

Prova 4
27.05.2023 - 17:47

Masc., 400m Estilos

Juvenis
Resultados

Rec Regional Juv A	4:25.04	João Alexandre Vital	POR	Tomar	2013
Rec Regional Juv B	4:35.68	João Alexandre Vital	POR	Alapraia	2013
Rec Regional Absoluto	4:06.93	Joao Alexandre Vital	POR	Hangzhou (CHN)	2018
Rec Nacional Juv A	4:25.04	Joao Alexandre Vital	POR	Tomar	2013
Rec Nacional Juv B	4:35.02	Diogo Filipe Carvalho	POR	Braga	2003
Rec Nacional Absoluto	4:05.87	Gabriel Jose Lopes	POR	Leiria	2022

Mínimo Participação Juv B: 5:41.23; Juv A: 5:31.29

Pontos: FINA 2022

Pos.	Nadador	Ano	Clube	Tempo	Pts
Juvenis B					
1.	Pedro Saad Oliveira	08	Sporting	4:57.87	489
	50m: 31.24 31.24	150m: 1:44.14 36.95	250m: 3:05.01 44.28	350m: 4:24.42 34.16	
	100m: 1:07.19 35.95	200m: 2:20.73 36.59	300m: 3:50.26 45.25	400m: 4:57.87 33.45	
2.	David Jesus Morgado	08	Sporting	5:00.37	477
	50m: 32.18 32.18	150m: 1:48.89 39.59	250m: 3:09.61 41.68	350m: 4:26.45 34.66	
	100m: 1:09.30 37.12	200m: 2:27.93 39.04	300m: 3:51.79 42.18	400m: 5:00.37 33.92	
3.	Ricardo Figueiredo Fernandes	08	Colegio Int Monte Maior	5:02.19	469
	50m: 31.88 31.88	150m: 1:45.14 36.87	250m: 3:07.88 46.94	350m: 4:30.26 34.28	
	100m: 1:08.27 36.39	200m: 2:20.94 35.80	300m: 3:55.98 48.10	400m: 5:02.19 31.93	
4.	Pedro Caiada Rodrigues	08	Benfica	5:02.67	466
	50m: 31.66 31.66	150m: 1:46.84 38.30	250m: 3:09.78 45.04	350m: 4:29.68 34.30	
	100m: 1:08.54 36.88	200m: 2:24.74 37.90	300m: 3:55.38 45.60	400m: 5:02.67 32.99	
5.	Afonso Gago Garcia	08	Benfica	5:03.53	462
	50m: 31.91 31.91	150m: 1:49.65 39.99	250m: 3:11.86 44.99	350m: 4:31.86 34.59	
	100m: 1:09.66 37.75	200m: 2:26.87 37.22	300m: 3:57.27 45.41	400m: 5:03.53 31.67	
6.	Afonso Mendonca Ornelas	08	Gesloures	5:04.44	458
	50m: 31.49 31.49	150m: 1:50.24 41.47	250m: 3:14.18 44.59	350m: 4:32.85 35.27	
	100m: 1:08.77 37.28	200m: 2:29.59 39.35	300m: 3:57.58 43.40	400m: 5:04.44 31.59	
7.	Goncalo Jorge Lima	08	Sporting	5:04.91	456
	50m: 31.37 31.37	150m: 1:49.36 40.14	250m: 3:12.50 44.73	350m: 4:31.66 34.64	
	100m: 1:09.22 37.85	200m: 2:27.77 38.41	300m: 3:57.02 44.52	400m: 5:04.91 33.25	
8.	Francisco Rodrigues Vilar	08	Sporting	5:10.00	434
	50m: 31.87 31.87	150m: 1:47.72 38.72	250m: 3:11.30 45.84	350m: 4:33.96 36.79	
	100m: 1:09.00 37.13	200m: 2:25.46 37.74	300m: 3:57.17 45.87	400m: 5:10.00 36.04	
9.	Henrique Barros Domingos	08	Sporting	5:10.18	433
	50m: 31.23 31.23	150m: 1:47.46 38.80	250m: 3:10.82 45.08	350m: 4:34.73 36.92	
	100m: 1:08.66 37.43	200m: 2:25.74 38.28	300m: 3:57.81 46.99	400m: 5:10.18 35.45	
10.	Joao Filipe Prazeres	08	Gesloures	5:24.99	377
	50m: 34.41 34.41	150m: 2:00.01 43.44	250m: 3:28.88 48.22	350m: 4:52.13 36.23	
	100m: 1:16.57 42.16	200m: 2:40.66 40.65	300m: 4:15.90 47.02	400m: 5:24.99 32.86	
11.	David Filipe Boleo	08	Sporting	5:31.05	356
	50m: 34.84 34.84	150m: 2:02.96 45.99	250m: 3:31.12 45.07	350m: 4:54.61 38.18	
	100m: 1:16.97 42.13	200m: 2:46.05 43.09	300m: 4:16.43 45.31	400m: 5:31.05 36.44	
12.	Rodrigo Capitao Chora <i>Fora Minimo Acesso</i>	08	Naval Setubalense	5:45.34	314
	50m: 36.83 36.83	150m: 2:04.68 43.29	250m: 3:33.62 46.64	350m: 5:04.10 41.30	
	100m: 1:21.39 44.56	200m: 2:46.98 42.30	300m: 4:22.80 49.18	400m: 5:45.34 41.24	
13.	Tiago Filipe Esteves <i>Fora Minimo Acesso</i>	08	Naval Setubalense	6:00.24	276
	50m: 38.13 38.13	150m: 2:13.52 48.52	250m: 3:48.04 47.85	350m: 5:19.31 42.26	
	100m: 1:25.00 46.87	200m: 3:00.19 46.67	300m: 4:37.05 49.01	400m: 6:00.24 40.93	
DSQ	Afonso Oliveira Diniz	08	Benfica		
	<i>E-B51 - Tocou com uma só mão na parede testa na chegada do percurso de bruços (SW 7.6)</i>				
DSQ	Alexandre Frederico Braz	08	Sporting		
	<i>E-B30 - No percurso de bruços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>				

