200m: 2:25.74 38.28	300m: 3:57.81 46.99	400m: 5:10.18 35.45	
17.	Bruno Cesar Gouveia	07	Sporting	<b>5:12.82</b>	422
	50m: 30.23 30.23	150m: 1:48.33 42.37	250m: 3:15.16 46.02	350m: 4:38.19 36.38	
	100m: 1:05.96 35.73	200m: 2:29.14 40.81	300m: 4:01.81 46.65	400m: 5:12.82 34.63	
18.	Tomas Santos Braga	07	Colégio Vasco da Gama	<b>5:15.40</b>	412
	50m: 31.98 31.98	150m: 1:50.32 39.53	250m: 3:18.54 50.02	350m: 4:41.78 33.49	
	100m: 1:10.79 38.81	200m: 2:28.52 38.20	300m: 4:08.29 49.75	400m: 5:15.40 33.62	
19.	Joao Filipe Prazeres	08	Gesloures	<b>5:24.99</b>	377
	50m: 34.41 34.41	150m: 2:00.01 43.44	250m: 3:28.88 48.22	350m: 4:52.13 36.23	
	100m: 1:16.57 42.16	200m: 2:40.66 40.65	300m: 4:15.90 47.02	400m: 5:24.99 32.86	
20.	David Filipe Boleo	08	Sporting	<b>5:31.05</b>	356
	50m: 34.84 34.84	150m: 2:02.96 45.99	250m: 3:31.12 45.07	350m: 4:54.61 38.18	
	100m: 1:16.97 42.13	200m: 2:46.05 43.09	300m: 4:16.43 45.31	400m: 5:31.05 36.44	
21.	Tiago Dinis Ferreira <i>Fora Minimo Acesso</i>	07	Gesloures	<b>5:32.26</b>	352
	50m: 37.18 37.18	150m: 2:03.50 41.78	250m: 3:30.82 45.92	350m: 4:56.85 38.45	
	100m: 1:21.72 44.54	200m: 2:44.90 41.40	300m: 4:18.40 47.58	400m: 5:32.26 35.41	
22.	Rodrigo Capitaõ Chora <i>Fora Minimo Acesso</i>	08	Naval Setubalense	<b>5:45.34</b>	314
	50m: 36.83 36.83	150m: 2:04.68 43.29	250m: 3:33.62 46.64	350m: 5:04.10 41.30	
	100m: 1:21.39 44.56	200m: 2:46.98 42.30	300m: 4:22.80 49.18	400m: 5:45.34 41.24	
23.	Tiago Filipe Esteves <i>Fora Minimo Acesso</i>	08	Naval Setubalense	<b>6:00.24</b>	276
	50m: 38.13 38.13	150m: 2:13.52 48.52	250m: 3:48.04 47.85	350m: 5:19.31 42.26	
	100m: 1:25.00 46.87	200m: 3:00.19 46.67	300m: 4:37.05 49.01	400m: 6:00.24 40.93	
DSQ	Afonso Oliveira Diniz <i>E-B51 - Tocou com uma só mão na parede testa na chegada do percurso de bruços (SW 7.6)</i>	08	Benfica		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 4, Masc., 400m Estilos, Juvenis

Pos.	Nadador	Ano	Clube	Tempo	Pts
DSQ	Michele Francesco Barberi <i>E-B30 - No percurso de braços, efect. toque não simultâneo das mãos na parede testa na viragem aos 300 metros (SW 7.6)</i>	07	Sporting		
DSQ	Alexandre Frederico Braz <i>E-B30 - No percurso de braços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>	08	Sporting		
DSQ	Mykhailo Kulyk <i>G1 - Efectuou falsa partida (SW 4.4)</i>	08	Sporting		
DSQ	Gabriel Martins Tusan <i>E-B30 - No percurso de braços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>	07	Sporting		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

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2 - 2ª Jornada - 1ª Sessão

28.05.2023 - 8:15

Prova 5	Masc., 1500m Livres				Infantis
28.05.2023 - 8:15					Resultados
Rec Regional Inf A	16:31.35	Pedro Fontoura Oliveira	POR	Reboleira	2004
Rec Regional Inf B	17:13.96	Pedro Fontoura Oliveira	POR	Santarém	2003
Rec Regional Absoluto	15:00.35	Filipe Miguel Santo	POR	Alges	2018
Rec Nacional Inf A	16:13.14	Andre Vilas Ruivo	POR	Campo Maior	2014
Rec Nacional Inf B	17:11.29	Andre Vilas Ruivo	POR	Leiria	2013
Rec Nacional Absoluto	14:39.82	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	2021

Mínimo Participação Inf B: 24:07.45; Inf A: 22:58.53

Pontos: FINA 2022

Pos.	Nadador	Ano	Clube	Tempo	Pts
<b>Infantis B</b>					
1.	Renato Ferreira Mimoso	10	Benfica	<b>19:05.17</b>	404
	50m: 33.91 33.91	450m: 5:38.35 38.47	850m: 10:52.50 39.75	1250m: 15:58.06 38.16	
	100m: 1:10.90 36.99	500m: 6:17.01 38.66	900m: 11:30.98 38.48	1300m: 16:35.71 37.65	
	150m: 1:48.59 37.69	550m: 6:55.74 38.73	950m: 12:09.14 38.16	1350m: 17:13.88 38.17	
	200m: 2:26.55 37.96	600m: 7:35.09 39.35	1000m: 12:47.55 38.41	1400m: 17:52.13 38.25	
	250m: 3:04.54 37.99	650m: 8:14.53 39.44	1050m: 13:26.05 38.50	1450m: 18:30.10 37.97	
	300m: 3:43.06 38.52	700m: 8:53.73 39.20	1100m: 14:04.49 38.44	1500m: 19:05.17 35.07	
	350m: 4:21.73 38.67	750m: 9:33.22 39.49	1150m: 14:42.27 37.78		
	400m: 4:59.88 38.15	800m: 10:12.75 39.53	1200m: 15:19.90 37.63		
2.	Martim Frederico Marques	10	CPCD - Póvoa Sta Iria	<b>19:22.79</b>	386
	50m: 34.42 34.42	450m: 5:42.44 39.55	850m: 10:56.97 39.20	1250m: 16:10.59 39.09	
	100m: 1:11.15 36.73	500m: 6:21.75 39.31	900m: 11:35.43 38.46	1300m: 16:51.37 40.78	
	150m: 1:48.77 37.62	550m: 7:00.20 38.45	950m: 12:15.21 39.78	1350m: 17:30.01 38.64	
	200m: 2:26.73 37.96	600m: 7:39.24 39.04	1000m: 12:55.15 39.94	1400m: 18:07.89 37.88	
	250m: 3:05.36 38.63	650m: 8:18.86 39.62	1050m: 13:34.55 39.40	1450m: 18:47.17 39.28	
	300m: 3:44.54 39.18	700m: 8:58.34 39.48	1100m: 14:13.65 39.10	1500m: 19:22.79 35.62	
	350m: 4:23.37 38.83	750m: 9:37.85 39.51	1150m: 14:52.27 38.62		
	400m: 5:02.89 39.52	800m: 10:17.77 39.92	1200m: 15:31.50 39.23		
3.	Dinis Aresta Ribeiro	10	Sporting	<b>19:30.72</b>	378
	50m: 37.63 37.63	450m: 5:53.32 39.08	850m: 11:08.42 39.67	1250m: 16:21.43 39.20	
	100m: 1:17.25 39.62	500m: 6:32.58 39.26	900m: 11:47.58 39.16	1300m: 17:00.66 39.23	
	150m: 1:57.31 40.06	550m: 7:11.85 39.27	950m: 12:26.75 39.17	1350m: 17:38.31 37.65	
	200m: 2:36.56 39.25	600m: 7:50.98 39.13	1000m: 13:05.70 38.95	1400m: 18:16.59 38.28	
	250m: 3:16.46 39.90	650m: 8:30.77 39.79	1050m: 13:44.70 39.00	1450m: 18:54.11 37.52	
	300m: 3:55.48 39.02	700m: 9:10.03 39.26	1100m: 14:23.98 39.28	1500m: 19:30.72 36.61	
	350m: 4:35.00 39.52	750m: 9:49.91 39.88	1150m: 15:03.20 39.22		
	400m: 5:14.24 39.24	800m: 10:28.75 38.84	1200m: 15:42.23 39.03		
4.	Goncalo Tapadas Marques	10	Colegio Int Monte Maior	<b>19:51.87</b>	358
	50m: 37.74 37.74	450m: 5:59.18 39.97	850m: 11:20.34 40.31	1250m: 16:37.96 40.19	
	100m: 1:17.54 39.80	500m: 6:39.33 40.15	900m: 11:59.71 39.37	1300m: 17:17.41 39.45	
	150m: 1:57.70 40.16	550m: 7:19.52 40.19	950m: 12:39.72 40.01	1350m: 17:57.33 39.92	
	200m: 2:37.85 40.15	600m: 7:59.14 39.62	1000m: 13:18.99 39.27	1400m: 18:36.82 39.49	
	250m: 3:18.51 40.66	650m: 8:38.57 39.43	1050m: 13:58.83 39.84	1450m: 19:16.12 39.30	
	300m: 3:58.49 39.98	700m: 9:19.01 40.44	1100m: 14:39.06 40.23	1500m: 19:51.87 35.75	
	350m: 4:38.50 40.01	750m: 9:59.35 40.34	1150m: 15:18.38 39.32		
	400m: 5:19.21 40.71	800m: 10:40.03 40.68	1200m: 15:57.77 39.39		
5.	Antonio Carimbo Godinho	10	Fisica Torres Vedras	<b>19:52.33</b>	358
	50m: 37.69 37.69	450m: 5:54.78 39.55	850m: 11:16.33 40.33	1250m: 16:37.23 40.18	
	100m: 1:17.48 39.79	500m: 6:34.72 39.94	900m: 11:56.41 40.08	1300m: 17:17.79 40.56	
	150m: 1:56.96 39.48	550m: 7:14.92 40.20	950m: 12:36.67 40.26	1350m: 17:57.88 40.09	
	200m: 2:36.26 39.30	600m: 7:54.66 39.74	1000m: 13:16.76 40.09	1400m: 18:37.11 39.23	
	250m: 3:15.72 39.46	650m: 8:35.45 40.79	1050m: 13:56.62 39.86	1450m: 19:16.69 39.58	
	300m: 3:55.67 39.95	700m: 9:15.85 40.40	1100m: 14:36.90 40.28	1500m: 19:52.33 35.64	
	350m: 4:35.58 39.91	750m: 9:55.60 39.75	1150m: 15:16.98 40.08		
	400m: 5:15.23 39.65	800m: 10:36.00 40.40	1200m: 15:57.05 40.07		
6.	Neil Merad	10	Benfica	<b>19:59.30</b>	352
	50m: 35.16 35.16	450m: 5:50.69 40.73	850m: 11:12.56 40.32	1250m: 16:38.22 39.79	
	100m: 1:12.61 37.45	500m: 6:30.50 39.81	900m: 11:52.71 40.15	1300m: 17:18.51 40.29	
	150m: 1:51.70 39.09	550m: 7:10.78 40.28	950m: 12:32.68 39.97	1350m: 17:59.36 40.85	
	200m: 2:30.50 38.80	600m: 7:50.55 39.77	1000m: 13:13.52 40.84	1400m: 18:40.37 41.01	
	250m: 3:10.10 39.60	650m: 8:30.91 40.36	1050m: 13:53.85 40.33	1450m: 19:20.76 40.39	
	300m: 3:49.62 39.52	700m: 9:11.97 41.06	1100m: 14:34.67 40.82	1500m: 19:59.30 38.54	
	350m: 4:29.81 40.19	750m: 9:51.79 39.82	1150m: 15:16.46 41.79		
	400m: 5:09.96 40.15	800m: 10:32.24 40.45	1200m: 15:58.43 41.97		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
7.	Martim Marino Brilha	10	Vikings	<b>20:01.78</b>	349
	50m: 37.27 37.27	450m: 5:58.23 40.29	850m: 11:19.87 40.03	1250m: 16:41.45 40.03	
	100m: 1:16.14 38.87	500m: 6:38.43 40.20	900m: 11:59.60 39.73	1300m: 17:22.63 41.18	
	150m: 1:55.95 39.81	550m: 7:18.88 40.45	950m: 12:39.72 40.12	1350m: 18:03.25 40.62	
	200m: 2:36.06 40.11	600m: 7:59.56 40.68	1000m: 13:20.73 41.01	1400m: 18:44.61 41.36	
	250m: 3:16.17 40.11	650m: 8:39.64 40.08	1050m: 14:00.43 39.70	1450m: 19:24.62 40.01	
	300m: 3:56.77 40.60	700m: 9:19.49 39.85	1100m: 14:40.63 40.20	1500m: 20:01.78 37.16	
	350m: 4:37.64 40.87	750m: 9:59.90 40.41	1150m: 15:20.65 40.02		
	400m: 5:17.94 40.30	800m: 10:39.84 39.94	1200m: 16:01.42 40.77		
8.	Tomas Rodrigues Oliveira	10	Fisica Torres Vedras	<b>20:12.03</b>	341
	50m: 38.12 38.12	450m: 6:02.48 40.18	850m: 11:30.32 40.84	1250m: 16:55.78 40.57	
	100m: 1:17.87 39.75	500m: 6:43.54 41.06	900m: 12:11.12 40.80	1300m: 17:36.18 40.40	
	150m: 1:58.53 40.66	550m: 7:24.56 41.02	950m: 12:52.41 41.29	1350m: 18:16.90 40.72	
	200m: 2:39.08 40.55	600m: 8:05.21 40.65	1000m: 13:32.85 40.44	1400m: 18:57.40 40.50	
	250m: 3:19.69 40.61	650m: 8:46.57 41.36	1050m: 14:13.02 40.17	1450m: 19:37.53 40.13	
	300m: 4:00.39 40.70	700m: 9:27.33 40.76	1100m: 14:53.18 40.16	1500m: 20:12.03 34.50	
	350m: 4:41.21 40.82	750m: 10:08.25 40.92	1150m: 15:33.91 40.73		
	400m: 5:22.30 41.09	800m: 10:49.48 41.23	1200m: 16:15.21 41.30		
9.	Andre Huang	10	Gesloures	<b>20:19.58</b>	334
	50m: 37.20 37.20	450m: 6:04.83 41.00	850m: 11:31.09 41.20	1250m: 16:58.91 41.03	
	100m: 1:18.01 40.81	500m: 6:45.90 41.07	900m: 12:12.08 40.99	1300m: 17:39.63 40.72	
	150m: 1:59.26 41.25	550m: 7:27.03 41.13	950m: 12:53.51 41.43	1350m: 18:20.24 40.61	
	200m: 2:39.29 40.03	600m: 8:07.16 40.13	1000m: 13:34.86 41.35	1400m: 19:01.98 41.74	
	250m: 3:20.23 40.94	650m: 8:48.16 41.00	1050m: 14:15.40 40.54	1450m: 19:42.30 40.32	
	300m: 4:01.33 41.10	700m: 9:29.66 41.50	1100m: 14:56.69 41.29	1500m: 20:19.58 37.28	
	350m: 4:42.96 41.63	750m: 10:10.12 40.46	1150m: 15:36.47 39.78		
	400m: 5:23.83 40.87	800m: 10:49.89 39.77	1200m: 16:17.88 41.41		
10.	Manuel Maria Santos	10	Colegio Int Monte Maior	<b>20:22.15</b>	332
	50m: 37.74 37.74	450m: 6:00.10 40.78	850m: 11:28.13 41.19	1250m: 16:58.44 41.87	
	100m: 1:16.70 38.96	500m: 6:40.37 40.27	900m: 12:09.18 41.05	1300m: 17:40.32 41.88	
	150m: 1:56.60 39.90	550m: 7:21.14 40.77	950m: 12:50.47 41.29	1350m: 18:21.54 41.22	
	200m: 2:36.85 40.25	600m: 8:02.27 41.13	1000m: 13:31.75 41.28	1400m: 19:03.40 41.86	
	250m: 3:16.78 39.93	650m: 8:43.13 40.86	1050m: 14:12.90 41.15	1450m: 19:44.35 40.95	
	300m: 3:57.68 40.90	700m: 9:24.07 40.94	1100m: 14:53.13 40.23	1500m: 20:22.15 37.80	
	350m: 4:38.23 40.55	750m: 10:05.92 41.85	1150m: 15:34.71 41.58		
	400m: 5:19.32 41.09	800m: 10:46.94 41.02	1200m: 16:16.57 41.86		
11.	Rodrigo Ferrao Dias	10	Sporting	<b>20:22.28</b>	332
	50m: 38.82 38.82	450m: 6:07.40 41.06	850m: 11:37.70 42.26	1250m: 17:07.05 41.59	
	100m: 1:19.51 40.69	500m: 6:48.64 41.24	900m: 12:18.74 41.04	1300m: 17:47.28 40.23	
	150m: 2:00.92 41.41	550m: 7:30.47 41.83	950m: 12:59.36 40.62	1350m: 18:28.18 40.90	
	200m: 2:41.51 40.59	600m: 8:11.63 41.16	1000m: 13:40.84 41.48	1400m: 19:08.75 40.57	
	250m: 3:23.31 41.80	650m: 8:52.94 41.31	1050m: 14:22.22 41.38	1450m: 19:47.63 38.88	
	300m: 4:04.38 41.07	700m: 9:34.07 41.13	1100m: 15:02.99 40.77	1500m: 20:22.28 34.65	
	350m: 4:45.57 41.19	750m: 10:15.30 41.23	1150m: 15:43.62 40.63		
	400m: 5:26.34 40.77	800m: 10:55.44 40.14	1200m: 16:25.46 41.84		
12.	Guilherme Valente Pereira	10	Colegio Int Monte Maior	<b>20:31.46</b>	325
	50m: 38.82 38.82	450m: 6:03.10 41.04	850m: 11:35.20 41.49	1250m: 17:08.65 41.41	
	100m: 1:19.01 40.19	500m: 6:44.60 41.50	900m: 12:16.46 41.26	1300m: 17:49.86 41.21	
	150m: 1:58.98 39.97	550m: 7:26.32 41.72	950m: 12:58.48 42.02	1350m: 18:31.14 41.28	
	200m: 2:39.44 40.46	600m: 8:07.74 41.42	1000m: 13:39.88 41.40	1400m: 19:12.03 40.89	
	250m: 3:19.88 40.44	650m: 8:49.39 41.65	1050m: 14:22.01 42.13	1450m: 19:53.02 40.99	
	300m: 4:00.72 40.84	700m: 9:31.33 41.94	1100m: 15:04.23 42.22	1500m: 20:31.46 38.44	
	350m: 4:41.48 40.76	750m: 10:12.69 41.36	1150m: 15:46.03 41.80		
	400m: 5:22.06 40.58	800m: 10:53.71 41.02	1200m: 16:27.24 41.21		
13.	Afonso Manuel Gomes	10	Sporting	<b>20:42.37</b>	316
	50m: 38.20 38.20	450m: 6:11.67 42.41	850m: 11:47.31 41.98	1250m: 17:19.52 41.41	
	100m: 1:18.68 40.48	500m: 6:53.61 41.94	900m: 12:28.87 41.56	1300m: 18:00.97 41.45	
	150m: 1:59.91 41.23	550m: 7:35.93 42.32	950m: 13:10.65 41.78	1350m: 18:42.10 41.13	
	200m: 2:40.89 40.98	600m: 8:17.58 41.65	1000m: 13:52.34 41.69	1400m: 19:23.10 41.00	
	250m: 3:22.73 41.84	650m: 8:59.85 42.27	1050m: 14:33.62 41.28	1450m: 20:03.67 40.57	
	300m: 4:04.55 41.82	700m: 9:42.05 42.20	1100m: 15:14.97 41.35	1500m: 20:42.37 38.70	
	350m: 4:46.84 42.29	750m: 10:24.05 42.00	1150m: 15:56.68 41.71		
	400m: 5:29.26 42.42	800m: 11:05.33 41.28	1200m: 16:38.11 41.43		
14.	Francisco Reis Pinto	10	Algés	<b>20:58.48</b>	304
	50m: 38.13 38.13	450m: 6:08.22 41.61	850m: 11:48.83 41.01	1250m: 17:32.93 42.50	
	100m: 1:18.86 40.73	500m: 6:51.48 43.26	900m: 12:31.72 42.89	1300m: 18:13.89 40.96	
	150m: 1:58.99 40.13	550m: 7:34.68 43.20	950m: 13:14.75 43.03	1350m: 18:55.32 41.43	
	200m: 2:40.43 41.44	600m: 8:16.23 41.55	1000m: 13:58.71 43.96	1400m: 19:38.43 43.11	
	250m: 3:21.19 40.76	650m: 8:58.99 42.76	1050m: 14:41.38 42.67	1450m: 20:18.14 39.71	
	300m: 4:03.12 41.93	700m: 9:41.57 42.58	1100m: 15:24.38 43.00	1500m: 20:58.48 40.34	
	350m: 4:44.89 41.77	750m: 10:23.92 42.35	1150m: 16:07.29 42.91		
	400m: 5:26.61 41.72	800m: 11:07.82 43.90	1200m: 16:50.43 43.14		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
15.	Tomas Ricardo Freire	10	Sporting	<b>21:07.95</b>	297
	50m: 38.52	450m: 6:12.72	42.22	850m: 11:52.38	42.92
	100m: 1:18.95	500m: 6:55.39	42.67	900m: 12:34.35	41.97
	150m: 2:00.39	550m: 7:37.60	42.21	950m: 13:17.01	42.66
	200m: 2:42.35	600m: 8:20.16	42.56	1000m: 13:59.70	42.69
	250m: 3:23.74	650m: 9:01.81	41.65	1050m: 14:42.75	43.05
	300m: 4:05.98	700m: 9:44.96	43.15	1100m: 15:25.36	42.61
	350m: 4:47.85	750m: 10:27.16	42.20	1150m: 16:08.54	43.18
	400m: 5:30.50	800m: 11:09.46	42.30	1200m: 16:51.47	42.93
16.	Diogo Alves Castro	10	Algés	<b>21:16.79</b>	291
	50m: 38.04	450m: 6:18.99	43.48	850m: 12:02.59	42.80
	100m: 1:18.48	500m: 7:02.15	43.16	900m: 12:45.45	42.86
	150m: 2:00.04	550m: 7:44.95	42.80	950m: 13:28.08	42.63
	200m: 2:43.22	600m: 8:28.19	43.24	1000m: 14:10.99	42.91
	250m: 3:26.19	650m: 9:11.13	42.94	1050m: 14:53.78	42.79
	300m: 4:09.10	700m: 9:54.12	42.99	1100m: 15:37.19	43.41
	350m: 4:52.06	750m: 10:36.90	42.78	1150m: 16:20.03	42.84
	400m: 5:35.51	800m: 11:19.79	42.89	1200m: 17:02.68	42.65
17.	Guilherme Costa Alves	10	Benfica	<b>21:19.83</b>	289
	50m: 38.51	450m: 6:23.08	43.23	850m: 12:04.79	42.64
	100m: 1:20.11	500m: 7:05.82	42.74	900m: 12:47.53	42.74
	150m: 2:03.23	550m: 7:49.06	43.24	950m: 13:30.33	42.80
	200m: 2:46.06	600m: 8:31.72	42.66	1000m: 14:12.56	42.23
	250m: 3:29.63	650m: 9:13.99	42.27	1050m: 14:55.17	42.61
	300m: 4:12.65	700m: 9:56.70	42.71	1100m: 15:37.72	42.55
	350m: 4:56.29	750m: 10:39.38	42.68	1150m: 16:21.02	43.30
	400m: 5:39.85	800m: 11:22.15	42.77	1200m: 17:03.72	42.70
18.	Tiago Neres Santo	10	Algés	<b>21:20.31</b>	289
	50m: 41.18	450m: 6:27.37	43.16	850m: 12:07.16	42.36
	100m: 1:24.32	500m: 7:09.84	42.47	900m: 12:50.03	42.87
	150m: 2:07.45	550m: 7:52.11	42.27	950m: 13:33.58	43.55
	200m: 2:51.29	600m: 8:34.42	42.31	1000m: 14:17.62	44.04
	250m: 3:33.96	650m: 9:16.94	42.52	1050m: 15:00.36	42.74
	300m: 4:17.05	700m: 10:00.07	43.13	1100m: 15:42.43	42.07
	350m: 5:00.69	750m: 10:42.38	42.31	1150m: 16:24.51	42.08
	400m: 5:44.21	800m: 11:24.80	42.42	1200m: 17:07.41	42.90
19.	Martim Goncalves Lopes	10	Geslourses	<b>21:21.79</b>	288
	50m: 38.98	450m: 6:17.28	42.35	850m: 11:59.56	43.20
	100m: 1:20.36	500m: 7:00.34	43.06	900m: 12:42.74	43.18
	150m: 2:02.90	550m: 7:42.69	42.35	950m: 13:25.98	43.24
	200m: 2:45.07	600m: 8:25.51	42.82	1000m: 14:09.97	43.99
	250m: 3:27.31	650m: 9:07.29	41.78	1050m: 14:54.42	44.45
	300m: 4:09.63	700m: 9:50.51	43.22	1100m: 15:38.04	43.62
	350m: 4:52.29	750m: 10:33.35	42.84	1150m: 16:22.26	44.22
	400m: 5:34.93	800m: 11:16.36	43.01	1200m: 17:05.95	43.69
20.	Cristiano Rafael Melnychuk	10	Colégio Vasco da Gama	<b>21:24.87</b>	286
	50m: 40.74	450m: 6:29.14	43.62	850m: 12:19.33	43.50
	100m: 1:23.00	500m: 7:12.96	43.82	900m: 13:03.70	44.37
	150m: 2:06.17	550m: 7:56.22	43.26	950m: 13:46.97	43.27
	200m: 2:49.56	600m: 8:38.93	42.71	1000m: 14:31.25	44.28
	250m: 3:33.00	650m: 9:23.12	44.19	1050m: 15:13.41	42.16
	300m: 4:16.89	700m: 10:07.84	44.72	1100m: 15:55.67	42.26
	350m: 5:00.76	750m: 10:51.76	43.92	1150m: 16:37.28	41.61
	400m: 5:45.52	800m: 11:35.83	44.07	1200m: 17:19.71	42.43
21.	Miguel Belo Santos	10	Algés	<b>21:29.33</b>	283
	50m: 40.66	450m: 6:24.19	43.17	850m: 12:12.17	43.74
	100m: 1:26.53	500m: 7:06.99	42.80	900m: 12:55.55	43.38
	150m: 2:08.28	550m: 7:50.76	43.77	950m: 13:39.51	43.96
	200m: 2:50.57	600m: 8:34.05	43.29	1000m: 14:23.45	43.94
	250m: 3:32.43	650m: 9:17.94	43.89	1050m: 15:07.64	44.19
	300m: 4:15.05	700m: 10:01.39	43.45	1100m: 15:50.98	43.34
	350m: 4:57.78	750m: 10:45.21	43.82	1150m: 16:35.01	44.03
	400m: 5:41.02	800m: 11:28.43	43.22	1200m: 17:17.75	42.74
22.	Rafael Carreiras Marques	10	Geslourses	<b>21:35.44</b>	279
	50m: 38.20	450m: 6:18.89	43.65	850m: 12:08.91	43.39
	100m: 1:18.13	500m: 7:02.37	43.48	900m: 12:53.28	44.37
	150m: 1:59.61	550m: 7:46.82	44.45	950m: 13:37.01	43.73
	200m: 2:42.20	600m: 8:30.37	43.55	1000m: 14:20.79	43.78
	250m: 3:25.87	650m: 9:14.60	44.23	1050m: 15:04.75	43.96
	300m: 4:08.91	700m: 9:58.05	43.45	1100m: 15:49.49	44.74
	350m: 4:52.31	750m: 10:41.68	43.63	1150m: 16:34.05	44.56
	400m: 5:35.24	800m: 11:25.52	43.84	1200m: 17:18.21	44.16

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts			
23.	Diogo Rodrigues Sousa	10	Alges	<b>21:35.47</b>	279			
	50m: 37.90	37.90	450m: 6:14.75	43.13	850m: 12:00.89	43.72	1250m: 17:56.61	44.81
	100m: 1:18.32	40.42	500m: 6:58.41	43.66	900m: 12:44.79	43.90	1300m: 18:40.91	44.30
	150m: 1:59.38	41.06	550m: 7:40.63	42.22	950m: 13:28.76	43.97	1350m: 19:25.85	44.94
	200m: 2:40.86	41.48	600m: 8:23.75	43.12	1000m: 14:13.36	44.60	1400m: 20:10.02	44.17
	250m: 3:23.52	42.66	650m: 9:06.83	43.08	1050m: 14:57.30	43.94	1450m: 20:53.16	43.14
	300m: 4:05.68	42.16	700m: 9:50.29	43.46	1100m: 15:42.75	45.45	1500m: 21:35.47	42.31
	350m: 4:49.18	43.50	750m: 10:33.65	43.36	1150m: 16:27.02	44.27		
	400m: 5:31.62	42.44	800m: 11:17.17	43.52	1200m: 17:11.80	44.78		
24.	Afonso Velada Pereira	10	Sporting	<b>21:42.44</b>	274			
	50m: 41.27	41.27	450m: 6:26.17	42.42	850m: 12:16.08	44.22	1250m: 18:09.12	43.75
	100m: 1:24.75	43.48	500m: 7:09.76	43.59	900m: 13:00.32	44.24	1300m: 18:53.56	44.44
	150m: 2:07.55	42.80	550m: 7:53.53	43.77	950m: 13:44.02	43.70	1350m: 19:36.97	43.41
	200m: 2:50.09	42.54	600m: 8:36.95	43.42	1000m: 14:28.38	44.36	1400m: 20:20.13	43.16
	250m: 3:32.99	42.90	650m: 9:20.55	43.60	1050m: 15:12.33	43.95	1450m: 21:01.88	41.75
	300m: 4:16.23	43.24	700m: 10:04.09	43.54	1100m: 15:57.45	45.12	1500m: 21:42.44	40.56
	350m: 5:00.09	43.86	750m: 10:48.23	44.14	1150m: 16:41.94	44.49		
	400m: 5:43.75	43.66	800m: 11:31.86	43.63	1200m: 17:25.37	43.43		
25.	Tiago Moreira Almeida	10	Salesianos	<b>21:43.54</b>	274			
	50m: 38.88	38.88	450m: 6:30.00	43.19	850m: 12:20.29	43.88	1250m: 18:10.13	43.90
	100m: 1:22.72	43.84	500m: 7:14.16	44.16	900m: 13:03.87	43.58	1300m: 18:54.07	43.94
	150m: 2:06.92	44.20	550m: 7:57.97	43.81	950m: 13:47.72	43.85	1350m: 19:38.34	44.27
	200m: 2:50.69	43.77	600m: 8:41.29	43.32	1000m: 14:30.46	42.74	1400m: 20:23.46	45.12
	250m: 3:34.26	43.57	650m: 9:24.88	43.59	1050m: 15:13.82	43.36	1450m: 21:06.53	43.07
	300m: 4:18.60	44.34	700m: 10:08.19	43.31	1100m: 15:57.80	43.98	1500m: 21:43.54	37.01
	350m: 5:02.72	44.12	750m: 10:52.30	44.11	1150m: 16:42.38	44.58		
	400m: 5:46.81	44.09	800m: 11:36.41	44.11	1200m: 17:26.23	43.85		
26.	Joao Alves Mendes	10	Benfica	<b>21:44.89</b>	273			
	50m: 40.07	40.07	450m: 6:26.26	43.29	850m: 12:15.23	43.31	1250m: 18:05.14	44.51
	100m: 1:22.42	42.35	500m: 7:10.21	43.95	900m: 12:58.77	43.54	1300m: 18:49.79	44.65
	150m: 2:05.46	43.04	550m: 7:53.14	42.93	950m: 13:42.78	44.01	1350m: 19:34.78	44.99
	200m: 2:48.75	43.29	600m: 8:36.86	43.72	1000m: 14:26.13	43.35	1400m: 20:19.00	44.22
	250m: 3:32.40	43.65	650m: 9:20.62	43.76	1050m: 15:09.62	43.49	1450m: 21:02.98	43.98
	300m: 4:15.89	43.49	700m: 10:03.96	43.34	1100m: 15:53.81	44.19	1500m: 21:44.89	41.91
	350m: 4:59.29	43.40	750m: 10:47.96	44.00	1150m: 16:37.73	43.92		
	400m: 5:42.97	43.68	800m: 11:31.92	43.96	1200m: 17:20.63	42.90		
27.	Henrique Matos Sebroza	10	Geslours	<b>21:48.90</b>	270			
	50m: 39.79	39.79	450m: 6:29.93	44.07	850m: 12:21.33	43.75	1250m: 18:10.06	44.36
	100m: 1:22.74	42.95	500m: 7:13.70	43.77	900m: 13:05.45	44.12	1300m: 18:58.01	43.95
	150m: 2:06.27	43.53	550m: 7:57.92	44.22	950m: 13:49.06	43.61	1350m: 19:42.91	44.90
	200m: 2:50.05	43.78	600m: 8:41.34	43.42	1000m: 14:32.70	43.64	1400m: 20:26.70	43.79
	250m: 3:33.85	43.80	650m: 9:25.28	43.94	1050m: 15:17.02	44.32	1450m: 21:10.32	43.62
	300m: 4:18.02	44.17	700m: 10:09.47	44.19	1100m: 16:00.96	43.94	1500m: 21:48.90	38.58
	350m: 5:02.31	44.29	750m: 10:53.56	44.09	1150m: 16:45.12	44.16		
	400m: 5:45.86	43.55	800m: 11:37.58	44.02	1200m: 17:29.70	44.58		
28.	Jose Luis Assuncao	10	Bombeiros dos Estoril	<b>21:50.01</b>	270			
	50m: 40.17	40.17	450m: 6:27.05	43.75	850m: 12:18.38	44.46	1250m: 18:14.13	44.89
	100m: 1:22.83	42.66	500m: 7:10.75	43.70	900m: 13:02.93	44.55	1300m: 18:58.55	44.42
	150m: 2:06.46	43.63	550m: 7:53.46	42.71	950m: 13:48.19	45.26	1350m: 19:42.80	44.25
	200m: 2:49.86	43.40	600m: 8:36.99	43.53	1000m: 14:32.28	44.09	1400m: 20:27.01	44.21
	250m: 3:33.58	43.72	650m: 9:20.86	43.87	1050m: 15:16.64	44.36	1450m: 21:10.91	43.90
	300m: 4:16.96	43.38	700m: 10:05.40	44.54	1100m: 16:00.98	44.34	1500m: 21:50.01	39.10
	350m: 4:59.09	42.13	750m: 10:49.27	43.87	1150m: 16:45.25	44.27		
	400m: 5:43.30	44.21	800m: 11:33.92	44.65	1200m: 17:29.24	43.99		
29.	Goncalo Soares Brito	10	Bombeiros dos Estoril	<b>22:00.97</b>	263			
	50m: 40.23	40.23	450m: 6:31.58	44.25	850m: 12:24.76	44.43	1250m: 18:21.35	45.08
	100m: 1:23.94	43.71	500m: 7:15.50	43.92	900m: 13:08.90	44.14	1300m: 19:05.94	44.59
	150m: 2:07.67	43.73	550m: 7:59.26	43.76	950m: 13:52.87	43.97	1350m: 19:50.97	45.03
	200m: 2:51.20	43.53	600m: 8:43.28	44.02	1000m: 14:37.16	44.29	1400m: 20:35.82	44.85
	250m: 3:34.93	43.73	650m: 9:27.62	44.34	1050m: 15:21.26	44.10	1450m: 21:20.38	44.56
	300m: 4:19.24	44.31	700m: 10:12.54	44.92	1100m: 16:06.54	45.28	1500m: 22:00.97	40.59
	350m: 5:03.25	44.01	750m: 10:56.42	43.88	1150m: 16:50.92	44.38		
	400m: 5:47.33	44.08	800m: 11:40.33	43.91	1200m: 17:36.27	45.35		
30.	Tomas Maria Horta	10	Geslours	<b>22:01.89</b>	262			
	50m: 42.55	42.55	450m: 6:36.01	44.27	850m: 12:33.02	44.89	1250m: 18:27.51	44.37
	100m: 1:26.43	43.88	500m: 7:20.68	44.67	900m: 13:17.66	44.64	1300m: 19:11.63	44.12
	150m: 2:10.56	44.13	550m: 8:04.95	44.27	950m: 14:02.09	44.43	1350m: 19:56.01	44.38
	200m: 2:54.74	44.18	600m: 8:49.97	45.02	1000m: 14:46.83	44.74	1400m: 20:39.53	43.52
	250m: 3:38.66	43.92	650m: 9:34.49	44.52	1050m: 15:30.87	44.04	1450m: 21:21.63	42.10
	300m: 4:22.94	44.28	700m: 10:19.22	44.73	1100m: 16:14.89	44.02	1500m: 22:01.89	40.26
	350m: 5:06.89	43.95	750m: 11:03.61	44.39	1150m: 16:59.08	44.19		
	400m: 5:51.74	44.85	800m: 11:48.13	44.52	1200m: 17:43.14	44.06		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
31.	Manuel Mendes Almeida	10	Sporting	<b>22:09.40</b>	258
	50m: 40.00 40.00	450m: 6:38.23 45.13	850m: 12:41.82 45.14	1250m: 18:37.14 45.10	
	100m: 1:23.98 43.98	500m: 7:24.10 45.87	900m: 13:27.11 45.29	1300m: 19:20.28 43.14	
	150m: 2:08.93 44.95	550m: 8:08.48 44.38	950m: 14:10.78 43.67	1350m: 20:03.36 43.08	
	200m: 2:53.97 45.04	600m: 8:54.05 45.57	1000m: 14:55.78 45.00	1400m: 20:47.92 44.56	
	250m: 3:38.77 44.80	650m: 9:38.96 44.91	1050m: 15:41.29 45.51	1450m: 21:28.79 40.87	
	300m: 4:23.23 44.46	700m: 10:24.07 45.11	1100m: 16:23.94 42.65	1500m: 22:09.40 40.61	
	350m: 5:08.08 44.85	750m: 11:10.99 46.92	1150m: 17:07.49 43.55		
	400m: 5:53.10 45.02	800m: 11:56.68 45.69	1200m: 17:52.04 44.55		
32.	Afonso Daniel Carvalhas	10	AONDA - Azeitão	<b>22:51.77</b>	235
	50m: 41.41 41.41	450m: 6:47.29 46.23	850m: 13:00.44 48.16	1250m: 19:10.68 46.38	
	100m: 1:25.46 44.05	500m: 7:34.41 47.12	900m: 13:46.28 45.84	1300m: 19:56.45 45.77	
	150m: 2:11.33 45.87	550m: 8:20.79 46.38	950m: 14:32.57 46.29	1350m: 20:42.11 45.66	
	200m: 2:56.55 45.22	600m: 9:07.18 46.39	1000m: 15:19.21 46.64	1400m: 21:27.21 45.10	
	250m: 3:42.62 46.07	650m: 9:52.56 45.38	1050m: 16:05.09 45.88	1450m: 22:09.34 42.13	
	300m: 4:28.69 46.07	700m: 10:40.24 47.68	1100m: 16:52.20 47.11	1500m: 22:51.77 42.43	
	350m: 5:14.87 46.18	750m: 11:27.18 46.94	1150m: 17:38.63 46.43		
	400m: 6:01.06 46.19	800m: 12:12.28 45.10	1200m: 18:24.30 45.67		
33.	Martim Alves Dias	10	Naval Setubalense	<b>23:27.52</b>	217
	50m: 45.91 45.91	450m: 7:00.06 47.13	850m: 13:19.20 47.41	1250m: 19:37.45 46.85	
	100m: 1:32.15 46.24	500m: 7:47.04 46.98	900m: 14:06.78 47.58	1300m: 20:24.18 46.73	
	150m: 2:17.70 45.55	550m: 8:34.38 47.34	950m: 14:54.96 48.18	1350m: 21:10.63 46.45	
	200m: 3:04.15 46.45	600m: 9:22.37 47.99	1000m: 15:41.28 46.32	1400m: 21:57.03 46.40	
	250m: 3:51.33 47.18	650m: 10:09.19 46.82	1050m: 16:28.49 47.21	1450m: 22:43.84 46.81	
	300m: 4:38.07 46.74	700m: 10:56.37 47.18	1100m: 17:16.29 47.80	1500m: 23:27.52 43.68	
	350m: 5:24.92 46.85	750m: 11:44.17 47.80	1150m: 18:03.21 46.92		
	400m: 6:12.93 48.01	800m: 12:31.79 47.62	1200m: 18:50.60 47.39		