Resultados online: anlisboa.info/live

Prova 4, Masc., 400m Estilos, Juvenis B

Pos.	Nadador	Ano	Clube	Tempo	Pts
DSQ	Mykhailo Kulyk <i>G1 - Efectuou falsa partida (SW 4.4)</i>	08	Sporting		

Juvenis A

1.	Rafael Miguel Mimoso	07	Benfica	4:38.36	600
	50m: 29.67 29.67 150m: 1:41.83 38.43 250m: 2:55.53 36.14 350m: 4:05.90 33.35				
	100m: 1:03.40 33.73 200m: 2:19.39 37.56 300m: 3:32.55 37.02 400m: 4:38.36 32.46				
2.	Axel Guedes Asmar	07	Sporting	4:48.94	536
	50m: 29.94 29.94 150m: 1:41.80 37.86 250m: 3:01.69 42.86 350m: 4:18.87 33.52				
	100m: 1:03.94 34.00 200m: 2:18.83 37.03 300m: 3:45.35 43.66 400m: 4:48.94 30.07				
3.	Joao Dinis Roque	07	Sporting	4:49.60	533
	50m: 30.29 30.29 150m: 1:43.23 38.34 250m: 3:01.45 40.28 350m: 4:17.60 34.24				
	100m: 1:04.89 34.60 200m: 2:21.17 37.94 300m: 3:43.36 41.91 400m: 4:49.60 32.00				
4.	Miguel Braga Gomes	07	Sporting	4:53.96	509
	50m: 30.96 30.96 150m: 1:44.13 37.73 250m: 3:03.04 42.34 350m: 4:20.71 34.39				
	100m: 1:06.40 35.44 200m: 2:20.70 36.57 300m: 3:46.32 43.28 400m: 4:53.96 33.25				
5.	Vicente Dias Maia	07	Alges	4:56.24	497
	50m: 31.12 31.12 150m: 1:44.40 36.89 250m: 3:04.79 43.46 350m: 4:23.14 35.20				
	100m: 1:07.51 36.39 200m: 2:21.33 36.93 300m: 3:47.94 43.15 400m: 4:56.24 33.10				
6.	Daniel Casaca Carvalho	07	Colégio Vasco da Gama	4:59.31	482
	50m: 29.94 29.94 150m: 1:44.33 39.42 250m: 3:06.72 44.00 350m: 4:25.80 34.09				
	100m: 1:04.91 34.97 200m: 2:22.72 38.39 300m: 3:51.71 44.99 400m: 4:59.31 33.51				
7.	Antonio Rego Arsenio	07	Alges	5:04.52	458
	50m: 31.21 31.21 150m: 1:46.69 37.88 250m: 3:08.21 43.20 350m: 4:28.49 35.79				
	100m: 1:08.81 37.60 200m: 2:25.01 38.32 300m: 3:52.70 44.49 400m: 5:04.52 36.03				
8.	Bruno Cesar Gouveia	07	Sporting	5:12.82	422
	50m: 30.23 30.23 150m: 1:48.33 42.37 250m: 3:15.16 46.02 350m: 4:38.19 36.38				