Infantis A

1.	Diogo Damasceno Reis	09	Sporting	<b>18:16.24</b>	461
	50m: 34.26 34.26	450m: 5:26.06 36.84	850m: 10:20.56 36.97	1250m: 15:16.62 36.99	
	100m: 1:09.90 35.64	500m: 6:03.09 37.03	900m: 10:57.51 36.95	1300m: 15:53.60 36.98	
	150m: 1:46.16 36.26	550m: 6:39.94 36.85	950m: 11:34.41 36.90	1350m: 16:30.63 37.03	
	200m: 2:22.67 36.51	600m: 7:16.67 36.73	1000m: 12:11.31 36.90	1400m: 17:06.93 36.30	
	250m: 2:59.04 36.37	650m: 7:53.35 36.68	1050m: 12:48.65 37.34	1450m: 17:43.03 36.10	
	300m: 3:36.02 36.98	700m: 8:30.43 37.08	1100m: 13:25.81 37.16	1500m: 18:16.24 33.21	
	350m: 4:12.61 36.59	750m: 9:07.10 36.67	1150m: 14:02.59 36.78		
	400m: 4:49.22 36.61	800m: 9:43.59 36.49	1200m: 14:39.63 37.04		
2.	Martim Chambel Pinto	09	Colegio Int Monte Maior	<b>18:24.66</b>	450
	50m: 34.98 34.98	450m: 5:36.37 37.39	850m: 10:30.33 37.19	1250m: 15:25.06 37.06	
	100m: 1:11.88 36.90	500m: 6:12.09 35.72	900m: 11:06.99 36.66	1300m: 16:00.97 35.91	
	150m: 1:49.32 37.44	550m: 6:49.78 37.69	950m: 11:43.64 36.65	1350m: 16:37.79 36.82	
	200m: 2:27.58 38.26	600m: 7:26.63 36.85	1000m: 12:20.57 36.93	1400m: 17:13.69 35.90	
	250m: 3:05.03 37.45	650m: 8:02.38 35.75	1050m: 12:57.74 37.17	1450m: 17:50.35 36.66	
	300m: 3:43.03 38.00	700m: 8:40.02 37.64	1100m: 13:34.09 36.35	1500m: 18:24.66 34.31	
	350m: 4:21.09 38.06	750m: 9:16.54 36.52	1150m: 14:10.75 36.66		
	400m: 4:58.98 37.89	800m: 9:53.14 36.60	1200m: 14:48.00 37.25		
3.	Xavier Jesus Valente	09	Colégio Vasco da Gama	<b>18:30.48</b>	443
	50m: 35.39 35.39	450m: 5:35.18 37.29	850m: 10:32.70 36.93	1250m: 15:27.44 36.99	
	100m: 1:12.94 37.55	500m: 6:13.30 38.12	900m: 11:09.76 37.06	1300m: 16:04.23 36.79	
	150m: 1:49.85 36.91	550m: 6:50.63 37.33	950m: 11:47.29 37.53	1350m: 16:41.55 37.32	
	200m: 2:27.07 37.22	600m: 7:27.99 37.36	1000m: 12:24.09 36.80	1400m: 17:18.73 37.18	
	250m: 3:03.97 36.90	650m: 8:05.30 37.31	1050m: 13:00.14 36.05	1450m: 17:55.36 36.63	
	300m: 3:42.12 38.15	700m: 8:42.58 37.28	1100m: 13:36.94 36.80	1500m: 18:30.48 35.12	
	350m: 4:19.91 37.79	750m: 9:19.95 37.37	1150m: 14:13.44 36.50		
	400m: 4:57.89 37.98	800m: 9:55.77 35.82	1200m: 14:50.45 37.01		
4.	Jesus Alberto Mejias	09	Vikings	<b>18:52.61</b>	418
	50m: 34.16 34.16	450m: 5:27.08 37.31	850m: 10:29.72 38.52	1250m: 15:42.50 40.19	
	100m: 1:09.80 35.64	500m: 6:03.90 36.82	900m: 11:08.70 38.98	1300m: 16:20.91 38.41	
	150m: 1:46.03 36.23	550m: 6:40.68 36.78	950m: 11:47.08 38.38	1350m: 16:59.77 38.86	
	200m: 2:22.68 36.65	600m: 7:17.75 37.07	1000m: 12:26.26 39.18	1400m: 17:38.33 38.56	
	250m: 2:58.97 36.29	650m: 7:56.09 38.34	1050m: 13:05.37 39.11	1450m: 18:16.02 37.69	
	300m: 3:36.28 37.31	700m: 8:33.97 37.88	1100m: 13:44.40 39.03	1500m: 18:52.61 36.59	
	350m: 4:13.11 36.83	750m: 9:12.73 38.76	1150m: 14:23.21 38.81		
	400m: 4:49.77 36.66	800m: 9:51.20 38.47	1200m: 15:02.31 39.10		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
5.	Vasco Alexandre Martins	09	Colegio Int Monte Maior	<b>19:03.19</b>	406
	50m: 36.09 36.09	450m: 5:42.50 37.20	850m: 10:46.68 38.42	1250m: 15:53.06 38.30	
	100m: 1:13.90 37.81	500m: 6:20.95 38.45	900m: 11:24.71 38.03	1300m: 16:31.76 38.70	
	150m: 1:52.57 38.67	550m: 6:58.84 37.89	950m: 12:02.78 38.07	1350m: 17:09.78 38.02	
	200m: 2:31.06 38.49	600m: 7:36.76 37.92	1000m: 12:41.02 38.24	1400m: 17:48.74 38.96	
	250m: 3:10.00 38.94	650m: 8:15.09 38.33	1050m: 13:19.60 38.58	1450m: 18:26.10 37.36	
	300m: 3:48.31 38.31	700m: 8:52.71 37.62	1100m: 13:57.82 38.22	1500m: 19:03.19 37.09	
	350m: 4:26.62 38.31	750m: 9:30.45 37.74	1150m: 14:36.16 38.34		
	400m: 5:05.30 38.68	800m: 10:08.26 37.81	1200m: 15:14.76 38.60		
6.	Martim Guerreiro Martins	09	Sporting	<b>19:03.78</b>	405
	50m: 37.72 37.72	450m: 5:46.43 38.18	850m: 10:50.31 37.88	1250m: 15:55.19 38.55	
	100m: 1:16.16 38.44	500m: 6:24.89 38.46	900m: 11:27.91 37.60	1300m: 16:33.03 37.84	
	150m: 1:54.36 38.20	550m: 7:03.23 38.34	950m: 12:05.92 38.01	1350m: 17:11.12 38.09	
	200m: 2:33.55 39.19	600m: 7:40.88 37.65	1000m: 12:43.91 37.99	1400m: 17:49.77 38.65	
	250m: 3:12.63 39.08	650m: 8:18.52 37.64	1050m: 13:21.95 38.04	1450m: 18:27.84 38.07	
	300m: 3:51.20 38.57	700m: 8:56.55 38.03	1100m: 13:59.98 38.03	1500m: 19:03.78 35.94	
	350m: 4:29.66 38.46	750m: 9:34.81 38.26	1150m: 14:38.27 38.29		
	400m: 5:08.25 38.59	800m: 10:12.43 37.62	1200m: 15:16.64 38.37		
7.	Miguel Bera Fonseca	09	Benfica	<b>19:06.53</b>	403
	50m: 35.64 35.64	450m: 5:41.94 38.46	850m: 10:48.90 38.45	1250m: 15:56.85 38.64	
	100m: 1:13.73 38.09	500m: 6:20.56 38.62	900m: 11:27.34 38.44	1300m: 16:35.56 38.71	
	150m: 1:51.99 38.26	550m: 6:58.89 38.33	950m: 12:05.46 38.12	1350m: 17:14.11 38.55	
	200m: 2:30.48 38.49	600m: 7:37.30 38.41	1000m: 12:43.84 38.38	1400m: 17:52.74 38.63	
	250m: 3:08.66 38.18	650m: 8:15.73 38.43	1050m: 13:22.37 38.53	1450m: 18:31.24 38.50	
	300m: 3:46.81 38.15	700m: 8:54.20 38.47	1100m: 14:00.88 38.51	1500m: 19:06.53 35.29	
	350m: 4:25.13 38.32	750m: 9:32.33 38.13	1150m: 14:39.31 38.43		
	400m: 5:03.48 38.35	800m: 10:10.45 38.12	1200m: 15:18.21 38.90		
8.	Paulo Junio Fernandes	09	Alges	<b>19:07.12</b>	402
	50m: 34.63 34.63	450m: 5:37.37 37.50	850m: 10:44.53 38.69	1250m: 15:55.93 39.92	
	100m: 1:11.66 37.03	500m: 6:15.00 37.63	900m: 11:23.23 38.70	1300m: 16:35.79 39.86	
	150m: 1:49.50 37.84	550m: 6:53.09 38.09	950m: 12:02.17 38.94	1350m: 17:14.28 38.49	
	200m: 2:27.34 37.84	600m: 7:31.99 38.90	1000m: 12:40.65 38.48	1400m: 17:52.63 38.35	
	250m: 3:05.58 38.24	650m: 8:10.51 38.52	1050m: 13:19.15 38.50	1450m: 18:31.07 38.44	
	300m: 3:43.27 37.69	700m: 8:48.51 38.00	1100m: 13:57.93 38.78	1500m: 19:07.12 36.05	
	350m: 4:21.72 38.45	750m: 9:26.15 37.64	1150m: 14:37.05 39.12		
	400m: 4:59.87 38.15	800m: 10:05.84 39.69	1200m: 15:16.01 38.96		
9.	Rafael Lin Moniz	09	Naval Setubalense	<b>19:13.99</b>	395
	50m: 36.12 36.12	450m: 5:46.86 39.05	850m: 10:54.44 38.68	1250m: 16:06.17 38.86	
	100m: 1:14.31 38.19	500m: 6:24.84 37.98	900m: 11:33.61 39.17	1300m: 16:44.87 38.70	
	150m: 1:52.91 38.60	550m: 7:03.31 38.47	950m: 12:11.70 38.09	1350m: 17:23.53 38.66	
	200m: 2:31.66 38.75	600m: 7:41.96 38.65	1000m: 12:51.34 39.64	1400m: 18:02.02 38.49	
	250m: 3:10.58 38.92	650m: 8:20.44 38.48	1050m: 13:31.02 39.68	1450m: 18:40.43 38.41	
	300m: 3:48.89 38.31	700m: 8:58.99 38.55	1100m: 14:10.00 38.98	1500m: 19:13.99 33.56	
	350m: 4:28.38 39.49	750m: 9:37.35 38.36	1150m: 14:48.29 38.29		
	400m: 5:07.81 39.43	800m: 10:15.76 38.41	1200m: 15:27.31 39.02		
10.	Pedro Guedes Caldas	09	Benfica	<b>19:19.35</b>	389
	50m: 35.49 35.49	450m: 5:44.03 37.99	850m: 10:57.19 39.01	1250m: 16:09.36 38.55	
	100m: 1:13.82 38.33	500m: 6:22.91 38.88	900m: 11:35.89 38.70	1300m: 16:47.68 38.32	
	150m: 1:52.71 38.89	550m: 7:02.09 39.18	950m: 12:15.13 39.24	1350m: 17:26.33 38.65	
	200m: 2:31.08 38.37	600m: 7:40.94 38.85	1000m: 12:54.45 39.32	1400m: 18:05.19 38.86	
	250m: 3:10.09 39.01	650m: 8:20.40 39.46	1050m: 13:33.62 39.17	1450m: 18:42.97 37.78	
	300m: 3:48.51 38.42	700m: 8:59.44 39.04	1100m: 14:12.68 39.06	1500m: 19:19.35 36.38	
	350m: 4:27.20 38.69	750m: 9:38.66 39.22	1150m: 14:51.96 39.28		
	400m: 5:06.04 38.84	800m: 10:18.18 39.52	1200m: 15:30.81 38.85		
11.	Francisco Nunes Roque	09	Benfica	<b>19:20.11</b>	389
	50m: 36.16 36.16	450m: 5:46.13 38.66	850m: 10:55.66 38.80	1250m: 16:07.16 38.89	
	100m: 1:13.79 37.63	500m: 6:24.81 38.68	900m: 11:34.93 39.27	1300m: 16:46.36 39.20	
	150m: 1:52.64 38.85	550m: 7:03.04 38.23	950m: 12:13.40 38.47	1350m: 17:25.25 38.89	
	200m: 2:31.56 38.92	600m: 7:41.61 38.57	1000m: 12:52.81 39.41	1400m: 18:04.02 38.77	
	250m: 3:10.58 39.02	650m: 8:20.68 39.07	1050m: 13:31.43 38.62	1450m: 18:42.88 38.86	
	300m: 3:49.41 38.83	700m: 8:59.18 38.50	1100m: 14:10.51 39.08	1500m: 19:20.11 37.23	
	350m: 4:28.34 38.93	750m: 9:38.34 39.16	1150m: 14:49.33 38.82		
	400m: 5:07.47 39.13	800m: 10:16.86 38.52	1200m: 15:28.27 38.94		
12.	Hugo Pacheco Godinho	09	Sporting	<b>19:23.14</b>	385
	50m: 34.56 34.56	450m: 5:43.79 39.40	850m: 10:58.12 38.85	1250m: 16:11.18 38.96	
	100m: 1:11.83 37.27	500m: 6:23.01 39.22	900m: 11:37.32 39.20	1300m: 16:50.33 39.15	
	150m: 1:50.37 38.54	550m: 7:02.40 39.39	950m: 12:16.29 38.97	1350m: 17:29.44 39.11	
	200m: 2:29.25 38.88	600m: 7:41.79 39.39	1000m: 12:55.92 39.63	1400m: 18:08.20 38.76	
	250m: 3:07.70 38.45	650m: 8:20.60 38.81	1050m: 13:34.80 38.88	1450m: 18:46.44 38.24	
	300m: 3:46.42 38.72	700m: 9:00.00 39.40	1100m: 14:13.67 38.87	1500m: 19:23.14 36.70	
	350m: 4:25.48 39.06	750m: 9:39.67 39.67	1150m: 14:53.02 39.35		
	400m: 5:04.39 38.91	800m: 10:19.27 39.60	1200m: 15:32.22 39.20		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
13.	Xavier Rosa Madeira	09	Laranjeiro	<b>19:32.08</b>	<b>377</b>
	50m: 36.39	450m: 5:43.21	38.01	850m: 10:55.68	39.28
	100m: 1:14.16	500m: 6:21.53	38.32	900m: 11:35.98	40.30
	150m: 1:52.42	550m: 7:00.07	38.54	950m: 12:15.02	39.04
	200m: 2:31.01	600m: 7:38.91	38.84	1000m: 12:54.48	39.46
	250m: 3:09.63	650m: 8:17.93	39.02	1050m: 13:34.75	40.27
	300m: 3:47.67	700m: 8:58.08	40.15	1100m: 14:14.36	39.61
	350m: 4:26.60	750m: 9:36.88	38.80	1150m: 14:54.11	39.75
	400m: 5:05.20	800m: 10:16.40	39.52	1200m: 15:34.18	40.07
14.	Bernardo Afonso Guedelha	09	Benfica	<b>19:43.13</b>	<b>366</b>
	50m: 37.39	450m: 5:55.92	39.97	850m: 11:15.24	39.62
	100m: 1:16.08	500m: 6:36.61	40.69	900m: 11:54.80	39.56
	150m: 1:56.15	550m: 7:16.14	39.53	950m: 12:34.32	39.52
	200m: 2:36.41	600m: 7:55.81	39.67	1000m: 13:13.91	39.59
	250m: 3:16.56	650m: 8:35.58	39.77	1050m: 13:53.01	39.10
	300m: 3:56.29	700m: 9:15.72	40.14	1100m: 14:32.66	39.65
	350m: 4:36.31	750m: 9:55.26	39.54	1150m: 15:12.32	39.66
	400m: 5:15.95	800m: 10:35.62	40.36	1200m: 15:51.50	39.18
15.	Afonso Cunha Amaral	09	Alges	<b>19:43.72</b>	<b>366</b>
	50m: 35.38	450m: 5:51.14	40.27	850m: 11:09.58	40.08
	100m: 1:13.29	500m: 6:30.29	39.15	900m: 11:48.32	38.74
	150m: 1:52.24	550m: 7:09.76	39.47	950m: 12:28.76	40.44
	200m: 2:31.54	600m: 7:49.38	39.62	1000m: 13:08.99	40.23
	250m: 3:11.06	650m: 8:28.80	39.42	1050m: 13:49.30	40.31
	300m: 3:50.86	700m: 9:08.92	40.12	1100m: 14:29.33	40.03
	350m: 4:30.47	750m: 9:49.52	40.60	1150m: 15:09.82	40.49
	400m: 5:10.87	800m: 10:29.50	39.98	1200m: 15:49.71	39.89
16.	Rodrigo Duarte Narigueta	09	Palmela Desporto	<b>19:46.23</b>	<b>363</b>
	50m: 36.18	450m: 5:45.64	39.37	850m: 11:04.12	40.33
	100m: 1:13.22	500m: 6:24.96	39.32	900m: 11:44.36	40.24
	150m: 1:51.26	550m: 7:04.14	39.18	950m: 12:24.40	40.04
	200m: 2:29.55	600m: 7:44.19	40.05	1000m: 13:04.53	40.13
	250m: 3:08.55	650m: 8:23.75	39.56	1050m: 13:44.74	40.21
	300m: 3:47.35	700m: 9:03.56	39.81	1100m: 14:25.09	40.35
	350m: 4:26.78	750m: 9:43.74	40.18	1150m: 15:05.73	40.64
	400m: 5:06.27	800m: 10:23.79	40.05	1200m: 15:46.20	40.47
17.	Gustavo Branco Silva	09	Geslours	<b>19:56.52</b>	<b>354</b>
	50m: 37.23	450m: 5:53.69	39.64	850m: 11:15.48	40.09
	100m: 1:16.00	500m: 6:33.87	40.18	900m: 11:55.94	40.46
	150m: 1:55.22	550m: 7:13.84	39.97	950m: 12:36.51	40.57
	200m: 2:34.70	600m: 7:53.67	39.83	1000m: 13:16.78	40.27
	250m: 3:14.25	650m: 8:34.08	40.41	1050m: 13:57.40	40.62
	300m: 3:54.30	700m: 9:14.36	40.28	1100m: 14:37.85	40.45
	350m: 4:34.04	750m: 9:55.12	40.76	1150m: 15:18.17	40.32
	400m: 5:14.05	800m: 10:35.39	40.27	1200m: 15:58.56	40.39
18.	David Emanuel Tome	09	Geslours	<b>20:00.85</b>	<b>350</b>
	50m: 37.04	450m: 5:51.13	39.27	850m: 11:12.25	40.65
	100m: 1:16.40	500m: 6:31.31	40.18	900m: 11:52.50	40.25
	150m: 1:56.14	550m: 7:11.27	39.96	950m: 12:33.53	41.03
	200m: 2:35.37	600m: 7:51.62	40.35	1000m: 13:13.93	40.40
	250m: 3:14.36	650m: 8:31.20	39.58	1050m: 13:54.59	40.66
	300m: 3:53.45	700m: 9:11.69	40.49	1100m: 14:35.09	40.50
	350m: 4:33.14	750m: 9:51.99	40.30	1150m: 15:15.70	40.61
	400m: 5:11.86	800m: 10:31.60	39.61	1200m: 15:56.15	40.45
19.	Francisco Gabriel Freitas	09	Geslours	<b>20:02.71</b>	<b>349</b>
	50m: 36.77	450m: 5:52.55	39.97	850m: 11:15.95	41.18
	100m: 1:14.71	500m: 6:32.65	40.10	900m: 11:56.37	40.42
	150m: 1:53.52	550m: 7:13.31	40.66	950m: 12:37.30	40.93
	200m: 2:32.94	600m: 7:53.00	39.69	1000m: 13:17.62	40.32
	250m: 3:12.55	650m: 8:33.63	40.63	1050m: 13:58.51	40.89
	300m: 3:52.09	700m: 9:14.06	40.43	1100m: 14:39.28	40.77
	350m: 4:32.09	750m: 9:54.15	40.09	1150m: 15:19.88	40.60
	400m: 5:12.58	800m: 10:34.77	40.62	1200m: 16:01.60	41.72
20.	Daniel Alexandre Lourenco	09	Sporting	<b>20:05.52</b>	<b>346</b>
	50m: 37.32	450m: 5:56.99	40.41	850m: 11:20.46	40.38
	100m: 1:16.63	500m: 6:37.33	40.34	900m: 12:01.13	40.67
	150m: 1:56.57	550m: 7:17.89	40.56	950m: 12:41.02	39.89
	200m: 2:36.15	600m: 7:57.98	40.09	1000m: 13:21.68	40.66
	250m: 3:15.96	650m: 8:38.12	40.14	1050m: 14:02.66	40.98
	300m: 3:56.15	700m: 9:18.96	40.84	1100m: 14:43.13	40.47
	350m: 4:36.23	750m: 9:59.51	40.55	1150m: 15:23.52	40.39
	400m: 5:16.58	800m: 10:40.08	40.57	1200m: 16:04.49	40.97

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
21.	Martim Abalada Vilaca	09	AONDA - Azeitão	<b>20:07.60</b>	344
	50m: 36.14 36.14	450m: 6:00.62 41.20	850m: 11:24.76 40.69	1250m: 16:47.20 39.81	
	100m: 1:16.14 40.00	500m: 6:40.27 39.65	900m: 12:06.02 41.26	1300m: 17:28.41 41.21	
	150m: 1:57.91 41.77	550m: 7:20.85 40.58	950m: 12:45.65 39.63	1350m: 18:08.96 40.55	
	200m: 2:38.47 40.56	600m: 8:02.13 41.28	1000m: 13:26.55 40.90	1400m: 18:49.83 40.87	
	250m: 3:18.36 39.89	650m: 8:43.08 40.95	1050m: 14:05.96 39.41	1450m: 19:29.71 39.88	
	300m: 3:58.98 40.62	700m: 9:22.76 39.68	1100m: 14:47.06 41.10	1500m: 20:07.60 37.89	
	350m: 4:39.73 40.75	750m: 10:02.88 40.12	1150m: 15:26.50 39.44		
	400m: 5:19.42 39.69	800m: 10:44.07 41.19	1200m: 16:07.39 40.89		
22.	Rodrigo Arga Paiva	09	Geslours	<b>20:09.22</b>	343
	50m: 36.15 36.15	450m: 5:52.45 40.70	850m: 11:17.32 41.70	1250m: 16:47.30 41.22	
	100m: 1:14.75 38.60	500m: 6:32.68 40.23	900m: 11:58.24 40.92	1300m: 17:28.44 41.14	
	150m: 1:53.73 38.98	550m: 7:13.12 40.44	950m: 12:39.86 41.62	1350m: 18:09.24 40.80	
	200m: 2:33.05 39.32	600m: 7:53.43 40.31	1000m: 13:20.99 41.13	1400m: 18:50.45 41.21	
	250m: 3:12.65 39.60	650m: 8:33.54 40.11	1050m: 14:02.65 41.66	1450m: 19:30.83 40.38	
	300m: 3:52.48 39.83	700m: 9:14.48 40.94	1100m: 14:43.72 41.07	1500m: 20:09.22 38.39	
	350m: 4:32.12 39.64	750m: 9:55.55 41.07	1150m: 15:24.92 41.20		
	400m: 5:11.75 39.63	800m: 10:35.62 40.07	1200m: 16:06.08 41.16		
23.	Miguel Ratinho Rocha	09	Naval Setubalense	<b>20:09.89</b>	342
	50m: 37.88 37.88	450m: 6:05.81 41.26	850m: 11:32.07 39.89	1250m: 16:52.85 40.34	
	100m: 1:17.92 40.04	500m: 6:47.04 41.23	900m: 12:11.60 39.53	1300m: 17:32.29 39.44	
	150m: 1:58.94 41.02	550m: 7:27.88 40.84	950m: 12:51.61 40.01	1350m: 18:12.59 40.30	
	200m: 2:40.37 41.43	600m: 8:09.29 41.41	1000m: 13:31.95 40.34	1400m: 18:52.80 40.21	
	250m: 3:21.59 41.22	650m: 8:50.57 41.28	1050m: 14:11.93 39.98	1450m: 19:32.45 39.65	
	300m: 4:02.92 41.33	700m: 9:31.65 41.08	1100m: 14:51.75 39.82	1500m: 20:09.89 37.44	
	350m: 4:43.69 40.77	750m: 10:12.27 40.62	1150m: 15:31.97 40.22		
	400m: 5:24.55 40.86	800m: 10:52.18 39.91	1200m: 16:12.51 40.54		
24.	Tomas Pires Oliveira	09	Colegio Int Monte Maior	<b>20:14.44</b>	339
	50m: 37.14 37.14	450m: 6:03.64 39.81	850m: 11:25.43 40.26	1250m: 16:51.98 40.84	
	100m: 1:17.01 39.87	500m: 6:43.97 40.33	900m: 12:06.03 40.60	1300m: 17:32.78 40.80	
	150m: 1:58.15 41.14	550m: 7:23.89 39.92	950m: 12:46.78 40.75	1350m: 18:13.65 40.87	
	200m: 2:39.25 41.10	600m: 8:04.44 40.55	1000m: 13:27.85 41.07	1400m: 18:54.41 40.76	
	250m: 3:20.44 41.19	650m: 8:44.16 39.72	1050m: 14:08.67 40.82	1450m: 19:35.32 40.91	
	300m: 4:01.93 41.49	700m: 9:24.22 40.06	1100m: 14:49.33 40.66	1500m: 20:14.44 39.12	
	350m: 4:42.98 41.05	750m: 10:04.60 40.38	1150m: 15:30.26 40.93		
	400m: 5:23.83 40.85	800m: 10:45.17 40.57	1200m: 16:11.14 40.88		
25.	Miguel Filipe Medronheira	09	Palmela Desporto	<b>20:27.87</b>	328
	50m: 36.55 36.55	450m: 5:59.93 41.03	850m: 11:29.36 41.13	1250m: 17:03.86 42.44	
	100m: 1:15.31 38.76	500m: 6:41.29 41.36	900m: 12:10.58 41.22	1300m: 17:45.66 41.80	
	150m: 1:55.06 39.75	550m: 7:22.23 40.94	950m: 12:52.13 41.55	1350m: 18:26.93 41.27	
	200m: 2:35.86 40.80	600m: 8:03.03 40.80	1000m: 13:33.73 41.60	1400m: 19:08.64 41.71	
	250m: 3:16.36 40.50	650m: 8:44.49 41.46	1050m: 14:15.50 41.77	1450m: 19:49.46 40.82	
	300m: 3:56.99 40.63	700m: 9:25.66 41.17	1100m: 14:57.01 41.51	1500m: 20:27.87 38.41	
	350m: 4:37.85 40.86	750m: 10:07.02 41.36	1150m: 15:39.47 42.46		
	400m: 5:18.90 41.05	800m: 10:48.23 41.21	1200m: 16:21.42 41.95		
26.	Joao Pedro Sousa	09	Geslours	<b>20:29.06</b>	327
	50m: 37.35 37.35	450m: 5:58.35 40.94	850m: 11:31.36 41.92	1250m: 17:06.80 42.37	
	100m: 1:15.96 38.61	500m: 6:39.69 41.34	900m: 12:13.25 41.89	1300m: 17:49.00 42.20	
	150m: 1:55.50 39.54	550m: 7:21.43 41.74	950m: 12:55.43 42.18	1350m: 18:30.78 41.78	
	200m: 2:35.15 39.65	600m: 8:02.93 41.50	1000m: 13:37.25 41.82	1400m: 19:12.04 41.26	
	250m: 3:15.60 40.45	650m: 8:45.51 42.58	1050m: 14:19.26 42.01	1450m: 19:52.13 40.09	
	300m: 3:55.89 40.29	700m: 9:26.67 41.16	1100m: 15:00.86 41.60	1500m: 20:29.06 36.93	
	350m: 4:36.26 40.37	750m: 10:08.00 41.33	1150m: 15:42.56 41.70		
	400m: 5:17.41 41.15	800m: 10:49.44 41.44	1200m: 16:24.43 41.87		
27.	Angelo Carvalho Interlandi	09	Algés	<b>20:47.06</b>	313
	50m: 40.57 40.57	450m: 6:21.54 42.02	850m: 11:58.97 42.02	1250m: 17:30.70 40.85	
	100m: 1:22.27 41.70	500m: 7:04.35 42.81	900m: 12:41.20 42.23	1300m: 18:11.39 40.69	
	150m: 2:04.83 42.56	550m: 7:46.44 42.09	950m: 13:22.75 41.55	1350m: 18:51.48 40.09	
	200m: 2:47.76 42.93	600m: 8:28.81 42.37	1000m: 14:04.29 41.54	1400m: 19:31.32 39.84	
	250m: 3:30.40 42.64	650m: 9:11.01 42.20	1050m: 14:45.78 41.49	1450m: 20:10.82 39.50	
	300m: 4:12.93 42.53	700m: 9:52.25 41.24	1100m: 15:27.07 41.29	1500m: 20:47.06 36.24	
	350m: 4:56.05 43.12	750m: 10:35.04 42.79	1150m: 16:08.35 41.28		
	400m: 5:39.52 43.47	800m: 11:16.95 41.91	1200m: 16:49.85 41.50		
28.	Santiago Castanheira Martins	09	CPCD - Póvoa Sta Iria	<b>20:53.77</b>	308
	50m: 39.39 39.39	450m: 6:21.24 42.35	850m: 11:59.18 42.43	1250m: 17:32.36 39.52	
	100m: 1:21.72 42.33	500m: 7:04.36 43.12	900m: 12:40.91 41.73	1300m: 18:12.87 40.51	
	150m: 2:04.71 42.99	550m: 7:47.52 43.16	950m: 13:22.82 41.91	1350m: 18:53.07 40.20	
	200m: 2:47.27 42.56	600m: 8:29.50 41.98	1000m: 14:04.10 41.28	1400m: 19:34.05 40.98	
	250m: 3:29.83 42.56	650m: 9:11.13 41.63	1050m: 14:45.81 41.71	1450m: 20:14.37 40.32	
	300m: 4:12.86 43.03	700m: 9:53.69 42.56	1100m: 15:27.31 41.50	1500m: 20:53.77 39.40	
	350m: 4:55.90 43.04	750m: 10:36.27 42.58	1150m: 16:09.86 42.55		
	400m: 5:38.89 42.99	800m: 11:16.75 40.48	1200m: 16:52.84 42.98		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
29.	Rui Melo Pereira	09	Benfica	<b>20:55.39</b>	306
	50m: 37.76 37.76	450m: 6:09.92 42.15	850m: 11:50.94 43.36	1250m: 17:30.64 41.73	
	100m: 1:18.50 40.74	500m: 6:51.73 41.81	900m: 12:34.11 43.17	1300m: 18:12.53 41.89	
	150m: 2:00.01 41.51	550m: 7:33.70 41.97	950m: 13:16.91 42.80	1350m: 18:55.19 42.66	
	200m: 2:41.28 41.27	600m: 8:16.44 42.74	1000m: 13:58.98 42.07	1400m: 19:36.93 41.74	
	250m: 3:22.46 41.18	650m: 8:59.14 42.70	1050m: 14:41.05 42.07	1450m: 20:17.65 40.72	
	300m: 4:04.46 42.00	700m: 9:41.48 42.34	1100m: 15:23.32 42.27	1500m: 20:55.39 37.74	
	350m: 4:45.22 40.76	750m: 10:24.70 43.22	1150m: 16:06.64 42.32		
	400m: 5:27.77 42.55	800m: 11:07.58 42.88	1200m: 16:48.91 43.27		
30.	Diogo Soares Marques	09	Alges	<b>20:55.82</b>	306
	50m: 39.71 39.71	450m: 6:13.70 41.78	850m: 11:53.77 41.94	1250m: 17:32.69 42.49	
	100m: 1:21.81 42.10	500m: 7:00.47 42.09	900m: 12:36.39 42.62	1300m: 18:10.55 41.86	
	150m: 2:04.38 42.57	550m: 7:42.49 42.02	950m: 13:17.90 41.51	1350m: 18:52.59 42.04	
	200m: 2:47.36 42.98	600m: 8:24.41 41.92	1000m: 13:59.45 41.55	1400m: 19:34.78 42.19	
	250m: 3:29.66 42.30	650m: 9:06.49 42.08	1050m: 14:41.32 41.87	1450m: 20:16.54 41.76	
	300m: 4:12.43 42.77	700m: 9:48.39 41.90	1100m: 15:23.03 41.71	1500m: 20:55.82 39.28	
	350m: 4:54.53 42.10	750m: 10:30.03 41.64	1150m: 16:04.68 41.65		
	400m: 5:36.60 42.07	800m: 11:11.83 41.80	1200m: 16:46.20 41.52		
31.	Andre Raposo Pinheiro	09	AONDA - Azeitão	<b>20:59.23</b>	304
	50m: 38.46 38.46	450m: 6:13.70 42.99	850m: 11:54.61 40.38	1250m: 17:32.07 41.81	
	100m: 1:19.22 40.76	500m: 6:56.90 43.20	900m: 12:37.39 42.78	1300m: 18:14.57 42.50	
	150m: 2:00.60 41.38	550m: 7:38.80 41.90	950m: 13:19.47 42.08	1350m: 18:56.25 41.68	
	200m: 2:41.90 41.30	600m: 8:22.43 43.63	1000m: 14:00.90 41.43	1400m: 19:37.82 41.57	
	250m: 3:24.00 42.10	650m: 9:04.99 42.56	1050m: 14:43.15 42.25	1450m: 20:19.08 41.26	
	300m: 4:06.85 42.85	700m: 9:48.66 43.67	1100m: 15:25.68 42.53	1500m: 20:59.23 40.15	
	350m: 4:48.51 41.66	750m: 10:31.16 42.50	1150m: 16:07.36 41.68		
	400m: 5:30.71 42.20	800m: 11:14.23 43.07	1200m: 16:50.26 42.90		
32.	Duarte Afonso Leite	09	Laranjeiro	<b>20:59.82</b>	303
	50m: 39.81 39.81	450m: 6:21.00 42.88	850m: 11:59.48 42.49	1250m: 17:38.43 42.56	
	100m: 1:22.11 42.30	500m: 7:04.44 43.44	900m: 12:42.35 42.87	1300m: 18:19.97 41.54	
	150m: 2:05.49 43.38	550m: 7:46.50 42.06	950m: 13:24.56 42.21	1350m: 19:01.24 41.27	
	200m: 2:48.20 42.71	600m: 8:28.32 41.82	1000m: 14:07.02 42.46	1400m: 19:42.16 40.92	
	250m: 3:30.34 42.14	650m: 9:10.74 42.42	1050m: 14:49.31 42.29	1450m: 20:22.64 40.48	
	300m: 4:13.34 43.00	700m: 9:52.18 41.44	1100m: 15:31.56 42.25	1500m: 20:59.82 37.18	
	350m: 4:55.60 42.26	750m: 10:34.44 42.26	1150m: 16:13.71 42.15		
	400m: 5:38.12 42.52	800m: 11:16.99 42.55	1200m: 16:55.87 42.16		
33.	Bernardo Miguel Oliveira	09	Salesianos	<b>21:56.23</b>	266
	50m: 39.86 39.86	450m: 6:26.86 44.94	850m: 12:25.12 45.17	1250m: 18:22.92 42.69	
	100m: 1:18.65 40.79	500m: 7:11.97 45.11	900m: 13:09.98 44.86	1300m: 19:05.38 42.46	
	150m: 2:01.91 43.26	550m: 7:56.61 44.64	950m: 13:54.01 44.03	1350m: 19:49.15 43.77	
	200m: 2:46.23 44.32	600m: 8:40.83 44.22	1000m: 14:38.96 44.95	1400m: 20:32.58 43.43	
	250m: 3:29.42 43.19	650m: 9:25.94 45.11	1050m: 15:23.88 44.92	1450m: 21:15.42 42.84	
	300m: 4:12.53 43.11	700m: 10:10.87 44.93	1100m: 16:08.48 44.60	1500m: 21:56.23 40.81	
	350m: 4:57.38 44.85	750m: 10:54.66 43.79	1150m: 16:53.69 45.21		
	400m: 5:41.92 44.54	800m: 11:39.95 45.29	1200m: 17:40.23 46.54		
34.	Afonso Santos Carromeu	09	Naval Setubalense	<b>22:12.14</b>	256
	50m: 41.55 41.55	450m: 6:42.37 45.66	850m: 12:44.71 42.85	1250m: 18:39.03 44.85	
	100m: 1:25.72 44.17	500m: 7:28.56 46.19	900m: 13:27.89 43.18	1300m: 19:23.00 43.97	
	150m: 2:10.07 44.35	550m: 8:15.52 46.96	950m: 14:12.15 44.26	1350m: 20:06.39 43.39	
	200m: 2:54.73 44.66	600m: 8:59.86 44.34	1000m: 14:56.22 44.07	1400m: 20:49.57 43.18	
	250m: 3:40.01 45.28	650m: 9:45.38 45.52	1050m: 15:41.08 44.86	1450m: 21:31.92 42.35	
	300m: 4:25.24 45.23	700m: 10:30.51 45.13	1100m: 16:25.69 44.61	1500m: 22:12.14 40.22	
	350m: 5:11.07 45.83	750m: 11:16.17 45.66	1150m: 17:10.19 44.50		
	400m: 5:56.71 45.64	800m: 12:01.86 45.69	1200m: 17:54.18 43.99		
35.	Ricardo Martins Brizado	09	Sporting	<b>22:13.10</b>	256
	50m: 38.41 38.41	450m: 6:30.84 44.45	850m: 12:29.73 44.99	1250m: 18:31.49 45.22	
	100m: 1:19.32 40.91	500m: 7:15.69 44.85	900m: 13:14.81 45.08	1300m: 19:16.70 45.21	
	150m: 2:02.81 43.49	550m: 8:00.33 44.64	950m: 14:00.11 45.30	1350m: 20:02.21 45.51	
	200m: 2:47.02 44.21	600m: 8:45.50 45.17	1000m: 14:44.70 44.59	1400m: 20:47.39 45.18	
	250m: 3:31.43 44.41	650m: 9:30.40 44.90	1050m: 15:30.68 45.98	1450m: 21:31.94 44.55	
	300m: 4:16.31 44.88	700m: 10:15.35 44.95	1100m: 16:16.42 45.74	1500m: 22:13.10 41.16	
	350m: 5:01.19 44.88	750m: 11:00.46 45.11	1150m: 17:01.01 44.59		
	400m: 5:46.39 45.20	800m: 11:44.74 44.28	1200m: 17:46.27 45.26		
DNS	Tiago Trindade Manuel	09	Palmela Desporto		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres

Infantis

1. Diogo Damasceno Reis			09 Sporting			18:16.24			461		
50m:	34.26	34.26	450m:	5:26.06	36.84	850m:	10:20.56	36.97	1250m:	15:16.62	36.99
100m:	1:09.90	35.64	500m:	6:03.09	37.03	900m:	10:57.51	36.95	1300m:	15:53.60	36.98
150m:	1:46.16	36.26	550m:	6:39.94	36.85	950m:	11:34.41	36.90	1350m:	16:30.63	37.03
200m:	2:22.67	36.51	600m:	7:16.67	36.73	1000m:	12:11.31	36.90	1400m:	17:06.93	36.30
250m:	2:59.04	36.37	650m:	7:53.35	36.68	1050m:	12:48.65	37.34	1450m:	17:43.03	36.10
300m:	3:36.02	36.98	700m:	8:30.43	37.08	1100m:	13:25.81	37.16	1500m:	18:16.24	33.21
350m:	4:12.61	36.59	750m:	9:07.10	36.67	1150m:	14:02.59	36.78			
400m:	4:49.22	36.61	800m:	9:43.59	36.49	1200m:	14:39.63	37.04			
2. Martim Chambel Pinto			09 Colegio Int Monte Maior			18:24.66			450		
50m:	34.98	34.98	450m:	5:36.37	37.39	850m:	10:30.33	37.19	1250m:	15:25.06	37.06
100m:	1:11.88	36.90	500m:	6:12.09	35.72	900m:	11:06.99	36.66	1300m:	16:00.97	35.91
150m:	1:49.32	37.44	550m:	6:49.78	37.69	950m:	11:43.64	36.65	1350m:	16:37.79	36.82
200m:	2:27.58	38.26	600m:	7:26.63	36.85	1000m:	12:20.57	36.93	1400m:	17:13.69	35.90
250m:	3:05.03	37.45	650m:	8:02.38	35.75	1050m:	12:57.74	37.17	1450m:	17:50.35	36.66
300m:	3:43.03	38.00	700m:	8:40.02	37.64	1100m:	13:34.09	36.35	1500m:	18:24.66	34.31
350m:	4:21.09	38.06	750m:	9:16.54	36.52	1150m:	14:10.75	36.66			
400m:	4:58.98	37.89	800m:	9:53.14	36.60	1200m:	14:48.00	37.25			
3. Xavier Jesus Valente			09 Colégio Vasco da Gama			18:30.48			443		
50m:	35.39	35.39	450m:	5:35.18	37.29	850m:	10:32.70	36.93	1250m:	15:27.44	36.99
100m:	1:12.94	37.55	500m:	6:13.30	38.12	900m:	11:09.76	37.06	1300m:	16:04.23	36.79
150m:	1:49.85	36.91	550m:	6:50.63	37.33	950m:	11:47.29	37.53	1350m:	16:41.55	37.32
200m:	2:27.07	37.22	600m:	7:27.99	37.36	1000m:	12:24.09	36.80	1400m:	17:18.73	37.18
250m:	3:03.97	36.90	650m:	8:05.30	37.31	1050m:	13:00.14	36.05	1450m:	17:55.36	36.63
300m:	3:42.12	38.15	700m:	8:42.58	37.28	1100m:	13:36.94	36.80	1500m:	18:30.48	35.12
350m:	4:19.91	37.79	750m:	9:19.95	37.37	1150m:	14:13.44	36.50			
400m:	4:57.89	37.98	800m:	9:55.77	35.82	1200m:	14:50.45	37.01			
4. Jesus Alberto Mejias			09 Vikings			18:52.61			418		
50m:	34.16	34.16	450m:	5:27.08	37.31	850m:	10:29.72	38.52	1250m:	15:42.50	40.19
100m:	1:09.80	35.64	500m:	6:03.90	36.82	900m:	11:08.70	38.98	1300m:	16:20.91	38.41
150m:	1:46.03	36.23	550m:	6:40.68	36.78	950m:	11:47.08	38.38	1350m:	16:59.77	38.86
200m:	2:22.68	36.65	600m:	7:17.75	37.07	1000m:	12:26.26	39.18	1400m:	17:38.33	38.56
250m:	2:58.97	36.29	650m:	7:56.09	38.34	1050m:	13:05.37	39.11	1450m:	18:16.02	37.69
300m:	3:36.28	37.31	700m:	8:33.97	37.88	1100m:	13:44.40	39.03	1500m:	18:52.61	36.59
350m:	4:13.11	36.83	750m:	9:12.73	38.76	1150m:	14:23.21	38.81			
400m:	4:49.77	36.66	800m:	9:51.20	38.47	1200m:	15:02.31	39.10			
5. Vasco Alexandre Martins			09 Colegio Int Monte Maior			19:03.19			406		
50m:	36.09	36.09	450m:	5:42.50	37.20	850m:	10:46.68	38.42	1250m:	15:53.06	38.30
100m:	1:13.90	37.81	500m:	6:20.95	38.45	900m:	11:24.71	38.03	1300m:	16:31.76	38.70
150m:	1:52.57	38.67	550m:	6:58.84	37.89	950m:	12:02.78	38.07	1350m:	17:09.78	38.02
200m:	2:31.06	38.49	600m:	7:36.76	37.92	1000m:	12:41.02	38.24	1400m:	17:48.74	38.96
250m:	3:10.00	38.94	650m:	8:15.09	38.33	1050m:	13:19.60	38.58	1450m:	18:26.10	37.36
300m:	3:48.31	38.31	700m:	8:52.71	37.62	1100m:	13:57.82	38.22	1500m:	19:03.19	37.09
350m:	4:26.62	38.31	750m:	9:30.45	37.74	1150m:	14:36.16	38.34			
400m:	5:05.30	38.68	800m:	10:08.26	37.81	1200m:	15:14.76	38.60			
6. Martim Guerreiro Martins			09 Sporting			19:03.78			405		
50m:	37.72	37.72	450m:	5:46.43	38.18	850m:	10:50.31	37.88	1250m:	15:55.19	38.55
100m:	1:16.16	38.44	500m:	6:24.89	38.46	900m:	11:27.91	37.60	1300m:	16:33.03	37.84
150m:	1:54.36	38.20	550m:	7:03.23	38.34	950m:	12:05.92	38.01	1350m:	17:11.12	38.09
200m:	2:33.55	39.19	600m:	7:40.88	37.65	1000m:	12:43.91	37.99	1400m:	17:49.77	38.65
250m:	3:12.63	39.08	650m:	8:18.52	37.64	1050m:	13:21.95	38.04	1450m:	18:27.84	38.07
300m:	3:51.20	38.57	700m:	8:56.55	38.03	1100m:	13:59.98	38.03	1500m:	19:03.78	35.94
350m:	4:29.66	38.46	750m:	9:34.81	38.26	1150m:	14:38.27	38.29			
400m:	5:08.25	38.59	800m:	10:12.43	37.62	1200m:	15:16.64	38.37			
7. Renato Ferreira Mimoso			10 Benfica			19:05.17			404		
50m:	33.91	33.91	450m:	5:38.35	38.47	850m:	10:52.50	39.75	1250m:	15:58.06	38.16
100m:	1:10.90	36.99	500m:	6:17.01	38.66	900m:	11:30.98	38.48	1300m:	16:35.71	37.65
150m:	1:48.59	37.69	550m:	6:55.74	38.73	950m:	12:09.14	38.16	1350m:	17:13.88	38.17
200m:	2:26.55	37.96	600m:	7:35.09	39.35	1000m:	12:47.55	38.41	1400m:	17:52.13	38.25
250m:	3:04.54	37.99	650m:	8:14.53	39.44	1050m:	13:26.05	38.50	1450m:	18:30.10	37.97
300m:	3:43.06	38.52	700m:	8:53.73	39.20	1100m:	14:04.49	38.44	1500m:	19:05.17	35.07
350m:	4:21.73	38.67	750m:	9:33.22	39.49	1150m:	14:42.27	37.78			
400m:	4:59.88	38.15	800m:	10:12.75	39.53	1200m:	15:19.90	37.63			
8. Miguel Bera Fonseca			09 Benfica			19:06.53			403		
50m:	35.64	35.64	450m:	5:41.94	38.46	850m:	10:48.90	38.45	1250m:	15:56.85	38.64
100m:	1:13.73	38.09	500m:	6:20.56	38.62	900m:	11:27.34	38.44	1300m:	16:35.56	38.71
150m:	1:51.99	38.26	550m:	6:58.89	38.33	950m:	12:05.46	38.12	1350m:	17:14.11	38.55
200m:	2:30.48	38.49	600m:	7:37.30	38.41	1000m:	12:43.84	38.38	1400m:	17:52.74	38.63
250m:	3:08.66	38.18	650m:	8:15.73	38.43	1050m:	13:22.37	38.53	1450m:	18:31.24	38.50
300m:	3:46.81	38.15	700m:	8:54.20	38.47	1100m:	14:00.88	38.51	1500m:	19:06.53	35.29
350m:	4:25.13	38.32	750m:	9:32.33	38.13	1150m:	14:39.31	38.43			
400m:	5:03.48	38.35	800m:	10:10.45	38.12	1200m:	15:18.21	38.90			

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
9.	Paulo Junio Fernandes	09	Alges	<b>19:07.12</b>	402
	50m: 34.63 34.63	450m: 5:37.37	37.50	850m: 10:44.53	38.69
	100m: 1:11.66 37.03	500m: 6:15.00	37.63	900m: 11:23.23	38.70
	150m: 1:49.50 37.84	550m: 6:53.09	38.09	950m: 12:02.17	38.94
	200m: 2:27.34 37.84	600m: 7:31.99	38.90	1000m: 12:40.65	38.48
	250m: 3:05.58 38.24	650m: 8:10.51	38.52	1050m: 13:19.15	38.50
	300m: 3:43.27 37.69	700m: 8:48.51	38.00	1100m: 13:57.93	38.78
	350m: 4:21.72 38.45	750m: 9:26.15	37.64	1150m: 14:37.05	39.12
	400m: 4:59.87 38.15	800m: 10:05.84	39.69	1200m: 15:16.01	38.96
10.	Rafael Lin Moniz	09	Naval Setubalense	<b>19:13.99</b>	395
	50m: 36.12 36.12	450m: 5:46.86	39.05	850m: 10:54.44	38.68
	100m: 1:14.31 38.19	500m: 6:24.84	37.98	900m: 11:33.61	39.17
	150m: 1:52.91 38.60	550m: 7:03.31	38.47	950m: 12:11.70	38.09
	200m: 2:31.66 38.75	600m: 7:41.96	38.65	1000m: 12:51.34	39.64
	250m: 3:10.58 38.92	650m: 8:20.44	38.48	1050m: 13:31.02	39.68
	300m: 3:48.89 38.31	700m: 8:58.99	38.55	1100m: 14:10.00	38.98
	350m: 4:28.38 39.49	750m: 9:37.35	38.36	1150m: 14:48.29	38.29
	400m: 5:07.81 39.43	800m: 10:15.76	38.41	1200m: 15:27.31	39.02
11.	Pedro Guedes Caldas	09	Benfica	<b>19:19.35</b>	389
	50m: 35.49 35.49	450m: 5:44.03	37.99	850m: 10:57.19	39.01
	100m: 1:13.82 38.33	500m: 6:22.91	38.88	900m: 11:35.89	38.70
	150m: 1:52.71 38.89	550m: 7:02.09	39.18	950m: 12:15.13	39.24
	200m: 2:31.08 38.37	600m: 7:40.94	38.85	1000m: 12:54.45	39.32
	250m: 3:10.09 39.01	650m: 8:20.40	39.46	1050m: 13:33.62	39.17
	300m: 3:48.51 38.42	700m: 8:59.44	39.04	1100m: 14:12.68	39.06
	350m: 4:27.20 38.69	750m: 9:38.66	39.22	1150m: 14:51.96	39.28
	400m: 5:06.04 38.84	800m: 10:18.18	39.52	1200m: 15:30.81	38.85
12.	Francisco Nunes Roque	09	Benfica	<b>19:20.11</b>	389
	50m: 36.16 36.16	450m: 5:46.13	38.66	850m: 10:55.66	38.80
	100m: 1:13.79 37.63	500m: 6:24.81	38.68	900m: 11:34.93	39.27
	150m: 1:52.64 38.85	550m: 7:03.04	38.23	950m: 12:13.40	38.47
	200m: 2:31.56 38.92	600m: 7:41.61	38.57	1000m: 12:52.81	39.41
	250m: 3:10.58 39.02	650m: 8:20.68	39.07	1050m: 13:31.43	38.62
	300m: 3:49.41 38.83	700m: 8:59.18	38.50	1100m: 14:10.51	39.08
	350m: 4:28.34 38.93	750m: 9:38.34	39.16	1150m: 14:49.33	38.82
	400m: 5:07.47 39.13	800m: 10:16.86	38.52	1200m: 15:28.27	38.94
13.	Martim Frederico Marques	10	CPCD - Póvoa Sta Iria	<b>19:22.79</b>	386
	50m: 34.42 34.42	450m: 5:42.44	39.55	850m: 10:56.97	39.20
	100m: 1:11.15 36.73	500m: 6:21.75	39.31	900m: 11:35.43	38.46
	150m: 1:48.77 37.62	550m: 7:00.20	38.45	950m: 12:15.21	39.78
	200m: 2:26.73 37.96	600m: 7:39.24	39.04	1000m: 12:55.15	39.94
	250m: 3:05.36 38.63	650m: 8:18.86	39.62	1050m: 13:34.55	39.40
	300m: 3:44.54 39.18	700m: 8:58.34	39.48	1100m: 14:13.65	39.10
	350m: 4:23.37 38.83	750m: 9:37.85	39.51	1150m: 14:52.27	38.62
	400m: 5:02.89 39.52	800m: 10:17.77	39.92	1200m: 15:31.50	39.23
14.	Hugo Pacheco Godinho	09	Sporting	<b>19:23.14</b>	385
	50m: 34.56 34.56	450m: 5:43.79	39.40	850m: 10:58.12	38.85
	100m: 1:11.83 37.27	500m: 6:23.01	39.22	900m: 11:37.32	39.20
	150m: 1:50.37 38.54	550m: 7:02.40	39.39	950m: 12:16.29	38.97
	200m: 2:29.25 38.88	600m: 7:41.79	39.39	1000m: 12:55.92	39.63
	250m: 3:07.70 38.45	650m: 8:20.60	38.81	1050m: 13:34.80	38.88
	300m: 3:46.42 38.72	700m: 9:00.00	39.40	1100m: 14:13.67	38.87
	350m: 4:25.48 39.06	750m: 9:39.67	39.67	1150m: 14:53.02	39.35
	400m: 5:04.39 38.91	800m: 10:19.27	39.60	1200m: 15:32.22	39.20
15.	Dinis Aresta Ribeiro	10	Sporting	<b>19:30.72</b>	378
	50m: 37.63 37.63	450m: 5:53.32	39.08	850m: 11:08.42	39.67
	100m: 1:17.25 39.62	500m: 6:32.58	39.26	900m: 11:47.58	39.16
	150m: 1:57.31 40.06	550m: 7:11.85	39.27	950m: 12:26.75	39.17
	200m: 2:36.56 39.25	600m: 7:50.98	39.13	1000m: 13:05.70	38.95
	250m: 3:16.46 39.90	650m: 8:30.77	39.79	1050m: 13:44.70	39.00
	300m: 3:55.48 39.02	700m: 9:10.03	39.26	1100m: 14:23.98	39.28
	350m: 4:35.00 39.52	750m: 9:49.91	39.88	1150m: 15:03.20	39.22
	400m: 5:14.24 39.24	800m: 10:28.75	38.84	1200m: 15:42.23	39.03
16.	Xavier Rosa Madeira	09	Laranjeiro	<b>19:32.08</b>	377
	50m: 36.39 36.39	450m: 5:43.21	38.01	850m: 10:55.68	39.28
	100m: 1:14.16 37.77	500m: 6:21.53	38.32	900m: 11:35.98	40.30
	150m: 1:52.42 38.26	550m: 7:00.07	38.54	950m: 12:15.02	39.04
	200m: 2:31.01 38.59	600m: 7:38.91	38.84	1000m: 12:54.48	39.46
	250m: 3:09.63 38.62	650m: 8:17.93	39.02	1050m: 13:34.75	40.27
	300m: 3:47.67 38.04	700m: 8:58.08	40.15	1100m: 14:14.36	39.61
	350m: 4:26.60 38.93	750m: 9:36.88	38.80	1150m: 14:54.11	39.75
	400m: 5:05.20 38.60	800m: 10:16.40	39.52	1200m: 15:34.18	40.07