	100m: 1:05.96 35.73 200m: 2:29.14 40.81 300m: 4:01.81 46.65 400m: 5:12.82 34.63				
9.	Tomas Santos Braga	07	Colégio Vasco da Gama	5:15.40	412
	50m: 31.98 31.98 150m: 1:50.32 39.53 250m: 3:18.54 50.02 350m: 4:41.78 33.49				
	100m: 1:10.79 38.81 200m: 2:28.52 38.20 300m: 4:08.29 49.75 400m: 5:15.40 33.62				
10.	Tiago Dinis Ferreira	07	Geslours	5:32.26	352
	50m: 37.18 37.18 150m: 2:03.50 41.78 250m: 3:30.82 45.92 350m: 4:56.85 38.45				
	100m: 1:21.72 44.54 200m: 2:44.90 41.40 300m: 4:18.40 47.58 400m: 5:32.26 35.41				
DSQ	Michele Francesco Barberi	07	Sporting		
	<i>E-B30 - No percurso de braços, efect. toque não simultâneo das mãos na parede testa na viragem aos 300 metros (SW 7.6)</i>				
DSQ	Gabriel Martins Tusan	07	Sporting		
	<i>E-B30 - No percurso de braços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>				

Juvenis

1.	Rafael Miguel Mimoso	07	Benfica	4:38.36	600
	50m: 29.67 29.67 150m: 1:41.83 38.43 250m: 2:55.53 36.14 350m: 4:05.90 33.35				
	100m: 1:03.40 33.73 200m: 2:19.39 37.56 300m: 3:32.55 37.02 400m: 4:38.36 32.46				
2.	Axel Guedes Asmar	07	Sporting	4:48.94	536
	50m: 29.94 29.94 150m: 1:41.80 37.86 250m: 3:01.69 42.86 350m: 4:18.87 33.52				
	100m: 1:03.94 34.00 200m: 2:18.83 37.03 300m: 3:45.35 43.66 400m: 4:48.94 30.07				
3.	Joao Dinis Roque	07	Sporting	4:49.60	533
	50m: 30.29 30.29 150m: 1:43.23 38.34 250m: 3:01.45 40.28 350m: 4:17.60 34.24				
	100m: 1:04.89 34.60 200m: 2:21.17 37.94 300m: 3:43.36 41.91 400m: 4:49.60 32.00				
4.	Miguel Braga Gomes	07	Sporting	4:53.96	509
	50m: 30.96 30.96 150m: 1:44.13 37.73 250m: 3:03.04 42.34 350m: 4:20.71 34.39				
	100m: 1:06.40 35.44 200m: 2:20.70 36.57 300m: 3:46.32 43.28 400m: 4:53.96 33.25				
5.	Vicente Dias Maia	07	Alges	4:56.24	497
	50m: 31.12 31.12 150m: 1:44.40 36.89 250m: 3:04.79 43.46 350m: 4:23.14 35.20				
	100m: 1:07.51 36.39 200m: 2:21.33 36.93 300m: 3:47.94 43.15 400m: 4:56.24 33.10				

Resultados online: anlisboa.info/live

Prova 4, Masc., 400m Estilos, Juvenis

Pos.	Nadador	Ano	Clube	Tempo	Pts
6.	Pedro Saad Oliveira	08	Sporting	4:57.87	489
	50m: 31.24 31.24	150m: 1:44.14 36.95	250m: 3:05.01 44.28	350m: 4:24.42 34.16	
	100m: 1:07.19 35.95	200m: 2:20.73 36.59	300m: 3:50.26 45.25	400m: 4:57.87 33.45	
7.	Daniel Casaca Carvalho	07	Colégio Vasco da Gama	4:59.31	482
	50m: 29.94 29.94	150m: 1:44.33 39.42	250m: 3:06.72 44.00	350m: 4:25.80 34.09	
	100m: 1:04.91 34.97	200m: 2:22.72 38.39	300m: 3:51.71 44.99	400m: 4:59.31 33.51	
8.	David Jesus Morgado	08	Sporting	5:00.37	477
	50m: 32.18 32.18	150m: 1:48.89 39.59	250m: 3:09.61 41.68	350m: 4:26.45 34.66	
	100m: 1:09.30 37.12	200m: 2:27.93 39.04	300m: 3:51.79 42.18	400m: 5:00.37 33.92	
9.	Ricardo Figueiredo Fernandes	08	Colegio Int Monte Maior	5:02.19	469
	50m: 31.88 31.88	150m: 1:45.14 36.87	250m: 3:07.88 46.94	350m: 4:30.26 34.28	
	100m: 1:08.27 36.39	200m: 2:20.94 35.80	300m: 3:55.98 48.10	400m: 5:02.19 31.93	
10.	Pedro Caiada Rodrigues	08	Benfica	5:02.67	466
	50m: 31.66 31.66	150m: 1:46.84 38.30	250m: 3:09.78 45.04	350m: 4:29.68 34.30	
	100m: 1:08.54 36.88	200m: 2:24.74 37.90	300m: 3:55.38 45.60	400m: 5:02.67 32.99	
11.	Afonso Gago Garcia	08	Benfica	5:03.53	462
	50m: 31.91 31.91	150m: 1:49.65 39.99	250m: 3:11.86 44.99	350m: 4:31.86 34.59	
	100m: 1:09.66 37.75	200m: 2:26.87 37.22	300m: 3:57.27 45.41	400m: 5:03.53 31.67	
12.	Afonso Mendonca Ornelas	08	Gesloures	5:04.44	458
	50m: 31.49 31.49	150m: 1:50.24 41.47	250m: 3:14.18 44.59	350m: 4:32.85 35.27	
	100m: 1:08.77 37.28	200m: 2:29.59 39.35	300m: 3:57.58 43.40	400m: 5:04.44 31.59	
13.	Antonio Rego Arsenio	07	Alges	5:04.52	458
	50m: 31.21 31.21	150m: 1:46.69 37.88	250m: 3:08.21 43.20	350m: 4:28.49 35.79	
	100m: 1:08.81 37.60	200m: 2:25.01 38.32	300m: 3:52.70 44.49	400m: 5:04.52 36.03	
14.	Goncalo Jorge Lima	08	Sporting	5:04.91	456
	50m: 31.37 31.37	150m: 1:49.36 40.14	250m: 3:12.50 44.73	350m: 4:31.66 34.64	
	100m: 1:09.22 37.85	200m: 2:27.77 38.41	300m: 3:57.02 44.52	400m: 5:04.91 33.25	
15.	Francisco Rodrigues Vilar	08	Sporting	5:10.00	434
	50m: 31.87 31.87	150m: 1:47.72 38.72	250m: 3:11.30 45.84	350m: 4:33.96 36.79	
	100m: 1:09.00 37.13	200m: 2:25.46 37.74	300m: 3:57.17 45.87	400m: 5:10.00 36.04	
16.	Henrique Barros Domingos	08	Sporting	5:10.18	433
	50m: 31.23 31.23	150m: 1:47.46 38.80	250m: 3:10.82 45.08	350m: 4:34.73 36.92	
	100m: 1:08.66 37.43	200m: 2:25.74 38.28	300m: 3:57.81 46.99	400m: 5:10.18 35.45	