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
17.	Bernardo Afonso Guedelha	09	Benfica	<b>19:43.13</b>	366
	50m: 37.39 37.39	450m: 5:55.92 39.97	850m: 11:15.24 39.62	1250m: 16:31.10 39.60	
	100m: 1:16.08 38.69	500m: 6:36.61 40.69	900m: 11:54.80 39.56	1300m: 17:10.53 39.43	
	150m: 1:56.15 40.07	550m: 7:16.14 39.53	950m: 12:34.32 39.52	1350m: 17:49.50 38.97	
	200m: 2:36.41 40.26	600m: 7:55.81 39.67	1000m: 13:13.91 39.59	1400m: 18:28.71 39.21	
	250m: 3:16.56 40.15	650m: 8:35.58 39.77	1050m: 13:53.01 39.10	1450m: 19:07.37 38.66	
	300m: 3:56.29 39.73	700m: 9:15.72 40.14	1100m: 14:32.66 39.65	1500m: 19:43.13 35.76	
	350m: 4:36.31 40.02	750m: 9:55.26 39.54	1150m: 15:12.32 39.66		
	400m: 5:15.95 39.64	800m: 10:35.62 40.36	1200m: 15:51.50 39.18		
18.	Afonso Cunha Amaral	09	Alges	<b>19:43.72</b>	366
	50m: 35.38 35.38	450m: 5:51.14 40.27	850m: 11:09.58 40.08	1250m: 16:29.54 39.83	
	100m: 1:13.29 37.91	500m: 6:30.29 39.15	900m: 11:48.32 38.74	1300m: 17:08.84 39.30	
	150m: 1:52.24 38.95	550m: 7:09.76 39.47	950m: 12:28.76 40.44	1350m: 17:48.83 39.99	
	200m: 2:31.54 39.30	600m: 7:49.38 39.62	1000m: 13:08.99 40.23	1400m: 18:28.03 39.20	
	250m: 3:11.06 39.52	650m: 8:28.80 39.42	1050m: 13:49.30 40.31	1450m: 19:07.73 39.70	
	300m: 3:50.86 39.80	700m: 9:08.92 40.12	1100m: 14:29.33 40.03	1500m: 19:43.72 35.99	
	350m: 4:30.47 39.61	750m: 9:49.52 40.60	1150m: 15:09.82 40.49		
	400m: 5:10.87 40.40	800m: 10:29.50 39.98	1200m: 15:49.71 39.89		
19.	Rodrigo Duarte Narigueta	09	Palmela Desporto	<b>19:46.23</b>	363
	50m: 36.18 36.18	450m: 5:45.64 39.37	850m: 11:04.12 40.33	1250m: 16:26.76 40.56	
	100m: 1:13.22 37.04	500m: 6:24.96 39.32	900m: 11:44.36 40.24	1300m: 17:07.60 40.84	
	150m: 1:51.26 38.04	550m: 7:04.14 39.18	950m: 12:24.40 40.04	1350m: 17:48.32 40.72	
	200m: 2:29.55 38.29	600m: 7:44.19 40.05	1000m: 13:04.53 40.13	1400m: 18:28.39 40.07	
	250m: 3:08.55 39.00	650m: 8:23.75 39.56	1050m: 13:44.74 40.21	1450m: 19:07.72 39.33	
	300m: 3:47.35 38.80	700m: 9:03.56 39.81	1100m: 14:25.09 40.35	1500m: 19:46.23 38.51	
	350m: 4:26.78 39.43	750m: 9:43.74 40.18	1150m: 15:05.73 40.64		
	400m: 5:06.27 39.49	800m: 10:23.79 40.05	1200m: 15:46.20 40.47		
20.	Goncalo Tapadas Marques	10	Colegio Int Monte Maior	<b>19:51.87</b>	358
	50m: 37.74 37.74	450m: 5:59.18 39.97	850m: 11:20.34 40.31	1250m: 16:37.96 40.19	
	100m: 1:17.54 39.80	500m: 6:39.33 40.15	900m: 11:59.71 39.37	1300m: 17:17.41 39.45	
	150m: 1:57.70 40.16	550m: 7:19.52 40.19	950m: 12:39.72 40.01	1350m: 17:57.33 39.92	
	200m: 2:37.85 40.15	600m: 7:59.14 39.62	1000m: 13:18.99 39.27	1400m: 18:36.82 39.49	
	250m: 3:18.51 40.66	650m: 8:38.57 39.43	1050m: 13:58.83 39.84	1450m: 19:16.12 39.30	
	300m: 3:58.49 39.98	700m: 9:19.01 40.44	1100m: 14:39.06 40.23	1500m: 19:51.87 35.75	
	350m: 4:38.50 40.01	750m: 9:59.35 40.34	1150m: 15:18.38 39.32		
	400m: 5:19.21 40.71	800m: 10:40.03 40.68	1200m: 15:57.77 39.39		
21.	Antonio Carimbo Godinho	10	Fisica Torres Vedras	<b>19:52.33</b>	358
	50m: 37.69 37.69	450m: 5:54.78 39.55	850m: 11:16.33 40.33	1250m: 16:37.23 40.18	
	100m: 1:17.48 39.79	500m: 6:34.72 39.94	900m: 11:56.41 40.08	1300m: 17:17.79 40.56	
	150m: 1:56.96 39.48	550m: 7:14.92 40.20	950m: 12:36.67 40.26	1350m: 17:57.88 40.09	
	200m: 2:36.26 39.30	600m: 7:54.66 39.74	1000m: 13:16.76 40.09	1400m: 18:37.11 39.23	
	250m: 3:15.72 39.46	650m: 8:35.45 40.79	1050m: 13:56.62 39.86	1450m: 19:16.69 39.58	
	300m: 3:55.67 39.95	700m: 9:15.85 40.40	1100m: 14:36.90 40.28	1500m: 19:52.33 35.64	
	350m: 4:35.58 39.91	750m: 9:55.60 39.75	1150m: 15:16.98 40.08		
	400m: 5:15.23 39.65	800m: 10:36.00 40.40	1200m: 15:57.05 40.07		
22.	Gustavo Branco Silva	09	Geslours	<b>19:56.52</b>	354
	50m: 37.23 37.23	450m: 5:53.69 39.64	850m: 11:15.48 40.09	1250m: 16:39.34 40.78	
	100m: 1:16.00 38.77	500m: 6:33.87 40.18	900m: 11:55.94 40.46	1300m: 17:19.99 40.65	
	150m: 1:55.22 39.22	550m: 7:13.84 39.97	950m: 12:36.51 40.57	1350m: 18:00.04 40.05	
	200m: 2:34.70 39.48	600m: 7:53.67 39.83	1000m: 13:16.78 40.27	1400m: 18:39.66 39.62	
	250m: 3:14.25 39.55	650m: 8:34.08 40.41	1050m: 13:57.40 40.62	1450m: 19:18.50 38.84	
	300m: 3:54.30 40.05	700m: 9:14.36 40.28	1100m: 14:37.85 40.45	1500m: 19:56.52 38.02	
	350m: 4:34.04 39.74	750m: 9:55.12 40.76	1150m: 15:18.17 40.32		
	400m: 5:14.05 40.01	800m: 10:35.39 40.27	1200m: 15:58.56 40.39		
23.	Neil Merad	10	Benfica	<b>19:59.30</b>	352
	50m: 35.16 35.16	450m: 5:50.69 40.73	850m: 11:12.56 40.32	1250m: 16:38.22 39.79	
	100m: 1:12.61 37.45	500m: 6:30.50 39.81	900m: 11:52.71 40.15	1300m: 17:18.51 40.29	
	150m: 1:51.70 39.09	550m: 7:10.78 40.28	950m: 12:32.68 39.97	1350m: 17:59.36 40.85	
	200m: 2:30.50 38.80	600m: 7:50.55 39.77	1000m: 13:13.52 40.84	1400m: 18:40.37 41.01	
	250m: 3:10.10 39.60	650m: 8:30.91 40.36	1050m: 13:53.85 40.33	1450m: 19:20.76 40.39	
	300m: 3:49.62 39.52	700m: 9:11.97 41.06	1100m: 14:34.67 40.82	1500m: 19:59.30 38.54	
	350m: 4:29.81 40.19	750m: 9:51.79 39.82	1150m: 15:16.46 41.79		
	400m: 5:09.96 40.15	800m: 10:32.24 40.45	1200m: 15:58.43 41.97		
24.	David Emanuel Tome	09	Geslours	<b>20:00.85</b>	350
	50m: 37.04 37.04	450m: 5:51.13 39.27	850m: 11:12.25 40.65	1250m: 16:36.27 40.12	
	100m: 1:16.40 39.36	500m: 6:31.31 40.18	900m: 11:52.50 40.25	1300m: 17:17.47 41.20	
	150m: 1:56.14 39.74	550m: 7:11.27 39.96	950m: 12:33.53 41.03	1350m: 17:59.22 41.75	
	200m: 2:35.37 39.23	600m: 7:51.62 40.35	1000m: 13:13.93 40.40	1400m: 18:40.79 41.57	
	250m: 3:14.36 38.99	650m: 8:31.20 39.58	1050m: 13:54.59 40.66	1450m: 19:21.85 41.06	
	300m: 3:53.45 39.09	700m: 9:11.69 40.49	1100m: 14:35.09 40.50	1500m: 20:00.85 39.00	
	350m: 4:33.14 39.69	750m: 9:51.99 40.30	1150m: 15:15.70 40.61		
	400m: 5:11.86 38.72	800m: 10:31.60 39.61	1200m: 15:56.15 40.45		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
25.	Martim Marino Brilha	10	Vikings	<b>20:01.78</b>	349
	50m: 37.27 37.27	450m: 5:58.23 40.29	850m: 11:19.87 40.03	1250m: 16:41.45 40.03	
	100m: 1:16.14 38.87	500m: 6:38.43 40.20	900m: 11:59.60 39.73	1300m: 17:22.63 41.18	
	150m: 1:55.95 39.81	550m: 7:18.88 40.45	950m: 12:39.72 40.12	1350m: 18:03.25 40.62	
	200m: 2:36.06 40.11	600m: 7:59.56 40.68	1000m: 13:20.73 41.01	1400m: 18:44.61 41.36	
	250m: 3:16.17 40.11	650m: 8:39.64 40.08	1050m: 14:00.43 39.70	1450m: 19:24.62 40.01	
	300m: 3:56.77 40.60	700m: 9:19.49 39.85	1100m: 14:40.63 40.20	1500m: 20:01.78 37.16	
	350m: 4:37.64 40.87	750m: 9:59.90 40.41	1150m: 15:20.65 40.02		
	400m: 5:17.94 40.30	800m: 10:39.84 39.94	1200m: 16:01.42 40.77		
26.	Francisco Gabriel Freitas	09	Geslours	<b>20:02.71</b>	349
	50m: 36.77 36.77	450m: 5:52.55 39.97	850m: 11:15.95 41.18	1250m: 16:42.45 40.85	
	100m: 1:14.71 37.94	500m: 6:32.65 40.10	900m: 11:56.37 40.42	1300m: 17:23.32 40.87	
	150m: 1:53.52 38.81	550m: 7:13.31 40.66	950m: 12:37.30 40.93	1350m: 18:04.36 41.04	
	200m: 2:32.94 39.42	600m: 7:53.00 39.69	1000m: 13:17.62 40.32	1400m: 18:45.48 41.12	
	250m: 3:12.55 39.61	650m: 8:33.63 40.63	1050m: 13:58.51 40.89	1450m: 19:25.56 40.08	
	300m: 3:52.09 39.54	700m: 9:14.06 40.43	1100m: 14:39.28 40.77	1500m: 20:02.71 37.15	
	350m: 4:32.09 40.00	750m: 9:54.15 40.09	1150m: 15:19.88 40.60		
	400m: 5:12.58 40.49	800m: 10:34.77 40.62	1200m: 16:01.60 41.72		
27.	Daniel Alexandre Lourenço	09	Sporting	<b>20:05.52</b>	346
	50m: 37.32 37.32	450m: 5:56.99 40.41	850m: 11:20.46 40.38	1250m: 16:45.91 41.42	
	100m: 1:16.63 39.31	500m: 6:37.33 40.34	900m: 12:01.13 40.67	1300m: 17:27.65 41.74	
	150m: 1:56.57 39.94	550m: 7:17.89 40.56	950m: 12:41.02 39.89	1350m: 18:08.13 40.48	
	200m: 2:36.15 39.58	600m: 7:57.98 40.09	1000m: 13:21.68 40.66	1400m: 18:49.14 41.01	
	250m: 3:15.96 39.81	650m: 8:38.12 40.14	1050m: 14:02.66 40.98	1450m: 19:29.41 40.27	
	300m: 3:56.15 40.19	700m: 9:18.96 40.84	1100m: 14:43.13 40.47	1500m: 20:05.52 36.11	
	350m: 4:36.23 40.08	750m: 9:59.51 40.55	1150m: 15:23.52 40.39		
	400m: 5:16.58 40.35	800m: 10:40.08 40.57	1200m: 16:04.49 40.97		
28.	Martim Abalada Vilaca	09	AONDA - Azeitão	<b>20:07.60</b>	344
	50m: 36.14 36.14	450m: 6:00.62 41.20	850m: 11:24.76 40.69	1250m: 16:47.20 39.81	
	100m: 1:16.14 40.00	500m: 6:40.27 39.65	900m: 12:06.02 41.26	1300m: 17:28.41 41.21	
	150m: 1:57.91 41.77	550m: 7:20.85 40.58	950m: 12:45.65 39.63	1350m: 18:08.96 40.55	
	200m: 2:38.47 40.56	600m: 8:02.13 41.28	1000m: 13:26.55 40.90	1400m: 18:49.83 40.87	
	250m: 3:18.36 39.89	650m: 8:43.08 40.95	1050m: 14:05.96 39.41	1450m: 19:29.71 39.88	
	300m: 3:58.98 40.62	700m: 9:22.76 39.68	1100m: 14:47.06 41.10	1500m: 20:07.60 37.89	
	350m: 4:39.73 40.75	750m: 10:02.88 40.12	1150m: 15:26.50 39.44		
	400m: 5:19.42 39.69	800m: 10:44.07 41.19	1200m: 16:07.39 40.89		
29.	Rodrigo Arga Paiva	09	Geslours	<b>20:09.22</b>	343
	50m: 36.15 36.15	450m: 5:52.45 40.70	850m: 11:17.32 41.70	1250m: 16:47.30 41.22	
	100m: 1:14.75 38.60	500m: 6:32.68 40.23	900m: 11:58.24 40.92	1300m: 17:28.44 41.14	
	150m: 1:53.73 38.98	550m: 7:13.12 40.44	950m: 12:39.86 41.62	1350m: 18:09.24 40.80	
	200m: 2:33.05 39.32	600m: 7:53.43 40.31	1000m: 13:20.99 41.13	1400m: 18:50.45 41.21	
	250m: 3:12.65 39.60	650m: 8:33.54 40.11	1050m: 14:02.65 41.66	1450m: 19:30.83 40.38	
	300m: 3:52.48 39.83	700m: 9:14.48 40.94	1100m: 14:43.72 41.07	1500m: 20:09.22 38.39	
	350m: 4:32.12 39.64	750m: 9:55.55 41.07	1150m: 15:24.92 41.20		
	400m: 5:11.75 39.63	800m: 10:35.62 40.07	1200m: 16:06.08 41.16		
30.	Miguel Ratinho Rocha	09	Naval Setubalense	<b>20:09.89</b>	342
	50m: 37.88 37.88	450m: 6:05.81 41.26	850m: 11:32.07 39.89	1250m: 16:52.85 40.34	
	100m: 1:17.92 40.04	500m: 6:47.04 41.23	900m: 12:11.60 39.53	1300m: 17:32.29 39.44	
	150m: 1:58.94 41.02	550m: 7:27.88 40.84	950m: 12:51.61 40.01	1350m: 18:12.59 40.30	
	200m: 2:40.37 41.43	600m: 8:09.29 41.41	1000m: 13:31.95 40.34	1400m: 18:52.80 40.21	
	250m: 3:21.59 41.22	650m: 8:50.57 41.28	1050m: 14:11.93 39.98	1450m: 19:32.45 39.65	
	300m: 4:02.92 41.33	700m: 9:31.65 41.08	1100m: 14:51.75 39.82	1500m: 20:09.89 37.44	
	350m: 4:43.69 40.77	750m: 10:12.27 40.62	1150m: 15:31.97 40.22		
	400m: 5:24.55 40.86	800m: 10:52.18 39.91	1200m: 16:12.51 40.54		
31.	Tomas Rodrigues Oliveira	10	Fisica Torres Vedras	<b>20:12.03</b>	341
	50m: 38.12 38.12	450m: 6:02.48 40.18	850m: 11:30.32 40.84	1250m: 16:55.78 40.57	
	100m: 1:17.87 39.75	500m: 6:43.54 41.06	900m: 12:11.12 40.80	1300m: 17:32.18 40.40	
	150m: 1:58.53 40.66	550m: 7:24.56 41.02	950m: 12:52.41 41.29	1350m: 18:16.90 40.72	
	200m: 2:39.08 40.55	600m: 8:05.21 40.65	1000m: 13:32.85 40.44	1400m: 18:57.40 40.50	
	250m: 3:19.69 40.61	650m: 8:46.57 41.36	1050m: 14:13.02 40.17	1450m: 19:37.53 40.13	
	300m: 4:00.39 40.70	700m: 9:27.33 40.76	1100m: 14:53.18 40.16	1500m: 20:12.03 34.50	
	350m: 4:41.21 40.82	750m: 10:08.25 40.92	1150m: 15:33.91 40.73		
	400m: 5:22.30 41.09	800m: 10:49.48 41.23	1200m: 16:15.21 41.30		
32.	Tomas Pires Oliveira	09	Colegio Int Monte Maior	<b>20:14.44</b>	339
	50m: 37.14 37.14	450m: 6:03.64 39.81	850m: 11:25.43 40.26	1250m: 16:51.98 40.84	
	100m: 1:17.01 39.87	500m: 6:43.97 40.33	900m: 12:06.03 40.60	1300m: 17:32.78 40.80	
	150m: 1:58.15 41.14	550m: 7:23.89 39.92	950m: 12:46.78 40.75	1350m: 18:13.65 40.87	
	200m: 2:39.25 41.10	600m: 8:04.44 40.55	1000m: 13:27.85 41.07	1400m: 18:54.41 40.76	
	250m: 3:20.44 41.19	650m: 8:44.16 39.72	1050m: 14:08.67 40.82	1450m: 19:35.32 40.91	
	300m: 4:01.93 41.49	700m: 9:24.22 40.06	1100m: 14:49.33 40.66	1500m: 20:14.44 39.12	
	350m: 4:42.98 41.05	750m: 10:04.60 40.38	1150m: 15:30.26 40.93		
	400m: 5:23.83 40.85	800m: 10:45.17 40.57	1200m: 16:11.14 40.88		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts			
33.	Andre Huang	10	Gesloures	<b>20:19.58</b>	334			
	50m: 37.20	37.20	450m: 6:04.83	41.00	850m: 11:31.09	41.20	1250m: 16:58.91	41.03
	100m: 1:18.01	40.81	500m: 6:45.90	41.07	900m: 12:12.08	40.99	1300m: 17:39.63	40.72
	150m: 1:59.26	41.25	550m: 7:27.03	41.13	950m: 12:53.51	41.43	1350m: 18:20.24	40.61
	200m: 2:39.29	40.03	600m: 8:07.16	40.13	1000m: 13:34.86	41.35	1400m: 19:01.98	41.74
	250m: 3:20.23	40.94	650m: 8:48.16	41.00	1050m: 14:15.40	40.54	1450m: 19:42.30	40.32
	300m: 4:01.33	41.10	700m: 9:29.66	41.50	1100m: 14:56.69	41.29	1500m: 20:19.58	37.28
	350m: 4:42.96	41.63	750m: 10:10.12	40.46	1150m: 15:36.47	39.78		
	400m: 5:23.83	40.87	800m: 10:49.89	39.77	1200m: 16:17.88	41.41		
34.	Manuel Maria Santos	10	Colegio Int Monte Maior	<b>20:22.15</b>	332			
	50m: 37.74	37.74	450m: 6:00.10	40.78	850m: 11:28.13	41.19	1250m: 16:58.44	41.87
	100m: 1:16.70	38.96	500m: 6:40.37	40.27	900m: 12:09.18	41.05	1300m: 17:40.32	41.88
	150m: 1:56.60	39.90	550m: 7:21.14	40.77	950m: 12:50.47	41.29	1350m: 18:21.54	41.22
	200m: 2:36.85	40.25	600m: 8:02.27	41.13	1000m: 13:31.75	41.28	1400m: 19:03.40	41.86
	250m: 3:16.78	39.93	650m: 8:43.13	40.86	1050m: 14:12.90	41.15	1450m: 19:44.35	40.95
	300m: 3:57.68	40.90	700m: 9:24.07	40.94	1100m: 14:53.13	40.23	1500m: 20:22.15	37.80
	350m: 4:38.23	40.55	750m: 10:05.92	41.85	1150m: 15:34.71	41.58		
	400m: 5:19.32	41.09	800m: 10:46.94	41.02	1200m: 16:16.57	41.86		
35.	Rodrigo Ferrao Dias	10	Sporting	<b>20:22.28</b>	332			
	50m: 38.82	38.82	450m: 6:07.40	41.06	850m: 11:37.70	42.26	1250m: 17:07.05	41.59
	100m: 1:19.51	40.69	500m: 6:48.64	41.24	900m: 12:18.74	41.04	1300m: 17:47.28	40.23
	150m: 2:00.92	41.41	550m: 7:30.47	41.83	950m: 12:59.36	40.62	1350m: 18:28.18	40.90
	200m: 2:41.51	40.59	600m: 8:11.63	41.16	1000m: 13:40.84	41.48	1400m: 19:08.75	40.57
	250m: 3:23.31	41.80	650m: 8:52.94	41.31	1050m: 14:22.22	41.38	1450m: 19:47.63	38.88
	300m: 4:04.38	41.07	700m: 9:34.07	41.13	1100m: 15:02.99	40.77	1500m: 20:22.28	34.65
	350m: 4:45.57	41.19	750m: 10:15.30	41.23	1150m: 15:43.62	40.63		
	400m: 5:26.34	40.77	800m: 10:55.44	40.14	1200m: 16:25.46	41.84		
36.	Miguel Filipe Medronheira	09	Palmela Desporto	<b>20:27.87</b>	328			
	50m: 36.55	36.55	450m: 5:59.93	41.03	850m: 11:29.36	41.13	1250m: 17:03.86	42.44
	100m: 1:15.31	38.76	500m: 6:41.29	41.36	900m: 12:10.58	41.22	1300m: 17:45.66	41.80
	150m: 1:55.06	39.75	550m: 7:22.23	40.94	950m: 12:52.13	41.55	1350m: 18:26.93	41.27
	200m: 2:35.86	40.80	600m: 8:03.03	40.80	1000m: 13:33.73	41.60	1400m: 19:08.64	41.71
	250m: 3:16.36	40.50	650m: 8:44.49	41.46	1050m: 14:15.50	41.77	1450m: 19:49.46	40.82
	300m: 3:56.99	40.63	700m: 9:25.66	41.17	1100m: 14:57.01	41.51	1500m: 20:27.87	38.41
	350m: 4:37.85	40.86	750m: 10:07.02	41.36	1150m: 15:39.47	42.46		
	400m: 5:18.90	41.05	800m: 10:48.23	41.21	1200m: 16:21.42	41.95		
37.	Joao Pedro Sousa	09	Gesloures	<b>20:29.06</b>	327			
	50m: 37.35	37.35	450m: 5:58.35	40.94	850m: 11:31.36	41.92	1250m: 17:08.80	42.37
	100m: 1:15.96	38.61	500m: 6:39.69	41.34	900m: 12:13.25	41.89	1300m: 17:49.00	42.20
	150m: 1:55.50	39.54	550m: 7:21.43	41.74	950m: 12:55.43	42.18	1350m: 18:30.78	41.78
	200m: 2:35.15	39.65	600m: 8:02.93	41.50	1000m: 13:37.25	41.82	1400m: 19:12.04	41.26
	250m: 3:15.60	40.45	650m: 8:45.51	42.58	1050m: 14:19.26	42.01	1450m: 19:52.13	40.09
	300m: 3:55.89	40.29	700m: 9:26.67	41.16	1100m: 15:00.86	41.60	1500m: 20:29.06	36.93
	350m: 4:36.26	40.37	750m: 10:08.00	41.33	1150m: 15:42.56	41.70		
	400m: 5:17.41	41.15	800m: 10:49.44	41.44	1200m: 16:24.43	41.87		
38.	Guilherme Valente Pereira	10	Colegio Int Monte Maior	<b>20:31.46</b>	325			
	50m: 38.82	38.82	450m: 6:03.10	41.04	850m: 11:35.20	41.49	1250m: 17:08.65	41.41
	100m: 1:19.01	40.19	500m: 6:44.60	41.50	900m: 12:16.46	41.26	1300m: 17:49.86	41.21
	150m: 1:58.98	39.97	550m: 7:26.32	41.72	950m: 12:58.48	42.02	1350m: 18:31.14	41.28
	200m: 2:39.44	40.46	600m: 8:07.74	41.42	1000m: 13:39.88	41.40	1400m: 19:12.03	40.89
	250m: 3:19.88	40.44	650m: 8:49.39	41.65	1050m: 14:22.01	42.13	1450m: 19:53.02	40.99
	300m: 4:00.72	40.84	700m: 9:31.33	41.94	1100m: 15:04.23	42.22	1500m: 20:31.46	38.44
	350m: 4:41.48	40.76	750m: 10:12.69	41.36	1150m: 15:46.03	41.80		
	400m: 5:22.06	40.58	800m: 10:53.71	41.02	1200m: 16:27.24	41.21		
39.	Afonso Manuel Gomes	10	Sporting	<b>20:42.37</b>	316			
	50m: 38.20	38.20	450m: 6:11.67	42.41	850m: 11:47.31	41.98	1250m: 17:19.52	41.41
	100m: 1:18.68	40.48	500m: 6:53.61	41.94	900m: 12:28.87	41.56	1300m: 18:00.97	41.45
	150m: 1:59.91	41.23	550m: 7:35.93	42.32	950m: 13:10.65	41.78	1350m: 18:42.10	41.13
	200m: 2:40.89	40.98	600m: 8:17.58	41.65	1000m: 13:52.34	41.69	1400m: 19:23.10	41.00
	250m: 3:22.73	41.84	650m: 8:59.85	42.27	1050m: 14:33.62	41.28	1450m: 20:03.67	40.57
	300m: 4:04.55	41.82	700m: 9:42.05	42.20	1100m: 15:14.97	41.35	1500m: 20:42.37	38.70
	350m: 4:46.84	42.29	750m: 10:24.05	42.00	1150m: 15:56.68	41.71		
	400m: 5:29.26	42.42	800m: 11:05.33	41.28	1200m: 16:38.11	41.43		
40.	Angelo Carvalho Interlandi	09	Alges	<b>20:47.06</b>	313			
	50m: 40.57	40.57	450m: 6:21.54	42.02	850m: 11:58.97	42.02	1250m: 17:30.70	40.85
	100m: 1:22.27	41.70	500m: 7:04.35	42.81	900m: 12:41.20	42.23	1300m: 18:11.39	40.69
	150m: 2:04.83	42.56	550m: 7:46.44	42.09	950m: 13:22.75	41.55	1350m: 18:51.48	40.09
	200m: 2:47.76	42.93	600m: 8:28.81	42.37	1000m: 14:04.29	41.54	1400m: 19:31.32	39.84
	250m: 3:30.40	42.64	650m: 9:11.01	42.20	1050m: 14:45.78	41.49	1450m: 20:10.82	39.50
	300m: 4:12.93	42.53	700m: 9:52.25	41.24	1100m: 15:27.07	41.29	1500m: 20:47.06	36.24
	350m: 4:56.05	43.12	750m: 10:35.04	42.79	1150m: 16:08.35	41.28		
	400m: 5:39.52	43.47	800m: 11:16.95	41.91	1200m: 16:49.85	41.50		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
41.	Santiago Castanheira Martins	09	CPCD - Póvoa Sta Iria	<b>20:53.77</b>	308
	50m: 39.39 39.39	450m: 6:21.24 42.35	850m: 11:59.18 42.43	1250m: 17:32.36 39.52	
	100m: 1:21.72 42.33	500m: 7:04.36 43.12	900m: 12:40.91 41.73	1300m: 18:12.87 40.51	
	150m: 2:04.71 42.99	550m: 7:47.52 43.16	950m: 13:22.82 41.91	1350m: 18:53.07 40.20	
	200m: 2:47.27 42.56	600m: 8:29.50 41.98	1000m: 14:04.10 41.28	1400m: 19:34.05 40.98	
	250m: 3:29.83 42.56	650m: 9:11.13 41.63	1050m: 14:45.81 41.71	1450m: 20:14.37 40.32	
	300m: 4:12.86 43.03	700m: 9:53.69 42.56	1100m: 15:27.31 41.50	1500m: 20:53.77 39.40	
	350m: 4:55.90 43.04	750m: 10:36.27 42.58	1150m: 16:09.86 42.55		
	400m: 5:38.89 42.99	800m: 11:16.75 40.48	1200m: 16:52.84 42.98		
42.	Rui Melo Pereira	09	Benfica	<b>20:55.39</b>	306
	50m: 37.76 37.76	450m: 6:09.92 42.15	850m: 11:50.94 43.36	1250m: 17:30.64 41.73	
	100m: 1:18.50 40.74	500m: 6:51.73 41.81	900m: 12:34.11 43.17	1300m: 18:12.53 41.89	
	150m: 2:00.01 41.51	550m: 7:33.70 41.97	950m: 13:16.91 42.80	1350m: 18:55.19 42.66	
	200m: 2:41.28 41.27	600m: 8:16.44 42.74	1000m: 13:58.98 42.07	1400m: 19:36.93 41.74	
	250m: 3:22.46 41.18	650m: 8:59.14 42.70	1050m: 14:41.05 42.07	1450m: 20:17.65 40.72	
	300m: 4:04.46 42.00	700m: 9:41.48 42.34	1100m: 15:23.32 42.27	1500m: 20:55.39 37.74	
	350m: 4:45.22 40.76	750m: 10:24.70 43.22	1150m: 16:05.64 42.32		
	400m: 5:27.77 42.55	800m: 11:07.58 42.88	1200m: 16:48.91 43.27		
43.	Diogo Soares Marques	09	Alges	<b>20:55.82</b>	306
	50m: 39.71 39.71	450m: 6:18.38 41.78	850m: 11:53.77 41.94	1250m: 17:28.69 42.49	
	100m: 1:21.81 42.10	500m: 7:00.47 42.09	900m: 12:36.39 42.62	1300m: 18:10.55 41.86	
	150m: 2:04.38 42.57	550m: 7:42.49 42.02	950m: 13:17.90 41.51	1350m: 18:52.59 42.04	
	200m: 2:47.36 42.98	600m: 8:24.41 41.92	1000m: 13:59.45 41.55	1400m: 19:34.78 42.19	
	250m: 3:29.66 42.30	650m: 9:06.49 42.08	1050m: 14:41.32 41.87	1450m: 20:16.54 41.76	
	300m: 4:12.43 42.77	700m: 9:48.39 41.90	1100m: 15:23.03 41.71	1500m: 20:55.82 39.28	
	350m: 4:54.53 42.10	750m: 10:30.03 41.64	1150m: 16:04.68 41.65		
	400m: 5:36.60 42.07	800m: 11:11.83 41.80	1200m: 16:46.20 41.52		
44.	Francisco Reis Pinto	10	Alges	<b>20:58.48</b>	304
	50m: 38.13 38.13	450m: 6:08.22 41.61	850m: 11:48.83 41.01	1250m: 17:28.93 42.50	
	100m: 1:18.86 40.73	500m: 6:51.48 43.26	900m: 12:31.72 42.89	1300m: 18:13.89 40.96	
	150m: 1:58.99 40.13	550m: 7:34.68 43.20	950m: 13:14.75 43.03	1350m: 18:55.32 41.43	
	200m: 2:40.43 41.44	600m: 8:16.23 41.55	1000m: 13:58.71 43.96	1400m: 19:38.43 43.11	
	250m: 3:21.19 40.76	650m: 8:58.99 42.76	1050m: 14:41.38 42.67	1450m: 20:18.14 39.71	
	300m: 4:03.12 41.93	700m: 9:41.57 42.58	1100m: 15:24.38 43.00	1500m: 20:58.48 40.34	
	350m: 4:44.89 41.77	750m: 10:23.92 42.35	1150m: 16:07.29 42.91		
	400m: 5:26.61 41.72	800m: 11:07.82 43.90	1200m: 16:50.43 43.14		
45.	Andre Raposo Pinheiro	09	AONDA - Azeitão	<b>20:59.23</b>	304
	50m: 38.46 38.46	450m: 6:13.70 42.99	850m: 11:54.61 40.38	1250m: 17:32.07 41.81	
	100m: 1:19.22 40.76	500m: 6:56.90 43.20	900m: 12:37.39 42.78	1300m: 18:14.57 42.50	
	150m: 2:00.60 41.38	550m: 7:38.80 41.90	950m: 13:19.47 42.08	1350m: 18:56.25 41.68	
	200m: 2:41.90 41.30	600m: 8:22.43 43.63	1000m: 14:00.90 41.43	1400m: 19:37.82 41.57	
	250m: 3:24.00 42.10	650m: 9:04.99 42.56	1050m: 14:43.15 42.25	1450m: 20:19.08 41.26	
	300m: 4:06.85 42.85	700m: 9:48.66 43.67	1100m: 15:25.68 42.53	1500m: 20:59.23 40.15	
	350m: 4:48.51 41.66	750m: 10:31.16 42.50	1150m: 16:07.36 41.68		
	400m: 5:30.71 42.20	800m: 11:14.23 43.07	1200m: 16:50.26 42.90		
46.	Duarte Afonso Leite	09	Laranjeiro	<b>20:59.82</b>	303
	50m: 39.81 39.81	450m: 6:21.00 42.88	850m: 11:59.48 42.49	1250m: 17:38.43 42.56	
	100m: 1:22.11 42.30	500m: 7:04.44 43.44	900m: 12:42.35 42.87	1300m: 18:19.97 41.54	
	150m: 2:05.49 43.38	550m: 7:46.50 42.06	950m: 13:24.56 42.21	1350m: 19:01.24 41.27	
	200m: 2:48.20 42.71	600m: 8:28.32 41.82	1000m: 14:07.02 42.46	1400m: 19:42.16 40.92	
	250m: 3:30.34 42.14	650m: 9:10.74 42.42	1050m: 14:49.31 42.29	1450m: 20:22.64 40.48	
	300m: 4:13.34 43.00	700m: 9:52.18 41.44	1100m: 15:31.56 42.25	1500m: 20:59.82 37.18	
	350m: 4:55.60 42.26	750m: 10:34.44 42.26	1150m: 16:13.71 42.15		
	400m: 5:38.12 42.52	800m: 11:16.99 42.55	1200m: 16:55.87 42.16		
47.	Tomas Ricardo Freire	10	Sporting	<b>21:07.95</b>	297
	50m: 38.52 38.52	450m: 6:12.72 42.22	850m: 11:52.38 42.92	1250m: 17:34.51 43.04	
	100m: 1:18.95 40.43	500m: 6:55.39 42.67	900m: 12:34.35 41.97	1300m: 18:17.46 42.95	
	150m: 2:00.39 41.44	550m: 7:37.60 42.21	950m: 13:17.01 42.66	1350m: 19:00.27 42.81	
	200m: 2:42.35 41.96	600m: 8:20.16 42.56	1000m: 13:59.70 42.69	1400m: 19:44.01 43.74	
	250m: 3:23.74 41.39	650m: 9:01.81 41.65	1050m: 14:42.75 43.05	1450m: 20:26.75 42.74	
	300m: 4:05.98 42.24	700m: 9:44.96 43.15	1100m: 15:25.36 42.61	1500m: 21:07.95 41.20	
	350m: 4:47.85 41.87	750m: 10:27.16 42.20	1150m: 16:08.54 43.18		
	400m: 5:30.50 42.65	800m: 11:09.46 42.30	1200m: 16:51.47 42.93		
48.	Diogo Alves Castro	10	Alges	<b>21:16.79</b>	291
	50m: 38.04 38.04	450m: 6:18.99 43.48	850m: 12:02.59 42.80	1250m: 17:45.85 43.17	
	100m: 1:18.48 40.44	500m: 7:02.15 43.16	900m: 12:45.45 42.86	1300m: 18:29.11 43.26	
	150m: 2:00.04 41.56	550m: 7:44.95 42.80	950m: 13:28.08 42.63	1350m: 19:12.23 43.12	
	200m: 2:43.22 43.18	600m: 8:28.19 43.24	1000m: 14:10.99 42.91	1400m: 19:55.11 42.88	
	250m: 3:26.19 42.97	650m: 9:11.13 42.94	1050m: 14:53.78 42.79	1450m: 20:37.10 41.99	
	300m: 4:09.10 42.91	700m: 9:54.12 42.99	1100m: 15:37.19 43.41	1500m: 21:16.79 39.69	
	350m: 4:52.06 42.96	750m: 10:36.90 42.78	1150m: 16:20.03 42.84		
	400m: 5:35.51 43.45	800m: 11:19.79 42.89	1200m: 17:02.68 42.65		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
49.	Guilherme Costa Alves	10	Benfica	<b>21:19.83</b>	289
	50m: 38.51 38.51	450m: 6:23.08 43.23	850m: 12:04.79 42.64	1250m: 17:47.08 43.36	
	100m: 1:20.11 41.60	500m: 7:05.82 42.74	900m: 12:47.53 42.74	1300m: 18:30.38 43.30	
	150m: 2:03.23 43.12	550m: 7:49.06 43.24	950m: 13:30.33 42.80	1350m: 19:13.60 43.22	
	200m: 2:46.06 42.83	600m: 8:31.72 42.66	1000m: 14:12.56 42.23	1400m: 19:55.65 42.05	
	250m: 3:29.63 43.57	650m: 9:13.99 42.27	1050m: 14:55.17 42.61	1450m: 20:38.15 42.50	
	300m: 4:12.65 43.02	700m: 9:56.70 42.71	1100m: 15:37.72 42.55	1500m: 21:19.83 41.68	
	350m: 4:56.29 43.64	750m: 10:39.38 42.68	1150m: 16:21.02 43.30		
	400m: 5:39.85 43.56	800m: 11:22.15 42.77	1200m: 17:03.72 42.70		
50.	Tiago Neres Santo	10	Alges	<b>21:20.31</b>	289
	50m: 41.18 41.18	450m: 6:27.37 43.16	850m: 12:07.16 42.36	1250m: 17:49.54 42.13	
	100m: 1:24.32 43.14	500m: 7:09.84 42.47	900m: 12:50.03 42.87	1300m: 18:30.87 41.33	
	150m: 2:07.45 43.13	550m: 7:52.11 42.27	950m: 13:33.58 43.55	1350m: 19:14.21 43.34	
	200m: 2:51.29 43.84	600m: 8:34.42 42.31	1000m: 14:17.62 44.04	1400m: 19:57.55 43.34	
	250m: 3:33.96 42.67	650m: 9:16.94 42.52	1050m: 15:00.36 42.74	1450m: 20:40.06 42.51	
	300m: 4:17.05 43.09	700m: 10:00.07 43.13	1100m: 15:42.43 42.07	1500m: 21:20.31 40.25	
	350m: 5:00.69 43.64	750m: 10:42.38 42.31	1150m: 16:24.51 42.08		
	400m: 5:44.21 43.52	800m: 11:24.80 42.42	1200m: 17:07.41 42.90		
51.	Martim Goncalves Lopes	10	Geslours	<b>21:21.79</b>	288
	50m: 38.98 38.98	450m: 6:17.28 42.35	850m: 11:59.56 43.20	1250m: 17:49.87 43.92	
	100m: 1:20.36 41.38	500m: 7:00.34 43.06	900m: 12:42.74 43.18	1300m: 18:34.67 44.80	
	150m: 2:02.90 42.54	550m: 7:42.69 42.35	950m: 13:25.98 43.24	1350m: 19:18.72 44.05	
	200m: 2:45.07 42.17	600m: 8:25.51 42.82	1000m: 14:09.97 43.99	1400m: 20:02.34 43.62	
	250m: 3:27.31 42.24	650m: 9:07.29 41.78	1050m: 14:54.42 44.45	1450m: 20:42.94 40.60	
	300m: 4:09.63 42.32	700m: 9:50.51 43.22	1100m: 15:38.04 43.62	1500m: 21:21.79 38.85	
	350m: 4:52.29 42.66	750m: 10:33.35 42.84	1150m: 16:22.26 44.22		
	400m: 5:34.93 42.64	800m: 11:16.36 43.01	1200m: 17:05.95 43.69		
52.	Cristiano Rafael Melnychuk	10	Colégio Vasco da Gama	<b>21:24.87</b>	286
	50m: 40.74 40.74	450m: 6:29.14 43.62	850m: 12:19.33 43.50	1250m: 18:00.28 40.57	
	100m: 1:23.00 42.26	500m: 7:12.96 43.82	900m: 13:03.70 44.37	1300m: 18:42.47 42.19	
	150m: 2:06.17 43.17	550m: 7:56.22 43.26	950m: 13:46.97 43.27	1350m: 19:23.64 41.17	
	200m: 2:49.56 43.39	600m: 8:38.93 42.71	1000m: 14:31.25 44.28	1400m: 20:04.68 41.04	
	250m: 3:33.00 43.44	650m: 9:23.12 44.19	1050m: 15:13.41 42.16	1450m: 20:46.28 41.60	
	300m: 4:16.89 43.89	700m: 10:07.84 44.72	1100m: 15:55.67 42.26	1500m: 21:24.87 38.59	
	350m: 5:00.76 43.87	750m: 10:51.76 43.92	1150m: 16:37.28 41.61		
	400m: 5:45.52 44.76	800m: 11:35.83 44.07	1200m: 17:19.71 42.43		
53.	Miguel Belo Santos	10	Alges	<b>21:29.33</b>	283
	50m: 40.66 40.66	450m: 6:24.19 43.17	850m: 12:12.17 43.74	1250m: 18:01.16 43.41	
	100m: 1:26.53 45.87	500m: 7:06.99 42.80	900m: 12:55.55 43.38	1300m: 18:44.11 42.95	
	150m: 2:08.28 41.75	550m: 7:50.76 43.77	950m: 13:39.51 43.96	1350m: 19:26.83 42.72	
	200m: 2:50.57 42.29	600m: 8:34.05 43.29	1000m: 14:23.45 43.94	1400m: 20:08.96 42.13	
	250m: 3:32.43 41.86	650m: 9:17.94 43.89	1050m: 15:07.64 44.19	1450m: 20:49.71 40.75	
	300m: 4:15.05 42.62	700m: 10:01.39 43.45	1100m: 15:50.98 43.34	1500m: 21:29.33 39.62	
	350m: 4:57.78 42.73	750m: 10:45.21 43.82	1150m: 16:35.01 44.03		
	400m: 5:41.02 43.24	800m: 11:28.43 43.22	1200m: 17:17.75 42.74		
54.	Rafael Carreiras Marques	10	Geslours	<b>21:35.44</b>	279
	50m: 38.20 38.20	450m: 6:18.89 43.65	850m: 12:08.91 43.39	1250m: 18:02.59 44.38	
	100m: 1:18.13 39.93	500m: 7:02.37 43.48	900m: 12:53.28 44.37	1300m: 18:46.51 43.92	
	150m: 1:59.61 41.48	550m: 7:46.82 44.45	950m: 13:37.01 43.73	1350m: 19:30.60 44.09	
	200m: 2:42.20 42.59	600m: 8:30.37 43.55	1000m: 14:20.79 43.78	1400m: 20:14.52 43.92	
	250m: 3:25.87 43.67	650m: 9:14.60 44.23	1050m: 15:04.75 43.96	1450m: 20:55.89 41.37	
	300m: 4:08.91 43.04	700m: 9:58.05 43.45	1100m: 15:49.49 44.74	1500m: 21:35.44 39.55	
	350m: 4:52.31 43.40	750m: 10:41.68 43.63	1150m: 16:34.05 44.56		
	400m: 5:35.24 42.93	800m: 11:25.52 43.84	1200m: 17:18.21 44.16		
55.	Diogo Rodrigues Sousa	10	Alges	<b>21:35.47</b>	279
	50m: 37.90 37.90	450m: 6:14.75 43.13	850m: 12:00.89 43.72	1250m: 17:56.61 44.81	
	100m: 1:18.32 40.42	500m: 6:58.41 43.66	900m: 12:44.79 43.90	1300m: 18:40.91 44.30	
	150m: 1:59.38 41.06	550m: 7:40.63 42.22	950m: 13:28.76 43.97	1350m: 19:25.85 44.94	
	200m: 2:40.86 41.48	600m: 8:23.75 43.12	1000m: 14:13.36 44.60	1400m: 20:10.02 44.17	
	250m: 3:23.52 42.66	650m: 9:06.83 43.08	1050m: 14:57.30 43.94	1450m: 20:53.16 43.14	
	300m: 4:05.68 42.16	700m: 9:50.29 43.46	1100m: 15:42.75 45.45	1500m: 21:35.47 42.31	
	350m: 4:49.18 43.50	750m: 10:33.65 43.36	1150m: 16:27.02 44.27		
	400m: 5:31.62 42.44	800m: 11:17.17 43.52	1200m: 17:11.80 44.78		
56.	Afonso Velada Pereira	10	Sporting	<b>21:42.44</b>	274
	50m: 41.27 41.27	450m: 6:26.17 42.42	850m: 12:16.08 44.22	1250m: 18:09.12 43.75	
	100m: 1:24.75 43.48	500m: 7:09.76 43.59	900m: 13:00.32 44.24	1300m: 18:53.56 44.44	
	150m: 2:07.55 42.80	550m: 7:53.53 43.77	950m: 13:44.02 43.70	1350m: 19:36.97 43.41	
	200m: 2:50.09 42.54	600m: 8:36.95 43.42	1000m: 14:28.38 44.36	1400m: 20:20.13 43.16	
	250m: 3:32.99 42.90	650m: 9:20.55 43.60	1050m: 15:12.33 43.95	1450m: 21:01.88 41.75	
	300m: 4:16.23 43.24	700m: 10:04.09 43.54	1100m: 15:57.45 45.12	1500m: 21:42.44 40.56	
	350m: 5:00.09 43.86	750m: 10:48.23 44.14	1150m: 16:41.94 44.49		
	400m: 5:43.75 43.66	800m: 11:31.86 43.63	1200m: 17:25.37 43.43		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
57.	Tiago Moreira Almeida	10	Salesianos	<b>21:43.54</b>	274
	50m: 38.88 38.88	450m: 6:30.00 43.19	850m: 12:20.29 43.88	1250m: 18:10.13 43.90	
	100m: 1:22.72 43.84	500m: 7:14.16 44.16	900m: 13:03.87 43.58	1300m: 18:54.07 43.94	
	150m: 2:06.92 44.20	550m: 7:57.97 43.81	950m: 13:47.72 43.85	1350m: 19:38.34 44.27	
	200m: 2:50.69 43.77	600m: 8:41.29 43.32	1000m: 14:30.46 42.74	1400m: 20:23.46 45.12	
	250m: 3:34.26 43.57	650m: 9:24.88 43.59	1050m: 15:13.82 43.36	1450m: 21:06.53 43.07	
	300m: 4:18.60 44.34	700m: 10:08.19 43.31	1100m: 15:57.80 43.98	1500m: 21:43.54 37.01	
	350m: 5:02.72 44.12	750m: 10:52.30 44.11	1150m: 16:42.38 44.58		
	400m: 5:46.81 44.09	800m: 11:36.41 44.11	1200m: 17:26.23 43.85		
58.	Joao Alves Mendes	10	Benfica	<b>21:44.89</b>	273
	50m: 40.07 40.07	450m: 6:26.26 43.29	850m: 12:15.23 43.31	1250m: 18:05.14 44.51	
	100m: 1:22.42 42.35	500m: 7:10.21 43.95	900m: 12:58.77 43.54	1300m: 18:49.79 44.65	
	150m: 2:05.46 43.04	550m: 7:53.14 42.93	950m: 13:42.78 44.01	1350m: 19:34.78 44.99	
	200m: 2:48.75 43.29	600m: 8:36.86 43.72	1000m: 14:26.13 43.35	1400m: 20:19.00 44.22	
	250m: 3:32.40 43.65	650m: 9:20.62 43.76	1050m: 15:09.62 43.49	1450m: 21:02.98 43.98	
	300m: 4:15.89 43.49	700m: 10:03.96 43.34	1100m: 15:53.81 44.19	1500m: 21:44.89 41.91	
	350m: 4:59.29 43.40	750m: 10:47.96 44.00	1150m: 16:37.73 43.92		
	400m: 5:42.97 43.68	800m: 11:31.92 43.96	1200m: 17:20.63 42.90		
59.	Henrique Matos Sebroza	10	Gesloures	<b>21:48.90</b>	270
	50m: 39.79 39.79	450m: 6:29.93 44.07	850m: 12:21.33 43.75	1250m: 18:14.06 44.36	
	100m: 1:22.74 42.95	500m: 7:13.70 43.77	900m: 13:05.45 44.12	1300m: 18:58.01 43.95	
	150m: 2:06.27 43.53	550m: 7:57.92 44.22	950m: 13:49.06 43.61	1350m: 19:42.91 44.90	
	200m: 2:50.05 43.78	600m: 8:41.34 43.42	1000m: 14:32.70 43.64	1400m: 20:26.70 43.79	
	250m: 3:33.85 43.80	650m: 9:25.28 43.94	1050m: 15:17.02 44.32	1450m: 21:10.32 43.62	
	300m: 4:18.02 44.17	700m: 10:09.47 44.19	1100m: 16:00.96 43.94	1500m: 21:48.90 38.58	
	350m: 5:02.31 44.29	750m: 10:53.56 44.09	1150m: 16:45.12 44.16		
	400m: 5:45.86 43.55	800m: 11:37.58 44.02	1200m: 17:29.70 44.58		
60.	Jose Luis Assuncao	10	Bombeiros dos Estoris	<b>21:50.01</b>	270
	50m: 40.17 40.17	450m: 6:27.05 43.75	850m: 12:18.38 44.46	1250m: 18:14.13 44.89	
	100m: 1:22.83 42.66	500m: 7:10.75 43.70	900m: 13:02.93 44.55	1300m: 18:58.55 44.42	
	150m: 2:06.46 43.63	550m: 7:53.46 42.71	950m: 13:48.19 45.26	1350m: 19:42.80 44.25	
	200m: 2:49.86 43.40	600m: 8:36.99 43.53	1000m: 14:32.28 44.09	1400m: 20:27.01 44.21	
	250m: 3:33.58 43.72	650m: 9:20.86 43.87	1050m: 15:16.64 44.36	1450m: 21:10.91 43.90	
	300m: 4:16.96 43.38	700m: 10:05.40 44.54	1100m: 16:00.98 44.34	1500m: 21:50.01 39.10	
	350m: 4:59.09 42.13	750m: 10:49.27 43.87	1150m: 16:45.25 44.27		
	400m: 5:43.30 44.21	800m: 11:33.92 44.65	1200m: 17:29.24 43.99		
61.	Bernardo Miguel Oliveira	09	Salesianos	<b>21:56.23</b>	266
	50m: 37.86 37.86	450m: 6:26.86 44.94	850m: 12:25.12 45.17	1250m: 18:22.92 42.69	
	100m: 1:18.65 40.79	500m: 7:11.97 45.11	900m: 13:09.98 44.86	1300m: 19:05.38 42.46	
	150m: 2:01.91 43.26	550m: 7:56.61 44.64	950m: 13:54.01 44.03	1350m: 19:49.15 43.77	
	200m: 2:46.23 44.32	600m: 8:40.83 44.22	1000m: 14:38.96 44.95	1400m: 20:32.58 43.43	
	250m: 3:29.42 43.19	650m: 9:25.94 45.11	1050m: 15:23.88 44.92	1450m: 21:15.42 42.84	
	300m: 4:12.53 43.11	700m: 10:10.87 44.93	1100m: 16:08.48 44.60	1500m: 21:56.23 40.81	
	350m: 4:57.38 44.85	750m: 10:54.66 43.79	1150m: 16:53.69 45.21		
	400m: 5:41.92 44.54	800m: 11:39.95 45.29	1200m: 17:40.23 46.54		
62.	Goncalo Soares Brito	10	Bombeiros dos Estoris	<b>22:00.97</b>	263
	50m: 40.23 40.23	450m: 6:31.58 44.25	850m: 12:24.76 44.43	1250m: 18:21.35 45.08	
	100m: 1:23.94 43.71	500m: 7:15.50 43.92	900m: 13:08.90 44.14	1300m: 19:05.94 44.59	
	150m: 2:07.67 43.73	550m: 7:59.26 43.76	950m: 13:52.87 43.97	1350m: 19:50.97 45.03	
	200m: 2:51.20 43.53	600m: 8:43.28 44.02	1000m: 14:37.16 44.29	1400m: 20:35.82 44.85	
	250m: 3:34.93 43.73	650m: 9:27.62 44.34	1050m: 15:21.26 44.10	1450m: 21:20.38 44.56	
	300m: 4:19.24 44.31	700m: 10:12.54 44.92	1100m: 16:06.54 45.28	1500m: 22:00.97 40.59	
	350m: 5:03.25 44.01	750m: 10:56.42 43.88	1150m: 16:50.92 44.38		
	400m: 5:47.33 44.08	800m: 11:40.33 43.91	1200m: 17:36.27 45.35		
63.	Tomas Maria Horta	10	Gesloures	<b>22:01.89</b>	262
	50m: 42.55 42.55	450m: 6:36.01 44.27	850m: 12:33.02 44.89	1250m: 18:27.51 44.37	
	100m: 1:26.43 43.88	500m: 7:20.68 44.67	900m: 13:17.66 44.64	1300m: 19:11.63 44.12	
	150m: 2:10.56 44.13	550m: 8:04.95 44.27	950m: 14:02.09 44.43	1350m: 19:56.01 44.38	
	200m: 2:54.74 44.18	600m: 8:49.97 45.02	1000m: 14:46.83 44.74	1400m: 20:39.53 43.52	
	250m: 3:38.66 43.92	650m: 9:34.49 44.52	1050m: 15:30.87 44.04	1450m: 21:21.63 42.10	
	300m: 4:22.94 44.28	700m: 10:19.22 44.73	1100m: 16:14.89 44.02	1500m: 22:01.89 40.26	
	350m: 5:06.89 43.95	750m: 11:03.61 44.39	1150m: 16:59.08 44.19		
	400m: 5:51.74 44.85	800m: 11:48.13 44.52	1200m: 17:43.14 44.06		
64.	Manuel Mendes Almeida	10	Sporting	<b>22:09.40</b>	258
	50m: 40.00 40.00	450m: 6:38.23 45.13	850m: 12:41.82 45.14	1250m: 18:37.14 45.10	
	100m: 1:23.98 43.98	500m: 7:24.10 45.87	900m: 13:27.11 45.29	1300m: 19:20.28 43.14	
	150m: 2:08.93 44.95	550m: 8:08.48 44.38	950m: 14:10.78 43.67	1350m: 20:03.36 43.08	
	200m: 2:53.97 45.04	600m: 8:54.05 45.57	1000m: 14:55.78 45.00	1400m: 20:47.92 44.56	
	250m: 3:38.77 44.80	650m: 9:38.96 44.91	1050m: 15:41.29 45.51	1450m: 21:28.79 40.87	
	300m: 4:23.23 44.46	700m: 10:24.07 45.11	1100m: 16:23.94 42.65	1500m: 22:09.40 40.61	
	350m: 5:08.08 44.85	750m: 11:10.99 46.92	1150m: 17:07.49 43.55		
	400m: 5:53.10 45.02	800m: 11:56.68 45.69	1200m: 17:52.04 44.55		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 5, Masc., 1500m Livres, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
65.	Afonso Santos Carromeu	09	Naval Setubalense	<b>22:12.14</b>	256
	50m: 41.55 41.55	450m: 6:42.37 45.66	850m: 12:44.71 42.85	1250m: 18:39.03 44.85	
	100m: 1:25.72 44.17	500m: 7:28.56 46.19	900m: 13:27.89 43.18	1300m: 19:23.00 43.97	
	150m: 2:10.07 44.35	550m: 8:15.52 46.96	950m: 14:12.15 44.26	1350m: 20:06.39 43.39	
	200m: 2:54.73 44.66	600m: 8:59.86 44.34	1000m: 14:56.22 44.07	1400m: 20:49.57 43.18	
	250m: 3:40.01 45.28	650m: 9:45.38 45.52	1050m: 15:41.08 44.86	1450m: 21:31.92 42.35	
	300m: 4:25.24 45.23	700m: 10:30.51 45.13	1100m: 16:25.69 44.61	1500m: 22:12.14 40.22	
	350m: 5:11.07 45.83	750m: 11:16.17 45.66	1150m: 17:10.19 44.50		
	400m: 5:56.71 45.64	800m: 12:01.86 45.69	1200m: 17:54.18 43.99		
66.	Ricardo Martins Brizado	09	Sporting	<b>22:13.10</b>	256
	50m: 38.41 38.41	450m: 6:30.84 44.45	850m: 12:29.73 44.99	1250m: 18:31.49 45.22	
	100m: 1:19.32 40.91	500m: 7:15.69 44.85	900m: 13:14.81 45.08	1300m: 19:16.70 45.21	
	150m: 2:02.81 43.49	550m: 8:00.33 44.64	950m: 14:00.11 45.30	1350m: 20:02.21 45.51	
	200m: 2:47.02 44.21	600m: 8:45.50 45.17	1000m: 14:44.70 44.59	1400m: 20:47.39 45.18	
	250m: 3:31.43 44.41	650m: 9:30.40 44.90	1050m: 15:30.68 45.98	1450m: 21:31.94 44.55	
	300m: 4:16.31 44.88	700m: 10:15.35 44.95	1100m: 16:16.42 45.74	1500m: 22:13.10 41.16	
	350m: 5:01.19 44.88	750m: 11:00.46 45.11	1150m: 17:01.01 44.59		
	400m: 5:46.39 45.20	800m: 11:44.74 44.28	1200m: 17:46.27 45.26		
67.	Afonso Daniel Carvalhas	10	AONDA - Azeitão	<b>22:51.77</b>	235
	50m: 41.41 41.41	450m: 6:47.29 46.23	850m: 13:00.44 48.16	1250m: 19:10.68 46.38	
	100m: 1:25.46 44.05	500m: 7:34.41 47.12	900m: 13:46.28 45.84	1300m: 19:56.45 45.77	
	150m: 2:11.33 45.87	550m: 8:20.79 46.38	950m: 14:32.57 46.29	1350m: 20:42.11 45.66	
	200m: 2:56.55 45.22	600m: 9:07.18 46.39	1000m: 15:19.21 46.64	1400m: 21:27.21 45.10	
	250m: 3:42.62 46.07	650m: 9:52.56 45.38	1050m: 16:05.09 45.88	1450m: 22:09.34 42.13	
	300m: 4:28.69 46.07	700m: 10:40.24 47.68	1100m: 16:52.20 47.11	1500m: 22:51.77 42.43	
	350m: 5:14.87 46.18	750m: 11:27.18 46.94	1150m: 17:38.63 46.43		
	400m: 6:01.06 46.19	800m: 12:12.28 45.10	1200m: 18:24.30 45.67		
68.	Martim Alves Dias	10	Naval Setubalense	<b>23:27.52</b>	217
	50m: 45.91 45.91	450m: 7:00.06 47.13	850m: 13:19.20 47.41	1250m: 19:37.45 46.85	
	100m: 1:32.15 46.24	500m: 7:47.04 46.98	900m: 14:06.78 47.58	1300m: 20:24.18 46.73	
	150m: 2:17.70 45.55	550m: 8:34.38 47.34	950m: 14:54.96 48.18	1350m: 21:10.63 46.45	
	200m: 3:04.15 46.45	600m: 9:22.37 47.99	1000m: 15:41.28 46.32	1400m: 21:57.03 46.40	
	250m: 3:51.33 47.18	650m: 10:09.19 46.82	1050m: 16:28.49 47.21	1450m: 22:43.84 46.81	
	300m: 4:38.07 46.74	700m: 10:56.37 47.18	1100m: 17:16.29 47.80	1500m: 23:27.52 43.68	
	350m: 5:24.92 46.85	750m: 11:44.17 47.80	1150m: 18:03.21 46.92		
	400m: 6:12.93 48.01	800m: 12:31.79 47.62	1200m: 18:50.60 47.39		
DNS	Tiago Trindade Manuel	09	Palmela Desporto		

Prova 8 Femin., 800m Livres

Juvenis Resultados

Rec Regional Juv A	8:46.74	Ana Cláudia Correia Santos	POR	Cantanhede	2004
Rec Regional Juv B	9:06.60	Ana Cláudia Correia Santos	POR	Penafiel	2004
Rec Regional Absoluto	8:23.23	Diana Margarida Duraes	POR	Felgueiras	2018
Rec Nacional Juv A	8:46.74	Ana Claudia Santos	POR	Cantanhede	2004
Rec Nacional Juv B	9:00.27	Alexandra Maria Silva	POR		1981
Rec Nacional Absoluto	8:23.23	Diana Margarida Duraes	POR	Felgueiras	2018

Mínimo Participação Juv B: 11:13.47; Juv A: 10:50.86

Pontos: FINA 2022

Pos.	Nadador	Ano	Clube	Tempo	Pts
<b>Juvenis B</b>					
1.	Beatriz Silva Jordao	09	Vikings	<b>10:02.70</b>	503
	50m: 35.74 35.74	250m: 3:04.85 37.99	450m: 5:36.62 37.87	650m: 8:10.63 38.09	
	100m: 1:12.29 36.55	300m: 3:42.43 37.58	500m: 6:14.66 38.04	700m: 8:47.97 37.34	
	150m: 1:49.35 37.06	350m: 4:20.38 37.95	550m: 6:53.52 38.86	750m: 9:25.56 37.59	
	200m: 2:26.86 37.51	400m: 4:58.75 38.37	600m: 7:32.54 39.02	800m: 10:02.70 37.14	
2.	Madalena Azevedo Messias	09	Sporting	<b>10:13.52</b>	476
	50m: 35.35 35.35	250m: 3:06.84 37.70	450m: 5:41.98 38.09	650m: 8:19.01 39.09	
	100m: 1:12.35 37.00	300m: 3:45.53 38.69	500m: 6:21.45 39.47	700m: 8:59.36 40.35	
	150m: 1:50.58 38.23	350m: 4:24.40 38.87	550m: 7:00.48 39.03	750m: 9:38.22 38.86	
	200m: 2:29.14 38.56	400m: 5:03.89 39.49	600m: 7:39.92 39.44	800m: 10:13.52 35.30	
3.	Sofia Carlos Arede	09	Sporting	<b>10:20.51</b>	460
	50m: 36.05 36.05	250m: 3:10.68 38.87	450m: 5:48.55 39.63	650m: 8:27.13 39.58	
	100m: 1:13.69 37.64	300m: 3:49.84 39.16	500m: 6:27.99 39.44	700m: 9:05.50 38.37	
	150m: 1:52.46 38.77	350m: 4:29.62 39.78	550m: 7:07.73 39.74	750m: 9:44.70 39.20	
	200m: 2:31.81 39.35	400m: 5:08.92 39.30	600m: 7:47.55 39.82	800m: 10:20.51 35.81	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 8, Femin., 800m Livres, Juvenis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
4.	Sofia Monteiro Uva	09	Alges	<b>10:25.06</b>	450
	50m: 37.05 37.05	250m: 3:13.00 39.27	450m: 5:50.56 39.46	650m: 8:27.34 39.26	
	100m: 1:15.64 38.59	300m: 3:52.25 39.25	500m: 6:29.88 39.32	700m: 9:06.96 39.62	
	150m: 1:54.35 38.71	350m: 4:31.78 39.53	550m: 7:08.73 38.85	750m: 9:46.82 39.86	
	200m: 2:33.73 39.38	400m: 5:11.10 39.32	600m: 7:48.08 39.35	800m: 10:25.06 38.24	
5.	Maria Leonor Calçada	09	Sporting	<b>10:27.38</b>	446
	50m: 35.95 35.95	250m: 3:12.22 40.02	450m: 5:51.24 39.32	650m: 8:30.81 39.96	
	100m: 1:13.79 37.84	300m: 3:52.29 40.07	500m: 6:31.30 40.06	700m: 9:10.31 39.50	
	150m: 1:53.06 39.27	350m: 4:31.88 39.59	550m: 7:11.28 39.98	750m: 9:50.00 39.69	
	200m: 2:32.20 39.14	400m: 5:11.92 40.04	600m: 7:50.85 39.57	800m: 10:27.38 37.38	
6.	Beatriz Ferreira Batista	09	CPCD - Póvoa Sta Iria	<b>10:30.70</b>	438
	50m: 36.45 36.45	250m: 3:14.30 39.84	450m: 5:53.45 39.96	650m: 8:32.55 39.84	
	100m: 1:15.20 38.75	300m: 3:54.06 39.76	500m: 6:33.15 39.70	700m: 9:13.06 40.51	
	150m: 1:54.97 39.77	350m: 4:33.67 39.61	550m: 7:12.90 39.75	750m: 9:52.64 39.58	
	200m: 2:34.46 39.49	400m: 5:13.49 39.82	600m: 7:52.71 39.81	800m: 10:30.70 38.06	
7.	Alice Lucas Pedro	09	Alges	<b>10:32.04</b>	436
	50m: 37.80 37.80	250m: 3:15.04 39.14	450m: 5:53.70 39.74	650m: 8:33.86 40.48	
	100m: 1:16.37 38.57	300m: 3:54.71 39.67	500m: 6:33.79 40.09	700m: 9:14.67 40.81	
	150m: 1:56.23 39.86	350m: 4:34.63 39.92	550m: 7:13.48 39.69	750m: 9:54.29 39.62	
	200m: 2:35.90 39.67	400m: 5:13.96 39.33	600m: 7:53.38 39.90	800m: 10:32.04 37.75	
8.	Beatriz Ribeiro Lima	09	Geslours	<b>10:42.10</b>	416
	50m: 36.48 36.48	250m: 3:14.20 40.12	450m: 5:59.01 41.88	650m: 8:43.60 41.59	
	100m: 1:15.13 38.65	300m: 3:54.73 40.53	500m: 6:39.64 40.63	700m: 9:23.47 39.87	
	150m: 1:54.34 39.21	350m: 4:35.72 40.99	550m: 7:20.46 40.82	750m: 10:03.51 40.04	
	200m: 2:34.08 39.74	400m: 5:17.13 41.41	600m: 8:02.01 41.55	800m: 10:42.10 38.59	
9.	Matilde Castro Teixeira	09	Sporting	<b>10:49.38</b>	402
	50m: 38.86 38.86	250m: 3:23.04 41.15	450m: 6:06.93 41.41	650m: 8:51.73 41.38	
	100m: 1:19.48 40.62	300m: 4:04.53 41.49	500m: 6:48.44 41.51	700m: 9:32.73 41.00	
	150m: 2:00.91 41.43	350m: 4:45.28 40.75	550m: 7:28.55 40.11	750m: 10:13.58 40.85	
	200m: 2:41.89 40.98	400m: 5:25.52 40.24	600m: 8:10.35 41.80	800m: 10:49.38 35.80	
10.	Margarida Maia Lopes	09	Geslours	<b>10:58.22</b>	386
	50m: 38.21 38.21	250m: 3:21.43 40.91	450m: 6:07.12 41.40	650m: 8:56.55 42.57	
	100m: 1:17.86 39.65	300m: 4:02.63 41.20	500m: 6:48.79 41.67	700m: 9:38.50 41.95	
	150m: 1:58.93 41.07	350m: 4:44.45 41.82	550m: 7:31.35 42.56	750m: 10:20.64 42.14	
	200m: 2:40.52 41.59	400m: 5:25.72 41.27	600m: 8:13.98 42.63	800m: 10:58.22 37.58	
11.	Sara Cabaco Brasil	09	Física Torres Vedras	<b>11:03.48</b>	377
	50m: 39.48 39.48	250m: 3:25.66 42.16	450m: 6:13.43 41.66	650m: 9:00.29 42.06	
	100m: 1:19.59 40.11	300m: 4:08.03 42.37	500m: 6:55.16 41.73	700m: 9:42.32 42.03	
	150m: 2:01.37 41.78	350m: 4:49.77 41.74	550m: 7:36.22 41.06	750m: 10:23.52 41.20	
	200m: 2:43.50 42.13	400m: 5:31.77 42.00	600m: 8:18.23 42.01	800m: 11:03.48 39.96	
12.	Ana Kostenko	09	Naval Setubalense	<b>11:08.34</b>	368
	50m: 41.06 41.06	250m: 3:28.71 41.91	450m: 6:17.07 42.39	650m: 9:06.02 42.07	
	100m: 1:22.64 41.58	300m: 4:10.65 41.94	500m: 6:59.20 42.13	700m: 9:48.53 42.51	
	150m: 2:04.29 41.65	350m: 4:52.52 41.87	550m: 7:41.64 42.44	750m: 10:29.68 41.15	
	200m: 2:46.80 42.51	400m: 5:34.68 42.16	600m: 8:23.95 42.31	800m: 11:08.34 38.66	
13.	Ana Matilde Silva <i>Fora Mínimo Acesso</i>	09	Naval Setubalense	<b>11:55.57</b>	300
	50m: 43.14 43.14	250m: 3:42.26 44.98	450m: 6:43.71 45.52	650m: 9:43.79 44.62	
	100m: 1:27.52 44.38	300m: 4:27.51 45.25	500m: 7:28.92 45.21	700m: 10:28.56 44.77	
	150m: 2:12.16 44.64	350m: 5:13.01 45.50	550m: 8:14.34 45.42	750m: 11:12.53 43.97	
	200m: 2:57.28 45.12	400m: 5:58.19 45.18	600m: 8:59.17 44.83	800m: 11:55.57 43.04	
DNS	Ines Maria Lanca	09	União Piedense		

Juvenis A

1.	Constança Santos Ferreira	08	Alges	<b>9:36.60</b>	574
	50m: 33.73 33.73	250m: 2:57.45 36.32	450m: 5:22.48 35.86	650m: 7:47.65 36.26	
	100m: 1:09.15 35.42	300m: 3:33.73 36.28	500m: 5:58.60 36.12	700m: 8:24.33 36.68	
	150m: 1:45.09 35.94	350m: 4:10.22 36.49	550m: 6:34.95 36.35	750m: 9:01.00 36.67	
	200m: 2:21.13 36.04	400m: 4:46.62 36.40	600m: 7:11.39 36.44	800m: 9:36.60 35.60	
2.	Matilde Catroga Marques	08	Colegio Int Monte Maior	<b>9:52.17</b>	530
	50m: 34.21 34.21	250m: 3:00.39 37.01	450m: 5:27.69 37.31	650m: 7:58.89 38.13	
	100m: 1:09.92 35.71	300m: 3:36.73 36.34	500m: 6:04.93 37.24	700m: 8:37.39 38.50	
	150m: 1:46.20 36.28	350m: 4:13.52 36.79	550m: 6:42.82 37.89	750m: 9:15.62 38.23	
	200m: 2:23.38 37.18	400m: 4:50.38 36.86	600m: 7:20.76 37.94	800m: 9:52.17 36.55	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 8, Femin., 800m Livres, Juvenis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
3.	Leonor Serrao Nascimento	08	Alges	<b>10:04.70</b>	498
	50m: 35.03 35.03	250m: 3:01.62 37.51	450m: 5:33.66 38.40	650m: 8:09.81 39.12	
	100m: 1:10.83 35.80	300m: 3:39.17 37.55	500m: 6:12.67 39.01	700m: 8:48.81 39.00	
	150m: 1:47.10 36.27	350m: 4:16.97 37.80	550m: 6:51.67 39.00	750m: 9:27.94 39.13	
	200m: 2:24.11 37.01	400m: 4:55.26 38.29	600m: 7:30.69 39.02	800m: 10:04.70 36.76	
4.	Constanca Isabel Carvalho	08	Alges	<b>10:08.27</b>	489
	50m: 35.16 35.16	250m: 3:03.25 37.79	450m: 5:38.13 38.58	650m: 8:13.88 39.06	
	100m: 1:11.41 36.25	300m: 3:41.69 38.44	500m: 6:16.96 38.83	700m: 8:52.69 38.81	
	150m: 1:48.08 36.67	350m: 4:20.44 38.75	550m: 6:55.70 38.74	750m: 9:31.13 38.44	
	200m: 2:25.46 37.38	400m: 4:59.55 39.11	600m: 7:34.82 39.12	800m: 10:08.27 37.14	
5.	Patricia Subtil Henriques	08	Gesloures	<b>10:16.99</b>	468
	50m: 35.68 35.68	250m: 3:08.88 38.36	450m: 5:42.53 38.48	650m: 8:20.43 39.47	
	100m: 1:13.41 37.73	300m: 3:47.09 38.21	500m: 6:21.59 39.06	700m: 9:00.39 39.96	
	150m: 1:51.72 38.31	350m: 4:25.43 38.34	550m: 7:01.05 39.46	750m: 9:39.99 39.60	
	200m: 2:30.52 38.80	400m: 5:04.05 38.62	600m: 7:40.96 39.91	800m: 10:16.99 37.00	
6.	Marta Oliveira Ferreira	08	Colégio Vasco da Gama	<b>10:22.07</b>	457
	50m: 37.26 37.26	250m: 3:13.83 39.18	450m: 5:52.08 39.36	650m: 8:29.18 39.17	
	100m: 1:15.93 38.67	300m: 3:53.43 39.60	500m: 6:31.33 39.25	700m: 9:08.02 38.84	
	150m: 1:55.26 39.33	350m: 4:33.03 39.60	550m: 7:10.43 39.10	750m: 9:46.16 38.14	
	200m: 2:34.65 39.39	400m: 5:12.72 39.69	600m: 7:50.01 39.58	800m: 10:22.07 35.91	
7.	Marta Matos Laranjeira	08	Vikings	<b>10:22.25</b>	457
	50m: 35.56 35.56	250m: 3:07.63 38.78	450m: 5:47.44 40.11	650m: 8:26.05 39.40	
	100m: 1:12.60 37.04	300m: 3:47.27 39.64	500m: 6:26.79 39.35	700m: 9:05.09 39.04	
	150m: 1:50.36 37.76	350m: 4:27.11 39.84	550m: 7:06.38 39.59	750m: 9:44.57 39.48	
	200m: 2:28.85 38.49	400m: 5:07.33 40.22	600m: 7:46.65 40.27	800m: 10:22.25 37.68	
8.	Joana Pontes Prior	08	Laranjeiro	<b>10:23.98</b>	453
	50m: 36.75 36.75	250m: 3:11.65 38.39	450m: 5:49.01 39.10	650m: 8:28.44 39.69	
	100m: 1:15.44 38.69	300m: 3:50.46 38.81	500m: 6:28.88 39.87	700m: 9:07.77 39.33	
	150m: 1:54.14 38.70	350m: 4:29.63 39.17	550m: 7:09.28 40.40	750m: 9:46.80 39.03	
	200m: 2:33.26 39.12	400m: 5:09.91 40.28	600m: 7:48.75 39.47	800m: 10:23.98 37.18	
9.	Luisa Goncalves Rodrigues	08	Fisica Torres Vedras	<b>10:25.31</b>	450
	50m: 35.72 35.72	250m: 3:09.97 39.27	450m: 5:49.43 39.70	650m: 8:28.55 39.17	
	100m: 1:13.25 37.53	300m: 3:49.56 39.59	500m: 6:29.40 39.97	700m: 9:08.05 39.50	
	150m: 1:51.87 38.62	350m: 4:29.61 40.05	550m: 7:09.41 40.01	750m: 9:47.47 39.42	
	200m: 2:30.70 38.83	400m: 5:09.73 40.12	600m: 7:49.38 39.97	800m: 10:25.31 37.84	
10.	Clarisse Teixeira Teles	08	Naval Setubalense	<b>10:34.21</b>	431
	50m: 38.14 38.14	250m: 3:15.82 39.90	450m: 5:55.48 40.25	650m: 8:35.92 40.26	
	100m: 1:16.93 38.79	300m: 3:55.56 39.74	500m: 6:35.40 39.92	700m: 9:15.88 39.96	
	150m: 1:56.29 39.36	350m: 4:35.65 40.09	550m: 7:15.51 40.11	750m: 9:55.49 39.61	
	200m: 2:35.92 39.63	400m: 5:15.23 39.58	600m: 7:55.66 40.15	800m: 10:34.21 38.72	
11.	Teresa Oliveira Santos	08	Alges	<b>10:36.25</b>	427
	50m: 37.31 37.31	250m: 3:16.40 40.23	450m: 5:57.47 40.09	650m: 8:38.95 40.45	
	100m: 1:16.51 39.20	300m: 3:56.69 40.29	500m: 6:37.40 39.93	700m: 9:19.24 40.29	
	150m: 1:56.74 40.23	350m: 4:37.76 41.07	550m: 7:18.52 41.12	750m: 9:57.92 38.68	
	200m: 2:36.17 39.43	400m: 5:17.38 39.62	600m: 7:58.50 39.98	800m: 10:36.25 38.33	
12.	Rita Sofia Amaral	08	Alges	<b>10:42.64</b>	414
	50m: 38.42 38.42	250m: 3:17.99 40.49	450m: 5:59.39 40.19	650m: 8:42.93 41.28	
	100m: 1:17.74 39.32	300m: 3:58.34 40.35	500m: 6:40.47 41.08	700m: 9:23.50 40.57	
	150m: 1:57.14 39.40	350m: 4:38.74 40.40	550m: 7:21.05 40.58	750m: 10:03.77 40.27	
	200m: 2:37.50 40.36	400m: 5:19.20 40.46	600m: 8:01.65 40.60	800m: 10:42.64 38.87	
13.	Lis Fatima Melo	08	Gesloures	<b>10:45.93</b>	408
	50m: 37.86 37.86	250m: 3:16.15 40.20	450m: 5:58.50 41.14	650m: 8:43.46 41.22	
	100m: 1:16.48 38.62	300m: 3:56.23 40.08	500m: 6:39.54 41.04	700m: 9:24.60 41.14	
	150m: 1:56.11 39.63	350m: 4:36.44 40.21	550m: 7:20.83 41.29	750m: 10:05.68 41.08	
	200m: 2:35.95 39.84	400m: 5:17.36 40.92	600m: 8:02.24 41.41	800m: 10:45.93 40.25	
14.	Teresa Bonita Oliveira <i>Fora Minimo Acesso</i>	08	Naval Setubalense	<b>10:52.11</b>	397
	50m: 38.13 38.13	250m: 3:21.86 41.39	450m: 6:06.59 40.96	650m: 8:51.93 41.38	
	100m: 1:18.19 40.06	300m: 4:02.95 41.09	500m: 6:47.83 41.24	700m: 9:32.91 40.98	
	150m: 1:59.30 41.11	350m: 4:44.12 41.17	550m: 7:29.17 41.34	750m: 10:14.00 41.09	
	200m: 2:40.47 41.17	400m: 5:25.63 41.51	600m: 8:10.55 41.38	800m: 10:52.11 38.11	
15.	Joana Monteiro Caetano <i>Fora Minimo Acesso</i>	08	Gesloures	<b>11:03.11</b>	377
	50m: 38.96 38.96	250m: 3:23.41 41.87	450m: 6:10.12 41.17	650m: 9:01.19 42.88	
	100m: 1:18.76 39.80	300m: 4:05.26 41.85	500m: 6:52.11 41.99	700m: 9:43.83 42.64	
	150m: 1:59.82 41.06	350m: 4:46.87 41.61	550m: 7:35.14 43.03	750m: 10:24.00 40.17	
	200m: 2:41.54 41.72	400m: 5:28.95 42.08	600m: 8:18.31 43.17	800m: 11:03.11 39.11	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 8, Femin., 800m Livres, Juvenis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
16.	Ines Ferreira Franco <i>Fora Minimo Acesso</i>	08	Vikings	<b>11:16.42</b>	355
	50m: 39.49 39.49	250m: 3:25.01 42.16	450m: 6:17.71 43.74	650m: 9:10.07 42.86	
	100m: 1:19.71 40.22	300m: 4:07.73 42.72	500m: 7:00.93 43.22	700m: 9:52.39 42.32	
	150m: 2:00.99 41.28	350m: 4:50.61 42.88	550m: 7:43.93 43.00	750m: 10:34.55 42.16	
	200m: 2:42.85 41.86	400m: 5:33.97 43.36	600m: 8:27.21 43.28	800m: 11:16.42 41.87	

Juvenis

1.	Constanca Santos Ferreira	08	Alges	<b>9:36.60</b>	574
	50m: 33.73 33.73	250m: 2:57.45 36.32	450m: 5:22.48 35.86	650m: 7:47.65 36.26	
	100m: 1:09.15 35.42	300m: 3:33.73 36.28	500m: 5:58.60 36.12	700m: 8:24.33 36.68	
	150m: 1:45.09 35.94	350m: 4:10.22 36.49	550m: 6:34.95 36.35	750m: 9:01.00 36.67	
	200m: 2:21.13 36.04	400m: 4:46.62 36.40	600m: 7:11.39 36.44	800m: 9:36.60 35.60	
2.	Matilde Catroga Marques	08	Colegio Int Monte Maior	<b>9:52.17</b>	530
	50m: 34.21 34.21	250m: 3:00.39 37.01	450m: 5:27.69 37.31	650m: 7:58.89 38.13	
	100m: 1:09.92 35.71	300m: 3:36.73 36.34	500m: 6:04.93 37.24	700m: 8:37.39 38.50	
	150m: 1:46.20 36.28	350m: 4:13.52 36.79	550m: 6:42.82 37.89	750m: 9:15.62 38.23	
	200m: 2:23.38 37.18	400m: 4:50.38 36.86	600m: 7:20.76 37.94	800m: 9:52.17 36.55	
3.	Beatriz Silva Jordao	09	Vikings	<b>10:02.70</b>	503
	50m: 35.74 35.74	250m: 3:04.85 37.99	450m: 5:36.62 37.87	650m: 8:10.63 38.09	
	100m: 1:12.29 36.55	300m: 3:42.43 37.58	500m: 6:14.66 38.04	700m: 8:47.97 37.34	
	150m: 1:49.35 37.06	350m: 4:20.38 37.95	550m: 6:53.52 38.86	750m: 9:25.56 37.59	
	200m: 2:26.86 37.51	400m: 4:58.75 38.37	600m: 7:32.54 39.02	800m: 10:02.70 37.14	
4.	Leonor Serrao Nascimento	08	Alges	<b>10:04.70</b>	498
	50m: 35.03 35.03	250m: 3:01.62 37.51	450m: 5:33.66 38.40	650m: 8:09.81 39.12	
	100m: 1:10.83 35.80	300m: 3:39.17 37.55	500m: 6:12.67 39.01	700m: 8:48.81 39.00	
	150m: 1:47.10 36.27	350m: 4:16.97 37.80	550m: 6:51.67 39.00	750m: 9:27.94 39.13	
	200m: 2:24.11 37.01	400m: 4:55.26 38.29	600m: 7:30.69 39.02	800m: 10:04.70 36.76	
5.	Constanca Isabel Carvalho	08	Alges	<b>10:08.27</b>	489
	50m: 35.16 35.16	250m: 3:03.25 37.79	450m: 5:38.13 38.58	650m: 8:13.88 39.06	
	100m: 1:11.41 36.25	300m: 3:41.69 38.44	500m: 6:16.96 38.83	700m: 8:52.69 38.81	
	150m: 1:48.08 36.67	350m: 4:20.44 38.75	550m: 6:55.70 38.74	750m: 9:31.13 38.44	
	200m: 2:25.46 37.38	400m: 4:59.55 39.11	600m: 7:34.82 39.12	800m: 10:08.27 37.14	
6.	Madalena Azevedo Messias	09	Sporting	<b>10:13.52</b>	476
	50m: 35.35 35.35	250m: 3:06.84 37.70	450m: 5:41.98 38.09	650m: 8:19.01 39.09	
	100m: 1:12.35 37.00	300m: 3:45.53 38.69	500m: 6:21.45 39.47	700m: 8:59.36 40.35	
	150m: 1:50.58 38.23	350m: 4:24.40 38.87	550m: 7:00.48 39.03	750m: 9:38.22 38.86	
	200m: 2:29.14 38.56	400m: 5:03.89 39.49	600m: 7:39.92 39.44	800m: 10:13.52 35.30	
7.	Patricia Subtil Henriques	08	Geslours	<b>10:16.99</b>	468
	50m: 35.68 35.68	250m: 3:08.88 38.36	450m: 5:42.53 38.48	650m: 8:20.43 39.47	
	100m: 1:13.41 37.73	300m: 3:47.09 38.21	500m: 6:21.59 39.06	700m: 9:00.39 39.96	
	150m: 1:51.72 38.31	350m: 4:25.43 38.34	550m: 7:01.05 39.46	750m: 9:39.99 39.60	
	200m: 2:30.52 38.80	400m: 5:04.05 38.62	600m: 7:40.96 39.91	800m: 10:16.99 37.00	
8.	Sofia Carlos Arede	09	Sporting	<b>10:20.51</b>	460
	50m: 36.05 36.05	250m: 3:10.68 38.87	450m: 5:48.55 39.63	650m: 8:27.13 39.58	
	100m: 1:13.69 37.64	300m: 3:49.84 39.16	500m: 6:27.99 39.44	700m: 9:05.50 38.37	
	150m: 1:52.46 38.77	350m: 4:29.62 39.78	550m: 7:07.73 39.74	750m: 9:44.70 39.20	
	200m: 2:31.81 39.35	400m: 5:08.92 39.30	600m: 7:47.55 39.82	800m: 10:20.51 35.81	
9.	Marta Oliveira Ferreira	08	Colégio Vasco da Gama	<b>10:22.07</b>	457
	50m: 37.26 37.26	250m: 3:13.83 39.18	450m: 5:52.08 39.36	650m: 8:29.18 39.17	
	100m: 1:15.93 38.67	300m: 3:53.43 39.60	500m: 6:31.33 39.25	700m: 9:08.02 38.84	
	150m: 1:55.26 39.33	350m: 4:33.03 39.60	550m: 7:10.43 39.10	750m: 9:46.16 38.14	
	200m: 2:34.65 39.39	400m: 5:12.72 39.69	600m: 7:50.01 39.58	800m: 10:22.07 35.91	
10.	Marta Matos Laranjeira	08	Vikings	<b>10:22.25</b>	457
	50m: 35.56 35.56	250m: 3:07.63 38.78	450m: 5:47.44 40.11	650m: 8:26.05 39.40	
	100m: 1:12.60 37.04	300m: 3:47.27 39.64	500m: 6:26.79 39.35	700m: 9:05.09 39.04	
	150m: 1:50.36 37.76	350m: 4:27.11 39.84	550m: 7:06.38 39.59	750m: 9:44.57 39.48	
	200m: 2:28.85 38.49	400m: 5:07.33 40.22	600m: 7:46.65 40.27	800m: 10:22.25 37.68	
11.	Joana Pontes Prior	08	Laranjeiro	<b>10:23.98</b>	453
	50m: 36.75 36.75	250m: 3:11.65 38.39	450m: 5:49.01 39.10	650m: 8:28.44 39.69	
	100m: 1:15.44 38.69	300m: 3:50.46 38.81	500m: 6:28.88 39.87	700m: 9:07.77 39.33	
	150m: 1:54.14 38.70	350m: 4:29.63 39.17	550m: 7:09.28 40.40	750m: 9:46.80 39.03	
	200m: 2:33.26 39.12	400m: 5:09.91 40.28	600m: 7:48.75 39.47	800m: 10:23.98 37.18	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 8, Femin., 800m Livres, Juvenis

Pos.	Nadador	Ano	Clube	Tempo	Pts
12.	Sofia Monteiro Uva	09	Alges	<b>10:25.06</b>	450
	50m: 37.05 37.05	250m: 3:13.00	39.27	450m: 5:50.56	39.46
	100m: 1:15.64 38.59	300m: 3:52.25	39.25	500m: 6:29.88	39.32
	150m: 1:54.35 38.71	350m: 4:31.78	39.53	550m: 7:08.73	38.85
	200m: 2:33.73 39.38	400m: 5:11.10	39.32	600m: 7:48.08	39.35
				650m: 8:27.34	39.26
				700m: 9:06.96	39.62
				750m: 9:46.82	39.86
				800m: 10:25.06	38.24
13.	Luisa Goncalves Rodrigues	08	Fisica Torres Vedras	<b>10:25.31</b>	450
	50m: 35.72 35.72	250m: 3:09.97	39.27	450m: 5:49.43	39.70
	100m: 1:13.25 37.53	300m: 3:49.56	39.59	500m: 6:29.40	39.97
	150m: 1:51.87 38.62	350m: 4:29.61	40.05	550m: 7:09.41	40.01
	200m: 2:30.70 38.83	400m: 5:09.73	40.12	600m: 7:49.38	39.97
				650m: 8:28.55	39.17
				700m: 9:08.05	39.50
				750m: 9:47.47	39.42
				800m: 10:25.31	37.84
14.	Maria Leonor Calçada	09	Sporting	<b>10:27.38</b>	446
	50m: 35.95 35.95	250m: 3:12.22	40.02	450m: 5:51.24	39.32
	100m: 1:13.79 37.84	300m: 3:52.29	40.07	500m: 6:31.30	40.06
	150m: 1:53.06 39.27	350m: 4:31.88	39.59	550m: 7:11.28	39.98
	200m: 2:32.20 39.14	400m: 5:11.92	40.04	600m: 7:50.85	39.57
				650m: 8:30.81	39.96
				700m: 9:10.31	39.50
				750m: 9:50.00	39.69
				800m: 10:27.38	37.38
15.	Beatriz Ferreira Batista	09	CPCD - Póvoa Sta Iria	<b>10:30.70</b>	438
	50m: 36.45 36.45	250m: 3:14.30	39.84	450m: 5:53.45	39.96
	100m: 1:15.20 38.75	300m: 3:54.06	39.76	500m: 6:33.15	39.70
	150m: 1:54.97 39.77	350m: 4:33.67	39.61	550m: 7:12.90	39.75
	200m: 2:34.46 39.49	400m: 5:13.49	39.82	600m: 7:52.71	39.81
				650m: 8:32.55	39.84
				700m: 9:13.06	40.51
				750m: 9:52.64	39.58
				800m: 10:30.70	38.06
16.	Alice Lucas Pedro	09	Alges	<b>10:32.04</b>	436
	50m: 37.80 37.80	250m: 3:15.04	39.14	450m: 5:53.70	39.74
	100m: 1:16.37 38.57	300m: 3:54.71	39.67	500m: 6:33.79	40.09
	150m: 1:56.23 39.86	350m: 4:34.63	39.92	550m: 7:13.48	39.69
	200m: 2:35.90 39.67	400m: 5:13.96	39.33	600m: 7:53.38	39.90
				650m: 8:33.86	40.48
				700m: 9:14.67	40.81
				750m: 9:54.29	39.62
				800m: 10:32.04	37.75
17.	Clarisse Teixeira Teles	08	Naval Setubalense	<b>10:34.21</b>	431
	50m: 38.14 38.14	250m: 3:15.82	39.90	450m: 5:55.48	40.25
	100m: 1:16.93 38.79	300m: 3:55.56	39.74	500m: 6:35.40	39.92
	150m: 1:56.29 39.36	350m: 4:35.65	40.09	550m: 7:15.51	40.11
	200m: 2:35.92 39.63	400m: 5:15.23	39.58	600m: 7:55.66	40.15
				650m: 8:35.92	40.26
				700m: 9:15.88	39.96
				750m: 9:55.49	39.61
				800m: 10:34.21	38.72
18.	Teresa Oliveira Santos	08	Alges	<b>10:36.25</b>	427
	50m: 37.31 37.31	250m: 3:16.40	40.23	450m: 5:57.47	40.09
	100m: 1:16.51 39.20	300m: 3:56.69	40.29	500m: 6:37.40	39.93
	150m: 1:56.74 40.23	350m: 4:37.76	41.07	550m: 7:18.52	41.12
	200m: 2:36.17 39.43	400m: 5:17.38	39.62	600m: 7:58.50	39.98
				650m: 8:38.95	40.45
				700m: 9:19.24	40.29
				750m: 9:57.92	38.68
				800m: 10:36.25	38.33
19.	Beatriz Ribeiro Lima	09	Geslours	<b>10:42.10</b>	416
	50m: 36.48 36.48	250m: 3:14.20	40.12	450m: 5:59.01	41.88
	100m: 1:15.13 38.65	300m: 3:54.73	40.53	500m: 6:39.64	40.63
	150m: 1:54.34 39.21	350m: 4:35.72	40.99	550m: 7:20.46	40.82
	200m: 2:34.08 39.74	400m: 5:17.13	41.41	600m: 8:02.01	41.55
				650m: 8:43.60	41.59
				700m: 9:23.47	39.87
				750m: 10:03.51	40.04
				800m: 10:42.10	38.59
20.	Rita Sofia Amaral	08	Alges	<b>10:42.64</b>	414
	50m: 38.42 38.42	250m: 3:17.99	40.49	450m: 5:59.39	40.19
	100m: 1:17.74 39.32	300m: 3:58.34	40.35	500m: 6:40.47	41.08
	150m: 1:57.14 39.40	350m: 4:38.74	40.40	550m: 7:21.05	40.58
	200m: 2:37.50 40.36	400m: 5:19.20	40.46	600m: 8:01.65	40.60
				650m: 8:42.93	41.28
				700m: 9:23.50	40.57
				750m: 10:03.77	40.27
				800m: 10:42.64	38.87
21.	Lis Fatima Melo	08	Geslours	<b>10:45.93</b>	408
	50m: 37.86 37.86	250m: 3:16.15	40.20	450m: 5:58.50	41.14
	100m: 1:16.48 38.62	300m: 3:56.23	40.08	500m: 6:39.54	41.04
	150m: 1:56.11 39.63	350m: 4:36.44	40.21	550m: 7:20.83	41.29
	200m: 2:35.95 39.84	400m: 5:17.36	40.92	600m: 8:02.24	41.41
				650m: 8:43.46	41.22
				700m: 9:24.60	41.14
				750m: 10:05.68	41.08
				800m: 10:45.93	40.25
22.	Matilde Castro Teixeira	09	Sporting	<b>10:49.38</b>	402
	50m: 38.86 38.86	250m: 3:23.04	41.15	450m: 6:06.93	41.41
	100m: 1:19.48 40.62	300m: 4:04.53	41.49	500m: 6:48.44	41.51
	150m: 2:00.91 41.43	350m: 4:45.28	40.75	550m: 7:28.55	40.11
	200m: 2:41.89 40.98	400m: 5:25.52	40.24	600m: 8:10.35	41.80
				650m: 8:51.73	41.38
				700m: 9:32.73	41.00
				750m: 10:13.58	40.85
				800m: 10:49.38	35.80
23.	Teresa Bonita Oliveira <i>Fora Minimo Acesso</i>	08	Naval Setubalense	<b>10:52.11</b>	397
	50m: 38.13 38.13	250m: 3:21.86	41.39	450m: 6:06.59	40.96
	100m: 1:18.19 40.06	300m: 4:02.95	41.09	500m: 6:47.83	41.24
	150m: 1:59.30 41.11	350m: 4:44.12	41.17	550m: 7:29.17	41.34
	200m: 2:40.47 41.17	400m: 5:25.63	41.51	600m: 8:10.55	41.38
				650m: 8:51.93	41.38
				700m: 9:32.91	40.98
				750m: 10:14.00	41.09
				800m: 10:52.11	38.11
24.	Margarida Maia Lopes	09	Geslours	<b>10:58.22</b>	386
	50m: 38.21 38.21	250m: 3:21.43	40.91	450m: 6:07.12	41.40
	100m: 1:17.86 39.65	300m: 4:02.63	41.20	500m: 6:48.79	41.67
	150m: 1:58.93 41.07	350m: 4:44.45	41.82	550m: 7:31.35	42.56
	200m: 2:40.52 41.59	400m: 5:25.72	41.27	600m: 8:13.98	42.63
				650m: 8:56.55	42.57
				700m: 9:38.50	41.95
				750m: 10:20.64	42.14
				800m: 10:58.22	37.58

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 8, Femin., 800m Livres, Juvenis

Pos.	Nadador	Ano	Clube	Tempo	Pts
25.	Joana Monteiro Caetano <i>Fora Mínimo Acesso</i>	08	Gesloures	<b>11:03.11</b>	377
	50m: 38.96 38.96	250m: 3:23.41 41.87	450m: 6:10.12 41.17	650m: 9:01.19 42.88	
	100m: 1:18.76 39.80	300m: 4:05.26 41.85	500m: 6:52.11 41.99	700m: 9:43.83 42.64	
	150m: 1:59.82 41.06	350m: 4:46.87 41.61	550m: 7:35.14 43.03	750m: 10:24.00 40.17	
	200m: 2:41.54 41.72	400m: 5:28.95 42.08	600m: 8:18.31 43.17	800m: 11:03.11 39.11	
26.	Sara Cabaco Brasil	09	Física Torres Vedras	<b>11:03.48</b>	377
	50m: 39.48 39.48	250m: 3:25.66 42.16	450m: 6:13.43 41.66	650m: 9:00.29 42.06	
	100m: 1:19.59 40.11	300m: 4:08.03 42.37	500m: 6:55.16 41.73	700m: 9:42.32 42.03	
	150m: 2:01.37 41.78	350m: 4:49.77 41.74	550m: 7:36.22 41.06	750m: 10:23.52 41.20	
	200m: 2:43.50 42.13	400m: 5:31.77 42.00	600m: 8:18.23 42.01	800m: 11:03.48 39.96	
27.	Ana Kostenko	09	Naval Setubalense	<b>11:08.34</b>	368
	50m: 41.06 41.06	250m: 3:28.71 41.91	450m: 6:17.07 42.39	650m: 9:06.02 42.07	
	100m: 1:22.64 41.58	300m: 4:10.65 41.94	500m: 6:59.20 42.13	700m: 9:48.53 42.51	
	150m: 2:04.29 41.65	350m: 4:52.52 41.87	550m: 7:41.64 42.44	750m: 10:29.68 41.15	
	200m: 2:46.80 42.51	400m: 5:34.68 42.16	600m: 8:23.95 42.31	800m: 11:08.34 38.66	
28.	Ines Ferreira Franco <i>Fora Mínimo Acesso</i>	08	Vikings	<b>11:16.42</b>	355
	50m: 39.49 39.49	250m: 3:25.01 42.16	450m: 6:17.71 43.74	650m: 9:10.07 42.86	
	100m: 1:19.71 40.22	300m: 4:07.73 42.72	500m: 7:00.93 43.22	700m: 9:52.39 42.32	
	150m: 2:00.99 41.28	350m: 4:50.61 42.88	550m: 7:43.93 43.00	750m: 10:34.55 42.16	
	200m: 2:42.85 41.86	400m: 5:33.97 43.36	600m: 8:27.21 43.28	800m: 11:16.42 41.87	
29.	Ana Matilde Silva <i>Fora Mínimo Acesso</i>	09	Naval Setubalense	<b>11:55.57</b>	300
	50m: 43.14 43.14	250m: 3:42.26 44.98	450m: 6:43.71 45.52	650m: 9:43.79 44.62	
	100m: 1:27.52 44.38	300m: 4:27.51 45.25	500m: 7:28.92 45.21	700m: 10:28.56 44.77	
	150m: 2:12.16 44.64	350m: 5:13.01 45.50	550m: 8:14.34 45.42	750m: 11:12.53 43.97	
	200m: 2:57.28 45.12	400m: 5:58.19 45.18	600m: 8:59.17 44.83	800m: 11:55.57 43.04	
DNS	Ines Maria Lanca	09	União Piedense		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

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3 - 2ª Jornada - 2ª Sessão

28.05.2023 - 15:30

Prova 7	Masc., 1500m Livres				Juvenis
28.05.2023 - 15:30					Resultados
Rec Regional Juv A	16:01.32	Diogo Santos Cardoso	POR	Guarda	2016
Rec Regional Juv B	15:55.78	Rui Silva Pereira	POR	Tomar	2023
Rec Regional Absoluto	15:00.35	Filipe Miguel Santo	POR	Alges	2018
Rec Nacional Juv A	15:36.31	Rui Filipe Costa	POR		2007
Rec Nacional Juv B	16:09.71	Luis Miguel Monteiro	POR	Felgueiras	1998
Rec Nacional Absoluto	14:39.82	Jose Paulo Lopes	POR	Abu Dhabi (UAE)	2021

Mínimo Participação Juv B: 19:51.17; Juv A: 19:16.48

Pontos: FINA 2022

Pos.	Nadador	Ano	Clube	Tempo	Pts
<b>Juvenis B</b>					
1.	Afonso Gago Garcia	08	Benfica	<b>16:57.69</b>	576
	50m: 31.46 31.46	450m: 5:05.14 34.46	850m: 9:37.72 33.48	1250m: 14:07.29 33.81	
	100m: 1:04.75 33.29	500m: 5:40.32 35.18	900m: 10:11.49 33.77	1300m: 14:41.44 34.15	
	150m: 1:38.63 33.88	550m: 6:14.02 33.70	950m: 10:45.48 33.99	1350m: 15:15.85 34.41	
	200m: 2:12.83 34.20	600m: 6:48.00 33.98	1000m: 11:19.58 34.10	1400m: 15:49.79 33.94	
	250m: 2:47.46 34.63	650m: 7:21.96 33.96	1050m: 11:53.16 33.58	1450m: 16:24.13 34.34	
	300m: 3:21.67 34.21	700m: 7:56.52 34.56	1100m: 12:26.31 33.15	1500m: 16:57.69 33.56	
	350m: 3:56.05 34.38	750m: 8:30.45 33.93	1150m: 12:59.83 33.52		
	400m: 4:30.68 34.63	800m: 9:04.24 33.79	1200m: 13:33.48 33.65		
2.	Ricardo Figueiredo Fernandes	08	Colegio Int Monte Maior	<b>17:03.03</b>	567
	50m: 32.23 32.23	450m: 5:01.86 34.09	850m: 9:38.41 34.50	1250m: 14:13.55 34.68	
	100m: 1:04.97 32.74	500m: 5:36.68 34.82	900m: 10:12.52 34.11	1300m: 14:47.72 34.17	
	150m: 1:38.47 33.50	550m: 6:11.28 34.60	950m: 10:46.30 33.78	1350m: 15:22.41 34.69	
	200m: 2:12.25 33.78	600m: 6:46.24 34.96	1000m: 11:20.81 34.51	1400m: 15:56.69 34.28	
	250m: 2:45.96 33.71	650m: 7:20.68 34.44	1050m: 11:54.77 33.96	1450m: 16:30.85 34.16	
	300m: 3:19.61 33.65	700m: 7:55.60 34.92	1100m: 12:29.72 34.95	1500m: 17:03.03 32.18	
	350m: 3:53.69 34.08	750m: 8:29.78 34.18	1150m: 13:04.39 34.67		
	400m: 4:27.77 34.08	800m: 9:03.91 34.13	1200m: 13:38.87 34.48		
3.	Pedro Saad Oliveira	08	Sporting	<b>17:29.83</b>	524
	50m: 33.11 33.11	450m: 5:11.28 35.40	850m: 9:54.17 35.54	1250m: 14:35.25 35.15	
	100m: 1:07.39 34.28	500m: 5:46.38 35.10	900m: 10:29.01 34.84	1300m: 15:10.84 35.59	
	150m: 1:41.66 34.27	550m: 6:21.95 35.57	950m: 11:04.39 35.38	1350m: 15:46.34 35.50	
	200m: 2:16.15 34.49	600m: 6:57.69 35.74	1000m: 11:39.38 34.99	1400m: 16:21.41 35.07	
	250m: 2:50.85 34.70	650m: 7:32.97 35.28	1050m: 12:14.34 34.96	1450m: 16:56.52 35.11	
	300m: 3:26.28 35.43	700m: 8:08.15 35.18	1100m: 12:49.48 35.14	1500m: 17:29.83 33.31	
	350m: 4:01.02 34.74	750m: 8:43.33 35.18	1150m: 13:24.79 35.31		
	400m: 4:35.88 34.86	800m: 9:18.63 35.30	1200m: 14:00.10 35.31		
4.	David Jesus Morgado	08	Sporting	<b>17:38.66</b>	511
	50m: 33.01 33.01	450m: 5:14.48 35.58	850m: 9:58.79 35.63	1250m: 14:44.58 35.17	
	100m: 1:07.72 34.71	500m: 5:49.88 35.40	900m: 10:34.58 35.79	1300m: 15:19.83 35.25	
	150m: 1:42.90 35.18	550m: 6:25.44 35.56	950m: 11:10.66 36.08	1350m: 15:54.84 35.01	
	200m: 2:18.17 35.27	600m: 7:00.96 35.52	1000m: 11:46.50 35.84	1400m: 16:30.01 35.17	
	250m: 2:53.18 35.01	650m: 7:36.66 35.70	1050m: 12:22.37 35.87	1450m: 17:04.97 34.96	
	300m: 3:28.13 34.95	700m: 8:12.45 35.79	1100m: 12:58.27 35.90	1500m: 17:38.66 33.69	
	350m: 4:03.44 35.31	750m: 8:47.98 35.53	1150m: 13:33.83 35.56		
	400m: 4:38.90 35.46	800m: 9:23.16 35.18	1200m: 14:09.41 35.58		
5.	Pedro Caiada Rodrigues	08	Benfica	<b>17:43.23</b>	505
	50m: 31.68 31.68	450m: 5:03.56 35.12	850m: 9:50.00 36.04	1250m: 14:42.28 36.48	
	100m: 1:03.88 32.20	500m: 5:38.63 35.07	900m: 10:26.82 36.82	1300m: 15:18.74 36.46	
	150m: 1:37.03 33.15	550m: 6:13.38 34.75	950m: 11:03.34 36.52	1350m: 15:54.42 36.68	
	200m: 2:10.86 33.83	600m: 6:48.61 35.23	1000m: 11:39.64 36.30	1400m: 16:31.48 36.06	
	250m: 2:44.89 34.03	650m: 7:24.26 35.65	1050m: 12:16.42 36.78	1450m: 17:07.75 36.27	
	300m: 3:19.30 34.41	700m: 8:00.49 36.23	1100m: 12:53.02 36.60	1500m: 17:43.23 35.48	
	350m: 3:53.60 34.30	750m: 8:37.05 36.56	1150m: 13:28.82 35.80		
	400m: 4:28.44 34.84	800m: 9:13.96 36.91	1200m: 14:05.80 36.98		
6.	Henrique Barros Domingos	08	Sporting	<b>17:54.70</b>	489
	50m: 33.43 33.43	450m: 5:18.35 35.95	850m: 10:05.63 35.89	1250m: 14:55.89 36.54	
	100m: 1:08.59 35.16	500m: 5:54.18 35.83	900m: 10:41.86 36.23	1300m: 15:31.39 35.50	
	150m: 1:44.10 35.51	550m: 6:29.95 35.77	950m: 11:17.74 35.88	1350m: 16:07.53 36.14	
	200m: 2:19.86 35.76	600m: 7:05.98 36.03	1000m: 11:54.02 36.28	1400m: 16:43.51 35.98	
	250m: 2:55.34 35.48	650m: 7:41.67 35.69	1050m: 12:30.40 36.38	1450m: 17:19.83 36.32	
	300m: 3:30.92 35.58	700m: 8:17.77 36.10	1100m: 13:06.73 36.33	1500m: 17:54.70 34.87	
	350m: 4:06.53 35.61	750m: 8:53.82 36.05	1150m: 13:43.01 36.28		
	400m: 4:42.40 35.87	800m: 9:29.74 35.92	1200m: 14:19.35 36.34		