17.	Bruno Cesar Gouveia	07	Sporting	5:12.82	422
	50m: 30.23 30.23	150m: 1:48.33 42.37	250m: 3:15.16 46.02	350m: 4:38.19 36.38	
	100m: 1:05.96 35.73	200m: 2:29.14 40.81	300m: 4:01.81 46.65	400m: 5:12.82 34.63	
18.	Tomas Santos Braga	07	Colégio Vasco da Gama	5:15.40	412
	50m: 31.98 31.98	150m: 1:50.32 39.53	250m: 3:18.54 50.02	350m: 4:41.78 33.49	
	100m: 1:10.79 38.81	200m: 2:28.52 38.20	300m: 4:08.29 49.75	400m: 5:15.40 33.62	
19.	Joao Filipe Prazeres	08	Gesloures	5:24.99	377
	50m: 34.41 34.41	150m: 2:00.01 43.44	250m: 3:28.88 48.22	350m: 4:52.13 36.23	
	100m: 1:16.57 42.16	200m: 2:40.66 40.65	300m: 4:15.90 47.02	400m: 5:24.99 32.86	
20.	David Filipe Boleo	08	Sporting	5:31.05	356
	50m: 34.84 34.84	150m: 2:02.96 45.99	250m: 3:31.12 45.07	350m: 4:54.61 38.18	
	100m: 1:16.97 42.13	200m: 2:46.05 43.09	300m: 4:16.43 45.31	400m: 5:31.05 36.44	
21.	Tiago Dinis Ferreira <i>Fora Minimo Acesso</i>	07	Gesloures	5:32.26	352
	50m: 37.18 37.18	150m: 2:03.50 41.78	250m: 3:30.82 45.92	350m: 4:56.85 38.45	
	100m: 1:21.72 44.54	200m: 2:44.90 41.40	300m: 4:18.40 47.58	400m: 5:32.26 35.41	
22.	Rodrigo Capitaio Chora <i>Fora Minimo Acesso</i>	08	Naval Setubalense	5:45.34	314
	50m: 36.83 36.83	150m: 2:04.68 43.29	250m: 3:33.62 46.64	350m: 5:04.10 41.30	
	100m: 1:21.39 44.56	200m: 2:46.98 42.30	300m: 4:22.80 49.18	400m: 5:45.34 41.24	
23.	Tiago Filipe Esteves <i>Fora Minimo Acesso</i>	08	Naval Setubalense	6:00.24	276
	50m: 38.13 38.13	150m: 2:13.52 48.52	250m: 3:48.04 47.85	350m: 5:19.31 42.26	
	100m: 1:25.00 46.87	200m: 3:00.19 46.67	300m: 4:37.05 49.01	400m: 6:00.24 40.93	
DSQ	Afonso Oliveira Diniz <i>E-B51 - Tocou com uma só mão na parede testa na chegada do percurso de bruços (SW 7.6)</i>	08	Benfica		

Resultados online: anlisboa.info/live

Prova 4, Masc., 400m Estilos, Juvenis

Pos.	Nadador	Ano	Clube	Tempo	Pts
DSQ	Michele Francesco Barberi <i>E-B30 - No percurso de braços, efect. toque não simultâneo das mãos na parede testa na viragem aos 300 metros (SW 7.6)</i>	07	Sporting		
DSQ	Alexandre Frederico Braz <i>E-B30 - No percurso de braços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>	08	Sporting		
DSQ	Mykhailo Kulyk <i>G1 - Efectuou falsa partida (SW 4.4)</i>	08	Sporting		
DSQ	Gabriel Martins Tusan <i>E-B30 - No percurso de braços, efect. toque não simultâneo das mãos na parede testa na viragem aos 250 metros (SW 7.6)</i>	07	Sporting		

Resultados online: anlisboa.info/live

apoios
institucionais



parceiros