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Prova 7, Masc., 1500m Livres, Juvenis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
7.	Alexandre Frederico Braz	08	Sporting	<b>18:06.67</b>	473
	50m: 34.91 34.91	450m: 5:26.95 36.62	850m: 10:16.27 36.10	1250m: 15:06.11 36.51	
	100m: 1:11.05 36.14	500m: 6:03.27 36.32	900m: 10:51.99 35.72	1300m: 15:42.36 36.25	
	150m: 1:47.59 36.54	550m: 6:39.49 36.22	950m: 11:27.88 35.89	1350m: 16:18.28 35.92	
	200m: 2:24.44 36.85	600m: 7:15.77 36.28	1000m: 12:03.99 36.11	1400m: 16:54.95 36.67	
	250m: 3:00.86 36.42	650m: 7:51.94 36.17	1050m: 12:40.34 36.35	1450m: 17:31.13 36.18	
	300m: 3:37.33 36.47	700m: 8:28.04 36.10	1100m: 13:16.33 35.99	1500m: 18:06.67 35.54	
	350m: 4:13.93 36.60	750m: 9:04.41 36.37	1150m: 13:53.08 36.75		
	400m: 4:50.33 36.40	800m: 9:40.17 35.76	1200m: 14:29.60 36.52		
8.	Afonso Mendonca Ornelas	08	Geslours	<b>18:13.40</b>	464
	50m: 32.95 32.95	450m: 5:24.88 35.58	850m: 10:19.14 36.38	1250m: 15:16.00 37.00	
	100m: 1:09.25 36.30	500m: 6:02.57 37.69	900m: 10:56.83 37.69	1300m: 15:51.67 35.67	
	150m: 1:45.05 35.80	550m: 6:39.29 36.72	950m: 11:34.76 37.93	1350m: 16:29.08 37.41	
	200m: 2:22.33 37.28	600m: 7:16.21 36.92	1000m: 12:11.47 36.71	1400m: 17:03.97 34.89	
	250m: 2:59.15 36.82	650m: 7:53.09 36.88	1050m: 12:47.96 36.49	1450m: 17:40.08 36.11	
	300m: 3:35.29 36.14	700m: 8:30.21 37.12	1100m: 13:25.68 37.72	1500m: 18:13.40 33.32	
	350m: 4:12.60 37.31	750m: 9:07.25 37.04	1150m: 14:02.46 36.78		
	400m: 4:49.30 36.70	800m: 9:42.76 35.51	1200m: 14:39.00 36.54		
9.	Goncalo Jorge Lima	08	Sporting	<b>18:20.33</b>	455
	50m: 33.73 33.73	450m: 5:31.53 37.41	850m: 10:28.85 37.01	1250m: 15:22.33 36.36	
	100m: 1:10.40 36.67	500m: 6:08.71 37.18	900m: 11:05.89 37.04	1300m: 15:58.16 35.83	
	150m: 1:47.45 37.05	550m: 6:46.03 37.32	950m: 11:42.86 36.97	1350m: 16:34.46 36.30	
	200m: 2:25.23 37.78	600m: 7:23.15 37.12	1000m: 12:19.90 37.04	1400m: 17:10.50 36.04	
	250m: 3:02.28 37.05	650m: 8:00.24 37.09	1050m: 12:56.46 36.56	1450m: 17:46.22 35.72	
	300m: 3:39.53 37.25	700m: 8:37.73 37.49	1100m: 13:33.17 36.71	1500m: 18:20.33 34.11	
	350m: 4:16.84 37.31	750m: 9:14.94 37.21	1150m: 14:09.55 36.38		
	400m: 4:54.12 37.28	800m: 9:51.84 36.90	1200m: 14:45.97 36.42		
10.	Afonso Oliveira Diniz	08	Benfica	<b>18:24.59</b>	450
	50m: 34.72 34.72	450m: 5:28.93 36.93	850m: 10:22.25 36.77	1250m: 15:20.81 37.45	
	100m: 1:11.32 36.60	500m: 6:05.49 36.56	900m: 10:59.42 37.17	1300m: 15:57.94 37.13	
	150m: 1:48.18 36.86	550m: 6:42.14 36.65	950m: 11:36.58 37.16	1350m: 16:34.85 36.91	
	200m: 2:25.53 37.35	600m: 7:18.77 36.63	1000m: 12:13.83 37.25	1400m: 17:12.13 37.28	
	250m: 3:02.03 36.50	650m: 7:55.56 36.79	1050m: 12:51.30 37.47	1450m: 17:49.07 36.94	
	300m: 3:38.61 36.58	700m: 8:31.99 36.43	1100m: 13:28.71 37.41	1500m: 18:24.59 35.52	
	350m: 4:15.36 36.75	750m: 9:08.52 36.53	1150m: 14:06.04 37.33		
	400m: 4:52.00 36.64	800m: 9:45.48 36.96	1200m: 14:43.36 37.32		
11.	Joao Filipe Prazeres	08	Geslours	<b>18:48.26</b>	422
	50m: 34.62 34.62	450m: 5:32.90 37.84	850m: 10:36.13 37.86	1250m: 15:42.30 38.06	
	100m: 1:10.71 36.09	500m: 6:09.91 37.61	900m: 11:14.27 38.14	1300m: 16:20.31 38.01	
	150m: 1:47.30 36.59	550m: 6:47.96 38.05	950m: 11:53.00 38.73	1350m: 16:58.52 38.21	
	200m: 2:25.11 37.81	600m: 7:26.31 38.35	1000m: 12:30.94 37.94	1400m: 17:36.63 38.11	
	250m: 3:02.17 37.06	650m: 8:03.95 37.64	1050m: 13:09.60 38.66	1450m: 18:13.95 37.32	
	300m: 3:39.53 37.36	700m: 8:42.12 38.17	1100m: 13:47.89 38.29	1500m: 18:48.26 34.31	
	350m: 4:16.98 37.45	750m: 9:20.04 37.92	1150m: 14:25.78 37.89		
	400m: 4:54.46 37.48	800m: 9:58.27 38.23	1200m: 15:04.24 38.46		
12.	David Filipe Boleo	08	Sporting	<b>19:03.04</b>	406
	50m: 34.44 34.44	450m: 5:38.84 38.37	850m: 10:47.96 38.75	1250m: 15:54.45 38.09	
	100m: 1:11.16 36.72	500m: 6:17.32 38.48	900m: 11:26.43 38.47	1300m: 16:32.34 37.89	
	150m: 1:49.08 37.92	550m: 6:56.04 38.72	950m: 12:04.88 38.45	1350m: 17:10.79 38.45	
	200m: 2:27.12 38.04	600m: 7:34.54 38.50	1000m: 12:43.23 38.35	1400m: 17:48.54 37.75	
	250m: 3:04.80 37.68	650m: 8:13.22 38.68	1050m: 13:21.60 38.37	1450m: 18:25.77 37.23	
	300m: 3:43.20 38.40	700m: 8:52.10 38.88	1100m: 13:59.97 38.37	1500m: 19:03.04 37.27	
	350m: 4:21.89 38.69	750m: 9:30.33 38.23	1150m: 14:38.35 38.38		
	400m: 5:00.47 38.58	800m: 10:09.21 38.88	1200m: 15:16.36 38.01		
13.	Francisco Rodrigues Vilar	08	Sporting	<b>19:42.01</b>	367
	50m: 37.45 37.45	450m: 5:50.81 39.92	850m: 11:07.49 40.01	1250m: 16:25.97 40.05	
	100m: 1:16.06 38.61	500m: 6:30.30 39.49	900m: 11:47.78 40.29	1300m: 17:06.03 40.06	
	150m: 1:54.79 38.73	550m: 7:09.11 38.81	950m: 12:27.68 39.90	1350m: 17:45.81 39.78	
	200m: 2:33.91 39.12	600m: 7:48.98 39.87	1000m: 13:07.20 39.52	1400m: 18:24.47 38.66	
	250m: 3:13.31 39.40	650m: 8:28.65 39.67	1050m: 13:46.97 39.77	1450m: 19:03.21 38.74	
	300m: 3:52.62 39.31	700m: 9:08.15 39.50	1100m: 14:26.90 39.93	1500m: 19:42.01 38.80	
	350m: 4:31.72 39.10	750m: 9:47.97 39.82	1150m: 15:06.55 39.65		
	400m: 5:10.89 39.17	800m: 10:27.48 39.51	1200m: 15:45.92 39.37		
14.	Mykhailo Kulyk	08	Sporting	<b>19:52.70</b>	357
	<i>Fora Minimo Acesso</i>				
	50m: 36.22 36.22	450m: 5:53.11 40.61	850m: 11:14.00 40.13	1250m: 16:35.01 40.29	
	100m: 1:13.89 37.67	500m: 6:33.35 40.24	900m: 11:53.75 39.75	1300m: 17:15.14 40.13	
	150m: 1:52.91 39.02	550m: 7:13.94 40.59	950m: 12:34.06 40.31	1350m: 17:55.07 39.93	
	200m: 2:33.03 40.12	600m: 7:54.85 40.91	1000m: 13:14.15 40.09	1400m: 18:34.77 39.70	
	250m: 3:13.12 40.09	650m: 8:34.34 39.49	1050m: 13:54.79 40.64	1450m: 19:14.58 39.81	
	300m: 3:52.82 39.70	700m: 9:14.02 39.68	1100m: 14:34.61 39.82	1500m: 19:52.70 38.12	
	350m: 4:32.69 39.87	750m: 9:54.10 40.08	1150m: 15:14.34 39.73		
	400m: 5:12.50 39.81	800m: 10:33.87 39.77	1200m: 15:54.72 40.38		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 7, Masc., 1500m Livres, Juvenis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
15.	Rodrigo Capitaó Chora <i>Fora Mínimo Acesso</i>	08	Naval Setubalense	<b>20:16.21</b>	337
	50m: 35.63 35.63	450m: 5:51.27 40.75	850m: 11:18.09 40.72	1250m: 16:50.19 41.81	
	100m: 1:12.83 37.20	500m: 6:32.16 40.89	900m: 11:59.37 41.28	1300m: 17:31.99 41.80	
	150m: 1:51.04 38.21	550m: 7:13.38 41.22	950m: 12:40.80 41.43	1350m: 18:13.85 41.86	
	200m: 2:30.28 39.24	600m: 7:54.02 40.64	1000m: 13:22.36 41.56	1400m: 18:55.31 41.46	
	250m: 3:10.06 39.78	650m: 8:34.71 40.69	1050m: 14:03.66 41.30	1450m: 19:36.59 41.28	
	300m: 3:50.22 40.16	700m: 9:15.26 40.55	1100m: 14:45.20 41.54	1500m: 20:16.21 39.62	
	350m: 4:30.25 40.03	750m: 9:56.35 41.09	1150m: 15:26.60 41.40		
	400m: 5:10.52 40.27	800m: 10:37.37 41.02	1200m: 16:08.38 41.78		
16.	Tiago Filipe Esteves <i>Fora Mínimo Acesso</i>	08	Naval Setubalense	<b>20:43.54</b>	315
	50m: 38.08 38.08	450m: 6:09.94 41.97	850m: 11:45.35 41.99	1250m: 17:18.54 41.79	
	100m: 1:18.61 40.53	500m: 6:52.04 42.10	900m: 12:26.98 41.63	1300m: 17:59.99 41.45	
	150m: 2:00.31 41.70	550m: 7:34.07 42.03	950m: 13:08.69 41.71	1350m: 18:41.46 41.47	
	200m: 2:41.79 41.48	600m: 8:15.83 41.76	1000m: 13:50.08 41.39	1400m: 19:22.98 41.52	
	250m: 3:23.29 41.50	650m: 8:57.90 42.07	1050m: 14:31.38 41.30	1450m: 20:04.20 41.22	
	300m: 4:04.93 41.64	700m: 9:39.65 41.75	1100m: 15:13.28 41.90	1500m: 20:43.54 39.34	
	350m: 4:46.08 41.15	750m: 10:21.51 41.86	1150m: 15:55.08 41.80		
	400m: 5:27.97 41.89	800m: 11:03.36 41.85	1200m: 16:36.75 41.67		

Juvenis A

1.	Axel Guedes Asmar	07	Sporting	<b>16:28.00</b>	629
	50m: 30.67 30.67	450m: 4:48.64 32.87	850m: 9:14.74 33.72	1250m: 13:41.81 33.31	
	100m: 1:01.87 31.20	500m: 5:21.69 33.05	900m: 9:47.85 33.11	1300m: 14:15.32 33.51	
	150m: 1:33.80 31.93	550m: 5:54.51 32.82	950m: 10:20.80 32.95	1350m: 14:49.00 33.68	
	200m: 2:05.83 32.03	600m: 6:27.54 33.03	1000m: 10:54.15 33.35	1400m: 15:23.03 34.03	
	250m: 2:37.96 32.13	650m: 7:00.92 33.38	1050m: 11:27.62 33.47	1450m: 15:56.52 33.49	
	300m: 3:10.55 32.59	700m: 7:33.96 33.04	1100m: 12:01.62 34.00	1500m: 16:28.00 31.48	
	350m: 3:43.14 32.59	750m: 8:07.77 33.81	1150m: 12:34.92 33.30		
	400m: 4:15.77 32.63	800m: 8:41.02 33.25	1200m: 13:08.50 33.58		
2.	Miguel Braga Gomes	07	Sporting	<b>16:52.84</b>	584
	50m: 31.29 31.29	450m: 4:59.63 33.64	850m: 9:30.60 34.14	1250m: 14:02.12 34.23	
	100m: 1:04.14 32.85	500m: 5:33.44 33.81	900m: 10:04.36 33.76	1300m: 14:36.79 34.67	
	150m: 1:37.43 33.29	550m: 6:06.64 33.20	950m: 10:38.06 33.70	1350m: 15:11.16 34.37	
	200m: 2:11.09 33.66	600m: 6:40.38 33.74	1000m: 11:11.92 33.86	1400m: 15:45.82 34.66	
	250m: 2:44.65 33.56	650m: 7:14.23 33.85	1050m: 11:45.75 33.83	1450m: 16:20.51 34.69	
	300m: 3:18.50 33.85	700m: 7:48.25 34.02	1100m: 12:19.80 34.05	1500m: 16:52.84 32.33	
	350m: 3:52.22 33.72	750m: 8:22.25 34.00	1150m: 12:53.67 33.87		
	400m: 4:25.99 33.77	800m: 8:56.46 34.21	1200m: 13:27.89 34.22		
3.	Daniel Casaca Carvalho	07	Colégio Vasco da Gama	<b>16:53.20</b>	583
	50m: 30.53 30.53	450m: 4:59.61 33.64	850m: 9:35.26 34.23	1250m: 14:07.11 33.59	
	100m: 1:03.50 32.97	500m: 5:33.68 34.07	900m: 10:09.70 34.44	1300m: 14:40.91 33.80	
	150m: 1:36.78 33.28	550m: 6:08.09 34.41	950m: 10:43.94 34.24	1350m: 15:14.80 33.89	
	200m: 2:10.56 33.78	600m: 6:42.53 34.44	1000m: 11:18.54 34.60	1400m: 15:48.20 33.40	
	250m: 2:44.47 33.91	650m: 7:17.02 34.49	1050m: 11:52.06 33.52	1450m: 16:21.67 33.47	
	300m: 3:18.11 33.64	700m: 7:51.48 34.46	1100m: 12:25.74 33.68	1500m: 16:53.20 31.53	
	350m: 3:52.12 34.01	750m: 8:26.11 34.53	1150m: 12:59.90 34.16		
	400m: 4:25.97 33.85	800m: 9:01.03 35.02	1200m: 13:33.52 33.62		
4.	Rafael Miguel Mimoso	07	Benfica	<b>17:09.87</b>	556
	50m: 32.99 32.99	450m: 5:00.07 33.46	850m: 9:32.50 34.32	1250m: 14:11.01 35.80	
	100m: 1:05.37 32.38	500m: 5:33.79 33.72	900m: 10:06.47 33.97	1300m: 14:46.57 35.56	
	150m: 1:38.45 33.08	550m: 6:07.32 33.53	950m: 10:40.87 34.40	1350m: 15:22.49 35.92	
	200m: 2:12.28 33.83	600m: 6:41.37 34.05	1000m: 11:15.34 34.47	1400m: 15:58.18 35.69	
	250m: 2:45.89 33.61	650m: 7:15.39 34.02	1050m: 11:50.24 34.90	1450m: 16:34.18 36.00	
	300m: 3:19.49 33.60	700m: 7:49.60 34.21	1100m: 12:24.91 34.67	1500m: 17:09.87 35.69	
	350m: 3:53.01 33.52	750m: 8:24.03 34.43	1150m: 12:59.69 34.78		
	400m: 4:26.61 33.60	800m: 8:58.18 34.15	1200m: 13:35.21 35.52		
5.	Vicente Dias Maia	07	Alges	<b>17:31.68</b>	522
	50m: 33.01 33.01	450m: 5:14.68 35.10	850m: 9:55.48 35.43	1250m: 14:39.03 36.26	
	100m: 1:07.43 34.42	500m: 5:49.35 34.67	900m: 10:31.23 35.75	1300m: 15:13.75 34.72	
	150m: 1:42.01 34.58	550m: 6:24.63 35.28	950m: 11:06.40 35.17	1350m: 15:48.95 35.20	
	200m: 2:17.41 35.40	600m: 7:00.13 35.50	1000m: 11:41.33 34.93	1400m: 16:24.21 35.26	
	250m: 2:53.22 35.81	650m: 7:34.92 34.79	1050m: 12:16.54 35.21	1450m: 16:58.73 34.52	
	300m: 3:29.47 36.25	700m: 8:10.03 35.11	1100m: 12:52.07 35.53	1500m: 17:31.68 32.95	
	350m: 4:04.21 34.74	750m: 8:45.02 34.99	1150m: 13:27.18 35.11		
	400m: 4:39.58 35.37	800m: 9:20.05 35.03	1200m: 14:02.77 35.59		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 7, Masc., 1500m Livres, Juvenis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
6.	Bruno Cesar Gouveia	07	Sporting	<b>17:36.37</b>	515
	50m: 30.75	450m: 5:05.99	35.24	850m: 9:53.20	36.25
	100m: 1:03.34	500m: 5:41.52	35.53	900m: 10:29.51	36.31
	150m: 1:37.14	550m: 6:17.11	35.59	950m: 11:05.23	35.72
	200m: 2:11.51	600m: 6:52.66	35.55	1000m: 11:41.45	36.22
	250m: 2:45.91	650m: 7:28.53	35.87	1050m: 12:17.55	36.10
	300m: 3:20.76	700m: 8:04.29	35.76	1100m: 12:53.51	35.96
	350m: 3:55.45	750m: 8:40.33	36.04	1150m: 13:29.32	35.81
	400m: 4:30.75	800m: 9:16.95	36.62	1200m: 14:05.67	36.35
				1250m: 14:41.59	35.92
				1300m: 15:17.50	35.91
				1350m: 15:53.42	35.92
				1400m: 16:28.95	35.53
				1450m: 17:03.96	35.01
				1500m: 17:36.37	32.41
7.	Joao Dinis Roque	07	Sporting	<b>17:49.35</b>	496
	50m: 32.55	450m: 5:09.60	35.18	850m: 9:55.87	36.09
	100m: 1:06.50	500m: 5:45.11	35.51	900m: 10:31.52	35.65
	150m: 1:40.15	550m: 6:20.65	35.54	950m: 11:07.99	36.47
	200m: 2:14.43	600m: 6:56.48	35.83	1000m: 11:44.64	36.65
	250m: 2:49.72	650m: 7:31.91	35.43	1050m: 12:21.66	37.02
	300m: 3:23.95	700m: 8:07.96	36.05	1100m: 12:58.19	36.53
	350m: 3:58.98	750m: 8:44.00	36.04	1150m: 13:35.09	36.90
	400m: 4:34.42	800m: 9:19.78	35.78	1200m: 14:11.57	36.48
				1250m: 14:48.31	36.74
				1300m: 15:24.66	36.35
				1350m: 16:02.41	37.75
				1400m: 16:38.81	36.40
				1450m: 17:14.76	35.95
				1500m: 17:49.35	34.59
8.	Michele Francesco Barberi	07	Sporting	<b>18:00.92</b>	480
	50m: 33.81	450m: 5:22.78	36.32	850m: 10:14.32	36.67
	100m: 1:09.58	500m: 5:59.08	36.30	900m: 10:49.96	35.64
	150m: 1:45.31	550m: 6:35.36	36.28	950m: 11:26.22	36.26
	200m: 2:21.15	600m: 7:11.78	36.42	1000m: 12:02.63	36.41
	250m: 2:57.49	650m: 7:48.17	36.39	1050m: 12:38.64	36.01
	300m: 3:33.70	700m: 8:24.49	36.32	1100m: 13:14.76	36.12
	350m: 4:09.98	750m: 9:01.43	36.94	1150m: 13:51.15	36.39
	400m: 4:46.46	800m: 9:37.65	36.22	1200m: 14:27.41	36.26
				1250m: 15:04.16	36.75
				1300m: 15:40.30	36.14
				1350m: 16:16.75	36.45
				1400m: 16:52.02	35.27
				1450m: 17:26.39	34.37
				1500m: 18:00.92	34.53
9.	Antonio Rego Arsenio	07	Alges	<b>18:22.34</b>	453
	50m: 32.98	450m: 5:19.06	35.93	850m: 10:12.46	36.84
	100m: 1:08.33	500m: 5:55.12	36.06	900m: 10:49.85	37.39
	150m: 1:43.56	550m: 6:31.38	36.26	950m: 11:27.11	37.26
	200m: 2:19.17	600m: 7:08.03	36.65	1000m: 12:04.58	37.47
	250m: 2:55.06	650m: 7:44.58	36.55	1050m: 12:42.09	37.51
	300m: 3:30.82	700m: 8:21.54	36.96	1100m: 13:19.82	37.73
	350m: 4:06.90	750m: 8:58.56	37.02	1150m: 13:57.57	37.75
	400m: 4:43.13	800m: 9:35.62	37.06	1200m: 14:35.25	37.68
				1250m: 15:13.07	37.82
				1300m: 15:51.06	37.99
				1350m: 16:29.10	38.04
				1400m: 17:07.27	38.17
				1450m: 17:45.67	38.40
				1500m: 18:22.34	36.67
10.	Gabriel Martins Tusan	07	Sporting	<b>18:31.12</b>	442
	50m: 33.68	450m: 5:28.67	37.71	850m: 10:27.37	37.53
	100m: 1:08.73	500m: 6:05.74	37.07	900m: 11:04.96	37.59
	150m: 1:45.33	550m: 6:43.19	37.45	950m: 11:42.03	37.07
	200m: 2:22.02	600m: 7:20.82	37.63	1000m: 12:19.67	37.64
	250m: 2:59.26	650m: 7:57.64	36.82	1050m: 12:57.61	37.94
	300m: 3:36.17	700m: 8:34.99	37.35	1100m: 13:34.73	37.12
	350m: 4:13.25	750m: 9:12.42	37.43	1150m: 14:12.54	37.81
	400m: 4:50.96	800m: 9:49.84	37.42	1200m: 14:50.33	37.79
				1250m: 15:28.28	37.95
				1300m: 16:05.73	37.45
				1350m: 16:43.42	37.69
				1400m: 17:20.39	36.97
				1450m: 17:55.85	35.46
				1500m: 18:31.12	35.27
11.	Tomas Santos Braga	07	Colégio Vasco da Gama	<b>18:47.37</b>	423
	50m: 31.84	450m: 5:23.23	37.21	850m: 10:25.14	39.07
	100m: 1:06.84	500m: 6:00.01	36.78	900m: 11:03.95	38.81
	150m: 1:42.90	550m: 6:37.16	37.15	950m: 11:42.61	38.66
	200m: 2:18.74	600m: 7:14.47	37.31	1000m: 12:21.26	38.65
	250m: 2:55.30	650m: 7:51.58	37.11	1050m: 13:00.00	38.74
	300m: 3:32.02	700m: 8:29.17	37.59	1100m: 13:39.05	39.05
	350m: 4:08.88	750m: 9:07.36	38.19	1150m: 14:16.85	37.80
	400m: 4:46.02	800m: 9:46.07	38.71	1200m: 14:55.26	38.41
				1250m: 15:34.07	38.81
				1300m: 16:13.59	39.52
				1350m: 16:53.20	39.61
				1400m: 17:31.81	38.61
				1450m: 18:10.31	38.50
				1500m: 18:47.37	37.06
12.	Tiago Dinis Ferreira	07	Geslours	<b>19:02.78</b>	406
	50m: 35.38	450m: 5:39.45	38.30	850m: 10:47.43	38.46
	100m: 1:12.41	500m: 6:18.02	38.57	900m: 11:25.31	37.88
	150m: 1:49.99	550m: 6:56.64	38.62	950m: 12:03.97	38.66
	200m: 2:27.98	600m: 7:35.10	38.46	1000m: 12:41.96	37.99
	250m: 3:06.02	650m: 8:13.82	38.72	1050m: 13:20.45	38.49
	300m: 3:44.18	700m: 8:52.22	38.40	1100m: 13:58.60	38.15
	350m: 4:22.59	750m: 9:30.50	38.28	1150m: 14:37.37	38.77
	400m: 5:01.15	800m: 10:08.97	38.47	1200m: 15:16.36	38.99
				1250m: 15:55.42	39.06
				1300m: 16:33.95	38.53
				1350m: 17:12.25	38.30
				1400m: 17:50.53	38.28
				1450m: 18:28.14	37.61
				1500m: 19:02.78	34.64

Juvenis

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

apoios institucionais



parceiros



Prova 7, Masc., 1500m Livres, Juvenis

Pos.	Nadador	Ano	Clube	Tempo	Pts
1.	Axel Guedes Asmar	07	Sporting	<b>16:28.00</b>	629
	50m: 30.67 30.67	450m: 4:48.64 32.87	850m: 9:14.74 33.72	1250m: 13:41.81 33.31	
	100m: 1:01.87 31.20	500m: 5:21.69 33.05	900m: 9:47.85 33.11	1300m: 14:15.32 33.51	
	150m: 1:33.80 31.93	550m: 5:54.51 32.82	950m: 10:20.80 32.95	1350m: 14:49.00 33.68	
	200m: 2:05.83 32.03	600m: 6:27.54 33.03	1000m: 10:54.15 33.35	1400m: 15:23.03 34.03	
	250m: 2:37.96 32.13	650m: 7:00.92 33.38	1050m: 11:27.62 33.47	1450m: 15:56.52 33.49	
	300m: 3:10.55 32.59	700m: 7:33.96 33.04	1100m: 12:01.62 34.00	1500m: 16:28.00 31.48	
	350m: 3:43.14 32.59	750m: 8:07.77 33.81	1150m: 12:34.92 33.30		
	400m: 4:15.77 32.63	800m: 8:41.02 33.25	1200m: 13:08.50 33.58		
2.	Miguel Braga Gomes	07	Sporting	<b>16:52.84</b>	584
	50m: 31.29 31.29	450m: 4:59.63 33.64	850m: 9:30.60 34.14	1250m: 14:02.12 34.23	
	100m: 1:04.14 32.85	500m: 5:33.44 33.81	900m: 10:04.36 33.76	1300m: 14:36.79 34.67	
	150m: 1:37.43 33.29	550m: 6:06.64 33.20	950m: 10:38.06 33.70	1350m: 15:11.16 34.37	
	200m: 2:11.09 33.66	600m: 6:40.38 33.74	1000m: 11:11.92 33.86	1400m: 15:45.82 34.66	
	250m: 2:44.65 33.56	650m: 7:14.23 33.85	1050m: 11:45.75 33.83	1450m: 16:20.51 34.69	
	300m: 3:18.50 33.85	700m: 7:48.25 34.02	1100m: 12:19.80 34.05	1500m: 16:52.84 32.33	
	350m: 3:52.22 33.72	750m: 8:22.25 34.00	1150m: 12:53.67 33.87		
	400m: 4:25.99 33.77	800m: 8:56.46 34.21	1200m: 13:27.89 34.22		
3.	Daniel Casaca Carvalho	07	Colégio Vasco da Gama	<b>16:53.20</b>	583
	50m: 30.53 30.53	450m: 4:59.61 33.64	850m: 9:35.26 34.23	1250m: 14:07.11 33.59	
	100m: 1:03.50 32.97	500m: 5:33.68 34.07	900m: 10:09.70 34.44	1300m: 14:40.91 33.80	
	150m: 1:36.78 33.28	550m: 6:08.09 34.41	950m: 10:43.94 34.24	1350m: 15:14.80 33.89	
	200m: 2:10.56 33.78	600m: 6:42.53 34.44	1000m: 11:18.54 34.60	1400m: 15:48.20 33.40	
	250m: 2:44.47 33.91	650m: 7:17.02 34.49	1050m: 11:52.06 33.52	1450m: 16:21.67 33.47	
	300m: 3:18.11 33.64	700m: 7:51.48 34.46	1100m: 12:25.74 33.68	1500m: 16:53.20 31.53	
	350m: 3:52.12 34.01	750m: 8:26.01 34.53	1150m: 12:59.90 34.16		
	400m: 4:25.97 33.85	800m: 9:01.03 35.02	1200m: 13:33.52 33.62		
4.	Afonso Gago Garcia	08	Benfica	<b>16:57.69</b>	576
	50m: 31.46 31.46	450m: 5:05.14 34.46	850m: 9:37.72 33.48	1250m: 14:07.29 33.81	
	100m: 1:04.75 33.29	500m: 5:40.32 35.18	900m: 10:11.49 33.77	1300m: 14:41.44 34.15	
	150m: 1:38.63 33.88	550m: 6:14.02 33.70	950m: 10:45.48 33.99	1350m: 15:15.85 34.41	
	200m: 2:12.83 34.20	600m: 6:48.00 33.98	1000m: 11:19.58 34.10	1400m: 15:49.79 33.94	
	250m: 2:47.46 34.63	650m: 7:21.96 33.96	1050m: 11:53.16 33.58	1450m: 16:24.13 34.34	
	300m: 3:21.67 34.21	700m: 7:56.52 34.56	1100m: 12:26.31 33.15	1500m: 16:57.69 33.56	
	350m: 3:56.05 34.38	750m: 8:30.45 33.93	1150m: 12:59.83 33.52		
	400m: 4:30.68 34.63	800m: 9:04.24 33.79	1200m: 13:33.48 33.65		
5.	Ricardo Figueiredo Fernandes	08	Colegio Int Monte Maior	<b>17:03.03</b>	567
	50m: 32.23 32.23	450m: 5:01.86 34.09	850m: 9:38.41 34.50	1250m: 14:13.55 34.68	
	100m: 1:04.97 32.74	500m: 5:36.68 34.82	900m: 10:12.52 34.11	1300m: 14:47.72 34.17	
	150m: 1:38.47 33.50	550m: 6:11.28 34.60	950m: 10:46.30 33.78	1350m: 15:22.41 34.69	
	200m: 2:12.25 33.78	600m: 6:46.24 34.96	1000m: 11:20.81 34.51	1400m: 15:56.69 34.28	
	250m: 2:45.96 33.71	650m: 7:20.68 34.44	1050m: 11:54.77 33.96	1450m: 16:30.85 34.16	
	300m: 3:19.61 33.65	700m: 7:55.60 34.92	1100m: 12:29.72 34.95	1500m: 17:03.03 32.18	
	350m: 3:53.69 34.08	750m: 8:29.78 34.18	1150m: 13:04.39 34.67		
	400m: 4:27.77 34.08	800m: 9:03.91 34.13	1200m: 13:38.87 34.48		
6.	Rafael Miguel Mimoso	07	Benfica	<b>17:09.87</b>	556
	50m: 32.99 32.99	450m: 5:00.07 33.46	850m: 9:32.50 34.32	1250m: 14:11.01 35.80	
	100m: 1:05.37 32.38	500m: 5:33.79 33.72	900m: 10:06.47 33.97	1300m: 14:46.57 35.56	
	150m: 1:38.45 33.08	550m: 6:07.32 33.53	950m: 10:40.87 34.40	1350m: 15:22.49 35.92	
	200m: 2:12.28 33.83	600m: 6:41.37 34.05	1000m: 11:15.34 34.47	1400m: 15:58.18 35.69	
	250m: 2:45.89 33.61	650m: 7:15.39 34.02	1050m: 11:50.24 34.90	1450m: 16:34.18 36.00	
	300m: 3:19.49 33.60	700m: 7:49.60 34.21	1100m: 12:24.91 34.67	1500m: 17:09.87 35.69	
	350m: 3:53.01 33.52	750m: 8:24.03 34.43	1150m: 12:59.69 34.78		
	400m: 4:26.61 33.60	800m: 8:58.18 34.15	1200m: 13:35.21 35.52		
7.	Pedro Saad Oliveira	08	Sporting	<b>17:29.83</b>	524
	50m: 33.11 33.11	450m: 5:11.28 35.40	850m: 9:54.17 35.54	1250m: 14:35.25 35.15	
	100m: 1:07.39 34.28	500m: 5:46.38 35.10	900m: 10:29.01 34.84	1300m: 15:10.84 35.59	
	150m: 1:41.66 34.27	550m: 6:21.95 35.57	950m: 11:04.39 35.38	1350m: 15:46.34 35.50	
	200m: 2:16.15 34.49	600m: 6:57.69 35.74	1000m: 11:39.38 34.99	1400m: 16:21.41 35.07	
	250m: 2:50.85 34.70	650m: 7:32.97 35.28	1050m: 12:14.34 34.96	1450m: 16:56.52 35.11	
	300m: 3:26.28 35.43	700m: 8:08.15 35.18	1100m: 12:49.48 35.14	1500m: 17:29.83 33.31	
	350m: 4:01.02 34.74	750m: 8:43.33 35.18	1150m: 13:24.79 35.31		
	400m: 4:35.88 34.86	800m: 9:18.63 35.30	1200m: 14:00.10 35.31		
8.	Vicente Dias Maia	07	Alges	<b>17:31.68</b>	522
	50m: 33.01 33.01	450m: 5:14.68 35.10	850m: 9:55.48 35.43	1250m: 14:39.03 36.26	
	100m: 1:07.43 34.42	500m: 5:49.35 34.67	900m: 10:31.23 35.75	1300m: 15:13.75 34.72	
	150m: 1:42.01 34.58	550m: 6:24.63 35.28	950m: 11:06.40 35.17	1350m: 15:48.95 35.20	
	200m: 2:17.41 35.40	600m: 7:00.13 35.50	1000m: 11:41.33 34.93	1400m: 16:24.21 35.26	
	250m: 2:53.22 36.81	650m: 7:34.92 34.79	1050m: 12:16.54 35.21	1450m: 16:58.73 34.52	
	300m: 3:29.47 36.25	700m: 8:10.03 35.11	1100m: 12:52.07 35.53	1500m: 17:31.68 32.95	
	350m: 4:04.21 34.74	750m: 8:45.02 34.99	1150m: 13:27.18 35.11		
	400m: 4:39.58 35.37	800m: 9:20.05 35.03	1200m: 14:02.77 35.59		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 7, Masc., 1500m Livres, Juvenis

Pos.	Nadador	Ano	Clube	Tempo	Pts
9.	Bruno Cesar Gouveia	07	Sporting	<b>17:36.37</b>	515
	50m: 30.75 30.75	450m: 5:05.99 35.24	850m: 9:53.20 36.25	1250m: 14:41.59 35.92	
	100m: 1:03.34 32.59	500m: 5:41.52 35.53	900m: 10:29.51 36.31	1300m: 15:17.50 35.91	
	150m: 1:37.14 33.80	550m: 6:17.11 35.59	950m: 11:05.23 35.72	1350m: 15:53.42 35.92	
	200m: 2:11.51 34.37	600m: 6:52.66 35.55	1000m: 11:41.45 36.22	1400m: 16:28.95 35.53	
	250m: 2:45.91 34.40	650m: 7:28.53 35.87	1050m: 12:17.55 36.10	1450m: 17:03.96 35.01	
	300m: 3:20.76 34.85	700m: 8:04.29 35.76	1100m: 12:53.51 35.96	1500m: 17:36.37 32.41	
	350m: 3:55.45 34.69	750m: 8:40.33 36.04	1150m: 13:29.32 35.81		
	400m: 4:30.75 35.30	800m: 9:16.95 36.62	1200m: 14:05.67 36.35		
10.	David Jesus Morgado	08	Sporting	<b>17:38.66</b>	511
	50m: 33.01 33.01	450m: 5:14.48 35.58	850m: 9:58.79 35.63	1250m: 14:44.58 35.17	
	100m: 1:07.72 34.71	500m: 5:49.88 35.40	900m: 10:34.58 35.79	1300m: 15:19.83 35.25	
	150m: 1:42.90 35.18	550m: 6:25.44 35.56	950m: 11:10.66 36.08	1350m: 15:54.84 35.01	
	200m: 2:18.17 35.27	600m: 7:00.96 35.52	1000m: 11:46.50 35.84	1400m: 16:30.01 35.17	
	250m: 2:53.18 35.01	650m: 7:36.66 35.70	1050m: 12:22.37 35.87	1450m: 17:04.97 34.96	
	300m: 3:28.13 34.95	700m: 8:12.45 35.79	1100m: 12:58.27 35.90	1500m: 17:38.66 33.69	
	350m: 4:03.44 35.31	750m: 8:47.98 35.53	1150m: 13:33.83 35.56		
	400m: 4:38.90 35.46	800m: 9:23.16 35.18	1200m: 14:09.41 35.58		
11.	Pedro Caiada Rodrigues	08	Benfica	<b>17:43.23</b>	505
	50m: 31.68 31.68	450m: 5:03.56 35.12	850m: 9:50.00 36.04	1250m: 14:42.28 36.48	
	100m: 1:03.88 32.20	500m: 5:38.63 35.07	900m: 10:26.82 36.82	1300m: 15:18.74 36.46	
	150m: 1:37.03 33.15	550m: 6:13.38 34.75	950m: 11:03.34 36.52	1350m: 15:55.42 36.68	
	200m: 2:10.86 33.83	600m: 6:48.61 35.23	1000m: 11:39.64 36.30	1400m: 16:31.48 36.06	
	250m: 2:44.89 34.03	650m: 7:24.26 35.65	1050m: 12:16.42 36.78	1450m: 17:07.75 36.27	
	300m: 3:19.30 34.41	700m: 8:00.49 36.23	1100m: 12:53.02 36.60	1500m: 17:43.23 35.48	
	350m: 3:53.60 34.30	750m: 8:37.05 36.56	1150m: 13:28.82 35.80		
	400m: 4:28.44 34.84	800m: 9:13.96 36.91	1200m: 14:05.80 36.98		
12.	Joao Dinis Roque	07	Sporting	<b>17:49.35</b>	496
	50m: 32.55 32.55	450m: 5:09.60 35.18	850m: 9:55.87 36.09	1250m: 14:44.31 36.74	
	100m: 1:06.50 33.95	500m: 5:45.11 35.51	900m: 10:31.52 35.65	1300m: 15:24.66 36.35	
	150m: 1:40.15 33.65	550m: 6:20.65 35.54	950m: 11:07.99 36.47	1350m: 16:02.41 37.75	
	200m: 2:14.43 34.28	600m: 6:56.48 35.83	1000m: 11:44.64 36.65	1400m: 16:38.81 36.40	
	250m: 2:49.72 35.29	650m: 7:31.91 35.43	1050m: 12:21.66 37.02	1450m: 17:14.76 35.95	
	300m: 3:23.95 34.23	700m: 8:07.96 36.05	1100m: 12:58.19 36.53	1500m: 17:49.35 34.59	
	350m: 3:58.98 35.03	750m: 8:44.00 36.04	1150m: 13:35.09 36.90		
	400m: 4:34.42 35.44	800m: 9:19.78 35.78	1200m: 14:11.57 36.48		
13.	Henrique Barros Domingos	08	Sporting	<b>17:54.70</b>	489
	50m: 33.43 33.43	450m: 5:18.35 35.95	850m: 10:05.63 35.89	1250m: 14:55.89 36.54	
	100m: 1:08.59 35.16	500m: 5:54.18 35.83	900m: 10:41.86 36.23	1300m: 15:31.39 35.50	
	150m: 1:44.10 35.51	550m: 6:29.95 35.77	950m: 11:17.74 35.88	1350m: 16:07.53 36.14	
	200m: 2:19.86 35.76	600m: 7:05.98 36.03	1000m: 11:54.02 36.28	1400m: 16:43.51 35.98	
	250m: 2:55.34 35.48	650m: 7:41.67 35.69	1050m: 12:30.40 36.38	1450m: 17:19.83 36.32	
	300m: 3:30.92 35.58	700m: 8:17.77 36.10	1100m: 13:06.73 36.33	1500m: 17:54.70 34.87	
	350m: 4:06.53 35.61	750m: 8:53.82 36.05	1150m: 13:43.01 36.28		
	400m: 4:42.40 35.87	800m: 9:29.74 35.92	1200m: 14:19.35 36.34		
14.	Michele Francesco Barberi	07	Sporting	<b>18:00.92</b>	480
	50m: 33.81 33.81	450m: 5:22.78 36.32	850m: 10:14.32 36.67	1250m: 15:04.16 36.75	
	100m: 1:09.58 35.77	500m: 5:59.08 36.30	900m: 10:49.96 35.64	1300m: 15:40.30 36.14	
	150m: 1:45.31 35.73	550m: 6:35.36 36.28	950m: 11:26.22 36.26	1350m: 16:16.75 36.45	
	200m: 2:21.15 35.84	600m: 7:11.78 36.42	1000m: 12:02.63 36.41	1400m: 16:52.02 35.27	
	250m: 2:57.49 36.34	650m: 7:48.17 36.39	1050m: 12:38.64 36.01	1450m: 17:26.39 34.37	
	300m: 3:33.70 36.21	700m: 8:24.49 36.32	1100m: 13:14.76 36.12	1500m: 18:00.92 34.53	
	350m: 4:09.98 36.28	750m: 9:01.43 36.94	1150m: 13:51.15 36.39		
	400m: 4:46.46 36.48	800m: 9:37.65 36.22	1200m: 14:27.41 36.26		
15.	Alexandre Frederico Braz	08	Sporting	<b>18:06.67</b>	473
	50m: 34.91 34.91	450m: 5:26.95 36.62	850m: 10:16.27 36.10	1250m: 15:06.11 36.51	
	100m: 1:11.05 36.14	500m: 6:03.27 36.32	900m: 10:51.99 35.72	1300m: 15:42.36 36.25	
	150m: 1:47.59 36.54	550m: 6:39.49 36.22	950m: 11:27.88 35.89	1350m: 16:18.28 35.92	
	200m: 2:24.44 36.85	600m: 7:15.77 36.28	1000m: 12:03.99 36.11	1400m: 16:54.95 36.67	
	250m: 3:00.86 36.42	650m: 7:51.94 36.17	1050m: 12:40.34 36.35	1450m: 17:31.13 36.18	
	300m: 3:37.33 36.47	700m: 8:28.04 36.10	1100m: 13:16.33 35.99	1500m: 18:06.67 35.54	
	350m: 4:13.93 36.60	750m: 9:04.41 36.37	1150m: 13:53.08 36.75		
	400m: 4:50.33 36.40	800m: 9:40.17 35.76	1200m: 14:29.60 36.52		
16.	Afonso Mendonca Ornelas	08	Geslours	<b>18:13.40</b>	464
	50m: 32.95 32.95	450m: 5:24.88 35.58	850m: 10:19.14 36.38	1250m: 15:16.00 37.00	
	100m: 1:09.25 36.30	500m: 6:02.57 37.69	900m: 10:56.83 37.69	1300m: 15:51.67 35.67	
	150m: 1:45.05 35.80	550m: 6:39.29 36.72	950m: 11:34.76 37.93	1350m: 16:29.08 37.41	
	200m: 2:22.33 37.28	600m: 7:16.21 36.92	1000m: 12:11.47 36.71	1400m: 17:03.97 34.89	
	250m: 2:59.15 36.82	650m: 7:53.09 36.88	1050m: 12:47.96 36.49	1450m: 17:40.08 36.11	
	300m: 3:35.29 36.14	700m: 8:30.21 37.12	1100m: 13:25.68 37.72	1500m: 18:13.40 33.32	
	350m: 4:12.60 37.31	750m: 9:07.25 37.04	1150m: 14:02.46 36.78		
	400m: 4:49.30 36.70	800m: 9:42.76 35.51	1200m: 14:39.00 36.54		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 7, Masc., 1500m Livres, Juvenis

Pos.	Nadador	Ano	Clube	Tempo	Pts
17.	Goncalo Jorge Lima	08	Sporting	<b>18:20.33</b>	455
	50m: 33.73 33.73	450m: 5:31.53 37.41	850m: 10:28.85 37.01	1250m: 15:22.33 36.36	
	100m: 1:10.40 36.67	500m: 6:08.71 37.18	900m: 11:05.89 37.04	1300m: 15:58.16 35.83	
	150m: 1:47.45 37.05	550m: 6:46.03 37.32	950m: 11:42.86 36.97	1350m: 16:34.46 36.30	
	200m: 2:25.23 37.78	600m: 7:23.15 37.12	1000m: 12:19.90 37.04	1400m: 17:10.50 36.04	
	250m: 3:02.28 37.05	650m: 8:00.24 37.09	1050m: 12:56.46 36.56	1450m: 17:46.22 35.72	
	300m: 3:39.53 37.25	700m: 8:37.73 37.49	1100m: 13:33.17 36.71	1500m: 18:20.33 34.11	
	350m: 4:16.84 37.31	750m: 9:14.94 37.21	1150m: 14:09.55 36.38		
	400m: 4:54.12 37.28	800m: 9:51.84 36.90	1200m: 14:45.97 36.42		
18.	Antonio Rego Arsenio	07	Algés	<b>18:22.34</b>	453
	50m: 32.98 32.98	450m: 5:19.06 35.93	850m: 10:12.46 36.84	1250m: 15:13.07 37.82	
	100m: 1:08.33 35.35	500m: 5:55.12 36.06	900m: 10:49.85 37.39	1300m: 15:51.06 37.99	
	150m: 1:43.56 35.23	550m: 6:31.38 36.26	950m: 11:27.11 37.26	1350m: 16:29.10 38.04	
	200m: 2:19.17 35.61	600m: 7:08.03 36.65	1000m: 12:04.58 37.47	1400m: 17:07.27 38.17	
	250m: 2:55.06 35.89	650m: 7:44.58 36.55	1050m: 12:42.09 37.51	1450m: 17:45.67 38.40	
	300m: 3:30.82 35.76	700m: 8:21.54 36.96	1100m: 13:19.82 37.73	1500m: 18:22.34 36.67	
	350m: 4:06.90 36.08	750m: 8:58.56 37.02	1150m: 13:57.57 37.75		
	400m: 4:43.13 36.23	800m: 9:35.62 37.06	1200m: 14:35.25 37.68		
19.	Afonso Oliveira Diniz	08	Benfica	<b>18:24.59</b>	450
	50m: 34.72 34.72	450m: 5:28.93 36.93	850m: 10:22.25 36.77	1250m: 15:20.81 37.45	
	100m: 1:11.32 36.60	500m: 6:05.49 36.56	900m: 10:59.42 37.17	1300m: 15:57.94 37.13	
	150m: 1:48.18 36.86	550m: 6:42.14 36.65	950m: 11:36.58 37.16	1350m: 16:34.85 36.91	
	200m: 2:25.53 37.35	600m: 7:18.77 36.63	1000m: 12:13.83 37.25	1400m: 17:12.13 37.28	
	250m: 3:02.03 36.50	650m: 7:55.56 36.79	1050m: 12:51.30 37.47	1450m: 17:49.07 36.94	
	300m: 3:38.61 36.58	700m: 8:31.99 36.43	1100m: 13:28.71 37.41	1500m: 18:24.59 35.52	
	350m: 4:15.36 36.75	750m: 9:08.52 36.53	1150m: 14:06.04 37.33		
	400m: 4:52.00 36.64	800m: 9:45.48 36.96	1200m: 14:43.36 37.32		
20.	Gabriel Martins Tusan	07	Sporting	<b>18:31.12</b>	442
	50m: 33.68 33.68	450m: 5:28.67 37.21	850m: 10:27.37 37.53	1250m: 15:28.28 37.95	
	100m: 1:08.73 35.05	500m: 6:05.74 37.07	900m: 11:04.96 37.59	1300m: 16:05.73 37.45	
	150m: 1:45.33 36.60	550m: 6:43.19 37.45	950m: 11:42.03 37.07	1350m: 16:43.42 37.69	
	200m: 2:22.02 36.69	600m: 7:20.82 37.63	1000m: 12:19.67 37.64	1400m: 17:20.39 36.97	
	250m: 2:59.26 37.24	650m: 7:57.64 36.82	1050m: 12:57.61 37.94	1450m: 17:55.85 35.46	
	300m: 3:36.17 36.91	700m: 8:34.99 37.35	1100m: 13:34.73 37.12	1500m: 18:31.12 35.27	
	350m: 4:13.25 37.08	750m: 9:12.42 37.43	1150m: 14:12.54 37.81		
	400m: 4:50.96 37.71	800m: 9:49.84 37.42	1200m: 14:50.33 37.79		
21.	Tomas Santos Braga	07	Colégio Vasco da Gama	<b>18:47.37</b>	423
	50m: 31.84 31.84	450m: 5:23.23 37.21	850m: 10:25.14 39.07	1250m: 15:34.07 38.81	
	100m: 1:06.84 35.00	500m: 6:00.01 36.78	900m: 11:03.95 38.81	1300m: 16:13.59 39.52	
	150m: 1:42.90 36.06	550m: 6:37.16 37.15	950m: 11:42.61 38.66	1350m: 16:53.20 39.61	
	200m: 2:18.74 35.84	600m: 7:14.47 37.31	1000m: 12:21.26 38.65	1400m: 17:31.81 38.61	
	250m: 2:55.30 36.56	650m: 7:51.58 37.11	1050m: 13:00.00 38.74	1450m: 18:10.31 38.50	
	300m: 3:32.02 36.72	700m: 8:29.17 37.59	1100m: 13:39.05 39.05	1500m: 18:47.37 37.06	
	350m: 4:08.88 36.86	750m: 9:07.36 38.19	1150m: 14:16.85 37.80		
	400m: 4:46.02 37.14	800m: 9:46.07 38.71	1200m: 14:55.26 38.41		
22.	Joao Filipe Prazeres	08	Geslours	<b>18:48.26</b>	422
	50m: 34.62 34.62	450m: 5:32.30 37.84	850m: 10:36.13 37.86	1250m: 15:42.30 38.06	
	100m: 1:10.71 36.09	500m: 6:09.91 37.61	900m: 11:14.27 38.14	1300m: 16:20.31 38.01	
	150m: 1:47.30 36.59	550m: 6:47.96 38.05	950m: 11:53.00 38.73	1350m: 16:58.52 38.21	
	200m: 2:25.11 37.81	600m: 7:26.31 38.35	1000m: 12:30.94 37.94	1400m: 17:36.63 38.11	
	250m: 3:02.17 37.06	650m: 8:03.95 37.64	1050m: 13:09.60 38.66	1450m: 18:13.95 37.32	
	300m: 3:39.53 37.36	700m: 8:42.12 38.17	1100m: 13:47.89 38.29	1500m: 18:48.26 34.31	
	350m: 4:16.98 37.45	750m: 9:20.04 37.92	1150m: 14:25.78 37.89		
	400m: 4:54.46 37.48	800m: 9:58.27 38.23	1200m: 15:04.24 38.46		
23.	Tiago Dinis Ferreira	07	Geslours	<b>19:02.78</b>	406
	50m: 35.38 35.38	450m: 5:39.45 38.30	850m: 10:47.43 38.46	1250m: 15:55.42 39.06	
	100m: 1:12.41 37.03	500m: 6:18.02 38.57	900m: 11:25.31 37.88	1300m: 16:33.95 38.53	
	150m: 1:49.99 37.58	550m: 6:56.64 38.62	950m: 12:03.97 38.66	1350m: 17:12.25 38.30	
	200m: 2:27.98 37.99	600m: 7:35.10 38.46	1000m: 12:41.96 37.99	1400m: 17:50.53 38.28	
	250m: 3:06.02 38.04	650m: 8:13.82 38.72	1050m: 13:20.45 38.49	1450m: 18:28.14 37.61	
	300m: 3:44.18 38.16	700m: 8:52.22 38.40	1100m: 13:58.60 38.15	1500m: 19:02.78 34.64	
	350m: 4:22.59 38.41	750m: 9:30.50 38.28	1150m: 14:37.37 38.77		
	400m: 5:01.15 38.56	800m: 10:08.97 38.47	1200m: 15:16.36 38.99		
24.	David Filipe Boleo	08	Sporting	<b>19:03.04</b>	406
	50m: 34.44 34.44	450m: 5:38.84 38.37	850m: 10:47.96 38.75	1250m: 15:54.45 38.09	
	100m: 1:11.16 36.72	500m: 6:17.32 38.48	900m: 11:26.43 38.47	1300m: 16:32.34 37.89	
	150m: 1:49.08 37.92	550m: 6:56.04 38.72	950m: 12:04.88 38.45	1350m: 17:10.79 38.45	
	200m: 2:27.12 38.04	600m: 7:34.54 38.50	1000m: 12:43.23 38.35	1400m: 17:48.54 37.75	
	250m: 3:04.80 37.68	650m: 8:13.22 38.68	1050m: 13:21.60 38.37	1450m: 18:25.77 37.23	
	300m: 3:43.20 38.40	700m: 8:52.10 38.88	1100m: 13:59.97 38.37	1500m: 19:03.04 37.27	
	350m: 4:21.89 38.69	750m: 9:30.33 38.23	1150m: 14:38.35 38.38		
	400m: 5:00.47 38.58	800m: 10:09.21 38.88	1200m: 15:16.36 38.01		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 7, Masc., 1500m Livres, Juvenis

Pos.	Nadador	Ano	Clube	Tempo	Pts
25.	Francisco Rodrigues Vilar	08	Sporting	<b>19:42.01</b>	367
	50m: 37.45 37.45	450m: 5:50.81 39.92	850m: 11:07.49 40.01	1250m: 16:25.97 40.05	
	100m: 1:16.06 38.61	500m: 6:30.30 39.49	900m: 11:47.78 40.29	1300m: 17:06.03 40.06	
	150m: 1:54.79 38.73	550m: 7:09.11 38.81	950m: 12:27.68 39.90	1350m: 17:45.81 39.78	
	200m: 2:33.91 39.12	600m: 7:48.98 39.87	1000m: 13:07.20 39.52	1400m: 18:24.47 38.66	
	250m: 3:13.31 39.40	650m: 8:28.65 39.67	1050m: 13:46.97 39.77	1450m: 19:03.21 38.74	
	300m: 3:52.62 39.31	700m: 9:08.15 39.50	1100m: 14:26.90 39.93	1500m: 19:42.01 38.80	
	350m: 4:31.72 39.10	750m: 9:47.97 39.82	1150m: 15:06.55 39.65		
	400m: 5:10.89 39.17	800m: 10:27.48 39.51	1200m: 15:45.92 39.37		
26.	Mykhailo Kulyk <i>Fora Mínimo Acesso</i>	08	Sporting	<b>19:52.70</b>	357
	50m: 36.22 36.22	450m: 5:53.11 40.61	850m: 11:14.00 40.13	1250m: 16:35.01 40.29	
	100m: 1:13.89 37.67	500m: 6:33.35 40.24	900m: 11:53.75 39.75	1300m: 17:15.14 40.13	
	150m: 1:52.91 39.02	550m: 7:13.94 40.59	950m: 12:34.06 40.31	1350m: 17:55.07 39.93	
	200m: 2:33.03 40.12	600m: 7:54.85 40.91	1000m: 13:14.15 40.09	1400m: 18:34.77 39.70	
	250m: 3:13.12 40.09	650m: 8:34.34 39.49	1050m: 13:54.79 40.64	1450m: 19:14.58 39.81	
	300m: 3:52.82 39.70	700m: 9:14.02 39.68	1100m: 14:34.61 39.82	1500m: 19:52.70 38.12	
	350m: 4:32.69 39.87	750m: 9:54.10 40.08	1150m: 15:14.34 39.73		
	400m: 5:12.50 39.81	800m: 10:33.87 39.77	1200m: 15:54.72 40.38		
27.	Rodrigo Capitaó Chora <i>Fora Mínimo Acesso</i>	08	Naval Setubalense	<b>20:16.21</b>	337
	50m: 35.63 35.63	450m: 5:51.27 40.75	850m: 11:18.09 40.72	1250m: 16:50.19 41.81	
	100m: 1:12.83 37.20	500m: 6:32.16 40.89	900m: 11:59.37 41.28	1300m: 17:31.99 41.80	
	150m: 1:51.04 38.21	550m: 7:13.38 41.22	950m: 12:40.80 41.43	1350m: 18:13.85 41.86	
	200m: 2:30.28 39.24	600m: 7:54.02 40.64	1000m: 13:22.36 41.56	1400m: 18:55.31 41.46	
	250m: 3:10.06 39.78	650m: 8:34.71 40.69	1050m: 14:03.66 41.30	1450m: 19:36.59 41.28	
	300m: 3:50.22 40.16	700m: 9:15.26 40.55	1100m: 14:45.20 41.54	1500m: 20:16.21 39.62	
	350m: 4:30.25 40.03	750m: 9:56.35 41.09	1150m: 15:26.60 41.40		
	400m: 5:10.52 40.27	800m: 10:37.37 41.02	1200m: 16:08.38 41.78		
28.	Tiago Filipe Esteves <i>Fora Mínimo Acesso</i>	08	Naval Setubalense	<b>20:43.54</b>	315
	50m: 38.08 38.08	450m: 6:09.94 41.97	850m: 11:45.35 41.99	1250m: 17:18.54 41.79	
	100m: 1:18.61 40.53	500m: 6:52.04 42.10	900m: 12:26.98 41.63	1300m: 17:59.99 41.45	
	150m: 2:00.31 41.70	550m: 7:34.07 42.03	950m: 13:08.69 41.71	1350m: 18:41.46 41.47	
	200m: 2:41.79 41.48	600m: 8:15.83 41.76	1000m: 13:50.08 41.39	1400m: 19:22.98 41.52	
	250m: 3:23.29 41.50	650m: 8:57.90 42.07	1050m: 14:31.38 41.30	1450m: 20:04.20 41.22	
	300m: 4:04.93 41.64	700m: 9:39.65 41.75	1100m: 15:13.28 41.90	1500m: 20:43.54 39.34	
	350m: 4:46.08 41.15	750m: 10:21.51 41.86	1150m: 15:55.08 41.80		
	400m: 5:27.97 41.89	800m: 11:03.36 41.85	1200m: 16:36.75 41.67		

Prova 6

Femin., 800m Livres

Infantis

28.05.2023 - 17:22

Resultados

Rec Regional Inf A	9:27.51	Rafaela Gomes Azevedo	POR	Algés	2015
Rec Regional Inf B	9:49.25	Beatriz Rodrigues Conde	POR	Tavira	2010
Rec Regional Absoluto	8:23.23	Diana Margarida Duraes	POR	Felgueiras	2018
Rec Nacional Inf A	9:03.90	Alexandra Maria Silva	POR	Porto	1980
Rec Nacional Inf B	9:33.95	Filipa Vilas Ruivo	POR	Nazaré	2009
Rec Nacional Absoluto	8:23.23	Diana Margarida Duraes	POR	Felgueiras	2018

Mínimo Participação Inf B: 12:52.38; Inf A: 12:15.60

Pontos: FINA 2022

Pos.	Nadador	Ano	Clube	Tempo	Pts
1.	Margarida Santos Moura	11	Sporting	<b>10:37.58</b>	424
	50m: 37.77 37.77	250m: 3:20.67 40.94	450m: 6:01.64 39.95	650m: 8:42.56 39.80	
	100m: 1:18.08 40.31	300m: 4:00.56 39.89	500m: 6:41.91 40.27	700m: 9:22.41 39.85	
	150m: 1:58.98 40.90	350m: 4:41.31 40.75	550m: 7:22.08 40.17	750m: 10:00.99 38.58	
	200m: 2:39.73 40.75	400m: 5:21.69 40.38	600m: 8:02.76 40.68	800m: 10:37.58 36.59	
2.	Ana Filipa Serra	11	CPCD - Póvoa Sta Iria	<b>10:37.98</b>	424
	50m: 38.52 38.52	250m: 3:19.69 40.64	450m: 6:00.68 39.95	650m: 8:41.63 40.44	
	100m: 1:18.17 39.65	300m: 4:00.70 41.01	500m: 6:40.64 39.96	700m: 9:21.81 40.18	
	150m: 1:58.86 40.69	350m: 4:40.66 39.96	550m: 7:20.98 40.34	750m: 10:01.29 39.48	
	200m: 2:39.05 40.19	400m: 5:20.73 40.07	600m: 8:01.19 40.21	800m: 10:37.98 36.69	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 6, Femin., 800m Livres, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
3.	Ana Mao de Ferro	11	Sporting	<b>10:46.20</b>	408
	50m: 37.03 37.03	250m: 3:17.51 40.29	450m: 6:00.42 40.96	650m: 8:45.18 41.82	
	100m: 1:16.30 39.27	300m: 3:57.92 40.41	500m: 6:41.17 40.75	700m: 9:26.78 41.60	
	150m: 1:56.39 40.09	350m: 4:38.60 40.68	550m: 7:21.80 40.63	750m: 10:07.93 41.15	
	200m: 2:37.22 40.83	400m: 5:19.46 40.86	600m: 8:03.36 41.56	800m: 10:46.20 38.27	
4.	Margarida Almeida Ferreira	11	Sporting	<b>10:50.38</b>	400
	50m: 38.59 38.59	250m: 3:23.55 41.73	450m: 6:10.40 41.18	650m: 8:53.44 39.88	
	100m: 1:18.62 40.03	300m: 4:05.33 41.78	500m: 6:51.21 40.81	700m: 9:33.95 40.51	
	150m: 1:59.70 41.08	350m: 4:47.56 42.23	550m: 7:32.35 41.14	750m: 10:13.58 39.63	
	200m: 2:41.82 42.12	400m: 5:29.22 41.66	600m: 8:13.56 41.21	800m: 10:50.38 36.80	
5.	Madalena Ferreira Baldo	11	Colegio Int Monte Maior	<b>11:14.58</b>	358
	50m: 39.72 39.72	250m: 3:26.62 42.19	450m: 6:17.12 42.38	650m: 9:06.46 41.78	
	100m: 1:20.49 40.77	300m: 4:09.03 42.41	500m: 6:59.78 42.66	700m: 9:48.98 42.52	
	150m: 2:02.24 41.75	350m: 4:51.35 42.32	550m: 7:42.64 42.86	750m: 10:31.50 42.52	
	200m: 2:44.43 42.19	400m: 5:34.74 43.39	600m: 8:24.68 42.04	800m: 11:14.58 43.08	
6.	Leticia Coelho Silva	11	Vikings	<b>11:17.00</b>	354
	50m: 39.79 39.79	250m: 3:28.80 42.40	450m: 6:18.53 42.78	650m: 9:09.97 42.94	
	100m: 1:21.89 42.10	300m: 4:11.15 42.35	500m: 7:01.24 42.71	700m: 9:52.65 42.68	
	150m: 2:04.27 42.38	350m: 4:53.34 42.19	550m: 7:44.32 43.08	750m: 10:35.27 42.62	
	200m: 2:46.40 42.13	400m: 5:35.75 42.41	600m: 8:27.03 42.71	800m: 11:17.00 41.73	
7.	Maria Rendeiro Correia	11	Algés	<b>11:19.83</b>	350
	50m: 39.99 39.99	250m: 3:31.57 42.63	450m: 6:25.09 43.40	650m: 9:16.45 42.41	
	100m: 1:22.76 42.77	300m: 4:15.04 43.47	500m: 7:08.14 43.05	700m: 9:58.47 42.02	
	150m: 2:06.30 43.54	350m: 4:58.49 43.45	550m: 7:51.24 43.10	750m: 10:40.79 42.32	
	200m: 2:48.94 42.64	400m: 5:41.69 43.20	600m: 8:34.04 42.80	800m: 11:19.83 39.04	
8.	Leonor Coelho Silva	11	Vikings	<b>11:20.66</b>	349
	50m: 38.53 38.53	250m: 3:29.19 43.47	450m: 6:21.41 42.76	650m: 9:14.29 42.62	
	100m: 1:20.72 42.19	300m: 4:12.27 43.08	500m: 7:04.92 43.51	700m: 9:57.17 42.88	
	150m: 2:02.88 42.16	350m: 4:55.56 43.29	550m: 7:48.11 43.19	750m: 10:39.25 42.08	
	200m: 2:45.72 42.84	400m: 5:38.65 43.09	600m: 8:31.67 43.56	800m: 11:20.66 41.41	
9.	Sara Silva Campos	11	Laranjeiro	<b>11:22.73</b>	346
	50m: 39.03 39.03	250m: 3:31.08 43.13	450m: 6:24.87 44.11	650m: 9:16.83 42.71	
	100m: 1:20.99 41.96	300m: 4:15.34 44.26	500m: 7:09.02 44.15	700m: 10:00.29 43.46	
	150m: 2:05.08 44.09	350m: 4:57.80 42.46	550m: 7:51.76 42.74	750m: 10:42.75 42.46	
	200m: 2:47.95 42.87	400m: 5:40.76 42.96	600m: 8:34.12 42.36	800m: 11:22.73 39.98	
10.	Madalena Correia Gomes	11	Colegio Int Monte Maior	<b>11:26.01</b>	341
	50m: 40.61 40.61	250m: 3:30.38 42.84	450m: 6:24.33 43.45	650m: 9:17.79 43.82	
	100m: 1:22.78 42.17	300m: 4:13.88 43.50	500m: 7:07.31 42.98	700m: 10:00.74 42.95	
	150m: 2:05.56 42.78	350m: 4:57.74 43.86	550m: 7:50.70 43.39	750m: 10:44.49 43.75	
	200m: 2:47.54 41.98	400m: 5:40.88 43.14	600m: 8:33.97 43.27	800m: 11:26.01 41.52	
11.	Ines Freitas Abrantes	11	Colegio Int Monte Maior	<b>11:29.23</b>	336
	50m: 40.47 40.47	250m: 3:34.43 44.50	450m: 6:30.20 43.35	650m: 9:24.80 43.97	
	100m: 1:22.85 42.38	300m: 4:18.66 44.23	500m: 7:13.64 43.44	700m: 10:07.71 42.91	
	150m: 2:05.95 43.10	350m: 5:02.58 43.92	550m: 7:57.91 44.27	750m: 10:49.09 41.38	
	200m: 2:49.93 43.98	400m: 5:46.85 44.27	600m: 8:40.83 42.92	800m: 11:29.23 40.14	
12.	Matilde Bento Pereira	11	Geslours	<b>11:33.50</b>	330
	50m: 39.49 39.49	250m: 3:34.86 43.94	450m: 6:29.79 43.66	650m: 9:24.57 43.56	
	100m: 1:23.10 43.61	300m: 4:18.47 43.61	500m: 7:13.77 43.98	700m: 10:08.56 43.99	
	150m: 2:07.12 44.02	350m: 5:02.28 43.81	550m: 7:57.38 43.61	750m: 10:52.01 43.45	
	200m: 2:50.92 43.80	400m: 5:46.13 43.85	600m: 8:41.01 43.63	800m: 11:33.50 41.49	
13.	Carolina Melo Camejo	11	Sporting	<b>11:34.51</b>	328
	50m: 39.32 39.32	250m: 3:32.41 43.44	450m: 6:28.13 44.83	650m: 9:25.97 44.98	
	100m: 1:22.00 42.68	300m: 4:16.51 44.10	500m: 7:12.15 44.02	700m: 10:10.41 44.44	
	150m: 2:05.69 43.69	350m: 5:00.07 43.56	550m: 7:56.34 44.19	750m: 10:53.59 43.18	
	200m: 2:48.97 43.28	400m: 5:43.30 43.23	600m: 8:40.99 44.65	800m: 11:34.51 40.92	
14.	Francisca Meneses Goncalves	11	Geslours	<b>11:50.15</b>	307
	50m: 41.15 41.15	250m: 3:37.96 44.98	450m: 6:38.47 45.27	650m: 9:40.78 44.93	
	100m: 1:24.54 43.39	300m: 4:23.47 45.51	500m: 7:23.84 45.37	700m: 10:26.40 45.62	
	150m: 2:09.00 44.46	350m: 5:08.56 45.09	550m: 8:09.88 46.04	750m: 11:09.59 43.19	
	200m: 2:52.98 43.98	400m: 5:53.20 44.64	600m: 8:55.85 45.97	800m: 11:50.15 40.56	
15.	Eva Alves Santos	11	Colegio Int Monte Maior	<b>11:58.39</b>	297
	50m: 41.84 41.84	250m: 3:43.51 45.50	450m: 6:45.43 45.07	650m: 9:46.87 44.61	
	100m: 1:26.72 44.88	300m: 4:29.20 45.69	500m: 7:30.60 45.17	700m: 10:31.89 45.02	
	150m: 2:12.09 45.37	350m: 5:14.51 45.31	550m: 8:16.93 46.33	750m: 11:16.45 44.56	
	200m: 2:58.01 45.92	400m: 6:00.36 45.85	600m: 9:02.26 45.33	800m: 11:58.39 41.94	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 6, Femin., 800m Livres, Infantis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
16.	Ines Silva Paiva	11	Colegio Int Monte Maior	<b>12:09.52</b>	283
	50m: 42.05 42.05	250m: 3:48.24 46.45	450m: 6:54.22 45.72	650m: 9:59.88 45.80	
	100m: 1:28.67 46.62	300m: 4:34.68 46.44	500m: 7:40.16 45.94	700m: 10:42.95 43.07	
	150m: 2:15.36 46.69	350m: 5:21.74 47.06	550m: 8:27.22 47.06	750m: 11:28.29 45.34	
	200m: 3:01.79 46.43	400m: 6:08.50 46.76	600m: 9:14.08 46.86	800m: 12:09.52 41.23	
17.	Madalena Carreiro Rodrigues	11	Benfica	<b>12:16.55</b>	275
	50m: 43.87 43.87	250m: 3:46.76 45.83	450m: 6:49.42 44.72	650m: 9:58.16 47.64	
	100m: 1:29.52 45.65	300m: 4:32.40 45.64	500m: 7:35.04 45.62	700m: 10:46.85 48.69	
	150m: 2:15.01 45.49	350m: 5:19.11 46.71	550m: 8:22.66 47.62	750m: 11:33.15 46.30	
	200m: 3:00.93 45.92	400m: 6:04.70 45.59	600m: 9:10.52 47.86	800m: 12:16.55 43.40	
18.	Leonor Areias Martins	11	Gesloures	<b>12:17.51</b>	274
	50m: 42.81 42.81	250m: 3:50.35 48.23	450m: 6:58.68 47.27	650m: 10:06.78 46.28	
	100m: 1:29.36 46.55	300m: 4:37.46 47.11	500m: 7:46.59 47.91	700m: 10:54.09 47.31	
	150m: 2:15.40 46.04	350m: 5:25.52 48.06	550m: 8:31.85 45.26	750m: 11:38.28 44.19	
	200m: 3:02.12 46.72	400m: 6:11.41 45.89	600m: 9:20.50 48.65	800m: 12:17.51 39.23	
19.	Maria Fatima Pagani	11	Bombeiros dos Estoris	<b>12:20.59</b>	271
	50m: 41.14 41.14	250m: 3:48.73 46.60	450m: 6:57.28 47.33	650m: 10:02.82 45.27	
	100m: 1:27.43 46.29	300m: 4:35.59 46.86	500m: 7:44.55 47.27	700m: 10:50.93 48.11	
	150m: 2:14.49 47.06	350m: 5:22.80 47.21	550m: 8:30.54 45.99	750m: 11:38.84 47.91	
	200m: 3:02.13 47.64	400m: 6:09.95 47.15	600m: 9:17.55 47.01	800m: 12:20.59 41.75	
20.	Diana Gomes Nunes	11	Colegio Int Monte Maior	<b>12:23.74</b>	267
	50m: 42.60 42.60	250m: 3:47.23 46.51	450m: 6:58.88 47.70	650m: 10:06.88 46.57	
	100m: 1:28.52 45.92	300m: 4:34.82 47.59	500m: 7:45.47 46.59	700m: 10:54.56 47.68	
	150m: 2:14.64 46.12	350m: 5:22.73 47.91	550m: 8:33.29 47.82	750m: 11:40.73 46.17	
	200m: 3:00.72 46.08	400m: 6:11.18 48.45	600m: 9:20.31 47.02	800m: 12:23.74 43.01	
21.	Ines Duarte Mendes	11	Colegio Int Monte Maior	<b>12:27.48</b>	263
	50m: 46.14 46.14	250m: 3:56.61 47.61	450m: 7:03.32 46.40	650m: 10:10.25 47.21	
	100m: 1:34.19 48.05	300m: 4:43.53 46.92	500m: 7:49.68 46.36	700m: 10:56.95 46.70	
	150m: 2:21.23 47.04	350m: 5:30.05 46.52	550m: 8:36.65 46.97	750m: 11:43.70 46.75	
	200m: 3:09.00 47.77	400m: 6:16.92 46.87	600m: 9:23.04 46.39	800m: 12:27.48 43.78	
22.	Catarina Ribeiro Fernandez	11	Gesloures	<b>12:36.39</b>	254
	50m: 43.06 43.06	250m: 3:52.97 48.40	450m: 7:04.57 47.93	650m: 10:16.56 48.31	
	100m: 1:29.72 46.66	300m: 4:40.07 47.10	500m: 7:52.82 48.25	700m: 11:04.74 48.18	
	150m: 2:17.19 47.47	350m: 5:28.35 48.28	550m: 8:41.05 48.23	750m: 11:52.16 47.42	
	200m: 3:04.57 47.38	400m: 6:16.64 48.29	600m: 9:28.25 47.20	800m: 12:36.39 44.23	

Infantis A

1.	Rita Braga Gomes	10	Sporting	<b>10:25.38</b>	450
	50m: 36.78 36.78	250m: 3:13.85 39.54	450m: 5:52.55 40.05	650m: 8:29.28 39.30	
	100m: 1:15.19 38.41	300m: 3:53.56 39.71	500m: 6:31.46 38.91	700m: 9:08.63 39.35	
	150m: 1:54.40 39.21	350m: 4:33.32 39.76	550m: 7:11.07 39.61	750m: 9:48.13 39.50	
	200m: 2:34.31 39.91	400m: 5:12.50 39.18	600m: 7:49.98 38.91	800m: 10:25.38 37.25	
2.	Ana Nabais Mendes	10	Laranjeiro	<b>10:31.70</b>	436
	50m: 37.55 37.55	250m: 3:16.01 40.18	450m: 5:56.51 39.52	650m: 8:35.99 39.96	
	100m: 1:16.45 38.90	300m: 3:56.28 40.27	500m: 6:36.48 39.97	700m: 9:15.47 39.48	
	150m: 1:56.00 39.55	350m: 4:36.52 40.24	550m: 7:16.05 39.57	750m: 9:54.55 39.08	
	200m: 2:35.83 39.83	400m: 5:16.99 40.47	600m: 7:56.03 39.98	800m: 10:31.70 37.15	
3.	Maria Madalena Fernandes	10	Alges	<b>10:35.71</b>	428
	50m: 38.23 38.23	250m: 3:18.99 40.67	450m: 5:58.89 39.61	650m: 8:39.32 39.97	
	100m: 1:18.03 39.80	300m: 3:59.06 40.07	500m: 6:39.12 40.23	700m: 9:18.90 39.58	
	150m: 1:57.93 39.90	350m: 4:39.21 40.15	550m: 7:19.33 40.21	750m: 9:58.83 39.93	
	200m: 2:38.32 40.39	400m: 5:19.28 40.07	600m: 7:59.35 40.02	800m: 10:35.71 36.88	
4.	Beatriz Costa Diniz	10	Sporting	<b>10:37.93</b>	424
	50m: 38.30 38.30	250m: 3:19.82 40.70	450m: 6:00.20 39.70	650m: 8:40.57 39.74	
	100m: 1:18.53 40.23	300m: 4:00.54 40.72	500m: 6:40.29 40.09	700m: 9:20.77 40.20	
	150m: 1:58.55 40.02	350m: 4:40.49 39.95	550m: 7:20.64 40.35	750m: 10:00.07 39.30	
	200m: 2:39.12 40.57	400m: 5:20.50 40.01	600m: 8:00.83 40.19	800m: 10:37.93 37.86	
5.	Joana Alexandra Silva	10	CPCD - Póvoa Sta Iria	<b>10:40.11</b>	419
	50m: 38.55 38.55	250m: 3:22.74 41.33	450m: 6:03.64 40.22	650m: 8:43.35 40.11	
	100m: 1:19.11 40.56	300m: 4:02.99 40.25	500m: 6:43.27 39.63	700m: 9:23.72 40.37	
	150m: 2:00.42 41.31	350m: 4:42.76 39.77	550m: 7:23.57 40.30	750m: 10:03.21 39.49	
	200m: 2:41.41 40.99	400m: 5:23.42 40.66	600m: 8:03.24 39.67	800m: 10:40.11 36.90	
6.	Gabriela Parreira	10	Sporting	<b>10:41.24</b>	417
	50m: 38.39 38.39	250m: 3:20.98 41.01	450m: 6:02.27 40.05	650m: 8:43.77 40.47	
	100m: 1:18.76 40.37	300m: 4:01.40 40.42	500m: 6:42.81 40.54	700m: 9:24.48 40.71	
	150m: 1:59.43 40.67	350m: 4:41.64 40.24	550m: 7:22.94 40.13	750m: 10:05.58 41.10	
	200m: 2:39.97 40.54	400m: 5:22.22 40.58	600m: 8:03.30 40.36	800m: 10:41.24 35.66	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 6, Femin., 800m Livres, Infantis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
7.	Beatriz Paiva Branco	10	Laranjeiro	<b>10:56.03</b>	390
	50m: 37.81 37.81	250m: 3:22.64 41.16	450m: 6:09.83 41.80	650m: 8:55.28 41.40	
	100m: 1:18.24 40.43	300m: 4:04.48 41.84	500m: 6:51.15 41.32	700m: 9:35.71 40.43	
	150m: 1:59.85 41.61	350m: 4:46.35 41.87	550m: 7:32.36 41.21	750m: 10:17.22 41.51	
	200m: 2:41.48 41.63	400m: 5:28.03 41.68	600m: 8:13.88 41.52	800m: 10:56.03 38.81	
8.	Maria Duarte Carvalho	10	Benfica	<b>10:56.86</b>	388
	50m: 38.34 38.34	250m: 3:23.42 41.65	450m: 6:08.57 40.95	650m: 8:54.09 41.31	
	100m: 1:18.67 40.33	300m: 4:05.12 41.70	500m: 6:49.88 41.31	700m: 9:35.67 41.58	
	150m: 2:00.20 41.53	350m: 4:46.34 41.22	550m: 7:31.25 41.37	750m: 10:17.06 41.39	
	200m: 2:41.77 41.57	400m: 5:27.62 41.28	600m: 8:12.78 41.53	800m: 10:56.86 39.80	
9.	Carolina Escrevente Guerra	10	Alges	<b>10:57.50</b>	387
	50m: 39.02 39.02	250m: 3:21.40 41.10	450m: 6:06.59 41.57	650m: 8:53.29 41.70	
	100m: 1:19.20 40.18	300m: 4:02.51 41.11	500m: 6:48.16 41.57	700m: 9:35.17 41.88	
	150m: 1:59.64 40.44	350m: 4:43.83 41.32	550m: 7:29.76 41.60	750m: 10:16.99 41.82	
	200m: 2:40.30 40.66	400m: 5:25.02 41.19	600m: 8:11.59 41.83	800m: 10:57.50 40.51	
10.	Maria Rita Filipe	10	Geslours	<b>11:00.27</b>	382
	50m: 39.33 39.33	250m: 3:24.59 41.18	450m: 6:12.40 41.41	650m: 9:00.12 41.65	
	100m: 1:19.73 40.40	300m: 4:06.35 41.76	500m: 6:54.30 41.90	700m: 9:40.36 40.24	
	150m: 2:01.89 42.16	350m: 4:48.46 42.11	550m: 7:36.37 42.07	750m: 10:21.52 41.16	
	200m: 2:43.41 41.52	400m: 5:30.99 42.53	600m: 8:18.47 42.10	800m: 11:00.27 38.75	
11.	Luana Raquel Monteiro	10	Palmela Desporto	<b>11:01.51</b>	380
	50m: 39.65 39.65	250m: 3:26.32 42.13	450m: 6:14.80 41.49	650m: 9:00.03 41.09	
	100m: 1:20.71 41.06	300m: 4:08.80 42.48	500m: 6:56.58 41.78	700m: 9:41.57 41.54	
	150m: 2:02.35 41.64	350m: 4:51.01 42.21	550m: 7:37.80 41.22	750m: 10:22.36 40.79	
	200m: 2:44.19 41.84	400m: 5:33.31 42.30	600m: 8:18.94 41.14	800m: 11:01.51 39.15	
12.	Luisa Anjos Frischknecht	10	Naval Setubalense	<b>11:04.13</b>	375
	50m: 39.88 39.88	250m: 3:28.08 42.69	450m: 6:15.90 41.91	650m: 9:01.76 41.93	
	100m: 1:21.26 41.38	300m: 4:09.99 41.91	500m: 6:57.04 41.14	700m: 9:43.29 41.53	
	150m: 2:03.33 42.07	350m: 4:52.02 42.03	550m: 7:38.35 41.31	750m: 10:23.99 40.70	
	200m: 2:45.39 42.06	400m: 5:33.99 41.97	600m: 8:19.83 41.48	800m: 11:04.13 40.14	
13.	Victoria Sales Proenca	10	Benfica	<b>11:05.27</b>	374
	50m: 38.19 38.19	250m: 3:21.61 41.13	450m: 6:09.88 42.62	650m: 8:58.81 42.38	
	100m: 1:17.84 39.65	300m: 4:03.10 41.49	500m: 6:52.18 42.30	700m: 9:41.99 43.18	
	150m: 1:58.99 41.15	350m: 4:45.06 41.96	550m: 7:34.14 41.96	750m: 10:24.36 42.37	
	200m: 2:40.48 41.49	400m: 5:27.26 42.20	600m: 8:16.43 42.29	800m: 11:05.27 40.91	
14.	Alicia Del Rio Bernat	10	Alges	<b>11:08.54</b>	368
	50m: 39.74 39.74	250m: 3:27.55 42.04	450m: 6:17.46 42.12	650m: 9:06.81 41.86	
	100m: 1:21.03 41.29	300m: 4:09.98 42.43	500m: 6:59.59 42.13	700m: 9:48.51 41.70	
	150m: 2:03.03 42.00	350m: 4:52.57 42.59	550m: 7:42.69 43.10	750m: 10:29.47 40.96	
	200m: 2:45.51 42.48	400m: 5:35.34 42.77	600m: 8:24.95 42.26	800m: 11:08.54 39.07	
15.	Beatriz Nunes Leao	10	Laranjeiro	<b>11:08.66</b>	368
	50m: 40.28 40.28	250m: 3:28.57 42.50	450m: 6:15.31 41.86	650m: 9:04.65 42.66	
	100m: 1:21.67 41.39	300m: 4:10.20 41.63	500m: 6:57.97 42.66	700m: 9:47.61 42.96	
	150m: 2:04.18 42.51	350m: 4:51.97 41.77	550m: 7:39.46 41.49	750m: 10:29.63 42.02	
	200m: 2:46.07 41.89	400m: 5:33.45 41.48	600m: 8:21.99 42.53	800m: 11:08.66 39.03	
16.	Estela Couto Ribeiro	10	Sporting	<b>11:09.85</b>	366
	50m: 40.05 40.05	250m: 3:29.59 42.63	450m: 6:18.64 42.03	650m: 9:06.18 42.28	
	100m: 1:22.20 42.15	300m: 4:12.40 42.81	500m: 7:00.52 41.88	700m: 9:48.18 42.00	
	150m: 2:04.48 42.28	350m: 4:54.41 42.01	550m: 7:42.20 41.68	750m: 10:29.91 41.73	
	200m: 2:46.96 42.48	400m: 5:36.61 42.20	600m: 8:23.90 41.70	800m: 11:09.85 39.94	
17.	Rita Canas Brito	10	Naval Setubalense	<b>11:13.66</b>	360
	50m: 38.59 38.59	250m: 3:26.91 42.55	450m: 6:18.94 42.93	650m: 9:09.95 42.82	
	100m: 1:19.53 40.94	300m: 4:09.45 42.54	500m: 7:01.78 42.84	700m: 9:52.21 42.26	
	150m: 2:01.61 42.08	350m: 4:52.57 43.12	550m: 7:44.21 42.43	750m: 10:33.91 41.70	
	200m: 2:44.36 42.75	400m: 5:36.01 43.44	600m: 8:27.13 42.92	800m: 11:13.66 39.75	
18.	Catarina Nobre Pardelha	10	Colegio Int Monte Maior	<b>11:17.89</b>	353
	50m: 39.54 39.54	250m: 3:28.78 43.07	450m: 6:21.43 42.75	650m: 9:12.37 42.03	
	100m: 1:20.92 41.38	300m: 4:12.04 43.26	500m: 7:05.09 43.66	700m: 9:54.13 41.76	
	150m: 2:02.96 42.04	350m: 4:55.42 43.38	550m: 7:47.51 42.42	750m: 10:36.65 42.52	
	200m: 2:45.71 42.75	400m: 5:38.68 43.26	600m: 8:30.34 42.83	800m: 11:17.89 41.24	
19.	Nuria Cristina Pires	10	Vikings	<b>11:27.13</b>	339
	50m: 38.87 38.87	250m: 3:32.10 43.91	450m: 6:27.89 43.56	650m: 9:20.39 41.85	
	100m: 1:20.59 41.72	300m: 4:16.21 44.11	500m: 7:12.09 44.20	700m: 10:02.28 41.89	
	150m: 2:04.10 43.51	350m: 5:00.12 43.91	550m: 7:56.10 44.01	750m: 10:45.43 43.15	
	200m: 2:48.19 44.09	400m: 5:44.33 44.21	600m: 8:38.54 42.44	800m: 11:27.13 41.70	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 6, Femin., 800m Livres, Infantis A

Pos.	Nadador	Ano	Clube	Tempo	Pts
20.	Maria Barafusta Afonso	10	Naval Setubalense	<b>11:28.33</b>	337
	50m: 41.88 41.88	250m: 3:35.45 43.79	450m: 6:28.48 41.67	650m: 9:21.66 41.90	
	100m: 1:24.46 42.58	300m: 4:19.38 43.93	500m: 7:11.99 43.51	700m: 10:04.62 42.96	
	150m: 2:07.52 43.06	350m: 5:03.48 44.10	550m: 7:55.52 43.53	750m: 10:47.96 43.34	
	200m: 2:51.66 44.14	400m: 5:46.81 43.33	600m: 8:39.76 44.24	800m: 11:28.33 40.37	
21.	Maria Ines Fryxell	10	AONDA - Azeitão	<b>11:28.80</b>	337
	50m: 39.28 39.28	250m: 3:32.34 43.89	450m: 6:27.91 43.73	650m: 9:21.79 43.76	
	100m: 1:21.23 41.95	300m: 4:16.43 44.09	500m: 7:11.01 43.10	700m: 10:05.10 43.31	
	150m: 2:04.69 43.46	350m: 5:00.23 43.80	550m: 7:54.57 43.56	750m: 10:47.86 42.76	
	200m: 2:48.45 43.76	400m: 5:44.18 43.95	600m: 8:38.03 43.46	800m: 11:28.80 40.94	
22.	Rita Rocha Ferreira	10	Benfica	<b>11:40.58</b>	320
	50m: 40.97 40.97	250m: 3:33.20 43.72	450m: 6:30.60 44.75	650m: 9:29.83 44.95	
	100m: 1:22.06 41.09	300m: 4:17.25 44.05	500m: 7:15.16 44.56	700m: 10:14.02 44.19	
	150m: 2:05.90 43.84	350m: 5:01.41 44.16	550m: 7:59.97 44.81	750m: 10:58.15 44.13	
	200m: 2:49.48 43.58	400m: 5:45.85 44.44	600m: 8:44.88 44.91	800m: 11:40.58 42.43	
23.	Francisca Maria Esteves	10	Colégio Vasco da Gama	<b>11:43.31</b>	316
	50m: 40.70 40.70	250m: 3:37.80 43.85	450m: 6:33.24 44.11	650m: 9:32.43 44.97	
	100m: 1:25.83 45.13	300m: 4:22.47 44.67	500m: 7:17.89 44.65	700m: 10:17.03 44.60	
	150m: 2:10.01 44.18	350m: 5:05.65 43.18	550m: 8:02.91 45.02	750m: 11:01.11 44.08	
	200m: 2:53.95 43.94	400m: 5:49.13 43.48	600m: 8:47.46 44.55	800m: 11:43.31 42.20	
24.	Alicia Tais Ferreira <i>Fora Minimo Acesso</i>	10	Geslours	<b>12:37.71</b>	253
	50m: 42.57 42.57	250m: 3:52.19 48.65	450m: 7:05.13 48.36	650m: 10:18.04 48.04	
	100m: 1:28.60 46.03	300m: 4:40.45 48.26	500m: 7:53.15 48.02	700m: 11:05.53 47.49	
	150m: 2:16.14 47.54	350m: 5:28.62 48.17	550m: 8:41.59 48.44	750m: 11:52.86 47.33	
	200m: 3:03.54 47.40	400m: 6:16.77 48.15	600m: 9:30.00 48.41	800m: 12:37.71 44.85	
25.	Maria Francisca Moreira <i>Fora Minimo Acesso</i>	10	Bombeiros dos Estoril	<b>12:41.52</b>	249
	50m: 43.53 43.53	250m: 3:55.69 48.51	450m: 7:09.13 48.43	650m: 10:24.05 47.95	
	100m: 1:30.73 47.20	300m: 4:43.56 47.87	500m: 7:58.27 49.14	700m: 11:11.09 47.04	
	150m: 2:18.54 47.81	350m: 5:31.68 48.12	550m: 8:47.54 49.27	750m: 11:58.21 47.12	
	200m: 3:07.18 48.64	400m: 6:20.70 49.02	600m: 9:36.10 48.56	800m: 12:41.52 43.31	

DNS Isabella Caterina Mejias 10 Vikings

Infantis

1.	Rita Braga Gomes	10	Sporting	<b>10:25.38</b>	450
	50m: 36.78 36.78	250m: 3:13.85 39.54	450m: 5:52.55 40.05	650m: 8:29.28 39.30	
	100m: 1:15.19 38.41	300m: 3:53.56 39.71	500m: 6:31.46 38.91	700m: 9:08.63 39.35	
	150m: 1:54.40 39.21	350m: 4:33.32 39.76	550m: 7:11.07 39.61	750m: 9:48.13 39.50	
	200m: 2:34.31 39.91	400m: 5:12.50 39.18	600m: 7:49.98 38.91	800m: 10:25.38 37.25	
2.	Ana Nabais Mendes	10	Laranjeiro	<b>10:31.70</b>	436
	50m: 37.55 37.55	250m: 3:16.01 40.18	450m: 5:56.51 39.52	650m: 8:35.99 39.96	
	100m: 1:16.45 38.90	300m: 3:56.28 40.27	500m: 6:36.48 39.97	700m: 9:15.47 39.48	
	150m: 1:56.00 39.55	350m: 4:36.52 40.24	550m: 7:16.05 39.57	750m: 9:54.55 39.08	
	200m: 2:35.83 39.83	400m: 5:16.99 40.47	600m: 7:56.03 39.98	800m: 10:31.70 37.15	
3.	Maria Madalena Fernandes	10	Alges	<b>10:35.71</b>	428
	50m: 38.23 38.23	250m: 3:18.99 40.67	450m: 5:58.89 39.61	650m: 8:39.32 39.97	
	100m: 1:18.03 39.80	300m: 3:59.06 40.07	500m: 6:39.12 40.23	700m: 9:18.90 39.58	
	150m: 1:57.93 39.90	350m: 4:39.21 40.15	550m: 7:19.33 40.21	750m: 9:58.83 39.93	
	200m: 2:38.32 40.39	400m: 5:19.28 40.07	600m: 7:59.35 40.02	800m: 10:35.71 36.88	
4.	Margarida Santos Moura	11	Sporting	<b>10:37.58</b>	424
	50m: 37.77 37.77	250m: 3:20.67 40.94	450m: 6:01.64 39.95	650m: 8:42.56 39.80	
	100m: 1:18.08 40.31	300m: 4:00.56 39.89	500m: 6:41.91 40.27	700m: 9:22.41 39.85	
	150m: 1:58.98 40.90	350m: 4:41.31 40.75	550m: 7:22.08 40.17	750m: 10:00.99 38.58	
	200m: 2:39.73 40.75	400m: 5:21.69 40.38	600m: 8:02.76 40.68	800m: 10:37.58 36.59	
5.	Beatriz Costa Diniz	10	Sporting	<b>10:37.93</b>	424
	50m: 38.30 38.30	250m: 3:19.82 40.70	450m: 6:00.20 39.70	650m: 8:40.57 39.74	
	100m: 1:18.53 40.23	300m: 4:00.54 40.72	500m: 6:40.29 40.09	700m: 9:20.77 40.20	
	150m: 1:58.55 40.02	350m: 4:40.49 39.95	550m: 7:20.64 40.35	750m: 10:00.07 39.30	
	200m: 2:39.12 40.57	400m: 5:20.50 40.01	600m: 8:00.83 40.19	800m: 10:37.93 37.86	
6.	Ana Filipa Serra	11	CPCD - Póvoa Sta Iria	<b>10:37.98</b>	424
	50m: 38.52 38.52	250m: 3:19.69 40.64	450m: 6:00.68 39.95	650m: 8:41.63 40.44	
	100m: 1:18.17 39.65	300m: 4:00.70 41.01	500m: 6:40.64 39.96	700m: 9:21.81 40.18	
	150m: 1:58.86 40.69	350m: 4:40.66 39.96	550m: 7:20.98 40.34	750m: 10:01.29 39.48	
	200m: 2:39.05 40.19	400m: 5:20.73 40.07	600m: 8:01.19 40.21	800m: 10:37.98 36.69	

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Prova 6, Femin., 800m Livres, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
7.	Joana Alexandra Silva	10	CPCD - Póvoa Sta Iria	<b>10:40.11</b>	419
	50m: 38.55 38.55	250m: 3:22.74 41.33	450m: 6:03.64 40.22	650m: 8:43.35 40.11	
	100m: 1:19.11 40.56	300m: 4:02.99 40.25	500m: 6:43.27 39.63	700m: 9:23.72 40.37	
	150m: 2:00.42 41.31	350m: 4:42.76 39.77	550m: 7:23.57 40.30	750m: 10:03.21 39.49	
	200m: 2:41.41 40.99	400m: 5:23.42 40.66	600m: 8:03.24 39.67	800m: 10:40.11 36.90	
8.	Gabriela Parreira	10	Sporting	<b>10:41.24</b>	417
	50m: 38.39 38.39	250m: 3:20.98 41.01	450m: 6:02.27 40.05	650m: 8:43.77 40.47	
	100m: 1:18.76 40.37	300m: 4:01.40 40.42	500m: 6:42.81 40.54	700m: 9:24.48 40.71	
	150m: 1:59.43 40.67	350m: 4:41.64 40.24	550m: 7:22.94 40.13	750m: 10:05.58 41.10	
	200m: 2:39.97 40.54	400m: 5:22.22 40.58	600m: 8:03.30 40.36	800m: 10:41.24 35.66	
9.	Ana Mao de Ferro	11	Sporting	<b>10:46.20</b>	408
	50m: 37.03 37.03	250m: 3:17.51 40.29	450m: 6:00.42 40.96	650m: 8:45.18 41.82	
	100m: 1:16.30 39.27	300m: 3:57.92 40.41	500m: 6:41.17 40.75	700m: 9:26.78 41.60	
	150m: 1:56.39 40.09	350m: 4:38.60 40.68	550m: 7:21.80 40.63	750m: 10:07.93 41.15	
	200m: 2:37.22 40.83	400m: 5:19.46 40.86	600m: 8:03.36 41.56	800m: 10:46.20 38.27	
10.	Margarida Almeida Ferreira	11	Sporting	<b>10:50.38</b>	400
	50m: 38.59 38.59	250m: 3:23.55 41.73	450m: 6:10.40 41.18	650m: 8:53.44 39.88	
	100m: 1:18.62 40.03	300m: 4:05.33 41.78	500m: 6:51.21 40.81	700m: 9:33.95 40.51	
	150m: 1:59.70 41.08	350m: 4:47.56 42.23	550m: 7:32.35 41.14	750m: 10:13.58 39.63	
	200m: 2:41.82 42.12	400m: 5:29.22 41.66	600m: 8:13.56 41.21	800m: 10:50.38 36.80	
11.	Beatriz Paiva Branco	10	Laranjeiro	<b>10:56.03</b>	390
	50m: 37.81 37.81	250m: 3:22.64 41.16	450m: 6:09.83 41.80	650m: 8:55.28 41.40	
	100m: 1:18.24 40.43	300m: 4:04.48 41.84	500m: 6:51.15 41.32	700m: 9:35.71 40.43	
	150m: 1:59.85 41.61	350m: 4:46.35 41.87	550m: 7:32.36 41.21	750m: 10:17.22 41.51	
	200m: 2:41.48 41.63	400m: 5:28.03 41.68	600m: 8:13.88 41.52	800m: 10:56.03 38.81	
12.	Maria Duarte Carvalho	10	Benfica	<b>10:56.86</b>	388
	50m: 38.34 38.34	250m: 3:23.42 41.65	450m: 6:08.57 40.95	650m: 8:54.09 41.31	
	100m: 1:18.67 40.33	300m: 4:05.12 41.70	500m: 6:49.88 41.31	700m: 9:35.67 41.58	
	150m: 2:00.20 41.53	350m: 4:46.34 41.22	550m: 7:31.25 41.37	750m: 10:17.06 41.39	
	200m: 2:41.77 41.57	400m: 5:27.62 41.28	600m: 8:12.78 41.53	800m: 10:56.86 39.80	
13.	Carolina Escrevente Guerra	10	Alges	<b>10:57.50</b>	387
	50m: 39.02 39.02	250m: 3:21.40 41.10	450m: 6:06.59 41.57	650m: 8:53.29 41.70	
	100m: 1:19.20 40.18	300m: 4:02.51 41.11	500m: 6:48.16 41.57	700m: 9:35.17 41.88	
	150m: 1:59.64 40.44	350m: 4:43.83 41.32	550m: 7:29.76 41.60	750m: 10:16.99 41.82	
	200m: 2:40.30 40.66	400m: 5:25.02 41.19	600m: 8:11.59 41.83	800m: 10:57.50 40.51	
14.	Maria Rita Filipe	10	Geslours	<b>11:00.27</b>	382
	50m: 39.33 39.33	250m: 3:24.59 41.18	450m: 6:12.40 41.41	650m: 9:00.12 41.65	
	100m: 1:19.73 40.40	300m: 4:06.35 41.76	500m: 6:54.30 41.90	700m: 9:40.36 40.24	
	150m: 2:01.89 42.16	350m: 4:48.46 42.11	550m: 7:36.37 42.07	750m: 10:21.52 41.16	
	200m: 2:43.41 41.52	400m: 5:30.99 42.53	600m: 8:18.47 42.10	800m: 11:00.27 38.75	
15.	Luana Raquel Monteiro	10	Palmela Desporto	<b>11:01.51</b>	380
	50m: 39.65 39.65	250m: 3:26.32 42.13	450m: 6:14.80 41.49	650m: 9:00.03 41.09	
	100m: 1:20.71 41.06	300m: 4:08.80 42.48	500m: 6:56.58 41.78	700m: 9:41.57 41.54	
	150m: 2:02.35 41.64	350m: 4:51.01 42.21	550m: 7:37.80 41.22	750m: 10:22.36 40.79	
	200m: 2:44.19 41.84	400m: 5:33.31 42.30	600m: 8:18.94 41.14	800m: 11:01.51 39.15	
16.	Luisa Anjos Frischknecht	10	Naval Setubalense	<b>11:04.13</b>	375
	50m: 39.88 39.88	250m: 3:28.08 42.69	450m: 6:15.90 41.91	650m: 9:01.76 41.93	
	100m: 1:21.26 41.38	300m: 4:09.99 41.91	500m: 6:57.04 41.14	700m: 9:43.29 41.53	
	150m: 2:03.33 42.07	350m: 4:52.02 42.03	550m: 7:38.35 41.31	750m: 10:23.99 40.70	
	200m: 2:45.39 42.06	400m: 5:33.99 41.97	600m: 8:19.83 41.48	800m: 11:04.13 40.14	
17.	Victoria Sales Proenca	10	Benfica	<b>11:05.27</b>	374
	50m: 38.19 38.19	250m: 3:21.61 41.13	450m: 6:09.88 42.62	650m: 8:58.81 42.38	
	100m: 1:17.84 39.65	300m: 4:03.10 41.49	500m: 6:52.18 42.30	700m: 9:41.99 43.18	
	150m: 1:58.99 41.15	350m: 4:45.06 41.96	550m: 7:34.14 41.96	750m: 10:24.36 42.37	
	200m: 2:40.48 41.49	400m: 5:27.26 42.20	600m: 8:16.43 42.29	800m: 11:05.27 40.91	
18.	Alicia Del Rio Bernat	10	Alges	<b>11:08.54</b>	368
	50m: 39.74 39.74	250m: 3:27.55 42.04	450m: 6:17.46 42.12	650m: 9:06.81 41.86	
	100m: 1:21.03 41.29	300m: 4:09.98 42.43	500m: 6:59.59 42.13	700m: 9:48.51 41.70	
	150m: 2:03.03 42.00	350m: 4:52.57 42.59	550m: 7:42.69 43.10	750m: 10:29.47 40.96	
	200m: 2:45.51 42.48	400m: 5:35.34 42.77	600m: 8:24.95 42.26	800m: 11:08.54 39.07	
19.	Beatriz Nunes Leao	10	Laranjeiro	<b>11:08.66</b>	368
	50m: 40.28 40.28	250m: 3:28.57 42.50	450m: 6:15.31 41.86	650m: 9:04.65 42.66	
	100m: 1:21.67 41.39	300m: 4:10.20 41.63	500m: 6:57.97 42.66	700m: 9:47.61 42.96	
	150m: 2:04.18 42.51	350m: 4:51.97 41.77	550m: 7:39.46 41.49	750m: 10:29.63 42.02	
	200m: 2:46.07 41.89	400m: 5:33.45 41.48	600m: 8:21.99 42.53	800m: 11:08.66 39.03	

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Prova 6, Femin., 800m Livres, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
20.	Estela Couto Ribeiro	10	Sporting	<b>11:09.85</b>	366
	50m: 40.05 40.05 250m: 3:29.59 42.63 450m: 6:18.64 42.03 650m: 9:06.18 42.28				
	100m: 1:22.20 42.15 300m: 4:12.40 42.81 500m: 7:00.52 41.88 700m: 9:48.18 42.00				
	150m: 2:04.48 42.28 350m: 4:54.41 42.01 550m: 7:42.20 41.68 750m: 10:29.91 41.73				
	200m: 2:46.96 42.48 400m: 5:36.61 42.20 600m: 8:23.90 41.70 800m: 11:09.85 39.94				
21.	Rita Canas Brito	10	Naval Setubalense	<b>11:13.66</b>	360
	50m: 38.59 38.59 250m: 3:26.91 42.55 450m: 6:18.94 42.93 650m: 9:09.95 42.82				
	100m: 1:19.53 40.94 300m: 4:09.45 42.54 500m: 7:01.78 42.84 700m: 9:52.21 42.26				
	150m: 2:01.61 42.08 350m: 4:52.57 43.12 550m: 7:44.21 42.43 750m: 10:33.91 41.70				
	200m: 2:44.36 42.75 400m: 5:36.01 43.44 600m: 8:27.13 42.92 800m: 11:13.66 39.75				
22.	Madalena Ferreira Baldo	11	Colegio Int Monte Maior	<b>11:14.58</b>	358
	50m: 39.72 39.72 250m: 3:26.62 42.19 450m: 6:17.12 42.38 650m: 9:06.46 41.78				
	100m: 1:20.49 40.77 300m: 4:09.03 42.41 500m: 6:59.78 42.66 700m: 9:48.98 42.52				
	150m: 2:02.24 41.75 350m: 4:51.35 42.32 550m: 7:42.64 42.86 750m: 10:31.50 42.52				
	200m: 2:44.43 42.19 400m: 5:34.74 43.39 600m: 8:24.68 42.04 800m: 11:14.58 43.08				
23.	Leticia Coelho Silva	11	Vikings	<b>11:17.00</b>	354
	50m: 39.79 39.79 250m: 3:28.80 42.40 450m: 6:18.53 42.78 650m: 9:09.97 42.94				
	100m: 1:21.89 42.10 300m: 4:11.15 42.35 500m: 7:01.24 42.71 700m: 9:52.65 42.68				
	150m: 2:04.27 42.38 350m: 4:53.34 42.19 550m: 7:44.32 43.08 750m: 10:35.27 42.62				
	200m: 2:46.40 42.13 400m: 5:35.75 42.41 600m: 8:27.03 42.71 800m: 11:17.00 41.73				
24.	Catarina Nobre Pardelha	10	Colegio Int Monte Maior	<b>11:17.89</b>	353
	50m: 39.54 39.54 250m: 3:28.78 43.07 450m: 6:21.43 42.75 650m: 9:12.37 42.03				
	100m: 1:20.92 41.38 300m: 4:12.04 43.26 500m: 7:05.09 43.66 700m: 9:54.13 41.76				
	150m: 2:02.96 42.04 350m: 4:55.42 43.38 550m: 7:47.51 42.42 750m: 10:36.65 42.52				
	200m: 2:45.71 42.75 400m: 5:38.68 43.26 600m: 8:30.34 42.83 800m: 11:17.89 41.24				
25.	Maria Rendeiro Correia	11	Alges	<b>11:19.83</b>	350
	50m: 39.99 39.99 250m: 3:31.57 42.63 450m: 6:25.09 43.40 650m: 9:16.45 42.41				
	100m: 1:22.76 42.77 300m: 4:15.04 43.47 500m: 7:08.14 43.05 700m: 9:58.47 42.02				
	150m: 2:06.30 43.54 350m: 4:58.49 43.45 550m: 7:51.24 43.10 750m: 10:40.79 42.32				
	200m: 2:48.94 42.64 400m: 5:41.69 43.20 600m: 8:34.04 42.80 800m: 11:19.83 39.04				
26.	Leonor Coelho Silva	11	Vikings	<b>11:20.66</b>	349
	50m: 38.53 38.53 250m: 3:29.19 43.47 450m: 6:21.41 42.76 650m: 9:14.29 42.62				
	100m: 1:20.72 42.19 300m: 4:12.27 43.08 500m: 7:04.92 43.51 700m: 9:57.17 42.88				
	150m: 2:02.88 42.16 350m: 4:55.56 43.29 550m: 7:48.11 43.19 750m: 10:39.25 42.08				
	200m: 2:45.72 42.84 400m: 5:38.65 43.09 600m: 8:31.67 43.56 800m: 11:20.66 41.41				
27.	Sara Silva Campos	11	Laranjeiro	<b>11:22.73</b>	346
	50m: 39.03 39.03 250m: 3:31.08 43.13 450m: 6:24.87 44.11 650m: 9:16.83 42.71				
	100m: 1:20.99 41.96 300m: 4:15.34 44.26 500m: 7:09.02 44.15 700m: 10:00.29 43.46				
	150m: 2:05.08 44.09 350m: 4:57.80 42.46 550m: 7:51.76 42.74 750m: 10:42.75 42.46				
	200m: 2:47.95 42.87 400m: 5:40.76 42.96 600m: 8:34.12 42.36 800m: 11:22.73 39.98				
28.	Madalena Correia Gomes	11	Colegio Int Monte Maior	<b>11:26.01</b>	341
	50m: 40.61 40.61 250m: 3:30.38 42.84 450m: 6:24.33 43.45 650m: 9:17.79 43.82				
	100m: 1:22.78 42.17 300m: 4:13.88 43.50 500m: 7:07.31 42.98 700m: 10:00.74 42.95				
	150m: 2:05.56 42.78 350m: 4:57.74 43.86 550m: 7:50.70 43.39 750m: 10:44.49 43.75				
	200m: 2:47.54 41.98 400m: 5:40.88 43.14 600m: 8:33.97 43.27 800m: 11:26.01 41.52				
29.	Nuria Cristina Pires	10	Vikings	<b>11:27.13</b>	339
	50m: 38.87 38.87 250m: 3:32.10 43.91 450m: 6:27.89 43.56 650m: 9:20.39 41.85				
	100m: 1:20.59 41.72 300m: 4:16.21 44.11 500m: 7:12.09 44.20 700m: 10:02.28 41.89				
	150m: 2:04.10 43.51 350m: 5:00.12 43.91 550m: 7:56.10 44.01 750m: 10:45.43 43.15				
	200m: 2:48.19 44.09 400m: 5:44.33 44.21 600m: 8:38.54 42.44 800m: 11:27.13 41.70				
30.	Maria Barafusta Afonso	10	Naval Setubalense	<b>11:28.33</b>	337
	50m: 41.88 41.88 250m: 3:35.45 43.79 450m: 6:28.48 41.67 650m: 9:21.66 41.90				
	100m: 1:24.46 42.58 300m: 4:19.38 43.93 500m: 7:11.99 43.51 700m: 10:04.62 42.96				
	150m: 2:07.52 43.06 350m: 5:03.48 44.10 550m: 7:55.52 43.53 750m: 10:47.96 43.34				
	200m: 2:51.66 44.14 400m: 5:46.81 43.33 600m: 8:39.76 44.24 800m: 11:28.33 40.37				
31.	Maria Ines Fryxell	10	AONDA - Azeitão	<b>11:28.80</b>	337
	50m: 39.28 39.28 250m: 3:32.34 43.89 450m: 6:27.91 43.73 650m: 9:21.79 43.76				
	100m: 1:21.23 41.95 300m: 4:16.43 44.09 500m: 7:11.01 43.10 700m: 10:05.10 43.31				
	150m: 2:04.69 43.46 350m: 5:00.23 43.80 550m: 7:54.57 43.56 750m: 10:47.86 42.76				
	200m: 2:48.45 43.76 400m: 5:44.18 43.95 600m: 8:38.03 43.46 800m: 11:28.80 40.94				
32.	Ines Freitas Abrantes	11	Colegio Int Monte Maior	<b>11:29.23</b>	336
	50m: 40.47 40.47 250m: 3:34.43 44.50 450m: 6:30.20 43.35 650m: 9:24.80 43.97				
	100m: 1:22.85 42.38 300m: 4:18.66 44.23 500m: 7:13.64 43.44 700m: 10:07.71 42.91				
	150m: 2:05.95 43.10 350m: 5:02.58 43.92 550m: 7:57.91 44.27 750m: 10:49.09 41.38				
	200m: 2:49.93 43.98 400m: 5:46.85 44.27 600m: 8:40.83 42.92 800m: 11:29.23 40.14				

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Prova 6, Femin., 800m Livres, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
33.	Matilde Bento Pereira	11	Gesloures	<b>11:33.50</b>	330
	50m: 39.49 39.49	250m: 3:34.86 43.94	450m: 6:29.79 43.66	650m: 9:24.57 43.56	
	100m: 1:23.10 43.61	300m: 4:18.47 43.61	500m: 7:13.77 43.98	700m: 10:08.56 43.99	
	150m: 2:07.12 44.02	350m: 5:02.28 43.81	550m: 7:57.38 43.61	750m: 10:52.01 43.45	
	200m: 2:50.92 43.80	400m: 5:46.13 43.85	600m: 8:41.01 43.63	800m: 11:33.50 41.49	
34.	Carolina Melo Camejo	11	Sporting	<b>11:34.51</b>	328
	50m: 39.32 39.32	250m: 3:32.41 43.44	450m: 6:28.13 44.83	650m: 9:25.97 44.98	
	100m: 1:22.00 42.68	300m: 4:16.51 44.10	500m: 7:12.15 44.02	700m: 10:10.41 44.44	
	150m: 2:05.69 43.69	350m: 5:00.07 43.56	550m: 7:56.34 44.19	750m: 10:53.59 43.18	
	200m: 2:48.97 43.28	400m: 5:43.30 43.23	600m: 8:40.99 44.65	800m: 11:34.51 40.92	
35.	Rita Rocha Ferreira	10	Benfica	<b>11:40.58</b>	320
	50m: 40.97 40.97	250m: 3:33.20 43.72	450m: 6:30.60 44.75	650m: 9:29.83 44.95	
	100m: 1:22.06 41.09	300m: 4:17.25 44.05	500m: 7:15.16 44.56	700m: 10:14.02 44.19	
	150m: 2:05.90 43.84	350m: 5:01.41 44.16	550m: 7:59.97 44.81	750m: 10:58.15 44.13	
	200m: 2:49.48 43.58	400m: 5:45.85 44.44	600m: 8:44.88 44.91	800m: 11:40.58 42.43	
36.	Francisca Maria Esteves	10	Colégio Vasco da Gama	<b>11:43.31</b>	316
	50m: 40.70 40.70	250m: 3:37.80 43.85	450m: 6:33.24 44.11	650m: 9:32.43 44.97	
	100m: 1:25.83 45.13	300m: 4:22.47 44.67	500m: 7:17.89 44.65	700m: 10:17.03 44.60	
	150m: 2:10.01 44.18	350m: 5:05.65 43.18	550m: 8:02.91 45.02	750m: 11:01.11 44.08	
	200m: 2:53.95 43.94	400m: 5:49.13 43.48	600m: 8:47.46 44.55	800m: 11:43.31 42.20	
37.	Francisca Meneses Goncalves	11	Gesloures	<b>11:50.15</b>	307
	50m: 41.15 41.15	250m: 3:37.96 44.98	450m: 6:38.47 45.27	650m: 9:40.78 44.93	
	100m: 1:24.54 43.39	300m: 4:23.47 45.51	500m: 7:23.84 45.37	700m: 10:26.40 45.62	
	150m: 2:09.00 44.46	350m: 5:08.56 45.09	550m: 8:09.88 46.04	750m: 11:09.59 43.19	
	200m: 2:52.98 43.98	400m: 5:53.20 44.64	600m: 8:55.85 45.97	800m: 11:50.15 40.56	
38.	Eva Alves Santos	11	Colegio Int Monte Maior	<b>11:58.39</b>	297
	50m: 41.84 41.84	250m: 3:43.51 45.50	450m: 6:45.43 45.07	650m: 9:46.87 44.61	
	100m: 1:26.72 44.88	300m: 4:29.20 45.69	500m: 7:30.60 45.17	700m: 10:31.89 45.02	
	150m: 2:12.09 45.37	350m: 5:14.51 45.31	550m: 8:16.93 46.33	750m: 11:16.45 44.56	
	200m: 2:58.01 45.92	400m: 6:00.36 45.85	600m: 9:02.26 45.33	800m: 11:58.39 41.94	
39.	Ines Silva Paiva	11	Colegio Int Monte Maior	<b>12:09.52</b>	283
	50m: 42.05 42.05	250m: 3:48.24 46.45	450m: 6:54.22 45.72	650m: 9:59.88 45.80	
	100m: 1:28.67 46.62	300m: 4:34.68 46.44	500m: 7:40.16 45.94	700m: 10:42.95 43.07	
	150m: 2:15.36 46.69	350m: 5:21.74 47.06	550m: 8:27.22 47.06	750m: 11:28.29 45.34	
	200m: 3:01.79 46.43	400m: 6:08.50 46.76	600m: 9:14.08 46.86	800m: 12:09.52 41.23	
40.	Madalena Carreiro Rodrigues	11	Benfica	<b>12:16.55</b>	275
	50m: 43.87 43.87	250m: 3:46.76 45.83	450m: 6:49.42 44.72	650m: 9:58.16 47.64	
	100m: 1:29.52 45.65	300m: 4:32.40 45.64	500m: 7:35.04 45.62	700m: 10:46.85 48.69	
	150m: 2:15.01 45.49	350m: 5:19.11 46.71	550m: 8:22.66 47.62	750m: 11:33.15 46.30	
	200m: 3:00.93 45.92	400m: 6:04.70 45.59	600m: 9:10.52 47.86	800m: 12:16.55 43.40	
41.	Leonor Areias Martins	11	Gesloures	<b>12:17.51</b>	274
	50m: 42.81 42.81	250m: 3:50.35 48.23	450m: 6:58.68 47.27	650m: 10:06.78 46.28	
	100m: 1:29.36 46.55	300m: 4:37.46 47.11	500m: 7:46.59 47.91	700m: 10:54.09 47.31	
	150m: 2:15.40 46.04	350m: 5:25.52 48.06	550m: 8:31.85 45.26	750m: 11:38.28 44.19	
	200m: 3:02.12 46.72	400m: 6:11.41 45.89	600m: 9:20.50 48.65	800m: 12:17.51 39.23	
42.	Maria Fatima Pagani	11	Bombeiros dos Estoril	<b>12:20.59</b>	271
	50m: 41.14 41.14	250m: 3:48.73 46.60	450m: 6:57.28 47.33	650m: 10:02.82 45.27	
	100m: 1:27.43 46.29	300m: 4:35.59 46.86	500m: 7:44.55 47.27	700m: 10:50.93 48.11	
	150m: 2:14.49 47.06	350m: 5:22.80 47.21	550m: 8:30.54 45.99	750m: 11:38.84 47.91	
	200m: 3:02.13 47.64	400m: 6:09.95 47.15	600m: 9:17.55 47.01	800m: 12:20.59 41.75	
43.	Diana Gomes Nunes	11	Colegio Int Monte Maior	<b>12:23.74</b>	267
	50m: 42.60 42.60	250m: 3:47.23 46.51	450m: 6:58.88 47.70	650m: 10:06.88 46.57	
	100m: 1:28.52 45.92	300m: 4:34.82 47.59	500m: 7:45.47 46.59	700m: 10:54.56 47.68	
	150m: 2:14.64 46.12	350m: 5:22.73 47.91	550m: 8:33.29 47.82	750m: 11:40.73 46.17	
	200m: 3:00.72 46.08	400m: 6:11.18 48.45	600m: 9:20.31 47.02	800m: 12:23.74 43.01	
44.	Ines Duarte Mendes	11	Colegio Int Monte Maior	<b>12:27.48</b>	263
	50m: 46.14 46.14	250m: 3:56.61 47.61	450m: 7:03.32 46.40	650m: 10:10.25 47.21	
	100m: 1:34.19 48.05	300m: 4:43.53 46.92	500m: 7:49.68 46.36	700m: 10:56.95 46.70	
	150m: 2:21.23 47.04	350m: 5:30.05 46.52	550m: 8:36.65 46.97	750m: 11:43.70 46.75	
	200m: 3:09.00 47.77	400m: 6:16.92 46.87	600m: 9:23.04 46.39	800m: 12:27.48 43.78	
45.	Catarina Ribeiro Fernandez	11	Gesloures	<b>12:36.39</b>	254
	50m: 43.06 43.06	250m: 3:52.97 48.40	450m: 7:04.57 47.93	650m: 10:16.56 48.31	
	100m: 1:29.72 46.66	300m: 4:40.07 47.10	500m: 7:52.82 48.25	700m: 11:04.74 48.18	
	150m: 2:17.19 47.47	350m: 5:28.35 48.28	550m: 8:41.05 48.23	750m: 11:52.16 47.42	
	200m: 3:04.57 47.38	400m: 6:16.64 48.29	600m: 9:28.25 47.20	800m: 12:36.39 44.23	

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

Prova 6, Femin., 800m Livres, Infantis

Pos.	Nadador	Ano	Clube	Tempo	Pts
46.	Alicia Tais Ferreira <i>Fora Minimo Acesso</i>	10	Gesloures	<b>12:37.71</b>	253
	50m: 42.57 42.57	250m: 3:52.19 48.65	450m: 7:05.13 48.36	650m: 10:18.04 48.04	
	100m: 1:28.60 46.03	300m: 4:40.45 48.26	500m: 7:53.15 48.02	700m: 11:05.53 47.49	
	150m: 2:16.14 47.54	350m: 5:28.62 48.17	550m: 8:41.59 48.44	750m: 11:52.86 47.33	
	200m: 3:03.54 47.40	400m: 6:16.77 48.15	600m: 9:30.00 48.41	800m: 12:37.71 44.85	
47.	Maria Francisca Moreira <i>Fora Minimo Acesso</i>	10	Bombeiros dos Estoris	<b>12:41.52</b>	249
	50m: 43.53 43.53	250m: 3:55.69 48.51	450m: 7:09.13 48.43	650m: 10:24.05 47.95	
	100m: 1:30.73 47.20	300m: 4:43.56 47.87	500m: 7:58.27 49.14	700m: 11:11.09 47.04	
	150m: 2:18.54 47.81	350m: 5:31.68 48.12	550m: 8:47.54 49.27	750m: 11:58.21 47.12	
	200m: 3:07.18 48.64	400m: 6:20.70 49.02	600m: 9:36.10 48.56	800m: 12:41.52 43.31	
DNS	Isabella Caterina Mejias	10	Vikings		

Resultados online: [anlisboa.info/live](http://anlisboa.info/live)

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